



# After Care Services

The After Care Programme at the A-2-Zed Learning Centre is convenient and safe. The programme provides an enriching and structured experience for students. The students are engaged in a variety of planned activities.



The primary purpose of the programme is to provide a safe, accountable, fun, recreational activities to children of working parents. The activities are designed to enhance recreation, behaviour, social and physical skills. They are child-centered and child-directed and are planned and developed to meet the individual child's special needs or interests.

A-2-Zed's After Care Programme gives children a safe place in which to exercise their brains and bodies, while having fun. It is a supportive place for children to build lasting friendships and explore their world.

## Hours of Operation

Mondays - Fridays

The After Care programme provides students with a flexible programme from 2 – 6 p.m.

## Extra Clothes

Please provide an extra set of clothes for After Care.

## Daily Schedule

There will be a rotating schedule that includes outdoor sporting activities as well as two scheduled club/indoor activities per evening. The schedules will also be posted on the RenWeb system.

**\*As long as the weather permits the children will have outdoor activities. Please remember to send your child with the proper gear for your chosen activities.**

## Home Work

There will be times during the programme that children will be able to work on their homework. A room will be designated for this purpose.

## Clubs/Indoor Activities:

### Science Club/Science Hour

*EDUCATIONAL AND ENTERTAINING: AMAZING AND ENGAGING CURIOUS YOUNG MINDS!!!*

Science gives the foundation of how to think and process information, test beliefs and draw conclusions. Introducing scientific concepts to children is as important as teaching them to read and write. Science gives children a unique set of skills that will be beneficial to their lifelong learning and development. Your child will be able to dive into the amazing wonders of science, learn new topics and often bring his or her experiment home to share with you. It is guaranteed your child will have lots of fun taking part in:

- Hands on experiments
- Interactive demonstrations

Exposure to early scientific knowledge for your child can also mean better things for society by helping students develop into more responsible citizens who help to build a strong economy, contribute to a healthier environment, and bring about a brighter future for everyone.

### Sporting Activities

Research has proven that active children are more likely to mature into physically active adults. Getting your child involved in sporting activities is greatly beneficial to his or her health, growth and development.

Sports and physical activities for children includes reduced risk of obesity, increased cardiovascular fitness, improved coordination and balance, better sleep, mental health benefits such as greater confidence, improved social skills and improved personal skills, including cooperation and leadership. Reducing sedentary time may be as important for health as increasing exercise time. Best of all, getting moving is fun.

### After Care Pricing Information

Fees are added to tuition statements