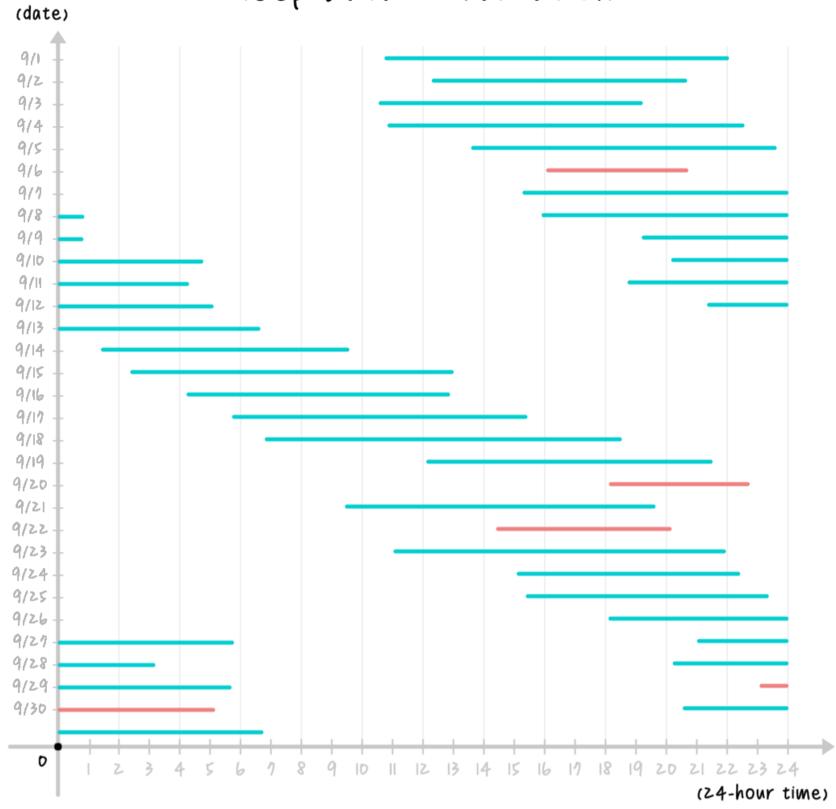# Sleep Data Visualization

Total: 301.5 hours of sleep, throughout 30 days, 30 sleeps, 41.88% of the time
Average sleep: 10.05 hours, average hour-day: 24 hours