Sleep Data Visualization (date) 6/2 6/3 6/4 615 6/6 617 6/8 619 6/10 6/11 6/12 6/13 6/14 6/15 6/16 6/17 6/18 6/19 6/20 6/21 6/22 6/23 6/24 6/25 6/26 6/27 6/28 6/29 6/30

Total: 185.4 hours of sleep, throughout 30 days, 30 sleeps, 25.75% of the time Average sleep: 6.18 hours, average hour-day: 24 hours

1 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24

(24-hour time)