Sleep Data Visualization (date) 8/1 2/8 8/3 8/4 8/4 8/5 8/6 8/1 8/8 8/9 8/10 8/11 8/12 8/13 8/14 8/15 8/16 8/17 8/18 8/19 8/20 8/20 8/21 8/22 8/23 8/24 8/24 8/26 8/21 8/28 8/29 8/30

Total: 401.94 hours of sleep, throughout 33 days, 33 sleeps, 50.75% of the time Average sleep: 12.18 hours, average hour-day: 24 hours

10

11 12 13 14 15 16 17 18 19 20 21 22 23 24

(24-hour time)

8/31

0