

An Image-based method for phase estimation, gating and temporal super-resolution of cardiac ultrasound

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Abstract—Ultrasound is an effective tool for rapid non-invasive assessment of cardiac structure and function. Knowledge of the phase of each video frame within the cardiac and/or respiratory cycles is essential in many applications and the ability to capture cardiac function at a sufficient temporal resolution is necessary for accurate diagnosis. These tasks are particularly challenging in pre-clinical studies involving small animals with high heart and respiration rates. In this paper, we present a novel method for estimation of the instantaneous cardiac and respiratory phases directly from cardiac ultrasound videos. The method transforms the complex high-dimensional image sequence into a univariate time series with the same periodicity characteristics, decouples the periodic sources of beating heart and respiratory motion using a trend extraction technique, and estimates the cardiac and respiratory phases using the Hilbert transform. We also present a robust non-parametric regression technique for gating out respiratory frames and a kernel regression model that reconstructs images at any cardiac phase and facilitates temporal super-resolution. We validate our methods using 2D cardiac ultrasound or echocardiography videos and electrocardiogram (ECG) recordings of 6 mice.

Index Terms—Ultrasound, Echocardiography, Cardiac, Phase estimation, Gating, Temporal Super-resolution

I. INTRODUCTION

Cardiovascular disease is the leading cause of death worldwide and ultrasound is an effective tool for rapid non-invasive assessment of cardiac structure and function [1]–[4]. Knowledge of the phase or location of each video frame within the cardiac and/or respiratory cycles is essential in many applications (e.g. gating [5], quiescence detection [6], 3D reconstruction [7], robotic beating heart surgery [8]) and the ability to capture cardiac function at a sufficient temporal resolution is vital for accurate diagnosis. Typically, the cardiac phase or position within the cardiac cycle is tracked by a simultaneously acquired ECG or pulse-oximetry data and the respiratory phase or position within the respiratory cycle is tracked by motion of markers placed on the subject’s body [7], [9], [10]. Setting up such hardware is cumbersome particularly in pre-clinical studies involving small animals [1]. Moreover,

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the frame rates of affordable commercial ultrasound transducers fall short [11] in imaging small animals such as mice with high heart (310-840 BPM) and respiration (80-230 BPM) rates.

Contributions. In this paper, we present a novel method that estimates the instantaneous cardiac and respiratory phases directly from the cardiac ultrasound video (Figure 1). We also present a robust non-parametric regression technique for gating out respiratory frames and a novel kernel regression model for reconstructing images at any cardiac phase to facilitate temporal super-resolution.

Related prior work. Previous work on the estimation of cardiac and/or respiratory phases directly from ultrasound echocardiography videos is limited. In [14], Karadayi *et al.* compute a signal of the x- or y-coordinate of the center-of-mass of each frame, use a band-pass filter to remove frequencies outside the cardiac range, determine the dominant frequency in the periodogram, and apply matched filtering using single-period sine and cosine signals at the dominant frequency to estimate the instantaneous cardiac phase. The center-of-mass signals may not reliable in all scenarios. In [5], Sundar *et al.* compute a signal of phase correlation between consecutive frames and apply a band-pass and low-pass filter to obtain an estimate of the instantaneous cardiac and respiratory phase, respectively. Phase correlation encodes global translation in the image plane and cannot model out-of-plane motion of the beating heart present in our data. In [15], Wachinger *et al.* use a manifold learning or non-linear dimensionality reduction technique called Laplacian Eigenmap to learn the low-dimensional manifold of the image sequence embedded in high-dimensional space and project the high-dimensional image sequence onto first eigen direction of the laplacian of the image similarity graph to obtain a 1D signal encoding the respiratory motion. In [16], Panayiotou *et al.* use a series of image filtering operations to obtain a binary mask of pixels predominantly affected by cardiac/respiratory motion, apply a linear dimensionality reduction technique called principal component analysis (PCA) on the intensities of image pixels within the binary mask, project the images onto the principal components with high variation to extract 1D signals encoding the cardiac/respiratory motion, and post process them by suppressing undesired frequencies in the frequency domain. While the aforementioned approaches based manifold learning and masked PCA are promising and generally applicable, they

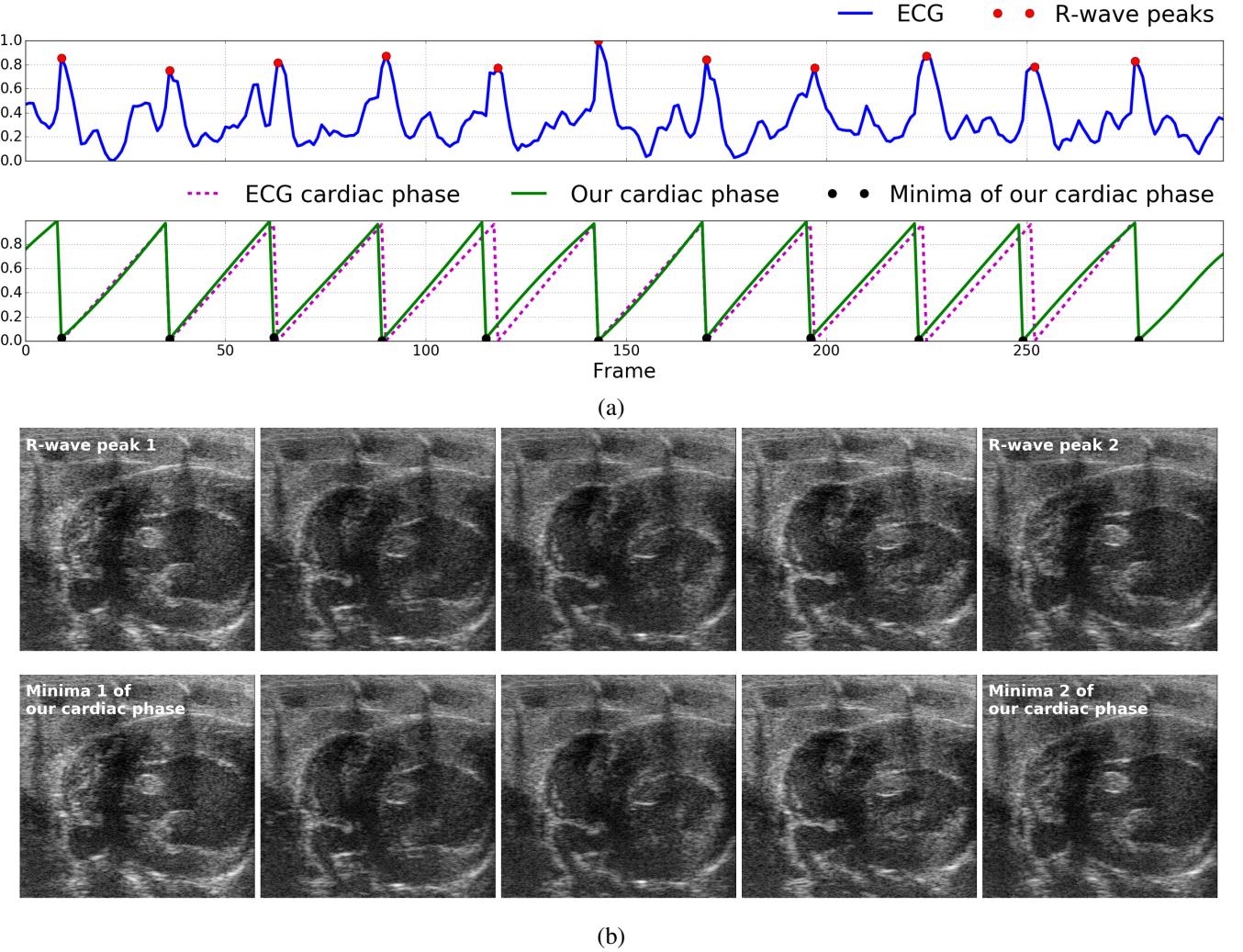


Fig. 1. Illustration of the close match between the instantaneous cardiac phase derived from the ECG signal and estimated using our method: (a) ECG signal simultaneously acquired with the image sequence (blue) overlaid with peaks of the R-wave in each cardiac cycle (red dot/circle), cardiac phase derived from the ECG signal (Pink dashed line) through linear interpolation between R-wave peaks [12], [13], and the cardiac phase estimated directly from the image data using our method (green solid line) overlaid with the corresponding minima (black dot/circle), (b) Five video frames evenly spaced in time between the first and second R-wave peaks of the ECG signal (top-row) and the corresponding minima of the cardiac phase estimated using our method (bottom-row) constituting one cardiac cycle.

perform poorly than the proposed method on our data.

II. METHOD

In this section, we present the theory underlying the proposed methods. In Section II-A, we describe our method for estimation of instantaneous cardiac and respiratory phases. In Section II-B, we present a robust method to exclude video frames with significant respiratory motion. In Section II-C, we present a kernel regression model for reconstructing images at any cardiac phase to facilitate temporal super-resolution.

A. Estimation of cardiac and respiratory phases

While there have been numerous efforts for the estimation of instantaneous phase and/or frequency in periodic univariate time series data [12], [13], [17]–[19], there are not many methods that tackle this problem in a multivariate setting such as the case of cardiac ultrasound videos wherein thousands

of variables (pixel intensities) are involved. Our strategy is to transform this complex multi-variate problem into a univariate one and take advantage of existing methods to solve the problem.

We first compute the similarity between all pairs of images/frames in the given periodic image sequence containing N frames to create a symmetric matrix $A \in \mathbb{R}^{N \times N}$ where in the element $A(i, j)$ is equal to the similarity between the i^{th} and j^{th} frame. A number of image similarity measures have been proposed in the context of medical image registration [20]. Here, we use normalized correlation to quantify inter-frame similarity; but in principle, other image similarity metrics can be used. Each row in the inter-frame similarity matrix A can now be seen as a univariate time series. If the similarity metric is chosen with care and if the corresponding frame is not significantly corrupted, this time series will preserve the periodicity characteristics of the original image sequence. Figure 2(a) shows the inter-frame similarity matrix

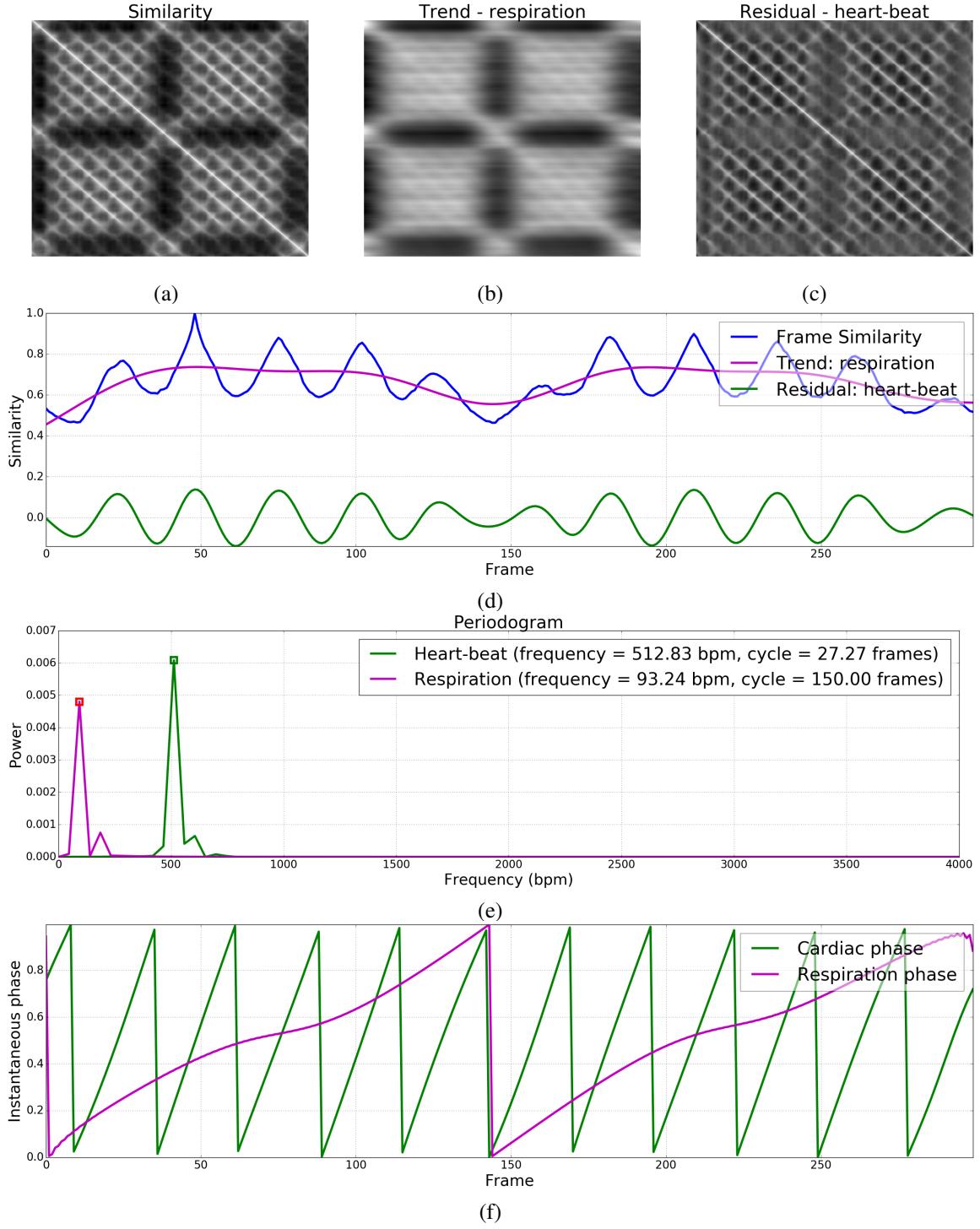


Fig. 2. Illustration of our phase estimation method: (a) Inter-frame similarity matrix, (b) Trend matrix corresponding to respiratory motion, (c) Residual matrix corresponding to beating heart motion, (d) Frame similarity $\hat{u}(t)$ selected for phase estimation with associated trend/respiration $\hat{\tau}_{resp}$ and residual/heart-beat \hat{r}_{heart} signals, (e) Periodogram of heart-beat and respiration signals along with periodicity characteristics (e.g. frequency, cycle duration) calculated from the dominant frequency, and (f) Instantaneous cardiac and respiratory phases estimated using the Hilbert transform.

of one of our cardiac ultrasound videos wherein the periodicity of low-frequency respiratory motion and high-frequency beating heart motion can be observed.

Next, we use a trend extraction technique called the Hodrick-Prescott (HP) filter [21] to decompose the frame similarity signal $u^i(t)$ corresponding to each row i of the matrix A into a sum of two components: (i) Lower frequency

trend component $\tau_{resp}^i(t)$ with periodicity characteristic of only respiratory motion, and (ii) Higher frequency residual component $r_{heart}^i(t)$ with periodicity characteristic of only beating heart motion. The HP filter performs the decomposition of $u^i(t) = \tau_{resp}^i(t) + r_{heart}^i(t)$ by solving the following

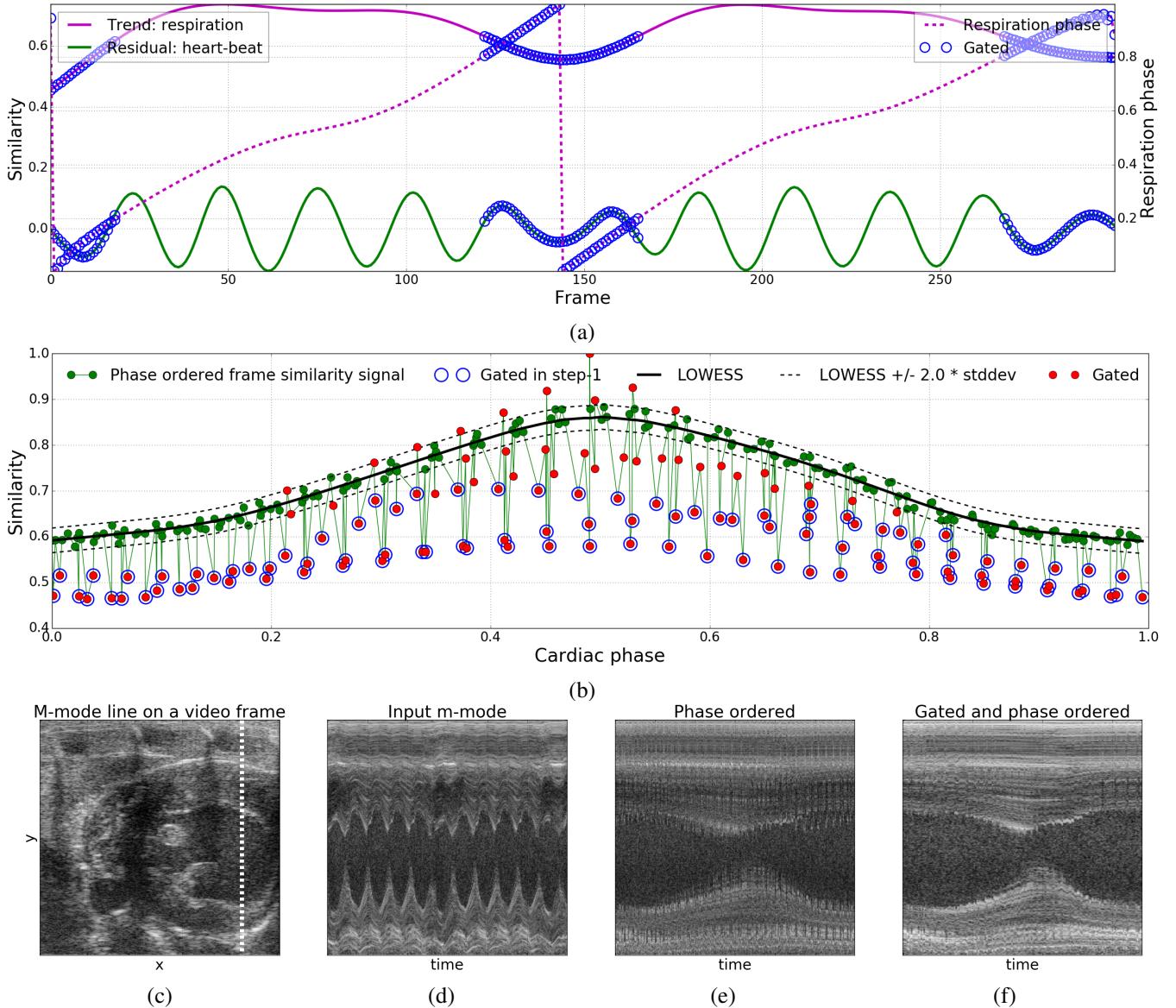


Fig. 3. Illustration of the respiratory gating method: (a) Frames F_{cutoff} discarded (blue circles) in step-1 overlaid with the respiration, heart-beat, and respiratory phase signals (b) The frame similarity signal $\hat{u}(t)$ vs cardiac phase $\phi_{heart}(t)$ overlaid with frames F_{cutoff} discarded in step-1 (blue circle), LOWESS fit $L(\phi_{heart})$ (black solid), upper and lower bounds or 95% confidence interval ($L(\phi_{heart}) \pm 2.0 * \hat{\sigma}_L$) of non-respiratory frames (black dotted), and frames F_{resp} (red circles) gated after step-2, (c) One of the frames in the video overlaid with the M-mode line shown in the next three images, (d) M-mode frames in the order they appear in the input video, (e) M-mode frames ordered by cardiac phase estimated using the proposed method, and (f) Non-respiratory m-mode frames ordered by cardiac phase.

optimization problem:

$$\arg \min_{\tau_{resp}^i(t)} \sum_{t=1}^N (u^i(t) - \tau_{resp}^i(t))^2 + \lambda \sum_{t=1}^{N-1} (\nabla^2 \tau_{resp}^i(t))^2 \quad (1)$$

where $\nabla^2 \tau_{resp}^i(t) = \tau_{resp}^i(t+1) - 2\tau_{resp}^i(t) + \tau_{resp}^i(t-1)$ is the second-order difference or derivative of the trend signal and $\lambda = 6400$ is a penalty parameter. Let A_{resp} and A_{heart} be the matrices whose rows contain the trend/respiratory and residual/heart-beat components (Figures 2(b,c)), respectively, of the frame similarity signal in the corresponding rows of matrix A . We now need to select the signals corresponding to one of the rows for phase estimation. To minimize the effect of any noise, we pick the row for which the periodogram

or power-frequency distribution of the heart-beat component in A_{resp} has minimum entropy. Let $\hat{u}(t)$ be the selected frame similarity signal and let $\hat{\tau}_{resp}(t)$ and $\hat{r}_{heart}(t)$ be its associated trend and residual components (Figure 2(d)) that we will henceforth refer to as respiration and heart-beat signals, respectively. To suppress undesired frequencies, we apply a low-pass filter with a cutoff frequency of 230 BPM to the respiration signal $\hat{\tau}_{resp}(t)$ and a band-pass filter within the frequency range of 310-840 BPM to the heart-beat signal $\hat{r}_{heart}(t)$.

Next, considering the narrow-band nature of the respiration and heart-beat signals (Figure 2(e)), we use the Hilbert transform to estimate the instantaneous phase of each frame [12], [13], [22], [23]. Specifically, we compute the instantaneous

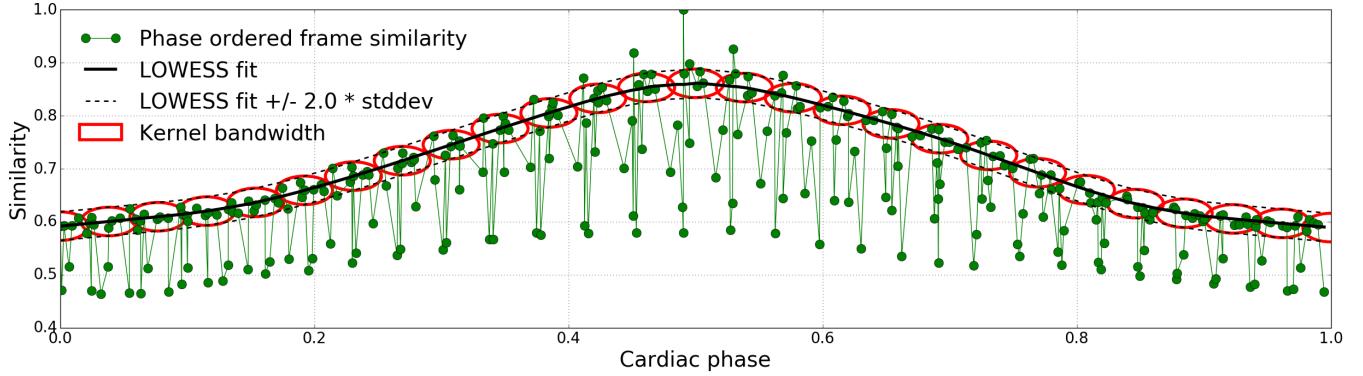


Fig. 4. Setting the kernel bandwidth of our kernel regression model for reconstructing images by cardiac phase: The figure shows the frame similarity signal $\hat{u}(t)$ vs cardiac phase $\hat{\phi}_{heart}(t)$ overlaid with LOWESS fit $L(\phi_{heart})$ (black solid), upper and lower bounds or 95% confidence interval ($L(\phi_{heart}) \pm 2.0 * \hat{\sigma}_L$) of non-respiratory frames (black dotted), and the kernel bandwidth shown at a series of cardiac phases as ellipses (red) whose length along the phase and similarity axis is set to σ_ϕ and $\hat{\sigma}_L$ described in Section II-C.

phase $\phi(t) \in [-\pi, \pi]$ of a periodic time series $x(t)$ using its Hilbert transform $H_x(t)$ as follows: $\phi(t) = \arctan\left(\frac{H_x(t)}{x(t)}\right)$ and map $\phi(t)$ from $[-\pi, \pi]$ to $[0, 1]$. Let $\hat{\phi}_{heart}(t)$ and $\hat{\phi}_{resp}(t)$ denote the instantaneous cardiac and respiratory phases (Figure 2(f)) computed from the respiration and heart-beat signals, respectively.

B. Gating out respiratory frames

Once the cardiac and respiratory phases of each frame have been estimated, they can be used to select or filter out frames from a desired part/point in the periodic cycle, a process commonly referred to as gating. In this section, we present a robust two-step method that uses these phase estimates to filter out video frames with significant respiratory motion.

In the first step, based on the observation that respiratory motion mainly occurs around the minima of the respiration signal $\hat{\tau}_{resp}(t)$ (pink curve in Fig. 2(d)) with respiratory phase $\hat{\phi}_{resp}(t) = 0$, we perform a rough initial gating by discarding the frames $F_{cutoff} = \{t \mid \hat{\phi}_{resp}(t) < c \vee \hat{\phi}_{resp}(t) > (1 - c)\}$ whose phase distance from $\hat{\phi}_{resp}(t) = 0$ is below a specified cutoff value $c = 0.2$. Figure 3(a) shows the discarded frames F_{cutoff} overlaid on the respiration $\hat{\tau}_{resp}(t)$, heart-beat $\hat{r}_{heart}(t)$, and respiratory phase $\hat{\phi}_{resp}(t)$ signals.

In the second step, we learn a regression function $L(\phi_{heart}) : [0, 1] \rightarrow R$ to predict the frame similarity signal value for any cardiac phase by fitting a robust non-parametric regression model called Locally weighted regression (LOWESS) [24] to the dataset $\{(\hat{\phi}_{heart}(t), \hat{u}(t)) \mid \forall t \notin F_{cutoff}\}$ containing the pair of the cardiac phase $\hat{\phi}_{heart}(t)$ and frame similarity signal $\hat{u}(t)$ values of all frames that do not belong to the set of frames F_{cutoff} discarded in the first step above. Next, we compute a robust estimate of the standard deviation $\hat{\sigma}_L$ of non-respiratory frames around the LOWESS fit based on the median absolute deviation between the LOWESS fit $L(\hat{\phi}_{heart}(t))$ and frame similarity signal $\hat{u}(t)$ for all frames. Lastly, we gate out all frames $F_{resp} = \{t : |\hat{u}(t) - L(\hat{\phi}_{heart}(t))| > k \times \hat{\sigma}_L\}$ whose

frame similarity signal value deviates from the LOWESS fit by more than $k = 2.0$ (95% confidence interval) times the standard deviation $\hat{\sigma}_L$ (Figure 3(b)). Figures 3(d-f) shows frames of an m-mode line through the ventricle before and after ordering them by their cardiac phases estimated using the method described in Section II-A and gating out respiratory frames using the method described above.

C. Model to reconstruct images by cardiac phase

In this section, we present a kernel regression model to reconstruct the image at any cardiac phase. This model can then be used to generate a single-cycle video representative of the subject's heart-beat at a higher temporal resolution. Given a cardiac ultrasound video $I(t) : \{1, \dots, N\} \rightarrow R^m$ of N images with m pixels each, we estimate the instantaneous cardiac phase $\hat{\phi}_{heart}(t)$ of each frame and compute the robust LOWESS fit $L(\phi_{heart}) : [0, 1] \rightarrow R$ that maps cardiac phase to the heart-beat signal as described in Sections II-A and II-B. We then use Nadarya-Watson (NW) kernel regression [25] to learn a function $M(\phi_{heart}) : [0, 1] \rightarrow R^m$ that reconstructs the image for any cardiac phase ϕ using a kernel-weighted local average as follows:

$$M(\phi_{heart}) = \frac{\sum_{t=1}^N K(\phi_{heart}, \hat{\phi}_{heart}(t)) I(t)}{\sum_{t=1}^n K(\phi, \hat{\phi}_{heart}(t))} \quad (2)$$

where in we define the kernel $K(\phi_{heart}, \hat{\phi}_{heart}(t)) = \exp\left\{-\frac{|\phi_{heart} - \hat{\phi}_{heart}(t)|^2}{2\sigma_\phi^2}\right\} \times \exp\left\{-\frac{|L(\phi_{heart}) - \hat{u}(t)|^2}{2\sigma_L^2}\right\}$ as the product of two radial-basis function (RBF) kernels. The first RBF kernel weighs images inversely proportional to their distance (accounting for periodicity) in the cardiac phase space. Its bandwidth σ_ϕ is set equal to a constant $k_\phi = 0.4$ times the median difference in cardiac phase between consecutive frames of the given image sequence. The second RBF kernel weighs images inversely proportional to the deviation of their frame similarity signal value from the LOWESS prediction $L(\phi_{heart})$. Its bandwidth σ_L is set equal to a constant $k_L = 2.0$ times the robust estimate of standard deviation $\hat{\sigma}_L$ of

non-respiratory frames ($\forall t \notin F_{resp}$) around the LOWESS fit. Figure 4 shows bandwidth of the kernel in phase and similarity space computed as described above. The model $M(\phi_{heart})$ can now be used to reconstruct a single-cycle video representative of the subject's heart-beat by generating images at any desired resolution/sampling of phases in the range [0, 1].

III. RESULTS

We use cardiac ultrasound videos and associated ECG recordings of 6 mice to validate our methods. The ultrasound videos were acquired using the VisualSonics Vevo 2100 scanner at 233 frames per second. Each video consists of approximately 300 frames, 11 cardiac cycles, and 2 respiratory cycles.

We validated the cardiac phase estimates of our method by comparing them with those obtained from the ECG signal which is the gold standard for cardiac gating. Figure 1(a) presents a visual comparison between the instantaneous cardiac phase derived from the ECG signal through linear interpolation between R-wave peaks [12], [13] and the instantaneous cardiac phase estimated directly from the image data using our method on one of the 6 videos. Notice that the cardiac phases estimated using our method matches quite well those obtained from the ECG signal. Furthermore, notice how well the locations of the peaks of the R-wave in the ECG signal and the corresponding minima of the cardiac phase signal estimated by our method match. Figure 1(b) presents a visual comparison of five video frames evenly spaced in time between two consecutive R peaks (top-row) and the corresponding minima of the cardiac phase signal computed using our method (bottom-row) which are visually very similar. Table I reports statistics of the error between the cardiac phases estimated our method and those obtained from the ECG signal for all the 6 videos. Note that the duration of the time interval between two consecutive frames is 4.29 ms and the average length of cardiac cycle in our videos is 27.27 frames or 116.98 ms. The supplementary material includes a video showing the cardiac and respiratory phases of each frame for one of our datasets.

TABLE I
ERROR BETWEEN THE CARDIAC PHASES ESTIMATED USING OUR METHOD AND THOSE OBTAINED FROM THE ECG SIGNAL.

VID	mean \pm stddev	median	IQR	range
1	0.06 \pm 0.03	0.06	0.05	[0.00, 0.14]
2	0.06 \pm 0.03	0.05	0.05	[0.00, 0.12]
3	0.06 \pm 0.03	0.06	0.06	[0.00, 0.12]
4	0.04 \pm 0.02	0.04	0.02	[0.00, 0.10]
5	0.06 \pm 0.03	0.06	0.03	[0.00, 0.12]
6	0.03 \pm 0.02	0.04	0.03	[0.00, 0.05]

We also compared the performance of our phase estimation method with three previously published methods, namely: Phase correlation approach of Sundar *et al.* [5], Manifold learning approach of Wachinger *et al.* [15], and Masked PCA approach of Panayiotou *et al.* [16]. For the phase correlation approach, we apply a bandpass filter (310-840 bpm) to the phase correlation signal to extract the cardiac signal. For the manifold learning approach, we project the high-dimensional

image sequence onto the second eigen direction and apply a band-pass filter (310-840 bpm) to extract the cardiac signal. For the Masked PCA approach, we compute the binary mask by thresholding the response of Frangi's vesselness filter tuned to enhance the moving heart chamber walls that look like ridges, perform PCA on the intensities of pixels within the binary mask, project the high-dimensional image sequence onto the second principal component (projection onto the first principal component only encodes respiratory motion in our data), and apply a band-pass filter (310-840 bpm) to extract the cardiac signal. Note that each of these prior methods only propose a method for deriving a 1D signal reflecting the periodicity characteristics of the cardiac motion from the image sequence. They do not provide an approach to compute the instantaneous cardiac phase from the derived signal. Hence, we compare the performance of these methods with ours in localizing the R-wave peaks of the ECG signal that correspond to the peaks/valleys of the 1D signals derived by these methods. Table II reports the *mean \pm stddev* error of different methods in locating the frames corresponding to the R-wave peaks of the ECG signal for all 6 videos.

TABLE II
ERROR IN LOCALIZATION OF THE FRAMES CORRESPONDING TO THE PEAKS OF THE R-WAVE IN ECG SIGNAL.

VID	mean \pm stddev error in frames			
	Proposed	Phase corr [14]	Manifold learn [15]	Mask PCA [16]
1	1.09 \pm 1.08	4.09 \pm 2.97	1.45 \pm 0.78	1.55 \pm 0.78
2	1.36 \pm 0.08	2.91 \pm 2.23	1.82 \pm 0.94	1.73 \pm 1.05
3	1.18 \pm 0.03	3.45 \pm 1.97	1.45 \pm 1.08	1.55 \pm 0.78
4	0.73 \pm 0.86	4.64 \pm 3.75	1.36 \pm 0.98	1.18 \pm 1.03
5	1.27 \pm 0.86	4.70 \pm 3.77	1.27 \pm 0.86	1.36 \pm 0.88
6	0.80 \pm 0.40	6.00 \pm 3.52	1.00 \pm 0.63	1.10 \pm 0.54

We validate the accuracy of our kernel regression model for reconstructing images at any cardiac phase using leave-one-out-cross-validation (LOOCV). In each round of cross-validation, we randomly pick one of the non-respiratory frames in the video, exclude the selected frame along with corresponding frames (closest in phase) in each cycle, fit our kernel-regression model on the remaining frames, use the fitted model to reconstruct the image at the cardiac phase of the selected frame, and compute the similarity between the reconstructed and original image using normalized correlation. The second column of Table III shows the *mean \pm stddev* of normalized correlation between the reconstructed and the original images over 50 rounds of LOCCV for all 6 videos. As a *baseline*, the third column of Table III reports the *mean \pm stddev* of the normalized correlation between frames at R-wave peaks of the ECG signal. The supplementary material includes single-cycle videos at 1x, 2x, 4x, and 8x temporal magnification generated using the proposed kernel regression model wherein the motion of heart chambers and valves is much clear than the original video. Figure 5 shows m-mode views of these reconstructed videos.

IV. CONCLUSION

In this paper, we have presented a novel method to estimate the instantaneous cardiac and respiratory phases directly from

TABLE III

EVALUATION OF OUR KERNEL REGRESSION MODEL. LEAVE ONE OUT CROSS-VALIDATION (LOOCV) OF 50 ROUNDS.

VID	LOOCV (50) <i>mean</i> \pm <i>stddev ncorr</i>	QRS Peak Frames <i>mean</i> \pm <i>stddev ncorr</i>
1	0.8617 \pm 0.0341	0.6997 \pm 0.0605
2	0.8512 \pm 0.0377	0.7064 \pm 0.0527
3	0.8549 \pm 0.0314	0.7008 \pm 0.0421
4	0.8555 \pm 0.0470	0.7439 \pm 0.0612
5	0.8673 \pm 0.0355	0.7241 \pm 0.0591
6	0.8699 \pm 0.0429	0.7735 \pm 0.0695

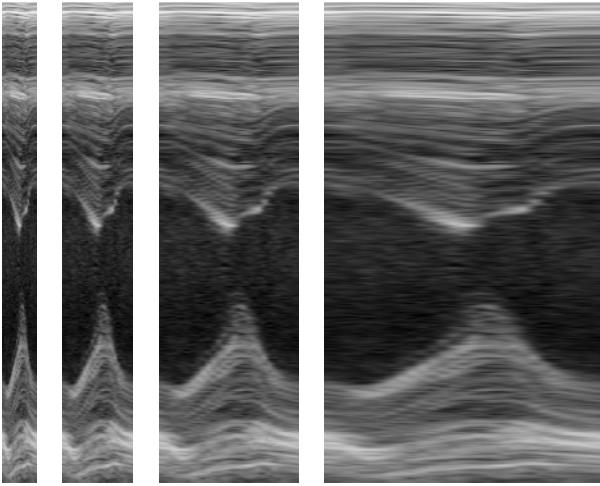


Fig. 5. Illustration of temporal super-resolution using our kernel regression model: M-mode images (x-axis is time) of single cardiac cycle videos reconstructed using our NW kernel regression model at 1x, 2x, 4x, and 8x resolution.

the cardiac ultrasound video, thereby eliminating the need of additional hardware to monitor them in, for example, small animal studies. We have also presented a robust non-parametric regression technique for gating out respiratory frames and a novel kernel regression model for reconstructing images at any cardiac phase to facilitate temporal super-resolution. We next plan to evaluate our methods on more datasets and address remaining pitfalls. Our phase estimation method makes a strong assumption of periodicity which may not hold in the case of subjects with cardiac arrhythmia. To address this, we will look into univariate methods for phase estimation in quasi-periodic signals that are less susceptible noise [18], [19]. The use of normalized correlation to measure inter-frame similarity relies on an inherent assumption that a large part of the image is pulsating. To relax this, we will devise local patch-based similarity measures. Lastly, the local weighted average used by our NW kernel regression model may cause blurring at high temporal magnification. We plan to alleviate this using manifold kernel regression that computes the weighted average in a diffeomorphic registration sense [26].

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