



Get the right care quickly





It's never a convenient time to get sick. But Optum Care Network–AppleCare offers you a large network of urgent care centers to choose from. You can get care after-hours and even on weekends. Save time and money by choosing to visit an urgent care.

Where to go for care?

Urgent care center

Minor and moderate health issues

- Sore or strep throat
- Urinary tract and bladder infections
- Earaches and ear infections
- Cough, cold and flu, and minor fevers
- Allergies
- Skin problems including rashes and chicken pox
- Pinkeye
- Insect and animal bites
- Minor burns, cuts and scrapes
- Sprains and strains
- Migraines and headaches
- Back pain
- Vomiting and diarrhea

Emergency room

For life threatening emergencies dial **911**

Major health issues

- Loss of consciousness
- Chest pain
- Severe trouble breathing
- Sudden loss of vision, numbness or difficulty speaking
- Severe abdominal pain
- Coughing up or vomiting blood
- Severe bleeding
- Severe burns
- Head trauma
- Major broken bones
- Seizures or convulsions

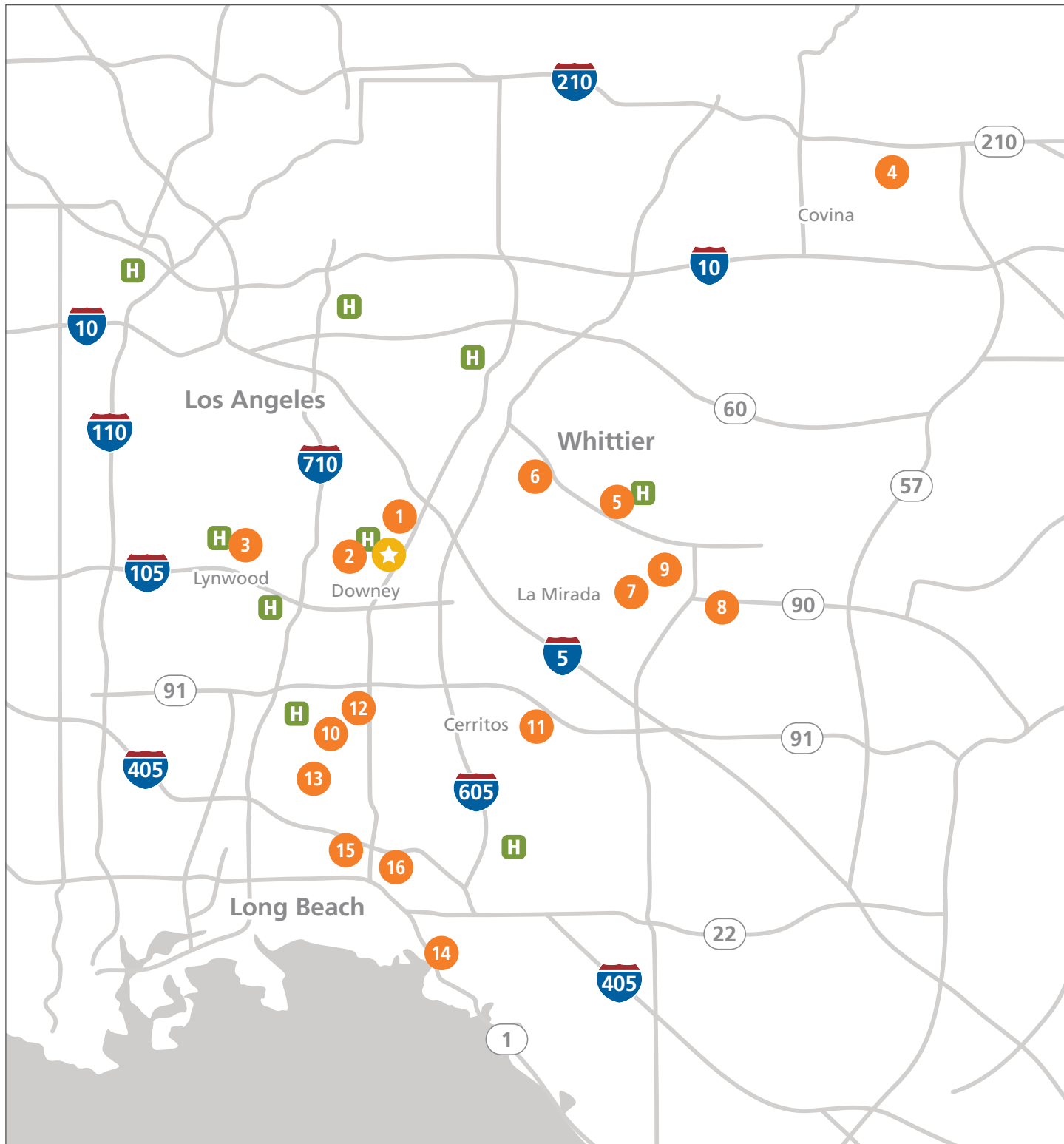
Note: This is not a complete list of medical problems.



To learn more, please call **1-800-460-5051**, TTY **711**,
or visit **optum.com/applecare**.

Urgent care centers

Los Angeles, Whittier and Long Beach



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Urgent care clinic

11525 Brookshire Ave., Ste. 300
Downey, CA 90241

1-562-869-4498, TTY 711

Monday–Friday, 9 a.m.–8 p.m.

Saturday, 9:30 a.m.–3:30 p.m.

Los Angeles

1. AME Medical Group **X**

8500 Florence Ave., Ste. 101
Downey, CA 90241

1-562-202-5020, TTY 711

Monday–Friday, 5–9 p.m.

Saturday–Sunday, 10 a.m.–3 p.m.

2. AME Medical Group **L**

11938 Paramount Blvd.
Downey, CA 90242

1-562-923-6060, TTY 711

Monday–Friday, 5–9 p.m.

Saturday, 10 a.m.–5 p.m.

Sunday, 11 a.m.–3 p.m.

3. AME Medical Group **X**

3525 Martin Luther King Jr. Blvd., Ste. 8
Lynwood, CA 90262

1-323-585-8876, TTY 711

Monday–Friday, 9 a.m.–8 p.m.

Saturday, 10 a.m.–3 p.m.

4. MedCove Urgent Care **X**

20540 E. Arrow Hwy., Ste. B
Covina, CA 91724

1-626-364-3245, TTY 711

Monday–Sunday, 9 a.m.–5 p.m.

Whittier

5. After Hours Medical Group

9200 Colima Rd., Ste. 101
Whittier, CA 90605

1-562-945-2128, TTY 711

Monday–Friday, 5–9 p.m.

Saturday, 9 a.m.–2 p.m.

6. AME Medical Group **X**

12472 Washington Blvd.
Whittier, CA 90602

1-714-451-2230, TTY 711

Monday–Friday, 9 a.m.–8 p.m.

Saturday, 10 a.m.–3 p.m.

7. Imperial Primary Care

15625 Imperial Hwy.
La Mirada, CA 90638

1-562-902-3000, TTY 711

Mon., Tues., Thurs., Fri., 5–9 p.m.

Wednesday, 9 a.m.–5 p.m.

Saturday–Sunday, 8 a.m.–4 p.m.

8. MedPost La Habra

1040 West Imperial Hwy.
La Habra, CA 90631

1-714-451-1072, TTY 711

Monday–Friday, 8 a.m.–8 p.m.

Saturday–Sunday, 9 a.m.–5 p.m.

9. OUCH Urgent Care

16200 Amber Valley Dr.
Whittier, CA 90604

1-562-943-7125, TTY 711

Monday–Friday, 9 a.m.–7 p.m.

Saturday, 9 a.m.–5 p.m.

Long Beach

10. AME Medical Group

3300 South St., Ste. 209
Long Beach, CA 90805

1-562-444-0022, TTY 711

Monday–Friday, 5–7 p.m.

Saturday, 10 a.m.–2 p.m.

11. MedPost Cerritos

13299 E. South St.
Cerritos, CA 90703

1-562-865-8750, TTY 711

Monday–Friday, 8 a.m.–8 p.m.

Saturday–Sunday, 9 a.m.–5 p.m.

12. MedPost Lakewood **L** **X**

3559 East South St.
Long Beach, CA 90805

1-562-203-7016, TTY 711

Monday–Friday 8 a.m.–8 p.m.

Saturday–Sunday 9 a.m.–5 p.m.

13. MedPost Long Beach

2010 East Carson St.
Long Beach, CA 90807

1-562-424-5450, TTY 711

Monday–Friday, 8 a.m.–8 p.m.

Saturday–Sunday, 9 a.m.–5 p.m.

14. Nair Urgent Care

6553 East Pacific Coast Hwy.
Long Beach, CA 90802

1-562-596-8700, TTY 711

Monday–Friday, 7 a.m.–8 p.m.

Saturday–Sunday, 8 a.m.–4 p.m.

15. Optum–Willow **X**

2600 Redondo Ave.
Long Beach, CA 90806

1-562-988-7268, TTY 711

Monday–Friday, 5–8 p.m.

Saturday–Sunday, 8 a.m.–8 p.m.

16. PMG–Long Beach

2220 Clark Ave.
Long Beach, CA 90815

1-562-597-4181, TTY 711

Mon., Tues., Thurs., Fri., 5–6 p.m.

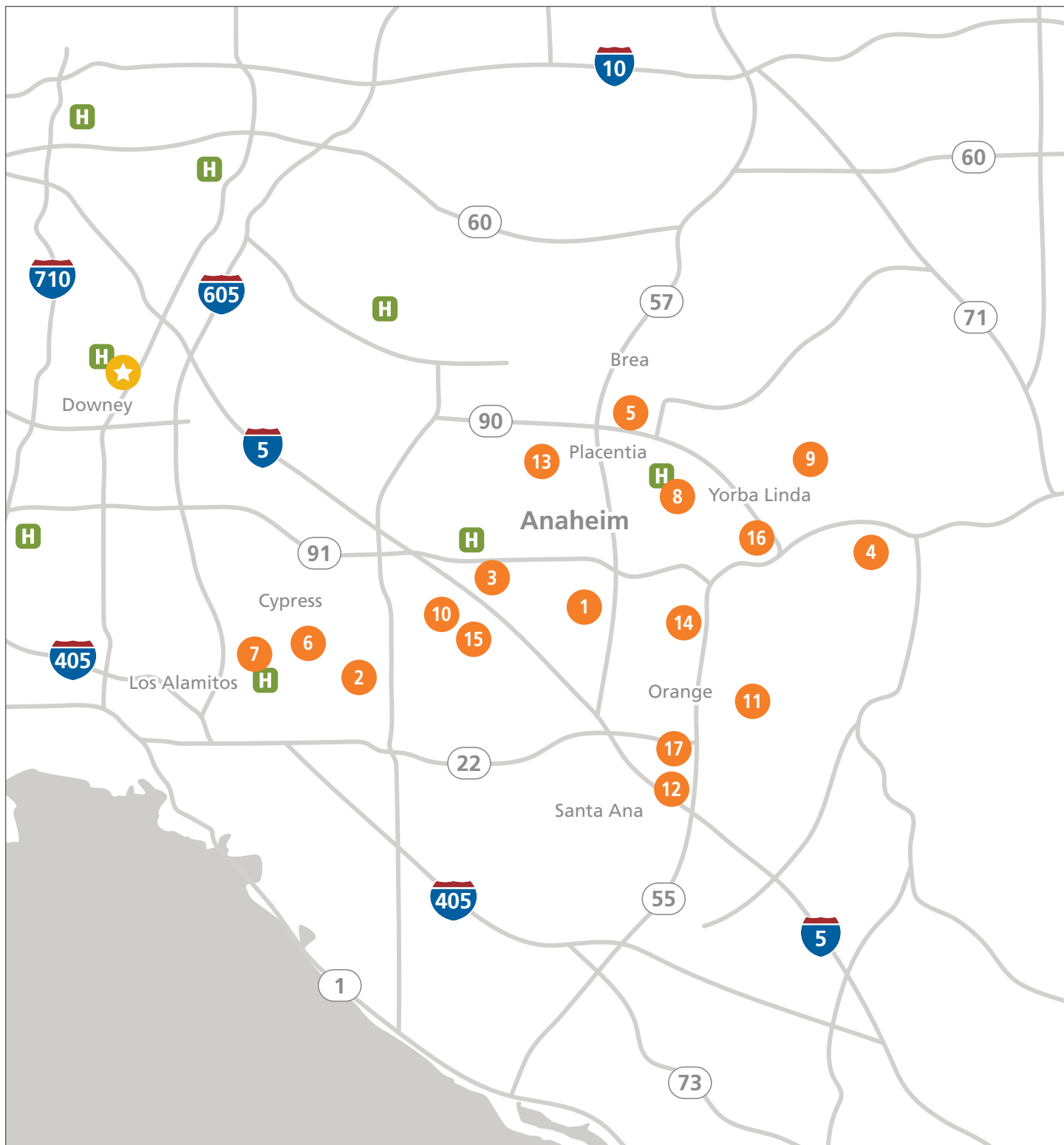
Wednesday, 5–7 p.m.

Saturday 9 a.m.–5 p.m.

Sunday 9 a.m.–1 p.m.

Urgent care centers

Orange County



To learn more, please call **1-800-460-5051**, TTY **711**, or visit optum.com/applecare.

Orange County

1. Anaheim Urgent Care

831 S. State College Blvd.
Anaheim, CA 92806
1-714-533-2273, TTY 711
Monday–Friday, 8 a.m.–8 p.m.
Saturday–Sunday, 9 a.m.–5 p.m.

2. Cypress Urgent Care **L** **X**

6876 Katella Ave.
Cypress, CA 90630
1-714-903-8900, TTY 711
Monday–Sunday, 8 a.m.–8 p.m.

3. Gateway Urgent Care **X**

1006 West La Palma Ave.
Anaheim, CA 92801
1-714-778-3838, TTY 711
Monday–Friday, 5–8 p.m.
Saturday–Sunday, 9 a.m.–5 p.m.

4. MedPost Anaheim Hills

751 South Weir Canyon Rd., Ste. 165
Anaheim Hills, CA 92808
1-714-453-0120, TTY 711
Monday–Friday, 8 a.m.–8 p.m.
Saturday–Sunday, 9 a.m.–5 p.m.

5. MedPost Brea

2415 E. Imperial Hwy.
Brea, CA 92821
1-714-255-1640, TTY 711
Monday–Friday, 8 a.m.–8 p.m.
Saturday–Sunday, 9 a.m.–5 p.m.

6. MedPost Cypress

10165 Valley View St.
Cypress, CA 90630
1-714-252-5016, TTY 711
Monday–Friday, 8 a.m.–8 p.m.
Saturday–Sunday, 9 a.m.–5 p.m.

7. MedPost Los Alamitos

3851 Katella Ave., Ste. 100
Los Alamitos, CA 90720
1-562-430-4138, TTY 711
Monday–Friday, 8 a.m.–8 p.m.
Saturday–Sunday, 9 a.m.–5 p.m.

8. MedPost Placentia

858 North Rose Dr., Ste. C2
Placentia, CA 92870
1-714-792-3736, TTY 711
Monday–Friday, 8 a.m.–8 p.m.
Saturday–Sunday, 9 a.m.–5 p.m.

9. MedPost Yorba Linda

20635 Yorba Linda Blvd., Ste. R1
Yorba Linda, CA 92886
1-714-696-5280, TTY 711
Monday–Friday, 8 a.m.–8 p.m.
Saturday–Sunday, 9 a.m.–5 p.m.

10. OC Urgent Care

631 S. Brookhurst St., Ste. 101
Anaheim, CA 92804
1-714-991-5700, TTY 711
Monday–Friday, 10 a.m.–8 p.m.
Saturday–Sunday, 10 a.m.–6 p.m.

11. OC Urgent Care

4720 E. Chapman Ave.
Orange, CA 92869
1-714-771-7600, TTY 711
Monday–Friday, 10 a.m.–6 p.m.
Saturday–Sunday, 10 a.m.–6 p.m.

12. OC Urgent Care

2001 E. 4th St., Ste. 104
Santa Ana, CA 92705
1-657-230-7800, TTY 711
Monday–Friday, 10 a.m.–8 p.m.
Saturday–Sunday, 10 a.m.–6 p.m.

13. Pacific Urgent Care

1006 East Bastanchury Rd.
Fullerton, CA 92835
1-714-255-1790, TTY 711
Monday–Friday, 5–8 p.m.
Saturday, 8 a.m.–8 p.m.

14. Pacific Urgent Care & Family Medicine

2115 North Tustin St., Ste. 1
Orange, CA 92865
1-714-921-3870, TTY 711
Monday–Friday, 5–8 p.m.
Saturday–Sunday, 8 a.m.–8 p.m.

15. SoCal Urgent Care

710 S. Brookhurst St., Ste. A
Anaheim, CA 92804
1-714-494-1331, TTY 711
Monday–Friday, 10–12 a.m.
Saturday–Sunday, 24 hours

16. Sunrise Medical Group **L** **X**

5475 East La Palma Ave., Ste. 100
Anaheim, CA 92807
1-714-970-0911, TTY 711
Monday–Friday, 7 a.m.–7 p.m.
Saturday–Sunday, 9 a.m.–5 p.m.

17. Sunrise Multispecialist Medical Center **L** **X**

867 South Tustin St.
Orange, CA 92866
1-714-771-1420, TTY 711
Monday–Friday, 5–10 p.m.
Saturday–Sunday, 9 a.m.–5 p.m.

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We provide free services to help you communicate with us. This includes letters in other languages or large print. Or, you can ask for an interpreter.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-460-5051.

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