

Incident Response Intro Exercise



7 Steps of Incident Response

1 Preparation

The following 7 step incident response plan we will be covering is the more traditional and comprehensive approach.

2 Detection

Incident response plans are important and help an organization before, during, and after a security incident or potential incident occurs.

3 Analysis

4 Containment

5 Eradication

6 Recovery

7 Lessons Learned



Preparation

- Essential and all organizations should be prepared for the worst
- Establish a notification process
- Create a checklist
- Is your disaster recovery plan up to date
- Proper training for members and teams



Detection

- Data collection
 - Systems (logs, error messages)
 - Security Tools (IDS, IPS, firewalls)
- Precursors
 - Signs of potential incident in future
- Indicators
 - Signs that an attack happened or is happening



Analysis

- Correlate related events for deviations
 - Compare to baseline / normal activity
- What data, if any, has been compromised
- Who breached
 - Insider? APT?
- How did they breach
 - Check the attack surface



Containment

- Limit scope and magnitude
- Prevent further spread
- Disconnect from network
 - Possibly shut down completely
 - Quarantine infected systems
 - If unable, monitor thoroughly



Eradication

- Eliminate any malicious code
- Reset passwords
- Remove accounts that may have been breached



Recover

- Rebuild OS or replacing system drive
- Backups
- Restoring operations
- Validate as systems come back online



Lessons Learned

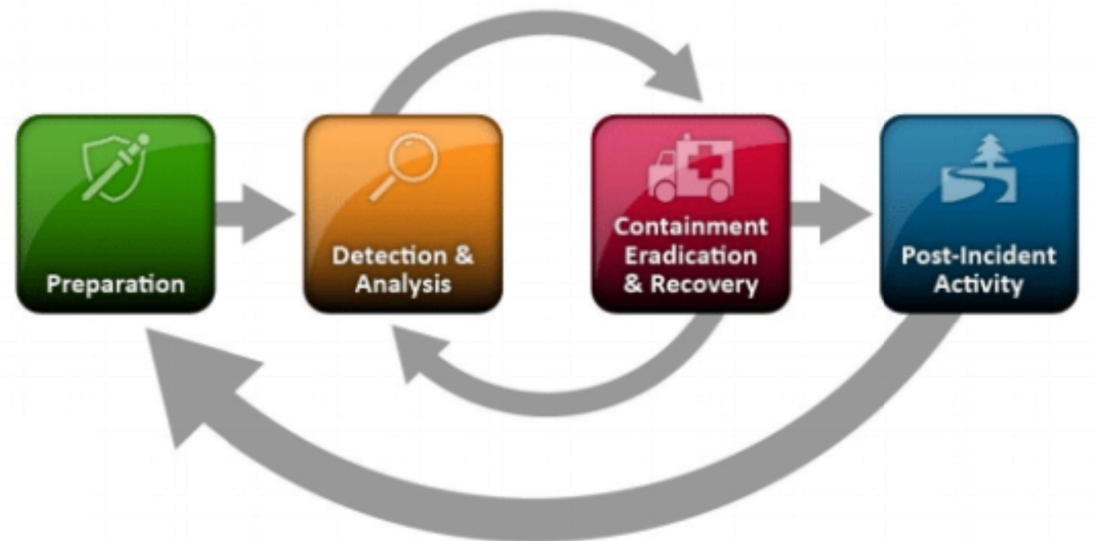
- Timelines
- Communication effectiveness
- What worked and what didn't
 - How to improve what didn't
- Lacking tools or resources



4 Stages of Incident Response

- 1 Preparation
- 2 Detection & Analysis
- 3 Containment, Eradication, Recovery
- 4 Post-Incident Activity

Next we will go over the 4 stages of incident response. Very similar to the 7 step process in many ways. However, this is a cyclical process with continued learning and discovery on how to best protect ones organization.



Preparation

- Essential and all organizations should be prepared for the worst
- Establish a notification process
- Create a checklist
- Is your disaster recovery plan up to date
- Proper training for members and teams



Detection & Analysis

- Data collection
 - Systems (logs, error messages)
 - Security Tools (IDS, IPS, firewalls)
- Precursors / Indicators
 - Signs of potential incident in future
 - Signs that an attack happened or is happening
- Analyze nature of attack
- Correlate related events for deviations
- What data, if any, has been compromised



Containment, Eradication, Recovery

- Limit scope and magnitude
- Prevent further spread
- Disconnect from network
 - Possibly shut down completely
 - Quarantine infected systems
 - If unable, monitor thoroughly
- Eliminate any malicious code
- Reset passwords
- Remove accounts that may have been breached
- Rebuild OS or replacing system drive
- Backups
- Restoring operations
- Validate as systems come back online



Post-Incident Activity

- Timelines
- Communication effectiveness
- What worked and what didn't
- How to improve what didn't
- Lacking tools or resources



Incident Response Policy

Knowing your organizations incident response policy is paramount to success. The policy should inform one on **what** to do. It should achieve this through clearly defined roles and responsibilities for before, during, and after an incident. The purpose being to minimize the impact, threat containment, and returning to normal as quickly as possible.

Additionally, it is safe to assume that failure to comply with the organizations policy will likely result in severe consequences to include termination.

Incident Response Plan (IRP)

Where a policy tells one what to do, the Incident Response Plan tells us **how** to do ones role. The IRP should be as comprehensive as the policy, if not more so, to ensure the organization can quickly contain and recover from an incident.

Communication Plan

Having a well thought out communication plan can play an important factor in incident response. You will want streamlined communication to enable improved collaboration, decision making, and ultimately leading to a faster resolution and recovery.

Take advantage of the various communication channels such as email, instant messaging, and dedicated incident response platforms to facilitate quick dissemination of information among members, leaders, stakeholders, and more.

Templates help teams communicate clear and consistent messages and increase the speed in which they communicate. In the military we had numerous templates to help us communicate like a SALUTE report or Nine line medevac card. During critical times when every second counts templates can be game changing, especially for anything time sensitive.

You will also want to ensure escalation paths are known and taken into account. The right people must be notified promptly to take appropriate action swiftly.

Communication plans also help minimize confusion and manage the overall impact of the incident.

Recon

Before a burglar robs a bank they preform recon to come up with a game plan. Cyber attackers are no different and one way they preform recon is through enumeration.

Enumeration is where you gather information/data about the network, IP addresses, protocols, and more. Thinking about the tools we have learned recently can you think of any that may do just this?

If you said NMAP then you are correct. It does an excellent job for network mapping and finding potential vulnerabilities in your system/network architecture.

Exfiltration

Sticking with our burglar analogy sometimes to get the “gold” they may tunnel in to try and not be seen. Once again, cyber threat actors will look do something similar and tunnel in. There are numerous ways where they may tunnel in OR out to hide their presence. Have you ever “tunneled” into a system? When you SSH into a VM that is a form of tunneling. There are also VPNs that use tunneling as well as DNS tunneling.

Also, remember the threat actor does not want to be caught. Tunneling through DNS or other ways hides the data in plain sight. Using various methods they navigate to restricted or confidential data and then embed that data as they send it back out. Many times doing this makes it very hard to detect and has a high chance of leaving without triggering the firewall, IDS, or other system.

Communication

PEM – Privacy Enhanced Mail is a type of Public Key Infrastructure file which was initially used for making e-mail secure. Being text based it tends to be less prone to translation/transmission errors and can have a variety of extensions.

Though depending you may be use to seeing PKCS12, pfx, or p12 and this is that would be due to the enhanced security it offers. This contains private keys but can also be freely converted to PEM through use of openssl.

So why bring this up? Well, as we talk about the threat we need to think of additional ways to protect our data. This can be done through encryption which PEM is just one way to do this.

Dominican Republic Incident

Recently we listened to a podcast about an incredible cybersecurity incident. I highly encourage all to listen and research it. <https://darknetdiaries.com/episode/135/>

The incident obviously was in the Dominican Republic and it is incredible to hear from Omar Avilez, one of their national CSIRT members and how his team dealt with an incredible cybersecurity incident. There were multiple high level cyber organizations, persistence, zero day attack, remote access malware, Cobalt Strike (hacker suite), and a lot more.

Through all of the podcast and my reading, there is one thing that really stood out to me, and that is how in tune Omar was with other incidents happening around the world. He researched the other incidents, went to where they occurred, worked with multiple teams, and attended conferences. Cybersecurity is not a one person job and takes teammates and a network of the “good guys” to combat the threat.

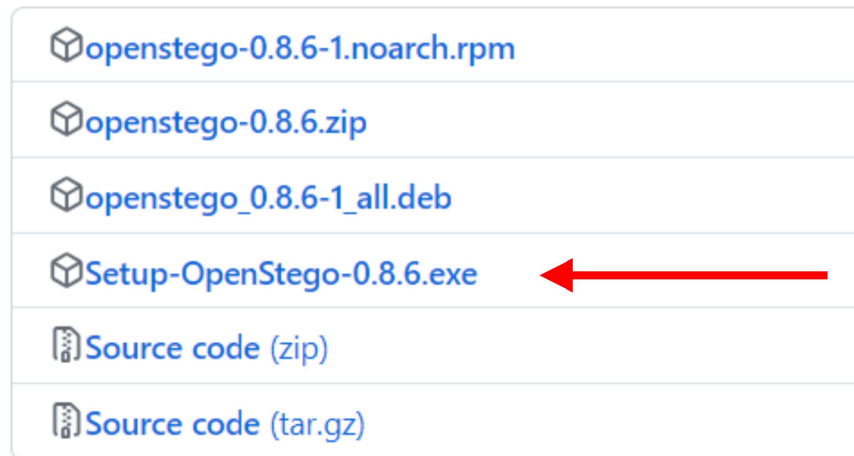
There are many learning points and key take-a-ways to be gleaned from this. However, what will stick with me the most is the importance of paying attention to cybersecurity incidents happening around the world. You never know if someone else may have suffered a similar attack and what you can learn from them. Two teams across the world may see different pieces and with a little collaboration you may be able to shut a cyber criminal organization down.

Ok, lets shift gears a bit and work on hiding in plain sight...

To do this we will download openstego first

: <https://github.com/syvaidya/openstego/releases>

Then, working in windows just grab the .exe file



Once installed you may still not be able to run the program. If you are like me then you are missing a dependency. No worries, this just means we need to download it. I would suggest heading over to Ninite and grabbing Java runtime.

Runtimes

- ☐  Java (AdoptOpenJDK) x64 8 
- ☐  Java (AdoptOpenJDK) 8
- ☐  Java (AdoptOpenJDK) x64...
- ☐  Java (AdoptOpenJDK) x64...
- ☐  Java (AdoptOpenJDK) x64...
- ☐  .NET 4.8

Ok, we should be good to go. Lets run openstego.

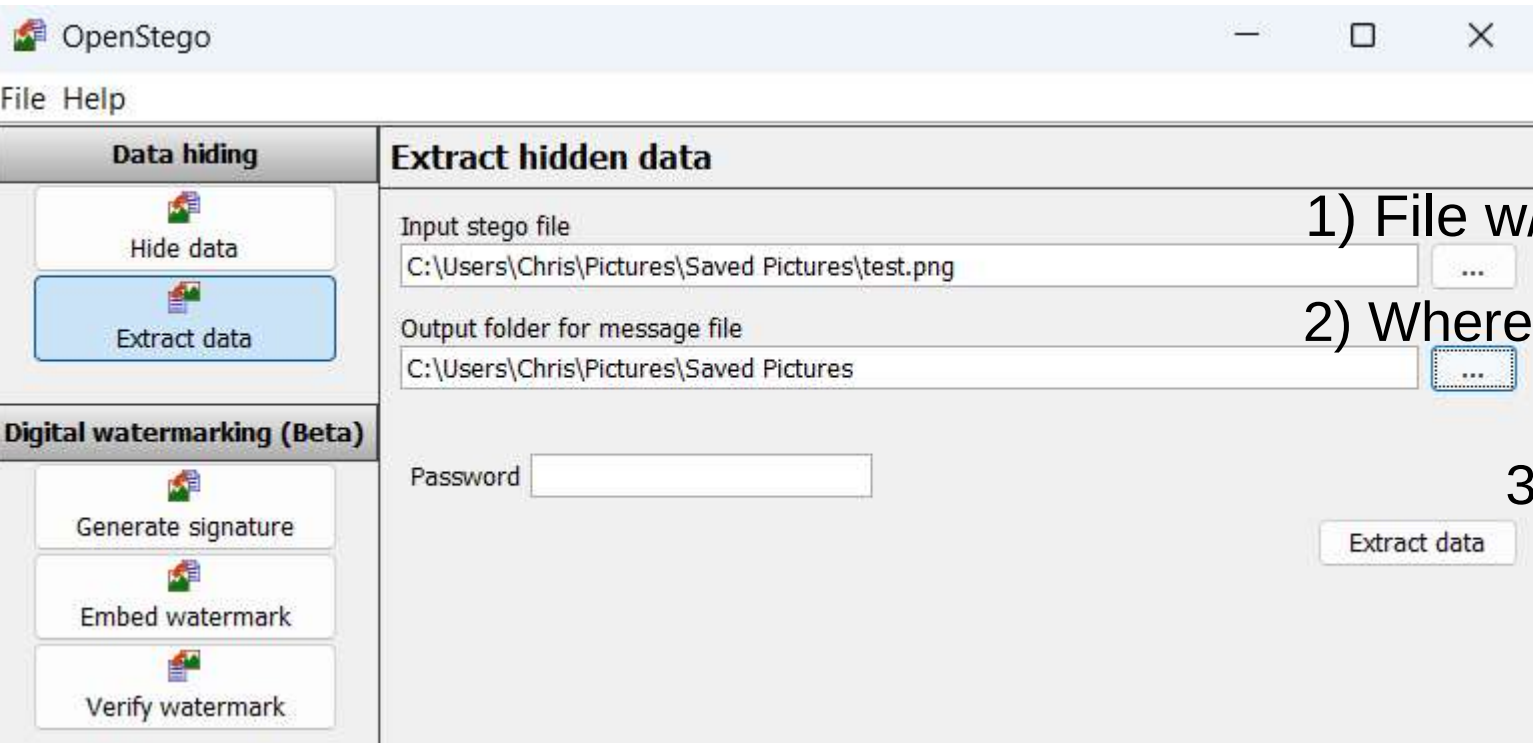
The screenshot shows the OpenStego application window. The title bar says 'OpenStego'. Below the title bar is a menu bar with 'File' and 'Help'. The main interface is divided into two panes. The left pane has a tab labeled 'Data hiding' which is active. Under this tab, there are two buttons: 'Hide data' (highlighted in blue) and 'Extract data'. Below these is another tab labeled 'Digital watermarking (Beta)' which contains three buttons: 'Generate signature', 'Embed watermark', and 'Verify watermark'. The right pane is titled 'Hide data in harmless looking files'. It contains three text input fields with file paths: 'Message file' (C:\Users\Chris\Pictures\Saved Pictures\Enjoy.txt), 'Cover file' (C:\Users\Chris\Pictures\Saved Pictures\linkedin background.jpg), and 'Output stego file' (C:\Users\Chris\Pictures\Saved Pictures\test.png). Below these fields is an 'Options' section with a dropdown menu for 'Encryption algorithm' set to 'AES128', and two empty text boxes for 'Password' and 'Confirm password'. At the bottom right of the right pane is a button labeled 'Hide data'.

1) Message to hide

2) Picture to hide it in

3) New file

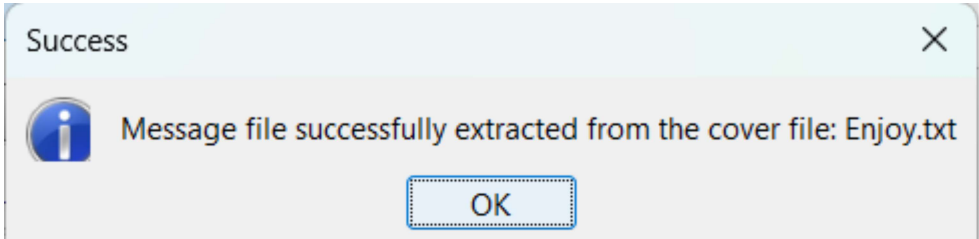
Then Hide that data!



1) File w/embed secret

2) Where to send secret

3) Get that secret!



4) Success! Now to read the secret.

Another option we have is to use steghide from the CLI. It is a fairly simple process, so lets get to it.

- 1) tell steghide we want to embed a secret then follow it with cf (coverfile) and then ef (embedfile)
- 2) Enter a passphrase
- 3) Secret message hidden!

```
chris@bored:~$ steghide embed -cf Linux\ Image.jpg -ef Linux\ Test.txt
Enter passphrase:
Re-Enter passphrase:
embedding "Linux Test.txt" in "Linux Image.jpg"... done
```

```
chris@bored:~$ steghide extract -sf Linux\ Image.jpg -xf Steghide_image.txt
Enter passphrase:
wrote extracted data to "Steghide_image.txt".
```

```
chris@bored:~$ cat Steghide_image.txt
Linux stegchris@bored:~$
```

This time lets rip that secret message back out.

- 1) tell steghide we want to extract a secret then follow it with sf (stegofile) and then xf (extractfile)
- 2) Enter a passphrase
- 3) Secret message hidden!

```
chris@bored:~$ steghide extract -sf Linux\ Image.jpg -xf Steghide_image.txt
Enter passphrase:
wrote extracted data to "Steghide_image.txt".
```

- 4) Cat that file...

```
chris@bored:~$ cat Steghide_image.txt
Linux stegchris@bored:~$
```

- 5) Boo lame secret

Ok, openstego and steghide complete! Fairly straight forward and pretty simple to use.

Play around with it and enjoy!