

**RSA**® Conference 2019

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BETTER!

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# API Security: Assume PInterference

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#RSAC

# APIs - Application Programming Interfaces: How the 2019 World Wide Web Communicates



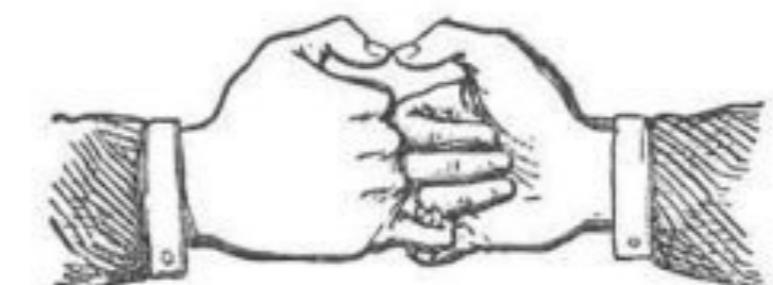
Apprentice to the  
pass grip of a fellow  
craft



Pass-grip of a  
mark master  
mason



Real grip of a fellow  
craft



Real grip of a  
mark master  
mason

A Protocol?

A FRAMEWORK FOR INTERACTION, EXCHANGING DATA AND SERVICES

# Be a Journalist to Secure APIs

WHO

WHAT

WHERE

WHEN

WHY

HOW



Image credit: twitter.com/orangestreetnew

Like Hilde

# Specifically...

**WHO** => aka AuthN (Authentication) via [AuthID](#)

**WHAT** => aka AuthZ (Authorization) via [OAuth](#)

**WHERE** => Are Sessions, Keys, Tokens [Stored](#)?

**WHEN** => Does Access and [Data](#) Expire?

**WHY** => Our [Purpose](#) for Accessing This Data

**HOW** *Least-Privilege, Explicit Trust, Implicit Deny*

# 360-View on Exploitability

Do the services interact in a way that creates the least astonishment?

Is the lifecycle and travel path of the data known?

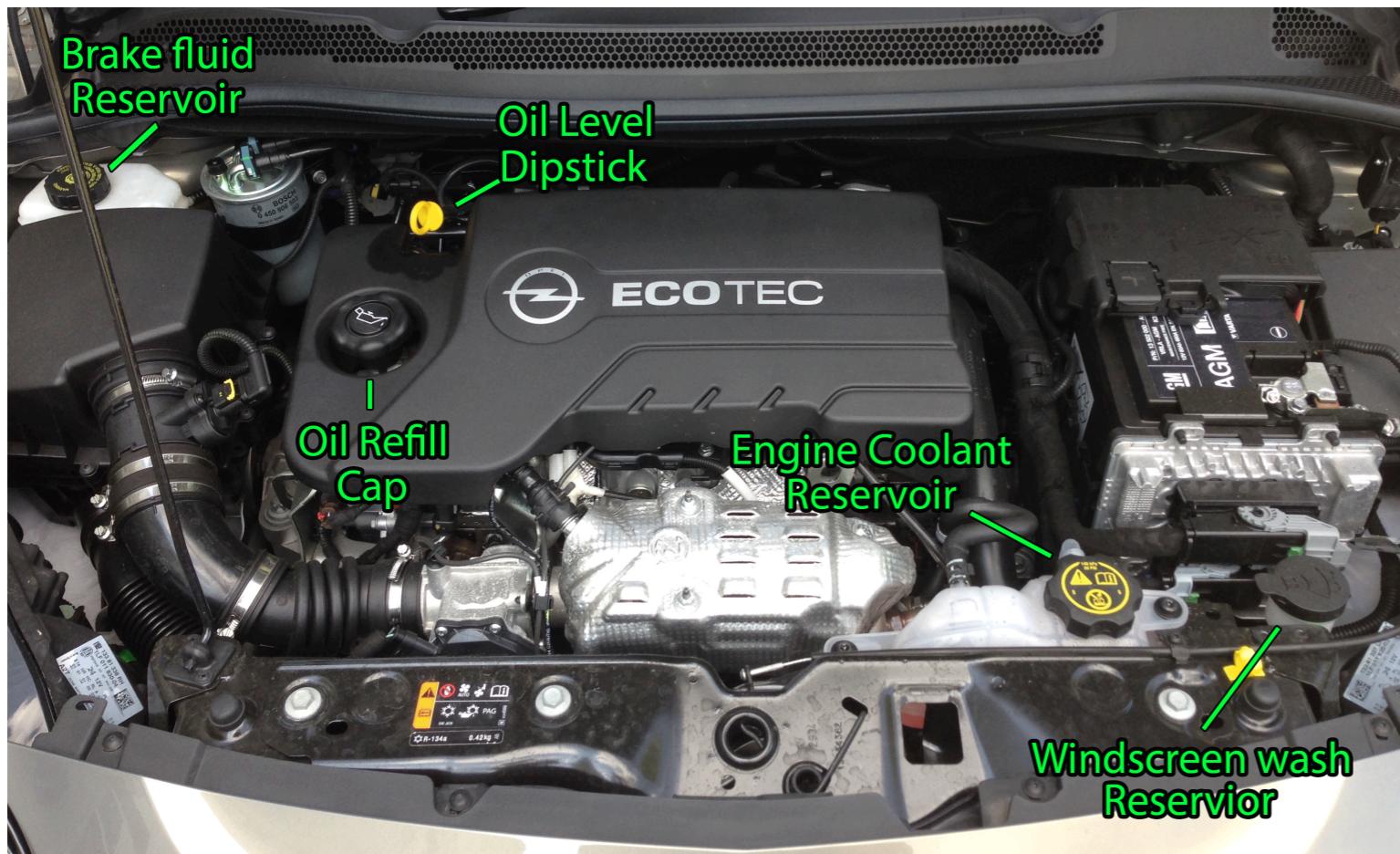
Is the data forgotten after use? Can this be proven?

**What if authorization models for different services get mixed? To different users, with different privileges?**

# Wait, didn't containers and service isolation solve this?



BUT API IS JUST  
THE BEGINNING...



There's  
still some  
stuff  
beneath the  
hood

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# Defense-in-Depth Matters

SECURITY IS FULL-STACK OSI PROBLEM - LAYERS 1-7, 8, 9... 10



# Defense-in-Depth Matters

*What could happen?!*

L10. RELIGIOUS - LEAPS OF FAITH + FUD

L9. POLITICAL - MISALIGNMENTS

L8. ECONOMIC - UNDERRESOURCED

L7. APP - CODE ALLOWS WRONG ACCESS

L6. PRESENTATION - SSL WEAK CIPHER/MITM

L5. SESSION - CLEARTEXT COMMS COMPROMISED

L4. TRANSPORT - UDP DNS REFLECTION

L3. NETWORK - COMPROMISED TRUSTED IP

L2. DATA LINK - PINEAPPLE WIFI

L1. PHYSICAL - INTRUDER PLUGS IN CONSOLE IRL

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SHIFT LEFT & SHIFT RIGHT

# Upstream Secure Containers & End-State Monitoring

# Containers and Chroot Jails: Classic Tune, New Words

Dedicated namespaces and resources. Process isolation.  
Ephemerality.

***But shared kernel.***

*Example threat model - <https://www.twistlock.com/2016/12/06/protecting-containerized-apps/>: Malicious container attacks underlying OS or other containers*

# Container SRC as Workhorses, Not Just Cattle



*(Skipping the pets -  
you know why you  
shouldn't make  
pets)*

# Container Lifecycle: Cattle v. Workhorse

- 1. Born**  
*Instance created*
- 2. Eat/Sleep**  
*Powered but no new changes to instance, or updates to image*
- 3. Expire**  
*When deprecated or compromised/vulnerable, instance terminated with no feedback*



- 1. Born**  
*Instance created*
- 2. Trained**  
*Secured configs/images*
- 3. Updated**  
*Config & Repos continuously updated*
- 4. Corral**  
*Use cgroups to authorize. System calls whitelists.*
- 5. Maintain or Expire**  
*Maintain by chef/puppet/cfengine/ansible/salt etc. Or expire.*



# Container SRC as Workhorses, not Just Cattle<sup>#RSAC</sup>

(*Skipping the pets - you know why you shouldn't make pets*)

Container images must be maintained, not just fire and forget or expiration.

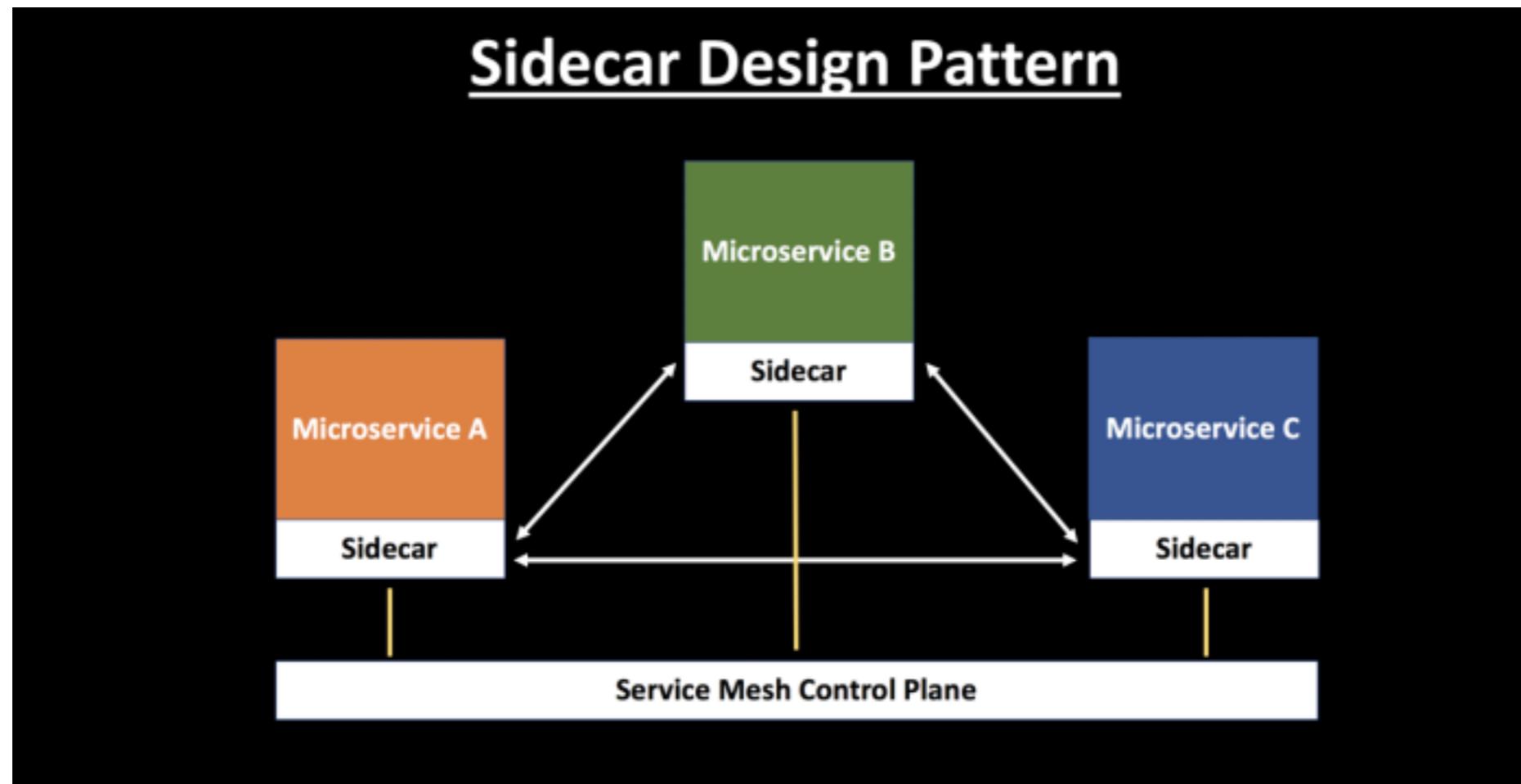
Expiring the compromised container or service (i.e. shooting the cattle) only solves once. But the herd needs to be inoculated – to evolve – beyond issues to prevent recurrence. Or, think of baking a cake vs. stir-frying\*.

\*CREDIT ~DALVES.

—> So what? Well, upstream learned remediation drives down Rate of Defect Recurrence! In practical terms, you note and track the vuln, and incorporate the fix in the Dockerfile (or source code or secure patch repo) **in source-controlled, change-managed config. So it scales beyond that one image.**

Example <https://engineering.salesforce.com/open-sourcing-dockerfile-image-update-6400121c1a75>

# Workhorse Communication: Service Mesh



From <https://dotnetvibes.com/2018/07/23/sidecar-design-pattern-in-your-microservices-ecosystem/>

# Less Is More in Containers

## WHAT'S A HARDENED CONTAINER?

LET'S WALK THROUGH THIS:

1. strip down packages, especially easily exploitable ones useful to hackers (*telnet, ftp, make, gdb, nmap, strace, legacy daemons*)
2. minimize host/network services and daemons
3. ssh and account enforcement
4. logs
5. key file/config alerting
6. vulns + patching scanning
7. and... *scrap anything in there you don't need.*

# Monitoring the End-State Abuse, Anomalies, and Access

What's Normal? Anomalies in conjunction tell the story.

We don't know - and can't comprehensively predict - what we don't know. Root cause and security incidents don't present themselves as such upfront.

## What to do?

Flag + Correlate for simple indicators of what shouldn't be happening. i.e. Resources volume or ways that shouldn't be used. Things that shouldn't be accessed. Non-cyclical transaction trends.

# Post-Flight Gut-Check DevSecOps

AKA ARE WE SEC-ING AND OPS-ING WITH OUR DEV-ING?

## 1. Security, Compliance, Privacy

*When are your S-C-P pros leveraged in the process for the product? Customer development, inception or design, dev or testing, alpha – or when an “event” happens?*

## 2. Uptime and Performance

*Do we truly know it better than our end-users?*

## 3. Scale Complexity and Change

*Is there the necessary speed in deployments/change across all of your teams?*

*Can you accommodate (or tolerate) diverse deployment & build methods across teams?*

*Do you get the same level of visibility, health, and security from each of them?*

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# Guidelines & Guardrails

THE RIGHT AMOUNT OF STRUCTURE

An abstract graphic in the background consisting of numerous thin, light blue lines connecting small, semi-transparent blue dots. These lines form a complex web that radiates from a central point, creating a sense of depth and connectivity.

# The Right Amount of Structure - a Score

Very fast. Soft as possible. Durations are free for each hand



Last Pieces for solo piano, by Morton Feldman; beginning of the fourth and final section. [© 1963 C. F. Peters Corp. Used by permission.] The directions shown here are the only performance notes provided (each section has similar instructions). The notes were composed rather than being determined by chance operations, and the performer is free to improvise durations.

# Where To Use Guardrails 1

## 1. AuthN/AuthZ

(AutheNtication/AuthoriZation)

# Where To Use Guardrails 2

1. AuthN/AuthZ
2. Lifecycle of the Data

# Where To Use Guardrails 3

1. AuthN/AuthZ
2. Lifecycle of the Data
- 3. Build Integration**

# Where To Use Guardrails 4

1. AuthN/AuthZ
2. Lifecycle of the Data
3. Build Integration
4. Production Deployment

# Where To Use Guardrails 5

1. AuthN/AuthZ
2. Lifecycle of the Data
3. Build Integration
4. Production Deployment
5. Change - Code, Configs, Dependencies

# Where To Use Guardrails 6

1. AuthN/AuthZ
2. Lifecycle of the Data
3. Build Integration
4. Production Deployment
5. Change - Code, Configs, Dependencies
6. **Regression Test - Catch the Ripple**

# Where To Use Guardrails 7

1. AuthN/AuthZ
2. Lifecycle of the Data
3. Build Integration
4. Production Deployment
5. Change - Code, Configs, Dependencies
6. Regression Test - Catch the Ripple
7. **Security & Compliance Requirements**

# Where To Use Guidelines 1

...WITH INTERNAL CONSISTENCY IN RELEVANT SCOPE

## 1. Develop/Build in the OS/Language You Will

# Where To Use Guidelines 2

...WITH INTERNAL CONSISTENCY IN RELEVANT SCOPE

1. Develop/Build in the OS/Language You Will
2. Use the Tools That Work for You, without  
Significantly Hampering Others

# Where To Use Guidelines 3

...WITH INTERNAL CONSISTENCY IN RELEVANT SCOPE

1. Develop/Build in the OS/Language You Will
2. Use the Tools That Work for You, without Significantly Hampering Others
3. Deployment Methods. CI/CD Innovation. Private or Public Cloud. Bare Metal. Multi-cloud or Single.

# Where To Use Guidelines 4

...WITH INTERNAL CONSISTENCY IN RELEVANT SCOPE

1. Develop/Build in the OS/Language You Will
2. Use the Tools That Work for You, without Significantly Hampering Others
3. Deployment Methods. CI/CD Innovation. Private or Public Cloud. Bare Metal. Multi-cloud or Single.
4. How DevSecOps Manifests in Your Org

# Where To Use Guidelines 5

...WITH INTERNAL CONSISTENCY IN RELEVANT SCOPE

1. Develop/Build in the OS/Language You Will
2. Use the Tools That Work for You, without Significantly Hampering Others
3. Deployment Methods. CI/CD Innovation. Private or Public Cloud. Bare Metal. Multi-cloud or Single.
4. How DevSecOps Manifests in Your Org
5. Culture — Congruence of the Walk with the Talk

# Are We There Yet?

From monolith to microservices...

Decoupling dependencies...

Agile, independent teams...

Continuous Deployment of ephemeral containers...

Open, networked world...

# Are We There Yet?



*...with Great Power Comes Great Responsibility.*

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# References & Image Credits