

RSA® Conference 2022

San Francisco & Digital | June 6 – 9

SESSION ID: HTA-R02

Code Blue! Medical Devices Under Attack

Douglas McKee

Principal Engineer
Dir. Vulnerability Research
Trellix Threat Labs
@fulmetalpackets

Philippe Laulheret

Sr. Security Researcher
Trellix Threat Labs
@phlaul

TRANSFORM



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Who Are We?



Douglas McKee
@fulmetalpackets



Philippe Laulheret
@phLaul

Today's Connected Medical Space

500K

MEDICAL TECHNOLOGIES
AVAILABLE IN THE MARKET PLACE
(DELOITTE)

15M

IOMT DEVICES
OPERATING IN US HOSPITALS
(ZINGBOX)

10B

IOMT DEVICES
CONNECTED WORLDWIDE
(IOT-NOW)

50B

IOMT DEVICES
CONNECTED BY 2028
(DELOITTE)

Agenda

- What's happening now?
 - Attacks in Healthcare
- What's being overlooked?
 - Medical Research Case studies
- What's the next threat?
 - A vulnerability's lifespan
- How can we be ready?
 - Common pitfalls and mitigations
- What can we learn outside of healthcare?
 - Suggested industry wide improvements



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Attacks in Healthcare



Underground Market

B

[SELL] Hospital DB with logins + ~ 350 SSN + DOB + DL + Medicare + etc scanned documents

Author: Brady , August 28 in [Miscellaneous] - everything else

Create a topic

Brady

byte



Posted by: August 28

Straight from the hospitals server.

C

buying medical fullz / buying medical fullz

Author: canard , May 3 in [Miscellaneous] - everything else

B

MEDICARE ELIGIBILITY LOGIN - [REDACTED]

RingCentral login with hospitals phone number

sFax login

Fedex login

And some more logins, emails, hospitals cc info, etc.

User
● 0
14 posts
Registration
date 13.11.2011 (ID: 40
682)
Activities
other

Profiles containing full name, address, ssn, dob, medicare, etc. Most has DL scans low quality and more ids.

120x profiles from 2021

85x 2020

85x 2019

60x 2018

PM with offers. This forums escrow service is welcome.

canard

byte



Posted by: May 3

budget ~ 5k, more available for good work.

usa + canada only.

volume / complete bases only.

sell in one hand only.

xmr only.

if you don't have reputation we split cost of guarantor.

first contact pm only.

C

Paid registration

● 0

3 publications

Registration

02.03.2021 (ID: 114
649)

Hacking activities

Conti's Perspective

```
"ts": "2020-10-26T02:50:59.589124",
"from": "target@q3mcco35auwcstmt.onion",
"to": "troy@q3mcco35auwcstmt.onion",
"body": "f... clinics in the usa this week"
```

CONTI MANAGER “TARGET” DIRECTED HIS IRE TOWARD U.S. CLINICS IN OCTOBER 2020, JUST BEFORE LAUNCHING A RANSOMWARE ATTACK ON MORE THAN 400 HOSPITALS. THE GROUP GENERATED AN EYE-POPPING \$180 MILLION IN REVENUE LAST YEAR, ACCORDING TO THE LATEST CRYPTO CRIME REPORT PUBLISHED BY VIRTUAL CURRENCY TRACKING FIRM CHAINANALYSIS.

<https://therecord.media/conti-leaks-the-panama-papers-of-ransomware>

Ransomware in the Medical Industry

\$61M

RANSOMS PAID
21-MONTHS TIMESPAN
(FBI)

>850

ATTACKS ON HOSPITALS
JAN-SEPT 21
(NBC)

TOP 3

TARGETED SECTOR
Q3 2021
(COVEWARE)

HIGHEST

COST OF BREACH
11 CONSECUTIVE YEARS
(IBM)

Springhill Medical Center

July 16th, 2019

“Tasks that were previously automated, such as recording vital signs, were suddenly arduous and unfamiliar, particularly for younger nursing staff who had never worked without modern technology, according to two workers at the time.”

—The Wall Street Journal



https://en.wikipedia.org/wiki/Springhill_Medical_Center#/media/File:Springhill_Medical_Center_2018.jpg

(CC BY-SA 4.0)

University of Vermont Medical Center

October 28th, 2020

*"To look someone in the eye, and tell them they **cannot** have their life-extending or lifesaving **treatment**, it was horrible, and totally heart-wrenching"*

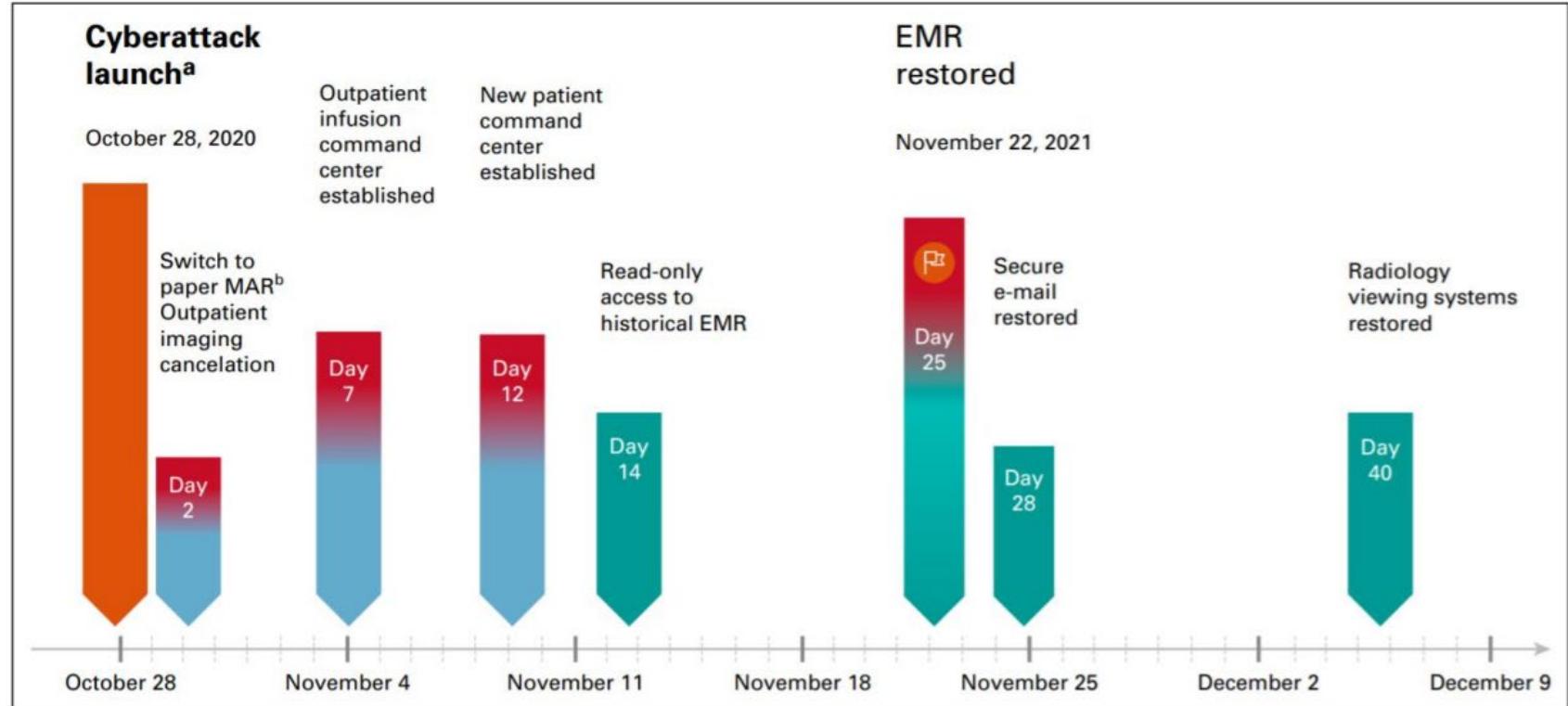
—Colleen Cargill, Nurse



<https://www.nytimes.com/2020/11/26/us/hospital-cyber-attack.html>

University of Vermont Medical Center

October 28th, 2020



Cancer Care in the Wake of a Cyberattack: How to Prepare and What to Expect
<https://ascopubs.org/doi/pdf/10.1200/OP.21.00116>

Ransomware Impact on Healthcare

- Difficulties to communicate about the on-going attack:
 - For the staff: mental toll, miscalculation of risk
 - For the patients: risks aren't clear
 - For the institution: failing to
- Going back to pre-computerization process during the attack:
 - Junior staff unaware of the old ways
 - Loss of redundancy, safety nets & the recent advances in computerization
 - Increased risk of harm, death.
- Weeks to months to recover from the attack.

Industry Perspective

Disruption of communication was at the heart of the damage induced by the cyberattack and highlighted the multiple nonredundant ways used by physicians and staff to provide high-level multidisciplinary cancer care.

[T]he immediate need for updated standardized processes to address the host of challenges that we faced with loss of EMR and communication systems and the realization that IT cannot be our only solution in the face of a cyberattack.

*Cancer Care in the Wake of a Cyberattack: How to Prepare and What to Expect
(JCO Oncology Practice)*

<https://ascopubs.org/doi/pdf/10.1200/OP.21.00116>

Other Threats

- How to Hack Medical Imaging Applications via DICOM (2020)
- CT-GAN: Malicious Tampering of 3D Medical Imagery using Deep Learning (Jan 2019)
- Orangeworm (2015 - 2018?)
- Triple Extortion (e.g., Vastaamo clinic attack (2020))

The Need of Planning against Future Threats

- Cyber security is working on preventing Ransomware attacks...
- ... but threat actors will try to stay a step ahead.
- Non-standard solutions might become their next target:
 - Custom protocols
 - Embedded devices difficult to integrate to an EDR/XDR ecosystem
 - Legacy systems
- Highlight & address threats now to stop attackers in their track!

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Medical Case Studies

Hacking a Patient Vitals

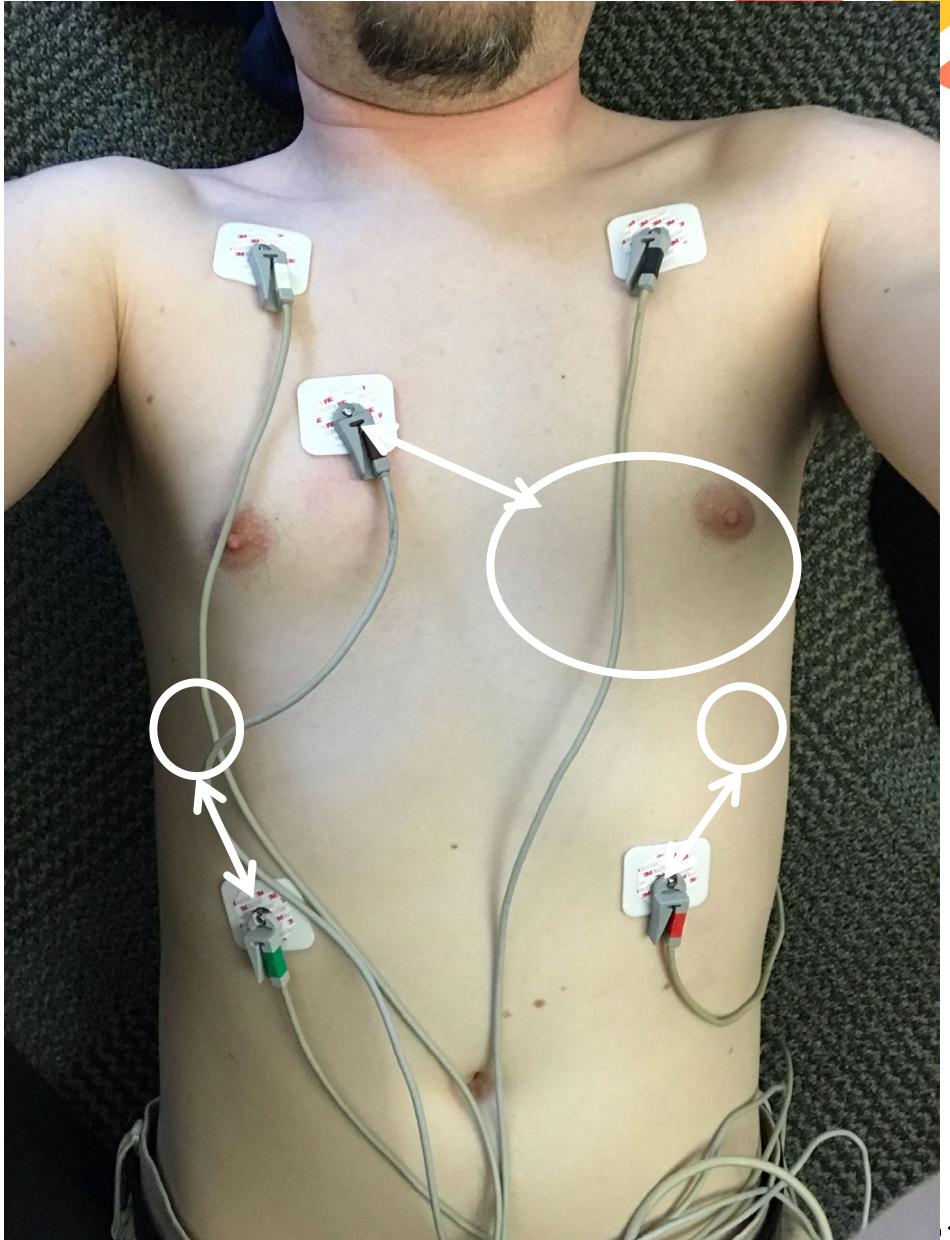


GE Dash 3000 Patient Monitor

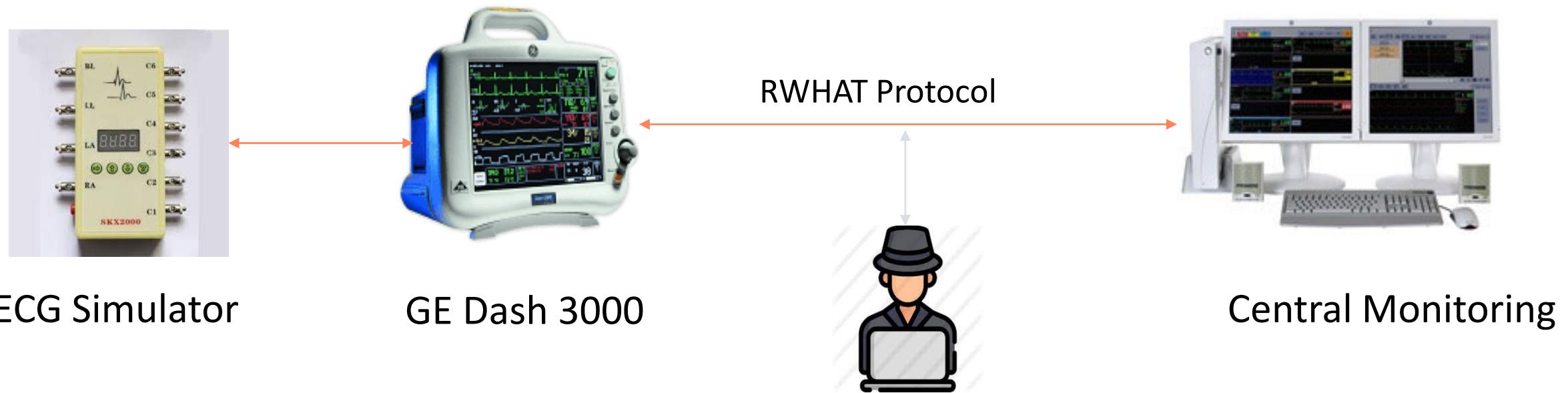
- Bedside monitor
- Monitors patient's vitals – Heartrate, Blood pressure, O₂ levels, etc
- Has wired and wireless (optional) networking
- Contains Personal Identifiable Information (PII)
- Sends data to a central monitoring station



Testing Setup



Improved Testing setup



Observations

- UDP Packets
- Broadcast address
- Counters
- Incrementing Ports
- Unencrypted
- Identifiable Data

User Datagram Protocol, Src P
Source Port: 3107
Destination Port: 7000
Length: 96
[Checksum: [missing]]
[Checksum Status: Not present]

[Header checksum]
Source: 126.4.153.1
Destination: 126.4.153.1

	Length	Info
0020	ff ff 0c 23 1b 58 00 60	
0030	99 96 5a 67 29 b7 44 4d	
0040	00 00 00 00 00 00 4d 43	
0050	Length Info	
0060	130 3107 → 7000	...#.X.
0070	130 3108 → 7000	..Zg).DM 1 335-1.
	130 3109 → 7000	...
	130 3110 → 7000	MC KEE, DOUG

Demo Video



Impact scenario

- Power of misinformation
- Smaller changes, larger impact
- Unconscious patient
- Reliance on technology
- Inside Job?

“**Fictitious** cardiac rhythms, even intermittent, could lead to **extended hospitalization**, additional testing, and side effects from **medications** to control heart rhythm and/or prevent clots. The hospital could also suffer resource consumption.”

—Dr. Shaun Nordeck



Arrhythmia Management Guidelines

Amer. Heart assoc. & Amer. College of cardiology

Page RL, et al.
2015 ACC/AHA/HRS SVT Guideline

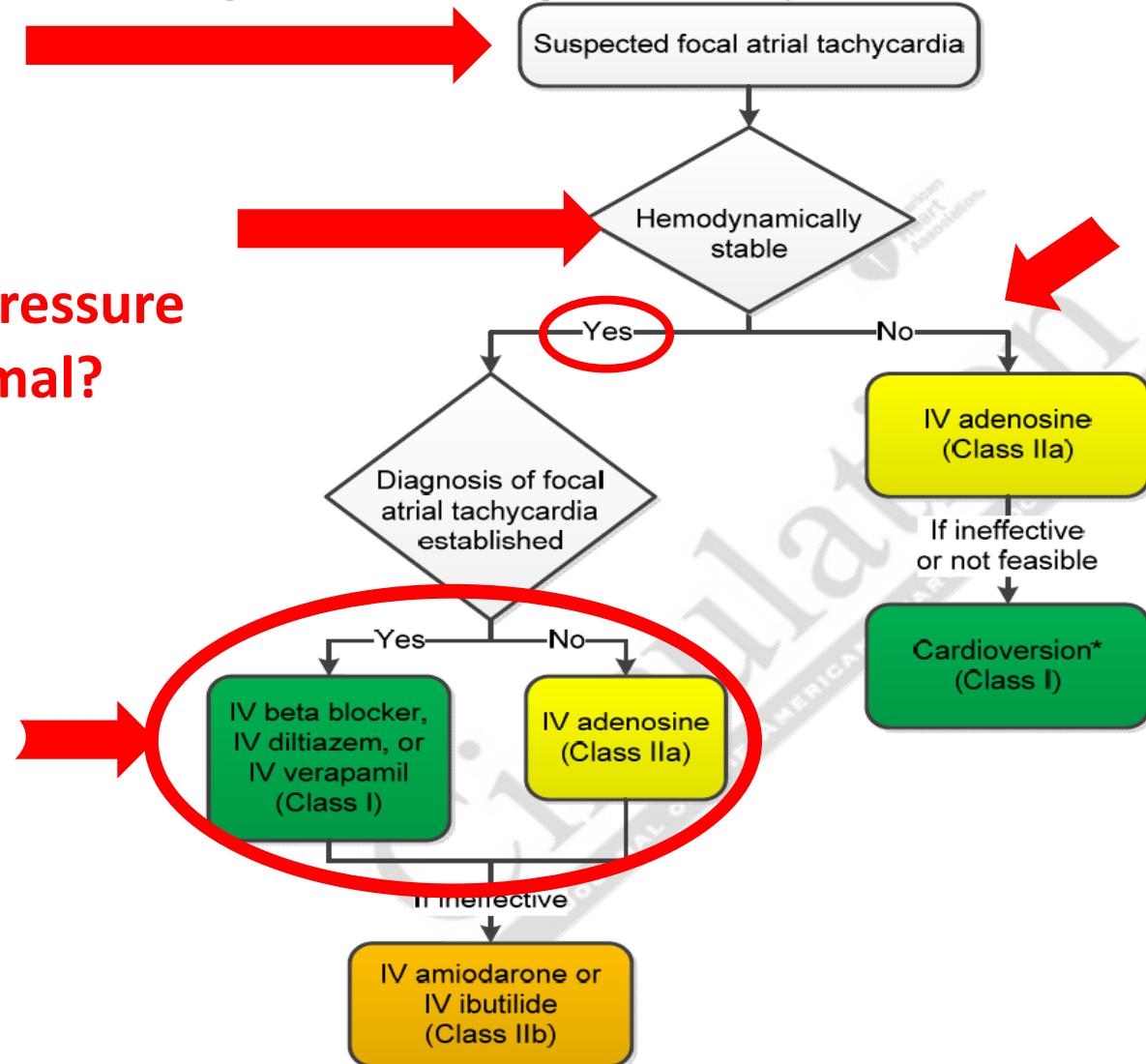
Figure 10. Acute Treatment of Suspected Focal Atrial Tachycardia

**Fictitious
intermittent
cardiac rhythms**

**Blood Pressure
Normal?**

**Medications
Administered**

**If monitor
was
modified**





It's **critical** to understand **ALL** traffic

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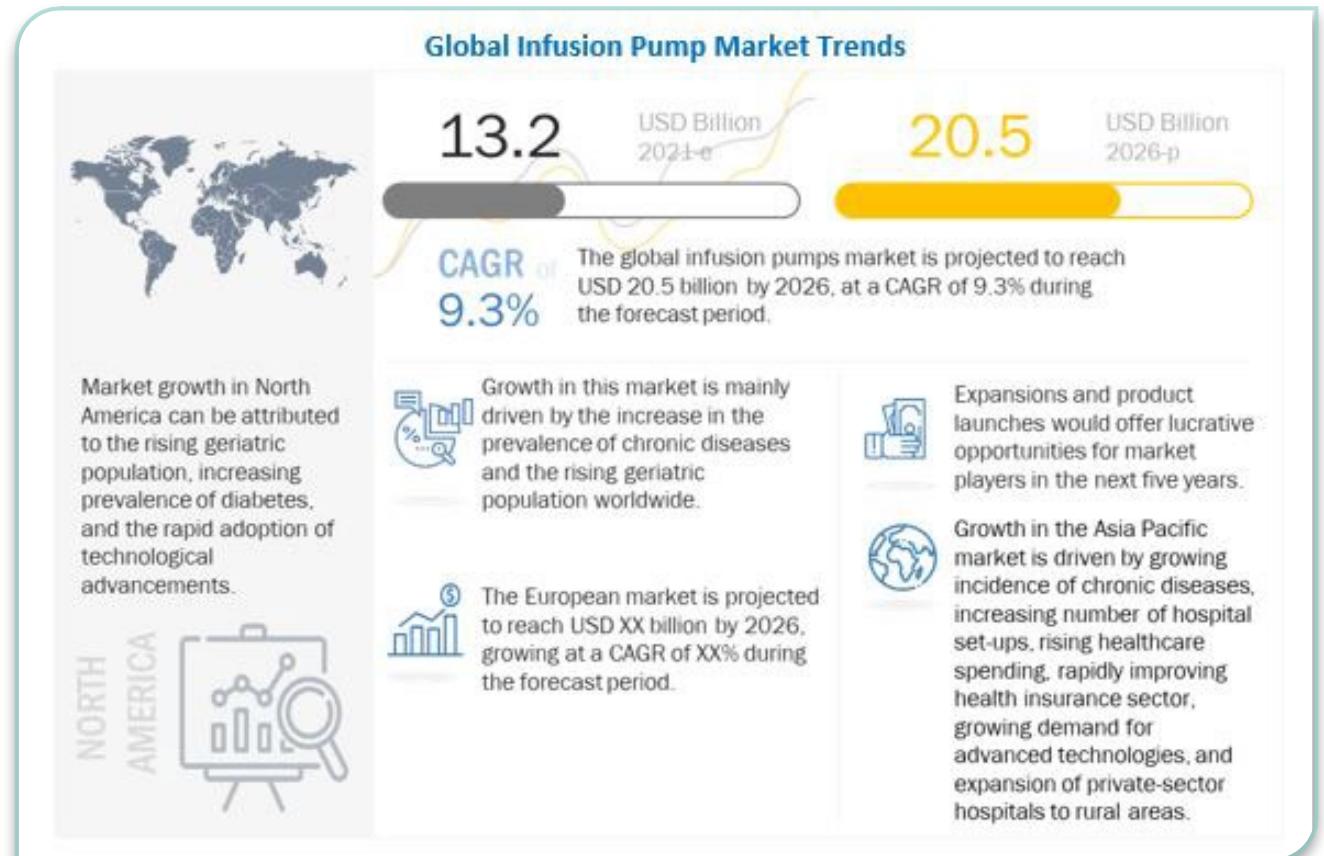
Medical Case Studies

Overmedicated: Hacking an Infusion Pump



Strategic context

- Infusion market
 - 200M IV infusion per year
 - \$13.2B US sales in 2020
 - \$54B in sales worldwide

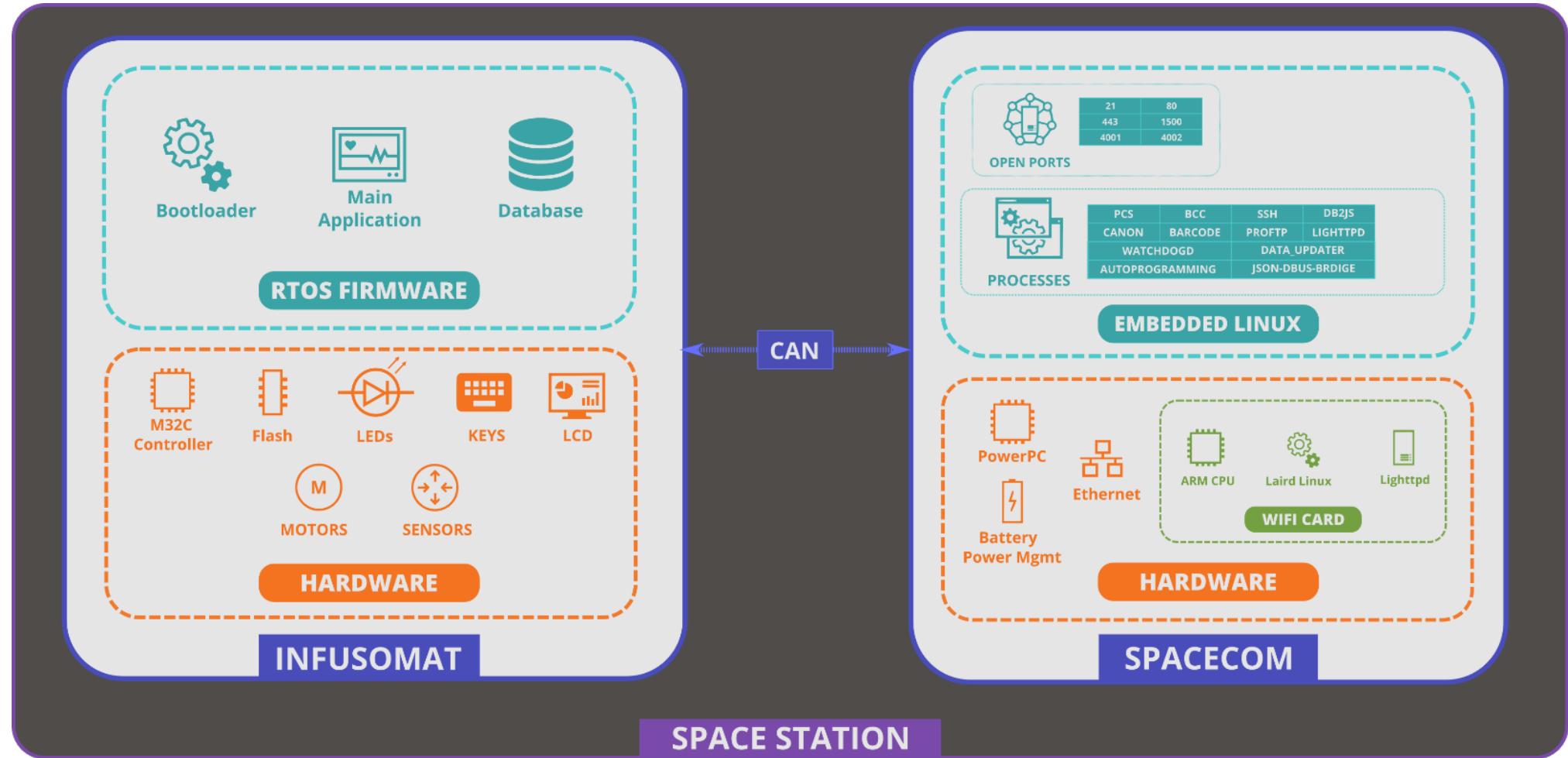


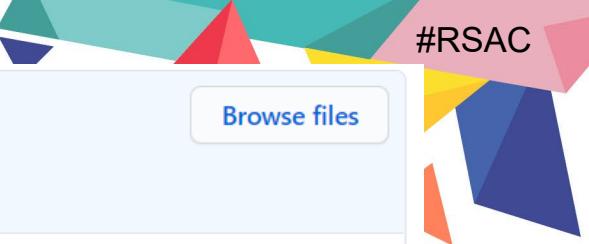
Target Device

- B. Braun Infusomat Large Volume Pump
- SpaceStation with SpaceCom
- Released in 2017



System Architecture





[bridge_request] Fix sending json containing percent characters

[Browse files](#)

master
v1.1.6 v1.1.5 v1.1.4

elrafoon committed on Mar 19, 2015

1 parent 569cb01 commit 79ff62e918b182eca783944b0fbb74b6299f489b

Showing 1 changed file with 6 additions and 6 deletions.

Unified Split

```

v 12 src/bridge_request.c 
@@ -70,11 +70,11 @@ int bridge_request_getinput(bridge_request_t *self, char **data)
70    70          return EINVAL;
71    71
72    72      if ((buffer = malloc((size_t)len+1)) == 0) {
73    -      FCGX_FPrintF(self->request.err, "out of memory!");
73    +      FCGX_PutS("out of memory!", self->request.err);
74    74          return ENOMEM;
75    75      }
76    76      if (FCGX_GetStr(buffer, len, self->request.in) != len) {
77    -      FCGX_FPrintF(self->request.err, "Got less data than expected.");
77    +      FCGX_PutS("Got less data than expected.", self->request.err);
78    78          return EINVAL;
79    79      }
80    80      buffer[len] = '\0';
@@ -84,14 +84,14 @@ int bridge_request_getinput(bridge_request_t *self, char **data)
84
85    void bridge_request_transmit(bridge_request_t *self, struct json_object *obj)
86    {
87    -      FCGX_FPrintF(self->request.out, "Content-type: application/json\r\n\r\n");
88    -      FCGX_FPrintF(self->request.out, json_object_to_json_string(obj));
87    +      FCGX_PutS("Content-type: application/json\r\n\r\n", self->request.out);

```

Format string exploitation

```
#Testing Format String Vuln with multiple %x
[Hacker@Hackers-MacBook-Pro:~/D/b/g/sbin]
$ curl --header "Content-Type: application/json" --header "Expect:" -d "
{"service":"org.freedesktop.DBus","method":"org.freedesktop.DBus.StartServiceByName",\n"id":0,"params":[{"su,"%x%x%x",0}]}' http://192.168.7.120/rpc
{ "id": 0, "error": { "origin": 1, "code": 1, "message": "The name 1fa901d6a018a88 was not provided by any .service\nfiles" }, "result": null }
```

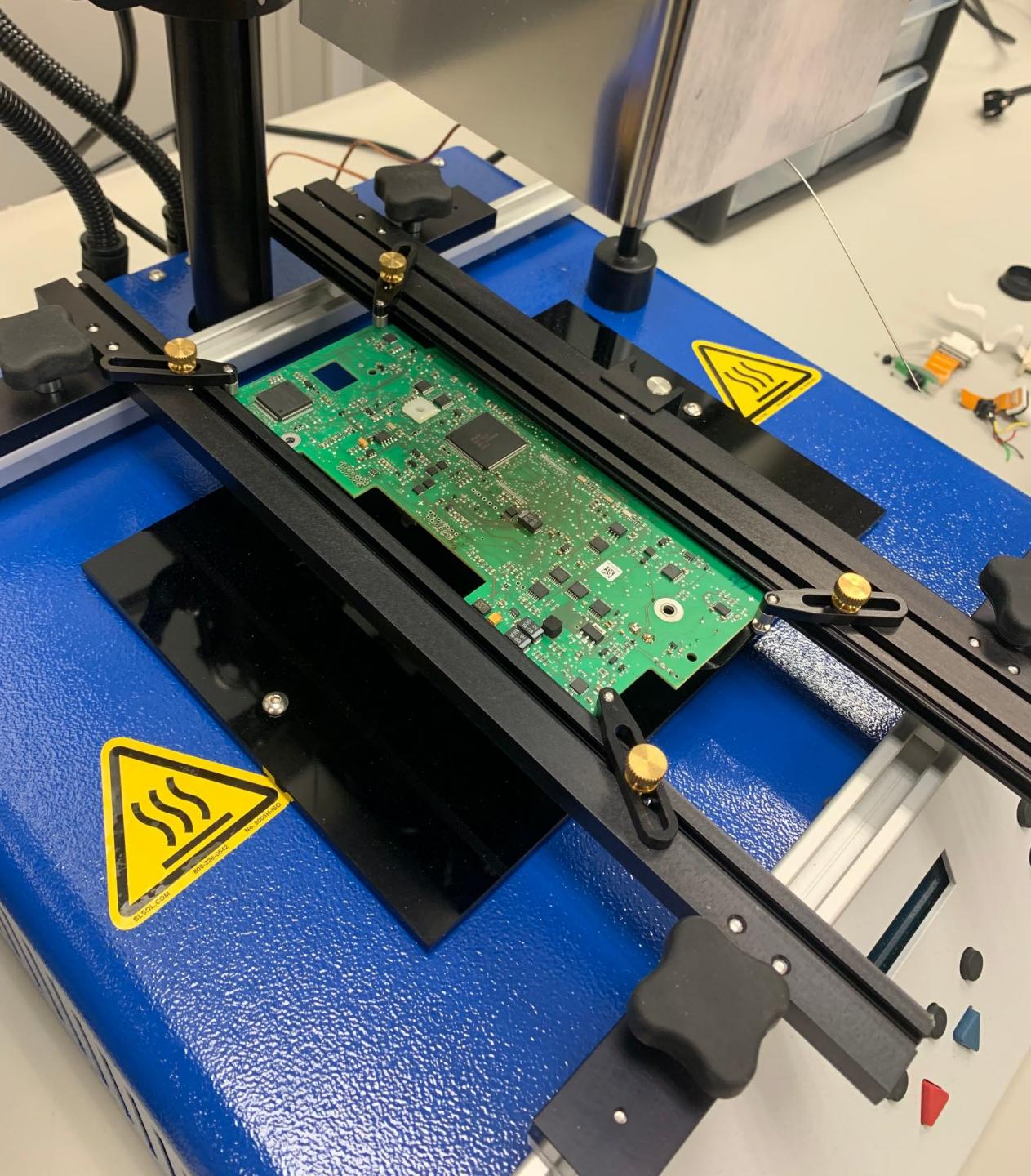
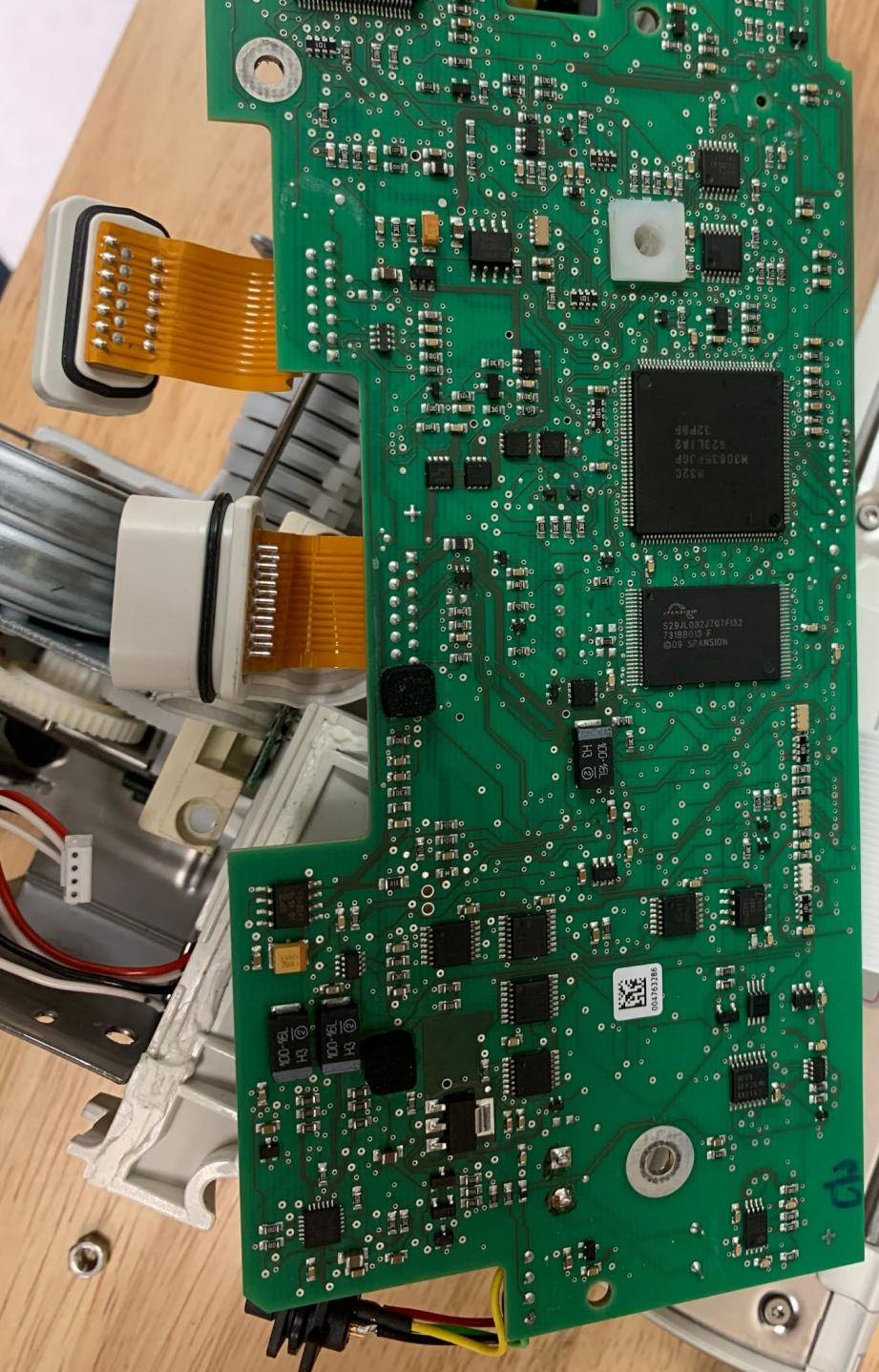


... a couple of CVEs later ...

We got Root! Are we done yet?

- Previous reports:
“root access **cannot** cause patient harm”
...can’t it?
- How do we **control** the pump’s critical OS having root access on SpaceCom?





GETTING THE FIRMWARE OUT



0001	0203	0405	0607	0809	0A0B	0C0D	0E0F	0123456789ABCDEF	
00000	0000	0001	DC00	FFFF	0000	0000	0000	8D02	...Ü.ÿy....
00010	300B	E40B	0900	CA00	6D02	3A0B	260B	0900	0.ä...È.m.:&...
00020	8001	1002	440B	300B	0900	1002	8001	4E0B	...D.0.....N.
00030	3A0B	0901	6D02	CA00	580B	440B	0900	8D02	:...m.È.X.D... .
00040	0000	620B	4E0B	0500	6D02	CA00	6C0B	580B	..b.N...m.È.1.X.
00050	0500	1002	8001	760B	620B	0500	8001	1002v.b....
00060	800B	6C0B	0501	CA00	6D02	8A0B	760B	0500	.l...È.m. .v...
00070	0000	8D02	940B	800B	0600	CA00	6D02	9E0B È.m. .
00080	8A0B	0600	8001	1002	A80B	940B	0600	1002"
00090	8001	B20B	9E0B	0601	6D02	CA00	BC0B	A80B	.². . .m.È.%."
000A0	0600	8D02	0000	C60B	B20B	0A00	6D02	CA00 È.². .m.È.
000B0	D00B	BC0B	0A00	1002	8001	DA0B	C60B	0A00	Ð.%.....Ù.Æ...
000C0	8001	1002	E40B	D00B	0A01	CA00	6D02	260B	...ä.Ð...È.m.&.
000D0	DA0B	0A00	ED85	0000	9B80	0000	B177	0000	Ú..í±w..
000E0	CD69	0000	375B	0000	BA4D	0000	1A42	0000	íi..7[..ºM...B..
000F0	3238	0000	6D30	0000	322A	0000	0A25	0000	28..m0..2*...%..
00100	DA20	0000	721D	0000	A91A	0000	5F18	0000	Ú ..r...@....
00110	7C16	0000	EF14	0000	A713	0000	9A12	0000	...ü...§....
00120	BF11	0000	1011	0000	8710	0000	2010	0000	¿.....
00130	D80F	0000	AD0F	0000	A00F	0000	260B	0000	Ø..... . .&..
00140	0000	000A	0100	0001	2802	E001	E001	3002(à.à.0..
00150	00FF	9EFF	0020	2020	2020	2020	2020	2828	.ÿ.ÿ. ((
00160	2828	2820	2020	2020	2020	2020	2020	2020	((
00170	2020	2020	2088	1010	1010	1010	1010	1010
00180	1010	1010	1004	0404	0404	0404	0404	0410
00190	1010	1010	1010	4141	4141	4141	0101	0101AAAAAA....
001A0	0101	0101	0101	0101	0101	0101	0101	0101
001B0	1010	1010	1010	4242	4242	4242	0202	0202BBBBBB....
001C0	0202	0202	0202	0202	0202	0202	0202	0202
001D0	1010	1010	2030	3132	3334	3536	3738	3941 0123456789A
001E0	4243	4445	4600	286E	756C	6C20	706F	696E	BCDEF.(null poin
001F0	7465	7229	0030	3132	3334	3536	3738	3961	ter).0123456789a
00200	6263	6465	6600	3F3F	3F00	00FF	0220	E000	bcded.???.ÿ. à.
00210	0200	0100	0820	E000	0400	0000	0C20	E000 à..... à.
00220	0100	0000	2120	E000	0100	0000	2A20	E000! à.....* à.
00230	0100	0000	3320	E000	0100	0000	3D20	E0003 à.....= à.
00240	0100	0000	3F20	E000	0100	0000	4120	E000? à.....A à.
00250	0100	0000	5420	E000	0200	0000	5820	E000	T à.....X à.

```
.WORD 19h          ; word_0>
.WORD TIMESTBYMIN ; entry_id
.DWTC ?           ; external_id
; FwKtLwT_Index
```

int_uart0_reception:

```
000 PUSHM A0,FB
008 CMP.W #0, uart0_remaining_bytes
008 JNE/NZ loc_F3AF2F
```

...many months of reversing later...

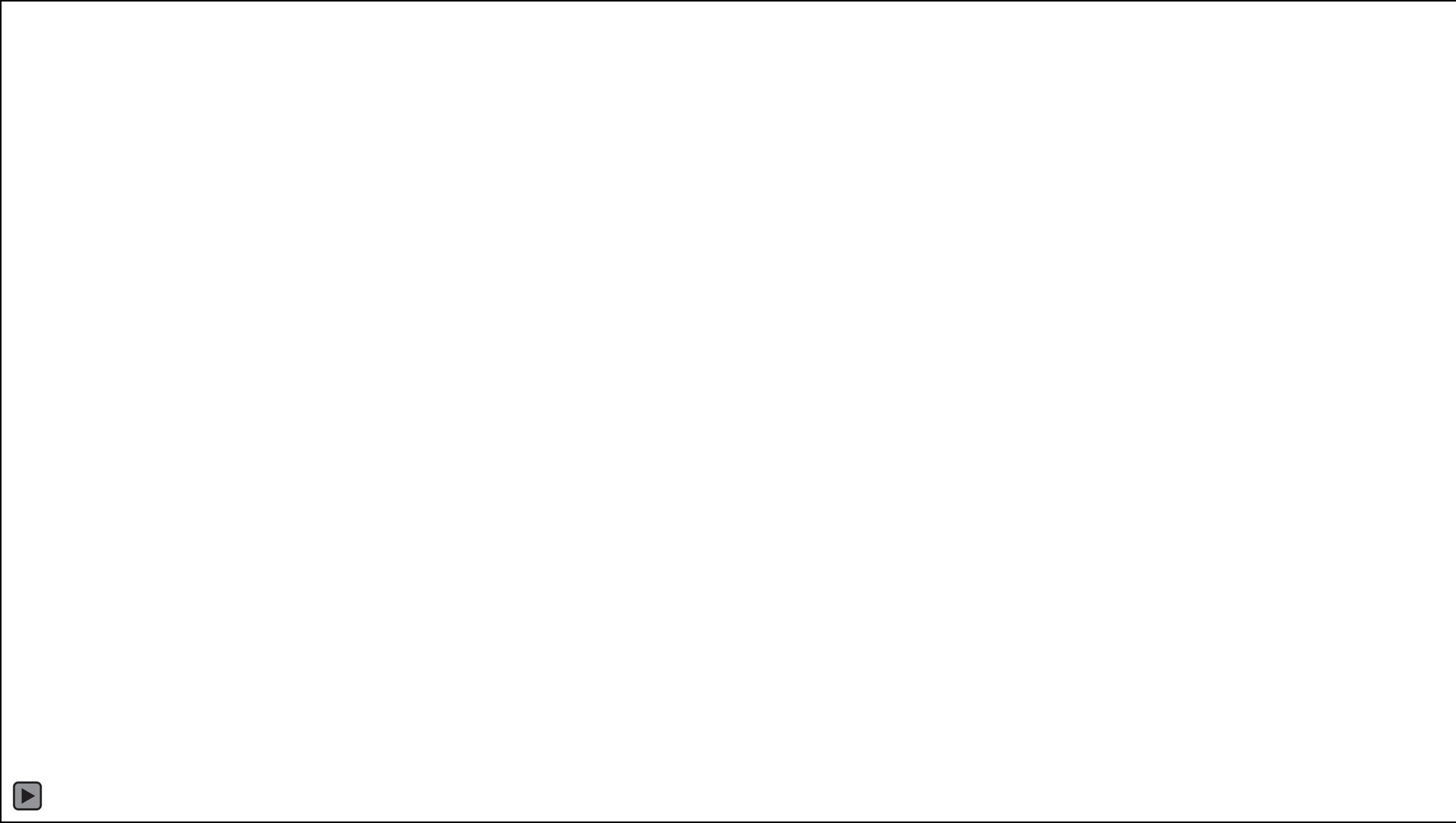
loc_F3AF3F:

```
008 POPM A0,FB
000 RETI          ; <- RETI instead of RTS because we are in an interrupt handler
; End of function int_uart0_reception
```

Critical data

- Tube sizes
 - Bigger more dangerous
 - Wrong size slow/fast
- Can be **altered** by an attacker from SpaceCom
- May lead to an **overdose**

```
Example2: Disposable data  
[COMMON0]  
TUBETABCHKSUM=35443  
TUBETABSIZEx=3140  
DISPDATA_VERSION=506  
TUBECRCKUP=63207  
TUBETABSIZEx_KUP=688  
TUBERELEASE_TABCHKSUM=20106  
TUBERELEASE_TABSIZE=22  
TUBERELEASE_KUP_TABSIZE=22  
TUBERELEASE_KUP_TABCRC=18226  
TUBE_COUNT=3  
[TUBE0]  
TUBENAME_A=  
TUBE_HEADVOLUME_A=0  
//... snipped out since empty section ...  
[TUBE1]  
TUBENAME_A=Intrafix PVC  
TUBE_HEADVOLUME_A=204  
TUBE_MAXBOLVOL_A=500  
TUBEPRESSURESURFACE_A=1131  
TUBE_AIRALARMLVEL_A=23  
TUBE_DRIPCHAMBER_A=20  
TUBE_MAXRATE_A=120000  
TUBE_MAXBOLRATE_A=120000  
TUBECRCFUP_A=41266
```



“Something as **routine** as correcting a person’s high blood sugar or sodium level too quickly can cause the brain to swell or damage the nerves which **can lead** to **permanent disability** or even death.”

—Dr. Shaun Nordeck





Never trust data from an unverified source!

No ransomware, why should I care?



Industry Perspective

"We have an *implicit trust* in these types of technologies," Tully says.

"We *don't* ever get any *cybersecurity training* in medical school. It's not something that ever comes up in our literature."

—Dr. Jeff Tully

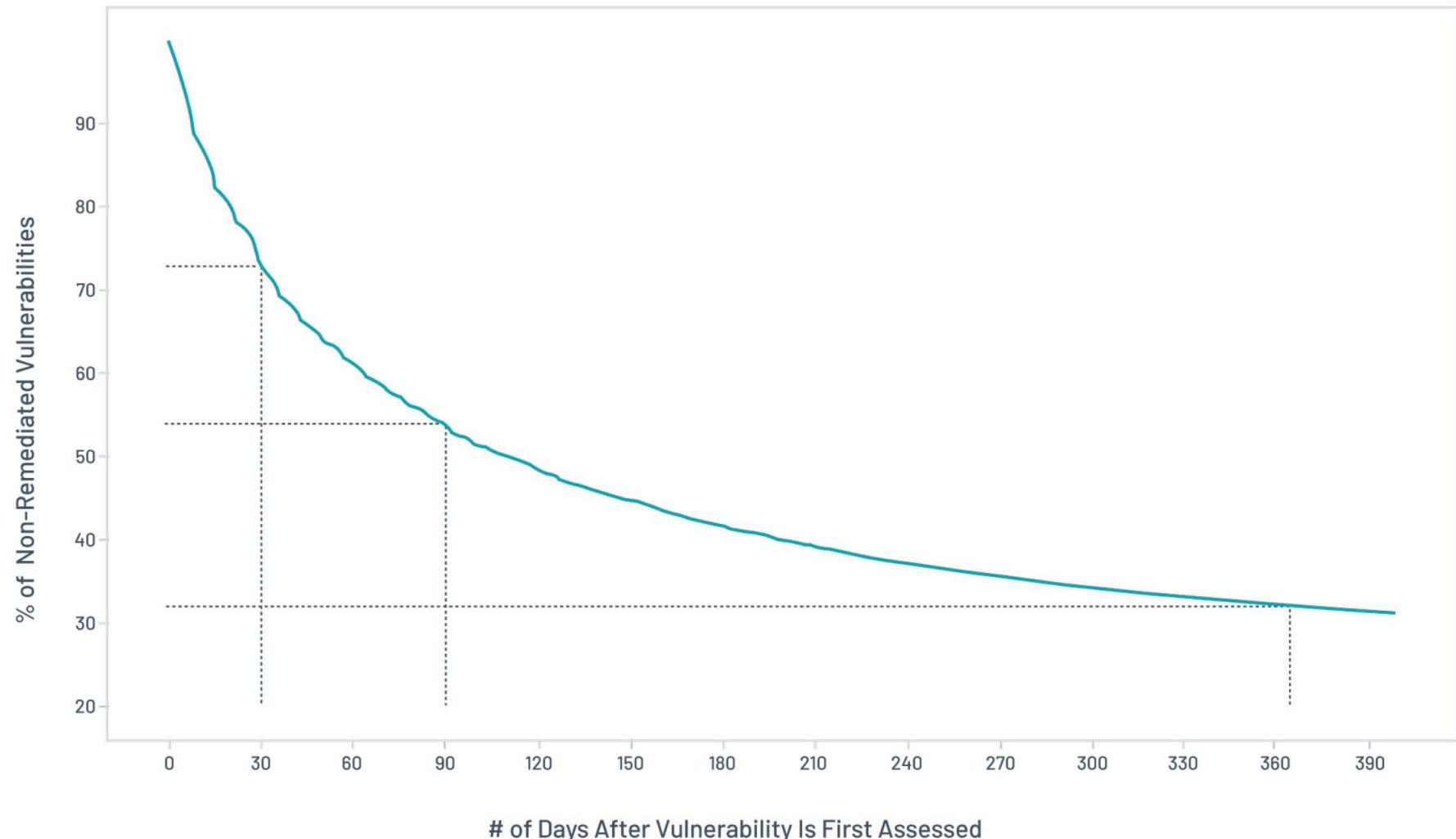
"*32% of healthcare leaders admit to never auditing their medical devices.*"

—Sensato

"The ability to *manipulate medical equipment* in a way that is potentially harmful to patients, without end-user detection, is effectively *weaponizing* the device and something only previously conceived by Hollywood yet, Trellix has *confirmed it is plausible*."

—Dr. Shaun Nordeck

Vulnerability lifespan in an organization



Source: [What Is the Lifespan of a Vulnerability? - Blog | Tenable®](#)

Do they exist?

6.9 yrs

Average lifespan of
Zero Day
(RAND Corp)

26%

Vulnerabilities found
never patched (All industries)
(Tenable)

7-10 yrs

Medical device lifecycle
(CyberMDX)

2,270

Medical Devices near
EOL in use per hospital
(CyberMDX)

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Medical Industry Pitfalls & Solutions

Apply This!



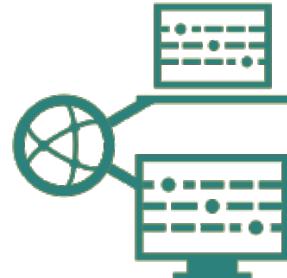
Medical Industry Common Pitfalls



OLDER
TECHNOLOGY



EXPENSIVE
PATCHING



EXCESSIVE
TRUST

How to Overcome these Hurdles? (Medical IoT Vendors)

- Use secure coding practices and modernize existing architecture
 - Authentication
 - Encryption of DaR/DiM
 - Security Audits
- Embrace security researchers providing deep vuln research
- Improve “patchability” of the devices
 - Zero-patch
 - Virtual-patch

How to Overcome these Hurdles? (Medical Organizations)

- Network Segmentation and Monitoring (risk mitigation/minimization)
- Follow vendor and FDA/CISA guidelines
- Maintain constant awareness of potential threats

What US institutions recommend to Healthcare

- CISA's ransomware Best Practices
 - Read and follow the advices p18-19
 - https://www.cisa.gov/uscert/sites/default/files/publications/AA20-302A_Ransomware%20_Activity_Targeting_the_Healthcare_and_Public_Health_Sector.pdf
- FDA recommendations
 - Read the whitepapers/playbooks/guidance that apply to your situation
 - <https://www.fda.gov/medical-devices/digital-health-center-excellence/cybersecurity>
- Keep a pulse on HC3 Threats briefs
 - <https://www.hhs.gov/about/agencies/asa/ocio/hc3/products/index.html#threat-briefs>

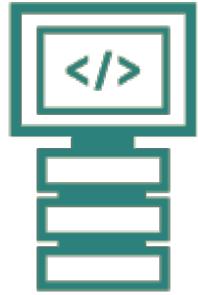
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Beyond Healthcare

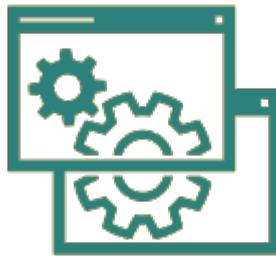
Apply This!



How Does It Matter Beyond Healthcare?



TECH STACK
BLINDSPOT

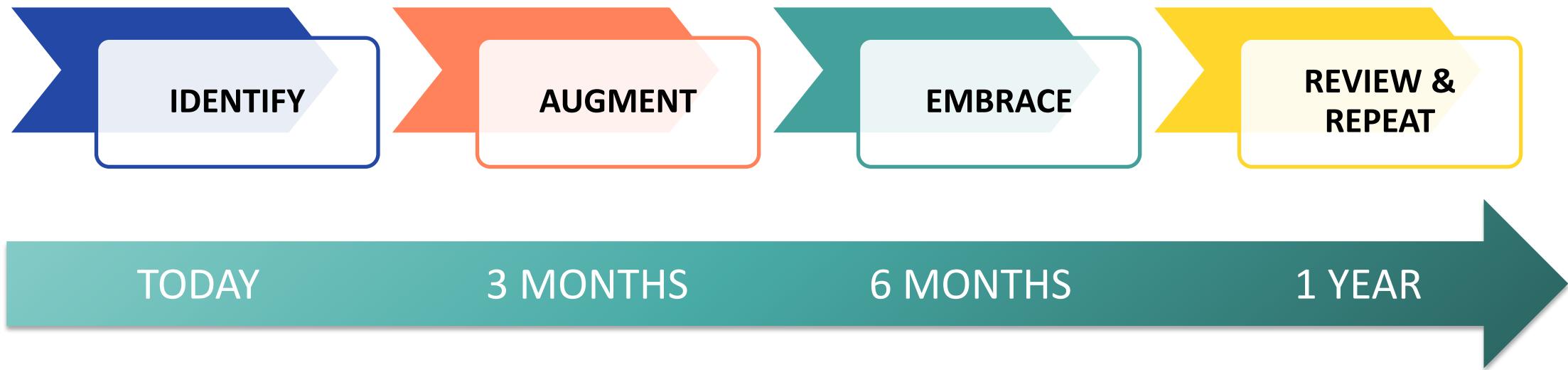


UNITENDED
FEATURES



CUSTOMER
IMPACT

Actionable Items for You!



Actionable Items for You!

- **Identify** key shareholders in your organization responsible for mitigation & recovery plan
- **Augment** this plan with an analysis of potential blind spots within legacy systems.
- **Embrace** offensive security testing in all forms
- **Review** and feed results to the shareholders and act upon it.
- **Rinse & Repeat**

Summary

- Ransomware can hit hard if you're not ready...
- ...and less obvious vectors can still get you when you are.
- A patch is meaningless if it is too hard/costly for your customers to deploy.
- EMERGENT PROPERTIES
- Think RED / Act BLUE

