

EVERYTHING:



WHAT WOULD THIS LOOK LIKE IF IT WAS EASY?

Top 3 Themes:



1\*1.01<sup>365</sup>=37x

- |                  |                 |
|------------------|-----------------|
| Meditate    Lift | Curcumin        |
| Morning brush    | Appreciations   |
| Make your bed    | Element of Play |
| Sonder           | Read a chapter  |
| [ITERATE TIME]   | Strategic 15min |

Someday Maybe No Vacancy



STOP DOING - LESSON LEARNED



NOTES