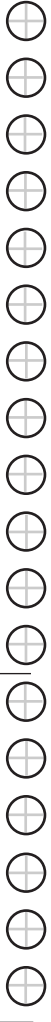


EVERYTHING:



SLACK

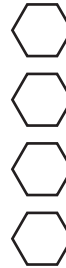
Top 3:



DAILY

Meditate	Curcumin
Morning Brush	Appreciations
Planks	Element of Play
Pushups	Read a chapter
Make your bed	Strategic 15min

Someday Maybe



STOP DOING - LESSON LEARNED



NOTES

THIS WEEK

THIS WEEKEND