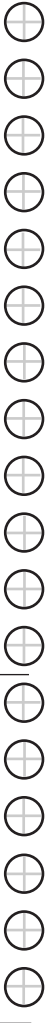


EVERYTHING:



SLACK

WHAT WOULD THIS LOOK LIKE IF IT WAS EASY?

Top 3 Themes:



$$1 * 1.01^{365} = 37x$$

Meditate || Lift
Morning brush
Make your bed
Sonder

Curcumin
Appreciations
Element of Play
Read a chapter
Strategic 15min

Someday Maybe



STOP DOING - LESSON LEARNED



NOTES