1 of 7		
LOG 001/231659/SEP16 ETOPS FLT PLAN (180MINS) <b>JAL69</b> LAXKIX 14 (LAXKIX14) 788 CI70 CIV/ CI080 M0.85/310/250	STD JA835J /ABQR 2105Z CAPT. TAKAHASH	DATE(UTC) / 23SEP STA BLK 0915Z 12+10 (+12)  HI AY INT CRZ FL 360
TTL RSV 020.7  RQRD FUEL MIN RSV 013.7  TO DEST 1158 131.6  NGO/P003 0040 006.4  CONT 0034 006.6  HOLD 0030 004.1  EXTRA/S 0000 000.0  EXTRA 0025 003.6  EXTRA/E 0000 000.0  UNUSABLE 000.0  TOF 1407 152.4  TAXIOUT 0018 001.1  RAMP 153.5  TAXI IN 0005  HND/P039 0048 008.9	STR LIMIT 502.5  * T/O LIMIT 502.5  MX LDWT 380.0  B/O FUEL 131.6  L/D LIMIT 511.6  MX ZFWT 355.0  TOF 152.4  Z/F LIMIT 507.4  AGTW-PTOW 28736	PLN ZFWT 321.4 PLN TOWT 473.8 PLN LDWT 342.1 AVG TAS 483 AVG WF M044 AVG GS 439/505/813 GRD DIST 5250 AIR DIST 5776  SELECTED RWY T/O RWY: 25R L/D RWY: 06L
T/O ALTN/ ALTN/RJGG	FL/90 CT NARAH DCT UENOH DCT k	VCC V52 CBE DCT BIGG
RMKS	CT NAKAH DCT UENOH DCT K	Lee V32 CBE De l'Ridd
FUEL COR/ P1.5		
T/O 25R/DRY/TO- 5/P29C/CALM/Q2992		
L/D 24R/WET/F30/P30C/CALM/Q2992		
MEL MEL		
ITEMS CONFIRMED BEFORE SIGN, PIC		DISP
LICENSE MENTAL AND PHSICAL COND		IAMR 2016-09-23 16:59UTC
(FPL-JAL69-IS -B788/H-SDFLOVE1E2E3GHIJ3J4J5J6M1 -KLAX2105 -N0490F360 VTU6 RZS DCT LIBBO DCT		•

- CEPAS/M085F360 DCT COBAD DCT 41N140W DCT 44N150W DCT
- 48N160W/M085F380 DCT 49N170W DCT 47N180E DCT 43N170E/M085F400
- DCT 40N160E/N0490F400 DCT LEPKI OTR11 KAGIS Y809 SYOYU Y81
- ISEBI Y43 KISEI Y46 EVERT/N0390F140 Y46 CANDY DCT
- -RJBB1158 RJGG RJTT
- -PBN/A1L1B1C1D1O1S2 NAV/GBAS RNVD1E2A1 DOF/160923 REG/JA835J
- EET/KZOA0026 KZAK0113 RJJJ0812 SEL/ABQR CODE/86D9B8 RALT/KLAX
- CYVR PACD UHPP RJCC RJBB RMK/ACASII
- -E/1407 P/197 R/UVE S/M J/L D/8 306 SILVER A/WHITE CRANE
- C/TAKAHASHI AY)

ALTERNATE	FROM	TO	APPLY				
KLAX/LAX	21:26	01:38	180(150)				
CYVR/YVR	01:00	04:08	180(150)				
PACD/CDB	03:13	07:16	180(150)				
UHPP/PKC	06:40	09:16	180(150)				
RJCC/SPK	08:39	09:33	180(150)				
RJBB/KIX	09:19	09:41	180(150)				
ETP APT	WF	ETP		FRMNG	ETO	TO	EMERG
LAX/YVR	P010/P000	090NM FM CO	BAD	125.9	01:45	02:27	025.4X2 (100.6)
YVR/CDB	P030/M004	143NM TO 44N	150	107.4	03:20	03:20	035.4X2 (072.1)
CDB/PKC	M007/M014	064NM FM 47I	E80	070.6	06:38	03:12	033.9X2 (036.8)
PKC/SPK	P003/M023	081NM FM 40I	E60	046.8	08:58	02:50	030.8X2 (016.0)
SPK/KIX	P009/M011	031NM FM SC	ORE	030.1	10:41	01:26	014.9X2 (015.2)

<b>3 of 7</b> W/T	FL	ТС	MC	Z/END	AWY FIR	WP COORD	DST	ZTM	ЕТО	ATO	CTM	FRMNC
		000	000	KLAX	VTU6	N33566 W118244	000	000			0000	152.4
032018 P20	CL	288	275	EEP	VTU6	N33568 W118250	005	002			0002	151.0
326029 M2	CL	288	276	VTU	VTU6	N34069 W119030	033	006			0008	147.6
332038 M28	CL	304	291	RZS	R25R VT	N34306 W119463	043	007			0015	145.0
324048 M51	CL	311	298	(T/C)	DCT	N35059 W120343	053	007			0022	142.6
324048 M51	36	312	299	FIR WPT	DCT KZOA	N35269 W121033	032	004			0026	141.7
322053 M50	36	311	298	LIBBO	DCT	N36000 W121500	051	007			0033	140.3
322048 M50	36	333	320	BRINY	DCT	N37183 W122397	088	012			0045	137.9
316047 M50	36	282	268	ALCOA	DCT	N37500 W125501	155	020			0105	133.7
314044 M50	36	288	274	CEPAS	DCT KZAKA	N38079 W127000	059	008			0113	132.2
302043 M50	36	287	273	COBAD	DCT	N38500 W130000	148	020			0133	128.3
292031 M50	36	288	273	ЕТР	DCT	N39185 W131504	090	012			0145	125.9
248045 M50	36	284	269	41N40	DCT	N41000 W140000	390	050			0235	116.0
240067 M51	36	292	278	ЕТР	DCT	N43119 W146554	336	045			0320	107.4
234085 M52	36	290	276	44N50	DCT	N44000 W150000	143	019			0339	103.8
230136 M53	CL	302	288	(T/C)	DCT	N45128 W152406	136	018			0357	099.9
234073 M48	38	298	286	48N60	DCT	N48000 W160000	346	047			0444	091.4
304032 M47	38	277	268	49N70	DCT	N49000 W170000	404	052			0536	081.8
312065 M53	38	252	247	47E80	DCT KZAKB	N47000 E180000	421	054			0630	072.1
312096 M54	38	244	240	ЕТР	DCT	N46314 E178360	064	008			0638	070.6
300126 M59	CL	240	239	(T/C)	DCT	N44585 E174298	196	028			0706	065.5
294100 M57	40	239	238	43E70	DCT	N43000 E170000	229	033			0739	060.0
274069 M57	40	250	250	FIR WPT	DCT RJJJ	N41386 E165000	237	033			0812	054.4
266065 M57	40	247	249	40E60	DCT	N40000 E160000	249	035			0847	048.7
258061 M57	40	252	255	ЕТР	DCT	N39344 E158195	081	011			0858	046.8
256045 M57	40	248	252	LEPKI	DCT	N37000 E150000	423	058			0956	037.4

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W/T	FL	TC	MC	Z/END	4 77 77 7			I I			CED 6	
			1410	Z/END	AWY FIR	WP COORD	DST	ZTM	ЕТО	АТО	CIM	FRMNG
242052 M57	40	257	263	AVBET	OTR11	N36085 E145280	225	030			1026	032.5
238057 M57	40	259	266	SCORE	OTR11	N35536 E143523	079	011			1037	030.8
236061 M57	40	266	273	ETP	OTR11	N35515 E143133	031	004			1041	030.1
236061 M57	40	266	273	KAGIS	OTR11	N35492 E142338	033	005			1046	029.4
234064 M57	40	235	242	SYOYU	Y809	N34438 E140406	113	016			1102	026.8
232066 M57	40	238	245	CHEVY	Y81	N34395 E140320	008	001			1103	026.7
232067 M57	40	238	245	BAFFY	Y81	N34220 E139583	033	005			1108	025.9
234059 M57	40	238	244	BUNGU	Y81	N34071 E139299	028	004			1112	025.3
236059 M57	40	258	265	BANJO	Y81	N33502 E137516	083	011			1123	023.5
244062 M57	40	258	265	ISEBI	Y81	N33420 E137068	038	005			1128	022.7
244062 M57	40	257	264	КІНОН	Y43	N33397 E136541	011	002			1130	022.4
258067 M58	40	257	264	(T/D)	Y43	N33357 E136330	018	002			1132	022.0
254049 M26	DS	257	264	KEC	Y43	N33269 E135477	039	006			1138	021.8
248037 M9	DS	273	280	KISEI	Y43	N33281 E135197	023	003			1141	021.7
226023 P0	DS	319	326	EVERT	Y46	N33394 E135080	015	003			1144	021.6
226023 P0	14	322	329	(T/D)	Y46	N33409 E135065	002	000			1144	021.6
208012 P7	DS	322	330	CANDY	Y46	N33525 E134557	015	003			1147	021.5
200011 P8	DS	004	011	DATIS	CANDYB	N33589 E134562	007	001			1148	021.4
170014 P16	DS	000	008	BERRY	CANDYB	N34150 E134565	017	003			1151	021.2
170015 P19	DS	050	058	JENNY	CANDYB	N34182 E135012	006	002			1153	021.2
170015 P25	DS	054	061	EXP	CANDYB	N34258 E135135	013	004			1157	020.8
170015 P28	DS	054	062	RJBB	CANDYB	N34261 E135140	001	001			1158	020.7

ALTN-1 NA	VLO	G										
W/T	FL	ТС	MC	Z/END	AWY FIR	WP COORD	DST	ZTM	ЕТО	ATO	CTM	FRMNG
		000	000	RJBB	DCT	N34261 E135140	000	000			0000	020.7
214014 P8	CL	079	086	(T/C)	DCT	N34278 E135259	010	003			0003	018.9
214014 P8	09	080	088	NARAH	DCT	N34300 E135410	034	007			0010	017.9
208016 P8	09	053	060	UENOH	DCT	N34501 E136136	034	007			0017	016.9
192016 P7	09	052	060	(T/D)	DCT	N35143 E136523	040	008			0025	015.7
180016 P9	DS	053	061	KCC	DCT	N35159 E136549	003	000			0025	015.7
198017 P10	08	192	200	(T/D)	V52	N34592 E136503	017	004			0029	015.1
180019 P13	DS	193	200	CBE	V52	N34515 E136482	008	002			0031	015.1
180019 P13	06	089	096	(T/D)	DCT	N34514 E136226	006	001			0032	014.9
172020 P25	DS	090	097	RJGG	DCT	N34515 E136483	022	008			0040	014.3

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WINDS/TEMPERATURES ALOFT FORECAST												
CLIMB	050 032018	100 350024		200 326034	250 332043	300 334048	350 324043					
	P14	P09	P00	M09	M22	M36	M48					
DESC	050 170015 P16	100 206011 P08	150 232026 M02	200 248040 M11	250 254051 M21	300 264054 M35	350 270063 M49					
	PLN-10000	PLN-8000	PLN-6000	PLN-4000	PLN-2000	PLN	PLN+2000	TROPO				
VTU	260 332044 M24	280 332046 M30	300 334048 M 36	320 330047 M41	340 328046 M45	360 322041 M51	380 318037 M54	52828				
RZS	260 330037 M23	280 332040 M29	300 336043 M 35	320 332041 M40	340 328040 M44	360 322035 M50	380 316031 M53	53183				
LIBBO	260 326045 M24	280 330050 M30	300 334056 M 36		340 328058 M44	360 322053 M50	380 316049 M52	53617				
BRINY	260 324039 M24	280 328044 M30	300 332049 M 35	320 328051 M40	340 326053 M44	360 322048 M50	380 318044 M53	51083				
ALCOA	260 318036 M24	280 320040 M29	300 322044 M 34		340 316050 M44	360 316047 M50	380 316045 M53	52721				
CEPAS	260 314035 M23	280 316038 M29	300 320042 M 34		340 314047 M44	360 314044 M50	380 314042 M53	53123				
COBAD	260 308038 M23	280 310041 M29	300 312044 M 35	320 308044 M39	340 304045 M43	360 302043 M50	380 302041 M53	51227				
41N40	260 250037 M23	280 254036 M28	300 260035 M 33		340 248043 M44	360 248045 M50	380 248047 M53	50672				
44N50	260 238071 M24	280 236072 M30	300 236074 M 35	320 234076 M40	340 232079 M45	360 234085 M52	380 236091 M55	48921				
48N60	280 242049 M43	300 240057 M47	320 234064 M 48		360 234071 M49	380 234073 M48	400 234072 M48	31384				
49N70	280 334026 M49	300 334030 M49	320 326030 M 48	340 320031 M46	360 312031 M48	380 304032 M47	400 300033 M46	28323				
47E80	280 324046 M43	300 320049 M48	320 318053 M 51	340 316057 M54	360 312063 M53	380 312065 M53	400 310066 M54	34028				
43E70	300 294096 M35	320 292099 M40	340 292102 M 45		380 292102 M56	400 294100 M57	420 296095 M59	49014				
40E60	300 266057 M34	320 266059 M39	340 268061 M 44		380 266066 M55	400 266065 M57	420 266060 M60	50792				
LEPKI	300 256034 M33	320 258037 M38	340 262040 M 43		380 260044 M54	400 256045 M57	420 252045 M60	50606				
AVBET	300 226043 M34	320 234044 M39	340 244046 M 43	360 244048 M50	380 244051 M54	400 242052 M57	420 240050 M59	50006				
SCORE	300 226047 M34	320 232049 M39	340 238051 M 44	360 238054 M51	380 238057 M54	400 238057 M57	420 238054 M59	50739				
KAGIS	300 230052 M33	320 230053 M39	340 232055 M 44		380 234060 M55	400 236061 M57	420 236059 M59	49933				
SYOYU	300 242049 M34	320 240049 M39	340 238050 M 44		380 234061 M55	400 234064 M57	420 236064 M59	52479				
CHEVY	300 236051 M34	320 236053 M40	340 236056 M 45		380 232064 M56	400 232066 M57	420 236068 M59	51162				
BAFFY	300 236051 M34	320 236053 M40	340 236056 M 45	360 234060 M52	380 232064 M56	400 232067 M57	420 236069 M59	51126				
BUNGU	300 256047 M33	320 252047 M39	340 250047 M 44	360 242051 M51	380 236055 M55	400 234059 M57	420 236061 M60	52705				
BANJO	300 256048 M34	320 254049 M39	340 254051 M 44	360 246053 M51	380 238056 M55	400 236059 M57	420 238063 M60	48311				
ISEBI	300 258050 M34	320 260053 M39	340 262057 M 44		380 246059 M55	400 244062 M57	420 244066 M61	49884				

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	PLN-10000	PLN-8000	PLN-6000	PLN-4000	PLN-2000	PLN	PLN+2000	TROPO
KIHOH	300 258050 M34	320 260053 M39	340 262057 M 44		380 246059 M55	400 244062 M57	420 244066 M61	49901
KEC	300 262054 M35	320 264057 M40	340 268061 M 45		380 262066 M56	400 258067 M58	420 252066 M61	46259
KISEI	300 264054 M35	320 266058 M40	340 270063 M 45	360 268065 M52	380 268068 M56	400 264068 M58	420 258065 M60	47661
EVERT	40 170015 P18	60 176014 P14	80 190012 P 11		1		160 236029 M04	47640
CANDY	40 170015 P18	60 176014 P14	80 190012 P 11		120 216017 P04	140 226023 P00	160 236029 M04	47619
DATIS	40 170015 P18	60 176014 P14	80 190012 P 11		120 216017 P04	140 226023 P00	160 236029 M04	47619
BERRY	40 170015 P18	60 176014 P14	80 190012 P 11		120 216017 P04	140 226023 P00	160 236029 M04	47597
JENNY	40 170015 P18	60 176014 P14	80 190012 P 11		120 216017 P04		160 236029 M04	47597
RJBB	40 170015 P18	60 176014 P14	80 190012 P 11		120 216017 P04	140 226023 P00	160 236029 M04	47587