

# Data Analytics CA Pair Project - VR Jungian Sandplay

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## Abstract

### Aim and Rationale

The aim and rationale of this project is to formulate a single hypothesis based on a set of data we were given on an experiment conducted to attempt to determine the effectiveness of use of VR technology in Jungian Sandbox therapy, comparing the effectiveness of the approaches based on the data we were provided, and cleaning up any data that requires cleanup.

### Participants and setting

Participants of this experiment were psychotherapy patients undergoing treatment for PTSD, aged between 18 - 25 years old with no exact ages of the participants recorded. 150 participants were recorded in this study with an equal amount of male and female participants recorded. (Male = 75 / Female = 75) Participants were broken into 3 groups using random sampling. These groups were Control (traditional CBT, w/ No VR), Static (Non-animated model content, w/ VR), Animated (Animated model content, w/ VR)

### Experiment design

Each patient spent 50 minutes per week for 12 weeks with a therapist, under three testing groups:

**Control:** Undergoing traditional CBT with a therapist

**Static:** Using the VR app with non-animated model content

**Animated:** Using the VR app with animated content.

### Results gathering

Results were tracked in an excel spreadsheet detailing the gender and test group of each participant (Control, Static, Animated) along with their CPSS (Child PTSD Symptom Scale) and OR (Observer Rating) pre and post treatment.

### Major findings

We found that the average PTSD rating for each testing group decreased after treatment.

## Findings/Implacations

## Introduction

### Topic and context

### Rationale

The Rationale behind this experiment was to determine if using VR technology in a Jungian Sandbox setting could be beneficial in reducing the PTSD levels in patients.

### Hypothesis

## Method

### Participants

Participants of this experiment were young adults aged between 18 - 25 years old with no exact ages of the participants recorded. 150 participants were recorded in this study with an equal amount of male and female participants recorded. (Male = 75 / Female = 75) Participants were broken into 3 groups using random sampling. These groups were Control (traditional CBT, w/ No VR), Static (Non-animated model content, w/ VR), Animated (Animated model content, w/ VR)

### Design

Upon first analysis of the data, a missing datum was found for participant 100 in their Pre-Trial Self Reported CPSS. Between the group, we discussed our options. Between ourselves, two conflicting ideas emerged - one, that we ignore the missing data and calculate results without it (deletion), and the other that we replace the missing data with a suitable value and proceed with an adjusted dataset (imputation).

First we analysed the missing datum to be Missing Completely at Random (MCAR), as being the sole unrecorded datum in the set, we can conclude that it being missing has nothing to do with any other observed variables (data Missing at Random), or missing due to the values themselves (Missing Not at Random).

We then discussed how we could impute the missing datum. Based on research, we decided to use the mean of all Pre-Trial Self Reported CPSS values as the missing datum.

### Materials

### Procedure

## Results

Table 1: Patient Data

| X | gender | test_group | pre_trial_cpss | post_trial_cpss | pre_trial_or | post_trial_or |
|---|--------|------------|----------------|-----------------|--------------|---------------|
| 1 | Male   | Static     | 4.54           | 5.77            | 4.48         | 5.95          |

| X  | gender | test_group | pre_trial_cpss | post_trial_cpss | pre_trial_or | post_trial_or |
|----|--------|------------|----------------|-----------------|--------------|---------------|
| 2  | Male   | Static     | 6.36           | 5.29            | 6.08         | 5.24          |
| 3  | Male   | Static     | 5.17           | 6.86            | 5.08         | 6.90          |
| 4  | Male   | Static     | 4.56           | 5.59            | 4.09         | 5.36          |
| 5  | Male   | Static     | 3.84           | 5.43            | 4.33         | 5.26          |
| 6  | Male   | Static     | 7.09           | 6.92            | 7.58         | 6.69          |
| 7  | Male   | Static     | 4.91           | 5.46            | 4.89         | 5.50          |
| 8  | Male   | Static     | 7.24           | 5.65            | 7.37         | 5.72          |
| 9  | Male   | Static     | 6.24           | 7.54            | 6.46         | 7.73          |
| 10 | Male   | Static     | 8.52           | 5.51            | 8.51         | 5.70          |
| 11 | Male   | Static     | 5.83           | 6.10            | 6.16         | 6.31          |
| 12 | Male   | Static     | 7.78           | 5.18            | 7.28         | 5.00          |
| 13 | Male   | Static     | 5.76           | 5.11            | 5.35         | 5.10          |
| 14 | Male   | Static     | 6.29           | 6.19            | 6.82         | 6.37          |
| 15 | Male   | Static     | 7.31           | 5.18            | 7.16         | 5.17          |
| 16 | Male   | Static     | 6.61           | 4.19            | 6.54         | 4.15          |
| 17 | Male   | Static     | 5.73           | 4.43            | 5.75         | 4.37          |
| 18 | Male   | Static     | 6.93           | 6.46            | 6.79         | 6.45          |
| 19 | Male   | Static     | 7.41           | 7.91            | 7.46         | 7.68          |
| 20 | Male   | Static     | 7.00           | 6.13            | 7.49         | 6.35          |
| 21 | Male   | Static     | 7.88           | 5.47            | 7.90         | 5.32          |
| 22 | Male   | Static     | 6.25           | 4.97            | 6.00         | 5.18          |
| 23 | Male   | Static     | 5.88           | 5.12            | 6.04         | 4.93          |
| 24 | Male   | Static     | 5.79           | 7.24            | 6.30         | 7.18          |
| 25 | Male   | Static     | 7.56           | 6.47            | 7.60         | 6.64          |
| 26 | Female | Static     | 6.28           | 5.72            | 5.98         | 5.95          |
| 27 | Female | Static     | 5.50           | 4.65            | 5.50         | 4.50          |
| 28 | Female | Static     | 5.81           | 5.07            | 6.07         | 5.17          |
| 29 | Female | Static     | 5.06           | 4.03            | 4.53         | 3.96          |
| 30 | Female | Static     | 6.17           | 5.58            | 6.54         | 5.69          |
| 31 | Female | Static     | 6.06           | 5.41            | 5.87         | 5.58          |
| 32 | Female | Static     | 6.56           | 6.11            | 6.96         | 6.30          |
| 33 | Female | Static     | 5.82           | 5.09            | 5.82         | 4.86          |
| 34 | Female | Static     | 6.24           | 5.67            | 6.44         | 5.75          |
| 35 | Female | Static     | 5.79           | 5.05            | 5.74         | 5.01          |
| 36 | Female | Static     | 5.50           | 4.65            | 5.30         | 4.58          |
| 37 | Female | Static     | 5.66           | 4.87            | 5.59         | 5.01          |
| 38 | Female | Static     | 4.49           | 3.24            | 4.09         | 3.03          |
| 39 | Female | Static     | 6.04           | 5.39            | 6.41         | 5.24          |
| 40 | Female | Static     | 6.90           | 6.59            | 6.58         | 6.37          |
| 41 | Female | Static     | 6.04           | 5.39            | 5.93         | 5.26          |
| 42 | Female | Static     | 5.28           | 4.34            | 5.57         | 4.30          |
| 43 | Female | Static     | 6.09           | 5.46            | 5.79         | 5.49          |
| 44 | Female | Static     | 4.10           | 2.70            | 4.26         | 2.50          |
| 45 | Female | Static     | 6.19           | 5.61            | 6.38         | 5.67          |
| 46 | Female | Static     | 6.92           | 6.61            | 7.03         | 6.70          |
| 47 | Female | Static     | 5.37           | 4.47            | 5.05         | 4.28          |
| 48 | Female | Static     | 6.13           | 5.52            | 5.78         | 5.35          |
| 49 | Female | Static     | 4.86           | 3.76            | 4.86         | 3.94          |
| 50 | Female | Static     | 5.74           | 4.97            | 5.83         | 4.95          |
| 51 | Male   | Control    | 5.60           | 6.53            | 5.62         | 6.66          |
| 52 | Male   | Control    | 4.37           | 4.86            | 4.59         | 4.88          |
| 53 | Male   | Control    | 6.86           | 6.24            | 6.96         | 6.27          |

| X   | gender | test_group | pre_trial_cpss | post_trial_cpss | pre_trial_or | post_trial_or |
|-----|--------|------------|----------------|-----------------|--------------|---------------|
| 54  | Male   | Control    | 4.97           | 5.52            | 4.95         | 5.75          |
| 55  | Male   | Control    | 7.40           | 5.21            | 7.06         | 5.45          |
| 56  | Male   | Control    | 6.66           | 6.87            | 7.18         | 7.08          |
| 57  | Male   | Control    | 6.17           | 5.10            | 6.17         | 5.13          |
| 58  | Male   | Control    | 7.24           | 5.82            | 7.46         | 5.61          |
| 59  | Male   | Control    | 8.00           | 5.61            | 8.34         | 5.49          |
| 60  | Male   | Control    | 6.30           | 6.20            | 6.42         | 6.25          |
| 61  | Male   | Control    | 7.23           | 4.41            | 6.89         | 4.46          |
| 62  | Male   | Control    | 5.73           | 3.62            | 5.25         | 3.69          |
| 63  | Male   | Control    | 7.90           | 6.32            | 7.88         | 6.23          |
| 64  | Male   | Control    | 4.93           | 5.98            | 5.09         | 6.14          |
| 65  | Male   | Control    | 5.09           | 4.42            | 4.97         | 4.59          |
| 66  | Male   | Control    | 4.03           | 5.19            | 4.02         | 5.02          |
| 67  | Male   | Control    | 5.37           | 6.05            | 5.21         | 6.12          |
| 68  | Male   | Control    | 7.85           | 4.87            | 7.70         | 4.80          |
| 69  | Male   | Control    | 6.65           | 5.76            | 7.11         | 5.69          |
| 70  | Male   | Control    | 5.56           | 5.93            | 6.07         | 5.71          |
| 71  | Male   | Control    | 6.83           | 7.04            | 7.29         | 7.25          |
| 72  | Male   | Control    | 6.21           | 4.75            | 6.44         | 4.58          |
| 73  | Male   | Control    | 5.75           | 6.19            | 6.07         | 6.17          |
| 74  | Male   | Control    | 6.06           | 6.64            | 5.76         | 6.67          |
| 75  | Male   | Control    | 6.75           | 5.23            | 7.25         | 5.35          |
| 76  | Female | Control    | 5.14           | 4.14            | 5.28         | 4.04          |
| 77  | Female | Control    | 6.45           | 5.96            | 6.11         | 5.95          |
| 78  | Female | Control    | 5.03           | 3.99            | 5.24         | 3.90          |
| 79  | Female | Control    | 6.33           | 5.80            | 6.03         | 5.68          |
| 80  | Female | Control    | 4.66           | 3.48            | 5.04         | 3.51          |
| 81  | Female | Control    | 6.20           | 5.61            | 6.30         | 5.57          |
| 82  | Female | Control    | 5.68           | 4.90            | 5.24         | 5.01          |
| 83  | Female | Control    | 5.02           | 3.98            | 5.12         | 3.94          |
| 84  | Female | Control    | 5.74           | 4.98            | 5.33         | 5.20          |
| 85  | Female | Control    | 7.27           | 7.10            | 7.79         | 7.16          |
| 86  | Female | Control    | 6.73           | 6.35            | 6.67         | 6.35          |
| 87  | Female | Control    | 5.57           | 4.73            | 5.25         | 4.94          |
| 88  | Female | Control    | 6.49           | 6.01            | 6.48         | 5.82          |
| 89  | Female | Control    | 5.50           | 4.65            | 6.05         | 4.45          |
| 90  | Female | Control    | 7.10           | 6.86            | 7.02         | 6.88          |
| 91  | Female | Control    | 6.16           | 5.56            | 6.47         | 5.65          |
| 92  | Female | Control    | 5.17           | 4.19            | 4.86         | 4.05          |
| 93  | Female | Control    | 5.89           | 5.19            | 6.16         | 5.02          |
| 94  | Female | Control    | 6.47           | 5.99            | 6.46         | 5.87          |
| 95  | Female | Control    | 2.49           | 0.48            | 2.97         | 0.25          |
| 96  | Female | Control    | 4.18           | 2.82            | 4.04         | 2.71          |
| 97  | Female | Control    | 5.30           | 4.36            | 5.53         | 4.16          |
| 98  | Female | Control    | 7.64           | 7.61            | 7.50         | 7.54          |
| 99  | Female | Control    | 5.93           | 5.24            | 6.30         | 5.11          |
| 100 | Female | Control    | 6.06           | 6.17            | 7.00         | 6.30          |
| 101 | Male   | Animated   | 7.34           | 4.99            | 6.85         | 4.83          |
| 102 | Male   | Animated   | 6.32           | 6.18            | 6.48         | 6.35          |
| 103 | Male   | Animated   | 7.62           | 5.49            | 7.82         | 5.27          |
| 104 | Male   | Animated   | 5.11           | 6.36            | 4.75         | 6.14          |
| 105 | Male   | Animated   | 7.29           | 4.64            | 7.71         | 4.86          |

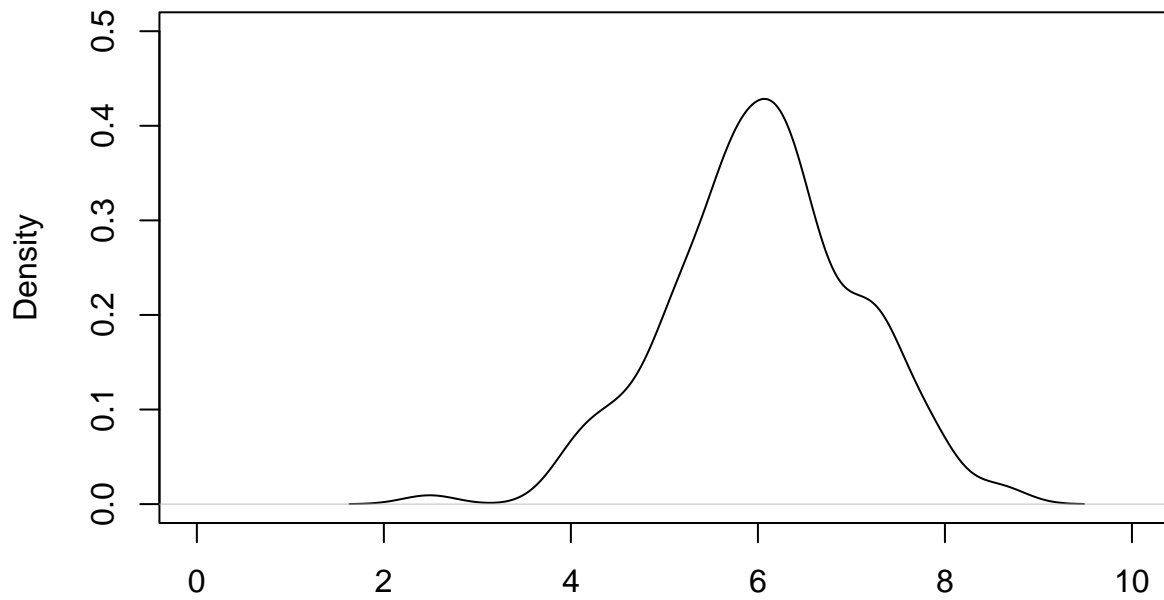
| X   | gender | test_group | pre_trial_cpss | post_trial_cpss | pre_trial_or | post_trial_or |
|-----|--------|------------|----------------|-----------------|--------------|---------------|
| 106 | Male   | Animated   | 6.42           | 4.28            | 6.79         | 4.34          |
| 107 | Male   | Animated   | 6.50           | 4.29            | 7.03         | 4.08          |
| 108 | Male   | Animated   | 5.29           | 3.56            | 5.56         | 3.46          |
| 109 | Male   | Animated   | 6.42           | 6.05            | 6.84         | 6.05          |
| 110 | Male   | Animated   | 5.52           | 6.38            | 5.13         | 6.19          |
| 111 | Male   | Animated   | 5.59           | 5.11            | 5.83         | 5.35          |
| 112 | Male   | Animated   | 7.21           | 3.79            | 6.90         | 3.72          |
| 113 | Male   | Animated   | 5.61           | 6.79            | 5.73         | 6.83          |
| 114 | Male   | Animated   | 4.63           | 6.61            | 4.23         | 6.73          |
| 115 | Male   | Animated   | 5.87           | 6.56            | 5.60         | 6.57          |
| 116 | Male   | Animated   | 4.28           | 4.87            | 4.44         | 4.93          |
| 117 | Male   | Animated   | 6.10           | 4.88            | 5.94         | 4.98          |
| 118 | Male   | Animated   | 4.65           | 4.56            | 4.99         | 4.45          |
| 119 | Male   | Animated   | 8.63           | 6.13            | 8.74         | 5.99          |
| 120 | Mal    | Animated   | 7.18           | 6.45            | 7.22         | 6.69          |
| 121 | Male   | Animated   | 7.21           | 5.49            | 7.78         | 5.66          |
| 122 | Male   | Animated   | 7.83           | 3.90            | 8.37         | 3.65          |
| 123 | Male   | Animated   | 6.84           | 6.96            | 6.33         | 6.79          |
| 124 | Male   | Animated   | 5.77           | 5.82            | 6.02         | 5.90          |
| 125 | Male   | Animated   | 7.41           | 5.08            | 7.25         | 5.17          |
| 126 | Female | Animated   | 5.40           | 4.50            | 4.99         | 4.49          |
| 127 | Female | Animated   | 5.83           | 5.10            | 6.40         | 5.11          |
| 128 | Female | Animated   | 5.87           | 5.15            | 5.87         | 5.22          |
| 129 | Female | Animated   | 4.22           | 2.87            | 3.98         | 2.88          |
| 130 | Female | Animated   | 5.74           | 4.98            | 5.45         | 5.21          |
| 131 | Female | Animated   | 6.24           | 5.67            | 5.67         | 5.82          |
| 132 | Female | Animated   | 6.63           | 6.21            | 6.33         | 6.43          |
| 133 | Female | Animated   | 5.38           | 4.48            | 5.71         | 4.69          |
| 134 | Female | Animated   | 5.96           | 5.29            | 6.23         | 5.34          |
| 135 | Female | Animated   | 6.59           | 6.16            | 6.35         | 6.23          |
| 136 | Female | Animated   | 6.34           | 5.80            | 6.83         | 5.72          |
| 137 | Female | Animated   | 6.57           | 6.12            | 6.38         | 5.89          |
| 138 | Female | Animated   | 7.33           | 7.17            | 6.81         | 7.01          |
| 139 | Female | Animated   | 4.05           | 2.64            | 3.93         | 2.86          |
| 140 | Female | Animated   | 7.22           | 7.02            | 7.20         | 6.80          |
| 141 | Female | Animated   | 5.13           | 4.13            | 5.51         | 3.88          |
| 142 | Female | Animated   | 5.22           | 4.26            | 5.41         | 4.24          |
| 143 | Female | Animated   | 5.10           | 4.09            | 5.45         | 4.08          |
| 144 | Female | Animated   | 6.40           | 5.90            | 6.62         | 5.69          |
| 145 | Female | Animatd    | 6.51           | 6.05            | 7.05         | 5.89          |
| 146 | Female | Animated   | 6.20           | 5.62            | 6.66         | 5.61          |
| 147 | Female | Animated   | 5.98           | 5.31            | 6.26         | 5.23          |
| 148 | Female | Animated   | 6.31           | 5.77            | 6.37         | 5.73          |
| 149 | Female | Animated   | 5.61           | 4.80            | 5.95         | 4.91          |
| 150 | Female | Animated   | 6.25           | 5.69            | 6.06         | 5.83          |

```
##      X      gender      test_group      pre_trial_cpss
## Min.   : 1.00   Length:150      Length:150      Min.   :2.490
## 1st Qu.:38.25   Class :character  Class :character  1st Qu.:5.500
## Median :75.50   Mode  :character  Mode  :character  Median :6.077
## Mean    :75.50                                     Mean    :6.063
## 3rd Qu.:112.75                                     3rd Qu.:6.657
```

|    |                 |              |               |        |         |        |
|----|-----------------|--------------|---------------|--------|---------|--------|
| ## | Max.            | :150.00      |               |        | Max.    | :8.630 |
| ## | post_trial_cpss | pre_trial_or | post_trial_or |        |         |        |
| ## | Min.            | :0.480       | Min.          | :2.970 | Min.    | :0.250 |
| ## | 1st Qu.         | :4.763       | 1st Qu.       | :5.420 | 1st Qu. | :4.838 |
| ## | Median          | :5.460       | Median        | :6.095 | Median  | :5.355 |
| ## | Mean            | :5.364       | Mean          | :6.115 | Mean    | :5.357 |
| ## | 3rd Qu.         | :6.117       | 3rd Qu.       | :6.848 | 3rd Qu. | :6.140 |
| ## | Max.            | :7.910       | Max.          | :8.740 | Max.    | :7.730 |

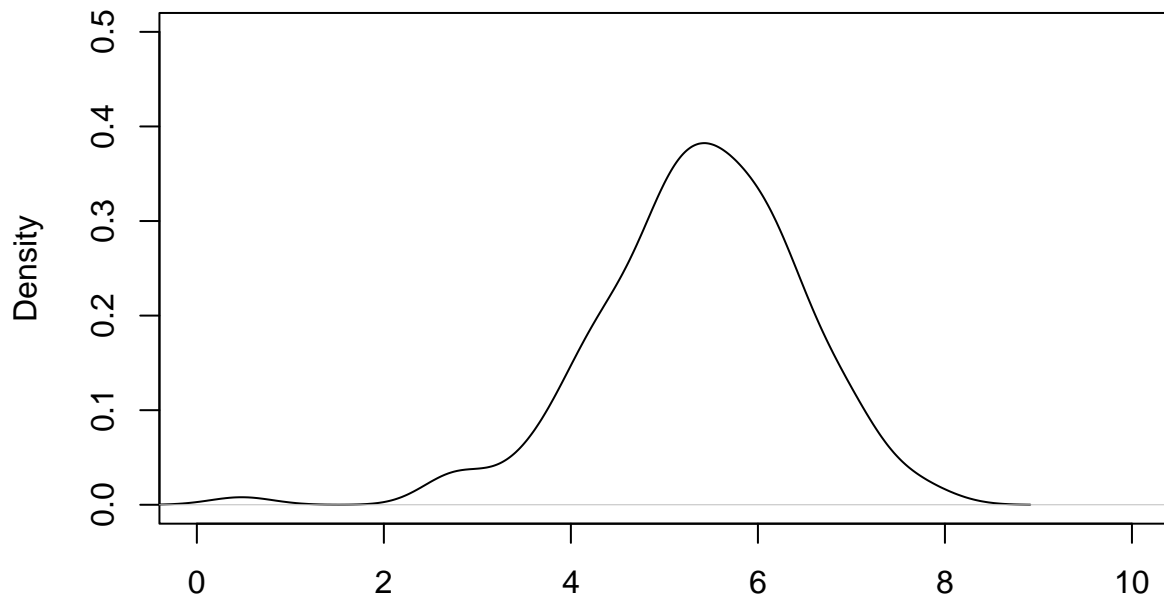
## Graphs

**Pre-Trial CPSS results**



N = 150 Bandwidth = 0.2854

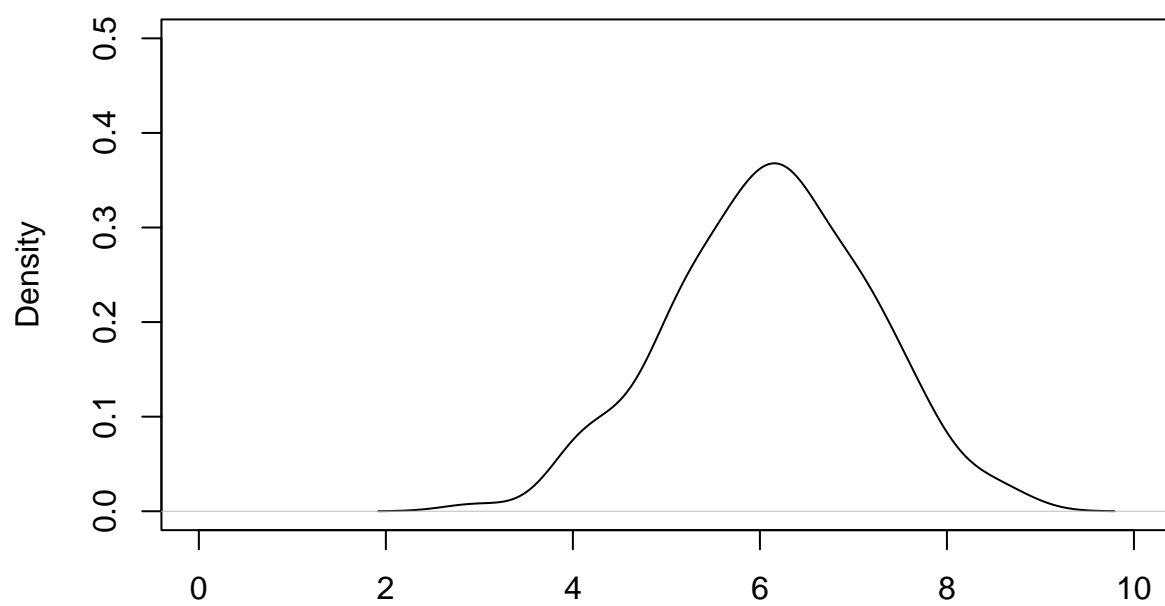
**Post-Trial CPSS results**



N = 150 Bandwidth = 0.3341

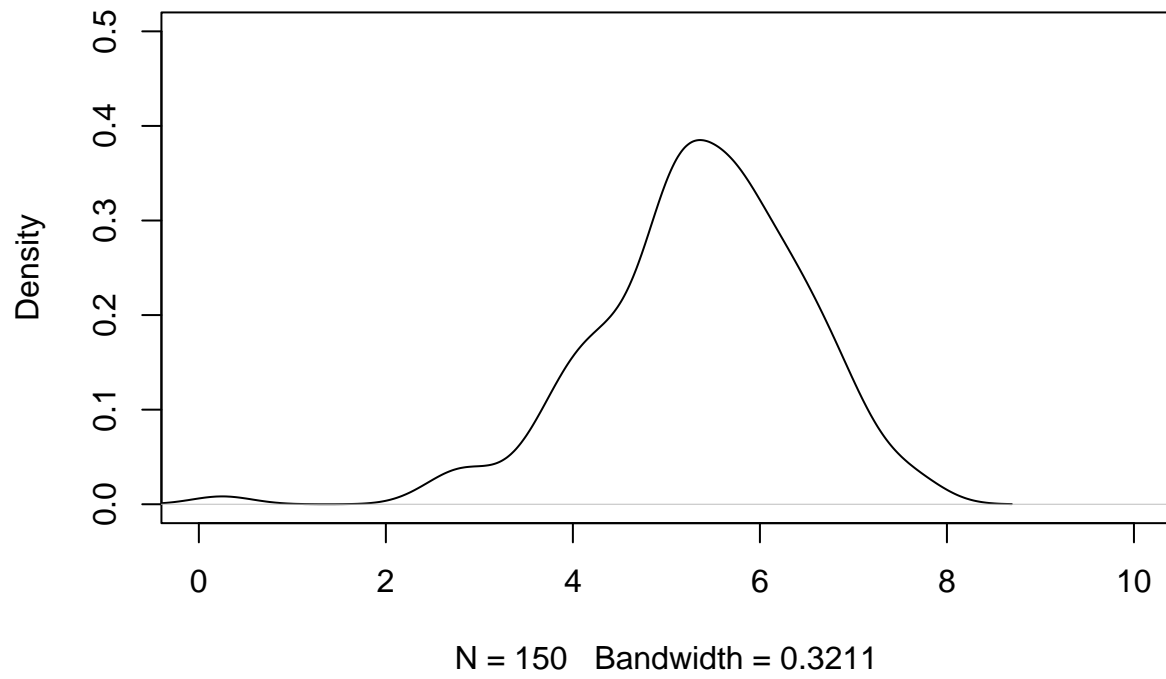


### Pre-Trial OR results

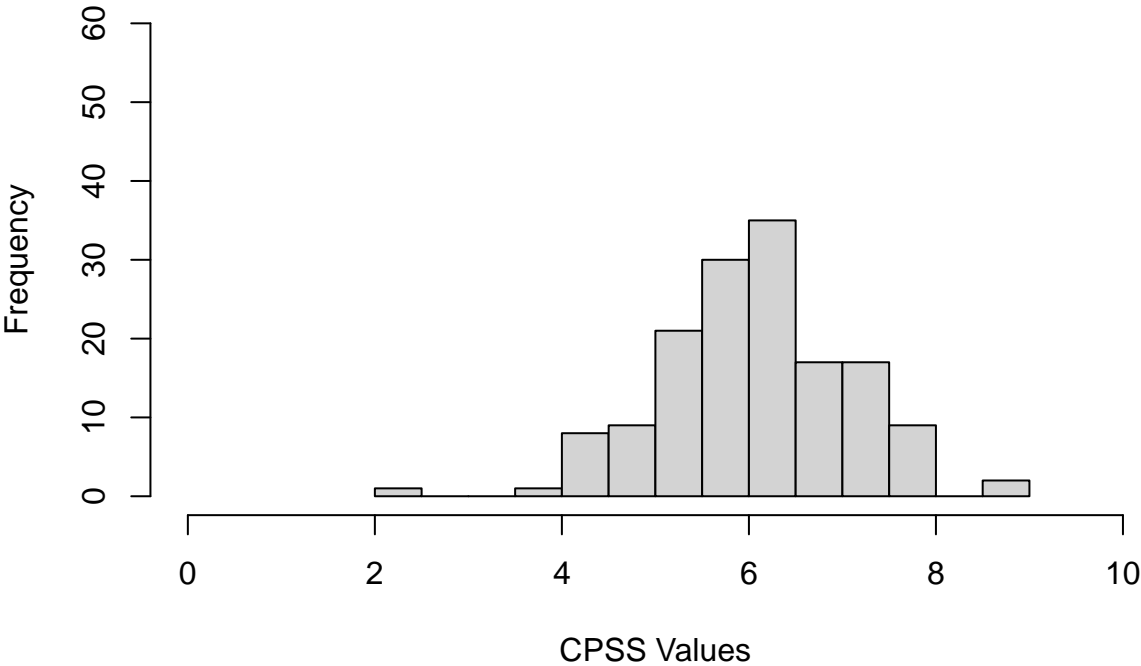


N = 150 Bandwidth = 0.3504

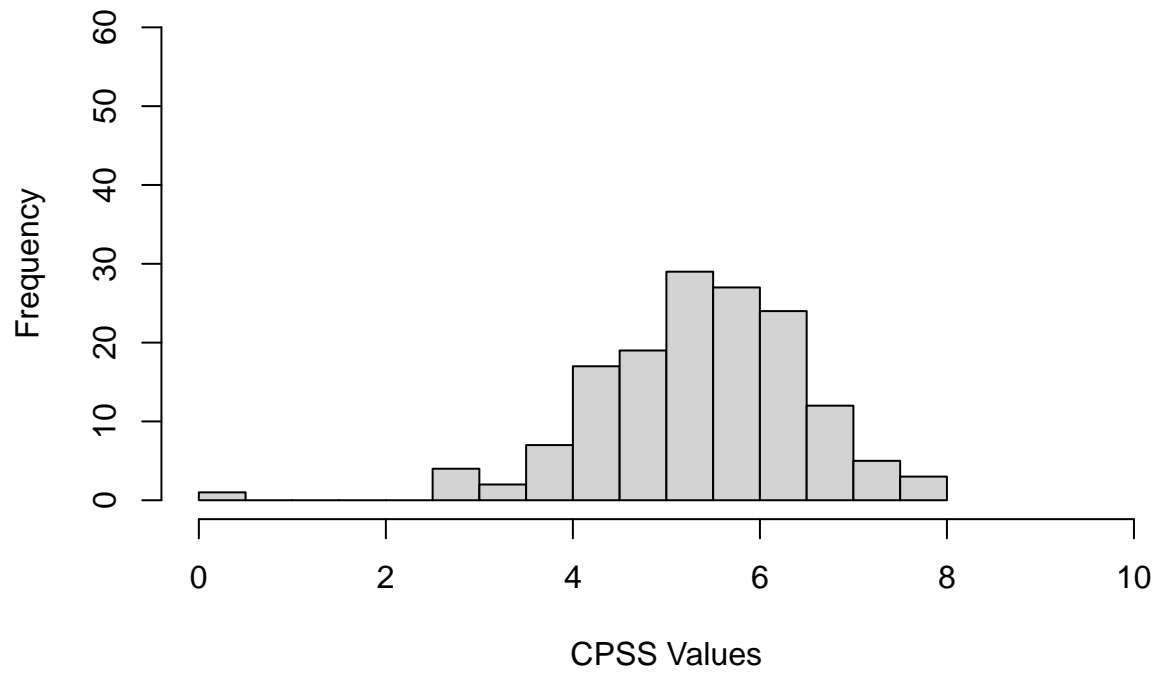
### Post-Trial OR results



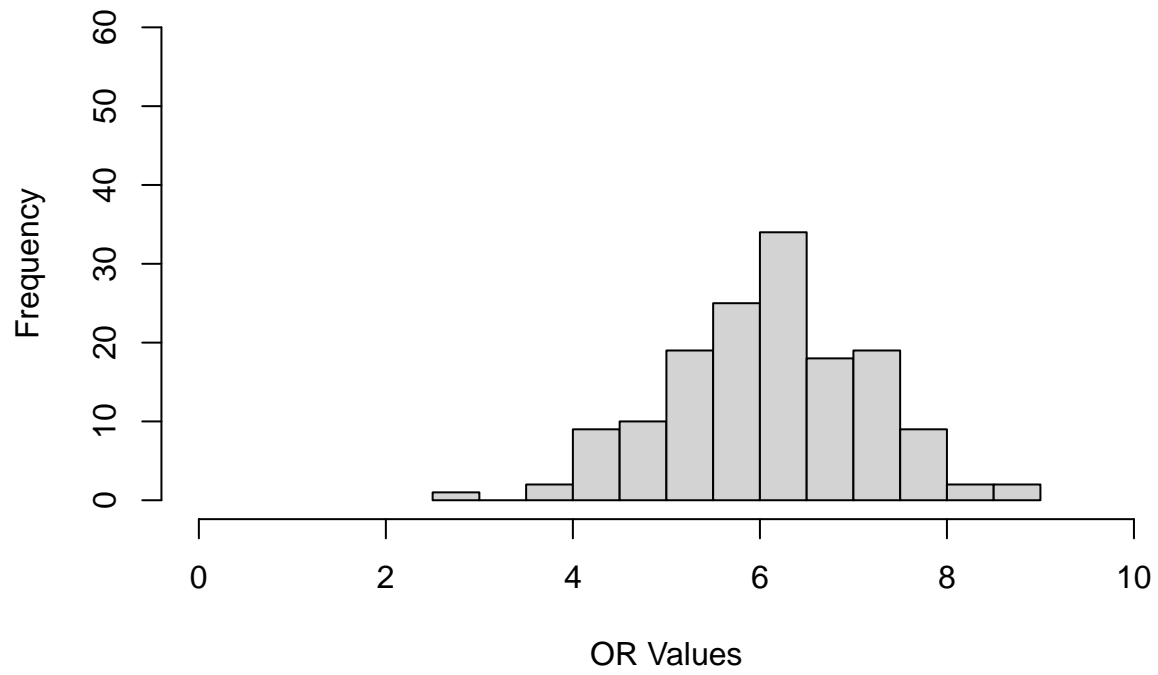
**Histogram – Pre Trial CPSS**



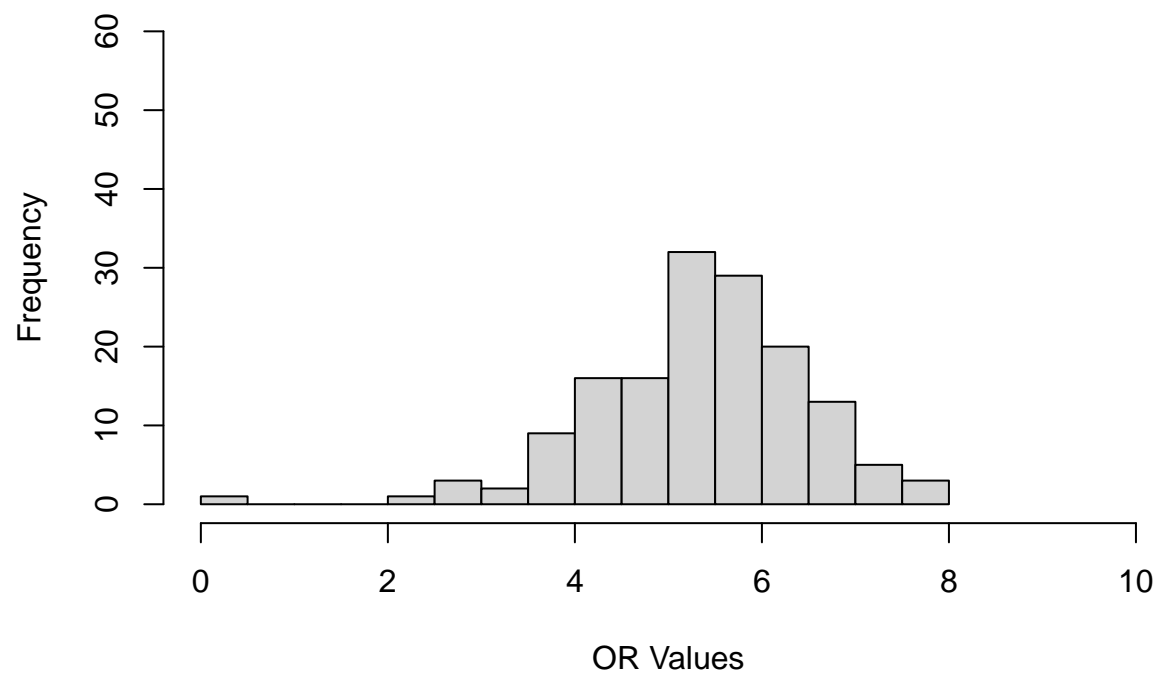
## Histogram – Post Trial CPSS



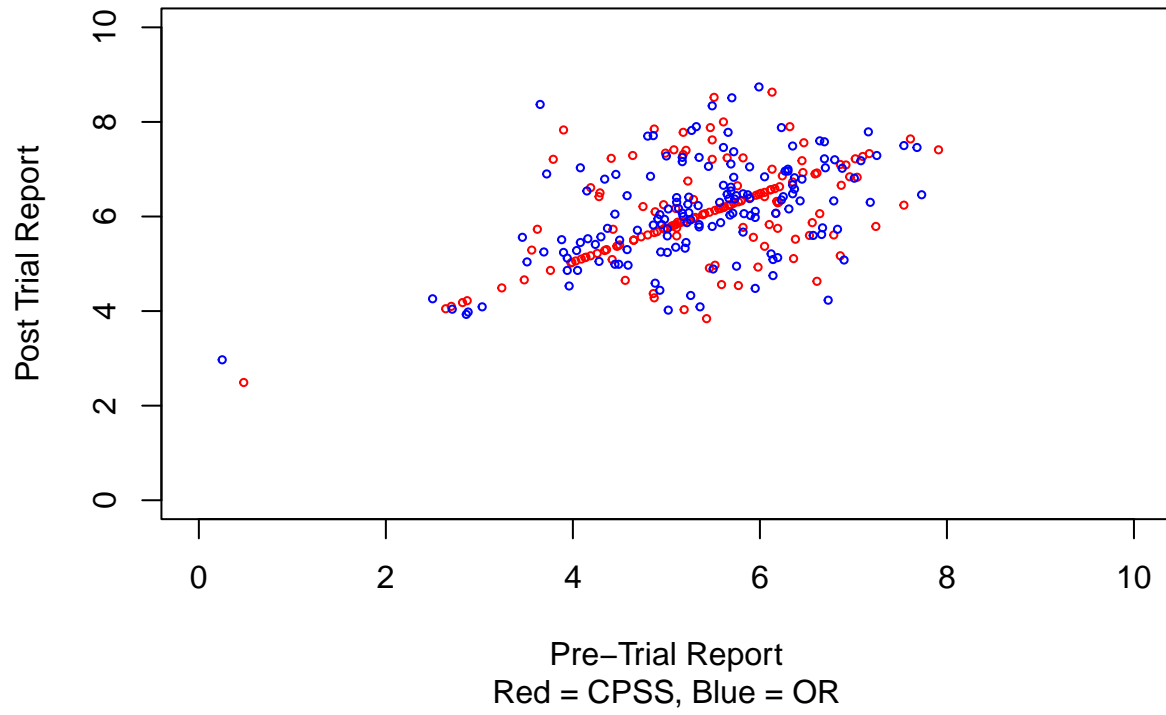
**Histogram – Pre Trial OR**



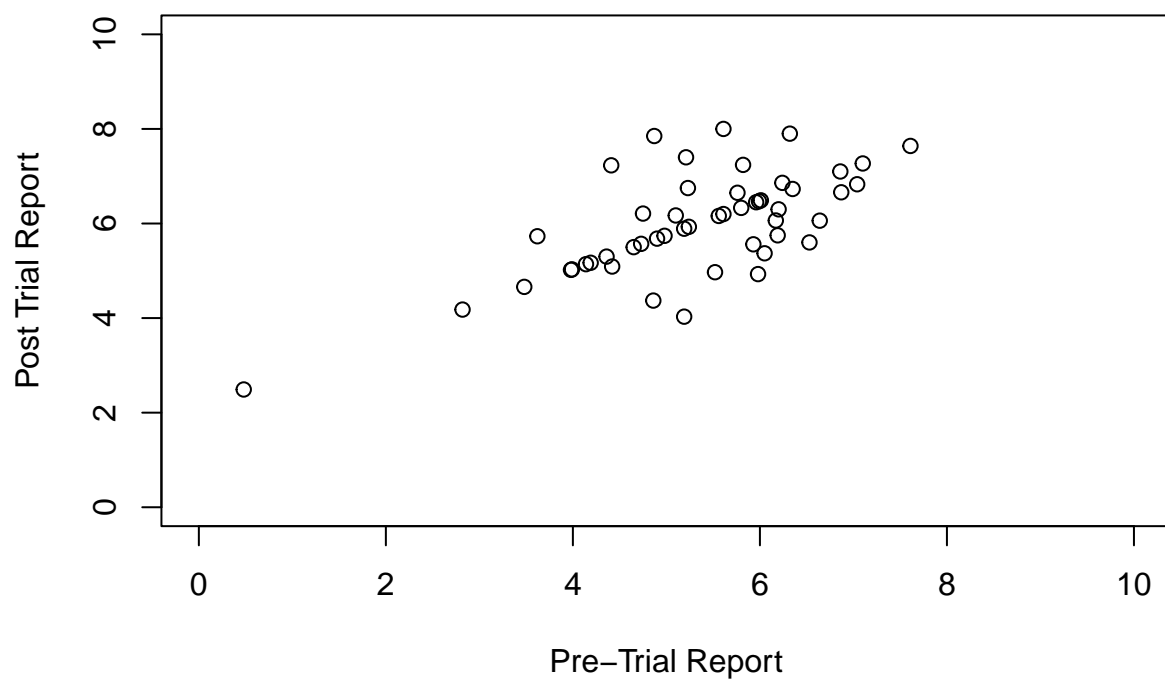
**Histogram – Post Trial OR**



**Scatter Plot of entire dataset**

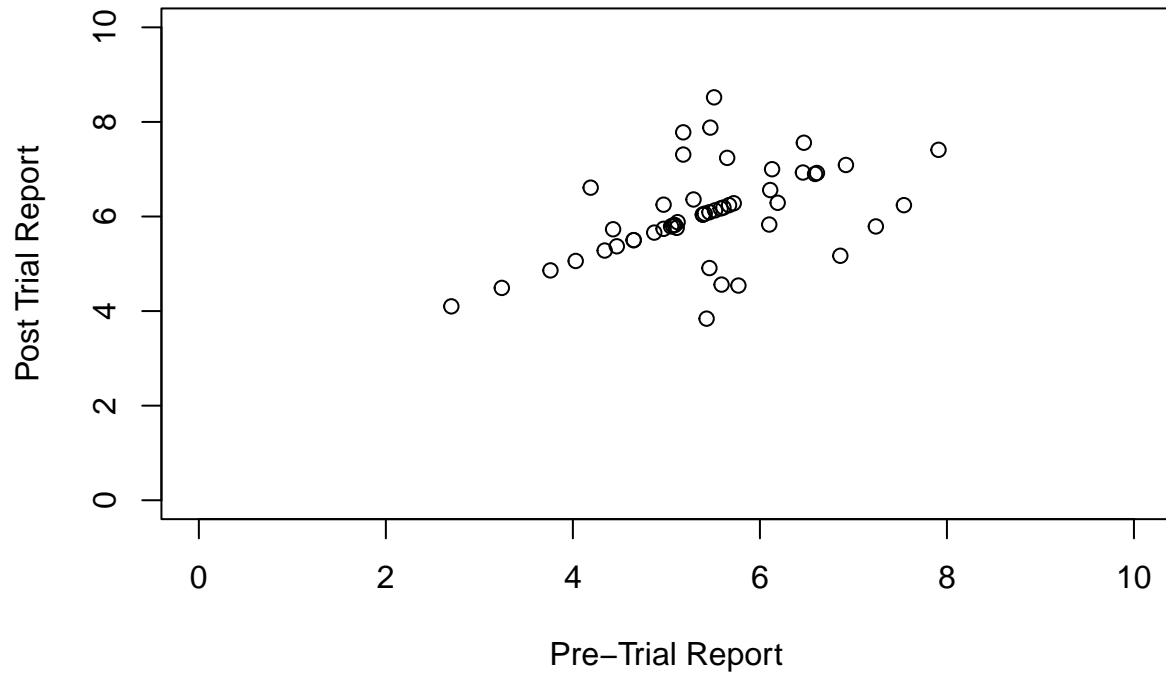


### Self Reported Data – Control CPSS

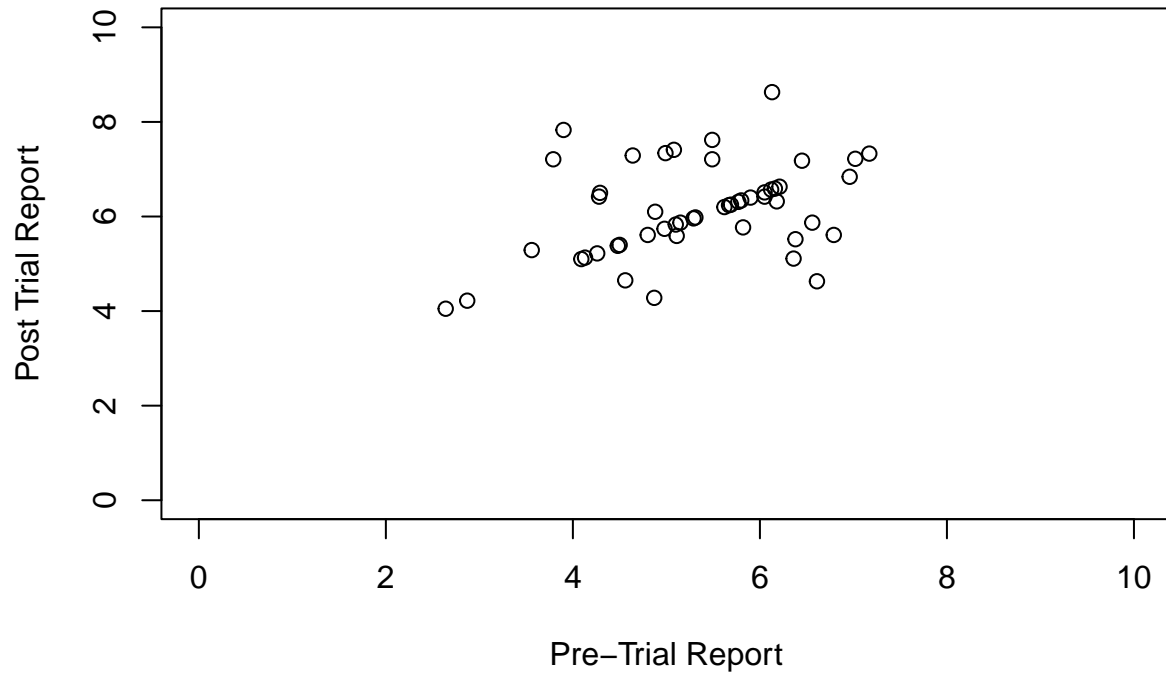




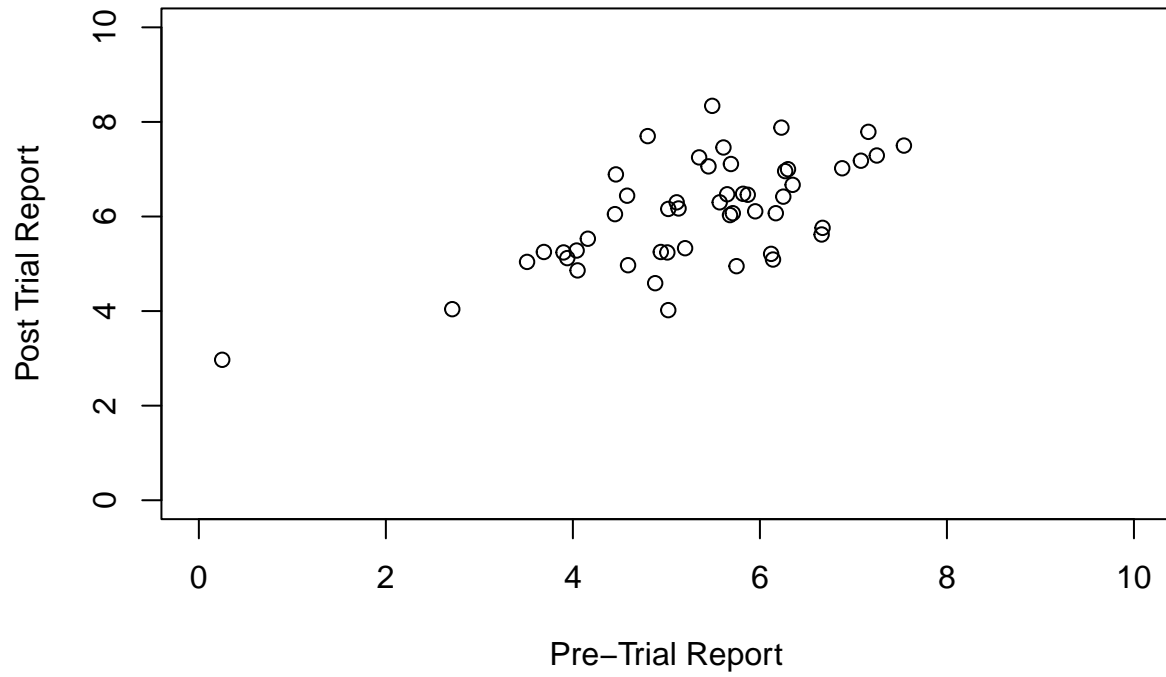
### Self Reported Data – Static CPSS



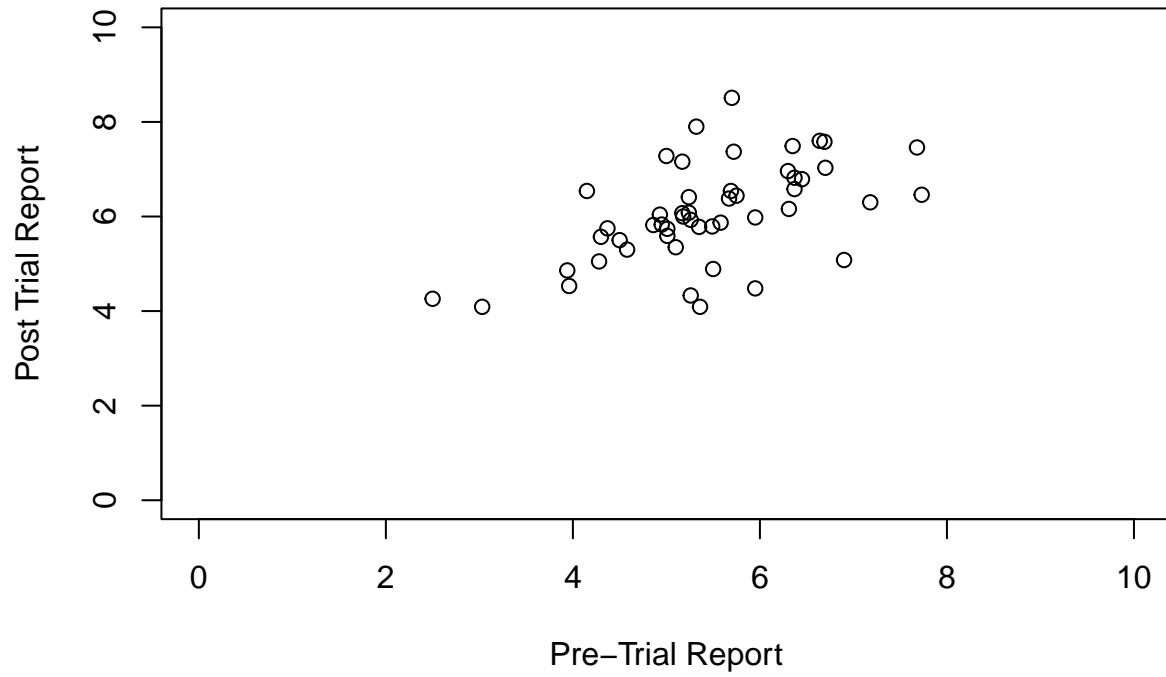
### Self Reported Data – Animated CPSS



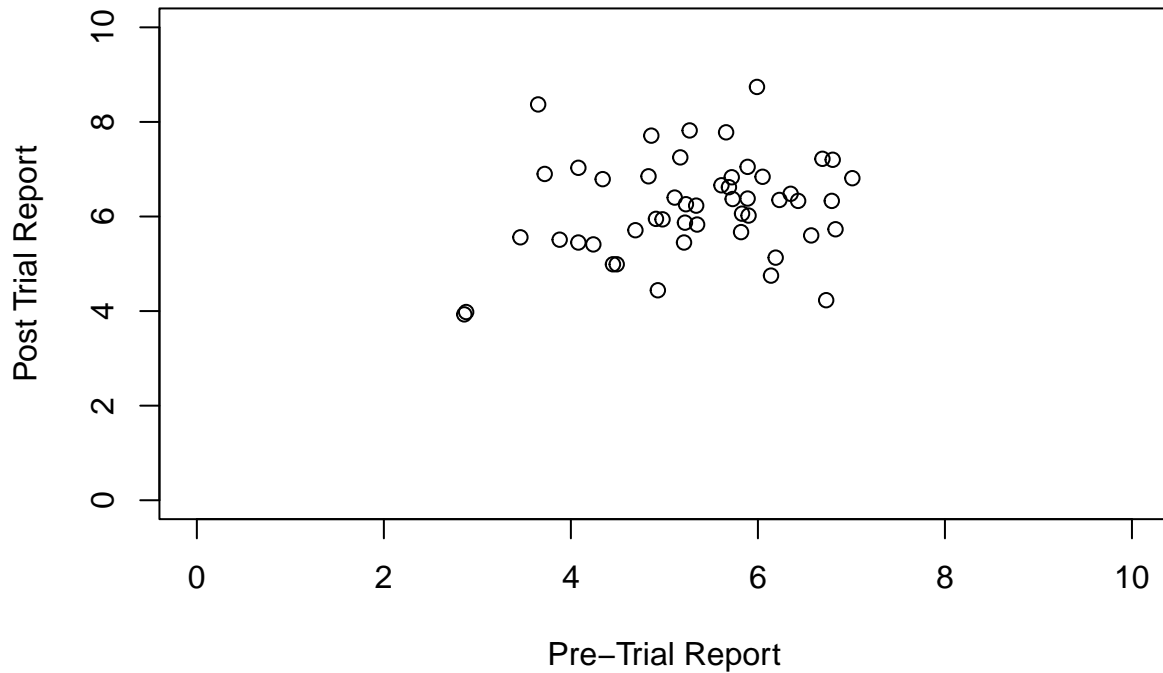
### Observer Reported Data – Control



### Observer Reported Data – Static



## Observer Reported Data – Animated



### Descriptive statistics

Static Pre trial cpss mean = 6.0616

Static Post trial cpss mean = 5.4424

Control Pre trial cpss mean = 5.9942685

Control Post trial cpss mean = 5.3302

Animated Pre trial cpss mean = 6.1344

Animated Post trial cpss mean = 5.32

Static Pre trial or mean = 6.0682

Static Post trial or mean = 5.4338

Control Pre trial or mean = 6.0798

Control Post trial or mean = 5.322

Animated Pre trial or mean = 6.196

Animated Post trial or mean = 5.3154

### Inferential statistics

#### Statistical tests

A Shapiro-Wilk normality test was conducted on each of the data sets

**Pre-trial CPSS SW Result = 0.5579**

**Post-trial CPSS SW Result = 0.0029**

**Pre-trial OR SW Result = 0.9345**

**Post-trial OR SW Result =  $9 \times 10^{-4}$**

From the output obtained we can assume normality for the pre and post trial CPSS as the p-value is greater than 0.05 while the OR data fails this normality test.

### **Confidence Intervals**

**95% CI for pre-trial CPSS = (5.8999085 , 6.2269371)**

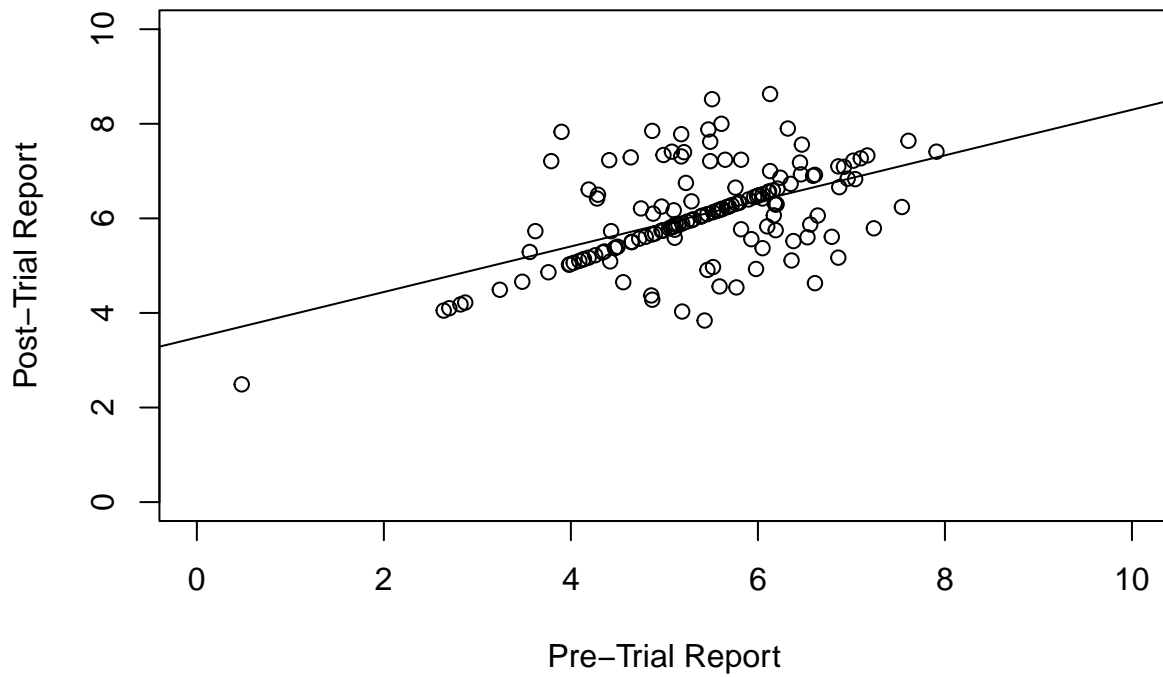
**95% CI for post-trial CPSS = (5.1872644 , 5.5411356)**

**95% CI for pre-trial OR = (5.9435466 , 6.2857867)**

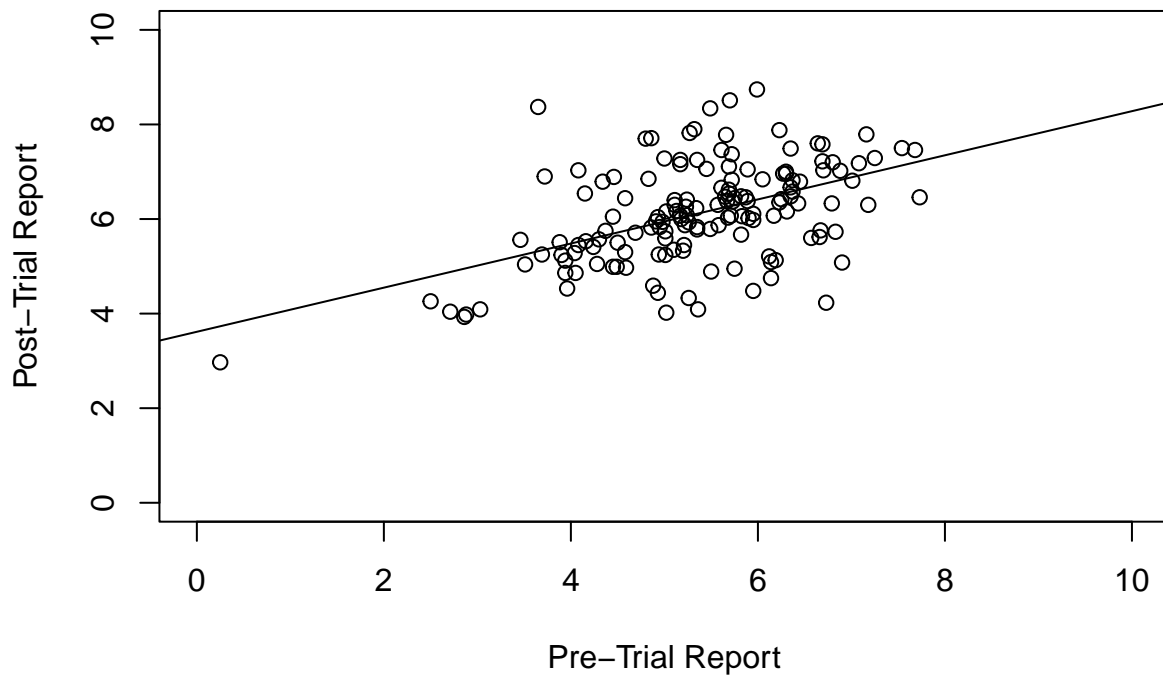
**95% CI for post-trial OR = (5.1758137 , 5.5383196)**

## Magnitude and direction of results

### Self Reported Data



### Observer Reported Data



## Discussion

Outline findings and relation to the hypothesis

Limitations (if confounding variables are clearly identified by your group)

## References

Help with getting mean of data while data is missing from column \*Stack Overflow

Removing Na's by Column \*GeeksforGeeks

How to Handle Missing Data in a Dataset \*freeCodeCamp

How to Impute Missing Values in R? \*GeeksforGeeks

First 10 entries in a bar plot \*StackOverflow

Calculate confidence interval \*Cyclismo

How to Create a Scatterplot with a Regression Line in R? \*GeeksforGeeks