



## ***Giselle Louise R. Lapid***

Grapefruit diets and exercise  
 Blithe attraction to crushes  
 Uplifting love and crushing loss  
 Kitsch patterns on blouses and crooked glasses  
 Passive/hostile forms of aggression  
 Sensitivity and empathy beyond comprehension  
 Tears of joy, anxiety, and exasperation  
 Once docile now establishing her beliefs  
 Standing up for herself and for others  
 Mere snippets of her life I witnessed throughout the 3 years of our friendship.  
 Like a phoenix, she emerges from her struggles better and stronger. (M. Tangco)



MINOR IN HISTORY

## ***Leo Carlo R. Liay***

I first approached Ateneo as another basic station of my nomadic life. “Everything flows” is what my motto always advocates me; Ateneo should too. And it did, quite abruptly. Flashes of 6 AM trainings, followed by sweaty, sticky, and tiresome classes vividly obfuscate my memoirs in the campus. However, I can clearly distinguish the people who made my stay in Ateneo worth living. You guys (too many to be mentioned here) were my anchor. Down the hill, I will eternally cherish those relationships.