

## Samantha Nicole U. Roque

"We can't let what has happened to us destroy us and our futures. We can't be limited by the ways we've been let down, or the ways we've let ourselves down. We are bigger and brighter than that. We are meant for better things. We are too powerful to look backwards. The past is the past. It doesn't matter where you've been, what has happened to you, or what mistakes you have made – you are still an incredible, powerful person. And the future welcomes you with open arms." (Marissa Donnelly)



## Geraldine Mae S. Sandoval

The days are long but the years fast.

As I go down the hill, I look back at the four wonderful years: For fears overcome and challenges surpassed; for coaches, teammates, teachers, and peers; for hard-fought UAAP games and the struggles of a student-athlete; for study breaks in Matteo and early morning training in Moro.

For the ups and downs, laughter and tears, victories and defeat, I will always and in all ways be grateful to the Ateneo.