



MINOR IN HEALTH AND DEVELOPMENT

## ***Ma. Patricia F. Nitura***

If there's anything that Ateneo has taught me, it's that the best way to grow as a person is to persevere and continue to insist on the encounter. Breakdowns and setbacks are nothing but bumps in the road. They're part of the journey toward something good and you shouldn't let them get you down. Just pick yourself up and continue on, because the mission is clearer now more than ever. It's time to gear up and work toward a better Philippines, a healthier Filipino.



## ***Korina Margarita M. Oblepias***

College didn't start out so smoothly for Korina. But despite her initial struggles in this new environment, nothing was able to dampen her spirit. She faced difficulties, sure, but she fought on and overcame every single one of the hurdles in her way. It wasn't long before she learned to love her new life in Ateneo. It's helped her grow through the years, but knowing Korina, it doesn't stop there. Great things lie ahead for her. College was simply the beginning.