

SPECIALIZATION IN BIOMEDICAL SCIENCES

## Catherine Theresa I. Mampo

With much gratitude, I will remember this gift of a journey although the seas were not always calm and the people I met were not all kindred spirits. The perils that accompanied the storms, the challenges posed by some whom I had encountered, and the safe harbors made my Ateneo experience not only exhilarating but humbling as well.

I pray that the Divine will continue to grant me a caring heart, a keen mind, and a helpful hand for all the endless possibilities that await me ashore.



SPECIALIZATION IN BIOMEDICAL SCIENCES

## Chiara Patricia C. Manalo

People have a lot of opinions about a lot of things. They advise us to do this; don't do that. But Ateneo taught me to think for myself, to criticize issues with an open mind. It challenged me to my limits that have broken my spirit quite a few times. But being broken taught me to be stronger every time. It made me cherish what really matters the most—lessons, values, memories, friends, humanity. I might have been drained with every requirement but staying in Ateneo has never made me fuller.