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"Don't say you don't have enough time. You have exactly the same number of hours per day that were given to Helen Keller, Pasteur, Michelangelo, Mother Teresa, Leonardo da Vinci, Thomas Jefferson, and Albert Einstein." (H. Jackson Brown Jr.)



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The ship has sailed, rocking to and fro, beginning from a small port and arriving at a big harbor. Every early morning, every late evening, every last sip of coffee – cherish these thoughts, these struggles, these pains and sufferings. Let them strengthen you and be your guide to a better, stronger you. With every shot of espresso, internalize the fact that this battle, this struggle you are facing, is not yours alone. Fight on. Fight to the end.