



Julius Pierre L. Neri

Don't dwell on the things you can't control, and focus on the things you can. Cast off the past, cruise in the present, and sail towards the future. I have learned these in my 4 years in the Ateneo through my academics, music, and being in the Ateneo Golf Team. Thinking positive is the key to happiness, and things can only get better from where you are now. As a famous golf quote goes, "The most important shot in golf is the next one."



Chloe Allyn L. Nuñez

I found myself sitting by the rocky Italian coast looking towards the magnificently warm sunset. As it slowly melted into the orange-tinted sea, I recounted the pains, the tests and the challenges it took to experience this moment. All the pains we experience today bear fruit to the happiness of tomorrow - to fight and to work hard for what you believe in is to prove the viability of your existence - that you are here breathing, dreaming, and living in the multitude of everything.