

## Melissa A. Corrales

Change is inevitable. We're changed by the things we do and the people we encounter. Our choices also change the lives of the people we meet. But what makes it difficult is letting go of everything you were and leaving the familiar behind. In my journey, I've definitely changed. I learned new lessons, met new friends, and developed new dreams. Although I had to let go of some things in my past, I realize now that it's better to embrace change. It is through change that I can do more and be more.



## Bea Nenotchka B. Cortes

Hindi ko akalaing matutuwa ako isang araw dahil hindi ako natulog, at masasabing, "Gusto kong umiyak pero sayang sa oras". Sa paulit-ulit na mga araw na puyat, hapo, kaunti ang pag-asa, taranta sa pagtapos ng gawain at kulang sa pera dahil nagtakaw upang maibsan ang paghihirap, natutunan kong panghawakan ang mga katagang ito: "Mahirap pero kakayanin". Dahil sa kabila ng mga pagsubok, nandyan ang aking mga tinuring na pamilya't kaibigan upang binigyan akong lakas na harapin ang bukas nang may sigla.