



Jan Louis C. Reyes

“Move your feet and feel it in the space between. You gotta give yourself a moment, let your body be.” (Oh Wonder, “Lose It”)



Miguel Enrique S. Roa

“Provided with only one to each human being, life is meant to be celebrated. In our attempts to achieve this, we immerse ourselves in activities that bring us joy that we often forget that living a celebrated life does not only consist of pleasure, but also of meaning. To live a meaningful life, is to devote oneself towards making better the lives of others. To live a life of altruism and compassion, is one that can be considered a life well lived and celebrated.” (L. Tanganco)