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People will go through life, feeling the need to cover themselves up, believing that it is much better to conform and fit in than to be comfortable in one's own skin. While the fear of judgment does overpower us at times, perhaps all we ever needed to do was to place our trust in the people who readily accept us for who we are for us to trust that the world can eventually do the same. Bare your soul. Speak your truth. Be unapologetically yourself.