



**Andre Joshua S. Bantilan**

The allure of succumbing to doubt lies in our need for self-preservation—to avoid or mitigate the possibility of sadness, disappointment, and ultimately, pain. However, bend too much to it and we trap ourselves in a box with no room to grow. Do not reflexively surrender to doubt, but confront it, understand it and learn from it. No one should ever wish for pain but understand that when pain marks us, we have the choice to let it rot and lose ourselves or let it heal and be better.



**Ma. Brina Angela B. Barin**

“Just the fact that I’m willing to fail is an inspiration. People are so scared to lose that they don’t even try.”  
(Kanye West, REM)