

Exercises from An Introduction to Image Analysis in Microscopy with ImageJ/FIJI

November 12, 2021

Contents

1	Part 1	3
1.1	Using Bioformats	3
1.2	Using OMERO	3
1.3	Scale Bars	5
1.4	Brightness Adjustments	6
1.5	Contrast Enhancement and Image Manipulation	7
1.6	Histogram Normalization	8
1.7	Bit-Depth Conversion	9
1.8	Viewing a 3D Stack	11
1.9	Order of Dimensions	12
1.10	Manipulating Stacks – Creating a Montage	13
1.11	Manipulating Stacks – Creating an Insert	14
1.12	RGB Images	15
1.13	Exploring Lookup Tables	17
1.14	Effects of LUT Changes	18
1.15	Calibration Bars	19
1.16	Working with 5D Data	20
1.17	Projection (Dimensionality reduction)	22
1.18	Orthogonal View	23
1.19	Color Coding	23
1.20	Generating a Kymograph Plot	24
1.21	3D View	26
1.22	Resampling Example - No Interpolation	27
1.22.1	Optional: Resampling using Image J Macro	27
1.23	Resampling Example - With Interpolation	28
1.24	Omero.figure - Image with scalebar	29
1.25	Omero.figure - Creating multipanel figures	29
1.26	Omero.figure - Limitations	30

2	Part 2	31
2.1	Working with histograms	31
2.2	Working with ROIs 1	33
2.3	Working with ROIs 2	33
2.4	Working with ROIs 3	33
2.5	Working with ROIs 4	34
2.6	Working with the ROI Manager	37
2.7	Math on Masks	38
2.8	Using the ROI Manager	40
2.9	Subtracting background levels	41
2.10	Bit-depth/Format Problems	42
2.11	Background subtraction	43
2.12	Background subtraction and batch processing	44
2.13	Working with Image Filters	47
2.14	The point spread function (PSF)	49
2.15	Averaging pixels	50
2.16	Gradient Filters	51
2.17	Gaussian Filters	52
2.18	Median Filter	53
2.19	Thresholding with contrast adjustment	54
2.20	Manual thresholding	55
2.21	Automated thresholding	56
2.22	Morphological operations	57
2.23	Watershed transform	58
2.24	Skeleton analysis	59
2.25	Analyze Particles	60
3	Part 3	61
3.1	Trainable Weka Segmentation	61
3.2	StarDist Segmentation	62
3.3	Deep ImageJ	62

1 Part 1

1.1 Using Bioformats

Let's import a microscope specific file format into Fiji.

1. Open the image sted-confocal.tif with [Plugins > Bio-Formats > Bio-Formats Importer].
2. In the next dialog, you can select various import options. Make sure that you load the data into a Hyperstack and tick the Display metadata option.

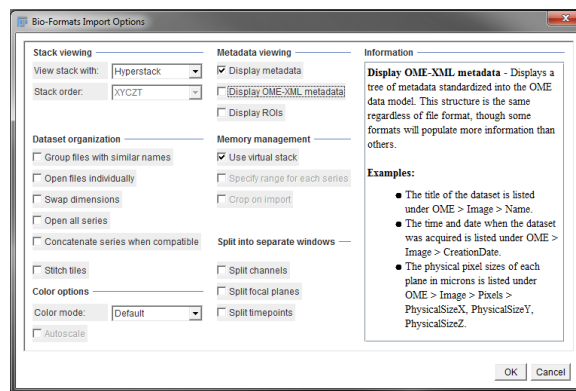


Figure 1: Bioformats import dialog

3. The next window allows you to select a series. Several microscope image formats are actually libraries of files. In this case, you should see three different files. Open one of the series.
4. Two windows are opened. One showing the image, the other showing the metadata information. Scroll through the information and find the Dimension Length, Number of Elements and Unit. Use these values to calculate the pixel size.

Tags: exercise bioformats-1

1.2 Using OMERO

Now let's try to utilize OMERO and load the image file sted-confocal.tif into the Omero database:

1. Start the Omero.insight software. Open the config window by clicking the little wrench and enter the server address omero-1.cecad.uni-koeln.de. Enter your credentials and connect to Omero.

2. Unfold the Display Groups dropdown menu in the toolbar and tick the All Members checkbox in the course group.
3. Start the importer (toolbar icon with blue arrow and colorful circles). Select the file sted-confocal.tif from your local harddrive for upload. Create your own project and dataset, start the import and close the importer when done.
4. Update the projects view (icon on top of the Project pane) and find your uploaded file. Explore the metadata (acquisition pane, on the right, check if you can download your original data again and leave a comment and a rating to at least one of the images.
5. Close the insight client, start the webclient (i.e. open <https://omero.cecad.uni-koeln.de> in your favorite webbrowser), find your image and compare the handling of insight and webclient.
6. Now try to load the image from Omero in Fiji. If the required plugin is already installed, you will find the entry OMERO in the Plugins Menu. Select Connect to OMERO. Login again and choose your image in the Omero window.

Tags: exercise omero-1

1.3 Scale Bars

Let's explore one thing you usually have to include in your microscopy data: a scale bar that indicates the size of each pixel.

1. Open the image `sted-confocal.tif` in FIJI from OMERO [Plugins > OMERO > Connect to OMERO].
2. We now want to add a scale bar to our image. In this case, Fiji already knows the pixel size - let us check whether our previous calculations were correct. Go to [Analyze > Set Scale...]. This dialog should show you how many pixels are in one micrometer.
3. In case you have an image where information about the scale is visible in the image itself (e.g. an object of known size), you can then measure the length with the line tool and enter this information in the dialog. Clicking on Global helps if you take one image of a micro-scale and want to use this information in other images you took with the same settings (e.g. on a small Lab-Microscope). To try this activate the global option and open another image of your choice. Can you imagine potential problems caused by the Global option?
4. Let's add a scale bar now. Use [Analyze > Tools > Scale Bar]. Similar to the calibration bar, the dialog lets you adjust various visual parameters.
5. In FIJI you can immediately recognize whether an image contains scaling information. Take a look at the subtitle line of an image window! The default way to access this scaling information is via the image properties dialog (press **Ctrl+Shift+P** to open).
6. Also look for the scaling information in Omero.web (General pane). Do you observe a difference when opening images with and without scaling information in the Omero.iviewer (regarding the scalebar)? Can you add scaling information to images in Omero?

Tags: exercise scalebar-1

1.4 Brightness Adjustments

1. Open the file fibroblast_sim.tif from OMERO in Fiji. This is a 16-bit gray-scale image showing actin filaments in a cell.
2. You should note that the image looks rather dark. Fortunately, Fiji has a way to adjust the brightness and contrast of an image without altering the original data. Go to [Image > Adjust > Brightness/Contrast...], you should see a dialog as shown in the figure.

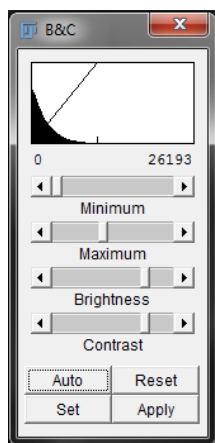


Figure 2: Adjust brightness dialog

3. Click on [Auto]. The image gets brighter as the maximum brightness is now associated with a lower image intensity. This linear scale can be adjusted manually by changing the slider positions. [Reset] reverts to the original intensity scaling.
4. Play with the sliders to set the image intensity scaling.
5. Using [Set], we can either enter precise minimum and maximum values or show a defined range (8-,10-,12-,15-,16-bit) and also propagate our selection to all other open images. Again, the original pixel values remain, we only change the display.

Tags: exercise brightness-1

1.5 Contrast Enhancement and Image Manipulation

Let's assume you want to show gel data in your manuscript. After performing following steps, can you discuss why contrast enhancement might be considered fraud?

1. Open the image gel.tif and duplicate the image (another Fiji sample image).
2. Adjust Contrast and Brightness and compare images. What is the problem with the contrast-enhanced image?

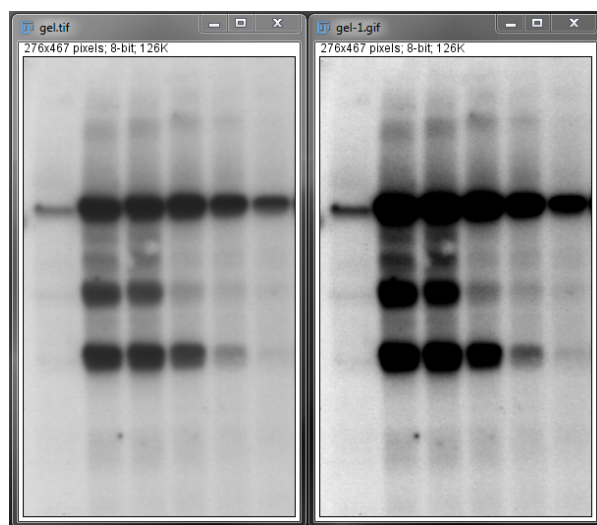


Figure 3: Contrast problem

Tags: exercise brightness-2

1.6 Histogram Normalization

1. Open the image hela-cells.tif and duplicate the green channel. Obtain a histogram.
2. Use [Process > Enhance Contrast] on the duplicate. Set saturated pixels to 0, tick normalize and not equalize and obtain a histogram afterwards.

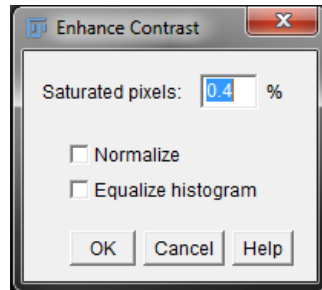


Figure 4: Enhance contrast dialog

3. Compare the histograms.
4. Leave the images open; you can also explore different settings.

Tags: exercise histogram-2

1.7 Bit-Depth Conversion

1. Open the image beads.tif from OMERO. Duplicate the image with [Image > Duplicate...]. Choose the line selection tool and draw a line through one of the bright spheres in the image. Note that if you double-click the line tool, you could adjust the width of the line tool. Now the default of 1px is fine.

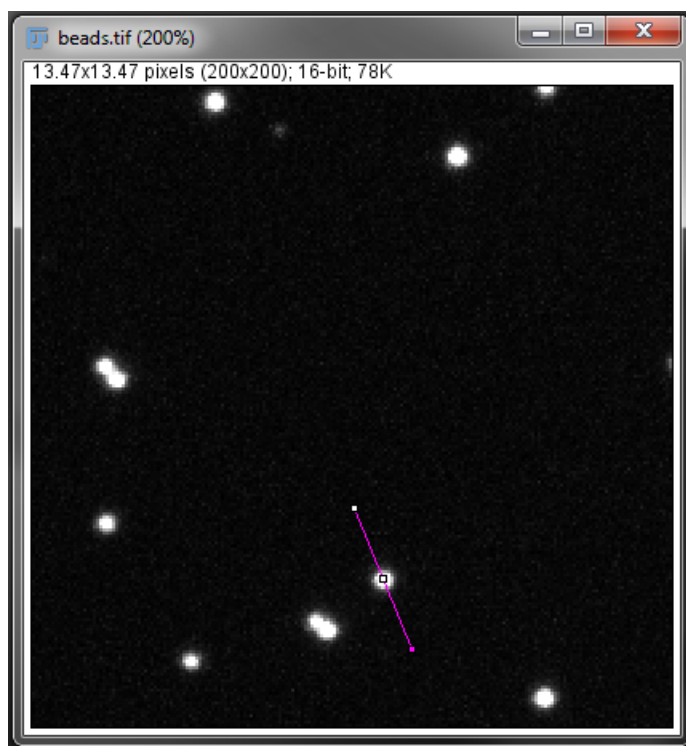


Figure 5: Line ROI example

2. In the next step, we will look at the intensity (brightness) distribution along this line. For this, do [Analyze > Plot Profile]. You should observe that the gray value (y-axis) ranges from 0 to 65535 and that the curve looks cut at the upper end - this means that we have *saturated* pixels, i.e. we cannot resolve any differences between these saturated pixels although the shape of the curve would suggest intensity changes. The [Plot Profile] function allows you to list (show), save and copy the values. If you click on [Live], you can change the line ROI and the plotted profile will update. Try the update by drawing a line somewhere on the background and then again through a bead. Turn the live mode off again by another click on the button. If you click on [List], you can export the intensity values as a table.

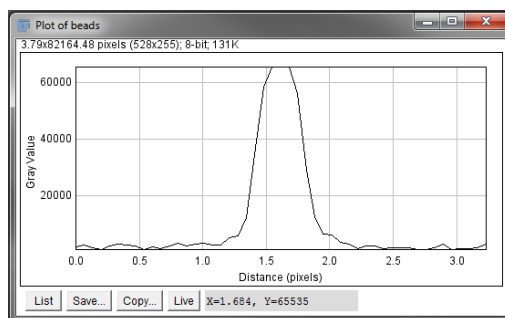


Figure 6: Plot profile example

3. Now, we convert the 16bit image to 8bit. First, we make sure that we scale during conversion by [**Edit > Option > Conversion**]. Then, we use [**Image > Type > 8-bit**] to convert the image. Make sure that the line ROI is still there and perform the plot profile function again. A second window pops up. Compare the plot profiles of the 8-bit and the 16-bit images. The conversion modified the brightness value (y-value). While the profiles are similar, the scaling is different.
4. Convert the image back to 16-bit and check the intensity values again. In this case, the intensity values are not increased.
5. The conversion actually looks at the data as it is displayed. Adjust the brightness and contrast to an extreme value using [**Image > Adjust > Brightness/Contrast...**] (contrast slider to the right edge). Convert the image to 8-bit again. Look at the profile of a bead. You should see that the image only consists of 2 intensities: 0 and 255. As you saw, it is important to reset the brightness and contrast display before converting the image.

Tags: exercise bitdepth-1

1.8 Viewing a 3D Stack

1. Open the file flybrain-template.tif from OMERO. This is an 8-bit gray-scale z-stack, showing a standard template of a fly brain. You should see that there is a slider below the image to go through individual z-sections of the stack.
2. If the image looks too bright or dark, adjust the brightness ([Image > Adjust > Brightness/Contrast...]).
3. Click on the start animation button left to the slider to start an automatic stepping through the sections similar to a video. Clicking on the button again, pauses the animation (button icon changes accordingly).



4. Using the stack toolbar, you can [Start Animation] and [Stop Animation] as well.

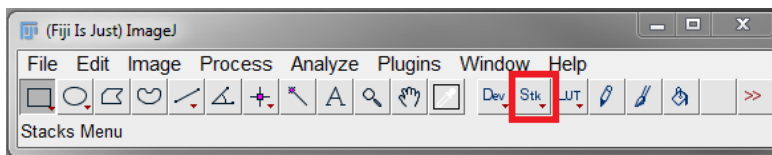
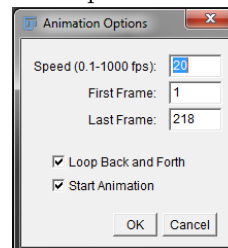


Figure 7: Stack animation

5. Use the [Animation Options] from the stack toolbar to increase the animation speed to 20 fps (frames-per-second) and loop back and forth.



The animation should look much smoother now.

6. When you want to use an animation of the stack in a presentation, you can save the stack as an avi using [File > Save As > AVI...].
7. As with 2D images you can use the properties dialog **Ctrl+Shift+P** to access the scaling information. Besides x and y also z should have a meaningful value. Think about possible consequences of anisotropic voxels for measurements.

Tags: exercise animation-1

1.9 Order of Dimensions

1. Open the file flybrain-template.tif if it is not still open.
2. Use `[Image > Hyperstacks > Stack to Hyperstack...]` to convert the stack to a hyperstack. In our test image, the order, channels, slices and frames should be detected correctly.
3. Now, you can easily re-order the dimensions of the hyperstack using `[Image > Hyperstacks > Re-order Hyperstacks...]`. Although this does not make any sense, change the z-dimension to a time dimension. As you can see, from the user perspective, this does not change anything at the moment. Open the properties dialog `Ctrl+Shift+P` to convince yourself that a difference exists.

Tags: exercise dimensions-1

1.10 Manipulating Stacks – Creating a Montage

A common way 3-dimensional data is presented (typically along time or z-axis) is the montage view.

1. Open the file flybrain-template.tif if it is not still open.
2. Use [Image > Stacks > Make Montage...]. In the dialog, set [Columns] and [Rows] to 5, [First Slice] to 100, [Last Slice] to 124, change the [Border Width] to 1 pixel and tick [Label Slices].

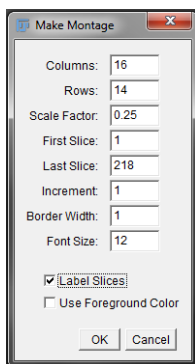


Figure 8: Make montage dialog

3. Note that labels, frames and so on are part of the image. This means you may observe undesired effects if you try to adjust brightness and contrast after creating the montage. Thus make sure that you do all required processing before creating the montage. However, be aware that usually images displayed together in a montage should not be processed differently!
4. You can see how easy it is to create a custom montage view, play with the different options, e.g. [Increment].

Tags: exercise montage-1

1.11 Manipulating Stacks – Creating an Insert

We now want to do something more complicated: let's say we want to show a detail of the flybrain, e.g. the central complex or the optic lobes. To help viewers, we want to put a little version of the complete brain in the corner of our 3D image as an overview. How would you proceed?

1. Open the file flybrain-template.tif if it is not still open.
2. Use the rectangle tool to select an interesting part of the brain that you want to highlight. Duplicate the complete stack using [Image > Duplicate], this will only duplicate the part you selected.
3. Use [Image > Adjust > Size...] to create an image with 1024 pixel width and no interpolation.
4. Go back to our original image of the fly brain and use [Image > Scale...] to reduce the image size to 20% (x, y) with bilinear interpolation.
5. The insert is created with [Image > Stacks > Tools > Insert...]. Make sure you use the detailed view of brain as [Destination] and the overview as [Source]. [X-Location] and [Y-Location] can remain 0. The terms destination and source can be confusing in this context. Destination means the larger image into which the smaller image (source) is to be inserted.

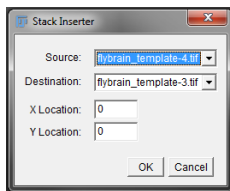


Figure 9: Stack inserter

6. Again, a very easy procedure – explore further stack operations on your own.

Tags: exercise insert-1

1.12 RGB Images

1. Download the file muscle-cell.tif from OMERO and open it with FIJI. (Alternatively open the image via the Fiji-Plugin, however, this converts RGB images by default into 3 channel composite images. So you have to convert the image in Fiji to RGB then by [Image > Type > RGB Color]. This image was taken from a publication in Nature Cell Biology 5, 598(2003); Cell of the Month: The vascular smooth muscle cell cytoskeleton; Mario Gimona; DOI:10.1038.ncb0703-598. This RGB image shows mouse smooth muscle cell with fluorescent labels of the cytoskeleton. Use [Image > Show Info...] for details about this image. Also confirm with the pixel inspection tool that you really have an RGB image now. You will see RGB-tuples instead of single values per pixel.
2. Use [Image > Adjust > Brightness/Contrast] and change the slider values. Observe that this operation affects all colors simultaneously. Reset the changes.
3. We now split the red, green and blue channels of the RGB image with [Image > Color > Split Channels]. Three windows appear, each showing the respective color content.
4. Let's combine these channels again with [Image > Color > Merge Channels]. The merge-function gives us many options to create a merged image. Do not set any options and use the same color channels.

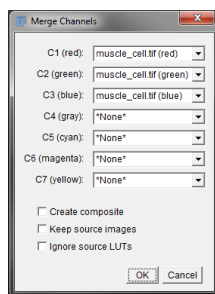


Figure 10: Merge channels

5. Now split again and merge back, but with option [Create composite] ticked. This creates a slider below the image, indicating that we created a three-layered stack, one layer for each color.
6. The composite image allows us to work on each channel separately. Perform [Image > Color > Channels Tool...]. In this dialog, you can select individual channels in composite mode or view individual channels in Color/Grayscale mode. Try out different settings. Via the more button you can also quickly change the color (i.e. the look-up table) of each channel.

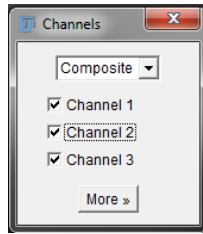


Figure 11: Stack animation

7. Try to perform already known operations on just one color channel, e.g. adjust the brightness (you can see that the little histogram changes color when you change the channel!).

Tags: exercise rgb-1

1.13 Exploring Lookup Tables

1. Open the image beads.tif. You can look at the LUT of the current image with [Image > Color > Show LUT] which is the standard linear grayscale LUT you have already seen.
2. Change the LUT using [Image > Color > Edit LUT...]. Click on the top-left dark value and change the color from black to blue, select the white entry from the bottom right and change the color to red.

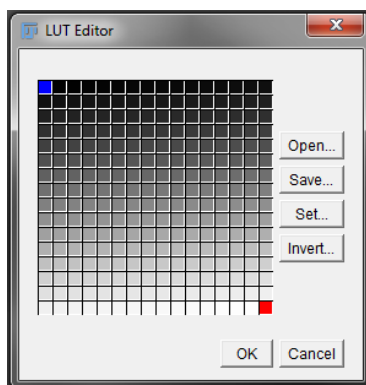


Figure 12: LUT Editor

3. Look at the image. Does it look familiar? This is the HiLo LUT that is often used in microscopy to optimize parameters for acquisition (emitted light, gain, offset). You can obtain the same image by selecting the HiLo LUT in Fiji.

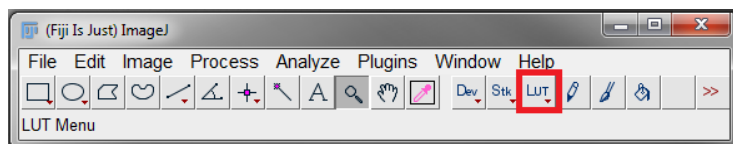


Figure 13: LUT Tools

4. Close the image and open the file cell-colony.tif. Change the LUT to Spectrum using [Image > Lookup Tables > Spectrum].
5. Display the LUT of the image via [Image > Color > Edit LUT...]. Try out different LUTs and also display their profile.

Tags: exercise lut-1

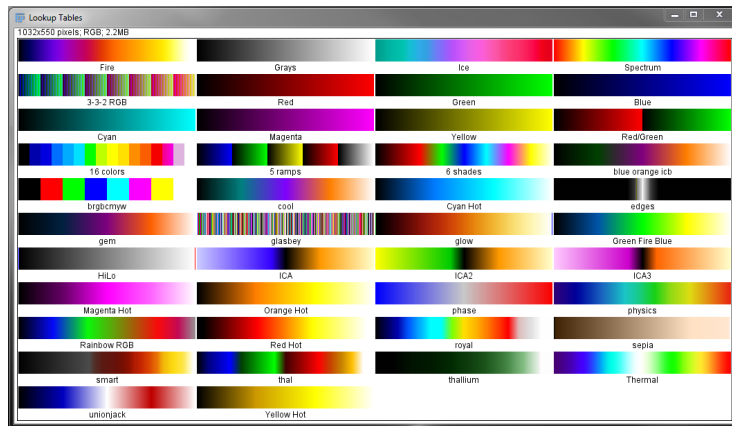


Figure 14: Lookup Tables in Fiji

1.14 Effects of LUT Changes

1. Download the file muscle-cell.tif from OMERO and open it with FIJI. (Alternatively open the image via the Fiji-Plugin, however, this converts RGB images by default into 3 channel composite images. So you have to convert the image in Fiji to RGB then by [Image > Type > RGB Color].
2. Simulate color-blindness with [Image > Color > Simulate Color Blindness]. This function only works on an RGB image.
3. Use [Image > Color > Replace Red with Magenta] to exchange colors and then simulate color-blindness again. Color differences are much more obvious in the second image.
4. Go back to the original image of the muscle and split the channels.
5. Duplicate the window containing the blue channel information.
6. Change the LUT to spectrum and discuss the differences between the gray and spectrum LUTs.

Tags: exercise lut-2

1.15 Calibration Bars

A calibration bar is typically added to a figure when intensity comparisons are made. A calibration bar indicates which color corresponds to which brightness. This is especially important when you use LUTs with more than one color.

1. Open the image fibroblast-sim.tif.
2. Adjust Brightness/Contrast and select a LUT you like.
3. Add a calibration bar with [Analyze > Tools > Calibration Bar...]. In the dialog, choose a location, fill color, label color, number of labels, asf. Note that this calibration bar shows the brightness settings you just applied and that you cannot change those now.

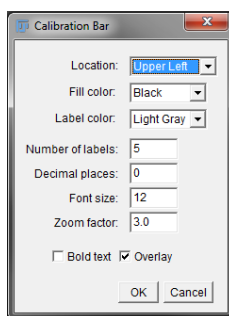


Figure 15: Calibration bar

4. You may not be satisfied by the odd numbers the calibration bar is scaled with. One easy way to fix this is to adjust the brightness of the image before adding the calibration bar. Open the image fibroblast-sim.tif again.
5. Open the B&C dialog **Ctrl+Shift+C**, click the Set button and set the maximum displayed value to 40000 (be aware that you saturate some pixels by doing so!).
6. Add the calibration bar with [Analyze > Tools > Calibration Bar...]. Set number of labels to be 5. The calibration bar should be scaled from 0 to 40000 in steps of 10000. This method will not work on 8bit images.

Tags: exercise calibrationbar-1

1.16 Working with 5D Data

To illustrate working with 5D data, we will import a sequence of files that are labeled with `_t000_z000_c000` and increasing numbering. The sequence of files has been generated from the standard Fiji sample Mitosis [**File > Open Samples > Mitosis** (26 MB, 5D stack)]. This data shows *Drosophila* S2 cell expressing GFP-Aurora B and mCherry-tubulin fusion protein undergoing mitosis (Courtesy of Eric Griffis).

1. Open OMERO.insight and download all the files from the mitosis dataset (user: Peter Zentis). Do you see any problem about downloading these files using the OMERO.web client? In the OMERO.web client also try to apply an export script to the complete dataset, i.e. first select the mitosis dataset, then click on the cogwheel icon in the top menu bar and navigate to `export_scripts>Batch Image Export...`
2. Try to open the image by drag and drop of the folder on the FIJI main window, what is the problem?
3. Go to [**Plugins > Bio-Formats > Bio-Formats Importer**] and select the first image in the folder of the downloaded images.
4. The Bio-Formats import options dialog shows up, make sure to select [**Group files with similar names**].
5. In the dialog, you can choose how to stitch the files. We select “Pattern”. This parses the file based on: `mitosis_t0<01-51>_z00<1-5>_c00<1-2>.tif`. `<>` denotes the range of the import, e.g. we could only select one channel, or any other substack.

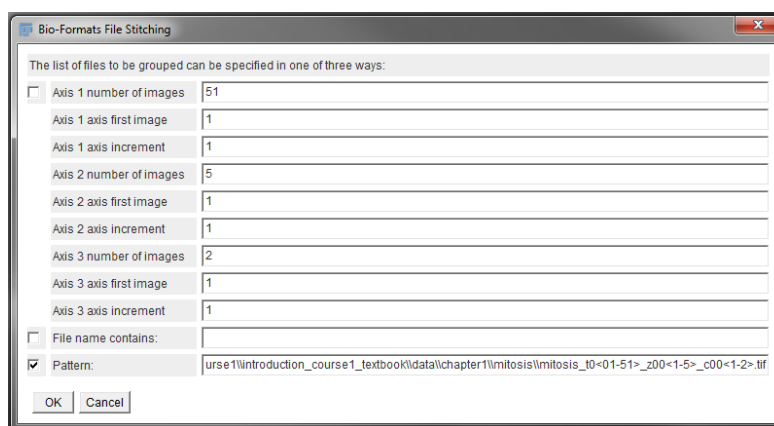


Figure 16: File stitching

6. The imported image shows three sliders: channel (2), z-position(5), time-stamps(51). Browse through the image, adjust Brightness if necessary.

Note that we lost information about the z-spacing, time between frames or channel colors (LUT settings). You can open the original image via [**File** > **Open Samples** > **Mitosis (26 MB, 5D stack)**] and find the missing information e.g. in the properties dialog **Ctrl+Shift+P**. Use the properties dialog on the imported image to add the missing information. Save the created flybrain image as Tiff and upload it to OMERO via the OMERO-Plugin.

Tags: exercise 5d-data

1.17 Projection (Dimensionality reduction)

In a projection, data is summarized along one axis (dimension). A typical case is the maximum intensity projection of the z-axis of a 3D stack, resulting in a 2D image where each pixel represents the maximum value that was found in this (x,y) position along z - which is then used for the manuscript. In Fiji, you can choose between the minimum, average or maximum intensity projection and the sum, standard deviation or median of each pixel along z . Remember that you can swap dimensions with [Image > Hyperstack > Re-order Hyperstack].

1. Open the image GMR-10A12-AE-01.tif. This image shows the expression patterns of a GAL4 line, displayed on a standardized fly brain template (credits belong to the Rubin-lab, JFRC (Arnim Jennet) and The Virtual Fly Brain). Try to estimate the expression pattern (green) by going through z using the slider.
2. In this case, we might decide a z -projection is helpful to quickly determine whether the expression pattern is of interest. We can perform the projection with [Image > Stacks > Z Project...], choosing Max Intensity.

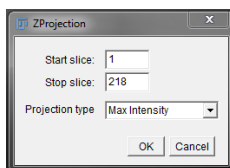


Figure 17: Z-projection dialog

3. Explore various projections on the flybrain stack created previously. Can you see potential advantages or disadvantages of each projection method?

Tags: exercise z-projection-1

1.18 Orthogonal View

Another very common visualization is the orthogonal view. In this view, two additional windows are created that are linked to the current slider position of the 2D view. These windows show the XZ and YZ position. This visualization can be useful if you want to present the intensity profiles in 3D data while presenting overview images for the orientation of the reader at the same time.

1. Open the stack GMR-10A12-AE-01.tif. Show the orthogonal view with [Image > Stacks > Orthogonal Views]. Try scrolling through the axes and zoom into a region of interest to get a feeling for this view.
2. Another form of observing your 3D data from a different point of view is Reslicing. Open the stack GMR-10A12-AE-01.tif again.
3. Reslice by [Image > Stack > Reslice (/)]. Leave output spacing at 0,622 microns and choose Start at: Left. You see that the dimensions change but properties remain the same.
4. Try what happens if your dataset has anisotropic voxel dimensions.

Tags: exercise ortho-view-1

1.19 Color Coding

One option to add a third dimension on a 2-dimensional plot is to somehow code the information; e.g. using different colors for z-depth or time. This can be useful when the data is structured along one axis, e.g. different layers of cells within a tissue, axons growing into other tissue parts or vesicles moving around over time.

1. Open the image fake-tracks.tif (another Fiji sample image). We use a fake file to better illustrate how the color coding works, but you can apply it to any 3D data for further testing. Perform [Image > Hyperstacks > Temporal-Color Code] and select a LUT of your choice. Due to a bug in FIJI you might get an error message. To fix replace the file Temporal-Color_Code.ijm in plugins/Scripts/Image/Hyperstacks/ with the version provided as an attachment to the fake-tracks image in Omero.
2. Why would e.g. the LUT Spectrum be a bad choice for your color code?
3. Compare the color-coded image with the original time-series.

Tags: exercise color-coding-1

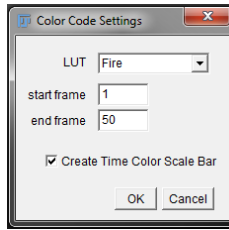


Figure 18: Color code

1.20 Generating a Kymograph Plot

A Kymograph is an visualization to present a dynamic process in a single image where movements along a line are plotted for all time-frames in a stack ($x-t$ plot). Therefore, it is also a way to reduce dimensionality. They are common to show cellular components moving along some path (e.g. mitochondria moving along an axon or cells migrating in reference to a body axis during development).

1. Open the stack axon-mitos.tif (Image by Arun Akondadi, Rugarli Lab, University of Cologne). Adjust Brightness. This image shows mitochondria moving along an axon.
2. This image has a problem: the axon was not stained itself, but we can hopefully reconstruct the axon path by the positions of the moving mitochondria. For this, perform a maximum projection over time.
3. The maximum-intensity image helps a lot to estimate the axon position in the image. Right-click on the [Line-Tool] to change the Straight Line to a Segmented Line. Use the segmented line to trace the axon path. A double-click ends the line.

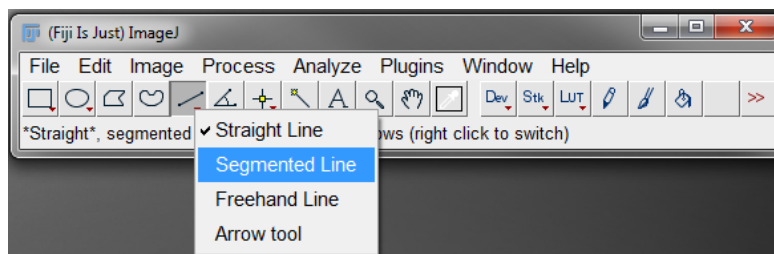


Figure 19: Segmented line tool

4. Go to the original stack and do [Edit > Selection > Restore Selection]. This restores the line we just selected on the maximum projection on the stack.
5. Use [Image > Stack > Reslice] to generates the Kymograph. For dis-

play reasons, you can also invert the image with [Edit > Invert] and Adjust the Brightness.

6. If the line was placed correctly, you should see something similar to the figure below. The kymograph helps to distinguish stationary mitochondria and we can sometimes even distinguish anterograde from retrograde movement (in reference to soma).



Figure 20: Kymograph

Tags: exercise kymograph-1

1.21 3D View

Instead of trying to visualize our data in 2 dimensions, we can also visualize in 3D using the 3D viewer in Fiji. For visualizations in 3D, several display options are common: Volume, Orthoslice, and Surface. While this choice is obviously not available for printed figures, online publishing of supplementary videos can be a good option to present your data.

1. Open the stack GMR-10A12-AE-01.tif from OMERO if it is not already open. Select the 3D viewer with [Plugins > 3D Viewer]. In the options dialog, select the image and display as a volume.

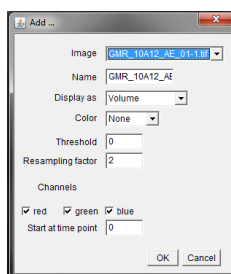


Figure 21: 3d viewer dialog

2. Depending on your hardware, this might take a while to display. Try to navigate the 3D view with your mouse.
3. Let us try to generate a movie that you can save as an avi file. Use the 3D viewer menu to create a simple 360 degree rotation with [View > Record 360 degree rotation]. This generates a stack that you can now save as a movie using [File > Save As > AVI]. In this dialog, you can set the compression as well as the frame rate (how fast the movie is displayed). For our purposes, we set the compression to uncompressed and the Frame Rate to 15 fps (frames-per-second). Movie generation for journals can also be a tricky thing as they often impose strict size limits and require specific formats. You often need to adjust the movie size as well as the compression algorithm to adhere to these requirements and the choice of both can be complicated. However, you can usually accept some compression artefacts as movies are often not considered raw data but more of a nice additional visualization. Still, make sure that you adhere to scientific principles and tell specifically how you treated your data to generate the movie.
4. Further instructions on the 3D viewer can be found at: https://imagej.net/3D_Viewer.

Tags: exercise 3d-viewer

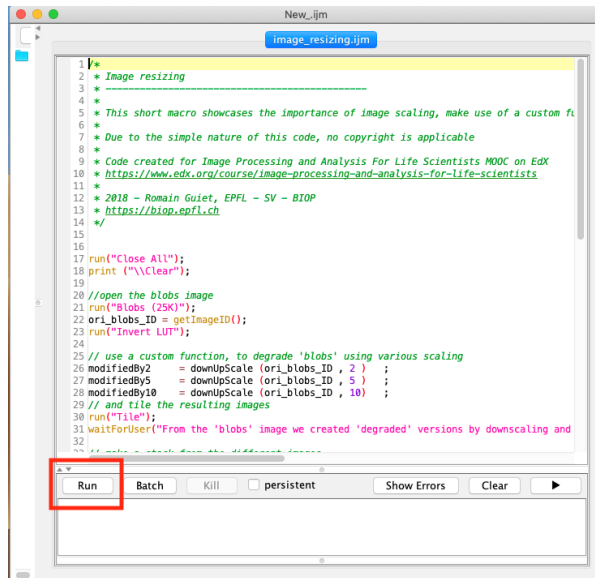
1.22 Resampling Example - No Interpolation

1. Open the file `resampling-test.tiff` from OMERO. This is a 20x20 pixel black-and-white (binary) image. Use the magnification tool to zoom to the maximum magnification. You should now see a one pixel wide and a two pixel wide vertical white line and a 1px diagonal line.
2. Before we perform image manipulations, we duplicate the original image for convenience [**Image > Duplicate**].
3. Go to [**Image > Adjust > Size**].
4. Perform a resize to 30 x 30 pixels (150% size), with no interpolation, and compare the result with the original figure. Use the **Line-Tool** to measure the width of both vertical lines. You should observe that one line was not scaled (1px before and after) while the other was scaled to 150% (2px to 3px).
5. Try other values for the resizing and observe the results.

1.22.1 Optional: Resampling using Image J Macro

6. To further investigate the effect of resampling without interpolation you can go through this Image J Macro provided by Romain Guet at EPFL. This code has been provided for a massive open online course (MOOC) for Image Processing and Analysis for Life Scientists. <https://www.edx.org/course/image-processing-and-analysis-for-life-scientists>

Drag and Drop the given macro file `image_resizing.ijm` into FIJI. You can also open the file under **File – Open...**



A new window with the script will show up. Click on “Run” to run through the code and follow the instructions. This will open the example image blobs.gif and automatically downsample the image by a factor of 2, 5 and 10. After stacking the images together, you will be able to move through the individual downsampled versions. You can also use the line tool to observe the intensity values along one blob. Which differences can you spot between the downsampled versions?

Tags: exercise resampling-1

1.23 Resampling Example - With Interpolation

1. Again, work on a duplicate of the resampling-test.tif image.
2. Adjust the size to 150% with interpolation set to ‘Bilinear’. Use the **Point-Tool** and move the mouse over the image. On the bottom of the Fiji bar, you should see the mouse position in pixels and the value of the current pixel.
3. While the interpolation helps to visually estimate the 150% re-sampling in the vertical and diagonal lines, you can see that the original data has been changed.
4. Try other values for the resizing and observe the results.

Tags: exercise resampling-2

1.24 Omero.figure - Image with scalebar

1. Login into Omero.web. Find the image sted-confocal.tif [Fab Antikörper] in the projects pane and right-click on the entry in the Project Explorer file list.
2. In the context menu, select [Open with > Omero.figure]
3. A new figure window with the selected image opens up. First of all, press the **Save** button.
4. To make sure our image is the active element in the figure, click on the image. Then have a look at the Info tab of the tool panel. Adjust the width and height until the image has a resolution of about 300 dpi.
5. Now select the Preview tab. Change the color of the LUT and adjust the brightness as you like.
6. Now, select the Labels tab. Add a scalebar (**Show** button) activate the scalebar label and adjust position, size and color of the scalebar as you like.
7. Add some text to the figure legend. Try the suggested Markdown syntax if you like.
8. **Save** the figure again. **Export** to pdf, Tiff (300dpi), and new Omero Image.
9. Note that the exported figures were added as attachment to the original image.

Tags: exercise omero-figure-1

1.25 Omero.figure - Creating multipanel figures

1. Add another page to the figure [File > Paper Setup... > Number of Pages]
2. Select the new page. Now we would like to add the image sted-confocal.tif [Overlay001]. So change back to the project explorer and select the image (Left-click). In the top left corner of the General tab, click the Link button (chain symbol) and copy the link from the popup. Switch back to the Figure-tab and click the **Add Image** button in the menu bar. Paste the link into the textbox and click **Add Image**.
3. Move the image to the second page of the figure. In the Info tab click on the chain symbol to lock the aspect ratio of the image, then change the width to 150. Click the **Set dpi** button and enter a value of 600 dpi.
4. Switch to the Preview tab. Change LUT of the second channel to red and adjust the brightness of the individual channels.

5. Switch to the Labels tab. Press the **Edit** button. Draw a small square shaped ROI (press shift while drawing) in an interesting region of the image. Set the line thickness to 10, choose a color.
6. Press the **Show** button in the Scalebar section. Adjust size and color switch on the label.
7. Write 'Merged' in the textbox in the Add Labels section. Change the font size to 18 and make sure position is set to Top. Click **Add**. Now replace 'Merged' in the textbox by 'Overview', switch Position to Left Vertical and click **Add** again.
8. Copy and paste the image five times. Arrange them into two row of three images. After roughly moving the images in place, select them all and use the **Align to Grid** button in the menu bar for quick alignment.
9. Select the second image in the first row. Switch to the Preview tab and switch off the second channel. Now switch to the Labels tab. Delete the Overview label. Change the 'Merged' label to 'Confocal'.
10. Select the third image in the first row. Switch to the Preview tab and switch off the first channel. Now switch to the Labels tab. Delete the Overview label. Change the 'Merged' label to 'STED'.
11. Select the first image in the second row. In the Labels tab delete the Merged label and change the 'Overview' label to 'Magnified ROI'.
12. Switch to the Preview tab. Press the **Crop** button. Select the ROI from figure and click **OK**. Confirm the deletion of the ROI in the cropped image. In the Labels tab adjust the scalebar size if necessary.
13. In the further images switch off one channel as in the first row, delete all labels, crop and adjust scalebars in the same way.
14. Save the figure.

Tags: exercise omero-figure-2

1.26 Omero.figure - Limitations

1. Please try to create figures in OMERO.figure similar to the figures created in the exercises "Manipulating Stacks - Creating a montage" and "Manipulating Stacks - Creating an Insert" in FIJI.
2. Review the exercises on creating a calibration bar making z-projections and think whether it would be (easily) possible to implement them in OMERO.figure as well.

Tags: exercise omero-figure-3

2 Part 2

2.1 Working with histograms

1. Open the image `hela-cells.tif`. This is another standard Fiji sample image showing HeLa cells, so you can open it via [**File** > **Open Samples** > **HeLa Cells 48bit RGB**]. If you open the file from OMERO set Color Mode to Composite in the Bioformats Import Options dialog. Lysosomes should be red, mitochondria green and the nucleus blue.
2. An easy way to learn something about the intensities in the image is to move the cursor over the image and observe the intensity values in status bar of the FIJI main window (Press Enter to bring the main window to front, in case it is covered by other windows.). Another handy tool is the Pixel Inspector which you can activate via a toolbar icon (magnifier glass with Px). When the Pixel Inspector is active you can left-click into the image and another window entitled “Pixel Values” will open which shows the pixel values within the little red square you placed by clicking.
3. Histograms are a means to quickly get an impression of the complete intensity distribution in an image. We can show the histogram with [**Analyze** > **Histogram**] (Shortcut: **Ctrl+H**). If FIJI asks whether all three channels should be displayed, answer No. The histogram is then displayed in a new window. The x-axis shows the pixel value and the y-axis the count. Also note that the histogram refers to the channel that was active when the command was called.

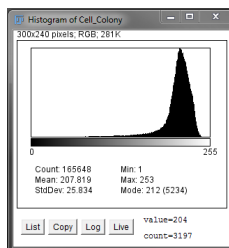


Figure 22: Histogram

4. Obtain the highest and lowest intensities from the histogram. What does the histogram range tell you?
5. Click on [list] to obtain a list with values and counts. [Log] displays the same histogram on a log-scale.
6. Click on [live] in the histogram dialog and change the channel. Observe the changes in the histogram and note the color changes in the depicted colormap bar.

Tags: exercise histogram-1

2.2 Working with ROIs 1

One of the operations you can perform on a ROI is cropping:

1. Open any image. Duplicate the image (Shortcut: **Ctrl+Shift+D**) (Shortcut: **Ctrl+Shift+X**). Select a region by a rectangular ROI. Then, perform [Image > Crop] (Shortcut: **Ctrl+Shift+X**) on the duplicate. Close the cropped image.
2. Duplicate the original image again (**Ctrl+Shift+D**). Use the freehand selection to create a ROI on the duplicate. Crop the image. Note that the minimum and maximum values of your ROI have been used to determine a rectangular selection for the cropping.

Tags: exercise roi-1

2.3 Working with ROIs 2

ROIs can be used to create image masks. An image mask is a binary image that defines which parts of the image are of interest.

1. Open any image. Duplicate the image. Create a few circular ROIs (press <shift> during creation to keep multiple ROIs).
2. Use [Edit > Clear Outside] and then [Edit > Fill] to generate a mask image which should look similar to the figure. The ‘Clear’ command fills the respective area with the background color, ‘fill’ with the foreground color.
3. Undo what you have done with [Edit > Undo]. You will notice that, in contrast to other programs, Fiji only allows to undo the most recent operation. This is done to minimize memory consumption. [File > Revert] allows you to go back to the last saved state.
4. Go back to the original image. Use the command [Edit > Selection > Create Mask] to directly generate a mask image.

Tags: exercise roi-2

2.4 Working with ROIs 3

Operations are usually performed on the selected ROIs and on the whole image if no selections exist.

1. Open any image. Duplicate the image. Select any ROI you like.
2. Observe that [Edit > Invert] only affects the selected pixels. Undo the inversion.

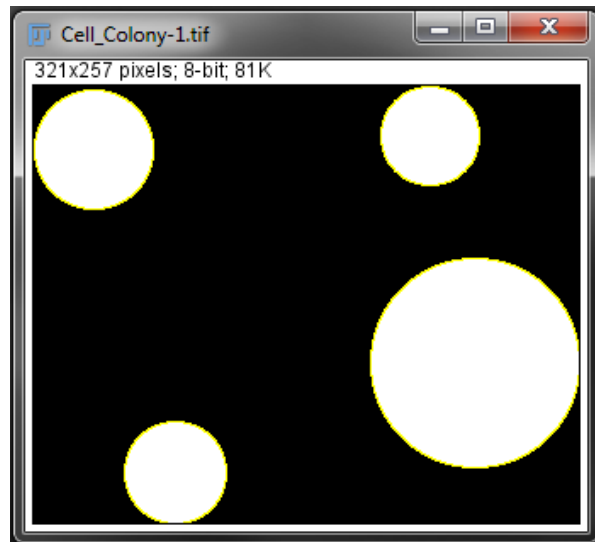


Figure 23: Binary Mask

3. If you are uncertain what is inside and what is outside a ROI, you can select any ROI tool and move the cursor on the area in questions. Inside a ROI the cursor will be an arrow (you could use the cursor to drag the ROI around) outside a ROI the cursor will be cross indicating that you could create new ROI by dragging.

Tags: exercise roi-3

2.5 Working with ROIs 4

Finally, there are several operations that work on a ROI itself without changing pixel values [**Edit > Selection > ...**]. Let us explore a few of those options.

1. Open an image, duplicate and draw a freehand selection with an outline that includes inner parts that are not selected. Fit a spline [**Fit Spline**]. This creates a smoothed version of the selection where individual points can now be dragged around and the shape can be changed. This can be useful to correct the outline of a shape (e.g. a worm or a cell).
2. Use [**To Bounding Box**]. This creates a rectangular region that just fits over the selection (this is the same as the crop area). Undo the last operation.
3. Use [**Convex Hull**]. This creates an outline of the selection, where a straight line between every pair of points within the ROI is also within the ROI (Definition of a convex object in Euclidean space). This can be useful

Select All	Strg+A
Select None	Strg+Umschalt+A
Restore Selection	Strg+Umschalt+E
Fit Spline	
Fit Circle	
Fit Ellipse	
Interpolate	
Convex Hull	
Make Inverse	
Create Selection	
Create Mask	
Properties...	Strg+Y
Scale...	
Rotate...	
Enlarge...	
Make Band...	
Specify...	
Straighten...	
To Bounding Box	
Line to Area	
Area to Line	
Image to Selection...	
Add to Manager	Strg+T
Fit Circle to Image	
Select Bounding Box	
Select Bounding Box (guess background color)	
Points from Mask	
Make rectangular selection rounded	
Fill ROI holes	

Figure 24: Selection options

if you want to measure the extent of an object with an irregular shape. Undo the last operation.

4. Explore the operations [Scale], [Make Inverse], [Enlarge] and [Rotate].
5. Each ROI has properties that can be displayed and changed with [Properties]. Especially useful when you work with multiple ROIs (and the ROI Manager, see below), can be ROI names. If you need the ROI coordinates outside Fiji, you can list the coordinates of the ROI as well.

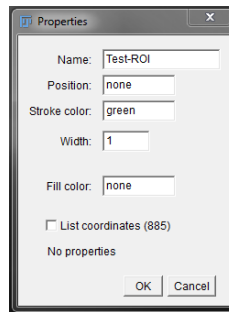


Figure 25: ROI properties

Tags: exercise roi-4

2.6 Working with the ROI Manager

1. Open the image hela-cells.tif.
2. Open the ROI Manager with [Analyze > Tools > ROI Manager...].
3. For the following analysis, we will only work on the bottom-most cell. Select the blue channel showing the nucleus. Use the ROI tools to create an accurate outline of the nucleus and add the selected region to the ROI manager. (Use the **Add** button in the ROI manager window or shortcut **t**). Rename the ROI to 'Nucleus - Your Name'.
4. Select the green channel showing the mitochondria. In this channel, we can estimate the cell outline - create the outline and add the selected region to the ROI manager, rename ROI to 'Cell - Your Name'.
5. Let's say the task we want to solve is get the area of the cell, excluding the nucleus, for our further analysis. We now explore an option using the ROI manager, we will later explore another way using masks and image math. Select 'Nucleus' and 'Cell' ROIs simultaneously. Then go to the [More»] button and select the XOR operation. *XOR* is the *exclusive or* (exclusive disjunction). This is a logical operation that we apply to the ROIs. The XOR function returns the area where both inputs differ, i.e. not overlap. As the 'nucleus' ROI is located within the 'Cell' ROI, this subtracts the nucleus from the cell. Add the resulting ROI to the ROI Manager and rename to 'Cytoplasm - Your Name'.
6. Select all ROIs and save them to OMERO [Plugin > OMERO > Save ROIs...] - we will use these ROIs for measurements. Additionally, you can save the ROIs to your local disk using the ROI manager. Do you recognize any advantages or disadvantages in saving ROIs to OMERO?

Tags: exercise roi-manager-1

2.7 Math on Masks

Before, we used the ROI Manager XOR function to obtain the cytoplasm ROI. We can obtain the same result using image masks and image calculations (actually this is likely happening behind the scenes anyway!).

1. Open the image `hela-cells.tif`. Open the ROI Manager and load the previously generated ROI data that includes the background ROI.
2. Duplicate just the green channel.
3. Select the Nucleus ROI and create a mask (look at the previous exercise if you forgot how to proceed). Duplicate the mask.
4. Now, select the Cell ROI and create another mask.
5. You should now have two image masks (black-and-white images, see figure).

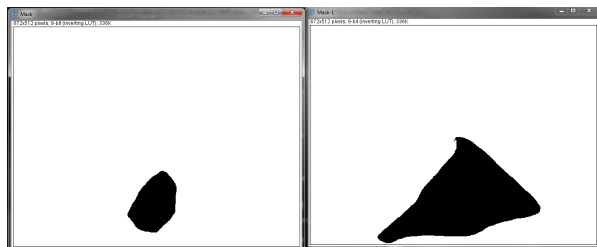


Figure 26: Image masks

6. Calculate the XOR function using the binary data of both images ([**Process** > **Image Calculator...**]).
7. Compare the results with the cytoplasm ROI.
8. Using [**Edit** > **Create Selection**], you can create a selection from the mask.
9. (Optional) To further investigate how you can work with ROIs you can go through an Image J Marco provided by Romain Guet at EPFL. This code has been provided for a massive open online course (MOOC) for Image Processing and Analysis for Life Scientists. <https://www.edx.org/course/image-processing-and-analysis-for-life-scientists>

The macro is an attachment to the image `hela-cells.tif` on OMERO. Select the image and find the attachment section in the right pane of Omero.web. Click the on file name `region_of_interests.ijm` to download the macro. Drag and Drop the macro file onto the FIJI main window. You can also open the file under [**File** - **Open...**] A new window with the script will show up. Click on “Run” to run through the code and follow the instructions. This will open a new empty image and you are asked to draw a large and a small partly overlapping ROI. In

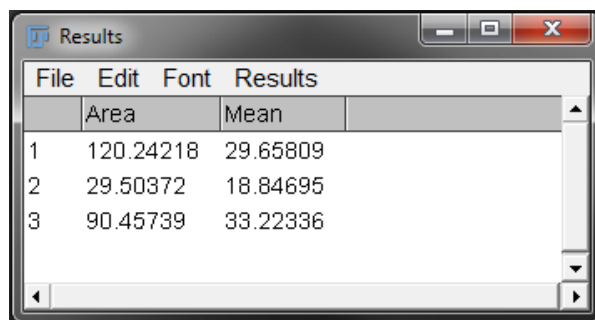
the end you get a stack with 5 different channels called “User Drawing” as well as a combination of calculated ROIs in the ROI Manager. Go through the stack and explore the calculated ROIs. Also observe the calculated areas of the ROIs in the Results table to find out the math behind the calculations.

Tags: exercise mask-1

2.8 Using the ROI Manager

Now, we are going to combine ROIs (and the ROI Manager) with measurements – you will see how powerful this already gets!

1. Open the image hela-cells.tif. Check the import ROIs option in the Bioformats options window or open the ROI Manager and load the previously generated ROI data. Do you have problems restoring the Cytoplams ROI from OMERO? This is due to incompatibilities in FIJI's and OMERO's ROI model. You can either recreate the cytoplasm ROI by an XOR operation on the nucleus and the cytoplasm ROIs or open the Rois from the zip-file you saved to disk.
2. Measure the area and average intensity of the whole cell, the nucleus and the cytoplasm in the green channel and compare the results.



	Area	Mean
1	120.24218	29.65809
2	29.50372	18.84695
3	90.45739	33.22336

Figure 27: Results window

3. Create a ROI in the background of the image (no cell), select the green channel and measure the average intensity again. Name the ROI 'Background' and update the saved ROI file; we will need this for further measurements.

Tags: exercise roi-manager-2

2.9 Subtracting background levels

A common task is the subtraction of the background levels of our images to make them comparable (background levels might vary). Subtracting a constant is the most basic background subtraction possible.

1. Open the image `hela-cells.tif` and again check the load ROIs option to get your previously defined ROIs into the ROI manager.
2. Measure the average intensity in the background and note the value. Open the image histogram (shortcut: **Ctrl+H**).
3. Select the overall image [**Edit > Selection > Select All**] in the green channel.
4. Subtract the average background level from the green channel, using [**Process > Math > Subtract**]. Check the histogram again. Did it change? You can also measure the backgrounds of the other color channels and subtract those as well.

Tags: exercise bg-subtraction-1

2.10 Bit-depth/Format Problems

Performing arithmetic operations changes pixel values. This can potentially lead to clipped values. So where indicated care must be taken to convert images to a suitable bitdepth.

1. Open the image `hela-cells.tif`. Duplicate the green channel.
2. Open the histogram of the green channel.
3. Now, multiply the image by 2.5 - this increases the brightness of the image. Check in the histogram window: was the shape of the histogram affected, how about the mean value?
4. Generate the histogram again and compare the number of saturated values. As you can see, if we get a value outside the image bit-depth the value will be clipped (i.e. set to the maximum value possible). If the result is a real number but our format only allows whole numbers, the resulting value is rounded. Of course, this was a rather stupid example, but this is a common mistake when you perform more complicated calculations on your images.
5. Convert your image to an appropriate format and compare results.

Tags: exercise bitdepth-2

2.11 Background subtraction

In this example, we are exploring a common method to subtract background information from a time-series. In the given example, we have moving bacteria that were imaged with phase contrast microscopy. The key idea for the background subtraction is that on each pixel, most of the time no bacteria is visible. We therefore create an average image and subtract this image from the original images to increase contrast of moving bacteria.

1. Open the image `bacteria-tracks.tif`. This image was created from supplementary video 1 of the publication: Rosser et al. (2013) Novel Methods for Analysing Bacterial Tracks Reveal Persistence in *Rhodobacter sphaeroides*, PLOS Computational Biology, DOI: 10.1371/journal.pcbi.1003276. Please note that this was not the original data, it seems that the supplementary movie was compressed!
2. Perform a Z-projection to create an average image. Think about why the average projection is most useful in this case. What happens if you use the max or sum projection instead. Can you imagine a situation which makes another projection method advantageous?
3. Use `[Process > Image Calculator...]` to subtract the average image from each image in the original time-series and display the difference in a new window.
4. Do you see any differences? Not surprisingly, the authors of the original publication used exactly this approach as the first step in their image processing.
5. To learn another example of removing background signal from image series by clever use of projections (here a minimum projection), you can run a macro by Olivier Burri (EPFL). This code has been provided for a massive open online course (MOOC) for Image Processing and Analysis for Life Scientists (<https://www.edx.org/course/image-processing-and-analysis-for-life-scientists>). The macro file `min_projection_usecase.ijm` is attached to the image ASMIT Raw Data Sample.tif on OMERO. Open the image in FIJI, download and open the macro, i.e. drag and drop the `ijm`-file on FIJI. A new macro-editor window with the script will show up. Click on “Run” and follow the instructions.

Tags: exercise bg-subtracion-2

2.12 Background subtraction and batch processing

To make this exercise more interesting, we first establish the method we want to use and then apply it to many files automatically. If a certain task is performed multiple times, it is called *batch processing*.

1. Open the image xu2015-adipocytes.tif. This image was provided as an example image by Elaine Xu (March 2015, Bruening lab, MPI Stoffwechselforschung). The image shows adipocytes and is a good example to illustrate uneven illumination and how to improve the image with background subtraction.
2. For background subtraction FIJI provides a simple but frequently useful function called rolling ball background subtraction .
3. We now want to perform the background subtraction on all image files in a certain folder. For this, we *record* our actions and then use the recorded sequence on each of those files.
4. Close all images except the original xu2015-adipocytes.tif.
5. To start the recording, perform [Plugins > Macros > Record...]. A Recorder window pops up. Make sure that 'Macro' is selected in Record and nothing else.

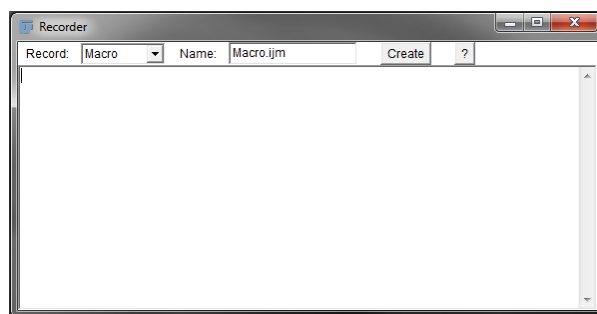


Figure 28: Recorder dialog

6. Do [Process > Subtract Background...], set the rolling ball radius to 20. After you clicked on 'ok', the operation gets performed and the recorder should show following line: `run("Subtract Background...", "rolling=20");`.
7. Select the line and copy (Ctrl+C). Go to [Process > Batch > Macro...]. In the batch processing window, select the input folder /batch-files (please download from OMERO it is attached as a zip-file to xu2015-adipocytes.tif). This folder contains 5 identical adipocyte images with different names. Also, choose an output folder, make sure that this output folder exists.

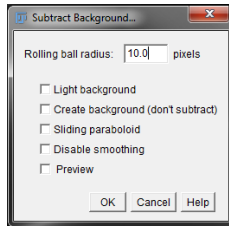


Figure 29: Background subtraction dialog

Paste the line of code into the batch window and click on 'Process'. Check the chosen output folder for the results.

When you try to perform a batch processing where a function requires explicit file names the batch processor will fail because it does not know that these need to be replaced (e.g. when the sequence Duplicate Image, Gaussian, Image Calculator is used). In this case, we have to create a macro where individual file names get replaced.

Tags: exercise bg-subtraction-3 batch-1

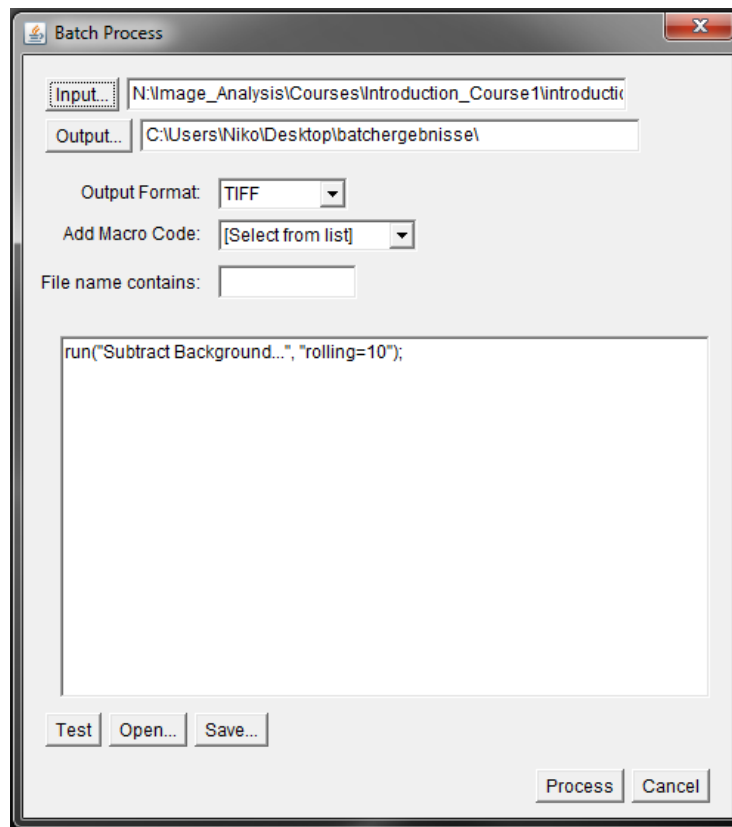


Figure 30: Batch process dialog

2.13 Working with Image Filters

1. Generate an 8-bit, 5x5 pixel black image with a white vertical line as shown in the convolution example. You can create a new empty image via [File>New] (shortcut:Ctrl+N) and draw a line e.g. with the color picker tool and the pencil tool from the toolbar. Duplicate (shortcut:Ctrl+Shift+D) and zoom in to observe individual pixels and check whether the intensity values of the black pixels are zero and the values of the white pixels are 255.
2. Go to [Process > Filters > Convolve...]. Change the default kernel in the Convolver dialog to:

1	1	1
1	1	1
1	1	1

Note that we did not enter 1/9; the values are automatically divided by the number of elements in the kernel if 'Normalize Kernel' is ticked. Select 'Preview' if you directly want to observe the effects of your chosen kernel.

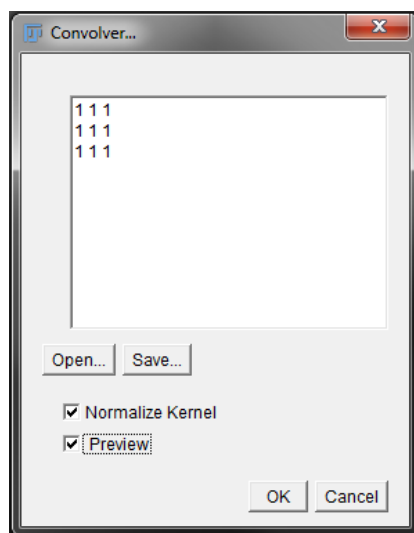


Figure 31: Convolver dialog

3. Compare the new pixel values with the values shown in the example. Do you observe any differences? You should note that pixels at the border of the image can show differences. This is caused by a different way to treat image borders. While the example simply ignores kernel positions outside the image, Fiji increases the image size to fit the kernel within the image (padding). These extra pixels are duplicates of border pixels and therefore, the results differ.

Tags: exercise filter-1

2.14 The point spread function (PSF)

The image you obtain with a microscope is blurred by the optics of the microscope itself. The point spread function describes the impulse response of the microscope, i.e. the 3D diffraction pattern resulting from a single point. In microscopes (non-coherent systems), the image formation process is linear, which means that the imaging of many objects produces a result that is the sum of individually imaged objects. Therefore, image formation in a microscope can be seen as a convolution of the true object with the PSF. Estimating the PSF of a microscope then allows image deconvolution – a process where the true image is estimated by trying to reverse the effects of the convolution. The problem is that deconvolution is an ill-posed problem – no solution, or no unique solution might exist and noise can strongly influence a solution. Computing intense deconvolution algorithms are used to approximate the true image; a PSF for deconvolution can be obtained by measuring sub-resolution beads with known radii or by theoretical estimation using parameters of the optical system.

In this exercise, we use an artificial ground-truth image and convolve this image with a single slice of a cropped and low bit-depth version of a measured PSF.

1. Open the images `artificial-groundtruth.tif` and `PSF-LeicaSP8-63x-Ar488.tif`. The image shows a cropped, 8 bit, x/y slice through a 3D PSF taken at the center (focal plane).
2. Convolve the groundtruth image with the PSF by loading the file `PSF-LeicaSP8-63x-Ar488.txt` (the file is available as an attachment to the PSF image on OMERO) in the convolver dialog.
3. Compare the groundtruth image with the convolved image. This is what happens every time you take an image with the microscope! (Although this is only a 2D, simplified example).

Tags: exercise filter-2

2.15 Averaging pixels

1. Open the image `microtubuli.tif`. Zoom into the image and observe the fluorescence fluctuations along the microtubuli. You can apply a LUT such as `fire` to make enhance visibility.
2. Preview the smoothing filter with a kernel size of `3x3` (see above), using `[Process > Filters > Convolve...]`. Then increase the kernel size to `5x5` and `7x7` and compare the results (duplicate the images!). What happens when the size of the kernel becomes larger? Can you enter a kernel size of `2x2`?
3. The averaging filter has its own direct command in Fiji. Go to `[Process > Filters > Mean...]`. You can choose a radius and optional preview in the next window. A radius can be given instead of size in X and Y as the kernel mask is circular – the neighborhood can be defined arbitrarily! Circular kernels are common as the outermost pixels have the same distance to the pixel of interest (Circular kernels can be shown with `[Process > Filters > Show Circular Masks...]`). Try different radii to obtain the best smoothing to suppress small fluorescence fluctuations.
4. To show the effect of the filter more directly, you can subtract the smoothed from the original image using the subtract operation in the image calculator `[Process > Image Calculator...]` .

Tags: exercise filter-3

2.16 Gradient Filters

1. Open the image microtubuli.tif. Zoom into the image and observe the fluorescence fluctuations along the microtubuli. Remember to duplicate the images before testing any processing.
2. At first, test the sharpen filter with [Process > Sharpen] and optionally using the kernel in the convolution dialog.

-1	-1	-1
-1	12	-1
-1	-1	-1

3. The find edge filter can be tested directly using [Process > Find Edges]. If you want to explore the filter a bit more, you can also generate both filtered images, convert those to 32 bit and perform the calculations by yourself. Are the results identical? Kernel for vertical edge detection:

1	0	-1
2	0	-2
1	0	-1

4. What happens to the noise if you use the sharpen filter?
5. What happens if you first use a smoothing filter and then the edge detection filter?

Tags: exercise filter-4

2.17 Gaussian Filters

1. Open the image `microtubuli.tif`. Zoom into the image and observe the fluorescence fluctuations along the microtubuli. Remember to duplicate the images before testing any processing.
2. The gaussian filter can be tested using [`Process > Filters > Gaussian Blur...`].
3. Try to find an optimal value for σ .
4. Use the image calculator (subtract) to emulate a difference of Gaussians (DoG) filter with σ values of 1 and 10.

Tags: exercise filter-5

2.18 Median Filter

1. Open the image `microtubuli.tif`. Before we do any further processing, we add some Salt-and-Pepper noise using `[Process > Noise > Salt and Pepper]`. This sets random pixels to the lowest or highest values.
2. Duplicate the image with added noise and perform the mean filter to suppress the just added noise (find a suitable radius).
3. Now, use the median filter `[Process > Filters > Median]` with the same radius.
4. Which filter works better?

Tags: exercise filter-6

2.19 Thresholding with contrast adjustment

Here we try to manually threshold by converting an 8bit image into a binary image.

1. Open the image cell-colony.tif. Open the brightness/contrast adjustment window. Observe the slope of the line that shows the change in (displayed) intensity between the minimum and maximum pixel values in the histogram.

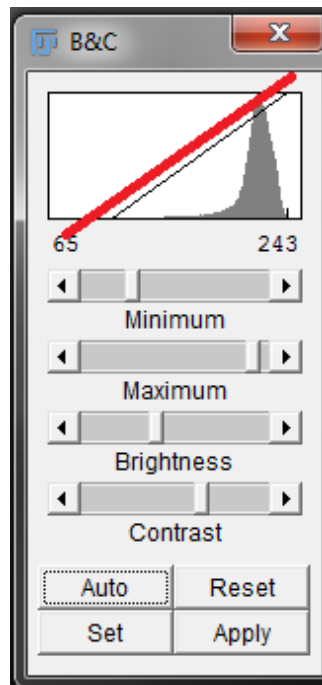


Figure 32: Brightness and Contrast

2. Now, set the contrast to the maximum value and observe that the slope of the line changes until the line appears nearly vertical. The image is a black and white image now, everything to the left of the line is black, everything right of the line is white (the majority of the pixels as seen in the histogram).
3. If you now change the brightness, you can move this vertical line around and observe that the number of pixels identified as white (black) changes.

Tags: exercise

2.20 Manual thresholding

Instead of adjusting the contrast, Fiji has a specialized function to adjust the threshold [Image > Adjust > Threshold...].

1. Open the image cell-colony.tif if it is not already open.
2. Do [Image > Adjust > Threshold...] to open the threshold adjustment window. In this window, you can set the intensity for the threshold. Furthermore, you can select whether you have a dark or light background to determine whether you are interested in light or dark objects. Note that you can select a window for your threshold, by setting the lower and upper values to a value outside the extremes. This is called a *density slice* and can be used to detect objects that fall within a certain intensity range.

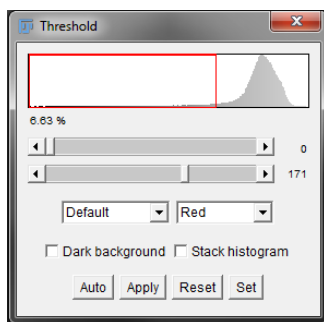


Figure 33: Adjust threshold

3. Change values and play with different settings until you think you found an optimal threshold. How difficult is it to obtain an optimal threshold, i.e. how sensitive is the result to your chosen value?
4. What happens if you apply the Threshold? Note especially the changes in intensity in the resulting image.

Tags: exercise threshold-1

2.21 Automated thresholding

1. Open the image `hela-cells.tif`. In this task, we first want to automatically identify the nuclei. Select the appropriate channel and duplicate.
2. Test all available thresholding methods. [`Image > Adjust > Auto Threshold...`], set method to ‘Try all’. You can see that most methods already produce nice results. Please also try the ‘Check Thresholds’ function from the BioVoxxel toolbox. Click on the most right button (right pointing double arrow) in the toolbar and select the biovoxxel toolset. Then select the Threshold check via the new toolbar icon (green cube).
3. In the next step, we want to identify the lysosomes (red). Try to threshold the appropriate channel with Otsu’s method. Are the results good enough?
4. As you can see, the algorithm already works relatively well, but is not good enough for our purposes. Can you think of a reason why the method fails in some parts of the cells?
5. After an analysis, we come to the conclusion that background signal is too high in parts of the cell. Therefore, we now first use a background subtraction (e.g. with a rolling ball radius of 10 pixels) before we threshold with Otsu’s method. Do the results improve?
6. Finally, try to use the green channel to identify the cells’ cytoplasm. Again, it seems that an image filter might improve the results. Try a Gaussian filter with varying sigma values to improve the results. At the end, the result we obtain is not perfect but might be sufficient for our needs. You will see in the section about binary images how we could still improve on this thresholding.

Tags: exercise threshold-2

2.22 Morphological operations

1. Open the image thresholded-nuclei.tif. This image shows real thresholded nuclei with artificially introduced thresholding errors.
2. Duplicate the image and perform erosion, dilation, opening and closing in [Process > Binary] and observe the changes of individual nuclei. Make sure you understand where the different operations enhance the image and where they make analysis more difficult.
3. Instead of using opening or closing, try to manually erode 4-5 times and then dilate 4-5 times again; perform the same operations reversed. Note that you can do the same but more conveniently via the Biovoxxel 'EDM Binary Operations' dialog. This you can open from the Biovoxxel toolset (green cube icon in the toolbar). Here you just set the number of iterations before starting the morphological operation.
4. Try the command [Process > Binary > Fill Holes]. This operation finds background areas that are completely surrounded by foreground and sets all those pixels to foreground.

Tags: exercise morphology-1

2.23 Watershed transform

1. Open the image `bunch-of-nuclei.tif`. Use a gaussian filter and thresholding to generate a binary image with the nuclei detected. Duplicate.
2. Use [**Process** > **Binary** > **Watershed**] on the binary image. Observe where the algorithm splits objects.
3. What can be done to improve the separation results? Try for instance different binary operations before the watershed transform.

Tags: exercise watershed-1

2.24 Skeleton analysis

1. Open the image `drosophila-ddac-neuron.tif`. In this task, you are going to analyze the arborization pattern of this, already thresholded, neuron.
2. Duplicate the image, do `[Plugins > Skeleton > Skeletonize (2D/3D)]`. Make sure that the skeleton is white against a black background (you might need to invert the image). Now, edit the LUT so that the white pixels appear yellow, magenta or any other light color.
3. Look at the original thresholded image and add the skeletonized image as an overlay (with zero transparent) `[Image > Overlay > Add Image]`. Compare the skeletonization results with the original using the overlay.
4. Perform `[Analyze > Skeleton > Analyze Skeleton (2D/3D)]` on the skeletonized image. The Analyze Skeleton window allows you to prune the skeleton before analysis to get rid of small branches either by their length or intensity. Tick 'Show detailed info' and click on 'OK'.

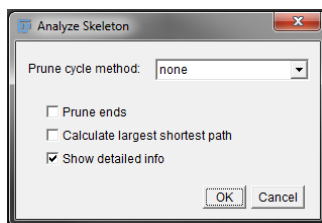


Figure 34: Analyze skeleton dialog

5. Three windows show up: Detailed information about each branch, summary results with branch statistics, and an image showing the skeleton with branch points and end points in different colors. You can try out different prune methods and compare the results. Refer to <https://imagej.net/AnalyzeSkeleton> to get more information on the visualization.

Tags: exercise morphology-2

2.25 Analyze Particles

1. Open the image bunch-of-nuclei.tif and use a sequence of filtering, thresholding and binary operations to identify the nuclei. Remember that this image does not provide an easy perfect result on purpose!
2. Set the measurements you want to perform [**Analyze > Set Measurements...**]. For this example, we want at least measure the area and the mean gray value.
3. Perform [**Analyze > Analyze Particles...**]. Do not select objects by size or circularity, show the outlines and tick 'Display results', 'Clear results', 'Add to Manager' and 'Summarize'.
4. Several windows should show up. A summary report indicating the number of detected objects, and several average statistics; A results window showing the selected measurements for each detected object; an outline image indicating the object number for each object; the ROI Manager with each object as an individual ROI. Why is the mean intensity value 255 for each object? The measurement was performed on the thresholded binary image. While thresholding does not change the shape of an object, the intensity values are obviously not maintained. In order to perform the measurements on the original image, Redirect the measurements to the original image in 'Set Measurements...'
5. Explore the functions of the particle-analyzer method and try to select objects in a way that only small/large or round objects are measured.

Tags: exercise particle-analyzer-1

3 Part 3

3.1 Trainable Weka Segmentation

1. Open the image 1546 Ctr3G-KO1R 24h.tif, which was kindly provided by Matthias Rübsam. It shows a mixture of two different populations of primary ceratinocytes labelled with green and red fluorescent markers. The nuclei are stained with a Hoechst dye. Select a rectangular ROI which includes about 20-30 nuclei and duplicate the blue channel. Save the image as segmentation-challenge.tif.
2. Manually count the nuclei in the image using the Multi-point tool. Exclude nuclei which touch the border.
3. Quickly try to do a segmentation using a manual threshold and watershed operation. Count the number of nuclei using the particle analyzer (exclude on edges as well).
4. Now start again from segmentation-challenge.tif file. Go to [Plugins > Segmentation > Trainable Weka Segmentation]. A window pops up that shows the image and several buttons.

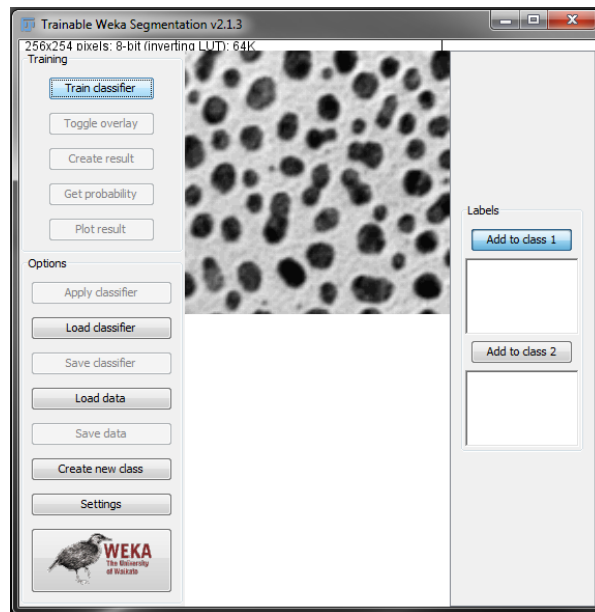


Figure 35: Trainable WEKA segmentation

5. Use the freehand line tool and draw on an image object you want to detect. Add this selection to class 1. Repeat this step and then add two background selections to class 2.

6. Click on ‘Train classifier’. You should now see what the method thinks is background and foreground. If you click on ‘Create result’ a two color image is generated. Convert this image into a binary image, perform a watershed operation and count nuclei again.

Tags: exercise weka-1

3.2 StarDist Segmentation

1. Go to [Help > Update], then click “Manage update sites”. Check the sites CSBDeep and StarDist. Click the “Close” button and “Apply changes”. It may take a while to download. After it finished please restart FIJI.
2. Open segmentation-challenge.tif and open StarDist segmentation via the menu [Plugins > Stardist > StarDist 2D], keep the default settings and run stardist by clicking the “OK” button.
3. Compare your results.
4. Run the Stardist segmentation again and explore the effect of different settings (e.g. Probability/ Score Threshold and Overlap Threshold).
5. Refer to <https://imagej.net/StarDist> for further information. Be aware that you are employing a pre-trained model here which may well be not applicable to your data and produce non-sense results. However, if you have labelled training data your can train you Stardist model perfectly adapted to your data.

Tags: exercise stardist

3.3 Deep ImageJ

1. Click on Help > Update... In the ImageJ Updater Window that will automatically open, click on Manage update sites. Look for DeepImageJ and StarDist and check them. Click the “Close” button and “Apply Changes”. Restart FIJI after the update.
2. Go to the BioImage Model Zoo (<https://bioimage.io/>) and explore the different resources (Models, Applications, Datasets). You can use the search bar to filter for different analysis tasks or image modalities (e.g. brightfield). If you chose a model, see that there is a lot of information available (author and description of models...)
3. In this case we want to use an already existing pre trained model to segment cells in brightfield microscopy images. You can download the model “T cell nuclei segmentation – brightfield” from the Model Zoo to use for deepImageJ segmentation. Find this model file also on OMERO as an attachment to Tcell.tif.

4. First we have to install the model: Run DeepImageJ – DeepImageJ Install Model Select “Private Model”, Select “From ZIP file” and choose the path to the downloaded T cell nuclei segmentaion.zip file. For Mac users: Go to the lower bar in your folder and right click on the file. Then choose “copy as file path”. Please read the warning note and if you accept with it, check it, so it allows you to install the model. Click “Install” and close the window afterwards.

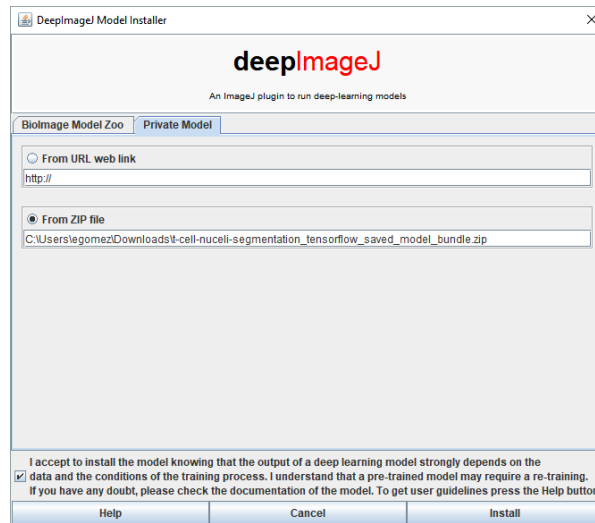
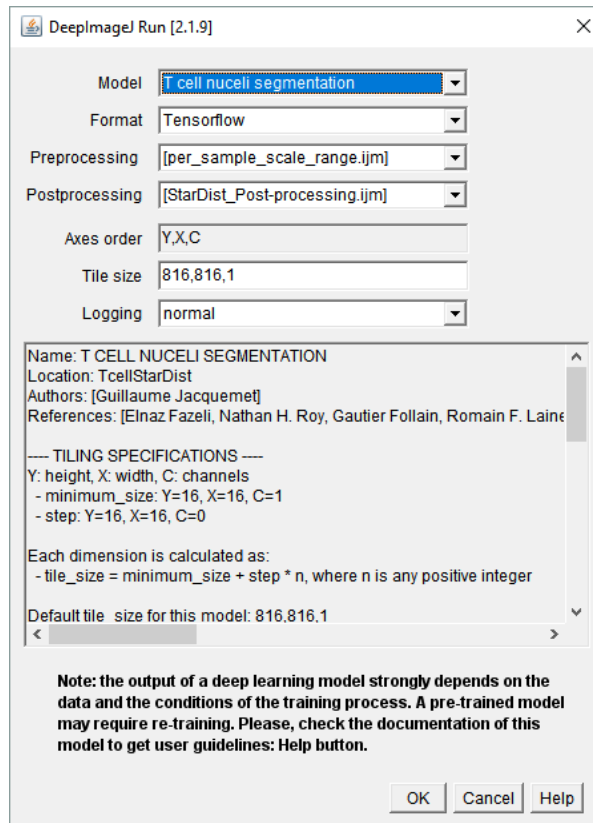


Figure 36: DeepImageJ

5. Open the example image “Tcell.tif” in FIJI
6. Now we want to use the installed model for segmentation. Run: Plugins - DeepImageJ – DeepImageJ Run Select the “T cell nuclei bright-field” model and leave all other settings at default. Click “OK” and wait for the model to segment your nuclei. This might take some seconds.



7. As a result you will get a label image and the corresponding ROIs in the ROI manager.
8. Now lets try to process a new image with the same model. Open the flow_chamber.tif image. Is the segmentation equally successful? What could be the source of error?
9. And what about fluorescently labelled nuclei? Try to process the image breast_cancer.tif with the same model. What could be the source of error in that case?

Tags: exercise deeplearning

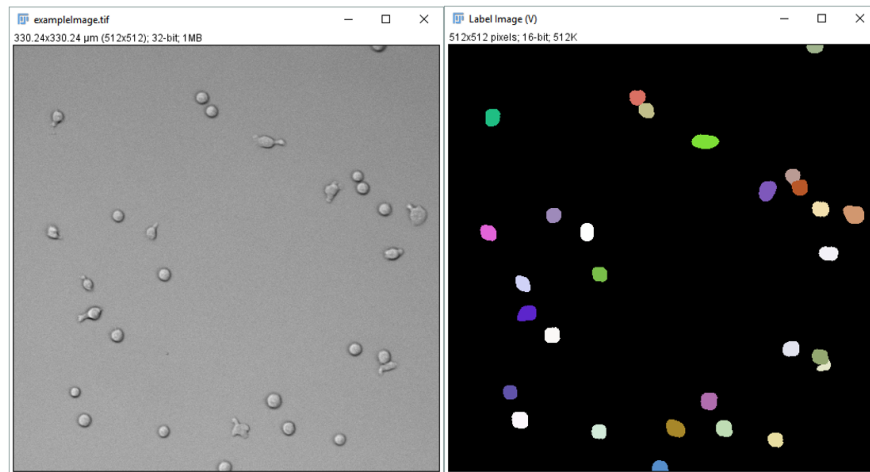


Figure 37: Original and result image from DeepImageJ