

NEW GYM FEST 2020

In collaboration with
Korfbalvereniging Swift.

8-11 OCTOBER



ORGANIZED BY
Cecile Hübner
and **Shifra Osorio Whewell**

STARRING

Volksamt!
Softcore Reading
Lucía Vives
Millie Dobree
Morgane Billuart
Bert McLean
Hueeltje
Mitchell Bosch
Xiaoqing Ji
Ingrid Weerts
Olaf Wisselink
Oskar Frere-Smith
Antonella Fittipaldi
Eve Boontje
Cava Zielona
Burger service
Accu Fanfare

Dokzaal Plantage Dok

Plantage Dok

ONLY 2€75



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SWEAT IT

ONLY 499,99€ ONLY 499,99€ ONLY 499,99€ ONLY

YES NOW

GYM FEST 2020

BEAT IT

The Architecture of Dreams as a Pop up Ad

HARDER

kids dancing IN SLOW MO

Lucía Vives & Pedro Tavares

In co-production with the League of gym-enthusiasts based in Amsterdam

G Y M

A 21st century sportsman's dream

Lawn of Amsterdam, 2020

Presenting

- Kit bag selection
- Including
- Darkest of brews
80x80cm
- Lanky Ball
106x15cm
- Between the sticks
- A conversation on working out
- District 2020
- A pink flower in my home field



Bert McLean

What I do is make stuff. I make paintings mostly and drawings for sculptural works that have happened and could possibly happen. I try to give inanimate objects character or show the characters I see in objects. I cartoon and frequently reference food, football and shoes. Most of the joy in what I do comes from Do Your Own Thing Space.



Softcore Reading

AI Primrose & Violeta Paez Armando

Softcore Reading is a fortnightly research group led by Al Primrose and Violeta Paez Armando. It's a warm, informal and interdisciplinary space where to have generative, curious conversations that embrace sharing experiences as much as formalised discourses – we're looking for alternative ways of engaging with theory and other forms of knowledge production. This session held at GYMFEST will focus on working out. So many people feel quite out-of-place with fitness, working out, or going to the gym, but have at times found it to be an important part of their lives (or been told that it should be). Public spaces for exercise can feel as stifling as the industry and conversation that surrounds them, but they hold a secret fascination for both of us. We'd love to explore ways of approaching the topic critically, and maybe speculate on more open alternatives. *You don't have to work out, or like to work out to be part of the conversation; we're more interested in talking about different ways to relate to our bodies, whatever that means to you.*

Oskar Frere-Smith

In the third iteration of his District installation Oskar Frere-Smith brings us back to the playground once more... Through the creation of designated spaces via floor marking OFS facilitates areas of contemplation, action, agency, rest, play and pleasure. The facilitation of such spaces leaves actions within it entirely open to the energy of play within the audience in the moment.

The artist wishes people to feel free to use the shapes and spaces as they wish, whether that be for their own art projects, bar, stall, performance, conversation, dance, dinner, play, sleep, space and so on...

**PUT THE BALL IN THE GOAL,
PUT THE BALL IN THE GOAAAAL,
KICK THE BALL IN THE HOLE
KICK THE BALL IN THE HOOOOLE
KICK IT WITH YOUR FEET
NOT WITH YOUR TEETH
KICK THE BALL IN THE HOLE
KICK THE BALL IN THE GOAL
YOU'RE ALL BASTARDS
KICK THE BALL IN THE HOLE**

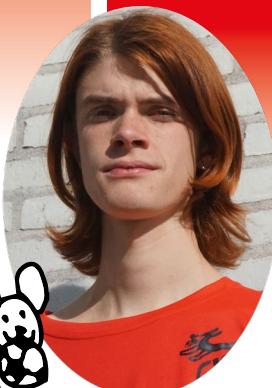
Oskar Frere-Smith is an artist living and working in Amsterdam, originally from North Yorkshire in England, he has a multi-disciplinary practice half way between a historian and a good christian»



Hueeltje

Hub Kooijman & Neeltje van der Vlucht

By going swimming do you mean frietje?
Chlorine in my eye
Slowly falling slowly leaning
Slowly soaking slowly towel will
be necessary
Slowly learning to swim at home
I watch television non stop, full HD
Later I might call my landlord



GYM FEST 2020

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Morgane Billuart

Multimedia visual artist and writer based in Amsterdam.

At the moment, I focus on digital daydreaming and animism, the curation of the self through our devices and the removal of failure and touch within this technological progress.



Eve Boontje

Existcises
situp
calm down
push up
put down
press up
Plank
run down
step up
slow down
show down
close up
get down
Squat
shut up
dog down
leg up
show up
shut down
Lunge



Millie Dobree

It takes one hour to travel by plane across the sea from Amsterdam to London, but this hour disappears due to the chasing up of time zones. In this flight from reality, your weekend getting high and escaping real life falls off track into a flat and nondescript landscape, where you are lost, and the only indicator of your identity is an adidas tracksuit.



Antonella Fittipaldi

Tutorials on how to exercise your exit.
The repetition and its collapse.

Four audio files on how to exercise
your mouth
Your skin
Your tongue
Your eyes

Train yourself through your exit.

Few sessions about

Find your emancipation through
the repetition,
Go back to your starting position.

Train the inside
Of your mouth,
is so precious.
Reach your outside.

Open your mouth.
Keep your mouth open.

Four audio files on how to exercise
Shameless dances of your throat.



Lucía Vives and Pedro Tavares

Their work comes to life through intimacy: confessions, late night DMs, songs and a thousand open tabs that turn into paintings of video poems. "The Architecture of Dreams as a Pop Up Ad" consists of a video/poem/essay - in collaboration with Pedro Tavares - about the physicality memories can take. From a baseball pitching machine, memories are reused and rethought by mechanized muscle and emotional memory.



Presenting

Two life-size exercising puppets

OUT OF BIOGRAPHY GYM SESSION

Ultramarine (across the sea)

The Architecture of Dreams as a Pop up Ad

Indoor Awakening



PLANTAGE DOKLAAN 8-12

In co-production with the Sport Fields of Amsterdam

HOLD IT



The player that could fly, 2020

Between the sticks



Bert McLean

Music performance



Burgerservice

Burgerservice is a one-man act from Amsterdam, short songs about everyday life and other frustrations.

Dutch wave, art rock, egg punk.



Cava Zielona



Accu Fanfare



Vølksamt!

*Music for Contemporary Audience
Nr. 10 – Piece for 8*

Contemporary music for contemporary audience, through a contemporary scope, by contemporary composers for contemporary art.

Music for Contemporary Audience is a series of text scores composed under the umbrella of Vølksamt!, functioning as instructions to situations and at times, blueprints for space affecting constructs. At its core, it is a proposal for architecture.

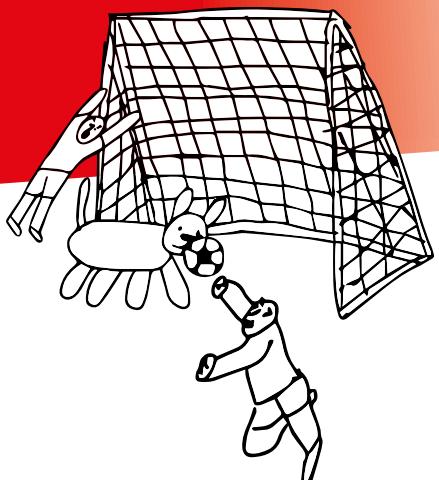
> Vølksamt! is a collective that aims to liberate art from its mono-media(l) shackles and the munificence of the superficial institution that monger it.

> In doing so, Vølksamt! advocates against certain repulsive atrocities still widely committed in contemporary society, such as painting.

> Vølksamt! rallied in an attempt to lick Oldenburg's Dropped Cone (2001), which resulted in numerous arrests, shrinking our personnel substantially. For this exposition, Music for Contemporary Audience Nr. 10 will performed by our co-conspirator G. Atabek and members of SCA; an Amsterdam based fencing club.

G. Atabek (TR) is an artist and researcher who, albeit unwillingly, has been appointed the representee, accountant, webmaster, and production manager of Vølksamt!

Prior to his appointment as local representative, Atabek has been working with computer and new media art (a name he finds abrasively stupid at the time of this writing). Currently, he is dwelling into practices such a publishing, blue-collar labor, and mixology.



Gymfest is a four day festival where student artists, together with Dokhuis and sporters explode the idea of a gym lesson in the Dokzaal.

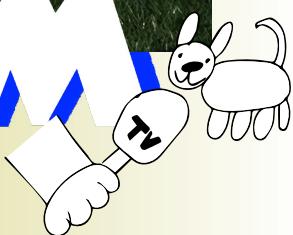
This historic hall has functioned as church, technische school gym, drukkerij and finally squatted event space. Here, sport and school and art will clash nostalgically. Sweaty changing rooms, embarrassing spare-box shorts and giddy self-consciousness are specific and universal.

Musical performance, videos, physical works, training sessions and apparatus face each other on the playing field.

Come to sweat and shout!



THANKS TEAM



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YES NOW



SWEAT IT



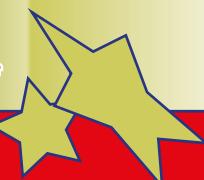
thank you!!!
for coming!!!

CURATORS
*Cecile Hübner
Shifra Osorio Whewell
Herman Hjorth Berge*

CAMPAIGN DESIGN
Dasha Leontieva

MAGAZINE DESIGN
*Gersande Schellinx
with illustrations
by Dasha Leontieva*

HOST
Eva Schippers



NEW
GYM
FEST