Frequency	Code	Response	Name	VariableType/ Length

Section 3: General Health

Section 3 is about health and safety. In terms of illness, it focuses on symptoms rather than diagnoses. Questions also touch on nutrition and weight control, use of health services, safety behaviors such as seatbelt use, perceived risk, and sleep habits. The section is administered to all respondents.

The next set of questions are about your overall health and safety.

Frequency	Code	Response	Name	Type/Length
1. In general, how is your health? Would you say...			**H1GH1**	num 1
1847	1	excellent		
2608	2	very good		
1605	3	good		
408	4	fair		
28	5	poor		
3	6	refused		
5	8	don't know		
1a. Do you have difficulty using your hands, arms, legs, or feet because of a physical condition that has lasted for the past twelve months or more?			**H1GH1A**	num 1
2314	0	no		
70	1	yes		
1	6	refused		
4113	7	legitimate skip *[Question added after fieldwork began, so not all adolescents asked this question.]*		
6	8	don't know		

[Hand R show card 2.] Please tell me how often you have had each of the following conditions in the past 12 months.

Frequency	Code	Response	Name	Type/Length
2. How often have you had a headache?			**H1GH2**	num 1
578	0	never		
4016	1	just a few times		
1441	2	about once a week		
390	3	almost every day		
72	4	every day		

Frequency	Code	Response	Name	VariableType/ Length
3	6	refused		
4	8	don't know		
3.		feeling hot all over suddenly, for no reason	**H1GH3**	num 1
4006	0	never		
2061	1	just a few times		
285	2	about once a week		
102	3	almost every day		
41	4	every day		
3	6	refused		
6	8	don't know		
4.		a stomach ache or an upset stomach	**H1GH4**	num 1
878	0	never		
4447	1	just a few times		
935	2	about once a week		
198	3	almost every day		
38	4	every day		
3	6	refused		
5	8	don't know		
5.		cold sweats	**H1GH5**	num 1
5163	0	never		
1178	1	just a few times		
104	2	about once a week		
33	3	almost every day		
13	4	every day		
3	6	refused		
10	8	don't know		
6.		feeling physically weak, for no reason	**H1GH6**	num 1
3565	0	never		

Frequency	Code	Response	Name	VariableType/Length
2369	1	just a few times		
424	2	about once a week		
103	3	almost every day		
33	4	every day		
3	6	refused		
7	8	don't know		
7.		a sore throat or a cough	**H1GH7**	num 1
1186	0	never		
4612	1	just a few times		
531	2	about once a week		
134	3	almost every day		
34	4	every day		
3	6	refused		
4	8	don't know		
8.		feeling very tired, for no reason	**H1GH8**	num 1
2612	0	never		
2561	1	just a few times		
860	2	about once a week		
337	3	almost every day		
125	4	every day		
3	6	refused		
6	8	don't know		
9.		painful or very frequent urination (or peeing)	**H1GH9**	num 1
5610	0	never		
708	1	just a few times		
93	2	about once a week		
54	3	almost every day		
29	4	every day		

Frequency	Code	Response	Name	VariableType/ Length
4	6	refused		
6	8	don't know		
10. feeling really sick			**H1GH10**	num 1
3209	0	never		
3028	1	just a few times		
203	2	about once a week		
40	3	almost every day		
16	4	every day		
4	6	refused		
4	8	don't know		
11. waking up feeling tired			**H1GH11**	num 1
1214	0	never		
2652	1	just a few times		
1230	2	about once a week		
939	3	almost every day		
461	4	every day		
4	6	refused		
4	8	don't know		
12. skin problems, such as itching or pimples			**H1GH12**	num 1
1554	0	never		
2951	1	just a few times		
1100	2	about once a week		
488	3	almost every day		
400	4	every day		
4	6	refused		
7	8	don't know		
13. dizziness			**H1GH13**	num 1
3982	0	never		

Frequency	Code	Response	Name	VariableType/ Length
2056	1	just a few times		
321	2	about once a week		
100	3	almost every day		
37	4	every day		
4	6	refused		
4	8	don't know		
14. chest pains			**H1GH14**	num 1
4763	0	never		
1467	1	just a few times		
201	2	about once a week		
57	3	almost every day		
8	4	every day		
4	6	refused		
4	8	don't know		
15. aches, pains, or soreness in your muscles or joints			**H1GH15**	num 1
1333	0	never		
3447	1	just a few times		
1228	2	about once a week		
380	3	almost every day		
108	4	every day		
4	6	refused		
4	8	don't know		
If R is female, ask Q.16. 16. cramps during your menstrual period			**H1GH16**	num 1
638	0	never		
1833	1	just a few times		
320	2	about once a week		
343	3	almost every day		

Frequency	Code	Response	Name	VariableType/ Length
212	4	every day		
2	6	refused		
3153	7	legitimate skip		
3	8	don't know		
17. poor appetite			**H1GH17**	num 1
3546	0	never		
2109	1	just a few times		
567	2	about once a week		
207	3	almost every day		
66	4	every day		
5	6	refused		
4	8	don't know		
18. trouble falling asleep or staying asleep			**H1GH18**	num 1
2706	0	never		
2305	1	just a few times		
864	2	about once a week		
437	3	almost every day		
184	4	every day		
4	6	refused		
4	8	don't know		
19. trouble relaxing			**H1GH19**	num 1
3451	0	never		
2109	1	just a few times		
587	2	about once a week		
246	3	almost every day		
102	4	every day		
4	6	refused		
5	8	don't know		

Frequency	Code	Response	Name	VariableType/Length
20. moodiness			**H1GH20**	num 1
1319	0	never		
2853	1	just a few times		
1503	2	about once a week		
535	3	almost every day		
276	4	every day		
4	6	refused		
14	8	don't know		
21. frequent crying			**H1GH21**	num 1
4449	0	never		
1615	1	just a few times		
315	2	about once a week		
86	3	almost every day		
31	4	every day		
4	6	refused		
4	8	don't know		
22. fearfulness			**H1GH22**	num 1
3648	0	never		
2430	1	just a few times		
274	2	about once a week		
94	3	almost every day		
48	4	every day		
4	6	refused		
6	8	don't know		
23. What do you usually have for breakfast on a weekday morning?				
milk			**H1GH23A**	num 1
2774	0	not marked		
3722	1	marked		

Frequency	Code	Response	Name	VariableType/ Length
3	6	refused		
5	8	don't know		
coffee or tea			**H1GH23B**	num 1
6067	0	not marked		
429	1	marked		
3	6	refused		
5	8	don't know		
cereal			**H1GH23C**	num 1
3142	0	not marked		
3354	1	marked		
3	6	refused		
5	8	don't know		
fruit, juice			**H1GH23D**	num 1
4228	0	not marked		
2268	1	marked		
3	6	refused		
5	8	don't know		
eggs			**H1GH23E**	num 1
5375	0	not marked		
1121	1	marked		
3	6	refused		
5	8	don't know		
meat			**H1GH23F**	num 1
5718	0	not marked		
778	1	marked		
3	6	refused		
5	8	don't know		
snack foods			**H1GH23G**	num 1

Frequency	Code	Response	Name	VariableType/ Length
6064	0	not marked		
432	1	marked		
3	6	refused		
5	8	don't know		
bread, toast, or rolls			**H1GH23H**	num 1
4127	0	not marked		
2369	1	marked		
3	6	refused		
5	8	don't know		
other items			**H1GH23I**	num 1
5693	0	not marked		
803	1	marked		
3	6	refused		
5	8	don't know		
nothing			**H1GH23J**	num 1
5217	0	not marked		
1279	1	marked		
3	6	refused		
5	8	don't know		
24.		When did you last have a physical examination by a doctor or nurse?	**H1GH24**	num 1
4446	1	less than a year ago		
1361	2	1 to 2 years ago		
520	3	more than 2 years ago		
140	4	never		
5	6	refused		
31	8	don't know		
1	9	not applicable		

Frequency	Code	Response	Name	VariableType/Length
25. When did you last have a dental examination by a dentist or hygienist?			**H1GH25**	num 1
4322	1	less than a year ago		
1267	2	1 to 2 years ago		
717	3	more than 2 years ago		
171	4	never		
4	6	refused		
22	8	don't know		
1	9	not applicable		
26. Has there been any time over the past year when you thought you should get medical care, but you did not?			**H1GH26**	num 1
5242	0	no *[skip to Q.28]*		
1250	1	yes		
4	6	refused *[skip to Q.28]*		
8	8	don't know *[skip to Q.28]*		
27. *[Hand R show card 3.]* What kept you from seeing a health professional when you really needed to? If there was more than one reason, choose more than one answer.				
didn't know whom to go see			**H1GH27A**	num 1
1141	0	not marked		
106	1	marked		
1	6	refused		
5254	7	legitimate skip		
2	8	don't know		
had no transportation			**H1GH27B**	num 1
1138	0	not marked		
109	1	marked		
1	6	refused		
5254	7	legitimate skip		
2	8	don't know		

Frequency	Code	Response	Name	VariableType/ Length
		no one available to go along	**H1GH27C**	num 1
1207	0	not marked		
40	1	marked		
1	6	refused		
5254	7	legitimate skip		
2	8	don't know		
		parent or guardian would not go	**H1GH27D**	num 1
1108	0	not marked		
139	1	marked		
1	6	refused		
5254	7	legitimate skip		
2	8	don't know		
		didn't want parents to know	**H1GH27E**	num 1
1098	0	not marked		
149	1	marked		
1	6	refused		
5254	7	legitimate skip		
2	8	don't know		
		difficult to make appointment	**H1GH27F**	num 1
1151	0	not marked		
96	1	marked		
1	6	refused		
5254	7	legitimate skip		
2	8	don't know		
		afraid of what the doctor would say or do	**H1GH27G**	num 1
1041	0	not marked		
206	1	marked		
1	6	refused		

Frequency	Code	Response	Name	VariableType/ Length
5254	7	legitimate skip		
2	8	don't know		
thought the problem would go away			**H1GH27H**	num 1
460	0	not marked		
787	1	marked		
1	6	refused		
5254	7	legitimate skip		
2	8	don't know		
couldn't pay			**H1GH27I**	num 1
1071	0	not marked		
176	1	marked		
1	6	refused		
5254	7	legitimate skip		
2	8	don't know		
other			**H1GH27J**	num 1
1147	0	not marked		
100	1	marked		
1	6	refused		
5254	7	legitimate skip		
2	8	don't know		
28. How do you think of yourself in terms of weight?			**H1GH28**	num 1
128	1	very underweight		
935	2	slightly underweight		
3381	3	about the right weight		
1808	4	slightly overweight		
238	5	very overweight		
4	6	refused		
10	8	don't know		

Frequency	Code	Response	Name	VariableType/Length
		29. Are you trying to lose weight, gain weight, or stay the same weight?	**H1GH29**	num 1
2230	1	lose weight		
1235	2	gain weight *[skip to Q.31]*		
2228	3	stay the same weight		
802	4	not trying to do anything about weight *[skip to the text before Q.32]*		
4	6	refused		
5	8	don't know		
		30. During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? *[Read list and code all that apply.]*		
		dieted	**H1GH30A**	num 1
3580	0	not marked		
878	1	marked		
4	6	refused		
2037	7	legitimate skip		
5	8	don't know		
		exercised	**H1GH30B**	num 1
1607	0	not marked		
2851	1	marked		
4	6	refused		
2037	7	legitimate skip		
5	8	don't know		
		made yourself vomit	**H1GH30C**	num 1
4444	0	not marked		
14	1	marked		
4	6	refused		
2037	7	legitimate skip		
5	8	don't know		
		took diet pills	**H1GH30D**	num 1

Frequency	Code	Response	Name	VariableType/ Length
4415	0	not marked		
43	1	marked		
4	6	refused		
2037	7	legitimate skip		
5	8	don't know		
took laxatives			**H1GH30E**	num 1
4446	0	not marked		
12	1	marked		
4	6	refused		
2037	7	legitimate skip		
5	8	don't know		
other			**H1GH30F**	num 1
4309	0	not marked		
149	1	marked		
4	6	refused		
2037	7	legitimate skip		
5	8	don't know		
none			**H1GH30G**	num 1
3208	0	not marked		
1250	1	marked		
4	6	refused		
2037	7	legitimate skip		
5	8	don't know		
Skip to the text before Q.32.				
31. During the past seven days, which of the following things did you do in order to gain weight or to build muscle? *[Read list and code all that apply.]*				
dieted			**H1GH31A**	num 1
1083	0	not marked		

Frequency	Code	Response	Name	VariableType/ Length
152	1	marked		
5269	7	legitimate skip		
exercised			**H1GH31B**	num 1
647	0	not marked		
588	1	marked		
5269	7	legitimate skip		
lifted weights			**H1GH31C**	num 1
623	0	not marked		
612	1	marked		
5269	7	legitimate skip		
took food supplements			**H1GH31D**	num 1
1097	0	not marked		
138	1	marked		
5269	7	legitimate skip		
other			**H1GH31F**	num 1
1119	0	not marked		
116	1	marked		
5269	7	legitimate skip		
none			**H1GH31G**	num 1
1058	0	not marked		
177	1	marked		
5269	7	legitimate skip		
Think about all the food you ate yesterday, including meals and snacks at home, at school, at restaurants, and anywhere else.				
32. How often did you drink milk, or eat yogurt, or cheese yesterday?			**H1GH32**	num 1
1120	0	didn't eat		
2087	1	ate once		
3290	2	ate twice or more		

Frequency	Code	Response	Name	VariableType/Length
3	6	refused		
4	8	don't know		
33.		How often did you eat fruit or drink fruit juice yesterday?	**H1GH33**	num 1
1439	0	didn't eat		
2054	1	ate once		
3004	2	ate twice or more		
3	6	refused		
4	8	don't know		
34.		How often did you eat vegetables yesterday?	**H1GH34**	num 1
2102	0	didn't eat		
2535	1	ate once		
1860	2	ate twice or more		
3	6	refused		
4	8	don't know		
35.		How often did you eat bread, cereal, pretzels, rice, or pasta yesterday?	**H1GH35**	num 1
555	0	didn't eat		
1996	1	ate once		
3945	2	ate twice or more		
3	6	refused		
5	8	don't know		
36.		How often did you eat cookies, doughnuts, pie, or cake yesterday?	**H1GH36**	num 1
3011	0	didn't eat		
2103	1	ate once		
1383	2	ate twice or more		
3	6	refused		
4	8	don't know		

Frequency	Code	Response	Name	VariableType/Length
		If SCHOOL NOW, ask Q.37-38. 37. In an average week, on how many days do you go to physical education classes at school?	**H1GH37**	num 1
820	0	0 days *[skip to Q.39]*		
68	1	1 day		
105	2	2 days		
218	3	3 days		
37	4	4 days		
961	5	5 days		
1	6	refused *[skip to Q.39]*		
4291	7	legitimate skip *[not in school now]*		
2	8	don't know *[skip to Q.39]*		
1	●	missing		
		38. During an average physical education class at school, how many minutes do you spend actually exercising or playing sports?	**H1GH38**	num 1
64	1	less than 10 minutes		
157	2	10 to 20 minutes		
342	3	21 to 30 minutes		
824	4	more than 30 minutes		
5114	7	legitimate skip		
2	8	don't know		
1	●	missing		
		39. How often do you wear a helmet when you ride a bicycle?	**H1GH39**	num 1
3834	0	never		
237	1	rarely		
175	2	sometimes		
149	3	most of the time		
218	4	always		
1884	5	never rides a bicycle		

Frequency	Code	Response	Name	VariableType/ Length
3	6	refused		
4	8	don't know		
40. During the past 12 months, how often did you ride a motorcycle?			**H1GH40**	num 1
5162	0	never *[skip to Q.42]*		
794	1	once or twice		
217	2	about once a month		
165	3	about once a week		
159	4	almost every day		
3	6	refused		
4	8	don't know		
41. When you rode a motorcycle during the past 12 months, how often did you wear a helmet?			**H1GH41**	num 1
421	0	never		
80	1	rarely		
72	2	sometimes		
85	3	most of the time		
677	4	always		
3	6	refused		
5162	7	legitimate skip		
4	8	don't know		
42. How often do you wear a seatbelt when you are riding in or driving a car?			**H1GH42**	num 1
331	0	never		
496	1	rarely		
915	2	sometimes		
1395	3	most of the time		
3360	4	always		
3	6	refused		

Frequency	Code	Response	Name	VariableType/ Length
4	8	don't know		
43.		During the past 30 days, how often did you drive a car or other vehicle when you had been drinking alcohol?	**H1GH43**	num 1
6275	0	never		
111	1	1 time		
70	2	2 or 3 times		
17	3	4 or 5 times		
20	4	6 or more times		
6	6	refused		
4	8	don't know		
1	9	not applicable		
44.		What do you think your chances are of getting AIDS?	**H1GH44**	num 1
104	1	very high		
226	2	high		
1082	3	low		
2007	4	very low		
3030	5	none		
11	6	refused		
44	8	don't know		
45.		How many people do you know who have AIDS?	**H1GH45**	num 2
6504		range 0 to 98 people		
46.		What do you think your chances are of getting another sexually transmitted disease, such as gonorrhea or genital herpes? Would you say...	**H1GH46**	num 1
72	1	very high		
191	2	high		
878	3	low		
1827	4	very low		
3455	5	no chance		

Frequency	Code	Response	Name	VariableType/ Length
20	6	refused		
60	8	don't know		
1	9	not applicable		
47. How many people do you know who have had another sexually transmitted disease, such as gonorrhea or genital herpes?			**H1GH47**	num 2
6504		range 0 to 99 people		
48. *[Hand R show card 2.]* In the last month, how often did a health or emotional problem cause you to miss a day of school?			**H1GH48**	num 1
4241	0	never		
1941	1	just a few times		
230	2	about once a week		
38	3	almost every day		
19	4	every day		
8	6	refused		
16	8	don't know		
11	9	not applicable		
49. In the last month, how often did a health or emotional problem cause you to miss a social or recreational activity?			**H1GH49**	num 1
4862	0	never		
1492	1	just a few times		
97	2	about once a week		
24	3	almost every day		
13	4	every day		
4	6	refused		
12	8	don't know		
50. What time do you usually go to bed on week nights? *Type in time in this format HH:MM A for AM or HH:MM P for PM. Please remember that midnight is 12:00A and noon is 12:00P!*			**H1GH50**	char 6
6461		range 00:00pm to 12:59am		
13	999996	refused		

Frequency	Code	Response	Name	VariableType/Length
28	999998	don't know		
2	999999	not applicable		
51. How many hours of sleep do you usually get?			**H1GH51**	num 2
6477		range 1 to 20 hours		
5	96	refused		
22	98	don't know		
52. Do you usually get enough sleep?			**H1GH52**	num 1
1720	0	no		
4772	1	yes		
4	6	refused		
8	8	don't know		
53. During the past 12 months, have you ever spent the night away from home without permission?			**H1GH53**	num 1
5632	0	no		
856	1	yes		
7	6	refused		
8	8	don't know		
1	9	not applicable		
54. *[Hand R show card 4.]* Which of these best describes your **worst** injury during the past year?			**H1GH54**	num 1
2871	1	very minor		
2681	2	minor		
658	3	serious		
145	4	very serious		
123	5	extremely serious		
10	6	refused		
14	8	don't know		
2	9	not applicable		

Frequency	Code	Response	Name	VariableType/ Length
55.		Do you have a permanent tattoo?	**H1GH55**	num 1
6190	0	no		
304	1	yes		
4	6	refused		
6	8	don't know		
56.		Do you have one or both ears pierced?	**H1GH56**	num 1
2818	0	no		
3676	1	yes		
4	6	refused		
6	8	don't know		
57.		Do you wear braces on your teeth?	**H1GH57**	num 1
5935	0	no		
560	1	yes *[skip to Q.59]*		
3	6	refused		
6	8	don't know		
58.		Have you ever worn braces?	**H1GH58**	num 1
4871	0	no		
1064	1	yes		
3	6	refused		
560	7	legitimate skip		
6	8	don't know		
59.		What is your height in feet and inches?	**H1GH59A** **H1GH59B**	num2 num 2
2	4,0	4 feet, 0 inch to 4 feet, 1 inch		
4	4,2	4 feet, 2 inches to 4 feet, 3 inches		
2	4,4	4 feet, 4 inches		
4	4,5	4 feet, 5 inches		
8	4,6	4 feet, 6 inches		

Frequency	Code	Response	Name	VariableType/ Length
9	4,7	4 feet, 7 inches		
16	4,8	4 feet, 8 inches		
37	4,9	4 feet, 9 inches		
39	4,10	4 feet, 10 inches		
93	4,11	4 feet, 11 inches		
237	5,0	5 feet, 0 inches		
247	5,1	5 feet, 1 inch		
432	5,2	5 feet, 2 inches		
560	5,3	5 feet, 3 inches		
662	5,4	5 feet, 4 inches		
540	5,5	5 feet, 5 inches		
650	5,6	5 feet, 6 inches		
548	5,7	5 feet, 7 inches		
465	5,8	5 feet, 8 inches		
392	5,9	5 feet, 9 inches		
364	5,10	5 feet, 10 inches		
339	5,11	5 feet, 11 inches		
306	6,0	6 feet, 0 inch		
183	6,1	6 feet, 1 inch		
133	6,2	6 feet, 2 inches		
69	6,3	6 feet, 3 inches		
29	6,4	6 feet, 4 inches		
18	6,5	6 feet, 5 inches		
11	6,6	6 feet, 6 inches		
5	6,7	6 feet, 7 inches		
4	6,9	6 feet, 9 inches and over		
11	5,98	5 feet, don't know inches		
1	5,99	5 feet, not applicable inches		

Frequency	Code	Response	Name	VariableType/ Length
5	96,96	refused feet, refused inches		
1	98,0	don't know feet, 0 inches		
78	98,98	don't know feet, don't know inches		
60.		What is your weight?	**H1GH60**	num 3
6348		range 50 to 360 pounds		
32	996	refused		
121	998	don't know		
3	999	not applicable		