some title
Some subtitle

Plan de l'exposé

- **First section**

Frame title
Frame subtitle

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Title

Text before

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- Frame content, mostly gibberish.

- Frame content, mostly gibberish.

Text after

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framed text   framed text, again

First section

Titre

Frame content, mostly gibberish. Frame content, mostly gibberish. Frame content, mostly gibberish. Frame content, mostly gibberish. Frame content, mostly gibberish. Frame content, mostly gibberish.