



Tarie Crawford
Southern Willamette Valley
541-233-4064 || **Fax**
541-431-9507 || **Phone**

To:
Fax: (888) 503-3693

Total Pages: 6 (including this cover)

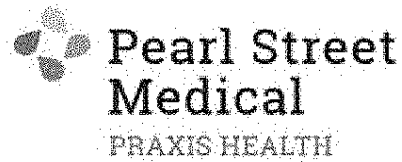
Message:

McDuffie Sleep

This document may contain information covered under the Privacy Act, 5 USC 552(a), and/or the Health Insurance Portability and Accountability Act (PL 104-191) and its various implementing regulations and must be protected in accordance with those provisions. Healthcare information is personal and sensitive and must be treated accordingly. If this correspondence contains healthcare information it is being provided to you after appropriate authorization from the patient or under circumstances that don't require patient authorization. You, the recipient, are obligated to maintain it in a safe, secure and confidential manner. Redisclosure without additional patient consent or as permitted by law is prohibited. Unauthorized redisclosure or failure to maintain confidentiality subjects you to application of appropriate sanction. If you have received this correspondence in error, please notify the sender at once and destroy any copies you have made.



1426 Oak Street
Eugene, Or. 97401
(541) 431-0000



1835 Pearl Street
Eugene, Or. 97401
(541) 762-6050

Sleep Disorders

Date: 11-14-2025

Patient Full Name: Richard W McDuffie JR **Gender:** Male **Dob:** 06/08/1941
Home Phone: **Work Phone:** **Cell Phone:** (541) 225-7792
Address: 3720 Meadowview Dr, Eugene, OR 97408

Insurance Plan: OptumCare UHC Medicare (LIFE1) **ID Number:** 85676021100
Group Number: 90906
Insurance Plan: **ID Number:** **Group Number:**

☐ **Referral Approved:** ☒ **Referral Not Needed**

ICD-10 Code: G47.33 Obstructive sleep apnea (adult) (pediatric)

Order Instructions:

Referred to: Metric Sleep
Phone#: (855) 707-5337
Fax #: (888) 503-3693
Address: 15812 SW Upper Boones Ferry Rd.
Lake Oswego, OR 97035

Electronic signature of Ordering Physician:
Kirk D. Jacobson MD NPI: 1093707366
Electronically signed on: Nov 14, 2025 4:00 pm

Thank You,
Referral Department
V # 541.431.9507
F #541.237.1007

Patient: 21399 - Richard W. McDuffie JR
DOB: 06/08/1941

Date: 11/14/2025 14:45
Provider: Jacobson, Kirk D. MD
Encounter: ESTABLISHED PT-FOLLOWUP

ASSESSMENT

- Obstructive sleep apnea of adult [G47.33 - Obstructive sleep apnea (adult) (pediatric)]
- Osteoarthritis [M19.90 - Unspecified osteoarthritis, unspecified site]
- Localized primary osteoarthritis of right hip [M16.11 - Unilateral primary osteoarthritis, right hip]

PLAN

- **Obstructive sleep apnea (adult) (pediatric)**
Referral/Sleep Study: Sleep Consult/Sleep Study
- **Unilateral primary osteoarthritis, right hip**
oxyCODONE-Acetaminophen 5-325 MG tablet 1 by mouth once daily. Pain Agreement: 1 of 3. Okay to fill on or after 11/13/25, 30 days, 0 refills
oxyCODONE-Acetaminophen 5-325 MG tablet 1 by mouth once daily. Pain Agreement: 2 of 3. Okay to fill on or after 12/13/25, 30 days, 0 refills
oxyCODONE-Acetaminophen 5-325 MG tablet 1 by mouth once daily. Pain Agreement: 3 of 3. Okay to fill on or after 1/13/26, 30 days, 0 refills
- Return to the clinic if condition worsens or new symptoms arise
- Continue current medication (s)
- Clinical summary provided to patient

Sleep Apnea:

- You will be contacted to schedule an at home sleep study by Sleep Metric

DISCUSSED

- Risks, benefits, and limitations discussed and understood;
- Education and counseling please see Discussed

Reviewed health care needs.

Reviewed medications and care.

Discussed procedures, alternatives, risks, questions, and treatment options.

ACTIVE PROBLEMS & CONDITIONS

- I48.3 - Atrial Flutter Typical
- N40.0 - Benign Prostatic Hypertrophy
- Z68.25 - Body Mass Index
- N18.30 - Chronic Kidney Disease Stage 3
- S22.080A - Closed Fx Thoracic Vert Body W/ Spinal Cord Inj T7-t12 Compression
- D68.9 - Coagulation Defects
- K21.00 - Esophageal Reflux
- I10 - Essential Hypertension Benign
- M54.50 - Facet Syndrome Lumbar

Patient: 21399 - Richard W. McDuffie JR
DOB: 06/08/1941

Date: 11/14/2025 14:45
Provider: Jacobson, Kirk D. MD
Encounter: ESTABLISHED PT-FOLLOWUP

- E78.2 - Hyperlipidemia
- I11.9 - Hypertensive Heart Disease
- E29.1 - Hypogonadism
- E03.8 - Hypothyroidism
- Z79.01 - Long Term Use of Anticoagulants - Coumadin
- H35.30 - Macular (Retinal) Degeneration
- M19.90 - Osteoarthritis
- M16.11 - Osteoarthritis Localized Primary Hip Right
- M81.0 - Osteoporosis
- I48.0 - Paroxysmal Atrial Fibrillation
- M22.40 - Patellar Chondromalacia
- N41.1 - Prostatitis Chronic
- H02.413 - Ptosis of Eyelid
- L82.1 - Seborrheic Keratosis
- R33.8 - Urinary Retention

CHIEF COMPLAINT

The Chief Complaint is: Multiple issues.

HISTORY OF PRESENT ILLNESS

Richard McDuffie is an 84 year old male.

- Medication reconciliation performed.

Rick is a 84 year old here today to discuss multiple issues.

He mentions having his of OSA while in the hospital over 10 years ago. He is having a difficult time sleeping. He does not wish to have a cpap machine because of claustrophobia. He does have an app on his phone which alerts him with abnormal breathing. His wife has mentions apnea episodes.

He reports having continues foot pain. He is currently on Oxycodone 5-325mg once daily. PDMP checked today.

CURRENT MEDICATION

- Amiodarone HCl 200 MG Oral Tablet Take half by mouth once daily (100mg daily), 90 days, 3 refills
- amLODIPine Besylate 5 MG Oral Tablet 1 by mouth once daily, 90 days, 2 refills
- Atorvastatin Calcium 40 MG Oral Tablet 1 by mouth once daily, 90 days, 3 refills
- Baclofen 10 MG Oral Tablet 1 by mouth once daily, 30 days, 1 refills
- Farxiga 10 MG Oral Tablet 1 by mouth once daily, 90 days, 3 refills
- Gemtesa 75 MG Oral Tablet 1 by mouth once daily, 90 days, 3 refills
- Levothyroxine Sodium 88 MCG Oral Tablet Take 1 tablet by mouth once daily, 90 days, 1 refills

Patient: 21399 - Richard W. McDuffie JR
DOB: 06/08/1941

Date: 11/14/2025 14:45
Provider: Jacobson, Kirk D. MD
Encounter: ESTABLISHED PT-FOLLOWUP

- Losartan Potassium 50 MG Oral Tablet 1 by mouth twice daily, 90 days, 3 refills
- Metoprolol Tartrate 50 MG Oral Tablet Take 1 tablet by mouth twice daily, 90 days, 1 refills
- Misc Device 14 French Catheter for self cathing once dailyKing Medical Supply
541-345-0392ICD 10: N40.1, 30 days, 5 refills
- oxyCODONE-Acetaminophen 5-325 MG Oral Tablet 1 by mouth once daily. Pain Agreement:
3 of 3. Okay to fill on or after 10/13/25, 30 days, 0 refills
- Pantoprazole Sodium 40 MG Oral Tablet Delayed Release 1 by mouth twice daily, 90 days, 3
refills
- Sildenafil Citrate 20 MG Oral Tablet TAKE 1 TABLET BY MOUTH DAILY **TAKE 1
HOUR PRIOR TO INTERCOURSE**, 90 days, 1 refills
- Tadalafil 5 MG Oral Tablet 1 by mouth once daily, 90 days, 1 refills
- Tamsulosin HCl 0.4 MG Oral Capsule 1 by mouth once daily, 90 days, 3 refills
- Testosterone Cypionate 200 MG/ML Intramuscular Solution INJECT 0.4ML
INTRAMUSCULARLY ONCE A WEEK, 70 days, 0 refills
- Tylenol 325MG Oral Capsule 325 MG As needed 0 days, 0 refills
- Warfarin Sodium 5 MG Oral Tablet TAKE 1 TABLET BY MOUTH ONCE DAILY AS
DIRECTED BY COUMADIN CLINIC, 90 days, 3 refills
- Zolpidem Tartrate 10 MG Oral Tablet Take 1 tablet by mouth in the eveningfill date of
10-17-25 / okay to fill early., 90 days, 0 refills
- ZyrTEC Allergy 10 MG Oral Tablet Take one tablet by mouth once daily as needed, 90 days, 2
refills

ALLERGIES

- IV Dye solution Reaction: ., .

PHYSICAL FINDINGS

- Vitals taken 11/14/2025 02:44 pm

BP-Sitting L	122/72 mmHg
BP Cuff Size	Regular
Pulse Rate-Sitting	84 bpm
Height	67.25 in
Weight	154 lbs
Body Mass Index	23.9 kg/m2
Body Surface Area	1.8 m2
Oxygen Saturation	96 %
O2 Device	None (Room Air)
FiO2	21 %

THERAPY

- Medical regimen review.
- Check of medication allergies performed

Patient: 21399 - Richard W. McDuffie JR
DOB: 06/08/1941

Date: 11/14/2025 14:45
Provider: Jacobson, Kirk D. MD
Encounter: ESTABLISHED PT-FOLLOWUP

COUNSELING/EDUCATION

- Counseling about medical management

MISCELLANEOUS

"This Note is a DRAFT copy unless electronically signed"

This note was generated by Dragon voice recognition software. Some minor inconsistencies may be present. If there are any questions regarding the content of this note, please contact Oak Street Medical for clarification.

CARE TEAM

Metric Sleep

William Gutheim, MD

Thomas Kollmorgen, MD

Cardio Services McKenzie Willamette Medical Center

Eugene Gastroenterology Con Gastroenterology

Eric Olson, MD Dermatology

Richard S Hoffman, MD Ophthalmology

Dennis K Collis, MD Orthopaedic Surgery

McKenzie Heart Group Cardiovascular Disease

Sidney Cassell, MD Rheumatology

of Oregon Kidney Care Nephrology