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To:
Fax: (888) 503-3693

Total Pages: 6 (including this cover)

Message:

McDuffie Sleep

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**Oak Street
Medical**
PRAXIS HEALTH

1426 Oak Street
Eugene, Or. 97401
(541) 431-0000



**Pearl Street
Medical**
PRAXIS HEALTH

1835 Pearl Street
Eugene, Or. 97401
(541) 762-6050

Sleep Disorders

Date: 11-14-2025

Patient Full Name: Richard W McDuffie JR **Gender:** Male **Dob:** 06/08/1941

Home Phone: **Work Phone:** **Cell Phone:** (541) 225-7792

Address: 3720 Meadowview Dr, Eugene, OR 97408

Insurance Plan: OptumCare UHC Medicare (LIFE1) **ID Number:** 85676021100

Group Number: 90906

Insurance Plan: **ID Number:** **Group Number:**

Referral Approved: **Referral Not Needed**

ICD-10 Code: G47.33 Obstructive sleep apnea (adult) (pediatric)

Order Instructions:

Referred to: Metric Sleep
Phone#: (855) 707-5337
Fax #: (888) 503-3693
Address: 15812 SW Upper Boones Ferry Rd.
Lake Oswego, OR 97035

Electronic signature of Ordering Physician:

Kirk D. Jacobson MD NPI: 1093707366

Electronically signed on: Nov 14, 2025 4:00 pm

**Thank You,
Referral Department
V # 541.431.9507
F #541.237.1007**

Patient: 21399 - Richard W. McDuffle JR
DOB: 06/08/1941

Date: 11/14/2025 14:45
Provider: Jacobson, Kirk D. MD
Encounter: ESTABLISHED PT-FOLLOWUP

ASSESSMENT

- Obstructive sleep apnea of adult [G47.33 - Obstructive sleep apnea (adult) (pediatric)]
- Osteoarthritis [M19.90 - Unspecified osteoarthritis, unspecified site]
- Localized primary osteoarthritis of right hip [M16.11 - Unilateral primary osteoarthritis, right hip]

PLAN

- **Obstructive sleep apnea (adult) (pediatric)**
Referral/Sleep Study: Sleep Consult/Sleep Study
- **Unilateral primary osteoarthritis, right hip**
oxyCODONE-Acetaminophen 5-325 MG tablet 1 by mouth once daily. Pain
Agreement: 1 of 3. Okay to fill on or after 11/13/25, 30 days, 0 refills
oxyCODONE-Acetaminophen 5-325 MG tablet 1 by mouth once daily. Pain
Agreement: 2 of 3. Okay to fill on or after 12/13/25, 30 days, 0 refills
oxyCODONE-Acetaminophen 5-325 MG tablet 1 by mouth once daily. Pain
Agreement: 3 of 3. Okay to fill on or after 1/13/26, 30 days, 0 refills
- Return to the clinic if condition worsens or new symptoms arise
- Continue current medication (s)
- Clinical summary provided to patient

Sleep Apnea:

- You will be contacted to schedule an at home sleep study by Sleep Metric

DISCUSSED

- Risks, benefits, and limitations discussed and understood;
- Education and counseling please see Discussed

Reviewed health care needs.

Reviewed medications and care.

Discussed procedures, alternatives, risks, questions, and treatment options.

ACTIVE PROBLEMS & CONDITIONS

- I48.3 - Atrial Flutter Typical
- N40.0 - Benign Prostatic Hypertrophy
- Z68.25 - Body Mass Index
- N18.30 - Chronic Kidney Disease Stage 3
- S22.080A - Closed Fx Thoracic Vert Body W/ Spinal Cord Inj T7-t12 Compression
- D68.9 - Coagulation Defects
- K21.00 - Esophageal Reflux
- I10 - Essential Hypertension Benign
- M54.50 - Facet Syndrome Lumbar

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- E78.2 - Hyperlipidemia
- I11.9 - Hypertensive Heart Disease
- E29.1 - Hypogonadism
- E03.8 - Hypothyroidism
- Z79.01 - Long Term Use of Anticoagulants - Coumadin
- H35.30 - Macular (Retinal) Degeneration
- M19.90 - Osteoarthritis
- M16.11 - Osteoarthritis Localized Primary Hip Right
- M81.0 - Osteoporosis
- I48.0 - Paroxysmal Atrial Fibrillation
- M22.40 - Patellar Chondromalacia
- N41.1 - Prostatitis Chronic
- H02.413 - Ptosis of Eyelid
- L82.1 - Seborrheic Keratosis
- R33.8 - Urinary Retention

CHIEF COMPLAINT

The Chief Complaint is: Multiple issues.

HISTORY OF PRESENT ILLNESS

Richard McDuffle is an 84 year old male.
• Medication reconciliation performed.

Rick is a 84 year old here today to discuss multiple issues.

He mentions having his of OSA while in the hospital over 10 years ago. He is having a difficult time sleeping. He does not wish to have a cpap machine because of claustrophobia. He does does have an app on his phone which alerts him with abnormal breathing. His wife has mentions apnea episodes.

He reports having continues foot pain. He is currently on Oxycodone 5-325mg once daily. PDMP checked today.

CURRENT MEDICATION

- Amiodarone HCl 200 MG Oral Tablet Take half by mouth once daily (100mg daily), 90 days, 3 refills
- amLODIPine Besylate 5 MG Oral Tablet 1 by mouth once daily, 90 days, 2 refills
- Atorvastatin Calcium 40 MG Oral Tablet 1 by mouth once daily, 90 days, 3 refills
- Baclofen 10 MG Oral Tablet 1 by mouth once daily, 30 days, 1 refills
- Farxiga 10 MG Oral Tablet 1 by mouth once daily, 90 days, 3 refills
- Gemtesa 75 MG Oral Tablet 1 by mouth once daily, 90 days, 3 refills
- Levothyroxine Sodium 88 MCG Oral Tablet Take 1 tablet by mouth once daily, 90 days, 1 refills

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- Losartan Potassium 50 MG Oral Tablet 1 by mouth twice daily, 90 days, 3 refills
- Metoprolol Tartrate 50 MG Oral Tablet Take 1 tablet by mouth twice daily, 90 days, 1 refills
- Misc Device 14 French Catheter for self cathing once daily King Medical Supply 541-345-0392 ICD 10: N40.1, 30 days, 5 refills
- oxyCODONE-Acetaminophen 5-325 MG Oral Tablet 1 by mouth once daily. Pain Agreement: 3 of 3. Okay to fill on or after 10/13/25, 30 days, 0 refills
- Pantoprazole Sodium 40 MG Oral Tablet Delayed Release 1 by mouth twice daily, 90 days, 3 refills
- Sildenafil Citrate 20 MG Oral Tablet TAKE 1 TABLET BY MOUTH DAILY **TAKE 1 HOUR PRIOR TO INTERCOURSE**, 90 days, 1 refills
- Tadalafil 5 MG Oral Tablet 1 by mouth once daily, 90 days, 1 refills
- Tamsulosin HCl 0.4 MG Oral Capsule 1 by mouth once daily, 90 days, 3 refills
- Testosterone Cypionate 200 MG/ML Intramuscular Solution INJECT 0.4ML INTRAMUSCULARLY ONCE A WEEK, 70 days, 0 refills
- Tylenol 325MG Oral Capsule 325 MG As needed 0 days, 0 refills
- Warfarin Sodium 5 MG Oral Tablet TAKE 1 TABLET BY MOUTH ONCE DAILY AS DIRECTED BY COUMADIN CLINIC, 90 days, 3 refills
- Zolpidem Tartrate 10 MG Oral Tablet Take 1 tablet by mouth in the evening fill date of 10-17-25 / okay to fill early, 90 days, 0 refills
- ZyrTEC Allergy 10 MG Oral Tablet Take one tablet by mouth once daily as needed, 90 days, 2 refills

ALLERGIES

- IV Dye solution Reaction: , ,

PHYSICAL FINDINGS

- Vitals taken 11/14/2025 02:44 pm
- | | |
|-----------------------|------------------------|
| BP-Sitting L | 122/72 mmHg |
| BP Cuff Size | Regular |
| Pulse Rate-Sitting | 84 bpm |
| Height | 67.25 in |
| Weight | 154 lbs |
| Body Mass Index | 23.9 kg/m ² |
| Body Surface Area | 1.8 m ² |
| Oxygen Saturation | 96 % |
| O ₂ Device | None (Room Air) |
| FiO ₂ | 21 % |

THERAPY

- Medical regimen review.
- Check of medication allergies performed

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COUNSELING/EDUCATION

- Counseling about medical management

MISCELLANEOUS

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CARE TEAM

Metric Sleep

William Gutheim, MD	Specialist
Thomas Kollmorgen, MD	Urology
Cardio Services McKenzie Willamette	Medical Center
Eugene Gastroenterology Con	Gastroenterology
Eric Olson, MD	Dermatology
Richard S Hoffman, MD	Ophthalmology
Dennis K Collis, MD	Orthopaedic Surgery
McKenzie Heart Group	Cardiovascular Disease
Sidney Cassell, MD	Rheumatology
of Oregon Kidney Care	Nephrology