

## WELCOME TO OUR TABLE

We've gone the extra mile to provide you with your familiar favourites, as well as new seasonal dishes. We take flavour inspiration from around the world & generously stack each plate with fresh ingredients of the highest quality, so that you always enjoy the taste of more.

We are proud of our South African heritage & we source over 90% of our ingredients from local farming communities & suppliers. It's the right thing to do.

When it comes to decadent treats, we've been freshly baking every cake, muffin, tart, & cookie from scratch in each of our restaurants, since day one. Some of our recipes have remained the same for years, because there's no point in meddling with perfection.

You'll notice the difference in our coffee, sourced from the best coffee-growing regions in the world & locally roasted to perfection. It's also in the way we leave the skin on your fries & use free-range eggs in all our meals & freshly baked treats.

We know everything tastes better this way, & we'll continue doing it like this, just for you.

Use these icons to find a meal that suits your preferences & dietary requirements.

- 🔻 Lacto-ovo vegetarian: includes dairy products &/or eggs 🞹 Vegan: No use of, or containing any animal products
  - Discovery Vitality HealthyDining 🔟 Lower in carbohydrates 📭 New products

#### **GET MORE WITH OUR GENEROSITY APP**

We created the Mugg & Bean Generosity app so that you can get something extra every time you visit us. Use the app to scan the QR code on your bill & earn cashback rewards in the form of beans, which you can spend on your next visit. Link your bank card to make quick, easy & safe payments – or even to go cardless! Plus, show some generosity by sending a voucher to anybody straight from your phone. It's just one of the ways we give you more & more.



Scan here to download our app



# THE ROASTERY

Our baristas are just as passionate about your coffee as you are, & they've all been professionally trained to pour the perfect cup. Whether you like a creamy & velvety cappuccino or a reliable & robust black coffee, we offer a variety of creations to satisfy your craving. We know that you have discerning tastes, so we've provided milk alternatives too.

Roast: Medium to Dark

Tasting Notes: Chocolate & Warm Spices

Soy milk no charge I Almond milk" +10 I Decaf +3 I Whipped cream +6

#### **ESPRESSO**

Single shot of espresso.

#### **DOPPIO ESPRESSO**

Double shot of espresso.

#### **AMERICANO**

Double shot of espresso with hot water.

#### **FLAT WHITE**

Single shot of espresso with texturised milk.

#### CAFFÈ CRÈME

Double shot of espresso with hot water, served with pouring cream.

## CLASSIC CAFFÈ MOCHA

Hot chocolate & a shot of espresso with texturised milk.

#### **CLASSIC LATTE**

Single shot of espresso with texturised milk.

Add Hazelnut Syrup"

#### CAPPUCCINO

Double shot of espresso with texturised milk.

Easy: 32 Serious: 36

## DIRTY CHAI CAPPUCCINO

Chai with a double shot of espresso & texturised milk.

40

\*\*Contains nuts

## **BOTTOMLESS FILTER COFFEE**

100% Arabica coffee beans. Locally roasted & ground. Served & charged per person. Unfortunately, sharing is not allowed.

HOUSE BLEND

Roast: Medium Tasting Notes: Almond & Cocoa

MOCCA JAVA

Roast: Medium to Dark Tasting Notes: Fruit & Walnuts

SINGLE ORIGIN: BRAZIL

Roast: Medium

Tasting Notes: Nuts & Tropical Fruit



# BREAKFAST & BRUNCH

Served all day

## **OMELETTES**

Three-egg or egg white omelette. Served with buttered white, wholewheat or rye toast.

#### **CALIFORNIA**

Filled with cheddar, mozzarella & fresh basil. Topped with avo^, beef macon, feta & basil pesto mayo". Served with pan-fried rosemary cherry tomatoes.

110

#### **RANCHEROS** 105

Filled with cheddar, mozzarella & shakshuka sauce.
Topped with beef sausage, avo^, baby potatoes, charred corn, cherry tomatoes & sriracha mayo.

Served with sour cream.

#### **BAGEL**

#### BREAKFAST NEW

Buttered & toasted bagel, beef macon, scrambled egg, rocket, tomato chutney & basil pesto hollandaise".

50

^Subject to availability

\*\*Contains nuts

## **EGGS BENEDICT**

Two poached eggs, hollandaise sauce & a toasted English muffin.

★ | For a healthier option, order without an English muffin

#### CLASSIC

Topped with pastrami. Served with grilled tomato & a hash brown.

83

#### FLORENTINE WWW V

Topped with sautéed baby spinach. Served with grilled tomato & a hash brown.

83

#### **BIG BEN**

Topped with baby spinach, grilled tomato, hash browns, cheddar, pastrami, beef macon & battered onion rings.

★ | We are committed to only using free-range eggs





#### 

Cucumber, baby spinach, lemon zest & sesame seeds° on lightly buttered wholewheat or rye toast.

**53** | 1203 kJ / 1207 kJ

#### LOW-CARB BREAKFAST 🗐 🔽

Two poached eggs, grilled halloumi, avo^, sautéed baby spinach & pan-roasted rosemary cherry tomatoes.

#### YOGHURT, FRUIT & NUT BOWL ® \*\*

Full-cream plain yoghurt, fresh seasonal fruit, honey & a sprinkle of walnuts.

**67** | 1564 kJ ^Subject to availability
\*\*Contains nuts °Contains sesame seeds

#### **CLASSICS**

Fried, scrambled or poached eggs. Served with buttered white, wholewheat or rye toast.

#### ON-THE-GO

Two eggs, beef macon & grilled tomato.

#### CLASSIC

Two eggs, honey-glazed beef macon, grilled tomato & a hash brown. Served with rosemary-salted skin-on fries.

#### **BREAKFAST BUN** (excludes toast)

Sesame brioche bun<sup>°</sup>, beef macon, cheddar, fried egg & caramelised onions. Served with tomato chutney.

#### **SOUTH AFRICAN FARM 110**

Two eggs, beef macon, a hash brown, grilled tomato & boerewors topped with tomato chutney.

#### VEGAN FRY UP III

Vegan sausages, sautéed baby spinach, herbed mushrooms, a hash brown & pan-roasted rosemary cherry tomatoes.
Served with shakshuka sauce & your choice of unbuttered toast.



# FRESH SALADS

#### MOROCCAN BUTTERNUT & CHICKPEA @ \*\*

Roasted butternut, spiced chickpeas, candied walnuts", cherry tomatoes, feta & spring onions with mixed lettuce. Served with honey mustard dressing.

Light: **45** | 1116 kJ

Regular: **70** | *2073 kJ* 

#### **MONTE CRISTO**

Beef strips, beef macon, avo^, blue cheese, cherry tomatoes & spring onion with mixed lettuce.
Served with honey mustard dressing & bagel melba toast.

Light: **87** | 2651 kJ Regular: **129** | 4449 kJ

^Subject to availability

# MIX, MATCH & SHARE

#### SPICED HONEY HALLOUMI 🔤 🔽

Deep-fried & drizzled with spiced honey. Served with a herbed yoghurt dip.

50

#### ASIAN BBQ CAULIFLOWER BITES W

Battered, deep-fried & tossed in Asian BBQ sauce. Sprinkled with toasted sesame seeds & spring onion.

35

#### SPICY BUFFALO WINGS

Deep-fried & coated in hot sauce with blue cheese dipping sauce.

73

#### **CHIPOTLE CHICKEN LIVERS 58**

Pan-fried in a cream, red onion, garlic & smoky chipotle sauce. Served with toasted ciabatta.

#### **SESAME-CRUSTED° CHICKEN STRIPS**

Buttermilk fried chicken strips with sweet chilli dipping sauce.

53

°Contains sesame seeds



# DELICIOUSLY FILLING

## TOASTED SANDWICHES

Buttered & toasted white, wholewheat or rye bread. Served with a side of rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

#### **CHICKEN MAYO**

65

#### **BEEF MACON & EGG**

73

#### CHEDDAR & TOMATO

54

#### **PASTRAMI, CHEDDAR & TOMATO**

7:

### **OPEN SANDWICHES**

#### ALABAMA CHICKEN PANINO

Grilled chicken breasts, tomato & beef macon on butter & garlic brushed ciabatta. Topped with melted mozzarella, cheddar sauce, honey mustard dressing & spicy guacamole^. Served with a side of rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

105

#### SMOKED TROUT (II)

Cucumber ribbons, cream cheese, chives, red onion, lemon zest & black pepper.

Served on lightly buttered wholewheat or rye toast.

**85** | 1511 kJ / 1515 kJ

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#### BAGELS NEW

A buttered & toasted bagel, served with a side of rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

#### HALLOUMI & AVO

Deep-fried halloumi, smashed avo<sup>^</sup>, rocket & tomato chutney.

79

#### **SMOKED TROUT**

Herbed cream cheese with red onion & cucumber salad.

85

#### **PASTRAMI**

Mustard mayo, rocket, gherkins, jus & battered onion rings.

79

Subject to availability

\*\*Contains nuts



# GOURMET BURGERS

Sesame brioche bun°, served with rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

#### **BBQ CHEESE**

BBQ basted chargrilled beef patty, layered with cheddar, gherkins, tomato, burger mayo, red onion & lettuce.

104

#### AVO', BEEF MACON & FETA

BBQ basted chargrilled beef patty, layered with gherkins, tomato, burger mayo, red onion & lettuce.

125

#### **BIG DADDY**

BBQ basted chargrilled beef patty, layered with a fried egg, beef macon, pastrami, cheddar, gherkins, tomato, burger mayo, red onion & lettuce. Topped with battered onion rings.

#### FALAFEL NEW V

Deep-fried herbed chickpea bites, red onion & cucumber salad, rocket, spiced honey & herbed yoghurt.

65

#### **BUTTERMILK CHICKEN 89**

Sesame-crusted fried chicken strips, rainbow slaw, grated Parmesan, tomato, honey citrus reduction, burger mayo & lettuce.



# HEARTY & GENEROUS

Served with rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

#### **PIT BOSS BBQ GRILL 175**

BBQ basted 125g rump, chargrilled beef rashers, boerewors, BBQ chicken wings & grilled corn on the cob. With a creamy mustard cheese dipping sauce.

#### **SWEET & SPICY WINGS & BBQ RUMP**

Deep-fried chicken wings tossed in sweet & spicy hot sauce, with a chargrilled BBQ-basted 250g rump.

#### **WELSH RAREBIT CRUMBED CHICKEN**

Avo<sup>^</sup>, beef macon, creamy mustard cheddar sauce & spring onion.

#### GRILLED RUMP STEAK

BBQ basted 250g rump, topped with herb butter. Served with battered onion rings & jus.

#### **CHICKEN & MUSHROOM POT PIE**

Rosemary & poppy seed puff pastry lid.

## SOUPS

#### FAMOUS ROASTED TOMATO & BASIL

Topped with basil pesto" & served with a toasted white, wholewheat or rye mozzarella sandwich.

#### ROASTED CAULIFLOWER WWW V

Topped with dukkah \*\*\* & served with a buttered, toasted bagel.

For a healthier option, swop the bagel for toasted wholewheat or rye bread.

65 | 2492 kJ / 2496 kJ

<sup>^</sup>Subject to availability

\*\*Contains nuts

°Contains sesame seeds



# PERFECT PAIRS

In our spirit of generosity, we have paired your favourite food & drinks so that you get more & more.

ON-THE-GO BREAKFAST (with beef macon) & EASY CAPPUCCINO

65

BREAKFAST BUN° (with beef macon) & EASY CAPPUCCINO

62

BEEF MACON & EGG TOASTED SANDWICH & EASY CAPPUCCINO

82

CHICKEN MAYO TOASTED SANDWICH & EASY CAPPUCCINO

72

FAMOUS GIANT MUFFIN' & EASY CAPPUCCINO

52

°Contains sesame seeds
\*May contain nuts

Famous Giant Muffin

# FRESHLY BAKED

Our cakes, pies, tarts & muffins are freshly baked on-site by our skilled Master Bakers every day, so that you always get a taste of home. As everything is fresh, our selection may vary. If your favourite isn't available today, how about trying something new?

#### PIE OR TART SLICE

Served with ice cream or whipped cream.

55

#### **CAKE SLICE**

57

Add whipped cream or ice cream.

+11

#### **FAMOUS GIANT MUFFIN' 35**

Available in sweet or savoury options. Made from scratch daily with the same recipe for over two decades.

Served with butter, strawberry jam & cheddar

+10

\*May contain nuts



# CHILLED & HOT DRINKS

### **BOTTOMLESS**

Served & charged per person. Unfortunately, sharing is not allowed.

HOT CHOCOLATE

**VEGAN HOT CHOCOLATE** 

With texturised milk.

With texturised soy milk. u

KIWI & WATERMELON FIZZ | LEMONADE **BLOOD ORANGE GINGERADE** 

**PEACH ICED TEA** 

CHILLED

FROZEN DOUBLE LEMONADES

Passion Fruit & Raspberry | Mango & Mixed Berry Apple & Mint

**MUGGACHINOS** 

Refreshingly blended iced coffee.

Chino | Vegan 🚾

**SMOOTHIES** 

MIXED BERRY

Berry coulis, blueberries, banana, honey, oats & full-cream plain yoghurt.

Pineapple, spinach, celery, apple & passion fruit purée blended with ice.

#### **COLD BEVERAGES**

Still | Sparkling Mineral Water

25

34

Soft Drinks

No Sugar Soft Drinks



44

**DOUBLE THICK MILKSHAKES** 

Chocolate | Vanilla | Strawberry | Bubblegum | Lime

Small (270ml) Medium (350ml) Tall (460ml)

HOT

HOT SALTED CARAMEL

White hot chocolate & salted caramel syrup with texturised milk.

40

MATCHA LATTE

Sweetened matcha green tea blend topped with texturised milk.

**RED ESPRESSO®** 

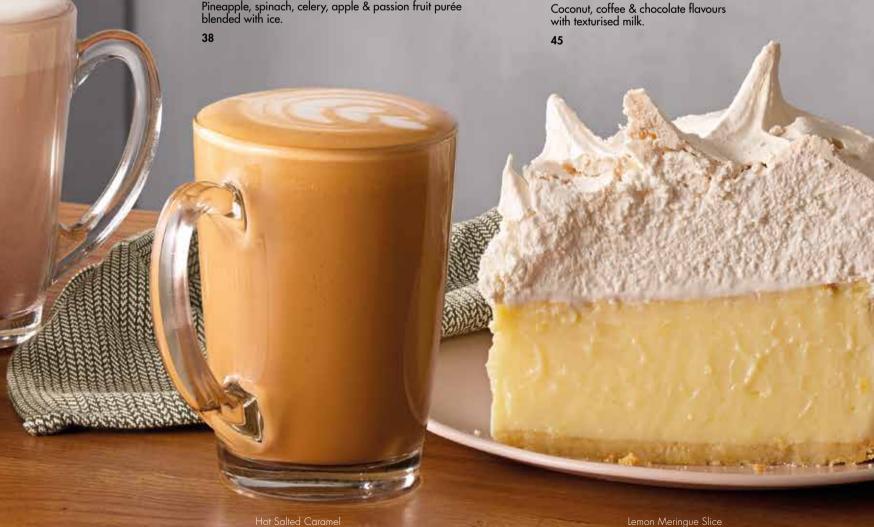
Brimming with antioxidants.

**RED CAPPUCCINO®** 

With texturised milk.

Easy Red Cappuccino® Serious Red Cappuccino®

CARIBBEAN CAFFÈ MOCHA





Love what you see on your table?

Snap a photo & post it using #MyMuggTable & we could be featuring you on our social media pages!

www.muggandbean.co.za



Discovery Vitality members, scan your receipt and get up to 25% back on all qualifying HealthyDining meal options and 50% back on Vitality kids' HealthyDining meals for kids under 12. Make sure you activate Vitality HealthyDining in the latest version of the Discovery app. For more information visit www.discovery.co.za. HealthyDining benefits only apply to qualifying Mugg & Bean menu items. Discovery Vitality (Pty) Ltd. Registration number: 1999/007736/07. Terms, conditions and limits apply.

T&Cs apply. Our cakes are baked fresh in our restaurant with a 3-day shelf-life. Bottomless menu items available for sit-down customers only. Ingredients may vary subject to availability & seasonality. Menu descriptors do not contain full ingredients. If you require any allergen information prior to ordering, please ask a member of our team to assist. We use a lot of different ingredients & shared equipment in our kitchens, as well as some products that have been produced by suppliers. Due to this, we cannot guarantee that our food is completely free of allergens or traces of allergens. Portion weights are raw weights. Any change or addition to our original recipes will result in kilojoule count variations. Some items are calculated on the highest kilojoule variant. Only certain crumbles, pies & tarts are served with cream or ice cream. All visuals are suggested servings only & for descriptive purposes only, size & appearance may vary. All extras will be charged for. Certain menu items are made from non-dairy cream. Not all items on this menu are available as takeaway. For full nutritional information, please visit our website www.muggandbean.co.za. While stocks last.





