

## 5 READING

- Look at the photo of Simon Cowell. What do you know about him?
- Read the article. Use the glossary to help you. Do you think Simon's day is typical for a TV star?
- Read the article again. Answer the questions in pairs.
  - Where does Simon Cowell live?
  - Where does he have breakfast?
  - What does he eat for breakfast?
  - What does he do after breakfast?
  - Does he exercise in the morning?
  - What time does he start work?
  - What time does he go to bed?
  - Who does he send text messages to?
- Look at the **highlighted** words and guess their meaning. Check with your teacher or a dictionary.
- Complete the sentences with a **highlighted** word from the article.
  - I get up at 7:00. \_\_\_\_\_ I take a shower.
  - I read the newspaper \_\_\_\_\_ I have time.
  - I have lunch at \_\_\_\_\_ 12:30.
  - \_\_\_\_\_ work, I go home and have dinner.
  - I watch TV or read \_\_\_\_\_ I go to bed.

## 6 SPEAKING & WRITING

- **p.125 Vocabulary Bank** *A typical day.*
- Write about your typical morning. Use verbs from the Vocabulary Bank (*get up, have breakfast, etc.*). Use adverbs of frequency (*always, usually, etc.*) and time words (*then, after breakfast, etc.*).
- Tell a partner about your typical afternoon and evening.

*I usually have lunch at twelve thirty.  
I have pizza or a sandwich and soda.*

## 7 38))) SONG Wonderful Tonight 🎵

# A Day in the Life of Simon Cowell



**Simon Cowell** is a judge on TV shows like *The X Factor*. He lives in his houses in London and Los Angeles.



**When** Cowell's alarm clock goes off in the morning, he always hits the snooze button two times. He has breakfast in bed and reads the newspaper. He always has the same breakfast: hot water, juice, and oatmeal. **Then** he has tea.

**After** breakfast, he takes a bath. His bathroom has a TV and he watches cartoons for an hour. He likes *The Flintstones*. Cowell loves baths. He takes a bath three times a day. He also exercises in the morning. He always does 500 push ups.

Cowell usually starts work at 1:00 in the afternoon and finishes at 9:00 p.m. He usually goes to bed at **about** 4:00 in the morning. **Before** that, he sends text messages to his assistants.

"I have a weird routine," he says.

### GLOSSARY



alarm clock goes off



hit the snooze button



oatmeal



cartoon



do push ups



send text messages