

## Your daily routine

**Lina:** Andrés, hey! How are you?

**Andres:** I'm doing great! How about you?

**Lina:** I'm doing well too! I'm very excited about our interview. We will talk about daily routines. I hope you are ready for my questions!.

**Andres:** I am ready! Go ahead!

**Lina:** Awesome! The first thing I want to know is **"what time do you get up?"**

**Andres:** Well, I usually set my alarm at 6:00am, but it takes me almost 30 minutes to really wake up. So, I mostly get up at 6:30am.

**Lina:** **Do you take a shower right after?**

**Andres:** Actually, no. I always make my bed as soon as I get up. This way I don't forget to do it before I go to work.

**Lina:** That's a great idea! **What about breakfast? Do you cook your own food?**

**Andres:** I try to, but I don't always succeed. Most of the times, I just drink a smoothie and leave my house.

**Lina:** **What is your routine at work?**

**Andres:** I arrive at 8:00 am. First, I check my emails and then, I set my schedule for the day. It always depends on my daily tasks.

**Lina:** What time do you finish work?

**Andres:** I usually finish work at 4:30pm. I like to run errands after work. So, I usually go shopping some groceries or I go to the doctor. I rarely go out with my friends because I'm very tired after work.

**Lina:** What do you do after you get home?

**Andres:** I get something to eat. I sometimes order food. I like to sleep before 10:00 pm because I have to wake up early.

**Lina:** Wow. You really do many things during your day.

**Andres:** Yeah. Actually, I want to go on vacations as soon as possible.

**Lina:** Yeah, you totally deserve it! I hope you can have some time off very soon.

**Andres:** I hope so too! And well, thank you for having me as your guest.

**Lina:** Thank you for taking the time to be here! I'm wishing you the best.

**Andres:** You too!