If I had to pick one, it would be number 9, "Plan Often". Or to do a better job planning. I may plan but not throughly, like I think about things or steps in my head but I usually fail to write these tasks down at the time. In not doing so, sometimes I forget, this causes me then to just do what I remember and ultimately it hurts me. I need to start planning more efficiently and throughly, especially with my time.