

binx health At-home Nasal Swab COVID-19 Sample Collection Kit- for return at a drop-off location



Instructions For Use

Please read the full instructions prior to collecting your sample

MAKE SURE YOU ACTIVATE YOUR KIT AT <https://mybinxhealth.com/activate>

Kit contents



Cardboard shipping box



Swab in peel pouch and tube



Instructions for Use



Sample bag with absorbent pad



Return envelope



Sample identification label

1 Activate your kit

- Open and unpack the sample collection kit, placing the contents on a clean surface.
- **Activating your kit:**
 - ▶ If you are a returning binx customer and have an existing binx account, you must go to <https://mybinxhealth.com/login> to first login and then enter your order number to activate your kit.
 - ▶ If you are new to binx, the first step is to **ACTIVATE YOUR KIT** by going to <https://mybinxhealth.com/activate> and entering the order number shown on the sample identification label.
 - ▶ Upon proper kit activation, you will receive an email notification. If you do not receive this **AFTER** activating, please email support at support@mybinxhealth.com
- The sample identification label is pre-printed with an order number. Complete the sample identification label by writing your name and date of birth, then the date, time and timezone you collected your sample in the appropriate fields. Place the completed sample identification label around the swab tube so that the long side of the label matches the long side of the tube.
- Samples should only be collected Monday through Friday to minimize return delays. Be certain to return your envelope the same day you collect your sample. **DROP OFF THE RETURN ENVELOPE AS SOON AS POSSIBLE AND ON THE SAME DAY AS SAMPLE COLLECTION AT THE DESIGNATED DROP-OFF LOCATION.**

2 Collection Process

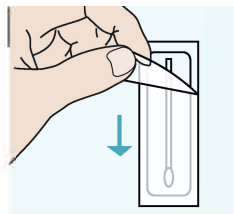


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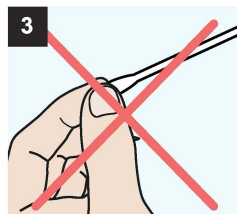
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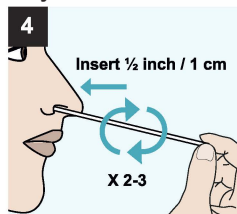
1 Wash your hands thoroughly with soap and water for 20 seconds.



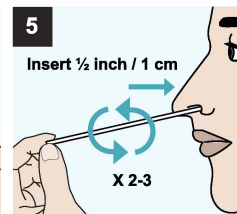
- 2**
- Peel open the package where indicated. Leave the swab in the package for now.
 - Pull up to remove the cap from the collection tube. Place it on a clean surface where you can easily find it.



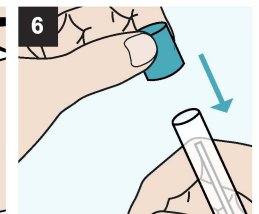
3 **IMPORTANT:** Do not touch the swab tip!



4 Carefully pick up and slowly insert the swab approximately ½ inch / 1 cm into one nostril. Do not force the swab into your nose any further. Firmly sample the nasal membrane by rotating the swab 2-3 times then leave in place for 10 to 15 seconds. Gently remove the swab.



5 Repeat this process using the same swab for the other nostril. It is important to collect your sample from both nostrils.

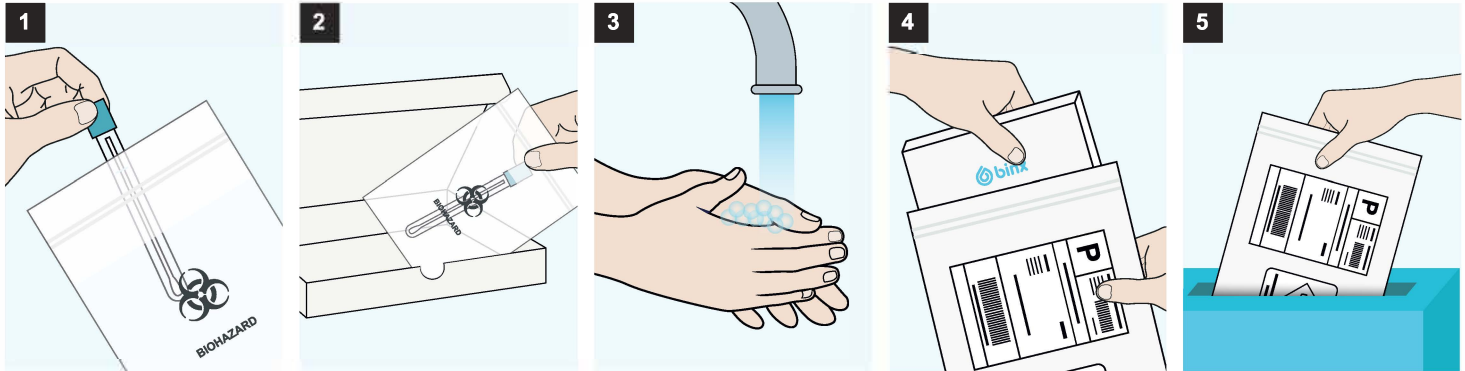


6 Without touching the swab tip, place the swab (tip first) into the swab tube and close the tube tightly by pushing the cap straight down onto the tube firmly.

If during the collection process you feel any discomfort, stop collecting the sample immediately and contact binx.

Got any questions about the collection process? Contact binx at support@mybinxhealth.com or call 844-692-4691

3 To return your samples



1 Place the swab tube (containing the swab) in the sample bag. Do not remove the absorbent pad. Seal the bag by tearing off the strip to expose the adhesive and folding the top of the bag over.

2 Place the sealed sample bag in the cardboard shipping box. Close the box securely.

3 Wash your hands thoroughly with soap and water for 20 seconds.

4 Place the cardboard shipping box inside the envelope and seal.

5 Samples should only be collected Monday through Friday to minimize return delays. Drop off the sealed return envelope containing your sample at the designated drop off location.

4 Checklist

Before you send your sample back, please check:

- ☐ You have completed the label with your name and DOB and with the date and time (and time zone) of sample collection and this has been placed onto the swab tube
- ☐ You have successfully activated your kit online and received confirmation
- ☐ The swab is sealed inside the sample bag, the sample bag is in the cardboard shipping box and the box is inside the return envelope

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- 1** Once received, the lab will process your sample and perform quality checks. We will contact you if there are any issues.
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Kit contents



Cardboard shipping box



Sterile swab and tube



Instructions for Use



Sample bag with absorbent pad



Return envelope



Sample identification label

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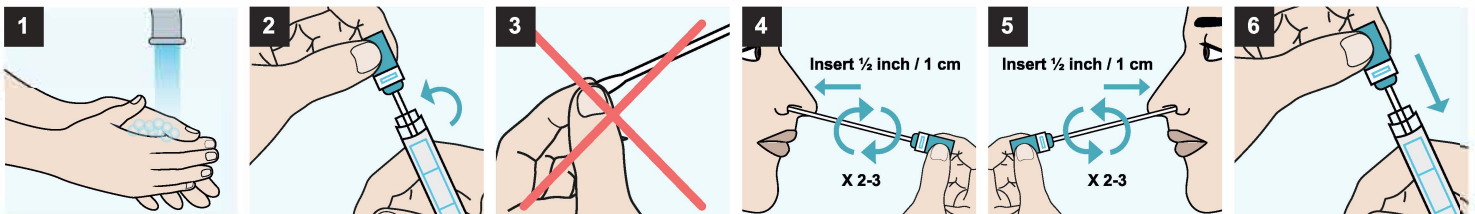
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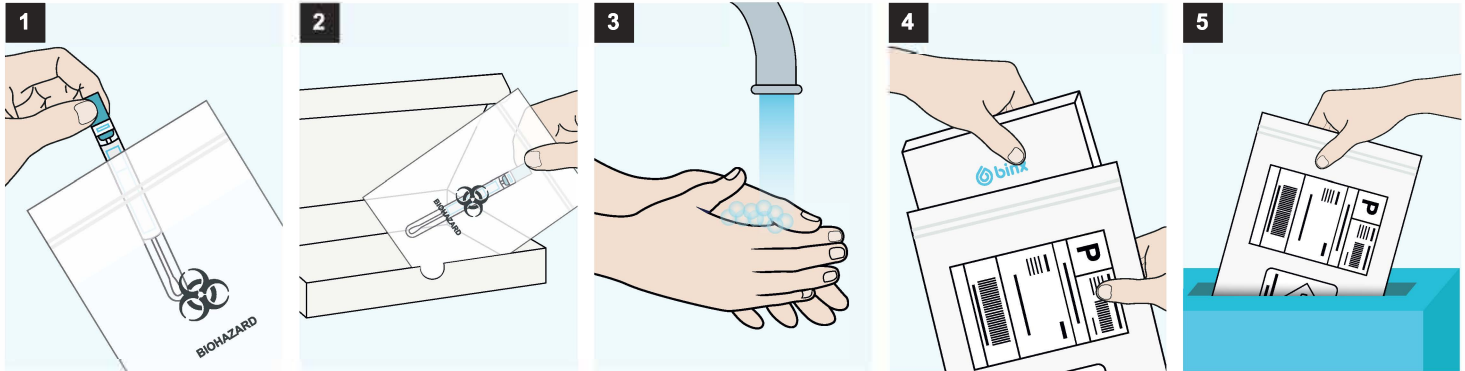


- 1 Wash your hands thoroughly with soap and water for 20 seconds.
- 2 Remove the sterile swab from the tube
- 3 **IMPORTANT:** Do not touch the swab tip!
- 4 Carefully pick up and slowly insert the swab approximately ½ inch / 1 cm into one nostril. Do not force the swab into your nose any further. Firmly sample the nasal membrane by rotating the swab 2-3 times then leave in place for 10 to 15 seconds. Gently remove the swab.
- 5 Repeat this process using the same swab for the other nostril. It is important to collect your sample from both nostrils.
- 6 Without touching the swab tip, place the swab (tip first) into the swab tube and close the tube tightly.

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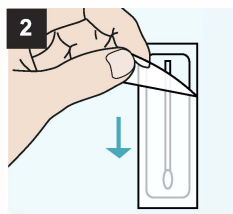


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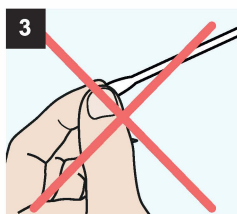
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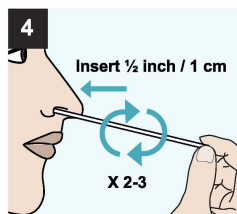
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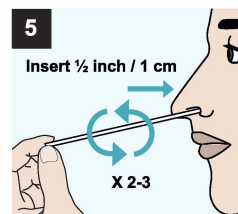
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- Peel open the package where indicated. Leave the swab in the package for now.
 - Pull up to remove the cap from the collection tube. Place it on a clean surface where you can easily find it.



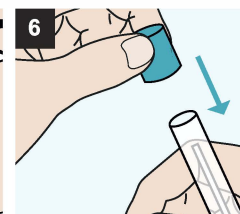
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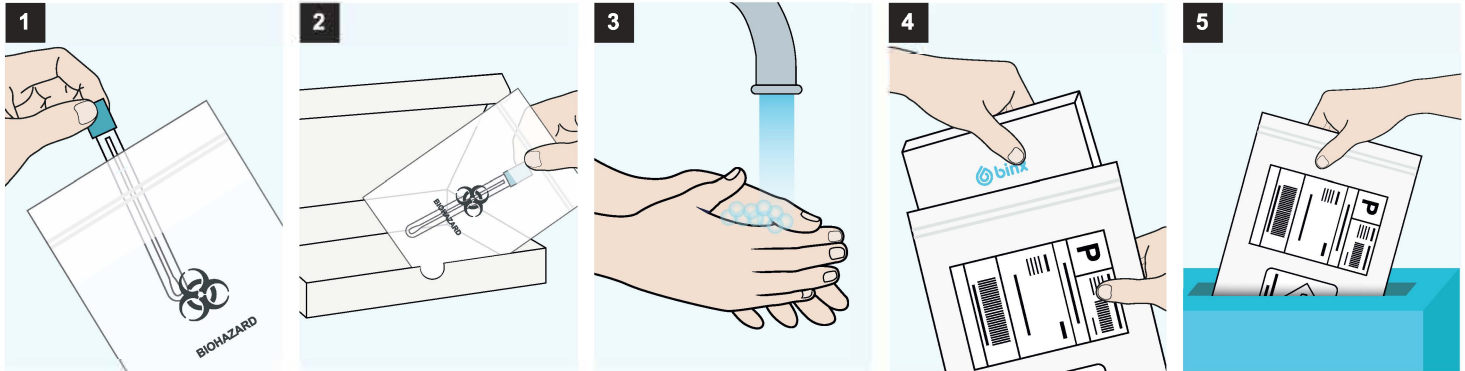


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2 Place the sealed sample bag in the cardboard shipping box. Close the box securely.

3 Wash your hands thoroughly with soap and water for 20 seconds.

4 Place the cardboard shipping box inside the envelope and seal.

5 Be certain to return your sample before the last pickup **the same day that you collect your samples**. Samples should only be collected Monday through Friday to minimize return shipping delays. To arrange a UPS collection go to **www.apps.ups.com/pickup/schedule** or take your envelope to any UPS access point or store.

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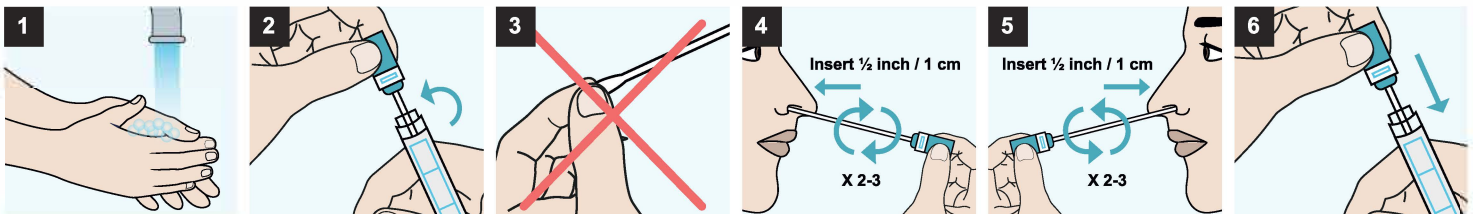
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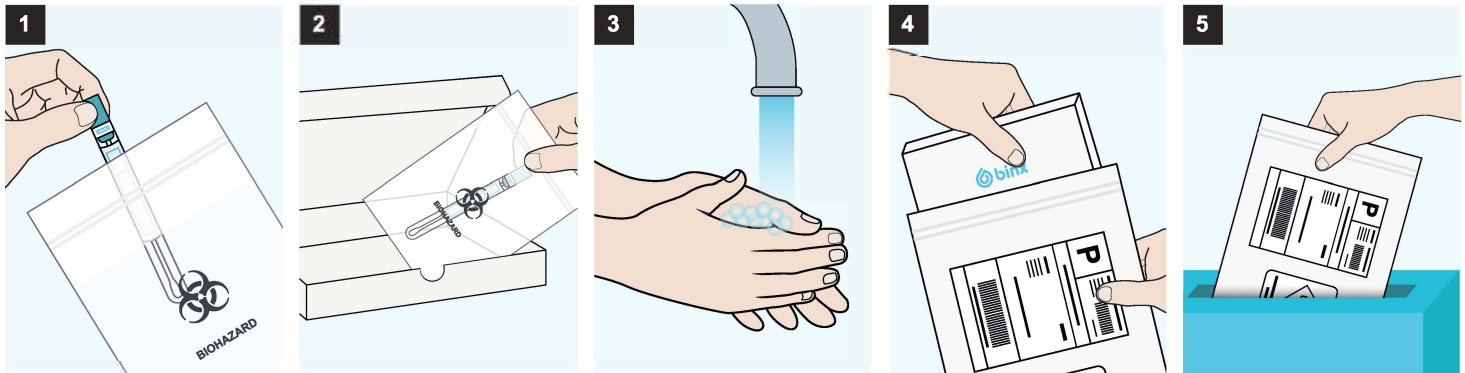


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