

Kaiser Permanente Mid Atlantic States (KPMAS)

COVID-19 Home Collection Kit, IVD, Rx only

For Use Under an Emergency Use Authorization (EUA) Only

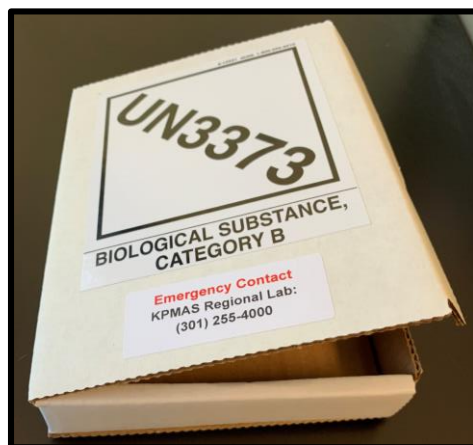
Must be collected under the video guidance of your healthcare provider (telemedicine visit).
Inadequate sample collection can result in inaccurate result.

Kit includes:



Biohazard bag (95 kPa) with

- Nasal swab
- Saline collection tube
- Specimen label
- Absorbent sheet



Shipping box



Pre-paid, pre-labeled
FedEx return envelope

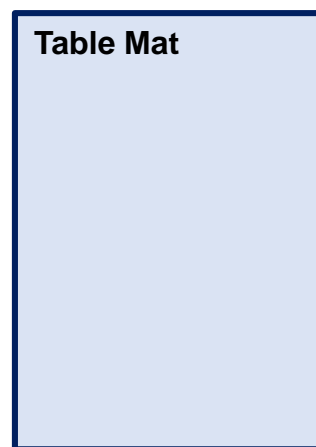


Table Mat

Alcohol
Prep
Pad

**Before collecting your COVID-19 nasal swab sample,
please visit**

www.fedex.com/labreturns

to find **FedEx** drop box locations and pickup schedules.

You must bring your sample to a drop box
on the same day you collect it
before the last **Express** pick up.

Disclaimer: This home collection kit has not been FDA cleared or approved. This home collection kit has been authorized by FDA under an EUA. This home collection kit has been authorized only for the home collection and maintenance of nasal swab specimens as an aid in detection of nucleic acid from SARS-CoV-2, not for any other viruses or pathogens. This home collection kit in combination with the authorized test is only authorized for the duration of the declaration that circumstances exist justifying the authorization of emergency use of in vitro diagnostic tests for detection and/or diagnosis of COVID-19 under Section 564(b)(1) of the Act, 21 U.S.C. § 360bbb-3(b)(1), unless the authorization is terminated or revoked sooner.

**Go to the next page
for Kit Instructions**



KPMAS COVID-19 Home Collection Kit Instructions

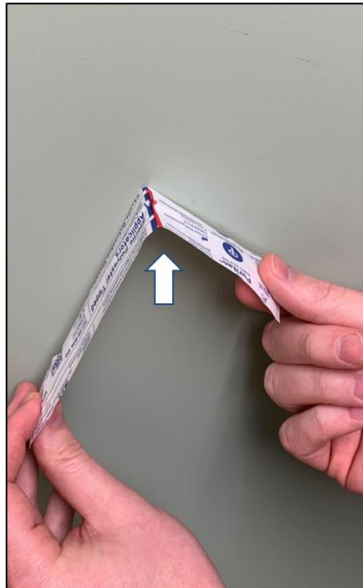


1. **Wash** your hands with soap for 20 seconds.
2. **Set out the kit** (swab, saline tube, and label) on the provided table mat.
3. **Break** the swab at the breakpoint (**red line**) (see [Picture 1a-c](#)).
4. **Swab** (see [Picture 1d](#)):
 - a. Insert the swab into one nostril until the “soft part” is reached (~1 inch or 2-3 cm).
 - b. Rotate the swab inside the nostril for about 10-15 seconds and withdraw.
 - c. Repeat with the other nostril using the same swab.
5. **Open** the sample tube, place the swab inside of tube, close the cap tightly, and check for leakage (see [Picture 1e](#)).

Picture 1.



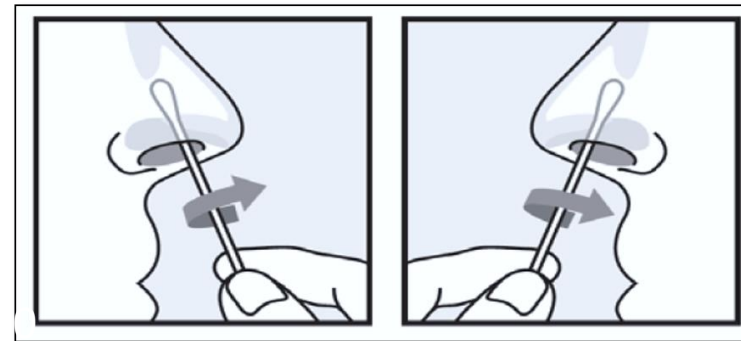
a. Identify **red line** on swab package.



b. Break the handle at **red line**.



c. Carefully pull out the longer part of swab.



d. Insert swab inside one nostril until the “soft part” is reached (~ 1 inch or 2-3 cm).

Gently rotate swab for **10-15 seconds**.

Repeat with the other nostril using the same swab.

Do not let the swab touch any surface before placing it into sample tube.



e. Place swab into saline tube and **tighten cap**.

Flip the page



KPMAS COVID-19 Home Collection Kit Instruction



6. Label:

- Confirm your **name and date of birth** on the provided specimen label.
- Clearly write **date and time** of sample collection on the specimen label.
- Affix the specimen label on the specimen tube as shown in **Picture 2**.

7. Wipe your hands with the provided alcohol prep pad.

8. Package (See Picture 3):

- Place the specimen tube (labeled) into the **biohazard bag** and close the bag.
- Place the specimen bag into the **shipping box** and close the box.
- Place the shipping box into the pre-labeled **FedEx** envelope and seal the envelope.

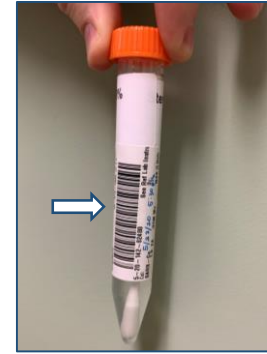
9. Ship: Deliver the postage paid, pre-labeled **FedEx** return pack to a **FedEx** drop box.

Note: Please bring your sample to a drop box on the same day you collect it before last **Express** pick up.

Important:

Sample will not be tested if the specimen is returned to the laboratory in any of the following conditions:

- no nasal swab inside the saline collection tube
- sample volume less than 0.6 mL due to leakage or spill
- no specimen label on the collection tube
- no written date and/or time of collection
- no documentation of observed collection by healthcare provider (information verified in patient's medical chart)
- not shipped in the provided **FedEx** UN3373 Pak
- sample arrived to the laboratory more than 48 hours after collection



Picture 2. Affix the specimen label.



Picture 3. Specimen tube is placed into a biohazard bag and then placed into the shipping box (a). The shipping box is placed into the prelabeled **FedEx** envelope (b).

If you have question, please contact
Kaiser Member Services: 1-800-777-7902 (toll free)
TTY: 1-301-879-6380