

# 13 Help yourself

## Pronunciation: individual sounds activity

Listen to the recording. For each sentence, circle which of the words in brackets you actually hear.

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| <p>1 Life at the college became easier to bear after the principal invested in a new <i>fan</i> / <i>van</i>.</p> <p>2 People are beginning to have greater control over how they interact with the Internet, for example, by placing a <i>blog</i> / <i>block</i> on a website.</p> <p>3 In the modern world, the lives of many have been affected by the increasing prevalence of <i>pills</i> / <i>bills</i>.</p> <p>4 In the second stage of the experiment, <i>dip</i> / <i>tip</i> the samples into the alkaline solution.</p> <p>5 Exams can contribute to stress, and after a particularly difficult experience, many students report feeling <i>thick</i> / <i>sick</i>.</p> <p>6 Crustaceans are an important part of the local economy. In order to maximize their profits, local fishermen make private arrangements for other people to <i>shell</i> / <i>sell</i> the prawns they catch.</p> | <p>7 National and family loyalties both play an important part in the lives of citizens, although in a recent survey most people said their first allegiance was to their <i>kin</i> / <i>king</i>.</p> <p>8 Rail companies improved the design of their carriages after many passengers reported having an uncomfortable <i>slip</i> / <i>sleep</i> on the train.</p> <p>9 From a romantic point of view, a writer's suffering is at the root of his creativity, and he uses his <i>pen</i> / <i>pain</i> as a means of expressing his inner feelings.</p> <p>10 When viewing wildlife, it is wise to keep your distance and hide out of view, for example, by <i>stooping</i> / <i>stopping</i> behind a low fence or hedge.</p> |
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|-------|--------|---------|-------|--------|---------|--------|--------|-------|-------------|
| 1 van | 2 blog | 3 pills | 4 tip | 5 sick | 6 shell | 7 king | 8 slip | 9 pen | 10 stopping |
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Answer