

Vitamin D Levels 25-OH

Date Performed: 05-Jun-2013

Source: 1101 - PAML

Received: 05-Jun-2013

	Value	Range	Interpret	Comments
Vitamin D Levels 25-OH	55 ng/mL	30-150		<20 ng/mL Suggests deficiency of 25-OH Vitamin D. 20-29 ng/mL Suggests a relative insufficiency of 25-OH Vitamin D. 30-150 ng/mL Suggests a sufficient level of 25-OH Vitamin D. >150 ng/mL Toxic level of 25-OH Vitamin D. Blood levels of 25 Hydroxy Vitamin D vary with the extent of sun exposure. Values tend to be highest in late summer and lowest in spring. Values also tend to decrease with age, due to decreased precursor synthesis in the skin. Testing Performed: PAML, 110 W. Cliff Dr, Spokane, WA 99204