# Machine Learning for All

#### Session 5. Model Selection and Regularization

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### What do we know so far?

• In linear regression, we know that adding predictors to the model always reduces the Sum of Square Residuals (SSR) on the training data.

• Recall that adding predictors to the model does not necessarily improve the SSR on the testing data (testing error).

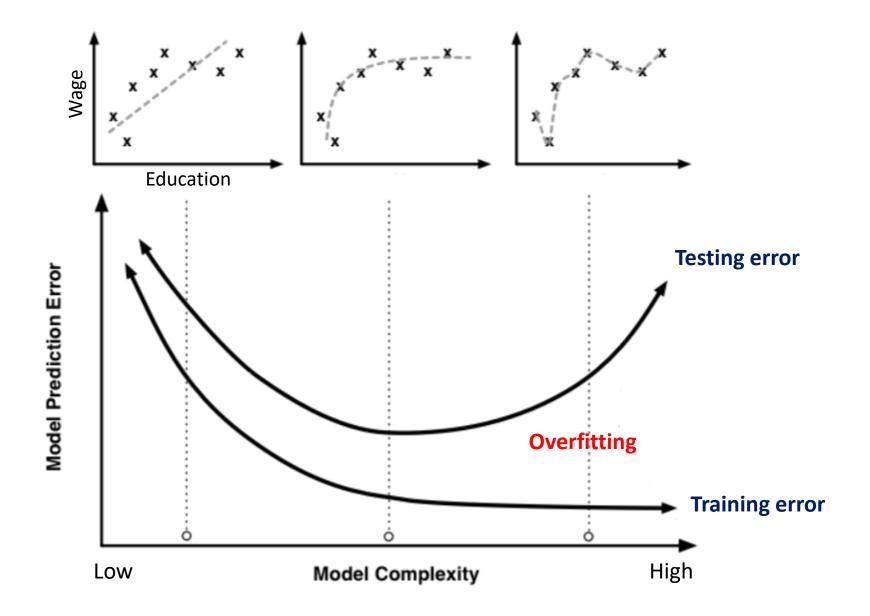
• In general, in supervised machine learning we want to find a learning method that minimizes the testing error not the training error.

### What do we know so far?

• A more flexible learning method might fit the data better and in principle decrease the testing error.

• But fitting a more complex model (more flexible) requires estimating a greater number of parameters (we have less degrees of freedom).

• Therefore, increasing flexibility reduces the testing error but it can then lead to overfitting (increasing at some point the testing error again).



## How can we address overfitting?

- 1. Subset selection methods: We identify a subset of the predictors that might be related to the response. We then fit a model using least squares on the reduced set of variables.
- **2. Regularization methods**: Using of all our predictors, we use a method that allows us to **regularize or constrain** the coefficient estimates **towards zero** (LASSO) or **close to zero** (Ridge).

### Subset Selection

 Best subset selection: We compare all models with different number of predictors

#### Example:

```
Y = wage

x_1 = years of education

x_2 = years of experience
```

We want to predict wage using years of experience and years of education.

How many linear models can we fit?

## Use least squares for all possible combinations

Let's see how many models I can fit:

- 1. {Constant}
- 2. {Constant + years of education}
- 3. {Constant + years of experience}
- 4. {Constant + years of education + years of experience}

We can fit  $2^2 = 4$  models

### Problem

How many models can we fit for 35 covariates?

We can fit 
$$2^{35} = 34,359,738,368$$
 models

- In fact, the best subset selection becomes infeasible when we have more tan 40 covariates.
- The problem is that many data structures have tons of covariates.

So we must find another way to select fewer predictors

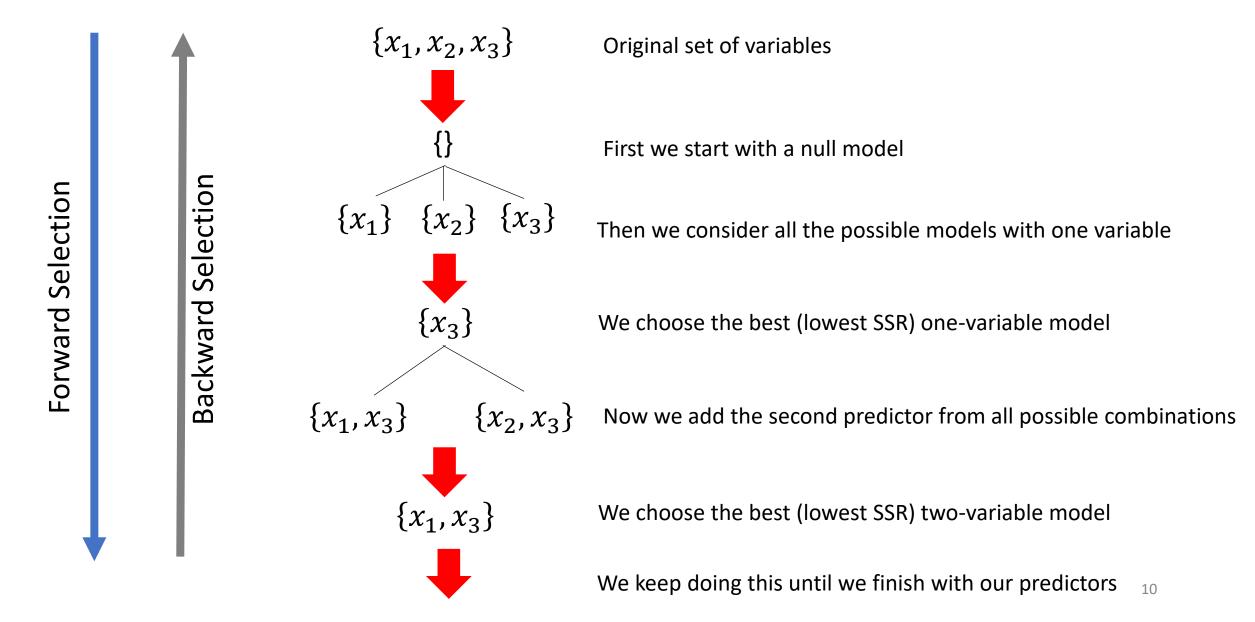
#### Subset Selection

#### Stepwise Selection:

- More efficient alternative to best subset selection
- We identify a subset of the d predictors and then fit a model using least squares on the reduced set of variables.

- The idea is the following:
  - 1. Construct a sequence of *n* models with different number of variables
  - 2. Select the best among them using some metric that we choose

## Variants of Stepwise Approach



## Different methods to choose the best model

Sum of Squares Residual (SSR)

Adjusted R-Squared

Akaike Information Criteria (AIC)

Bayes Information Criteria (BIC)

## Let's do some code!

## Issues with Least Squares

In least squares (OLS):

• When the number of observations is not much larger than the number of predictors ( $n \approx d$ ), we will have a lot of variability in the least squares resulting in overfitting.

• When the number of observations is less than the number of predictors (that is when n < d), we cannot use this method anymore.

## Issues with Least Squares

That least squares method works only if:

$$\hat{\beta} = (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T \mathbf{y} \quad \text{if} \quad n \ge d$$

Not singular

- If n < d, then  $\mathbf{X}^T\mathbf{X}$  will be singular (matrix which is not invertible) and least squares will yield an infinite number of solutions.
- If we use this model to predict an outcome in the testing data, the variance will be infinite.

## Ridge Regression

In Ridge regression we have to minimize:

$$\min_{\beta} \sum_{i=1}^{n} (y_i - f(x_i; \beta))^2 + \lambda \sum_{j=1}^{p} \beta_j^2$$

In blue, we have the regular SSR of the model

In red we have a penalty term:  $\lambda$  is a tuning parameter and makes  $\mathbf{X}^T\mathbf{X}$  invertible (we regularize that matrix)

## Regularization

• The tuning parameter  $\lambda$  shrinks our coefficients to be close to zero

```
If \lambda \downarrow 0 \rightarrow we obtain the least squares solution
If \lambda \uparrow \infty \rightarrow coefficients start to shrink towards zero until we just have an intercept
```

- We will have different coefficient estimates for different values of  $\lambda$ .
- Furthermore,  $\lambda$  helps to control the variance of the prediction error.
- $\lambda$  controls the amount of regularization  $\rightarrow$  we need a discipline way to select  $\lambda$ .

## Implementation

- 1. In practice, what do we do?
  - We scale each variable such that it has sample variance 1 before running the regression.
  - Scaling prevents penalizing some coefficients more than others.
- 2. How do we choose the tuning parameter  $\lambda$ ?
  - We find an estimate  $\beta_{\lambda}^{ridge}$  for many values of  $\lambda$  and then choose it by cross-validation.

### The LASSO

In LASSO regression we minimize:

$$\min_{\beta} \sum_{i=1}^{n} (y_i - f(x_i; \beta))^2 + \lambda \sum_{j=1}^{p} |\beta_j|$$

In blue, we have the regular SSR of the model.

In red we have the penalty term

### Features of LASSO

LASSO: Least Absolute Shrinkage and Selection Operator

• Again, we have a tuning parameter  $\lambda$  which controls which coefficients enter the model.

• Unlike Ridge regression, for a large enough  $\lambda$  the solution will set some coefficients exactly equal to zero (sparse regression).

The LASSO will perform model selection for us!

## LASSO vs. Ridge

#### Why choosing LASSO instead of Ridge?

- Ridge regression shrinks all the coefficients to non-zero values.
- Alternative to subset selection or stepwise approach.
- Which one yields the lowest variance and MSE depends on the selection of the tuning parameter  $\lambda$ .

#### Cross-Validation

• To choose the optimal value of the tuning parameter  $\lambda^*$  we use a cross-validation procedure:



#### Goal:

- 1. Estimate testing error of a learning method
- 2. Select the best model from a given set of models. In this case, "set of models" means models with different parameter values for  $\lambda$

## Model selection by cross-validation

We consider different parameter values of  $\lambda_1$  ...  $\lambda_n$ 

#### **Model selection**

- 1) For different values of  $\lambda_i$ , we train our algorithm on the training set
- 2) Use the validation set to compute SSR
- 3) Select the value  $\lambda^*$  with lowest SSR
- 4) Re-train the algorithm with parameter  $\lambda^*$  on data (training + validation data) except the testing set

#### Model assessment

5) Estimate SSR in testing data using optimal model from step 4)

## Let's do some code!

### K-fold Cross-Validation

#### **Strategy:**

• Randomly divide the training set into K blocks or folds and use one block as a validation set at a time (e.g. K=5)

Validation	Train	Train	Train	Train
Train	Validation	Train	Train	Train
•	•	•	•	•
•	•	•	•	•
•	•	•	•	•
Train	Train	Train	Train	Validation

We change our validation at each turn until reaching the fifth fold

- Train model on k 1 folds (with a different value of the parameter) and then compute prediction error on fold k.
- We average the results over all K combinations, and choose best  $\lambda^*$

Thank you!