

# Improving Standardization and Accuracy of In vivo Omega Plot Exchange Parameter Determination using Rotating-Frame Model-Based Fitting of Quasi-Steady-State (QUASS) Z-spectra

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## INTRODUCTION:

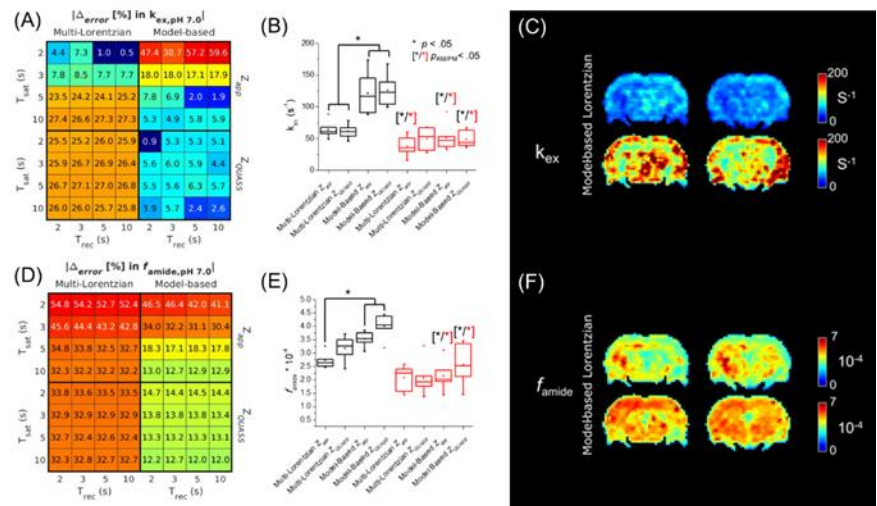
While  $\Omega$ -plot-driven quantification of in vivo amide exchange properties has been demonstrated(1), differences in scan parameters may complicate the fidelity of determination. This work systematically evaluated the use of quasi-steady-state (QUASS) Z-spectra reconstruction to standardize in vivo amide exchange quantification across acquisition conditions and further determined it in vivo.

## METHODS:

Simulation and in vivo rodent brain CEST data at 4.7 T were fit with and without QUASS reconstruction using both multiple Lorentzian and rotating-frame model-based fitting approaches. pH modulation was accomplished both in simulation and in vivo by inducing global ischemia via cardiac arrest. Amide parameters were determined via  $\Omega$ -plots and compared across methods.

## RESULTS:

Simulation showed that  $\Omega$ -plots using multi-Lorentzian fitting could substantially underestimate the exchange rate, with error being unpredictable as conditions diverged from the steady state. In comparison, model-based fitting using QUASS estimated the same exchange rate within 6% (A). Labile proton fraction also showed similar results with error increasing further from steady state (D). These results aligned with in vivo findings (B) where multi-Lorentzian fitting of native Z-spectra resulted in an exchange rate of  $64 \pm 13 \text{ s}^{-1}$  ( $38 \pm 16 \text{ s}^{-1}$  after cardiac arrest), while model-based fitting of QUASS Z-spectra yielded an exchange rate of  $126 \pm 25 \text{ s}^{-1}$  ( $52 \pm 21 \text{ s}^{-1}$ ) which can also be seen on parameter maps (C). In vivo findings for labile proton fraction (E) with multi-Lorentzian fitting of native Z-spectra resulted in  $2.7 \pm 0.3 \times 10^{-4}$  ( $2.1 \pm 0.5 \times 10^{-4}$  after cardiac arrest), while model-based fitting of QUASS Z-spectra results  $4.0 \pm 0.5 \times 10^{-4}$  ( $2.6 \pm 0.8 \times 10^{-4}$ ) which can also be seen on parameter maps (F).



**Figure Caption.** Heatmaps of relative error in exchange rate (A) and proton fraction (D) calculated from simulations across various combinations of saturation time ( $T_{sat}$ ) and relaxation delays ( $T_{rec}$ ) with multiple Lorentzian Fitting and rotating frame model based-fitting of native and QUASS Z-spectra. Box plots of exchange rates (B) and labile proton fractions (E) calculated from  $\Omega$ -plots of native and QUASS Z-spectra with multi-Lorentzian or model-based fitting before (black) and after (red) cardiac arrest. (C)  $k_{ex}$  and (F)  $f_{amide}$  maps calculated with the multi-Lorentzian or model-based fitting of QUASS Z-spectra.

## DISCUSSION:

Simulation and *in vivo* results demonstrate differences in exchange rate and proton fraction determined through multiple-Lorentzian fitting versus rotating-frame model-based fitting. This may explain the broad range of amide exchange rates reported (2-4), from about 30 to  $300 \text{ s}^{-1}$ . Our calculated exchange of  $126 \text{ s}^{-1}$  was comparable with the range of reported exchange rates. Quantification benefits from using signals quantified in at least the inverse Z-domain, such as rotating-frame model-based fitting, or other  $1/Z$  parameters: e.g.  $R_{ex}$ ,  $MTRR_{ex}$ , or  $AREX$ .

## CONCLUSION:

The rotating-frame-based model fitting of QUASS CEST Z-spectra enables consistent and accurate quantification of exchange parameters through  $\Omega$ -plot construction by reducing error due to signal overlap and non-equilibrium CEST effects.

## REFERENCES:

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