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With regards to my position the statement *The virtual world will offer complete escapism to the harshness of actual existence*, I would say that it both will and that we should develop countermeasures.

On one hand, with the rise and development of social media, more and more people tend to be addicted to their smartphones or digital devices. What is more, these users find themselves scrolling online on TikTok reels, Instagram posts, or watching YouTube videos for an enormous amount of time, if they remember how long they even spent on these platforms. I believe that the former is only a metaphor and an incipient beginning to what the movie *The Congres* points out to be a dystopian but somewhat imminent follow-up to how technology shapes our lives currently. By extreme social media usage, it appears as if the masses are already finding that escapism.

On the other hand, there exists a growing awareness, of the harms and pitfalls associated with excessive social media usage. I believe this trend should and will continue as people will not be, at least not in a clear majority, charmed by the appearing effortless and undemanding escapism that continuous scrolling offers nowadays.