# (i) Operation Margarine; (ii) Myth Today

Roland Barthes

# (i) Operation Margarine

To instil into the Established Order the complacent portrayal of its drawbacks has nowadays become a paradoxical but incontrovertible means of exalting it. Here is the pattern of this new-style demonstration: take the established value which you want to restore or develop, and first lavishly display its pettiness, the injustices which it produces, the vexations to which it gives rise, and plunge it into its natural imperfection; then, at the last moment, save it *in spite of*, or rather *by* the heavy curse of its blemishes. Some examples? There is no lack of them.

Take the army; show without disguise its chiefs as martinets, its discipline as narrow-minded and unfair, and into this stupid tyranny immerse an average human being, fallible but likeable, the archetype of the spectator. And then, at the last moment, turn over the magical hat, and pull out of it the image of an army, flags flying, triumphant, bewitching, to which, like Sganarelle's wife, one cannot but be faithful although beaten (*From here to eternity*).

Take the Army again: lay down as a basic principle the scientific fanaticism of its engineers, and their blindness; show all that is destroyed by such a pitiless rigour: human beings, couples. And then bring out the flag, save the army in the name of progress, hitch the greatness of the former to the triumph of the latter (*Les Cyclones*, by Jules Roy).

Finally, the Church: speak with burning zeal about its self-righteousness, the narrow-mindedness of its bigots, indicate that all this can be murderous, hide none of the weaknesses of the faith. And then, *in extremis*, hint that the letter of the law, however unattractive, is a way to salvation for its very victims, and so justify moral austerity by the saintliness of those whom it crushes (*The Living Room*, by Graham Greene).

From Roland Barthes, "Operation margarine" and "Myth today." In *Mythologies*, pp. 41–2 and 150–9. Translated by Annette Lavers. New York: Hill and Wang, 1983.

It is a kind of homeopathy: one cures doubts about the Church or the Army by the very ills of the Church and the Army. One inoculates the public with a contingent evil to prevent or cure an essential one. To rebel against the inhumanity of the Established Order and its values, according to this way of thinking, is an illness which is common, natural, forgivable; one must not collide with it head-on, but rather exorcize it like a possession: the patient is made to give a representation of his illness, he is made familiar with the very appearance of his revolt, and this revolt disappears all the more surely since, once at a distance and the object of a gaze, the Established Order is no longer anything but a Manichaean compound and therefore inevitable, one which wins on both counts, and is therefore beneficial. The immanent evil of enslavement is redeemed by the transcendent good of religion, fatherland, the Church, etc. A little "confessed" evil saves one from acknowledging a lot of hidden evil.

One can trace in advertising a narrative pattern which clearly shows the working of this new vaccine. It is found in the publicity for Astra margarine. The episode always begins with a cry of indignation against margarine: "A mousse? Made with margarine? Unthinkable!" "Margarine? Your uncle will be furious!" And then one's eyes are opened, one's conscience becomes more pliable, and margarine is a delicious food, tasty, digestible, economical, useful in all circumstances. The moral at the end is well known: "Here you are, rid of a prejudice which cost you dearly!" It is in the same way that the Established Order relieves you of your progressive prejudices. The Army, an absolute value? It is unthinkable: look at its vexations, its strictness, the always possible blindness of its chiefs. The Church, infallible? Alas, it is very doubtful: look at its bigots, its powerless priests, its murderous conformism. And then common sense makes its reckoning: what is this trifling dross of Order, compared to its advantages? It is well worth the price of an immunization. What does it matter, after all, if margarine is just fat, when it goes further than butter, and costs less? What does it matter, after all, if Order is a little brutal or a little blind, when it allows us to live cheaply? Here we are, in our turn, rid of a prejudice which cost us dearly, too dearly, which cost us too much in scruples, in revolt, in fights and in solitude. [ . . . ]

## (ii) Myth Today

Since we cannot yet draw up the list of the dialectal forms of bourgeois myth, we can always sketch its rhetorical forms. One must understand here by *rhetoric* a set of fixed, regulated, insistent figures, according to which the varied forms of the mythical signifier arrange themselves. These figures are transparent inasmuch as they do not affect the plasticity of the signifier; but they are already sufficiently conceptualized to adapt to an historical representation of the world (just as classical rhetoric can account for a representation of the Aristotelian type). It is through their rhetoric that bourgeois myths outline the general prospect of this *pseudo-physis* which defines the dream of the contemporary bourgeois world. Here are its principal figures:

- 1. The inoculation. I have already given examples of this very general figure, which consists in admitting the accidental evil of a class-bound institution the better to conceal its principal evil. One immunizes the contents of the collective imagination by means of a small inoculation of acknowledged evil; one thus protects it against the risk of a generalized subversion. This *liberal* treatment would not have been possible only a hundred years ago. Then, the bourgeois Good did not compromise with anything, it was quite stiff. It has become much more supple since: the bourgeoisie no longer hesitates to acknowledge some localized subversions: the avantgarde, the irrational in childhood, etc. It now lives in a balanced economy: as in any sound joint-stock company, the smaller shares – in law but not in fact – compensate the big ones.
- 2. The privation of history. Myth deprives the object of which it speaks of all History.<sup>2</sup> In it, history evaporates. It is a kind of ideal servant: it prepares all things, brings them, lays them out, the master arrives, it silently disappears: all that is left for one to do is to enjoy this beautiful object without wondering where it comes from. Or even better: it can only come from eternity: since the beginning of time, it has been made for bourgeois man, the Spain of the Blue Guide has been made for the tourist, and "primitives" have prepared their dances with a view to an exotic festivity. We can see all the disturbing things which this felicitous figure removes from sight: both determinism and freedom. Nothing is produced, nothing is chosen: all one has to do is to possess these new objects from which all soiling trace of origin or choice has been removed. This miraculous evaporation of history is another form of a concept common to most bourgeois myths: the irresponsibility of man.
- 3. *Identification*. The petit-bourgeois is a man unable to imagine the Other.<sup>3</sup> If he comes face to face with him, he blinds himself, ignores and denies him, or else transforms him into himself. In the petit-bourgeois universe, all the experiences of confrontation are reverberating, any otherness is reduced to sameness. The spectacle or the tribunal, which are both places where the Other threatens to appear in full view, become mirrors. This is because the Other is a scandal which threatens his essence. Dominici cannot have access to social existence unless he is previously reduced to the state of a small simulacrum of the President of the Assizes or the Public Prosecutor: this is the price one must pay in order to condemn him justly, since Justice is a weighing operation and since scales can only weigh like against like. There are, in any petit-bourgeois consciousness, small simulacra of the hooligan, the parricide, the homosexual, etc., which periodically the judiciary extracts from its brain, puts in the dock, admonishes and condemns: one never tries anybody but analogues who have gone astray: it is a question of direction, not of nature, for that's how men are. Sometimes - rarely - the Other is revealed as irreducible: not because of a sudden scruple, but because common sense rebels: a man does not have a white skin, but a black one, another drinks pear juice, not Pernod. How can one assimilate the Negro, the Russian? There is here a figure for emergencies: exoticism. The Other becomes a pure object, a spectacle, a clown. Relegated to the confines of humanity, he

no longer threatens the security of the home. This figure is chiefly petit-bourgeois. For, even if he is unable to experience the Other in himself, the bourgeois can at least imagine the place where he fits in: this is what is known as liberalism, which is a sort of intellectual equilibrium based on recognized places. The petit-bourgeois class is not liberal (it produces Fascism, whereas the bourgeoisie uses it): it follows the same route as the bourgeoisie, but lags behind.

- 4. Tautology. Yes, I know, it's an ugly word. But so is the thing. Tautology is this verbal device which consists in defining like by like ("Drama is drama"). We can view it as one of those types of magical behaviour dealt with by Sartre in his Outline of a Theory of the Emotions: one takes refuge in tautology as one does in fear, or anger, or sadness, when one is at a loss for an explanation: the accidental failure of language is magically identified with what one decides is a natural resistance of the object. In tautology, there is a double murder: one kills rationality because it resists one; one kills language because it betrays one. Tautology is a faint at the right moment, a saving aphasia, it is a death, or perhaps a comedy, the indignant "representation" of the rights of reality over and above language. Since it is magical, it can of course only take refuge behind the argument of authority: thus do parents at the end of their tether reply to the child who keeps on asking for explanations: "because that's how it is", or even better: "just because, that's all" - a magical act ashamed of itself, which verbally makes the gesture of rationality, but immediately abandons the latter, and believes itself to be even with causality because it has uttered the word which introduces it. Tautology testifies to a profound distrust of language, which is rejected because it has failed. Now any refusal of language is a death. Tautology creates a dead, a motionless world.
- 5. Neither-Norism. By this I mean this mythological figure which consists in stating two opposites and balancing the one by the other so as to reject them both. (I want neither this nor that.) It is on the whole a bourgeois figure, for it relates to a modern form of liberalism. We find again here the figure of the scales: reality is first reduced to analogues; then it is weighed; finally, equality having been ascertained, it is got rid of. Here also there is magical behaviour: both parties are dismissed because it is embarrassing to choose between them; one flees from an intolerable reality, reducing it to two opposites which balance each other only inasmuch as they are purely formal, relieved of all their specific weight. Neither-Norism can have degraded forms: in astrology, for example, ill-luck is always followed by equal good-luck; they are always predicted in a prudently compensatory perspective: a final equilibrium immobilizes values, life, destiny, etc.: one no longer needs to choose, but only to endorse.
- 6. The quantification of quality. This is a figure which is latent in all the preceding ones. By reducing any quality to quantity, myth economizes intelligence: it understands reality more cheaply. I have given several examples of this mechanism which bourgeois and especially petit-bourgeois mythology does not hesitate to apply to aesthetic realities which it deems on the other hand to partake of an immaterial essence. Bourgeois theatre is a good example of this contradiction: on

the one hand, theatre is presented as an essence which cannot be reduced to any language and reveals itself only to the heart, to intuition. From this quality, it receives an irritable dignity (it is forbidden as a crime of "lese-essence" to speak about the theatre scientifically: or rather, any intellectual way of viewing the theatre is discredited as scientism or pedantic language). On the other hand, bourgeois dramatic art rests on a pure quantification of effects: a whole circuit of computable appearances establishes a quantitative equality between the cost of a ticket and the tears of an actor or the luxuriousness of a set: what is currently meant by the "naturalness" of an actor, for instance, is above all a conspicuous quantity of effects.

7. The statement of fact. Myths tend towards proverbs. Bourgeois ideology invests in this figure interests which are bound to its very essence: universalism, the refusal of any explanation, an unalterable hierarchy of the world. But we must again distinguish the language-object from the metalanguage. Popular, ancestral proverbs still partake of an instrumental grasp of the world as object. A rural statement of fact, such as "the weather is fine" keeps a real link with the usefulness of fine weather. It is an implicitly technological statement; the word, here, in spite of its general, abstract form, paves the way for actions, it inserts itself into a fabricating order: the farmer does not speak about the weather, he "acts it", he draws it into his labour. All our popular proverbs thus represent active speech which has gradually solidified into reflexive speech, but where reflection is curtailed, reduced to a statement of fact, and so to speak timid, prudent, and closely hugging experience. Popular proverbs foresee more than they assert, they remain the speech of a humanity which is making itself, not one which is. Bourgeois aphorisms, on the other hand, belong to metalanguage; they are a second-order language which bears on objects already prepared. Their classical form is the maxim. Here the statement is no longer directed towards a world to be made; it must overlay one which is already made, bury the traces of this production under a self-evident appearance of eternity: it is a counter-explanation, the decorous equivalent of a tautology, of this peremptory because which parents in need of knowledge hang above the heads of their children. The foundation of the bourgeois statement of fact is common sense, that is, truth when it stops on the arbitrary order of him who speaks it.

I have listed these rhetorical figures without any special order, and there may well be many others: some can become worn out, others can come into being. But it is obvious that those given here, such as they are, fall into two great categories, which are like the Zodiacal Signs of the bourgeois universe: the Essences and the Scales. Bourgeois ideology continuously transforms the products of history into essential types. Just as the cuttlefish squirts its ink in order to protect itself, it cannot rest until it has obscured the ceaseless making of the world, fixated this world into an object which can be for ever possessed, catalogued its riches, embalmed it, and injected into reality some purifying essence which will stop its transformation, its flight towards other forms of existence. And these riches, thus fixated and frozen, will at last become computable: bourgeois morality will essentially be a weighing operation, the essences will be placed in scales of which bourgeois man will remain the motionless beam. For the very end of myths is to immobilize the world: they must suggest and mimic a universal order which has fixated once and for all the hierarchy of possessions. Thus, every day and everywhere, man is stopped by myths, referred by them to this motionless prototype which lives in his place, stifles him in the manner of a huge internal parasite and assigns to his activity the narrow limits within which he is allowed to suffer without upsetting the world: bourgeois pseudo-physis is in the fullest sense a prohibition for man against inventing himself. Myths are nothing but this ceaseless, untiring solicitation, this insidious and inflexible demand that all men recognize themselves in this image, eternal yet bearing a date, which was built of them one day as if for all time. For the Nature, in which they are locked up under the pretext of being eternalized, is nothing but an Usage. And it is this Usage, however lofty, that they must take in hand and transform.

### Necessity and Limits of Mythology

I must, as a conclusion, say a few words about the mythologist himself. This term is rather grand and self-assured. Yet one can predict for the mythologist, if there ever is one, a few difficulties, in feeling if not in method. True, he will have no trouble in feeling justified: whatever its mistakes, mythology is certain to participate in the making of the world. Holding as a principle that man in a bourgeois society is at every turn plunged into a false Nature, it attempts to find again under the assumed innocence of the most unsophisticated relationships, the profound alienation which this innocence is meant to make one accept. The unveiling which it carries out is therefore a political act: founded on a responsible idea of language, mythology thereby postulates the freedom of the latter. It is certain that in this sense mythology harmonizes with the world, not as it is, but as it wants to create itself (Brecht had for this an efficiently ambiguous word: Einverstandnis, at once an understanding of reality and a complicity with it).

This harmony justifies the mythologist but does not fulfil him: his status still remains basically one of being excluded. Justified by the political dimension, the mythologist is still at a distance from it. His speech is a metalanguage, it "acts" nothing; at the most, it unveils – or does it? To whom? His task always remains ambiguous, hampered by its ethical origin. He can live revolutionary action only vicariously: hence the self-conscious character of his function, this something a little stiff and pains-taking, muddled and excessively simplified which brands any intellectual behaviour with an openly political foundation ("uncommitted" types of literature are infinitely more "elegant"; they are in their place in metalanguage).

Also, the mythologist cuts himself off from all the myth-consumers, and this is no small matter. If this [is] applied to a particular section of the collectivity, well and good.<sup>4</sup> But when a myth reaches the entire community, it is from the latter that the mythologist must become estranged if he wants to liberate the myth. Any myth with some degree of generality is in fact ambiguous, because it represents the very humanity of those who, having nothing, have borrowed it. To decipher the Tour de France or the "good French Wine" is to cut oneself off from those who are entertained or warmed up by them. The mythologist is condemned to live in a theoretical

sociality; for him, to be in society is, at best, to be truthful: his utmost sociality dwells in his utmost morality. His connection with the world is of the order of sarcasm.

One must even go further: in a sense, the mythologist is excluded from this history in the name of which he professes to act. The havoc which he wreaks in the language of the community is absolute for him, it fills his assignment to the brim: he must live this assignment without any hope of going back or any assumption of payment. It is forbidden for him to imagine what the world will concretely be like, when the immediate object of his criticism has disappeared. Utopia is an impossible luxury for him: he greatly doubts that tomorrow's truths will be the exact reverse of today's lies. History never ensures the triumph pure and simple of something over its opposite: it unveils, while making itself, unimaginable solutions, unforeseeable syntheses. The mythologist is not even in a Moses-like situation: he cannot see the Promised Land. For him, tomorrow's positivity is entirely hidden by today's negativity. All the values of his undertaking appear to him as acts of destruction: the latter accurately cover the former, nothing protrudes. This subjective grasp of history in which the potent seed of the future is nothing but the most profound apocalypse of the present has been expressed by Saint-Just in a strange saying: "What constitutes the Republic is the total destruction of what is opposed to it." This must not, I think, be understood in the trivial sense of: "One has to clear the way before reconstructing." The copula has an exhaustive meaning: there is for some men a subjective dark night of history where the future becomes an essence, the essential destruction of the past.

One last exclusion threatens the mythologist: he constantly runs the risk of causing the reality which he purports to protect, to disappear. Quite apart from all speech, the D.S.19 is a technologically defined object: it is capable of a certain speed, it meets the wind in a certain way, etc. And this type of reality cannot be spoken of by the mythologist. The mechanic, the engineer, even the user, "speak the object"; but the mythologist is condemned to metalanguage. This exclusion already has a name: it is what is called ideologism. Zhdanovism has roundly condemned it (without proving, incidentally, that it was, for the time being, avoidable) in the early Lukács, in Marr's linguistics, in works like those of Bénichou or Goldmann, opposing to it the reticence of a reality inaccessible to ideology, such as that of language according to Stalin. It is true that ideologism resolves the contradiction of alienated reality by an amputation, not a synthesis (but as for Zhdanovism, it does not even resolve it): wine is objectively good, and at the same time, the goodness of wine is a myth: here is the aporia. The mythologist gets out of this as best he can: he deals with the goodness of wine, not with the wine itself, just as the historian deals with Pascal's ideology, not with the *Pensées* in themselves.<sup>5</sup>

It seems that this is a difficulty pertaining to our times: there is as yet only one possible choice, and this choice can bear only on two equally extreme methods: either to posit a reality which is entirely permeable to history, and ideologize; or, conversely, to posit a reality which is ultimately impenetrable, irreducible, and, in this case, poetize. In a word, I do not yet see a synthesis between ideology and poetry (by poetry I understand, in a very general way, the search for the inalienable meaning of things).

The fact that we cannot manage to achieve more than an unstable grasp of reality doubtless gives the measure of our present alienation: we constantly drift between the object and its demystification, powerless to render its wholeness. For if we penetrate the object, we liberate it but we destroy it; and if we acknowledge its full weight, we respect it, but we restore it to a state which is still mystified. It would seem that we are condemned for some time yet always to speak *excessively* about reality. This is probably because ideologism and its opposite are types of behaviour which are still magical, terrorized, blinded and fascinated by the split in the social world. And yet, this is what we must seek: a reconciliation between reality and men, between description and explanation, between object and knowledge.

### **Notes**

- 1 In Molière's Médecin malgré lui.
- 2 Marx: "... we must pay attention to this history, since ideology boils down to either an erroneous conception of this history, or to a complete abstraction from it" (The German Ideology).
- 3 Marx: "... what makes them representative of the petit-bourgeois class, is that their minds, their consciousnesses, do not extend beyond the limits which this class has set to its activities" (*The Eighteenth Brumaire*). And Gorki: "the petit-bourgeois is the man who has preferred himself to all else."
- 4 It is not only from the public that one becomes estranged; it is sometimes also from the very object of the myth. In order to demystify Poetic Childhood, for instance, I have had, so to speak, *to lack confidence* in Minou Drouet the child. I have had to ignore, in her, under the enormous myth with which she is cumbered, something like a tender, open, possibility. It is never a good thing to speak *against* a little girl.
- 5 Even here, in these mythologies, I have used trickery: finding it painful constantly to work on the evaporation of reality, I have started to make it excessively dense, and to discover in it a surprising compactness which I savoured with delight, and I have given a few examples of "substantial psycho-analysis" about some mythical objects.