We have two options, either we can add an enumerated or an itemised list. Examples of both are given below:

An itemised list may be given as:

- · First list item
- · Second list item
 - We can have nested items as well, just make sure to leave an empty line between the child and parent item

An enumerated list may be given as:

- 1. First list item
- 2. Second list item
- 3. Can't be bothered writing out the number, let reStructuredText figure out what number should go at the front
- 4. More auto numbering
 - 1. Nested item, use at least 3 leading spaces