We can use two different styles with reStructuredText. Either, we can use the more complete syntax of grid tables or the easier to write, but limited in functionality, simple tables. An example for both is shown below:

Grid table:

Header 1	Header 2	Header 3
body row 1	column 2	column 3
body row 2	Cells may span columns.	
body row 3	Cells may span rows.	• Cells
body row 4		• contain
		blocks.

Simple table:

Inputs		Output
Α	В	A or B
False	False	False
True	False	True
False	True	True
True	True	True