We have two options, either we can add an enumerated or an itemised list. Examples of both are given below:

An itemised list may be given as:

- First list item
- Second list item
 - We can have nested items as well

An enumerated list may be given as:

- 1. First list item
- 2. Second list item
 - We can have nested items as well, but not with numbers.
 - We can also use a dash instead of an asterisk

GitHub-flavoured markdown allows for todo list items as well:

- ✓ Task 1
- ☐ Task 2
- ☐ Task 3