

Here at OT 4 Kids & Therapeutic Center in Los Angeles, we focus on enabling children with physical, sensory, and cognitive disabilities to live their lives as independently and as rich as possible. Traditionally, occupational activities are meaningful activities that we participate in on a daily basis. For children their main occupations are school, play, and socialization. Occupational therapy helps to address underlying deficits that impact a child's ability to participate in these environments to their full potential. We provide a number of programs that focus on improving a child's occupational deficiencies through Sensory Integration Therapy.

Everyday, we gain sensory experiences through touch, movement, body awareness, sight, sound, and the pull of gravity. Sensory Integration is the brain's ability to organize and interpret sensory information we receive to use it in a meaningful way. This provides the foundation for later, more complex, learning and behavior.