

# CLASS NOTES



Misako Nagata, PhD, 2020

Misako Nagata's PhD journey embodied what she really felt excited about: nature immersion. Her life and work immersed contrasting nature: high-tech intensive-care vs. high-touch self-care; allopathic nursing vs. holistic nursing; the Western culture vs. the Eastern culture; and high-rise buildings vs. high-relief trees. The COVID-19 pandemic shifted her worldview. She believes the application of nature immersion could be beneficial for those who engage in one's own health, healing, and well-being. The phenomena of nature immersion continuously inspires her to sow the seeds of the new global stage of research and practice: integrative nursing.

Nikia Phillips, MSN, 2009; BSN, 2007

Nikia Phillips graduated with honors from FAU in 2009 with a master's degree in nursing, while actively working as a board-certified nurse practitioner within a prominent OB/GYN & family practice. In 2014, she continued to enhance her skills in women's health by pursuing a post-master's degree in midwifery from Frontier Nursing University. With enthusiasm and dedication as a healthcare professional, Nikia become one of only a few family nurse practitioners in Florida to operate her own practice, NP Family Practice and Midwifery Care. She is the first midwife, as well as the first African-American midwife, to deliver at JFK hospital in Palm Beach County under her independent practice. Nikia is also the CEO & founder of 17 & ME, Inc., a non-profit organization that assists and empowers women ages 14-45 years old.



Stacey Ravid, PhD, 2019

Stacey Ravid is teaching pharmacology at FAU's College of Nursing and mentoring nursing students. Additionally, she works with a world-renown surgeon on holistic modalities for post-surgical pain relief. She has 4 articles that are in various stages for publication and acceptance modifications prior to publication. She also has a consulting business for helping individuals with pain and improving their immune systems. As a result of COVID-19, she is involved in research focused on Ozone therapy.