



American Association of Directors of Psychiatric Residency Training

2018 Residency and Program Administrator Award Winners

George Ginsberg Fellowship Award

David Conklin, MD

David Conklin, MD is from Cincinnati, OH. He attended Wake Forest University in Winston-Salem, NC where he completed his BA in Philosophy and Economics in 2006. He completed post-baccalaureate coursework at the University of Colorado at Denver. He received his medical doctorate from Wake Forest University in 2014. He is currently in General Adult Psychiatry training and serving as Chief Resident of Inpatient Services during AY 2017-2018 at Vanderbilt University Medical Center. His professional interests include mood disorders, psychiatric ethics, hospital based ethics consultations, and wholehearted medical education training paradigms.



Jessica Gold, MD, MS

Jessica ("Jessi") Gold, M.D., M.S. is a fourth year and chief resident in Psychiatry at Stanford University where she is on the clinician-educator pathway. She received her undergraduate degree in Anthropology from the University of Pennsylvania where she was a Benjamin Franklin Scholar and graduated Phi Beta Kappa in 2009. She also received a Masters in Science in Anthropology from Penn at the same time, using qualitative methods to study premedical education for her thesis work. She then received her medical degree from the Yale University School of Medicine and graduated in 2014. While at Stanford, her primary interests are medical education, physician wellness, college mental health, and the media portrayal of psychiatry as it relates to stigma. She also enjoys both academic and popular press writing, frequently blogging for the Huffington Post and winning the 2016 Psychiatry Times essay contest for her essay entitled "The Mirror". She is excited about the next steps in her career, recently accepting an Assistant Professor position at Washington University in St. Louis where she will spend most of her clinical time working in college mental health and will have the opportunity to start teaching residents and medical students.



David Latov, MD

Dr. Latov completed his undergraduate education at the University of Pennsylvania where he majored in Psychology and in the Biological Basis of Behavior and did research in Cognitive Behavioral Therapy. He then received a fellowship and worked as a research assistant at the National Institute of Mental Health in a lab that studied the effects of Ketamine on unipolar and bipolar depression. Afterwards, he received his MD from the Emory University School of Medicine and started his residency training at Columbia.



In residency, Dr. Latov has been interested in psychotherapy and education. Some of the projects he has worked on include adapting and implementing an Observed Structured Teaching Exercise for psychiatry, developing and teaching an Introduction to Psychodynamic Psychotherapy course, and working with a group of educators to create a new curriculum designed to better prepare medical students for their transition to the clerkship year. He was selected to be a chief resident and has enjoyed mentoring younger trainees in this capacity. After residency, he plans to pursue a fellowship in child and adolescent psychiatry.

Anne Leonpacher Walsh, MD

Dr. Anne Leonpacher Walsh was born and raised in Lafayette, Louisiana. She studied psychology/pre-health at Loyola University New Orleans and completed medical school at Johns Hopkins University School of Medicine. She continues residency training in adult psychiatry at Johns Hopkins Hospital where she is a PGY-4 and chief resident.



Dr. Walsh has co-authored papers in the areas of affective disorders, re-feeding syndrome in anorexia nervosa, neuropsychiatric symptoms in Alzheimer's dementia, and medical education. She has presented at national meetings on innovations in medical education and is currently leading a team funded by the Arnold P. Gold Foundation, which is conducting a systematic review of interventions to prevent burnout in medical students and residents. She is also a section editor for the Johns Hopkins Psychiatry Guide.

As a medical student Dr. Walsh received the William Walker Award in recognition of her research to distinguish between bipolar and unipolar depression. During her internship, she received the Lidia Palcan Wenz Award presented annually to the intern who best embodies commitment in the care of patients with psychiatric illness. In 2017 she was recognized by the American College of Psychiatrists as a Laughlin Fellow and by the Association of Academic Psychiatry as a recipient of their Residents' Psychiatric Educator Award.

Dr. Walsh is planning a career in academic leadership and hopes to focus clinically on schizophrenia and emergency psychiatry.

Priya Sehgal, MD

Priya Sehgal is currently a second year child psychiatry fellow at Cambridge Health Alliance (CHA)/Harvard Medical School.

Priya attended the University of Michigan and earned an undergraduate degree in Industrial and Operations Engineering. Prior to attending medical school at the University of Toledo, she joined Teach for America and taught high school mathematics in Washington, DC and completed a Master's in Arts in Teaching from American University. She completed her adult psychiatry residency training at Cambridge Health Alliance/Harvard Medical School.



Priya served as the Chief Resident of the Asian Mental Health Team and has taught cultural psychiatry classes to psychiatry trainees. She has received CLER grant funding to improve the cultural psychiatry curriculum at CHA. Priya has presented at national meetings on Asian Mental Health and Cultural and School Psychiatry. In the community, Priya has volunteered at SAHELI, a Boston-area non-profit that supports women and families who have been victims of domestic violence. Additionally, she has provided professional development for greater-Boston Teach for America educators on trauma and child mental health.

Priya has received The Martin Luther King Spirit and Leadership Award from the University of Michigan, was the recipient of the Gold Foundation's Leonard Tow Humanism Award at the University of Toledo, and was named a 2016 Child PRITE Fellow by the American College of Psychiatrists.

Nyapati Rao and Francis Lu International Medical Graduate (IMG) Fellowship Awardees

Saeed Ahmed, MBBS

Dr. Saeed Ahmed is a PGY-III resident in the Adult Psychiatry residency program at Nassau University Medical Center, NY. He was born in Larkana, Pakistan and completed his medical school education at Sindh Medical College Karachi. After finishing his USMLE examinations he volunteered at MPRC Maryland, where he worked in clozapine clinic and also published a paper on smoking cessation in Schizophrenia. Prior to starting residency training, he was privileged to work with world-renowned clinician research scientists at NYU and Thomas Jefferson University Philadelphia. During his residency he has authored several peer-reviewed articles, four book chapters, numerous commentaries on controversial topics of mental health, and has served as a reviewer and on editorial boards for various journals. His clinical and research interests have focused on projects regarding substance abuse, minorities, and LGBTQ mental health. He has assisted APA leadership on the Minority and Underrepresented (M/UR) Caucus in the development of APA Trauma and stress Toolkit 2018 for LGBTQ. In addition to being an active member of APA M/UR caucus, he works closely with American Academy of Addiction Psychiatry " AAAP," where he serves on the committees for membership and research. He won the poster competition of NY Psychiatric Association in 2016 and was awarded a travel fellowship in 2017 by AAAP. During his residency he has won numerous awards at the program, state, and national levels. He is a Fellow for Psychiatry Innovation Lab, which is an incubator at the American Psychiatric Association



that catalyzes the formation of innovative ventures to transform mental health care. He is also departmental representative to Graduate Medical Education (GME) for the Residents Committee.

Currently, he is working on a research project, examining the role of Gabapentin in Alcohol use disorder, especially Alcohol withdrawal and cravings. After finishing his residency, Dr. Ahmed intends to join an addiction psychiatry fellowship.

Kammarrauche Asuzu, MD, MHS

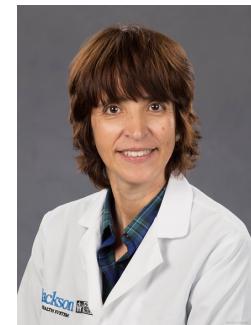
Dr. Asuzu is the executive chief resident of the Psychiatry Residency Training Program at Duke University Hospital. During residency, Dr. Asuzu has distinguished herself as a passionate clinician, energetic and dedicated teacher and scholar, and tireless leader and advocate. She has conducted research in identifying gastrointestinal side effects in patients on clozapine with a goal of increasing awareness and translating guidelines into practice. She has received the American Psychiatric Association (APA) research colloquium award and is currently conducting a pilot project to understand how patients with serious mental illness interact with their mobile devices. She has brought technological innovations to the residency training program, incorporating the resident survival guide into a mobile application for ease of access by trainees. She has championed a variety of programmatic and process improvements in her roles as Assistant Chief (during PGY3) and Executive Chief (currently/during PGY4). She has served other important leadership roles on the program's Resident Council, the institution's Graduate Medical Council, and the Duke Health App committee. She has been selected as an institutional resident representative during Liaison Committee on Medical Education (LCME) and Clinical Learning Environment Review (CLER) visits. In addition to research and leadership, Dr. Asuzu enjoys teaching and engaging in innovative ways to improve understanding of complex mental health concepts. She is currently helping to create an AADPRT module curriculum for clozapine. She was awarded the medical-student-initiated Appleseed Award for excellence in education and leadership by a resident in training.



Dr. Asuzu was born in Nigeria and completed medical school at the University of Ibadan, Nigeria. Prior to residency, she completed a master's in mental health at Johns Hopkins Bloomberg School of Public Health. While at Johns Hopkins, she conducted research exploring associations between disruptive childhood behaviors and personality disorders. Following completion of her graduate degree, her research at the University of Miami focused on exploring the relationship between early life trauma and PTSD. She is passionate about improving the lives of children and adolescents with mental illness via clinical work, research, education, and leadership. After residency, she will be completing a fellowship in Child and Adolescent Psychiatry.

Zelde Espinel, MD, MA, MPH

Dr. Zelde Espinel is a PGY-5 Geriatric Psychiatry Fellow at the University of Miami Department of Psychiatry and Behavioral Sciences/Jackson Memorial Hospital where she also completed her psychiatry residency training. Dr. Espinel is originally from Colombia where she received her MD. She has two post-graduate degrees: an MA in Population and Development from the Institute for Social



Studies, The Hague, Netherlands and an MPH at Florida International University, Miami, Florida. She has extensive experience working in the public health and community settings assisting at-risk populations in her native country. For six years she served as Co-Director, Center for Disaster and Extreme Event Preparedness (DEEP Center) at the University of Miami prior to beginning her psychiatric residency in the US. Following this experience, she had the privilege of joining the University of Miami/Jackson Memorial Hospital residency program in psychiatry. While in residency, she pursued multiple interests: geriatric psychiatry, global mental health, disaster psychiatry and medical student/resident education. Dr. Espinel worked on an evidence-based global mental health intervention with internally-displaced women in Colombia. She completed a research project geared towards assessing caregiver burden of Alzheimer's patients and outcomes in the UM Memory Disorder Clinic. Dr. Espinel received a series of honors and recognitions. She was chosen as a member of the AAGP Scholars Program and attended the AAGP Annual Meeting in New Orleans in 2014. Dr. Espinel received the 2015 Area Five Resident Fellow Member Poster Award, the 2017 National Award in the Medical Student/Resident Poster Competition (Community Psychiatry category) and the 2017 Area Five Resident Fellow Member Poster Award. Her research and teaching activities were also recognized within her residency program and she was awarded the 2015 and 2017 Bernard Goodman Award for research, as well as the department's 2017 Jack Skigen Teaching Award.

Asfand "Andy" Khan, MD

Dr. Asfand "Andy" Khan is currently a 3rd year Psychiatry resident at Penn State Health Milton S. Hershey Medical Center. He was born and raised in Pakistan, completed undergraduate studies in the United States at Shippensburg University and attended medical school in St. Lucia at International American University.



He has been recognized for academic achievement and service with multiple awards for performance on National Board and Licensing Exams, scholarly activity, community outreach, patient care, and leadership positions. He has been instrumental in the adoption of a Suboxone training program for residents and considers education as his main passion in addition to clinical service. He has created a shelf review course for medical students on their psychiatry rotation, is certified in the Stanford Clinical Teaching Framework, and has been chosen as a Hippocrates Medical Education Scholar. He was accepted and recently took part in the Harvard-Macy Institute's Future Academic Clinician-Educators Program and plans on developing a "teaching the teachers curriculum" that can serve as a model for psychiatric residency programs across the nation.

His career plans include pursuing an addiction psychiatry fellowship followed by an academic career that balances administrative, research, clinical, and most importantly educational roles.

Muhammad Zeshan, MD

Dr. Muhammad Zeshan is a first-year child & adolescent psychiatry fellow at Harvard Medical School affiliated Boston Children's hospital in Boston, MA. He is an IMG from Pakistan. Before going to medical school, he worked in a restaurant for 12 years. His interest in psychiatry began when he tried to promote education in his



neighborhood while he was in high school. He was fortunate to have hardworking and supportive parents and teachers who taught him work ethics, hospitality, and responsibility before his peers learned multiplication tables.

He came to the United States to understand the field of psychiatry more meticulously. During his residency training at Icahn School of Medicine at Mount Sinai Bronx Lebanon Hospital in Bronx, NY, he led various performance improvement projects including increasing awareness among residents about the LGBTQ community, Prediction challenges of 30-day readmission in an inpatient psychiatric setting, and prevalence of substance use in adolescent inpatient unit. He will present three workshops and two posters at the annual APA meeting in May, 2018.

Because of his excellent clinical and scholarly work, he received various awards including the NANA Young Scholar Award, Resident of the Year Award, Certificate of Academic Excellence, APA Resident Recognition Award, AACAP Systems of Care Travel Award, and BPSI Child Pip Travel Award. He also enjoys various leadership roles as an APA Diversity Leadership Fellow, APA RFM Assembly Representative, and APA council on Medical Education and Lifelong Learning. In addition, he served on various regional committees. He is interested in learning more about parent management, parent-child intervention therapy (PCIT), perinatal psychiatry, infant and preschool age psychiatry, and minority mental health.