



American Association of Directors of Psychiatric Residency Training

Biosketch

Sanjai Rao, MD

AADPRT Position: Co-chair, Information Management Committee



Dr. Rao received his medical degree from the University of California, San Diego, and is board certified in general psychiatry and psychosomatic medicine. Since his primary clinical role has been as an inpatient attending psychiatrist at the VA Medical Center in San Diego. Dr. Rao currently serves as both an Associate Training Director and the Site Director at the VA Medical Center for the UCSD Psychiatry Residency.

Guided by a strong interest in education, Dr. Rao coordinates large parts of the residency curriculum and has received a number of teaching awards based on his clinical and academic work. His current research activities include serving as the San Diego Site Investigator for VAST-D, a multi-site VA Cooperative study on treatment of depression in patients who have failed at least one antidepressant. He has also conducted research on improving the assessment and treatment of depression and delirium in the palliative care setting. Dr. Rao has published in several areas, including depression and delirium in palliative care, anxious depression, side effects of antipsychotic medications, and residency training.