

45th Annual Meeting
American Association of Directors
of Psychiatric Residency Training
March 3-5, 2016



Passionate and Wise: Inspiring Dedication,
Retaining Humanity

Donna Sudak, MD, Program Chair
Robert Boland, MD, President



American Association of
Directors of Psychiatric
Residency Training

George Ginsberg, MD Fellowship Award

Award Winner/Program

Chaitanya Pabbati, MD

PGY 4

UC, San Diego

San Diego, CA

Charmaine Patel, MD

PGY 4

*University of Vermont Medical
Center*

Burlington, VT

Training Director/Region

Sidney Zisook, MD

Region VI: California

Judith Lewis, MD

Region I: New England



American Association of
Directors of Psychiatric
Residency Training

George Ginsberg, MD Fellowship Award

Award Winner/Program

Desiree Shapiro, MD
PGY 5/Fellow
Rady Children's Hospital
San Diego, CA

Brian Skehan, MD, PhD
PGY 4
*University of Massachusetts
Medical School*
Worcester, MA

Training Director/Region

Jay Giedd, MD
Region VI: California

Sheldon Benjamin, MD
Region I: New England



American Association of
Directors of Psychiatric
Residency Training

George Ginsberg, MD Fellowship Award

Award Winner/Program

Maja Skicic, MD
PGY 4
*Vanderbilt University School of
Medicine*
Nashville, TN

Training Director/Region

Ronald Cowan, MD, PhD
Region V: Southeast



American Association of
Directors of Psychiatric
Residency Training

George Ginsberg, MD Fellowship Award

Committee Members

Chair – A. Scott Winter, MD

Judith Lewis, MD

Terri Randall, MD

Erika Ryst, MD

Susan Stagno, MD

Timothy Sullivan, MD

Raziya Wang, MD



American Association of
Directors of Psychiatric
Residency Training

Peter Henderson, MD Memorial Paper Award

Award Winner/Program

Julio Monterrey, MD
PGY 2
*Stanford University School of
Medicine*
Stanford, CA

Paper: *"Incidental Brain Findings in
Autism Using Comprehensive MRI
Techniques in a Twin Control Model"*

Training Director/Region

Chris Hayward, MD, MPH
Region VI: California



American Association of
Directors of Psychiatric
Residency Training

Peter Henderson, MD Memorial Paper Award

Committee Members

Chair – Arden Dingle, MD

Fauzia Mahr, MD

Kathleen McKenna, MD

Richard Pleak, MD

Erika Ryst, MD



American Association of
Directors of Psychiatric
Residency Training

International Medical Graduate in Psychiatry Fellowship Award (IMG)

Award Winner/Program

Muhammad Aftab, MD, MBBS
PGY 2
*Case Western University SOM,
University Hospitals Program*
Cleveland, OH

Elie Aoun, MD
PGY 4
*Brown University Psychiatry
Residency Program*
Providence, RI

Training Director/Region

Cathleen Cerny, MD
Region IV: Midwest

Tracey Guthrie, MD
Region I: New England



American Association of
Directors of Psychiatric
Residency Training

International Medical Graduate in Psychiatry Fellowship Award (IMG)

Award Winner/Program

Prasad Joshi, MD, PhD
PGY 2
*Drexel University College of
Medicine*
Philadelphia, PA

Caridad Ponce Martinez, MD
PGY 5/Fellow
*Yale University Department of
Psychiatry*
New Haven, CT

Training Director/Region

Ayesha Waheed, MD
Region III: Mid-Atlantic

Ismene Petrakis, MD
Region I: New England



American Association of
Directors of Psychiatric
Residency Training

International Medical Graduate in Psychiatry Fellowship Award (IMG)

Award Winner/Program

Balwinder Singh, MD, MS
PGY 3

*University of North Dakota
School of Medicine and
Health Sciences
Fargo, ND*

Training Director/Region

Robert Olson, MD
Region IV: Midwest



American Association of
Directors of Psychiatric
Residency Training

International Medical Graduate in Psychiatry Fellowship Award (IMG)

Committee Members

Chair – Vishal Madaan, MD

Renato Alarcon, MD, MPH

Ellen Berkowitz, MD

Consuelo Cagande, MD

Francis Lu, MD

Fauzia Mahr, MD

Scot McAfee, MD

Carolina Retamero, MD

Jacob Sperber, MD



American Association of
Directors of Psychiatric
Residency Training

Victor J. Teichner Award



Award Winners/Program

Cosima Swintak, MD, Director of Adult Psychiatric Training
Sandra Rackley, MD, Dir. of Child and Adolescent Psychiatric Training
Kristin Somers, MD, Associate Training Director
Mayo School of Graduate Medical Education

Henry Weisman, MD, Director, Residency Training Psychiatry
Texas Tech University Health Science Center, El Paso



American Association of
Directors of Psychiatric
Residency Training

Victor J. Teichner Award

Committee Members

Co-chair – Eugene Beresin, MD
Co-chair – Sherry Katz-Bearnot, MD
Jennifer Downey, MD
Marty Drell, MD
Deborah Katz, MD
Mark Servis, MD



American Association of
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Anne Alonso, PhD Memorial Award

Given for the best unpublished paper on psychotherapy written by a Resident. The award recognizes Anne Alonso, PhD, a gifted psychotherapist, teacher, supervisor, Clinical Professor of Psychology in Psychiatry at Harvard Medical School, and founder of the Center for Psychoanalytic Studies at The Massachusetts General Hospital. She was dedicated to promoting psychotherapy training in psychiatric residencies...



“So there will be someone to talk to.” ~ Anne Alonso, PhD



American Association of
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Residency Training

Anne Alonso, PhD Memorial Award



Award Winner/Program

Christopher T. Flinton, MD
PGY 2
*National Capital Consortium
Walter Reed National Military
Medical Center
Bethesda, MD*

Paper: “First Experiences with
Psychodynamics”

Training Director/Region

Patcho Santiago, MD
Region III: Mid-Atlantic



American Association of
Directors of Psychiatric
Residency Training

Anne Alonso, PhD Memorial Award

Committee Members

Chair – Robert Waldinger, MD, MBA
Eugene Beresin, MD, MA
Deborah Hales, MD
John Herman, MD
Laura Roberts, MD, MA



American Association of
Directors of Psychiatric
Residency Training

Advanced Peer Supervision: Countertransference Gridlock



American Association of
Directors of Psychiatric
Residency Training

The Lucille Fusaro Meinsler Psychiatric Residency Coordinator Recognition Award

Award Winner/Program

Alexandra Perez, BA
Program Manager
*Columbia University/New York
State Psychiatric Institute
New York, NY*



Training Director/Region

Maria Oquendo, MD
Region II: New York



American Association of
Directors of Psychiatric
Residency Training

The Lucille Fusaro Meinsler Psychiatric Residency Coordinator Recognition Award

Committee Members

Chair – Nancy Lenz, BBA, C-TAGME

Mary Barraclough, BS

Barbara Burns, BA, C-TAGME

Linzi Conners, BS

Laura Covert, BA

Sallie DeGolia, MD, MPH

Karyn Kitchen, BS, C-TAGME

Robert Tetirick, MA



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