



American Association of Directors of Psychiatric Residency Training

Biosketch

Heather Vestal, MD

AADPRT Position: Chair, Resident Wellness Task Force

Heather Vestal graduated from Yale School of Medicine, and completed her psychiatry residency training at MGH/McLean. She is Co-Director of the MGH/McLean Adult Psychiatry Residency Program, and has been working to implement wellness initiatives at MGH/McLean and Harvard Medical School. She is chair of the AADPRT Resident Wellness Task Force.

