Total omega-6 fatty acids (% of total kcal) Female Male Africa Americas Supply (% of total kcal) 3.0 Country 2.5 2.0 Asia USWENSON THE TOP OF T WSM VUT TON SLB PNG NZL MHL KIR FSM FJI AUS Oceania 0-11 mo. 0-11 mo. 11-14 years 12-23 mo. 2-5 years 26-24 years 26-24 years 36-34 years 46-49 years 6-10 years 6-10 years 6-10 years 6-10 years 76-79 years 76-79 years 86-89 years 86-89 years 90-94 ye 90-94 years - 95+ years - 0-11 mo. - 1-14 years -2–5 years 20–24 years 25–29 years 35–39 years 36–39 years 60–54 years 55–59 years 55–59 years 55–59 years 6-10 years -60-64 years -65-69 years -70–74 years – 75–79 years – 80–84 years – 85–89 years – 90–94 years – 95+ years –