# Potential Energy and Conservation of Energy

## 8.1 POTENTIAL ENERGY

### Learning Objectives

*After reading this module, you should be able to . . .*

**8.1.1** Distinguish a conservative force from a nonconservative force.

**8.1.2** For a particle moving between two points, identify that the work done by a conservative force does not depend on which path the particle takes.

**8.1.3** Calculate the gravitational potential energy of a particle (or, more properly, a particle–Earth system).

**8.1.4** Calculate the elastic potential energy of a block–spring system.

### Key Ideas

● A force is a conservative force if the net work it does on a particle moving around any closed path, from an initial point and then back to that point, is zero. Equivalently, a force is conservative if the net work it does on a particle moving between two points does not depend on the path taken by the particle. The gravitational force and the spring force are conservative forces; the kinetic frictional force is a nonconservative force.

● Potential energy is energy that is associated with the configuration of a system in which a conservative force acts. When the conservative force does work $W$ on a particle within the system, the change $\Delta U$ in the potential energy of the system is

$$\Delta U = -W.$$

If the particle moves from point $x_i$ to point $x_f$, the change in the potential energy of the system is

$$\Delta U = -\int_{x_i}^{x_f} F(x)\, dx.$$

● The potential energy associated with a system consisting of Earth and a nearby particle is gravitational potential energy. If the particle moves from height $y_i$ to height $y_f$, the change in the gravitational potential energy of the particle–Earth system is

$$\Delta U = mg(y_f - y_i) = mg\,\Delta y.$$

● If the reference point of the particle is set as $y_i = 0$ and the corresponding gravitational potential energy of the system is set as $U_i = 0$, then the gravitational potential energy $U$ when the particle is at any height $y$ is

$$U(y) = mgy.$$

● Elastic potential energy is the energy associated with the state of compression or extension of an elastic object. For a spring that exerts a spring force $F = -kx$ when its free end has displacement $x$, the elastic potential energy is

$$U(x) = \tfrac{1}{2}kx^2.$$

● The reference configuration has the spring at its relaxed length, at which $x = 0$ and $U = 0$.

# What Is Physics?

One job of physics is to identify the different types of energy in the world, especially those that are of common importance. One general type of energy is **potential energy** $U$. Technically, potential energy is energy that can be associated with the configuration (arrangement) of a system of objects that exert forces on one another.

This is a pretty formal definition of something that is actually familiar to you. An example might help better than the definition: A bungee-cord jumper plunges from a staging platform (Fig. 8.1.1). The system of objects consists of Earth and the jumper. The force between the objects is the gravitational force. The configuration of the system changes (the separation between the jumper and Earth decreases — that is, of course, the thrill of the jump). We can account for the jumper's motion and increase in kinetic energy by defining a **gravitational potential energy** $U$. This is the energy associated with the state of separation between two objects that attract each other by the gravitational force, here the jumper and Earth.

When the jumper begins to stretch the bungee cord near the end of the plunge, the system of objects consists of the cord and the jumper. The force between the objects is an elastic (spring-like) force. The configuration of the system changes (the cord stretches). We can account for the jumper's decrease in kinetic energy and the cord's increase in length by defining an **elastic potential energy** $U$. This is the energy associated with the state of compression or extension of an elastic object, here the bungee cord.

Physics determines how the potential energy of a system can be calculated so that energy might be stored or put to use. For example, before any particular bungee-cord jumper takes the plunge, someone (probably a mechanical engineer) must determine the correct cord to be used by calculating the gravitational and elastic potential energies that can be expected. Then the jump is only thrilling and not fatal.



**Figure 8.1.1** The kinetic energy of a bungee-cord jumper increases during the free fall, and then the cord begins to stretch, slowing the jumper.

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# Work and Potential Energy

In Chapter 7 we discussed the relation between work and a change in kinetic energy. Here we discuss the relation between work and a change in potential energy.

Let us throw a tomato upward (Fig. 8.1.2). We already know that as the tomato rises, the work $W_g$ done on the tomato by the gravitational force is negative because the force transfers energy *from* the kinetic energy of the tomato. We can now finish the story by saying that this energy is transferred by the gravitational force *to* the gravitational potential energy of the tomato–Earth system.
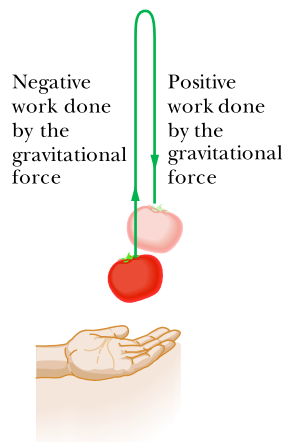


Negative work done by the gravitational force

Positive work done by the gravitational force

**Figure 8.1.2** A tomato is thrown upward. As it rises, the gravitational force does negative work on it, decreasing its kinetic energy. As the tomato descends, the gravitational force does positive work on it, increasing its kinetic energy.
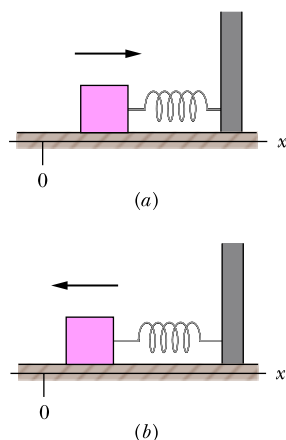
**Figure 8.1.3** A block, attached to a spring and initially at rest at $x = 0$, is set in motion toward the right. (*a*) As the block moves rightward (as indicated by the arrow), the spring force does negative work on it. (*b*) Then, as the block moves back toward $x = 0$, the spring force does positive work on it.

The tomato slows, stops, and then begins to fall back down because of the gravitational force. During the fall, the transfer is reversed: The work $W_g$ done on the tomato by the gravitational force is now positive—that force transfers energy *from* the gravitational potential energy of the tomato–Earth system *to* the kinetic energy of the tomato.

For either rise or fall, the change $\Delta U$ in gravitational potential energy is defined as being equal to the negative of the work done on the tomato by the gravitational force. Using the general symbol $W$ for work, we write this as

$$\Delta U = -W. \tag{8.1.1}$$

This equation also applies to a block–spring system, as in Fig. 8.1.3. If we abruptly shove the block to send it moving rightward, the spring force acts leftward and thus does negative work on the block, transferring energy from the kinetic energy of the block to the elastic potential energy of the spring–block system. The block slows and eventually stops, and then begins to move leftward because the spring force is still leftward. The transfer of energy is then reversed—it is from potential energy of the spring–block system to kinetic energy of the block.

## Conservative and Nonconservative Forces

Let us list the key elements of the two situations we just discussed:

1. The *system* consists of two or more objects.
2. A *force* acts between a particle-like object (tomato or block) in the system and the rest of the system.
3. When the system configuration changes, the force does *work* (call it $W_1$) on the particle-like object, transferring energy between the kinetic energy $K$ of the object and some other type of energy of the system.
4. When the configuration change is reversed, the force reverses the energy transfer, doing work $W_2$ in the process.

In a situation in which $W_1 = -W_2$ is always true, the other type of energy is a potential energy and the force is said to be a **conservative force.** As you might suspect, the gravitational force and the spring force are both conservative (since otherwise we could not have spoken of gravitational potential energy and elastic potential energy, as we did previously).

A force that is not conservative is called a **nonconservative force.** The kinetic frictional force and drag force are nonconservative. For an example, let us send a block sliding across a floor that is not frictionless. During the sliding, a kinetic frictional force from the floor slows the block by transferring energy from its kinetic energy to a type of energy called *thermal energy* (which has to do with the random motions of atoms and molecules). We know from experiment that this energy transfer cannot be reversed (thermal energy cannot be transferred back to kinetic energy of the block by the kinetic frictional force). Thus, although we have a system (made up of the block and the floor), a force that acts between parts of the system, and a transfer of energy by the force, the force is not conservative. Therefore, thermal energy is not a potential energy.

*When only conservative forces act on a particle-like object, we can greatly simplify otherwise difficult problems involving motion of the object.* Let's next develop a test for identifying conservative forces, which will provide one means for simplifying such problems.

## Path Independence of Conservative Forces

The primary test for determining whether a force is conservative or nonconservative is this: Let the force act on a particle that moves along any *closed path*, beginning at some initial position and eventually returning to that position (so that the

particle makes a *round trip* beginning and ending at the initial position). The force is conservative only if the total energy it transfers to and from the particle during the round trip along this and any other closed path is zero. In other words:

> ⭐ The net work done by a conservative force on a particle moving around any closed path is zero.

We know from experiment that the gravitational force passes this *closed-path test*. An example is the tossed tomato of Fig. 8.1.2. The tomato leaves the launch point with speed $v_0$ and kinetic energy $\frac{1}{2}mv_0^2$. The gravitational force acting on the tomato slows it, stops it, and then causes it to fall back down. When the tomato returns to the launch point, it again has speed $v_0$ and kinetic energy $\frac{1}{2}mv_0^2$. Thus, the gravitational force transfers as much energy *from* the tomato during the ascent as it transfers *to* the tomato during the descent back to the launch point. The net work done on the tomato by the gravitational force during the round trip is zero.

An important result of the closed-path test is that:

> ⭐ The work done by a conservative force on a particle moving between two points does not depend on the path taken by the particle.

For example, suppose that a particle moves from point $a$ to point $b$ in Fig. 8.1.4$a$ along either path 1 or path 2. If only a conservative force acts on the particle, then the work done on the particle is the same along the two paths. In symbols, we can write this result as

$$W_{ab,1} = W_{ab,2}, \tag{8.1.2}$$

where the subscript $ab$ indicates the initial and final points, respectively, and the subscripts 1 and 2 indicate the path.

This result is powerful because it allows us to simplify difficult problems when only a conservative force is involved. Suppose you need to calculate the work done by a conservative force along a given path between two points, and the calculation is difficult or even impossible without additional information. You can find the work by substituting some other path between those two points for which the calculation is easier and possible.



The force is conservative. Any choice of path between the points gives the same amount of work.

(a)



And a round trip gives a total work of zero.

(b)

**Figure 8.1.4** (*a*) As a conservative force acts on it, a particle can move from point $a$ to point $b$ along either path 1 or path 2. (*b*) The particle moves in a round trip, from point $a$ to point $b$ along path 1 and then back to point $a$ along path 2.

### Proof of Equation 8.1.2

Figure 8.1.4$b$ shows an arbitrary round trip for a particle that is acted upon by a single force. The particle moves from an initial point $a$ to point $b$ along path 1 and then back to point $a$ along path 2. The force does work on the particle as the particle moves along each path. Without worrying about where positive work is done and where negative work is done, let us just represent the work done from $a$ to $b$ along path 1 as $W_{ab,1}$ and the work done from $b$ back to $a$ along path 2 as $W_{ba,2}$. If the force is conservative, then the net work done during the round trip must be zero:
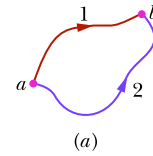
$$W_{ab,1} + W_{ba,2} = 0,$$
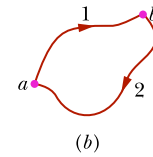
and thus

$$W_{ab,1} = -W_{ba,2}. \tag{8.1.3}$$

In words, the work done along the outward path must be the negative of the work done along the path back.

Let us now consider the work $W_{ab,2}$ done on the particle by the force when the particle moves from $a$ to $b$ along path 2, as indicated in Fig. 8.1.4$a$. If the force is conservative, that work is the negative of $W_{ba,2}$:

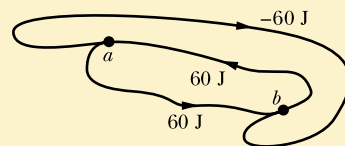$$W_{ab,2} = -W_{ba,2}. \tag{8.1.4}$$

Substituting $W_{ab,2}$ for $-W_{ba,2}$ in Eq. 8.1.3, we obtain

$$W_{ab,1} = W_{ab,2},$$

which is what we set out to prove.

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### Checkpoint 8.1.1

The figure shows three paths connecting points $a$ and $b$. A single force $\vec{F}$ does the indicated work on a particle moving along each path in the indicated direction. On the basis of this information, is force $\vec{F}$ conservative?



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The main lesson of this sample problem is this: It is perfectly all right to choose an easy path instead of a hard path. Figure 8.1.5$a$ shows a 2.0 kg block of slippery cheese that slides along a frictionless track from point $a$ to point $b$. The cheese travels through a total distance of 2.0 m along the track, and a net vertical distance of 0.80 m. How much work is done on the cheese by the gravitational force during the slide?

### KEY IDEAS

(1) We *cannot* calculate the work by using Eq. 7.3.1 ($W_g = mgd\cos\phi$). The reason is that the angle $\phi$ between the directions of the gravitational force $\vec{F}_g$ and the displacement $\vec{d}$ varies along the track in an unknown way. (Even if we did know the shape of the track and could calculate $\phi$ along it, the calculation could be very difficult.) (2) Because $\vec{F}_g$ is a conservative force, we can find the work by choosing some other path between $a$ and $b$—one that makes the calculation easy.

*Calculations:* Let us choose the dashed path in Fig. 8.1.5$b$; it consists of two straight segments. Along the horizontal segment, the angle $\phi$ is a constant 90°. Even though we do not know the displacement along that horizontal segment, Eq. 7.3.1 tells us that the work $W_h$ done there is

$$W_h = mgd\cos 90° = 0.$$

Along the vertical segment, the displacement $d$ is 0.80 m and, with $\vec{F}_g$ and $\vec{d}$ both downward, the angle $\phi$ is a

The gravitational force is conservative. Any choice of path between the points gives the same amount of work.
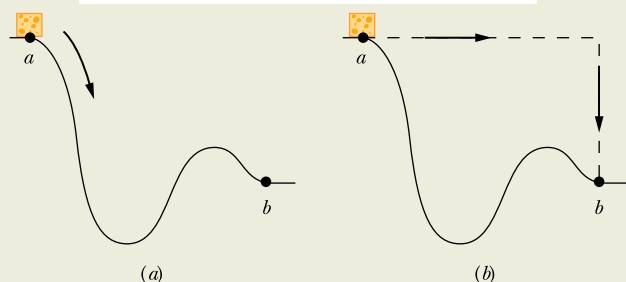


**Figure 8.1.5** ($a$) A block of cheese slides along a frictionless track from point $a$ to point $b$. ($b$) Finding the work done on the cheese by the gravitational force is easier along the dashed path than along the actual path taken by the cheese; the result is the same for both paths.

constant 0°. Thus, Eq. 7.3.1 gives us, for the work $W_v$ done along the vertical part of the dashed path,

$$W_v = mgd\cos 0°$$
$$= (2.0\,\text{kg})(9.8\,\text{m/s}^2)(0.80\,\text{m})(1) = 15.7\,\text{J}.$$

The total work done on the cheese by $\vec{F}_g$ as the cheese moves from point $a$ to point $b$ along the dashed path is then

$$W = W_h + W_v = 0 + 15.7\,\text{J} \approx 16\,\text{J}. \quad \text{(Answer)}$$

This is also the work done as the cheese slides along the track from $a$ to $b$.

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## Determining Potential Energy Values

Here we find equations that give the value of the two types of potential energy discussed in this chapter: gravitational potential energy and elastic potential energy. However, first we must find a general relation between a conservative force and the associated potential energy.

Consider a particle-like object that is part of a system in which a conservative force $\vec{F}$ acts. When that force does work $W$ on the object, the change $\Delta U$ in the potential energy associated with the system is the negative of the work done. We wrote this fact as Eq. 8.1.1 ($\Delta U = -W$). For the most general case, in which the force may vary with position, we may write the work $W$ as in Eq. 7.5.4:

$$W = \int_{x_i}^{x_f} F(x)\, dx. \tag{8.1.5}$$

This equation gives the work done by the force when the object moves from point $x_i$ to point $x_f$, changing the configuration of the system. (Because the force is conservative, the work is the same for all paths between those two points.)

Substituting Eq. 8.1.5 into Eq. 8.1.1, we find that the change in potential energy due to the change in configuration is, in general notation,

$$\Delta U = -\int_{x_i}^{x_f} F(x)\, dx. \tag{8.1.6}$$

## Gravitational Potential Energy

We first consider a particle with mass $m$ moving vertically along a $y$ axis (the positive direction is upward). As the particle moves from point $y_i$ to point $y_f$, the gravitational force $\vec{F}_g$ does work on it. To find the corresponding change in the gravitational potential energy of the particle–Earth system, we use Eq. 8.1.6 with two changes: (1) We integrate along the $y$ axis instead of the $x$ axis, because the gravitational force acts vertically. (2) We substitute $-mg$ for the force symbol $F$, because $\vec{F}_g$ has the magnitude $mg$ and is directed down the $y$ axis. We then have

$$\Delta U = -\int_{y_i}^{y_f}(-mg)\, dy = mg \int_{y_i}^{y_f} dy = mg \left[ y \right]_{y_i}^{y_f},$$

which yields

$$\Delta U = mg(y_f - y_i) = mg\, \Delta y. \tag{8.1.7}$$

Only *changes* $\Delta U$ in gravitational potential energy (or any other type of potential energy) are physically meaningful. However, to simplify a calculation or a discussion, we sometimes would like to say that a certain gravitational potential value $U$ is associated with a certain particle–Earth system when the particle is at a certain height $y$. To do so, we rewrite Eq. 8.1.7 as

$$U - U_i = mg(y - y_i). \tag{8.1.8}$$

Then we take $U_i$ to be the gravitational potential energy of the system when it is in a **reference configuration** in which the particle is at a **reference point** $y_i$. Usually we take $U_i = 0$ and $y_i = 0$. Doing this changes Eq. 8.1.8 to

$$U(y) = mgy \qquad \text{(gravitational potential energy).} \tag{8.1.9}$$

This equation tells us:

> The gravitational potential energy associated with a particle–Earth system depends only on the vertical position $y$ (or height) of the particle relative to the reference position $y = 0$, not on the horizontal position.

## Elastic Potential Energy

We next consider the block–spring system shown in Fig. 8.1.3, with the block moving on the end of a spring of spring constant $k$. As the block moves from point $x_i$ to point $x_f$, the spring force $F_x = -kx$ does work on the block. To find the

corresponding change in the elastic potential energy of the block–spring system, we substitute $-kx$ for $F(x)$ in Eq. 8.1.6. We then have

$$\Delta U = -\int_{x_i}^{x_f}(-kx)\,dx = k\int_{x_i}^{x_f}x\,dx = \tfrac{1}{2}k[x^2]_{x_i}^{x_f},$$

or
$$\Delta U = \tfrac{1}{2}kx_f^2 - \tfrac{1}{2}kx_i^2. \tag{8.1.10}$$

To associate a potential energy value $U$ with the block at position $x$, we choose the reference configuration to be when the spring is at its relaxed length and the block is at $x_i = 0$. Then the elastic potential energy $U_i$ is 0, and Eq. 8.1.10 becomes

$$U - 0 = \tfrac{1}{2}kx^2 - 0,$$

which gives us

$$U(x) = \tfrac{1}{2}kx^2 \quad \text{(elastic potential energy).} \tag{8.1.11}$$

## Checkpoint 8.1.2

A particle is to move along an $x$ axis from $x = 0$ to $x_1$ while a conservative force, directed along the $x$ axis, acts on the particle. The figure shows three situations in which the $x$ component of that force varies with $x$. The force has the same maximum magnitude $F_1$ in all three situations. Rank the situations according to the change in the associated potential energy during the particle's motion, most positive first.



## Sample Problem 8.1.2 Choosing reference level for gravitational potential energy, sloth

Here is an example with this lesson plan: Generally you can choose any level to be the reference level, but once chosen, be consistent. A 2.0 kg sloth hangs 5.0 m above the ground (Fig. 8.1.6).

(a) What is the gravitational potential energy $U$ of the sloth–Earth system if we take the reference point $y = 0$ to be (1) at the ground, (2) at a balcony floor that is 3.0 m above the ground, (3) at the limb, and (4) 1.0 m above the limb? Take the gravitational potential energy to be zero at $y = 0$.

### KEY IDEA

Once we have chosen the reference point for $y = 0$, we can calculate the gravitational potential energy $U$ of the system *relative to that reference point* with Eq. 8.1.9.

*Calculations:* For choice (1) the sloth is at $y = 5.0$ m, and

$$U = mgy = (2.0\,\text{kg})(9.8\,\text{m/s}^2)(5.0\,\text{m})$$
$$= 98\,\text{J}. \quad \text{(Answer)}$$

For the other choices, the values of $U$ are

(2)  $U = mgy = mg(2.0\,\text{m}) = 39\,\text{J},$
(3)  $U = mgy = mg(0) = 0\,\text{J},$
(4)  $U = mgy = mg(-1.0\,\text{m})$
$$= -19.6\,\text{J} \approx -20\,\text{J}. \quad \text{(Answer)}$$
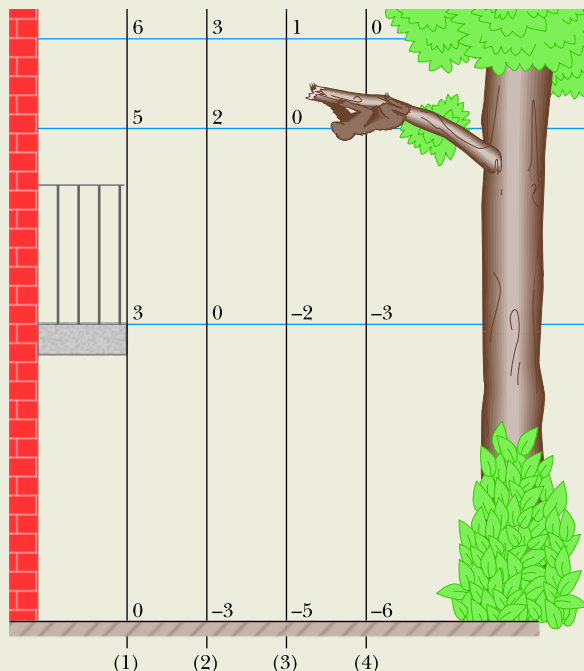


**Figure 8.1.6** Four choices of reference point $y = 0$. Each $y$ axis is marked in units of meters. The choice affects the value of the potential energy $U$ of the sloth–Earth system. However, it does not affect the change $\Delta U$ in potential energy of the system if the sloth moves by, say, falling.

(b) The sloth drops to the ground. For each choice of reference point, what is the change $\Delta U$ in the potential energy of the sloth–Earth system due to the fall?

**KEY IDEA**

The *change* in potential energy does not depend on the choice of the reference point for $y = 0$; instead, it depends on the change in height $\Delta y$.

*Calculation:* For all four situations, we have the same $\Delta y = -5.0$ m. Thus, for (1) to (4), Eq. 8.1.7 tells us that

$$\Delta U = mg\,\Delta y = (2.0\,\text{kg})(9.8\,\text{m/s}^2)(-5.0\,\text{m})$$

$$= -98\,\text{J}. \qquad\qquad \text{(Answer)}$$

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# 8.2 CONSERVATION OF MECHANICAL ENERGY

## Learning Objectives

*After reading this module, you should be able to . . .*

**8.2.1** After first clearly defining which objects form a system, identify that the mechanical energy of the system is the sum of the kinetic energies and potential energies of those objects.

**8.2.2** For an isolated system in which only conservative forces act, apply the conservation of mechanical energy to relate the initial potential and kinetic energies to the potential and kinetic energies at a later instant.

## Key Ideas

● The mechanical energy $E_{\text{mec}}$ of a system is the sum of its kinetic energy $K$ and potential energy $U$:

$$E_{\text{mec}} = K + U.$$

● An isolated system is one in which no external force causes energy changes. If only conservative forces do work within an isolated system, then the mechanical energy $E_{\text{mec}}$ of the system cannot change. This

principle of conservation of mechanical energy is written as

$$K_2 + U_2 = K_1 + U_1,$$

in which the subscripts refer to different instants during an energy transfer process. This conservation principle can also be written as

$$\Delta E_{\text{mec}} = \Delta K + \Delta U = 0.$$

## Conservation of Mechanical Energy

The **mechanical energy** $E_{\text{mec}}$ of a system is the sum of its potential energy $U$ and the kinetic energy $K$ of the objects within it:

$$E_{\text{mec}} = K + U \qquad \text{(mechanical energy).} \qquad (8.2.1)$$

In this module, we examine what happens to this mechanical energy when only conservative forces cause energy transfers within the system—that is, when frictional and drag forces do not act on the objects in the system. Also, we shall assume that the system is *isolated* from its environment; that is, no *external force* from an object outside the system causes energy changes inside the system.

When a conservative force does work $W$ on an object within the system, that force transfers energy between kinetic energy $K$ of the object and potential energy $U$ of the system. From Eq. 7.2.8, the change $\Delta K$ in kinetic energy is

$$\Delta K = W \qquad (8.2.2)$$

and from Eq. 8.1.1, the change $\Delta U$ in potential energy is

$$\Delta U = -W. \tag{8.2.3}$$

Combining Eqs. 8.2.2 and 8.2.3, we find that

$$\Delta K = -\Delta U. \tag{8.2.4}$$

In words, one of these energies increases exactly as much as the other decreases.
    We can rewrite Eq. 8.2.4 as

$$K_2 - K_1 = -(U_2 - U_1), \tag{8.2.5}$$

where the subscripts refer to two different instants and thus to two different arrangements of the objects in the system. Rearranging Eq. 8.2.5 yields

$$K_2 + U_2 = K_1 + U_1 \qquad \text{(conservation of mechanical energy)}. \tag{8.2.6}$$

In words, this equation says:

$$\begin{pmatrix} \text{the sum of } K \text{ and } U \text{ for} \\ \text{any state of a system} \end{pmatrix} = \begin{pmatrix} \text{the sum of } K \text{ and } U \text{ for} \\ \text{any other state of the system} \end{pmatrix},$$

when the system is isolated and only conservative forces act on the objects in the system. In other words:

> In an isolated system where only conservative forces cause energy changes, the kinetic energy and potential energy can change, but their sum, the mechanical energy $E_{mec}$ of the system, cannot change.

This result is called the **principle of conservation of mechanical energy.** (Now you can see where *conservative* forces got their name.) With the aid of Eq. 8.2.4, we can write this principle in one more form, as

$$\Delta E_{mec} = \Delta K + \Delta U = 0. \tag{8.2.7}$$

The principle of conservation of mechanical energy allows us to solve problems that would be quite difficult to solve using only Newton's laws:

> When the mechanical energy of a system is conserved, we can relate the sum of kinetic energy and potential energy at one instant to that at another instant *without considering the intermediate motion* and *without finding the work done by the forces involved.*

Figure 8.2.1 shows an example in which the principle of conservation of mechanical energy can be applied: As a pendulum swings, the energy of the pendulum–Earth system is transferred back and forth between kinetic energy $K$ and gravitational potential energy $U$, with the sum $K + U$ being constant. If we know the gravitational potential energy when the pendulum bob is at its highest point (Fig. 8.2.1c), Eq. 8.2.6 gives us the kinetic energy of the bob at the lowest point (Fig. 8.2.1e).

For example, let us choose the lowest point as the reference point, with the gravitational potential energy $U_2 = 0$. Suppose then that the potential energy at the highest point is $U_1 = 20$ J relative to the reference point. Because the bob momentarily stops at its highest point, the kinetic energy there is $K_1 = 0$. Putting these values into Eq. 8.2.6 gives us the kinetic energy $K_2$ at the lowest point:

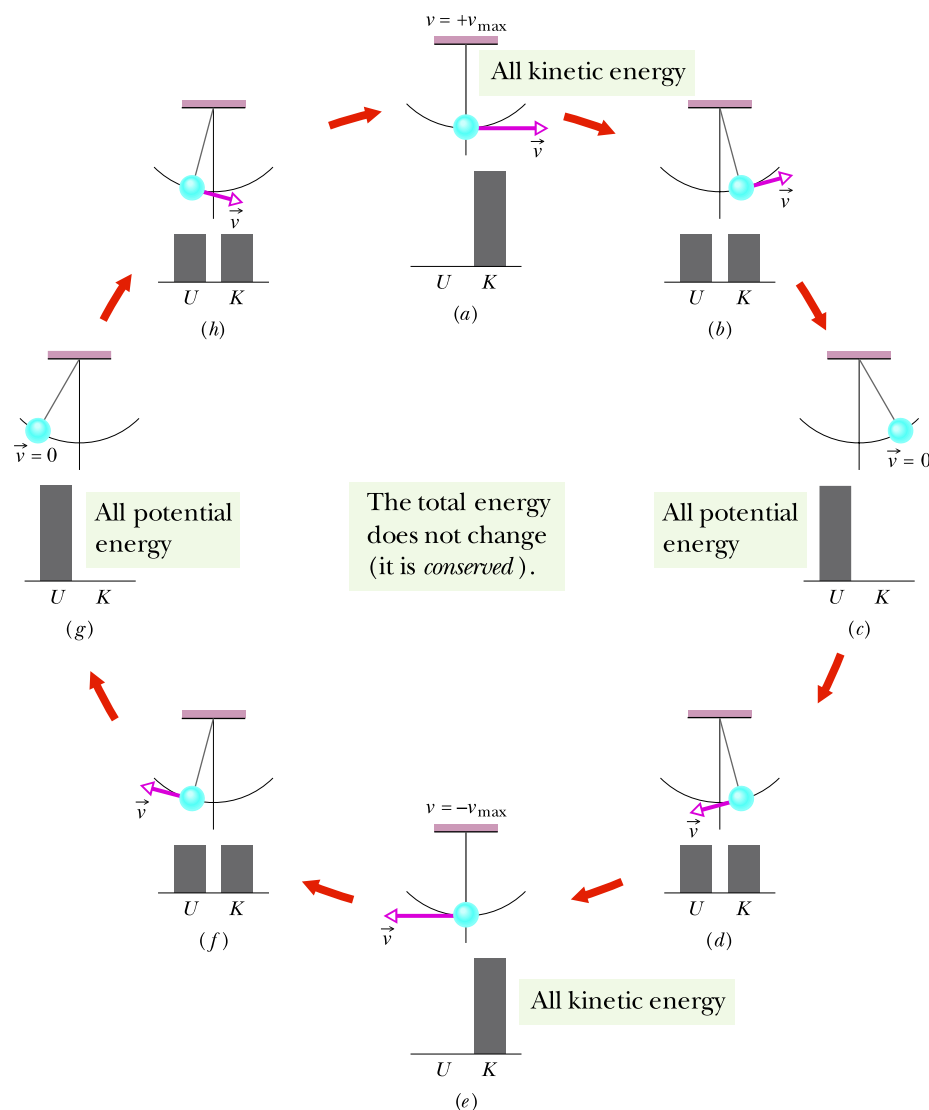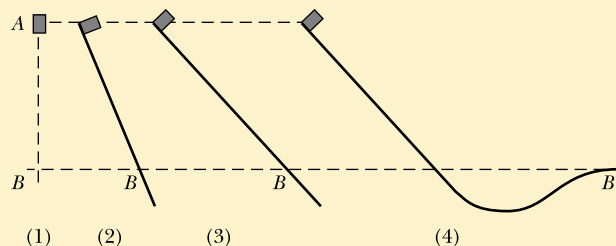$$K_2 + 0 = 0 + 20 \text{ J} \qquad \text{or} \qquad K_2 = 20 \text{ J}.$$

**Figure 8.2.1** A pendulum, with its mass concentrated in a bob at the lower end, swings back and forth. One full cycle of the motion is shown. During the cycle the values of the potential and kinetic energies of the pendulum–Earth system vary as the bob rises and falls, but the mechanical energy $E_{mec}$ of the system remains constant. The energy $E_{mec}$ can be described as continuously shifting between the kinetic and potential forms. In stages (a) and (e), all the energy is kinetic energy. The bob then has its greatest speed and is at its lowest point. In stages (c) and (g), all the energy is potential energy. The bob then has zero speed and is at its highest point. In stages (b), (d), (f), and (h), half the energy is kinetic energy and half is potential energy. If the swinging involved a frictional force at the point where the pendulum is attached to the ceiling, or a drag force due to the air, then $E_{mec}$ would not be conserved, and eventually the pendulum would stop.

Note that we get this result without considering the motion between the highest and lowest points (such as in Fig. 8.2.1d) and without finding the work done by any forces involved in the motion.

## Checkpoint 8.2.1

The figure shows four situations—one in which an initially stationary block is dropped and three in which the block is allowed to slide down frictionless ramps. (a) Rank the situations according to the kinetic energy of the block at point B, greatest first. (b) Rank them according to the speed of the block at point B, greatest first.

**Conservation of mechanical energy, water slide**

The huge advantage of using the conservation of energy instead of Newton's laws of motion is that we can jump from the initial state to the final state without considering all the intermediate motion. Here is an example. In Fig. 8.2.2, a child of mass $m$ is released from rest at the top of a water slide, at height $h = 8.5$ m above the bottom of the slide. Assuming that the slide is frictionless because of the water on it, find the child's speed at the bottom of the slide.

**KEY IDEAS**

(1) We cannot find her speed at the bottom by using her acceleration along the slide as we might have in earlier chapters because we do not know the slope (angle) of the slide. However, because that speed is related to her kinetic energy, perhaps we can use the principle of conservation of mechanical energy to get the speed. Then we would not need to know the slope. (2) Mechanical energy is conserved in a system *if* the system is isolated and *if* only conservative forces cause energy transfers within it. Let's check.

*Forces:* Two forces act on the child. The *gravitational force,* a conservative force, does work on her. The *normal force* on her from the slide does no work because its direction at any point during the descent is always perpendicular to the direction in which the child moves.

*System:* Because the only force doing work on the child is the gravitational force, we choose the child–Earth system as our system, which we can take to be isolated.

Thus, we have only a conservative force doing work in an isolated system, so we *can* use the principle of conservation of mechanical energy.

*Calculations:* Let the mechanical energy be $E_{\mathrm{mec},t}$ when the child is at the top of the slide and $E_{\mathrm{mec},b}$ when she is at the bottom. Then the conservation principle tells us

$$E_{\mathrm{mec},b} = E_{\mathrm{mec},t}. \qquad (8.2.8)$$

The total mechanical energy at the top is equal to the total at the bottom.
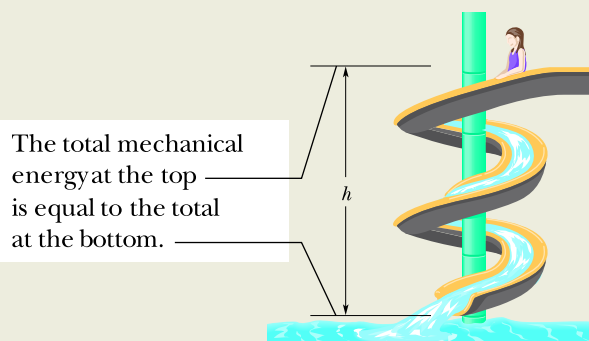
**Figure 8.2.2** A child slides down a water slide as she descends a height $h$.

To show both kinds of mechanical energy, we have

$$K_b + U_b = K_t + U_t, \qquad (8.2.9)$$

or $\quad \frac{1}{2}mv_b^2 + mgy_b = \frac{1}{2}mv_t^2 + mgy_t.$

Dividing by $m$ and rearranging yield

$$v_b^2 = v_t^2 + 2g(y_t - y_b).$$

Putting $v_t = 0$ and $y_t - y_b = h$ leads to

$$v_b = \sqrt{2gh} = \sqrt{(2)(9.8 \text{ m/s}^2)(8.5 \text{ m})}$$
$$= 13 \text{ m/s}. \qquad \text{(Answer)}$$

This is the same speed that the child would reach if she fell 8.5 m vertically. On an actual slide, some frictional forces would act and the child would not be moving quite so fast.

*Comments:* Although this problem is hard to solve directly with Newton's laws, using conservation of mechanical energy makes the solution much easier. However, if we were asked to find the time taken for the child to reach the bottom of the slide, energy methods would be of no use; we would need to know the shape of the slide, and we would have a difficult problem.

**WileyPLUS** Additional examples, video, and practice available at *WileyPLUS*

# 8.3 READING A POTENTIAL ENERGY CURVE

## Learning Objectives

*After reading this module, you should be able to . . .*

**8.3.1** Given a particle's potential energy as a function of its position $x$, determine the force on the particle.

**8.3.2** Given a graph of potential energy versus $x$, determine the force on a particle.

**8.3.3** On a graph of potential energy versus $x$, superimpose a line for a particle's mechanical energy and determine the particle's kinetic energy for any given value of $x$.

**8.3.4** If a particle moves along an $x$ axis, use a potential energy graph for that axis and the conservation of mechanical energy to relate the energy values at one position to those at another position.

**8.3.5** On a potential energy graph, identify any turning points and any regions where the particle is not allowed because of energy requirements.

**8.3.6** Explain neutral equilibrium, stable equilibrium, and unstable equilibrium.

## Key Ideas

● If we know the potential energy function $U(x)$ for a system in which a one-dimensional force $F(x)$ acts on a particle, we can find the force as

$$F(x) = -\frac{dU(x)}{dx}.$$

● If $U(x)$ is given on a graph, then at any value of $x$, the force $F(x)$ is the negative of the slope of the curve there and the kinetic energy of the particle is given by

$$K(x) = E_{\text{mec}} - U(x),$$

where $E_{\text{mec}}$ is the mechanical energy of the system.

● A turning point is a point $x$ at which the particle reverses its motion (there, $K = 0$).

● The particle is in equilibrium at points where the slope of the $U(x)$ curve is zero (there, $F(x) = 0$).

# Reading a Potential Energy Curve

Once again we consider a particle that is part of a system in which a conservative force acts. This time suppose that the particle is constrained to move along an $x$ axis while the conservative force does work on it. We want to plot the potential energy $U(x)$ that is associated with that force and the work that it does, and then we want to consider how we can relate the plot back to the force and to the kinetic energy of the particle. However, before we discuss such plots, we need one more relationship between the force and the potential energy.

## Finding the Force Analytically

Equation 8.1.6 tells us how to find the change $\Delta U$ in potential energy between two points in a one-dimensional situation if we know the force $F(x)$. Now we want to go the other way; that is, we know the potential energy function $U(x)$ and want to find the force.

For one-dimensional motion, the work $W$ done by a force that acts on a particle as the particle moves through a distance $\Delta x$ is $F(x) \Delta x$. We can then write Eq. 8.1.1 as

$$\Delta U(x) = -W = -F(x) \Delta x. \tag{8.3.1}$$

Solving for $F(x)$ and passing to the differential limit yield

$$F(x) = -\frac{dU(x)}{dx} \quad \text{(one-dimensional motion),} \tag{8.3.2}$$

which is the relation we sought.

We can check this result by putting $U(x) = \frac{1}{2}kx^2$, which is the elastic potential energy function for a spring force. Equation 8.3.2 then yields, as expected, $F(x) = -kx$, which is Hooke's law. Similarly, we can substitute $U(x) = mgx$, which is the gravitational potential energy function for a particle–Earth system, with a particle of mass $m$ at height $x$ above Earth's surface. Equation 8.3.2 then yields $F = -mg$, which is the gravitational force on the particle.

## The Potential Energy Curve

Figure 8.3.1*a* is a plot of a potential energy function $U(x)$ for a system in which a particle is in one-dimensional motion while a conservative force $F(x)$ does work on it. We can easily find $F(x)$ by (graphically) taking the slope of the $U(x)$ curve at

various points. (Equation 8.3.2 tells us that $F(x)$ is the negative of the slope of the $U(x)$ curve.) Figure 8.3.1$b$ is a plot of $F(x)$ found in this way.

## Turning Points

In the absence of a nonconservative force, the mechanical energy $E$ of a system has a constant value given by

$$U(x) + K(x) = E_{\text{mec}}. \qquad (8.3.3)$$

Here $K(x)$ is the *kinetic energy function* of a particle in the system (this $K(x)$ gives the kinetic energy as a function of the particle's location $x$). We may rewrite Eq. 8.3.3 as

$$K(x) = E_{\text{mec}} - U(x). \qquad (8.3.4)$$

Suppose that $E_{\text{mec}}$ (which has a constant value, remember) happens to be 5.0 J. It would be represented in Fig. 8.3.1$c$ by a horizontal line that runs through the value 5.0 J on the energy axis. (It is, in fact, shown there.)

Equation 8.3.4 and Fig. 8.3.1$d$ tell us how to determine the kinetic energy $K$ for any location $x$ of the particle: On the $U(x)$ curve, find $U$ for that location $x$ and then subtract $U$ from $E_{\text{mec}}$. In Fig. 8.3.1$e$, for example, if the particle is at any point to the right of $x_5$, then $K = 1.0$ J. The value of $K$ is greatest (5.0 J) when the particle is at $x_2$ and least (0 J) when the particle is at $x_1$.

Since $K$ can never be negative (because $v^2$ is always positive), the particle can never move to the left of $x_1$, where $E_{\text{mec}} - U$ is negative. Instead, as the particle moves toward $x_1$ from $x_2$, $K$ decreases (the particle slows) until $K = 0$ at $x_1$ (the particle stops there).

Note that when the particle reaches $x_1$, the force on the particle, given by Eq. 8.3.2, is positive (because the slope $dU/dx$ is negative). This means that the particle does not remain at $x_1$ but instead begins to move to the right, opposite its earlier motion. Hence $x_1$ is a **turning point,** a place where $K = 0$ (because $U = E_{\text{mec}}$) and the particle changes direction. There is no turning point (where $K = 0$) on the right side of the graph. When the particle heads to the right, it will continue indefinitely.
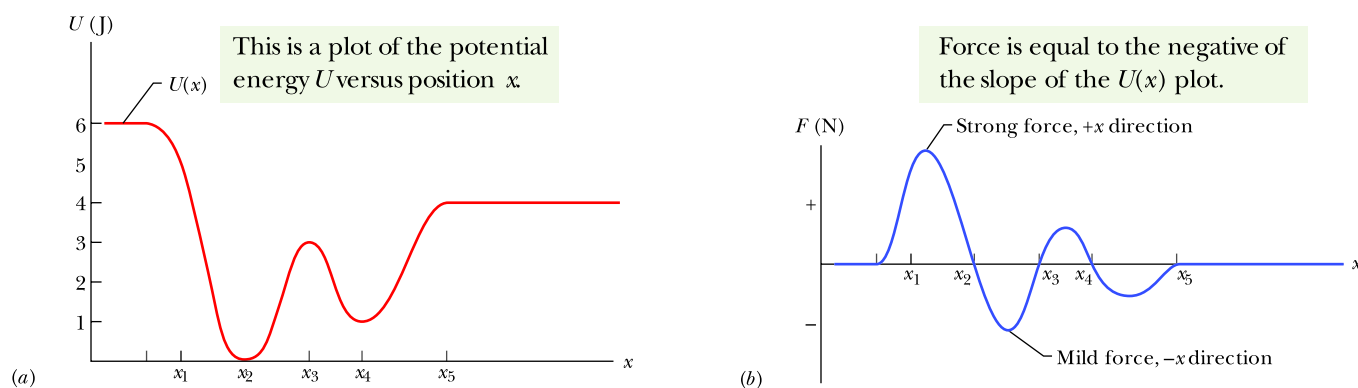


(a)

This is a plot of the potential energy $U$ versus position $x$.

(b)

Force is equal to the negative of the slope of the $U(x)$ plot.

**Figure 8.3.1** (*a*) A plot of $U(x)$, the potential energy function of a system containing a particle confined to move along an $x$ axis. There is no friction, so mechanical energy is conserved. (*b*) A plot of the force $F(x)$ acting on the particle, derived from the potential energy plot by taking its slope at various points. (*Figure continues*)
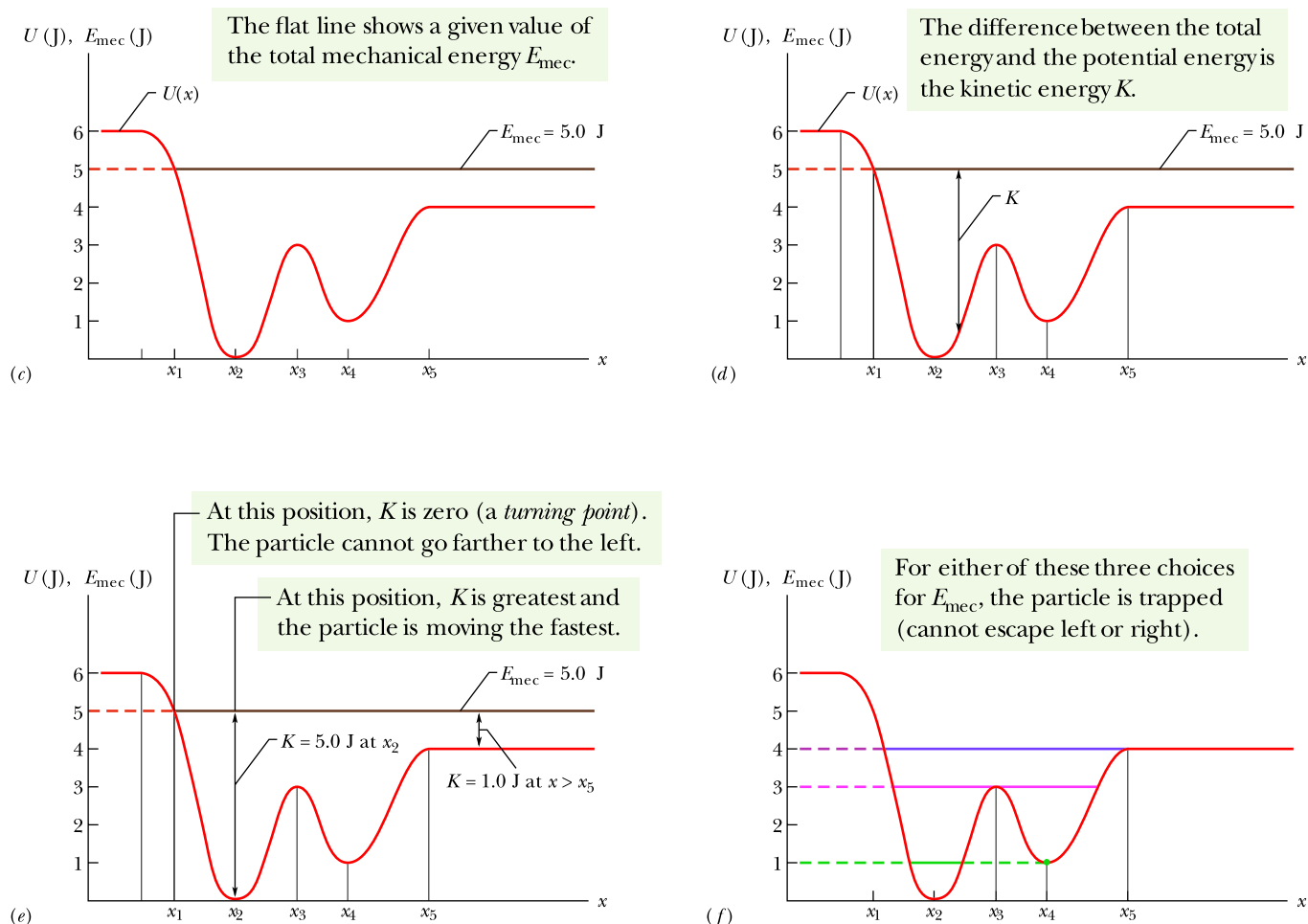
The flat line shows a given value of the total mechanical energy $E_{mec}$.

(c)

The difference between the total energy and the potential energy is the kinetic energy $K$.

(d)

At this position, $K$ is zero (a *turning point*). The particle cannot go farther to the left.

At this position, $K$ is greatest and the particle is moving the fastest.

(e)

For either of these three choices for $E_{mec}$, the particle is trapped (cannot escape left or right).

(f)

**Figure 8.3.1** (*Continued*) (c)–(e) How to determine the kinetic energy. (f) The $U(x)$ plot of (a) with three possible values of $E_{mec}$ shown. **In *WileyPLUS*, this figure is available as an animation with voiceover.**

## Equilibrium Points

Figure 8.3.1f shows three different values for $E_{mec}$ superposed on the plot of the potential energy function $U(x)$ of Fig. 8.3.1a. Let us see how they change the situation. If $E_{mec} = 4.0$ J (purple line), the turning point shifts from $x_1$ to a point between $x_1$ and $x_2$. Also, at any point to the right of $x_5$, the system's mechanical energy is equal to its potential energy; thus, the particle has no kinetic energy and (by Eq. 8.3.2) no force acts on it, and so it must be stationary. A particle at such a position is said to be in **neutral equilibrium.** (A marble placed on a horizontal tabletop is in that state.)

If $E_{mec} = 3.0$ J (pink line), there are two turning points: One is between $x_1$ and $x_2$, and the other is between $x_4$ and $x_5$. In addition, $x_3$ is a point at which $K = 0$. If the particle is located exactly there, the force on it is also zero, and the particle remains stationary. However, if it is displaced even slightly in either direction, a nonzero force pushes it farther in the same direction, and the particle continues to move. A particle at such a position is said to be in **unstable equilibrium.** (A marble balanced on top of a bowling ball is an example.)

Next consider the particle's behavior if $E_{mec} = 1.0$ J (green line). If we place it at $x_4$, it is stuck there. It cannot move left or right on its own because to do so would require a negative kinetic energy. If we push it slightly left or right, a restoring force appears that moves it back to $x_4$. A particle at such a position is said to be in **stable equilibrium.** (A marble placed at the bottom of a hemispherical bowl is an example.) If we place the particle in the cup-like *potential well* centered at $x_2$, it is between two turning points. It can still move somewhat, but only partway to $x_1$ or $x_3$.

---

**Checkpoint 8.3.1**

The figure gives the potential energy function $U(x)$ for a system in which a particle is in one-dimensional motion. (a) Rank regions $AB$, $BC$, and $CD$ according to the magnitude of the force on the particle, greatest first. (b) What is the direction of the force when the particle is in region $AB$?

---

## Sample Problem 8.3.1   Reading a potential energy graph

A 2.00 kg particle moves along an $x$ axis in one-dimensional motion while a conservative force along that axis acts on it. The potential energy $U(x)$ associated with the force is plotted in Fig. 8.3.2a. That is, if the particle were placed at any position between $x = 0$ and $x = 7.00$ m, it would have the plotted value of $U$. At $x = 6.5$ m, the particle has velocity $\vec{v}_0 = (-4.00$ m/s$)\hat{i}$.

(a) From Fig. 8.3.2a, determine the particle's speed at $x_1 = 4.5$ m.

### KEY IDEAS

(1) The particle's kinetic energy is given by Eq. 7.1.1 ($K = \frac{1}{2}mv^2$). (2) Because only a conservative force acts on the particle, the mechanical energy $E_{mec} (= K + U)$ is conserved as the particle moves. (3) Therefore, on a plot of $U(x)$ such as Fig. 8.3.2a, the kinetic energy is equal to the difference between $E_{mec}$ and $U$.

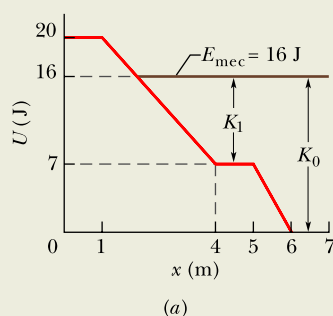*Calculations:* At $x = 6.5$ m, the particle has kinetic energy

$$K_0 = \tfrac{1}{2}mv_0^2 = \tfrac{1}{2}(2.00 \text{ kg})(4.00 \text{ m/s})^2$$

$$= 16.0 \text{ J}.$$

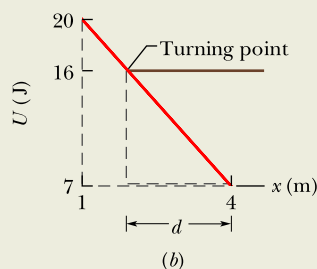Because the potential energy there is $U = 0$, the mechanical energy is

$$E_{mec} = K_0 + U_0 = 16.0 \text{ J} + 0 = 16.0 \text{ J}.$$

This value for $E_{mec}$ is plotted as a horizontal line in Fig. 8.3.2a. From that figure we see that at $x = 4.5$ m, the potential energy is $U_1 = 7.0$ J. The kinetic energy $K_1$ is the difference between $E_{mec}$ and $U_1$:

$$K_1 = E_{mec} - U_1 = 16.0 \text{ J} - 7.0 \text{ J} = 9.0 \text{ J}.$$

(a)

Kinetic energy is the difference between the total energy and the potential energy.

(b)

The kinetic energy is zero at the turning point (the particle speed is zero).

**Figure 8.3.2** (a) A plot of potential energy $U$ versus position $x$. (b) A section of the plot used to find where the particle turns around.

Because $K_1 = \frac{1}{2}mv_1^2$, we find

$$v_1 = 3.0 \text{ m/s}. \qquad \text{(Answer)}$$

(b) Where is the particle's turning point located?

### KEY IDEA

The turning point is where the force momentarily stops and then reverses the particle's motion. That is, it is where the particle momentarily has $v = 0$ and thus $K = 0$.

*Calculations:* Because $K$ is the difference between $E_{\text{mec}}$ and $U$, we want the point in Fig. 8.3.2*a* where the plot of $U$ rises to meet the horizontal line of $E_{\text{mec}}$ as shown in Fig. 8.3.2*b*. Because the plot of $U$ is a straight line in Fig. 8.3.2*b*, we can draw nested right triangles as shown and then write the proportionality of distances

$$\frac{16 - 7.0}{d} = \frac{20 - 7.0}{4.0 - 1.0},$$

which gives us $d = 2.08$ m. Thus, the turning point is at

$$x = 4.0 \text{ m} - d = 1.9 \text{ m.} \qquad \text{(Answer)}$$

(c) Evaluate the force acting on the particle when it is in the region 1.9 m $< x <$ 4.0 m.

**KEY IDEA**

The force is given by Eq. 8.3.2 ($F(x) = -dU(x)/dx$): The force is equal to the negative of the slope on a graph of $U(x)$.

*Calculations:* For the graph of Fig. 8.3.2*b*, we see that for the range 1.0 m $< x <$ 4.0 m the force is

$$F = -\frac{20 \text{ J} - 7.0 \text{ J}}{1.0 \text{ m} - 4.0 \text{ m}} = 4.3 \text{ N.} \qquad \text{(Answer)}$$

Thus, the force has magnitude 4.3 N and is in the positive direction of the $x$ axis. This result is consistent with the fact that the initially leftward-moving particle is stopped by the force and then sent rightward.

**WileyPLUS** Additional examples, video, and practice available at *WileyPLUS*

# 8.4 WORK DONE ON A SYSTEM BY AN EXTERNAL FORCE

## Learning Objectives

*After reading this module, you should be able to . . .*

**8.4.1** When work is done on a system by an external force with no friction involved, determine the changes in kinetic energy and potential energy.

**8.4.2** When work is done on a system by an external force with friction involved, relate that work to the changes in kinetic energy, potential energy, and thermal energy.

## Key Ideas

● Work $W$ is energy transferred to or from a system by means of an external force acting on the system.

● When more than one force acts on a system, their net work is the transferred energy.

● When friction is not involved, the work done on the system and the change $\Delta E_{\text{mec}}$ in the mechanical energy of the system are equal:

$$W = \Delta E_{\text{mec}} = \Delta K + \Delta U.$$

● When a kinetic frictional force acts within the system, then the thermal energy $E_{\text{th}}$ of the system changes.

(This energy is associated with the random motion of atoms and molecules in the system.) The work done on the system is then

$$W = \Delta E_{\text{mec}} + \Delta E_{\text{th}}.$$

● The change $\Delta E_{\text{th}}$ is related to the magnitude $f_k$ of the frictional force and the magnitude $d$ of the displacement caused by the external force by

$$\Delta E_{\text{th}} = f_k d.$$

## Work Done on a System by an External Force

In Chapter 7, we defined work as being energy transferred to or from an object by means of a force acting on the object. We can now extend that definition to an external force acting on a system of objects.

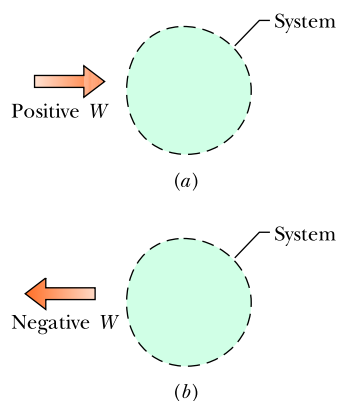> Work is energy transferred to or from a system by means of an external force acting on that system.

**Figure 8.4.1** (a) Positive work W done on an arbitrary system means a transfer of energy to the system. (b) Negative work W means a transfer of energy from the system.



**Figure 8.4.2** Positive work W is done on a system of a bowling ball and Earth, causing a change $\Delta E_{\text{mec}}$ in the mechanical energy of the system, a change $\Delta K$ in the ball's kinetic energy, and a change $\Delta U$ in the system's gravitational potential energy.

Figure 8.4.1a represents positive work (a transfer of energy *to* a system), and Fig. 8.4.1b represents negative work (a transfer of energy *from* a system). When more than one force acts on a system, their *net work* is the energy transferred to or from the system.

These transfers are like transfers of money to and from a bank account. If a system consists of a single particle or particle-like object, as in Chapter 7, the work done on the system by a force can change only the kinetic energy of the system. The energy statement for such transfers is the work–kinetic energy theorem of Eq. 7.2.8 ($\Delta K = W$); that is, a single particle has only one energy account, called kinetic energy. External forces can transfer energy into or out of that account. If a system is more complicated, however, an external force can change other forms of energy (such as potential energy); that is, a more complicated system can have multiple energy accounts.

Let us find energy statements for such systems by examining two basic situations, one that does not involve friction and one that does.

## No Friction Involved

To compete in a bowling-ball-hurling contest, you first squat and cup your hands under the ball on the floor. Then you rapidly straighten up while also pulling your hands up sharply, launching the ball upward at about face level. During your upward motion, your applied force on the ball obviously does work; that is, it is an external force that transfers energy, but to what system?

To answer, we check to see which energies change. There is a change $\Delta K$ in the ball's kinetic energy and, because the ball and Earth become more separated, there is a change $\Delta U$ in the gravitational potential energy of the ball–Earth system. To include both changes, we need to consider the ball–Earth system. Then your force is an external force doing work on that system, and the work is

$$W = \Delta K + \Delta U, \tag{8.4.1}$$

or $\qquad W = \Delta E_{\text{mec}} \qquad$ (work done on system, no friction involved), $\qquad$ (8.4.2)

where $\Delta E_{\text{mec}}$ is the change in the mechanical energy of the system. These two equations, which are represented in Fig. 8.4.2, are equivalent energy statements for work done on a system by an external force when friction is not involved.
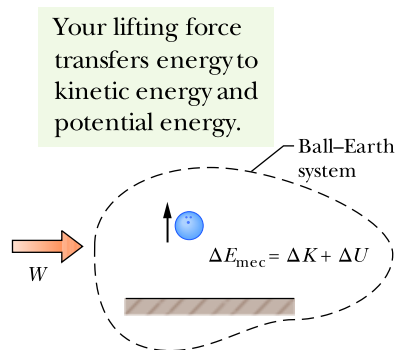
## Friction Involved

We next consider the example in Fig. 8.4.3a. A constant horizontal force $\vec{F}$ pulls a block along an x axis and through a displacement of magnitude d, increasing the block's velocity from $\vec{v}_0$ to $\vec{v}$. During the motion, a constant kinetic frictional force $\vec{f}_k$ from the floor acts on the block. Let us first choose the block as our system and apply Newton's second law to it. We can write that law for components along the x axis ($F_{\text{net},x} = ma_x$) as

$$F - f_k = ma. \tag{8.4.3}$$

Because the forces are constant, the acceleration a is a also constant. Thus, we can use Eq. 2.4.6 to write

$$v^2 = v_0^2 + 2ad.$$

Solving this equation for a, substituting the result into Eq. 8.4.3, and rearranging then give us

$$Fd = \tfrac{1}{2}mv^2 - \tfrac{1}{2}mv_0^2 + f_k d \tag{8.4.4}$$

The applied force supplies energy. The frictional force transfers some of it to thermal energy.

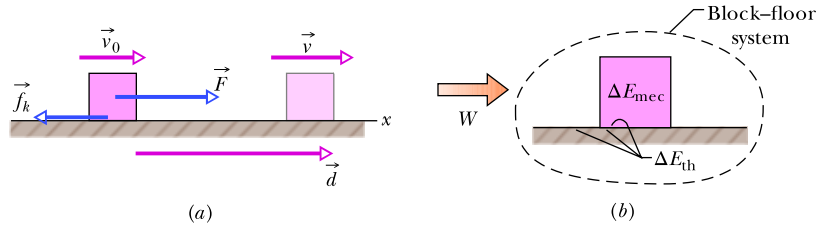So, the work done by the applied force goes into kinetic energy and also thermal energy.



**Figure 8.4.3**  (*a*) A block is pulled across a floor by force $\vec{F}$ while a kinetic frictional force $\vec{f}_k$ opposes the motion. The block has velocity $\vec{v}_0$ at the start of a displacement $\vec{d}$ and velocity $\vec{v}$ at the end of the displacement. (*b*) Positive work $W$ is done on the block–floor system by force $\vec{F}$, resulting in a change $\Delta E_{\text{mec}}$ in the block's mechanical energy and a change $\Delta E_{\text{th}}$ in the thermal energy of the block and floor.

or, because $\frac{1}{2}mv^2 - \frac{1}{2}mv_0^2 = \Delta K$ for the block,

$$Fd = \Delta K + f_k d. \qquad (8.4.5)$$

In a more general situation (say, one in which the block is moving up a ramp), there can be a change in potential energy. To include such a possible change, we generalize Eq. 8.4.5 by writing

$$Fd = \Delta E_{\text{mec}} + f_k d. \qquad (8.4.6)$$

By experiment we find that the block and the portion of the floor along which it slides become warmer as the block slides. As we shall discuss in Chapter 18, the temperature of an object is related to the object's thermal energy $E_{\text{th}}$ (the energy associated with the random motion of the atoms and molecules in the object). Here, the thermal energy of the block and floor increases because (1) there is friction between them and (2) there is sliding. Recall that friction is due to the cold-welding between two surfaces. As the block slides over the floor, the sliding causes repeated tearing and re-forming of the welds between the block and the floor, which makes the block and floor warmer. Thus, the sliding increases their thermal energy $E_{\text{th}}$.

Through experiment, we find that the increase $\Delta E_{\text{th}}$ in thermal energy is equal to the product of the magnitudes $f_k$ and $d$:

$$\Delta E_{\text{th}} = f_k d \qquad \text{(increase in thermal energy by sliding).} \qquad (8.4.7)$$

Thus, we can rewrite Eq. 8.4.6 as

$$Fd = \Delta E_{\text{mec}} + \Delta E_{\text{th}}. \qquad (8.4.8)$$

$Fd$ is the work $W$ done by the external force $\vec{F}$ (the energy transferred by the force), but on which system is the work done (where are the energy transfers made)? To answer, we check to see which energies change. The block's mechanical energy changes, and the thermal energies of the block and floor also change. Therefore, the work done by force $\vec{F}$ is done on the block–floor system. That work is

$$W = \Delta E_{\text{mec}} + \Delta E_{\text{th}} \qquad \text{(work done on system, friction involved).} \qquad (8.4.9)$$

This equation, which is represented in Fig. 8.4.3*b*, is the energy statement for the work done on a system by an external force when friction is involved.

## Checkpoint 8.4.1

In three trials, a block is pushed by a horizontal applied force across a floor that is not frictionless, as in Fig. 8.4.3a. The magnitudes $F$ of the applied force and the results of the pushing on the block's

| Trial | $F$ | Result on Block's Speed |
|-------|------|-------------------------|
| a | 5.0 N | decreases |
| b | 7.0 N | remains constant |
| c | 8.0 N | increases |

speed are given in the table. In all three trials, the block is pushed through the same distance $d$. Rank the three trials according to the change in the thermal energy of the block and floor that occurs in that distance $d$, greatest first.

## Sample Problem 8.4.1   Easter Island

The prehistoric people of Easter Island carved hundreds of gigantic stone statues in a quarry and then moved them to sites all over the island (Fig. 8.4.4). How they managed to move the statues by as much as 10 km without the use of sophisticated machines has been hotly debated. They most likely cradled each statue in a wooden sled and then pulled the sled over a "runway" consisting of almost identical logs acting as rollers. In a modern reenactment of this technique, 25 men were able to move a 9000 kg Easter Island–type statue 45 m over level ground in 2 min.

(a) Estimate the work the net force $\vec{F}$ from the men did during the 45 m displacement of the statue, and determine the system on which that force did work.

### KEY IDEAS

(1) We can calculate the work done with $W = Fd \cos \phi$. (2) To determine the system on which the work is done we see which energies change.

*Calculations:* In the work equation, $d$ is 45 m, $F$ is the magnitude of the net force on the statue from the 25 men, and $\phi$ is 0°. Let's assume that each man pulled with a force magnitude equal to twice his weight, which we take to be the same value $mg$ for all the men. Thus, the magnitude of the net force from the men was $F = (25)(2mg) = 50mg$. Estimating a man's mass as 80 kg, we can then write Eq. 7.2.5 as

$$W = Fd \cos \phi = 50mgd \cos \phi$$

$$= (50)(80\,\text{kg})(9.8\,\text{m/s}^2)(45\,\text{m})\cos 0°$$

$$= 1.8 \times 10^6\,\text{J} = 2\,\text{MJ}. \qquad \text{(Answer)}$$

Because the statue moved, there was certainly a change $\Delta K$ in its kinetic energy during the motion. We can easily guess that there must have been considerable kinetic friction between the sled, logs, and ground, resulting in a change $\Delta E_{\text{th}}$ in thermal energies. Thus, the system on which the work was done consisted of the statue, sled, logs, and ground.



**Figure 8.4.4** Easter Island stone statues.

Julian Lucero/Shutterstock.com

(b) What was the increase $\Delta E_{\text{th}}$ in the thermal energy of the system during the 45 m displacement?

### KEY IDEA

We can relate $\Delta E_{\text{th}}$ to the work $W$ done by $\vec{F}$ with the energy statement of Eq. 8.4.9 for a system that involves friction:

$$W = \Delta E_{\text{mec}} + \Delta E_{\text{th}}.$$

*Calculations:* We know the value of $W$ from (a). The change $\Delta E_{\text{mec}}$ in the statue's mechanical energy was zero because the statue was stationary at the beginning and at the end of the move and its elevation did not change. Thus, we find

$$\Delta E_{\text{th}} = W = 1.8 \times 10^6\,\text{J} \approx 2\,\text{MJ}. \qquad \text{(Answer)}$$

(c) Estimate the work that would have been done by the 25 men if they had moved the statue 10 km across level ground on Easter Island. Also estimate the total change $\Delta E_{\text{th}}$ that would have occurred in the statue–sled–logs–ground system.

*Calculation:* We calculate $W$ as in (a), but with $1 \times 10^4$ m substituted for $d$. Also, we again equate $\Delta E_{th}$ to $W$. We get

$$W = \Delta E_{th} = 3.9 \times 10^8 \text{ J} \approx 400 \text{ MJ}. \qquad \text{(Answer)}$$

This would have been a staggering amount of energy for the men to have transferred during the movement of a statue. Still, the 25 men *could* have moved the statue 10 km without some mysterious energy source.

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# 8.5 CONSERVATION OF ENERGY

## Learning Objectives

*After reading this module, you should be able to . . .*

**8.5.1** For an isolated system (no net external force), apply the conservation of energy to relate the initial total energy (energies of all kinds) to the total energy at a later instant.

**8.5.2** For a nonisolated system, relate the work done on the system by a net external force to the changes in the various types of energies within the system.

**8.5.3** Apply the relationship between average power, the associated energy transfer, and the time interval in which that transfer is made.

**8.5.4** Given an energy transfer as a function of time (either as an equation or a graph), determine the instantaneous power (the transfer at any given instant).

## Key Ideas

● The total energy $E$ of a system (the sum of its mechanical energy and its internal energies, including thermal energy) can change only by amounts of energy that are transferred to or from the system. This experimental fact is known as the law of conservation of energy.

● If work $W$ is done on the system, then

$$W = \Delta E = \Delta E_{mec} + \Delta E_{th} + \Delta E_{int}.$$

If the system is isolated ($W = 0$), this gives

$$\Delta E_{mec} + \Delta E_{th} + \Delta E_{int} = 0$$

and

$$E_{mec,2} = E_{mec,1} - \Delta E_{th} - \Delta E_{int},$$

where the subscripts 1 and 2 refer to two different instants.

● The power due to a force is the *rate* at which that force transfers energy. If an amount of energy $\Delta E$ is transferred by a force in an amount of time $\Delta t$, the average power of the force is

$$P_{avg} = \frac{\Delta E}{\Delta t}.$$

● The instantaneous power due to a force is

$$P = \frac{dE}{dt}.$$

On a graph of energy $E$ versus time $t$, the power is the slope of the plot at any given time.

## Conservation of Energy

We now have discussed several situations in which energy is transferred to or from objects and systems, much like money is transferred between accounts. In each situation we assume that the energy that was involved could always be accounted for; that is, energy could not magically appear or disappear. In more formal language, we assumed (correctly) that energy obeys a law called the **law of conservation of energy,** which is concerned with the **total energy** $E$ of a system. That total is the sum of the system's mechanical energy, thermal energy, and any type of *internal energy* in addition to thermal energy. (We have not yet discussed other types of internal energy.) The law states that

The total energy $E$ of a system can change only by amounts of energy that are transferred to or from the system.

**Figure 8.5.1** To descend, the rock climber must transfer energy from the gravitational potential energy of a system consisting of him, his gear, and Earth. He has wrapped the rope around metal rings so that the rope rubs against the rings. This allows most of the transferred energy to go to the thermal energy of the rope and rings rather than to his kinetic energy.

The only type of energy transfer that we have considered is work $W$ done on a system by an external force. Thus, for us at this point, this law states that

$$W = \Delta E = \Delta E_{mec} + \Delta E_{th} + \Delta E_{int}, \qquad (8.5.1)$$

where $\Delta E_{mec}$ is any change in the mechanical energy of the system, $\Delta E_{th}$ is any change in the thermal energy of the system, and $\Delta E_{int}$ is any change in any other type of internal energy of the system. Included in $\Delta E_{mec}$ are changes $\Delta K$ in kinetic energy and changes $\Delta U$ in potential energy (elastic, gravitational, or any other type we might find).

This law of conservation of energy is *not* something we have derived from basic physics principles. Rather, it is a law based on countless experiments. Scientists and engineers have never found an exception to it. Energy simply cannot magically appear or disappear.

## Isolated System

If a system is isolated from its environment, there can be no energy transfers to or from it. For that case, the law of conservation of energy states:

> ⭐ The total energy $E$ of an isolated system cannot change.

Many energy transfers may be going on *within* an isolated system—between, say, kinetic energy and a potential energy or between kinetic energy and thermal energy. However, the total of all the types of energy in the system cannot change. Here again, energy cannot magically appear or disappear.

We can use the rock climber in Fig. 8.5.1 as an example, approximating him, his gear, and Earth as an isolated system. As he rappels down the rock face, changing the configuration of the system, he needs to control the transfer of energy from the gravitational potential energy of the system. (That energy cannot just disappear.) Some of it is transferred to his kinetic energy. However, he obviously does not want very much transferred to that type or he will be moving too quickly, so he has wrapped the rope around metal rings to produce friction between the rope and the rings as he moves down. The sliding of the rings on the rope then transfers the gravitational potential energy of the system to thermal energy of the rings and rope in a way that he can control. The total energy of the climber–gear–Earth system (the total of its gravitational potential energy, kinetic energy, and thermal energy) does not change during his descent.

For an isolated system, the law of conservation of energy can be written in two ways. First, by setting $W = 0$ in Eq. 8.5.1, we get

$$\Delta E_{mec} + \Delta E_{th} + \Delta E_{int} = 0 \qquad \text{(isolated system)}. \qquad (8.5.2)$$

We can also let $\Delta E_{mec} = E_{mec,2} - E_{mec,1}$, where the subscripts 1 and 2 refer to two different instants—say, before and after a certain process has occurred. Then Eq. 8.5.2 becomes

$$E_{mec,2} = E_{mec,1} - \Delta E_{th} - \Delta E_{int}. \qquad (8.5.3)$$

Equation 8.5.3 tells us:

> ⭐ In an isolated system, we can relate the total energy at one instant to the total energy at another instant *without considering the energies at intermediate times*.

This fact can be a very powerful tool in solving problems about isolated systems when you need to relate energies of a system before and after a certain process occurs in the system.

In Module 8.2, we discussed a special situation for isolated systems—namely, the situation in which nonconservative forces (such as a kinetic frictional force)
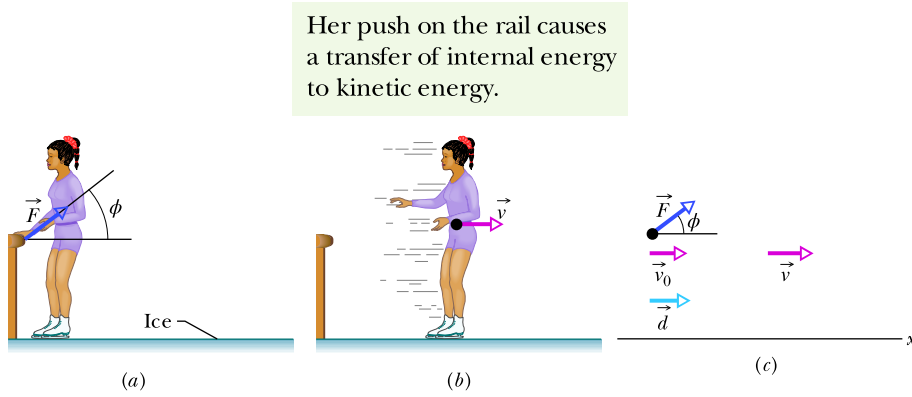
Her push on the rail causes a transfer of internal energy to kinetic energy.

**Figure 8.5.2** (a) As a skater pushes herself away from a railing, the force on her from the railing is $\vec{F}$. (b) After the skater leaves the railing, she has velocity $\vec{v}$. (c) External force $\vec{F}$ acts on the skater, at angle $\phi$ with a horizontal $x$ axis. When the skater goes through displacement $\vec{d}$, her velocity is changed from $\vec{v}_0$ (= 0) to $\vec{v}$ by the horizontal component of $\vec{F}$.

do not act within them. In that special situation, $\Delta E_{th}$ and $\Delta E_{int}$ are both zero, and so Eq. 8.5.3 reduces to Eq. 8.2.7. In other words, the mechanical energy of an isolated system is conserved when nonconservative forces do not act in it.

### External Forces and Internal Energy Transfers

An external force can change the kinetic energy or potential energy of an object without doing work on the object—that is, without transferring energy to the object. Instead, the force is responsible for transfers of energy from one type to another inside the object.

Figure 8.5.2 shows an example. An initially stationary ice-skater pushes away from a railing and then slides over the ice (Figs. 8.5.2a and b). Her kinetic energy increases because of an external force $\vec{F}$ on her from the rail. However, that force does not transfer energy from the rail to her. Thus, the force does no work on her. Rather, her kinetic energy increases as a result of internal transfers from the biochemical energy in her muscles.

Figure 8.5.3 shows another example. An engine increases the speed of a car with four-wheel drive (all four wheels are made to turn by the engine). During the acceleration, the engine causes the tires to push backward on the road surface. This push produces frictional forces $\vec{f}$ that act on each tire in the forward direction. The net external force $\vec{F}$ from the road, which is the sum of these frictional forces, accelerates the car, increasing its kinetic energy. However, $\vec{F}$ does not transfer energy from the road to the car and so does no work on the car. Rather, the car's kinetic energy increases as a result of internal transfers from the energy stored in the fuel.

In situations like these two, we can sometimes relate the external force $\vec{F}$ on an object to the change in the object's mechanical energy if we can simplify the situation. Consider the ice-skater example. During her push through distance $d$ in Fig. 8.5.2c, we can simplify by assuming that the acceleration is constant, her speed changing from $v_0 = 0$ to $v$. (That is, we assume $\vec{F}$ has constant magnitude $F$ and angle $\phi$.) After the push, we can simplify the skater as being a particle and neglect the fact that the exertions of her muscles have increased the thermal energy in her muscles and changed other physiological features. Then we can apply Eq. 7.2.3 ($\frac{1}{2}mv^2 - \frac{1}{2}mv_0^2 = F_x d$) to write

$$K - K_0 = (F \cos \phi)d,$$

or
$$\Delta K = Fd \cos \phi. \tag{8.5.4}$$

If the situation also involves a change in the elevation of an object, we can include the change $\Delta U$ in gravitational potential energy by writing

$$\Delta U + \Delta K = Fd \cos \phi. \tag{8.5.5}$$

The force on the right side of this equation does no work on the object but is still responsible for the changes in energy shown on the left side.
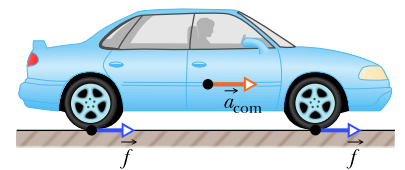


**Figure 8.5.3** A vehicle accelerates to the right using four-wheel drive. The road exerts four frictional forces (two of them shown) on the bottom surfaces of the tires. Taken together, these four forces make up the net external force $\vec{F}$ acting on the car.

## Power

Now that you have seen how energy can be transferred from one type to another, we can expand the definition of power given in Module 7.6. There power is defined as the rate at which work is done by a force. In a more general sense, power $P$ is the rate at which energy is transferred by a force from one type to another. If an amount of energy $\Delta E$ is transferred in an amount of time $\Delta t$, the **average power** due to the force is

$$P_{avg} = \frac{\Delta E}{\Delta t}. \qquad (8.5.6)$$

Similarly, the **instantaneous power** due to the force is

$$P = \frac{dE}{dt}. \qquad (8.5.7)$$

### Checkpoint 8.5.1

A 2.0 kg box can slide along a track with elevated ends and a flat central part of length $L$. The curved parts of the track are frictionless, but along the flat part there is friction between box and track. The box is released from rest at point $A$, at height $h = 0.50$ m. Between the release point and the stopping point, how much energy is transferred to thermal energy of the box and track?

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### Sample Problem 8.5.1    Lots of energies at an amusement park water slide

Figure 8.5.4 shows a water-slide ride in which a glider is shot by a spring along a water-drenched (frictionless) track that takes the glider from a horizontal section down to ground level. As the glider then moves along the ground-level track, it is gradually brought to rest by friction. The total mass of the glider and its rider is $m = 200$ kg, the initial compression of the spring is $d = 5.00$ m, the spring constant is $k = 3.20 \times 10^3$ N/m, the initial height is $h = 35.0$ m, and the coefficient of kinetic friction along the ground-level track is $\mu_k = 0.800$. Through what distance $L$ does the glider slide along the ground-level track until it stops?

### KEY IDEAS

Before we touch a calculator and start plugging numbers into equations, we need to examine all the forces and then determine what our system should be. Only then can we decide what equation to write. Do we have an isolated system (our equation would be for the conservation of energy) or a system on which an external force does work (our equation would relate that work to the system's change in energy)?

*Forces:* The normal force on the glider from the track does no work on the glider because the direction of this force is always perpendicular to the direction of the glider's displacement. The gravitational force does work on the glider, and because the force is conservative we can associate a potential energy with it. As the spring pushes on the glider to get it moving, a spring force does work on it, transferring energy from the elastic potential energy of the compressed spring to kinetic energy of the glider. The spring force also pushes against a rigid wall. Because there is friction between the glider and the ground-level track, the sliding of the glider along that track section increases their thermal energies.

*System:* Let's take the system to contain all the interacting bodies: glider, track, spring, Earth, and wall. Then, because all the force interactions are *within* the system, the system is *isolated* and thus its total energy cannot change. So, the equation we should use is not that of some external force doing work on the system. Rather, it is a conservation of energy. We write this in the form of Eq. 8.5.3:

$$E_{mec,2} = E_{mec,1} - \Delta E_{th}. \qquad (8.5.8)$$

This is like a money equation: The final money is equal to the initial money *minus* the amount stolen away by a thief. Here, the final mechanical energy is equal to the initial mechanical energy *minus* the amount stolen away by friction. None has magically appeared or disappeared.
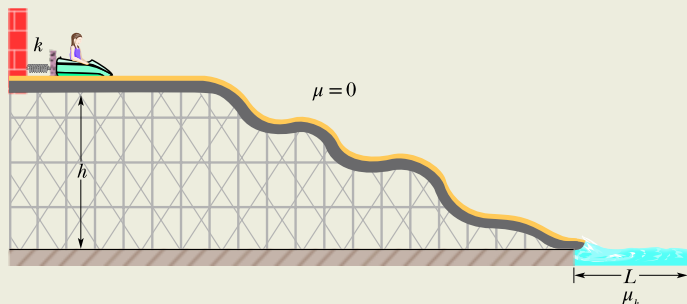


**Figure 8.5.4** A spring-loaded amusement park water slide.

*Calculations:* Now that we have an equation, let's find distance $L$. Let subscript 1 correspond to the initial state of the glider (when it is still on the compressed spring) and subscript 2 correspond to the final state of the glider (when it has come to rest on the ground-level track). For both states, the mechanical energy of the system is the sum of any potential energy and any kinetic energy.

We have two types of potential energy: the elastic potential energy ($U_e = \frac{1}{2}kx^2$) associated with the compressed spring and the gravitational potential energy ($U_g = mgy$) associated with the glider's elevation. For the latter, let's take ground level as the reference level. That means that the glider is initially at height $y = h$ and finally at height $y = 0$.

In the initial state, with the glider stationary and elevated and the spring compressed, the energy is

$$E_{mec,1} = K_1 + U_{e1} + U_{g1}$$
$$= 0 + \tfrac{1}{2}kd^2 + mgh. \quad (8.5.9)$$

In the final state, with the spring now in its relaxed state and the glider again stationary but no longer elevated, the final mechanical energy of the system is

$$E_{mec,2} = K_2 + U_{e2} + U_{g2}$$
$$= 0 + 0 + 0. \quad (8.5.10)$$

Let's next go after the change $\Delta E_{th}$ of the thermal energy of the glider and ground-level track. From Eq. 8.4.7, we can substitute for $\Delta E_{th}$ with $f_kL$ (the product of the frictional force magnitude and the distance of rubbing). From Eq. 6.1.2, we know that $f_k = \mu_k F_N$, where $F_N$ is the normal force. Because the glider moves horizontally through the region with friction, the magnitude of $F_N$ is equal to $mg$ (the upward force matches the downward force). So, the friction's theft from the mechanical energy amounts to

$$\Delta E_{th} = \mu_k mgL. \quad (8.5.11)$$

(By the way, without further experiments, we *cannot* say how much of this thermal energy ends up in the glider and how much in the track. We simply know the total amount.) Substituting Eqs. 8.5.9 through 8.5.11 into Eq. 8.5.8, we find

$$0 = \tfrac{1}{2}kd^2 + mgh - \mu_k mgL, \quad (8.5.12)$$

and

$$L = \frac{kd^2}{2\mu_k mg} + \frac{h}{\mu_k}$$

$$= \frac{(3.20 \times 10^3 \text{ N/m})(5.00 \text{ m})^2}{2(0.800)(200 \text{ kg})(9.8 \text{ m/s}^2)} + \frac{35 \text{ m}}{0.800}$$

$$= 69.3 \text{ m.} \quad \text{(Answer)}$$

Finally, note how algebraically simple our solution is. By carefully defining a system and realizing that we have an isolated system, we get to use the law of the conservation of energy. That means we can relate the initial and final states of the system with no consideration of the intermediate states. In particular, we did not need to consider the glider as it slides over the uneven track. If we had, instead, applied Newton's second law to the motion, we would have had to know the details of the track and would have faced a far more difficult calculation.

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# Review & Summary

**Conservative Forces** A force is a **conservative force** if the net work it does on a particle moving around any closed path, from an initial point and then back to that point, is zero. Equivalently, a force is conservative if the net work it does on a particle moving between two points does not depend on the path taken by the particle. The gravitational force and the spring force are conservative forces; the kinetic frictional force is a **nonconservative force.**

**Potential Energy** A **potential energy** is energy that is associated with the configuration of a system in which a conservative force acts. When the conservative force does work $W$ on a particle within the system, the change $\Delta U$ in the potential energy of the system is

$$\Delta U = -W. \quad (8.1.1)$$

If the particle moves from point $x_i$ to point $x_f$, the change in the potential energy of the system is

$$\Delta U = -\int_{x_i}^{x_f} F(x)\, dx. \quad (8.1.6)$$

**Gravitational Potential Energy** The potential energy associated with a system consisting of Earth and a nearby particle is **gravitational potential energy.** If the particle moves from height $y_i$ to height $y_f$, the change in the gravitational potential energy of the particle–Earth system is

$$\Delta U = mg(y_f - y_i) = mg\, \Delta y. \quad (8.1.7)$$

If the **reference point** of the particle is set as $y_i = 0$ and the corresponding gravitational potential energy of the system is set as $U_i = 0$, then the gravitational potential energy $U$ when the particle is at any height $y$ is

$$U(y) = mgy. \quad (8.1.9)$$

**Elastic Potential Energy** **Elastic potential energy** is the energy associated with the state of compression or extension of an elastic object. For a spring that exerts a spring force $F = -kx$ when its free end has displacement $x$, the elastic potential energy is

$$U(x) = \tfrac{1}{2}kx^2. \quad (8.1.11)$$

The **reference configuration** has the spring at its relaxed length, at which $x = 0$ and $U = 0$.

**Mechanical Energy**  The **mechanical energy** $E_{mec}$ of a system is the sum of its kinetic energy $K$ and potential energy $U$:

$$E_{mec} = K + U. \qquad (8.2.1)$$

An *isolated system* is one in which no *external force* causes energy changes. If only conservative forces do work within an isolated system, then the mechanical energy $E_{mec}$ of the system cannot change. This **principle of conservation of mechanical energy** is written as

$$K_2 + U_2 = K_1 + U_1, \qquad (8.2.6)$$

in which the subscripts refer to different instants during an energy transfer process. This conservation principle can also be written as

$$\Delta E_{mec} = \Delta K + \Delta U = 0. \qquad (8.2.7)$$

**Potential Energy Curves**  If we know the potential energy function $U(x)$ for a system in which a one-dimensional force $F(x)$ acts on a particle, we can find the force as

$$F(x) = -\frac{dU(x)}{dx}. \qquad (8.3.2)$$

If $U(x)$ is given on a graph, then at any value of $x$, the force $F(x)$ is the negative of the slope of the curve there and the kinetic energy of the particle is given by

$$K(x) = E_{mec} - U(x), \qquad (8.3.4)$$

where $E_{mec}$ is the mechanical energy of the system. A **turning point** is a point $x$ at which the particle reverses its motion (there, $K = 0$). The particle is in **equilibrium** at points where the slope of the $U(x)$ curve is zero (there, $F(x) = 0$).

**Work Done on a System by an External Force**  Work $W$ is energy transferred to or from a system by means of an external force acting on the system. When more than one force acts on a system, their *net work* is the transferred energy. When friction is not involved, the work done on the system and the change $\Delta E_{mec}$ in the mechanical energy of the system are equal:

$$W = \Delta E_{mec} = \Delta K + \Delta U. \qquad (8.4.1, 8.4.2)$$

When a kinetic frictional force acts within the system, then the thermal energy $E_{th}$ of the system changes. (This energy is associated with the random motion of atoms and molecules in the system.) The work done on the system is then

$$W = \Delta E_{mec} + \Delta E_{th}. \qquad (8.4.9)$$

The change $\Delta E_{th}$ is related to the magnitude $f_k$ of the frictional force and the magnitude $d$ of the displacement caused by the external force by

$$\Delta E_{th} = f_k d. \qquad (8.4.7)$$

**Conservation of Energy**  The **total energy** $E$ of a system (the sum of its mechanical energy and its internal energies, including thermal energy) can change only by amounts of energy that are transferred to or from the system. This experimental fact is known as the **law of conservation of energy.** If work $W$ is done on the system, then

$$W = \Delta E = \Delta E_{mec} + \Delta E_{th} + \Delta E_{int}. \qquad (8.5.1)$$

If the system is isolated ($W = 0$), this gives

$$\Delta E_{mec} + \Delta E_{th} + \Delta E_{int} = 0 \qquad (8.5.2)$$

and

$$E_{mec,2} = E_{mec,1} - \Delta E_{th} - \Delta E_{int}, \qquad (8.5.3)$$

where the subscripts 1 and 2 refer to two different instants.

**Power**  The **power** due to a force is the *rate* at which that force transfers energy. If an amount of energy $\Delta E$ is transferred by a force in an amount of time $\Delta t$, the **average power** of the force is

$$P_{avg} = \frac{\Delta E}{\Delta t}. \qquad (8.5.6)$$

The **instantaneous power** due to a force is

$$P = \frac{dE}{dt}. \qquad (8.5.7)$$

# Questions

**1**  In Fig. 8.1, a horizontally moving block can take three frictionless routes, differing only in elevation, to reach the dashed finish line. Rank the routes according to (a) the speed of the block at the finish line and (b) the travel time of the block to the finish line, greatest first.
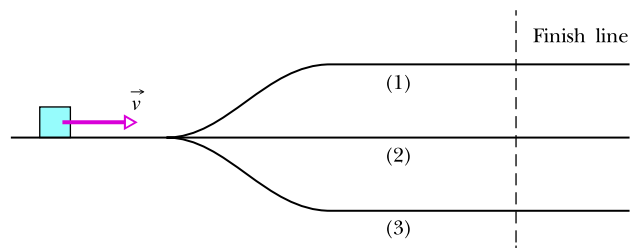
**2**  Figure 8.2 gives the potential energy function of a particle. (a) Rank regions *AB, BC, CD,* and *DE* according to the magnitude of the force on the particle, greatest first. What value must the mechanical energy $E_{mec}$ of the particle not exceed if the particle is to be (b) trapped in the potential well at the left,
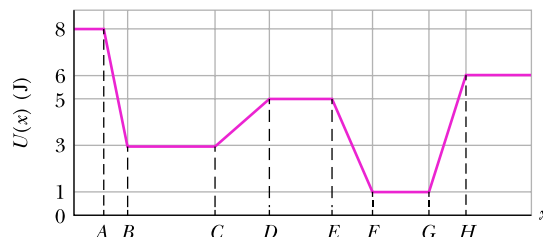


**Figure 8.1**  Question 1.



**Figure 8.2**  Question 2.

(c) trapped in the potential well at the right, and (d) able to move between the two potential wells but not to the right of point $H$? For the situation of (d), in which of regions $BC$, $DE$, and $FG$ will the particle have (e) the greatest kinetic energy and (f) the least speed?

**3** Figure 8.3 shows one direct path and four indirect paths from point $i$ to point $f$. Along the direct path and three of the indirect paths, only a conservative force $F_c$ acts on a certain object. Along the fourth indirect path, both $F_c$ and a nonconservative force $F_{nc}$ act on the object. The change $\Delta E_{mec}$ in the object's mechanical energy (in joules) in going from $i$ to $f$ is indicated along each straight-line segment of the indirect paths. What is $\Delta E_{mec}$ (a) from $i$ to $f$ along the direct path and (b) due to $F_{nc}$ along the one path where it acts?


**Figure 8.3** Question 3.

**4** In Fig. 8.4, a small, initially stationary block is released on a frictionless ramp at a height of 3.0 m. Hill heights along the ramp are as shown in the figure. The hills have identical circular tops, and the block does not fly off any hill. (a) Which hill is the first the block cannot cross? (b) What does the block do after failing to cross that hill? Of the hills that the block can cross, on which hilltop is (c) the centripetal acceleration of the block greatest and (d) the normal force on the block least?


**Figure 8.4** Question 4.

**5** In Fig. 8.5, a block slides from $A$ to $C$ along a frictionless ramp, and then it passes through horizontal region $CD$, where a frictional force acts on it. Is the block's kinetic energy increasing, decreasing, or constant in (a) region $AB$, (b) region $BC$, and (c) region $CD$? (d) Is the block's mechanical energy increasing, decreasing, or constant in those regions?


**Figure 8.5** Question 5.

**6** In Fig. 8.6a, you pull upward on a rope that is attached to a cylinder on a vertical rod. Because the cylinder fits tightly on the rod, the cylinder slides along the rod with considerable friction. Your force does work $W = +100$ J on the cylinder–rod–Earth system (Fig. 8.6b). An "energy statement" for the system is

shown in Fig. 8.6c: The kinetic energy $K$ increases by 50 J, and the gravitational potential energy $U_g$ increases by 20 J. The only other change in energy within the system is for the thermal energy $E_{th}$. What is the change $\Delta E_{th}$?


**Figure 8.6** Question 6.

**7** The arrangement shown in Fig. 8.7 is similar to that in Question 6. Here you pull downward on the rope that is attached to the cylinder, which fits tightly on the rod. Also, as the cylinder descends, it pulls on a block via a second rope, and the block slides over a lab table. Again consider the cylinder–rod–Earth system, similar to that shown in Fig. 8.6b. Your work on the system is 200 J. The system does work of 60 J on the block. Within the system, the kinetic energy increases by 130 J and the gravitational potential energy decreases by 20 J. (a) Draw an "energy statement" for the system, as in Fig. 8.6c. (b) What is the change in the thermal energy within the system?
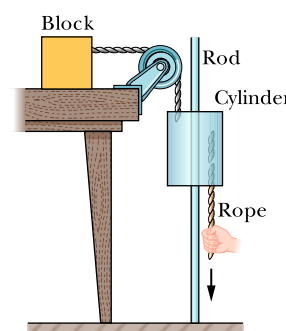

**Figure 8.7** Question 7.

**8** In Fig. 8.8, a block slides along a track that descends through distance $h$. The track is frictionless except for the lower section. There the block slides to a stop in a certain distance $D$ because of friction. (a) If we decrease $h$, will the block now slide to a stop in a distance that is greater than, less than, or equal to $D$? (b) If, instead, we increase the mass of the block, will the stopping distance now be greater than, less than, or equal to $D$?


**Figure 8.8** Question 8.

**9** Figure 8.9 shows three situations involving a plane that is not frictionless and a block sliding along the plane. The block begins with the same speed in all three situations and slides until the kinetic frictional force has stopped it. Rank the situations according to the increase in thermal energy due to the sliding, greatest first.
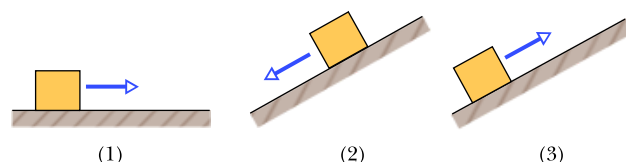

**Figure 8.9** Question 9.

**10** Figure 8.10 shows three plums that are launched from the same level with the same speed. One moves straight upward, one is launched at a small angle to the vertical, and one is launched along a frictionless incline. Rank the plums according to their speed when they reach the level of the dashed line, greatest first.
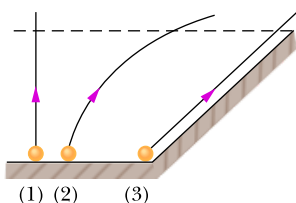


**Figure 8.10** Question 10.

**11** When a particle moves from $f$ to $i$ and from $j$ to $i$ along the paths shown in Fig. 8.11, and in the indicated directions, a conservative force $\vec{F}$ does the indicated amounts of work on it. How much work is done on the particle by $\vec{F}$ when the particle moves directly from $f$ to $j$?



**Figure 8.11** Question 11.

# Problems

### Module 8.1 Potential Energy

**1** **E** **SSM** What is the spring constant of a spring that stores 25 J of elastic potential energy when compressed by 7.5 cm?

**2** **E** In Fig. 8.12, a single frictionless roller-coaster car of mass $m = 825$ kg tops the first hill with speed $v_0 = 17.0$ m/s at height $h = 42.0$ m. How much work does the gravitational force do on the car from that point to (a) point $A$, (b) point $B$, and (c) point $C$? If the gravitational potential energy of the car–Earth system is taken to be zero at $C$, what is its value when the car is at (d) $B$ and (e) $A$? (f) If mass $m$ were doubled, would the change in the gravitational potential energy of the system between points $A$ and $B$ increase, decrease, or remain the same?



**Figure 8.12** Problems 2 and 9.

**3** **E** You drop a 2.00 kg book to a friend who stands on the ground at distance $D = 10.0$ m below. If your friend's outstretched hands are at distance $d = 1.50$ m above the ground (Fig. 8.13), (a) how much work $W_g$ does the gravitational force do on the book as it drops to her hands? (b) What is the change $\Delta U$ in the gravitational potential energy of the book–Earth system during the drop? If the gravitational potential energy $U$ of that system is taken to be zero at ground level, what is $U$ (c) when the book is released and (d) when it reaches her hands? Now take $U$ to be 100 J at ground level and again find (e) $W_g$, (f) $\Delta U$, (g) $U$ at the release point, and (h) $U$ at her hands.
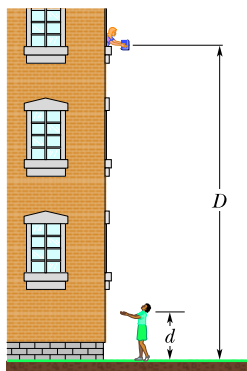


**Figure 8.13** Problems 3 and 10.

**4** **E** Figure 8.14 shows a ball with mass $m = 0.341$ kg attached to the end of a thin rod with length $L = 0.452$ m and negligible mass. The other end of the rod is pivoted so that the ball can move in a vertical circle. The rod is held horizontally as shown and then given enough of a downward push to cause the ball to swing down and around and just reach the vertically up position, with zero speed there. How much work is done on the ball by the gravitational force from the initial point to (a) the lowest point, (b) the highest point, and (c) the point on the right level with the initial point? If the gravitational potential energy of the ball–Earth system is taken to be zero at the initial point, what is it when the ball reaches (d) the lowest point, (e) the highest point, and (f) the point on the right level with the initial point? (g) Suppose the rod were pushed harder so that the ball passed through the highest point with a nonzero speed. Would $\Delta U_g$ from the lowest point to the highest point then be greater than, less than, or the same as it was when the ball stopped at the highest point?
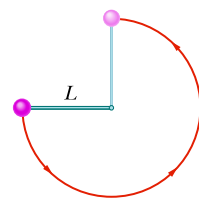


**Figure 8.14** Problems 4 and 14.

**5** **E** **SSM** In Fig. 8.15, a 2.00 g ice flake is released from the edge of a hemispherical bowl whose radius $r$ is 22.0 cm. The flake–bowl contact is frictionless. (a) How much work is done on the flake by the gravitational force during the flake's descent to the bottom of the bowl? (b) What is the change in the potential energy of the flake–Earth system during that descent? (c) If that potential energy is taken to be zero at the bottom of the bowl, what is its value when the flake is released? (d) If, instead, the potential energy is taken to be zero at the release point, what is its value when the flake reaches the bottom of the bowl? (e) If the mass of the flake were doubled, would the magnitudes of the answers to (a) through (d) increase, decrease, or remain the same?
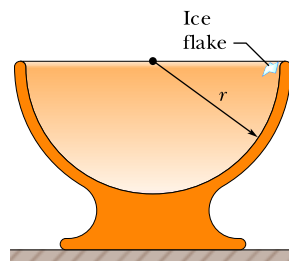


**Figure 8.15** Problems 5 and 11.

**6** **M** In Fig. 8.16, a small block of mass $m = 0.032$ kg can slide along the frictionless loop-the-loop, with loop radius $R = 12$ cm. The block is released from rest at point $P$, at height $h = 5.0R$ above the bottom of the loop. How much work does the gravitational force do on the block as the block travels from point $P$ to (a) point $Q$ and (b) the top of the loop? If the gravitational potential energy of the block–Earth system is taken to be zero at the bottom of the loop, what is that potential energy when the block is (c) at point $P$, (d) at point $Q$, and (e) at the top of the loop? (f) If, instead of merely being released, the block is given some initial speed downward along the track, do the answers to (a) through (e) increase, decrease, or remain the same?



**Figure 8.16** Problems 6 and 17.

**7** **M** Figure 8.17 shows a thin rod, of length $L = 2.00$ m and negligible mass, that can pivot about one end to rotate in a vertical circle. A ball of mass $m = 5.00$ kg is attached to the other end. The rod is pulled aside to angle $\theta_0 = 30.0°$ and released with initial velocity $\vec{v}_0 = 0$. As the ball descends to its lowest point, (a) how much work does the gravitational force do on it and (b) what is the change in the gravitational potential energy of the ball–Earth system? (c) If the gravitational potential energy is taken to be zero at the lowest point, what is its value just as the ball is released? (d) Do the magnitudes of the answers to (a) through (c) increase, decrease, or remain the same if angle $\theta_0$ is increased?



**Figure 8.17** Problems 7, 18, and 21.

**8** **M** A 1.50 kg snowball is fired from a cliff 12.5 m high. The snowball's initial velocity is 14.0 m/s, directed 41.0° above the horizontal. (a) How much work is done on the snowball by the gravitational force during its flight to the flat ground below the cliff? (b) What is the change in the gravitational potential energy of the snowball–Earth system during the flight? (c) If that gravitational potential energy is taken to be zero at the height of the cliff, what is its value when the snowball reaches the ground?

### Module 8.2 Conservation of Mechanical Energy

**9** **E** **GO** In Problem 2, what is the speed of the car at (a) point $A$, (b) point $B$, and (c) point $C$? (d) How high will the car go on the last hill, which is too high for it to cross? (e) If we substitute a second car with twice the mass, what then are the answers to (a) through (d)?

**10** **E** (a) In Problem 3, what is the speed of the book when it reaches the hands? (b) If we substituted a second book with twice the mass, what would its speed be? (c) If, instead, the book were thrown down, would the answer to (a) increase, decrease, or remain the same?

**11** **E** **SSM** (a) In Problem 5, what is the speed of the flake when it reaches the bottom of the bowl? (b) If we substituted a second flake with twice the mass, what would its speed be? (c) If, instead, we gave the flake an initial downward speed along the bowl, would the answer to (a) increase, decrease, or remain the same?

**12** **E** (a) In Problem 8, using energy techniques rather than the techniques of Chapter 4, find the speed of the snowball as it reaches the ground below the cliff. What is that speed (b) if the launch angle is changed to 41.0° *below* the horizontal and (c) if the mass is changed to 2.50 kg?

**13** **E** **SSM** A 5.0 g marble is fired vertically upward using a spring gun. The spring must be compressed 8.0 cm if the marble is to just reach a target 20 m above the marble's position on the compressed spring. (a) What is the change $\Delta U_g$ in the gravitational potential energy of the marble–Earth system during the 20 m ascent? (b) What is the change $\Delta U_s$ in the elastic potential energy of the spring during its launch of the marble? (c) What is the spring constant of the spring?

**14** **E** (a) In Problem 4, what initial speed must be given the ball so that it reaches the vertically upward position with zero speed? What then is its speed at (b) the lowest point and (c) the point on the right at which the ball is level with the initial point? (d) If the ball's mass were doubled, would the answers to (a) through (c) increase, decrease, or remain the same?

**15** **E** **SSM** In Fig. 8.18, a runaway truck with failed brakes is moving downgrade at 130 km/h just before the driver steers the truck up a frictionless emergency escape ramp with an inclination of $\theta = 15°$. The truck's mass is $1.2 \times 10^4$ kg. (a) What minimum length $L$ must the ramp have if the truck is to stop (momentarily) along it? (Assume the truck is a particle, and justify that assumption.) Does the minimum length $L$ increase, decrease, or remain the same if (b) the truck's mass is decreased and (c) its speed is decreased?
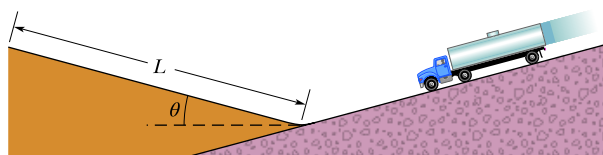


**Figure 8.18** Problem 15.

**16** **M** A 700 g block is released from rest at height $h_0$ above a vertical spring with spring constant $k = 400$ N/m and negligible mass. The block sticks to the spring and momentarily stops after compressing the spring 19.0 cm. How much work is done (a) by the block on the spring and (b) by the spring on the block? (c) What is the value of $h_0$? (d) If the block were released from height $2.00h_0$ above the spring, what would be the maximum compression of the spring?

**17** **M** In Problem 6, what are the magnitudes of (a) the horizontal component and (b) the vertical component of the *net* force acting on the block at point $Q$? (c) At what height $h$ should the block be released from rest so that it is on the verge of losing contact with the track at the top of the loop? (*On the verge of losing contact* means that the normal force on the block from the track has just then become zero.) (d) Graph the magnitude of the normal force on the block at the top of the loop versus initial height $h$, for the range $h = 0$ to $h = 6R$.

**18** M (a) In Problem 7, what is the speed of the ball at the lowest point? (b) Does the speed increase, decrease, or remain the same if the mass is increased?

**19** M GO Figure 8.19 shows an 8.00 kg stone at rest on a spring. The spring is compressed 10.0 cm by the stone. (a) What is the spring constant? (b) The stone is pushed down an additional 30.0 cm and released. What is the elastic potential energy of the compressed spring just before that release? (c) What is the change in the gravitational potential energy of the stone–Earth system when the stone moves from the release point to its maximum height? (d) What is that maximum height, measured from the release point?



**Figure 8.19**
Problem 19.

**20** M GO A pendulum consists of a 2.0 kg stone swinging on a 4.0 m string of negligible mass. The stone has a speed of 8.0 m/s when it passes its lowest point. (a) What is the speed when the string is at $60°$ to the vertical? (b) What is the greatest angle with the vertical that the string will reach during the stone's motion? (c) If the potential energy of the pendulum–Earth system is taken to be zero at the stone's lowest point, what is the total mechanical energy of the system?

**21** M Figure 8.17 shows a pendulum of length $L = 1.25$ m. Its bob (which effectively has all the mass) has speed $v_0$ when the cord makes an angle $\theta_0 = 40.0°$ with the vertical. (a) What is the speed of the bob when it is in its lowest position if $v_0 = 8.00$ m/s? What is the least value that $v_0$ can have if the pendulum is to swing down and then up (b) to a horizontal position, and (c) to a vertical position with the cord remaining straight? (d) Do the answers to (b) and (c) increase, decrease, or remain the same if $\theta_0$ is increased by a few degrees?

**22** M FCP A 60 kg skier starts from rest at height $H = 20$ m above the end of a ski-jump ramp (Fig. 8.20) and leaves the ramp at angle $\theta = 28°$. Neglect the effects of air resistance and assume the ramp is frictionless. (a) What is the maximum height $h$ of his jump above the end of the ramp? (b) If he increased his weight by putting on a backpack, would $h$ then be greater, less, or the same?
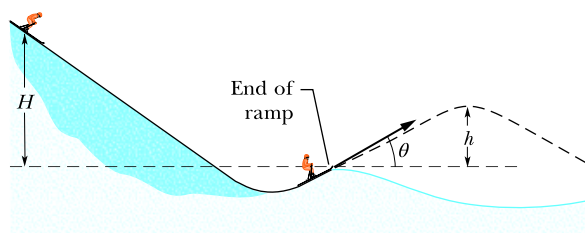


**Figure 8.20** Problem 22.

**23** M The string in Fig. 8.21 is $L = 120$ cm long, has a ball attached to one end, and is fixed at its other end. The distance $d$ from the fixed end to a fixed peg at point $P$ is 75.0 cm. When the initially stationary ball is released with the string horizontal as shown, it will swing along the dashed arc. What is its
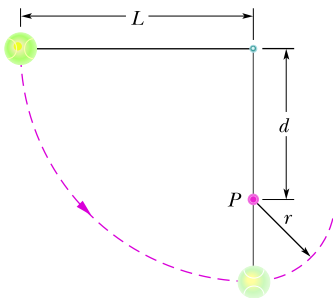


**Figure 8.21** Problems 23 and 70.

speed when it reaches (a) its lowest point and (b) its highest point after the string catches on the peg?

**24** M A block of mass $m = 2.0$ kg is dropped from height $h = 40$ cm onto a spring of spring constant $k = 1960$ N/m (Fig. 8.22). Find the maximum distance the spring is compressed.

**25** M At $t = 0$ a 1.0 kg ball is thrown from a tall tower with $\vec{v} = (18$ m/s$)\hat{i} + (24$ m/s$)\hat{j}$. What is $\Delta U$ of the ball–Earth system between $t = 0$ and $t = 6.0$ s (still free fall)?

**26** M A conservative force $\vec{F} = (6.0x - 12)\hat{i}$ N, where $x$ is in meters, acts on a particle moving along an $x$ axis. The potential energy $U$ associated with this force is assigned a value of 27 J at $x = 0$. (a) Write an expression for $U$ as a function of $x$, with $U$ in joules and $x$ in meters. (b) What is the maximum positive potential energy? At what (c) negative value and (d) positive value of $x$ is the potential energy equal to zero?

**27** M Tarzan, who weighs 688 N, swings from a cliff at the end of a vine 18 m long (Fig. 8.23). From the top of the cliff to the bottom of the swing, he descends by 3.2 m. The vine will break if the force on it exceeds 950 N. (a) Does the vine break? (b) If no, what is the greatest force on it during the swing? If yes, at what angle with the vertical does it break?

**28** M Figure 8.24a applies to the spring in a cork gun (Fig. 8.24b); it shows the spring force as a function of the stretch or compression of the spring. The spring is compressed by 5.5 cm and used to propel a 3.8 g cork from the gun. (a) What is the speed of the cork if it is released as the spring passes through its relaxed position? (b) Suppose, instead, that the cork sticks to the spring and stretches it 1.5 cm before separation occurs. What now is the speed of the cork at the time of release?
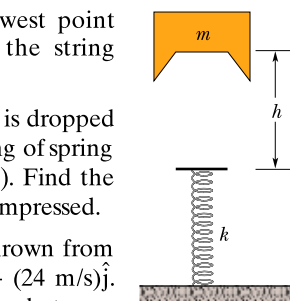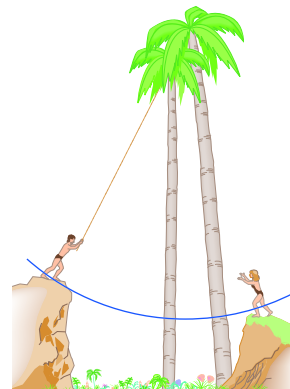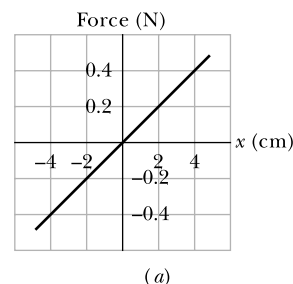
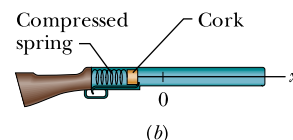**29** M SSM In Fig. 8.25, a block of mass $m = 12$ kg is released from rest on a frictionless incline of angle $\theta = 30°$. Below the block is a spring that can be compressed 2.0 cm by a force of 270 N. The block momentarily stops when it compresses the spring by 5.5 cm. (a) How far does the block move down the incline from its rest position to this stopping
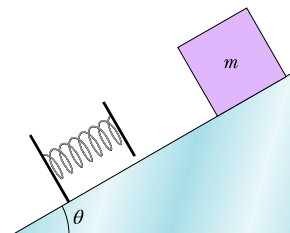


**Figure 8.22**
Problem 24.



**Figure 8.23** Problem 27.



(a)



(b)

**Figure 8.24** Problem 28.



**Figure 8.25** Problems 29 and 35.

point? (b) What is the speed of the block just as it touches the spring?

**30** M GO   A 2.0 kg breadbox on a frictionless incline of angle $\theta = 40°$ is connected, by a cord that runs over a pulley, to a light spring of spring constant $k = 120$ N/m, as shown in Fig. 8.26. The box is released from rest when the spring is unstretched. Assume that the pulley is massless and frictionless. (a) What is the speed of the box when it has moved 10 cm down the incline? (b) How far down the incline from its point of release does the box slide before momentarily stopping, and what are the (c) magnitude and (d) direction (up or down the incline) of the box's acceleration at the instant the box momentarily stops?



**Figure 8.26** Problem 30.

**31** M   A block with mass $m = 2.00$ kg is placed against a spring on a frictionless incline with angle $\theta = 30.0°$ (Fig. 8.27). (The block is not attached to the spring.) The spring, with spring constant $k = 19.6$ N/cm, is compressed 20.0 cm and then released. (a) What is the elastic potential energy of the compressed spring? (b) What is the change in the gravitational potential energy of the block–Earth system as the block moves from the release point to its highest point on the incline? (c) How far along the incline is the highest point from the release point?
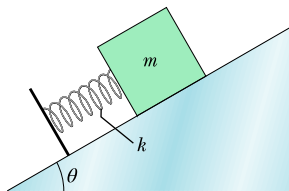


**Figure 8.27** Problem 31.

**32** M CALC   In Fig. 8.28, a chain is held on a frictionless table with one-fourth of its length hanging over the edge. If the chain has length $L = 28$ cm and mass $m = 0.012$ kg, how much work is required to pull the hanging part back onto the table?
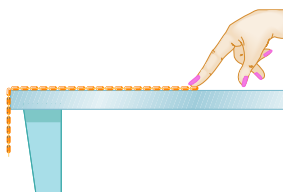


**Figure 8.28** Problem 32.

**33** H GO   In Fig. 8.29, a spring with $k = 170$ N/m is at the top of a frictionless incline of angle $\theta = 37.0°$. The lower end of the incline is distance $D = 1.00$ m from the end of the spring, which is at its relaxed length. A 2.00 kg canister is pushed against the spring until the spring is compressed 0.200 m and released from rest. (a) What is the speed of the canister at the instant the spring returns to its relaxed length (which is when the canister loses contact with the spring)? (b) What is the speed of the canister when it reaches the lower end of the incline?
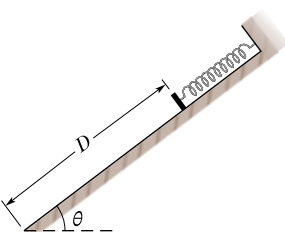


**Figure 8.29** Problem 33.

**34** H GO   A boy is initially seated on the top of a hemispherical ice mound of radius $R = 13.8$ m. He begins to slide down the ice, with a negligible initial speed (Fig. 8.30). Approximate the ice as being frictionless. At what height does the boy lose contact with the ice?
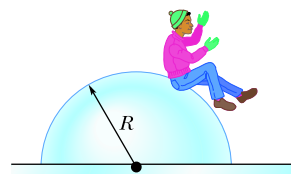


**Figure 8.30** Problem 34.

**35** H GO   In Fig. 8.25, a block of mass $m = 3.20$ kg slides from rest a distance $d$ down a frictionless incline at angle $\theta = 30.0°$ where it runs into a spring of spring constant 431 N/m. When the block momentarily stops, it has compressed the spring by 21.0 cm. What are (a) distance $d$ and (b) the distance between the point of the first block–spring contact and the point where the block's speed is greatest?

**36** H GO   Two children are playing a game in which they try to hit a small box on the floor with a marble fired from a spring-loaded gun that is mounted on a table. The target box is horizontal distance $D = 2.20$ m from the edge of the table; see Fig. 8.31. Bobby compresses the spring 1.10 cm, but the center of the marble falls 27.0 cm short of the center of the box. How far should Rhoda compress the spring to score a direct hit? Assume that neither the spring nor the ball encounters friction in the gun.
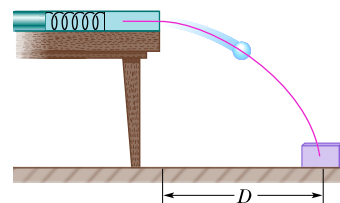


**Figure 8.31** Problem 36.

**37** H CALC   A uniform cord of length 25 cm and mass 15 g is initially stuck to a ceiling. Later, it hangs vertically from the ceiling with only one end still stuck. What is the change in the gravitational potential energy of the cord with this change in orientation? (*Hint:* Consider a differential slice of the cord and then use integral calculus.)

### Module 8.3   Reading a Potential Energy Curve

**38** M   Figure 8.32 shows a plot of potential energy $U$ versus position $x$ of a 0.200 kg particle that can travel only along an $x$ axis under the influence of a conservative force. The graph has these values: $U_A = 9.00$ J, $U_C = 20.00$ J, and $U_D = 24.00$ J. The particle is released at the point where $U$ forms a "potential hill" of "height" $U_B = 12.00$ J, with kinetic energy 4.00 J. What is the speed of the particle at (a) $x = 3.5$ m and (b) $x = 6.5$ m? What is the position of the turning point on (c) the right side and (d) the left side?
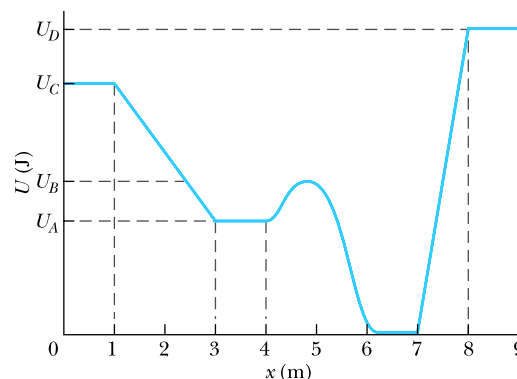


**Figure 8.32** Problem 38.

**39** M GO Figure 8.33 shows a plot of potential energy $U$ versus position $x$ of a 0.90 kg particle that can travel only along an $x$ axis. (Nonconservative forces are not involved.) Three values are $U_A = 15.0$ J, $U_B = 35.0$ J, and $U_C = 45.0$ J. The particle is released at $x = 4.5$ m with an initial
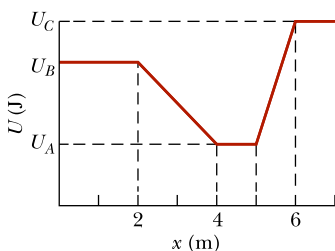


**Figure 8.33** Problem 39.

speed of 7.0 m/s, headed in the negative $x$ direction. (a) If the particle can reach $x = 1.0$ m, what is its speed there, and if it cannot, what is its turning point? What are the (b) magnitude and (c) direction of the force on the particle as it begins to move to the left of $x = 4.0$ m? Suppose, instead, the particle is headed in the positive $x$ direction when it is released at $x = 4.5$ m at speed 7.0 m/s. (d) If the particle can reach $x = 7.0$ m, what is its speed there, and if it cannot, what is its turning point? What are the (e) magnitude and (f) direction of the force on the particle as it begins to move to the right of $x = 5.0$ m?

**40** M CALC The potential energy of a diatomic molecule (a two-atom system like $H_2$ or $O_2$) is given by

$$U = \frac{A}{r^{12}} - \frac{B}{r^6},$$

where $r$ is the separation of the two atoms of the molecule and $A$ and $B$ are positive constants. This potential energy is associated with the force that binds the two atoms together. (a) Find the *equilibrium separation*—that is, the distance between the atoms at which the force on each atom is zero. Is the force repulsive (the atoms are pushed apart) or attractive (they are pulled together) if their separation is (b) smaller and (c) larger than the equilibrium separation?

**41** H CALC A single conservative force $F(x)$ acts on a 1.0 kg particle that moves along an $x$ axis. The potential energy $U(x)$ associated with $F(x)$ is given by

$$U(x) = -4xe^{-x/4} \text{ J},$$

where $x$ is in meters. At $x = 5.0$ m the particle has a kinetic energy of 2.0 J. (a) What is the mechanical energy of the system? (b) Make a plot of $U(x)$ as a function of $x$ for $0 \le x \le 10$ m, and on the same graph draw the line that represents the mechanical energy of the system. Use part (b) to determine (c) the least value of $x$ the particle can reach and (d) the greatest value of $x$ the particle can reach. Use part (b) to determine (e) the maximum kinetic energy of the particle and (f) the value of $x$ at which it occurs. (g) Determine an expression in newtons and meters for $F(x)$ as a function of $x$. (h) For what (finite) value of $x$ does $F(x) = 0$?

### Module 8.4  Work Done on a System by an External Force

**42** E A worker pushed a 27 kg block 9.2 m along a level floor at constant speed with a force directed 32° below the horizontal. If the coefficient of kinetic friction between block and floor was 0.20, what were (a) the work done by the worker's force and (b) the increase in thermal energy of the block–floor system?

**43** E A collie drags its bed box across a floor by applying a horizontal force of 8.0 N. The kinetic frictional force acting on the box

has magnitude 5.0 N. As the box is dragged through 0.70 m along the way, what are (a) the work done by the collie's applied force and (b) the increase in thermal energy of the bed and floor?

**44** M A horizontal force of magnitude 35.0 N pushes a block of mass 4.00 kg across a floor where the coefficient of kinetic friction is 0.600. (a) How much work is done by that applied force on the block–floor system when the block slides through a displacement of 3.00 m across the floor? (b) During that displacement, the thermal energy of the block increases by 40.0 J. What is the increase in thermal energy of the floor? (c) What is the increase in the kinetic energy of the block?

**45** M SSM A rope is used to pull a 3.57 kg block at constant speed 4.06 m along a horizontal floor. The force on the block from the rope is 7.68 N and directed 15.0° above the horizontal. What are (a) the work done by the rope's force, (b) the increase in thermal energy of the block–floor system, and (c) the coefficient of kinetic friction between the block and floor?

### Module 8.5  Conservation of Energy

**46** E An outfielder throws a baseball with an initial speed of 81.8 mi/h. Just before an infielder catches the ball at the same level, the ball's speed is 110 ft/s. In foot-pounds, by how much is the mechanical energy of the ball–Earth system reduced because of air drag? (The weight of a baseball is 9.0 oz.)

**47** E A 75 g Frisbee is thrown from a point 1.1 m above the ground with a speed of 12 m/s. When it has reached a height of 2.1 m, its speed is 10.5 m/s. What was the reduction in $E_{\text{mec}}$ of the Frisbee–Earth system because of air drag?

**48** E In Fig. 8.34, a block slides down an incline. As it moves from point $A$ to point $B$, which are 5.0 m apart, force $\vec{F}$ acts on the block, with magnitude 2.0 N and directed down the incline. The magnitude of the frictional force acting on the block is 10 N. If the kinetic



**Figure 8.34** Problems 48 and 71.

energy of the block increases by 35 J between $A$ and $B$, how much work is done on the block by the gravitational force as the block moves from $A$ to $B$?
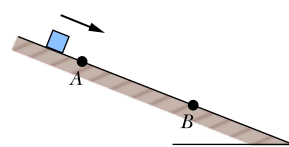
**49** E SSM A 25 kg bear slides, from rest, 12 m down a lodge-pole pine tree, moving with a speed of 5.6 m/s just before hitting the ground. (a) What change occurs in the gravitational potential energy of the bear–Earth system during the slide? (b) What is the kinetic energy of the bear just before hitting the ground? (c) What is the average frictional force that acts on the sliding bear?

**50** E FCP A 60 kg skier leaves the end of a ski-jump ramp with a velocity of 24 m/s directed 25° above the horizontal. Suppose that as a result of air drag the skier returns to the ground with a speed of 22 m/s, landing 14 m vertically below the end of the ramp. From the launch to the return to the ground, by how much is the mechanical energy of the skier–Earth system reduced because of air drag?

**51** E During a rockslide, a 520 kg rock slides from rest down a hillside that is 500 m long and 300 m high. The coefficient of kinetic friction between the rock and the hill surface is 0.25. (a) If the gravitational potential energy $U$ of the rock–Earth system is zero at the bottom of the hill, what is the value of $U$ just before

the slide? (b) How much energy is transferred to thermal energy during the slide? (c) What is the kinetic energy of the rock as it reaches the bottom of the hill? (d) What is its speed then?

**52** **M** A large fake cookie sliding on a horizontal surface is attached to one end of a horizontal spring with spring constant $k = 400$ N/m; the other end of the spring is fixed in place. The cookie has a kinetic energy of 20.0 J as it passes through the spring's equilibrium position. As the cookie slides, a frictional force of magnitude 10.0 N acts on it. (a) How far will the cookie slide from the equilibrium position before coming momentarily to rest? (b) What will be the kinetic energy of the cookie as it slides back through the equilibrium position?

**53** **M** **GO** In Fig. 8.35, a 3.5 kg block is accelerated from rest by a compressed spring of spring constant 640 N/m. The block leaves the spring at the spring's relaxed length and then travels over a horizon-



**Figure 8.35** Problem 53.

tal floor with a coefficient of kinetic friction $\mu_k = 0.25$. The frictional force stops the block in distance $D = 7.8$ m. What are (a) the increase in the thermal energy of the block–floor system, (b) the maximum kinetic energy of the block, and (c) the original compression distance of the spring?
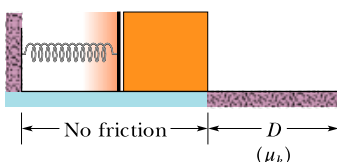
**54** **M** A child whose weight is 267 N slides down a 6.1 m playground slide that makes an angle of 20° with the horizontal. The coefficient of kinetic friction between slide and child is 0.10. (a) How much energy is transferred to thermal energy? (b) If she starts at the top with a speed of 0.457 m/s, what is her speed at the bottom?

**55** **M** In Fig. 8.36, a block of mass $m = 2.5$ kg slides head on into a spring of spring constant $k = 320$ N/m. When the block stops, it has compressed the spring by 7.5 cm. The coefficient of kinetic friction between



**Figure 8.36** Problem 55.

block and floor is 0.25. While the block is in contact with the spring and being brought to rest, what are (a) the work done by the spring force and (b) the increase in thermal energy of the block–floor system? (c) What is the block's speed just as it reaches the spring?
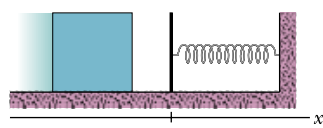
**56** **M** You push a 2.0 kg block against a horizontal spring, compressing the spring by 15 cm. Then you release the block, and the spring sends it sliding across a tabletop. It stops 75 cm from where you released it. The spring constant is 200 N/m. What is the block–table coefficient of kinetic friction?

**57** **M** **GO** In Fig. 8.37, a block slides along a track from one level to a higher level after passing through an intermediate valley. The track is frictionless until the block reaches the higher level. There a frictional force stops the block in a distance $d$. The block's initial speed $v_0$ is 6.0 m/s, the height difference $h$ is 1.1 m, and $\mu_k$ is 0.60. Find $d$.
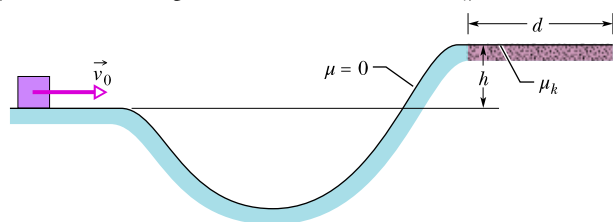


**Figure 8.37** Problem 57.

**58** **M** A cookie jar is moving up a 40° incline. At a point 55 cm from the bottom of the incline (measured along the incline), the jar has a speed of 1.4 m/s. The coefficient of kinetic friction between jar and incline is 0.15. (a) How much farther up the incline will the jar move? (b) How fast will it be going when it has slid back to the bottom of the incline? (c) Do the answers to (a) and (b) increase, decrease, or remain the same if we decrease the coefficient of kinetic friction (but do not change the given speed or location)?

**59** **M** A stone with a weight of 5.29 N is launched vertically from ground level with an initial speed of 20.0 m/s, and the air drag on it is 0.265 N throughout the flight. What are (a) the maximum height reached by the stone and (b) its speed just before it hits the ground?

**60** **M** A 4.0 kg bundle starts up a 30° incline with 128 J of kinetic energy. How far will it slide up the incline if the coefficient of kinetic friction between bundle and incline is 0.30?

**61** **M** **BIO** **FCP** When a click beetle is upside down on its back, it jumps upward by suddenly arching its back, transferring energy stored in a muscle to mechanical energy. The launch produces an audible click, giving the beetle its name. Videotape of a certain click-beetle jump shows that a beetle of mass $m = 4.0 \times 10^{-6}$ kg moved directly upward by 0.77 mm during the launch and then to a maximum height of $h = 0.30$ m. During the launch, what are the average magnitudes of (a) the external force on the beetle's back from the floor and (b) the acceleration of the beetle in terms of $g$?

**62** **H** **GO** In Fig. 8.38, a block slides along a path that is without friction until the block reaches the section of length $L = 0.75$ m, which begins at height $h = 2.0$ m on a ramp of angle $\theta = 30°$. In that section, the coefficient of kinetic friction is 0.40. The block passes through point $A$ with a speed of 8.0 m/s. If the block can reach point $B$ (where the friction ends), what is its speed there, and if it cannot, what is its greatest height above $A$?
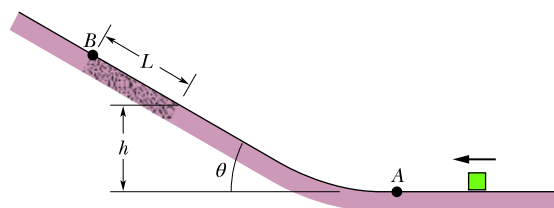


**Figure 8.38** Problem 62.

**63** **H** The cable of the 1800 kg elevator cab in Fig. 8.39 snaps when the cab is at rest at the first floor, where the cab bottom is a distance $d = 3.7$ m above a spring of spring constant $k = 0.15$ MN/m. A safety device clamps the cab against guide rails so that a constant frictional force of 4.4 kN opposes the cab's motion. (a) Find the speed of the cab just before it hits the spring. (b) Find the maximum distance $x$ that the spring is compressed (the frictional force still acts during this compression). (c) Find the distance that the cab will bounce back up the shaft. (d) Using conservation of energy, find the approximate total distance that the cab will move before coming to rest. (Assume that the frictional force on the cab is negligible when the cab is stationary.)
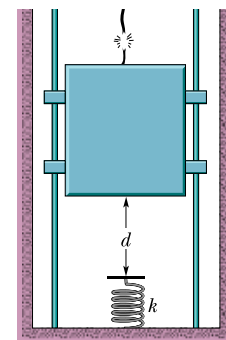


**Figure 8.39**
Problem 63.

**64** H GO In Fig. 8.40, a block is released from rest at height $d = 40$ cm and slides down a frictionless ramp and onto a first plateau, which has length $d$ and where the coefficient of kinetic friction is 0.50. If the block is still moving, it then slides down a second frictionless ramp through height $d/2$ and onto a lower plateau, which has length $d/2$ and where the coefficient of kinetic friction is again 0.50. If the block is still moving, it then slides up a frictionless ramp until it (momentarily) stops. Where does the block stop? If its final stop is on a plateau, state which one and give the distance $L$ from the left edge of that plateau. If the block reaches the ramp, give the height $H$ above the lower plateau where it momentarily stops.
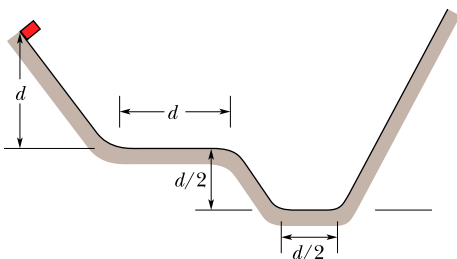


**Figure 8.40** Problem 64.

**65** H GO A particle can slide along a track with elevated ends and a flat central part, as shown in Fig. 8.41. The flat part has length $L = 40$ cm. The curved portions of the track are frictionless, but for the flat part the coefficient of kinetic friction is $\mu_k = 0.20$. The particle is released from rest at point $A$, which is at height $h = L/2$. How far from the left edge of the flat part does the particle finally stop?
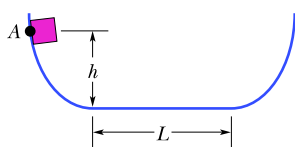


**Figure 8.41** Problem 65.

### Additional Problems

**66** A 3.2 kg sloth hangs 3.0 m above the ground. (a) What is the gravitational potential energy of the sloth–Earth system if we take the reference point $y = 0$ to be at the ground? If the sloth drops to the ground and air drag on it is assumed to be negligible, what are the (b) kinetic energy and (c) speed of the sloth just before it reaches the ground?

**67** SSM A spring ($k = 200$ N/m) is fixed at the top of a frictionless plane inclined at angle $\theta = 40°$ (Fig. 8.42). A 1.0 kg block is projected up the plane, from an initial position that is distance $d = 0.60$ m from the end of the relaxed spring, with an initial kinetic energy of 16 J. (a) What is the kinetic energy of the block at the instant it has compressed the spring 0.20 m? (b) With what kinetic energy must the block be projected up the plane if it is to stop momentarily when it has compressed the spring by 0.40 m?
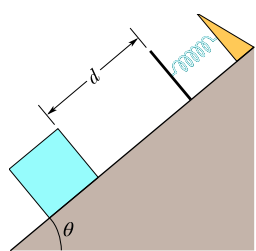


**Figure 8.42** Problem 67.

**68** From the edge of a cliff, a 0.55 kg projectile is launched with an initial kinetic energy of 1550 J. The projectile's maximum upward displacement from the launch point is +140 m. What are the (a) horizontal and (b) vertical components of its launch velocity? (c) At the instant the vertical component of its velocity is 65 m/s, what is its vertical displacement from the launch point?

**69** SSM In Fig. 8.43, the pulley has negligible mass, and both it and the inclined plane are frictionless. Block $A$ has a mass of 1.0 kg, block $B$ has a mass of 2.0 kg, and angle $\theta$ is 30°. If the blocks are released from rest with the connecting cord taut, what is their total kinetic energy when block $B$ has fallen 25 cm?
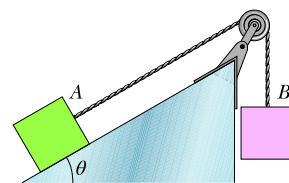


**Figure 8.43** Problem 69.

**70** GO In Fig. 8.21, the string is $L = 120$ cm long, has a ball attached to one end, and is fixed at its other end. A fixed peg is at point $P$. Released from rest, the ball swings down until the string catches on the peg; then the ball swings up, around the peg. If the ball is to swing completely around the peg, what value must distance $d$ exceed? (*Hint:* The ball must still be moving at the top of its swing. Do you see why?)

**71** SSM In Fig. 8.34, a block is sent sliding down a frictionless ramp. Its speeds at points $A$ and $B$ are 2.00 m/s and 2.60 m/s, respectively. Next, it is again sent sliding down the ramp, but this time its speed at point $A$ is 4.00 m/s. What then is its speed at point $B$?

**72** Two snowy peaks are at heights $H = 850$ m and $h = 750$ m above the valley between them. A ski run extends between the peaks, with a total length of 3.2 km and an average slope of $\theta = 30°$ (Fig. 8.44). (a) A skier starts from rest at the top of the higher peak. At what speed will he arrive at the top of the lower peak if he coasts without using ski poles? Ignore friction. (b) Approximately what coefficient of kinetic friction between snow and skis would make him stop just at the top of the lower peak?
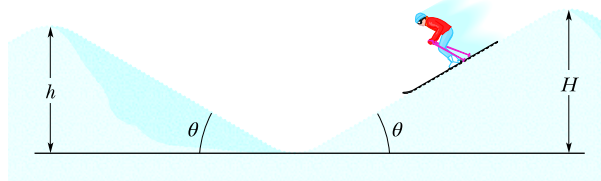


**Figure 8.44** Problem 72.

**73** SSM The temperature of a plastic cube is monitored while the cube is pushed 3.0 m across a floor at constant speed by a horizontal force of 15 N. The thermal energy of the cube increases by 20 J. What is the increase in the thermal energy of the floor along which the cube slides?

**74** A skier weighing 600 N goes over a frictionless circular hill of radius $R = 20$ m (Fig. 8.45). Assume that the effects of air resistance on the skier are negligible. As she comes up the hill, her speed is 8.0 m/s at point $B$, at angle $\theta = 20°$. (a) What is her speed at the hilltop (point $A$) if she coasts without using her poles? (b) What minimum speed can she have at $B$ and still coast to the hilltop? (c) Do the answers to these two questions increase, decrease, or remain the same if the skier weighs 700 N instead of 600 N?
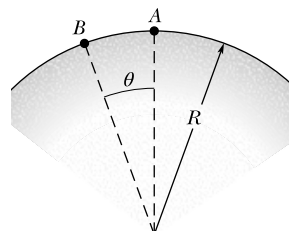


**Figure 8.45** Problem 74.

**75** SSM To form a pendulum, a 0.092 kg ball is attached to one end of a rod of length 0.62 m and negligible mass, and the other end of the rod is mounted on a pivot. The rod is rotated until it is straight up, and then it is released from rest so that it swings down around the pivot. When the ball reaches its lowest point, what are (a) its speed and (b) the tension in the rod? Next, the rod is rotated until it is horizontal, and then it is again released from rest. (c) At what angle from the vertical does the tension in the rod equal the weight of the ball? (d) If the mass of the ball is increased, does the answer to (c) increase, decrease, or remain the same?

**76** We move a particle along an $x$ axis, first outward from $x = 1.0$ m to $x = 4.0$ m and then back to $x = 1.0$ m, while an external force acts on it. That force is directed along the $x$ axis, and its $x$ component can have different values for the outward trip and for the return trip. Here are the values (in newtons) for four situations, where $x$ is in meters:

| Outward | Inward |
|---------|--------|
| (a) +3.0 | −3.0 |
| (b) +5.0 | +5.0 |
| (c) +2.0$x$ | −2.0$x$ |
| (d) +3.0$x^2$ | +3.0$x^2$ |

Find the net work done on the particle by the external force *for the round trip* for each of the four situations. (e) For which, if any, is the external force conservative?

**77** CALC SSM A conservative force $F(x)$ acts on a 2.0 kg particle that moves along an $x$ axis. The potential energy $U(x)$ associated with $F(x)$ is graphed in Fig. 8.46. When the particle is at $x = 2.0$ m, its velocity is −1.5 m/s. What are the (a) magnitude and (b) direction of $F(x)$ at this position? Between what positions on the (c) left and (d) right does the particle move? (e) What is the particle's speed at $x = 7.0$ m?
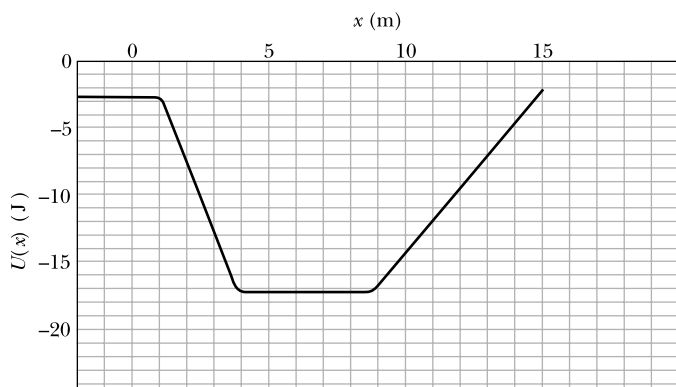


**Figure 8.46** Problem 77.

**78** At a certain factory, 300 kg crates are dropped vertically from a packing machine onto a conveyor belt moving at 1.20 m/s (Fig. 8.47). (A motor maintains the belt's constant speed.) The coefficient of kinetic friction between the belt and each crate
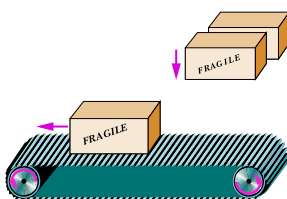


**Figure 8.47** Problem 78.

is 0.400. After a short time, slipping between the belt and the crate ceases, and the crate then moves along with the belt. For the period of time during which the crate is being brought to rest relative to the belt, calculate, for a coordinate system at rest in the factory, (a) the kinetic energy supplied to the crate, (b) the magnitude of the kinetic frictional force acting on the crate, and (c) the energy supplied by the motor. (d) Explain why answers (a) and (c) differ.

**79** SSM A 1500 kg car begins sliding down a 5.0° inclined road with a speed of 30 km/h. The engine is turned off, and the only forces acting on the car are a net frictional force from the road and the gravitational force. After the car has traveled 50 m along the road, its speed is 40 km/h. (a) How much is the mechanical energy of the car reduced because of the net frictional force? (b) What is the magnitude of that net frictional force?

**80** In Fig. 8.48, a 1400 kg block of granite is pulled up an incline at a constant speed of 1.34 m/s by a cable and winch. The indicated distances are $d_1 = 40$ m and $d_2 = 30$ m. The coefficient of kinetic friction between the block and the incline is 0.40. What is the power due to the force applied to the block by the cable?
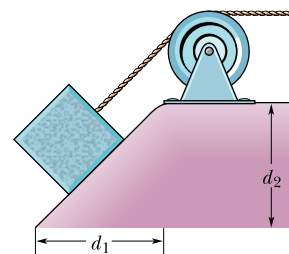


**Figure 8.48** Problem 80.

**81** A particle can move along only an $x$ axis, where conservative forces act on it (Fig. 8.49 and the following table). The particle is released at $x = 5.00$ m with a kinetic energy of $K = 14.0$ J and a potential energy of $U = 0$. If its motion is in the negative direction of the $x$ axis, what are its (a) $K$ and (b) $U$ at $x = 2.00$ m and its (c) $K$ and (d) $U$ at $x = 0$? If its motion is in the positive direction of the $x$ axis, what are its (e) $K$ and (f) $U$ at $x = 11.0$ m, its (g) $K$ and (h) $U$ at $x = 12.0$ m, and its (i) $K$ and (j) $U$ at $x = 13.0$ m? (k) Plot $U(x)$ versus $x$ for the range $x = 0$ to $x = 13.0$ m.



**Figure 8.49** Problems 81 and 82.

Next, the particle is released from rest at $x = 0$. What are (l) its kinetic energy at $x = 5.0$ m and (m) the maximum positive position $x_{max}$ it reaches? (n) What does the particle do after it reaches $x_{max}$?

| Range | Force |
|-------|-------|
| 0 to 2.00 m | $\vec{F_1} = +(3.00 \text{ N})\hat{i}$ |
| 2.00 m to 3.00 m | $\vec{F_2} = +(5.00 \text{ N})\hat{i}$ |
| 3.00 m to 8.00 m | $F = 0$ |
| 8.00 m to 11.0 m | $\vec{F_3} = -(4.00 \text{ N})\hat{i}$ |
| 11.0 m to 12.0 m | $\vec{F_4} = -(1.00 \text{ N})\hat{i}$ |
| 12.0 m to 15.0 m | $F = 0$ |

**82** For the arrangement of forces in Problem 81, a 2.00 kg particle is released at $x = 5.00$ m with an initial velocity of 3.45 m/s in the negative direction of the $x$ axis. (a) If the particle can reach $x = 0$ m, what is its speed there, and if it cannot, what is its turning point? Suppose, instead, the particle is headed in the positive $x$ direction when it is released at $x = 5.00$ m at speed 3.45 m/s. (b) If the particle can reach $x = 13.0$ m, what is its speed there, and if it cannot, what is its turning point?

**83** SSM A 15 kg block is accelerated at 2.0 m/s² along a horizontal frictionless surface, with the speed increasing from 10 m/s to 30 m/s. What are (a) the change in the block's mechanical energy and (b) the average rate at which energy is transferred to the block? What is the instantaneous rate of that transfer when the block's speed is (c) 10 m/s and (d) 30 m/s?

**84** CALC A certain spring is found *not* to conform to Hooke's law. The force (in newtons) it exerts when stretched a distance $x$ (in meters) is found to have magnitude $52.8x + 38.4x^2$ in the direction opposing the stretch. (a) Compute the work required to stretch the spring from $x = 0.500$ m to $x = 1.00$ m. (b) With one end of the spring fixed, a particle of mass 2.17 kg is attached to the other end of the spring when it is stretched by an amount $x = 1.00$ m. If the particle is then released from rest, what is its speed at the instant the stretch in the spring is $x = 0.500$ m? (c) Is the force exerted by the spring conservative or nonconservative? Explain.

**85** SSM Each second, 1200 m³ of water passes over a waterfall 100 m high. Three-fourths of the kinetic energy gained by the water in falling is transferred to electrical energy by a hydroelectric generator. At what rate does the generator produce electrical energy? (The mass of 1 m³ of water is 1000 kg.)

**86** GO In Fig. 8.50, a small block is sent through point $A$ with a speed of 7.0 m/s. Its path is without friction until it reaches the section of length $L = 12$ m, where the coefficient of kinetic friction is 0.70. The indicated heights are $h_1 = 6.0$ m and $h_2 = 2.0$ m. What are the speeds of the block at (a) point $B$ and (b) point $C$? (c) Does the block reach point $D$? If so, what is its speed there; if not, how far through the section of friction does it travel?
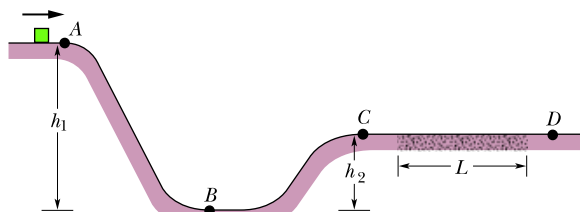


**Figure 8.50** Problem 86.

**87** SSM A massless rigid rod of length $L$ has a ball of mass $m$ attached to one end (Fig. 8.51). The other end is pivoted in such a way that the ball will move in a vertical circle. First, assume that there is no friction at the pivot. The system is launched downward from the horizontal position $A$ with initial speed $v_0$. The ball just barely reaches point $D$ and then stops. (a) Derive an
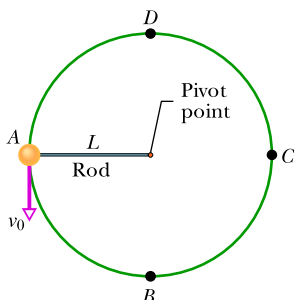


**Figure 8.51** Problem 87.

expression for $v_0$ in terms of $L$, $m$, and $g$. (b) What is the tension in the rod when the ball passes through $B$? (c) A little grit is placed on the pivot to increase the friction there. Then the ball just barely reaches $C$ when launched from $A$ with the same speed as before. What is the decrease in the mechanical energy during this motion? (d) What is the decrease in the mechanical energy by the time the ball finally comes to rest at $B$ after several oscillations?

**88** A 1.50 kg water balloon is shot straight up with an initial speed of 3.00 m/s. (a) What is the kinetic energy of the balloon just as it is launched? (b) How much work does the gravitational force do on the balloon during the balloon's full ascent? (c) What is the change in the gravitational potential energy of the balloon–Earth system during the full ascent? (d) If the gravitational potential energy is taken to be zero at the launch point, what is its value when the balloon reaches its maximum height? (e) If, instead, the gravitational potential energy is taken to be zero at the maximum height, what is its value at the launch point? (f) What is the maximum height?

**89** A 2.50 kg beverage can is thrown directly downward from a height of 4.00 m, with an initial speed of 3.00 m/s. The air drag on the can is negligible. What is the kinetic energy of the can (a) as it reaches the ground at the end of its fall and (b) when it is halfway to the ground? What are (c) the kinetic energy of the can and (d) the gravitational potential energy of the can–Earth system 0.200 s before the can reaches the ground? For the latter, take the reference point $y = 0$ to be at the ground.

**90** A constant horizontal force moves a 50 kg trunk 6.0 m up a 30° incline at constant speed. The coefficient of kinetic friction is 0.20. What are (a) the work done by the applied force and (b) the increase in the thermal energy of the trunk and incline?

**91** GO Two blocks, of masses $M = 2.0$ kg and $2M$, are connected to a spring of spring constant $k = 200$ N/m that has one end fixed, as shown in Fig. 8.52. The horizontal surface and the pulley are frictionless, and the pulley has negligible mass. The blocks are released from rest with the spring relaxed. (a) What is the combined kinetic energy of the two blocks when the hanging block has fallen 0.090 m? (b) What is the kinetic energy of the hanging block when it has fallen that 0.090 m? (c) What maximum distance does the hanging block fall before momentarily stopping?
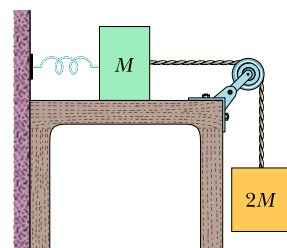


**Figure 8.52** Problem 91.

**92** A volcanic ash flow is moving across horizontal ground when it encounters a 10° upslope. The front of the flow then travels 920 m up the slope before stopping. Assume that the gases entrapped in the flow lift the flow and thus make the frictional force from the ground negligible; assume also that the mechanical energy of the front of the flow is conserved. What was the initial speed of the front of the flow?

**93** A playground slide is in the form of an arc of a circle that has a radius of 12 m. The maximum height of the slide is $h = 4.0$ m, and the ground is tangent to the circle (Fig. 8.53). A 25 kg child starts from rest at the top of the slide and has a speed of 6.2 m/s at the bottom. (a) What is the length of the slide? (b) What average frictional force acts on the child over this distance? If,

instead of the ground, a vertical line through the *top of the slide* is tangent to the circle, what are (c) the length of the slide and (d) the average frictional force on the child?
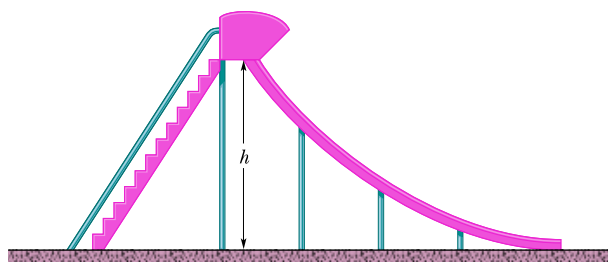


**Figure 8.53** Problem 93.

**94** The luxury liner *Queen Elizabeth 2* has a diesel-electric power plant with a maximum power of 92 MW at a cruising speed of 32.5 knots. What forward force is exerted on the ship at this speed? (1 knot = 1.852 km/h.)

**95** A factory worker accidentally releases a 180 kg crate that was being held at rest at the top of a ramp that is 3.7 m long and inclined at 39° to the horizontal. The coefficient of kinetic friction between the crate and the ramp, and between the crate and the horizontal factory floor, is 0.28. (a) How fast is the crate moving as it reaches the bottom of the ramp? (b) How far will it subsequently slide across the floor? (Assume that the crate's kinetic energy does not change as it moves from the ramp onto the floor.) (c) Do the answers to (a) and (b) increase, decrease, or remain the same if we halve the mass of the crate?

**96** If a 70 kg baseball player steals home by sliding into the plate with an initial speed of 10 m/s just as he hits the ground, (a) what is the decrease in the player's kinetic energy and (b) what is the increase in the thermal energy of his body and the ground along which he slides?

**97** A 0.50 kg banana is thrown directly upward with an initial speed of 4.00 m/s and reaches a maximum height of 0.80 m. What change does air drag cause in the mechanical energy of the banana–Earth system during the ascent?

**98** A metal tool is sharpened by being held against the rim of a wheel on a grinding machine by a force of 180 N. The frictional forces between the rim and the tool grind off small pieces of the tool. The wheel has a radius of 20.0 cm and rotates at 2.50 rev/s. The coefficient of kinetic friction between the wheel and the tool is 0.320. At what rate is energy being transferred from the motor driving the wheel to the thermal energy of the wheel and tool and to the kinetic energy of the material thrown from the tool?

**99** **BIO** A swimmer moves through the water at an average speed of 0.22 m/s. The average drag force is 110 N. What average power is required of the swimmer?

**100** An automobile with passengers has weight 16 400 N and is moving at 113 km/h when the driver brakes, sliding to a stop. The frictional force on the wheels from the road has a magnitude of 8230 N. Find the stopping distance.

**101** A 0.63 kg ball thrown directly upward with an initial speed of 14 m/s reaches a maximum height of 8.1 m. What is the change in the mechanical energy of the ball–Earth system during the ascent of the ball to that maximum height?

**102** **BIO** The summit of Mount Everest is 8850 m above sea level. (a) How much energy would a 90 kg climber expend against the gravitational force on him in climbing to the summit from sea level? (b) How many candy bars, at 1.25 MJ per bar, would supply an energy equivalent to this? Your answer should suggest that work done against the gravitational force is a very small part of the energy expended in climbing a mountain.

**103** **BIO** A sprinter who weighs 670 N runs the first 7.0 m of a race in 1.6 s, starting from rest and accelerating uniformly. What are the sprinter's (a) speed and (b) kinetic energy at the end of the 1.6 s? (c) What average power does the sprinter generate during the 1.6 s interval?

**104** **CALC** A 20 kg object is acted on by a conservative force given by $F = -3.0x - 5.0x^2$, with $F$ in newtons and $x$ in meters. Take the potential energy associated with the force to be zero when the object is at $x = 0$. (a) What is the potential energy of the system associated with the force when the object is at $x = 2.0$ m? (b) If the object has a velocity of 4.0 m/s in the negative direction of the $x$ axis when it is at $x = 5.0$ m, what is its speed when it passes through the origin? (c) What are the answers to (a) and (b) if the potential energy of the system is taken to be $-8.0$ J when the object is at $x = 0$?

**105** A machine pulls a 40 kg trunk 2.0 m up a 40° ramp at constant velocity, with the machine's force on the trunk directed parallel to the ramp. The coefficient of kinetic friction between the trunk and the ramp is 0.40. What are (a) the work done on the trunk by the machine's force and (b) the increase in thermal energy of the trunk and the ramp?

**106** The spring in the muzzle of a child's spring gun has a spring constant of 700 N/m. To shoot a ball from the gun, first the spring is compressed and then the ball is placed on it. The gun's trigger then releases the spring, which pushes the ball through the muzzle. The ball leaves the spring just as it leaves the outer end of the muzzle. When the gun is inclined upward by 30° to the horizontal, a 57 g ball is shot to a maximum height of 1.83 m above the gun's muzzle. Assume air drag on the ball is negligible. (a) At what speed does the spring launch the ball? (b) Assuming that friction on the ball within the gun can be neglected, find the spring's initial compression distance.

**107** The only force acting on a particle is conservative force $\vec{F}$. If the particle is at point $A$, the potential energy of the system associated with $\vec{F}$ and the particle is 40 J. If the particle moves from point $A$ to point $B$, the work done on the particle by $\vec{F}$ is +25 J. What is the potential energy of the system with the particle at $B$?

**108** **BIO** In 1981, Daniel Goodwin climbed 443 m up the *exterior* of the Sears Building in Chicago using suction cups and metal clips. (a) Approximate his mass and then compute how much energy he had to transfer from biomechanical (internal) energy to the gravitational potential energy of the Earth–Goodwin system to lift himself to that height. (b) How much energy would he have had to transfer if he had, instead, taken the stairs inside the building (to the same height)?

**109** A 60.0 kg circus performer slides 4.00 m down a pole to the circus floor, starting from rest. What is the kinetic energy of the performer as she reaches the floor if the frictional force on her from the pole (a) is negligible (she will be hurt) and (b) has a magnitude of 500 N?

**110**    A 5.0 kg block is projected at 5.0 m/s up a plane that is inclined at 30° with the horizontal. How far up along the plane does the block go (a) if the plane is frictionless and (b) if the coefficient of kinetic friction between the block and the plane is 0.40? (c) In the latter case, what is the increase in thermal energy of block and plane during the block's ascent? (d) If the block then slides back down against the frictional force, what is the block's speed when it reaches the original projection point?

**111**    A 9.40 kg projectile is fired vertically upward. Air drag decreases the mechanical energy of the projectile–Earth system by 68.0 kJ during the projectile's ascent. How much higher would the projectile have gone were air drag negligible?

**112**    A 70.0 kg man jumping from a window lands in an elevated fire rescue net 11.0 m below the window. He momentarily stops when he has stretched the net by 1.50 m. Assuming that mechanical energy is conserved during this process and that the net functions like an ideal spring, find the elastic potential energy of the net when it is stretched by 1.50 m.

**113**    A 30 g bullet moving a horizontal velocity of 500 m/s comes to a stop 12 cm within a solid wall. (a) What is the change in the bullet's mechanical energy? (b) What is the magnitude of the average force from the wall stopping it?

**114**    A 1500 kg car starts from rest on a horizontal road and gains a speed of 72 km/h in 30 s. (a) What is its kinetic energy at the end of the 30 s? (b) What is the average power required of the car during the 30 s interval? (c) What is the instantaneous power at the end of the 30 s interval, assuming that the acceleration is constant?

**115**    A 1.50 kg snowball is shot upward at an angle of 34.0° to the horizontal with an initial speed of 20.0 m/s. (a) What is its initial kinetic energy? (b) By how much does the gravitational potential energy of the snowball–Earth system change as the snowball moves from the launch point to the point of maximum height? (c) What is that maximum height?

**116 CALC**    A 68 kg sky diver falls at a constant terminal speed of 59 m/s. (a) At what rate is the gravitational potential energy of the Earth–sky diver system being reduced? (b) At what rate is the system's mechanical energy being reduced?

**117**    A 20 kg block on a horizontal surface is attached to a horizontal spring of spring constant $k = 4.0$ kN/m. The block is pulled to the right so that the spring is stretched 10 cm beyond its relaxed length, and the block is then released from rest. The frictional force between the sliding block and the surface has a magnitude of 80 N. (a) What is the kinetic energy of the block when it has moved 2.0 cm from its point of release? (b) What is the kinetic energy of the block when it first slides back through the point at which the spring is relaxed? (c) What is the maximum kinetic energy attained by the block as it slides from its point of release to the point at which the spring is relaxed?

**118**    Resistance to the motion of an automobile consists of road friction, which is almost independent of speed, and air drag, which is proportional to speed-squared. For a certain car with a weight of 12 000 N, the total resistant force $F$ is given by $F = 300 + 1.8v^2$, with $F$ in newtons and $v$ in meters per second. Calculate the power (in horsepower) required to accelerate the car at 0.92 m/s$^2$ when the speed is 80 km/h.

**119 SSM**    A 50 g ball is thrown from a window with an initial velocity of 8.0 m/s at an angle of 30° above the horizontal. Using energy methods, determine (a) the kinetic energy of the ball at the top of its flight and (b) its speed when it is 3.0 m below the window. Does the answer to (b) depend on either (c) the mass of the ball or (d) the initial angle?

**120**    A spring with a spring constant of 3200 N/m is initially stretched until the elastic potential energy of the spring is 1.44 J. ($U = 0$ for the relaxed spring.) What is $\Delta U$ if the initial stretch is changed to (a) a stretch of 2.0 cm, (b) a compression of 2.0 cm, and (c) a compression of 4.0 cm?

**121 CALC**    A locomotive with a power capability of 1.5 MW can accelerate a train from a speed of 10 m/s to 25 m/s in 6.0 min. (a) Calculate the mass of the train. Find (b) the speed of the train and (c) the force accelerating the train as functions of time (in seconds) during the 6.0 min interval. (d) Find the distance moved by the train during the interval.

**122 SSM**    A 0.42 kg shuffleboard disk is initially at rest when a player uses a cue to increase its speed to 4.2 m/s at constant acceleration. The acceleration takes place over a 2.0 m distance, at the end of which the cue loses contact with the disk. Then the disk slides an additional 12 m before stopping. Assume that the shuffleboard court is level and that the force of friction on the disk is constant. What is the increase in the thermal energy of the disk–court system (a) for that additional 12 m and (b) for the entire 14 m distance? (c) How much work is done on the disk by the cue?

**123**    A river descends 15 m through rapids. The speed of the water is 3.2 m/s upon entering the rapids and 13 m/s upon leaving. What percentage of the gravitational potential energy of the water–Earth system is transferred to kinetic energy during the descent? (*Hint:* Consider the descent of, say, 10 kg of water.)

**124 CALC**    The magnitude of the gravitational force between a particle of mass $m_1$ and one of mass $m_2$ is given by

$$F(x) = G\frac{m_1 m_2}{x^2},$$

where $G$ is a constant and $x$ is the distance between the particles. (a) What is the corresponding potential energy function $U(x)$? Assume that $U(x) \to 0$ as $x \to \infty$ and that $x$ is positive. (b) How much work is required to increase the separation of the particles from $x = x_1$ to $x = x_1 + d$?

**125**    Approximately $5.5 \times 10^6$ kg of water falls 50 m over Niagara Falls each second. (a) What is the decrease in the gravitational potential energy of the water–Earth system each second? (b) If all this energy could be converted to electrical energy (it cannot be), at what rate would electrical energy be supplied? (The mass of 1 m$^3$ of water is 1000 kg.) (c) If the electrical energy were sold at 1 cent/kW · h, what would be the yearly income?

**126**    To make a pendulum, a 300 g ball is attached to one end of a string that has a length of 1.4 m and negligible mass. (The other end of the string is fixed.) The ball is pulled to one side until the string makes an angle of 30.0° with the vertical; then (with the string taut) the ball is released from rest. Find (a) the speed of the ball when the string makes an angle of 20.0° with the vertical and (b) the maximum speed of the ball. (c) What is the angle between the string and the vertical when the speed of the ball is one-third its maximum value?

**127** *Bungee-cord jump.* A 61.0 kg bungee-cord jumper is on a bridge 45.0 m above a river. In its relaxed state, the elastic bungee cord has length $L = 25.0$ m. Assume that the cord obeys Hooke's law, with a spring constant of 160 N/m. (a) If the jumper stops before reaching the water, what is the height $h$ of her feet above the water at her lowest point? (b) What is the net force on her at her lowest points (in particular, is it zero)?

**128** *Ball shot into sand.* A steel ball with mass $m = 5.2$ g is fired vertically downward from a height $h_1$ of 18 m with an initial speed $v_0$ of 14 m/s. It buries itself in sand to a depth $h_2$ of 21 cm. (a) What is the change in the mechanical energy of the ball? (b) What is the change in the internal energy of the ball–Earth–sand system? (c) What is the magnitude $F_{avg}$ of the average force on the ball from the sand?

**129** *Block sliding onto a spring.* A block with mass $m = 3.20$ kg starts at rest and slides distance $d$ down a frictionless 30.0° incline, where it runs into a spring (Fig. 8.54). The block slides an additional 21.0 cm before it is brought to rest momentarily by compressing a spring, with spring constant $k = 431$ N/m. (a) What is the value of $d$? (b) What is the distance between the point of first contact and the point where the block's speed is greatest?
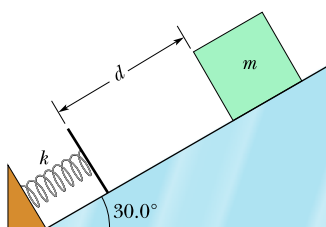


**Figure 8.54** Problem 129.

**130** *Spring gun.* The spring of a spring gun is compressed distance $d = 3.2$ cm from its relaxed state, and a ball of mass $m = 12$ g is put in the barrel. With what speed will the ball leave the barrel once the gun is fired? The spring constant $k$ is 7.5 N/cm. Assume no friction and a horizontal gun barrel.

**131** *Compressing a spring.* A block of mass $m$ of 1.7 kg and moving along a horizontal surface with speed $v$ of 2.3 m/s runs into and compresses a spring with spring constant $k$ of 320 N/m. (a) By what distance $x$ is the spring compressed? (b) By what distance $x$ is the energy equally divided between potential and kinetic energies?

**132** *Redesigning a track.* Figure 8.55 shows a small block that is released on a slope, which then slides through a valley and up onto a plateau and then through a distance $d = 2.50$ m in a certain time $\Delta t_1$. The whole track is frictionless, and the height difference $\Delta h = h_1 - h_2$ between the release point and the plateau is 2.00 m. You want to decrease the time through $d$ by 0.100 s. What should the value of $\Delta h$ then be?
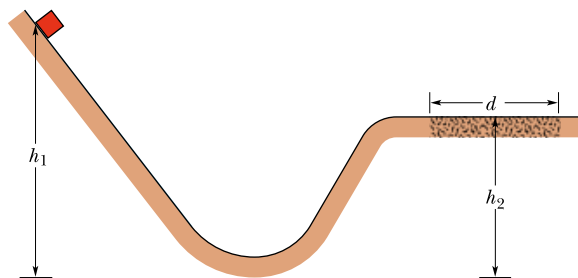


**Figure 8.55** Problem 132.

**133** *Robot retrieval on volcano crater.* Figure 8.56 shows a disabled robot of mass $m = 40$ kg being dragged by a cable up the

30° inclined wall inside a volcano crater. The applied force $\vec{F}$ exerted on the robot by the cable has a magnitude of 380 N. The kinetic frictional force $\vec{f}_k$ acting on the robot has a magnitude of 140 N. The robot moves through a displacement $\vec{d}$ of magnitude 0.50 m along the crater wall. (a) How much of the mechanical energy of the robot–Earth system is dissipated by the kinetic frictional force $\vec{f}_k$ during the displacement? (b) What is the work $W_g$ done on the robot by its weight during the displacement? (c) What is the work $W_{app}$ done by the applied force $\vec{F}$?
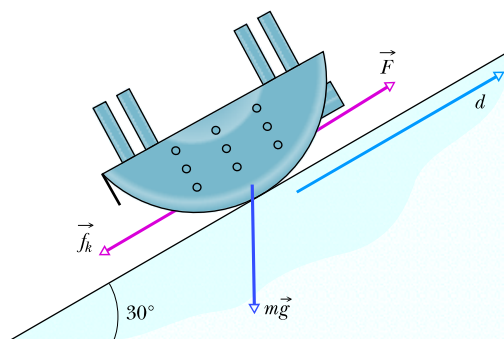


**Figure 8.56** Problem 133.

**134** *Redesigning a track with friction.* Figure 8.57 shows a small block that is released from rest, which then slides through a valley and up onto and along a plateau. There it slides through length $L = 8.00$ cm, where the coefficient of kinetic friction is 0.600, and then through distance $d = 25.0$ cm in a certain time $\Delta t_1$. The only region of friction is length $L$. The height difference $\Delta h = h_1 - h_2$ between the release point and the plateau is 15.0 cm. You want to decrease the time through $d$ by 0.100 s. What should the value of $\Delta h$ then be?
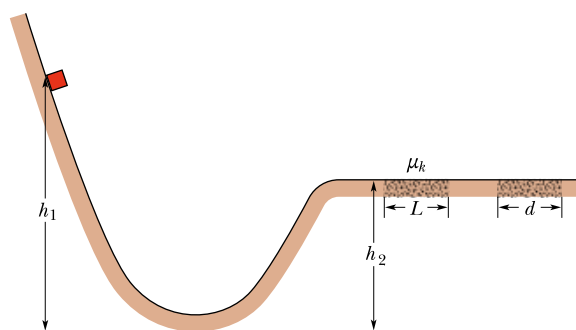


**Figure 8.57** Problem 134.

**135** *Skating into a railing.* A 110 kg ice hockey player skates at 3.00 m/s toward a railing at the edge of the ice and then stops himself by grasping the railing with outstretched arms. During this stopping process, the player's torso moves 30.0 cm toward the railing. (a) What is the change in the kinetic energy of the center of mass during the stop? (b) What average force is exerted on the railing?

**136** *Fly-fishing and speed amplification.* If you throw a loose fishing fly, it will travel horizontally only about 1 m. However, if you throw that fly attached to a fishing line by casting the line with a rod, the fly will easily travel horizontally to the full length of the line, say, 20 m.

The cast is depicted in Fig. 8.58: Initially (Fig. 8.58a) the line of length $L$ is extended horizontally leftward and

moving rightward with speed $v_0$. As the fly at the end of the line moves forward, the line doubles over, with the upper section still moving and the lower section stationary (Fig. 8.58$b$). The upper section decreases in length as the lower section increases in length (Fig. 8.58$c$), until the line is extended rightward and there is only a lower section (Fig. 8.58$d$). If air drag is neglected, the initial kinetic energy of the line in Fig. 8.58$a$ becomes progressively concentrated in the fly and the decreasing portion of the line that is still moving, resulting in an amplification (increase) in the speed of the fly and that portion.

(a) Using the $x$ axis indicated, show that when the fly position is $x$, the length of the still-moving (upper) section of line is $(L - x)/2$. (b) Assuming that the line is uniform with a linear density $\rho$ (mass per unit length), what is the mass of the still-moving section? Next, let $m_f$ represent the mass of the fly and assume that the kinetic energy of the moving section does not change from its initial value (when the moving section had length $L$ and speed $v_0$) even though the length of the moving section is decreasing during the cast. (c) Find an expression for the speed of the still-moving section and the fly.

Assume that initial speed $v_0 = 6.0$ m/s, line length $L = 20$ m, fly mass $m_f = 0.80$ g, and linear density $\rho = 1.3$ g/m. (d) Plot the fly's speed $v$ versus its position $x$. (e) What is the fly's speed just as the line approaches its final horizontal orientation and the fly is about to flip over and stop? (The fly then pulls out more line from the reel. In more realistic calculations, air drag reduces this final speed.) Speed amplification can also be produced with a bullwhip and even a rolled-up wet towel that is popped against a victim in a common locker-room prank.
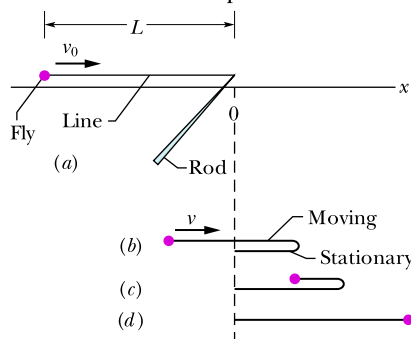


**Figure 8.58** Problem 136.