

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 1 W40 5000 Meter Run**

Name	Age Team	Finals	Age-Grading
Finals			
1 Hawkins, Chantelle	W44 Central Gauteng	21:16.10	20:26.98 69.37%
2 Ivins, Debbie	W44 Central Gauteng	23:35.39	22:40.90 62.54%

**Event 1 W50 5000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Blignaut, Tania	W51 Central Gauteng	21:46.29	19:15.68 73.65%

**Event 1 W55 5000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Sonnekus, Dalene	W58 Gauteng North	23:57.23	20:12.74 70.18%
2 Goodinson, Carol	W55 Gauteng North	26:46.01	22:35.16 62.81%

**Event 1 W60 5000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Loots, Rita	W60 Central Gauteng	26:04.23	20:53.74 67.89%

**Event 1 W65 5000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Boesenberg, Martie	W67 Gauteng North	25:27.40	19:17.47 73.54%

**Event 1 M45 5000 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Heydenrych, Siegfriedt	M46 Central Gauteng	18:20.77	17:03.61 73.99%	2

**Event 1 M55 5000 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Wooldridge, Arthur	M59 Central Gauteng	22:00.00	18:42.27 67.48%	2

**Event 1 M60 5000 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Gegan, Sydney	M62 Gauteng North	23:56.73	19:24.62 65.03%	2
2 Steed, Andrew	M62 Central Gauteng	24:04.81	19:31.17 64.67%	2

**Event 1 M65 5000 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Leopeng, Sonny	M67 Central Gauteng	22:47.12	17:34.47 71.82%	2
2 Fernandes, Johnny	M67 Central Gauteng	24:46.15	19:06.27 66.07%	2
3 Burger, Eckert	M67 Central Gauteng	26:11.69	20:12.25 62.47%	2
4 De Bruyn, Egbert	M66 Mpumalanga	27:46.45	21:25.34 58.92%	2

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 1 M70 5000 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Maphangulo, David	M70 Gauteng North	21:15.67	15:33.92 81.09%	2

**Event 1 M75 5000 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Connolly, Phil	M75 Central Gauteng	28:01.91	19:25.57 64.98%	2

**Event 2 W35 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Mphelane, Mpho	W35 Central Gauteng	34:35.23	34:33.58 58.00%

**Event 2 W40 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Radel, Janine	W43 Gauteng North	30:51.55	29:44.71 67.38%

**Event 2 W45 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Kirstein, Judy	W46 Central North West	35:50.68	33:14.12 60.31%

**Event 2 W50 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Roussot, Bronwyn	W51 Central Gauteng	31:31.67	28:02.08 71.50%

**Event 2 W55 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Gower, Julie	W59 Central Gauteng	33:54.72	28:49.52 69.53%

**Event 2 W60 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Botha, Ronelle	W62 Central Gauteng	33:01.36	26:44.31 74.96%
2 Coetzee, Fia	W62 Gauteng North	36:23.32	29:27.84 68.03%

**Event 2 W65 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Knoetze, Magaretha	W68 Gauteng North	33:08.54	25:27.60 78.73%
2 Willemse, Lucia	W69 Gauteng North	36:28.79	28:01.43 71.52%

**Event 2 W70 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Koekemoer, Winnie	W73 Gauteng North	32:56.65	23:54.66 83.83%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****....Event 2 W70 5000 Meter Race Walk**

2 Anderson, Elizabeth	W71 Mpumalanga	38:09.03	27:41.38	72.39%
-----------------------	----------------	----------	----------	--------

**Event 2 W75 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Meyer, Elsa	W78 Gauteng North	33:24.40	22:47.81 87.92%
-- Greyvenstein, Annatjie	W79 Gauteng North	DNF	

**Event 2 W80 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Centner, Anne	W80 Central Gauteng	36:09.73	23:04.51 86.86%

**Event 3 M45 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Kirstein, Jaco	M46 Central North West	35:59.74	33:36.99 53.82%

**Event 3 M50 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Appel, Joseph	M54 Gauteng North	29:21.63	26:22.48 68.59%

**Event 3 M55 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Eykenduyn, Ronald	M55 Central Gauteng	32:41.28	28:09.45 64.25%

**Event 3 M60 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Scott, Wayne	M60 Central Gauteng	32:01.75	26:21.80 68.62%
2 Jooste, Hennie	M63 Gauteng North	32:43.39	26:56.07 67.17%

**Event 3 M65 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Coetzee, Johan	M65 Gauteng North	30:32.93	23:56.29 75.58%
2 Willemse, Jaap	M67 Gauteng North	30:39.62	24:01.53 75.30%
3 Schoonwinkel, Reynardt	M68 Central Gauteng	37:51.90	29:40.27 60.97%

**Event 4M M60 2000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Gregan, Sydney	M62 Gauteng North	9:47.65	9:47.66 80.60%
2 Venter, Dirk	M64 Central Gauteng	10:11.16	10:11.17 77.50%
3 van Niekerk, Glenn	M64 Central Gauteng	10:45.17	10:45.18 73.41%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 4W W30 2000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Jili, Thabile	W34 Central Gauteng	13:57.11	13:57.12 64.70%

**Event 4W W40 2000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Scheffer, Leilani	W40 Gauteng North	7:17.53	7:17.54 123.78%
2 Labuschagne, Amanda	W43 Free State	9:55.99	9:56.00 90.87%

**Event 4W W50 2000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Blignaut, Tania	W51 Central Gauteng	9:18.50	9:18.51 96.97%

**Event 4W W55 2000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Sonnekus, Dalene	W58 Gauteng North	10:11.44	10:11.45 88.58%
2 Venter, Laura	W58 Central Gauteng	11:24.07	11:24.08 79.17%
3 De Bruyn, Linda	W58 Mpumalanga	13:04.07	13:04.08 69.07%

**Event 4W W60 2000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Frey, Jackie	W63 Central Gauteng	10:48.86	10:48.87 83.47%
2 Geyer, Mariet	W64 Gauteng North	11:02.73	11:02.74 81.72%
3 Pretorius, Riemke	W61 Central North West	15:58.91	15:58.92 56.48%

**Event 4W W65 2000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Mouton, Christa	W67 Gauteng North	21:26.52	21:26.53 42.10%

**Event 4W W75 2000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Laker, Rita	W76 Gauteng North	16:55.65	16:55.66 53.32%

**Event 5 M40 3000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Tjaoana, Pule	M42 Central Gauteng	10:29.13	10:29.14 75.28%
2 Sekgabebe, Johannes	M40 Central Gauteng	11:35.84	11:35.85 68.07%

**Event 5 M50 3000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Moagi, Moeketsi	M54 Central Gauteng	11:34.24	11:34.25 68.22%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 5 M55 3000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Kotze, Flippie	M55 Free State	13:07.69	13:07.70 60.13%

**Event 6 W35 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Breytenbach, Chantelle	W36 Gauteng North	2:19.14	2:18.16 82.53%
2 Louw, Ohna	W39 Gauteng North	2:22.05	2:21.05 80.84%
3 Kruger, Charine	W36 Central Gauteng	2:43.37	2:42.22 70.29%

**Event 6 W40 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Ivins, Debbie	W44 Central Gauteng	3:24.24	3:15.32 58.37%

**Event 6 W45 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Ferreira, Karen	W49 Central Gauteng	3:26.66	3:09.97 60.02%

**Event 6 W50 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Staal, Michelle	W51 Central Gauteng	2:53.42	2:32.86 74.59%
2 Blignaut, Tania	W51 Central Gauteng	2:55.01	2:34.26 73.91%
3 Hunter, Maaike	W54 Central Gauteng	3:46.82	3:19.92 57.03%

**Event 6 W55 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Flattery, Ezna	W58 Central Gauteng	2:50.18	2:23.50 79.45%
2 Munnik, Philna	W55 Central Gauteng	3:22.19	2:50.49 66.87%
3 McMaster, Sandra	W56 Gauteng North	3:33.35	2:59.90 63.37%

**Event 6 W60 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Frey, Jackie	W63 Central Gauteng	3:23.38	2:43.60 69.69%

**Event 6 W65 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Scheffer, Catharina	W68 North West North	3:16.27	2:30.17 75.92%
2 Boesenberg, Martie	W67 Gauteng North	3:32.61	2:42.67 70.09%
3 Crous, Ilze	W66 Gauteng North	3:34.00	2:43.74 69.63%

**Event 7 M30 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Spies, Pierre	M34 Gauteng North	2:20.21	2:20.22 71.97%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 7 M35 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Bucarizza, Marko	M35 Central Gauteng	2:01.93	2:01.51 83.05%

**Event 7 M40 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Lephoto, Lefu	M40 Central Gauteng	2:06.79	2:01.47 83.07%
2 Sekgabebe, Johannes	M40 Central Gauteng	2:14.85	2:09.19 78.11%

**Event 7 M45 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Hunter, Clinton	M49 Central Gauteng	2:20.78	2:09.59 77.87%

**Event 7 M50 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Hlatshwayo, Pius	M51 Central Gauteng	2:16.75	2:00.92 83.46%

**Event 7 M55 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Viljoen, Gerhard	M57 Central Gauteng	2:40.86	2:16.56 73.90%

**Event 7 M60 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Walker-Campbell, Bob	M63 Unattached	3:05.60	2:31.21 66.73%
2 Jooste, Hennie	M63 Gauteng North	3:17.07	2:40.56 62.85%
3 Billingham, William	M64 Gauteng North	3:45.59	3:03.79 54.90%

**Event 7 M65 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Schmelzer, Warren	M69 North West North	2:29.89	1:57.13 86.16%
2 Leopeng, Sonny	M67 Central Gauteng	2:49.95	2:12.80 75.99%
3 Fernandes, Johnny	M67 Central Gauteng	3:24.82	2:40.05 63.05%

**Event 7 M70 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Maphangulo, David	M70 Gauteng North	3:00.15	2:14.94 74.79%
2 Reed, Chris	M73 Central Gauteng	3:26.90	2:34.97 65.12%

**Event 7 M75 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Connolly, Phil	M75 Central Gauteng	4:00.33	2:52.30 58.57%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 8 W30 100 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 le Roux, Liandi	W31 Central Gauteng	12.44	12.45 85.53%

**Event 8 W35 100 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 du Toit, Leana	W37 Central Gauteng	12.76	12.77 83.39%

**Event 8 W40 100 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 Bradley, Lynn	W40 Gauteng North	13.68	13.43 79.31%	2
2 Hattingh, Elida	W44 Central Gauteng	14.48	14.21 74.93%	2

**Event 8 W45 100 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 Beukes, Marisa	W45 Central Gauteng	13.85	13.08 81.37%	3
2 Joubert, Charnie	W49 Gauteng North	14.21	13.42 79.31%	3
3 Durrheim, Corrin	W47 Central Gauteng	14.67	13.85 76.82%	3
4 Ristow, Christiena	W47 Central Gauteng	15.95	15.06 70.66%	3
5 De Villiers, Azel	W48 Central Gauteng	16.21	15.31 69.52%	3

**Event 8 W55 100 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 McMaster, Sandra	W56 Gauteng North	19.57	17.08 62.29%	3

**Event 8 W60 100 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 Cotty, Esme	W62 Gauteng North	17.09	14.32 74.31%	4
2 Pretorius, Riemke	W61 Central North West	26.58	22.28 47.78%	4

**Event 8 W65 100 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 Scheffer, Catharina	W68 North West North	18.00	14.47 73.56%	4

**Event 8 W75 100 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 Visser, Maria	W77 Central Gauteng	20.31	14.99 71.00%	4

**Event 9 M35 100 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 De Beer, Willem	M36 Gauteng North	11.25	11.25 85.16%
2 Vlok, Anton	M39 Central Gauteng	11.26	11.26 85.08%
3 Breytenbach, Eben	M38 Gauteng North	12.36	12.36 77.51%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****....Event 9 M35 100 Meter Dash**

4 Steyn, Ben	M36 Gauteng North	15.08	15.08	63.53%
--------------	-------------------	-------	-------	--------

**Event 9 M40 100 Meter Dash**

Name	Age	Team	Finals	Age-Grading	H#
1 Marais, Wynand	M41	Vaal Triangle	12.25	11.85	80.90% 2
2 Verryyn, Ruaan	M41	Gauteng North	12.34	11.94	80.31% 2
3 Lubbe, Shawn	M40	Central Gauteng	12.39	11.98	79.98% 2

**Event 9 M45 100 Meter Dash**

Name	Age	Team	Finals	Age-Grading	H#
1 Dunn, Marlon	M46	Central Gauteng	13.34	12.47	76.84% 2

**Event 9 M50 100 Meter Dash**

Name	Age	Team	Finals	Age-Grading	H#
1 Rossouw, Hermie	M53	Vaal Triangle	12.61	11.39	84.11% 3
2 Putter, Danie	M51	Central Gauteng	12.81	11.57	82.80% 3
3 Kimmins, Ralph	M53	Central Gauteng	12.92	11.67	82.09% 3
4 Nhlengethwa, Tsietso	M50	Vaal Triangle	13.59	12.28	78.01% 3

**Event 9 M55 100 Meter Dash**

Name	Age	Team	Finals	Age-Grading	H#
1 Hacker, Ian	M59	Central Gauteng	12.53	10.94	87.57% 3
2 van Niekerk, Riaan	M57	Central Gauteng	14.49	12.65	75.78% 3

**Event 9 M60 100 Meter Dash**

Name	Age	Team	Finals	Age-Grading	H#
1 Smit, Winston	M62	Gauteng North	13.87	11.70	81.98% 4

**Event 9 M65 100 Meter Dash**

Name	Age	Team	Finals	Age-Grading	H#
1 du Toit, Sarel	M69	Gauteng North	15.20	12.38	77.43% 4
2 De Bruyn, Egbert	M66	Mpumalanga	19.48	15.86	60.42% 4

**Event 9 M75 100 Meter Dash**

Name	Age	Team	Finals	Age-Grading	H#
1 Connolly, Phil	M75	Central Gauteng	20.57	15.61	61.40% 4

**Event 9 M80 100 Meter Dash**

Name	Age	Team	Finals	Age-Grading	H#
1 Kennedy, Partrick	M80	Central Gauteng	45.60	33.37	28.71% 4



**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 9 M85 100 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 Hacker, Monty	M89 Central Gauteng	20.45	14.21 67.43%	4

**Event 13 M65 100 Short Hurdles**

Name	Age Team	Finals	Age-Grading
1 du Toit, Sarel	M69 Gauteng North	21.79	21.80 59.25%

**Event 14 W40 80 Short Hurdles**

Name	Age Team	Finals	Age-Grading
1 Smit, Ascha-Alicia	W44 Gauteng North	13.95	13.96 87.53%
2 Labuschagne, Amanda	W43 Free State	19.39	19.40 62.97%
3 Bates, Lizel	W43 Gauteng North	20.87	20.88 58.51%

**Event 14 W45 80 Short Hurdles**

Name	Age Team	Finals	Age-Grading
1 De Villiers, Azel	W48 Central Gauteng	17.94	17.95 68.06%

**Event 14 W50 80 Short Hurdles**

Name	Age Team	Finals	Age-Grading
1 Staal, Michelle	W51 Central Gauteng	16.26	16.27 75.09%

**Event 14 W55 80 Short Hurdles**

Name	Age Team	Finals	Age-Grading
1 Munnik, Philna	W55 Central Gauteng	18.11	18.12 67.42%

**Event 14 W60 80 Short Hurdles**

Name	Age Team	Finals	Age-Grading
1 Pretorius, Riemke	W61 Central North West	40.82	40.83 29.91%

**Event 16 W35 400 Long Hurdles**

Name	Age Team	Finals	Age-Grading
1 Terblanche, Alissa	W35 Gauteng North	1:18.18	1:18.19 66.95%

**Event 17 M30 400 Long Hurdles**

Name	Age Team	Finals	Age-Grading
1 Kitshoff, Jean-Pierre	M32 Gauteng North	1:00.09	1:00.10 77.85%

**Event 18M M60 300 Long Hurdles**

Name	Age Team	Finals	Age-Grading
1 van Niekerk, Glenn	M64 Central Gauteng	1:03.32	1:03.33 73.88%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 18M M65 300 Long Hurdles**

Name	Age Team	Finals	Age-Grading
1 du Toit, Sarel	M69 Gauteng North	56.75	56.76 82.43%

**Event 18W W50 300 Long Hurdles**

Name	Age Team	Finals	Age-Grading
1 Staal, Michelle	W51 Central Gauteng	54.91	54.92 95.32%

**Event 20 W30 400 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Jili, Thabile	W34 Central Gauteng	1:35.06	1:35.07 50.64%

**Event 20 W35 400 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Louw, Ohna	W39 Gauteng North	1:00.23	58.93 81.70%
2 Terblanche, Alissa	W35 Gauteng North	1:09.61	1:08.10 70.69%

**Event 20 W40 400 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Beytell, Elaine	W41 Central Gauteng	1:26.78	1:21.93 58.76%
2 Ivins, Debbie	W44 Central Gauteng	1:36.43	1:31.04 52.88%

**Event 20 W50 400 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Staal, Michelle	W51 Central Gauteng	1:09.49	1:00.54 79.52%	1
2 Da Silva, Carmen	W52 Free State	1:15.00	1:05.34 73.68%	2

**Event 20 W60 400 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Loots, Rita	W60 Central Gauteng	1:34.50	1:14.89 64.29%	2

**Event 20 W65 400 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Crous, Ilze	W66 Gauteng North	1:35.56	1:11.77 67.08%	2

**Event 21 M30 400 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Spies, Pierre	M34 Gauteng North	58.73	58.74 73.27%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 21 M35 400 Meter Run**

Name	Age Team	Finals	Age-Grading
1 De Beer, Willem	M36 Gauteng North	49.78	48.91 87.99%

**Event 21 M40 400 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Sekgabebe, Johannes	M40 Central Gauteng	57.41	54.62 78.78%
2 Ras, Martin	M42 North West North	1:00.25	57.32 75.07%

**Event 21 M45 400 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Dunn, Marlon	M46 Central Gauteng	1:05.04	59.89 71.85%

**Event 21 M50 400 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Hlatshwayo, Pius	M51 Central Gauteng	59.22	52.76 81.56%	2

**Event 21 M60 400 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Smit, Winston	M62 Gauteng North	1:05.25	54.35 79.17%	2

**Event 21 M65 400 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Schmelzer, Warren	M69 North West North	1:04.85	52.19 82.45%	2
2 Booysen, Hendryk	M67 Central Gauteng	1:11.07	57.20 75.24%	2

**Event 22 W30 200 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 le Roux, Liandi	W31 Central Gauteng	24.88	24.89 86.94%

**Event 22 W35 200 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 du Toit, Leana	W37 Central Gauteng	26.48	26.49 81.68%

**Event 22 W45 200 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 Beukes, Marisa	W45 Central Gauteng	28.42	26.75 80.86%
2 Durrheim, Corrin	W47 Central Gauteng	31.42	29.57 73.14%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 22 W50 200 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 Staal, Michelle	W51 Central Gauteng	30.76	27.81 77.80%	2
2 Da Silva, Carmen	W52 Free State	32.70	29.57 73.18%	2

**Event 22 W55 200 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 Flattery, Ezna	W58 Central Gauteng	34.33	29.78 72.65%	2
2 Munnik, Philna	W55 Central Gauteng	34.66	30.07 71.96%	2
3 McMaster, Sandra	W56 Gauteng North	41.88	36.33 59.55%	2

**Event 22 W60 200 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 Cotty, Esme	W62 Gauteng North	36.39	30.24 71.53%	2

**Event 22 W75 200 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 Visser, Maria	W77 Central Gauteng	44.31	32.09 67.41%	2

**Event 23 M30 200 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 Kitshoff, Jean-Pierre	M32 Gauteng North	22.81	22.82 84.13%
2 Spies, Pierre	M34 Gauteng North	26.49	26.50 72.44%

**Event 23 M35 200 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 De Beer, Willem	M36 Gauteng North	22.83	22.36 85.85%

**Event 23 M40 200 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 Verryn, Ruaan	M41 Gauteng North	25.61	24.29 79.03%

**Event 23 M45 200 Meter Dash**

Name	Age Team	Finals	Age-Grading
1 Cloete, Lester	M47 Gauteng North	25.47	23.38 82.10%
2 Dunn, Marlon	M46 Central Gauteng	27.52	25.27 75.98%

**Event 23 M50 200 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 Rossouw, Hermie	M53 Vaal Triangle	26.07	23.16 82.85%	2
2 Kimmins, Ralph	M53 Central Gauteng	27.26	24.22 79.24%	2

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 23 M55 200 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 van Niekerk, Riaan	M57 Central Gauteng	30.65	26.35 72.85%	2

**Event 23 M60 200 Meter Dash**

Name	Age Team	Finals	Age-Grading	H#
1 Smit, Winston	M62 Gauteng North	29.71	24.70 77.72%	2

**Event 24 W30 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Shovhote, Lebogang	W34 Central Gauteng	6:54.97	6:54.98 55.44%

**Event 24 W40 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Beytell, Elaine	W41 Central Gauteng	7:04.54	6:40.81 57.40%

**Event 24 W45 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Dersley, Jaqueline	W45 Central Gauteng	5:32.50	5:01.55 76.30%
2 Reitz, Gwen	W49 Gauteng North	10:20.13	9:22.40 40.91%

**Event 24 W50 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Blignaut, Tania	W51 Central Gauteng	6:02.54	5:15.31 72.97%
2 Hunter, Maaïke	W54 Central Gauteng	8:09.54	7:05.76 54.04%

**Event 24 W55 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Vermeulen, Salome	W58 Gauteng North	5:57.13	4:57.28 77.39%
2 Sonnekus, Dalene	W58 Gauteng North	6:36.28	5:29.87 69.75%
3 Goodinson, Carol	W55 Gauteng North	7:53.03	6:33.76 58.43%
4 De Bruyn, Linda	W58 Mpumalanga	8:27.45	7:02.41 54.47%

**Event 24 W60 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Frey, Jackie	W63 Central Gauteng	6:49.58	5:25.66 70.65%
2 Geyer, Mariet	W64 Gauteng North	6:51.50	5:27.19 70.32%

**Event 24 W65 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Boesenbergh, Martie	W67 Gauteng North	7:09.16	5:25.14 70.76%
2 Coston, Linda	W66 Central Gauteng	8:53.24	6:43.99 56.95%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 25 M35 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Bucarizza, Marko	M35 Central Gauteng	4:07.05	4:03.32 84.66%

**Event 25 M40 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Tjaoana, Pule	M42 Central Gauteng	4:16.63	4:04.62 84.21%
2 Lephoto, Lefu	M40 Central Gauteng	4:36.47	4:23.54 78.17%
3 Sekgabebe, Johannes	M40 Central Gauteng	4:39.67	4:26.59 77.27%
4 Mulder, Daryl	M44 Central Gauteng	5:03.78	4:49.57 71.14%

**Event 25 M50 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Groenewald, Rupert	M50 Gauteng North	5:01.00	4:27.02 77.15%

**Event 25 M55 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Kotze, Flippie	M55 Free State	5:47.92	4:56.68 69.44%

**Event 25 M60 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Walker-Campbell, Bob	M63 Unattached	6:36.68	5:24.25 63.53%

**Event 25 M65 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Leopeng, Sonny	M67 Central Gauteng	6:01.58	4:42.54 72.91%
2 Fernandes, Johnny	M67 Central Gauteng	6:48.95	5:19.56 64.47%
3 De Bruyn, Egbert	M66 Mpumalanga	8:00.49	6:15.46 54.87%

**Event 25 M70 1500 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Maphangulo, David	M70 Gauteng North	5:55.32	4:24.58 77.86%
2 Reed, Chris	M73 Central Gauteng	7:22.53	5:29.51 62.52%

**Event 27 W40 Shot Put CIRCLE A**

Name	Age Team	Finals	Age-Grading
1 Van Rhyn, Sonja	W44 North West North	5.83m	6.50m 30.64%

**Event 27 W45 Shot Put CIRCLE A**

Name	Age Team	Finals	Age-Grading
1 Strauss, Michelle	W49 Gauteng North	9.27m	11.18m 52.64%
2 De Villiers, Azel	W48 Central Gauteng	8.72m	10.51m 49.52%
3 Blaauw, Anja	W49 Gauteng North	7.47m	9.01m 42.42%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 28 M35 Super Weight GREEK DISCUS**

Name	Age Team	Finals	Age-Grading
1 Rosslee, Dirk	M37 Central Gauteng	17.64m	

**Event 28 M40 Super Weight GREEK DISCUS**

Name	Age Team	Finals	Age-Grading
1 Keet, Andre	M43 Gauteng North	16.02m	

**Event 28 M45 Super Weight GREEK DISCUS**

Name	Age Team	Finals	Age-Grading
1 Kirstein, Jaco	M46 Central North West	16.50m	
2 Keet, Cobus	M45 Gauteng North	15.55m	

**Event 28 M50 Super Weight GREEK DISCUS**

Name	Age Team	Finals	Age-Grading
1 Swanepoel, Jan	M53 Gauteng North	26.38m	
2 Watson, Rowan	M54 Gauteng North	23.82m	
3 Blaauw, David	M52 Gauteng North	21.28m	

**Event 29 W50 Discus Throw NET B**

Name	Age Team	Finals	Age-Grading
1 Fleming, Daleen	W51 Gauteng North	34.42m	44.57m 62.41%
2 Shabangu, Glory	W54 Central Gauteng	14.55m	18.84m 26.38%

**Event 29 W55 Discus Throw NET B**

Name	Age Team	Finals	Age-Grading
1 Flynn, Judy	W58 Gauteng North	22.81m	32.61m 45.67%
2 Pretorius, Engelina	W59 Central North West	19.32m	27.62m 38.69%
3 Vosloo, Susanna	W55 Eastern Province	15.74m	22.50m 31.52%

**Event 29 W60 Discus Throw NET B**

Name	Age Team	Finals	Age-Grading
1 Hennop, Ansie	W61 Gauteng North	17.82m	28.28m 39.61%
2 Bruyns, Catharina	W64 South West District	17.62m	27.96m 39.16%
3 Claasen, Zelda	W64 Central Gauteng	14.70m	23.33m 32.67%

**Event 29 W65 Discus Throw NET B**

Name	Age Team	Finals	Age-Grading
1 Gurtsieva, Olga	W66 North West North	24.59m	43.61m 61.06%
2 Cloete, Joey	W67 Gauteng North	17.09m	30.30m 42.44%
3 Du Toit, Baby	W67 Gauteng North	16.59m	29.42m 41.20%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 29 W70 Discus Throw NET B**

Name	Age Team	Finals	Age-Grading
1 Van Eck, Suzi	W74 Gauteng North	13.06m	26.10m 36.55%

**Event 29 W75 Discus Throw NET B**

Name	Age Team	Finals	Age-Grading
1 Fourie, Ena	W75 Gauteng North	19.42m	38.29m 53.62%
2 Ferriera, Mercia	W75 Central Gauteng	18.65m	36.77m 51.49%
3 Laker, Rita	W76 Gauteng North	11.45m	22.57m 31.61%

**Event 30 M60 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Bezuidenhout, Vic	M62 Gauteng North	38.08m	52.07m 52.88%

**Event 31 M45 Triple Jump**

Name	Age Team	Finals	Age-Grading
1 McClintock, Martin	M48 Gauteng North	11.95m	13.31m 72.78%
2 Slabbert, Morne	M48 North West North	9.25m	10.30m 56.33%

**Event 31 M80 Triple Jump**

Name	Age Team	Finals	Age-Grading
1 Kennedy, Partrick	M80 Central Gauteng	0.57m	1.04m 5.74%

**Event 32 M35 Discus Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Rosslee, Dirk	M37 Central Gauteng	37.15m	37.15m 51.70%
2 Breytenbach, Eben	M38 Gauteng North	37.14m	37.14m 51.68%

**Event 32 M40 Discus Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Keet, Andre	M43 Gauteng North	28.60m	29.13m 40.54%

**Event 32 M45 Discus Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Keet, Cobus	M45 Gauteng North	29.54m	32.06m 44.63%
2 Kirstein, Jaco	M46 Central North West	27.75m	30.12m 41.92%

**Event 33 W50 Shot Put CIRCLE B**

Name	Age Team	Finals	Age-Grading
1 Fleming, Daleen	W51 Gauteng North	10.50m	11.89m 56.00%
2 Staal, Michelle	W51 Central Gauteng	8.57m	9.70m 45.71%
3 Shabangu, Glory	W54 Central Gauteng	7.34m	8.31m 39.15%



**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 33 W55 Shot Put CIRCLE B**

Name	Age Team	Finals	Age-Grading
1 Flynn, Judy	W58 Gauteng North	9.21m	11.37m 53.55%
2 Pretorius, Engelina	W59 Central North West	8.45m	10.43m 49.13%
3 Vosloo, Susanna	W55 Eastern Province	7.08m	8.74m 41.16%
4 Munnik, Philna	W55 Central Gauteng	6.32m	7.80m 36.74%
5 De Bruyn, Linda	W58 Mpumalanga	5.86m	7.23m 34.07%

**Event 33 W60 Shot Put CIRCLE B**

Name	Age Team	Finals	Age-Grading
1 Bruyns, Catharina	W64 South West District	7.49m	10.13m 47.74%
2 Hennop, Ansie	W61 Gauteng North	7.29m	9.86m 46.46%

**Event 33 W65 Shot Put CIRCLE B**

Name	Age Team	Finals	Age-Grading
1 Cloete, Joey	W67 Gauteng North	8.14m	12.15m 57.24%
2 Gurtsieva, Olga	W66 North West North	8.13m	12.14m 57.17%
3 Du Toit, Baby	W67 Gauteng North	6.40m	9.56m 45.01%

**Event 33 W70 Shot Put CIRCLE B**

Name	Age Team	Finals	Age-Grading
1 Van Eck, Suzi	W74 Gauteng North	5.40m	8.98m 42.29%

**Event 33 W75 Shot Put CIRCLE B**

Name	Age Team	Finals	Age-Grading
1 Fourie, Ena	W75 Gauteng North	8.14m	12.43m 58.56%
2 Ferriera, Mercia	W75 Central Gauteng	8.09m	12.36m 58.20%
3 Laker, Rita	W76 Gauteng North	6.30m	9.62m 45.32%

**Event 34 M60 Super Weight GREEK DISCUS**

Name	Age Team	Finals	Age-Grading
1 Nel, Hannes	M64 Vaal Triangle	16.80m	

**Event 35 W40 High Jump**

Name	Age Team	Finals	Age-Grading
1 Labuschagne, Amanda	W43 Free State	1.35m	1.44m 69.23%
2 Bates, Lizel	W43 Gauteng North	1.15m	1.23m 58.97%

**Event 35 W50 High Jump**

Name	Age Team	Finals	Age-Grading
1 Staal, Michelle	W51 Central Gauteng	1.30m	1.53m 73.45%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 35 W55 High Jump**

Name	Age Team	Finals	Age-Grading
-- Munnik, Philna	W55 Central Gauteng	DNF	

**Event 35 W60 High Jump**

Name	Age Team	Finals	Age-Grading
1 Pretorius, Riemke	W61 Central North West	0.90m	1.17m 56.25%

**Event 36 M35 Shot Put CIRCLE A**

Name	Age Team	Finals	Age-Grading
1 Blom, Hermanus	M37 Gauteng North	13.75m	14.38m 62.79%
2 Rosslee, Dirk	M37 Central Gauteng	11.49m	12.02m 52.47%
3 Breytenbach, Eben	M38 Gauteng North	9.73m	10.17m 44.43%

**Event 36 M40 Shot Put CIRCLE A**

Name	Age Team	Finals	Age-Grading
1 Keet, Andre	M43 Gauteng North	8.96m	9.96m 43.52%

**Event 36 M45 Shot Put CIRCLE A**

Name	Age Team	Finals	Age-Grading
1 Kirstein, Jaco	M46 Central North West	9.61m	11.40m 49.77%
2 Keet, Cobus	M45 Gauteng North	9.43m	11.19m 48.83%

**Event 37 W45 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Strauss, Michelle	W49 Gauteng North	23.20m	28.98m 40.10%
2 Blaauw, Anja	W49 Gauteng North	22.07m	27.57m 38.15%
3 De Villiers, Azel	W48 Central Gauteng	19.00m	23.74m 32.84%

**Event 38 M50 Hammer Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Swanepoel, Jan	M53 Gauteng North	36.79m	40.14m 47.31%
2 Watson, Rowan	M54 Gauteng North	36.10m	39.38m 46.42%
3 Blaauw, David	M52 Gauteng North	35.32m	38.53m 45.42%

**Event 38 M55 Hammer Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Van Rensburg, Tone	M59 Central Gauteng	43.55m	51.31m 60.47%

**Event 38 M60 Hammer Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Haupt, Burton	M62 Gauteng North	43.07m	50.43m 59.43%
2 Bezuidenhout, Vic	M62 Gauteng North	37.44m	43.83m 51.66%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****....Event 38 M60 Hammer Throw NET A**

3 Nel, Hannes	M64 Vaal Triangle	35.27m	41.29m	48.67%
---------------	-------------------	--------	--------	--------

**Event 38 M65 Hammer Throw NET A**

Name	Age Team	Finals	Age-Grading	
1 Aggouras, Nicky	M66 Gauteng North	41.75m	53.71m	63.30%

**Event 39 M50 Shot Put CIRCLE B**

Name	Age Team	Finals	Age-Grading	
1 Potgieter, Willem	M50 Central Gauteng	14.64m	16.91m	73.83%
2 Watson, Rowan	M54 Gauteng North	13.10m	15.13m	66.06%
3 Swanepoel, Jan	M53 Gauteng North	12.12m	13.99m	61.12%
4 Blaauw, David	M52 Gauteng North	11.78m	13.60m	59.40%

**Event 39 M55 Shot Put CIRCLE B**

Name	Age Team	Finals	Age-Grading	
1 Scheepers, Conradie	M56 Free State	14.57m	18.09m	78.97%
2 Hacker, Ian	M59 Central Gauteng	10.80m	13.41m	58.54%

**Event 40 W50 Javelin Throw**

Name	Age Team	Finals	Age-Grading	
1 Staal, Michelle	W51 Central Gauteng	22.35m	28.27m	39.11%
2 De Beer, Charmaine	W52 Central Gauteng	21.53m	27.23m	37.68%
3 Shabangu, Glory	W54 Central Gauteng	17.83m	22.55m	31.20%

**Event 40 W55 Javelin Throw**

Name	Age Team	Finals	Age-Grading	
1 Flynn, Judy	W58 Gauteng North	24.01m	33.79m	46.76%
2 Pretorius, Engelina	W59 Central North West	21.69m	30.53m	42.24%
3 Munnik, Philna	W55 Central Gauteng	8.46m	11.90m	16.48%

**Event 40 W60 Javelin Throw**

Name	Age Team	Finals	Age-Grading	
1 Bruyns, Catharina	W64 South West District	11.66m	18.34m	25.38%

**Event 40 W65 Javelin Throw**

Name	Age Team	Finals	Age-Grading	
1 Gurtsieva, Olga	W66 North West North	16.22m	28.67m	39.68%
2 Du Toit, Baby	W67 Gauteng North	14.73m	26.04m	36.03%
3 Cloete, Joey	W67 Gauteng North	13.71m	24.23m	33.54%

**Event 40 W70 Javelin Throw**

Name	Age Team	Finals	Age-Grading	
1 Van Eck, Suzi	W74 Gauteng North	9.89m	19.78m	27.37%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 40 W75 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Ferriera, Mercia	W75 Central Gauteng	15.40m	31.45m 43.53%

**Event 41 M60 Discus Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Bezuidenhout, Vic	M62 Gauteng North	42.86m	41.37m 57.58%
2 Haupt, Burton	M62 Gauteng North	40.62m	39.21m 54.57%
3 Eybers, Marius	M61 Gauteng North	39.64m	38.26m 53.25%

**Event 42 M35 Weight Throw NET B**

Name	Age Team	Finals	Age-Grading
1 Rosslee, Dirk	M37 Central Gauteng	15.34m	15.34m 59.32%

**Event 42 M40 Weight Throw NET B**

Name	Age Team	Finals	Age-Grading
1 Bekker, Kristiaan	M43 Central Gauteng	14.62m	15.59m 60.31%

**Event 42 M45 Weight Throw NET B**

Name	Age Team	Finals	Age-Grading
1 Kirstein, Jaco	M46 Central North West	10.26m	11.70m 45.26%

**Event 43 M50 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Putter, Danie	M51 Central Gauteng	4.98m	6.12m 68.41%
2 Nhlengethwa, Tsietso	M50 Vaal Triangle	4.72m	5.80m 64.84%

**Event 43 M80 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Kennedy, Partrick	M80 Central Gauteng	1.05m	1.93m 21.65%

**Event 44 M35 High Jump**

Name	Age Team	Finals	Age-Grading
1 Breytenbach, Eben	M38 Gauteng North	1.50m	1.52m 61.98%

**Event 45 M60 Shot Put CIRCLE A**

Name	Age Team	Finals	Age-Grading
1 Haupt, Burton	M62 Gauteng North	13.93m	17.06m 74.49%
2 Bezuidenhout, Vic	M62 Gauteng North	12.53m	15.35m 67.01%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 46 M30 Javelin Throw**

Name	Age	Team	Finals	Age-Grading	
1 Spies, Pierre	M34	Gauteng North	26.08m	26.08m	26.48%

**Event 46 M35 Javelin Throw**

Name	Age	Team	Finals	Age-Grading	
1 Liebenberg, Nico	M39	Gauteng North	55.05m	57.46m	58.35%
2 Rosslee, Dirk	M37	Central Gauteng	33.32m	34.77m	35.32%

**Event 46 M40 Javelin Throw**

Name	Age	Team	Finals	Age-Grading	
1 Marais, Wynand	M41	Vaal Triangle	44.42m	49.83m	50.60%
2 Keet, Andre	M43	Gauteng North	27.21m	30.52m	30.99%

**Event 46 M45 Javelin Throw**

Name	Age	Team	Finals	Age-Grading	
1 Slabbert, Morne	M48	North West North	31.80m	38.50m	39.10%
2 Keet, Cobus	M45	Gauteng North	22.31m	27.01m	27.43%

**Event 46 M50 Javelin Throw**

Name	Age	Team	Finals	Age-Grading	
1 Venter, Phillip	M52	Gauteng North	39.50m	48.55m	49.31%
2 Blaauw, David	M52	Gauteng North	32.16m	39.53m	40.14%

**Event 46 M55 Javelin Throw**

Name	Age	Team	Finals	Age-Grading	
1 Pauer, Wilhelm	M57	Central Gauteng	61.59m	82.68m	83.96%

**Event 47 W35 Weight Throw NET A**

Name	Age	Team	Finals	Age-Grading	
1 Killian, Ursula	W37	Central Gauteng	15.87m	16.43m	64.20%

**Event 47 W45 Weight Throw NET A**

Name	Age	Team	Finals	Age-Grading	
1 Strauss, Michelle	W49	Gauteng North	11.21m	13.59m	53.10%
2 De Villiers, Azel	W48	Central Gauteng	10.60m	12.85m	50.21%
3 Blaauw, Anja	W49	Gauteng North	8.10m	9.82m	38.37%

**Event 47 W50 Weight Throw NET A**

Name	Age	Team	Finals	Age-Grading	
1 Fleming, Daleen	W51	Gauteng North	12.42m	14.33m	56.00%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 47 W55 Weight Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Flynn, Judy	W58 Gauteng North	9.76m	12.32m 48.17%
2 Bridgland, Esmarie	W55 Gauteng North	7.16m	9.04m 35.34%
3 Pretorius, Engelina	W59 Central North West	6.68m	8.43m 32.97%
4 Vosloo, Susanna	W55 Eastern Province	6.19m	7.81m 30.55%

**Event 47 W60 Weight Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Claasen, Zelda	W64 Central Gauteng	9.57m	11.21m 43.80%
2 Bruyns, Catharina	W64 South West District	8.13m	9.52m 37.21%
3 Hennop, Ansie	W61 Gauteng North	7.77m	9.10m 35.56%

**Event 47 W65 Weight Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Gurtsieva, Olga	W66 North West North	11.68m	15.18m 59.32%
2 Du Toit, Baby	W67 Gauteng North	8.66m	11.26m 43.98%

**Event 47 W70 Weight Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Van Eck, Suzi	W74 Gauteng North	6.37m	9.28m 36.28%

**Event 47 W75 Weight Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Fourie, Ena	W75 Gauteng North	10.85m	14.90m 58.24%
2 Ferriera, Mercia	W75 Central Gauteng	8.86m	12.17m 47.56%

**Event 48 M35 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Vlok, Anton	M39 Central Gauteng	6.12m	6.35m 71.00%

**Event 48 M45 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Cloete, Lester	M47 Gauteng North	5.60m	6.50m 72.63%
2 Slabbert, Morne	M48 North West North	4.87m	5.65m 63.16%

**Event 49 M50 Discus Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Potgieter, Willem	M50 Central Gauteng	49.60m	49.98m 69.57%
2 Swanepoel, Jan	M53 Gauteng North	45.88m	46.23m 64.35%
3 Watson, Rowan	M54 Gauteng North	41.34m	41.66m 57.98%
4 Blaauw, David	M52 Gauteng North	39.16m	39.46m 54.92%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 49 M55 Discus Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Scheepers, Conradie	M56 Free State	36.56m	39.75m 55.32%

**Event 50 W40 Super Weight GREEK DISCUS**

Name	Age Team	Finals	Age-Grading
1 Van Rhyn, Sonja	W44 North West North	7.37m	

**Event 50 W45 Super Weight GREEK DISCUS**

Name	Age Team	Finals	Age-Grading
1 Strauss, Michelle	W49 Gauteng North	14.76m	
2 Blaauw, Anja	W49 Gauteng North	10.99m	

**Event 50 W50 Super Weight GREEK DISCUS**

Name	Age Team	Finals	Age-Grading
1 Fleming, Daleen	W51 Gauteng North	18.79m	

**Event 50 W55 Super Weight GREEK DISCUS**

Name	Age Team	Finals	Age-Grading
1 Flynn, Judy	W58 Gauteng North	13.37m	
2 Pretorius, Engelina	W59 Central North West	12.35m	
3 Vosloo, Susanna	W55 Eastern Province	10.38m	

**Event 50 W60 Super Weight GREEK DISCUS**

Name	Age Team	Finals	Age-Grading
1 Hennop, Ansie	W61 Gauteng North	11.23m	
2 Bruyns, Catharina	W64 South West District	11.12m	
3 Claasen, Zelda	W64 Central Gauteng	9.77m	

**Event 50 W65 Super Weight GREEK DISCUS**

Name	Age Team	Finals	Age-Grading
1 Gurtsieva, Olga	W66 North West North	12.97m	
2 Cloete, Joey	W67 Gauteng North	10.03m	

**Event 50 W70 Super Weight GREEK DISCUS**

Name	Age Team	Finals	Age-Grading
1 Van Eck, Suzi	W74 Gauteng North	7.90m	

**Event 50 W75 Super Weight GREEK DISCUS**

Name	Age Team	Finals	Age-Grading
1 Fourie, Ena	W75 Gauteng North	11.88m	

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 54 W35 Discus Throw NET B**

Name	Age Team	Finals	Age-Grading
1 Killian, Ursula	W37 Central Gauteng	43.79m	43.79m 61.32%

**Event 54 W40 Discus Throw NET B**

Name	Age Team	Finals	Age-Grading
1 Van Rhyn, Sonja	W44 North West North	13.39m	14.37m 20.13%

**Event 54 W45 Discus Throw NET B**

Name	Age Team	Finals	Age-Grading
1 Strauss, Michelle	W49 Gauteng North	28.20m	33.19m 46.49%
2 De Villiers, Azel	W48 Central Gauteng	23.63m	27.81m 38.95%
3 Blaauw, Anja	W49 Gauteng North	20.64m	24.29m 34.03%
4 Weber, Helga	W45 Gauteng North	19.13m	22.51m 31.54%

**Event 55 M50 High Jump**

Name	Age Team	Finals	Age-Grading
1 Putter, Danie	M51 Central Gauteng	1.50m	1.75m 71.77%

**Event 55 M60 High Jump**

Name	Age Team	Finals	Age-Grading
-- van Niekerk, Glenn	M64 Central Gauteng	DNF	

**Event 55 M65 High Jump**

Name	Age Team	Finals	Age-Grading
1 du Toit, Sarel	M69 Gauteng North	1.35m	1.84m 75.42%

**Event 56 W40 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Smit, Ascha-Alicia	W44 Gauteng North	4.89m	5.33m 71.91%

**Event 56 W45 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Beukes, Marisa	W45 Central Gauteng	4.50m	5.19m 69.98%
2 De Villiers, Azel	W48 Central Gauteng	3.43m	3.95m 53.34%

**Event 56 W55 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Munnik, Philna	W55 Central Gauteng	3.21m	4.16m 56.12%
2 Bridgland, Esmarie	W55 Gauteng North	2.17m	2.81m 37.94%



**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 57 M35 Hammer Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Rosslee, Dirk	M37 Central Gauteng	30.84m	30.84m 36.34%

**Event 57 M40 Hammer Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Bekker, Kristiaan	M43 Central Gauteng	50.67m	53.18m 62.67%

**Event 58 W50 Triple Jump**

Name	Age Team	Finals	Age-Grading
1 Staal, Michelle	W51 Central Gauteng	7.90m	9.61m 62.06%

**Event 59 W35 Hammer Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Killian, Ursula	W37 Central Gauteng	44.50m	47.04m 56.70%

**Event 59 W45 Hammer Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Strauss, Michelle	W49 Gauteng North	33.02m	42.22m 50.89%
2 De Villiers, Azel	W48 Central Gauteng	27.47m	35.12m 42.33%
3 Blaauw, Anja	W49 Gauteng North	24.46m	31.27m 37.69%

**Event 59 W50 Hammer Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Fleming, Daleen	W51 Gauteng North	33.71m	41.21m 49.66%

**Event 59 W55 Hammer Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Flynn, Judy	W58 Gauteng North	26.57m	36.00m 43.39%
2 Pretorius, Engelina	W59 Central North West	22.07m	29.90m 36.04%
3 Vosloo, Susanna	W55 Eastern Province	19.46m	26.37m 31.78%
4 Bridgland, Esmarie	W55 Gauteng North	19.05m	25.81m 31.11%

**Event 59 W60 Hammer Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Claasen, Zelda	W64 Central Gauteng	23.06m	34.81m 41.96%
2 Bruyns, Catharina	W64 South West District	21.43m	32.35m 38.99%
3 Hennop, Ansie	W61 Gauteng North	20.13m	30.39m 36.63%

**Event 59 W65 Hammer Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Gurtsieva, Olga	W66 North West North	31.05m	52.59m 63.39%

**Central Gauteng Masters Championships 2024****Germiston Stadium - 2024/04/13****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 59 W70 Hammer Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Van Eck, Suzi	W74 Gauteng North	16.89m	32.38m 39.03%

**Event 59 W75 Hammer Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Fourie, Ena	W75 Gauteng North	25.17m	42.10m 50.75%
2 Ferriera, Mercia	W75 Central Gauteng	20.51m	34.31m 41.35%

**Event 60 M50 Weight Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Blaauw, David	M52 Gauteng North	13.80m	13.76m 53.24%

**Event 60 M55 Weight Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Van Rensburg, Tone	M59 Central Gauteng	17.78m	19.03m 73.59%

**Event 60 M60 Weight Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Nel, Hannes	M64 Vaal Triangle	12.22m	12.30m 47.59%

**Event 60 M65 Weight Throw NET A**

Name	Age Team	Finals	Age-Grading
1 Aggouras, Nicky	M66 Gauteng North	17.25m	18.72m 72.39%