

A Cognitive Approach to Predicting  
Academic Success in Computing

Colby Goettel

A thesis submitted to the faculty of  
Brigham Young University  
in partial fulfillment of the requirements for the degree of

Master of Science

Barry M. Lunt, Chair  
Derek L. Hansen  
Richard G. Helps

School of Technology  
Brigham Young University

Copyright © 2018 Colby Goettel

All Rights Reserved

## ABSTRACT

### A Cognitive Approach to Predicting Academic Success in Computing

Colby Goettel  
School of Technology, BYU  
Master of Science

This research examines the possible correlations between a computing student's learning preference and their academic success, as well as their overall satisfaction with their major. CS and IT seniors at BYU were surveyed about their learning preferences and satisfaction with their major. The research found that IT students who are more reflective in their learning preference tend to have higher grades in their major. Additionally, it found that student age and their parents' education level were significant players in their academic success. However, there were no correlations found between major satisfaction and academic performance.

Keywords: learning preference, cognition, LSI, computing, academic success, AMSS

## ACKNOWLEDGMENTS

I would like to thank Professor Lunt for his continued motivation and faith in me to finish this work. He was instrumental in keeping me focused and on track. Additionally, his reviews were crucial to this paper coming together.

My good friend Ethan Christensen and his knowledge of statistics were essential in completing this work.

Thank you to my committee for agreeing to work with me through this process. I'm happy I was able to finish before you retired.

Finally, I'd like to thank my parents for helping me become the man that I am today and giving me a love of education. Thank you.

## TABLE OF CONTENTS

<b>LIST OF TABLES</b> . . . . .	<b>vi</b>
<b>LIST OF FIGURES</b> . . . . .	<b>vii</b>
<b>Chapter 1 Introduction</b> . . . . .	<b>1</b>
1.1 Purpose . . . . .	2
1.2 Research questions . . . . .	2
1.3 The computing disciplines . . . . .	2
1.4 What is cognition? . . . . .	3
1.5 What is satisfaction? . . . . .	3
1.6 Delimitations . . . . .	4
<b>Chapter 2 Literature review</b> . . . . .	<b>5</b>
2.1 Learning theories . . . . .	6
2.2 Related studies . . . . .	9
2.3 Why cognition? . . . . .	11
2.4 Cognitive learning preference . . . . .	12
2.5 Criticism of the LSI . . . . .	12
2.6 Criticism of cognition and learning styles . . . . .	13
2.7 Defining satisfaction . . . . .	13
2.8 Conclusion . . . . .	14
<b>Chapter 3 Methodology</b> . . . . .	<b>15</b>
3.1 The computing disciplines . . . . .	15
3.2 Administration of tests . . . . .	15
3.3 Participation rate . . . . .	17
3.4 Scoring responses . . . . .	17
<b>Chapter 4 Results</b> . . . . .	<b>19</b>
4.1 Survey responses . . . . .	19
4.2 What the LSI responses mean . . . . .	20
4.3 Examining the data . . . . .	22
4.4 Answering the research questions . . . . .	23
4.5 Demographics . . . . .	31
<b>Chapter 5 Conclusion</b> . . . . .	<b>32</b>
5.1 Background . . . . .	32
5.2 Literature review . . . . .	34
5.3 Research methodology . . . . .	38
5.4 Data analysis . . . . .	40
5.5 Examining the data . . . . .	42
5.6 Answering the research questions . . . . .	44

5.7 Demographics . . . . .	50
<b>Appendix A R code for data analysis . . . . .</b>	<b>58</b>

## LIST OF TABLES

4.1	Response Rates of Various Majors . . . . .	19
4.2	Shapiro-Wilk Tests . . . . .	22
4.3	Pearson's $r$ . . . . .	24
4.4	Multiple Regression Models . . . . .	26
4.5	AMSS Correlations . . . . .	29
4.6	Major GPA and Student Satisfaction . . . . .	30
4.7	Demographic Regression Analysis . . . . .	31
5.1	Response Rates of Various Majors . . . . .	41
5.2	Pearson's $r$ . . . . .	44
5.3	Multiple Regression Models . . . . .	47
5.4	AMSS Correlations . . . . .	49
5.5	Major GPA and Student Satisfaction . . . . .	50
5.6	Demographic Regression Analysis . . . . .	52

## LIST OF FIGURES

2.1	The Atkinson-Shiffrin Model of Memory . . . . .	7
4.1	LSI Learning Preferences . . . . .	20
4.2	AC—CE and AE—RO for CS and IT Students . . . . .	23
4.3	Correlations Between Major GPA and LSI Results . . . . .	25
4.4	Multiple Regression Models 1 and 2 . . . . .	27
4.5	AMSS Index Histogram . . . . .	28
4.6	Major GPA and Student Satisfaction Correlations . . . . .	30
5.1	AC—CE and AE—RO for CS and IT Students . . . . .	43
5.2	Correlations Between Major GPA and LSI Results . . . . .	45
5.3	Multiple Regression Models 1 and 2 . . . . .	46
5.4	AMSS Index Histogram . . . . .	49
5.5	Major GPA and Student Satisfaction Correlations . . . . .	51

## CHAPTER 1. INTRODUCTION

Incoming freshmen struggle deciding which field they should enter. In computing, there are many fields to choose from and this can cause confusion for new students, especially because the fields are so closely related. For example, many students don't know the difference between computer science (CS), information systems (IS), and information technology (IT). It would be so nice to have a simple way to determine which field would best suit the student. But how do these fields differ? And how do these differences help us determine the right fit for incoming computing students?

One potential way to look at the differences among the various computing fields is to look at the characteristics of the students in each of these fields — especially how they prefer to learn. CS, IS, and IT all focus on different areas of computing and each requires a different skill set. Is it possible to predict in which computing discipline an incoming freshman would succeed based on their learning style preferences? Previous research has shown a correlation between learning preference and academic success for engineering students (Lunt, 1996), but does this correlation also exist for computing students?

In the early 1970s, Dr. David Kolb developed a cognitive model to represent learning preferences. His model works on a two-axis system: concrete experience (CE) versus abstract conceptualization (AC), and reflective observation (RO) versus active experimentation (AE). This two-axis spectrum is meant to describe a student's learning preferences.

The  $x$ -axis, AE–RO, differentiates between students who prefer to learn by doing, being active, seeing results, and those who prefer to learn by watching, listening, taking their time, and relying on observations. The  $y$ -axis, AC–CE, differentiates between students who prefer to learn by thinking things out, reasoning, being rational, and those who are more intuitive and prefer to trust their feelings.



It doesn't appear that any research has been done in this area, *viz.*: examining if a student's cognitive learning preference is a factor in which computing discipline they should study. Some of the research is close, but most deal with programming aptitude or success in a first year program. Interestingly, hardly any research has taken a cognitive approach. Finally, no research was found that focused on the differences between CS, IS, and IT.

## **1.1 Purpose**

The purpose of this research is to discover if there is a correlation between a student's preference for AC—CE and AE—RO and their GPA, and overall satisfaction in CS, IS, and IT. This research matters because incoming freshman interested in computing struggle to decide between the various, computing majors. If there is a statistically significant correlation between Kolb's learning styles and success in CS, IS, and IT, then advisement centers could use the LSI to help incoming students choose among computing majors.

## **1.2 Research questions**

- How strong is the correlation between AC—CE and AE—RO, and major GPA among CS, IS, and IT students?
- How strong is the correlation between AC—CE and AE—RO, and student satisfaction among CS, IS, and IT students?
- Is there a correlation between major GPA and student satisfaction?
- What is the best multiple regression model to fit these correlations?

## **1.3 The computing disciplines**

The Association for Computing Machinery (ACM) has defined five disciplines in computing (Shackelford, 2006): computer engineering, computer science, information systems, information technology, and software engineering. Although there is overlap between disciplines, each discipline fills its own niche. Computer engineering is focused on designing and building computer hardware and its associated software. Computer science creates low-level software, and is

also concerned with the theoretical principles of computing. Software engineering is primarily focused on creating highly reliable software systems. Information technology solves general computer problems and fulfills the organizational need to integrate systems. Information systems also fulfills an organizational need, but mostly from the management side.

#### **1.4 What is cognition?**

David Kolb created the Experiential Learning Theory (ELT) (Kolb, 2005a) and used this theory as the basis for his Learning Style Inventory (LSI). This theory has its roots in famous cognitivists and learning philosophers like Dewey, Piaget, Jung, Freire, and Carl Rogers.

Kolb said that “[l]earning is best conceived as a process, not in terms of outcomes” (Kolb, 2005a). In this view, learning is more about the journey than the outcome. This is important because the ELT focuses on how “[l]earning is the process of creating knowledge” (Kolb, 2005a). This view is based on the Constructivist Theory of learning which says that a learner must construct new knowledge, or as Kolb said, “[S]ocial knowledge is created and recreated in the personal knowledge of the learner” (Kolb, 2005b). It’s contrasted with the Transmission Model whereby “pre-existing fixed ideas are transmitted to the learner” (Kolb, 2005a).

This might seem like a purely semantic difference, but there’s an important distinction between constructivism and transmission, much like there’s an important distinction between learning as a process and learning as the end result. This is important because the ELT and this research focus on learning as a process: it matters *how* students learn, not simply *what* they learn.

#### **1.5 What is satisfaction?**

Satisfaction is how pleased a student is with their major decision. In order to be quantified, satisfaction was rated by the Academic Major Satisfaction Scale which was developed and validated in 2007 by Margaret Nuata. It contained questions that asked the student to rate how happy they were with their major, if they considered changing majors, and how they felt about their major:

1. “I often wish I hadn’t gotten into this major.
2. I wish I was happier with my choice of an academic major.

3. I am strongly considering changing to another major.
4. Overall, I am happy with the major I've chosen.
5. I feel good about the major I've selected.
6. I would like to talk to someone about changing my major" (Nuata, 2007).

## **1.6 Delimitations**

This research was limited to seniors because they have been exposed to myriad professors and courses, giving them a well-rounded view of the institution. Furthermore, this research was limited to CS, IS, and IT students at BYU because there are too many confounding variables to properly deal with other schools and their admissions processes in a study of this size.

This research did not look at the socioeconomic backgrounds of the students involved. It did not consider any social pressure students may receive to join a particular field.

## **CHAPTER 2. LITERATURE REVIEW**

The literature review focused on studies already done on this topic, how previous studies in computing had incorporated cognitive theory, and what surveys should be used to assess a student's cognitive learning preference and their satisfaction with their major.

The literature review was performed through Google Scholar and Brigham Young University's Harold B. Lee Library website. The criterion for a study to be considered relevant was that it had to match at least one of the following criteria:

1. The study had to be about predicting academic success of students. For initial research, the tools and measures were not important. Once the author had an idea of which tools to use, further research was done on the reliability and efficacy of the given tools, as well as research into any criticism of those tools.
2. For studies involving cognitive learning preferences, the studies were limited to science, technology, engineering, or mathematics (STEM) majors. For studies on criticism of the research tools, the search was expanded to include other disciplines because of the lack of relevant studies among the computing disciplines.
3. The study had to be on students, not organizations. Additionally, the study could not be on a specific demographic subgroup of students (e.g., only 21 year-old Asian students whose parents have PhDs). Some studies were performed in niche environments and those qualities are noted in the following reviews.
4. There was no requirement for the study to examine previous experience, high school performance, or tools like the SAT or ACT.

The initial literature review was to find studies related to cognitive learning preference and how it affected STEM students. Upon finding that there was bountiful research in the area, the literature review was focused on finding studies related to cognitive preference among STEM

students. Then, the literature review was expanded to include studies on academic success. Finally, the literature review focused on tool validation.

## **2.1 Learning theories**

### **2.1.1 Top-down and bottom-up**

In 2003, Ron Sun published a paper entitled Top-down versus bottom-up learning in cognitive skill acquisition(Sun, 2004). This paper looked at two different cognitive learning styles. These styles, respectively, were about whether acquiring knowledge was from a general idea to a specific idea, or vice versa. As important as this idea is, Sun's paper had no independent research to back it up.

### **2.1.2 Acquisition and participation metaphors**

Sfard mentioned two metaphors for learning (Sfard, 1998): acquisition metaphor (AM) and participation metaphor (PM). AM says that people learn by learning (as opposed to doing). Facts, ideas, and concepts build on each other. These pieces of information — referred to as objects — are colloquially known as knowledge. Knowledge is then internalized and stored in memory. Historically, AM has been the metaphor used for thousands of years to describe knowledge and learning. Generally, when people think about learning, they are thinking about the AM.

PM is a learning style dictated by actions: people learn by doing. PM advocates teach that knowledge is not something that people have, it's societal and communal: learning is done by being part of a community. This type of learning is all-encompassing, meaning that learning isn't something that someone has, it's one part of the whole.

### **2.1.3 Atkinson-Shiffrin model of memory**

The Atkinson-Shiffrin model of memory (1968) is shown in Figure 2.1. The premise is that as individuals pay attention to sensory stimulation, short-term memories are created. As short-term memory is rehearsed and transferred, it turns into long-term memory. As long-term memory is retrieved, it comes into short-term memory so that it can be used.

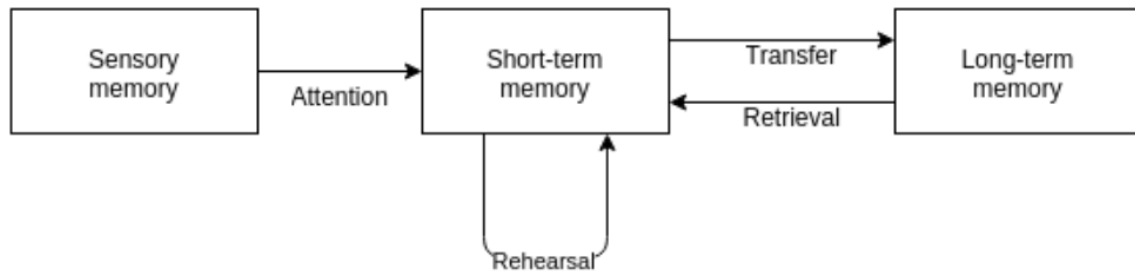


Figure 2.1: The Atkinson-Shiffrin Model of Memory

The major components of this model are some form of input, storage, retrieval, and (eventually) forgetting. When presented with information, an individual must input and store the information. This creates short-term memory. If this memory is rehearsed (retrieved) often, it has a chance to become long-term memory. Neurologically speaking, when memories are rehearsed, the myelin sheaths of neurons form along certain pathways making memory. However, like muscle, if these memories are not used, they are lost.

This model works as a basic model of human learning because learning is the internalization of knowledge in long-term memory. If an individual has successfully internalized and retrieved knowledge, they have learned. In education, this is the predominant reason why exams exist: exams test students to see if they have learned the concepts taught in a class.

The Atkinson-Shiffrin model of memory shows the basic process by which people store information, but lacks the depth necessary to properly portray pedagogy. Learning is more than memorization: it's also internalization and application.

#### 2.1.4 Vygotsky's learning models

According to Vygotsky (Vygotsky, 1978), learning is not something people have, it's something they do. Learning is participatory. It is experiencing something that happened in the world. This is incredibly close to how David Kolb defined learning: "[T]he process whereby knowledge is created through the transformation of experience" (Kolb, 2013).

In contrast to learning, development is the actual progress being made by the learner. Development is the fruits of learning. In Vygotsky's mind, there are two types of development: actual development and proximal development. Actual development is what a learner can do. Proximal

development, however, is the distance between what a learner can do on their own versus what they can do with someone more knowledgeable than themselves. This more knowledgeable person is not necessarily a master of their domain, but a peer or a teacher they just have to be someone more knowledgeable in the learner's domain.

Vygotsky theorized that learning is experiences had in the world: learning happens all the time. In fact, everyone in the world that directly or indirectly influences the learner contributes to learning. This idea of communal learning, influenced by Marxism, is the idea that learners interact with others who already know how to live in the society; and learners learn how to live in their society through these interactions. Communal learning makes up a huge part of Vygotsky's idea of cultural apprenticeship, apprenticeship having more to do with interacting than coaching.

Because Vygotsky came from a communist nation, his thinking is heavily influenced by Marxist ideas. A prevalent, Marxist idea at his time was called Sovietization: if you can make someone live like a communist, they will think like a communist. This worked right into Vygotsky's collectivist thinking and influenced his ideas on social reproduction and enculturation: we become like the community when we learn to think and act like them. This cultural learning is not restricted to schooling because a lot of learning happens outside of school and especially before formal schooling begins. Children begin learning long before school: learning about their culture, their surroundings, their family.

Vygotsky thought of learning as a verb, not a noun: learning is not necessarily something that is had, it's something that is done. This works perfectly into the participation metaphor. He theorized that development is what a child is capable of doing: development is the fruit of learning. Vygotsky believed that what a child can do with others is more indicative of their development than what they can do alone.

Vygotsky was so radically different than his predecessors that he started an entire movement. The idea that learning is what influences development was in stark contrast to previous theorists who either believed that development came first or that learning and development were intertwined. Vygotsky changed the way people think about learning and was hugely influential in informing the learning theories used in this research.

### **2.1.5 Experiential Learning Theory**

The Experiential Learning Theory (ELT), a cognitive approach to learning, was started by David A. Kolb in the 1970s and has continued to be updated with modern research since (Kolb, 2005a). This theory and its related survey, the Kolb Learning Style Inventory (LSI), have been used and validated repeatedly since their creation. In fact, the survey is currently in its fourth major release.

Kolb says that “[l]earning is best conceived as a process, not in terms of outcomes” (Kolb, 2005a). In this view, learning is more about the journey than the outcome. This is important because the ELT focuses on how “[l]earning is the process of creating knowledge” (Kolb, 2005a). This view is based on the Constructivist Theory of learning which says that a learner must construct new knowledge, that is to say, “[S]ocial knowledge is created and recreated in the personal knowledge of the learner” (Kolb, 2005b). It’s contrasted with the Transmission Model whereby “pre-existing fixed ideas are transmitted to the learner” (Kolb, 2005a).

This might seem like a purely semantic difference, but there’s an important distinction between constructivism and transmission, much like there’s an important distinction between learning as a process and learning as the end result. This is important because the ELT and this research focus on learning as a process: it matters how students learn, not simply what they learn. For these reasons, the ELT was chosen as the basis for assessing cognitive preference.

## **2.2 Related studies**

### **2.2.1 Lunt’s *Predicting Academic Success in Electronics***

Lunt’s dissertation, *Predicting Academic Success in Electronics* (Lunt, 1996), was foundational for this thesis. It performed the same research being performed here, but with an older version of the Kolb Learning Style Inventory (LSI), a focus on the electronics fields, and no focus on major satisfaction.

The purpose of Lunt’s research was to determine if there was a correlation between learning style preference and academic success in electronics technology, electronics engineering technology, and electrical engineering. If there was a statistically significant correlation, then the LSI



could be used as an accurate discriminator to help students choose in which electronics program they should enroll.

The students were randomly sampled and there was a participation rate of 45%. Because the students were randomly sampled and the participation rate was >10%, inferences to the population could be drawn.

The research questions were:

1. “What are the best predictor variables for predicting academic success in electronics?”
2. Is abstract learning preference an effective discriminator between students in the three main types of electronics programs?
3. What is the best multiple-regression model that can be derived for predicting success in each of the three types of electronics programs?” (Lunt, 1996)

This rationale was persuasive because it focused on the differences between various majors in the same field and it was aimed at helping students determine which major to choose. Additionally, the Kolb LSI is a tested and validated tool for determining cognitive preference. Finally, the Experiential Learning Theory (ELT) on which the test is based fits right in line with the ideas behind this research.

The multiple regression model presented found correlations which helped justify the need to expand this line of research to computing students.

The paper’s claims were justified in light of the methods used and it drew many interesting implications. This paper found that AC–CE — a Kolb axis measured by the LSI — is a good discriminator and can be used to help potential electronics students choose a major.

### **2.2.2 Other studies**

There were several non-cognitive studies (Thomas, 2007; Elnagar, 2013; Ridgell, 2004; Ting, 2001) that were foundational in understanding the scope of research done in this field. Other studies focused on previous academic success (Barlow-Jones, 2011; Golding, 2005; Ting, 2001; Campbell, 1984), programming or mathematics aptitude (Nowaczyk, 1984; Evans, 1989), or other unrelated and non-cognitive models (Barlow-Jones, 2011; Elnagar, 2013).

The most common non-cognitive tool used was the Non-Cognitive Questionnaire (NCQ); however Thomas found that “none of the scales of the NCQ are adequate predictors of GPA or persistence in college” (Thomas, 2007). Other non-cognitive tools included personality tests (e.g., Myers-Briggs Personality Type Indicator, 16 Personality Test), general knowledge tests (e.g., SAT, ACT), and work drive. In 2004, Ridgell studied these variables with great success ( $p < 0.01$ ) finding that the personality traits exam was found to statistically correlate with course grades and GPA. However, none of the tools Ridgell used were cognitively-based.

In the same vein, *Predicting Academic Performance in the School of Computing & Information Technology (SCIT)* (Golding, 2005) looked at students’ performance in first-year courses. This was useful because it looked at all courses a first-year student takes, not just programming courses as most studies did. The study also looked at demographic information and a student’s qualification for entry to the school and aptitude test scores, neither of which are administered in the US. It then used these indicators, as well as a student’s overall performance in the program, to predict their future performance. However, the study did not look at college entrance exam scores or high school GPA. This research found that none of the entrance exams used — including the SAT — were good predictors for academic success. It also found that high school success in math, science, and previous IS and IT classes were not good indicators for academic success. Mostly, this paper found that the then-current indicators for admission were incorrect and not statistically significant. The only positively-correlated finding was that first-year programming and networking classes were good indicators for later success (Golding, 2005).

Historically, studies tried to determine academic success by a student’s programming or math aptitude using surveys like the Fennema-Sherman Mathematics Attitude Scale (Nowaczyk, 1984), the IBM Programmer Aptitude Test (Hostetler, 1983), or even COBOL (Nowaczyk, 1984) or FORTRAN (Campbell, 1984) proficiency. However, these surveys were found to not be the most effective tools to determine future academic success with “R-squares of less than 24 per cent” (Evans, 1989).

## 2.3 Why cognition?

The various studies already mentioned each take a non-cognitive approach to predicting academic success. Since previous studies have failed to look at cognition, it leaves a clear oppor-

tunity that this research can fill. Cognitive theory seems to be the best candidate for predicting academic success in computing because it focuses on how students think and interpret information which is key in understanding technical concepts.

## **2.4 Cognitive learning preference**

In 2005, the Hay Group published *Learning Styles and Learning Spaces: Enhancing Experiential Learning in Higher Education* which gave interpretations about the various learning styles in the LSI. This paper was useful because it is the foundation of some hypotheses, namely that CS and IS will be in different quadrants of the LSI. IT was not listed, although it falls roughly, but not squarely, into engineering. Since CS and management are in different quadrants, and IS is the management side of technology, it would follow that IS should probably be in a different quadrant. However, no information has been found supporting this claim so it's an important claim to test.

## **2.5 Criticism of the LSI**

In 1990, DeCoux surveyed cognitive research on nursing students that used the LSI. This was done in an effort to determine if the LSI was a trusted assessment tool. DeCoux's research showed "a lack of significant relationships between learning style and other variables," adding further that "studies undertaken specifically to investigate the measurement properties of the LSI reported major criticisms which seem to have been ignored." Throughout the survey, DeCoux found that the LSI was "the most frequently used method of measuring learning styles" even though there were "numerous charges of serious instrument weakness," concluding that "[c]ontinued use of the Kolb LSI... as an experiential technique is not recommended" (DeCoux, 2016).

More recent research has shown that "[d]ifferent personality traits... and academic motivation... were found to be independently associated with student learning strategies" (Donche, 2013). This study, covering more than 1,100 undergraduate students, found that teaching strategy was hugely impactful because of "the importance of students' personality and academic motivation" which were found to "partly explain" how students learn.

Despite these criticisms, the LSI has been widely used in previous research in this area and is still generally considered to be a valid learning style assessment tool. Most of the studies looked

at as part of this literature review did not have negative things to say about the LSI, although they were not looking into the tool's validity. For these reasons, we have decided to adopt the LSI as the learning style assessment tool.

## **2.6 Criticism of cognition and learning styles**

Wang and others looked into the correlation between Biggs' constructive alignment and how it affected students' learning approaches. This research went off the basis that "university students' learning approaches... are highly correlated with students' achievement of learning outcomes" (Wang, 2013). However, it then noted that "[s]uch a statement... was underpinned neither by qualitative nor quantitative empirical data." Their research showed that a more constructively-aligned teaching environment "would lead students to adjust their learning approaches" so they could learn more deeply "despite their pre-existing individual differences in the preferred learning approaches." Their research is important because it showed that learning preference, while not insignificant, could be forgone in order to learn deeply.

One of the main motivations fueling this research was the author's experience in IT and CS classes and how they so greatly differed. Because of the attitudes of the students in each major toward their courses and how the courses were taught, the author hypothesized that the cause of this schism was the learning styles of the students, so the author wished to pursue research in that realm.

## **2.7 Defining satisfaction**

To assess student major satisfaction, Nuata's Academic Major Satisfaction Scale (AMSS) was used. Nuata created and validated this 6-item assessment in 2007 for her dissertation because there didn't seem to be an existing survey, noting that "[s]urprisingly, studies investigating major satisfaction are fairly infrequent in the career-development literature" (Nuata, 2007).

Over the course of her research, Nuata went through multiple iterations before landing on the six questions in the AMSS. After her first methodology which was comprised of 20 Likert-type questions, Nuata reformulated the AMSS into six Likert-type questions and found that "[a]mong this new sample, Cronbach's alpha for the 6 AMSS items was .90. As in Study 1, this suggested

that the items comprising the AMSS are fairly internally consistent” (Nuata, 2007). Then in 2014, the AMSS was adapted for Korean students and re-validated (Sovet, 2014). This helped show that the AMSS is a realistic and reliable tool for determining major satisfaction.

## **2.8 Conclusion**

The literature was severely lacking in cognitive studies in computing. Every study found took a non-cognitive approach, looked at programming aptitude, or tried to use previous academic success and aptitude tests to predict future academic success. Furthermore, the literature almost exclusively focused on CS with IT and IS being either completely overlooked or an afterthought. This study helps fill the gap in research by providing a look into the cognitive learning preferences of computing students. Since there is no clear way to successfully predict academic success in computing, this research will help fill that gap by exploring a new avenue to predict academic success in computing.

## **CHAPTER 3. METHODOLOGY**

### **3.1 The computing disciplines**

The Association for Computing Machinery (ACM) has defined five disciplines in computing (Shackelford, 2006): computer engineering, computer science (CS), information systems (IS), information technology (IT), and software engineering (SE). Although there is overlap between disciplines, each discipline fills its own niche. Computer engineering is focused on designing and building hardware and its associated software. Computer science creates low-level software, but is also concerned with the theoretical principles of computing. Software engineering is primarily focused on creating reliable software. Information technology also creates software, but mostly fulfills the organizational need to integrate systems. Information systems also fulfills an organizational need, but mostly from the management side.

Of the five computing disciplines, computer engineering is the least closely related to IT. SE is small in size nationwide and BYU doesn't even have an SE program. For these reasons, this study focused on CS, IS, and IT.

### **3.2 Administration of tests**

To distribute the surveys, the author gained permission from professors to enter the classrooms of predominantly senior-filled classes in CS, IS, and IT. Once in the classroom, he read the announcement script and distributed packets to each student. The packets contained a consent form, the demographic survey, the Kolb LSI, and the AMSS. It was necessary to distribute the surveys in class because the LSI is copyrighted.

### **3.2.1 Consent form**

The consent form was approved by BYU's Institutional Review Board (IRB). It contained information about the research and a place for students to sign granting access to their college transcripts. Additionally, the consent form contained information about the risks and benefits of the research, confidentiality, and what to do if a research subject had questions about the research.

### **3.2.2 Kolb Learning Style Inventory**

The two most recent revisions of the Kolb Learning Style Inventory (LSI), versions 3.1 and 4, differ mainly in their analysis. As Kolb stated, “[r]ecent theoretical and empirical work is showing that the original four learning styles—assimilating, converging, accommodating, and diverging—can be expanded to show nine distinct styles” (Kolb, 2005b). Since this research was interested in how students differ in the “original four learning styles,” version 3.1 was used because it better focused on those differences.

The LSI is a twelve-question survey that takes between five and ten minutes to complete. The purpose of this tool is to determine the research subject's cognitive preference. The LSI charts cognition on a two-axis scale: concrete experience (CE) versus abstract conceptualization (AC), and reflective observation (RO) versus active experimentation (AE). In order to do this, the questions focus on if a person prefers to think, feel, observe, or experiment when learning, or any combination of those attributes. These terms are defined more completely in chapter four.

### **3.2.3 Academic Major Satisfaction Scale**

Nuata's Academic Major Satisfaction Scale (AMSS) was used to assess the students' satisfaction. It contained six questions rated on a 5-point Likert-type scale with 1 being “strongly disagree” and 5 being “strongly agree.” The questions dealt with how the students felt about their choice of major, if they thought about switching majors, and if they would have liked to talk with someone about switching majors.

### **3.2.4 Demographic information**

The demographic survey asked about the students' gender, age, ethnicity, marital status, and parents' highest education.

### **3.3 Participation rate**

In *The adequacy of response rates to online and paper surveys: what can be done?*, Nulty discussed the differences between online and paper surveys, including their response rates and how to improve them, and how to improve evaluation (Nulty, 2008). The most important part of this study for this research was a table listing the needed participation rates for various class sizes. However, the paper stated that the table is “only a guide as it is based on the application of a formula derived from a theory that has random sampling as a basic requirement” (Nulty, 2008).

From Nulty's research, it was found that a participation rate of 35-48% was necessary for a 10% sampling error and 80% confidence level. The CS and IS senior classes were estimated by their respective departments to be 100 students each, so participation from 21 students was necessary for each major. The IT senior class was estimated at 40 students, requiring participation from 16 students.

### **3.4 Scoring responses**

#### **3.4.1 Major GPA**

After the surveys were received, the author keyed each of the surveys, numbering the consent form and the LSI. The consent form was then torn off the packet and brought to the Registrar's Office. The registrar then took copies of each of the consent forms for their records. The registrar then looked up the student's major and major GPA, and e-mailed the unique number, major, and major GPA to the author in order to preserve anonymity from third parties.

#### **3.4.2 Kolb LSI (v3.1)**

The LSI presents twelve, multiple-choice style questions. For instance, the question might start out: “When I learn, I prefer to:” and then gives four options, one from each quadrant (i.e.,



AC, AE, CE, RO). Students then mark the options one through four according to their personal preference. These scores were then added together according to a specific algorithm to determine where each student fell on the two axes. These responses were then input into a spreadsheet and programmatically checked for data entry errors by ensuring that each row did not have repeat numbers and that all of the values entered equaled 120, as dictated by the algorithm. Once the totals for each axis were found, they were entered into the respective student's row on the main spreadsheet. Since the LSI does not use the individual scores to plot the student's learning preference on the AC–CE and AE–RO axes, additional columns were added to compute these differences.

These values are best explained by example. Student 6 in the study scored CE=24, RO=33, AC=23, and AE=40 so the computed values are AE–RO=7 and AC–CE=–1. This student is pretty squarely in the middle of the graph. They don't lean heavily towards any of the cognitive preferences, but instead prefer an equal mix of them all.

By comparison, I scored CE=48, RO=26, AC=21, and AE=25 so the computed values are AE–RO=–1 and AC–CE=–27. I'm moderate in the AE–RO axis — meaning I favor both active experimentation and reflective observation — but I'm strongly in the abstract conceptualization camp. This might seem counter-intuitive because I scored so high on CE, but I'm in the opposite (AC) end of the spectrum. This is because the individual scores aren't what matters: it's only the calculated values (i.e., AE–RO and AC–CE) that define cognitive preference.

### **3.4.3 AMSS**

The AMSS is rated on a 5-point Likert-type scale with 1 being “strongly disagree” and 5 being “strongly agree.” This scale has both positively and negatively worded statements, the negatively worded statements being reverse scored. These scores were input into their own columns on the respective student's row.

### **3.4.4 Demographic information**

The demographic information was added as columns to each student's existing scores with consistent spelling and punctuation. Each answer was input in separate columns.

## CHAPTER 4. RESULTS

### 4.1 Survey responses

As discussed previously, a participation rate of 35-48% was necessary for a 10% sampling error and 80% confidence level. This allowed for inferences to be made on the population, not just the students sampled. The CS and IS senior classes were estimated by their respective departments to be one hundred students each, so participation from twenty-one students was necessary for each major. The IT senior class was estimated at forty students, requiring participation from sixteen students. Table 4.1 shows the amount of responses received compared to the total amounts needed.

Table 4.1: Response Rates of Various Majors

Major	Total seniors in major	Surveys needed	Surveys received	Response rate
CS	100	35	40	40%
IS	100	35	2	2%
IT	40	14	22	55%

There were many complications getting responses from IS students. IS seniors do not have a capstone or senior seminar class, so there was no common opportunity to reach them. Since the Learning Style Inventory (LSI) is copyrighted and licensed for hardcopy use, it couldn't be digitized for distribution. This made it difficult to get surveys into the hands of the IS students. After trying for a year to get surveys out and being stonewalled by significant distribution problems, only two surveys from IS students were completed, and those were only completed because those students were in an IT course in which the surveys were distributed. No additional surveys were returned from IS students.

Because of the complications surrounding the IS responses, the IS results were not included in the analysis.

## 4.2 What the LSI responses mean

A student's learning preference on the two axes of the LSI can be seen in Figure 4.1 which shows the cognitive preferences throughout the LSI spectrum. These preferences can be either in abstract conceptualization (AC), active experimentation (AE), concrete experience (CE), reflective observation (RO), or along the AC–CE or AE–RO spectrums.

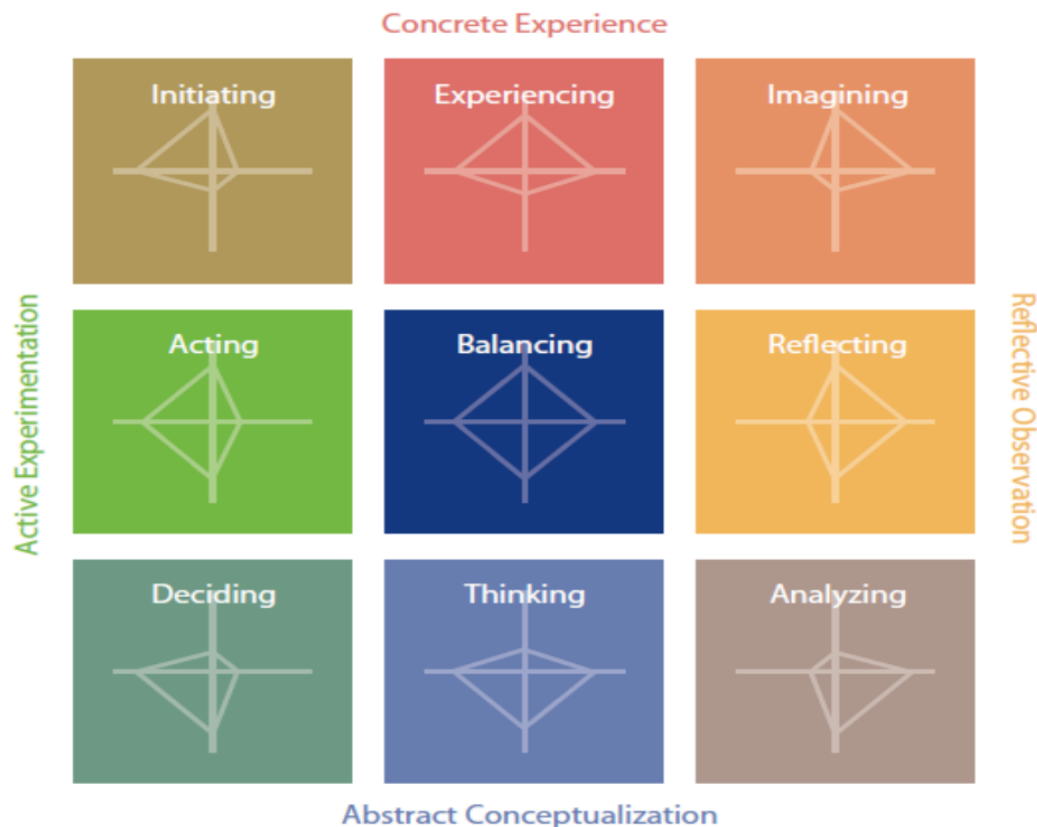


Figure 4.1: LSI Learning Preferences

### 4.2.1 Defining AC, CE, AE, and RO

The terms abstract conceptualization, active experimentation, concrete experience, and reflective observation are not really intuitive. Before diving into the statistical analysis, it will be helpful to more clearly define these terms. The following list contains statements to help define each of these terms (Kolb, 1993):

1. Abstract conceptualization

- (a) To learn, I'd rather think about ideas.
- (b) I'm logical.
- (c) I like to reason things out.
- (d) I want to analyze things.
- (e) I'm rational.
- (f) I rely on my ideas.

2. Concrete experience

- (a) Thinking about my feelings affects how I learn.
- (b) I trust my feelings and intuition.
- (c) I'm open to experiencing new things.
- (d) I like to learn from personal relationships.
- (e) I like being actively involved in the learning process.

3. Active experimentation

- (a) I want to be doing.
- (b) I like to work hard.
- (c) I want to see results.
- (d) Just let me try it out myself.
- (e) I'm practical.

4. Reflective observation

- (a) I prefer to watch and listen.
- (b) When I learn, I'm quiet.
- (c) I take my time when I learn.

- (d) I'm reserved.
- (e) I like to look at issues from different angles.
- (f) I'm observant.
- (g) I prefer to slow down and be careful.

### 4.3 Examining the data

Before answering the research questions, it's necessary to look at the data, get a feel for it, and visualize it. To this end, I ran  $t$ -tests to see if there was a significant difference between CS and IT students in their AC–CE and AE–RO scores. Each of these were not statistically significant, with  $p > 0.05$ . The AC–CE and AE–RO scores for CS and IT students are shown in a scatter plot in Figure 4.2 where it can be seen that there does not appear to be any visible distinction between CS and IT for these results. This is interesting because it goes against what the literature previously discussed about the relationship between learning style preferences, *viz.*: CS and IT should be distinct (Kolb, 2005b).

Next, I needed to know if the data was normally distributed in order to determine which correlation model to run. To determine if the data was normally distributed, I ran the Shapiro-Wilk test (see Table 4.2 (note that  $p < 0.05$  here means that the data is *not* normally distributed)). From this analysis, I can see that CS AC–CE was the only non-normal data with  $p = 0.0251$ . These findings will be discussed alongside the first research question.

Table 4.2: Shapiro-Wilk Tests

Data	W	$p$ -value
CS major GPA	0.95843	0.148
IT major GPA	0.97703	0.8639
CS AC–CE	0.93586	0.0251
CS AE–RO	0.98255	0.7826
IT AC–CE	0.9529	0.3601
IT AE–RO	0.95844	0.4583

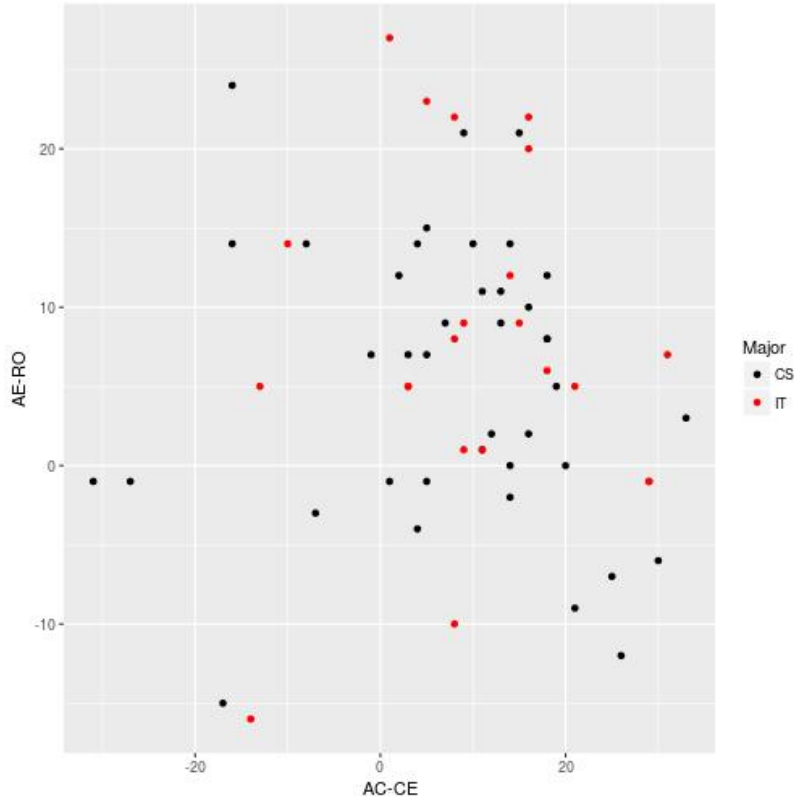


Figure 4.2: AC–CE and AE–RO for CS and IT Students

#### 4.4 Answering the research questions

##### 4.4.1 How strong is the correlation between AC–CE and AE–RO, and major GPA among CS, IS, and IT students?

Because all of these data points, except for CS AC–CE, are normally distributed, I was justified in using Pearson’s correlation coefficient (also known as Pearson’s  $r$ ) to calculate the correlations. This data is summarized in Table 4.3 in which it can be seen that three of the four table entries were not statistically significant, while the IT major GPA and IT AE–RO, with  $p = 0.0202$ , was statistically significant.

Since CS students’ AC–CE results were not normally distributed, I ran Spearman’s correlation coefficient to determine if there was a correlation between CS major GPA and CS AC–CE results. This resulted in  $p > 0.05$ , but R gave a warning that Spearman’s shouldn’t be used for data with tied values. To account for the tied values, I then ran the correlation using Kendall’s  $\tau_b$  which also had  $p > 0.05$ . With Pearson’s  $r$ , Spearman’s  $\rho$ , and Kendall’s  $\tau_b$  all having  $p > 0.05$ ,

Table 4.3: Pearson's  $r$ 

Data	$p$ -value	$r$
CS major GPA and CS AC–CE	0.8177	-0.0376
CS major GPA and CS AE–RO	0.6704	-0.0694
IT major GPA and IT AC–CE	0.9727	-0.0077
IT major GPA and IT AE–RO	0.0202	0.4915

I am confident that there is no statistically significant correlation between CS major GPA and CS AC–CE results.

So, how strong is the correlation between AC–CE and AE–RO, and major GPA among CS, IS, and IT students? Because of these findings, I am unable to find a statistically significant correlation between any major GPA and a student's LSI results, except for IT major GPA and IT AE–RO (see Figure 4.3). In fact, IT AE–RO is so strongly correlated to IT major GPA that it has an  $R^2 = r^2 = 0.4915^2 = 0.2416$ . This means that an IT student's AE–RO score is able to explain 24.16% of their GPA. Interestingly, the AC–CE spectrum did not hold any statistically significant ( $p > 0.05$ ) effect on student GPA in CS or IT. This is interesting because Lunt found that AC–CE was the significant axis among electronics students (Lunt, 1996).

#### 4.4.2 What is the best multiple regression model to fit these correlations?

In order to estimate the relationship that AC–CE and AE–RO each have simultaneously, I developed several multiple regression models. I ran these models with standard errors computed with the Huber-White (HC1) robust standard error to account for the heteroskedasticity of the data. The most significant models can be seen in Table 4.4. All three models used major GPA as the dependent variable, and compared that against the CS dummy variable (to determine if the student is a CS major), age, and parents' education level. Model 2 added AE–RO as a covariate, and Model 3 added AC–CE as a covariate.

These models each have statistically significant ( $p < 0.05$ ) F statistics, so I reject the null hypothesis that that these groups of variables do not have a statistically significant joint effect. However, an interesting thing happens between models 2 and 3: adding the AC–CE covariate decreases the adjusted  $R^2$ . This means that while the model is still significant with that covariate, it

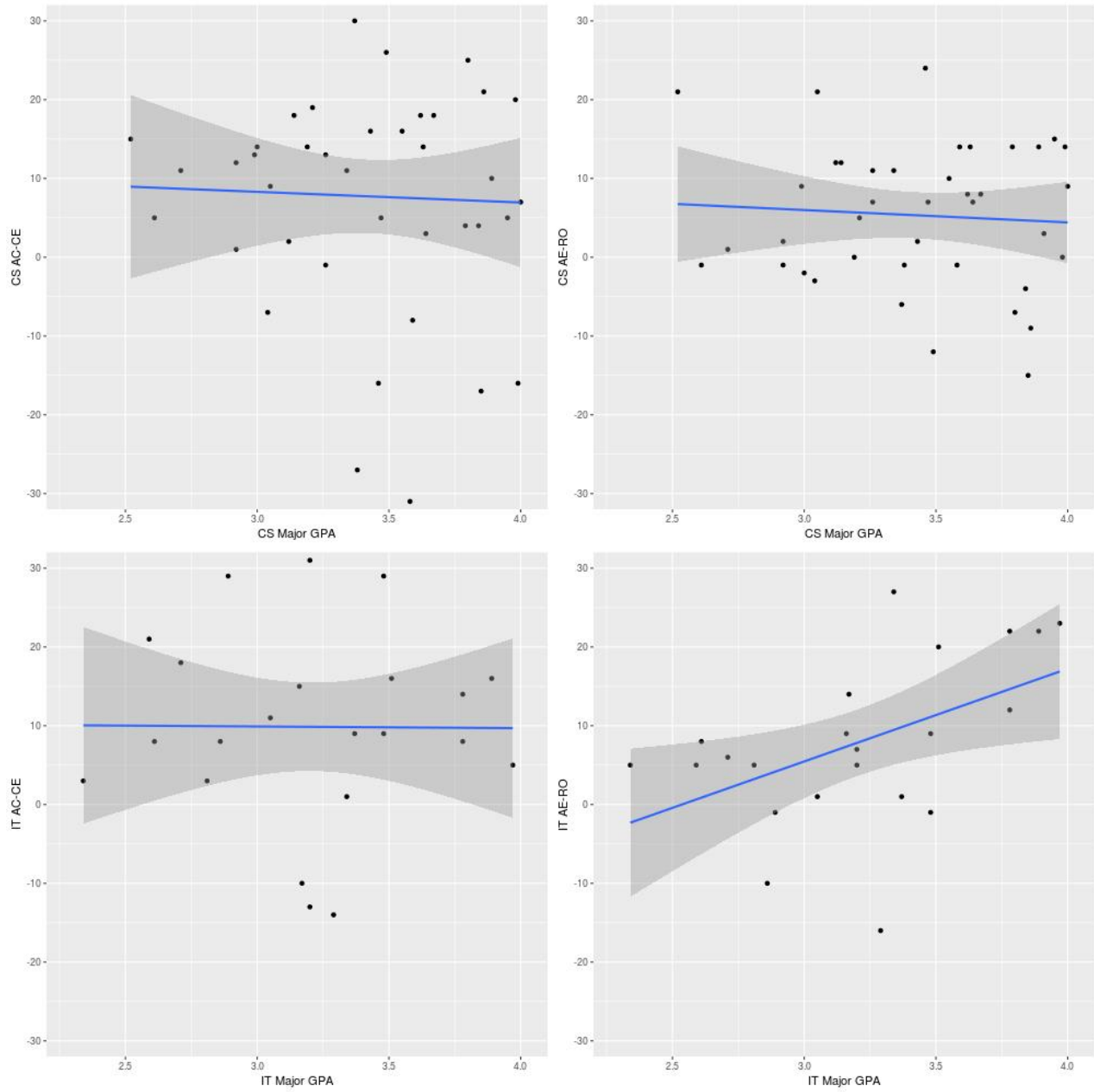


Figure 4.3: Correlations Between Major GPA and LSI Results



Table 4.4: Multiple Regression Models

	<i>Dependent variable:</i>		
	Major GPA		
	(1)	(2)	(3)
CS dummy variable	0.110	0.137	0.137
Age 25-29	−0.196	−0.177	−0.177
Age 30-34	−0.443	−0.425	−0.426
Age 35+	−0.096	−0.077	−0.082
Parents education — some college	−0.661	−0.667	−0.667
Parents education — undergraduate degree	−0.631	−0.534	−0.534
Parents education — graduate degree	−0.680	−0.602	−0.601
Parents education — post-graduate degree	−0.157	−0.080	−0.080
AE.RO		0.007	0.007
AC.CE			0.0002
Constant	3.976* (0.159)	3.828* (0.110)	3.826* (0.103)
Observations	62	62	62
$R^2$	0.367	0.389	0.389
Adjusted $R^2$	0.272	0.283	0.269
Residual Std. Error	0.364 (df = 53)	0.361 (df = 52)	0.365 (df = 51)
F Statistic	3.848* (df = 8; 53)	3.681* (df = 9; 52)	3.250* (df = 10; 51)
<i>Note:</i>			* $p < 0.05$

doesn't explain the variance as well. Again, this goes against what Lunt found concerning AC–CE results (Lunt, 1996). Because models 1 and 2 represent the best multiple regression models for this data, I chose to only plot those two (Figure 4.4).

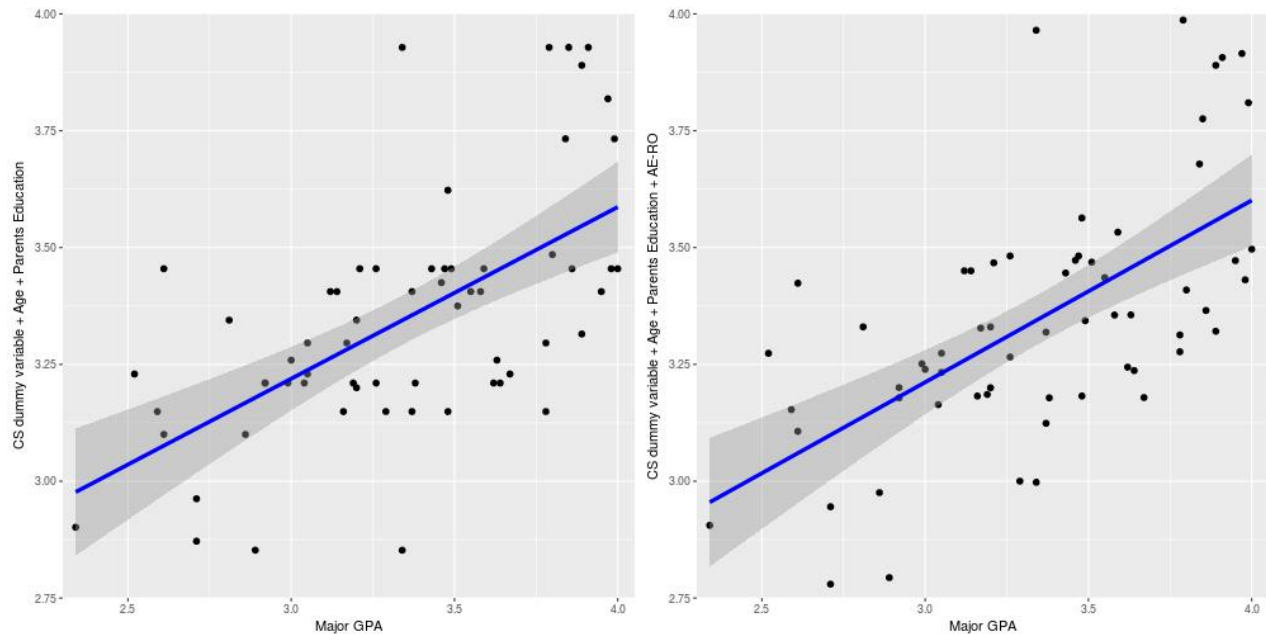


Figure 4.4: Multiple Regression Models 1 and 2

Up to this point, I've only examined individual variables, not groups of variables. The linear hypothesis test compares the residual (error) sum of squares values against similar models. This way, I can check individual variables for a joint significance which will allow me to see if the variables can explain the deviance in the model. The null hypothesis is that each of these variables are 0. This test is important because removing unnecessary variables gives more power with this small of a dataset.

The model I ran used major GPA as the dependent variable, and compared it to the CS dummy variable, AE–RO, age, and parents education. This model had  $p = 1.266 \times 10^{-10}$ , so I reject the null hypothesis that at least one of these variables is not significant in explaining the variance in the data. This model reinforces the earlier, multiple regression findings.

#### 4.4.3 How strong is the correlation between AC–CE and AE–RO, and student satisfaction among CS, IS, and IT students?

Nuata's AMSS, as enumerated in chapter 1, is graded on a five-point Likert-type scale with two of the responses being negatively scored. Two of the AMSS questions assume that students still have the option of changing their major, but once BYU students get beyond a certain credit threshold (well before their senior year), it becomes impossible for them to change majors. Because of this and the lack of variance among the responses, these questions were dropped from the analysis:

1. I am strongly considering changing to another major.
2. I would like to talk to someone about changing my major.

I created a summary index of academic major satisfaction using the remaining AMSS variables and reverse coded the negatively-scored variables. In this summary index, the least satisfied value was a 4 and the most satisfied was a 20, with a mean of 18.10 ( $\sigma = 2.2595$ ). This data is heavily left-skewed (see Figure 4.5).

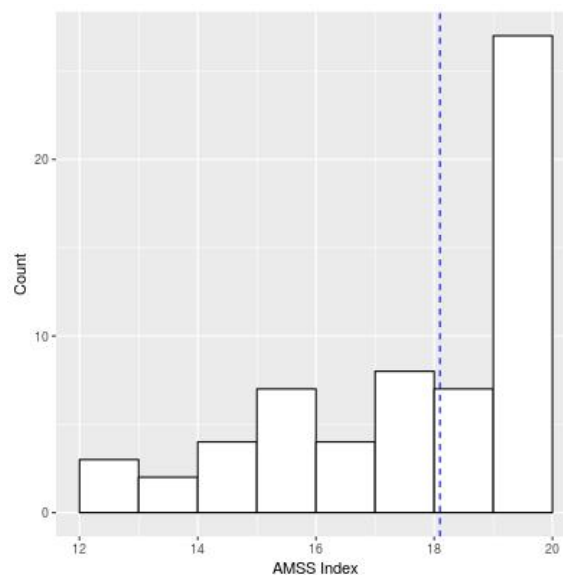


Figure 4.5: AMSS Index Histogram

I then ran a linear regression model for the data and found no statistically significant results (see Table 4.5), suggesting that there is no relationship between learning style and major satisfac-

tion. I believe the lack of response diversity led, at least in part, to the lack of correlations between student satisfaction.

Table 4.5: AMSS Correlations

	<i>Dependent variable:</i>	
	CS AMSS Index	IT AMSS Index
CS AC–CE	0.011	
CS AE–RO	0.066	
IT AC–CE		–0.003
IT AE–RO		0.029
Constant	17.665* (0.528)	17.890* (0.022)
Observations	40	22
$R^2$	0.065	0.022
Adjusted $R^2$	0.015	–0.081
Residual Std. Error	2.344 (df = 37)	2.198 (df = 19)
F Statistic	1.294 (df = 2; 37)	0.212 (df = 2; 19)
<i>Note:</i>		* $p < 0.05$

#### 4.4.4 Is there a correlation between major GPA and student satisfaction?

To determine if there was a correlation between major GPA and student satisfaction, I ran a linear regression model against the data (Table 4.6 and Figure 4.6), with major GPA being the dependent variable and each major’s AMSS index as the independent variables.

This regression model had  $p > 0.05$ , so I am unable to say that there is a significant correlation between the major GPA and student satisfaction.

Table 4.6: Major GPA and Student Satisfaction

	<i>Dependent variable:</i>	
	CS Major GPA (1)	IT Major GPA (2)
CS AMSS index	0.028	
IT AMSS index		0.035
Constant	2.919* (0.513)	2.563* (0.028)
Observations	40	22
$R^2$	0.027	0.028
Adjusted $R^2$	0.002	-0.020
Residual Std. Error	0.401 (df = 38)	0.448 (df = 20)
F Statistic	1.062 (df = 1; 38)	0.585 (df = 1; 20)
<i>Note:</i>	*p<0.05	

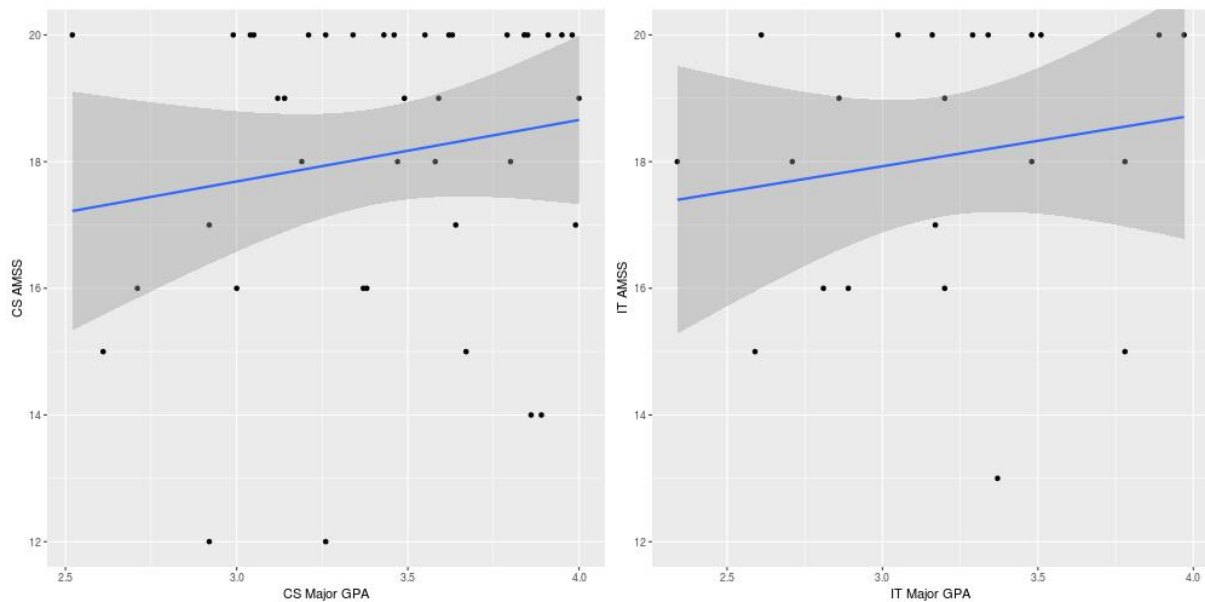


Figure 4.6: Major GPA and Student Satisfaction Correlations

## 4.5 Demographics

Unfortunately, I was unable to use the full set of demographic variables collected from students as covariates because there was not enough variance among the sample group. The students were almost entirely white and male (88% for both). Looking at the relationship between marital status and its effect on major GPA and satisfaction had a multiple  $R^2$  of 0.07, meaning that marital status was only able to explain 7% of the variance in major GPA and satisfaction. While students were equally divided in marital status (31 single, 31 married), there was no relationship between marital status and any other factor. The multiple regression analysis for the demographic information, calculated with robust standard error, is summarized in Table 4.7.

Table 4.7: Demographic Regression Analysis

	<i>Dependent variable:</i>
	AMSS index
Major GPA	1.088
CS dummy variable	−0.276
Age 25-29	−0.536
Age 30-34	−0.034
Age 35+	0.723
Gender — female	−3.251
Gender — male	−3.275
Constant	18.072* (2.230)
Observations	62
$R^2$	0.070
Adjusted $R^2$	−0.051
Residual Std. Error	2.316 (df = 54)
F Statistic	0.578 (df = 7; 54)
<i>Note:</i>	* $p < 0.05$

## CHAPTER 5. CONCLUSION

### 5.1 Background

Incoming freshmen struggle deciding which field of study they should enter. There are many computing fields and this can confuse new students who are interested in computing, especially because the fields are so closely related. For example, many students don't know the difference between computer science (CS), information systems (IS), and information technology (IT). It would be wonderful to have a simple way to determine which of these computing fields would best suit each student. How do these differences help us determine the right fit for incoming computing students?

One way to look at the differences among computing fields is to examine the students in each field — especially how they learn. CS, IS, and IT all focus on different areas of computing and each requires a different skill set. Is it possible to predict in which computing discipline an incoming freshman would succeed based on their learning style? Previous research has shown a correlation between learning preference and academic success, but does this correlation also exist for computing students?

In the 1970s, David Kolb developed a model to represent cognitive learning preference. His model works on a two-axis system: concrete experience (CE) versus abstract conceptualization (AC), and reflective observation (RO) versus active experimentation (AE). The  $x$ -axis, AE–RO, differentiates between students who learn by doing or by seeing results, and those who prefer to learn by watching, listening, and taking their time. The  $y$ -axis, AC–CE, differentiates between students who learn by reasoning and being rational, and those who prefer to trust their feelings.

The Association for Computing Machinery (ACM) has defined five disciplines in computing (Shackelford, 2006): computer engineering, computer science (CS), information systems (IS), information technology (IT), and software engineering (SE). Although there is overlap between disciplines, each discipline is distinct. Computer engineering is focused on designing and building

hardware. CS is concerned with the theoretical principles of computing, particularly the software. SE is focused on creating highly reliable software systems. IT solves general computer problems and focuses on systems integration. And IS fulfills an organizational need, but mostly from the management side.

Of the five computing disciplines, computer engineering is the least closely related to IT. SE is small in size nationwide and BYU doesn't even have an SE program. For these reasons, this study focused on CS, IS, and IT.

### **5.1.1 Research questions**

- How strong is the correlation between AC–CE and AE–RO, and major GPA among CS, IS, and IT students?
- How strong is the correlation between AC–CE and AE–RO, and student satisfaction among CS, IS, and IT students?
- Is there a correlation between major GPA and student satisfaction?
- What is the best multiple regression model to fit these correlations?

### **5.1.2 Defining terms**

Kolb created the Experiential Learning Theory (ELT) (Kolb, 2005a) and used it as the basis for his Learning Style Inventory (LSI) assessment. According to this theory, learning is more about the journey than the outcome. This is important because the ELT focuses on how “[l]earning is the process of creating knowledge” (Kolb, 2005a). This view is based on the Constructivist Theory of learning: that a learner must construct new knowledge: “social knowledge is created and recreated in the personal knowledge of the learner” (Kolb, 2005b). It is contrasted with the Transmission Model whereby “pre-existing fixed ideas are transmitted to the learner” (Kolb, 2005a). This might seem like a purely semantic difference, but there's an important distinction between constructivism and transmission which is important because the ELT and this research focus on learning as a process: it matters how students learn, not simply what they learn.



Satisfaction is how pleased a student is with their decision on their major. In order to be quantified, satisfaction was rated by the Academic Major Satisfaction Scale, developed and validated by Nuata. It asks if students are happy with their major, if they think of switching majors, and how they feel about their choice.

### **5.1.3 Delimitations**

This research was limited to seniors because they have been exposed to myriad professors and courses, giving them a well-rounded view of the institution. Furthermore, this research was limited to CS, IS, and IT students at BYU because there are too many confounding variables to properly deal with other schools and their admissions processes in a study of this size.

This research did not look at the socioeconomic backgrounds of the students involved. It did not consider any social pressure students may receive to join a particular field.

## **5.2 Literature review**

The literature review focused on studies already done on this topic, how previous studies in computing had incorporated cognitive theory, and what surveys to use to study cognitive theory among computing students, including criticism of the chosen surveys.

The initial literature review was to find studies related to cognitive or learning preference and how it bears on STEM students. Upon finding that there was bountiful research in the area, the literature review focused on finding studies on cognitive preference. Then, research was expanded to include studies on academic success.

### **5.2.1 Lunt's *Predicting Academic Success in Electronics***

Barry Lunt's dissertation, *Predicting Academic Success in Electronics*, was foundational. It performed the same research being performed here, but with an older version of the LSI, a focus on the electronics fields, and no focus on major satisfaction.

The purpose of Lunt's research was to determine if there was a correlation between learning style preference and academic success in electronics technology, electronics engineering technology, and electrical engineering. If there was a statistically significant correlation, then the LSI

could be used as an accurate discriminator to help students choose in which electronics program they should enroll.

The students were randomly sampled and there was a participation rate of 45%. Lunt asked: “What are the best predictor variables for predicting academic success in electronics? Is abstract learning preference an effective discriminator between students in the three main types of electronics programs? What is the best multiple-regression model that can be derived for predicting success in each of the three types of electronics programs?” (Lunt, 1996)

This rationale was persuasive because it focused on the difference between various majors in the same field and it was aimed at helping students determine which major to choose. Additionally, the Kolb LSI is a tested and validated tool for determining cognitive preference. Finally, the Experiential Learning Theory (ELT) on which the test is based fits right in line with the ideas behind this present research.

The multiple regression model presented found correlations which helped justify the need to expand this line of research to computing students.

### **5.2.2 Other studies**

There were several non-cognitive studies (Thomas, 2007; Elnagar, 2013; Ridgell, 2004; Ting, 2001) that were foundational in understanding the scope of research done in this field. Other studies focused on previous academic success (Barlow-Jones, 2011; Golding, 2005; Ting, 2001; Campbell, 1984), programming or mathematics aptitude (Nowaczyk, 1984; Evans, 1989), or other unrelated and non-cognitive models (Barlow-Jones, 2011; Elnagar, 2013).

The most common non-cognitive tool used is the Non-Cognitive Questionnaire (NCQ); however Thomas found that “none of the scales of the NCQ are adequate predictors of GPA or persistence in college” (Thomas, 2007). Other non-cognitive tools included personality tests (e.g., Myers-Briggs Personality Type Indicator, 16 Personality Test), general knowledge tests (e.g., SAT, ACT), and work drive. In 2004, Ridgell studied these variables with great success ( $p < 0.01$ ) finding that the personality traits exam was found to statistically correlate with course grades and GPA. However, none of the tools Ridgell used were cognitively-based.

In the same vein, *Predicting Academic Performance in the School of Computing & Information Technology (SCIT)* (Golding, 2005) looked at students’ performance in first-year courses.

This was useful because it looked at all courses a first year student takes, not just programming courses (as most studies did). The study used demographic information and aptitude score, as well as a student's overall performance in the program, to predict their future performance. However, the study did not look at college entrance exam scores or high school GPA. This research found that none of the entrance exams used — including the SAT — were good predictors for academic success. It also found that high school success in math and science and previous IS and IT classes were not good indicators for academic success. Mostly, this paper found that the then-current indicators for admission were incorrect and not statistically significant.

Historically, studies tried to determine academic success by a student's programming or math aptitude, using surveys like the Fennema-Sherman Mathematics Attitude Scale (Nowaczyk, 1984) and the IBM Programmer Aptitude Test (Hostetler, 1983), or even COBOL (Nowaczyk, 1984) or FORTRAN (Campbell, 1984) proficiency. However, these surveys were found to not be the most effective tools to determine future academic success with “R-squares of less than 24 percent” (Evans, 1989) used in the study.

### **5.2.3 Why cognition?**

These studies take a non-cognitive approach to predicting academic success. Since previous studies have failed to look at cognition, it leaves a clear opportunity that this research can fill. Cognitive theory focuses on how students think and interpret information, which is key in understanding technical concepts. For these reasons, cognitive theory was selected for the basis of this study.

### **5.2.4 Criticism of the LSI**

In 1990, DeCoux surveyed cognitive research on nursing students that used the LSI. This was done in an effort to determine if the LSI was a trusted assessment tool. DeCoux's research showed “a lack of significant relationships between learning style and other variables,” adding further that “studies undertaken specifically to investigate the measurement properties of the LSI reported major criticisms which seem to have been ignored.” Throughout the survey, DeCoux found that the LSI was “the most frequently used method of measuring learning styles” even though

there were “numerous charges of serious instrument weakness,” concluding that “[c]ontinued use of the Kolb LSI... as an experiential technique is not recommended” (DeCoux, 2016).

More recent research has shown that “[d]ifferent personality traits... and academic motivation... were found to be independently associated with student learning strategies” (Donche, 2013). This study, covering more than 1,100 undergraduate students, found that teaching strategy was hugely impactful because of “the importance of students’ personality and academic motivation” which were found to “partly explain” (Donche, 2013) how students learn.

Despite these criticisms, the LSI has been widely used in previous research in this area and is still generally considered to be a valid assessment tool. Most of the studies looked at as part of this literature review did not have negative things to say about the LSI, although they were not looking into the tool’s validity. For these reasons, we have decided to adopt the LSI as the learning style assessment tool.

### **5.2.5 Criticism of cognition and learning styles**

Wang and others looked into the correlation between Biggs’ constructive alignment and how it affected students’ learning approaches. This research went off the basis that “university students’ learning approaches... are highly correlated with students’ achievement of learning outcomes” (Wang, 2013). However, it then noted that “[s]uch a statement... was underpinned neither by qualitative nor quantitative empirical data.” Their research showed that a more constructively-aligned teaching environment “would lead students to adjust their learning approaches” so they could learn more deeply “despite their pre-existing individual differences in the preferred learning approaches.” Their research is important because it showed that learning preference, while not insignificant, could be forgone in order to learn deeply.

One of the main motivations fueling this research was the author’s experience in IT and CS classes and how they so greatly differed. Because of the attitudes of the students in each major toward their courses and how the courses were taught, the author hypothesized that the cause of this schism was the learning styles of the students, so the author wished to pursue research in that realm.

### **5.2.6 Conclusion on literature review**

The literature was severely lacking in cognitive studies in computing. Every study found took a non-cognitive approach, looked at programming aptitude, or tried to use previous academic success and aptitude tests to predict future academic success. Furthermore, the literature almost exclusively focused on CS with IT and IS being either completely overlooked or an afterthought. This study helps fill the gap in research by providing a look into the cognitive learning preferences of computing students. Since there is no clear way to successfully predict academic success in computing, this research will help fill that gap by exploring a new avenue to predict academic success in computing.

## **5.3 Research methodology**

### **5.3.1 Administration of tests**

To distribute the surveys, the author gained permission from professors to enter the classrooms of seniors in CS, IS, and IT. Once in the classroom, the author read the announcement script and distributed packets to each student. The packets contained a consent form, the demographic survey, the Kolb LSI, and the AMSS.

### **5.3.2 Consent form**

The consent form was approved by BYU's Institutional Review Board (IRB). It contained information about the research and a place for students to sign granting access to their college transcripts. Additionally, the consent form contained information about the risks and benefits of the research, confidentiality, and what to do if a research subject had questions about the research.

### **5.3.3 Kolb Learning Style Inventory (v3.1)**

The LSI is a twelve-question survey that takes between five and ten minutes to complete. The LSI charts cognition on a two-axis scale: concrete experience (CE) versus abstract conceptualization (AC), and reflective observation (RO) versus active experimentation (AE).

The LSI presents twelve, multiple-choice style questions. For instance, the question might start out: “When I learn, I prefer to:” and then gives four options, one from each quadrant (i.e., AC, AE, CE, RO). Students then mark the options one through four according to their personal preference. These scores are then added together to determine where the student’s fall on each spectrum.

The responses were then totaled according to the algorithm provided by the Hay Group. The data was programmatically checked for integrity, and the results were input into a spreadsheet.

The LSI does not use the individual scores to plot the student’s learning preference on the AC–CE and AE–RO axes so additional columns were added to compute these values. These values are best explained by example. Student 6 in the study scored CE=24, RO=33, AC=23, and AE=40 so the computed values are  $AE-RO=7$  and  $AC-CE=-1$ . This student is pretty squarely in the middle of the graph. They don’t lean heavily towards any of the cognitive preferences. By comparison, the author scored CE=48, RO=26, AC=21, and AE=25 so the computed values are  $AE-RO=-1$  and  $AC-CE=-27$ . The author is moderate in the AE–RO axis — meaning he favors both active experimentation and reflective observation — but he is strongly in the abstract conceptualization camp. This might seem counter-intuitive because the author scored so high on CE, but is in the opposite (AC) end of the spectrum. This is because the individual scores aren’t what matters: it is the calculated values (AE–RO and AC–CE) that define cognitive preference.

#### **5.3.4 AMSS**

The AMSS is composed of six questions rated on a 5-point Likert-type scale with 1 being “strongly disagree” and 5 being “strongly agree.” This scale has both positively and negatively worded statements, the negatively worded statements being reverse scored. These scores were input into their own columns on the respective student’s row.

#### **5.3.5 Demographic information**

The demographic survey asked about the students’ gender, age, ethnicity, marital status, and parents’ highest education. The demographic information was added as columns to each stu-

dent's existing scores with consistent spelling and punctuation. Each answer was input in separate columns.

### **5.3.6 Participation rate**

Nulty discussed the differences between online and paper surveys, including their response rates and how to improve them, and how to improve evaluation (Nulty, 2008). The most important part of this study for this research was a table listing the needed participation rates for various class sizes. However, the paper stated that the table is “only a guide as it is based on the application of a formula derived from a theory that has random sampling as a basic requirement” (Nulty, 2008).

From Nulty's research, it was found that a participation rate of 35-48% was necessary for a 10% sampling error and 80% confidence level. The CS and IS senior classes were estimated by their respective departments to be 100 students each, so participation from 21 students was necessary for each major. The IT senior class was estimated at 40 students, requiring participation from 16 students.

### **5.3.7 Major GPA**

Each student's major GPA was received from the Registrar's Office and input into the spreadsheet.

## **5.4 Data analysis**

### **5.4.1 Survey responses**

As discussed previously, a participation rate of 35-48% was necessary for a 10% sampling error and 80% confidence level. This allows for inferences to be made on the population, not just the students sampled. The CS and IS senior classes were estimated by their respective departments to be one hundred students each, so participation from twenty-one students was necessary for each major. The IT senior class was estimated at forty students, requiring participation from sixteen students. Table 5.1 shows the amount of responses received compared to the total amounts needed.

Table 5.1: Response Rates of Various Majors

Major	Total seniors in major	Surveys needed	Surveys received	Response rate
CS	100	35	40	40%
IS	100	35	2	2%
IT	40	14	22	55%

There were many complications getting responses from IS students. IS seniors do not have a capstone or senior seminar class, so there was no common opportunity to reach them. Since the Learning Style Inventory (LSI) is copyrighted and licensed for hardcopy use, it couldn't be digitized for distribution. This made it difficult to get surveys into the hands of the IS students. After trying for a year to get surveys out and being stonewalled by significant distribution problems, only two surveys from IS students were completed, and those were only completed because those students were in an IT course in which the surveys were distributed. No additional surveys were returned from IS students. Because of the complications surrounding the IS responses, the IS results were not included in the analysis.

#### 5.4.2 What the LSI responses mean

##### Defining AC, CE, AE, and RO

The terms abstract conceptualization (AC), concrete experience (CE), active experimentation (AE), and reflective observation (RO) are not really intuitive. Before diving into the statistical analysis, it will be helpful to more clearly define these terms. The following list contains statements to help define each of these terms (Kolb, 1993):

1. Abstract conceptualization
  - (a) To learn, I'd rather think about ideas.
  - (b) I like to reason things out.
  - (c) I want to analyze things.
  - (d) I'm rational.
  - (e) I rely on my ideas.



## 2. Concrete experience

- (a) Thinking about my feelings affects how I learn.
- (b) I trust my feelings and intuition.
- (c) I'm open to experiencing new things.
- (d) I like to learn from personal relationships.
- (e) I like being actively involved in the learning process.

## 3. Active experimentation

- (a) I want to be doing.
- (b) I like to work hard.
- (c) I want to see results.
- (d) Just let me try it out myself.
- (e) I'm practical.

## 4. Reflective observation

- (a) I prefer to watch and listen.
- (b) When I learn, I'm quiet.
- (c) I take my time when I learn.
- (d) I'm reserved.
- (e) I like to look at issues from different angles.
- (f) I'm observant.
- (g) I prefer to slow down and be careful.

## 5.5 Examining the data

Before answering the research questions, it's necessary to look at the data, get a feel for it, and visualize it. To this end, I ran *t*-tests to see if there was a significant difference between CS and

IT students in their AC–CE and AE–RO scores. Each of these were not statistically significant, with  $p > 0.05$ . The AC–CE and AE–RO scores for CS and IT students are shown in a scatter plot in Figure 5.1 where it can be seen that there does not appear to be any visible distinction between CS and IT for these results. This is interesting because it goes against what the literature previously discussed about the relationship between learning style preferences, *viz.*: CS and IT should be distinct (Kolb, 2005b).

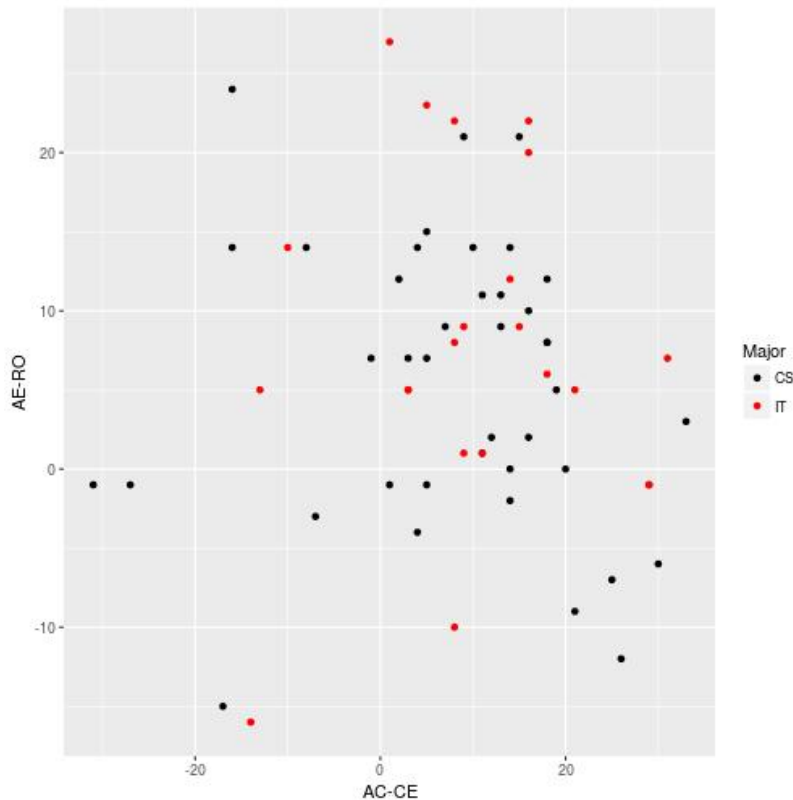


Figure 5.1: AC–CE and AE–RO for CS and IT Students

Next, I needed to know if the data was normally distributed in order to determine which correlation model to run. To determine if the data was normally distributed, I ran the Shapiro-Wilk test (note that  $p < 0.05$  here means that the data is *not* normally distributed)). From this analysis, I can see that CS AC–CE was the only non-normal data with  $p = 0.0251$ . These findings will be discussed alongside the first research question.

## 5.6 Answering the research questions

### 5.6.1 How strong is the correlation between AC–CE and AE–RO, and major GPA among CS, IS, and IT students?

Because all of these data points, except for CS AC–CE, are normally distributed, I was justified in using Pearson’s correlation coefficient (also known as Pearson’s  $r$ ) to calculate the correlations. This data is summarized in Table 5.2 in which it can be seen that three of the four table entries were not statistically significant, while the IT major GPA and IT AE–RO, with  $p = 0.0202$ , was statistically significant.

Table 5.2: Pearson’s  $r$

Data	$p$ -value	$r$
CS major GPA and CS AC–CE	0.8177	-0.0376
CS major GPA and CS AE–RO	0.6704	-0.0694
IT major GPA and IT AC–CE	0.9727	-0.0077
IT major GPA and IT AE–RO	0.0202	0.4915

Since CS students’ AC–CE results were not normally distributed, I ran Spearman’s correlation coefficient to determine if there was a correlation between CS major GPA and CS AC–CE results. This resulted in  $p > 0.05$ , but R gave a warning that Spearman’s shouldn’t be used for data with tied values. To account for the tied values, I then ran the correlation using Kendall’s  $\tau_b$  which also had  $p > 0.05$ . With Pearson’s  $r$ , Spearman’s  $\rho$ , and Kendall’s  $\tau_b$  all having  $p > 0.05$ , I am confident that there is no statistically significant correlation between CS major GPA and CS AC–CE results.

So, how strong is the correlation between AC–CE and AE–RO, and major GPA among CS, IS, and IT students? Because of these findings, I am unable to find a statistically significant correlation between any major GPA and a student’s LSI results, except for IT major GPA and IT AE–RO (see Figure 5.2). In fact, IT AE–RO is so strongly correlated to IT major GPA that it has an  $R^2 = r^2 = 0.4915^2 = 0.2416$ . This means that an IT student’s AE–RO score is able to explain 24.16% of their GPA. Interestingly, the AC–CE spectrum did not hold any statistically significant

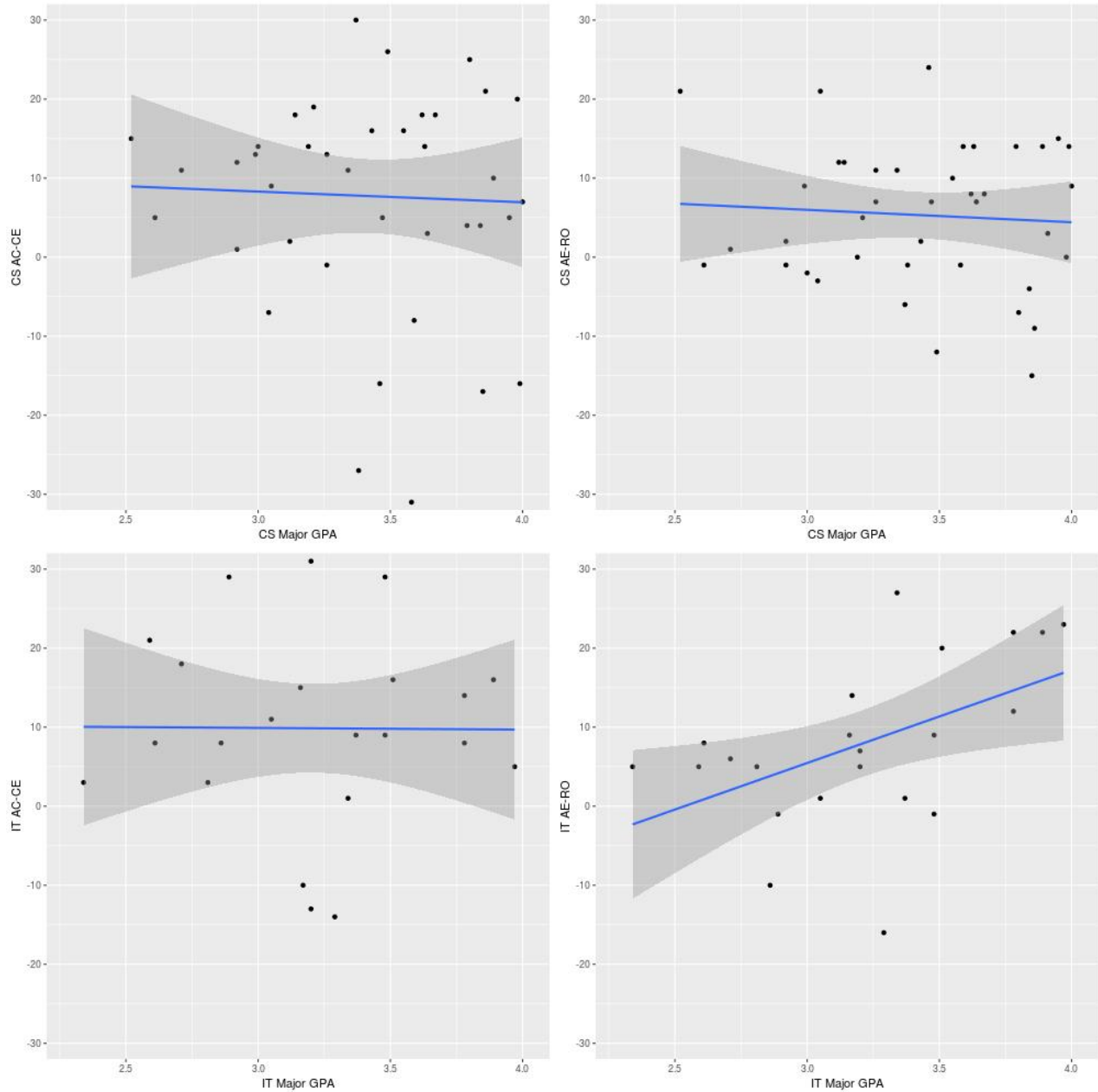


Figure 5.2: Correlations Between Major GPA and LSI Results

( $p > 0.05$ ) effect on student GPA in CS or IT. This is interesting because Lunt found that AC–CE was the significant axis among electronics students (Lunt, 1996).

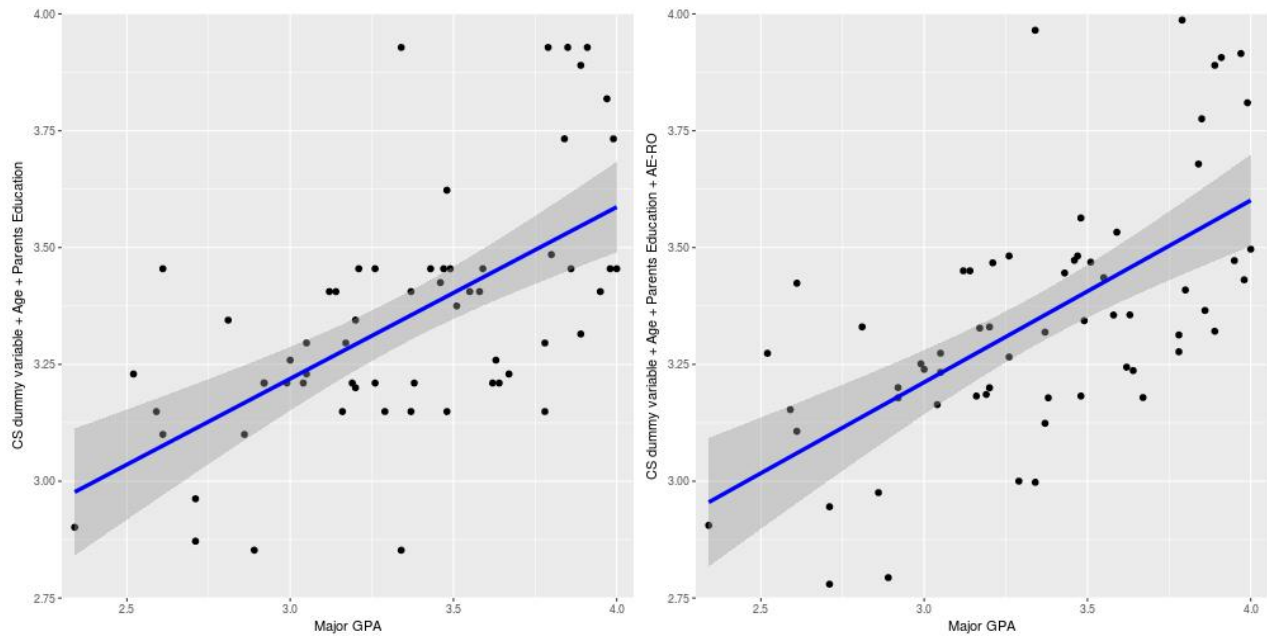


Figure 5.3: Multiple Regression Models 1 and 2

### 5.6.2 What is the best multiple regression model to fit these correlations?

In order to estimate the relationship that AC–CE and AE–RO each have simultaneously, I developed several multiple regression models. I ran these models with standard errors computed with the Huber-White (HC1) robust standard error to account for the heteroskedasticity of the data. The most significant models can be seen in Table 5.3. All three models used major GPA as the dependent variable, and compared that against the CS dummy variable (to determine if the student is a CS major), age, and parents’ education level. Model 2 added AE–RO as a covariate, and Model 3 added AC–CE as a covariate.

These models each have statistically significant ( $p < 0.05$ ) F statistics, so I reject the null hypothesis that that these groups of variables do not have a statistically significant joint effect. However, an interesting thing happens between models 2 and 3: adding the AC–CE covariate decreases the adjusted  $R^2$ . This means that while the model is still significant with that covariate, it doesn’t explain the variance as well. Again, this goes against what Lunt found concerning AC–CE results (Lunt, 1996). Because models 1 and 2 represent the best multiple regression models for this data, I chose to only plot those two (Figure 5.3).

Table 5.3: Multiple Regression Models

	<i>Dependent variable:</i>		
	Major GPA		
	(1)	(2)	(3)
CS dummy variable	0.110	0.137	0.137
Age 25-29	−0.196	−0.177	−0.177
Age 30-34	−0.443	−0.425	−0.426
Age 35+	−0.096	−0.077	−0.082
Parents education — some college	−0.661	−0.667	−0.667
Parents education — undergraduate degree	−0.631	−0.534	−0.534
Parents education — graduate degree	−0.680	−0.602	−0.601
Parents education — post-graduate degree	−0.157	−0.080	−0.080
AE.RO		0.007	0.007
AC.CE			0.0002
Constant	3.976* (0.159)	3.828* (0.110)	3.826* (0.103)
Observations	62	62	62
$R^2$	0.367	0.389	0.389
Adjusted $R^2$	0.272	0.283	0.269
Residual Std. Error	0.364 (df = 53)	0.361 (df = 52)	0.365 (df = 51)
F Statistic	3.848* (df = 8; 53)	3.681* (df = 9; 52)	3.250* (df = 10; 51)
<i>Note:</i>			* $p < 0.05$

Up to this point, I've only examined variables individually, not in groups. The linear hypothesis test compares the residual (error) sum of squares values against similar models. This way, I can check individual variables for a joint significance which will allow me to see if the variables can explain the deviance in the model. The null hypothesis is that each of these variables are 0. This test is important because removing unnecessary variables gives more power with this small of a dataset.

The model I ran used major GPA as the dependent variable, and compared it to the CS dummy variable, AE–RO, age, and parents education. This model had  $p = 1.266 \times 10^{-10}$ , so I reject the null hypothesis that at least one of these variables is not significant in explaining the variance in the data. This model reinforces the earlier, multiple regression findings.

### **5.6.3 How strong is the correlation between AC–CE and AE–RO, and student satisfaction among CS, IS, and IT students?**

Nuata's AMSS, as enumerated in chapter 1, is graded on a five-point Likert-type scale with two of the responses being negatively scored. Two of the AMSS questions assume that students still have the option of changing their major, but once BYU students get beyond a certain credit threshold (well before their senior year), it becomes impossible for them to change majors. Because of this and the lack of variance among the responses, these questions were dropped from the analysis:

1. I am strongly considering changing to another major.
2. I would like to talk to someone about changing my major.

I created a summary index of academic major satisfaction using the remaining AMSS variables and reverse coded the negatively-scored variables. In this summary index, the least satisfied value was a 4 and the most satisfied was a 20, with a mean of 18.10 ( $\sigma = 2.2595$ ). This data is heavily left-skewed (see Figure 5.4).

I then ran a linear regression model for the data and found no statistically significant results (see Table 5.4), suggesting that there is no relationship between learning style and major satisfaction. I believe the lack of response diversity led to the lack of correlations between student satisfaction and other factors.

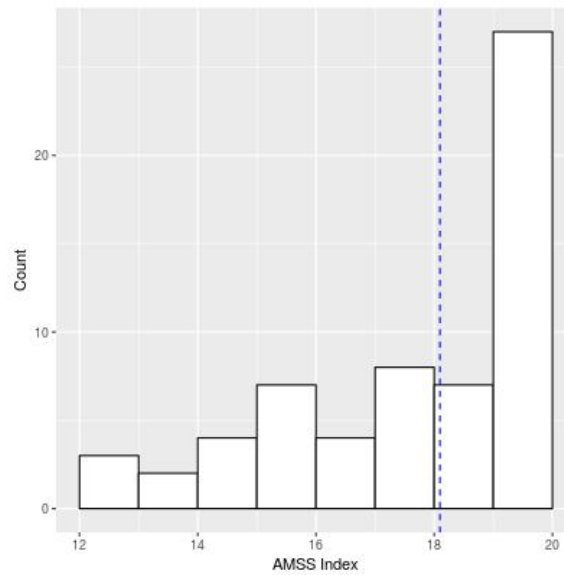


Figure 5.4: AMSS Index Histogram

Table 5.4: AMSS Correlations

	<i>Dependent variable:</i>	
	CS AMSS Index	IT AMSS Index
CS AC–CE	0.011	
CS AE–RO	0.066	
IT AC–CE		–0.003
IT AE–RO		0.029
Constant	17.665* (0.528)	17.890* (0.022)
Observations	40	22
$R^2$	0.065	0.022
Adjusted $R^2$	0.015	–0.081
Residual Std. Error	2.344 (df = 37)	2.198 (df = 19)
F Statistic	1.294 (df = 2; 37)	0.212 (df = 2; 19)
<i>Note:</i>		*p<0.05



### 5.6.4 Is there a correlation between major GPA and student satisfaction?

To determine if there was a correlation between major GPA and student satisfaction, I ran a linear regression model against the data (Table 5.5 and Figure 5.5) because all of the AMSS indices are normally distributed (with Shapiro-Wilk  $p < 0.05$ ).

Table 5.5: Major GPA and Student Satisfaction

	<i>Dependent variable:</i>	
	CS Major GPA	IT Major GPA
	(1)	(2)
CS AMSS index	0.028	
IT AMSS index		0.035
Constant	2.919* (0.513)	2.563* (0.028)
Observations	40	22
$R^2$	0.027	0.028
Adjusted $R^2$	0.002	-0.020
Residual Std. Error	0.401 (df = 38)	0.448 (df = 20)
F Statistic	1.062 (df = 1; 38)	0.585 (df = 1; 20)
Note:		* $p < 0.05$

This regression model had  $p > 0.05$ , so I am unable to say that there is a significant correlation between the major GPA and student satisfaction.

## 5.7 Demographics

Unfortunately, I was unable to use the full set of demographic variables collected from students as covariates because there was not enough variance among the sample group. The students were almost entirely white and male (88% for both). Looking at the relationship between marital status and its effect on major GPA and satisfaction had a multiple  $R^2$  of 0.07, meaning that marital status was only able to explain 7% of the variance in major GPA and satisfaction. While students were equally divided in marital status (31 single, 31 married), there was no relationship

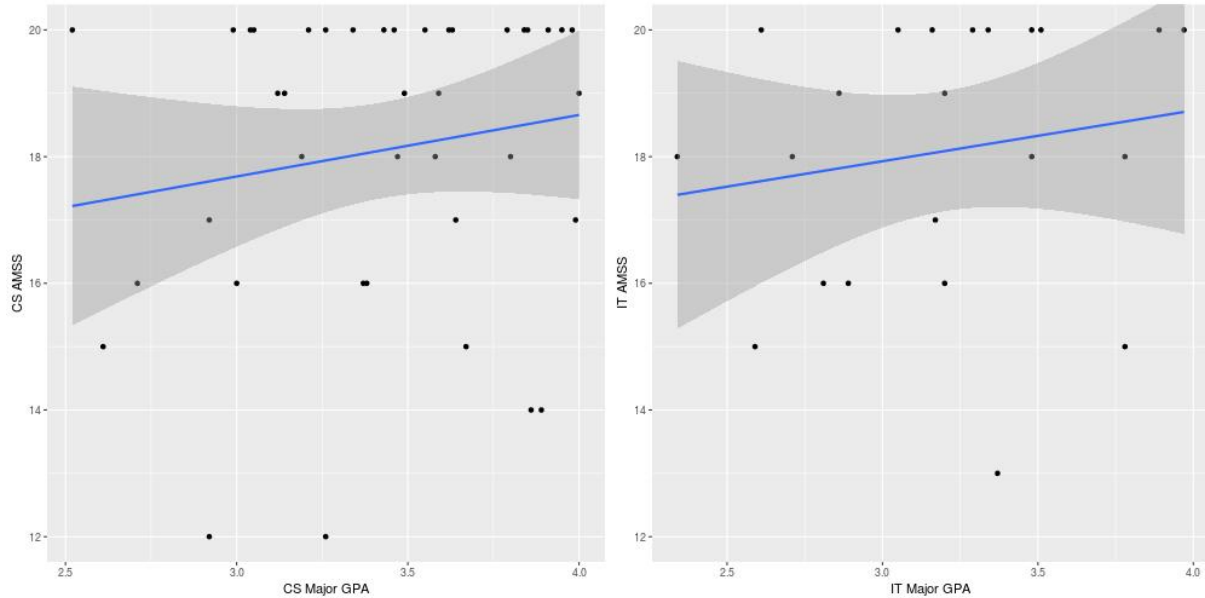


Figure 5.5: Major GPA and Student Satisfaction Correlations

between marital status and any other factor. The multiple regression analysis for the demographic information, calculated with robust standard error, is summarized in Table 5.6.

### 5.7.1 Research questions summarized

**How strong is the correlation between AC–CE and AE–RO, and major GPA among CS, IS, and IT students?**

IT AE–RO is strongly correlated to IT major GPA with  $R^2 = 0.2416$ . This means that an IT student's AE–RO score is able to explain 24.16% of their GPA.

**How strong is the correlation between AC–CE and AE–RO, and student satisfaction among CS, IS, and IT students?**

I found no statistically significant results, suggesting that there is no relationship between learning style and major satisfaction.

Table 5.6: Demographic Regression Analysis

	<i>Dependent variable:</i>
	AMSS index
Major GPA	1.088
CS dummy variable	−0.276
Age 25-29	−0.536
Age 30-34	−0.034
Age 35+	0.723
Gender — female	−3.251
Gender — male	−3.275
Constant	18.072* (2.230)
Observations	62
$R^2$	0.070
Adjusted $R^2$	−0.051
Residual Std. Error	2.316 (df = 54)
F Statistic	0.578 (df = 7; 54)
<i>Note:</i>	* $p < 0.05$

### Is there a correlation between major GPA and student satisfaction?

The linear regression model for major GPA and each major's AMSS index was  $p > 0.05$ , so I am unable to say that there is a significant correlation between the two.

### What is the best multiple regression model to fit these correlations?

The best multiple regression model I found used major GPA as the dependent variable, with the CS dummy variable, age, parents' education level, and AE–RO as covariates.

### 5.7.2 Future work

First and foremost, this research needs to be repeated for IS students at BYU. It was unfortunate that so little data was able to be gathered, and adding that dataset to this line of research is necessary, especially in light of the correlations that were found.

This research did not independently evaluate the AC–CE and AE–RO environments for the individual courses. That would amount to a large amount of low-level work which was outside the scope of this study. However, it would be interesting to see how each of the classes stack up in their cognitive styles.

Since IT students take so many CS classes and tend to do poorly in them, this research should be repeated to omit the CS classes from the IT major GPA and see if and how that affects correlations.

The multiple regression models that I first developed were based on the calculated differences (i.e., AC–CE and AE–RO) and not on the decomposed variables. The rest of the multiple regression models were exploratory. Future research should be more explicit in the data analysis methods that will be used before beginning the data analysis.

From the research, it seems like there are two main camps regarding teaching based on learning style: worry about it or don't worry about it. Some research has shown that when students are taught according to their preferred learning style, they learn better (Vizeshfar, 2017; Donche, 2013). Others have shown that students adapt to how courses are taught regardless of learning style (Wang, 2013). This study examined if a student's cognitive learning preference was a factor in which computing discipline they should explore. However, this angle helps perpetuate the *status quo* by advising students to only go into a field where a majority of their classmates will have similar cognitive preferences. Instead, research should be done into each field's cognitive approach and determining if that approach is the best way to instruct students in that field.

There is a lot of noise surrounding whether or not the Kolb Learning Style Inventory (LSI) is a valid tool. Many articles have used it and said that it's a tried and true method. However, DeCoux shows "numerous charges of serious instrument weakness" and states conclusively that "[c]ontinued use of the Kolb LSI in nursing research or as an experiential technique is not recommended" (DeCoux, 2016). There is a need for good research showing whether or not the LSI is

a trusted method, and if it is not, its weaknesses should be explored. That research needs to be disseminated in order to persuade future researchers in their methodology.

## REFERENCES

- Barlow-Jones, Glenda, and Duan van der Westhuizen. "Situating the student: factors contributing to success in an Information Technology course." *Educational Studies* 37, no. 3 (2011): 303–320.
- Bernstein, Douglas A. *Psychology*. Boston: Houghton Mifflin, 2006.
- Campbell, Patricia F., and George P. McCabe. "Predicting the success of freshmen in a computer science major." *Communications of the ACM* 27, no. 11 (1984): 1108–1113.
- DeCoux, Valerie M. "Kolb's learning style inventory: A review of its applications in nursing research." *Journal of Nursing Education* 29, no. 5 (2016): 202–207.
- Donche, Vincent, Sven Maeyer, Liesje Coertjens, Tine Daal, and Peter Petegem. "Differential use of learning strategies in first-year higher education: The impact of personality, academic motivation, and teaching strategies." *British Journal of Educational Psychology* 83, no. 2 (2013): 238–251.
- Driscoll, Marcy Perkins. *Psychology of Learning for Instruction*. Boston: Pearson Allyn / Bacon, 2005.
- Elnagar, Ashraf, and Mahir S. Ali. "Survey of student perceptions of a modified team-based learning approach on an information technology course." In *2013 Palestinian International Conference on Information and Communication Technology (PICICT)*, 22–27. IEEE, 2013.
- Evans, Gerald E., and Mark G. Simkin. "What best predicts computer proficiency?" *Communications of the ACM* 32, no. 11 (1989): 1322–1327.
- Fox, John, and Sanford Weisberg. *An R Companion to Applied Regression*. Second. Thousand Oaks CA: Sage, 2011.
- Golding, Paul, and Sophia McNamarah. "Predicting Academic Performance in the School of Computing & Information Technology (SCIT)," vol. 35, S2H. 3. STIPES, 2005.
- Hlavac, Marek. *stargazer: Well-Formatted Regression and Summary Statistics Tables*. R package version 5.2, 2015.
- Hostetler, Terry R. "Predicting student success in an introductory programming course." *ACM SIGCSE Bulletin* 15, no. 3 (1983): 40–43.
- Hunt, R. Reed, and Henry C. Ellis. *Fundamentals of Cognitive Psychology*. Boston: McGraw-Hill Higher Education, 2004.

- Kolb, Alice Y., and David A. Kolb. "Learning styles and learning spaces: Enhancing experiential learning in higher education." *Academy of management learning & education* 4, no. 2 (2005): 193–212.
- Kolb, Alice Y. *The Kolb Learning Style Inventory 4.0: A comprehensive guide to the theory, psychometrics, research on validity and educational applications*. Boston: Hay Resources Direct, 2013.
- . *The Kolb learning style inventory-version 3.1 2005 technical specifications*. Boston: Hay Resources Direct, 2005.
- Kolb, David A. *Kolb Learning Style Inventory On-line (Version 3.1): Interpretive Report*. Hay Group, 2005.
- . *Learning-Style Inventory*. Boston, 1993.
- Kremelberg, David. *Practical Statistics: A Quick and Easy Guide to IBM SPSS Statistics, STATA, and Other Statistical Software*. Thousand Oaks, CA: SAGE Publications, 2010.
- Lunt, Barry M. "Predicting academic success in electronics." *Journal of Science Education and Technology* 5, no. 3 (1996): 235–240.
- McLeod, A.I. *Kendall: Kendall rank correlation and Mann-Kendall trend test*. R package version 2.2. 2011.
- Nowaczyk, Ronald H. "The relationship of problem-solving ability and course performance among novice programmers." *International Journal of Man-Machine Studies* 21, no. 2 (1984): 149–160.
- Nuata, Margaret M. "Assessing college students' satisfaction with their academic majors." *Journal of Career Assessment* 15, no. 4 (2007): 446–462.
- Nulty, Duncan D. "The adequacy of response rates to online and paper surveys: what can be done?" *Assessment & Evaluation in Higher Education* 33, no. 3 (2008): 301–314.
- R Core Team. *R: A Language and Environment for Statistical Computing*. Vienna, Austria: R Foundation for Statistical Computing, 2017.
- Ridgell, Susan D., and John W. Lounsbury. "Predicting academic success: General intelligence, "Big Five" personality traits, and work drive." *College Student Journal* 38, no. 4 (2004): 607.
- Sfard, Anna. "On two metaphors for learning and the dangers of choosing just one." *Educational researcher* 27, no. 2 (1998): 4–13.

- Shackelford, Russell, Andrew McGettrick, Robert Sloan, Heikki Topi, Gordon Davies, Reza Kamali, James Cross, John Impagliazzo, Richard LeBlanc, and Barry Lunt. “Computing curricula 2005: The overview report.” In *ACM SIGCSE Bulletin*, 38:456–457. 1. ACM, 2006.
- Sovet, Laurent, Miriam Sang-Ah Park, and Sungcheol Jung. “Validation and psychometric properties of Academic Major Satisfaction Scale among Korean college students.” *Social Indicators Research* 119, no. 2 (2014): 1121–1131.
- Sun, Ron, and Xi Zhang. “Top-down versus bottom-up learning in cognitive skill acquisition.” *Cognitive Systems Research* 5, no. 1 (2004): 63–89.
- Thomas, Lisa L., Nathan R. Kuncel, and Marcus Credé. “Noncognitive Variables in College Admissions The Case of the Non-Cognitive Questionnaire.” *Educational and Psychological Measurement* 67, no. 4 (2007): 635–657.
- Ting, S. M. R., and R. Man. “Predicting academic success of first-year engineering students from standardized test scores and psychosocial variables.” *International Journal of Engineering Education* 17, no. 1 (2001): 75–80.
- Vizeshfar, Fatemeh, and Camellia Torabizadeh. “The effect of teaching based on dominant learning style on nursing students’ academic achievement.” *Nurse Education in Practice*, 2017.
- Vygotsky, L. S., and Michael Cole. *Mind in Society: The Development of Higher Psychological Processes*. Cambridge: Harvard University Press, 1978.
- Wang, Xiaoyan, Yelin Su, Stephen Cheung, Eva Wong, and Theresa Kwong. “An exploration of Biggs’ constructive alignment in course design and its impact on students’ learning approaches.” *Assessment & Evaluation in Higher Education* 38, no. 4 (2013): 477–491.
- Wickham, Hadley. “Reshaping data with the reshape package.” *Journal of Statistical Software* 21, no. 12 (2007).
- Zeileis, Achim, and Torsten Hothorn. “Diagnostic Checking in Regression Relationships.” *R News* 2, no. 3 (2002): 7–10.
- Zeileis, Achim. “Object-Oriented Computation of Sandwich Estimators.” *Journal of Statistical Software* 16, no. 9 (2006): 1–16.



## APPENDIX A. R CODE FOR DATA ANALYSIS

```
# Initialization

## Packages.
## To install, run 'install.packages("<package_name>")'.
library(car)
library(ggplot2)
library(grid)
library(Kendall)
library(lmtest)
library(sandwich)
library(stargazer)

## Input data
data <- read.csv("data.csv")

## Dataset without IS
data.mis <- data[data$Major != "is",]

## Dummy variables
data.mis$maledum[data.mis$Gender == "m"] <- 1
data.mis$maledum[data.mis$Gender == "f"] <- 0
data.mis$csdum[data.mis$Major == "cs"] <- 1
data.mis$csdum[data.mis$Major != "cs"] <- 0

## CS and IT specific variables
```

```

cs_ac_ce<-data.mis$AC.CE[ data.mis$Major=="cs"]
cs_ae_ro<-data.mis$AE.RO[ data.mis$Major=="cs"]
it_ac_ce<-data.mis$AC.CE[ data.mis$Major=="it"]
it_ae_ro<-data.mis$AE.RO[ data.mis$Major=="it"]
cs_major_gpa<-data.mis$Major.GPA[ data.mis$Major=="cs"]
it_major_gpa<-data.mis$Major.GPA[ data.mis$Major=="it"]

# First, let's see if there's a correlation between CS and IT
# AC-CE and AE-RO. "The t-test is used to test whether there is
# a difference between two groups on a continuous dependent
# variable." That is appropriate for checking if there's a
# difference between CS and IT majors with their AC-CE and AE-RO
# values, but not for checking the significance between those
# values and the relationship to GPA.
t.test(cs_ac_ce, it_ac_ce) # p = 0.5411
t.test(cs_ae_ro, it_ae_ro) # p = 0.3501
# So there's no relationship between them. And we can see that
# in the plot:
df <- data.frame("black", cs_ac_ce, cs_ae_ro)
colnames(df) <- c("major", "ac_ce", "ae_ro")
df2 <- data.frame("red", it_ac_ce, it_ae_ro)
colnames(df2) <- c("major", "ac_ce", "ae_ro")

bound <- rbind(df, df2)

plot <- ggplot(bound, aes(bound$ac_ce, bound$ae_ro,
  color = major)) + geom_point()
plot <- plot + scale_color_manual(name = "Major",
  values = unique(bound$major), labels = c("CS", "IT"))
plot <- plot + labs(x="AC-CE", y="AE-RO")

```

```

jpeg('figures/chapter4/cs-v-it-plot.jpg', width = 500,
     height = 500)
plot
dev.off()

# Research questions
## Question 1: How strong is the correlation between AC-CE and
## AE-RO, and college GPA in CS, IS, and IT?
# Before we know whether to use Pearson's or Spearman's, we have
# to know if the data is normally distributed. If it is, we use
# Pearson's; if not, we use Spearman's.
shapiro.test(cs_major_gpa) # p = 0.148
shapiro.test(it_major_gpa) # p = 0.8639
shapiro.test(cs_ac_ce) # p = 0.02512
shapiro.test(cs_ae_ro) # p = 0.7826
shapiro.test(it_ac_ce) # p = 0.3601
shapiro.test(it_ae_ro) # p = 0.4583

cor.test(cs_major_gpa, cs_ac_ce) # p = 0.8177
cor.test(cs_major_gpa, cs_ae_ro) # p = 0.6704
cor.test(it_major_gpa, it_ac_ce) # p = 0.9727
cor.test(it_major_gpa, it_ae_ro) # p = 0.02017, cor = 0.4914967
# This means that as IT AE-RO increases, there's a positively
# related change in GPA which we can see in the Figure.

# Let's get a summary of it_major_gpa so we can see just what
# that means.
summary(it_major_gpa)
#      Min. 1st Qu.  Median    Mean 3rd Qu.    Max.
#  2.340   2.868   3.200   3.204   3.480   3.970

```

```

sd(it_major_gpa) # sd = 0.4439921

df <- data.frame(it_major_gpa)
hist <- ggplot(data = df, aes(it_major_gpa)) +
  geom_histogram(color="black", fill="white",
    breaks=seq(2.34, 4, by=0.1))
hist <- hist + labs(x = "IT_major_GPA", y = "Count")
hist <- hist + geom_density(alpha=0.2, fill="red")
hist <- hist + geom_vline(aes(xintercept=mean(it_major_gpa)),
  color="blue", linetype="dashed")
jpeg('figures/chapter4/it-major-gpa-hist.jpg')
hist
dev.off()

# Should only be used on this first one.
cor.test(cs_major_gpa, cs_ac_ce, method = "spearman") # p=0.8232
cor.test(cs_major_gpa, cs_ae_ro, method = "spearman") # p=0.8342
cor.test(it_major_gpa, it_ac_ce, method = "spearman") # p=0.9262
cor.test(it_major_gpa, it_ae_ro, method = "spearman") # p=0.0161,
# rho = 0.5066

# Spearman's and Pearson's are showing the same thing which is
# great news. But, Spearman's freaks out when there's ties, so
# let's use Kendall's tau-b (which handles ties) to check.
Kendall(cs_major_gpa, cs_ac_ce) # p = 0.71763
Kendall(cs_major_gpa, cs_ae_ro) # p = 0.82436
Kendall(it_major_gpa, it_ac_ce) # p = 0.95484
Kendall(it_major_gpa, it_ae_ro) # p = 0.02154, tau = 0.365
# And again the same p-value being significant holds. I'm
# convinced.

```

```

# Let's see what they look like
# First plot
df<-data.frame(cs_major_gpa, cs_ac_ce)
cs_major_ac_ce_plot<-ggplot(df, aes(x=cs_major_gpa, y=cs_ac_ce))+
  geom_point()
cs_major_ac_ce_plot<-cs_major_ac_ce_plot + geom_smooth(method=lm)
cs_major_ac_ce_plot<-cs_major_ac_ce_plot + labs(x="CS_Major_GPA",
  y="CS_AC-CE")
cs_major_ac_ce_plot<-cs_major_ac_ce_plot +
  coord_cartesian(xlim = c(2.2,4.1), ylim = c(-32,32),
  expand = FALSE)
# Second plot
df<-data.frame(cs_major_gpa, cs_ae_ro)
cs_major_ae_ro_plot<-ggplot(df, aes(x=cs_major_gpa, y=cs_ae_ro))+
  geom_point()
cs_major_ae_ro_plot<-cs_major_ae_ro_plot + geom_smooth(method=lm)
cs_major_ae_ro_plot<-cs_major_ae_ro_plot + labs(x="CS_Major_GPA",
  y="CS_AE-RO")
cs_major_ae_ro_plot<-cs_major_ae_ro_plot +
  coord_cartesian(xlim = c(2.2,4.1), ylim = c(-32,32),
  expand = FALSE)
# Third plot
df<-data.frame(it_major_gpa, it_ac_ce)
it_major_ac_ce_plot<-ggplot(df, aes(x=it_major_gpa, y=it_ac_ce))+
  geom_point()
it_major_ac_ce_plot<-it_major_ac_ce_plot + geom_smooth(method=lm)
it_major_ac_ce_plot<-it_major_ac_ce_plot + labs(x="IT_Major_GPA",
  y="IT_AC-CE")
it_major_ac_ce_plot<-it_major_ac_ce_plot +
  coord_cartesian(xlim = c(2.2,4.1), ylim = c(-32,32),

```

```

    expand = FALSE)

# Fourth plot
df<-data.frame(it_major_gpa, it_ae_ro)
it_major_ae_ro_ plot<-ggplot(df, aes(x=it_major_gpa, y=it_ae_ro))+
  geom_point()
it_major_ae_ro_ plot<-it_major_ae_ro_ plot + geom_smooth(method=lm)
it_major_ae_ro_ plot<-it_major_ae_ro_ plot + labs(x="IT_Major_GPA",
  y="IT_AE-RO")
it_major_ae_ro_ plot<-it_major_ae_ro_ plot +
  coord_cartesian(xlim = c(2.2,4.1), ylim = c(-32,32),
  expand = FALSE)

# Print them side-by-side
jpeg('figures/chapter4/major_gpa_lm_plots.jpg', width = 1000,
  height = 1000)
pushViewport(viewport(layout = grid.layout(2,2)))
print(cs_major_ac_ce_ plot, vp = viewport(layout.pos.row = 1,
  layout.pos.col = 1))
print(cs_major_ae_ro_ plot, vp = viewport(layout.pos.row = 1,
  layout.pos.col = 2))
print(it_major_ac_ce_ plot, vp = viewport(layout.pos.row = 2,
  layout.pos.col = 1))
print(it_major_ae_ro_ plot, vp = viewport(layout.pos.row = 2,
  layout.pos.col = 2))
dev.off()

## Question 2: What is the best multiple regression model to fit
## these correlations?
# Let's calculate the robust standard of error and use that
# throughout these calculations. The assumption is that you will

```

```

# use robust standard of error; if you choose not to, you have
# to prove why you don't have to.
# Robust standard error: normal standard error does not handle
# heteroskedasticity so we need to have the robust standard
# error. So, "I ran this model with standard errors computed with
# Huber-White (HCl) robust standard error to account for the
# heteroskedasticity of the data."

```

```

### Model 1

```

```

fit1 <- lm(data = data.mis, Major.GPA ~ csdum + Age +
  Parents.education)
cov1 <- vcovHC(fit1, type = "HCl")
robust_se_1 <- sqrt(diag(cov1))

```

```

### Model 2

```

```

fit2 <- lm(data = data.mis, Major.GPA ~ csdum + Age +
  Parents.education + AE.RO)
cov2 <- vcovHC(fit2, type = "HCl")
robust_se_2 <- sqrt(diag(cov2))

```

```

### Model 3

```

```

fit3 <- lm(data = data.mis, Major.GPA ~ csdum + Age +
  Parents.education + AE.RO + AC.CE)
cov3 <- vcovHC(fit3, type = "HCl")
robust_se_3 <- sqrt(diag(cov3))

```

```

# Let's visualize that

```

```

stargazer(fit1, fit2, fit3, se = c(robust_se_1, robust_se_2,
  robust_se_3))

```

```

# Plot fit1
df <- data.frame(data.mis)
df$fit1 <- stats::predict(fit1, newdata=data.mis)
fit1_plot <- ggplot(df)
fit1_plot <- fit1_plot + geom_point(aes(x=major_gpa, y = fit1),
  size = 2)
fit1_plot <- fit1_plot + geom_smooth(data=df, aes(x = major_gpa,
  y = fit1), size = 1.5, colour = "blue", se = TRUE,
  stat = "smooth", method = lm)
fit1_plot <- fit1_plot + labs(x = "Major_GPA", y =
  "CS_dummy_variable + Age + Parents_Education")
fit1_plot <- fit1_plot + coord_cartesian(xlim = c(2.3, 4.05),
  ylim = c(2.75,4), expand = FALSE)

# Plot fit2
df$fit2 <- stats::predict(fit2, newdata=data.mis)
fit2_plot <- ggplot(df)
fit2_plot <- fit2_plot + geom_point(aes(x=major_gpa, y = fit2),
  size = 2)
fit2_plot <- fit2_plot + geom_smooth(data=df, aes(x=major_gpa,
  y=fit2), size = 1.5, colour = "blue", se = TRUE,
  stat = "smooth", method = lm)
fit2_plot <- fit2_plot + labs(x = "Major_GPA", y =
  "CS_dummy_variable + Age + Parents_Education + AE-RO")
fit2_plot <- fit2_plot + coord_cartesian(xlim = c(2.3, 4.05),
  ylim = c(2.75,4), expand = FALSE)

jpeg('figures/chapter4/mr_models_1_2.jpg', width = 1000,
  height = 500)
pushViewport(viewport(layout = grid.layout(1,2)))

```



```

print(fit1_plot, vp = viewport(layout.pos.row = 1,
    layout.pos.col = 1))
print(fit2_plot, vp = viewport(layout.pos.row = 1,
    layout.pos.col = 2))
dev.off()

```

```

#### Test of joint significance (linear hypothesis test)
# We haven't been looking at the individual variables before, so
# let's look at them individually and see if there's a joint
# significance. The null hypothesis is that all of these are 0
# so let's see if at least one of them isn't.
# This is checking the residual (error) sum of squares to see
# if we can explain the deviance in the model (by running two
# models and comparing those error sum of squares values). So not
# including these variables (if the F statistic is high)
# increases the amount of unexplained variance in the data.
# So, including these variables explains more of the variance
# than when you don't include them.
# In reality, having one that's significant at the single level
# will generally make you fail the null hypothesis (meaning there
# is a joint significance so they should be included in the
# regression). If they fail the null hypothesis,
# then you should keep them in the regression because they
# somehow help contribute to the model because they help
# explain the std error (meaning, they help explain the deviance
# in the model). Additionally, if they're all significant then
# we'll reject the joint significance null hypothesis even
# though none of them have a  $p < 0.05$ .
# Removing unnecessary variables will give you more power with
# this small of a dataset.

```

```

cs_it_lht <- lm(data = data.mis, Major.GPA ~ csdum + AE.RO +
  Age + Parents.education)
lht(cs_it_lht, c("AE.RO=_0",
  "Parents.educationgraduate_degree=_0",
  "Parents.educationpost-graduate_degree=_0",
  "Parents.educationsome_college=_0",
  "Parents.educationundergraduate_degree=_0"),
  white.adjust = "hc1")
# With the p-value being so low, we confidently reject the null
# hypothesis that these variables are not significant in
# explaining the variance in the data.
# I feel comfortable not including age here because it has
# already been shown to be significant in the multiple regression
# model.

## Question 3: How strong is the correlation between AC-CE and
## AE-RO, and student satisfaction in CS, IS, and IT?
### Data cleaning: AMSS values index minus questions 3 and 6.
amss_index <- (6 - data.mis$amss1) + (6 - data.mis$amss2) +
  data.mis$amss4 + data.mis$amss5
cs_amss_index <- amss_index[data.mis$Major == "cs"]
it_amss_index <- amss_index[data.mis$Major == "it"]

summary(amss_index)
sd(amss_index) # 2.259477

# Just to be sure, let's look at each major
summary(cs_amss_index)
sd(cs_amss_index) # 2.362094
summary(it_amss_index)

```

```

sd(it_amss_index) # 2.113654

# Let's visualize how skewed this is
df <- data.frame(amss_index)
amss_plot <- ggplot(data = df, aes(amss_index)) +
  geom_histogram(color="black", fill="white",
    breaks = seq(12, 20, by = 1))
amss_plot <- amss_plot + labs(x = "AMSS_Index", y = "Count")
amss_plot <- amss_plot + geom_vline(aes(xintercept =
  mean(amss_index)), color="blue", linetype="dashed")
jpeg('figures/chapter4/amss_index_plot.jpg', width = 400,
  height = 400)
amss_plot
dev.off()

### Regression analysis
fit1 <- lm(data = data.mis, cs_amss_index ~ cs_ac_ce + cs_ae_ro )
cov1 <- vcovHC(fit1, type = "HC1")
robust_se_1 <- sqrt(diag(cov1))

fit2 <- lm(data = data.mis, it_amss_index ~ it_ac_ce + it_ae_ro )
cov2 <- vcovHC(fit2, type = "HC1")
robust_se_2 <- sqrt(diag(cov2))

stargazer(fit1, fit2, se = c(robust_se_1, robust_se_2))

## Question 4: Is there a correlation between college GPA and
## student satisfaction?
### Pearson's correlation coefficient between GPA and
### satisfaction

```

```

fit1 <- lm(data = data.mis, cs_major_gpa ~ cs_amss_index )
cov1 <- vcovHC(fit1, type = "HC1")
robust_se_1 <- sqrt(diag(cov1))

fit2 <- lm(data = data.mis, it_major_gpa ~ it_amss_index )
cov2 <- vcovHC(fit2, type = "HC1")
robust_se_2 <- sqrt(diag(cov2))

stargazer(fit1, fit2, se = c(robust_se_1, robust_se_2))

# Let's visualize that
## CS AMSS plot
df <- data.frame(cs_major_gpa, cs_amss_index)
cs_major_amss_plot <- ggplot(df, aes(x = cs_major_gpa,
  y = cs_amss_index)) + geom_point()
cs_major_amss_plot <- cs_major_amss_plot + geom_smooth(method=lm)
cs_major_amss_plot <- cs_major_amss_plot + labs(x =
  "CS_Major_GPA", y = "CS_AMSS")
cs_major_amss_plot <- cs_major_amss_plot + coord_cartesian(ylim =
  c(12,20))
## IT AMSS plot
df <- data.frame(it_major_gpa, it_amss_index)
it_major_amss_plot <- ggplot(df, aes(x = it_major_gpa,
  y = it_amss_index)) + geom_point()
it_major_amss_plot <- it_major_amss_plot + geom_smooth(method=lm)
it_major_amss_plot <- it_major_amss_plot + labs(x="IT_Major_GPA",
  y="IT_AMSS")
it_major_amss_plot <- it_major_amss_plot + coord_cartesian(ylim =
  c(12,20))

```

```

# Print them side-by-side
jpeg('figures/chapter4/major_gpa_amss_plots.jpg', width = 1000,
     height = 500)
pushViewport(viewport(layout = grid.layout(1,2)))
print(cs_major_amss_plot, vp = viewport(layout.pos.row = 1,
     layout.pos.col = 1))
print(it_major_amss_plot, vp = viewport(layout.pos.row = 1,
     layout.pos.col = 2))
dev.off()

# Demographics
demogs <- lm(amss_index ~ major_gpa + csdum + Age + Gender,
     data = data.mis)
cov1 <- vcovHC(demogs, type = "HC1")
robust_se_d <- sqrt(diag(cov1))
stargazer(demogs, se = robust_se_d)

```