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Honesacs

HopeSaCs are innovative thermal cookers provided by 100 Humanitarians International to promote energy efficiency and improve health in rural communities. These insulated fabric sacs allow families to cook food without continuous fuel, significantly reducing the need for firewood or charcoal.

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250
HopeSaCs Donated

3
Sewing Centres

5
Cooking Clubs

Strengthening Communities

The HopeSaC Cooking Clubs



Cooking clubs are formed when women in rural communities receive HopeSaCs, creating a space for learning, sharing, and support. These clubs allow women to gather and exchange recipes, cooking techniques, and ideas for using the energy-efficient thermal cookers. They also discuss ways to improve health and nutrition for their families while saving time and resources. The clubs foster collaboration and empowerment, as women work together to develop income-generating opportunities, such as selling prepared foods or teaching others how to use HopeSaCs. These gatherings strengthen community bonds and inspire self-reliance, promoting long-term well-being and economic growth.

Get Updated with 100 Humanitarians

Each week we send project updates to your inbox, so that you know exactly where your donations go.

We also keep you updated on volunteer opportunities and expeditions to Kenya.



We will not sell your information to anyone, and you can opt-out at any time.

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☐ I agree to [terms & conditions](#) provided by 100 Humanitarians International.

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100 Humanitarians International is a 501(c)(3) nonprofit recognized by the IRS, and all donations to 100 Humanitarians International are tax-deductible in accordance with IRS regulations.

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Cryptocurrency donations are accepted using [Every.org](https://every.org), a 501(c)(3) nonprofit who processes and sells the cryptocurrency, sends the tax receipt, and disburses the full realized gain to 100 Humanitarians International.

[More information here.](#)

