

CLARIFYING YOUR FUNCTIONS

The following is a compilation of common traits associated with each Cognitive Function

- THE PERCEIVING FUNCTIONS -			
SJ – Introverted Sensing – S(i)	SP – Extraverted Sensing – S(e)	NJ – Introverted Intuition – N(i)	NP – Extraverted Intuition – N(e)
<i>Primary Roles</i>			
<p>To retain, condense, and recollect information; to consult past experiences, routines, and traditions; to perceive inner bodily sensations</p> <p>Most prominent in: ISTJs & ISFJs; also prominent in ESTJs & ESFJs</p>	<p>To perceive and mediate prompt responses to external details and events; to seek a breadth of novel sensory experiences; to physically interact with the world.</p> <p>Most prominent in: ESTPs & ESFPs; also prominent in ISTPs & ISFPs</p>	<p>To collect conscious and subconscious information, then synthesize it to produce impressions, insights, answers, and theories; to see deep causes, patterns, and laws underlying sense data</p> <p>Most Prominent In: INTJs & INFJs; also prominent in ENTJs & ENFJs</p>	<p>To broadly explore, synthesize, and express ideas, associations, and possibilities</p> <p>Most prominent in: ENTPs & ENFPs; also prominent in INTPs & INFPs</p>
<i>Associated With</i>			
<p>Routines, habits, valuing and preserving “the tried and true,” material conservatism, high regard for traditions and authority</p> <p>Famous ISJs: Dick Cheney, Martin Luther, Mother Theresa, George H.W. Bush</p>	<p>Sensation-seeking, kinesthetic intelligence, an “eye for detail,” attunement to style and appearances, hands-on activities, effortless performance.</p> <p>Famous ESPs: George W. Bush, LeBron James, Beyonce, Shakira, Donald Trump</p>	<p>Deep perceptiveness and insight, deep “knowing,” theoretical genius, powers of analysis and focus, advising and troubleshooting</p> <p>Famous INJs: Plato, Jesus, Nietzsche, Jung, Steven Hawking</p>	<p>Brainstorming, innovative / artistic / ideational creativity, divergent thinking, holistic / web-like associations, a nose for promising new enterprises</p> <p>Famous ENPs: Benjamin Franklin, Walt Disney, Steve Jobs, Ellen DeGeneres, Jon Stewart, John Edward</p>

- THE JUDGING FUNCTIONS -			
TP – Introverted Thinking – T(i)	TJ – Extraverted Thinking – T(e)	FP – Introverted Feeling – F(i)	FJ – Extraverted Feeling – F(e)
<i>Primary Roles</i>			
<p>To examine practical or conceptual issues using deep, implicit, and nuanced logic; to develop and refine subjective methods, strategies, or concepts.</p> <p>Most prominent in: INTPs & ISTPs. Also prominent in ENTPs & ESTPs</p>	<p>To succinctly express logic-based judgments; to understand or render systems and operations more rational, efficient, and effective</p> <p>Most prominent in: ENTJs & ESTJs; also prominent in INTJs & ISTJs</p>	<p>Primary Roles: To explore and refine personal tastes, feelings, and values, contributing to a strong sense of personal uniqueness; to maintain inner emotional and moral order; to emotionally invest in a limited number of persons, animals, or interests.</p> <p>Most prominent in: INFPs & ISFPs; also prominent in ENFPs & ESFPs</p>	<p>Primary Roles: To survey a breadth of human emotions, values, and morals, striving toward interpersonal or group consensus; to directly express feelings and judgments; to instruct or motivate others toward growth and excellence</p> <p>Most prominent in: ENFJs & ESFJs; also prominent in INFJs & ISFJs</p>
<i>Associated With</i>			
<p>Deep skepticism, tacit logic, self-regulation and self-optimization, personal independence and autonomy</p> <p>Famous ITPs: Einstein, Bill Gates, Henri Bergson, Robert Pirsig, Robert Nozick, Ken Wilber, Lance Armstrong</p>	<p>Explicit logic, precise and pointed expressions, bureaucracy and “red tape,” quantitative methods (“Show me the numbers!”)</p> <p>Famous ETJs: Henry Ford, Bill O’Reily</p>	<p>Fighting for “underdogs,” emotional restraint, nuanced morals and values, nurture and caregiving, sensitivity to perceived inequities and injustice</p> <p>Famous IFPs: Henry David Thoreau, Jean-Jacque Rousseau, Kierkegaard, Camus, Virginia Wolfe, Van Gogh, Luke Skywalker, J.D. Salinger, Jane Austen, Bob Dylan</p>	<p>An interpersonal focus, emotional expressiveness, communication skills, talkativeness, attunement to social norms, advice-giving</p> <p>Famous EFJs: Dr. Martin Luther King, Dr. Phil McGraw, Frasier Crane (television)</p>