**Strengths** (adapted from *The Resilience Project* at Wofford College). Here are some strengths (organized into broad categories) that humans can have:

* Wisdom: creativity, curiosity, good judgment, love of learning, perspective…
* Courage: bravery, perseverance, honesty, zest for life…
* Humanity: love, kindness, social intelligence, empathy…
* Justice: collaboration, fairness, leadership…
* Temperance: forgiveness, humility, prudence, self-regulation…
* Transcendence: appreciation of beauty and excellence, gratitude, hope, humor…

Think about a time in your past when you were at your best. Identify two specific strengths (not categories) that were important in that situation. You can deviate from the list if you want.

1.

2.

For each strength, brainstorm a concrete way that you can use it in your life this week.

1.

2.

Looking into the more distant future, how will these strengths be important/help you thrive?

1.

2.

How are digital color images represented in a linear algebra setting?

Describe the mastery-centered focus of this course.

How does the target date policy support learning in this course?

What are the two goals of the attendance policy in this course?

1.

2.

Summarize the academic integrity policy in this class.