# A tentative source for Orot Hateshuva Chapter 1

Rav Kook begins the first chapter of his Orot Hateshuva as follows:

We find three categories of repentance: 1) repentance in nature 2) repentance in faith 3) repentance in intellect.

R. Shneur Zalman of Liady *( Likkutei Torah ),* also defines three types of repentance. He correlates these types with the first three verbs of (Ps 34,15)

סור מרע, ועשה טוב, בקש שלום ורדפהו

Turn away from evil and do good, look for peace and run after it.

In RSZ sermon, he explains how the first type of repentance relates to divine name *Elokim,* the second type of repentance relates to the Tetragrammaton, and the third type to the infinite G-d (the Or ein sof). Rav Kook’s understanding of the three levels seems to be parallels and extends the approach of RSZ.

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   Like all Hassidic sermons,

He defines the first type corresponds to a return to the Devine Name Eone as kenegd sur mera that the level of elokeinu (memale col olmim) that should be drawn in to him,

Aseh tov keneged shem havaya that the person wants to cling to havaya sovev kol almim and makif

And the 3rd he wants to include imself in the ein sof (which is beyond mmale and sovev)

I think we don’t find more than two types of teshuva in the Talmud (

תשובה מיראה ,תשובה מאהבה

) Yoma 86b