

Assessment sub
X

(https://swayam.gov.in)



(https://swayam.gov.in/nc_details/NPTEL)

20bec021@iiitdmj.ac.in ✓

NPTEL (https://swayam.gov.in/explorer?ncCode=NPTEL) » Enhancing Soft Skills and Personality (course)



If already
registered, click
to check your
payment status

Thank you for taking the Week 06: Assignment 06.

Course outline

About
NPTEL ()

How does an
NPTEL
online
course
work? ()

Week 0 ()

Week 1 ()

Week 2 ()

Week 3 ()

Week 4 ()

Week 5 ()

Week 6 ()

○ Lecture 26:
Significance of
Humour in
Communicatio
n-1 (unit?)

Week 06: Assignment 06

Your last recorded submission was on 2024-03-27, 13:31 Due date: 2024-04-03, 23:59 IST.

Questions 1 to 10 are Multiple Select Questions where more than one answers are correct. It has partial marking and hence carefully select the answer choices.

For Example: if choice 1 and choice 2 are correct out of 6 choices, and if you select both choice 1 and choice 2, you will get full marks.

If you select either choice 1 or choice 2 and did not select other choices, you will get partial marks.

If you select choice 1 and choice 3 or choice 1 and choice 4, you will not get any marks.

If you select choice 2 and choice 3 or choice 2 and choice 4, you will not get any marks.

1) You have been assigned to write an essay on the benefits of laughter for human well-being. Based on what you have learned in the course, which of the following options will you be using as pointers to develop your essay? **1 point**

- ☐ Laughter is a sign of evolutionary supremacy, and it makes us dominate and intimidate our community.
- ☒ According to various research, laughter is equivalent to exercise, helps in good blood circulation, and reduces the risk of heart attack.
- ☒ Laughter helps us cheer up and feel lightened up. This makes us feel optimistic towards life and develop a positive perspective on things.
- ☒ Laughter is therapeutic and contagious. It not only brings joy to the one laughing but also to the person's company. Thus spreading positivity in the gathering.
- ☐ Research suggests that laughter is directly proportional to the money one makes in a lifetime. More laughter means more accumulation of wealth.
- ☐ Laughter has been scientifically proven to increase the height of developing kids from North America.

2) Your company has recently hired a new supervisor for your office. In the first week, he laid down some ground rules for the office's workings. One of the rules bans using humour **1 point**

Assessments submitted.

X

unit=57&lesson=58)

☐ Lecture 27:
Humour in the
Workplace
(unit?
unit=57&lesson=59)

☐ Lecture 28:
Function of
Humour in the
Workplace
(unit?
unit=57&lesson=60)

☐ Lecture 29:
Money and
Personality
(unit?
unit=57&lesson=61)

☐ Lecture 30:
Managing
Money (unit?
unit=57&lesson=62)

☒ **Quiz: Week
06:
Assignment
06
(assessment?
name=157)**

☒ Week 06:
Lecture Notes
(unit?
unit=57&lesson=161)

☐ Feedback for
Week 6 (unit?
unit=57&lesson=63)

**Text
Transcripts ()**

**DOWNLOAD
VIDEOS ()**

Books ()

and laughter during office hours to maintain seriousness. While you appreciate the rules of your supervisor and his commitment to the office, you do not think that the rules regarding humour and laughter will benefit the employees and the quality of work produced. You plan to write an email to your supervisor. Select the options from the list below that you will use in your argument in favour of using laughter and humour in your office.

- ☒ The projects that the employees deal with are often mentally and physically exhausting. Having a humorous conversation with each other will lighten up the moods of the employees and motivate them to go on with their work effectively.
- ☐ Laughter is a good background sound for an office, as the vibrations will bless the walls of the workspace. This will lead to more profits for the company.
- ☒ Maintaining discipline is essential for the workspace, but occasional laughter goes a long way in creating a positive and optimistic environment. This helps everyone remain engaged with their work without feeling bored.
- ☐ Using humour in the office should be made compulsory because it will help the employees to join the recent trend of becoming stand-up comedians.
- ☒ Humour can help the employees bond with each other. The more joyous moments they share, the more connected they will feel with each other. This way, the office will seem welcoming to them. This will lead to an optimistic outlook towards the workplace, eventually translating into efficient work.
- ☐ The gym should be closed, and laughter should be allowed instead.

3) Which of the following can be expected as characteristics of someone who lacks a **1 point** sense of humour in the workplace?

- ☒ Will have a tough time creating a sense of belonging.
- ☐ Will actively participate in conversations with colleagues.
- ☒ Will fail to capture the comical sense of life.
- ☒ Will be stressed more often and face difficulty cheering up.
- ☒ Will lack creativity in activities.
- ☐ Will contribute more than others in decision-making.

4) A good sense of humour is a delightful characteristic to have. It could be considered **1 point** as a positive personality trait. However, which of the following are important aspects to consider while expressing humour?

- ☒ It is important to pay attention to the body language of people to see if they are receiving a certain joke well or showing signs of discomfort.
- ☒ It is important to know what is considered appropriate humour in your company.
- ☐ If people praise you for your jokes, you should continue to crack more of them.
- ☐ Write down all your jokes, and not let anyone else retell them.
- ☐ Humiliate other people who are humorous to become the most loved person.
- ☒ Only have a humorous exchange in funny situations.

5) Below is a description of the personalities of a few individuals. From the list, choose **1 point** the ones who display a lack of emotional intelligence.

- ☒ Tanvi is a wedding planner. She is very meticulous in her work. She personally interacts with the guests at the weddings, and she plans to get honest feedback through casual

Assessment submitted.

X

conversations. She makes sure that she only has these conversations with guests who look wealthy. She does not think that the economically weaker guests would understand her work.

☐ Saraf works with an organisation that works in areas of humanitarian crisis. During his work, he encounters people who need money, food, clothing, and other survival items. During the distribution of such aid, people often create chaos, which often leads to potentially irritating situations for the distributors such as Saraf. Saraf, however, is never agitated by this. He empathises with the people and understands that their behaviour is only a result of their circumstances.

☒ Aditi is a social butterfly and often gets invited to parties. She only accepts invitations from wealthy colleagues.

☒ Shahzeb was getting married and had a large gathering of guests to attend to. Everyone was taking pictures with him. He was joyously sharing his happy moments with his guests. His house-help, who had been a part of his family for years, had also attended the wedding. Shahzeb's mother invited help for a picture, but Shahzeb refused, saying that he did not want to ruin his unique pictures.

☐ Ishrat is a school teacher. She has recently received funds from the school for conducting an essay competition. The winner of the competition is expected to be given an opportunity to meet a famous writer. A few parents try to bribe her into becoming biased towards their children and declaring them winners. Ishrat, however, declines all these offers by saying that she will give all children an equal opportunity to win the prize.

☒ Raman is a medical doctor. He has a long line of patients waiting to be consulted. A famous businessman walks into his clinic without any prior appointment and Dr. Raman asks his receptionist to let him in before everyone else.

6) You have come to realise that your friend Rupesh is able to borrow money from people very easily. Whoever he asks for money, lends him the amount without any hesitation. You have observed that he has been doing this for years and never gets into any sort of trouble, either. What does this say about Rupesh? **1 point**

☐ He has a vibrant emotional network with people.

☐ He bullies people into giving him money.

☐ He is an assertive person and can express his needs well.

☒ He has established good trust with people in terms of money.

☐ He has high self-esteem as he returns the money on or before time.

☐ He is a miser and does not like to spend his own money.

7) Various situations are listed below. Choose the ones that indicate a wrong use of humour. **1 point**

☒ Rajat is attending the funeral of his best friend's mother. He makes jokes about death during the rituals.

☐ Rahat invited his sister for dinner. He observes that she is reticent and unresponsive. He tells her about funny anecdotes from his office to cheer her up.

☒ Talat is a stand-up comedian, and he makes jokes about poor people throughout his performance.

☒ Aashna makes fun of her colleagues' way of praying.

☐ Whenever he is faced with failure, one of the ways Farhat copes is by laughing at her own mistakes.

Assessment submitted.

X

☒ Zara has a habit of using jokes to pass negative remarks about people.

8) Hina has recently started teaching in a college. She is very excited about her new job and wants to be well-prepared. She has asked you for some tips for an effective class experience. Based on this week's lessons, what advice would you give her? **1 point**

☒ Smile when you enter the class. This will put your students at ease.

☒ Include humorous remarks and stories in your lecture. This will make it exciting and unforgettable.

☒ Respond to the snarky remarks of rude students with wit and humour. This will help maintain discipline in class and show that you are not easily frustrated.

☐ Do not pay attention to what the students are doing in class. Just deliver your lecture and leave.

☒ Whenever a student asks a question, make fun of them so that they do not ask a question in class again.

☐ Pick some favourite students in your class and prepare notes, keeping in mind their knowledge and ability.

9) Identify among the following people who have the right attitude about wealth and a healthy lifestyle: **1 point**

☐ Rishab is a millionaire who remains stressed and doesn't get enough sleep.

☒ Ashwin is a teacher who spends more energy caring for his health than focusing on his wealth.

☒ Rishabh is a billionaire who focuses on his quality of life.

☒ Farhat is a wealthy woman who actively tries to avoid a materialistic lifestyle.

☐ Meeram is a bank manager who lives a luxurious life but is anxious to buy the latest gadgets from the market first.

☒ Devi is detached from her wealth even though she earns enough to support her entire family.

10) After listening to Lecture 30, what habits are necessary for you to inculcate to develop healthy money management? **1 point**

☒ Be mindful of the transient nature of money.

☒ Log your expenditure using an appropriate app or software such as Excel.

☒ Work towards creating wealth just to know your self-worth, not to show off.

☐ Do not have any ambitions of attaining wealth.

☒ Try hard to never become detached from your wealth.

☐ Go with your impulses when you are buying things.

11) From the options below, choose the one that correctly defines the word Gelotology. **1 point**

☐ It studies the texture of varied kinds of gel-based food items in tropical cuisine.

☐ It is a study of gelatin as a food ingredient and its effects on the human body and the psychological development of children.

☒ It refers to the study of laughter and its effects on the body from a psychological and physiological perspective.

Assessment submitted.

X

- ☐ It refers to the study of morning exercise on the psychological and physiological development of teenagers.
- ☐ It is the area of study that deals with the use of gel-based colours in the contemporary art forms of North America.
- ☐ It is the area of study that deals with the industrial production of gels that are utilised in place of liquids in the making of ad films.

12) Consider the following workplace settings during a brainstorming session. Which of **1 point** the following do you think will be efficient in problem-solving and coming up with creative ideas?

- ☐ The brainstorming session takes place in a room that has been recently whitewashed and still smells of paint. It makes people uncomfortable who constantly fidget with their handkerchiefs and tissues to not inhale the fumes.
- ☐ During the brainstorming session everyone finds it tough to plan their project ahead. One of the employees cracks a joke to lighten the mood, but the team leader orders him to leave the room. He accuses the person of disrupting the meeting and creating further problems for the team.
- ☐ The team leader decides that to come up with better ideas, it is important to let everyone work individually without communicating.
- ☐ The brainstorming session is happening online, and nobody has put on their cameras. Some employees are still in bed while some others are taking care of their household chores as the meeting goes on.
- ☐ In order to have good results, the team leader announces that whoever is unable to come up with useful ideas during brainstorming will have his/her one-day salary deducted. He starts a timer, and each employee gets a two-minute deadline to come up with a good idea.
- ☒ Understanding the importance of a good mental space for developing creative ideas, the brainstorming session is conducted in a relaxed office space. Beverages are served to every one according to their choice. He appreciates the input of all the employees. When the team faces difficulty, the team leader uses humour to lighten up the space and often laughs at his own inability to solve certain problems.

13) You have recently been feeling disturbed and frustrated due to your workload. This **1 point** has also affected the way you look at life. You have become pessimistic and face existential dread. What, according to Lance Bass, will help you retain your sanity?

- ☐ Working hard and earning more money.
- ☐ Living in a minimalistic apartment
- ☐ Going for a walk every day.
- ☒ Developing and nurturing a sense of humour.
- ☐ Always wearing black suits.
- ☐ Going to a cave and awaiting death.

14) According to Charlie Chaplin, a day that goes by without laughter should be **1 point** considered as?

- ☐ A productive day.
- ☒ A wasted day.
- ☐ A step towards wealth.
- ☐ A sign of the winter season.

Assessment submitted.

X

- ☐ A sign of our composure.
- ☐ A friendless day.

15) *The Alchemist* is a novel that is centred around the journey of a shepherd boy named 'Santiago'. This novel was written by?

1 point

- ☒ Paulo Coelho
- ☐ Anita Desai
- ☐ Salman Rushdie
- ☐ Philip Larkin
- ☐ Chris Jenks
- ☐ Christina Lamb

16) From the following advice, choose the one we receive from Polonius, the Shakespearean character.

1 point

- ☐ Always show off your wealth through fancy and expensive clothing.
- ☐ Spend money on the entertainment of all your friends.
- ☐ Do not care about your budget. This does not put you in a good light in your circle of friends.
- ☐ It is okay to borrow and lend money. You should do it regularly.
- ☐ Borrowing money and lending money strengthens relationships with friends and family.
- ☒ Do not spend money on those friends whom you have not tried and whose loyalty to you is not genuine.

17) From the following statements, choose the one that indicates a false notion about the use of humour.

1 point

- ☐ Humour can strengthen the relationships between people.
- ☐ It is a sign of creativity and witty thinking.
- ☐ Humour can help people cope with stressful situations.
- ☐ It can cheer people up.
- ☐ It can help people develop optimism in sad situations.
- ☒ Humour is a waste of time and indicates low self-esteem.

18) Which of the following statements is true for good sense of humour.

1 point

- ☐ There is no relationship between our ability to remember stories and the way they are told.
- ☒ We tend to remember humorous anecdotes more.
- ☐ The use of humour is not going to reflect any element of our personality.
- ☐ It is advisable never to use humour in a professional setting.
- ☐ Humour is one of the ways we can ruin our reputation.
- ☐ We do not have any innate tendency towards humour.

19) What did he mean when Martin Luther King. Jr. said that "If a man is called to be a street sweeper, he should sweep streets even as Michelangelo painted, or Beethoven played music . . ."

1 point

Assessment submitted.

X

- ☐ He was trying to put forth the idea that sweeping the streets is also a recognised form of art practice.
- ☒ He meant to convey that devotion and dedication are important parts of work, irrespective of the kind of work we have undertaken.
- ☐ He was trying to tell us that all great artists were sweepers before becoming famous.
- ☐ He was trying to proclaim that only men should be sweeping the streets.
- ☐ He meant to convey that art and sweeping are the same because paint brushes and brooms look alike.
- ☐ He is trying to explain the difference in the status of a sweeper and Michelangelo.

20) Which of the following is important for job security?

1 point

- ☐ Wealth
- ☐ Dominance
- ☒ Indispensability
- ☐ Coercive nature
- ☐ High-paying job
- ☐ Fair skin

21) Laughter originates from the Latin word *smileos*.

1 point

- ☐ True
- ☒ False

22) People who lack a good sense of humour are more likely to not quit jobs frequently and lead healthier lives than others. **1 point**

- ☐ True
- ☒ False

23) It is wiser to depend on money than on one's Hard and Soft Skills.

1 point

- ☐ True
- ☒ False

24) Choosing friends with a good sense of humour will benefit our overall well-being.

1 point

- ☒ True
- ☐ False

25) When you are unsure if you should buy a product, leave the place and go home. Give it a second thought. **1 point**

- ☒ True
- ☐ False

You may submit any number of times before the due date. The final submission will be considered for grading.

Submit Answers

Assessment submitted.

X