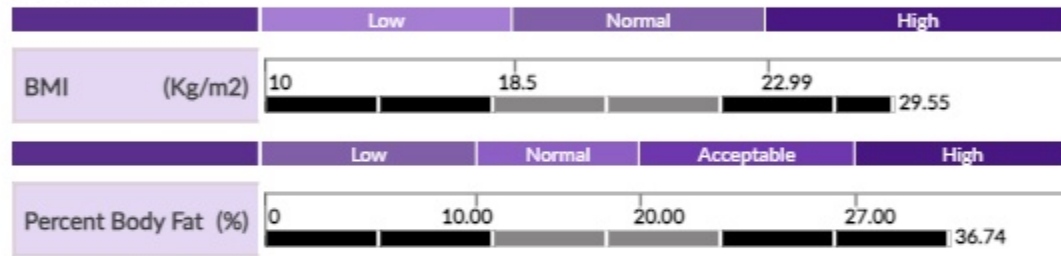


Name <b>Deepak Raja</b>	Gender <b>Male</b>	Age <b>33</b>	Date/Time <b>Sat Dec 02 2023 3:18:28 PM</b>
Email <b>vkmbdeepak@gmail.com</b>	Mobile <b>7200577690</b>	Height	Weight <b>98.88 kg</b>

### Obesity Analysis



### Other Parameters

Intracellular Water	26.42 Ltr (19.80 - 25.50)
Extracellular Water	20.52 Ltr (13.20 - 17.00)
Waist-Hip Ratio	0.90 (0.8 - 0.9)
Body Cell Mass	37.80 Kg (20.00 Above)
Bone Mineral Content	3.58 Kg (1.70 Above)
Waist to height ratio	0.53 (0.35 - 0.57)
Basal Metabolic Rate	1723 Cal
Visceral Fat	117 Cm2 ( - 1)
Skeletal Muscle Mass	32.40 Kg (27.72 Above)

### Body Composition Analysis



### Ideal Body Weight - 75kg

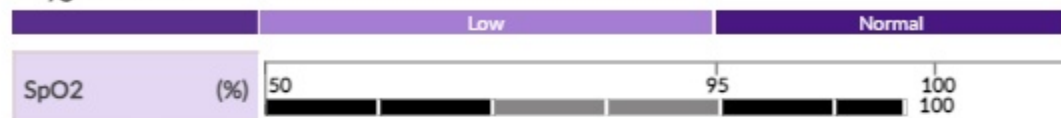
Current total body weight - 98.88kg

Ideal body weight - 75kg

Weight to loose - 24kg

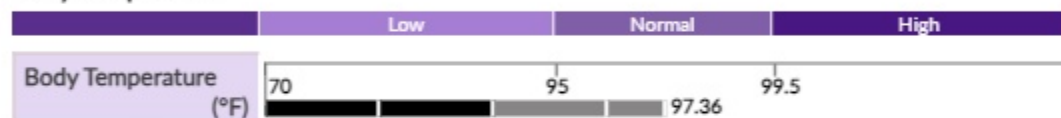
Ideal body weight is a calculated weight range considered optimal based on height, age and gender. it's used for nutritional assesment and medication dosing. Ideal body weight doesn't fully reflect overall health.

### Oxygen Levels



People who experience gradual,steady weight loss (about 1/2 to 1kg per week) are more likely to keep the weight off than those who lose weight quickly.Obesity and being overweight are linked with health concerns such as type 2 diabetes,kidney disease, high cholesterol, and hypertension. However,by losing weight, you can reduce your risk of developing these conditions.

### Body Temperature



### Body Composition History

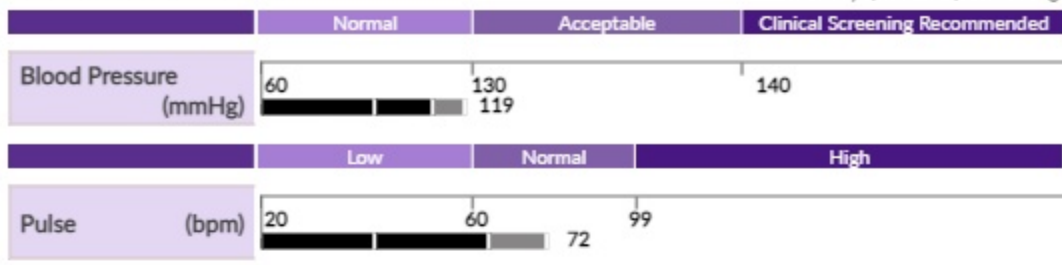
<b>Weight (Kg)</b>	98	95	98	98	98
<b>Visceral fat (Cm2)</b>	117	183	162	153	172
<b>Percent Body Fat (%)</b>	36	43	48	48	50
<b>BMI (Kg/m2)</b>	29	36	37	37	37
<input checked="" type="checkbox"/> Recent <input type="checkbox"/> Total	2 Dec 2023 3:18 PM	17 Jul 2023 11:21 AM	12 Jul 2023 5:50 PM	12 Jul 2023 4:42 PM	17 May 2023 1:07 PM

## Heart Health Parameters

BP - Sys/Dia : 119/79 mmHg

## Note:

To monitor your health vitals history, scan the below QR code to download and use hCare application.



## Electrocardiograph [ECG]

PR Interval 230  
Ms(120 ~ 200)

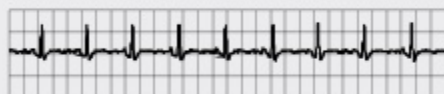
QRS Interval 90  
Ms(80 ~ 120)

QTC Interval 120  
Ms(350 ~ 450)

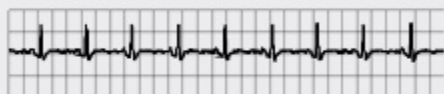
Heart Rate 109  
BPM(60 ~ 100)

## ECG Graph

ECG LEAD I



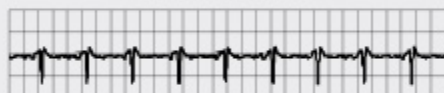
ECG LEAD II



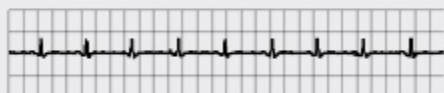
ECG LEAD III



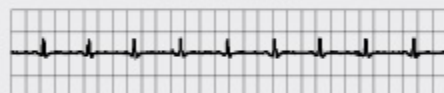
ECG LEAD AVR



ECG LEAD AVL



ECG LEAD AVF



## Disclaimer

The IHL kiosk is intended to be used by individuals of 18 years or older, individuals under 18 years can check the weight and BMI as guest user under direct supervision of guardian. IHL does not give medical advice. The IHL service may provide helpful information about you, such as vitals. The information and materials available through the IHL service are for informational and educational purposes only and not intended to constitute professional advice, diagnosis or treatment, or to substitute for your judgment. The Body Data and other information in your account may not always be accurate, complete, or up-to-date and should be used for informational purposes only. You assume full risk and responsibility for the use of information you obtain from or through the IHL Service. In addition, we do not recommend or endorse any provider of health care or health-related products, items, or services.