

Six Truths for Growth



**1. People's true colors come out
when they don't get what they
want from you.**



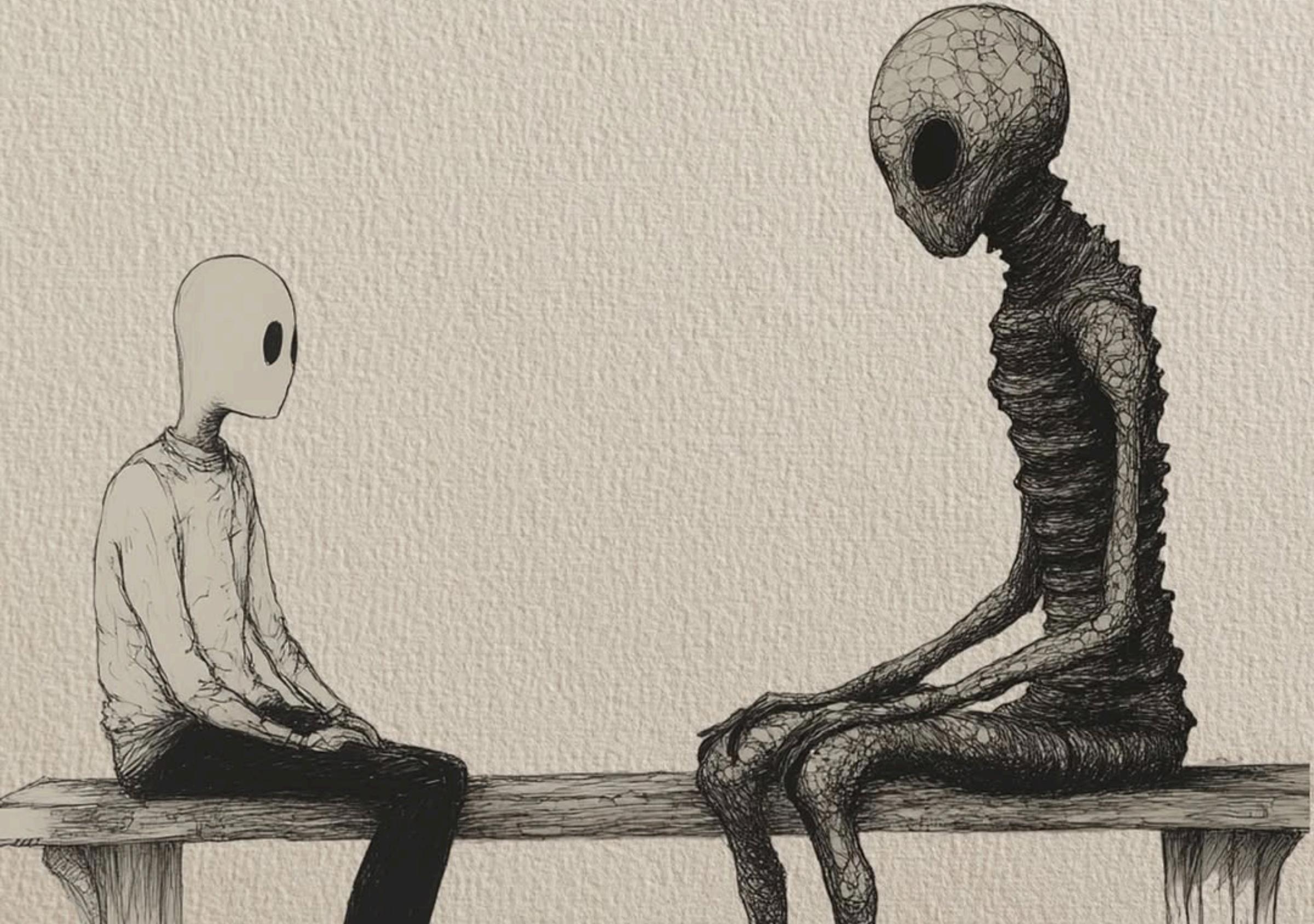
2. Nothing wrong with being sensitive or feeling things deeply. That means your heart is working.



**3. Stay single and build yourself;
the universe will send you who
deserves you.**



4. Unfortunately, when you don't burden people with your problems, they think you don't have any.



5. You are the greatest project you'll ever work on. Restart, reset, refocus as many times as you need.



6. Treasure connections that bring out your inner child, calm your nervous system, and feel like medicine for your soul.

