

# POSTURA - Ergonomics Evaluation Report

## Posture Analysis

neck flexion: red (Angle: 124.1489062493626)  
shoulder\_elevation: green (Angle: 1.0910367965698242)  
elbow\_angle: red (Angle: 169.3556748498566)  
wrist\_deviation: red (Angle: 141.87331032777166)  
pelvic\_tilt: green (Angle: 2.8782033920288086)

## Workstation Analysis

### Risk Summary

Neck strain, elbow strain, wrist strain

### Exercise Recommendations

