

POSTURA - Ergonomics Evaluation Report

Posture Analysis

neck_flexion: red (Angle: 124.1489062493626)

shoulder_elevation: green (Angle: 1.0910367965698242)

elbow_angle: red (Angle: 169.3556748498566)

wrist_deviation: red (Angle: 141.87331032777166)

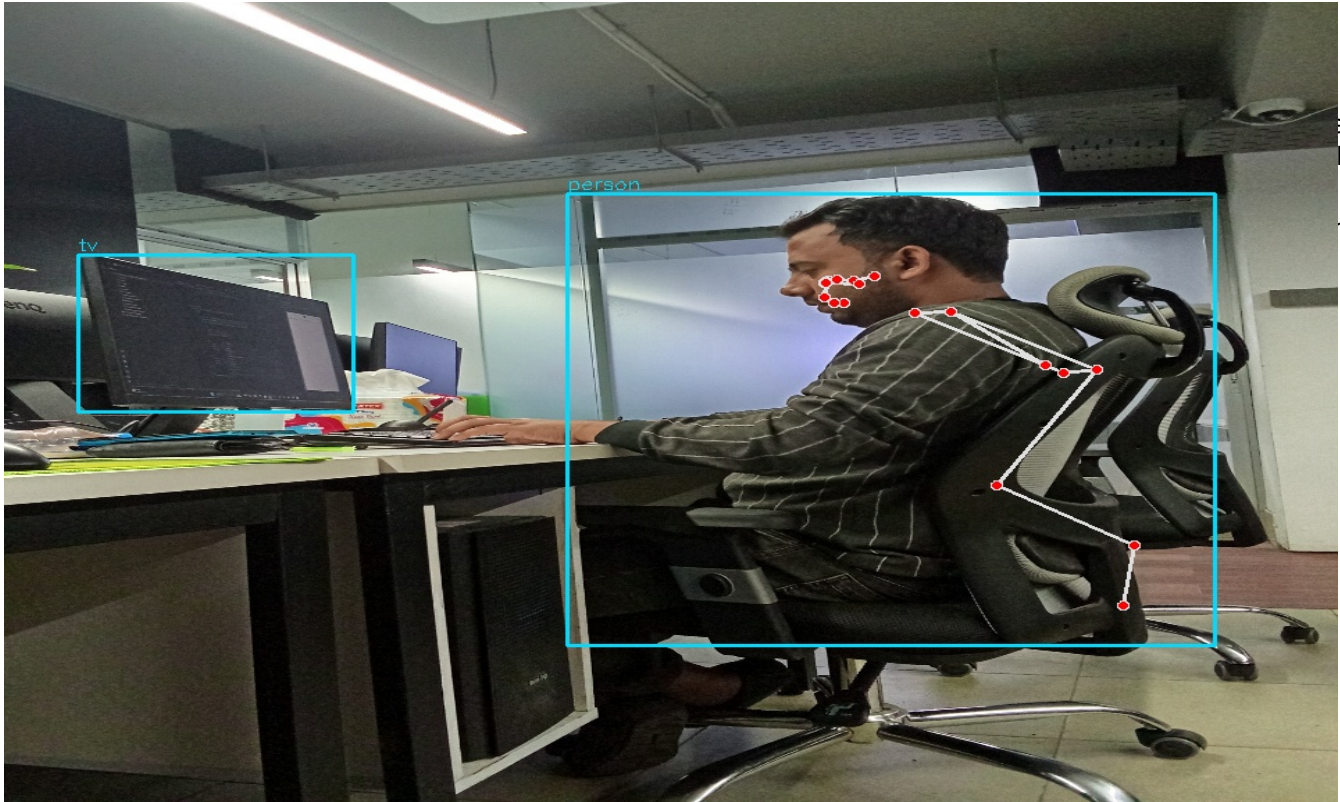
pelvic_tilt: green (Angle: 2.8782033920288086)

Workstation Analysis

Risk Summary

Neck strain, elbow strain, wrist strain

Exercise Recommendations



other hand to
the elbow.
back muscles.

comfort during work