

SSR Chatbot

Srujana Dadi

Rishitha Chakirala

Pavani Naga Kumari

DISCLAIMER!!

We owe this to him!

"I am not lost, I am very much alive." -Sushant Singh Rajput

18

Movies
Stories

Infinite Dreams

We aim to do our little part
to help the people facing
depression through this chatbot.



YOU ARE NOT ALONE.

According to a survey, one person in every 20 suffers depression

NUMBER OF PEOPLE SUFFERING FROM DEPRESSION

322 million



Worldwide

56 million



India

1 : 2,00,000



END depression

What is SSR?



Psychologist's mail

SSR Chatbot

5:04 PM

SC

Participant's mood score

To: Srujana Dadi

Hey there!

The participant's score is 28 out of 60.

The user responds yes to if they are loved and trusted.

The user feels like they laugh, smile and feel happy to an extent of 2 out of 5.

The user feels that the best days of his/her life are over to the scale of 2 out of 5.

The user feels that his/her life is on track to the extent of 2 out of 5.

The user feels that their thoughts go in circles to the scale of 2 out of 5.

The user wishes they could rewrite their life to the value of 2 out of 5.

The user feels like nothing is fun anymore to the range of 2 out of 5.

The user feels that they do not care about anyone anymore to the extent of 5 of 5.

The user feels insignificant to the extent of 1 out of 5.

The user feels disconnected to the range of 2 out of 5.

Please contact their safe contact at srujanadadi9324@gmail.com.

Have a great day!

Visit this link to stop these emails: <http://zpr.io/Hp6FZ>

The psychologists email is embedded into the chatbot

Safe contact's mail

SSR Chatbot

5:04 PM

SC

Your mood score

To: srujanadadi9324@gmail.com

Hey there!

Your friend, Srujana just took a self help exercise, to check their mental state. The results are given below, but despite the result, we at SSR suggest you check in on your friend and let them know that you will always stand by them. Sometimes a small action, goes a long way!

Your score is 28 out of 60.

Have a great day!

Visit this link to stop these emails: <http://zpr.io/HpnQy>



SSR Chatbot

Please enter the email of the person closest to you, as your safe contact!

You

srujanadadi9324@gmail.com

How we help:

- Acknowledgement
- Validation
- Notify a friend



No more Robotic Answers

Turing Test

Turing test results

Which one was said by a HUMAN in response to the statement: I feel as though the best years of my life are over.

36 responses



- Are you kidding! The best years are yet to come! Those exotic trips around the world! Cuddling up near a window on a rainy day with a great book and a cup of coffee! Not to mention the amazing things YOU can do! You can give a child the gift of education, volunteering as a...
- That is so sad to hear! Why don't you try some music therapy to help you feel better. It is an actually proven technique!

BLUE - CHATBOT

RED - PERSON

Which one was said by a HUMAN in response to the statement: I don't smile and laugh a lot.

36 responses



- Aw! That's horrible! Why don't you try remembering some funny memory or read a few jokes!
- It's okay to feel low sometimes, but wait I forgot to ask, why did the scientist install a knocker on his front door? He wanted to win the No-bell prize!
- Oh! Okay that was really bad! But think of that one time you laughed so hard your stomach hurt! Now THAT was funny!

BLUE - PERSON

RED - CHATBOT

Which one was said by a HUMAN in response to the statement: 'I don't feel trusted and loved'.

36 responses



- Oh! That's really too bad! Let me give you some tips to help you! You can try remembering a childhood memory to help you feel happy!
- Are you sure about that? Remember those friends you had at school? Those moments when you ripped through the textbook, finding the weirdest picture, to tell your friend that's you? Or the the pure joy of winning that pen fight? Or all those school memories you forgot? The...

BLUE - PERSON

RED - CHATBOT

Self help

Self - help exercises



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Look, it's okay it be unsure sometimes, not everything is either black or white! But good news! I now what might help, try reading "Three Cups of Tea"! It definitely would give you perspective on how sometimes changing tracks is the best thing that could ever happen to you! And come on, before becoming an actor Johnny Depp worked as a TELEMARKETER! 🤪 Who knows what's in store for you! 🤪



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Before you freak out, have a look at this...nearly 73 % of people overthink! So you are definitely NOT alone! Firstly, STOP IGNORING YOUR INSTINCT! We are born with strong instincts and by burying them under piles of intellect, you are doing yourself no favors! Try guided meditation, and release yourself from the shackles of your endless todo list. Live in the present!



SSR Chatbot

I'm sure whatever you want to change is not exactly what happened! Studies show that are memories alter over time to make them feel more intense than they really were! You aren't the same person you were then, learn to forgive yourself. As Dumbledore said "It does not do to dwell on dreams and forget to live"! And please, remember that the present you live in is the past of tomorrow, live today, so that you'll love your past tomorrow! Go hiking, canoeing, live a little! :)

Personalization

Srujana are you serious? What about those long drives with your best friend, late night conversations with your cousins, those vacations filled with thrill and adventure! There is sooo much to explore! You need to dance in the rain at the Eiffel Tower, catch a wave surfing, swim with dolphins and **attend** a rodeo! Who do you think **Srinija**'s waiting for, to do these things with 😊

Personalization of messages

Please enter your name!

You

Srujana



SSR Chatbot

Please enter the close contact's name!

You

Srinija



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You're disconnected, because you so far inside yourself, you forgot what it's like to be part of a group! Take **Srinija**, and a couple of friends and go out for lunch! Laugh about the mistakes you made, plan the future, love the present and cherish every single second with the people you love!

Style of conversation

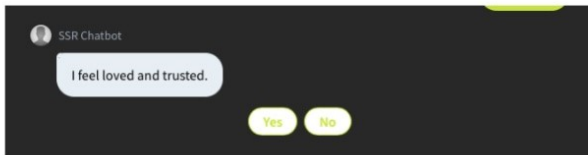


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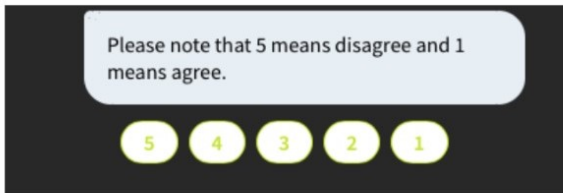
Are you sure about that?
Remember those friends you had at school?
Those moments when you flipped through the textbook, finding the weirdest picture, to tell your friend 'that's you!' 😂
Or the the pure joy of winning that pen fight!
Or all those school memories you forgot!
The memories may be forgotten, but not your friends!
Why don't you call those amazing friends who will always love and trust you!

Input Style

User Inputs



Type your message here



To all the people who are afraid to
seek help;
We got you!