

Draft Translation of the Nepalese Version of the *Suśrutasamhitā*

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Contents

Introduction	11
The date of the Suśrutasamhitā	11
The Nepalese Version	14
The vulgate	14
The Translation	16
 Part 1. Sūtrasthāna	 19
Sūtrasthāna 1: The Origin of Medical Knowledge	21
Literature	21
Translation	21
In praise of surgery	24
 Sūtrasthāna 2: The Initiation of a Student	 29
Literature	29
Translation	29
 Sūtrasthāna 3: The Table of Contents	 31
Literature	31
Translation	31
 Sūtrasthāna 10: Diagnosis	 33
 Sūtrasthāna 11: Preparing and using caustics	 35
 Sūtrasthāna 13: On Leeches	 37
Literature	37
Translation	37

Sūtrasthāna 14: On the Properties of Blood	45
Previous scholarship	45
Translation	45
Sūtrasthāna 16: Repairing Pierced Ears	53
Previous literature	53
Translation	53
Sūtrasthāna 28: Unfavourable Prognosis in Patients with Sores	63
Literature	63
Translation	63
Sūtrasthāna 46: The Rules about Food and Drink	65
Introduction	65
 Part 2. Nidānasthāna	 67
Nidānasthāna 1: The Diagnosis of Diseases Caused by Wind	69
Literature	69
Subject matter	69
Translation	69
Symptoms of diseases that arise because of a combination of the five breaths with bile and phlegm	74
 Part 3. Śārīrasthāna	 81
Śārīrasthāna 2: On Semen and Menstrual Fluid	83
Literature	83
Translation	83
Diagnosis by humours	84
Therapies for menstrual blood	87
During menstruation	88
Types of persons	91
Birth irregularities	93

Śārīrasthāna 3: On Conception and the Development of the Embryo	97
Literature	97
Translation	98
Conception	98
Pregnancy	100
Fetal development	101
Effects of the mother's experiences on the unborn child . . .	102
 Part 4. Cikitsāsthāna	 107
Cikitsāsthāna 4: On the Treatment of Wind Diseases	109
Literature	109
Translation	109
Cikitsāsthāna 5: On the Treatment of Serious Wind Diseases	117
Literature	117
Translation	117
Cikitsāsthāna 15: On Difficult Delivery	129
Literature	129
Translation	129
 Part 5. Kalpasthāna	 133
Kalpasthāna: Introduction	135
The Sequence of Chapters	135
The Spread of Indian Toxicological Lore to Medieval Islamic Au- thors	136
The <i>Kalpasthāna's</i> diffusion	136
Kalpasthāna 1: Protecting the King from Poison	139
Introduction	139
The meaning of "kalpa"	139
Chapter 1 of the Kalpasthāna	139
Literature	140
Manuscript notes	141
Translation	142

[Threats to the king]	142
Kalpasthāna 2: Poisonous Plants	151
Introduction	151
Shock	152
Literature	153
Translation	154
The effects of poisons	157
Slow-acting poison	159
Kalpasthāna 3: Poisonous Insects and Animals	165
Literature	165
Translation	165
Pollution of the environment	167
The origin of poison	169
The working of poison	170
Patients beyond help	171
Kalpasthāna 4: Snakes and Envenomation	173
Introduction	173
Literature	174
The Seven Stages of Toxic Shock	175
Translation	176
[The Taxonomy of Snakes]	176
[Behaviours]	177
[Enumeration of Snakes]	180
[Breeding and Gender]	182
[Symptoms of snakebite]	183
[Summary Verses]	186
Kalpasthāna 5: Therapy for those Bitten by Snakes	189
Introduction	189
Literature	189
Translation	190
The application of mantras	191
Blood letting	192
Internal medications	192
Therapies at each pulse of toxic reaction	193

Subsequent therapies	195
Kalpasthāna 6: Rats and Rabies	201
Introduction	201
Mouse or Rat?	201
Literature	203
Translation	204
The types of rat	204
Detailed symptoms	205
The bites of wild animals	209
Kalpasthāna 7: Beating Drums	213
Introduction	213
Literature	213
Translation	213
Kalpasthāna 8: Poisonous insects	219
Introduction	219
Insect names	219
Literature	220
Translation	222
Taxonomy of insects	222
Taxonomy of scorpions	229
Spiders	233
General therapies for poisoning	234
End of the Kalpasthāna	235
Part 6. Uttarantra	237
Uttarantra 17: Preventing Diseases of the Pupil	239
Literature	239
Translation	239
[Complications]	249
[Characteristics of the probe]	249
[Complications]	250

Uttaratantra 38: Diseases of the Female Reproductive System	253
Introduction	253
Literature	253
Placement of the Chapter	253
Parallels	255
Philological notes	256
Metrical alterations	256
The original opening verses	256
Translation	258
Uttaratantra 65: Rules of Interpretation	261
Literature	261
Early Sources	261
The <i>Arthaśāstra</i>	262
The <i>Yuktidīpikā</i>	262
Tamil literature	262
The <i>Viṣṇudharmottarapurāṇa</i>	263
The <i>Saddanīti</i>	264
Āyurvedic literature	269
Tantrayukti-inventories	275
Earlier Listing	276
Later Listing	276
Terminology	277
1. <i>adhikaraṇa</i>	277
2. <i>yoga</i>	279
3. <i>padārtha</i>	282
3. <i>hetvartha</i>	286
5–6. <i>uddeśa</i> and <i>nirdeśa</i>	288
Notes on Significant Variants	290
...द्वितीये पादे...	290
यत्र तु स्नेहस्वेदाभ्यञ्जनेषु...पूर्वापरयोगसिद्धो भवति ।	290
सामवेदादयश्च वेदाः	291
...विद विन्द इत्येतयोश्च धात्वोः...	291
...धात्वोरेकार्थः । पश्चात् पदं भवति...	293
यदुक्तं साधनं भवति स हेत्वर्थः	294
...तथा माषदुग्धप्रभृतिभिर्व्रणः क्लिद्यते	295
समासवचनं समुद्देशः ।	295
Characteristics of the Manuscript Transmission	296

Translation	297
Index of Manuscripts	303
General Bibliography	305
Materia Medica	309
Flora	309
Fauna	330
Minerals	336
Glossary	337

Introduction

What follows is a draft translation of selected chapters of the *Compendium of Suśruta* (*Suśrutasaṃhitā*). This differs from former translations, being based on the text that survives in the oldest known manuscripts of the work.¹ These old manuscripts are located in Nepal, so we refer to this as “the Nepalese version” of the work, although future research may show that this old version was more widely known.²

The date of the *Suśrutasaṃhitā*

In a previous publication, I discussed evidence showing that the *Suśrutasaṃhitā* as we have it now began to be assembled in the late centuries BCE, and was heavily revised and supplemented in the period before CE 500.³ The more detailed reflections by Meulenbeld support this dating.⁴ But we also now know, as a result of the Suśruta Project, that the work was subject to at least one further editorial campaign after the ninth century.⁵ Another recently-discovered factor affects older arguments about the dating of the work. The name “Dhanvantari” that is associated with the vulgate version of the *Suśrutasaṃhitā* is not tied in the same way to the older, Nepalese version of the text.⁶ In the late ninth century, the *Suśrutasaṃhitā* was read as a work delivered by Divodāsa, King of Kāśī, not the god Dhanvantari. The

¹ See Wujastyk et al. [2023](#) for an introduction to the Nepalese text and Wujastyk et al. [2021](#)– for background on the Suśruta Project, 2021–2024.

² For more discussion of this issue, see Wujastyk et al. [2023](#): Introduction and ch. 2.

³ Wujastyk [2003b](#): 63–64.

⁴ [HIML](#): 1A, 333–352.

⁵ Wujastyk et al. [2023](#): 16–26.

⁶ Wujastyk [2013b](#); Birch, Wujastyk, Klebanov, Parameswaran, et al. [2021](#); Birch, Wujastyk, Klebanov, Rimal, et al. [2021](#); Wujastyk et al. [2023](#).

text was thoroughly re-edited after the ninth century, adding the narrative frame of the Dhanvantari attribution as well as verses from the *Carakasaṃhitā* and other material. It may be that at least some of this editorial work was performed by the author Candraṭa (fl. 900–1050), since several manuscript colophons of the *Suśrutasaṃhitā* include the statement,

The correction of textual readings in the treatise of Suśruta was done by Candraṭa the son of the doctor Tisaṭa, after studying the commentary of Jejjāṭa.⁷

The disassociation of Dhanvantari from the *Suśrutasaṃhitā* affects several historical arguments that were summarized by Meulenbeld about the relationship of the work to the *Carakasaṃhitā* and other works.

Furthermore, other former arguments for the priority of the *Carakasaṃhitā* to the *Suśrutasaṃhitā* can no longer stand, since the Nepalese version does not include many of the passages from the *Carakasaṃhitā* on which these arguments rest. A particularly striking example of this occurs in the *Sūtrasthāna*.

Chapter ten of the *Sūtrasthāna* is dedicated to the topic of becoming a professional physician.⁸ The fourth passage of the chapter, describes how a physician takes note of omens on the way to a patient's home, and then how he diagnoses the patient:

Then he should approach the house of the sick person according to the favourableness of the messenger, the reason given, omens, and good-luck signs. After sitting down, he should have a good look at the sick person, he should palpate them and interrogate them. Diseases are mostly understandable through these three means of gaining knowledge. That is what some people say, but it is not correct. There are six means of gaining knowledge about diseases, i.e., by the five senses, hearing etc., and by interrogation.⁹

⁷ Wujastyk 2024.

⁸ See p. 33 below and Wujastyk 2025 for discussion.

⁹ दूतनिमित्तशकुनमङ्गलानुलोम्येनातुरगृहमभिगम्य, उपविश्य, आतुरमभिपश्येत्पृशेत्पृच्छेच्च; त्रिभिरेतैर्विज्ञानोपायै रोगाः प्रायशो वेदितव्या इत्येकै; तत्तु न सम्यक्, षड्विधो हि रोगाणां विज्ञानोपायः, तद्यथा — पञ्चभिः श्रोत्रादिभिः प्रश्नेन चेति ॥ ४ ॥

As we see, the text first proposes a three-part method of diagnosis and then immediately distances itself from that statement and provides a different six-part procedure. One has the sense of hearing two voices.

Who were the “some people” being referred to? The three-part diagnostic procedure is found in the *Carakasamhitā* (Ca.ci.25.22). For that reason, this passage has been taken as evidence that the authors of the *Suśrutasaṃhitā* knew the Caraka text and were responding to it. This is one of the pieces of evidence that is used to argue that the *Suśrutasaṃhitā* is chronologically later than the *Carakasamhitā*. In the Nepalese version of the *Suśrutasaṃhitā*, however, the passage is much simpler and omits this second, distancing, voice:

Then, arriving at the house of the sick person according to the favourableness of the messenger, the reason given, omens, and good-luck signs, he should sit down. Then, he should have a good look at the sick person, he should palpate them and interrogate them. Through these three means of gaining knowledge it can be known whether life will be long or life will be short.¹⁰

The passage referring to the *Carakasamhitā* is absent.

Luckily, for this part of the *Suśrutasaṃhitā*, the learned commentary of Cakrapāṇidatta (fl. 1075, Bengal) survives. It was edited and published in 1939 by Yādavaśarman T. Ācārya. Commenting on the passage, Ācārya stated that this extra passage was not known to Cakrapāṇidatta.¹¹ Thus, we can say that it was added to the text of the *Suśrutasaṃhitā* some time between the oldest Nepalese manuscript (878 CE) and Cakrapāṇidatta’s time, i.e., the eleventh century.

The fact that this reference to the *Carakasamhitā* is not present in the early Nepalese version of the *Suśrutasaṃhitā* means that the argument about chronological priority cannot be sustained.

Evidently, Candraṭa or some other editor added material from the *Carakasamhitā* to the *Suśrutasaṃhitā* after the ninth century. A piece of evidence that remains independent of the above issues is the remark by the Cakrapāṇidatta that Dṛḍhabala (fl. ca. 300–500 CE) knew and made use

¹⁰ ततो दूतनिमित्तशकुनमङ्गलानुलोम्येनातुरगृहमागम्योपविश्यातुरमभिपश्येत्स्पृशेच्च त्रिभिरेतैर्विज्ञानोपायैः दीर्घमायुषोल्पायुषो वेदितव्यः।

¹¹ अयं पाठश्च चक्रासंगतः.

of the *Suśrutasaṃhitā*.¹² This provides a latest date for the *Suśrutasaṃhitā* in the period before Dṛḍhabala. This also shows that much of the text of the *Carakasaṃhitā* in its present form, as reconstructed by Dṛḍhabala, postdates the *Suśrutasaṃhitā*.

The Nepalese Version

The Nepalese version has been reconstructed on the basis of three manuscripts from Kathmandu,

1. MS Kathmandu KL 699 (siglum K),
2. MS Kathmandu NAK 1-1079 (N), and
3. MS Kathmandu NAK 5-333 (H).

The first of these MSS is the oldest, dated to CE 878.¹³ It covers most of the *Suśrutasaṃhitā*, but lacks the *Nidānasthāna* and the *Śārīrasthāna* (see Fig. 1). The second is undated but is datable on palaeographical grounds to the twelfth or thirteenth centuries.¹⁴ It contains the *Sūtrasthāna* and *Nidānasthāna* but breaks off shortly afterwards. The third manuscript, H, is the most complete, supporting the text of the whole of the *Suśrutasaṃhitā*. It is dated CE 1513.¹⁵ The text of manuscript H follows K very closely but is probably not a direct apograph.¹⁶ I conjecture that it was either copied from an intermediary that followed K very closely or from a ancestor of K.¹⁷

The vulgate

The version of the *Suśrutasaṃhitā* that we refer to as “the vulgate” is the version of the text that circulates in print today in multiple editions. The

¹² Cakrapāṇidatta *ad Carakasaṃhitā* 8.12.39 (Ca 1941: 735) (see also HIML: 1A, 132, 350–351).

¹³ Klebanov 2021a: 15.

¹⁴ Klebanov 2021a: 17–18.

¹⁵ I follow the arguments of Klebanov (2021a: 21–26) on the interpretation of the colophon although, as he pointed out, some interpret the date as CE 1573.

¹⁶ Chakraborty 2022.

¹⁷ “...as neither my own research ... nor the study undertaken in Harimoto ... could determine any linear connection between any of the Nepalese manuscripts of the SS, one may assume that [there exists] an older common ancestor of both of the manuscripts K and H.” (Klebanov 2021b: 21).



Figure 1: Coverage of the text by MSS K, N and H.

most careful and authoritative edition is that of Y. T. Ācārya and N. R. Ācārya ([Su 1938](#)).¹⁸ It is telling that this edition includes the commentary of Ḍalhaṇa (b. ca. 1175) and, for the *Nidānasthāna*, also that of Gayadāsa (fl. ca. 1000). These important authors commented on a text that is, broadly speaking, what we call “the vulgate.” But they both mentioned quite often that the manuscripts they were consulting contained other versions of the text and in a high number of cases, these variations match the Nepalese version.¹⁹ It is possible that Gayadāsa and Ḍalhaṇa, through their commentarial work on the text, participated in shaping “the vulgate.”

The scholar Rudolph Hoernle was also aware of this cleavage in the transmission-history of the *Suśrutasaṃhitā*. But with the more limited materials available to him at the turn of the twentieth century he drew the line a little differently. He referred to the text of the *Śārīrasthāna* of the *Suśrutasaṃhitā*, transmitted in the printed editions of his day, as “the Traditional Recension.”

The recension which is found in Jīvānanda’s and all other

¹⁸ This and the following issues have been discussed by Wujastyk et al. ([2023](#): 2 and ch. 3).

¹⁹ E.g., see the discussion in footnote [176](#) below.

prints,²⁰ and which, in the sequel, will be referred to as the Traditional Recension, has in its favour not only all available manuscripts, but also all ancient commentaries on the Compendium of Suśruta, Or, shortly, the Traditional Recension is supported by the whole body of existing witnesses.²¹

However, Hoernle was unfortunately not aware of the Nepalese manuscripts of the *Suśrutasaṃhitā*, which at the time he was writing were in Nepalese libraries that had not yet been explored by scholars of the time. The contrast that Hoernle was drawing was between the Traditional Recension and the *Śārīrasthāna* of the *Carakasaṃhitā* as printed by the influential Bengali scholar, Kavirāja Gaṅgādhara Ray (1798–1885).²²

The Translation

The translation follows the methods of rigorous philological care and modern principles of translation theory.²³ Major differences in sense from the vulgate text are marked **in this manner**, but the differences are so pervasive and fine-grained that most have not been explicitly marked.

The text-historical state of the *Suśrutasaṃhitā* bears many resemblances to other early textual transmissions in South Asia. The situation was articulated particularly clearly for the case of Pāli by von Hinüber (1978), in the opening of his chapter,

...we cannot go back beyond the council of Aluvihāra (Ālokavihāra) under Vaṭṭagāmaṇī Abhaya (29–17 B.C.) where the Pāli canon was written down for the first time in Ceylon. This is the very starting point of our tradition handed down to us by the monks of the Mahāvihāra. About recensions of the Pāli canon

20 Hoernle listed four, S. M. Gupta 1835–36; Su 1889; Vīrasvāmi 1900–09; Govindjī et al. 1901.

21 Hoernle 1907: 68.

22 Ray 1868–70. Hoernle’s evaluation of this edition was not entirely kind: “I have not been able to discover for it any authority whatsoever. ... it is probably that the recension of Gaṅgādhara is a reconstruction of his own to meet those of the difficulties which he had noticed” (Hoernle 1907: 70). For a full account of the genesis of this edition, see Pecchia 2022.

23 See Wujastyk 2003b: intro. and Wujastyk 2021: 81–83 for an overview.

different from the Mahāvihāra tradition and deviating from its wording... we scarcely have any knowledge at all.

Similarly, the manuscript evidence for the *Suśrutasamhitā* that is available today allows us to reconstruct a version of the work after it was consolidated into a text of five parts with a sixth or “later” (*uttara*) and somewhat different part already appended to the first five. The prehistory of the work before this form is tantalizingly unknown to us. That the work was assembled from diverse sources and that many hands were involved is without doubt. The oldest surviving manuscript, MS Kathmandu KL 699, gives us physical evidence for the state of the text in the ninth century. We have little insight into the formational processes affecting the text before that time. But what we can see plainly is that the text was edited pervasively after that time, being influenced especially by the commentators Jejjāṭa, Candrāṭa, Gayadāsa and Cakrapāṇidatta and the editor Candrāṭa. However, a clear picture of how these later editorial processes took place will only be possible as a result of further research into a wider manuscript base.

Part 1. Sūtrasthāna

Sūtrasthāna 1: The Origin of Medical Knowledge

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.²⁴

Translation

- 1 “Now I shall narrate the chapter on the origin of this knowledge.”²⁵
- 2 “Now, as is well-known, Aupadhenava, Vaitaraṇa, Aurabhra, Puṣkalāvata, Karavīra, Gopurarakṣita, **Bhoja**, Suśruta and others addressed Lord Divodāsa, king of Kāśi, the best of the immortals, who was in his ashram surrounded by an entourage of sages.”²⁶

²⁴ [HIML](#): IA, 203–204.

²⁵ Ḍalhaṇa understood the word “knowledge (*veda*)” as specifically “medical knowledge.” He said that the word “longevity” (*āyur*) had been elided. After this opening statement, later manuscripts and commentaries include the attribution, “as the venerable Dhanvantari stated.” The absence of this statement in the early Nepalese manuscripts is highly significant because it removes the outer narrative frame of the *Suśrutasaṃhitā* (Wujastyk 2013b: 148; Klebanov 2021a: § 3.1.2; S. K. Rai 2019; Birch, Wujastyk, Klebanov, Parameswaran, et al. 2021). On the figure of Dhanvatari in medical literature, see [HIML](#): IA 358–361.

²⁶ On these persons, see [HIML](#): IA 361–363, 369 ff. The authority Bhoja does not appear in the list as published in the vulgate edition ([Su 1931](#): 1), and was not included in [HIML](#) amongst “authorities mentioned in the *Suśrutasaṃhitā*.” Meulenbeld gathered textual evidence about Bhoja at [HIML](#): IA 690–691. Klebanov (2021b) has discussed these authors in the context of an anonymous commentary on the *Suśrutasaṃhitā* that cites them.

- 3 “O Lord, distress arose in our minds after witnessing people thrashing about with cries, assailed by different kinds of pain and injury (*vedanābhighāta*), feeling helpless in spite of having friends, because of diseases arising from the body, the mind and external sources.
- 4 “To quell the illnesses of those who seek happiness and for our own purpose of prolonging life, we desire the science of life (*āyurveda*) that is being taught. Welfare, both in this world and in the next, depends upon it. Therefore, we have come to the Lord in pupillage.”
- 5 The Lord said to them:
“Welcome to you! My children, all of you are beyond reproach and worthy to be taught.
- 6 “As is well known, Ayurveda is the name of what is said to be the subsidiary part of the Atharvaveda.²⁷ Before creating people, Svayambhū composed it in hundreds of thousands of verses and a thousand chapters and, after observing the short lifespan and low intelligence of people, he presented it again in eight parts.²⁸
- 7 “Surgery, treatment of body parts above the clavicle, general medicine, knowledge of spirits, care of children, and the disciplines of antidotes, rejuvenation and aphrodisiacs.
- 8.1 “Now, a collection of the characteristics of each component of Āyurveda.
- 8.1a “Among them, the one called surgery has the goal of extracting various grasses, wood, stone, dust, iron,²⁹ soil, bone, hair, nails, discharge of pus, malignant wounds and foreign bodies inside the womb, and of determining the application of surgical instruments, knives, caustics and fire by means of sixty definitions.
- 8.2 “The one named “the doctrine of treating body parts above the clavicles” has the aim of curing diseases situated above clavicles that is, diseases located in ears, eyes, mouth, nose and so on.
- 8.3 “The one called “general medicine” has the goal of curing illnesses established in the whole body and [diseases] such as fever, tumour, swelling, hemorrhagic disorders, insanity, epilepsy, urinary diseases, diarrhoea and the like.

27 On the careful wording of this statement, that makes the Atharvaveda connection “something that people say,” see Wujastyk 2022: 400–401.

28 Svayambhū is another name for Brahmā, the creator.

29 The identity of the metal in such early literature is somewhat moot. For discussion, see Wujastyk 2019.

- 8.4 “The one called “knowledge of spirits” is for appeasing demons by pacification rites and making food offerings for those whose minds have been possessed by gods, their enemies,³⁰ Gandharvas, Yakṣas, demons, deceased ancestors, Piśācas, Vināyakas,³¹ Nāgas and evil spirits that possess children.
- 8.5 “The one called “care of children” is for bearing children and purifying defects in a wet-nurse’s milk, and curing diseases that have arisen from bad breast milk and demons.
- 8.6 “The one called “the discipline of toxicology” is for [knowing] the signs of poison from snake and insect bites and for neutralising various combinations of poisons.³²
- 8.7 “The one called “the discipline of rejuvenation” is maintaining youth, bringing about a long life and mental vigour and for curing diseases.
- 8.8 “The one called the “discipline of aphrodisiacs” brings about the increase, purity, accumulation and production of semen for those whose semen is minimal, bad, depleted, and dry [respectively] and for inducing an erection.
- 9 “In this way, this Āyurveda is taught with eight components.”
“Among these [components], tell us which is for whom.”
- 10 They said, “After you have made the whole knowledge of surgery accessible, teach it to us, Lord”.³³
- 11 “So be it,” he said.
- 12 They then said, “After probing our opinion, we are unanimous: Suśruta will question you. We too will take in what is being taught to him.”
- 13 “So be it,” he said.

Cite Paul
Courtright,
Ganesha
book.

30 Dānavas. The insertion marks (*kākapadas*) below the text at this point appears to be by the original scribe.

31 The vulgate doesn’t have *vināyakas* but does add *asuras*, probably under the influence of Ḍalhaṇa.

32 The scribal insertion marks (crosses) above the line at this point in MS K appear to be in a later hand and their referent is lost in the damaged part of the folio. Although MSS MS Kathmandu NAK 1-1079 and MS Kathmandu NAK 5-333 include spiders (*lūtā*) and creepy-crawlies (*sarīsrpa*) in the list, it does seem that MS K had a shorter list, and the vulgate edition adds rodents (*mūṣika*).

33 For discussion of the text-critical significance of this passage, see Harimoto 2013. I have read the passage as including the word अलङ्कृत्वा in the sense “make accessible” (cf. MW: 94, *sub* अलं विज्ञातुम्).

In praise of surgery

- 14–16 “Now, as is well-known, the aim of Āyurveda is eliminating the disease of one who has been assailed by disease and protecting the healthy; Āyurveda is, “where they find a long life,” or “that by which long life is known.” You should take in its best component (*aṅga*), which is being taught without conflicting with tradition, perception, inference or analogy.
- 17 “For this component is first, the most important, because it is referred to first; it cures wounds and joins together the most important thing, Yajña’s head. For, just as it has been said of old, ‘the head that had been cut off by Rudra was joined again by the two Aśvins.’
- 18 “And also, of the eight disciplines of Āyurveda, alone is the best because of the quick action of its procedures (*kriyā*), its application of blunt instruments, knives, caustics and fire, and it is common to all disciplines.
- 19 “Therefore, it is eternal, meritorious, leads to heaven, brings renown, bestows a long life, and affords a livelihood.
- 20 “This is what Brahmā said: ‘Prajāpati learned it. From him, the Aśvins. From the Aśvins, Indra. From Indra, I. In this world, I will transmit it to students, for the benefit of people.’
- 21 “There a verse about this:

*For I am Dhanvantari, the first god, the remover of old age, pain and death of mortals. Having understood surgery, the best of the great knowledge systems, I arrived on earth again to teach it here.*³⁴

- 22 “In this context, as far as this discipline is concerned, a human being (*puruṣa*) is called an amalgam of the five elements and the embodied soul. This is where procedures (*kriyā*) apply. This is the locus.”
- “Why?”
- “Because of the duality of the world, the world is twofold: the stationary and the moving. Its nature (*ātmaka*) is twofold, depending on the preponderance of Agni and Soma.³⁵ Alternatively, it can be considered as being fivefold. The multitude of beings in it are fourfold: they are

34 Note that this verse about the origin of surgery is the first place that the name “Dhanvantari” is introduced in the Nepalese version of the work. Dhanvantari is here identified with Brahmā, the creator of the world. For discussion, see Birch, Wujastyk, Klebanov, Parameswaran, et al. 2021.

35 See Wujastyk 2004.

- termed “sweat-born, stone-born, caul-born and egg-born”.³⁶ Where they are concerned, the human being is the main thing; others are his support. Therefore, the human being (*puruṣa*) is the locus.
- 23–26 “Diseases are said to be the conjunction of the person and suffering (*duḥkha*). There are four of them: invasive, bodily, mental and inherent. The invasive ones are caused by an injury. The bodily ones are based on food, caused by irregularities (*vaiṣaṃyā*) in wind, bile, phlegm and blood.³⁷
- “The mental (*mānasa*) ones, caused by desire (*icchā*) and hatred (*dveṣa*), include: anger (*krodha*), grief (*āśoka*), misery (*dainya*), overexcitement (*harṣa*), lust (*kāma*), depression (*viṣāda*), envy (*īrṣyā*), jealousy (*asūyā*), malice (*mātsarya*), and greed (*lobha*).
- “The inherent (*svābhāvika*) ones are hunger, thirst, old age, death, sleep and those of the temperament (*prakṛti*).
- “These too are located (*adhiṣṭhāna*) in the mind and body.
- 27 “Scarification (*lekhana*), nourishment (*bṛṇhaṇa*), purification (*saṃśodhana*), pacification (*saṃśamana*), diet (*āhāra*) and regimen (*ācāra*), properly employed, bring about their cure.
- 28 “Furthermore, food is the root (*mūla*) of living beings as well as of strength (*bala*), complexion (*varṇa*) and vital energy (*ojas*). It depends on (*āyatta*) the six flavours (*rasa*). Flavours, furthermore, have substances as their substrate (*āśrayin*). And substances are remedies (*oṣadhī*).³⁸ There are two types: stationary (*sthāvara*) and moving (*jaṅgama*).
- 29 “Of these, there are four types of stationary ones: fruit trees (*vanaspati*), flowering trees (*vṛkṣa*), herbs (*oṣadhi*) and shrubs (*vīrudh*).³⁹ Amongst

36 This fourfold classification of beings is paralleled with closely-related vocabulary in *Bhelasamhitā* 4.4.4 (Bhela 2000: 206; Bhela 1921: 81).

37 Note that four humoral substances are assumed here.

38 Pāṇini 6.3.132 provides that the final vowel of the noun *oṣadhi* may be lengthened (→*oṣadhī*) under certain conditions. These conditions require that the word be used in a Vedic mantra and not in the nominative. Neither condition is met in this passage, yet the author uses the form *oṣadhī*. This form is in fact not uncommon in medical literature as well as in epics, purāṇas, smṛtis, and other parts of Sanskrit literature.

39 Ca.sū.1.71–72 also describes these four types of medicinal plant in similar terms but with slightly differing names: *oṣadhi* is a plant that ends after fruiting, *vīrudh* is a plant that branches out, *vanaspati* is a tree with fruit, and *vānaspatya* is a tree with fruit and flowers.

these, the “fruit trees” have fruit but no flowers.⁴⁰ The “flowering trees” have flowers and fruit. The “herbs” die when the fruit is ripe. “Shrubs” put out shoots.

- 30 “As is well known, moving remedies are also of four types: those born in a caul (*jarāyujā*), those born from eggs (*aṇḍajā*), those born of sweat (*svedajā*), and shoots (*udbhid*). Amongst these, those born in a caul include animals (*paśu*), humans, and wild animals (*vyāla*). Birds, creepy-crawlies (*sarīrpa*) and snakes are “born of eggs.” Worms (*kṛmi*), small insects (*kunta*) and ants (*pipīlika*) and others are born of sweat.⁴¹ Shoots include red velvet mites (*indragopa*) and frogs (*maṇḍūka*).⁴²
- 31 “In this context, among the stationary remedies, skin (*tvak*), leaves (*patra*), flowers (*puṣpa*), fruits (*phala*), roots (*mūla*), bulbs (*kanda*), sap (*kṣīra*), resin (*niryāsa*), essence (*sāra*), oil (*sneha*), and juice extract (*svarasa*)⁴³ are useful; among the moving remedies pelt (*carman*), hair, nails, and blood (*rudhira*) and so forth.
- 32 “And earth products (*pārthiva*) include gold and silver.⁴⁴
- 33 “The items created by time (*kālakṛta*) are clusters (*samplava*) as far as wind and no wind (*nivāta*), heat and shade, darkness and light and the cold, hot and rainy seasons (*varṣā*) are concerned. The divisions of time are the blink of the eye (*nimeṣa*), a trice (*kāṣṭhā*), minutes (*kalā*), three-quarters of an hour (*muhūrta*), a day and night (*ahorātra*), a fortnight (*pakṣa*), a month (*māsa*), a season (*ṛtu*), a half-year (*ayana*), a year (*saṃvatsara*), and yuga (*yuga*).⁴⁵
- 34 “These naturally cause accumulation (*sañcaya*), irritation (*prakopa*), pacification (*upaśama*) and alleviation (*pratīkāra*) of the humours (*doṣa*). And they have practical purposes (*prayojanavat*).
- 35 “There are verses about this:

40 The MSS agree in reading *phalavantyaḥ* “having flowers” which is grammatically non-standard. This form is also found in the *Viṣṇudharmottarapurāṇa* (1.92.27, 1.92.27 *Viṣṇudh.*: 56r).

41 The word *kunta*, though marked as “lexical” in most dictionaries, is in fact found in literature, commonly as a compound with *pipīlika*; the compound sometimes seems to be understood a type of ant (*tatpuruṣa* compound) rather than as a pair of insects (*dvandva* compound).

42 On *indragopa*, see Lienhard 1978.

43 On juice extract (*svarasa*) see CS 1.1.73, 1.4.7; Ḍalhaṇa on 4.10.12 (*Su* 1938: 450).

44 The flow of concepts in the treatise seems to be interrupted here.

45 These units are presented at 1.6.5 (*Su* 1938: 24) and discussed by Hayashi (2017: § 59).

*This fourfold category is taught by physicians as a cause for the agitation and quelling of bodily diseases.*⁴⁶

- 36 *There are two kinds of invasive diseases. Some certainly⁴⁷ affect (ni√pat) the mind, others the body. Their treatment (kriyā) is of two kinds too.*
- 37 *For those that affect the body there is physical (śārīravād) therapy, whereas for those that affect the mind there is the collection (varga) of desirable sensory experiences like sound that bring comfort (sukha).*
- 38 *“Along these lines (evam), this brief explanation of the four factors (catuṣṭaya) is given:*
- human being (*puruṣa*),
 - disease (*vyādhi*),
 - remedies (*oṣadhi*),
 - the time for therapies (*kriyākāla*).

“In this context,

- from the mention of the word “human,” the collection of substances that arise from it, such as the elements, and the particulars (*vikalpa*) of its major and minor parts (*aṅga*) such as skin (*tvak*), flesh (*māṃsa*), ducts (*sirā*), sinews (*snāyu*), bones (*asthi*) and joints (*sandhi*) are meant.
- From the mention of “diseases,” all diseases caused by wind, bile, phlegm, congested humours (*sannipāta*), external factors (*āgantū*) and inherent factors (*svabhāva*) are intended (*vyākhyāta*).
- From the mention of “remedies,” there is the teaching of substances, tastes, potencies, post-digestive tastes.
- From the mention of “procedures (*kriyā*),” therapies (*karman*) such as oiling and excision (*chedya*) are taught.

⁴⁶ On the topic of the “group of four,” the commentator Ḍalhaṇa considered them to be “food, behaviour, earthen products and items created by time.” He referred to the author of the lost commentary entitled *Pañjikā*, and to Jejjāṭa (HIML: IA, 372–3, 192). In his view, these early commentators do not agree that the fourfold grouping (*caturvarga*) refers to the quartet of stationary (*sthāvara*), moving (*jaṅgama*), earthen products (*pārthiva*) and items created by time (*kālakṛta*) (Su 1938: 9a).

⁴⁷ The text uses an archaic interjection here, *ha*.

- From the mention of the word “time,” every single teaching about the times for procedures is meant.

39 “There is a verse about this:

*This seed of medicine has been declared in brief. Its explanation will be given in one hundred and twenty chapters.*⁴⁸

40 “There are one hundred and twenty chapters in five sections (*adhyāya*).⁴⁹ In that regard, having divided them, according to their subject matter, into the Ślokaśthāna, the Nidāna, the Śārīra, the Cikitsita and the Kalpa, we shall mention this in the Uttaratantra.⁵⁰

41 “There is a verse about this:

Someone who reads this eternal proclamation of the King of Kāśī, that was declared by Svayambhu, will have good karma on earth, will be respected by kings and upon death will achieve the world of Śakra.

48 This is the number of chapters in the first five sections of the work, namely the *Sūtra*-, *Nidāna*-, *Śārīra*-, *Cikitsā*- and *Kalpa*-sthānas. These have 46, 16, 10, 40 and 8 chapters respectively. The *Uttaratantra* has 66 chapters.

49 On *viṃśa* in the sense of “greater by 20” see P.5.2.46 *śadantaviṃśateś ca*.

50 The end of this sentence reads oddly. The vulgate edition adds an object: “[we shall mention] the remaining topics [in the Uttara]” which smooths out the difficulty, but this is supported in none of the Nepalese MSS. At the start of the *Uttaratantra* (*Su* 1938: 1.3–4ab) there is indeed a statement that picks up the point about there being 120 chapters.

Sūtrasthāna 2: The Initiation of a Student

Literature

[HIML](#): IA, 204; Preisendanz [2007](#); Wujastyk [2012](#): 82–83.

Translation

Sūtrasthāna 3: The Table of Contents

Literature

Translation

1
54 ⁵¹

⁵¹ Bronkhorst [2016](#): 167.

Sūtrasthāna 10: Diagnosis

11 [52](#) content

52 See p. [214](#) below.

Sūtrasthāna 11: Preparing and using caustics

7 ⁵³
11 ⁵⁴ content

⁵³ See p. 205 below.

⁵⁴ See p. 214 below.

Sūtrasthāna 13: On Leeches

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of studies on Indian leeches and their application.⁵⁵

A Persian version of this chapter of the *Suśrutasamhitā* was included in *Sikandar Shāh's Mine of Medicine* (*Ma'din al-shifā' i Sikandar-Shāhī*) composed in 1512 by Miyān Bhūwah b. Khawāṣṣ Khān.⁵⁶

More recently Brooks has examined this chapter and leech therapy more broadly terms of leeches and classification, multispecies agencies, and the tactile and intersensory dynamics of leech therapy.⁵⁷

Translation

- 1 And now we shall explain **the chapter** about leeches.
- 2 The leech is for the benefit of kings, rich people, delicate people, children, the elderly, fearful people and women. It is said to be the most gentle means for letting blood.
- 3 In relation to that, one should let blood that is corrupted by wind, bile or phlegm with a horn, a leech, or a **gourd**, respectively. Or, each kind can be made to flow by any of them in their particular way.⁵⁸

⁵⁵ [HIML](#): IA, 209; IB, 324, n. 131.

⁵⁶ Siddiqi 1959: 96–109; Azeez Pasha 1971; Storey 1971: 231–232; [HIML](#): IB, 324, n. 128; Speziale 2019: 8–9.

⁵⁷ Brooks 2020a,b; 2021a,b.

⁵⁸ This sentence is hard to construe grammatically, although its meaning seems clear. In place of विशेषस्तु, Cakrapāṇidatta and Ḍalhaṇa both read विशेषतस्, which helps interpretation ([Su 1939](#): 95, [Su 1938](#): 55). It is noteworthy that the critical syllable स्तु is smudged or corrected in both MS Kathmandu NAK 1-1079 and in 1-1146, a much later

4 And there are the following about this:

*A cow's horn is praised for being unctuous, **smooth**, and very sweet. Therefore, when wind is troubled, that is good for bloodletting.*⁵⁹

5 *A horn shaped like a half-moon, with a large body the length of seven fingers, should first be placed on the incision. A strong person should suck with the mouth.*⁶⁰

6 *A leech lives in the cold, is sweet and is born in the water. So when someone is afflicted by bile, they are suitable for bloodletting.*⁶¹

7 *A **gourd** is well known for being pungent, dry and sharp. So when someone is afflicted by phlegm it is suitable for bloodletting.*

8 In that context, at the scarified location one should let blood using a horn wrapped in a covering of a thin bladder, or with a **gourd** with a flame inside it because of the suction.⁶²

9 Leeches are called "*jala-āyu-ka*" because their life (*āyu-*) is in water (*jala*).⁶³ "Home" (*okas*) means "dwelling;" their home is water, so they are called "water-dwellers (*jalaaukas*)."

Devanāgarī manuscript.

There is an insertion in the text, printed in parentheses in the vulgate at 1.13.4 (Su 1938: 55) as विशेषतस्तु विस्राव्यं शृङ्गजलौकालाबुभिर्गृहीयात्. This insertion is not included in the earlier edition of the vulgate, but is replaced by स्निग्धशीतरूक्षत्वात् (Su 1931: 54). Ḍalhaṇa noted that, "this reading is discussed to some extent by some compilers (निबन्धकार), but it is definitely rejected by most of them, including Jejjhaṭa."

59 The vulgate replaced "smooth" with "hot."

60 This passage is not found in the vulgate, but it is similar to the passage cited by Ḍalhaṇa at 1.13.8 (Su 1938: 56) and attributed to Bhāluki. Bhāluki was the author of a *Bhālukitantra* that may have predated Jejjhaṭa and might even have been one of the sources for the *Suśrutasaṃhitā* (HIML: IA, 689–690 *et passim*). The editor Ācārya was aware of this reading in the Nepalese manuscripts; see his note 4 on 1.13.5 (Su 1938: 55, note 4).

61 Note that the particular qualities (*guṇas*) of the leech in this and the following verses counteract the quality of the affliction. See Brooks 2018: 113, table 1.

62 There are questions about the wrapping or covering of the horn. Other versions of the text, and the commentator, propose that there may be two coverings, or that cloth may be a constituent. Our understanding of this verse is that the bladder material is used to cover the mouthpiece and then to block it, in order to preserve suction in the horn for a few minutes while the blood is let.

63 The lexeme *-āyu-* is known almost exclusively from the *R̥gveda*.

- 10 There are twelve of them: six are venomous and just the same number are non-venomous.
- 11 Here is an explanation of the venomous ones, together with the therapy:
- Black (*kṛṣṇā*)
 - Mottled (*karburā*)
 - Sting-gush (*alagardā*)⁶⁴
 - Rainbow (*indrāyudhā*)
 - Oceanic (*sāmudrikā*)
 - Cow-praising (*govandanā*)⁶⁵

Among these,

- The one called a Black is the colour of kohl and has a broad head;
- The one called Mottled is like the [Indian mottled eel](#), long with a segmented (*chinna*), humped belly.
- The one called Sting-gush is hairy, has large sides and a black mouth.
- The one called Rainbow is coloured like a rainbow, with vertical stripes.
- The one called Oceanic is slightly blackish-yellow, and is covered with variegated flower patterns.
- The one called Govandana is like a cow's testicles, having a bifurcated appearance on the lower side, and a tiny mouth.

When someone is bitten by them, the symptoms are: a swelling at the site of the bite, excessive itching and fainting, fever, a temperature, and vomiting. In that context the Great Antidote (*mahāgada*) should be applied in drinks and liniments (*ālepana*), etc.⁶⁶ A bite by the Rainbow leech is not treatable. These venomous ones have been explained together with their remedies.

- 12 Now the ones without venom.⁶⁷

⁶⁴ Treating गर्दा as गल्दा and translating as in RV 8.1.20, with Jamison and Brereton (2014: 1023, verse 20 and cf. commentary). But if गर्द is to be taken from √गर्द् then we might have “crying from the sting.”

⁶⁵ The manuscripts all read गोवन्दना against the vulgate's गोचन्दना.

⁶⁶ Ḍalhaṇa and the vulgate included errhines in the list of therapies, and Ḍalhaṇa added that “etc.” indicated sprinkling and immersion too. The “Great Antidote” is described in the Kalpasthāna, at 5.5.61–63ab (Su 1938: 578).

⁶⁷ The translations of the names of these leeches are slightly whimsical, but give a sense of the original; सावरिका remains etymologically puzzling.

- Tawny (*kapilā*)
- Ruddy (*piṅgalā*)
- Dart-mouth (*śaṅkumukhī*)
- Mouse (*mūṣikā*)
- Lotus-mouth (*puṇḍarikamukhī*)
- Sāvarikā (*sāvarikā*)

Among these,

- The one called Tawny has sides that look as if they are dyed with realgar and is the colour of glossy mung beans on the back.⁶⁸
- The one called Ruddy is a bit red, has a round body, is yellowish, and moves fast.
- The one called Dart-mouth is the colour of liver, drinks fast and has a long mouth.
- The one called Mouse is the colour and shape of a mouse and has an undesirable smell.
- The one called Lotus is the colour of mung beans and has a mouth that looks like a lotus.
- The one called Sāvarikā has the colour of a lotus leaf and is eighteen centimetres long. But that one is used when the purpose is an animal.

The non-venomous ones have been explained.

13 Their lands are Yavana, Pāṇḍya, Sahya, Potana and so on.⁶⁹ Those in

68 The compound *सिग्धमुद्गवर्णा* is supported by all the manuscript witnesses and is translated here. Nevertheless, the reading of the vulgate, that separates *सिग्धा*, f., “slimy” as an adjective for the leech, seems more plausible: “it is slimy and the colour of a mung bean.”

69 This passage is discussed by Karttunen (2015: 109–110, 388–389). At the time of the composition of the *Suśrutasaṃhitā*, Yavana would most likely have referred the Hellenistic Greek diaspora communities in Bactria and India (Law 1984: 136–137; Mairs 2013; 2014). Unproblematically, the Pāṇḍya country is the extreme south-eastern tip of the Indian subcontinent (Schwartzberg, Bajpai, et al. 1978: E8, p. 20 *et passim*), and Sahya refers to the Western Ghats (Schwartzberg, Bajpai, et al. 1978: D5–7, p. 20 *et passim*). The vulgate reading “Pautana” is not a known toponym. Potana was the ancient capital of the Aśmaka Mahājanapada mentioned in Pali sources and in inscriptions at Ajāntā and elsewhere, and identified by Law (1984: 142, 179) and P. Gupta (1989: 18) with Pratiṣṭhāna, modern Paithan on the Godavari river. The recurring ancient epithet describing the Aśmaka kingdom is that it was on the Godāvarī, and Paithan is flanked to the south west and south east by this river.

Some scholars have identified the name with modern Bodhan in Telangana (Sircar

- particular have large bodies and are strong, they drink rapidly, consume a lot, and are without venom.
- 14 In reference to that, venomous leeches are those originating in decomposing venomous insects, frogs, urine, feces and in polluted water.⁷⁰ Non-venomous ones originate in decomposing [sacred lotus](#), [blue water-lily](#), [white water-lily](#), [fragrant lotus](#), [pondweed](#) and in pure waters.
- 15 There is a verse on this:

*These ones move about in sweet-smelling habitats that abound in water. Tradition teaches that they do not behave in a confused manner or lie in the mud.*⁷¹

- 16 They can be caught with a fresh hide or one may catch them by other means.⁷²

1971: 189; Schwartzberg, Bajpai, et al. 1978: E6, p. 14, 140 *et passim*; Sen 1988: 102), but this implausible identification is traceable to a speculative suggestion by Raychaudhuri (1953: 89, n. 5, 143) based on a variant form “Podana” found in some early manuscripts of the *Mahābhārata*: “This name reminds one of Bodhan in the Nizām’s dominions,” “possibly to be identified with Bodhan.”

Ḍalhaṇa on 1.13.13 (Su 1938: 57) anachronistically identified “Yavana” as the land of the Turks (तुरुष्क) and “Pautana” as the Mathurā region. He also noted, as did Cakrapāṇidatta (Su 1939: 97), that this passage was not included by some authorities on the grounds that the habitats of poisonous and non-poisonous creatures are defined by other criteria.

- 70 The vulgate on 4.13.14 (Su 1938: 57) includes fish in this list.

- 71 Ḍalhaṇa on 1.13.14 (Su 1938: 57) discussed why non-venomous leeches would not “behave in a confused manner” (सङ्कीर्णचारिन्), saying that they do not “eat a diet that is contra-indicated because of poison etc.” (विषादिविरुद्धाहारभुजः). On the use of the term विरुद्ध in the sense of “incompatible,” see 4.23.4 (Su 1938: 485). Ḍalhaṇa there noted that such foods are explained in the chapter on wholesome and unwholesome foods (हिताहिताध्याय, 1.20 (Su 1938: 94–99)).

- 72 “Fresh hide” (आर्द्रचर्मन्) may suggest that the animal skin still includes meat or blood that is attractive to a leech.

Ḍalhaṇa on 1.13.15 (Su 1938: 57) quoted “another treatise” (तन्त्रान्तरवचनात्) that said that autumn is the time to collect leeches. He also explained that “other methods” of collecting leeches included smearing a leg or other limb with cream, butter or milk, etc., or using a piece of flesh from a freshly killed animal.

The Nepalese witnesses all read गृहीत्वा “having (been) caught” for the vulgate’s गृहीयात् “one may grasp (by other means).” The Nepalese reading is hard to construe and we have emended to the vulgate’s reading.

- 17 Then these should be put into a large new pot furnished with mud and the water from lakes or wells. One should provide what they need to eat. One should grind up pondweed, dried meat, and aquatic tubers, and one should give them grass and aquatic leaves to lie on, and every three days water and food. After seven nights one should transfer them to a different pot.

- 18 And on this:

One should not nurture those that are thick in the middle, that are injured,⁷³ or small, those that are not born in the proper habitat, those that will not attach, that drink little or those that are venomous.

- 19 First of all, if the patient has an ailment that is treatable by bloodletting with leeches, get them to sit or lie down. Then, dry any place (avakāśa) that is diseased with powders of earth and cow-dung.⁷⁴ Then the leeches, free from impurities, with their bodies smeared with Indian mustard and turmeric, moving about in the middle of a cup of water, should be made to attach to the site of the ailment. Now, for one that is not attaching, one should provide a drop of milk or a drop of blood. Alternatively, one should make some marks with a knife (śas-trapada).⁷⁵ And if it still will not attach, make a different one attach.
- 20 One can know that it is attached when it fixes on, making its mouth like a horse's hoof and hunching its neck. Then, one should cover it with a wet cloth and keep it there.
- 21 Now, if one knows, from the arising of pricking and itching at the bite, that clean blood is being taken, one should take it off. Then, if it does not release because of the scent of blood one should sprinkle its mouth with powdered rock salt.

73 Pace Ḍalhaṇa on 1.13.18 (Su 1938: 57) who glossed परिक्लिष्ट "injured" as अमनोज्ञदर्शन "disagreeable looking."

74 Ḍalhaṇa on 1.13.19 (Su 1938: 57) read अरुजम् (n.), against the vulgate's अरुजः; Cakra-pāṇidatta on this verse (Su 1939: 98) read अरुजः. Both commentators specified that the Suśrutasaṃhitā said this procedure should only be applied when there is no wound or opening, for fear of exacerbating the condition. The Nepalese text is saying, differently, that the desiccating powders should be applied to a diseased wound.

75 On पद as a "mark," "imprint," or "place of application," cf. 4.1.29 (Su 1938: 399), 5.4.15 (Su 1938: 571), etc. See footnote 598.

- 22 Then one should coat it with *rice-grain chaff*, rub its mouth with sesame oil and salt and cause it to vomit by holding its tail in the left hand and very slowly rubbing it with the thumb and finger of the right hand in the proper direction, as far as the mouth, until it is properly purged.⁷⁶ A properly purged leech placed in a goblet of water moves about, wanting to eat. If it sinks down, not moving, it is badly purged; one should make it vomit once again.
A badly purged leech develops an incurable disease called Indrapada.⁷⁷
- 23 *One that protects its deflated head with its body, suddenly curls up and makes the water warm is traditionally said to have Indrapada.*⁷⁸
- Thus, one should keep such a one as before.⁷⁹
- 24 *After observing the proper or improper flow of the blood, one should rub the opening made by the leech with honey.*⁸⁰ Alternatively, one may bind it up and smear it with ointments that are astringent, sweet, oily and cold.
- 25 And about this there is the following:
When the leeches have just drunk, one should pour ghee on it. And one should pour on to the blood things that are capable of stopping the blood.
- 26 *Someone who knows habitats, the capture, feeding and bloodletting of leeches is worthy to treat a king.*

76 The expression शालितण्डुलकाण्डन, “rice-grain chaff” could be read as “paddy rice, rice grains and chaff” but this seems unlikely in the context.

77 At this point, the Nepalese witnesses read इन्द्रपद/इन्द्रापद, but the vulgate reads इन्द्रमद, a term that is found in other texts such as the *Mānasollāsa* 6.641 (vol. 1, 87), where it is a fever affecting fish, and the *Garuḍapurāṇa* 1.147.3 (tr. A Board of Scholars 1957: 2, 425) where it is fever affecting clouds; see further Brooks *in press*.

78 At this point, witness H, the latest MS, reads इन्द्रपद as before, but the older witnesses K and N have muddled readings, इदमदः and इद्रमदः. The scribes may have been responding to a -पद I-मद confusion about the name of this condition.

79 The vulgate includes “well purged” as the object in this sentence, which makes better sense.

80 In the Nepalese witnesses, the object of this passage is जलौकामुखम् “the mouth of the leech,” that we have interpreted, perhaps freely, as “opening made by the leech.” Logically and as transmitted in the vulgate, this passage should be about managing the wound on the patient that has been made by the leech.

Sūtrasthāna 14: On the Properties of Blood

Previous scholarship

Meulenbeld offered both an annotated summary of this chapter as well as a study specifically on the place of blood in Ayurvedic theory.⁸¹

Translation

The draft translation of this adhyāya is presented by Paras Mehta.

- 1 Now we shall declare the chapter about blood.
- 2
- 3 Food is of four types.⁸² It is endowed with six tastes and is made of the five elements.⁸³ It has either two or eight potencies, and is endowed

81 [HIML](#): IA, 209–201 and Meulenbeld 1991. Meulenbeld’s footnotes on this chapter in [HIML](#): IB, 325 ff. refer often to “Hoernle’s note.” This appears to be a reference to Hoernle’s copious notes to his translation of this chapter (Hoernle 1897: 87–98). Meulenbeld (1990) also discussed Sanskrit veterinary texts in the light of their standard theory of four humours, including blood.

82 Dalhaṇa on 1.14.3 ([Su 1938](#): 59) said that the four types of food are those that can be drunk, licked, eaten and chewed (पेयलेह्यभोज्यभक्ष्य). The main text of the *Carakasamhitā* is explicit about these categories at 4.3.4(1) ([Ca 1941](#): 308): पानाशनभक्ष्यलेह्य । “things drunk, eaten, chewed or licked.” Yagi (1994) discussed the distinction between भक्ष्य and भोज्य; for further Indological background on foods, see the studies by Olivelle (1995; 2001) and the classic reference works by Achaya (1994; 1998). The long, final adhyāya of the *Suśrutasamhitā*’s sūtrasthāna (ch. 46) is a treatise on food in āyurveda.

83 *Idem*, Earth, water, fire, air, space

with many qualities.⁸⁴ Chyle (*rasa*) is the most intangible essence of this food that is properly transformed. It is of the nature of fire.

Chyle is situated in the heart. From the heart, it enters into the twenty-four arteries—ten upward arteries, ten downward, and four sideways—and doing so day after day owing to the reaction of past activities that are caused by the invisible,⁸⁵ it satisfies the entire body, enlivens it, prolongs it,⁸⁶ and makes it grow. The motion of the entity that flows throughout the body should be understood by inference. That motion causes deterioration and growth.

With regards to the chyle that flows through all the limbs, humours, body tissues, and impurities of the body, the question arises, “Is it moist or is it fiery?” It is understood to be moist because of its fluidity while flowing⁸⁷ and due to attributes such as mobility, lubrication, enlivening, satisfaction, and supporting.⁸⁸

- 4 That watery chyle is then reddened after reaching the liver and spleen.
- 5 There are verses about this.

Experts know that blood is the untransformed fluid that is reddened by the pure fire element within the bodies of living beings.

- 6 *It is only due to chyle that women’s blood called menses exists. It increases from the twelfth year and decreases after the fiftieth year.*
- 7 The menstrual blood, however, is called fiery.⁸⁹ That is due to the embryo being fiery and moist.⁹⁰

84 Ḍalhaṇa related these qualities to the twenty standard गुण of āyurveda; see, e.g., their listing by Vāgbhaṭa, translated by Wujastyk (2003b: 207).

85 अदृष्ट (unseen): Doing any righteous or unrighteous action produces good merit and demerit respectively. This good merit and demerit are called अदृष्ट (invisible) because it cannot be directly known but can only be assumed through logical deduction.

86 In the sense of prolonging its lifespan

87 The vulgate emends अनुसरणे to अनुसरण- against the Nepalese MSS. This is logical because mobility would seem to be one of the attributes. Although it is awkward, we read अनुसरणे as a locative absolute “while flowing.”

88 The duality being discussed here is that of the essential qualities of Fire and of Soma (*agni* and *soma*). See further discussion by Wujastyk (2004) and Angermeier (2021).

89 Ḍalhaṇa commented that this is to distinguish the menstrual blood from regular blood that is gentle.

90 Ḍalhaṇa commented here that the embryo is called such because the menstrual blood is fiery and the semen is gentle (सौम्य). On the fiery/moist distinction (आग्नेय/सौम्य), see Wujastyk 2004; Angermeier 2021.

- 8 Others state that the embryo as constituted of the five elements and the preceptors call it the living blood.
 9 There are verses about this.

That is because blood exhibits the qualities of earth, etc. such as a fleshy smell, fluidity, redness, pulsation and thinness.

- 10 *Blood is formed from chyle, flesh from blood, lymph from flesh, bone from lymph, marrow from bone, semen from marrow, and progeny from semen.*
 11 There, the essence (chyle) of food and drink is the nourisher of these body tissues.
 12 There is a verse about this.

A living being should be known as born from chyle. One should diligently preserve⁹¹ chyle by administering food and drink, being nicely disciplined with food⁹².

- 13 The verbal root *rasa* means movement.⁹³ Because it keeps moving day after day, it is called *rasa* (chyle).⁹⁴
 14 Chyle stays in every body tissue for 2548 ((25*100)+48) *kalās* and nine *kāṣṭhas*. As such, it becomes semen after a month. For women, it becomes menses.
 15 Here are verses about this.

*According to similar and dissimilar treatises, the quantity of *kalās* in this group⁹⁵ is 18,090.*

This is the particular transformation period regarding chyle that lasts for a person with mild fire⁹⁶. For a person with developed fire, one should know it to last for the exact same time⁹⁷

91 All three manuscripts have रक्षेत which is an incorrect form. रक्षेत् is the correct form.

92 आहारेण - The third case is used. The semantic property of the third case used here is unclear. Unclear regarding if there is any rule in the *Aṣṭādhyāyī* justifying this usage.

93 Kunjalal Bhishagratna 1907–16: 109

94 In the list of verbal roots of Pāṇini, the verbal root रस् (*rasa*) means taste and moistening. It does not mean movement.

95 The duration of chyle in all the body tissues as a whole.

96 Perhaps this refers to the digestive fire.

97 Although the vulgate does not have this verse, there is an argument presented in

- 16 Resembling the expanse of sound, flame, and water, that entity moves along in a minute manner throughout the entire body.⁹⁸
- 17 The aphrodisiac medicines, however, being used like a purgative due to their excessively strong characteristics, evacuate the semen.
- 18 Just as it cannot be said that the fragrance in a flower bud is present in it or not, but accepting that there is the manifestation of existing entities⁹⁹, it,¹⁰⁰ however, is not experienced only due to its intangibility. That same entity is experienced at another time in the blossomed flower. In the same way regarding children also, the manifestation of semen happens because of the advancement of age¹⁰¹. For women, the manifestation is different as rows of hair, menses, etc.
- 19 That very essence of food does not nourish very old people due to their decaying bodies.
- 20 These entities are called body tissues (*dhātu-s*) because they bear the body¹⁰².
- 21 Their decay and growth are due to blood. Therefore, I will speak about blood. In that regard: The blood that is foamy, tawny, black, rough, thin, quick-moving, and non-coagulating is vitiated by air. The blood that is dark green, yellow, green, brown, sour-smelling, and unpleasant to ants and flies is vitiated by bile. The blood that is orange, unctuous, cool, dense, slimy, flowing, and resembling the colour of flesh-muscles is vitiated by phlegm. The blood having all these characterist-

Ḍalhaṇa's commentary on 1.14.16 (Su 1938:63) that for a person with intense fire, chyle becomes semen after eight days, and for a person with mild fire, chyle becomes semen after a month. Ḍalhaṇa said that this opinion is refuted by Gayadāsa Ācārya in many different ways. Ḍalhaṇa continued that the proper understanding is that for a person with a strong fire, chyle becomes blood in a little less than a month, and for a person with a mild fire, chyle becomes blood in a little more than a month.

- 98 Ḍalhaṇa comments (Su 1938:63) that the expanse of sound indicates the sideways movement of chyle, the expanse of flame indicates the upward movement of chyle, and the expanse of water indicates the downward movement of chyle. On अणुना विशेषेण "in a minute manner" see footnote 265.
- 99 This is the doctrine of pre-existence of the effect (सत्कार्यवाद, *satkāryavāda*) first propounded by Sāṅkhya philosophers.
- 100 fragrance
- 101 Since chyle becomes semen in a month's time, a question arises "Why then is semen absent in young children?". The reply is given in this passage.
- 102 The etymological meaning of the Sanskrit word धातु (*dhātu*) is "that which bears [the body]". Thus, the body tissues are called *dhātu-s* because they bear the body. This means that the body tissues are the elements that make up the body and sustain it.

ics is vitiated by the combination of all three of them. The blood that is extremely black is vitiated by blood¹⁰³ just as bile. The blood that has the combined characteristics of vitiations of two humours is vitiated by two humours.

22 The blood that is of the colour of insect cochineal, not thick, and not discoloured should be understood to be in its natural state.

23 I will speak of the types of blood that should be let out in another section.

24 Now, I speak of those that should not be let out. The swelling appearing in all the limbs of the body of a weak person that happens due to consuming sour food. The swellings of people with jaundice, piles, large abdomen, emaciation, and those of pregnant women.

26 In that regard, one should quickly insert the surgical instrument that is simple, not very close, fine, uniform, not deep, and not shallow.

26a One should not insert the instrument into the heart, lower belly, anus, navel, waist, groins, eyes, forehead, palms, and soles.

26b In the case of swellings filled with pus, one should treat them in the same way as stated earlier.

27-27a There, when the swelling is not pierced properly, when phlegm and air have not been sweated out, after having a meal, and due to thickness, the blood does not ooze out or oozes out less. Here is a verse regarding it.

28ab-cd *Blood does not ooze out of humans when in contact with air, passing stool or urine, and when intoxicated, unconscious, fatigued, sleeping, or in cold surroundings.*

29 That vitiated blood when not taken out increases the disease.

30 The blood that is let by an ignorant physician in cases of very hot surroundings, profuse perspiration, and excessive piercing, flows excessively. That profuse bleeding causes the appearance of acute headache, blindness, and partial blindness, or it quickly causes subsequent wasting, convulsions, tremors, hemiplegia, paralysis in a limb, hiccups, coughing, panting, jaundice, or death.

31ab-cd The physician should let out the blood when the weather is not very hot or cold, when the patient is not perspiring or heated up, and after

¹⁰³ Y. T. Ācārya and N. R. Ācārya (Su 1938: 64) quote Cakrapāṇidatta in a footnote: "This is the symptom when the blood vitiated in one part of the body vitiates the blood in another part."

- the patient has had a sufficient intake of gruel.
- 32ab-cd After coming out properly, when the blood stops automatically, one should know that blood to be pure and drained properly.
- 33ab-cd The symptoms of the proper drainage of blood are the experience of lightness, alleviation of pain, a complete end of the intensity of the disease, and satisfaction of the mind.
- 34ab-cd Defects of the skin, tumours, swellings, and all diseases caused by blood never arise for those who regularly drain their blood.
- 35 When the blood does not flow out, the physician should rub cardamom and camphor on the opening of the boil with three or four or all among crêpe ginger (*Cheilocostus speciosus*), butterfly gardenia (*Ervatamia coronaria* Stapf), *velvet-leaf*, *deodar*, *embelia*, *leadwort*, the three spices (black pepper, long pepper, and dry ginger), soot from the chimney (*āgāradhūma*), turmeric, sprouts of *purple calotropis*, and fruit of the *Indian beech*, according to availability, with excessive salt. By doing so, the blood flows out properly.
- 36 When there is an excessive flow of blood, the physician should sprinkle the opening of the boil with dry powders of *lodh tree*, liquorice, *foxtail millet*, *sappanwood*, red chalk, *elixir salve*, seashell, barley, *green gram*, wheat, and resin of the Sāla tree, and then press it with the tip of a finger. One should tightly bind it with powdered barks of Sāla, *white dammer tree*, *arjun*, *white-bark acacia*, *granthi*, *axlewood*, and *dhanvāna* (Camelthorn), or a linen cloth¹⁰⁴, or *vadhyāsita*, or bone of cuttlefish, or powdered lac, along with the binding materials mentioned. After the piercing, the physician should pierce it again. The physician should serve cool clothing, food, a dwelling place, a bath, cooling ointments, and plastering. Or, one can cauterize it with heat. Or, as mentioned, one should give a decoction of *kākolī*, etc. sweetened by sugar and honey to drink. Or, one should consume the blood of black buck, deer, ram, buffalo, rabbit, or pig, accompanied by milk, green gram soup and meat soup¹⁰⁵. The physician should treat the pains as mentioned.
- 36a Here are verses about this.
- 37ab-cd *When blood flows out due to the decay of body tissue, fire becomes*

¹⁰⁴ Su 1938: 66 has क्षौमेण वा ध्मापितेन - "with linen reduced to ashes". Presumably, it is this ash that is also referred to in item 40.

¹⁰⁵ Based on Ḍalhaṇa's comment as found in Su 1938: 66

weak¹⁰⁶ and the wind becomes highly agitated because of that endeavour.

38ab-cd *The physician should serve the patient food that is not very cold, light in digestion, unctuous, increases blood, slightly sour or not sour at all.*

39ab-cd *This is the four-fold method of hindering blood: joining, coagulation, haemostasis. and cauterization.*

40ab-cd *The astringent substance joins the opening, the cold substance coagulates the blood, the ash stops the blood, and cauterization contracts the blood vessel.*

41ab-cd *If the blood does not coagulate, the physician should employ joining. If the blood does not stop by joining the opening then he should employ haemostasis.*

42ab-cd *The physician should endeavour by employing these three methods according to the procedure. If these methods are unsuccessful then cauterization is highly desirable.*

43ab-cd *If the blood remains impure, the disease does not aggravate. The physician should then make the blood pure¹⁰⁷ and not drain blood in excess.*

Can't be
"sedation"

44ab-cd *Blood is the basis of the body. It is sustained by blood only.*

44ef *Blood is called life. One should therefore save blood.*

45ab-cd *If the air in the person who underwent blood-letting is aggravated due to a cold shower, etc., the swelling with pricking pain should be sprinkled with lukewarm clarified butter.*

¹⁰⁶ This refers to the digestive fire.

¹⁰⁷ Ḍalhaṇa comments (Su 1938: 66) that one should purify the blood again by sedation, etc.

Sūtrasthāna 16: Repairing Pierced Ears

Previous literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.¹⁰⁸ A book on this topic, arising out of the present project, with edition, translation and discussion of the Nepalese transmission is published by Wujastyk et al. 2023.

Translation

1 Now we shall expound the method for piercing the ear.¹⁰⁹

¹⁰⁸ HIML: IA, 211–212317.

¹⁰⁹ The topic of piercing the ear (*kaṇavyadha*) is not discussed in the *Carakasamhitā* (HIML: IB, 326, n. 175), but it is mentioned in some texts that followed the *Suśrutasamhitā*, such as the *Kaśāpyasamhitā* (HIML: IIA, 30). Also, the instrument for piercing the ear is described in the *Aṣṭāṅgaśāstrīdayasamhitā* 1.26.26 (Ah 1939: 321). In the versions of the text known to Ḍalhaṇa (Su 1938: 76) and Cakrapāṇidatta (Su 1939: 125), the heading of this chapter is “the method of piercing and joining the ear” (कर्णव्यधबन्धविधि), instead of the Nepalese version’s “the method of piercing the ear” (कर्णव्यधविधि). The topic of joining the ear (कर्णबन्ध) is discussed in passages 17–20 of the Nepalese version. However, it appears that only subsequent redactors reflected its importance by including it in chapter headings.

The Nepalese version also omits the opening remark on Dhanvantari that appears in subsequent versions of the text. For a discussion of the frame story in the Nepalese version, see Birch, Wujastyk, Klebanov, Parameswaran, et al. 2021.

When commenting on this statement, Ḍalhaṇa (Su 1938: 76) and Cakrapāṇidatta (Su 1939: 125) observed that only the ears of healthy people should be pierced, and they quoted the lost authority Bhoja to affirm this: “When piercing the ears of chil-

- 2 One may pierce a child's ears for the purpose of preserving and decorating. During the bright fortnight, when the child is in the sixth or seventh month, on renowned days, half days, hours and constellations, the physician, with a calming presence, sits the boy, who has received a benediction and the recitation of a blessing,¹¹⁰ on the lap of a wet-nurse.¹¹¹ Then, he should pull the ear with his left hand and pierce straight through with his right hand at a naturally-occurring cleft.¹¹² For a boy, do the right ear first; for a girl, do the left one. Use a needle on a thin ear; an awl on a thick one.¹¹³
- 3 One may know that it was pierced in the wrong place if there is excess blood or too much pain. The absence of side-effects is a sign that it has been pierced in the right place.¹¹⁴

dren who are free of disease at these times, their ear flaps and apertures, as well as limbs, increase" (1.16.1 (Su 1938: 76)).

Some texts use the adjective कर्ण-वेधनी rather than व्यधनी.

- 110 The causative form व्यधयेत् is known in Classical Sanskrit (Whitney 1885: 166). The compound कृतमङ्गलस्वस्तिवाचनं "who has received a benediction and the recitation of a blessing" is an emendation based on the similar text at 3.2.25 (Su 1938: 346). Cf. also 3.10.8, 24 (Su 1938: 388, 390) that have slightly different formulations.
- 111 The versions of 1.16.3 known to Cakrapāṇidatta (Su 1939: 126) and Ḍalhaṇa (Su 1938: 76) have the additional compound कुमारधराङ्के ("on the lap of one who holds the child") after धात्र्यङ्के. The gender of कुमारधर is made clear by Ḍalhaṇa's gloss "a man who holds the child." Also, both versions add बालक्रीडनकैः प्रलोभ्य ("having enticed with children's toys") to indicate that the child should be tempted with toys to stay on the assistant's lap. According to Ḍalhaṇa on 1.16.3 (Su 1938: 76), the toys include replica elephants, horses, bulls and parrots. Ḍalhaṇa further mentions that others read भक्ष्यविशेषैर्वा ("or by special treats") before बालक्रीडनकैः, but we see no trace of these small kindnesses in our witnesses.
- 112 The versions of 1.16.3 of Cakrapāṇidatta (Su 1939: 126) and Ḍalhaṇa (Su 1938: 76) add that this naturally-occurring cleft is illuminated by a ray of sunshine (आदित्यकरावभासिते). The syntax of this slightly long sentence is unusual because of the dual object तौ "the two (ears)" at the start of the sentence, which is remote from the main verb. The other singular accusatives referring to the ear being pierced are governed by absolutes.
- 113 Ḍalhaṇa on 1.16.3 (Su 1938: 76) clarifies that the awl is a shoe-maker's knife for piercing leather. He also cites the authority of "the notes of Lakṣmaṇa" (Lakṣmaṇa-ṭippanāka) on the issue of the thickness of the needle. The Notes of Lakṣmaṇa is not known from any earlier or contemporary sources and was presumably a collection of glosses on the Suśrutasaṃhitā that was available to Ḍalhaṇa in twelfth-century Bengal. See Meulenbeld (HIML: IA, 386).
- 114 At this point, MS Kathmandu KL 699 is missing a folio, so the rest of this chapter is

- 4 In this context, if an ignorant person randomly pierces a duct there will be fever, burning, swelling, pain, lumps, paralysis of the nape of the neck, convulsions, headache or sharp pain in the ear.¹¹⁵
- 5 Having removed the wick (*vartti*) because of the accumulation of humours or an unsatisfactory piercing at that location,¹¹⁶ he should smear it with barley, liquorice, *Indian madder*, and the root of the *castor oil tree*, thickened with honey and ghee. And when it has healed well, he should pierce it again.¹¹⁷
- 6 He should treat the properly-pierced ear by sprinkling it with raw sesame oil. After every three days one should make a thicker wick and do the very same sprinkling.¹¹⁸
- 7 Once the ear is free from humours or side-effects, one should put in a light dilator (*pravardhanaka*) in order to enlarge it enough.¹¹⁹

constructed on the basis of witnesses MS Kathmandu NAK 5-333 and MS Kathmandu NAK 1-1079.

- 115 This passage is significantly augmented in Cakrapāṇidatta's and Ḍalhaṇa's versions, to outline the specific problems caused by piercing three ducts called कालिका, मर्मिका and लोहितिका (1.16.4 (Su 1939: 126) and 1.16.5 (Su 1938: 77) respectively). In fact, the order of the problems mentioned in the Nepalese version has been retained in the other versions and divided between each duct. Cakrapāṇidatta's commentary on 1.16.4 (Su 1939: 126) cites several verses attributed to Bhoja on the problems caused by piercing these three ducts in the ear flap: 'लोहितिका, मर्मिका and the black ones are the ducts situated in the earflaps. Listen in due order to the problems that arise when they are pierced. Paralysis of the nape of the neck and convulsions, or sharp pain arise from piercing लोहितिका. Pain and lumps are thought to arise from piercing मर्मिका. Piercing कालिका gives rise to swelling, fever and burning.'
- 116 In addition to these reasons, Ḍalhaṇa at 1.16.6 (Su 1938: 77) added "because of piercing with a painful, crooked and unsatisfactory needle" (क्लिष्टजिह्वाप्रशस्तसूचीव्यधात्) and "because of a wick that is too thick" (गाढतरवर्तित्वात्). Ḍalhaṇa was aware of the reading in the Nepalese version because in his commentary on 1.16.6 (Su 1938: 77) he noted that some read "because of the accumulation of humours" rather than "because of piercing with a painful, crooked and unsatisfactory needle or because of a wick that is too thick." On the concept of humoral accumulation (*samudāya*), see the important analysis by Meulenbeld (1992).
- 117 The description of the drug is ambiguous: the word "root" could be taken with each plant, or just with the last. The vulgate reads just "castor oil root" so we assume that is the traditional interpretation.
- 118 Describing ear and nose operations similar to those here, Celsus described the use of a quill (Latin *pinna*) where the Sanskrit authors use a cotton wick (*De Medicina* VII ¶10–11, Spencer 1935–38: 3, 366–367).
- 119 Cakrapāṇidatta on 1.16.6 (Su 1939: 127) and Ḍalhaṇa on 1.16.8 (Su 1938: 77) pointed out that the dilator can be made of wood, such as that of the *prickly chaff-flower*,

- 8 A person's ear enlarged in this way can split in two, either as a result of the humours¹²⁰ or a blow.

Listen to me about the ways of joining it can have.

- 9 Here, there are, in brief, fifteen ways of mending the ear flap.¹²¹ They are as follows: Rim-join (*nemīsandhānaka*), Lotus-splittable (*utpalabhedyaka*), Dried Flesh (*vallūraka*), Fastening (*āsaṅgima*), Cheek-ear (*gaṇḍakarṇa*), Take away (*āhārya*), Ready-Split (*nirvedhima*), Multi-joins (*vyāyojima*), Door-hinge (*kapāṭasandhika*), Half door-hinge (*ardhakapāṭasandhika*), Compressed (*saṃkṣipta*), Reduced-ear (*hīnakarṇa*), Creeper-ear (*vallīkarṇa*), Stick-ear (*yaṣṭīkarṇa*), and Crow's lip (*kākauṣṭha*).¹²²

In this context, among these,

Rim-join:	both flaps are wide, long, and equal.
Lotus-splittable:	both flaps are round, long, and equal.
Dried flesh:	both flaps are short, round, and equal.
Fastening:	one flap is longer on the inside.
Cheek-ear:	one flap is longer on the outside. ¹²³
Take-away:	the flaps are missing, in fact, on both sides.
Ready-split:	the flaps are like a dais (<i>pīṭha</i>).
Multi-joins:	one flap is small, the other thick, one flap is equal, the other unequal.
Door-hinge:	the flap on the inside is long, the other is small.
Half door-hinge:	the flap on the outside is long, the other is small.

the *neem tree* and *tree cotton*. Ḍalhaṇa added that it can also be made of lead and should have the shape of the *datura* flower. The manuscripts have variant readings for लघुप्रवर्धनकमामुञ्चेत् at this point that include a scribal emendation, none of which construe plausibly. It is possible that the unusual verb form आ+√मुच् puzzled the scribes and caused the implausible scribal readings and emendations.

¹²⁰ Ḍalhaṇa on 1.16.9 (Su 1938: 77) notes that the word दोष here can refer to either a humour, such as wind, as we have understood it, or a disease generated from a humour.

¹²¹ The Nepalese version uses the word सन्धान to refer to joining a split in an ear flap, which is consistent with the terminology in the verse cited above (8). However, 1.16.10 of Ḍalhaṇa's version (Su 1938: 77) uses the term बन्ध here and at the very beginning of the chapter (i.e., 1.16.1) to introduce the topic of repairing the ear.

¹²² For an artist's impression of these different kinds of joins in the ear flap, see Majno 1975: 290 (reproduced as Figure 3.2 in Wujastyk 2003b: 154).

¹²³ For an artist's impression of this join, see Majno 1975: 291 (reproduced as Figure 3.3 in Wujastyk 2003b: 155).

These ten options for joins of the ear should be bound. They can mostly be explained as resembling their names.¹²⁴ The five from compressed (*saṃkṣipta*) on are incurable.¹²⁵ Among these, “Compressed” has a dry ear canal and the other flap is small. “Reduced ear” has flaps that have no base and have wasted flesh on their edges. “Creeper-ear” has flaps that are thin and uneven. “Stick-ear” has lumpy flesh and the flaps are stretched thin and have stiff ducts. “Crow-lip” has a flap without flesh with compressed tips and little blood. Even when they are bound up, they do not heal because they are hot, inflamed, suppurating, or swollen.¹²⁶

- 10 A person wishing to perform a join of any of these should therefore have supplies specially prepared according to the recommendations of the “Preparatory Supplies” chapter.¹²⁷ And in this regard, he should particularly gather¹²⁸ top layer of fermented liquor, milk, water, fermented rice-water, and powdered earthenware crockery (*kapālacūrṇa*).¹²⁹

124 Cakrapāṇidatta on 1.16.9–13 (Su 1939: 128–129) and Ḍalhaṇa on 1.16.10 (Su 1938: 77–78) provide examples of how the names of these joins describe their shapes. For example, the rim-join (*nemīsandhānaka*) is similar to the join of the rim of a wheel (*cakradhārā*).

125 Ḍalhaṇa on 1.16.10 (Su 1938: 77–78) mentions that some do not read the statement that only five are incurable, and they understand the causes of unsuccessful joins given below (i.e., heat, inflammation, suppuration and swelling) as also pertaining to the first ten when they do heal.

126 The version of 1.16.11–13 known to Ḍalhaṇa (Su 1938: 78) has four verses (श्लोक) at this point that are not in the Nepalese manuscripts. The additional verses iterate the types of joins required for ear flaps that are missing, elongated, thick, wide, etc. All four verses were probably absent in the version of the *Suśrutasaṃhitā* known to Cakrapāṇidatta. He cites the verses separately in his commentary, the *Bhānumatī* (Su 1939: 128–129), introducing each one as ‘some people read’ (के चित्पठन्ति). However, in Trikamajī Ācārya’s edition of the *Sūtrasthāna* of the *Bhānumatī*, the root text is largely identical to the one commented on by Ḍalhaṇa (Su 1938), even in instances like this where Cakrapāṇidatta’s commentary indicates that he was reading a different version of the *Suśrutasaṃhitā*. See further the discussion on p. ?? above.

127 *Suśrutasaṃhitā* 1.5 (Su 1938: 18–23), probably verse 6 especially, that lists the equipment and medications that a surgeon should have ready.

128 The reading in the Nepalese manuscripts of विशेषतश्चाग्नोपहरणीयात् has been emended to विशेषतश्चाग्नोपहरेत् to make sense of the list of ingredients, which is in the accusative case. Also, the repetition of अग्नोपहरणीयात् in the Nepalese version suggests that its second occurrence, which does not make good sense here, is a dittographic error.

129 The term कपालचूर्ण is unusual. Ḍalhaṇa (Su 1938: 79) defines it as the powder of fragments of fresh earthen pots and Cakrapāṇidatta (Su 1939: 129) as the powder of earth-

Next, having made the woman or man tie up the ends of their hair, eat lightly and be firmly held by qualified attendants, the physician considers the joins and then applies them by means of cutting, splitting, scarification, or piercing.¹³⁰ Next, he should examine the blood of the ear to know whether it is tainted or not. If it is tainted by wind, the ear should be bathed with **fermented rice-water** and water; if tainted by choler, then cold water and milk should be used; if tainted by phlegm, then **top layer of fermented liquor** and water should be used, and then he should scarify it again.

After arranging the join in the ear so that it is neither proud, depressed, nor uneven, and observing that the blood has stopped, one should anoint it with honey and ghee, bandage each ear with **tree cotton** and gauze (*plota*), and bind it up with a thread, neither too tightly nor too loosely. Then, the physician should sprinkle earthenware powder on it and provide medical advice (*ācārika*). And he should supplement with food as taught in the “Two Wound” chapter.¹³¹

- 11 *One should avoid rubbing, sleeping during the day, exercise, overeating, sex, getting hot by a fire, or the effort of speaking.*
- 12 *One should not make a join when the blood is too pure, too copious, or too thin.¹³² For when the ear is tainted by wind, then it is obstructed by blood, unhealed and will peel. When tainted with choler, it becomes pinched (*gāḍha*), septic and red. When tainted by phlegm, it will be stiff and itchy. It has excessively copious suppuration and is swollen. It has a small amount of wasted (*kṣīṇa*) flesh and it will not grow.¹³³*
- 13 *When the ear is properly healed and there are no complications, one may very gradually start to expand it. Otherwise, it may be inflamed*

enware vessels.

130 There are syntactic difficulties in this sentence. We have adopted the reading in Ḍalhaṇa’s version (Su 1938: 78), which has च कृत्वा following सुपरिगृहीतं. It is likely that a verb, such as कृत्वा, dropped out of the Nepalese transmission.

131 *Suśrutasaṃhitā* 4.1 (Su 1938: 396–408).

132 1.16.17 of Ḍalhaṇa’s version (Su 1938: 79) reads “impure” for the Nepalese “too pure,” which would appear to make better medical sense. Emending the text to नाशुद्ध- for नातिशुद्ध- in the Nepalese version would yield the same meaning as Ḍalhaṇa’s version.

133 In his edition of *Suśrutasaṃhitā*, Ācārya (Su 1938: 79 n. 1) includes in parentheses the following treatment for these conditions, which according to a footnote is not found in the palm-leaf manuscript he used: ‘One should sprinkle it with raw sesame oil for three days and one should renew the cotton bandage after three days’ (आमतैलेन त्रिरात्रं परिषेचयेत्त्रिरात्राच्च पिचुं परिवर्तयेत्).

- (*saṃrambha*), burning, septic or painful. It may even split open again.
- 14 Now, massage for the healthy ear, in order to enlarge it.
One should gather as much as one can the following: a *Indian monitor lizard*, scavenging and seed-eating birds, and creatures that live in marshes or water,¹³⁴ fat, marrow, milk, and sesame oil, and white mustard oil.¹³⁵ Then cook the oil with an admixture of the following: *purple calotropis*, *white calotropis*, *heart-leaf sida*, *country mallow*, *country sarsaparilla*, *Indian kudzu*, *liquorice*, and *hornwort*.¹³⁶ This should then be deposited in a well-protected spot.
- 15 *The wise man who has been sweated should rub the massaged ear with it. Then it will be free of complications, and will enlarge properly and be strong.*¹³⁷
- 16 *Ears which do not enlarge even when sweated and oiled, should be scarified at the edge of the hole, but not outside it.*¹³⁸
- 17 *In this tradition, experts know countless repairs to ears. So a physician who is very intent on working in this way may repair them.*¹³⁹

134 For such classifications, see the analyses by Zimmermann (1999) and B. K. Smith (1994).

135 Ḍalhaṇa's version of 1.16.19 (Su 1938: 79) includes ghee. However, Ḍalhaṇa's remarks on this passage and Cakrapāṇidatta's on 1.16.18 (Su 1939: 130) indicate that they knew a version of this recipe, perhaps similar to the Nepalese one, that did not include ghee. Ḍalhaṇa also noted that others simply read four oils, beginning with fat and without milk, whereas Cakrapāṇidatta said that some say it is made with four oils and milk.

136 The version of of this verse known to Ḍalhaṇa (vulgate (Su 1938: 79)) adds several ingredients to this admixture, including *prickly chaff-flower*, *Withania*, *milk-white*, *sweet plants* and *Indian ipecac*. Also, it has *beggarweed* instead of *Indian kudzu*. When commenting on 1.16.19, Ḍalhaṇa (Su 1938: 79) noted that some do not read *sweet plants* and *Indian ipecac*. Therefore, at his time there were other versions of this recipe circulating, with fewer ingredients, as seen in the Nepalese version.

137 For these aims (i.e., healing and enlarging the ear), the text known to Ḍalhaṇa (Su 1938: 79) had an additional verse and a half describing an ointment for rubbing the ear and *sesame oil* cooked with various medicines for massage. Cakrapāṇidatta (Su 1939: 131) did not comment on these verses, nor verse 15 of the Nepalese version, and so the version of the *Suśrutasaṃhitā* known to him may not have included them.

138 Ḍalhaṇa's version of 1.16.23 (Su 1938: 79–80) added another hemistich that stated more explicitly that the scarification should not be done on the outside of hole as it will cause derangement.

139 After verse 17, the 1938 edition of Ācārya (Su 1938: 80) has in parentheses nineteen verses on diseases of the ear lobes, treatments and complications. It is possible that these verses were in some of the witnesses used by Ācārya to construct the text as they occur in other manuscripts, such as MS Hyderabad Osmania 137-3(b). However, Cakrapāṇidatta (Su 1939: 132) and Ḍalhaṇa (Su 1938: 80) stated that some read

- 18 If an ear has grown hair, has a nice hole, a firm join, and is strong and even, well-healed, and free from pain, then one can enlarge it slowly.¹⁴⁰
- 19 Now I shall describe the proper method of making a repair when a nose is severed. First, take from the trees a leaf the same size as the man's nose and hang it on him.
- 20 Next, having cut a slice of flesh (vadhra),¹⁴¹ with the same measurements, off the cheek, the end of the nose is then scarified.¹⁴² Then the undistracted physician, should quickly put it back together so that it is well joined.
- 21 Having carefully observed that it has been sewn up properly, he should then fasten it along with two tubes.¹⁴³ Having caused it to be raised,¹⁴⁴ the powder of sappanwood,¹⁴⁵ liquorice and Indian barberry should be sprinkled on it.¹⁴⁶
- 22 The wound should be covered properly with tree cotton and should be moistened repeatedly with sesame oil. Ghee should be given to the man to drink. His digestion being complete, he should be oiled and purged in accordance with the

about the diseases of the ear lobes in this chapter whereas others read about them in the chapter on various treatments (*miśrakacikitsa*) (SS 5.25), which does indeed begin with a discussion of the disease परिपोट. Ḍalhaṇa went on to say that some believe that these verses were not composed by sages and, therefore, do not read them.

140 The order of verses 17 and 18 is reversed in Ḍalhaṇa's version (Su 1938: 80).

141 The version of 1.16.28b known to Ḍalhaṇa (Su 1938: 81) reads "bound, connected (*bad-dham*)" instead of "slice of flesh (*vadhra*)." This is a critical variant from the surgical point of view. If the slice remains connected, it will have a continuing blood supply. This is one of the effective techniques that so astonished surgeons witnessing a similar operation in Pune in the eighteenth century (see Wujastyk 2003b: 67–70).

142 Or 1.16.20 could be mean, '... off the cheek, it is fixed to the end of the nose, which has been scarified.' Unfortunately, the Sanskrit of the Nepalese version is not unambiguous on the important point of whether or not the flap of grafted skin remains connected to its original site on the cheek. However, Ḍalhaṇa (Su 1938: 81) clarified the meaning of the vulgate here by stating that one should supply the word "flesh" when reading "connected," thus indicating that he understood the flesh to be connected to the face.

143 Ḍalhaṇa noted that the two tubes should be made of reed or the stalk of the leaf of the castor-oil plant (on 1.16.21 (Su 1938: 81)). They should not be made of lead or betel nut because the weight will cause them to slip down.

144 The Sanskrit term उन्नामयित्वा in 1.16.21 is non-Pāṇinian.

145 For पत्ताङ्ग (sappanwood), there are manuscript variants पत्ताङ्ग (MS Kathmandu NAK 5-333) and पत्तङ्ग (MS Kathmandu NAK 1-1079). Also, MS Kathmandu KL 699 (f. 14r:1) has पत्ताङ्ग in a verse in 1.14 (cf. 1.14.36 (Su 1938: 66)). The text known to Ḍalhaṇa has पत्तङ्ग (1.16.29 (Su 1938: 81)) and this term is propagated in modern dictionaries.

146 Ḍalhaṇa glossed अञ्जन as रसाञ्जन, elixir salve (Su 1938: 81).

- instructions specific to him.*¹⁴⁷
- 23 *And once healed and really come together, what is left of that slice of flesh (vadhra) should then be trimmed.*¹⁴⁸ *If it is reduced, however, one should make an effort to stretch it, and one should make its overgrown flesh smooth.*¹⁴⁹

¹⁴⁷ The expression स्वयथोपदेश is ungrammatical but supported in all available witnesses.

¹⁴⁸ The vulgate transmission has lost the word वध्र and replaced it with अर्ध "half," which makes little sense in this surgical context.

¹⁴⁹ Ḍalhaṇa accepted a verse following this, 1.16.32 (Su 1938: 81), which pointed out that the procedure for joining the nose is similar to that of joining the lips without fusing the ducts. He noted that earlier teachers did not think this statement on the nose and lips was made by sages, but he included it because it was accepted by Jejjāṭa, Gayadāsa and others, although they did not comment on it because it was easy to understand. Cakrapāṇidatta also did not comment on this additional verse (Su 1939: 133).

Sūtrasthāna 28: Unfavourable Prognosis in Patients with Sores

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.¹⁵⁰

Goswami studied the commentaries of Ḍalhaṇa and Cakrapāṇidatta on this and the following adhyāyas up to 32, focussing on the topic of omens (*ariṣṭa*). He concluded that both authors were influenced by the Indriyasthāna of the *Carakasamhitā* in their commentaries on this topic.¹⁵¹

Translation

- 1 Thus, living creatures and their strength, complexion (*varṇa*) and energy (*ojas*) are rooted in food. That (food) depends on the six flavours (*rasa*). Thus, the flavours depend on substance (*dravya*), and substances depend on medicinal herbs. There are two kinds of them (herbs): stationary and mobile.¹⁵²

¹⁵⁰ HIML: IA, 219.

¹⁵¹ Goswami 2011.

¹⁵² 1.1.28 (Su 1938: 7), tr. P. V. Sharma 1999–2001: 1, 21.

Sūtrasthāna 46: The Rules about Food and Drink

Introduction

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83 ¹⁵³

¹⁵³ This is the first place at which the term दूषीविष occurs in the *Suśrutasamhitā*. The term दोष was given important discussion by Meulenbeld [1991](#); [1992](#); [2011](#). See also Das [2003](#): 548–550.

Part 2. Nidānasthāna

Nidānasthāna 1: The Diagnosis of Diseases Caused by Wind

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.¹⁵⁴

Subject matter

It is notable that this nosological part of the *Suśrutasamhitā* opens with a chapter on diseases of wind (*vāta*). In all other major Āyurvedic works, including the *Carakasamhitā*, the first chapter in the section on nosology deals with the symptoms of fever (*jvara*). This is almost a defining feature of works on nosology. But in the *Suśrutasamhitā*, fever is not addressed at all in the first five sections of the work, but only in the thirty-ninth chapter of the Uttaratantṛa, which is exceptionally long at about three hundred verses.

The present chapter describes the diseases caused by vitiated wind and wind's mixing with other humours. Contemporary Ayurvedic physicians consider these diseases to include rheumatism.

We have not translated the terms *prāṇa* ...because the text defines them.

complete
this
thought

Translation

- 1 And now we shall explain the chapter about the aetiology of wind diseases.

¹⁵⁴ [HIML](#): IA, 234. (Ruben [1954](#)) studied the wind doctrines in the *Carakasamhitā*.

- 3 After holding the feet of Dhanvantari, the foremost of the upholders of righteousness who emerged out of nectar, Suśruta makes this enquiry.¹⁵⁵
- 4 O King! O best of orators! Explain the location and types of diseases of the wind, whether in its natural state or disordered.¹⁵⁶
- 5–9 On hearing his words, the venerable sage spoke. This lordly wind is declared to be self-born because it is independent, constant and omnipresent. It is worshipped by the whole world. Amongst all beings, it is the self of all. During creation, continued existence and destruction, it is the cause of beings.
It is unmanifest though its actions are manifest; it is cold, dry, light, and mobile. It moves horizontally, has two attributes and is full of dust (*rajas*).¹⁵⁷ It has inconceivable power. It is the leader of the humours¹⁵⁸ and the ruler of the multitude of diseases.
It moves fast, it moves constantly, it is located in the stomach and in the rectum.¹⁵⁹
- 9cd Now, learn from me the characteristics of wind as it moves inside the body.¹⁶⁰
- 10 Wind connects the senses and the sense objects. Unvitiated, it maintains a state of equality between the humours (*doṣa*), the bodily tissues (*dhātu*) and heat (*agni*) and the rightness (*ānulomya*) of actions.¹⁶¹

155 Explain the nectar myth.

156 MSS H and N both read भूपते instead of कोपनैः in the vulgate: instead of addressing the king, the vulgate is saying “by irritations of the wind....” The vulgate also has Suśruta asking about कर्म, whereas in the Nepalese version he asks only about the types of diseases. Note that Dhanvantari is here addressed as king, a title associated elsewhere with Divodāsa.

157 According to Ḍalhaṇa on 2.1.8 (Su 1938: 257), the two qualities are sound and tangibility. The word रजस् could also refer to the quality of activity in the three-quality (*guṇa*) theory, which is how Ḍalhaṇa interpreted it. On the semantic field of रजस्, see Das 2003: 14 note 26 and ff.

158 Ḍalhaṇa on 2.1.8 (Su 1938: 257) interpreted नेता “leader” as प्रेरक “impeller.”

159 MS H read आशुचारी, which we have translated (“moves fast”), but MS N and the commentators of the vulgate read आशुकारी, “quick-acting.”

160 Ḍalhaṇa and Cakrapāṇidatta both interpreted मे as an ablative (2.1.8 (Su 1938: 258)).

161 According to Ḍalhaṇa on 1.6.3 (Su 1938: 23), सम्पत्तिः=सम्पन्नता. According to Ḍalhaṇa, Gayadāsa read इन्द्रियार्थोपसंप्राप्तिं but Ḍalhaṇa did not accept this on the grounds that it was too verbose: गयदासाचार्यस्तु इमं श्लोकं ‘इन्द्रियार्थोपसंप्राप्तिः इत्यादि कृत्वा पठति, स च विस्तरभयान्न लिखितः । But witnesses H and N suggest the reading इन्द्रियार्थोपसम्पत्तिः.

The expression “qualities” is used advisedly. It is almost universal practice to refer to

add foot-
note here

add refs to
Divodāsa as
king.

- 11 Just as the fire is divided into five types by name, place and their actions, similarly, one type of air is divided into five types based on name, place, action and diseases.
- 12 Five types of wind.¹⁶²
1. prāṇa,
 2. udāna,
 3. samāna,
 4. vyāna,
 5. apāna.¹⁶³

The above five types of wind remain in their state of equality and support the body.¹⁶⁴

- 13–14ab The wind that flows through the mouth is called the vital wind (*prāṇa*), the sustainer of the body. It causes food to enter within and supports the breaths.¹⁶⁵ It mostly causes diseases like hiccups and wheezing (*śvāsa*).
- 14cd–15 Since it is the one that flows upwards, that highest of winds is called *udāna*.¹⁶⁶ Special acts like speech and singing are all initiated by it. It particularly causes diseases above the neck (*jatru*).¹⁶⁷
- 16–17ab The *samāna* wind flows in the receptacles of raw and of digested matter.¹⁶⁸ Assisting the digestive fire (*agni*), it cooks food and separates out

“balance” or “equilibrium” in such contexts, but this misrepresents the metaphor that the Sanskrit sources are using. As the commentators on *Aṣṭāṅgahṛdayasaṃhitā* 1.1.20 (Ah 1939: 14) make abundantly clear, the expression *doṣasāmya* means “equality of humours,” as in *quantitative* equality, not balance.

162 See Zysk 1993. Zysk (2007: S110) translated the following descriptions of the winds.

163 We use the Sanskrit terms which are generally recognizable to English readers.

164 According to Ḍalhaṇa on 2.1.12 (Su 1938: 259), स्थान=साम्य, यापयन्ति=धारयन्ति. All the manuscripts read प्राणोदानः समानश्च व्यानोपानस्तथैव च । against the vulgate’s प्राणोदानौ समानश्च व्यानश्चापान एव च ।.

165 According to Ḍalhaṇa on 2.1.13–14ab (Su 1938: 259), प्राण also resides in the throat and nose.

166 The sentence plays on the sound उत्- ऊर्ध्व- in the qualifiers (उदान, ऊर्ध्वम्, उत्तम). According to Ḍalhaṇa on 2.1.14cd–15 (Su 1938: 260), the places of *udāna* wind are not mentioned here, but it also flows in the navel, stomach and throat. In yoga literature, it is more common for *prāṇa* to be called the principle breath.

167 Ḍalhaṇa noted that “above the *jatru*” would include eyes, nose, ears, face, and head. Meulenbeld cited discussions on the difficulties of interpreting the term जत्रु (Meulenbeld 1974b: 465). Hoernle (1907: §§62, 98) translated *jatru* as “neck, windpipe”. See also Hoernle’s notes on the expression “above the *jatru*” (idem, 237–238).

168 The “receptacle of raw matter” (आमाशय) is described at 1.21.12 (Su 1938: 102) as one

- the substances produced from it.¹⁶⁹
 It mainly causes abdominal swelling (*gulma*), diminished digestive fire (*agnisaṅga*) and diarrhoea.¹⁷⁰
- 17cd–18 The vyāna moves everywhere in the body, active in making chyle (*rasa*) flow. It also makes sweat and blood flow as well as causing movement **in every respect**.¹⁷¹ Angered, it causes diseases that generally exist throughout the whole body.
- 19–20ab The apāna resides in the place of digested food and, at the right moment, it draws wind, urine, and feces, as well as semen, fetus and menstrual blood downwards. Angered, it causes terrible diseases located in the bladder and rectum.
- 20cd–21ab Irritated vyāna and apāna winds cause defects of semen and urinary diseases (*prameha*). Simultaneously aggravated, they surely destroy the body.¹⁷²
- 21cd–22ab From here, I shall describe all the diseases, located in the various places of the body, that are caused by wind that is irritated in various ways.
- 22cd–24 Aggravated wind in the stomach causes diseases like vomiting, as well as disorientation (*moha*), fainting, thirst, heart-seizure (*hṛdgraha*), and pain in the flanks.¹⁷³ It also causes rumbling of the bowels, gripes (*śūla*), swollen belly, painful urine and feces, constipation, and pain in the sacrum (*trika*).¹⁷⁴ Aggravated wind in the ears etc., destroys the senses.
- 25abc–29 Located in the skin, it causes discolouration (*vaivarṇya*), throbbing,

of the locations of phlegm, and the place where food arrives, just above the location of bile, and where the food is moistened and broken down for easy digestion. The “receptacle of digested matter” (पक्वाशय) is described at 1.21.6 (Su 1938: 100) as being located below the navel and above the pelvis and rectum.

169 Gayadāsa had the same reading सहायवान् as the Nepalese version (Su 1938: 260, note 1 and the text of the *Nyācācandrikā*). This suggests that it is the samāna that cooks food, while the vulgate reading involves the equal participation of digestive fire.

170 Ḍalhaṇa on 1.11.8 (Su 1938: 46) described अग्निसङ्ग as “the fire is stuck, dissolved.”

171 The vulgate text reads पञ्चधा “in five ways,” and Ḍalhaṇa listed five kinds of movement (Ḍalhaṇa on 2.1.18 (Su 1938: 260)).

172 Ḍalhaṇa on 2.1.21ab (Su 1938: 261) clarified that this refers to all five winds being aggravated at once.

173 On “disorientation,” Ḍalhaṇa on 2.1.23ab (Su 1938: 261) noted that the condition was नैवात्यन्तं चित्तनाशः “not the complete loss of awareness.”

174 Hoernle (1907: 140) attributed the quite different interpretation of त्रिक by Ḍalhaṇa on 1.21.14 (Su 1938: 102) to “the decay of anatomical knowledge subsequent to the time of Suśruta.”

dryness, numbness (*supti*), itching (*cumucumāyana*), and pricking pain.¹⁷⁵ Located in the flesh, painful lumps.¹⁷⁶ Located in the fat, it causes slightly painful lumps that are not wounds.

Located in the ducts, it causes acute pain, contraction and filling up of the duct.¹⁷⁷ When it reaches the sinews, it paralyses the network of sinews, and causes them to tremble. Located in the joints, it destroys the joints and it causes sharp pain and swelling. It causes a splitting of the bones, when it acts there, and dryness as well as sharp pain; and when it is in the marrow, it causes an sickness that never abates. Wind located in the semen, it causes the non-production or faulty production of semen.¹⁷⁸

30–31ab Wind moves incrementally from the hand to the foot, the head, and the bodily tissues. Or it may pervade people’s entire bodies, causing stiffness, convulsion, numbness (*svāpa*), swelling, and acute pain everywhere.

¹⁷⁵ Maas (2008) definitively clarified the contrasting त्वक्-first and (usually) रस-first models of the bodily elements (*dhātu*) as distinct historical formulations in the earliest medical literature. Das 2003: 267–282 also explored this issue, including the observation that the *Bhedaśaṃhitā* seems to have taught that रस “chyle” was the sources of menstrual blood, in contrast to the *Kāśyapaśaṃhitā* that assigned this role to त्वक् “skin.” In their comments on this passage, Gayadāsa and Ḍalhaṇa both tried to square the circle of these contrasting models by suggesting that त्वक् “skin” should be understood to mean रस “chyle” (on 2.1.25 (Su 1938: 262)). Gayadāsa explained in more detail that chyle is located in the skin and therefore, the expression त्वक्स्थ “located in the skin” should, by extension, be read as रसस्थ “located in the chyle.” He proposed the parallel with the well-known grammatical example of figurative meaning, गङ्गायां घोषः “the village on the Ganges,” which means, really, “the village on the bank of the Ganges” (on this example of figurative meaning, *lakṣaṇā*, see Kunjunni Raja 1963: ch. 6; Jhalakīkar 1978: 698–699).

¹⁷⁶ At this point, the vulgate has a passage that is not present in the Nepalese witnesses. It gives more symptoms of wind in the skin and then addresses wind in the blood: “(wind in the skin) may cause prickling, splitting of the skin and peeling; and when it is in the blood, it causes wounds” (Su 1938: 261). The commentators Gayadāsa and Ḍalhaṇa were aware that this passage was missing in some of their manuscripts. Gayadāsa said that this was because some authors noticed that वातरक्त “wind-blood” would be discussed later in the chapter. But they both thought this absence was incorrect (Su 1938: 262).

¹⁷⁷ According to Ḍalhaṇa सिराकुञ्चनं is also known as कुटिला सिरा (Su 1938: 262), which may refer to varicose veins.

¹⁷⁸ Ḍalhaṇa and Gayadāsa both suggest that a faulty production विकृतां प्रवृत्तिम् is too fast, too slow, knotty and discoloured Su 1938: 262.

Symptoms of diseases that arise because of a combination of the five breaths with bile and phlegm

- 31cd–32ab In the stated locations, wind that is compounded causes compounded afflictions.¹⁷⁹ And located in the limbs, it can cause a multitude of diseases.¹⁸⁰

Prāṇa

- 34cd–35ab Prāṇa covered by bile causes vomiting and a burning sensation and when covered by phlegm it causes weakness, exhaustion, lassitude and **loss of the sense of taste**.¹⁸¹

Udāna

- 35cd–36ab When udāna is joined with bile there is bewilderment (*moha*), fainting (*mūrchā*), dizziness (*bhrama*) and exhaustion. And when covered by phlegm there is exhilaration and an absence of perspiration, slow digestion, and coldness.¹⁸²

Samāna

- 36cd–37ab When is samāna is combined with bile there is perspiration, a burning sensation, a temperature and fainting (*mūrchā*). When in contact with phlegm there is horripilation of the limbs during feces and urine.

¹⁷⁹ Ḍalhaṇa on 2.1.31cd (Su 1938: 262) explained “wind that is compounded” as wind being mixed with bile and phlegm.

¹⁸⁰ The Nepalese version omits passages 2.1.32cd–33ab which are about the diseases that arise when contaminated wind mixes with cough, phlegm and blood (Su 1938: 263).

¹⁸¹ वैरस्य “loss of the sense of taste” may refer to ageusia. The vulgate reads वैवर्ण्य “loss of colour” (Su 1938: 263). The vulgate’s footnote 1 says that the palm-leaf manuscript reads वैश्वर्य but this is not correct. The palm-leaf manuscript whose readings were sent to Trivikrama Ācārya was witness N, which reads वैरस्य.

¹⁸² The expression “exhilaration and an absence of perspiration” translates the Nepalese version’s अस्वेदहर्षः as if it were a dvandva. The vulgate has the easier dvandva, अस्वेदहर्षौ “lack of sweating and also exhilaration” 2.1.36ab (Su 1938: 263). Perhaps the Nepalese reading is an Epic form of m. sing. dvandva as described by Oberlies (2003: 361–362, n. 3).

Apāna

- 37cd–38ab When apāna is associated with bile there is a burning sensation, a temperature and blood in the urine.¹⁸³ When covered with phlegm there is a feeling of heaviness in the lower body and coldness.

Vyāna

- 38cd–39.1 When vyāna is covered by bile there is a burning sensation (*dāha*), shaking of the limbs and fatigue.¹⁸⁴ When covered by phlegm there is paralysis, stiffening (*uddaṇḍaka*), and swelling with pain.¹⁸⁵
- 40–41 In general, wind-blood causes inflammation in those who are delicate and enjoy inappropriate food, and because of the torment of the **humours**,¹⁸⁶ the roads, intoxication from wine, and lack of exercise,¹⁸⁷ from the inversion of the seasons and locales, from the consumption of uncongenial (*asātmya*) foods, and because of the **lack of exercise** taken by an overweight person.¹⁸⁸

183 The This probably describes hematuria. Again we have an Epic m. sing. dvandva.

184 The next vulgate verse is absent in the Nepalese version. It describes diseases caused by contaminated vyāna mixed with cough and phlegm (Su 1938: 264). Instead of this verse, Nepalese version has the following sentence about phlegm.

185 The word उद्दण्डक “being like a vertical stick” is rare or unknown as a medical term (unrelatedly, it is the name of an ascetic group listed in works such as the *Cāturāśramyadharmā* of Kāṇvāyana (NCC: 3, 306)). Some of these symptoms are in common with Stiff Person Syndrome.

186 “Wind-blood” is described in the *Suśrutasaṃhitā* as the combination of corrupted blood obstructing the path of inflamed wind and causing simultaneous pain due to wind and blood at once (4.5.4 (Su 1938: 423)). The *Carakasamhitā* describes it as increased wind being blocked in its passage by increased blood (6.29 (Ca 1941: 627–634)). See also references at *Mahākośa*: 1, 740–741. Interpreted as leprosy by Sengupta (1901: 1, 256–260). Several symptoms described below are similar to those of diabetic neuropathy.

187 Probably, the “torment of the roads” refers metonymically to excess travel. “Lack of exercise” could be read as just “exercise,” and while that may sound like torment, the former interpretation better fits the context. Note that the sequence -प्रमदामद्य- in the vulgate separates “confusion” and “wine” while the Nepalese version’s “wine-confusion” is a more obvious reading. Ḍalhaṇa read मिथ्याहारविहारिन् as a dual “inappropriate food and recreation” (Ḍalhaṇa on 2.1.40 & 4.5.5 (Su 1938: 263 & 423)).

188 Instead of “lack of exercise” the vulgate reads “lack of sexual intercourse,” which makes little sense.

Ḍalhaṇa on 2.1.40–41 (Su 1938: 263) commented that some scholars did not read these two verses here because these are read later, at Cikitsāsthāna 4.5.5 (Su 1938: 424). In

Wind-blood (*vātarakta*)

- 42–44 The wind may become aggravated by riding elephants, horses, camels and for other reasons.¹⁸⁹
 By consuming vegetables that are pungent, hot, sour, or alkali and by strong, habitual anguish (*santāpa*), the blood rapidly becomes liquid and that quickly blocks the pathway of the quick-moving wind;¹⁹⁰ irritated by the obstruction of the pathway, it goes wrong. That blood, mixed with corrupted wind is called “wind-blood” because of the wind’s force.
 Similarly, bile may be tarnished by corrupted blood.¹⁹¹
- 45–46 Because of wind-blood, the feet have an aversion to touch, as well as pricking, splitting, dryness, and a loss of sensation. Contaminated bile mixed with blood causes a sharp burning sensation, excessive heat, a red swelling and a softening of the feet.
 When blood is contaminated by phlegm, the feet get itchy, cold and white, swollen, thick and stiff. Furthermore, when blood is contaminated by all of them, the humours display their respective signs in the feet.
- 48 Residing in the soles of the feet, and sometimes in the hands, this disease creeps through that body like angry rat poison.¹⁹²
- 49ab, 50ab Wind-blood (*vātarakta*) that bursts out (*sphuṭita*) as far as the knees, and that is split and oozing, is incurable, and that which has lasted for a year can be mitigated (*yāpya*).¹⁹³

fact, at that location, only 2.1.40ab and 2.1.41cd are read.

The word दोष appears in the Nepalese version of 2.1.40cd, but not in the vulgate (which reads रोग). Therefore, when Gayadāsa said दोषग्रहणं तु विशेषार्थमिति “the use of the word दोष is for the purpose of specificity,” at the end of his comment on 2.1.32–39 (Su 1938: 263), it is likely that he had the Nepalese version of at least part of the text before him, *pace* the comment, “Gayadāsa did not accept this reading” by Y. T. Ācārya and N. R. Ācārya (गयदासासंमतोऽयं पाठः Su 1938: 263, note 2).

189 Ḍaḥaṇa exemplified “other reasons,” as carrying loads, etc.

190 The word सन्ताप, “anguish” can mean physical as well as emotional pain.

191 The Nepalese version omits the vulgate’s similar statement about phlegm being affected by blood.

192 The commentators Gayadāsa and Ḍaḥaṇa both read “the whole body” (सदेहम् for तदेहम्, interpreting सद् as सकलम् (Su 1938: 264)). The subject, “this disease,” is not expressed in the Sanskrit sentence.

193 The sentence appears to describe the condition of the skin, but the word “skin” is not expressed.

- 50cd–51 When aggravated wind enters into all the ducts (*dhamanī*), the wind, which moves repeatedly, makes the body convulse (*ākṣip*) quickly and repeatedly. Because of the repeated convulsing (*ākṣipana*) it is traditionally called “The Convulsor (*ākṣepaka*).”
- 52–56 Since a person blacks out (*apatāmyate*) completely, it is known as a seizure (*apatānaka*).¹⁹⁴
- 52cd–53ab If wind that is mixed with a lot of phlegm is present in the ducts (*dhamanī*), it is called Stick Seizure (*daṇḍāpatānaka*) because it makes one paralyzed like a stick.¹⁹⁵
- 54 The one that bends the body like a bow is technically termed Bow Paralysis (*dhanuḥstambha*).
Vitiated wind entered in the arteries and bends the body like a bow, it is called धनुःस्तम्भ Tetanus. When vitiated wind accumulated in the regions of finger, ankle, abdomen, heart, chest, and throat swiftly attack on the group of vein and ligaments, it gets a person’s eyes stuck, chin stuns, side breaks and vomiting phlegm he moves inwards like a bow and this situation is known as emprosthotonos (*antarāyāma*). When vitiated wind attacks on outside ligaments, body of a person will stretch forward like a bow. In this situation, if the chest, hip or thigh break, wise men call it incurable.
- 58 Aggravated phlegm and bile mixed with wind or only vitiated wind causes fourth convulsive disease due to trauma.
- 59 Convulsions due to miscarriage, excessive bleeding, and injury are incurable.¹⁹⁶
- 60–62 When excessively agitated and strong wind flows in the arteries which

194 Explaining अपतानक by reference to अपताम्यते is a folk etymology, since the words have different etymological roots.

Gayadāsa, in his commentary on 2.1.52 (Su 1938: 265) discussed the reading अपताम्यते, which is also the reading supported by witness N but not the vulgate. This word seems to be unattested elsewhere. Gayadāsa defined अपतानक as a situation in which a person sees darkness and loses consciousness (तमो दृश्यते मोह्यते). Gayadāsa presented a detailed and interesting discussion of these terms, including citations from earlier commentators and the texts of Caraka and Dṛḍhabala. Ḍalhaṇa took up Gayadāsa’s discussion and also cited the commentators Jejjāṭa and Brahmadeva.

195 Against Ḍalhaṇa on 2.1.52 (Su 1938: 265), we read the intensifier भृशम् with कफान्वित rather than the transitive verb तिष्ठति, for sense.

A verse added in the vulgate at this point asserts that trismus also occurs.

196 According to Ḍalhaṇa convulsion (*ākṣepaka*) is also known as अपतानक (Su 1938:266). He further mentions that even if fortunately, it is cured, it cripples the limb.

- spread downward, upward, and sideways, it loses the joints and kills the other side of body. The best of physicians calls it paralysis (*pakṣāghāta*).¹⁹⁷ Then half of his entire body becomes inefficient and unconscious. Afflicted by wind he suddenly falls or dies.
- 62.1 Bile integrates with wind causes burning sensation, affliction, and infatuation. When it integrates with phlegm causes coldness, morbid swelling, and heaviness.¹⁹⁸
- 63 A paralysis (*pakṣāghāta*) caused by wind¹⁹⁹ is curable with most difficulty. It becomes curable when caused by bile and phlegm mix with the wind. It becomes incurable when caused by the loss of bodily constituents.
- 64–66 Verses from 64–66 are not found in the Nepalese manuscripts. These verses discuss the term spasmodic contradiction (*āpatantraka*) which is the same as अपतानक. Ḍalhaṇa commented on ni.1.64-66 (Su 1938:267) that because of having the similar condition in both situations, some scholars do not read the अपतन्त्रक. In the verse ni.1.59 Ḍalhaṇa commented that the आक्षेपक and अपतानक is same (Su 1938:266) and again he suggested that the अपतानक and अपतन्त्रक both are similar condition. Therefore, आक्षेपक, अपतानक and अपतन्त्रक should be the same. Gayadāsa further commented that the Caraka has not read आक्षेपक as अपतानक and therefore described the अपतन्त्रक separately (Su 1938:267).
- 67 This verse also not found in the Nepalese Manuscripts. The verse describes rigidity of neck (*manyāsthambha*). According to Ḍalhaṇa, rigidity of neck is a prior symptom of spasmodic contradiction.
- 68–72 By speaking very loudly, eating hard foods, excessively laughing and yawning, lifting heavy loads and sleeping in an awkward position, vitiated wind lodges into face painfully and produces paralysis of the jaw-bones (*ardita*) disease. In that case, half of the face and neck become curved, head trembles, speech hindrances, deformity occurs in the eyes, eyebrows and cheeks.²⁰⁰ Experts in diseases call this disease spasm of

197 In the ca.6.28.55 पक्षाघात is described as monoplegia (*ekāṅgaroga*). In that case it damages one of the limbs. In the medical terms paralysis (*apakṣāghāta*) is known as hemiplegia.

198 This verse is not available in vulgate. It deals with the symptoms when bile and phlegm mix with the wind. It is already discussed in su.2.1.38.

199 Here the term शुद्धवात suggests the meaning of the wind that is devoid of bile and phlegm.

200 Ḍalhaṇa suggests नेत्रादीनाम् इत्यादि शब्दात् भूगण्डादि उपसङ्ग्रहः

- the jaw-bones (*ardita*).
- 73 Spasm of the jawbones cannot be cured when it stays in a person for three years, who is very weak, stays without blinking, trembles, and constantly speaks gibberish.
- 74 Arteries of Heel and toes stricken by vitiated wind prevents stretching of thighs. This disease is known as sciatica (*gr̥dhrasī*).
- 75 Arteries which run to the tips of fingers from behind the roots of the upper arm affected by vitiated wind terminates all activities of arms and back. This disease is called paralysis of arms and back (*viśvañci*).
201
- 76 Vitiated wind and blood in the joint of knee causes synovitis of knee joint (*kroṣṭukaśīrṣa*). In this extremely painful situation, the shape of swelling in knee joints seems like a head of Jackal.
- 77 Vitiated wind resides in the waist attacks on the arteries of thigh causes limpness (*khañja*) and when it attacks on both the thighs a person becomes lame (*paṅgu*).
- 78 A person who trembles at the beginning of walking or walks limping and whose foot joint has become loose is called lathyrism (*kalāyakhañja*).
- 79 Vitiated wind residing in the ankle-joint causes pain when one steps on uneven ground. This disease occurs is called वातकण्टक.
- 80 Vitiated wind mixed with bile and blood cause burning sensation in feet. It should be declared as burning sensation in feet (*pādādāha*).
- 81 A person whose feet tingle and become insensible due to vitiation of phlegm and wind is called पादहर्ष.
- 82 Vitiated wind lying in the shoulder dries the shoulder joints and it is called अंसशोष. It also bends the arteries of shoulder, and this disease is called अवबाहुक.
202
- 83 Vitiated wind singly or mixed with phlegm cover the channel of ears causes deafness.
- 84 Vitiated wind saturated with phlegm covering the arteries which conduct the sound of speech makes a person inactive (*akriya*), dumb (*mūka*). He mumbles (*mimmira*) through the nose and stammers

201 Both the MSS N and H read विश्वञ्चि instead of the vulgate reading विश्वाची. There is no such word found in other Āyurveda texts.

202 Ḍalhaṇa and Gayadāsa both have defined two diseases i.e., अंसशोष and अवबाहुक respectively.

- (*gadgad*).²⁰³
- 85 Vitiated wind penetrating into the cheekbones, temporal bones, head and neck causes piercing pain in the ears. It is called ear-ache (*karnaśūla*).²⁰⁴
- 86–87 The pain that arises from the bladder or feces goes down as if it were breaking the rectum and..... ? is called तूनी, whereas the pain, rising upward from the rectum extending up to the region of the intestines, is called प्रतितूनी.
- 88–89 Retention of vitiated wind inside abdomen causes distension of the stomach and flatulence and intense pain and rumbling inside, is called tympanites (*ādhmāna*). Vitiated wind mixed with phlegm causes प्रत्याध्मान. It rises in the stomach and causes pain in the heart and sides.²⁰⁵
- 90–91 A knotty stone-like tumour caused by wind appearing in the stomach having an elevated shape and stretched upward direction which obstructing the passage of faeces and urine should be known as वाताष्टीला. A tumour of similar shape rose obliquely in the abdomen obstructing the passage of wind, faeces and urine should be known as प्रत्यष्टीला.
- Names of diseases discussed in the chapter 2.1
- Gout (*vātarakta*) convulsion (*ākṣepaka*) paralysis of one side (*pakṣāghāta*) paralysis of the jaw-bones (*ardita*) sciatica (*gṛdhrasī*) paralysis of arms and back (*viśvañci*) synovitis of knee join (*kroṣṭukaśīrṣa*) lathyrism (*kalāyakhañja*) vātakaṇṭaka (*vātakaṇṭaka*) avabāhuka (*avabāhuka*) tūnī (*tūnī*) pratitūnī (*pratitūnī*) tympanites (*ādhmāna*) pratyādhmāna (*pratyādhmāna*) vātāṣṭhīlā (*vātāṣṭhīlā*) pratyāṣṭhīlā (*pratyāṣṭhīlā*)

203 Nepalese Manuscripts read मिर्मिर instead of the Vulgate's reading मिन्मिण. Dictionary of MW suggests the meaning of मिर्मिर = having fixed unwinking eyes which is not relevant to the disease of tongue.

204 In the medical terms, this disease is known as Otitis.

205 There's an addition in MS N. नाभेरधस्तात् संजातः संचारी यदि वाऽचलः

Part 3. Śārīrasthāna

Śārīrasthāna 2: On Semen and Menstrual Fluid

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.²⁰⁶ Das (2003: chs 6–8) also studied topics of this chapter and in chapter 13 provided an overview of the conceptual background of ayurveda on the topics discussed in this chapter.

Translation

- 1 We shall now explain the anatomy that is the purification of sperm (*śukra*) and blood (*śoṇita*).
- 3 Semen (*retas*)²⁰⁷ is incompetent to produce offspring if it is [characterized by] wind, bile, phlegm, blood (*śoṇita*),²⁰⁸ decomposition (*kunāpa*), clumps (*granthi*),²⁰⁹ stinking pus (*pūtipūya*), low volume (*kṣīṇa*), urine, or feces.

²⁰⁶ HIML: IA, 244–246.

²⁰⁷ The Nepalese version has -रेतांसि “semen” (in the plural) as the subject of the sentence: “seeds are unable to produce offspring....” In the vulgate, -रेतसः is a masculine bahuvrīhi, making “men whose semen has...” the subject of the sentence.

²⁰⁸ Note that the list begins with the four entities, wind, bile, phlegm and blood, hinting at a four-humour system (see Wujastyk 2000: 485–486).

²⁰⁹ Modern Establishment Medicine (MEM) understands that normal ejaculate contains coagula which, however, dissolve after about half an hour. But coagula that do not dissolve may sometimes be a sign of an underlying disorder (see, e.g., Lamming and Marshall 1990: 2, 614–615; Cohen 1990).

Diagnosis by humours

- 4
- When the dysfunction is caused by wind, there is a colour and a type of pain that typically goes with wind problems.
 - If caused by bile the colour and the pain are typical of bile afflictions. If caused by phlegm the discolouration and suffering are characteristic for phlegm disease.
 - And if caused by blood (*śoṇita*) there will be a colouration due to blood and a sensation of a bile affliction. Moreover, when caused by blood (*rakta*) there is the smell of decomposition (*kuṇapa*).²¹⁰
 - Phlegm with wind causes the appearance of clumps.
 - Bile with blood (*śoṇita*) causes the appearance of foul-smelling pus (*pūtipūya*).
 - Bile with wind (*māruta*) cause a weakening of semen.
 - Humoral colligation (*sannipāta*) causes the smell of urine and feces.²¹¹

Cases of foul-smelling sperm, sperm with clumps, and when it reeks of pus are hard to treat. But when sperm contains urine or faeces there is no treatment.²¹²

- 5
- Moreover, seasonal blood (*ārtava*) too can become afflicted (*upasṛṣṭa*), seedless (*abīja*) because of the three humours, and blood as the fourth, taken individually, in pairs or triples or all together.²¹³

This can also be known by means of the humour, colour and pain.

In these cases, that which displays decomposition (*kuṇapa*), clumps and the putrid smell of pus is incurable (*asādhya*). And otherwise it is curable (*sādhya*).

Among these, the kind which shows decomposition, or coagula, or putrid pus is incurable. The other types, however, can be treated.

210 Note that the text mentions both शोणित and रक्त. This raises the question of whether the author considered these to be different, or whether it is an artefact of textual transmission.

211 The expression “humoral colligation,” translating सन्निपात, refers to the simultaneous disorder of three humours at the same time, a condition that is difficult to treat (see Wujastyk 2016b: 38 *et passim*).

212 Note that the above characterizations presuppose the direct inspection of an ejaculate. The process of collection is not described in the sources in this chapter.

213 This translates the text of the oldest surviving witness, N, and the vulgate. But MS H, that normally follows K very closely, has a negative particle, न, reversing the sense of the sentence.

- 6 And there is a verse on this.

*An expert should overcome the first three of these sperm pathologies with special treatments such as unction and sweating, as well as by means of a urethral instillation (uttarabasti).*²¹⁴

find out
about ut-
tarabasti

Therapies by humour

- 6.1 In that context, when the sperm is of the nature of wind, there is an enema (*āsthāpana*) consisting of **Bengal quince**, **Indian kudzu** and milk.²¹⁵ In the urethral instillations one should use sesame oil well cooked with **mahua**, **grey orchid**, **deodar**, and **chir pine**. One can also make the patient drink clarified butter with ripe **pomegranate**, **citron fruit**, **rock salt**, a caustic (*kṣāra*), and **two kinds of salt**.²¹⁶
- 6.2 When the sperm is of the nature of bile, there is an enema of milk cooked with curds, **Malay beechwood** and **liquorice**. One should also apply a paste (*kalka*) of **white dammer tree** and **axlewood** in the vagina. There is an oily enema (*anuvāsana*) of sesame oil cooked with **liquorice**; in the same way, it should only be applied as a urethral instillation.²¹⁷ One should make him swallow ghee cooked with **wild sugar cane**, **common smilax**, **heart-leaved moonseed**, **white teak**, **false daisy**, and the **five roots**.
- 6.3 When the sperm is of the nature of phlegm, there is an enema (*āsthāpana*) consisting of a decoction (*kaṣāya*) of **golden shower tree**. And one should also apply an oily enema (*anuvāsana*) of sesame oil cooked with **long pepper**, **embelia** and honey; and it should only be applied as a urethral instillation. One should make him drink a ghee cooked with **hairy bergenia**, **white teak**, **emblic myrobalan**, **long pepper**, **bearded premna**, and **prickly chaff-flower**.

²¹⁴ Ḍalhaṇa on 3.2.6 (**Su 1938**: 345) noted that “unction and sweating” indicates the “five treatments”: वमन, विरेचन, अनिरूह, अनुवासन and उत्तरबस्ति. He noted that the explicit mention of urethral enema in the verse was for the purpose of highlighting its priority. However, a natural reading of the verse does not suggest that these distinctions were in the author’s mind.

²¹⁵ These three recipes are not present in the vulgate text of the *Suśrutasaṃhitā*.

²¹⁶ -विपक्व “well cooked with...” might be interpreted as “with ripe...”.

²¹⁷ By specifying “upper (i.e., urethral) instillation” the author is clarifying that this is not a rectal enema.

3.2.7 And there are verses about this.

When there is blood in the sperm, the physician should give the person ghee cooked with flowers of the *fire-flame bush*, *catechu*, *pomegranate*, and *arjun*.

3.2.8 When it smells like a corpse, he should drink ghee cooked with the *sal group of trees*. †When clumps appear, it is cooked with stones, or also in ash from a *flame-of-the-forest*.²¹⁸

9 And also, when it resembles pus, it is treated with items such as *phalsa* and *banyan*. When the sperm is deficient it should be treated as was stated before and also as will be described.²¹⁹

10 When it looks like feces, he should be made to drink ghee together with *leadwort*, *vetiver* and *devil's dung*.

10.1 In these six cases, a wise person should carry out the sequence that starts with oleation.²²⁰

to what?

10.2–3 It deteriorates as a result of not having sex with women for a long time as well as from the use of actions, and from overusing the drugs that are astringent, spicy and sharp, that are acidic (*amla*), salty, sere (*rūkṣa*), sour (*śukta*) or stale (*paryuṣita*), and because of suppressing (*vegāghāta*) the impulses in vaginas and from intercourse (*gamana*).²²¹

10.4 When there is a defect (*doṣa*) in the menstrual blood (*ārtava*) one should advise the therapy starting with oleation.
And one should use a urethral instillation (*uttaravasti*) exactly as was described before.

218 The Nepalese text and translation of this sentence are uncertain. The vulgate text reads, 3.2.8 (Su 1938: 345): ग्रन्थिभूते शटीसिद्धं पालाशे वा ऽपि भस्मनि “If clumps appear, it is cooked with *śaṭī* or in ash from a *palāśa*.” The vulgate edition notes in a footnote that some vulgate manuscripts add an extra line, स्नेहादिश्च क्रमः षट्प्रेतासु विज्ञानता. The Nepalese manuscripts read this line two verses further down.

219 Dalhaṇa on 3.2.9 (Su 1938: 345) noted that “what was stated before” refers to the स्व-योनिवर्धन section, i.e., *Suśrutasaṃhitā* 1.15.10 (Su 1938: 69), and that “what will be described” refers to *Suśrutasaṃhitā* 4.26 (Su 1938: 496), the chapter on weakness and strength (क्षीणबलीय).

220 It is difficult to know which six cases the author intended. Dalhaṇa on 3.2.10 (Su 1938)

221 This passage is hard to interpret and there are no parallels, commentary or meaningful alternate readings.

And there is a verse about this:

To purify the menstrual blood (ārtava), one should apply the procedure that finishes with a urethral installation.

From

Therapies for menstrual blood

- 12cd For purifying the menstrual blood one should follow the procedure, the last of which is a urethral instillation (*uttarabasti*).²²²
- 13 One should use a paste (*kalka*) as well as cloths and a salutary lavages (*ācamana*).²²³
- 14 In case of a bad smell and the appearance of pus, or the appearance of marrow in the blood.
- 15 He should drink a decoction (*kvātha*) of **white sandalwood** or a decoction of red **sandalwood**.²²⁴
- 14ab When clumps (*granthi*) appear, he should drink **velvet-leaf**, **three heating spices**, and **Indrajao**.²²⁵
- 14a He should drink a decoction (*niḥkvātha*) that is the extracted juice (*surasa*) of a caustic (*kṣāra*), **dried ginger**, and **devil's dung**.
- ...
- 24 Thus a man has unblemished semen and a woman has pure menstrual blood.²²⁶

²²² The “procedure ending with a urethral instillation” probably refers to verse 6 above (see page 85).

²²³ The word आचमन, normally “sipping water from the palm” is here translated “lavage” following the context and Ḍalhaṇa on 3.2.13 (*Su* 1938: 345), who described it as “water for washing the vagina” (योनिप्रक्षालनोदक). This treatment may be intended for the condition mentioned in 12cd, but in the vulgate text there is a preceding half verse stating that the treatment is for the “four disorders of menstrual blood.”

²²⁴ The name चन्दन may refer to several types of sandalwood; presumably one is meant here that is different from white sandalwood, i.e., perhaps *Pterocarpus santalinus* Linn. f. The vulgate has an extra half-śloka here.

²²⁵ On ग्रन्थि, see note 209.

²²⁶ On this and the following texts, cf. Smets 2010: 389 et passim.

During menstruation

- 25 During the season (*ṛtu*), starting from the first day onwards, the chaste woman (*brahmacārīṇī*) foregoes bathing, anointments, ornaments and grooming (*vilekhana*).²²⁷ She should abstain from sleeping during the day, collyriums, weeping tears (*aśrupāta*), massages, cutting her nails, taking showers, laughing, telling stories, hearing too much noise and from exertion.²²⁸
- For what reason? By sleeping during the day, the fetus becomes **deaf**.²²⁹ From collyrium he becomes blind. From weeping, his vision is impaired. From bathing and anointing, he becomes badly behaved. From massage with oil he gets a pallid skin disease (*kuṣṭha*).²³⁰ From cutting the nails he gets ugly nails (*kunakha*). From smearing an unguent he becomes bald. From habitually exercising in the open air he goes mad. For this reason one should avoid these.
- For three days of ritual food, the husband should protect ($\sqrt{\text{rakṣ}}$) the woman. She lies on a layer of **halfa grass**, and eats a different kind of food from the palm of her hand, or from a plate or from a leaf.²³¹
- On the forth day, one should show to the husband the woman who has had a purifying bath, is wearing unstitched clothes, is ornamented and who has chanted a benediction and recited a blessing.²³²
- What is the reason for that?
- 26 And there is a verse on this.

A woman has a bath after her period. The type of man she sees after that determines the type of son to whom she will give birth. She may then show her son to her husband.

227 The word ऋतु “season” in āyurvedic texts can, according to context, refer either to the period of menstruation or else to the period of fecundity following menstruation (Das 2003: 15 ff., note 27, *et passim*). Ḍalhaṇa on 3.2.25 (Su 1938: 347) noted that the woman’s abstention should last three days from the first appearance of her menses.

228 On the similar prohibitions relating to a menstruating woman as described in Dharmaśāstra literature, as well as the similar defects accruing from disobedience (see Leslie 1989: 284–287).

229 Here, the vulgate reads स्वप्नशीलः “he tends to sleep.”

230 On translating कुष्ठ in Āyurvedic texts, see Emmerick 1984: 96 ff.

231 This sentence is hard to construe because हविष्यं “ritual food” cannot agree with - भोजिनीं.

232 See Wujastyk et al. 2023: 58 and fn. 167.

- 27 *Next, the priest (upādhyāya) should perform the appropriate ritual for producing a son. At the end of the ritual, the expert (vicakṣaṇa) should anticipate the following procedure.*
- 28 Next, after the man has eaten a rice porridge with ghee and milk in the afternoon, having been celibate for a month, at night he should sexually approach the woman who has had a diet rich in oil and mung beans. He then soothes her in a friendly way and he may go to her optionally on the fourth, sixth, eighth, tenth or twelfth day.²³³
- 31 Henceforth, he should approach after a month
[At this point there is a misplaced folio in MS N]
- 32 **And when conception has occurred in this way**
During one of these nights, the pregnant woman should press three or four drops of juice from one or other of the following: *convolvulus*, *banyan*, *Indian bat tree*, *country mallow*, *carray cheddie*. Then she should administer them in the right nostril if she desires a son and in the left if she wants a girl, and she should not sneeze them out.²³⁴
- 33 *For certain, in the presence of these four, a fetus that follows the rules will come into being, just like a sprout is from a combination of field, seed, water and grass.*²³⁵
- 34 Children born in this manner are beautiful, of noble character and enjoy long lives.²³⁶ They provide release from obligation (*ṛṇa*) and they

29, 30 missing?

Problematic passage in the edition.

233 In the Nepalese version, this text presents a general rule for lovemaking on even days. In the vulgate, the word पुत्रकाम is added, making this a specific rule for conceiving a male child. After this text, sections 29, 30 and 31 of the vulgate are not present in the Nepalese version. These verses state that the above-mentioned special days are beneficial, that odd days lead to the conception of a girl child, and finally the vulgate gives a list of the consequences of conceiving a child with a menstruating woman.

234 There is a textual problem at the start of this passage.

235 The Nepalese version reads क्षेत्रबीजोदकतृणाम् “of field, seed, water and grass” in contrast to the vulgate’s ऋतुक्षेत्रामुबीजानाम् “of season, field, water and seed.” This gives the two versions quite different meanings. In the Nepalese version, the author is referring to the four plants mentioned in the previous verse, *convolvulus*, *banyan*, *Indian bat tree*, *country mallow*, and *carray cheddie*. Then the author presents a simple agricultural simile. In the vulgate version, the words of the compound each have a double meaning: they can refer to the agricultural simile, but they can also be construed to mean “menstrual season, womb, nourishing bodily fluids, and male and female semen,” a parallelism not present in the Nepalese transmission. This is how Ḍalhaṇa interpreted the verse.

236 We translate महासत्त्वाः as “noble character;” Ḍalhaṇa, commenting on the vulgate

themselves have children, benefitting their parents.²³⁷

- 35 In that context, the element of heat (*tejas*) is the most important factor as far as complexion (*varṇa*) is concerned. That being granted, at the moment the fetus is formed, when the food has water as its chief element, then the fetus is fair.²³⁸ When earth is the predominant element, it is dark (*kṛṣṇa*). When earth and ether are the chief elements, it is dark brown (*śyāma*).²³⁹ Some people say that the newborn (*prasava*) has the same colour as the colour of the food that the pregnant woman commonly eats. Similarly, creatures like snakes, scorpions and **large geckos** that inhabit black, yellow or white habitats are black, yellow or white.²⁴⁰

In that context, congenital blindness (*jātyandha*) is caused by the element of brilliance (*tejas*) not reaching the location of eye (*dr̥ṣṭi*). Similarly, red eyes are a consequence of blood, white eyes are a consequence of phlegm, yellow eyes are a consequence of bile, and dysfunctional eyes (*vikṛtākṣa*) are a consequence of wind.²⁴¹

- 35.1–4 And on this, there are the following:²⁴²

If a pure wind affects someone's eyes, they become sunken, blue and dark.

When bile mixed with phlegm, with no impurity, goes into someone's eyes, their eyes are termed "yellowish-red."

reading सत्त्ववन्तः, refers to the गुणस्, interpreting the expression as "not strongly influenced by रजस् and तमस्."

- 237 Children born in this manner fulfil their parent's obligation to have children and they themselves have children, thus continuing the family. The three debts are normally understood as being to the gods, the ancestors and to sages. But Ḍalhaṇa's phrasing is odd in that he says पितृणामृणत्रयमोक्षणशीला: "behaving so as to provide release from the three debts to the ancestors."

- 238 The food of the mother, that is.

- 239 The terms कृष्ण and श्याम often mean more or less the same, a dark blue or black colour. The latter can shade into brown or dark green.

- 240 Cf. also n., p. 225. Cf. HIML: IA, 70 and notes on these poisonous animals as described in the *Carakasamhitā*, and Meulenbeld 1974b: 455-456 on the names *kṛkalāsa/kṛkalāśaka*, *śaya* and *saraṭa* and the confusion surrounding this topic and the indigenous names of some species such as *ṭikṭikī*, *jyeṣṭhi*, *jyaiṣṭhi*, *girgiṭ*.

- 241 The term विकृताक्ष was known to Kātyāyana (*Mahābhāṣya* on P.6.3.3, (*Mahābhāṣya*: 3, 142)).

- 242 The next four verses are absent in the vulgate; they were reproduced by the editor in a footnote (Su 1938: 348a, n. 3).

The phrase "and here are some verses" appears in the vulgate before 3.2.36.

*When phlegm that is free of any impurity moves to the eyes, their eyes shine with a white circle within a circle.*²⁴³

When blood mixed with phlegm moves into the eyes, those people have eyes that become pigeon-blue, or else bloodshot.

3.2.36 Just as the ghee in a pot placed on a fire melts, so the menstrual blood of a woman may flow out after sex with a man.²⁴⁴

3.2.37 But when the wind splits the seed (*bīja*), two lives (*jīva*) come into the belly (*kukṣi*). They are called “twins (*yama*),” being created from preceding virtue (*dharma*) or its opposite.²⁴⁵

3.2.37.1 *When the mixing is happening, if the man’s semen (retas) is plentiful and pure then the pregnant woman gives birth to two boys.*

3.2.37.2 *When the mixing is happening, if the woman has a lot of semen (śukra) then the pregnant woman gives birth to two girls. There is no doubt about this.*

Types of persons

3.2.38 The term for men and women who have diminished seed is *Āsekya*.²⁴⁶ Without doubt, after eating something white (*śukla*), his flag is raised.²⁴⁷

²⁴³ Perhaps this describes the appearance of arcus senilis.

²⁴⁴ It is difficult to know what the author means here, since menstruation is not physiologically caused by intercourse.

Note that the text actually says “a pot of ghee ... melts.” But it’s not the pot that melts, but the ghee. This may explain the vulgate reading घृतपिण्ड “a lump of ghee.” The reviser did not like the imprecise idea of a pot melting.

²⁴⁵ Note the adverbial -पुरा at the end of a Bahuvrīhi.

The commentator Gayadāsa (cited here by Ḍalhaṇa) disagreed with this interpretation. He preferred to understand धर्मेत्तर not as “dharma and its opposite,” but as “the opposite of dharma.” He explained that according to both scripture and tradition, twins are the result of अधर्म “sin,” and that is why penances are necessary after the birth of twins (on 3.2.27 (Su 1938: 348)).

The next two verses are absent in the vulgate; they were reproduced by the editor in a footnote (Su 1938: 348b, n. 3).

²⁴⁶ Etymologically, “to be poured into.” On this and the following typologies, see the brief treatment by Meulenbeld (1997: 216–217).

²⁴⁷ Ḍalhaṇa on 3.2.38 (Su 1938: 348) made it clear that this is a metaphor for having a penile erection.

- 39 Someone who is born in a foul womb is termed a *Saugandhika*. That person gains strength from smelling a vagina and a penis.²⁴⁸
- 40abc A man, who has activity in his own anus because of being celibate and then has activity amongst his own women is known as a *Kumbhika*.²⁴⁹
- 40d–41abc Hear about the next one, the *Īrṣyaka*. Someone who has sexual activity after seeing the copulation of other people is termed an *Īrṣyaka*.²⁵⁰

“Eating something white” may refer to शुक्र “sperm,” as the vulgate reads. But note that works on aphrodisiacs and fertility (वाजीकरण) in āyurveda and rasaśāstra routinely recommend white substances such as milk for strengthening reproductive ability. See, for example, *Suśrutasaṃhitā* 4.26.27–31ab (Su 1938: 498) and *Carakasamhitā* 6.2, all of sub-chapter 2 (Ca 1941: 392–394).

The vulgate has a different reading for the first half of this verse, stating that such a man is a product of parents with deficient seed. Ḍalhaṇa also gave a detailed description of a man eating the semen ejaculated by another man, and he stated that the terms षण्ड and मुखयोनि were synonyms for such a person.

The term आसेक्य is given in MW: 161 as “impotent, a man of slight generative power.” This is wrong. It is the referent of the term, not its meaning. Cf. *Mahākośa*: 1, 98.

Some of the features referred to by the term षण्ड षण्ड may have included conditions today covered by Mayer-Rokitansky-Küster-Hauser syndrome and Morris syndrome. The central idea in the Sanskrit usages was that such a person cannot produce children.

248 Etymologically, “Sweet Smelling.”

249 The vulgate adds an avagraha before ब्रह्मचर्याद्, meaning “because of *not* being celibate.” Ḍalhaṇa on 3.2.40abc (Su 1938: 348–349) read the text this way, paraphrasing अब्रह्मचर्यात्, thus inverting the meaning but not clarifying what he thought it meant. But he then cited a passage from “others” that read ब्रह्मचर्यात्, i.e., the anal sex followed or was caused by celibacy, ब्रह्मचर्यात् क्लैब्यवशसंजाताप्रवृत्तित्वात् “because of celibacy, that is, because of being unable to perform because of the effect of impotence.” These unnamed commentators also referred explicitly to erectile dysfunction, शिथिलेनैव मेहनेन, as the result of this celibacy and proposed that a man could get an erection through abnormal (विप्रकृत्या) means and as a result could have sex as a male with a woman. Ḍalhaṇa also stated that the origin of a person with such a condition was described “in another book” (तन्त्रान्तरे), and proceeded to cite *Carakasamhitā* 4.2.20 (Ca 1941: 303). Ḍalhaṇa then also cited another verse from Gayadāsa, who himself ascribed it to Kāśyapa (HIML: IA, 164–166), saying that, “A Kumbhila (*sic*) is born when a man with phlegm or semen has sex with a woman who is not passionate (or not menstruating) during her season, when the love is attached to another.” (Also cited in *Mahākośa*: 1, 220a–b.)

It is noteworthy that the *Suśrutasaṃhitā* is factual and descriptive in these passages, as befits a medical work, while the commentators introduce a moralistic and critical tone.

250 Etymologically “one who envies.”

Here again, Ḍalhaṇa on 3.2.40–41 (Su 1938: 349) cited the opinion of “another book”

- 41d–42 Hear about the fifth, the *Ṣaṇḍhaka*. A man who, out of delusion, has sexual activity with a young girl (*kaumārī*) during her season as if he were a woman. In such a case, a male is born who looks and behaves like a woman. He is termed a *Ṣaṇḍha*.²⁵¹
- 43 Moreover, if a woman, during her season, has sexual activity like a man, then if a girl is born she will have the behaviours of a man.
- 44 The *Āsekya*, the *Sugandhin*, the *Kumbhika* and the *Īrṣyaka* are known to have semen. The man with no semen is termed a *Ṣaṇḍha*.²⁵²
- 45 In both of these cases, they have a semen-carrying vessel that dilates as a result of unnatural excitement.²⁵³ Then the flag may be raised.²⁵⁴

Birth irregularities

- 46 The **appearance**, behaviour and mentality that is associated with a man and a woman is also the same as that which their **offspring** (*garbha*) has.²⁵⁵

and cited a passage from *Carakasamhitā* 4.2.20 (Ca 1941: 303) that covers similar ground. The description of the *Carakasamhitā* is causally framed in terms of the factors वायु and अग्नि.

- 251 The vulgate's भार्या "woman, wife" for the Nepalese version's कौमारी "girl" is probably bowdlerization.
- 252 It remains a question as to whether the authors meant the absence of an ejaculate or the clinical observation of childlessness even in the presence of an ejaculate. For a discussion of the present passages and further literature on षण्ड, see Das 2003: 581–584; on आसेक्य, see ibid., 527. See also M. J. Sweet and Zwilling 1993: 593–597, et passim; Zwilling and M. J. Sweet 2000; Zwilling and M. J. Sweet 2010.
- 253 Dalhaṇa on 3.5.45 (Su 1938: 349) cited the expression नरनारीषण्डौ from the *Carakasamhitā* (Ca 4.2.17303, reads -नारि) to establish that women too may have these unnatural excitements.

We have emended the Nepalese verb to the singular, because witness H clearly has शुक्रवहा सिरा "semen-carry vessel" in the singular. Does Ayurvedic anatomy have a single vessel or many? *Carakasamhitā* 3.5.8 (Ca 1941: 250) has a plural, शुक्रवहानां स्रोतसां. But the *Suśrutasaṃhitā* 3.9.12 (Su 1938: 3.9.12) has a clear statement that there are two ducts (*srotas*) that carry semen: शुक्रवहे द्वे तयोर्मूलं स्तनौ वृषणौ च "there are two vessels that carry semen. They are rooted in the breasts and the testicles." The Ayurvedic Man painting has a single शुक्रमार्ग (Wujastyk 2008: 233, 243). The Jaina *Tandulaveyāliya* lists 10 sperm-carrying vessels (दस सिराओ सुक्खधारिणीओ, Schubring 1969: 145 ff; Cailat 2019: 5; I am grateful to Jan Gerris for this reference).

- 254 On this euphemism, see footnote 247 above.

- 255 The vulgate has "food" for the Nepalese version's आकार "appearance," and "son" for "offspring." The Nepalese version seems more perceptive on this point of heredity.

- 47 Whenever a woman and a woman have sex together, they release semen on each other. Then a being without bones comes into being.²⁵⁶
- 50 **Offspring** (*garbha*) of a deformed shape like a gourd, a scorpion or a snake and others of the same type are known to be often brought about by sin.²⁵⁷
- 51 Offspring that is *vimānitaḥ* by irritation of wind and by pregnant longing may become hunchbacked, have a shrivelled hand (*kūṇi*), be lame, mute or have a stutter.²⁵⁸
- 52 The newborn may have abnormalities because of the bad behaviour of its mother and father and because of bad actions from the past, by means of the irritation of wind etc.²⁵⁹
- 53 The child in the womb does not make wind, urine and feces because it has little impurity and because the wind in the stomach is not functioning.
- 54 The child in the womb does not cry out because the movement of the wind is obstructed since the mouth is covered by the caul and the throat is surrounded by phlegm.

unsolved
problem

256 The grammar of the Nepalese and vulgate versions of this verse are quite different. This striking verse has been discussed by several scholars (e.g., Smets 2006: 232–233). The concept of a being born with flesh but no bone and vice versa occurs in *Jaiminīy-abrāhmaṇa* 1.259 and *Ṣaḍvīmśabrāhmaṇa* 2.1.1 (Kolhatkar 2005) and later in Purāṇic literature (O’Flaherty 1980).

The Nepalese version of the *Suśrutasamhitā* does not have the following two verses that occur in the vulgate. Ḍalhaṇa on 3.2.48–48 (Su 1938: 349) said that Jejjāṭa did not read these two verses. Thus, the Nepalese version is the same as Jejjāṭa’s version, as far as this omission is concerned.

257 The vulgate version of this text says that it is sinful behaviour of women that causes abnormalities. The Nepalese version is quite different, simply attributing deformity to sin and not blaming women at all.

258 The Nepalese version has कूनि while the vulgate reads कुणि. Ḍalhaṇa on 3.2.51 (Su 1938: 349) felt the need to explain the unusual term, saying कुणि: विकलपाणि: “having a crippled hand,” but Y. T. Ācārya and N. Śarman (Su 1939: footnote 5) noted a variant विकृतपाणि:, suggesting some instability in the interpretation of this term. Cakrapāṇidatta on 8.2.21 (Su 1939: 690) gave the meaning कुब्जितकर: “having a hunched hand” (where there is also a variant reading नष्टकर:), cf. *Mahākośa*: 1, 216. The Tamil lexemes *kūṇ* means “bend, curve, hump on the back, humpback” and *kūṇi* means “... become hunchbacked” (DED₂:#1927). It seems likely that this is a Dravidian word that has been absorbed into Ayurvedic terminology at an early period.

259 Ḍalhaṇa on 3.2.52 (Su 1938: 349) took the position that the bad actions were those of the parents, not the child.

- 55 The inward and outward breathing, movement and sleep that the fetus adopts conform to the inward and outward breathing, movement and sleep of the mother.
- 56 The composition of the body parts, the descent and appearance of the teeth, the absence of hair on the palms all happen by themselves.²⁶⁰
- 57 Those cultivated people who in previous embodiments were constantly aware of the scriptures are rich in sattva and have memory of their previous births.²⁶¹

Here ends the second chapter that is the anatomy.

²⁶⁰ The text reads शरीराणाम् “of the bodies” that we have translated “of the body parts,” following Ḍalhaṇa’s interpretation. He also said that “palms” included the soles of the feet.

²⁶¹ The vulgate text adds a final verse about how the karma of a previous embodiment follows a person to his new life. Witness L adds yet another verse that says the lack of hair on the palms is because they come from the mother, while the areas of the body from the father have much hair.

Śārīrasthāna 3: On Conception and the Development of the Embryo

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.²⁶² Important subsequent studies of the chapter include those of Das and of Kritzer.²⁶³

²⁶² [HIML](#): IA, 247–247.

²⁶³ Das [2003](#): ch. 8, et passim; Kritzer [2009](#); [2013](#); see also the valuable terminological study by Suneson ([1991](#)).

Translation

- 1 We shall now explain the anatomy that is the descent of the embryo.

Conception

- 3 Semen is of the nature of Soma (*saumya*) and menstrual blood is of the nature of Agni (*āgneya*).²⁶⁴ Furthermore, in this context there also exists a proximity of the other elements (*bhūta*), by way of a minute special property, because they help one another and they enter into one another.²⁶⁵
- 4 In this case, when there is a union of **a husband and wife**, the wind from the body stimulates the heat (*tejas*).
In that case, because of the colligation (*sannipāta*) of fire and wind, the semen that is ejaculated finds its way to the vagina.
It is commingled with menstrual blood (*ārtava*), then because of the joining together of Agni and Soma, what is being mingled together arrives in the receptacle of the fetus.
He is referred to by names that express synonyms such as, the knower of the field, the sentient, the toucher, the smeller, the seer, the hearer, the taster, the human, the goer, the witness, the creator, the speaker, **the one who is, “who is the one that is life at the start?”**²⁶⁶

264 On the Saumya–Agni classification, see Das 2003: 521–527; Wujastyk 2004; Angermeier 2021. The fiery nature of menstrual blood is already stated in 1.14.7 (*Su* 1938: 59), “...but menstrual blood is of the nature of Agni, because the embryo is of the nature of fire and water.”

265 Ḍalhaṇa on 3.3.3 (*Su* 1938: 350) glossed अणुना विशेषेण “by way of a minute special property” as सूक्ष्मप्रकारेण “in an attenuated manner.” I am grateful to Christèle Barois for drawing attention to the treatment of this topic, and specifically the परस्परपकार “mutual support” between atoms, by the Buddhist author Śubhagupta (fl. 720–780) Saccone 2015: 126.

Ḍalhaṇa on 3.3.3 (*Su* 1938: 350) drew attention to 3.1.21ab (*Su* 1938: 343) where the idea of this interpenetration (अनुप्रवेश) is mentioned.

266 The last phrase is awkward. It translates यः कोऽसावाद्य आयुरिति, which could be paraphrased, “the one who is the answer to the question ‘who is the one who is life at the outset?’” or “...‘who is that first one who is life?’.” The text differs from the vulgate’s यः कोऽसाव् इति, that omits आद्य आयुर् (3.3.4 (*Su* 1938: 350)). Most other early editions print योऽसाविति (e.g., S. M. Gupta 1835–36: v. 1, 320; *Su* 1889: 313; M. Śarmā 1895–99: v. 2, 635; Bhaṭṭācārya 1908–11: v. 3, 30. Ghāṇekara (1936–41: v. 2, 65) read यः कोऽसावित्यु. No other translators translate this phrase, nor does Ḍalhaṇa gloss it.

Driven by fate, and impelled by wind, the imperishable, unchanging, inconceivable elemental self (*bhūtātman*) enters into the uterus (*garbhāśaya*) together with sattva, rajas and tamas, gods and demons, and other entities.²⁶⁷

5 In that context, a predominance of sperm leads to a male, a predominance of menstrual blood leads to a female, and equality of the two leads to a person who is neither male nor female (*napuṃsaka*).

6ab In that context, there is a twelve-night period that is the season (*rtu*).²⁶⁸

3.3.6.1 †In that context, approaching a woman in season for intercourse during the first day is not conducive to long life (*anāyusya*); a man comes into being.²⁶⁹ To the extent that the fetus is deposited at that time, because of being expelled it is lost.²⁷⁰ †

And on the third day, similarly, the body is incomplete and has little duration of life. For that reason, one should avoid the third night. And seed and menses do not develop the proper quality as expected. †Just as an object thrown into a river against the flow does not come back. †Sperm should be seen the same way. Therefore the restricted third night should be avoided. In this context, after seeing the twelve nights of the season, she has no menses.

6cd Some call such women, “having invisible menses.”

3.3.9 And on this:

When the day is over, the lotus inevitably closes. In the same way, when the season is over, the woman’s uterus closes.²⁷¹

267 In the vulgate, भूतात्मन् “elemental self” is not the subject of the sentence, which then reads less clearly overall.

268 Slaje (1995) clarified the misconception in early Indological scholarship that ऋतु referred to the period of the menses rather than this longer period of menses and ovulation.

269 This passage appears in the Nepalese version at this point, and is absent from the vulgate version. MS H is the sole witness to the Nepalese version at this point and it is damaged, making the interpretation of this passage difficult. In this sentence, a nominative would read better than the accusative अनायुष्यम्.

270 In this and the following sentences, parts of witness H are damaged and impossible to read.

271 The √*kuc* “close, contract” appears in this sense in the *Dhātupāṭha* (1.199 संकोचने) but it is not common in literature. The more common word in this sense would be from √*kuñc* “contract,” although *kuc* is probably the primary IE form (EWA: 1, 361). “Given by the grammarians as two distinct roots, not without some justification,” Whitney 1885: 19.

- 3.3.7–8 One may know that a woman has her season because she has a full, clear face, a moist body, mouth and teeth, she desires a man, she speaks nicely, and she has relaxed belly, eyes, and hair. Her arms, breasts, loins, navel, thighs, hips and bottom are vibrant and she has the utmost excitement and eagerness.
- 3.3.10 At the right time, what has accumulated over a month and has come via the two pipes (*dhamanī*) is led by wind towards the mouth of uterus.²⁷² It is slightly dark and smells.²⁷³
- 3.3.11 From twelve years onwards, blood is present periodically. It ceases after fifty amongst those whose bodies are old and aged.
- 3.3.12 It is declared that there will be a male on even days and a female otherwise. Therefore a clean man who wants descendants should approach the woman at the time of her flower.²⁷⁴

Pregnancy

- 3.3.13 In that context, women who have recently become pregnant experience tiredness, fatigue, thirst, heaviness of the legs, flatulence, clogging of semen and blood, and a rough pulsation of the vagina.
- 3.3.14ab And about this, there is the following:
- The sign of a pregnant woman is said to be: both nipples become dark and a row of hair appears, there is nausea and tiredness.
- 3.3.16 From that moment onwards, she should not practice intercourse, exertion, excessive dieting, sleeping by day, waking at night, grief, riding in

²⁷² “Pipes” (धमनी) are defined in the *Suśrutasaṃhitā* at 3.9.8–11 (Su 1938: 385). This verse was discussed by Das (2003: 64–66) (see some corrective remarks by C. Vogel (2005).) On the “pipes” and other conduits in the āyurvedic body, see also Wujastyk 2022: 404–406.

²⁷³ The reading of the vulgate text contains the object of the sentence, menses (*ārtava*), explicitly. The commentators take “at the right time” to indicate the onset of menses in a young woman.

²⁷⁴ “Flower” referring to the twelve-day period that has been discussed earlier. Ḍalhaṇa on 3.3.12 (Su 1938: 352) noted the conflict between the idea presented in passage 5 above and the present idea about odd and even days. He quoted passages by the ancient authorities Videha (see footnote 655) and Bhoja (footnote 26) that squared the circle by asserting that there are greater amounts of semen on even days, and greater amounts of menstrual blood on odd days, etc. See tr. by P. V. Sharma (1999–2001: 2, 143).

a vehicle, fear, excessive coughing, or therapies like oleation or blood-letting while alone and at the wrong time.²⁷⁵

Fetal development

- 18 In that connection, in the first month, a *kalala* comes into being.²⁷⁶
 In the second, ripening by means of blood, heat and air, a conjunction of the great elements becomes a *ghana*.²⁷⁷ If it is a granthi (*knot*), it is a male; it is a woman if it is a *peśī*; it is a neuter if it is an *arbuda*.
 In the third, the hands feet and head develop into five bulges (*piṭaka*).²⁷⁸
 And the distinction of the limbs and minor body parts (*pratyāṅga*) is minute.
 In the fourth, the distinction of the limbs and minor body parts (*praty-āṅga*) become apparent (*pravyakta*).
 In the fifth, the distinction of the limbs and minor body parts (*praty-āṅga*) become even more apparent (*pravyaktatara*).
 The element of consciousness (*cetanādhātu*) becomes manifest (*abhivya-kta*) because of the fact that the heart of the fetus becomes apparent.²⁷⁹
 How so?
 Because it (the consciousness) is located there.²⁸⁰

275 The vulgate passage 3.3.17, which is not present in the Nepalese version, presents the doctrine that if a part of the pregnant woman's body is assailed by a humour, that same part of the child's body in the womb will be damaged. A similar idea is presented in 3.3.21 below and previously in 3.2.25 (p. 88).

276 On *kalala*, see the useful historical notes by Das (2003: 535–536), that may suggest a meaning such as “slime.” For a discussion of these terms in Buddhist and other contexts, and further literature references, see Suneson 1991; Agostini 2004; Kritzer 2009; 2013.

277 The word घन in the sense “coagulate, lump” is normally masculine in this sense, but is neuter in the Nepalese version.

278 The word पिटक “bulge” usually means “basket.” Here, perhaps, it suggests a small upside-down basket. MW: 652 cites the word from the *Carakasamhitā* in the sense “blister.” The vulgate normalizes the word to पिण्डक “lump.”

279 The Nepalese version of this passage is interestingly different from the vulgate and, as usual, contains some puzzles.

280 The word कस्मात् “how so?” could, because of sandhi, be read अकस्मात् “for no reason, suddenly.” This would radically change the meaning of the passage: “The element of consciousness suddenly (or “for no reason”) becomes manifest because of the fact that the heart of the fetus becomes apparent.”

During the fourth month the fetus develops intentionality (*abhiprāya*) with respect to the objects of sense. And the woman starts to have two hearts; she perceives its purposes (*nimitta*).²⁸¹ If the dual-hearted nature of the woman is ignored, she will give birth to a hunchback with a withered arm, a man with no semen (*ṣaṇḍa*), a dwarf with dysfunctional eyes (*vikṛtākṣa*), or someone eyeless.²⁸² Therefore she should be given whatever she wants. With her dual-hearted nature being acknowledged, she will give birth to someone heroic and long-lived.

- 19 The physician should gather and give to the pregnant woman whatever objects of sense she wishes to experience, because of the danger of damaging the fetus.
- 20 A woman whose pregnant cravings have been satisfied will give birth to a son full of good qualities. And a woman whose pregnant cravings have not been satisfied causes danger for the fetus or herself.²⁸³

Effects of the mother's experiences on the unborn child

- 21 When a woman, sharing her heart with the fetus (*dauhrda*), is slighted in respect of one of the objects of sense, she will bring forth a son who suffers pain in that selfsame sense organ.²⁸⁴
- 22 A woman who has a pregnant longing (*dauhrda*) to see a king gives birth to a son who is wealthy and very fortunate.
- 23 A woman sharing her heart with the fetus (*dauhrdā*), who is in fine raiment, undergarments, silk and decoration, will produce a charming son who likes ornamentation.

281 The subject of the sentence, "she," probably refers to the woman, but may refer to the fetus, "it reveals its goals." It is not clear why the focus of events has jumped back to the fourth month.

282 The term षण्ड is discussed on p. 92 above.

283 The गर्भ "fetus" could also mean "the womb." आत्मन् "(danger for) herself" could mean "for the body (of the fetus)."

284 Note the historical and scribal confusions of forms connected with द्वि-हृद् "two-heart" and दोहद "pregnant longing" (from two-heartedness with the fetus) as opposed to derivatives of दुर्-हृद् "bad-heart," such as दौर्हृद् "bad-heartedness." The lexeme दौर्हृद् "having pregnant longings (from two-heartedness)," is a false Sanskritization of the MIA दोहळ, itself < *द्वैहृद् (Lüders 1940: 46, 183 n. 2). Cf. further notes, parallels and confusions in CDIAL: #6690. The expression "morbid cravings," appearing in translations and dictionaries, is the result of conflating the two distinct historical forms.

- 24 When she is in an ashram, she gives birth to one who is self-restrained and habituated to virtue.
If she gives birth in the presence of an image of a deity, her child is like one who gives joy.²⁸⁵
If she is within sight of wild species of animals then she gives birth to one who has violent habits.
- 25 The son of a woman who eats Indian monitor lizard has an inclination to sleep and a murderous nature.²⁸⁶ If she eats the meat of cattle, he is born strong and tolerant of all suffering.
- 26 Because of pregnant craving for buffalo meat, the son is a hero, has red eyes and is hairy.²⁸⁷
- 28 Therefore, as regards things that have not yet been mentioned, if a woman concentrates on feminine pregnant cravings she will cause a son to be born who is the same, in terms of body, diet and behaviour.
- 29 What will happen, impelled by the person's karma, recurs repeatedly. In the same way, the effect of fate generates pregnant craving (*dauhr̥da*) in her heart.
- 30 In the fifth month, the mind becomes more awakened. In the sixth, the intellect. In the seventh, the body becomes pravyakta (*differentiated*) in all parts. In the eighth month the vital energy (*ojas*) is unstable; one born at that time does not survive.²⁸⁸
Then, a ritual offering (*bali*) of meat and boiled rice should be given for him as tribute (*bhāgadheya*) because tribute is due to Nairṛta.²⁸⁹
The birth happens on any of the ninth, tenth, eleventh or twelfth months. If it is different than this, there will be something wrong with him.
- 31 As a matter of fact, the fetal conduit (*garbhanāḍī*) is connected to

285 The reading of the vulgate, पार्षद- "is like an attendant," makes better sense than the Nepalese हर्षद- "one who gives joy."

286 The noun सुषुप्सुर्, m., "sleepy," is nominative when it should be accusative (as in the vulgate). Perhaps we have a change of gender as documented for epic Sanskrit by Oberlies 2003: xxxviii–xl, et passim.

287 At this point, The Nepalese version does not include the vulgate's passages on eating boar, deer, and partridge and their consequences for the child.

288 On the concept of ओजस् and its translation as "vital energy," see Das 2003: 530–535; Wujastyk 2003b: xl, et passim.

289 Nairṛta is a demoness who threatens children. In his commentary on this passage, Ḍalhaṇa cited a passage from the *Kumāratantra* (Su 1938: 353). On this work and its genre, see Filliozat 1937; Bagchi 1941; Wujastyk 1999: 261–264.

mother's **navel** that supplies chyle (*rasa*).²⁹⁰ It supplies his mother's strength (*vīrya*) that comes from the essence (*rasa*) of food.²⁹¹ Due to this infusion (*upasneha*), it grows bigger. That causes it to live, even before the differentiation of the limbs has begun, because of the infusion of the criss-crossing ducts (*dhamanī*) that carry chyle (*rasa*) and that from conception onwards run through the whole body.

The formation of the embryo

32 And now, the formation of the embryo.

"The head comes into being first of all," says Śaunaka, "because it is the root of it".²⁹²

"Amongst the chief organs of sense, the heart is first," says Kṛtavīrya, "because it is the location of the intellect and the mind".²⁹³

"It is the navel." says Pārāśarya, "The person's body expands out of that".²⁹⁴

290 In the vulgate text, the umbilical is connected to the mother's नाडी not नाभि. Also, the vulgate is explicit that the umbilicus is connected to the fetus's navel.

From the contemporary physiological view it is the mother's placenta, not navel, that connects with the umbilical cord. In contemporary usage, a navel can only be a post-delivery anatomical region, and the fluid flowing in the cord is blood, not chyle.

291 Or "it supplies the mother's tastes (*rasa*) and strength (*vīrya*) that come from food." The option here is whether the terms रस and वीर्य should be taken in the technical pharmacological sense (रस, वीर्य, विपाक, प्रभाव, see Meulenbeld 1987), or as generic adjectives. Ḍalhaṇa did not comment on this issue.

292 I.e., the root of the fetus. The तन् in the compound तन्मूलत्वं "the root of it" could refer to the head, and that is indeed the reading of the vulgate text. We take it as picking up the genitive गर्भस्य at the start of this passage.

On the medical author (Bhadra)Śaunaka, see HIML: 1A, 150–152. The Śaunaka who has an opinion about fetal formation appears in the *Carakasamhitā*, here in the *Suśrutasaṃhitā*, and in the *Bhelasamhitā*. His views in the *Suśrutasaṃhitā* and the *Bhelasamhitā* concur but differ from the view expressed in the *Carakasamhitā*.

293 The phrase "amongst the chief organs of sense" could be read with the previous phrase about the primacy of the head. Witness H has a daṇḍa before the phrase, suggesting that it is part of Kṛtavīrya's view, but scribal practice gives this low significance. Ḍalhaṇa does not mention this phrase; Su 1938: 353, note 3 records a variant reading देहेन्द्रियाणाम् "amongst the body and the organs of sense."

On Kṛtavīrya, see HIML: 1A, 370–371; note that the view of the *Suśrutasaṃhitā* is attributed to Kāṅkāyana in the *Carakasamhitā* and to Parāśara in the *Bhelasamhitā*.

294 On Pārāśarya, see HIML: 1A, 174 et passim. Once again, this person is associated with a different view in the *Bhelasamhitā*.

“**Breath** that is the hand and foot,” says Mārkaṇḍeya, “because they are the root of its motion”.²⁹⁵

²⁹⁶

²⁹⁷

²⁹⁵ MS NAK Kathmandu 5-333, representing the Nepalese version, has the word प्राण that is not present in the vulgate; it is hard to construe except as a noun in apposition to the dvandva “hand and foot.” Possibly the idea is that breath propels the hands and feet.

On Mārkaṇḍeya, see [HIML](#): 1A, 170, 1B: 267 et passim. Mārkaṇḍeya, like Cyavana, is often an archetype of longevity and is cited as such in the Bower manuscript (Hoernle [1893–1912](#): 106–108) and in the alchemical *Rasendramaṅgala* (*Kakṣapuṭa* 71: कथयामि न सन्देहो मार्कण्डेयेन यत्कृतम् । दीर्घायुःकारकं भूमे रससिद्धे रसायने ।). But this archetype does not seem to be at work in the present passage.

²⁹⁶ Note that the vulgate attributes this view to Dhanvantari, while the Nepalese version does not. Ḍalhaṇa apparently did not have this attribution in the text before him, suggesting that it may have been added after the twelfth century.

²⁹⁷ Ḍalhaṇa on 3.3.32 ([Su 1938](#): 354) cited a passage from the author Bhoja at this point (on Bhoja, see p. [21](#)).

Part 4. Cikitsāsthāna

Dalhana also noted that सुखाम्बु (¹“pleasant water”) means “slightly warm water.”

- 4 “Six-unit” is traditionally the formulation that is *leadwort*, *Indrajao*, *velvet-leaf*, *kutki*, *Indian aconite*, and *myrobalan*. It cures serious diseases.
- 5 When the wind has entered the abdomen (*pakvāśa*) one should treat it with an oil purge. One should also treat it with cleansing enemas and very salty foods.
- 6 When the wind has entered the bladder, a cleansing enema method should be carried out. And once an inflamed wind is in the ears and the like, a procedure that destroys wind should be done.
- 7 When the wind has reached the skin, flesh, and *blood*, one should do an oil rub (*abhyāṅga*), apply a poultice (*upanāha*), rubbing (*mardana*) and ointments (*ālepana*). One should also perform blood-letting.³⁰⁰
- 8 When the wind has got into the ligaments, joints, and bones, an expert should apply oleation (*sneha*), a poultice (*upanāha*), cauterization (*agnikarma*), binding, and rubbing (*unmardana*).
- 9 When the wind is deep within the bone, then a strong physician should insert a tube (*nāḍī*) into the bone, which has been split open by manual agitation (*pāṇimantha*), and suck out the wind.³⁰¹
- 10ab When the wind has reached the semen, one should perform the treatment for the defects of the semen.³⁰²
- 10cd–11 When the wind has reached the whole body, an intelligent person should conquer it by means of immersion, sauna (*kuṭī*), trench sweating (*karṣū*), blanket sweating (*prastara*), oil massage, enema, and blood-letting.³⁰³ Or, if is located in a single limb and is stuck there, a

300 On the translation of methods of medical touch, such as अभ्यङ्ग and संवाहन, see Brooks 2021b: 122–131. मर्दन, उन्मर्दन mean “pressing or vigorous rubbing.” The vulgate includes ducts (*sirā*) as an added place that wind can enter.

301 The expression “which is split” could be construed with “wind.” The word order is not obvious. Ḍalhaṇa on 4.4.9 (Su 1938: 420) interpreted पाणिमन्थ as the name of a particular awl and described the bone being pierced by this awl so that a double-headed tube can be inserted into the resulting opening.

This verse is in *na vipulā* metre.

302 Ḍalhaṇa comments (Su 1938: 421) that this treatment for the defects of the semen is mentioned [earlier] as the शुक्रशोणितशुद्धि, the purification of the semen and the blood. This is the *Śārīrasthāna* Ch. 2, शुक्रशोणितविशुद्धि.

303 These forms of sweating treatment are described in the *Carakasamhitā* (1.14.39–63 (Ca 1941: 90–92)).

Regarding blood-letting, Ḍalhaṇa on 4.4.11 (Su 1938: 421) commented that because the verse has the plural form सिरामोक्षैः, five blood vessels have to be drained of blood

- thoughtful physician may conquer it with cow-horns.³⁰⁴
- 12 Or, if it is mingled with phlegm (*balāsa*), bile, and blood, the physician should treat it with non-hostile remedies.³⁰⁵ However, when the wind is inactive, he should perform blood-letting many times.³⁰⁶
- 13 And one should lick the milk cooked in ?? together with salt and soot from the chimney (*āgāradhūma*), mixed with oil and also a juice (*rasa*) that has the sourness of a fruit.³⁰⁷
- 14–15 Alternatively, cereal soup with a good amount of ghee is a wholesome food that repels wind. However, “*Sālvala*” is well-known to be a luke-warm and very salty substance that is the *cottony jujube* group combined with an item that repels wind and together with all the sour drugs and the meat of creatures from marshes and water that have all the oils.³⁰⁸
- 16ab One should always apply a bandage with that to people who are ill with wind.
- 16cd-18ab One should tightly bind someone who is bent, afflicted by pain, or whose limbs are stabdha (*numb*), with a paṭṭa (*strip of cloth*) made of bark, cotton or wool (*ūrṇa*).
Alternatively, one should put it into a skin sack
Or, after massaging the affected body part and applying the *sālvala*³⁰⁹

if the wind is not pacified by oil massage, etc.

304 शृङ्ग “cow-horns” refers to bloodletting by horn; see the description at *Suśrutasaṃhitā* 1.13.5 (*Su* 1938: 55).

305 The word बलास is used here in the slightly unusual meaning “phlegm;” see Ḍalhaṇa on 1.45.70, 6.61.33 (*Su* 1938: 202, 802) and *Mahākośa*: 553.

306 We read सुप्तवाते with witness H, but Ḍalhaṇa glossed सुप्ति-, the reading of the vulgate, “it is wind characterized by drowsiness (*supti*) caused by a covering of blood.”

307 The vulgate reading दिह्यात् for the Nepalese लिह्यात् changes the meaning to “one should smear.”

Ḍalhaṇa on 4.4.13 (*Su* 1938: 421) glossed पञ्चमूली as optionally the first or the second five roots. On this therapy, cf. Cakrapāṇi’s commentary on 1.5.3 (*Ca* 1941: 36) for a similar therapy.

The “juice” (रस) was glossed by Ḍalhaṇa as specifically being a meat broth (*māṃsarasa*). He said that the sourness may come from fruits such as pomegranate. रसाम्ल may mean a vinegar made from fruit (*MW*: 70), so the expression फलाम्लो रसः in the text here may mean a vinegar made from sour fruit. Cf. धान्याम्ल.

308 Cf. सात्वण “sweat from a poultice” in *Mahākośa*: 898. *Aṣṭāṅgasaṅgraha* 1.26.3a (*As* 1980: 188) describes a poultice called “*sālvala*” made with numerous ingredients (the commentator Indu elaborates, p. 189).

309 This seems to be the correct spelling as against the unclarity in the earlier verses.

poultice on it, one should insert it into a sack made of the hide of a cat, mongoose, *udra*³¹⁰, or deer.

18cd–19 Vomiting and an errhine done skilfully alleviate the wind that has entered the chest, between the shoulder-blades (*trika*), the shoulders, or the nape of the neck.³¹¹ The wind located in the head is defeated by blood-letting and by the application of oil to the head (*śirobasti*).

20–21ab In that context, one should let the oil remain carefully for a one thousand measures (*mātrā*).³¹² Only an enema (*basti*) can curtail the wind, whether it is throughout the whole body or in just one limb. Its force (*vega*) is like the wind.³¹³

21cd–26 Oils, perspiration, oil massage, enema, unctuous purging of the bowels, *śirobasti*, oiling the head, unctuous smoke, gargling with lukewarm water, *nasya*, unctuous paste, milks, meats³¹⁴, soups, oils³¹⁵, any unctuous substance, unctuous and salty meals that are made sour by fruits, bathing with lukewarm water, massages, saffron, agarwood, malabathrum, costus, cardamom, crape jasmine, garments made of silk, wool, and fur, soft cotton garments, inner rooms with sunlight, no wind flow, and a soft bed, taking the warmth of fire, and celibacy, etc. are to be collectively employed for patients with wind diseases.

Perhaps *kalka* here could also mean the *Terminalia Bellerica* (विभीतक).

Draft tr. from here

21cd–26 Oils, perspiration, oil massage, enema, unctuous purging of the bowels, *śirobasti*, oiling the head, unctuous smoke, gargling with lukewarm water, *nasya*, unctuous paste, milks, meats³¹⁶, soups, oils³¹⁷, any unctuous substance, unctuous

Perhaps *kalka* here could also mean the *Terminalia Bellerica* (विभीतक).

310 some aquatic animal

311 On त्रिक, see *Mahākośa*: 1, 387, citing Ḍaḥaṇa on 3.6.26 (*Su* 1938: 374) “the junction between the shoulder-blades and the neck.”

312 Ḍaḥaṇa on 4.2.20 (*Su* 1938: 422) interpreted मात्रा as a measure of time, citing an un-attributed verse defining it as the time of a blink, a snap of the fingers or the utterance of a single vowel. The expression might possibly be taken to refer to a measure of the oil’s volume.

313 This phrase is awkward. The idea here seems to be that an enema decisively stops the wind. The vulgate revised this to make it more obvious: “only an enema can block the force of the wind, like a mountain.”

314 The plural indicates milk and meat from various animals.

315 This is the second occurrence of the word सेहा: in this sentence. This seems to be an anomaly.

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and salty meals that are made sour by fruits, bathing with lukewarm water, massages, saffron, agarwood, malabathrum, costus, cardamom, crape jasmine, garments made of silk, wool, and fur, soft cotton garments, inner rooms with sunlight, no wind flow, and a soft bed, taking the warmth of fire, and celibacy, etc. are to be collectively employed for patients with wind diseases.

- 27 One should take *akṣa* quantities of unguent pastes³¹⁸ of turpeth,³¹⁹ red physic nut, ??, ??, the three myrobalans, and embelia, a Bengal quince fruit equivalent measure of viburnum-root and ??, two *pātra* quantities of both triphalā-decoction³²⁰ and yogurt, and one *pātra* measure of ghee.³²¹ One should mix these ingredients all at once and cook the mixture properly. This (resultant) is viburnum-ghee. Unctuous purging of bowels is prescribed for treating wind disorders.³²²

This procedure of making viburnum-ghee should also be referred for making Asoka tree-ghee and ??-ghee.³²³

- 28 One should collect the wooden logs of the instruments that have been used for a long time for extracting oil from sesame seeds. One should then have them chopped into very tiny pieces and then pound those pieces. Next, one should put them in a big vessel, submerge them in water, and boil them. Thereafter, one should collect the oil from the surface of the water with a goblet or by hand. Thereafter, one should properly cook wind-alleviating herbs with this oil that was effectively cooked.³²⁴ This is the *anutaṭila*

³¹⁸ कल्क also means an unguent paste. Refer to Apte's dictionary.

³¹⁹ In H, perhaps it should have been त्रिवृद् instead of तृवृत्.

³²⁰ त्रिफलारस is here taken to mean a decoction of triphalā.

³²¹ The exact measurements of *akṣa* and *pātra* are given in Ḍalhaṇa's commentary in Su 1938: 422.

³²² It should be understood here that the unctuous substance to be used for purging the bowels is the viburnum-ghee.

³²³ अशोक and रम्यक are the Ashoka and Chinaberry respectively.

³²⁴ In H, the word दन्तप्रतीवायं in the compound word वातघ्नौषधदन्तप्रतीवायं does not appear to make sense. Perhaps the syllable य should be प, thus making the word प्रतीवापं that refers to an admixture of substances to medicines either during or after decoction. Refer to Monier-Williams's Sanskrit dictionary.

- (अनुतैल)³²⁵ that is mentioned in wind disorders. It is called *anutaīla* because it is produced from tiny oily objects.³²⁶
- 29 Alternatively, one should burn a great amount of ??-wood on the ground for one night. When the fire gets extinguished the ash should be removed. Then, the ground that is relieved of the fire should be soaked with a hundred pots of oil cooked with ??, ??, and other herbs, and left in that condition for one night. Thereafter, one should take all the earth that is oily³²⁷ in a big vessel and totally cover it with water.³²⁸ The oil that rises up in that vessel should be taken out with both hands and kept nicely covered. Thereafter, one should properly cook that oil for as long as possible³²⁹ with one thousand parts of each of the following---a decoction of wind-alleviating herbs, meat soup, milk, and *kāñjika*³³⁰---and thus prepare the *sahasra-pāka* (that which is cooked with thousands). The admixture added to the oil contains the *hemavata* herbs³³¹, herbs of the southern region, *Withania*, and other wind-alleviating herbs.
- While the oil is being cooked, conchshells should be blown loudly, umbrellas should be held, huge drums should be resounded, and whisk fans should be waved.³³² Thereafter, the perfectly cooked oil should be poured into a golden or silver pot and stored. This *sahasra-pāka* is the oil possessing undiminishing potency and is fit for kings.

325 The न् should be read ण्.

326 The word अनु in the compound word अनुतैलद्रव्येभ्यः should be read अण्.

327 In H, the word यावन् should have been यावान्.

328 The reading in H, कटाहेभ्यः सिंचेत्, does not make sense here. Thus, we have accepted the vulgate reading कटाहे ऽभ्यासिंचेत् for the translation.

329 The phrase "यावता कालेन शक्नुयात् पक्तुम्" appears as a part of a new sentence in H. But, we should take it to be a part of the earlier sentence for it to make proper sense.

330 Ḍalhaṇa comments (Su 1938: 423) that the word अम्ल here means काञ्जिक which is the water drained after boiling rice and is a little fermented. Refer Monier Willams's Sanskrit Dictionary.

331 The word should be हैमवताः as in the vulgate. It means "the herbs of the snowy mountains". Ḍalhaṇa comments (Su 1938: 423) that हैमवताः refers to the herbs that grow in the northern region.

332 These activities are a symbolic way of showing reverence.

Thus, that which is cooked with a thousand parts is called *sahasra-pāka*.

- 30 One should collect fresh leaves of *castor oil tree*, ??, ??, *weaver's beam tree*, *Indian beech*, ??, and *leadwort*.³³³ These leaves should be completely pounded along with salt in a mortar. This mixture should be put in a pot filled with oil³³⁴. It (pot) should be smeared³³⁵ with cow-dung. Thereafter, the pot should be heated.³³⁶ This (resultant) is the *patra-lavaṇa* (leaf-salt) that is mentioned in wind disorders.
- 31 In the same way, one should pound the stalks of *oleander spurge* and eggplants smeared with salt and fill a pot with it.³³⁷ In that pot, one should add ghee, oil, fat, and marrow. Then, one should smear it³³⁸ and heat it as earlier. This (resultant) is the *sneha-lavaṇa* (fat-salt) that is mentioned in wind disorders.
- 32 One should collect the fresh fruits, roots, leaves, and branches of all the twenty [herbs]: ??, *flame-of-the-forest*, *Tellicherry bark*, *Bengal quince*, *purple calotropis*, *oleander spurge*, ??, *weaver's beam tree*, *corky coral tree*, ??, ??, ??, ??, ??, ??, *Indian beech*, ??, *hairy-fruited eggplant*, ??, *marking-nut tree*, *Asoka tree*, ??. One should then mix them with salt and heat them as earlier.³³⁹ The oil on top should be poured out completely with the salty mixture intact [at the bottom]. This mixture should be cooked thoroughly. The admixture added to it consists of *long pepper*, etc. This (resultant) is the salt called *kalyāṇaka* that is mentioned in wind disorders and in meals and drinks

Euphorbia
An-
tiquorum
(Antique
spurge)

333 In H, the ending नाम् should be णाम् due to sandhi.

334 सेहघट can also mean a pot filled with ghee

335 The H or vulgate do not specify with words that it is the pot to be smeared. But, it is to be understood.

336 The word दाहयेत् usually refers to burning, but sometimes it can refer to heating.

337 In H, there should be a *visarga* after लवणा.

338 As earlier, the pot should be smeared with cow-dung.

339 It is to be understood that all these fresh branches, leaves, fruits, and roots of the herbs should be completely pounded together with salt. The mixture should then be put into a pot filled with oil or ghee. The pot should be smeared with cow-dung and then heated.

for the patients troubled by *plīhāgnisaṃga*, indigestion, loss of appetite, and piles.
Thus ends the fourth chapter on the treatment of wind diseases.

Cikitsāsthāna 5: On the Treatment of Serious Wind Diseases

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.³⁴⁰

Translation

- 1 Now we shall describe the treatment of serious wind diseases.
- 2
- 3 One group says that the blood afflicted by wind (wind-blood) (*vāta-rakta*) is of two types: spreading out over a surface (उत्तान) and deep (अवगाढ).³⁴¹ However, this is not correct.³⁴² Why? Just as leprosy, after spreading over a surface it (afflicted blood) becomes deeply situated. Therefore, its being of two different types is refuted.
- 4 When the wind is aggravated by fighting a strong person, etc.³⁴³, one's corrupted blood caused by eating heavy or hot food before the last meal is digested blocks the path of the aggravated wind. It then combines with the wind and simultaneously creates pain due to the wind-blood.

³⁴⁰ [HIML](#): IA, 266.

³⁴¹ Ḍalhaṇa commented ([Su 1938](#): 424) that उत्तान refers to being situated in the skin and flesh, and अवगाढ refers to being situated internally.

³⁴² In H, the word तन् should be तत्.

³⁴³ These factors that aggravate the wind are mentioned in *Nidānasthāna*, Ch. 12, text 6.

This [condition] is called wind-blood (*vāta-śoṇita*). At first, it is situated in the hands and feet.³⁴⁴ Later, it spreads throughout the body. Its early forms are pricking pain, burning, itching, ulcer, trembling³⁴⁵, roughness of the skin, pulsation in the blood vessels, tendons, and tubular vessels³⁴⁶, weakness of the thighs, as well as the sudden appearance of dark brown, tawny, or red spots on the soles of the feet, fingers, ankles, and wrists. The disease becomes fully manifest in the person who does not undertake the means to revert the disease or applies a wrong treatment. Its symptoms have been mentioned. Among them, weakness occurs for the one who does not counter the disease.

- 5 Generally, wind-blood occurs in those who are very delicate, those who eat the wrong foods and enjoy improperly, those who are fat, and even in those who indulge in pleasure.
- 6 In that regard, one should treat the patient who is not degenerating due to wasting of life air, thirst, fever, unconsciousness, dyspnea, trembling, and loss of appetite, is not oppressed by the contraction [of limbs], is strong, composed, and has the means.
- 7 In the treatment, at the beginning itself one should do blood-letting of the wind-affected body part little by little and more than once. That (slow blood-letting) is because of the danger of further aggravation of wind. One should avoid doing blood-letting of the part hardened or weakened by excessive wind.³⁴⁷ Thereafter, one should make the patient do the remedies of vomiting, etc. If the wind that is mixed [with blood] or separated is very aggravated then one should make him consume aged ghee or goat-milk. Or, [one can give him] half a measure of oil added with an *akṣa* of liquorice and cooked with hare foot uraria³⁴⁸, or the oil that is sweetened by sugar and honey and cooked with dried ginger and bulrush. Or, one should boil milk with an eight times volume of the decoction of the following herbs: beautyberry, grey orchid, ??, hare foot uraria³⁴⁹, ??, wild asparagus, ??, and ??. This milk should then be used to cook oil with the admixture of pastes of ??, ??,

344 In H, the word तन् should be तत्.

345 In H, there should not have been the स् after स्तम्भ.

346 In addition to blood vessels, it would also include the nerves.

347 In H, the reading अम्लान does not make sense given the context. Therefore, we have accepted the vulgate reading म्लान for the translation.

348 Ḍalhaṇa glossed (Su 1938: 425) *śṛgālavinnā* as *prśniparṇī*.

349 According to Ḍalhaṇa, *śṛgālavinnā* is *prśniparṇī*.

??, ??, deodar, sweet flag, and ??. This (resultant) should be utilised in drinks, etc. Or, one should use the oil that is cooked with a decoction of wild asparagus, prickly chaff-flower³⁵⁰, ??, liquorice, giant potato, heart-leaf sida, country mallow, and ??³⁵¹, with the admixture of cottony jujube, etc. Or, one should use the heart-leaf sida-oil that is cooked as *śatapāka*.³⁵² Or, [the affected body part] should be moistened with milk that is boiled with the roots of wind-alleviating herbs, or it should be moistened with sour things.³⁵³ In that regard, five remedies prepared with milk are described. For preparing a poultice, milk should be cooked in ghee, oil, fat, marrow, and *dugdha*³⁵⁴ separately with each of these powdered grains or pulses—barley, wheat, sesame, mung beans, or green gram—that is mixed with unctuous pastes of cottony jujube, purple roscoe, ??, ??, heart-leaf sida, country mallow, hare foot uraria³⁵⁵, ??, ??, sugar, bulrush³⁵⁶, ??, and sweet flag. Or, the essence of unctuous fruits³⁵⁷ can be used as a poultice. Or, a *veśavāra*³⁵⁸ prepared from the flesh of a fat *cilicima* fish³⁵⁹ can be used instead. Or, [one

350 Ḍalhaṇa glossed (Su 1938: 425) *mayūraka* as *apāmārga*.

351 Ḍalhaṇa commented (Su 1938: 425) that *halfa grass*, ??, ??, *halfa grass*, ??, and ?? are called *tr̥ṇa* (grass).

352 *Śatapāka* seems to be an oil that is prepared with a hundred parts of some things similar to *sahasrapāka* that is prepared with one thousand parts of some herbs. Refer *Cikitsāsthāna* Ch. 4 text 29 for the preparation of *sahasrapāka*.

353 Ḍalhaṇa commented (Su 1938: 425) that the sour things (*amla*) are ??, Indian jujube, ??-water, etc. *Surā* is some kind of liquor, *sauvīraka* is perhaps the fruit of the jujube tree, and *tuṣa* is perhaps *Terminalia Bellerica* (विभीतक).

354 In the *Suśrutasaṃhitā*, the word for milk is *kṣīra* or *payas* but not *dugdha*. Therefore, the word *dugdha* here can mean the sap of plants or something that is extracted.

355 *śṛgālavinṇā*

356 For *kaśerukā*

357 Ḍalhaṇa commented (Su 1938: 425) that the unctuous fruits mentioned here are sesame, castor, flax, ??, etc.

358 In H, the reading वैशवारो does not make sense. It should have been वेशवारो, as shown in the vulgate, which is the reading we have accepted here.

Veśavāra is boneless meat minced, steamed, and added with spices, ghee, etc. Refer to 'Ayurveda Medical Dictionary' by Ranganayakulu Potturu.

Perhaps the word वैशवार is an earlier form of the word वेशवार.

359 H has the compound word नलपीनमत्स्य. नलमीन is a particular fish known as *cilicima* (चिलिचिमः). See *Amarakośa*. Also, if the name is नलमत्स्य then the word पीन (fat) within the name is not according to proper Sanskrit. But, it can be allowed because the word मत्स्य (fish), instead of being a part of the name, can be considered to mean fish in general and thus the word पीन becomes its modifier. Thus, नलपीनमत्स्य can mean "a

The webpage
https://hindi.shabd.in/vairagya-
shatakam-
bhag-
acharya-
arjun-
tiwari/post/117629
says that
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belongs
to the
Nīlīratna. I
could not
find this
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can use] the poultice containing Bengal quince-rind³⁶⁰, crape jasmine, deodar, ??, grey orchid, peas, costus, ??, liquor, yogurt, and whey. Or, [one can use] the ointment prepared by mixing citron, amla³⁶¹, salt, and ghee with honey and horseradish tree-root. Or else, [one can use] the unctuous sesame paste.

- 8 When the [condition of wind-blood] has a predominance of bile, the patient should be made to drink a decoction of grapes, ??-fruit, Indian ipecac, liquorice, sandalwood, and white teak. This decoction is sweetened with honey and sugar before consumption. Or, the decoction of wild asparagus, pointed gourd, malabathrum, triphalā, ??, and heart-leaved moonseed should be given. [The patient should be administered] ghee that is prepared with sweet, bitter, and astringent [remedies].³⁶²

[The patient] should be sprinkled with a decoction of ??, lotus stalk, white sandalwood, and wild Himalayan cherry mixed with goat-milk³⁶³, or with rice water that is mixed with milk, sugarcane juice, honey, and sugar, or with whey and sour rice gruel mixed with a decoction of grapes and sugarcane. Or else, [the patient] should be sprinkled with ghee that is prepared with *jīvanīya*³⁶⁴ or sprinkled with ghee that is purified for one hundred times.

The poultice [to be applied] should be made of rice flour or of the paste of sour rice gruel mixed with ??, pussywillow, scrambleberry³⁶⁵, ??, ??, turmeric, horned pondweed, sacred lotus, etc. The poultice should be mixed with ghee.

fat fish that is a नल (*cilicima*)".

Ḍalhaṇa says in his comment (Su 1938: 425) that नलमीन is a type of रोहित (*rohita*). Monier Williams says that *rohita* is a kind of fish: Cyprinus Rohitaka. Regarding the *rohita* fish, there is a *subhāṣita*: अगाधजलसञ्चारी न गर्व याति रोहितः | अङ्गुष्ठोदकमात्रेण शफरी

फर्फरायते || This indicates that *rohita* is a deep water fish.

360 The word पेसिका in H should be read पेशिका.

361 Perhaps it could mean vinegar or sour curds. Refer to Monier Williams Sanskrit Dictionary.

362 Ḍalhaṇa commented (Su 1938: 425) that the sweet remedies are cottony jujube, etc., bitter remedies are pointed gourd, etc., and astringent remedies are triphalā, etc.

363 The compound word ending with कषायेण is taken to be a *bahuvrīhi* for अजाक्षीरेण (goat-milk).

364 *Jīvanīya* seems to be a group of medicinal herbs. There is an Ayurvedic preparation called *jīvanīya-ghṛta*. Refer to the *Āyurvedīya Śabdakośa* vol. 1.

365 तालीस should be read तालीश

- 9 The [condition of wind-blood] with a predominance of blood should be treated in the same way. Also, blood-letting should be done repeatedly.
- 10 However, when the [condition of wind-blood] has a predominance of phlegm, the patient should be made to consume a decoction of **emblic myrobalan** and **turmeric** that is sweetened with honey, or a decoction of *triphalā*, or a paste of **liquorice**, ??, **chebulic myrobalan**, and ??. He should be made to drink **chebulic myrobalan** with water mixed with a little urine. He should be sprinkled with oil, urine, salty water, and liquor that are acidic³⁶⁶. Or, he should be sprinkled with a decoction of **golden shower tree**, etc.
- The patient should be massaged with ghee cooked with sour cream, urine, liquor, ??³⁶⁷, **liquorice**, ??³⁶⁸, and **wild Himalayan cherry**.
- The poultice should be made of either the paste of white mustard, or the paste of sesame and **Withania**, or the paste of ??³⁶⁹, **Indian cherry**, and **wood-apple**, or the paste of honey, **horseradish tree**, and **hogweed**,³⁷⁰ or the paste of dry ginger, long pepper, black pepper,³⁷¹ **hare foot uraria**, and **hairy-fruited eggplant**.³⁷² These five poultices are prepared with salty water. Thus, they have been described.
- 11 In case of combined aggravation of two humours or simultaneous aggravation of all three humours, the stated methods of treating those aggravations should be combined.³⁷³
- 12 In all [aggravations], one should consume **chebulic myrobalan** with jaggery. Or, one should have a diet of rice cooked in milk for ten days and should drink a mixture of **long peppers** crushed in milk, with increasing by five **long peppers** each night. Then one should reduce them again by the order of five more [each night].³⁷⁴ In this way, one should

The provisional edition should be modified accordingly.

366 Reading the word सुक्त in H as शुक्त

367 Monier Williams states Rumex Vesicarius for śuktā

368 DCS has this entry: Cryptolepis buchananii Roem. et Schult. (Surapāla (1988), 453)
Decalepis hamiltonii Wight et Arn. (Surapāla (1988), 453)

369 According to V. S. Apte, दारु can mean देवदारु.

370 H has a short अ at the end instead of the long आ.

371 व्योषतिक्ता refers to the group of these three pungent spices. Also see *Sūtrasthāna* 14.35.

372 In H, the Sanskrit syntax does not match up with what the author is trying to say. The name of the fifth paste should also have been in the nominative case, as the other four pastes.

373 It means that the respective methods of treating the aggravation of individual humours should be combined.

374 In H, the letter अ् in भूयञ्च should have been श्.

[reduce] all the long peppers. This is called *Pippalīvarddhamānakam* (Increasing Long Peppers). It indeed cures wind-blood, intense fever,³⁷⁵ loss of appetite, jaundice, abdominal affection, piles, heavy breathing, cough, wasting disease, weak digestion, and heart disease.

The poultice is a paste of bluebell barleria, sandalwood, rajmahal hemp, ??, wild asparagus, bulrush,³⁷⁶ country mallow, wild Himalayan cherry, liquorice, Indian dill, ??, ??, ??, heart-leaf sida, country mallow, and *Holostemma creeper* mixed with milk. Or it is a paste of white teak, liquorice, and ?? mixed with ghee and cream. Or it is olibanum cooked with milk that is mixed with ??, ??, resin of white dammer tree, liquorice and the group of sweet herbs.

Old ghee that is cooked with emblic myrobalan and chir pine and sweetened with sugar and honey is for drinking. Old ghee that is cooked with *jīvanīya* or that is cooked with a decoction of ?? is for sprinkling. Cooked heart-leaf sida oil is for sprinkling, bathing, enema, and eating³⁷⁷. One should eat food preparations made of rice, ??, barley and wheat accompanied with milk, meat soup, or mung beans soup that is not sour. Blood-letting also [should be done]. The treatments of vomiting, purging of bowels, enema, and oily enema should be conducted when the humours are highly aggravated.

13

14 There are verses in this regard.³⁷⁸

There is immediate relief by the application of remedies such as these by which the physicians cure the chronic condition of wind-blood.

15-16 Poultice, sprinkling [oil], plaster, oil massage,³⁷⁹ spacious and comfortable rooms³⁸⁰ with no wind, soft pillows, comfortable beds,

375 Perhaps विषमज्वर could mean irregular fever.

376 H has कशेरुका.

377 Perhaps it means that one should eat foods cooked in that oil.

378 The word भवति in H should have been भवन्ति.

379 In H, the part व्यजनानिला: does not make proper sense in the verse. Emending it to व्यजनानि च could be a consideration, but fanning (व्यजन) a patient with wind-blood is not good, as understood from the recommendation that such a patient should stay in a non-windy room. Therefore, we have accepted the vulgate reading for the first half of this verse.

380 In H, read the स सरणानि as श.

and soft massages are recommended in the condition of wind-blood.

- 17 Exercise, mating, anger, eating hot, sour, or salty foods, sleeping during the day, and food that is slimy or heavy should be avoided.
- 18 One should treat the person who is affected with spasmodic contraction,³⁸¹ who does not have droopy eyes and crooked eyebrows, whose fingers have not become rigid, who is not perspiring or trembling, who is not in a state of delirium, who is not bed-ridden,³⁸² and who is not restrained externally. There at the beginning itself,³⁸³ after rubbing the patient with oil and making him perspire, one should treat him with a strong *avapīḍa*³⁸⁴ in order to clear his head. Then, the patient should be made to drink filtered ghee that is properly cooked with a decoction of *beggarweed* and other herbs, sugarcane juice, milk, and yogurt. In that way, the wind does not spread exceedingly. Thereafter, one should gather wind-alleviating herbs such as *deodar*, etc. and other constituent parts, along with *barley*, ??, and *horse gram*, and the flesh of a freshwater aquatic creature all at one place and prepare a decoction of them. One should take this decoction and mix it properly with sour substances and milk, and then cook the *pratīvāpa*³⁸⁵ of *liquorice* in this mixture along with ghee, oil, body fat, and bone marrow. This is *trivṛt* that should be recommended in treatments of sprinkling, oil massage, applying a poultice, oral consumption, oily enema, and errhine for patients having spasmodic contractions. The patient should then be made to sweat by the methods described earlier. If the wind is stronger then the patient should be immersed in [a vessel] filled with lukewarm fluid used for sprinkling (*trivṛt*). Or he should be kept in the hot fireplace of a blacksmith.³⁸⁶ Or else he should

There, Dalhana commented that de-liberation on *avapīḍa* had been done earlier when it was mentioned. Find that description to know more details.

381 In H, the reading अपताकिनम् should have been अपतानकिनम्.

382 V. S. Apte has खट्वयति. The *Āyurvedīya Śabdakośa* has the entry खट्वापातिन् which means “one who is inclined to fall from bed.” Perhaps the reading in H has an error of the letter या which should have been पा.

383 In H, प्रागैव should have been प्रागेव.

384 The *Āyurvedīya Śabdakośa* has the entry अवपीड that means administering an oily paste through the nose. Refer *SS Cikitsāsthāna* Ch. 40 text 44 for a better understanding of *avapīḍa*.

385 It refers to an admixture of substances to medicines either during or after decoction. Refer to Monier-Williams’s Sanskrit dictionary.

386 H has the reading रथाकारचुल्ल्याम् that means “fireplace shaped like a chariot”, but the

be made to sweat by [a mixture of] ??, *veśavāra*,³⁸⁷ and milk.

Oil cooked with the juice of *radish*, ??, ??, *spurge*, and ?? should be used in sprinkling, etc. for patients with spasmodic contractions.³⁸⁸ Sour yogurt mixed with *black pepper* and drunk on an empty stomach alleviates spasmodic contractions. Or else, ghee, oil, body fat, or bone marrow [can be consumed on an empty stomach].

This procedure of treatment thus described is for spasmodic contractions caused only by wind. When mixed humours cause it then the treatment should also be mixed. And when the spasms subside the patient should be given *avapīḍa*-s. One should also consider the fats of cock, crab, black fish, and porpoise.³⁸⁹ Milk prepared with wind-alleviating medicines. Gruel prepared with barley, ??, *horse gram*, *radish*, yogurt, ghee, and oil.

One should treat this recurring spasm for ten nights with oil massage, purging of bowels, enemas, and oily enemas. One should also look up the treatment of diseases caused by wind. One should also undertake preventive measures.

- 19 One should treat the paralytic (hemiplegic) patient whose limbs are not languid, who is in pain, and who is self-composed. There, at the beginning itself the patient should be massaged with oil and made to sweat. After cleansing the patient with a mild purifier,³⁹⁰ he should be administered with an oily enema and then a non-oily enema. Then at the appropriate time, he should be treated with special enemas of the brain and the head according to the method prescribed in the treatment of *ākṣepaka*.³⁹¹ *Anutaila* should be used for massage.³⁹² *Sālvala* should be used for poultice.³⁹³ *heart-leaf sida* oil should be used for oily enema. In this way, the unremitting patient should take the treatment for three to four months.

Search for the section where the treatment of *ākṣepaka* is described.

Make the first letter of sentence capital.

vulgate reading रथकारचुल्लयाम् makes more sense here. Thus, we have accepted it.

387 Refer the above text no.7 for *veśavāra*. In H, the syllable वै should have been वे.

388 The word तैलम् is not present in H but is present in the vulgate. We have accepted it.

389 H has the reading रसान् which means “juices”. It seems unrealistic that juice would be extracted by crushing these whole animals. Vulgate has the reading वसाः instead of रसान् which appears to be the more probable reading. Thus, we have accepted it.

390 According to P. V. Sharma, this refers to mild evacuatives (purgatives).

391 Refer *Nidānasthāna* 1.50-51 for *ākṣepaka*.

392 For the procedure of preparing *anutaila*, refer *Cikitsāsthāna* 4.28.

393 For the procedure of preparing *sālvala*, refer *Cikitsāsthāna* 4.14-15.

20

21

- 22 One should treat the patient with *ardita*³⁹⁴ who is strong and possesses the means with the method prescribed in treating wind diseases. The unique thing is the treatment with enemas of the brain and the head, errhine, smoke, poultice, and steam bath through tubes. Then, one should take the great five roots (*pañcamūlī*) with grass and prepare its decoction in milk mixed with twice the water. Then, the decoction with the milk remaining³⁹⁵ should be brought down [the stove] and filtered. It should then be mixed with a *prastha*³⁹⁶ of oil and again placed over fire and cooked thoroughly. Then, the oil mixed with milk should be brought down [the stove] and then churned after it cools down. This is called *kṣīrataila* that should be used in drinks, etc. for patients with *ardita*.
- 23 In the diseases of *gr̥dhrasī*, *viścañcī*, *kroṣṭukaśīrṣa*, *paṇḍukalāya*, lameness, *vātakaṇṭaka*, burning sensation in the foot, numbness of the foot, *avabāhuka*, deafness, and *dhamanīvāta*, one should pierce the blood vessel as described earlier and, barring the case of *avabāhuka*, one should look up the treatment for wind diseases.
- 24 However, in the case of *karṇamūla*,³⁹⁷ lukewarm juice of ??³⁹⁸ mixed with *liquorice*, oil, and salt should be put into the ears.³⁹⁹ Or else one can use goat urine, *liquorice*, and oil. Or else one can use oil that is cooked with *citron*, *pomegranate*, ?? juice, and urine.⁴⁰⁰ Or else one can use oil that is cooked with sour liquor, buttermilk, and urine. One should also make the patient sweat with a steam bath through tubes. One should also look up the treatment for wind diseases. More will be said later.

394 Refer *Nidānasthāna* 1.71-72 for *ardita*.

395 It means that the water has evaporated.

396 Ḍalhana commented (*Su* 1938: 425) that a *prastha* is a measure of weight that is equal to 32 *pala*-s.

397 The vulgate has the reading कर्णशूले which appears to be a more credible reading according to the context.

398 शृङ्गवेर appears to be a name of ginger. Refer to the Sanskrit dictionary of Monier Williams.

399 In H, the reading रसैः does not seem to make sense here. Hence we have accepted the vulgate reading रसम्.

400 In H, the word तैल should have been तैलम् to make proper sense. The vulgate has this reading. Thus we have accepted it.

- 25 In the case of *tūnī* and *pratitūnī*, one should make the patient drink ghee and salt with hot water. Or else one should administer the powder of long pepper and other herbs with hot water. Or else one should make the patient drink ghee that is made thick with asafoetida and barley ash.⁴⁰¹ One should also treat the patient with enemas.
- 26 In the case of *ādhmāna*,⁴⁰² however, one should do *avatarpaṇa*,⁴⁰³ heating the hands, *phalavartikriyā*,⁴⁰⁴ stimulation of digestion, and [administer] digestives. One should also employ the purging of bowels and enemas. In the case of *pratyādhmāna*,⁴⁰⁵ one should employ vomiting, fasting, and stimulation of digestion.
- 27 In the case of *aṣṭhīlā* and *pratyāṣṭhīlā*,⁴⁰⁶ the procedure is that of *gulma* and internal abscess.
- 28 The beneficial asafoetida, the three pungent spices (long pepper, black pepper, and dry ginger), sweet flag, ?? grains, wild spider flower, pomegranate, ??, velvet-leaf, leadwort, ??, rock salt, ??, ??, barley ash, natron, long pepper root, ??, ??, ??, ?? (juniper berry), and ?? (cumin seeds) should be powdered. This powder should be mixed with a lot of citron juice. Then it should be made into pills each weighing one *akṣa*. Thereafter the patient of wind disease should consume one pill every morning. This medicine indeed cures *gulma*, rapid breathing, cough, loss of appetite, heart disease, *ādhmāna*, *pārśvodara*, *bastīsūla*, *an-āhamūtra*, painful piles, *plīhodara*, and *pāṇḍuroga*. Also, this medicine is excessively used in cases of *tūnī* and *pratitūnī*.
- 29 There are verses in this regard.

The wind that has entered into the body tissues should be correctly

401 यवक्षार is an alkali prepared from the ashes of burnt green barleycorns. Refer to the Sanskrit dictionary of Monier Williams.

402 Refer to *Nidānasthāna* 1.88. V. S. Apte explains it as “swelling of the belly”. P.V. Sharma has translated it as flatulence.

403 We are unclear about its meaning. The vulgate has the reading अपतर्पण that means fasting.

404 The entry फलवर्ति has the meaning “suppository” in the Sanskrit dictionary of Monier Williams. The Cambridge dictionary explains suppository as “a small, solid pill containing a drug that is put inside the anus, where it dissolves easily.” Refer to the link <https://dictionary.cambridge.org/dictionary/english/suppository>. Last accessed 30-Oct-2023.

405 Refer to *Nidānasthāna* 1.89. According to the Sanskrit dictionary of Monier Williams, it is a kind of tympanites or wind-dropsy.

406 Refer to *Nidānasthāna* 1.90 and 1.91.

understood as either pure or vitiated by humours⁴⁰⁷ and should be cured accordingly.

- 30 The wind that is accompanied by fat causes a swelling that is painful, hard, and cold. The physician should properly treat it like a treating a swelling.
- 31 When the wind accompanied by phlegm and fat enters the thighs, it causes pain in and immobility of the thighs due to numbness, pain, and fever.
- 32 Also, the thighs become pained, stiff, cold, and do not quiver due to sleep. They become heavy and as if belonging to someone else.⁴⁰⁸
- 33 That is called ūrūstambha. Others call it āḍhyavāta. In that case, one should drink the ṣaṇḍharāṇa powder with cool water.
- 34 Similarly, consuming the powder of long pepper and other herbs with hot water is beneficial. Or else, one should consume the powder of triphalā with honey and kutki.
- 35-38 Or else, one should drink the best Indian bdellium-tree or ?? with urine. Such a person cures the wind that is afflicted by phlegm and accompanied by fat, as well as heart disease, loss of appetite, gulma, and internal abscess.
One should employ salty urine [therapy], sudation, and hard rubbing. One should also apply [the paste of] mustard and pongame oiltree fruits mixed with urine.⁴⁰⁹
One should eat old ??s, koda millet, ??, etc. along with uncooked⁴¹⁰ flesh of wild animals and unsalted vegetables that are beneficial.
- 39 When the phlegm and fat become amply reduced one should again employ the treatment of oil massage, etc. for the patient.

407 In H, the reading लक्षणोन्यामंश्च does not make sense. Hence I cannot translate it. Perhaps the correct reading could be लक्षणाभ्याञ्च. This would connect with the two conditions of the wind as stated in the verse.

408 In H, the verb वर्तते should have been in the dual. Also, the word आस्थिरौ does not make sense. The vulgate has the sensible reading अस्थिरौ which we have accepted here.

409 The word दिहेत् in H is not a proper Sanskrit word. We have taken its proper form दिह्यात् as given in the vulgate.

410 The vulgate has the reading अघृतैः that means without ghee.

Cikitsāsthāna 15: On Difficult Delivery

Literature

Meulenbeld offered an annotated overview of this chapter on fetal malpresentation and a bibliography of earlier scholarship to 2002.⁴¹¹ Das made observations about the afterbirth (*aparā*) that is mentioned in 4.15.17 ([Su 1938](#): 432).⁴¹² Selby has explored gynecological narratives in ayurveda.⁴¹³

Translation

- 1 And now we shall explain the difficult delivery medically treated.
- 3 Nothing else is more difficult than the extraction of a foetus since it has to be performed in the region of vagina, liver, spleen, intestines and the uterus. Actions like pushing up, pulling down, cutting off, incising, removing, pressing and straightening must be done using one hand, without hurting the foetus or the pregnant woman, Therefore, having considered that and obtaining permission, one should proceed with care.
- 4 Eight types of the positions of difficult foetus have earlier been mentioned briefly. Even if, in the natural birth process also the large / wrong way of the head, shoulders or hips of a foetus / child cling firmly in the passage.

⁴¹¹ [HIML](#): IA, 271–272.

⁴¹² Das [2003](#): 517.

⁴¹³ Selby [2005a,b](#).

- 5 In the case of a live foetus, the delivering ladies should attempt to deliver it. And, during this process, they should be made to hear the sacred verses repeatedly meant for expulsion of a foetus.

6 *O beautiful woman, may the divine nectar and the moon and the sun and Uccaiśravas reside icumbhalakan your house.*

7 *O lady, may this nectar extracted from the water release this tiny foetus of yours. May the fire, wind, sun and Indra together with the ocean bestow upon you the peace.*

- 9 And, as mentioned before (3.10.16-20) the medicine should be administered. In the case of a dead fetus, (the physician) having inserted (his) hand lubricated with the *dhanvaka*, *mṛttikā* – soil, the *śālmali* – the *seemul* and ghee into the vagina of a woman lying on her back, whose thighs are bent with the elevated waist with the support of the cloth of *cumbhalaka* should take away the fetus. In the case, the fetus coming out with both the thighs, should be stretched out in a normal way. If the fetus has reached with only one thigh, spreading out its other thigh it should be taken out. If the fetus is coming out with its buttocks portion, squeezing the buttocks upward, spreading the thighs it should be taken out. A fetus having come in a transverse position like an oblique (तिर्यक्चीनस्य ?) iron club, lifting upward its half of the lower part from behind, straightening its half of the upper part, bringing it to the passage of vagina, it should be taken out. The last two positions of the dead fetus cannot be accomplished. Thus, in this state, instrument should be employed / surgery should be undertaken.

- 10 But, the live fetus should not be torn apart in any case. As, the live fetus may kill the mother and self soon.

- 12 Next, assuring safety to the lady, cutting the head of the fetus with the instrument that has disc on the top (मण्डलाग्र) or finger shaped instrument (अङ्गुलिशस्त्र); removing the skull, the fetus should be taken out holding the forceps at its chest and armpit. If the head of the fetus is not separated, the fetus should be drawn out from its orbital regions or cheek (with the forceps); if the shoulders are stuck up in the passage, the fetus should be taken out by cutting its arm / arms at the shoulder region; tearing the abdomen when bloated with wind just like a stretched leather bag used for holding water, casting off the intestine,

the loosened fetus should be taken out. Or else, if its thighs are adhered to the passage, the bones of the thighs should be cut and fetus is removed.

- 13 The fetus is adhered to the passage from whichever its body part, the physician by separating that part should remove the fetus carefully and by all means the woman should be protected.
 - 14 For, irritated wind causes different movements of the fetus. In this situation, the wise physician should act intelligently.
 - 15 And, the learned physician should not delay even for moment in removing the dead fetus as it kills mother in no time like a breathless animal.
- If impacted with hip, the hip bones should be cut and then delivered.

Part 5. Kalpasthāna

Kalpasthāna: Introduction

The *Kalpasthāna* of the *Compendium of Suśruta* is one of the most important treatises on toxicology surviving from the ancient world.⁴¹⁴ Other treatises, such as the *θηριακά* (*On Beasts*) and *Ἀλεξίφαρμακα* (*Antidotes*) of Nicander of Colophon (fl. second century BCE) or the *Περὶ τῶν ἰοβολῶν θηρίων καὶ δηλητηρίων φαρμάκων* (*On Venomous Beasts and Poisonous Drugs*) by Aelius Promotus (fl. ca. first century BCE–first century CE) do not approach the *Kalpasthāna* in length, taxonomic detail or organization.⁴¹⁵

The Sequence of Chapters

The Nepalese version of the *Suśrutasamhitā* reverses the sequence of chapters six and seven (see Table 2). This difference in sequence does not have an immediately obvious significance, but it appears to be the most original known sequence of chapters, since it was already known to Jejjaṭa.⁴¹⁶

⁴¹⁴ Liu (2021) provides a valuable overview of poison treatises in the ancient world, inexplicably omitting mention of the *Kalpasthāna*.

⁴¹⁵ On Nicander, see Gow and Scholfield 1953 and the facsimile of MS Paris BNF Greek suppl. 247 published by Touwaide et al. (1997). On Aelius Promotus, see W. Smith 1870: 29; Gostomiris 1897: 363–368; Ihm 1995.

⁴¹⁶ See note 679 below.

Table 2: Chapters of the *Kalpasthāna*.

Chapter title	Nepalese	vulgate
Annapānarakṣākalpa	1	1
Sthāvaraviṣavijñāna	2	2
Jaṅgamaviṣavijñāna	3	3
Sarppadaṣṭavijñāna	4	4
Sarppadaṣṭacikitsita	5	5
Mūṣikākalpa	6	7
Dundubhisvana	7	6
Kīṭakalpa	8	8

The Spread of Indian Toxicological Lore to Medieval Islamic Authors

The *Kalpasthāna*'s diffusion

From the late eighth century onwards, the *Kalpasthāna*, or parts of it, began to circulate beyond the Indian subcontinent and to influence medical literature in early Persia, Tibet and Cambodia.

In the late eighth century, the *Kalpasthāna*, as part of the *Suśrutasamhitā*, was translated into Persian and Arabic at the Abbasid court of Baghdad by an Indian physician who is often known by the name Mankah.⁴¹⁷ The principle source of information about this translation is the *ʿUyūn al-anbāʾ fī ṭabaqāt al-aṭibbā* of Ibn Abī Uṣaybiʿah (ca. 1201–1270).⁴¹⁸ Ibn Abī Uṣaybiʿah mentioned that al-Rāzī used the *Suśrutasamhitā*, among other Indian works, and that it had been translated into Arabic at the orders of the Barmakid Yaḥyā ibn Khālīd.⁴¹⁹ The *Suśrutasamhitā* passages used by al-Rāzī

⁴¹⁷ On the name and its variants, see [HIML](#): IB, 202, notes 2, 3. For an account of this translation process see the account of Kahl (2015: 14–18) and especially his useful reconstruction of likely historical events (16–17).

⁴¹⁸ On Ibn ʿAbī Uṣaybiʿah, see Hilloowala 2019. This author based his information on the earlier authors Abū Ḥafṣ al-Kirmānī (fl. ca. 800) and on an-Nadīm (d. 990). Al-Kirmānī's treatise is unfortunately lost to history and known only through citations in other authors (see Bosworth 1994; van Bladel 2011).

⁴¹⁹ Savage-Smith et al. 2019: 3.2, 987. Ibn Abī Uṣaybiʿah said the work consisted of ten

have been identified and printed in parallel with the Arabic translation by Kahl.⁴²⁰

Ibn Abī Uṣaybiʿah gave a detailed description of the translation in Baghdad of a work that was almost certainly the *Kalpasthāna*:

Shānāq was the author of several books, notably: 1. On poisons, in five parts. Mankah al-Hindī translated it from Sanskrit into Persian, and a man by the name of Abū Ḥātim al-Balkhī was assigned the task of transcribing it in Persian writing; he then expounded upon it to Yaḥyā ibn Khālīd ibn Barmak. The work was subsequently translated [into Arabic] for the caliph al-Maʾmūn by his client, al-ʿAbbās ibn Saʿīd al-Jawharī. The latter was also assigned the task of reading it aloud to al-Maʾmūn.⁴²¹

There are several interesting features of this account, some of which have been discussed elsewhere.⁴²² As the pioneering work of Strauss showed, the *Poison Book* of “Shanaq” contained material directly translated from the first chapter of the *Kalpasthāna*.⁴²³ The reception of these materials from the *Suśrutasaṃhitā* under the name “Shanaq” remains a historical puzzle.⁴²⁴

chapters, which does not match the six books of the known *Suśrutasaṃhitā*. He listed separately a work on poisonous snakes that could have been the *Kalpasthāna* (*ibid*, 989). On the transmission of Sanskrit medical knowledge to Baghdad through the influence of the Barmakids, see van Bladel 2011; Shefer-Mossensohn and Hershkovitz 2013; Kahl 2015; Wujastyk 2016a.

420 Kahl 2015: 76–82. Unfortunately, Kahl (p. 14) accepted the impossible dating of a medical author Suśruta to the sixth century BCE, in spite of citing Meulenbeld, *HIML*, amongst his references. However, his remarks dating the redaction of the *Suśrutasaṃhitā* to the period third-sixth century CE are not incorrect.

421 Savage-Smith et al. 2019: 3.2, 990.

422 E.g., in the notes to the translation of Savage-Smith et al., in *HIML*: 1A, 352 and elsewhere. It has not been remarked before that the interpreter Abū Ḥātim al-Balkhī was from Balkh, the original home of the Buddhist Barmakid family.

423 The passages cited by Strauss (1934: 14–19) include quite literal translations of *Kalpasthāna* 1.37, 1.40, 1.42, 1.29–34cd, 1.47, 1.51cd–52, 1.69, and the famous characterization of a poisoner at 1.19cd–23 (see above, p. ??). The translator of this Arabic work may only have been aware of chapter 1 of the *Kalpasthāna*.

424 Most scholars agree that this is a Perso-Arabic reception of the Sanskrit name Cāṇakya, but that name was associated not with the *Suśrutasaṃhitā*, but with the *Arthaśāstra* during or after the time of the Gupta empire (Olivelle 2013: 33–36). The suggestion that it may be “Śaunaka” is not supportable *HIML*: 1A, 150–152.

Several other Islamic authors knew and cited the *Suśrutasaṃhitā*.⁴²⁵

The *Suśrutasaṃhitā* was also a formative source for later Arabic works on toxicology. One of the earliest mentions of Shanaq is made in ibn Wahshiya's *Book on Poisons* (ca. 950). He refers to Shanaq's book as great and important. This statement is attested to by the fact that much of Shanaq's work was used by ibn Wahshiya.⁴²⁶

The author Suśruta was also cited as a famous authority in Tibetan lexicographical literature of the early ninth century.⁴²⁷

Shortly after this time, inscriptional evidence by King Yaśovarman I (r. 889–910) shows that the *Suśrutasaṃhitā* was known in Cambodia.⁴²⁸

⁴²⁵ Listed with references in [HIML](#): 1A, 352.

⁴²⁶ Levey 1966: 6.

⁴²⁷ [HIML](#): 1A, 352.

⁴²⁸ *Idem*.

Kalpasthāna 1: Protecting the King from Poison

Introduction

The meaning of “kalpa”

What does “*kalpa*” mean in the context of this section of the *Suśrutasamhitā*? In medical contexts, this polysemic term can mean an appropriate drug recipe, a suitable medication, or any proper therapy. The present section of the *Suśrutasamhitā* deals with poisonous herbs, animals and insects, so one might expect the term to refer to antidotes or at least drugs. However, the usage here points more to the sense “procedure,” or “formal procedure,” a sense that, in a secular context, echoes the *kalpa* of the *Kalpasūtras*, the “formal procedures” of Vedic ritual.⁴²⁹ The twelfth-century author Aruṇadatta,⁴³⁰ glossed कल्प simply as प्रयोग: “procedure” and as योजनम्.⁴³¹

Chapter 1 of the Kalpasthāna

The first chapter of the Kalpasthāna of the *Suśrutasamhitā* addresses the topic of protecting a king from those who would assassinate him using poison. The king’s kitchen is presented as the site of greatest vulnerability.

⁴²⁹ Winternitz (1981–85: 252) translated कल्प in the Vedic context simply as “ritual.” He went on to describe the *Kalpasūtras* as, “born out of the necessity to compile the rules for the sacrificial ritual...for the practical purposes of the priests.” Gonda (1977: 467) also used “ritual practice,” giving useful further notes from classical authors in footnote 8.

⁴³⁰ “A learned man with a great command of a number of sciences,” (HIML: 1A, 661).

⁴³¹ *Sarvāṅgasundarī* on *Aṣṭāṅgaḥṛdayasamhitā* 1.16.17ab (Ah 1939: 246) and 5.1 *gadyasūtre* 2 (Ah 1939: 735) respectively.

The staff in the kitchen must be vetted carefully and watched for signs of dissimulation. The description of the body-language that tells a poisoner (verses 18–25) are engaging and vivid. These verses are closely parallel in sense to a passage in the *Arthaśāstra* that says,

The signs of a poisoner, on the other hand, are as follow: dry and dark look on the face, stuttering speech, excessive perspiration and yawning, trembling, stumbling, looking around while speaking, agitation while working, and not remaining in his place.⁴³²

Next, the text discusses the signs of poison in toothbrushes, in food, drink, massage oil and other items that are likely to come into physical contact with the king. In passages that are again paralleled in the *Arthaśāstra* the work describes how poisoned food kills insects and crackles in a fire, flashing blue and the reactions of various birds to poison are described.⁴³³

The work then moves on to the various symptoms experienced by the king after being poisoned, and remedies appropriate to each case. Poison exhibits characteristic signs when added to milk and other drinks.⁴³⁴ Further forms of poisoning, their symptoms and treatments are described and finally the king is advised to live amongst trusted friends and to protect his heart by drinking various ghee compounds. He should eat the meat and soup made from various animals, including peacock, mongoose, alligator, deer. The chapter ends with the description of an emetic.

Literature

A brief survey of this chapter's contents and a detailed assessment of the existing research on it to 2002 was provided by Meulenbeld.⁴³⁵ Translations of this chapter since Meulenbeld's listing have appeared by Wujastyk (2003b: 131–139), P. V. Sharma (1999–2001: 3, 1–15), and Srikantha Murthy (2000–02).⁴³⁶

⁴³² *Arthaśāstra* 1.21.8 (Kangle 1965: 1, 30), translation by Olivelle (2013: 97).

⁴³³ Cf. *Arthaśāstra* 1.21.6, *ibid.*, Olivelle (2013: 96).

⁴³⁴ Cf. *Arthaśāstra* 1.21.6 again.

⁴³⁵ HIML: IA, 289–290.

⁴³⁶ For a bibliography of translations to 2002, including Latin (1847), English (1877), Gujarati (1963) and Japanese (1971), see HIML: IB, 314–315. Singhal and Dwivedi (1976) translated this sthāna.

Manuscript notes

- MS Kathmandu NAK 5-333 has foliation letter numerals, for example on f. 323a, that are similar to MS Cambridge CUL Add.1693,⁴³⁷ dated to 1165 CE.⁴³⁸

⁴³⁷ Scan at cudl.lib.cam.ac.uk/view/MS-ADD-01693/1.

⁴³⁸ See Bendall's chart of Nepalese letter-numerals (Bendall 1883: Lithograph V, after p. 225).

Translation

Is Dh. the
teacher of
Su. else-
where?

- 1–2 And now I shall explain the procedure (*kalpa*) for safeguarding food and drink, as were declared by the Venerable Dhanvantari.⁴³⁹
- 3 Divodāsa, the king of the earth, was the foremost supporter of religious discipline and virtue. With unblemished instruction he taught his students, of whom Suśruta was the leader.⁴⁴⁰

[Threats to the king]

- 4–5 Evil-hearted enemies who have plucked up their courage, may seek to harm the king, who knows nothing of it. He may be assailed with poisons by or by his own people who have been subverted, wishing to pour the poison of their anger into any vulnerability they can find.⁴⁴¹
- 6 Therefore, a king should always be protected from poison by a physician.

439 MS H adds in the margin अथ खलु वत्स सुश्रुतः “Now begins Vatsa Suśruta.” This phrase has been copied here by the scribe from the beginning of the *Suśrutasamhitā* chapter in the *sūtrasthāna* on the rules about food and drink (1.46.3 (Su 1938: 214)). The scribe presumably felt, not unreasonably, that this section had common subject matter with the present chapter. Further, SS 1.46.3 is one of the few places in the Nepalese transmission of the *Suśrutasamhitā* that names Dhanvantari and integrates him into the narrative of the *Suśrutasamhitā* as the teacher of Suśruta.

The mention of Dhanvantari here is one of the few times in the Nepalese transmission that this authority is cited as the source of Ayurvedic teaching, and the unique occurrence of this actual phrase, “as was declared by the Venerable Dhanvantari.” See the discussion by Klebanov (2021a: 28–32), who concluded that the earliest recoverable recension of the *Suśrutasamhitā* may have had the phrase only at this point and not elsewhere in the work. See the further discussion by Birch, Wujastyk, Klebanov, Parameswaran, et al. (2021). “Dhanvantari” is mentioned in the Nepalese version at 1.1.21, 1.19.37, 1.46.3, 1.29.71, 1.34.1.1, 2.1.3, 2.7.3, 3.19.13.3, 4.2.3, (5.1.2, note), 5.4.3, 6.60.2, 6.64.84.

440 This is a quite different statement from the vulgate which has Dhanvantari as the teacher, and calls him the Lord of Kāśī (*kāśīpati*) (Su 1938: 559). Ḍalhaṇa followed the vulgate but explicitly noted the reading before us with small differences: दिवोदासः क्षितिपतिस्तपोधर्मश्रुताकरः “Divodāsa, the king of the earth, was a mine of traditions about discipline and virtue.”

441 Verses about the use of Venemous Virgins as a weapon do not appear in the Nepalese manuscripts. Cf. Wujastyk 2003b: 81 f., 132. This material is present in the commentary of Gayadāsa.

- 7 The racehorse-like fickleness of men's minds is well known. And for this reason, a king should never trust anyone.⁴⁴²
- 8–11 He should employ a doctor in his kitchen (*mahānasa*) who is respected by experts, who belongs to a good family, is orthodox, sympathetic, not emaciated, and always busy.
- 12–13 The kitchen should be constructed at a recommended location and orientation. It should have a lot of light,⁴⁴³ have clean utensils and be staffed by men and women who have been vetted.⁴⁴⁴
- 17–18ab The chefs, bearers (*voḍhāra*), and makers of boiled rice soups and cakes and whoever else might be there, must all be under the strict control of the doctor.⁴⁴⁵
- 18cd–19ab An expert knows people's body language (*iṅgita*) through abnormalities in voice, movement and facial expression. He should be able to identify a poisoner by the following signs.
- 19cd–23 Wanting to speak, he gets confused, when asked a question, he never arrives at an answer, and he talks a lot of confused nonsense, like a fool. He laughs for no reason, cracks his knuckles and scratches at the ground. He gets the shakes and glances nervously from one person to another. His face is drained of colour, he is grimy (*dhyāma*) and he cuts at things with his nails.⁴⁴⁶ A poisoner goes the wrong way and is absent-minded.
- 25–27 I shall explain the signs to look for in toothbrush twigs, in food and drink as well as in massage oil (*abhyāṅga*) and combs (*avalekhana*); in dry rubs (*utsādana*) and showers, in decoctions (*kaṣāya*) and massage ointment (*anulepana*); in garlands (*sraja*), clothes, beds, armour and ornaments; in slippers and footstools, and on the backs of elephants and horses; in snuff (*nasya*), inhaled smoke (*dhūma*), eye make-up (*añjana*), etc., and any other things which are commonly poisoned. Then, I shall

Cf.
Arthasāstra
1.21.8.

442 The verb √ śvas is conjugated as a first class root in the Nepalese manuscripts.

443 We read महच्छुचिः with the Nepalese manuscripts and against the vulgate's महच्छुचि. We understand शुचिस् as a neuter noun meaning "light" following Apte (Apte: 1050a).

444 Verses detailing the ideal staff are omitted in the Nepalese manuscripts. Cf. Su 1938: 560; Wujastyk 2003b: 132.

445 The word सौपोदनैकपूपिक "chefs for the boiled rice soups and cakes" is grammatically interesting. The term सूपोदन (as opposed to सूपौदन) is attested in the *Bodhāyanīya-grhyasūtra* 2.10.54 (Shastri 1920: 68). More pertinently, perhaps, सूपोदन is attested in the Bower Manuscript, part II, leaf 11r, line 3 (Hoernle 1893–1912: vol. 1, p. 43).

446 The word ध्याम is glossed by Ḍalhaṇa (in a variant reading) as someone who is the colour of dirty clothes 5.1 (Su 1938: 560).

- also explain the remedy.
- 28 Flies or crows or other creatures that eat a poisonous morsel (*bali*) served from the king's portion, die on the spot.
- 29 Such food makes a fire crackle violently, and gives it an overpowering colour like a peacock's throat.
- 30–33 After a *chukar partridge* partridge looks at food which has poison mingled with it, its eyes are promptly drained of colour; *grey peacock-pheasant* drops dead. A *koel* changes its song and the *common crane* rises up excitedly.⁴⁴⁷ It will excite a *Indian peafowl* and the terrified *parakeet* and the *hill myna* screech. The *swan* trembles very much, and the *racket-tailed drongo* churrs.⁴⁴⁸ The *bull* sheds tears and the monkey releases excrement.⁴⁴⁹
- 34cd Vapour rising from tainted food gives rise to a pain in the heart, it makes the eyes roll, and it gives one a headache.⁴⁵⁰
- 35, 36cd In such a case, an *errhine* and a *collyrium* that are *costus*, *??*, *spikenard* and *honey* (*madhus*);⁴⁵¹ a paste of sandalwood on the heart may also

447 The verb अर्च्छति “rises up” is a rare form best known from epic Sanskrit (see Oberlies 2003: 212, §7.6.1). The transmitted form क्रौञ्च is obviously a colloquial version of Sanskrit क्रौञ्च. Commenting on 1.7.10 (Su 1938: 31), Ḍalhaṇa interestingly gave the colloquial versions of several Sanskrit bird names, even singling out pronunciation in the specific location of Kānyakubja. For क्रौञ्च he said that people pronounce it कुरञ्च and कोचि. The form कोञ्च is found in Pāli (see Cone 2001: 731, who notes that Ardhamaṅgadhī has the same form). Elsewhere, Ḍalhaṇa called the bird क्रौञ्चिर, क्रौञ्चि, and कैचर (1.46.105 (Su 1938: 223), 6.31.154 (Su 1938: 684) and (6.58.44 (Su 1938: 790) respectively).

448 Ḍalhaṇa seemed confused about the *racket-tailed drongo* (*bhṛṅgarāja*). He called it a generic drongo (भ्रमरक), a word that can also mean “bee” (Dave 1985: 62), and then he said that it is like the *black drongo* (*dhūmyāṭa*) (for a nice explanation of this name, see Dave 1985: 62–63) and that people call it “the king of birds.”

449 MS Kathmandu KL 699 reads “*bull* (*vṛṣabha*)” for “*chital deer* (*prṣata*).” The latter may perhaps be mistaken for the former in the Nēwa script, although the reading of MS Kathmandu KL 699 is hard to read at this point.

450 “Tainted” translates उपक्षिप्त. The word’s semantic field includes “to hurl, throw against,” and especially “to insult verbally, insinuate, accuse.” The commentator Ḍalhaṇa glossed the term as, “spoiled food given to be eaten” (विदूषितस्यान्नस्य भोक्तुं दत्तस्य), but he noted that some people read “उखाक्षिप्त” or “thrown into a pan.” Other translators have commonly translated it as “served,” perhaps influenced by Ḍalhaṇa’s “given (दत्त).”

451 The vulgate supplies another phrase and verb at this point that is not present in the Nepalese transmission, but that makes the text flow more easily.

- provide relief.⁴⁵²
- 37 Held in the hand, it makes the hand burn, and the nails fall out. In such a case, the ointment (*pralepa*) is **beautyberry**, **velvet-mite**, soma and **blue water-lily**.⁴⁵³
- 38–39 If he eats that food, through inattention or by mistake, then his tongue will feel like a pebble (*aṣṭhīlā*) and it will lose its sense of taste. It stings and burns, and his saliva (*śleṣman*) dribbles out.⁴⁵⁴ In such a case, he should apply the treatment recommended above for vapour (*bāṣpa*), and what will be stated below under “toothbrush twigs”.⁴⁵⁵
- 40 On reaching his stomach, it causes stupor (*mūrcchā*), vomiting, the hair stands on end, there is distension, a burning feeling and an impairment of the senses.⁴⁵⁶

452 Singhal et al. (1972–82: 350) discussed the difficulties in identifying लामञ्ज, a plant cited more often in the *Suśrutasaṃhitā* than in the *Carakasaṃhitā*; Ḍalhaṇa adopted the common view that it is a type of *uśīra* or vetiver grass. The grammatical neuter form मधुस् “sweetness” of the Nepalese manuscripts is less common than neuter मधु “honey, sweetness, liquorice.”

453 “Beautyberry” (*Callicarpa macrophylla* Vahl.) is one identification of श्यामा, but vaidyas and commentators have different ideas about the plant’s identity (see glossary). On translating इन्द्रगोप as “velvet-mite,” see Lienhard 1978. Ḍalhaṇa’s remarks show that he had a reading इन्द्रगोपा before him, and he tries to explain इन्द्रा and गोपा as separate plants. But he also says that some people read इन्द्रगोप. Ḍalhaṇa curiously parsed the name सोमा (f.) out of the compound; this feminine noun is almost unknown to Ayurvedic literature. Some dictionaries and commentators consider it a synonym for गुडूची, others for ब्राह्मी or चन्द्रतरु. Ḍalhaṇa also mentioned that some people think the word refers to the soma creeper (सोमलता), which might explain his choice to take the word as feminine. But the compounded word is far more likely to be सोम (m.), the well-known mystery plant (see Wujastyk 2003b: 76–78, 125). If this can be taken as rue (*Ruta graveolens*, L.), as some assert, one can point to a pleasing passage in Dioscorides where rue plays an antitoxic role: “...it is a counterpoison of serpents, the stinging of Scorpions, Bees, Hornets and Wasps; and it is reported that if a man be anointed with the juice of the Rue, these will not hurt him; and that the serpent is driven away at the smell thereof when it is burned; insomuch that when the weasel is to fight with the serpent she armeth herself by eating Rue, against the might of the serpent” (cited from Potter: 262; not found in Osbaldeston and Wood 2000).

454 The word अष्टील is normally feminine. The Nepalese manuscripts read it with a short अ- ending. Gayadāsa noticed that some manuscripts read अष्टील with a short -अ ending (MS Bikaner RORI 5157, f. 5v:7–8) and Ḍalhaṇa reproduced his observation. The vulgate reading चास्यात् “and from his mouth” is more obvious (*lectio faciliior*), but is not attested in the Nepalese manuscripts.

455 Poisoned toothbrushes are discussed in verses 48 ff. below.

456 I translate मूर्च्छा in the light of the metaphors discussed by Meulenbeld (2011), that

- 41 In this case, vomiting must quickly be induced using the fruits of **emetic nut, gourd, red gourd**, and ??, taken with milk and **watered buttermilk**, or alternatively with rice-water.
- 42 Reaching the intestines (*pakvāśaya*), it causes a burning feeling, stupor, diarrhoea, thirst, impairment of the senses, flatulence (*āṭopa*) and it makes him pallid and thin.
- 43 In such a case, purgation with the fruit of indigo (*nīlī*), together with ghee, is best. And ‘slow-acting poison antidote (*dūṣīviṣāri*)’ should be drunk with honey and curds (*dadhi*).⁴⁵⁷
- 44 When poison is in any liquid substances such as milk, wine or water, there are various streaks, and foam and bubbles form.
- 45 And no reflections are visible or, however, if they can be seen once more, they are distorted, fractured, or tenuous and distorted too.⁴⁵⁸
- 46 Vegetables, soups, food and meat are soggy and tasteless. They seem to go stale suddenly, and they have no aroma.
- 47 All edibles lack aroma, colour or taste. Ripe fruits rapidly rot (*prā√kuth*) and unripe ones ripen.⁴⁵⁹
- 48 When a toothbrush twig has poison on it, the bristles are corroded and the flesh of the tongue, gums and lips swells up.⁴⁶⁰
- 49 Then, once his swelling is lanced, one should rub (*pratisāraṇa*) it with **fire-flame bush** flowers **jambul, mango** stones and **chebulic myrobalan** fruit mixed with honey.⁴⁶¹
- 50 Alternatively, the rubbing (*pratisāraṇa*) can be done with either the roots of **sage-leaved alangium**, the bark of **blackboard tree** or **siris**

I'm still unhappy about this verse.

Mention this in the introduction as an example of the scribe knowing the vulgate.

fn about sadyas+

include thickening and losing consciousness.

457 The ‘slow-acting poison’ is discussed at 5.2.25 ff. (Su 1938: 565).

458 Both Nepalese witnesses read विकृत (distorted) twice, which is tautologous. In the first occurrence both read विकृता without proper termination. One might read the sandhi in the second occurrence as or not distorted (*vāvikṛtā*), but this gives no better sense. The scribe of MS Kathmandu NAK 5-333, apparently the original hand, added in the margin the alternate reading “double (*yamalā*)” as in the vulgate. Perhaps the scribe too was troubled by the tautology. It is also evidence that he was aware of a witness with variant readings similar to the vulgate. We emend for grammar but retain the *lectio difficilior*.

459 The root *√कुथ्* “stink, putrify, rot” is apparently known only from its few uses in the *Suśrutasaṃhitā*.

460 Gayadāsa and Ḍalhaṇa pointed out that “tooth socket (दन्तवेष्ट)” and “gum (दन्तमांस)” have the same meaning (2.16.14–26 (Su 1938: 331–332)).

461 This recipe is different from the vulgate.

- seeds.⁴⁶²
- 51ab One should give advice about a poisoned tongue-scraper or mouth-wash (*kavala*) in the same way as for a toothbrush twig.
- 51cd Massage oil that has been laced with poison is slimy, thick and discoloured.
- 52 When the massage oil has been contaminated with poison, boils arise, pain, a discharge (*srāva*), inflammation of the skin, and sweating.⁴⁶³ And the flesh splits open.
- 53–54 In such a case, sandalwood, *crape jasmine*, *costus*, and *vetiver*, *bamboo leaves*, *heart-leaved moonseed* and *heart-leaved moonseed*, *white clitoria*, *sacred lotus*, and *Indian barberry* should be made into an ointment (*anulepana*) for the patient, who has been sprinkled with cold water. That is also recommended as a drink with the juice and leaves of *wood-apple*.⁴⁶⁴
- 55 In the case of a dry rub (*utsādana*), a shower (*parīṣeka*), an infusion, a massage ointment (*anulepana*), or in beds, clothes, or armour, the physician should understand that it is the same as for oil massage (*abhyāṅga*).⁴⁶⁵
- 56–58 When a comb has poison in it, the hair falls out, the head aches and blood oozes from the follicles (*kha*) and lumps (*granthi*) appear on the head. In such a case, one should repeatedly apply an ointment of black earth soaked with *bear's bile*,⁴⁶⁶ ghee, *beautyberry*,⁴⁶⁷ *black creeper*, and *amaranth*. Good alternatives are either the fluid extract of cow-dung, or the juice of *royal jasmine*, the juice of *purging nut tree*, or household soot.⁴⁶⁸

Bear's bile
instead of
deer's bile.

462 The spelling of the name अङ्गोल्ल varies अङ्गोट, अङ्गोठ, अङ्गोल (GVDB: 5); Ḍalhaṇa noted that the form अङ्गोल्ल is a colloquialism (1.37.12 (Su 1938: 161)). The sentence is awkward and we have emended शिरीषमाषक to be a plural, as in the vulgate, rather than the ablative singular of the Nepalese witnesses. We follow Ḍalhaṇa in interpreting the compound to refer to the distinctive bean-like siris seeds, rather than to *mung beans* (5.1.50 (Su 1938: 562)).

463 The feminine स्फोट for “boils” is unattested.

464 This compound could be interpreted as “wood apple juice and *malabathrum*.” Note that this recipe differs from that of the vulgate, which requires urine.

465 See verse 52 above.

466 Ḍalhaṇa comments here that ‘bile is that fluid which goes along inside the tube attached to the liver’ (कालखण्डलग्नलिकामध्यगतजलं पित्तम्) 5.1.57 (Su 1938: 562).

467 See note 453.

468 The plant identifications in this passage follow Ḍalhaṇa’s glosses, although he noted

- 59 If either massage oil for the head, or a helmet for the head, in a wash, turban, or garlands that are contaminated with poison, then one should treat it in the same way as a comb.
- 60–61 When face make-up is poisoned, the face becomes dark and has the symptoms found with poisoned massage oil. It is covered with spots (*kaṇṭaka*) that are like lotus-spots (*padminīkaṇṭaka*).⁴⁶⁹ In this case, the drink is honey and ghee, and the ointment (*pralepa*) is sandalwood with ghee, curds, honey, **verbena**, **scarlet mallow** and **hogweed**.⁴⁷⁰
- 62–63ab Elephants and the like become ill and they dribble saliva. And the rider gets spots (*sphoṭa*) and a discharge on his scrotum, penis, and rectum. In this case, one prescribes the same therapy as for poisoned massage oil for both the rider and the mount.
- 63cd–65ab When there is poison in snuff (*nasya*) or smoke, the symptom (*liṅga*) is blood coming out of the apertures of the head (*kha*), a headache, a flow of mucus (*kapha*) and impairment of the senses. In such a case, ghee of cows etc., boiled up with their milk and **Indian aconite**, is prescribed, with **henna**, as a cold drink or errhine.
- 65cd–66 Flowers lose their fragrance and colour, and wilt. On smelling them, he gets a headache and his eyes fill with water. In this case, the treatment is what was proposed above for vapour (*bāṣpa*) and that which is traditional for face make-up.
- 67–68 When it is in ear-oil, there is degeneration in the ear, and painful swelling. There is also a discharge from the ear and in such a case it needs to be irrigated (*pratipūraṇa*) promptly with ghee and honey. Extracted juice (*svarasa*) of **wild asparagus** and very cold juice of **white cutch tree** are also recommended as something good.⁴⁷¹

punarnavā
in the N &
K MSS

śrita for
śrta

explain
more

a difference of opinion on the identity of **purging nut tree** (lit. “mouse-ear”).

The expression धूमो वागारसंज्ञितः ‘...or the smoke termed “house”’ is commonly interpreted by translators and in Ayurvedic dictionaries as ‘household soot,’ and this does seem to be the meaning, in context. The term was comprehensively discussed by Meulenbeld (2008b: 443). Cf. note 570, p. 171.

469 See the description of this condition at 2.13.40 (*Su* 1938: 323), where the skin on the face is characterized as having pale circular patches that are itchy and have spots.

470 The common plant-name पुनर्नवा is read as पुनर्णवा in both Nepalese witnesses. This unusual form is technically-speaking legal according to Pāṇini 8.4.3, but is not attested in published texts. पुनर्णवा is found rarely in some other Nepalese manuscripts such as the *Brahmayāmala* (a.k.a. *Picumata*, 44.81, transcription thanks to Shaman Hatley), and elsewhere (e.g., in Gaṇapatiśāstrī 1920–25: 20, where it is the name of a constellation).

471 The syntax of the Nepalese version is slightly unclear, but the vulgate has smoothed

- 69 When poison is mixed in with eye make-up (*añjana*), he gets tears and rheum (*upadeha*), with a burning feeling, pain, faulty vision (*dr̥ṣṭivibhrama*), and possibly even blindness.⁴⁷²
- 70–71 In this case, one must immediately drink ghee and have it also in an eyewash (*tarpaṇa*) with long pepper. One should have an eye ointment (*añjana*) of the juice of periploca of the woods and have the extract (*niryāsa*) of three-leaved caper, wood-apple and periploca of the woods and the flower of marking-nut tree.
- 72–73 Because of poisoned slippers there will definitely be a swelling, numbness (*svāpa*), a discharge (*srāva*) and an outbreak of spots (*sphoṭa*) on the feet. One should clean (*pra√sādh*) footstools together with slippers.
- 74 Ornaments lose their lustre, and they do not shine as they used to. They damage their respective locations with burning, sepsis (*pāka*), and fis-suring (*avadāraṇa*).⁴⁷³
- 75ab One should apply the stated procedure for massage oil (*abhyāṅga*) to poisoned slippers and ornaments.
- 75cd–76 In the case of the affliction (*upasarga*) by poison which has been described above, starting from ‘vapour’ and ending with ‘ornaments,’ the physician should observe the side-effects (*upadrava*) and then prescribe the therapy called the Great Fragrance (*mahāsugandha*) antidote, which I shall describe.⁴⁷⁴
- 77–78ab He should prescribe it in drinks, liniments (*ālepana*), errhines (*nasya*), and in eye ointment (*añjana*). Also, he should use sharp purgatives and emetics. If bleeding is present, he should have the indicated veins pierced.
- 78cd–79ab If either purging nut or a fern is tied on to the King’s wrist, then all food that is mixed with poison will be rendered free of poison.⁴⁷⁵

out the difficulties.

- 472 The term translated as “faulty vision” could also mean “rolling eyes.” “Eye make-up” is normally made of Indian barberry.
- 473 The reading अवदारण in MS Kathmandu KL 699 is not attested elsewhere in Sanskrit literature. On “sepsis” for पाक, see Wujastyk 2003b: xlv–xlv.
- 474 This antidote is indeed described later, in dramatic terms, at 5.6.14–27 (Su 1938: 581). A recipe with eighty-five ingredients including cow’s bile, it is praised as chief of all antidotes, one that can drag the patient back from the very jaws of death, from even the poisonous fangs of Vāsuki. A useful survey of the meanings of उपसर्ग (“affliction”) was given by HIML: IB, 332
- 475 In early Ayurvedic literature, the plant अजरुह is mentioned only here and its identity is unknown. It may be a fern of the Nephrodium family, according to T. B. Singh and

Medical difference from Sharma.

example where the vulgate clarifies that these should be used separately; appears to be a gloss inserted into the vulgate text.

The two uses of prāpta are hard to translate. prāptāh → kṣiprāṁ is an example of the vulgate banalizing the Sanskrit text to make sense of a difficult passage.

√ vyadh not √ vedh (also elsewhere and for the ears), causative optative.

- 79cd–80 He should always guard his heart when amongst **people who are not his friends**.⁴⁷⁶ Before eating, he should drink the kinds of ghee called “Invincible” and “Immortal”.⁴⁷⁷ He should drink ghee (*sarpiṣ*), **honey**, curds (*dadhi*), milk (*payas*), or cold water.
- 81 He should consume monitor lizard, peacock, **mongoose**, **chital deer**, and **blackbuck** too, that destroy poison, and their juices.
- 82 As discerning person should add well-crushed **black creeper**,⁴⁷⁸ **liquorice**, and sugar to the meats of **Indian monitor lizard**, **mongoose** and **blackbuck** too.
- 83 Add sugar and **Indian aconite** to peacock flesh, together with **ginger**. And for meat from a **chital deer**, he should add **long pepper**, with **ginger**.
- 84ab **A cold neem** broth with honey and ghee is wholesome too.
- 84cd A discerning person should partake of hard and soft foods that counteract poison.⁴⁷⁹
- 85 If poison might have been drunk, a person who has protected his heart should make himself vomit using **long pepper**, **liquorice**, **honey**, **sugar**, **sugar cane** juice, and water.

The first chapter in the Kalpas.

Chunekar (GVDB:7). Ḍalhaṇa, on 5.1.78 (Su 1938: 563), cited a description of the two plants from the little-known authority Uśanas (HIML:IA, 660 et passim) who described अजरुहा as a white root with spots on it that looks like collyrium when it is split; when drunk with sandalwood it causes poison to be digested.

476 The *Carakasamhitā* described “protecting the heart” (हृदयावरण) as drinking several sweet, oily drinks to surround the heart and keep it safe (6.23.46 (Ca 1941: 574)). Ḍalhaṇa on 5.1.79–81 (Su 1938: 563) explained it as taking a number of anti-toxic medicines, including those listed in the present passage, in order to cover or hide (प्रच्छादन) the heart. Note that the Nepalese version reads the opposite of the vulgate: one should guard one’s heart when amongst enemies, not friends. This is far more logical; it is also the reading known to the 1.8.89a (As 1980: 79).

477 These ghee compounds are described in later chapters: see 5.2.47–49 (Su 1938: 566) and 5.6.13 (Su 1938: 581).

478 Ḍalhaṇa on 5.1.82 (Su 1938: 563) equated this with **turpeth**.

479 On this expression, see Yagi 1994.

Kalpasthāna 2: Poisonous Plants

Introduction

This section begins with several lists of poisonous plants. The Sanskrit names for these plants are mostly not standard or familiar from anywhere in Sanskrit or ethnobotanical literature. It remains a historical puzzle why these particular names are so difficult to interpret. However, we are not the first to encounter these difficulties.

In the eleventh century, Cakrapāṇidatta commentated on a similar list of poisons in the *Carakasamhitā*, and referred to the *Suśrutasamhitā* on the topic.⁴⁸⁰ He also noted that,

In assigning the names to these plants, the main authorities are the Kirātas and Śabarās, who know about these things because they can explain these matters on the basis of a succession of teachers.⁴⁸¹

About a century later, the learned commentator on the *Suśrutasamhitā*, Ḍalhaṇa, remarked,

In spite of having made the greatest effort, it has been impossible to identify these plants. In the Himalayan regions, Kirātas and Śabarās are able to identify them.⁴⁸²

From the view of Sanskrit authors, Kirātas and Śabarās were tribal peoples.⁴⁸³

⁴⁸⁰ Cakrapāṇidatta on 6.23.11 ([Su 1939](#): 571).

⁴⁸¹ Cakrapāṇidatta on *Carakasamhitā* 6.23.11 ([Su 1938](#): 571).

⁴⁸² After *Suśrutasamhitā*, *kalpasthāna* 2.5 ([Su 1938](#): 564).

⁴⁸³ Both communities are mentioned in Sanskrit literature from antiquity. The Kirātas

Interestingly, the author Bhikṣu Govinda (tenth or eleventh century), cast his alchemical treatise as a dialogue with a Kirāta king called Madana who was a master of the alchemical art.⁴⁸⁴ So there was an awareness amongst Sanskrit medical and alchemical authors of that period that socially different populations were a source of specialized knowledge in these domains, and the Sanskrit authors were open to these sources and indeed depended on them.

Ḍalhaṇa also recorded variant readings of these poison names from the manuscripts that he consulted of the lost commentary of Gayadāsa (fl. c. CE 1000). The identities of these poisons have thus been in doubt for at least a thousand years.⁴⁸⁵ Firm identification has in many cases been equally impossible for us today.

One path for exploration in this situation is to attempt to reverse-engineer some identifications by considering the known toxic plants of India.⁴⁸⁶

Shock

An important new topic introduced in this chapter (34–39) is that of “toxic shock” (*vega*). When a patient has been poisoned, the effect of the toxin is expressed in their body in seven waves or pulses, *vegas*. At each stage, symptoms are slightly different and a different therapeutic regime is prescribed (40–44).

The Sanskrit term *vega* has a range of uses, from “impulse” to “urge, jerk, rush, speed,” or “impetus.” It appears in the well-known passage in

are associated especially with Eastern Nepal, the Himalayan and north-eastern regions of South Asia, while the Śabara people are mainly associated with Odisha and West Bengal. Representative studies on these communities include Elwin (1955), Roy (1970), Chatterji (1974), G. P. Singh (1990), Subba (1999), G. P. Singh (2008), and R. Rai (2019).

⁴⁸⁴ HIML: IIA, 620.

⁴⁸⁵ See Wujastyk 2003b: 80–81.

⁴⁸⁶ Valuable reference sources on Indian plant toxicology in general include Pillay 2013: chs. 10, 11 and Barceloux 2008: parts 1.II, 3 and 4. More generally Bown (NEH: 41 et passim) comments usefully of herbs in general that “it goes without saying that if they can do good, they must contain substances that in excess can poison.”

the *Carakasamhitā* about avoiding illness not ignoring or suppressing “natural urges,” *vegas*, such as the desire to urinate.⁴⁸⁷

According to the author of the *Aṣṭāṅgasanġraha*, Ālambāyana was the ancient authority who declared that the seven pulses (*vega*) of toxic shocks affect, successively, the seven substrata (*āśraya*) of the body, from blood to semen, and Dhanvantari originated the idea that this applied to victims of snake-bite.⁴⁸⁸

The commentator Indu (fl. 1000–1150) cited verses by Ālambāyana asserting that the pipes in the body carry poison to the heart, but that the heart can be protected by ghee.⁴⁸⁹

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.⁴⁹⁰

487 See *Carakasamhitā* 1.7 (Ca 1941: 49–55), discussed and translated in Wujastyk 2003b: 7–8, 15–17.

488 *Aṣṭāṅgasanġraha* 6.40.35a (As 1980: 844): सप्तेति वेगा मूर्च्छाद्या विदेहपतिना स्मृताः ॥३४॥ रक्तमांसवसास्त्रायु तथाऽस्थ्याद्यास्त्रयः क्रमात् । आश्रयाः सप्त सप्तानामित्यालम्बायनोऽब्रवीत् ॥३५॥. The following verse named Dhanvantari as the originator of the idea that toxic pulses are experienced specifically by a person bitten by a snake (वेगान्धन्वन्तरिस्तद्वत्सर्पदष्टस्य मन्यते । 36ab). The commentator Indu noted that Dhanvantari was the teacher of Suśruta, i.e., that “Dhanvantari” was shorthand for *Suśrutasaṃhitā*. On Ālambāyana, see p. 204, note 701.

489 *Aṣṭāṅgasanġraha* 6.40.60a (As 1980): याः सिराः सर्वगात्रेषु हृदये सम्प्रतिष्ठिताः । ताभिरस्य विषं सर्वं हृदयं सम्प्रधावति ॥ घृतेन तु प्रतिच्छिन्नं विषं नाति प्रपीडयेत् । निर्वाणजननं सर्पिः प्राणिनां प्राणवर्द्धनम् ॥ हृदयावरणास्तद्वद्वक्ष्या भोज्याश्च सागदाः ॥

490 HIMAL: IA, 290–291.

Translation

- 1 And now I shall explain **required knowledge** (*vijñānīya*) about stationary poisons.⁴⁹¹
- 3 It is said that there are two kinds of poisons, stationary (*sthāvara*) and mobile (*jaṅgama*). The former dwells in ten sites, the latter in sixteen places.
- 4 Traditionally, the ten are: root, leaf, fruit, flower, bark, milky sap (*kṣīra*), pith (*sāra*), resin (*niryāsa*), the elements (*dhātu*), and the tuber.
- 5 In that context,
 - the eight root-poisons are:⁴⁹²
 1. liquorice (?),⁴⁹³
 2. sweet-scented oleander,⁴⁹⁴
 3. jequirity,⁴⁹⁵
 4. false daisy,⁴⁹⁶
 5. emetic nut (?),⁴⁹⁷ and ending with
 6. leadwort,⁴⁹⁸

491 No reference is made to Dhanvantari (see Birch, Wujastyk, Klebanov, Parameswaran, et al. 2021). “Stationary” here is a term contrasted with “moving,” and signifies plants as opposed to animals and insects.

492 Some South Asian plants with poisonous roots that we would expect to see in this list include *Croton tiglium*, L., *Calotropis* spp., *Citrullus colocynthus* L. Schrad., and *Ricinus communis* L. (CIPP).

493 Liquorice eaten in excess can be poisonous, but it is unlikely to be the plant intended here. T. B. Singh and Chuneekar (GVDB: 124) noted that the poisonous root mentioned in this passage, “remains to be identified.”

494 The roots of sweet-scented oleander are highly toxic, as are most parts of the plant (Pillay and Sasidharan 2019).

495 Jequirity contains a dangerous toxin called Abrin in its seeds and to a lesser extent in its leaves, but apparently not in its roots or bulb. Abrin is not harmful if eaten, but an infusion of the bruised (not boiled) seeds injected or rubbed in the eyes can be fatal (NK: # 6). The dose can be quite small.

496 The plant is usually called just *bhaṅgurā* without the prefix *su-* “good.” However, there is no reported toxicity associated with *E. prostrata*. The vulgate reads सुगन्धा (*snakeroot*).

497 This poisonous root cannot at present be securely identified. Similar-sounding candidates include *karkaṭaka*, *karahāṭa* (emetic nut), and *karaghāṭa*, but since this is a prose passage, there would be no reason to alter the word to fit a metre. Monier-Williams et al. (MW: 255) cite an unknown lexical source that equates *karaṭa* (mn.) with safflower (*Carthamus tinctorius*, L.), but this plant does not have a poisonous root.

498 The roots of both rose and white leadwort are very toxic.

7. country sarsaparilla (?),⁴⁹⁹ and
8. medhshingi,⁵⁰⁰

- the leaf-poisons include:
 - aconite leaf (?),
 - drum-giver (?),
 - thorn apple, and
 - big thorn apple;
- the fruits of items like: jequirity, marking-nut tree, and poison-altar (?) are
 - water snowflake (?),
 - pollen (?),
 - bluebell barleria,
 - unknown fruit poison,
 - thorn apple
 - big thorn apple (?)
 - spurge (?),
 - crow (?),
- the flower-poisons include those of:
 - musk mallow,
 - Indian fumitory,⁵⁰¹
 - thorn apple, and
 - big thorn apple (?).

⁴⁹⁹ The text reads masculine *ananta*, which is not a plant name. Gayī's commentary on 5.2.5 (Su 1938: 564) noted a variant reading of feminine *anantā* in place of *gargaraka*, earlier in the compound. But the feminine *anantā*, country sarsaparilla, is not a poisonous plant.

⁵⁰⁰ Meulenbeld (1989: 61, n. 3) argued that our text reads a masculine or neuter noun *vijaya*, which never signifies cannabis. However, unlike the vulgate, the unanimous readings of the Nepalese manuscripts give feminine *vijayā*. Nevertheless, even the feminine form only started to signify *Cannabis sativa* L. after the end of the first millennium (Meulenbeld 1989; Wujastyk 2002; McHugh 2021). The *Sauśrutaniḥṣaṇṭu* gives a number of synonyms for *vijayā*, almost none of which have any poisonous parts (Suvedī and Tivārī 2000: 5.77, 10.143). But one of them, *viṣāṇī* (also *meṣaśṛṅgī*), is sometimes equated with *Dolichandrone falcata* (DC.) Seemann (ADPS: 518), a plant used as an abortifacient and fish poison (NK: #862). This identification is tenuous.

⁵⁰¹ रेणु and रेणुक ।का are different plants. MS K reads the first; the scribe of MS H added an additional -क in the margin.

- the bark, pith (*sāra*) and resin (*niryāsa*) of:
 - gourd,
 - emetic nut,
 - thorn apple, and
 - munj grass;
- the milky sap (*kṣīra*) of:
 - water snowflake (?),⁵⁰²
 - red physic nut,
 - oleander spurge, and
 - luffa
- the mineral (*dhātu*) poisons include:⁵⁰³
 - orpiment,
 - cuttle-fish bone (?),
 - ashes, and
 - vermilion.⁵⁰⁴
- the tubers poisons are:
 - jequirity,
 - Indian aconite,
 - Indian mustard,
 - leadwort,
 - muddy (?),
 - ‘Virāṭa’s plant’,
 - nutgrass,
 - atis root,
 - long-stamen Wendlandia (?),
 - radish,
 - ‘alas, alas’ (?),
 - big poison (?), and
 - galls (?)

⁵⁰² While the identity of this plant is uncertain, the Nepalese version of the *Suśrutasamhitā* does not present the hopeless problem of the vulgate’s reading कुमुदग्री.

⁵⁰³ These identifications are more than usually uncertain. Note that the vulgate text specifies that there are two mineral poisons.

⁵⁰⁴ If this identification as vermilion (cinnabar) is correct, it is an unexpectedly early mention of the substance.

The effects of poisons

Symptoms of root poisoning

- 7–10 People should know that root-poisons cause writhing (*udveṣṭana*), ranting (*pralāpa*), and delirium (*moha*), and leaf-poisons cause yawning, writhing, and wheezing (*śvāsa*).
 Fruit-poisons cause swelling of the scrotum, a burning feeling and writhing. Flower-poisons will cause vomiting, distension (*ādhmāna*) and sleep (*svāpa*).
 The consumption of poisons from bark, pith (*sāra*) and resin (*niryāsa*) will cause foul breath, hoarseness (*pāruṣya*), a headache, and a discharge of phlegm (*kapha*).⁵⁰⁵
 The milky sap (*kṣīra*)-poisons make one froth at the mouth, cause loose stool, and make the tongue feel heavy.⁵⁰⁶ The element (*dhātu*)-poisons give one a crushing pain in the chest, make one faint and cause a burning feeling on the palate.
 These poisons are classified as ones which are generally speaking lethal after a period of time.

11–17 Symptoms of tuber poisoning

The tuber-poisons, though, are severe. I shall talk about them in detail.⁵⁰⁷
 With **jequirity**, there is numbness and very severe trembling.
 With **Indian aconite**, there is rigidity of the neck, and the faeces, and urine become yellow.
 With **marking nut tree (?)**, the wind becomes defective (*vātavaiguṇya*), there is constipation (*ānāha*), and lumps (*granthi*) start to appear.
 With **leadwort**, there is weakness in the neck, and speech gets jumbled.⁵⁰⁸

⁵⁰⁵ At 1.2.6 (*Su 1938*: 11), Ḍalhaṇa glossed hoarseness (*pāruṣya*) as *vāgrūkṣatā*, “a rough, dry voice.”

⁵⁰⁶ At 6.54.10 (*Su 1938*: 773), Ḍalhaṇa glossed loose stool (*viḍbheda*) as *dravapurīṣatā*, “having liquid stool.”

⁵⁰⁷ See Ḍalhaṇa’s comments on the impossibility of identifying the following plants, p. 151 above.

⁵⁰⁸ The verse in the Nepalese version ends with a plural verb that does not agree with the dual of the sentence subject.

With the one called **muddy** (?), there is a discharge (*praseka*), the faeces pour out, and the eyes turn yellow.

The ‘**Virāṭa’s plant**’ (*vairāṭaka*) causes pain in the body and illness in the head.

Paralysis of one’s arms and legs and trembling are said to be caused by **nutgrass**.⁵⁰⁹

15b With **big poison** (?), one’s limbs grow weak, there is a burning feeling and swelling of the belly.⁵¹⁰

16a With **white lotus**, one’s eyes go red, and one’s belly becomes distended.⁵¹¹

16b With **radish**, one’s body is drained of colour and the limbs are paralysed.⁵¹²

17a With ‘**alas, alas**’ (?), a man turns a dark colour (*dhyāma*), and gasps.⁵¹³

17b With **atis root** one gets violent knots (*granthi*) and stabbing pains in the heart.⁵¹⁴

18a With **monkey** (?), one leaps up, laughs, and bites.

18b–19a Experts have said that one should know that the thirteen highly potent tuber-poisons, which are mentioned here, have ten qualities (*guṇa*).

19b–20a The ten are:

509 The substitution in MS NAK 5-333 affecting 15cd is caused by an eye-skip to the word *viṣeṇa* in 2.17.

Mustaka commonly refers to *Cyperus rotundus*, L.; the root is used in āyurveda but is not poisonous. However other dictionaries list *mustaka* amongst serious poisons, for example *Rājanighaṇṭu* (22 v. 42) and *Rasaratnasamuccaya* 16, v. 80. However, its ancient identity is still doubtful.

510 The poisonous root **big poison** (?) (*mahāviṣa*) is not clearly identifiable, although *viṣā* is commonly aconite. Verse 6 above notes that there are several kinds of aconite.

511 The word *puṇḍarīka* very commonly means white lotus. The entire plant is edible and cannot be the poison intended here. T. B. Singh and Chuneekar (GVDB: 252) noted that this poison is unidentified and that it is also listed as a poison in *Carakasamhitā* 23.12.

512 The word *mūlaka* very commonly means the radish, *Raphanus sativus*, L. The root is edible and cannot be the poison intended here. T. B. Singh and Chuneekar (GVDB: 317) noted that this poison is unidentified.

513 Identification of *hālāhala* is uncertain. It may simply be a mythical poison, or its specific identity may have been lost over the centuries. Late *nighaṇṭus* identify it as *stomaka* = *vatsanābha*, i.e., *Aconitum napellus*, L. (*Soḍhalanighaṇṭu* p. 43).

Ḍalhaṇa on 5.2.17 (Su 1938: 564) interpreted our “gasps” as “the man laughs and grinds his teeth.” But this gloss is probably displaced and intended to apply to verse 2.18.

514 T. B. Singh and Chuneekar (GVDB: 407) noted that *vatsanābha* and *śṛṅgviṣa* are two different varieties of poisonous Aconites that are difficult to distinguish.

- dry (*rūkṣa*),
- hot,
- sharp,
- rarefied (*sūkṣma*),
- fast-acting,
- pervasive (*vyavāyin*),
- expansive (*vikāsin*),
- limpid (*viśada*),
- light, and
- indigestible.

- 20b Because of dryness, it may cause inflammation of the wind; because of heat it inflames the choler and blood. Because of the sharpness it unhinges the mind, and it cuts through the connections with the sensitive points (*marman*). Because it is rarified it can infiltrate and distort the parts of the body.⁵¹⁵
- 22 Because it is fast-acting it kills quickly, and because of its pervasiveness it affects one's whole physical constitution (*prakṛti*).⁵¹⁶ Because of its expansiveness it enters into the humour (*doṣa*)s, bodily constituents (*dhātu*)s, and even the impurities. Because it is limpid it overflows, and because it is light it is difficult to treat. Because it is indigestible it is hard to eliminate. Therefore, it causes suffering for a long time.
- 24 Any poison that is instantly lethal, whether it be stationary, mobile, or artificial, will be known to have all ten of these qualities.

Slow-acting poison

- 25cd–26 A poison that is old or destroyed by anti-toxic medicines, or else dried up by blazing fire, wind, or sunshine, or which has just spontaneously lost its features,⁵¹⁷ becomes a slow-acting poison (*dūṣīviṣa*).⁵¹⁸ Because it has lost its potency it is no longer perceived. Because it is surrounded by phlegm (*kapha*) it has an aftermath that lasts for a very long time.

⁵¹⁵ We read the active *vikaroti* with Ḍalhaṇa against the transmitted passive *vikriyeta*, since it must be the parts of the body that are distorted, not the poison.

⁵¹⁶ Ḍalhaṇa on 5.2.22 (*Su* 1938: 565) explained this as “takes the form of pervading the whole body (*akhiladehavyāptirūpam*).”

⁵¹⁷ Ḍalhaṇa specified that this refers to the ten qualities that are mentioned above (5.2.26 (*Su* 1938: 565)).

⁵¹⁸ Ḍalhaṇa cited this verse at 1.46.83 (*Su* 1938: 222) while explaining *dūṣīviṣa* (see p. 161).

- 27 If he is suffering from this, the colour of his stools changes, he gets a sour, bad taste and is very thirsty. Speaking nonsensically and close to death, wandering about, he may feel faint, giddy, and aroused.⁵¹⁹
- 28 If it lodges in his stomach (*āmāsaya*), he becomes sick because of wind and phlegm; if it lodges in his intestines (*pakvāsaya*), he becomes sick because of wind and choler. A man's hair and limbs fall away and he looks like a bird whose wings have been chopped off.
- 29a–c If it lodges in one of the body tissues such as chyle (*rasa*), it causes the diseases arising from the body tissues, that have been said to be wrong.⁵²⁰ and it rapidly becomes inflamed on days that are nasty because of cold and wind.
- 29d–31 Listen to its initial symptoms (*liṅga*): it causes heaviness due to sleep, yawning, disjunction (*viśleṣa*) and horripilation (*harṣa*) and a bruising of the limbs (*aṅgamarda*).⁵²¹ Next, it causes intoxication from food (*annamada*) and indigestion, loss of appetite (*arocaka*), the condition of having a skin disease (*koṭha*) with round blotches (*maṇḍala*),⁵²² **dwindling away (*kṣaya*) of flesh**, swelling of the feet, hands, and face, **the fever called *pralepaka***, vomiting and diarrhoea.⁵²³ The slow-acting poison might cause **wheezing, thirst and fever, and it might also cause distension of the abdomen**.
- 32 These various disorders are of many different types: one poison may produce madness, while another one may cause constipation (*ānāha*), and yet another may ruin the semen. One may cause **emaciation**, while another pallid skin disease (*kuṣṭha*).
- 33 Something is “corrupted” by repetitively keeping to bad locations, times, foods, and sleeping in the daytime. Or, traditionally, “corrupting poison” (slow-acting poison (*dūṣī-viṣa*)) is so called because it may corrupt (*dūṣayet*) the body tissue (*dhātu*)s.

519 Similar symptoms of slow-acting poison are described at 2.7.11–13 (Su 1938: 296) in the context of contamination dropsy (*duṣyodara*). This this may explain why the vulgate inserted reference to this disease at this point.

520 The expression *ayathāyathoktān* “stated to be unsuitable” is hard to understand here, but is clearly transmitted in the Nepalese version.

521 Ḍalhaṇa 5.2.30ab (Su 1938: 565) glossed “disjunction” as the loss of function of the joints in regard to movement.

522 The last ailment could perhaps be ringworm.

523 The *pralepaka* fever was described by Ḍalhaṇa, at 6.39.52 (Su 1938: 675), as an accumulation of phlegm in the joints. Its symptoms are described in 6.39.54

34- The stages of toxic shock

- In the first shock of having taken a stationary poison, a person's tongue becomes dark brown and stiff, he grows faint, and panics.
- 35 In the second, he trembles, feels exhausted, has a burning feeling, as well as a sore throat. When the poison reaches the stomach (*āmāśaya*), it causes pain in the chest (*hṛd*).
- 36 In the third, his palate goes dry, he gets violent pain (*śūla*) in the stomach (*āmāśaya*), and his eyes become weak, swollen and yellow.
- 37 In the fourth shock, it causes the intestines and stomach to be exhausted (*sāda*), he gets hiccups, a cough, a rumbling in the gut (*antra*), and his head becomes heavy too.
- 38 In the fifth he dribbles phlegm (*kapha*), goes a bad colour, his ribs crack (*parśvabheda*), all his humours are irritated, and he also has a pain in his intestines (*pakvādhāna*).
- 39a In the sixth, he loses consciousness and he completely loses control of his bowels.
- 39b In the seventh, there are breaks in his shoulders, back and loins, and he stops breathing.⁵²⁴

Remedies for the stages of slow poisoning

- 40 In the first shock of the poison, the physician should make the man, who has vomited and been sprinkled with cold water, drink an antidote (*agada*) mixed with with honey and ghee.
- 41a In the second, he should make the man who has vomited and been purged drink as before;
- 41b on the third, drink an antidote and a beneficial nasal medicine (*nasya*) as well as an eye salve (*añjana*).
- 42a In the fourth, the physician should make him drink an antidote that is salt with a little oil.⁵²⁵
- 42b In the fifth, he should be prescribed the antidote together with a decoction (*kvātha*) of honey and liquorice.

⁵²⁴ Here at 5.2.24 (*Su* 1938: 566) Ḍalhaṇa glossed *sannirodha* as “complete cessation, i.e., of breath” (*sannirodhaḥ samyānnirodhaḥ, ucchvāsasya iti śeṣaḥ*). The manuscripts all read *skanda* where *skandha* must be intended; this confusion is known from Buddhist Hybrid Sanskrit (Edgerton 1953: 2, 608).

⁵²⁵ At 6.52.30 (*Su* 1938: 769) Ḍalhaṇa noted that *sindhu* can be interpreted as salt (*saindhava*).

- 43 In the sixth, the cure (*siddhi*) is the same as for diarrhoea. And in the seventh, he perishes.⁵²⁶
- 44 In between any one of these shocks, once the above treatment has been done, he should give the patient the following cold gruel (*yavāgū*) together with ghee and honey, that will take away the poison.
- 45–46 A gruel (*yavāgū*) made of the following items in a stewed juice (*niḥ-kvātha*) destroys the two poisons: luffa,⁵²⁷ wild celery,⁵²⁸ velvet-leaf, sunflower,⁵²⁹ heart-leaved moonseed, myrobalan siris, and Indian cherry, white siris, the two kinds of turmeric,⁵³⁰ and the two kinds of hairy-fruited eggplant,⁵³¹ hogweed, peas, the three heating spices, the

526 The vulgate text here is quite different, recommending that the patient have medicated powder blown up his nose. It may be possible to detect the evolution of the Nepalese अवसीदेत् to the vulgate's अवपीडश्. The vulgate version is hard to construe, and we see Ḍalhaṇa struggling to interpret it in his commentary on 5.2.43ab (Su 1938: 566). This sternutatory is, however, recommended in the Nepalese version at 5.5.30ab (Su 1938: 576), for the seventh shock of poisoning by a striped snake (*rājimat*). It is possible the text migrated from that location to this.

Another difference at this point is that the Nepalese version also does not support the vulgate's passage on the crow's foot (*kākapada*) therapy (Wujastyk 2003b: 145, n. 106). The same is the case at 5.5.24 (Su 1938: 575) and the clear description at 5.5.45 (Su 1938: 577), in neither of which is the therapy supported in the Nepalese version. This therapy seems unknown to the Nepalese transmission. The therapy may have migrated into the vulgate *Suśrutasamhitā* from the *Carakasamhitā* 6.23.66–67 (Ca 1941: 574).

527 At 4.10.8 (Su 1938: 449) Ḍalhaṇa glossed कोशवती as देवदाली and at 4.18.20 (Su 1938: 472) as कटुकोशातकी, vocabulary pointing to *Cucumis cylindrica*, *Cucumis act-angula* or *Luffa echinata*. See glossary under ??.

528 A plant often cited in *Suśrutasamhitā*, but rarely in *Carakasamhitā* (GVDB: 4). Ḍalhaṇa glossed it here, 5.2.45 (Su 1938: 566), as *ajamodā*, wild celery, but noted that others consider it to be *morāṭa*, rajmahal hemp. There is considerable complexity surrounding the identification of *morāṭa*/*mūrvā* and related synonyms (GVDB: 314–316). Taking *agnika* as a short reference to *agnimantha*, often identified as migraine tree, might be plausible, since that is antitoxic or anti-inflammatory, but such a short reference is not known elsewhere.

529 At 5.2.45 (Su 1938: 566) Ḍalhaṇa said that this plant has leaves like the *paṭola*, pointed gourd, T. B. Singh and Chuneekar (GVDB: 280, 443) argued plausibly that this is a synonym for *arkapuṣpī*, panacea twiner, as Ḍalhaṇa also stated in 1.45.120 (Su 1938: 206), and the leaves of *Holostemma* and *Trichosanthes* are indeed strikingly similar. The appearance of the plant, a creeper with sun-like flowers, fits the name. But there remains much controversy about the identities of these candidates (e.g., ADPS: 195–198).

530 I.e., turmeric and Indian barberry.

531 I.e., hairy-fruited eggplant and yellow-berried nightshade.

two kinds of Indian sarsaparilla⁵³² and blue water-lily.

The Invincible Ghee

- 47–49 There is a famous ghee called “Invincible”. It rapidly destroys all poisons but is itself unconquered. It is prepared with a mash (*kalka*) of the following plants: liquorice, crape jasmine, costus, deodar, peas, Indian madder, cardamom and cherry, cobra’s saffron, blue water-lily, sugar, embelia, sandalwood, malabathrum, foxtail millet, rosha grass, the two turmeric, ⁵³³ the two Indian nightshades, ⁵³⁴ the two kinds of Indian sarsaparilla, ⁵³⁵ beggarweed, and heart-leaf sida.

Curing the ‘slow-acting’ poison

- 50–52 Someone suffering from “slow-acting poison (*dūṣṭviṣa*)” should be well sweated, and purged both top and bottom. Then he should be made to drink the following eminent antidote which removes “slow-acting poison:”
Take long pepper, rosha grass, spikenard, lodh tree, cardamom, natron, scented pavonia, red ochre, as well as gold, and pondweed.
This antitoxin, taken with honey, eliminates slow-acting poison. It is called the “enemy of slow-acting poison (*dūṣṭviṣāri*),” and it is not prohibited in other situations.
- 53–54 If there are any other side-effects (*upadrava*), such as fever, a burning feeling, hiccups, constipation (*ānāha*), depletion of the semen, distension, diarrhoea, fainting, skin problems, bellyache (*jaṭhara*), madness, trembling, then one should treat each one in its own terms, using anti-toxic medicines.
- 55 For a prudent person, the slow-acting poison can be cured (*sādhya*) immediately. It is treatable (*yāpya*) if it is of a year’s standing. Other than this, it should be avoided for the person who eats unwholesome things.

⁵³² I.e., country sarsaparilla and black creeper.

⁵³³ I.e., turmeric and Indian barberry.

⁵³⁴ I.e., hairy-fruited eggplant and yellow-berried nightshade.

⁵³⁵ I.e., country sarsaparilla and black creeper.

Kalpasthāna 3: Poisonous Insects and Animals

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.⁵³⁶

Translation

- 1 And now we shall explain the formal procedure (*kalpa*) that is the required knowledge about mobile poisons.⁵³⁷
- 3 The full explanation about the sixteen carriers (*adhiṣṭhāna*) of the mobile poisons, that have been mentioned by me in brief, will be stated.⁵³⁸
- 4 In that context, they are:⁵³⁹
 1. gaze
 2. breath,
 3. teeth,
 4. nails,
 5. mouth,
 6. urine,
 7. feces,
 8. **menstrual blood**,
 9. semen,
 10. **tail**,

Come back to the issue of "kalpa". Look up passages in the Kośa.

⁵³⁶ [HIML](#): IA, 291–292.

⁵³⁷ In contrast to stationary, plant poisons. No reference is made to Dhanvantari (see Birch, Wujastyk, Klebanov, Parameswaran, et al. [2021](#)).

⁵³⁸ "Carrier" for base, foundation (*adhiṣṭhāna*) aims to capture the idea that the author will describe the creatures in which poisons inhere.

⁵³⁹ The content of this section is presented as a table, for clarity for the contemporary reader and mindful of the theoretical issues surrounding notational variation, including the "symbolic rewriting" and the modification of "expressive capacities" discussed by Sarukkai ([2016](#): 321 ff). For further discussion, see Wujastyk [2021](#): 81–83.

- | | |
|---|-----------------------------------|
| 11. contact with saliva , | 15. bones, |
| 12. nipping with the mouth | 16. bile, |
| (<i>mukhasaṃdamśā</i>), | 17. bristles (<i>śūka</i>), and |
| 13. fart (<i>avaśardhita</i>), ⁵⁴⁰ | 18. corpses. ⁵⁴² |
| 14. anus , ⁵⁴¹ | |

5 In that context,

<i>location of the poison</i>	<i>creatures</i> ⁵⁴³
in their breath and gaze	divine snakes
in their fangs	the ones on earth ⁵⁴⁴
in their nails, mouths and fangs a	cats, dogs, monkeys, men (<i>nara</i>), ⁵⁴⁵ crocodiles, frogs, cook-fish insect , ⁵⁴⁶ monitor lizards, cone snails , ‘poisonous snakes’ (<i>pracalāka</i>), ⁵⁴⁷ house geckos , ⁵⁴⁸ four-footed insects and others
in their urine and faeces	lice (<i>kiṭiṇa</i>), ‘flat insects’ (<i>picciṭā</i>), ‘orange-dwellers’ (<i>kaṣāyavāsika</i>), ‘pepper snakes’ (<i>sarṣapaka</i>), ‘angry beetles’ (<i>toṭaka</i>), dung beetles (<i>varcaḥkīṭa</i>), and ‘pot insects’ (<i>kaunḍinya</i>)

540 This interpretation comes from Ḍalhaṇa on 5.3.4 (Su 1938: 567), but he reads विशर्धित.

541 Ḍalhaṇa on 5.3.4 (Su 1938: 567) noted this reading.

542 This list has grown in transmission by two items.

543 Many of these names are mere dubious placeholders.

544 Ḍalhaṇa on 5.3.5 (Su 1938: 567) cited the otherwise unknown authority Sāvitra on the topic of poisonous snakes (HIML: IA, 377, IB 497, n. 105).

545 Perhaps dittography from the previous word, monkey (*vānara*). But it is supported in both Nepalese witnesses, so it must go back to an earlier exemplar.

546 MS KL 699 separates the words पाक and मत्स्य with a daṇḍa, indicating that the scribe thought they were separate terms (see 223).

547 *Arthaśāstra* 14.1.14, 23 (Olivelle 2013: 448), where it might also be a chameleon; but the latter are not venomous.

548 The scribe of MS Kathmandu NAK 5-333 noted in the margin that some of his sources read गलगोडिका, which is the name of a snake known also in the *Carakasamhitā* and elsewhere in literature (cf. note 240, p. ??).

<i>location of the poison</i>	<i>creatures</i>
in their semen	rats
in their stings (<i>śūla</i>)	scorpions, all-supports, wasps, ⁵⁴⁹ fish, crickets, and wing-scorpions
in their saliva, nails, urine, feces, blood, semen and fangs	spiders
in the bites of their mouths	flies, wasps (<i>kaṇabha</i>) and leeches
in the bites of their mouths, in their fangs, faces, †, farts, anuses and feces	‘speckle-heads’ (<i>citraśīrṣa</i>), ‘lids’ (<i>śārava</i>), ‘bellied’ (<i>kuṣṣita</i>), ‘wood-enemies’ (<i>dārukāri</i>), ‘liquors’ (<i>medaka</i>), and ‘darts’ (<i>śārikā</i>).
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Table 3: Passage 5, expressed in tabular format.

550

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Pollution of the environment

- 6 The enemies of the king pollute the waters, roads and foodstuffs in enemy territory. The experienced physician, who has learned how to purify things, should clean up those polluted things.
- 7 Polluted water is slimy and smells of tears.⁵⁵¹ It is covered with froth and covered with streaks. The frogs and fish die, the birds are crazed and, along with the wetland creatures, they wander about aimlessly.

549 वरटी is a wasp; वरकि in the Nepalese MSS may be an alternant of this word. Ḍalhaṇa on 5.3.5 (Su 1938: 568) remarked that some interpreted वरकिमत्स्य as two items, “wasp and fish,” others as a single one, “wasp-fish.”

550 Kaur and L. Singh 2018 is unhelpful, in spite of a section on the *Suśrutasaṃhitā* (pp. 61–63).

551 अस normally means “tears,” but rarely means “blood.”

- 8 Men, horses and elephants who swim in it experience vomiting, delusion, fever, swelling and sharp pains.⁵⁵² He should try to purify that polluted water, after curing their ailments.
- 9 And so, he should burn *axlewood* and *garjan oil tree*, as well as *corky coral tree*, and *small-flowered crape myrtle* and *weaver's beam tree*, and with *golden shower tree* and *white cutch tree*.⁵⁵³ Then he should sprinkle that ash, cold, on the waters.
- 10–11 And in the same way, putting a handful of the ash in a pot, one may also purify water that one wants. If any one of the limbs of cows, horses, elephants, men or women, touch a place on the ground that enemies have spoiled with poison, or a ford or rock or a flat surface, then it swells up and burns and its hair and nails fall out on that place.⁵⁵⁴
- 12 In that situation, he should grind up *country sarsaparilla* together with all the aromatic items, with alcoholic drinks. And then he should sprinkle the paths that need to be used with waters mixed with mud.⁵⁵⁵ *And if there exists another path, he should go by that.*⁵⁵⁶
- 13 When grasses and foods are polluted, people collapse, fall unconscious. And others vomit. They get loose stool or they die.⁵⁵⁷ One should apply to them the therapy as described.
- 14–15 Alternatively, one should smear various musical instruments with antidotes that remove poison and then play them. What is called the most excellent paste for a musical instrument is *certain minerals*⁵⁵⁸ together

552 On the polysemy of elephant/snake (*nāga*), see Semeka-Pankratov 1979.

553 Cf. with the recipe at *Suśrutasaṃhitā* 5.6.3 (*Su* 1938: 580) for a paste to put on drums etc., p. 213 below.

554 “Swells up” translates an unclear reading that was probably शूयति, which may be an irregular form of √शू, श्वा, श्वि (see Whitney 1885: 175–176).

555 Our “alcoholic drinks” translates सुरा. For a discussion of this term at our period see McHugh 2021: 37–39 *et passim*.

556 Ḍalhaṇa on 5.3.12 (*Su* 1938: 568) cited a similar reading for the fourth pāda, but with a negative particle, “and if there is no other way, one should go by that.”

557 In “they get loose stool,” the verb आर्च्छन्ति (√ऋ), transmitted in both Nepalese manuscripts, has an irregular initial strong vowel. Alternatively, and perhaps more likely, it is a combination of आ+√ऋ, conjugated unusually as a class 6 verb, but with an appropriate sense of “to fall into (misfortune).”

558 “Certain minerals” translates तारावितार, the unanimous reading of the Nepalese witnesses. But the meaning of this expression is not clear and may even refer to plants, like the other ingredients. The vulgate reads तारः सुतारः, which is also not very clear. However, Ḍalhaṇa on 5.3.14 (*Su* 1938: 568) identified these as “silver” and “mercury.” This is highly unlikely to be a correct understanding of the passage. Historically, mer-

with gold and sarsaparilla, and a portion of of nutgrass equal to that, together with the bile called “brown cow”.⁵⁵⁹ By the sound of the musical instrument, even terrible poisons that may be present at that place are destroyed.

- 16 If there is smoke or wind that is affected by poison then birds are dazed and fall to the ground. People get coughs, colds, and head illnesses, and acute eye diseases.⁵⁶⁰
- 17 The smoke and air can be purified by putting into the air: lac, turmeric, Indian aconite, and myrobalan, with Himalayan mayapple, costus, cardamom,⁵⁶¹ as well as peas, and foxtail millet.

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ativīṣā; vulgate similar to H.

The origin of poison

- 18 As it is told, the arrogant demon called Kaiṭabha created an obstacle for lotus-born Brahmā, at the very time that he was creating these creatures.⁵⁶²
- 19 Pitiless Fury took a body and burst out of the mouth of furious Brahmā's store of fiery energy.⁵⁶³
- 20 He burned that great, thundering, apocalyptic demon. Then, after bringing about the annihilation of that demon, his amazing fiery energy increased.

cury is not naturally present in the South Asian peninsula (*Watt_{Diet}*: 5, 233) and the word पारद that Ḍalhaṇa used is probably a loan-word from Persian (sub *paranda*, *par-randa* Steingass 1930: 244b). Mercurial compounds are not reliably attested in South Asia until two or three centuries after the composition of the *Suśrutasaṃhitā* at the earliest. The currently available “śāstric” recension of the *Arthaśāstra* that is datable to 175–300 CE (Olivelle 2013: 29–31) does not mention mercury (*ibid*, 534). See further the study by Dagmar Wujastyk (2013a: 17, *et passim*).

559 सुरेन्द्रगोप and कुरुविन्द are both uncertain, see index. Ḍalhaṇa's opinion has been followed here, but it seems fair to say that all commentators were guessing.

560 The syntax of this verse is somewhat loose; the vulgate has regularized it, smoothing out the difficulties.

561

562 At this point, the text seems to make a new beginning to the topic of toxicology, as if starting a new chapter. It is notable that no reference is made here to the famous origin story of poison in the churning of the primal milk ocean; for discussion of the sources of this account, see Bedekar 1967. For reflections on this passage, connecting it with Rudra and the *Satapathabrāhmaṇa*, see Mānasa-taraṅgiṇī 2019.

563 “Fury” is here anthropomorphised.

- 21 And so, there was a sinking down (*viṣāda*) of the Daityas. Observing that, it was named “poison (*viṣa*)” because of it’s ability to produce a “sinking down.”
- 22 After that, the Lord created beings and subsequently made that fury enter into creatures still and moving.

The working of poison

- 23–24 Water that falls from the sky to the earth has no obvious flavour. The savour of the different places it lands on enters into it. In the same way, whatever substance a poison reaches, it establishes itself there and by its nature it takes on that substance’s savour.⁵⁶⁴
- 25 Generally speaking, in a poison, all the qualities are really sharp. For this reason, every poison is known to irritate all of the humours.
- 26 Irritated and afflicted by the poison, they leave their natural functions. Poison does not get digested, so it blocks the breaths.⁵⁶⁵
- 27 Breathing is obstructed because its pathway is blocked by phlegm. Even if life continues, a man remains without consciousness.
- 28 Similar to semen, the poison of all angry snakes pervades the whole body, and goes to the limbs like semen because of being stirred up.
- 29 The fang of snakes is like a hook. When it gets there, it sticks inside them. That is why the unagitated poison of a snake is not released.
- 30 Sprinkling with very cold water is traditional for all cases of poisoning, because poison is declared to be extremely hot and sharp.⁵⁶⁶
- 31 Poison in insects is slow and not very hot, having a lot of wind and phlegm. So in cases of insect poisoning, sweating is not forbidden.
- 32cd In cases of a strike or a bite, the poison may, of its own accord, stay there.
- 33–35ab †Having come upon a body,⁵⁶⁷ in the case of corpses that have been pierced by a poisoned arrow and bitten by a snake, someone who eats

564 The scribal emendation in MS Kathmandu NAK 5-333 of नियच्छति to निगच्छति suggests that the scribe had more than one manuscript before him, one of them representing the reading of the vulgate recension.

565 Probably a reference to the five breaths. Ḍalhana referred to winds (वात), but this does not seem correct since it is a reference to humours rather than breaths.

566 The verb पठ् “is declared, read aloud” here could possibly suggest that the author is working within a written, not oral, tradition.

567 “Having come upon” translates प्रस्थाप्य, which is hard to interpret unless it is a rare form connected with the sense “to see.”

the poisoned flesh of a recent corpse out of carelessness will suffer with illness according to the poison, or even die. And therefore, the flesh of those should not be eaten when they have just died.

It is admissable after three quarters of an hour, but without the poisoned arrow and the snakebite.

35.1 [At this point an Upajāti verse is added in the margin of K but is not fully legible; the version of the text in H is also incomplete and not fully comprehensible.]⁵⁶⁸

35.3 †When, in a wound, the poison that is connected with these qualities runs, ...Therefore, not everything that is damaged by poison and eaten causes death.⁵⁶⁹

35.1 [ślokas in the MSS that aren't in the vulgate. The first line doesn't scan. Witness K adds a part of the start of this in the bottom margin. This material is repeated at 3.39.2 in MS H.]

35cd & 36cd One designates a person who has diarrhoea of feces looking like soot (*grhadhūma*) with wind,⁵⁷⁰ and who vomits foam, as "someone who has drunk poison."

37 Therefore, fire burns a heart that is pervaded by poison. For, having pervaded of its own accord the location of consciousness, it abides.⁵⁷¹

Patients beyond help

38 Patients who should not be accepted include: those who have been bitten under a **peepul tree**, in a temple, in a cemetery, at an ant-hill, at

⁵⁶⁸ *Mādhavanidāna*, 69.20–21 (MN₁: 480) has verses that are directly parallel to this section: दर्वीकराणां विषम् आशुघाति सर्वाणि चोष्णे द्विगुणीभवन्ति ॥ अजीर्णपित्तातपपीडितेषु बालेषु वृद्धेषु बुभुक्षितेषु ॥२०॥ क्षीणक्षते मोहिनि कुष्ठयुक्ते रूक्षे ऽबले गर्भवतीषु चापि ॥ शस्त्रक्षते यस्य न रक्तम् एति राज्यो लताभिश्च न संभवन्ति ॥२१॥ This passage is the only occurrence in the ayurvedic text corpus that relates to the Nepalese version of the *Suśrutasamhitā* at this point. This suggests that Mādhavakara (fl. ca. 700, Bengal) knew and used the Nepalese version.

⁵⁶⁹ At this point, witness H inserts a marginal Indravajrā verse about diseases that afflict immoral women.

⁵⁷⁰ गृहधूम is not a plant in this context, *pace* MW: 362. See the discussion in note 468, p. 148 above.

⁵⁷¹ Dalhaṇa said that someone who has died from drinking poison has a heart that cannot be burned because it is pervaded by poison (5.3.37 (Su 1938: 570)). But the sense of the Nepalese MSS is the opposite.

dawn or dusk, at a crossroads, under Yama's asterism,⁵⁷² under the Great Bear and people who have been bitten in lethal spots.

39 The poison of cobras kills rapidly. They all gain twice the intensity in those who have indigestion, those who are afflicted by bile or wind, old people, children and the hungry.

39.1 In those whose who are mad or intoxicated, or who suffer from anxiety, or who are unable to tolerate its various strengths, it becomes sharp. †...

39.2 ⁵⁷³

3.40cd–3.43ab One should reject someone overcome by poison who **does not bleed** when cut with a knife, where weals do not appear as a result of lashes,⁵⁷⁴ or where there is no horripilation because of cold water, whose mouth is **crooked**, whose hair is falling out of his head. A man who is fatigued and those who stammer,⁵⁷⁵ one who has a black and red swelling at the site of the bite, with lockjaw, should be avoided. The same goes for someone who has a solid plug emerge from their mouth and someone who has blood running from above and below. The physician should also avoid a person who has fangs that have not fallen out quickly.⁵⁷⁶

572 याये means "southerly" but Ḍaḥaṇa on 5.3.38 (Su 1938: 570) interpreted it as "in Yama's direction" as "under the seventh asterism."

573 Material corresponds to SS.1.45.205ab, where it describes how alcohol produces intoxication because it is fine, hot and sharp and travels through the vessels disturbing the senses and the mind and intoxicating the potency.

574 Ḍaḥaṇa, on 5.3.40 (Su 1938: 570), glossed लताभिस् "by means of whips," as "when the body is struck by whips."

575 nāsāvasāda & plural sakaṇṭhabhaṅgāḥ

576 The grammatical verb-form परिवर्जयित् "he should avoid," opt., 3rd, sg., is unusual. Renou (1940: 10 ff) documented such forms from the *Aitareyabrāhmaṇa* onwards. Oberlies (2003: ¶6.3.3 "Peculiar optative endings", pp. 176–177) showed that the form is well-documented in *manuscripts* of the *Mahābhārata*, but has been edited out of the printed critical edition in almost all cases. Cf. also Kulikov 2006.

The concern about a patient who "has fangs that have not fallen out" is hard to understand. The word दंष्ट्रा does not mean human teeth (दन्त). We therefore prefer to understand this as describing a patient where the fangs of a venomous creature remain in the bite-wound. This requires construing the expression as a *bahuvrīhi* compound: दंष्ट्रा or दंष्ट्र + अनिपातः.

Kalpasthāna 4: Snakes and Envenomation

Introduction

The fourth chapter of the Kalpasthāna of the *Suśrutasamhitā* addresses the topic of snake bites and snake venom. Exceptionally for the Nepalese version of the *Suśrutasamhitā*, the discussion is framed as a question from Suśruta to the wise Dhanvantari. Suśruta's questions are about the number of snakes, how they are classified, the symptoms of their bites and the pulses or stages of toxic shock experienced by a victim of snakebite, and related topics. The taxonomy of snakes is presented in tabular form in Figures 2 and 3.⁵⁷⁷

The *Carakasamhitā* also addressed this topic of snake taxonomy, but only included the first three of the *Suśrutasamhitā*'s five types, namely Darvīkara, Maṇḍalī and Rājimān.⁵⁷⁸ These three categories of snakes were framed within a humoral scheme, aggravating wind, bile and phlegm respectively, a scheme that was carried forward into symptoms and therapy.⁵⁷⁹ The *Suśrutasamhitā* did not use this snake–humour parallelism. By contrast, the system of seven pulses or toxic shocks (*vega*) that was central to the *Suśrutasamhitā*'s understanding of envenomation is absent from the *Carakasamhitā*.⁵⁸⁰

⁵⁷⁷ On the idea of notational variants in scientific translation, see Elshakry 2008; Sarukkai 2016; Wujastyk 2021: 81–83.

⁵⁷⁸ 6.23.124 ff. (Ca 1941: 577).

⁵⁷⁹ *Carakasamhitā* 6.23.165–176 (Ca 1941: 579). Note that the *Carakasamhitā* then described symptoms and therapies without reference to the three-humour scheme: 6.23.177–254 (Ca 1941: 579–582).

⁵⁸⁰ One mention of the term in the *Carakasamhitā* refers to the peak of a tertian fever

Literature

A brief survey of this chapter's contents and a detailed assessment of the existing research on it to 2002 was provided by Meulenbeld.⁵⁸¹ There also exists a substantial herpetological literature from colonial India as well as more recent studies of snakes in the context of cultural and religious life.

Chevers (1870) gave a characteristically evidential and gripping nineteenth-century account of death by snakebite in the context of homicide. He discussed the specific species of snake most associated with envenomation and their common geographical distribution. He also provided numerous vivid case histories of envenomation as well as murder and execution by deliberate snakebite.⁵⁸²

The properly ophiological literature of the colonial period began in the late nineteenth century with the work of Fayrer, whose publication included striking colour paintings of snakes.⁵⁸³ Fayrer provided a biological taxonomy of snakes as well as chapters on mortality statistics during the nineteenth century, treatment and effects of poison, and experimental data. Ewart (1878) included descriptions of appearance and behaviour of poisonous snakes and sometimes their local names and reproducing Fayrer's illustrations.⁵⁸⁴ Wall (1913: 75–124) provided a useful analysis of the medical effects of snake envenomation in India arranged by the varied symptomatology of different snakes. He also discussed the difference between the symptoms of toxicity and fright (69–75) and also the difficulties arising out of uncertainty about the effects of snake-bite (124–126). The *Suśrutasaṃhitā* too recognized the emotional and somatic effects of fright (see note 600 below). Wall (1921) provided a wealth of detail of the snakes of Sri Lanka, including line drawings.

(6.3.70 (Ca 1941: 404). In other contexts, it had the ordinary-language meaning of a natural "impulse" or "pressure" that should not be suppressed (1.25.40 et passim (Ca 1941: 131–132)).

581 HIML: IA, 292–294. In addition to the translations mentioned by Meulenbeld (HIML: IB, 314–315), a translation of this chapter was included in P. V. Sharma 1999–2001: 3, 35–45. The classic work of Jolly (1951: ¶93) offered a short but accurate overview of Indian toxicology.

582 Chevers 1870: 368–386.

583 Fayrer 1874, first published in 1872.

584 Calling his work a supplement to Fayrer (1874), but also being cited by Fayrer, Ewart 1878 evidently also collected local indigenous knowledge from his "snake-man" (p. 22).

Semeka-Pankratov (1979) traced semiotics of the term *nāga* through Vedic, Pali and Sanskrit literature. Doniger (2015) provided a good survey of snakes as protagonists in religious literature from the *Atharvaveda* through the epics, *Purāṇas* and Buddhist literature. Slouber (2016a: 31–33 *et passim*) discussed the *Suśrutasamhitā*'s *Kalpasthāna* as a precursor and influence on later Tantric traditions of snake-bite interpretation and therapy. In particular, the Tantric *Kriyākālaguṇottara* text that Slouber presented divided snakes into two basic categories, divine and mundane, as the *Suśrutasamhitā* does.⁵⁸⁵ But unlike the *Suśrutasamhitā*, in the *Kriyākālaguṇottara* the chief taxonomic principle for both groups is the four *varṇas*.

A discussion of this chapter specifically in the light of the Nepalese manuscripts was published by Harimoto.⁵⁸⁶ After a close comparative reading of lists of poisonous snakes, Harimoto concluded that, “the Nepalese version is internally consistent while the [vulgate] editions are not.” Harimoto showed how the vulgate editions had been adjusted textually to smooth over inconsistencies, and gave insights into these editorial processes.⁵⁸⁷

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The Seven Stages of Toxic Shock

A prominent feature the *Suśrutasamhitā*'s interpretation of envenomation symptoms is the concept of seven successive stages or pulses (*vega*) of toxic shock after a bite. This is interestingly coordinated with the *Suśrutasamhitā*'s concept of the *kalās*, which are either seven layers of skin that come into existence during embryonic development or seven interstitial tissues that separate the various parts of the body.⁵⁸⁸

Contemporary clinical studies of snake envenomation and treatment do not show any awareness of such a seven-stage symptomatology as found in

⁵⁸⁵ Slouber 2016a: 144–145.

⁵⁸⁶ Harimoto 2011: 101–104.

⁵⁸⁷ The two editions that Harimoto noted, Su 1938 and Su 1889, present identical texts.

⁵⁸⁸ The system of the कला is described at 4.4.4–20 (Su 1938: 355–357). Cf. *Mahākośa*: 1, 183–184, *Śabdāsindhu*: 227–228, Kutumbiah 1962: 6, HIML: 1, 247–248 and notes. This system of dermal and interstitial कला was not known to the *Carakasamhitā* as such; rather, the *Carakasamhitā* mentioned six kinds of skin (त्वक्) (4.7.4 (Ca 1941: 337)), with different names and characteristics, a contradiction discussed by the commentator Cakrapāṇidatta (*idem*). It appears in later works such as the fourteenth-century *Śārṅgadharasamhitā* (1.1.60 (Śāstrī 1931: 15)).

traditional Indian medicine.⁵⁸⁹ Exceptionally, the studies by Barceloux and Özbek et al., do identify and tabulate three stages of envenomation.⁵⁹⁰ The symptoms of these three stages are mainly characterized by increasing degrees of edema. This differs from the *Suśrutasamhitā*'s detailed characterization of changes in skin colour etc.⁵⁹¹

Translation

- 1 Now we shall explain the procedure (*kalpa*) that is required knowledge (*vijñānīya*) concerning the venom in those who have been bitten by snakes.⁵⁹²
- 3 Suśruta, grasping his feet, questions the wise Dhanvantari, the expert in all the sciences.
- 4 “My Lord, please speak about the number of snakes, and their divisions, the symptoms of someone who has been bitten, and the knowledge about the toxic reactions of poisoning”.⁵⁹³

[The Taxonomy of Snakes]

- 5 On hearing his query, that distinguished physician spoke.
“The venerable snakes such as Vāsukī and Takṣaka are uncountable.
- 6–9ab “They are snake-lords who support the earth, as bright as the ritual fire, ceaselessly roaring, raining and scorching. They hold up the earth, with its oceans, mountains and continents. If they are angered, they can destroy the whole world with a breath and a look. Honour to them. They have no role here in medicine.

589 E.g., Ellenhorn 1997; Mehta and Sashindran 2002; Weinstein et al. 2009; Pillay 2013: 1747–1749; WHO 2019: 19; Hamza et al. 2021; A. M. Deshpande et al. 2022.

590 Barceloux 2008: 1017, Table 176.3, and Özbek et al. 2021: 7, and Table 1, broadly following Barceloux.

591 I am grateful to Prof. Jan Gerris (U. Ghent) and Prof. Jan Tytgat (KU Leuven) for assistance in finding relevant toxicological literature.

592 The *Sarvāṅgasundarī*, commenting on *Aṣṭāṅgahṛdayasamhitā* 1.16.17 (Ah 1939: 246), glossed कल्प as प्रयोग.

593 The expression “toxic reactions” translates वेग, which in other contexts may mean “(natural) urge.” Here, it is rather the discrete stages or phases of physiological reaction to envenomation. Cf. the symptoms of cobra poisoning described by Wall (1913: 80).

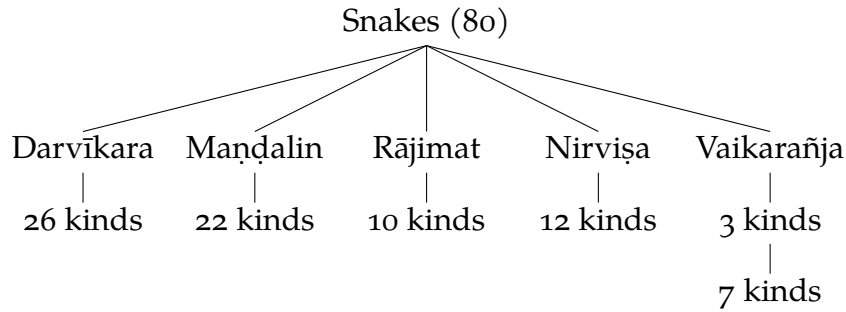


Figure 2: The taxonomy of snakes in the vulgate, 5.4.9–13ab (Su 1938: 571).

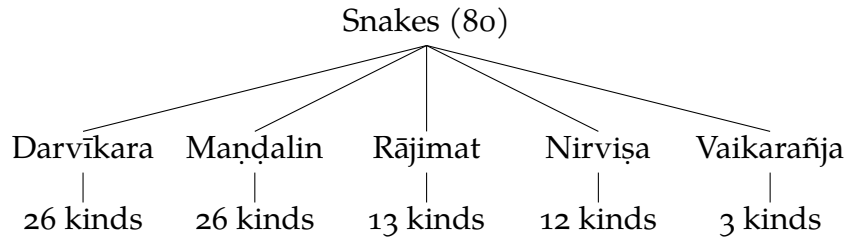


Figure 3: The taxonomy of snakes in the Nepalese version of the *Suśrutasamhitā*.

“The ones that I shall enumerate in due order are those mundane ones with poison in their fangs who bite humans.⁵⁹⁴

- 9cd–10 “There are eighty kinds of snakes and they are divided in five ways: Darvīkaras, Maṇḍalins, Rājīmat, and Nirviṣas. And Vaikarañjas that are traditionally of three kinds.⁵⁹⁵
- 11 “Of those, there are twenty and six hooded snakes, and the same number of Maṇḍalins are known. There are thirteen Rājīmat.⁵⁹⁶
- 12 “There are said to be twelve Niriviṣas and, according to tradition, three Vaikarañjas.

⁵⁹⁴ The next few verses are discussed in detail by Harimoto (2011: 101–104), who shows that in the taxonomy of snakes, the Nepalese version of the *Suśrutasamhitā* has greater internal coherence than the vulgate recension.

⁵⁹⁵ Harimoto (2011) translated these names as “hooded,” “spotted,” “striped,” “harmless,” and “hybrid.” Figure 2 shows the taxonomy described in the vulgate text; Figure 3 shows the different and more logical division of the Nepalese version of the *Suśrutasamhitā*.

⁵⁹⁶ The phrasing of this śloka is awkward.

Or “There are 20 phanins and 6 maṇḍalins. The same number are known. There are 13 Rājīmat.” Or even, “there are 20 Phanins and six of them are Maṇḍalins.” Are phanins really the same as darvīkaras?

[Behaviours]

- 13–14ef “If they are trodden on, ill-natured or provoked or even just looking for food, those very angry snakes will bite. And that is said to happen in three ways: serpented (*sarpita*), torn (*darita*) and thirdly without venom (*nirviṣa*). Some experts on this want to add “hurt by the snake’s body”.⁵⁹⁷
- 15–16 “The physician can recognize the following as “ophidian (*sarpita*)”: Where a rearing snake makes one, two or more puncture-marks of its teeth, when they are deep and without much blood,⁵⁹⁸ accompanied by a little ring of spots (*cuñcumālaka*),⁵⁹⁹ lead to degeneration, and are close together and swollen.
- 17 Where there are streaks with blood, whether it be blue or white, the physician should recognize that to be “torn (*darita*),” having a small amount of venom.
- 18 The physician can recognize the locations of the bites of a person in a normal state as being free from poison, when the location is not swollen, and there is little corrupted blood.
- 19 The wind of a timid person who has been touched by a snake can get irritated by fear. It causes swelling.⁶⁰⁰ That is “hurt by a snake’s body.”

grammar

597 This might refer to constriction. The phrase reads like a commentarial addition rather than the main text of the *Suśrutasamhitā*.

598 The word उद्धृत “aroused” was glossed by Ḍalhaṇa at 5.4.15 (Su 1938: 571) as उन्मोद्य, a word not found as such in standard dictionaries (MW; KEWA; *Mahākośa*; Apte). Semantic considerations suggest that the word is not related to √muṭ “break” or *mūta*/*mūṭa* “woven basket.” Perhaps it is related to the Tamil மோதி (*mōti*), whose meanings include “arrogance, grandeur, display” (DED₂: #5133) or to faintly-documented forms like *moṭyate* “is twisted” (CDIAL: #10186). Ḍalhaṇa’s उन्मोद्य may thus mean “twisting up” or “making an arrogant display.”

Note that पद “puncture-mark” (more literally, “footprint”) is being used in the same sense as in 1.13.19 (Su 1938: 57) when describing the marks on the body where a knife scarifies the skin before leeching. See footnote 75.

599 The usual dictionary lexeme is चञ्चु, not चुञ्चु as in the Nepalese witnesses. We translate “spots” following Ḍalhaṇa and Gayadāsa on 5.4.15 (Su 1938: 571), where they described a group of spots or swellings at the site of the bite. On the history of the word मालक, see Kieffer-Pülz 1996.

600 Wall (1913: 69) remarked on the difficulty of separating toxicity symptoms from the psychosomatic effects of terror:

The gravity of symptoms due to fright does not appear to me to be sufficiently recognised, though there is no doubt in my mind that fatal cases from this cause are abundant, especially among the timid natives of this country.

- 20 Locations bitten by sick or frightened snakes are known to have little poison. Similarly, a site bitten by very young or old snakes has little poison.
- 21 Poison does not progress in a place frequented by eagles,⁶⁰¹ gods, holy sages, **spirits**, and saints, or in places full of herbs that destroy poison.⁶⁰²

[Characteristic Features of Snakes]

- 22 Darvīkara snakes are known to have hoods, to move rapidly, and to have rings, ploughs, umbrellas, crosses, and hooks on them.
- 23 Maṇḍalin snakes are known for being large and slow-moving. They are decorated with many kinds of circles. They are like a flaming fire because of their poisons.
- 24 Rājimat snakes are smooth and traditionally said to be, as it were, mottled with multicoloured streaks across and above.

[Classes of Snake]

- 25 Snakes that shine like pearls and silver, and that are amber and that shine like gold, and smell sweet are traditionally thought of as being of the Brāhmaṇa caste.
- 26 Warrior snakes, however, are those that look glossy and get very angry. They have the mark of the sun, the moon, the earth, an umbrella and **bitumen**.
- 27 Merchant snakes may traditionally be black, shine like diamond or have a red colour or be grey like pigeons.

Wall went on to give several case studies in which patients experienced syncope or even died as a result of bites from toxicologically harmless creatures.

601 Ḍalhaṇa on 5.4.21 (*Su* 1938: 571) identified the सुपर्ण as a गरुड. On the bird called सुपर्ण, Dave (1985: 72 ff, 514) too noted that it may be a synonym for Garuḍa, and in some contexts may refer to the Golden Eagle, Golden Oriole, Lammergeyer, etc. Dave (1985: 199 ff, 492) noted again that the Garuḍa is a mythical bird but may refer to the Himalayan Golden Eagle and other species of eagle. He pointed out that historically, The original physical basis for गरुड as the नागाशी (snake-eater) was most probably the Sea-Eagle who picks up sea-snakes from the sea or sand-beach and devours them on a nearby tree... (Dave 1985: 201).

Dave continued with interesting reference to Śrīharṣa's *Nāgānanda*.

602 For "spirits" the Nepalese version has भूत while the vulgate reads यक्ष.

- 28 Any snakes that are coloured like a buffalo and a tiger, with rough skin and different colours are known as servants.⁶⁰³
- 31 All snakes that are variegated (Rājīmats) move about during the first watch of the night. The rest, on the other hand, the Maṇḍalins and the Darvīkaras, are diurnal.⁶⁰⁴
- 29 Wind is irritated by all hooded snakes; bile by Maṇḍalins and phlegm by those with many stripes.
- 30 Because of the two classes having greater, lesser or equal class, there is the characteristic of irritating two humours.
And he will explain the opposing view that is to be known as a result of the non-union of a male and female.⁶⁰⁵

[Enumeration of Snakes]

- 34.1 In that context, here are the Darvīkaras.
- | | |
|--|---|
| 1. The Black snake (<i>kṛṣṇasarpa</i>); | (<i>parisarpa</i>); |
| 2. The Big Black (<i>mahākṛṣṇa</i>); | 12. The Break Hood |
| 3. The Black Belly (<i>kṛṣṇodara</i>); | (<i>khaṇḍaphaṇa</i>); |
| 4. The All Black (<i>sarvakṛṣṇa</i>); ⁶⁰⁶ | 13. The Kūkuṭa (<i>kūkuṭa</i>); |
| 5. The White Pigeon | 14. The Lotus (<i>padma</i>); |
| (<i>śvetakapota</i>); ⁶⁰⁷ | 15. The Great Lotus |
| 6. The Rain Cloud (<i>valāhako</i>); | (<i>mahāpadma</i>); |
| 7. The Great Snake | 16. The Grass Flower (<i>apuṣpa</i>); |
| (<i>mahāsarpa</i>); | 17. The Curd Mouth |
| 8. The Conch Keeper | (<i>dadhimukha</i>); |
| (<i>śaṃkhapāla</i>); | 18. The Lotus Mouth |
| 9. The Red Eye (<i>lohitākṣa</i>); | (<i>punḍarīkamukha</i>); |
| 10. The Gavedhuka (<i>gavedhuka</i>); | 19. The Brown Hut Mouth |
| 11. The Snake Around | (<i>babhrūkuṭīmukha</i>); |

603 Presumably “different” from the earlier-mentioned castes.

The sequence of the following three verses is slightly different from the vulgate (5.4.29–31 (Su 1938: 572)).

604 The readings of the vulgate, that Rājīmats are active in the early night, the Maṇḍalins in the later night, and Darvīkaras in the day, seem clearer.

605 The sense of the last phrase here is quite different from the vulgate, which says only that “details” will be explained below.

606 Not in the vulgate.

607 The vulgate adds The Big Pigeon (*mahākapota*).

- | | |
|--|---|
| 20. The Variegated (<i>vicitra</i>); | (<i>rjusarpa</i>); |
| 21. The Flower Sprinkle Beauty | 24. The White Rip (<i>śvetadara</i>); |
| (<i>puṣpābhikīrṇnābha</i>); | 25. The Big Head (<i>mahāśīrṣa</i>); |
| 22. The Mountain Snake | and |
| (<i>girisarpa</i>); | 26. The Hungry Sting (<i>alagarda</i>); |
| 23. The Straight Snake | |
- 34.2 Here are the Maṇḍalins
- | | |
|--|--|
| 1. The Mirror Ring | 13. The Morning Glory |
| (<i>ādarśamaṇḍala</i>); | (<i>pālindaka</i>); |
| 2. The White Ring | 14. The Stretch (<i>tantuka</i>); |
| (<i>śvetamaṇḍala</i>); | 15. The Pale as a Flower |
| 3. The Red Ring (<i>raktamaṇḍala</i>); | (<i>puṣpapāṇḍu</i>); |
| 4. The Speckled (<i>prṣata</i>); | 16. The Six Part (<i>ṣaḍaṅga</i>); |
| 5. The Gift of God (<i>devadinna</i>); | 17. The Flame (<i>agnika</i>); |
| 6. The Pilindaka (<i>pilindaka</i>); | 18. The Brown (<i>babhru</i>); |
| 7. The Big Cow Snout | 19. The Ochre (<i>kaśāya</i>); |
| (<i>vr̥ddhagonasa</i>); | 20. The Khaluṣa (<i>khaluṣa</i>); |
| 8. The Jackfruit (<i>panasaka</i>); | 21. The Pigeon (<i>pārāvata</i>); |
| 9. The Big Jackfruit | 22. The Hand Decoration |
| (<i>mahāpanasaka</i>); | (<i>hastābharanaka</i>); |
| 10. The Bamboo Leaf | 23. The Tatra (<i>tatra</i>); ⁶⁰⁸ |
| (<i>veṇupatraka</i>); | 24. The Mark (<i>citraka</i>); |
| 11. The Kid (<i>śīśuka</i>); | 25. The Deer Foot (<i>eṇīpada</i>). ⁶⁰⁹ |
| 12. The Intoxicator (<i>madanaka</i>); | |
- 34.3 Here are the Rājīmats.⁶¹⁰
- | | |
|---|--|
| 1. The Lotus (<i>puṇḍarīka</i>); | 5. The Drop Stripe (<i>bindurāji</i>); |
| 2. The Stripe Speckle (<i>rājicitra</i>); | 6. The Mud (<i>kardama</i>); |
| 3. The Finger Stripe (<i>aṅgulirāji</i>); | 7. The Grass Drier (<i>tr̥ṇaśoṣaka</i>); |
| 4. The Two Finger Stripe | 8. The White Jaw (<i>svetahanu</i>); |
| (<i>dvyāṅgulirāji</i>); | 9. The Grass Flower |

⁶⁰⁸ This seems implausible, but otherwise the list of Maṇḍalins would be short.

⁶⁰⁹ The list is short by one item. Perhaps the one of the snakes named in the vulgate, *citramaṇḍala*, *gonasa* or *piṅgala*, should be considered here.

⁶¹⁰ The following list is one item short. The vulgate text, however, has several names that do not appear in the Nepalese Rājīmat list, for example *Sarṣapaka* and *Godhūmaka*.

⁶¹¹ Also in the Darvīkara list.

⁶¹² Also in the Darvīkara list.

- (*darbhapuṣpa*);⁶¹¹
10. The Red Eye (*lohitākṣa*);⁶¹²
11. The Ringed (*cakraka*);
12. The Worm Eater (*kikkisāda*);
- 34.4 Here are the Nirviṣas.
1. The Rain Cloud (*valāhako*);⁶¹³
2. Thei Snake Flag (*ahipatāka*);
3. The White Leaf (*śukapatra*);
4. The Goat Swallower (*ajagara*);
5. The Stimulator (*dīpyaka*);
6. The Ilikinī (*ilikinī*);
7. The Year-Snake (*varṣāhika*);
8. The Two-day (*dvyaḥika*);
9. The Milk Flower (*kṣīrikāpuṣpa*);
10. The Flower All (*puṣpasakalī*);
11. The Chariot of Light (*jyotīratha*);
12. The Little Tree (*vṛkṣaka*);

[Breeding and Gender]

- 34.5 The Vaikarañjas originate out of contrary unions amongst the three colours.⁶¹⁴ Thus:

1. The Mākuli (*mākuli*);
2. The Poṭa Throat (*poṭagala*);
3. The Oil Stripe (*snigdharāji*);

Amongst those, the Mākuli (*mākuli*); is born when a male Black Snake mates with a female Cow Snout (*gonasa*), or the reverse. The Poṭa Throat (*poṭagala*) is born when a male Rājila mates with a female Cow Snout (*gonasa*) or the reverse. The Oily Stripe (*snigdharāji*) is born when a male Black Snake mates with a female Rājimat, or the reverse. Their poison is like that of their father, because it is the superior one out of the two; but others say it is like the mother. Thus eighty of these snakes have been described.

- 35 Amongst them, males have large eyes, tongues and heads.⁶¹⁵ Females

⁶¹³ Also in the Darvīkara list.

⁶¹⁴ The word *varṇa* in this chapter normally means “colour” not “class.” (“Class is expressed by “jāti.”) While *kṣṇasarpa* is clearly a colour-type, it is less obvious that *gonasī* is a special colour, and *rājimat* is a group of snakes.

⁶¹⁵ The vulgate includes the snake’s mouth in this and the next list.

have small eyes, tongues and heads. Neuters have both characteristics, and are slow to exert themselves or be angry.⁶¹⁶

- 36 In that context we shall give instruction in a general way about the sign of having been bitten by any of the snakes.

For what reason?

Because poison acts quickly, like a fire with an oblation, a honed sword, or a thunderbolt.⁶¹⁷ And ignored for even a period of time, it can drag the patient away. There is not even an opportunity to follow the literature.⁶¹⁸

And when the symptom of being bitten is stated, there will be three ways of treating it because there are three kinds of snake. Therefore we shall explain it in three ways. “For this is good for people who are ill, and it removes confusion and in this very case it prevents all symptoms”.⁶¹⁹

[Symptoms of snakebite]

- 37 In this context, the poison of a Darvīkara causes the skin, nails, eyes, mouth, urine, feces, and the bite-mark to be black; there is dryness, the joints hurt and the head feels heavy; the waist, back and neck feel weak; there is yawning, the voice becomes faint, there is gurgling, paralysis, dry throat, cough, wheezing, and hiccups; the wind goes upwards, the patient convulses with sharp pain, black saliva dribbles out, foam appears, the ducts (*srotas*) are blocked and every kind of pain that is due to wind.⁶²⁰

616 The reading मन्दचेष्टाक्रोधा is an awkward compound; possibly the original reading was मन्दचेष्टाः + अक्रोधा and sandhi was applied twice.

617 Perhaps the image suggested by “a fire with an oblation” is that of the Pravargya, in which a large flame rises suddenly from the ritual fire.

618 The idea seems to be that there is no time to consult the verbose āyurvedic teachings. The “extensive meaning of the collection of statements (वाक्समूहार्थविस्तार)” is singled out as one of Āyurveda’s virtues in 5.8.142 (Su 1938: 594). Alternatively, perhaps the patient is unable to understand what the doctor is saying to him.

619 In the next passage, the symptoms of snake poisoning are indeed explained under three headings.

620 Cf. the similar symptoms of snake venom poisoning by the so-called Brahmin warriors of Harmatelia, described by the classical author Diodorus Siculus (fl. ca. 30–60 BCE) (Eggermont 1975: 108).

The poison of a Maṇḍalin causes the skin, nails, eyes, teeth, mouth, urine, feces, bitemark to be yellow; there is a desire for cold, a temperature, giving off fumes,⁶²¹ a burning feeling, thirst, intoxication, fainting, fever, haemorrhaging (*śonitāgamana*), and the degeneration of the flesh and fat above and below. There is swelling, suppuration of the bite, metamorphopsia (*viparītadarśana*), anger caused by the suffering, and every kind of pain that is due to bile.⁶²²

The poison of a Rājīmat causes the skin, nails, eyes, teeth, mouth, urine, feces, and bitemark to be pale; there is a cold fever, the hair stands on end, there is stiffness and swelling of the limbs including the site of the bite. There is a discharge of viscous phlegm, vomiting, itchy eyes, and a rattling sound. The breath is obstructed and there is every kind of pain due to phlegm.

- 38 In that context, “someone bitten by a male gazes upwards, by a female horizontally, and by a neuter, downwards.” One bitten by a pregnant snake has a pale face and becomes swollen (*ādhmāta*). One bitten by a recently-delivered snake is afflicted with abdominal pain and urinates with blood. One bitten by a hungry snake craves food. Those bitten by an old snake have delayed and slow reactions. And one bitten by a young snake is fast and keen. One bitten by a non-venomous snake has the characteristic mark of non-poisoning.⁶²³ Some that are bitten by a blind snake become blind. A constrictor (*ajagara*) is deadly because it swallows, not because of poison.

[Toxic reactions]

- 39 In that context, all snake toxins have seven toxic reactions.⁶²⁴

621 The term “giving off fumes (परिधूपयन)” is not in MW: 596 as such, although परिधूपन, परिधूमन and परिधूमायन are cited and referred to the *Suśrutasaṃhitā*. “Giving off fumes (परिधूपन)” is listed at *Suśrutasaṃhitā* 2.6.13 (Su 1938: 291) amongst the symptoms of urinary disease caused by phlegm. The editors note a variant reading परिधूमायन but do not tell us in which manuscript (Su 1938: 291, n. 3). Ḍalhaṇa on 2.6.13 (Su 1938: 292) glossed परिधूपन as “hot all over (समन्ततस्तापः)” and in our current passage as “hot over the whole body (सर्वाङ्गसन्तापः)” (Su 1938: 573). See also *Mahākośa*: 1, 429: धूमायन “अङ्गानां धूमोद्धमनमिव” citing the *Suśrutasaṃhitā*.

622 Ghosh et al. (2023) describes visual disturbances due to snake envenomation.

623 The grammar of अविषलिङ्गम् is not quite right; it should be a masculine or plural bahuvrīhi.

624 Cf. the same concept in the context of plants, at 161

[*Darvīkaras*]

Thus, at the first pulse of the *Darvīkaras* the poison corrupts the blood. That corrupted blood turns black. Because of that, blackness and a feeling of ants crawling about on the body develop.⁶²⁵

In the second pulse, it corrupts the flesh. That causes extreme blackness and lumps.

In the third, it corrupts the fat. That causes a discharge at the bite, heaviness of the head and an eclipse of the vision.⁶²⁶

In the fourth, it penetrates the trunk of the body (*koṣṭha*). From there, it irritates the humors, particularly phlegm. That causes exhaustion and oozing phlegm, and dislocation of the joints.

In the fifth pulse, it penetrates the bones. That causes breaking of the joints, hiccups and burning.

In the sixth pulse, it penetrates the marrow. That causes humours in the seat of fire in the gut (*grahaṇī*), heaviness of the limbs, diarrhoea, pain in the heart and fainting.⁶²⁷

In the seventh, it penetrates the semen and greatly irritates the *vyāna* breath (*vyāna*), and causes the phlegm (*kapha*) to run imperceptibly out of the tubes (*srotas*). That causes the appearance of mucous (*śleṣman*), breaking of the hips, back and shoulders, impediment to all movements and shortness of breath.

[*Mandalins*]

Thus, at the first pulse of the *Mandalins*, the poison corrupts the blood. Corrupted by that, it turns yellow. That causes a yellow appearance and a feeling of heat all over (*paridāha*).

In the second pulse, it corrupts the flesh. And that causes the limbs to be very yellow and an extreme feeling of heat all over (*paridāha*), and swelling at the bite.

In the third, it corrupts the fat. That causes a discharge at the black bite and sweating.

⁶²⁵ Strictly, we would expect a dual verb here, instead of the plural of the witnesses.

⁶²⁶ *Dalhana* on 5.4.39 (*Su* 1938: 574) glossed the last expression as “blockage of the vision (दृष्ट्यवरोध).”

⁶²⁷ The “seat of fire in the gut (ग्रहणी)” is an ayurvedic organ in the digestive tract that does not correspond to any specific organ known to contemporary anatomy. For discussion, see *Mahākośa*: v. 1, 304; Meulenbeld 1974b: 619; Das 2003: 544–545.

In the fourth, it penetrates as before and brings on fever.
 In the fifth, it causes heat in all the limbs.
 In the sixth and seventh, it is the same as before.

[Rājīmats]

Thus, in the first pulse of the Rājīmats, the poison corrupts the blood. Corrupted by that, it turns yellow. It causes a person to have hair standing on end and a pale appearance.
 In the second pulse, it corrupts the flesh. That causes him to become pale and to become extremely benumbed (*jāḍya*).
 In the third, it corrupts the fat. That causes moistness of the bite and runny eyes and nose.
 In the fourth, it is the same as before. After penetrating, it brings on stiffness of the neck (*manyāstambha*) and heaviness of the head.
 In the fifth, speech is slurred and there is a cold fever.
 In the sixth and seventh, it is the same as before.

[Summary Verses]

40 There are verses on this.

It is well known that there are seven al layers (kalā) in between the bodily tissues (dhātu). Poison passing through these one by one produces the toxic reaction (vega).⁶²⁸

41 *The interval taken by the deadly substance (kālakaḥ), propelled (√ūh) by air (samīraṇa), to cut the layers of skin is known as the "pulse interval (vegāntara)".⁶²⁹*

42 *In the first pulse, an animal has a swollen body, is distressed and broods.⁶³⁰*

⁶²⁸ See note 588 above.

⁶²⁹ Ḍalhaṇa on 5.4.41 (Su 1938: 574) glossed कालकल्प as मृत्युसदृशं विषं "the poison resembles death."

⁶³⁰ The verb √प्रध्वै "meditate, be thoughtful, brood" is unexpected here and in the second class, an epic form. Ḍalhaṇa on 5.4.42 (Su 1938: 574) noted that some manuscripts did not include the text about animals from this point on. The fact that these verses are present in the Nepales witnesses testifies to their antiquity.

In the second, it dribbles somewhat,⁶³¹ the hair stands up on its body, and it has pain ($\sqrt{pīḍ}$) in the heart.

43 *The third stage brings headache and it breaks the **ears** and necks.⁶³²
In the fourth, the bewildered creature trembles and gnashing its teeth, it gives up life.*

44–45 *Some experts say that elephants have three toxic reactions.⁶³³
So, at the first toxic reaction, an bird becomes bewildered and is confused from that point on. At the second, the bird is distressed and, crying out, it dies.
Some people claim that where birds are concerned, there is really just a single toxic reaction (*vega*) and that amongst animals like cats and mongooses, poison does not take much effect.⁶³⁴*

631 The Nepalese witnesses use लालि-, not लाला-, for “saliva.”

632 The scribe of MS H emended the text to read कण्ठग्रीव with the vulgate. Intransitive use of pass. भञ्ज्.

633 On अन्तःस्वेद as “elephant,” cf. *Arthaśāstra* 9.1.46 (Kangle 1965: v.1, 219; Olivelle 2013: 351): हस्तिनो ह्यन्तःस्वेदाः कुष्ठिनो भवन्ति ॥ ४६ ॥

634 See on this subject: Brunton and Fayrer 1909: 39–40; S. A. Minton and M. R. Minton 1969: 88–89 (references taken from HIML: 1B, 399, n. 124).

Kalpasthāna 5: Therapy for those Bitten by Snakes

Introduction

Literature

A brief survey of this chapter's contents and a detailed assessment of the existing research on it to 2002 was provided by Meulenbeld.⁶³⁵

⁶³⁵ [HIML](#): IA, 294–295. In addition to the translations mentioned by Meulenbeld ([HIML](#): IB, 314–315), a translation of this chapter was included in P. V. Sharma [1999–2001](#): 3, 35–45.

Translation

Passage numbers refer to the canonical numbering of the vulgate edition (*Su* 1938).

- 1 Now we shall explain the formal procedure (*kalpa*) that is the therapy for someone bitten by a snake.⁶³⁶
- 3 For a person bitten on a limb by any snake, one should first of all make a strong binding, at four fingers measure above the bite.⁶³⁷
- 4 Poison does not move around into the body if it is prevented by bandages (*ariṣṭā*) or by any other soft items of cloth (*plota*), leather (*car-mānta*) or bark.⁶³⁸
- 5 Where a bandage (*bandha*) is not suitable, one should **raise the bite up** and then cauterize it.⁶³⁹ Suction, cutting and cauterizing are recommended in all cases.
- 6 Suction will be good after filling the mouth with **earth** (*pāṃśu*).⁶⁴⁰ Alternatively, the snake should be bitten **by the person who knows** that they have just been bitten.⁶⁴¹

636 On कल्प, see note 592.

637 Application of a tourniquet is deprecated by modern establishment medicine, which relies on antivenom medications (e.g., Pillay 2013: 150–151 et passim in the literature). The vulgate introduces the word अरिष्टा at this point. This may be a borrowing from Ci.23.251cd (*Ca* 1941: 582).

638 It is hard to translate the word अरिष्टा otherwise than “bandage,” as referred to by बन्धियात् in the previous verse, and apparently similar to items of cloth etc., and called a बन्ध in the next verse. But in general Sanskrit literature, including medical literature, the word (in masc. gender) means either “an alcoholic tonic” or “an omen of death,” (1.30.3 (*Su* 1938: 137)), or is a plant name. This raises a question mark over its unique meaning in the present context. The *Aṣṭāṅgahṛdayasaṃhitā* (Utt.36.42cd (*Ah* 1939: 910)) seems to be a gloss on अरिष्टा, saying “An expert in mantras may bind using a braid made of silk etc., empowered with mantras” (see also 5.5.8 (*Su* 1938: 575)). On problems that can arise from tying a bandage too tightly, see 5.5.56 (*Su* 1938: 577) below.

639 The vulgate reads उत्कृत्य “having excised” rather than translate उद्धृत्य “having raised up.”

640 The vulgate recommends cloth, not earth (5.5.6 (*Su* 1938: 574)).

641 The syntax is odd here, and the vulgate has removed the difficulties. Ḍalhaṇa on 5.5.6 (*Su* 1938: 574) noted that one should hold the snake firmly and give a good bite to its head and tail (हस्ताभ्यामुपसंगृह्य पुच्छे वक्रे च सर्पः सम्यग् दष्टव्यः). Our colleague Dr Madhu K. Paramesvaran reports that this procedure is known in Malayalam *viṣavaidya* treatises and is practiced in Kerala, though rarely: “this practice has been described as one of

- 7 Now, one should in no way cauterize someone bitten by a Maṇḍalin. Because of the over-abundance of poison in the bile (*pittaviṣa*), that bite will **be lethal** as a result of cauterization.⁶⁴²

The application of mantras

- 8 An expert in mantras should tie on a bandage (*ariṣṭā*) too, with mantras. But they say that a bandage that is tied on with cords and so on causes the **poison to be purified**.⁶⁴³
- 9 Mantrās prescribed by gods and holy sages (*brahmarṣi*), that are imbued with truth and religious power (*tapas*) are inexorable and they rapidly destroy intractable poison.
- 10 Drugs cannot eliminate poison as quickly as the application of mantras imbued with religious power (*tapas*) and imbued with truth, holiness (*brahma*) and religious power.⁶⁴⁴
- 11 The mantras should be received by a person who is abstaining from women, meat and mead (*madhu*), who has a **restricted** diet, and who is pure and lying on a bed of **halfa grass**.
- 12 For the mantras to be successful, one should diligently worship the deity (*devatā*) with perfume, garlands, and oblations (*upahāra*), as well as sacrificial offerings (*bali*), and with mantra repetition (*japa*) and rituals.⁶⁴⁵

the first-response cares for snakebite in most of the Malayalam texts of Viṣhavaidyā. I have never seen this happening in real life and my teachers used to consider it to be a method (albeit a bit outrageously dangerous) for self-reassurance by the patient.” (Paramesvaran 2023). Cf. the Viṣhavaidyā text edited by Mahādeva Śāstrī (1958).

642 Verses 5.4.29, and 37 above note that the venom of Maṇḍalins particularly irritates the bile.

643 Ḍalhaṇa on 5.5.8 (Su 1938: 575) clarified that on the one hand the bandage must be accompanied with mantras, but on the other hand, it may also be used without mantras. The verse seems to put two points of view.

644 Ḍalhaṇa on 5.5.10 (Su 1938: 575) noted that mantras like “kurukullā” and “bheruṇḍā” are explained in other treatises and therefore not explained further in his commentary. These two mantras are the names of tantric Śaiva and Buddhist goddesses. For a study on this specific subject see Slouber (2016b). HIML: IIB, 151, n. 344 provides a bibliography to 2002 of studies on Kurukullā, who is mentioned in Māhuka’s *Haramekhalā*, and Meulenbeld 2008a: 30–34 includes discussion of Bheruṇḍa as a bird, with related terms.

645 Ḍalhaṇa on 5.5.12 (Su 1938: 575) noted that उपहार includes incense, while बलि refers to sacrifice with an animal (सपशुनैवेद्य).

- 13 But mantras pronounced illicitly or that are deficient in accents (*svara*) and letters do not give success. So antitoxic (*agada*) procedures need to be employed.

Blood letting

- 14 A skilled physician should puncture a duct (*sirā*) which is located on the limb (*śākhāśrayā*), and comes from the bite and the general area. If the poison has spread, one on the forehead should be pierced.
- 15 The blood being drawn out draws away all the poison.⁶⁴⁶ Therefore one should cause blood to flow, for that is his very best procedure.
- 16 After incising (*pracchāna*) the area around the bite, one should smear it with antidotes and sprinkle it with water infused with sandalwood and vetiver.⁶⁴⁷

Internal medications

- 17 One should make him drink various antidotes together with milk, honey and ghee. If they are unavailable, the earth of black ants can be good.⁶⁴⁸
- 18 Alternatively, he should consume orchid tree, siris and purple calotropis or white siris too. He should not drink sesame oil or horse gram, nor wine or Indian jujube.
- 19 But after drinking any other liquid at all, he should throw up after drinking it. For on the whole, poison is easily removed by means of vomiting.

⁶⁴⁶ The Nepalese version uses a present passive participle construction here, that is less common than the vulgate's locative absolute. The Nepalese version states that it is the blood coming out of the patient that carries away the venom; the vulgate text says merely that the venom emerges while the blood comes out.

⁶⁴⁷ प्रच्छान is the second of the two methods of blood letting described in the vulgate text of the *Suśrutasamhitā* at 1.14.25 (Su 1938: 64); this verse does not appear in the Nepalese version of the *Suśrutasamhitā*.

⁶⁴⁸ This refers to earth taken from an anthill. In South Asia, there is a long tradition of considering such earth to be beneficial and even holy (e.g., Irwin 1982).

Therapies at each pulse of toxic reaction

- 20 In the case of hooded snakes, when there is a toxic reaction (*vega*) first one should let blood. At the second, **one** should make him drink an antidote (*agada*) together with honey and ghee.⁶⁴⁹
- 21 At the third one should use errhines and collyrium (*añjana*) that destroy poison.⁶⁵⁰ At the fourth, when he has vomited, the physician should make him drink a gruel (*yavāgū*) that destroys poison.
- 22 At the fifth and sixth toxic reactions one should make the person drink something that aids cooling, that is cleansing and sharp (*tikṣṇa*), and a well-regarded gruel too.
- 23 **But at the seventh, one should purge (*√śodh*) his head with a sharp sternutatory.**⁶⁵¹

In the case of Maṇḍalins

- 24 Amongst Maṇḍalins, the earliest toxic reaction (*vega*) should be treated in the same way as with Darvīkaras.⁶⁵²
- 25 **At the second, one should make him drink ghee and honey and then make him vomit.**⁶⁵³
- 26 At the third, one should give the purged patient healthy gruel. At the fourth and the fifth too, one should do the same as for the Darvīkara.

649 This section reproduces some of the therapies from *Suśrutasamhitā* 5.2.40–43 (Su 1938: 566) on the stages of slow poisoning (*dūṣṭvīṣa*) by plant poisons; see translation on p. 161 above.

650 The rare word नस्तः “from or into the nose” in नस्तःकर्म “errhine” is supported by both Nepalese manuscripts. The term is more common in the *Carakasamhitā*, occurring eleven times, e.g., at 1.20.13 (Ca 1941: 114), 2.1.36 (Ca 1941: 203), *et passim*.

The *Carakasamhitā* describes how collyriums, especially रसाञ्जन, cause phlegm to flow, thus clearing the eyes (1.5.14–19 (Ca 1941: 38–39)). This could be appropriate in expelling poisons.

651 The vulgate adds a half-verse here recommending the application of a collyrium (*añjana*) to a cut made on the patient’s head.

652 The vulgate again adds a half-verse here, recommending the “crow’s foot” incision on the patient’s head. On this procedure, described in *Carakasamhitā* 6.23.66–67 (Ca 1941: 574), see Wujastyk 2003b: 145. This text is not supported here, as it was not in the Nepalese text at *Suśrutasamhitā* 5.2.43 (Su 1938: 566) either. See footnote 526, p. 162 above. As stated there, it appears that this procedure was known in the tradition of the *Carakasamhitā*, but not in the earliest text of the *Suśrutasamhitā*.

653 Again, the vulgate text differs substantively, adding another half-verse. But the general idea of the treatment is the similar.

- 27 At the sixth, wholesome things from the group of plants starting with **cottony jujube** should be drunk and a sweet antidote.⁶⁵⁴ And at the seventh, a wholesome antidote that destroys poison in a sternutatory (*avapīḍa*).⁶⁵⁵

In the case of Rājimats

- 28 **Now, Amongst Rājimats, one should let blood at the first toxic shock.**⁶⁵⁶
 29 At the second, a patient who has vomited should be made to drink an antidote that destroys poison. At the third, fourth and fifth, the rule that applies to the Darvīkara is suitable.
 30 At the sixth, use a very sharp collyrium (*añjana*), and at the seventh a sternutatory (*avapīḍa*). There is a prohibition on using blood-letting for pregnant women, children and the elderly.
 31ab In those who are in pain because of poison, it is advised that the prescribed procedures be applied gently.

31ab In animals

In goats and sheep, bleeding and collyriums are the same as for people.

- 32cd In cows and horses, that is twice as much; three times as much for buffaloes and camels, four times for elephants and simply (*kevala*) for all birds.⁶⁵⁷⁶⁵⁸

write note
on par-
isekān pra-
dehāms

654 The “group of seventeen plants beginning with **cottony jujube**” (काकोल्यादि गण) is described at *Suśrutasamhitā* 1.38.35–36 (*Su 1938*: 167). These plants pacify the bile, blood and wind and increase phlegm, body-weight, semen and breastmilk.

655 The अवपीड is described at *Suśrutasamhitā* 4.40.44–45 (*Su 1938*: 556), where it is also recommended for victims of snakebite. It is a type of head-evacuant. Commenting on that passage, Ḍalhaṇa cited “other treatises” as saying that अवपीड treatment was suitable for restoring the consciousness of those who have been poisoned. He also quoted a text by an authority called Videha, that says the same. Videha was an author known to Dṛḍhabala (according to Cakrapāṇidatta) and often cited in the *Madhukośa* on the topic of eye diseases (*HIML*: IA, 132 *et passim*). See also *Mahākośa*: 1, 62–63.

656 The vulgate text says that the blood-letting should be done with a **gourd**. It also has an extra half-verse here, prescribing an antitoxin to be drunk together with honey and ghee.

657 Ḍalhaṇa on 5.5.32 (*Su 1938*: 576) explained “simply for all birds” as meaning that birds should receive just drugs, and not blood-letting or collyriums. See p. 187 for the toxic reactions in birds and other animals.

Subsequent therapies

- 34 One should consider carefully with one's intellect the location, constitution (*prakṛti*), suitability (*sātmya*), the season, the poison, and the strength or weakness of the toxic reaction and then proceed with therapy.⁶⁵⁹
- 47–48ab One should eliminate this poison completely. It is extremely hard to overcome. For even a small amount remaining can strongly bring about a toxic reaction.⁶⁶⁰
- 48cd–49 Or it may lead to dejection, pallor, fever, cough and headaches, dessication, swelling, catarrh, poor vision, disinterest in food (*aruci*) or rigidity (*jāḍyatā*).⁶⁶¹ And in such cases one should apply the cure as appropriate.⁶⁶²
- 50–51ab One should also treat the secondary ailments (*upadrava*) of a poisoned patient each as appropriate.
Now, after the bandage (*ariṣṭā*) has been removed and after the place

658 The vulgate includes several verses after this sentence that give a recipe and also a list of specific items like place and constitution that should be given careful consideration. Ḍaḥaṇa on 5.5.33 (Su 1938: 576) cited the opinions of Gayadāsa and Jejjāta on this recipe but stated that he preferred to follow the contrasting opinions of Vṛddhavāgbhaṭa (1.25.24cd–25aba (As 1980: 184)) and Suśruta (4.31.29cd–30ab (Su 1938: 511)) on this topic, as well as several citations “another work” (तन्त्रान्तर) that is unidentified.

659 The vulgate here has twelve verses not found in the Nepalese version. These verses explicitly switch subject away from assessments according to toxic reactions and to the treatment of both mobile and immobile poisons, starting from physical symptoms such as swelling and discolouration as well as humoral theory. At the point where the vulgate summarizes the extra verses, saying that cases should be treated “according to their humors” (यथादोषं), the Nepalese witnesses have “as is appropriate” (यथायोगं, 5.5.49cd (Su 1938: 577)). This suggests that the text has been edited to fit the insertion of the verses referring to humoral therapy. These verses also include therapies such as the crow's foot treatment (see footnotes 526 and 652, pp. 162, 193 above) and the beating of drums that have been smeared with antidotes, as discussed in *Suśrutasaṃhitā* 5.6 (Su 1938: 580–582) (see p. 213 below).

660 The word अवतिष्ठ “remaining” is hard to parse. It cannot be a णमुल् formation (Pāṇini 3.4.22 ff), because of the root's reduplication, and should not be a present participle because it is not neuter. However, lack of gender concord is not unknown in Epic Sanskrit; several of the examples cited by Oberlies (2003: § 10.2.1) even involve present participles without gender concord. Cf. Edgerton 1953: 1, § 6.12 for examples in BHS.

661 Ḍaḥaṇa on 5.5.49ab (Su 1938: 577) reported a reading from Jejjāta of स्तैमित्य “immobility” instead of प्रतिश्याय “catarrh.”

662 The vulgate introduces दोष theory here, which is absent in the Nepalese version.

marked by it has been quickly incised (*pracchāna*) one may see poison that has leaked out there, and a toxic reaction may strongly result.

Treatment of secondary ailments

- 52.1 Once the poison has disappeared one can conquer irritated wind using items that restrain the wind.⁶⁶³
- 53 One can conquer bile using substances that remove bile-fever (*pittajvara*), with decoctions, oleation and purges, combined with substances that remove poison, with the exception of sesame oil (*taila*), **wine**, **horse gram**, and **mangosteen**.⁶⁶⁴
- 54 One can conquer phlegm with the group that starts with **golden shower tree**, together with honey.⁶⁶⁵

Formal verses

- 56 If the the bandage (*ariṣṭā*) is bound tightly, or if it is incised (*pracchita*) with sharp ointment or **with the remnants of the poison**, then, when the limb swells up, the flesh weeps, smells a great deal and is **is putrid** (*śīrṇa*), it is designated “**poison-stink** (*viṣapūti*).”⁶⁶⁶
- 57–58ab One may be certain that a person has been **struck by something poisoned** (*digdha*) if their wound immediately starts to suppurate has black blood that flows and is inflamed, as well as having black, weeping and exceptionally foul-smelling flesh coming out of the wound and also someone who has thirst, fainting (*mūrcchā*), fever and a temperature.⁶⁶⁷
- 58.1–60 One who is known to have these exact symptoms may have poison in their wound that is † given by mistake.† And they may have a wound

663 This half-verse is is not present in the vulgate, but has broadly the same sense as 5.5.52cd ([Su 1938: 577](#)), that is not present in the Nepalese version.

664 The vulgate reads “fish” in place of “wine.”

665 The आरम्बघण is listed at *Suśrutasaṃhitā* 1.38.6 ([Su 1938: 164](#)). These herbs are there explicitly said to pacify phlegm and to remove poison, etc. (1.38.7 ([Su 1938: 164](#))).

666 *Suśrutasaṃhitā* 5.5.16 ([Su 1938: 575](#)) (p. 192 above) suggests smearing an incised area with antidotes.

667 The Nepalese witnesses describe someone who has been struck or hurt (क्षत, आहत), while the vulgate describes someone who is pierced (विद्ध). Ḍalhaṇa on 5.5.58ab ([Su 1938: 576](#)) interpreted the latter wording as being struck by a poison-smeared arrow.

that has been hit by something poisoned (*digdha*) and is full of poison. And others are sick because of a wound that stinks because of poison. The wise person debrides the excess flesh of such people and then, after removing the blood by means of leeches and after removing the humours from above and below, he should irrigate with cold bark decoctions from milky trees. And he should apply items that destroy poison such as cloths containing ointments together with cold liquids mixed with ghee.

- 61ab When the bone is **injured** by poisons, the very same rule should be followed as for bile poison.

Antitoxin drugs

- 61cd–63ab The following items are powdered, mixed with honey and stored in a horn: **turpeth**, **weaver's beam tree**, **liquorice**, the two kinds of **turmeric**, **Indian madder** and **Himalayan mayapple**,⁶⁶⁸ and all kinds of salt.⁶⁶⁹ This antidote, taken with drinks, collyrium (*añjana*), oil rubs (*abhyañjana*), errhines and drugs, destroys poison. With its relentless potency (*vīrya*) and as a destroyer of the toxic reaction (*vega*) to poison, it is called “mahāgada (*The Great Antidote*) and has great power.
- 63cd–65ab Very fine **embelia**, **velvet-leaf**, **the three myrobalans**, **wild celery**, and **devil's dung**, as well as **Himalayan mayapple** and **the three pungent drugs**, the whole group of salts, together with **leadwort** and honey should be placed in a cow's horn and covered with something made of cow's horn. It should be set aside for two weeks. This antidote is called “Unbeaten” because it conquers both stationary and mobile poisons.
- 65cd–68ab One should make a fine powder of the following items and place them in a horn, together with honey: **long-stamen Wendlandia** (?), **deodar**, **grey orchid**, **black creeper**, **kutki**, **Himalayan yew**, **rosha grass**, **wild Himalayan cherry**, **Alexandrian laurel**, ??, **natron**, **sedge**, **cardamom**, **blue Indian symphorema**, **powdered ruffle lichen**, **costus**, **crape jasmine**, **fox-tail millet**, **lodh tree**, **Indian bdellium-tree**, **red ochre**, **rock salt**, **long pepper**, and **dried ginger**. This antidote (*agada*) is identified as “Garuḍa

⁶⁶⁸ There is no मञ्जिष्ठा group, but there is a plant वक्र.

⁶⁶⁹ There is a लवणवर्ग, (1.46.313–321 (Su 1938: 236–237)).

- (*tārṣya*).” It can even destroy the poison of the snake prince Takṣaka (*takṣaka*).
- 69cd–72ab One should make powder of the following items and place it in a horn: spikenard, peas, the three myrobalans, horseradish tree, Indian madder, liquorice, wild Himalayan cherry, embelia, ??, Indian sarsaparilla, cardamom, cinnamon, costus, Himalayan mayapple, sandalwood, verbena, bitter gourd, white siris, velvet-leaf, colocynth, hare foot uraria, black creeper, Asoka tree, mulberry, toothed-leaf limonia, and the flower that is the blossom (*prasūna*) born from the fruit of the marking-nut.⁶⁷⁰ The bile derived from boars, monitor lizards, peacocks, and porcupines is to be added, with honey, and the products of civet, chital deer and mongoose.⁶⁷¹ This properly-prepared antidote is called “Bull.” Someone who has it in the house is called “Bull Amongst Men.” There will be no snakes there, nor even insects: they lose their potency and their toxins too.
- 72cd–73ab Drums and tabors smeared with this rapidly destroy poison when they are sounded. Smeared flags flags being looked upon easily and quickly overcome poison.
- 73ab–75ab One should make a powder of the following items and place the collection in a cow’s horn, mixed with turmeric, and mingled with honey and ghee. As before, there is a cover: lac, the two peass, spikenard, fox-tail millet, Indian madder, liquorice and gummy gardenia. It should then be used with collyrium (*añjana*), drinks and errhines. This antidote is called “Resuscitator (*sañjīvana*)” because it brings to life the dead whose breath is almost gone.
- 75cd–76ab The best antidote for the poisons of Darvīkaras and Rājilas is Indian cherry,⁶⁷² bayberry, citron, white clitoria, winged-stem canscora, white siris, and sugar, taken with amaranth.⁶⁷³
- 76cd–78ab The best antidote for the poison of Maṇḍalins is grapes, Withania, Indian frankincense, ground white clitoria, combined in equal amounts

670 Dalhaṇa on 5.5.70 (Su 1938: 579) glossed प्रसून more specifically as तुलसीपुष्प “the Tulasi flower.”

671 All three animals produce musk. Dalhaṇa on 5.5.71 (Su 1938: 579) remarked that some people thought शिखी was a cock, not a peacock. He also here glossed पृषत as चित्तल.

672 Dalhaṇa on 5.5.75 (Su 1938: 579) noted the common name बहुवार for श्लेष्मातकी.

673 राजिल appears to be a synonym for राजिमत्, a “striped” snake. Dalhaṇa on 5.5.76ab (Su 1938: 579) once again gives interesting local synonyms for these plant names.

and given with two parts of the leaves of holy basil, and those from wood-apple, Bengal quince and pomegranate, as well as one measure from those of white Indian symphorema sage-leaved alangium seed as well as red ochre.⁶⁷⁴

- 84ab–86 The following group is known as the One Essence (*ekarasa*):⁶⁷⁵ beauty-berry, hibiscus (?), weevil wort, and mango, as well as maloo creeper, Indian pennywort, three-leaved caper, spurge, hogweed, smooth angelica, croton tree, and Indian snakeroot as well; black earth (*bhūmī*),⁶⁷⁶ and bluebell barleria. Whether used separately or in pairs, it removes poison.⁶⁷⁷

⁶⁷⁴ After this passage, the vulgate has five and a half verses that do not appear in the Nepalese version.

⁶⁷⁵ The vulgate reads एकसर, “one run.” Ḍalhaṇa on 5.5.86 (Su 1938: 580) also read एकसर and glossed it as the proper name of a गण.

⁶⁷⁶ A hapax in this meaning *Mahākośa*: 1, 582. So glossed by Ḍalhaṇa on 5.5.86 (Su 1938: 580): भूमिः कृष्णमृत्तिका ॥;

⁶⁷⁷ Das (1983: 55–56) discussed this passage, suggesting that भूमीकुरबक may be a plant-name.

Kalpasthāna 6: Rats and Rabies

Introduction

A notable macro-difference between the vulgate and the Nepalese versions of the *Suśrutasaṃhitā* is that this chapter and the next are reversed in the vulgate. In the Nepalese version, this is chapter six and the chapter on antitoxic drumming is chapter seven.⁶⁷⁸ Jejjāṭa too read the chapters this way round, as reported by Ḍalhaṇa.⁶⁷⁹

Mouse or Rat?

In 2004, Umberto Eco published a characteristically subtle and enlightening book about translation entitled *Mouse or Rat?*.⁶⁸⁰ The title alluded to Eco's discussion of the example of translating words for mice and rats across several European languages that do not always distinguish these animals from each other, or confuse them in other ways. In Sanskrit too, *mūṣikā*, the subject and title of this chapter, does not distinguish between mouse and rat. The same is true for MIA and NIA derivatives.⁶⁸¹ It is hard to know quite how to translate the term since "rodent" is too broad a term. In what follows, I have chosen "rat" for *mūṣikā* in order to produce a working translation of a text about an animal that is viewed as potentially toxic and threatening. "Mouse" does not have quite these connotations for a contemporary English speaker.⁶⁸²

⁶⁷⁸ See p. 135 above.

⁶⁷⁹ Ḍalhaṇa on 5.6.32 ([Su 1938](#): 582): जेज्जटस्तु मूषिककल्पानन्तरं दुन्दुभिस्वनीयं कल्पं पठति.

⁶⁸⁰ Eco 2004.

⁶⁸¹ CDIAL: #10258.

⁶⁸² Kunjalal Bhishagratna made the same choice (Kunjalal Bhishagratna 1907–16: 2, 728–736).

The rodents that may be described as mice or rats in contemporary South Asia and that are especially associated with the spread of disease include the house or black rat (*Rattus rattus*, L.), the brown rat (*R. norvegicus*, Berkenhout), the house mouse (*Mus musculus*, L.) and bandicoots (*Bandicota*).⁶⁸³ Also present in SA are the Indian desert gerbille (*Meriones hurrianae*, Jerdon), the Indian gerbille (*Tatera indica*, Hardwicke), the spiny field mouse (*Mus platythrix*, Bennett), the Indian field mouse (*M. booduga*, Gray), the Metad (*Millardia meltada*, Gray), the Indian bush rat (*Golunda ellioti*, Gray), the longtailed tree mouse (*Vandeleuria oleracea*, Bennett), Royle's vole (*Aticola roylei*, Gray), the Indian mole-rat (*Bandicota bengalensis*, Gray & Hardwicke),⁶⁸⁴ the bandicoot rat (*B. indica*, Bechstein), the shorttailed bandicoot (*Nesokia indica*, Gray & Hardwicke), the whitetailed wood rat (*Madromys blanfordi*, Thomas), the bay bamboo rat (*Cannomys badius*, Hodgson), and other similar rodents.⁶⁸⁵ However, plausibly matching these creatures to the Sanskrit names listed in this chapter is hard to impossible.⁶⁸⁶ Almost no works engage directly with the representation or identity of rodents in pre-modern India.⁶⁸⁷

Rabies

Passages 43 ff. (p. 209) describe rabies fairly unambiguously, including the symptoms of hydrophobia.⁶⁸⁸ As Meulenbeld noted, the idea that the bite-victim displays the behaviours of the creature that bit them is not unique to South Asia.⁶⁸⁹

A sympathetic description was given in the seventeenth century by Emperor Jahangir, in his *Memoirs* (*Tuzuk-e-Jahangiri*), of the death of two of his elephants resulting from the bites of a mad dog.⁶⁹⁰

683 BIA: 194.

684 "Recent studies...show that the mole-rat forms 98% of the total rodent population of Calcutta," BIA: 206.

685 BIA: ill. plates 45, 46 *et passim*. See also Menon 2014: *passim*.

686 Mouse-words that we do not see in this chapter include the *kirika*, *giri*, *girikā* group (EWA: 1, 353, 488, 566).

687 One of the few is van der Geer 2008: ch. 3.

688 For a short historical bibliography on rabies, see HIML: IB, 400, note 163.

689 HIML: IB, 400, note 164.

690 Alvi and Rahman 1968: 132–134; Thackston 1999: 145–146.

Literature

A brief survey of this chapter's contents and reference to the limited existing research on it to 2002 was provided by Meulenbeld.⁶⁹¹

Chevers provided a characteristically vivid nineteenth-century discussion of injuries inflicted by wild animals, including details of those killed by wolves, tigers, dogs, jackals and other animals, and in his classic survey of the diseases of India, he discussed rabies specifically.⁶⁹² The experiments with cannabis anesthesia conducted by William O'Shaughnessy in Calcutta earlier in the nineteenth century were largely aimed at palliative care for rabies patients, an incurable, lethal disease.⁶⁹³

A rich description of Indian rodents is available by Prater, including several useful illustrations.⁶⁹⁴ Unfortunately, Prater rarely provided Indian-language names for the animals he described.

In Sanskrit literature, the *Arthaśāstra* referred to the problem of rats more than once. For example, to rid a country of the threat of rats,

When there is a danger from rats, cats and mongooses should be released. If these are captured or killed, the fine is 12 Paṇas, as also for not keeping dogs confined, except in the case of foresters. He should strew grains smeared with the milk of the Snuhi-plant or mixed with secret compounds. Or, he should institute a rat tax; or thaumaturgic ascetics should perform a pacificatory rite. On the days of the moon's change ..., moreover, he should have rites of rat worship carried out.⁶⁹⁵

⁶⁹¹ [HIML](#): IA, 295–296. In addition to the translations mentioned by Meulenbeld ([HIML](#): IB, 314–315), a translation of this chapter was included in P. V. Sharma 1999–2001: 3, 67–77. Sekhar Namburi (2023) omitted mention of this type of poisoning, although he discussed rabies, a subsection of this chapter.

⁶⁹² Chevers 1870: 359–368; 1886: 426–440.

⁶⁹³ Wujastyk 2002: 50–55.

⁶⁹⁴ [BIA](#): ch. 13, esp. 205–215.

⁶⁹⁵ *Arthaśāstra* 4.3.20–26, tr. Olivelle 2013: 230.

Translation

- 1 Now I shall explain the procedure (*kalpa*) relating to rats (*mūṣikā*).⁶⁹⁶
- 3 Learn concisely about aforementioned eighteen kinds of rats that have poison in their semen, according to their names, characteristics and the herbal treatments.⁶⁹⁷

The types of rat

- 4–6 The eighteen rats are traditionally called,⁶⁹⁸
 1. Fondling rat,
 2. Sonny rat,
 3. Black rat,
 4. Gajpipul rat,
 5. Little rat,
 6. House shrew
 7. Arala rat,⁶⁹⁹
 8. Red-toothed shrew,
 9. Bad-marked rat,
 10. Invincible rat,
 11. Fidgety rat,
 12. Brown rat,
 13. the one called Mole-rat and
 14. Tawny rat,
 15. the large black rat,
 16. White rat, together with the
 17. the large Brown rat,
 18. and the Pigeon rat-like rat.⁷⁰⁰
- 7 If a part of the body has their sperm fall on it or if they touch it with their nails or teeth, etc., that have been touched by sperm, then the blood is corrupted.⁷⁰¹

696 The word मूषिका does not distinguish between rats and mice. See Introduction above.

697 Rats with poisonous semen were mentioned in 5.3.5 (Su 1938: 567) (see p. 167 above).

698 Ḍalhaṇa on 5.6.4 (Su 1938: 582) gave no comment on any of these names. The identifications are mostly guesswork and sometimes whimsical. The glossary gives lexical discussion of individual names.

699 The word अरल is a hapax legomenon and has not previously been identified as a lexeme because it did not appear in earlier editions of the *Suśrutasaṃhitā*. It is a loan-word from Dravidian (see glossary).

700 The Nepalese list has वसिर (Gajpipul rat) for the vulgate's हंसिर. The terms आखु, मूषिका and उन्दुरु are here used as generic names of rat/mouse rodents.

701 On this, Ḍalhaṇa on 5.7.7 (Su 1938: 582) quoted an authority called Ālambāyana who elaborated on this subject (see HIML: IA, 658 for references to this author of a lost treatise on toxicology). Ḍalhaṇa also cited Ālambāyana elsewhere on the topics of insects and spiders (HIML: IB, 722, note 5). See also the *Aṣṭāṅgasaṃgraha*'s assertion that Ālambāyana was responsible for the doctrine of toxic pulse (*vega*)s, p. 153 above. Ālambāyana, who was already known as "the famous soul of compassion" in the *Mahābhārata* (13.18.4), was also known in Buddhist literature. Book 22, tale 543 of

8–10ab It happens that there are lumps (*gran̥thi*), swellings, small ear-like growths (*kar̥ṇika*) and rings, accumulations of severe blisters (*piṭaka*), spreading rashes (*visarpa*) and dark, rough patches of skin (*kiṭibha*).⁷⁰² There are severe conditions such as pain in the joints, pain, fever, fainting, weakness, loss of appetite, exhaustion, nausea and horripilation.⁷⁰³

This is a concise description of the appearance of someone who has been bitten. Now listen to a longer version.

Detailed symptoms

10cd–11ab The Fondling rat causes a flow of saliva, vomiting and hiccups. For that, one should lick a paste of amaranth with honey.

11cd–12 The Sonny rat causes the limbs to droop and creates a pale beauty,⁷⁰⁴ and the body is heaped with lumps like the young of a rat.⁷⁰⁵ One should lick siris, odal oil plant and malabathrum with

the Jātakas includes mention of an Ālambāyana who claimed to be a doctor and specialist in snakebite poisons: *nāhaṃ diḍādhīpo homi, na diṭṭho garuḷo mayā, āsīvisena vitto ti veḷḷo maṃ brāhmaṇaṃ vidū ti* 793 (Fausbøll 1877–96: 6, 181, tr. Cowell et al. 1895–1907: 6, 95). In the same tale, there is a herbal “Ālambāyana mantra” given to an ascetic by a Garuḍa who has just caught and eaten a Nāga, thus invoking the Garuḍa-snake-poison motif (Cowell et al. 1895–1907: 6, 93–94). The Jātakas were translated into Chinese in the third century CE.

See further discussion by Slouber (2016a: 33–34), who calls the mantra “Ālambāyana,” adopting the reading of the Burmese MS Bd against the Fausbøll’s critical reading “Ālambāyana” (see Fausbøll 1877–96: 2 & 3, Preliminary remarks 3 and 7).

702 “Little ears” was strikingly described by Ḍalhaṇa on 5.7.8 (Su 1938: 582) as looking like the seed pod in the middle of a lotus (कमलमध्यबीजकोशाकृतिः), a graphic image (see also Ḍalhaṇa on 5.8.136 (Su 1938: 594)). Perhaps similar to hypergranulation. The Nepalese version has पिटक “blisters” for the vulgate’s पीडक “boils” (itself perhaps a typo for पिडक). किटिभ “dark rash” was described by Ḍalhaṇa on 1.11.7 (Su 1938: 46) as a kind of कुष्ठ, which is variously a skin disease of pallor, leucoderma, or leprosy (Emmerick 1984). But it was described in the *Carakasamhitā* as being dark and as rough as a callous to the touch (6.7.21cd–22ab (Ca 1941: 451)) (*Mahākośa*: 1, 208).

703 पर्वभेद “pain in the joints” was glossed by Ḍalhaṇa on 5.7.9 (Su 1938: 582) as “spots on the joints” (सन्धेः स्फोटः). This seems unlikely, since symptoms on the surface of the body were described in the previous verse, and also because of the obvious etymological meaning of the compound.

704 The expression -वल्गु “beauty” in the Nepalese MSS, for the vulgate’s simpler -वर्ण “complexion,” is unusual.

705 The grammar here is very loose. शिशुर् cannot stand outside the compound, which

- honey.⁷⁰⁶
- 13 The **Black rat** causes one to vomit blood, especially when the weather is bad. One should drink **siris** and **malabathrum**, with **costus** and **cardamom**, with the **flame-of-the-forest** ashes.⁷⁰⁷
- 14 The **Gajpipul rat** causes a person have a revulsion for food, to yawn, and makes their body-hair **leprous**.⁷⁰⁸ They should drink items like **golden shower tree** and be quickly made to vomit.
- 15 The **Little rat** causes headache, swelling, hiccups and nausea. One should have thorough emesis using decoctions of **luffa**, and he should drink the juice of **sage-leaved alangium**.
- 16cd–ab The **House shrew** causes constipation, paralysis of the neck, and gasping (*vijṛmbhikā*).⁷⁰⁹ In this case, one should administer a caustic made of **barley ash** and **velvet bean** as well as the two **hairy-fruited eggplants**.⁷¹⁰

should read मूषिकशिसुसंस्थितैः. The vulgate text has the simpler and grammatical आ-खुशावकसन्निभैः “resembling the offspring of a rat.”

706 Ḍalhaṇa on 5.7.11-12 (*Su* 1938: 582) here cited a passage by an unknown author called Nāgārjuna, about the visible symptoms of a bite by this kind of rat (cf. P. V. Sharma 1982: 45–46, *HIML*: IB, 497, note 100) as well as variant readings by Gayadāsa and Jejjāta on the exact formulation of the lickable medication.

707 Ḍalhaṇa on 5.7.13 (*Su* 1938: 583) explained “with the ashes of **flame-of-the-forest**” as “water with the ashes of **flame-of-the-forest**.”

708 The qualifier कुष्ठता (रोम्णां) is odd; the vulgate’s हर्षण “horripilation” reads more easily. कुष्ठ has a lesser-known meaning “prominent part, mouth or opening” which might perhaps be considered here, though it is hard to see how.

709 विजृम्भिका is one of the eighty wind diseases listed in the *Kāśyapaśaṃhitā* and glossed by Hemarājaśarman as “yawning” (Hindī जेभाई, 1.27.19–28 (Hemarājaśarman 1938: 41–42)). However, in the *Carakasamhitā* it is a term for one of the disorders of an improperly treated post-partum umbilical cord (glossed by Ḍalhaṇa as मुहुर्मुहुर्वृद्धिमती “growing larger moment by moment,” 4.8.45 (*Ca* 1941: 348–349)) and translated by P. Sharma (1994: 1, 480) as “umbilical hernia.” Cf. *Mahākośa*: 1, 756.

710 Note that half-verses 16cd and 16ab are reversed compared to the vulgate edition. This makes the caustic a remedy for the bite of the **House shrew**, while the earlier **luffa** remedy is for the **Little rat**, which makes better sense.

The vulgate has text at this point, 17 and 18ab, that are not present in the Nepalese version. They are about further symptoms and treatment of stiffness of the neck, anostomia, etc., presumably arising from the bite of the **House shrew**. Ḍalhaṇa on 16cd–17 (*Su* 1938: 583) recorded different readings from Gayadāsa’s commentary here (see edition notes); it seems these verses became slightly confused at an early period. We would expect symptoms of the bite of the **Arala rat** at this point in the text, and the Great Antidote treatment in the next line would be its therapy.

- 18cd–19 The **Arala rat** causes stiffness of the neck and pain in the area of the bite. In that case, one should lick The Great Antidote (*mahāgada*), that is of great potency (*vīrya*), together with honey.⁷¹¹
- 19cd–20ab The **Red-toothed shrew** causes sleep and especially emaciation. In that case, one should lick the sap and seeds of **siris** with honey.⁷¹²
- 20cd–21ab The **Bad-marked rat** causes pains, swelling and lines up to the area of the bite. In that case, one should lick the two kinds of **bluebell barleria**, together with **Indian symphorema** and honey.
- 21cd–22ab The **Invincible rat** causes nauseous fainting, heart-seizure (*hṛd-graha*) and blackness of the limbs. In that case, one should lick **Indian madder** mixed with the milky latex of **oleander spurge** and honey.
- 22cd–23ab The **Fidgety rat** causes vomiting and fainting together with thirst. One should drink **the three myrobalans** with wood-ash, **spikenard** and honey.
- 23cd–24ab The **Brown rat** causes a wound, hives (*koṭha*), fever, and an outbreak of lumps (*granthi*).⁷¹³ In this case, **white clitoria** or **white hogweed** should be licked with honey.
- 24cd–25ab The **Mole-rat** is said to cause lumps, fever, and an intense feeling of heat (*dāha*). In that case, one should drink ghee cooked with an decoction (*kvātha*) of **indigo** and **hogweed**.

The last five, from the **Tawny rat** on

- 25cd–26 The **Tawny rat** causes the wind to be angry, creating illnesses that originate in wind. The **Large Black (rat)** causes bile, the **White rat** phlegm, the **Large Brown rat** causes blood, and the **Pigeon rat**

⁷¹¹ "The great antidote" recipe is described at *Suśrutasamhitā* 5.6.63 (p. 197 above).

⁷¹² The difficult expression शिरीषस्य सारमाषकान् probably accounts for the easier version of the vulgate, with its dvandva सारफलत्वचः. Taking सारमाषकान् as a dvandva, we can read माषक as in the compound शिरीषमाषक "siris seeds."

⁷¹³ कोठ was a skin ailment variously described by authorities as a redness that appeared and disappeared rapidly, that was itchy, that was caused by an excess of salty items, etc. (see *Mahākośa*: 1, 239, *HIML*: IIB, 76, n. 47). It may have referred to conditions such as urticaria, allergy, ringworm or vitiligo. The English word "hives" has a history going back to ca. 1500, referring to various eruptions in the skin that may feel hot (*OED*: s.v. "hives (n.)").

- causes all four.⁷¹⁴
- 27 In the bites of these ones there are lumps, rings and small ear-like growths (*karnika*).⁷¹⁵ There are accumulations of blisters (*piṭaka*) on the **body**, and severely painful swellings.
- 28–31 A half litre (*prastha*) each of curds, milk and ghee are **measured** out.⁷¹⁶ Make a broth of pongame oiltree, golden shower tree, the three pungent drugs, hairy-fruited eggplant, beggarweed, and beggarweed,⁷¹⁷ and once again make that broth into one fourth part. One should add turpeth, viburnum, heart-leaved moonseed, Himalayan mayapple, Indian snakeroot, Indian frankincense,⁷¹⁸ wood-apple, pomegranate, and cinnamon. Mix all that together and cook it over a gentle flame. This gets rid of the poison of the five rats from Tawny rat on. Alternatively, prepare in the juices of hedge caper and black nightshade.
- 32 Also, you should pierce the affected veins (*sirā*) and apply purifications. As an alternative, one may apply this rule in all cases of rat poisoning.
- 33–34ab One should cauterize the bite, then bleed it and, having made small cuts (*pracchita*), smear it with a paste of siris, turmeric, Himalayan mayapple, saffron, and heart-leaved moonseed.⁷¹⁹ Emesis is with a decoction (*kvātha*) of indigo with parakeet and sage-leaved alangium.⁷²⁰
- 37–38 When doing a purge, turpeth, red physic nut, and the three myrobalans are recommended; when purging the head, either

714 Note the switch to humoral theory with these last five rats in the list, and the assumption of blood as a fourth humour .

715 On कर्णिका, see footnote 702.

716 The measure of a प्रस्थ is approximate and different authors have various estimates.

717 अंशुमती and स्थिरा are both normally identified as beggarweed, but when a pair are mentioned the second is probably painted uraria.

718 For the vulgate's reading समृत्तिका "with earth," Dalhaṇa on 5.7.29 (Su 1938: 583) specified "black earth" and noted that some people read अहिमृत्तिका "snake earth" meaning earth taken from anthills, while Jejjāṭa read अगवृत्तिका, meaning शल्लकी, "Indian frankincense" (see also GVDB: 392). Jejjāṭa's reading is essentially that of the Nepalese MSS, with a म/व alternant, if Trikamji Ācārya's edition is correct on this.

719 The vulgate substitutes कुष्ठ for वक्रा.

720 The vulgate has two and a half more verses at this point, expanding the recipe considerably and adding the appropriate verb, "he should vomit."

the juice of *siris* or its fruits. Juice of cow-dung with a lot of the three pungent drugs is good in collyrium.⁷²¹ an electuary of the juice of *wood-apple* and cow-dung, with the two kinds of honey, is recommended.⁷²²

- 40 The person should drink ghee cooked in roots of *amaranth*, or either cooked with the roots of *bread flower* or the five products of the *wood-apple*.⁷²³
- 41 The poison that comes out of rats is most irritant during cloudy weather.⁷²⁴ And in that case too, the procedure that should be carried out is the one for removing slow-acting poison (*dūṣṭviṣa*).
- 42 The physician should cut (*pra√chā*) the small ear-like growths (*karṇika*) that are hard and slightly painful. And in every single case of poison he should perform the procedure as for a wound.⁷²⁵

The bites of wild animals

- 43–44 When a creature such as a dog, a jackal, wolf, tiger or hyena has the poison, the corrupted phlegm which resides in the conduits of consciousness takes away consciousness.⁷²⁶ Then, its tail, jaw and shoulders droop down, it drools, it is deaf to unclear sounds and blind and it charges against one another.⁷²⁷
- 45–46ab And there is numbness in the limb of one who has been bitten by such a creature, and the blood runs black.⁷²⁸

721 The Nepalese MSS appear to read “juice that is cow-dung” (गोमयः स्वरसो) but the vulgate has the grammatically easier, “juice of cow-dung” (गोमयस्वरसो).

722 Verse 5.7.39 (Su 1938: 584) of the vulgate is not present in the Nepalese version.

723 Ḍaḥaṇa on 5.7.40 (Su 1938: 584) glossed the last item as, “a decoction of the pulp of the fruit, roots, flowers, bark and leaves of the wood-apple.”

724 The Nepalese witnesses read निर्हृतम् “removed, taken out,” in contrast to the vulgate’s अनिर्हृतम् “not removed.” The vulgate refers to rat-poison remaining in a patient, while the Nepalese version is talking more generically about poison that comes from rats.

725 On प्रच्छयेत् “cut off, scarify” cf. the same verb at 4.9.10 (Su 1938: 443), 6.14.10 (Su 1938: 621), and derivatives प्रच्छन्, प्रच्छान्, प्रच्छित्, etc., cited at *Mahākośa*: 1, 523.

The wording of the vulgate text of this verse is quite different, and it introduced the idea of treatment according to the humour.

726 The Nepalese version does not mention wind, unlike the vulgate, but the sentence structure is harder than the vulgate.

727 The grammatical number of “it charges against one another” is odd in Sanskrit too.

728 This translation of the text is tentative and does not account for स्युः. The sentence is not clear in the witnesses or later derived versions such as *Aṣṭāṅgahṛdayasaṃhitā* 6.38.10

- And it is in the main marked by the signs of someone who has been pierced by a poisoned arrow.⁷²⁹
- 46cd The person, repeatedly imitating the movement and cries of the creature that bit him, loses the power of movement and is destroyed.
- 47–48ab If the bitten person sees, in water or in a mirror, the one who was bitten by the creature with fangs, it is an indicator of impending death.
- 48cd–49ab If someone who has not been bitten nevertheless trembles at the sight, touch or sound, that should be known as hydrophobia (*jalatrāsa*), and that too is a sign of impending death.
- 50cd–52ab When one is bitten, one should make that bite flow and then it should be cauterized (*paridāhita*) with ghee. One should anoint it with antidotes and one should also make the patient drink aged ghee. One should also quickly give them an evacuative mixed with the latex of *purple calotropis*. One should also give them *white clitoria* and *hogweed*, together with *datura*.⁷³⁰
- 5.7.60–60.1 He should be made to bathe on the bank of a river or at a cross-roads, accompanied with mantras, with pots full of seeds, jewels and medicinal herbs, filled with cold water.
- 5.7.61–62ab O Yakṣa, Ruler of Mad Dogs, Lord of the Pack of Dogs, make this dog affliction free from poison, quickly, Svāhā!

(Ah 1939: 921). Taking सुप्तः as “numbness” is not comfortable, though the vulgate seems to have taken this sense, reading सुप्ता (that Ḍalhaṇa glosses as बाधिर्यम्).

The vulgate version is a full śloka, rather than the Nepalese half-śloka, and translates as, “But there is numbness at the bite of the one bitten by such a mad, fanged, poisonous creature, and black blood overflows” (5.7.45 (Su 1938: 584)).

The main interpreters state that it is the limb or the location of the bite that becomes numb, not that the person loses consciousness. It is tempting to think that a more original text might have been referring to the victim losing consciousness. Srikantha Murthy (1991: 3, 375) took this view (against the commentator Aruṇadatta): “... the person gets into stupor”

729 अभिलिङ्गित “marked by” is not a common word and is perhaps a hapax legomenon. The vulgate has the simpler expression उपलक्षित.

730 At this point, the vulgate has seven and a half verses (5.7.52cd–59) that are not present in the Nepalese version. They describe a recipe that causes or aggravates the same symptoms as the bite of the animal. The interesting theory is presented that the patient will only survive if the poison is assisted in expressing its inflammatory symptoms fully (कुप्येत्स्वयं विषं यस्य न स जीवति मानवः । तस्मात्प्रकोपयेदाशु स्वयं यावत्प्रकुप्यति ॥ (5.7.58cd–59ab (Su 1938: 585)).

- 5.7.62cd One should provide an intense evacuation (*saṃśodhana*) for the person who has been bathed.
- 5.7.63 That poison flares up again in a person who has not been evacuated, even though the wound may have healed.
- 5.7.63.1 Whether asleep or awake, a healthy person who is frightened does not succeed. And a mortal who is afraid of water as well as one who gets inflamed when bitten.⁷³¹

Thus the Kalpa 6.

⁷³¹ The sense of this verse, which does not appear in the vulgate, is uncertain.

Kalpasthāna 7: Beating Drums

Introduction

This chapter is numbered 7 in the Nepalese version, but 6 in the vulgate.

Literature

A brief survey of this chapter's contents and a detailed assessment of the existing research on it to 2002 was provided by Meulenbeld.⁷³²

Translation

- 1 Now I shall explain the procedure (*kalpa*) on the topic of sounding the kettle drum (*duṇḍubhi*).⁷³³
- 3 One should take the ash of the following items, mix it with cows' urine and an caustic (*kṣāra*) compound, take an extract and cook it thoroughly: axlewood, garjan oil tree, sandan, neem, weaver's beam tree, corky coral tree,⁷³⁴ cluster fig, emetic nut, arjun, white dammer tree, white siris (?), Indian cherry, sage-leaved alangium, Tellicherry bark, shami tree, wood-apple, maloo creeper, purple calotropis, Indian elm, oleander spurge, tree of heaven, liquorice, horseradish tree, teak,

⁷³² HIML: IA, 295. In addition to the translations mentioned by Meulenbeld (HIML: IB, 314–315), a translation of this chapter was included in P. V. Sharma 1999–2001: 3, 61–66.

⁷³³ This title suggests that the chapter may once have begun with the words “the drums are to be sounded” or at least that this is the subject of the chapter (Pāṇini 4.3.87). On the translation “kettle drum” see Hopkins 1889: 318; Rossi 2014.

⁷³⁴ The ingredients to this point are similar to the water-detoxifier described in *Suśruta-saṃhitā* 5.3.9 (Su 1938: 568), p. 168 above.

prickly-leaved elephant's foot, Himalayan birch,⁷³⁵ viburnum, marsh barbel, woody-fruited jujube, and white-bark acacia.

One should add to this the powder of the following items, together with an equal quantity of metals: long pepper, long pepper root, amaranth, cinnamon, smooth angelica, Indian madder, pongame oiltree, gajpipul, embelia, soot, Indian symphorema, soma,⁷³⁶ chir pine, saffron, halfa grass, mango, Indian mustard, three-leaved caper, Indian laurel, itchytree, castor-oil tree, pussywillow, purging nut, blackboard tree, Indian trumpet tree, cherry, croton tree,⁷³⁷ Indian aconite, deodar, black pepper, costus, and sweet flag.⁷³⁸ Once it has been brought to the boil with the alkali, one should take it down and place it in a iron pot.⁷³⁹

- 4 One should smear this onto a drum as well as onto flags and carpets.⁷⁴⁰ One is released from all poisons as a result of seeing and hearing these.⁷⁴¹

- 5–6 This is called “The Caustic Antidote (*kṣārāgada*)”.⁷⁴² It should be given

735 Note the unanimous Nepalese MS reading भूज, the Middle Indo-Aryan form of Sanskrit भूर्ज (CDIAL: #9570).

736 The literature on the identification of Soma is large and continuing (Wujastyk 2003b: 76–78, 125–131; Clark 2017). To the cited literature, the useful historical discussion by T. B. Singh and Chunekar (GVDB: 449–455) gave special attention to the āyurvedic literature. Its presence in this recipe may add special value or power to the resulting compound.

737 Ḍalhaṇa on 5.6.3 (Su 1938: 580) glossed नागदन्ती as a type of इन्द्रवारुणी (colocynth), but he noted that Jejjāta had thought it was दन्ती (red physic nut).

738 Ḍalhaṇa on 5.6.3 (Su 1938: 580) noted that Gayadāsa omitted several of the above ingredients, keeping thirty.

739 Ḍalhaṇa on 5.6.3 (Su 1938: 580) explained that the above substances, from pepper onwards, should be placed in liquid alkali and then cooked until they are neither too runny nor too viscous (a phrase he copied from 1.11.11 (Su 1938: 47)). The preparation of पाक is particularly common in the *Suśrutasamhitā* and the *Aṣṭāṅgahṛdayasamhitā*. Cf. the very similar ingredients and procedure in the chapter on alkali preparations, *Suśrutasamhitā* 1.11.11 (Su 1938: 46–47), p. 35 above.

740 The vulgate has तोरण “gateways” instead of आस्तरण “carpets.” On the meaning of the latter term, see Bailey 1970: 31, 33 *et passim* and the remarks of Rotman (2008: 1, 390–391, note 171). I am grateful to Michael Willis who has drawn my attention to similar practices described in Tibetan Buddhist literature, some of which may preserve material from before the fifth century CE (Gongkatsang and Willis 2018).

741 The vulgate adds “and touching” 5.6.4 (Su 1938: 580). Note the ditransitive (द्विकर्मक) -मुच्यते; cf. *Meghadūta*, uttaramegha 33 (Kale 1947: 99, 120).

742 Cf. 4.23.95–104 (Ca 1941: 575–576).

in cases of small urinary stones (*śarkarā*), urinary stones (*aśmarī*),⁷⁴³ hemorrhoids, wind-swelling (*vātagulma*), cough, abdominal gripes (*śūla*) and swollen belly (*udara*). It should be given for indigestion, humours of the abdomen (*grahaṇīdoṣa*),⁷⁴⁴ and severe aversion to food (*bhaktadveṣa*),⁷⁴⁵ in swelling, mouth ulcer (*sarvasara*),⁷⁴⁶ and persistent asthma (*śvāsa*).

- 7 This is to be employed in all cases where someone is suffering as a result of any poison. Thus, it is the antidote that is the Snakes' Controlling Hook (*sarpāṅkuśa*) even for the snakes led by Takṣaka.^{747,748}
- 12–13 Grind prickly chaff-flower seeds and the beans of siris, the two white clitorias and black nightshade with cows' urine.⁷⁴⁹ A ghee mixed with these is the most effective means of soothing poison. It is famous under the name "Immortal (Amṛta)." It can revive even the dead.
- 14–23 Collect together the following requisites:

743 अश्मरी and शर्करा are described in *Suśrutasamhitā* 2.3 (*Su* 1938: 276–280), the latter being smaller and more easily expelled (2.3.13cd–14 (*Su* 1938: 279); cf. *Mahākośa*: 1, 67–68, 808–809). The commentators Cakrapāṇidatta and Ḍalhaṇa discussed the lack of a firm distinction between these categories.

744 On the organ called ग्रहणी, see the useful summary by Ramachandra Rao and Sudarshan (1985–2005: 2, 20–21, 96 *et passim*).

745 A sign of impending death according to *Suśrutasamhitā* 1.32.4 (*Su* 1938: 142).

746 See *Mahākośa*: 1, 888 and *Suśrutasamhitā* 2.16.65–66 (*Su* 1938: 336) and 4.23.3 (*Su* 1938).

747 तक्षक is an ancient name for a Nāga, mentioned in the *Kauśikasūtra* (28.1 *et passim*, Bloomfield 1890: 78). Takṣaka is mentioned briefly in the *Rāmāyaṇa* (Pollock 1991: 292, n. 13) and more in later works. See further, Slouber 2016a: 22, 26, 37, *et passim*. The *Kriyākālotaratantra*, edited by Slouber, contains a similar sentence (7.26cd, p. 232): "Even someone bitten by Takṣaka will be rapidly cured of poison."

748 There follow four verses in the vulgate, 8–11, that are not present in the Nepalese version. These list ingredients that form a ghee called The Salutory (*kalyāṇaka*). This ghee recipe with the same name is also present in the *Uttaratantra* at 6.39.229–232 (*Su* 1938: 689), where it is a treatment for mostly similar ailments: chronic fever, asthma, cough, swelling, madness and a toxic potion (*gara*) (defined at 5.8.24cd–25ab (*Su* 1938: 587) as something manufactured, कृत्रिम). However, in the Nepalese version at 6.39.232, the vulgate statement of this name "एतत्कल्याणकं नाम सर्पिर्माङ्गल्यमुत्तमम्" is not present. Thus, in the Nepalese version, The Salutory (*kalyāṇaka*) is not named. The same named ghee also appears in the *Carakasamhitā* at 6.9.35–42ab (*Ca* 1941: 471), where it is presented as a treatment for madness (*unmāda*) as well as many other ailments including those mentioned above in the *Suśrutasamhitā* (excluding swelling); it is possible that this is a case where a text from the *Carakasamhitā* was added to the *Suśrutasamhitā* after the Nepalese version.

749 On the BHS form पीषयेत्, see Edgerton 1953: 2, 346, Edgerton 1953: 1, §28.4, p. 220.

sandalwood, agarwood, costus, crape jasmine, wild spider flower, long-stamen Wendlandia (?), spikenard, chir pine, deodar, white sandalwood, plants like asthma plant and Gulf sandmat, verbena, indigo, Indian sarsaparilla, woody turmeric, wild Himalayan cherry, liquorice, **thorny** (*sanakha*) spikenard, Alexandrian laurel, cardamom, cherry, red ochre, rosha grass, scented pavonia, resin of white dammer tree, spikenard, Indian dill, peas, scrambleberry, cardamom, foxtail millet, sedge, sesame flowers, powdered ruffle lichen, malabathrum, black sarsaparilla, the three pungent drugs, camphor, white teak, kutki, purple fleabane, Indian aconite, gummy gardenia, colocynth, vetiver and lemon grass (?), three-leaved caper, coriander, sweet hoof, cinnamon, smooth angelica,⁷⁵⁰ scutch grass,⁷⁵¹ chebulic myrobalan, the two types of clitoria, the two types of turmeric, Himalayan yew, lac, and the salts,⁷⁵² white water-lily, blue water-lily, sacred lotus flowers, pale Java tea and the flowers of champak, Asoka tree, royal jasmine, long-stamen Wendlandia (?),⁷⁵³ weaver's beam tree, silk-cotton tree, Indian cherry, siris, toothed-leaf limonia, Arabian jasmine, Indian symphorema, axlewood, garjan oil tree, and sandan.

Collect these ingredients and then have a fine powder made out of them and place that in a horn together with cow's bile, honey and ghee.

- 24 This foremost antidote can rescue a man, with hunched shoulders and **rolling** eyes, from within the jaws of death.
- 25 This antidote can even destroy the irresistible, fire-like poison of Vāsuki, the lord of all the snakes, who is angry, and infinitely ardent.⁷⁵⁴

750 The plant is usually called चोरक, literally "thief." The Nepalese text here uses the unusual expression तस्करसाङ्ग "called the same as 'thief'."

751 The preceding three plants are in a half-verse that appears in the Nepalese version of the *Suśrutasaṃhitā* but not in the vulgate. It is notable that चोरक (syn. तस्कर) is distributed across Afghanistan, Himalaya and western Tibet. ग्रन्थिल (more commonly ग्रन्थिल, n.) is mentioned in the version of this Mahāsugandha recipe in the *Aṣṭāṅgas-aṅgraha*, Utt.47.69a (*As* 1980: 899) (but not in the *Aṣṭāṅgahrdayasaṃhitā*), suggesting that the *Aṣṭāṅgas-aṅgraha* at this point had access to sources similar to the Nepalese witnesses.

752 Dalhaṇa specified "the five salts" (Dalhaṇa on 5.6.19 (*Su* 1938: 581)).

753 The Nepalese witnesses unanimously read तिलक not the vulgate's तिल्वक. Both plants have fragrant flowers.

754 This Nepalese MSS unanimously read सर्वनागगति "the progress of all the snakes" for the vulgate's विषं नागपति "the poison of the king of snakes." We emend to सर्वनागपति "the lord of all the snakes."

- 26 Out of all the royal antidotes, this one, called The Great Perfume (*Mahāsugandha*), assembled out of eighty-five components, should always be in the king's hand.
- 27 A king anointed **with this** will become beloved of all the people. He becomes refulgent even when surrounded by his enemies.
- 28 For those afflicted by poison, the expert should apply a therapy that avoids heat. The exception is insect poison, because coldness makes that grow.⁷⁵⁵
- 31 Someone suffering from poison should avoid sleeping during the day, sexual intercourse, exercise, anger, the heat of the sun, wine (*surā*), **sesame** and **horse gram**.⁷⁵⁶
- 32 A physician can recognize that a person is free of poison if their humours are calm, if their tissues (*dhātu*) are in a normal state, if they have an appetite, if their urine and feces are regular (*sama*), and if **the movement of their senses and mind is calm**.⁷⁵⁷

755 Verses 29 and 30 of the vulgate, giving dietary advice, are not present in the Nepalese version.

756 Ḍalhaṇa on 5.6.31 (*Su* 1938: 581) took the “and” in this sentence to mean the inclusion of a list of additional avoidances, from **long pepper** to **river dolphins** and **tortoises**.

757 This verse is much clearer in the Nepalese version. The vulgate seems to have acquired corrupted readings before the time of Ḍalhaṇa.

Kalpasthāna 8: Poisonous insects

Introduction

This is the last chapter of the *Kalpasthāna*. Since the chapter-colophons of the Nepalese manuscripts of the whole *Suśrutasamhitā* commonly end with the statement, “here ends the *Suśrutasamhitā* together with the *Uttaratantra*,” we can presume that an older version of the *Suśrutasamhitā*, sans *Uttaratantra*, ended with the present chapter. Added to this, the beginning of the next section of the work, the *Uttaratantra*, reads,

It being declared in the preceding 120 chapters, from here on, in the latter section, I shall explain the meanings in detail, fully.⁷⁵⁸
Now, I shall explain the treatise called “the latter” where diseases in their diversity are fully revealed.

It is often the case with evolving works that new chapters are added at the start or, especially, at the end of a work. This has been true since the *Ṛgveda*. The *Kalpasthāna* has a different character from the rest of the *Suśrutasamhitā*, for example eschewing theoretical considerations in many situations. It may therefore itself have once been an addition to an even earlier medical work consisting of four main divisions.

Insect names

It is more than usually difficult to equate the Sanskrit names of insects with contemporary creatures. In fact, it is mostly impossible. This is partly, at least, because historical entomology is non-existent as a discipline. Furthermore, entomology as a science in South Asia is dramatically

⁷⁵⁸ Note that this is not the reading of the vulgate, which says that the *Uttaratantra* will explain everything that was *not* completely explained before.

undeveloped when compared, for example, with botany.⁷⁵⁹ There are few general surveys of insects in India and virtually none that record historical names or literary references. In the twelfth century, Ḍalhaṇa made the following remark about the commentators who lived before his time:

These different types of insects are not described by commentators like Suvīra, Nandin, Varāha, Jejjāta and Gayadāsa, so they have to be identified by people from different localities.⁷⁶⁰

Thus, even pre-modern Sanskrit authors were not expert regarding the identities of the insects discussed in the *Suśrutasamhitā*.⁷⁶¹

In general the names listed in passages 5–14 are the least recognizable. Most seem never to appear elsewhere in Sanskrit literature or even elsewhere in the *Suśrutasamhitā*. The names mentioned from passages 25 onwards are mostly recognizable and do appear elsewhere Sanskrit literature.⁷⁶² This chapter therefore gives the appearance of having two distinct parts. First, there is a taxonomy arranged according to humoral characteristics, containing otherwise unknown insect names. Second follows a concatenated treatise with more recognizable ordinary-language nomenclature coupled with creature-by-creature nosology and therapy.

Literature

A brief survey of this chapter's contents and a detailed assessment of the existing research on it to 2002 was provided by Meulenbeld.⁷⁶³

The early history of entomology in India was fragmented until the study of Maxwell-Lefroy (1909) who provided a comprehensive and well illustrated reference compendium. Dover (1922) gave an overview of the early years of the field, though he admitted that, "I have not the linguistic attainments to discuss the mention of various insects in ancient Sanskrit

⁷⁵⁹ Desmond (1992) devoted a book of 368 pages to the early history of Indian botany; Dover (1922: 338–345) described the history of Indian entomology in seven pages.

⁷⁶⁰ Ḍalhaṇa on 5.8.4 (Su 1938: 586): एते कीटकभेदा नानादेशीयलोकादवगन्तव्याः, यतः सुवीरनन्दि-वराहजेज्जटगयदासादिभिः टीकाकारैर्न व्याख्याताः. (Varāha is called Vārāha by Ḍalhaṇa on 2.13.3 (Su 1938: 318).) Cf. Meulenbeld (HIML: IA, 387–388) on Suvīra and *mutatis mutandis* on the other commentators

⁷⁶¹ MW includes 191 insect names, almost none of which are identified.

⁷⁶² E.g., T. R. Mitra 2005.

⁷⁶³ HIML: IA, 296–299.

works.” Entomological studies focussed on south India include those of Baingrigge Fletcher (1914) and Ramakrishna Ayyar (1963). Meulenbeld (HIML: IB, 402) provided short bibliographies on Indian scorpions (note 214) and on spiders (note 222). Some insects were included by Ball (1888) in his study of the Indian flora and fauna known to classical Greek authors. Kaur and L. Singh (2018) provided a unique but very brief historical sketch of some arthropod references in Sanskrit literature.

Translation

- 1 And now I shall explain the procedure (*kalpa*) about insects.

Taxonomy of insects

- 3 Insects originate from snakes' semen, feces, urine, the rot of corpses, and eggs.⁷⁶⁴ Their characters are traditionally divided into **three**: wind, fire, and water.
- 4 Yet others hold the opinion that they are connected with the characters of all of the humours. And those insects are also very fierce and all of them are divided into four groups.⁷⁶⁵

The wind group

- | | | |
|-----|--|---|
| 5-6 | 1. Tick-navel,
2. Beaked,
3. Horned, and
4. Hundred-kulimbhakas,
5. Cricket,
6. ??,
7. Little-voice,
8. Vicitingas, and
9. Lentil insects. | 10. Revolver, and
11. Sheep-insect,
12. Myna-face, and
13. Legume-insect,
14. Hundred-creeper,
15. Stripy,
16. Spotted,
17. Speckle-head. ⁷⁶⁶ |
|-----|--|---|

7cd-8ab These eighteen insects, being of airy character, irritate the wind. The diseases of people bitten by one of these are caused by wind.

The fire group

8cd-11ab

⁷⁶⁴ P. V. Sharma (1999-2001: 3, 78) omitted "snakes'" making it sound as if insects are just born of any semen, etc.

⁷⁶⁵ The insects named in the following lists are all unidentifiable at the present time. The English translations are based mostly on the etymologies of the Sanskrit names. Future ethno-linguistic studies of insect-names in South Asia may solve some cases.

⁷⁶⁶ The list is deficient in the Nepalese version. The vulgate text has another half-verse here listing two more names, शतबाहु "hundred-arm" and रक्तराजि "red-stripe." It does not include the Nepalese version's अल्पवाच "little voice."

- | | |
|------------------------|--------------------------------|
| 1. Pitcher-like, | 15. Lotus-insect, |
| 2. Shining-like-grain, | 16. Drummer, |
| 3. Celestial, and | 17. Mosquito, |
| 4. Warding off, | 18. Centipede, |
| 5. Wing-scorpion, | 19. Five-venom, |
| 6. Noseless, | 20. Cook-fish insect, |
| 7. Devout, | 21. Black-beak, |
| 8. Droplet, | 22. She-ass insect. |
| 9. Bee, | These are the insects, as well |
| 10. Outsider. | as the |
| 11. Picciṭās, | 23. Worm-dish, |
| 12. Pot-turd, | and the other one that is |
| 13. Maggot, | known as the |
| 14. Enemy-liquor, | 24. Slimy. |

11cd–12ab These are the twenty-four insects that have the character of fire. The diseases of people bitten by one of these are caused by bile.

The phlegm group

- | | | |
|---------|---------------------|---------------------------|
| 12–15ab | 1. All-support, | 8. Kiṭibha, |
| | 2. Five-white, | 9. Aṭakī, |
| | 3. Five-black, | 10. Needle-mouth, |
| | 4. Kokila-insect, | 11. Black monitor lizard, |
| | 5. Śairyaka-insect, | 12. Kuṣṭa-insect, |
| | 6. Pravalāka, | 13. Red-dweller, |
| | 7. Bhaṭābha, | |

These are the thirteen watery (*saumya*) insects that irritate the phlegm. The diseases of people bitten by one of these are caused by phlegm.

The three humours group

- | | | |
|-----------|---------------|--------------------|
| 15cd–17ab | 1. Tuṅgīnāsa, | 7. Maṇḍalapuṣpaka, |
| | 2. Valabhika, | 8. Tuṇḍavakra, |
| | 3. Tolaka, | 9. Sarṣapaka, |
| | 4. Nāhana, | 10. Spoṭaka, |
| | 5. Koṇṭāgīrī, | 11. Śambuka, |
| | 6. Krimikara, | 12. Fiery insect, |

- 17ab The fire insects are terrible. There are twelve, born of the three humours.

Symptoms

- 17cd For someone bitten by one of these, the information about the stages of toxic shock (*vega*) is the same as with snakes.⁷⁶⁷
- 20–21 The following are found in the area of a bite, or in a body overflowing (*ākula*) with poison: an eruption of blisters, swelling, lumps and circles, ringworm (*dardru*),⁷⁶⁸ small ear-like growths (*karṇikā*), spreading rashes (*visarpa*), and dark, rough patches of skin (*kiṭibha*).⁷⁶⁹

Taxonomy according to symptoms and prognosis

- 25cd From here onwards he will explain each individual class of insects separately.⁷⁷⁰

Hornets

- 26 These four hornets (*kaṇabha*) that cause sharp pain are described in general terms according to the symptoms of the person bitten, and according to whether they are treatable or non-treatable:⁷⁷¹

767 Two verses appear at this point in the vulgate that are not in the Nepalese version. They introduce a categorization of insect poisons into severe versus mild, a scheme that the Nepalese version does not reference.

768 More usually ददु, a skin disease like कुष्ठ, i.e., leprosy or vitiligo, caused by an excess of bile and phlegm (*Mahākośa*: 390), although the form ददु is mentioned in the *Uṇādisūtra* commentary by Śvetavanavāsin (fl. tenth to fifteenth century), “ददुः कुष्ठभेदः” (I.88). Translated here as “ringworm” because that is prominent amongst the NIA usages of the lexeme and derivatives (CDIAL: 1, #6142).

769 These symptoms are the same as those listed at 5.7.8 (*Su* 1938: 582) as being caused by rat poisoning, and similar to the list at 1.11.7 (*Su* 1938: 46). See footnote 702, p. 205. Again, the vulgate has three and a half added verses. They describe how to recognize severe poisoning and mild poisoning, developing the idea of graded degrees mentioned in note 767 above.

770 On वक्ष्यते “he will explain” see note to the edition.

771 The translation “hornet” is adopted in light of the Tamil *kaṭampai* and cognates described by DED₂: #1117.

- Triple-sting (*trikaṇṭaka*),⁷⁷²
- Hopper (*kunī*),⁷⁷³
- Lion (*hastikakṣya*), and
- Undefeated (*aparājita*).

27 Someone stung (*daṣṭa*) by one of these experiences heaviness of the limbs and pain in the body, **a flow of saliva and a severe rupture of the legs**.⁷⁷⁴

Iguanas

28, verses 1, 2 There are traditionally five **iguanas**:

- Counter-sun (*pratisūrya*),
- Yellow-shine (*piṅgabhāsa*),
- Multicolour (*bahuvarṇa*),
- Bighead (*mahāśiras*),
- Peerless (*nirupama*).

The information about the toxic pulses that affect someone bitten by one of these is the same as for snakes. There are pains of various kinds and extremely sore lumps.⁷⁷⁵

⁷⁷² Cf. Tamil *tēt-koṭṭāṇ* “a green insect whose touch produces the same sensation as a scorpion-sting” (DED₂:#2064).

⁷⁷³ The translation “hopper” gestures, with no real basis, to the Tamil word *kunī* and cognates, meaning “dance, jump, leap” (DED₂:#1863). For कुनी, the vulgate has the equally unknown term करिणी, which slightly resembles Dravidian *kūṛa*, *kūrān* “moth, cockroach” (DED₂:#1926).

⁷⁷⁴ The Nepalese and vulgate texts diverge noticeably at this point. This passage, 27, is in verse in the Nepalese version, but in prose in the vulgate. At this point, the Nepalese text continues with further passages in verse, while the vulgate has a series of prose passages (5.8.28–37) and verse passages that are similar but not identical to the Nepalese version (39–41). In several cases, the Nepalese version’s verses are in irregular forms of śloka (*vipulā*), which may have prompted a redactor to recast the text as prose.

⁷⁷⁵ The Nepalese reading of this passage was known to Ḍalhaṇa, who quoted it almost exactly as the reading “of some” (Su 1938: 587). It differs significantly from the vulgate. Ḍalhaṇa also quoted the description of the iguana (गोधेरक) from तन्त्रान्तर “another book,” i.e., the *Carakasamhitā* (6.23.134 (Ca 1941: 577) with minor differences).

Geckos

29 verses 1, 2 These are the six **house geckos**:⁷⁷⁶

- White (*śvetā*),
- Black (*kṛṣṇā*),
- Black-striped (*kṛṣṇarājī*),
- Crimson and Crimson-ringed (*raktā*),
- All-white (*sarvaśvetā*),
- Mustard (*sarṣapikā*).

Centipedes

30, verses 1, 2 There are traditionally eight **centipedes**:

- Harsh (*paruṣā*),
- the two kinds of Black-pattern (*kṛṣṇacitra*),
- Brown (*kapilā*),
- Yellow (*pītikā*),
- Crimson (*raktā*),
- White (*śvetavarṇā*),
- Fire coloured (*agnivarṇā*).

Someone stung (*daṣṭa*) by one of these experiences sharp pains and tearing swelling at the sting. Spots appear at the sting and there is dreadful fainting.⁷⁷⁷

Frogs

31, verses 1, 2 There are eight **frogs** that are well known to be defined as insects (*kīṭa*):

- **White frog**,
- **Black-coloured**,
- **Arrow-coloured**,
- **Matt**,
- **Cavity**,
- **Greenish**,
- **Frown**,
- **Little point**.

⁷⁷⁶ See n. 240, p. 90.

⁷⁷⁷ The Nepalese and vulgate texts continue to diverge in form and content.

Someone bitten by one of these gets itchy, greenish, faint and vomits.⁷⁷⁸

Leeches

31 add There are declared to be six leeches, with their characteristics and treatments:⁷⁷⁹

- Snake-sore,
- Sore-maker, and the
- Round-bristle Round-bristle.⁷⁸⁰

All-supports

32 verse There are said to be three All-supports. They bring burning, fever and pain.⁷⁸¹ As soon as one is bitten by one of them, there is swelling, and itching at the site of the bite.⁷⁸²

34 verses 1, 2 There is a discharge of foam, diarrhoea, and the appearance of dreadful hives (*koṭha*).⁷⁸³

⁷⁷⁸ Ḍalhaṇa on 5.8.31 (Su 1938: 588) quoted a passage from “another book” (not the *Carakasamhitā*) that described the भृकुटी frog as follows: “When it rains, during the rainy season, a great snake may discharge semen. Then, when autumn comes, the water has froth (*maṇḍu*). In that frothy water, frogs (*maṇḍūka*) are born, which is why they are called that. Experts say that a frog walks like a cow (*gogati*) so it is called a *koṭika*. It’s bite kills; there is no countermeasure against it.”

⁷⁷⁹ Puzzlingly, only three types are actually named. This verse occurs in the Nepalese MSS (K and H for this part of the text), but not in the vulgate.

⁷⁸⁰ The English translations are whimsical, based on the possibly-related word कोथ meaning variously, “afflicted with pain” or “putrefaction, corruption.”

⁷⁸¹ Breaking the pattern of these descriptions, the names of this animal are not listed here in the Nepalese version.

⁷⁸² The next passage in the vulgate sequence, 5.8.33 (Su 1938: 588), describes an animal called *Ahiṇḍukā*. This passage does not occur in the Nepalese manuscripts, and Ḍalhaṇa’s comment on this passage shows that he knew of a transmission of the text that omitted this material: “Some people do not read the symptoms of being bitten by *Ahiṇḍukās*, *Kaṇḍūmakas*, and *Sūkavṛntas*, because they are included as a type of All-support (Viśvambhara). But others include each separate symptom of being bitten by *Ahiṇḍukas* and the others, because they need to be treated separately.” The Nepalese version of the *Suśrutasamhitā* fits Ḍalhaṇa’s description.

⁷⁸³ On the translation “hives” see note 713.

Ants

These are said to be the six kinds of *ant*:

- *Massage-ant*,
- *Thick-head*,
- *Brahman woman ant*,
- *Finger-ant*,
- *Colourless*, and
- *Brown*.⁷⁸⁴

If one is bitten by one of them there is pain, burning and particularly itchy swelling.⁷⁸⁵

These ones are enamoured of eyes and bite the eyes in particular.

Mosquitoes

36 verses 1–3 Five kinds of *mosquito* are famous:

- *District*,
- *Mountainous*,
- *Black*,
- *Oceanic*,
- and the *mosquito* called *Elephant*.

If one is stung by one of these, there is swelling in the area of the sting together with anger. There is pain; blood with much red colour (*rāga*), accompanied by itching, flows out.⁷⁸⁶

⁷⁸⁴ Note the marginal insertions in both MSS K and H, the latter attributed to ग्रन्थान्तरे “in another book.” The scribe of H was aware of variant readings in other manuscripts.

⁷⁸⁵ Or “pain and burning as well as itching and swelling” if these are grammatically relaxed dvandvas. The end of this verse is different in witnesses K and H. The earliest recoverable text is disturbed here. There follows a verse, दाहचोषौ... that is in H alone that corresponds to some extent to the vulgate’s 5.8.35 on *bees*.

⁷⁸⁶ This passage in both Nepalese witnesses not in the vulgate. The three preceding passages in the Nepalese version are somewhat corrupted and appear to treat of *bees* and *mosquitos*.

Therapy

38 In each of the individual groups, the following cannot be treated successfully:⁷⁸⁷

- Iguana,
- Stench,
- White gecko,
- Fire-centipede,
- Frown, and
- Little point.

42 One should tend to those who have been stung by vicious insects (*kīṭa*) in the same way as for snakes. For the remaining three kinds, the therapy is three-fold.⁷⁸⁸

43ab One should employ sweating and multiple therapies, except for a patient who has fainted.

44ab And one should use the procedure for destroying poisons and one should apply evacuants.⁷⁸⁹

Taxonomy of scorpions

56ef **Scorpions** are said to be of three types: having slow, medium or great toxin.

57cd Those born of the filth of snakes are sharp. By their poisons, they kill the person who has been stung by the poisoned tip.⁷⁹⁰

58 Medium ones are in the filth of cows, etc. The best are traditionally

⁷⁸⁷ The reference is to the groups introduced at p. 224.

⁷⁸⁸ The meaning of this sentence is not obvious. Ḍalhaṇa on 5.8.42 (Su 1938: 588) interpreted “three-fold” as referring to the therapies used for the three humours, and “of the three kinds” as referring to the divisions of the origin of the semen of the three classes of snake, Darvīkara, Maṇḍalin and Rājila. This refers to the idea presented at the start of this chapter that it is the semen of snakes that is one of the origins of insects (*kīṭa*) and that they are divided into three kinds according to their humoral characters.

⁷⁸⁹ At this point, the vulgate has about thirteen verses that are not present in the Nepalese version. These verses describe medications against poisoning.

⁷⁹⁰ Reading हते as a rare ātmanepada third person plural.



Figure 4: Husain, Shaykh, Shaykh Ali and Shaykh Hatim, “Asavari Ragini: Cropped Image of Scorpions” (Husain et al. 1591). Courtesy of the Smithsonian Institution.

thought to be in the filth of dung.⁷⁹¹ It is declared that there are twenty-seven in number.⁷⁹²

59, 60cd, 61ab All of the following are considered slow-poison types:

- Black scorpion,
- Brown scorpion,
- Variegated scorpion,
- Hairy scorpion,
- Scorpion the colour of cow’s urine,
- Spotted scorpion,
- Dark blue scorpion,
- White scorpion,
- Red scorpion,
- Hairy-head scorpion, and
- Fierce-purple scorpion.

⁷⁹¹ This sentence in the Nepalese version is hard to construe. The vulgate text enumerates the three levels of scorpion, saying there are twelve mild (born of cow dung), three moderate (born of wood or bricks) and fifteen virulent ones (born of snake filth, etc.).

⁷⁹² In contrast to the vulgate’s total of thirty.

If bitten by one of these, there is pain and trembling. The limbs are paralyzed and dark blood flows out.

61ab When pierced in the limbs, there is pain and it goes upwards. There is **sweat at the site of the bite**, and sharp swelling of the face.

61cd Those of medium virulence have a belly that is red yellow and brown, and they have a smoky colour.

63ab When the sting is from one of medium venom, the tongue (*jihvā*) swells up, the the sense of taste (*rasana*) is damaged and there is intense fainting.

63cd, 64cd, 65ab The following scorpions of various colours and forms are known to be terrible. They are deadly. White, variegated, dappled, blood-coloured, black, dark, white-and-blue-bellied, red, tawny, and with a single joint as before, and those with two joints, also as before.

66 If stung by one of these, the pulses (*vega*) associated with poison start to happen, with the appearance of spots, fever and burning, and trembling. Black blood flows copiously from the pores. After that, the person is rapidly caused to relinquish his breaths.

Therapies for scorpion-sting

Medium poison

67ab One has to provide medical care for those stung with fierce or middling poison in the same manner as for someone bitten by a snake.

Slow poison

70 But for those stung by a slow poison one should irrigate the bite with wheel-oil.⁷⁹³ Alternatively, the oil of **beggarweed** can be used, gently warmed.

⁷⁹³ Ḍalhaṇa on 5.8.70 ([Su 1938](#): 591) explained “wheel oil” as sesame oil produced from pressing on a wheel, in contrast to that pressed with an instrument by hand. The term is discussed at *Suśrutasaṃhitā* 1.44.47–48 ([Su 1938](#): 193), where Ḍalhaṇa elaborated on the superiority of wheel-oil over hand-machine oil: “The expression ‘wheel-oil’ means sesame oil that has been pressed on a wheel. This is meant to rule out pressing using manual instruments. Items like sesame that are pressed on a wheel are not roasted. Therefore, they are of the highest quality. The qualities of oiliness and heaviness are lost when sesame that has been roasted and dried is pressed by machine.” See Fig. 5. (Ḍalhaṇa gave a different interpretation of the production of wheel-oil at 4.2.72 and 4.3.12 ([Su 1938](#): 413, 415).)



Figure 5: The Oil-Presser. MS British Library Add.Or.1707, no. 16. "Album of Kashmiri Trades." Datable to 1850–1860.

- 67cd–68ab The bite should be fomented, scarified and one should rub it with powders made from **turmeric**, **rock salt**, and the fruit and flowers of **the three pungent drugs**, and **sisir**.
- 68cd–69ab In an ointment, the leaf-tips of **holy basil**, mashed with **citron**, **mangos-teen** and cow's urine are said to be beneficial, as is warm cow dung.⁷⁹⁴
- 69cd, 71cd, 72cd, 71ab, 73ab One should use the following, together with plasters that counteract poisons: ghee with honey in a drink, or milk with a lot of sugar; alternatively, healthy jaggery-water steeped with **the four jāta drugs**. Also, one should use sweating and poultices and use sesame oil, salt, and the tail-feathers of a peacock or a cock. This fumigation (*dhūpa*) rapidly destroys scorpion poison.
- 73cd–74 Alternatively, the flowers of **safflower**, **turmeric**, and **Indian barberry**,⁷⁹⁵

Some authorities interpret चक्रतैल as referring to the oil of **sickle senna** (*cakramarda*) (normally part of a therapy for ringworm (*dadru*)) and that might fit the present context better.

⁷⁹⁴ On the wider history of the association of **holy basil** with scorpions, see Simoons (1998: 40 et passim), who cites Watt (*WattDict*: 5, 442).

⁷⁹⁵ रजनी and निष्ठा (syn. निशा), as mentioned in this passage, separately both mean turmeric. But when mentioned together, the second is understood to mean **Indian bar-**

should be mixed with ghee and made into a fumigant to be applied in the anal area. It can rapidly destroy poison that comes from an insect (*kīṭa*) or from a scorpion.

Spiders

- 75 The poison of spiders is the most terrible and the one that is hardest to understand. It is also the most difficult for a slow-witted doctor to treat.
- 76 If there is any doubt about whether it is poisonous or not, treat it with unobstructive medication that destroys poison.⁷⁹⁶
- 77 The proper use of anti-toxins (*agada*) is for a person **injured** (*duṣṭa*) by poison. An anti-toxin applied to a person who has no poison itself turns into a toxin (*gada*).
- 78 For that reason, every effort must be made to achieve certain knowledge about the poison. Being ignorant of the true nature of the poison might lead the physician to harm the man.
- 79 A tree does not reveal its fully developed type by means merely of its newly formed buds. In exactly the same way, spiders' poison is extremely difficult to spot in the body when it has just started to spread.

Seven stages of spider poisoning

- 80 On the first day, there is slight itching and moving hives (*koṭha*), and a faint colouring.⁷⁹⁷
- On the second day, there is swelling of the extremities, a hollowing of the mid-region and a very obvious colouring.
- By the third day, once sees the bite here.
- On the fourth day, the poison becomes irritated.
- On the day after that, it causes the person to have disorders that arise from the aggravation of the poison.

berry (GVDB: 227).

796 Ḍaḥaṇa on 5.8.76 (Su 1938: 591) interpreted “unobstructive medication” as referring to food and drink that do not obstruct the body tissues (*dhātu*), rather than with an actual antitoxin (*agada*) that would block the body tissues.

797 Ḍaḥaṇa on 5.8.80 (Su 1938: 591) noted that Gayadāsa read प्रबल for प्रचल “moving,” understanding it as “on the first day there is itching of only slight strength” with increasing degrees of strength on later days.

- 82 On the sixth day, spreading, it powerfully spreads over all the locations of the sensitive spots.⁷⁹⁸
On the seventh, it takes possession of the whole body. It kills that mortal person who has become extremely swollen.

Origin story for spiders

90–93 xx

Taxonomy of spiders

94–100ab xx

Specific symptoms and treatment for spider poisoning

100cd–120 XX

Untreatable spider poisons

121–127 xx

Curable and incurable

128–129 xx

Therapies for spider poisoning

130–134 xx

General therapies for poisoning

135–139 xx

⁷⁹⁸ “Sensitive spots” (*marman*) are points where life is close to the surface of the body and damage may be lethal (Wujastyk 2003b: 201–202, 236–244). They are described in *Suśrutasamhitā* 3.6 (Su 1938: 369–376).

End of the Kalpasthāna

140–143 xx

Part 6. Uttarat Tantra

Uttaratantra 17: Preventing Diseases of the Pupil

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.⁷⁹⁹

The history of couching in India has been discussed since the nineteenth century,⁸⁰⁰

The therapies in this chapter make frequent use of collyrium (*añjana*). This substance and its uses and variants are described in *Carakasamhitā* 1.5.14–19 (Ca 1941: 38–39). In the *Suśrutasamhitā*, they are included in the “group starting with *añjana*” (*añjanādigana*), that is listed at 1.38.41–42 (Su 1938: 167). They are described as valuable for counteracting blood-bile (*raktapitta*), poison and overheating (*dāha*).

Translation

- 1 Now I shall explain the counteraction (*pratiṣedha*) of diseases located in the pupil (*drṣṭi*).
- 2 There are three curable (*sādhya*), three incurable (*asādhya*), and six mitigatable (*yāpya*) diseases located in peoples eyes. Among these, three

799 HIML: IA, 305–306.

800 Scott 1817; Breton 1826; Jack 1884; Hendley 1895; Elliot 1918; Pārśvanātha Śāstrī 1940; V. Deshpande 1999; 2000; Wujastyk 2003b; Fan 2005; Leffler et al. 2020; Hirschberg and Leffler 2024.

are curable (*sādhya*). Amongst these three, the remedy (*pratīkāra*) has been stated for the one called “seeing smoke (*dhūmadarśin*)”.⁸⁰¹

- 3–5ab When the eye is inflamed (*vidagdha*) by bile and when it is inflamed by phlegm, one should apply the method for removing bile and phlegm, using nasal medicines (*nasya*), irrigation (*seka*), application of collyrium (*añjana*), liniment (*ālepa*), and medicines cooked in a crucible (*puṭapāka*), together with an eyewash (*tarpaṇa*),⁸⁰² but not cutting with a blade (*śastrakṣata*).⁸⁰³

where is cutting with a knife related to removing bile or phlegm.

One should drink ghee (*sarpis*) prepared with the three fruits (*triphalā*) and in the first [case where the problem is bile], and prepared with turpeth (*traivṛta*) in the latter [case, of phlegm].

And ghee with **viburnum extract** is wholesome in both cases, or else aged ghee on its own.

- 5cd–7ab In a collyrium (*añjana*), these four compounds (*yoga*) are beneficial in both cases:

- **red ochre, rock salt, long pepper** and the black soot (*maṣī*) from cow’s teeth;
- cow’s flesh (*gomāṃsa*), **black pepper, siris and realgar**;
- stalk (*vṛnta*) from a **wood-apple** with honey (*madhu*);⁸⁰⁴
- or the the fruits of the **velvet bean**.

maṣī
burned
charcoal.
Find refs.

- 8 The physician should make a collyrium (*añjana*) with ground up **metal** (*kupyaka*),⁸⁰⁵ **Asoka tree, sal tree, mango, foxtail millet, lotus, blue water-lily**, together with **peas, emblic myrobalan, myrobalans, long pepper**. It should be combined with ghee and **honey**.

- 9–10 Also, when bile and phlegm have developed, the physician should apply **peas** with the expressed juice (*svarasa*) of the flowers from **mango**

801 This disease and its cure are described earlier (SS.6.7.39 and SS.6.10.16 (Su 1938: 609 and 614) respectively). The latter part of this verse is hard to construe and the text here may have been altered at an early period.

802 These therapies are described in SS.6.18 (Su 1938: 633–640).

803 Dalhaṇa interpreted this as blood-letting (*sirāvedha*), which is discussed in SS.1.14 (Su 1938).

804 Wood apple (*कपित्थ*) in this verse is ablative singular or accusative plural, neither of which construe obviously.

805 A metal other than gold or silver, according to V. Jośī and N. H. Jośī (*Mahākośa*: 1, 217) (on *कुप्य*). The Nepalese witnesses have the rare *कुप्यक* rather than the vulgate’s *कुब्जक*, which makes no real sense. Perhaps lead, which is used in making contemporary collyrium.

and **jambul** trees.

Then this collyrium (*añjana*), matured (*vipakva*) with ghee and **honey**, should then be applied.

- 10–11ab Filaments (*kiñjalka*) of **lotus** and **blue water-lily**, with **red ochre**, and the juice of cow-dung (*gośakṛt*) are a collyrium (*añjana*) in the form of a pill (*guḍikā*). This is good for both day and night blindness.
- 11cd–12ab Elixir-salve (*rasañjana*), **honey**, ghee, **scramberry**, together with gold and ochre, with the juice of cow-dung (*gośakṛt*) are for an eye afflicted with bile.
- 12cd–13 Alternatively, wise physician should first grind together elixir-salve (*śīta*) and stibnite (*sauvīraka*), infused (*bhāvita*) with the blood of birds and animals (*rasa*).⁸⁰⁶ Then he mixes it with the bile of a tortoise or with extract of rohu carp (*rauhita*). It should always be used with powdered collyrium (*añjana*) to quell the bile.
- 14 Thus, a collyrium (*añjana*) of **white teak** flowers, **liquorice**, **Indian barberry**, **lodh tree** and elixir salve (*rasañjana*) is always good as a collyrium in this case.
- 15 Alternatively, for those who cannot see during the day, this pill (*guḍikā*), with sandalwood, is recommended: salt (*nadīja*), conch shell and the three spices, collyrium (*añjana*), realgar (*manaḥśilā*), the two turmeric (*rajana*)⁸⁰⁷ and liver extract (*yakṛdrasa*).⁸⁰⁸
- 16 One should grind up kohl (*srotoja*),⁸⁰⁹ and ?? and long pepper and also hareṇu (*hareṇu*). Such wicks with goats urine are good in a collyrium (*añjana*) for night blindness (*kṣaṇadāndhya*).
- 17–18ab Alternatively, in such a case, grind together Indian sarsaparilla (*kālānusāriṇa*)⁸¹⁰ long pepper, dried ginger (*nāgara*) and honey, the leaf of the scramberry (*tālīśapatra*), the two turmeric (*rajana*), a conch shell and liver extract (*yakṛdrasa*). Then shade-dried wicks take away

806 This was Ḍalhaṇa's preferred interpretation of *rasa* "juice" in this context. He also noted that some take elixir-salve (*śīta*) to be camphor.

807 Turmeric (*Curcuma longa* Linn.) and tree turmeric (*Berberis aristata* DC). The term *rajana* is unusual; the normal term is *rajanī*. *Rajana* occurs in *Suśrutanighaṇṭu* 158 in the sense of *Ferula asafoetida*, Linn.

808 This verse appears as no. 27 in the vulgate.

809 Glossed by Ḍalhaṇa as a kind of collyrium (*añjana*). Cf. Nadkarni 1954: 2.M13 and P. V. Sharma 1982: 197–198

810 There are two forms of *sārivā* mentioned widely in Āyurvedic literature, the white and the black. Ideas on the identity of the black form are particularly fluid. See Sivarajan and Balachandran (ADPS: 434–438) for a clear discussion.

- illness (*ruj*).
- 18cd–19ab Wicks made of red arsenic (*manaḥśilā*), chebulic myrobalan (*abhayā*), the three spices (*vyoṣa*). Indian sarsaparilla (*sāriva*), cuttlefish bone (*samudraphena*), combined with goat's milk are good.
- 19cd–21ab One should cook a honey collyrium (*kṣaudrāñjana*) either in the juices of cow's urine (*gomūtra*), and bile, spirits (*madirā*), liver (*yakṛt*), and emblic (*dhātrī*) or else in the juice of the liver (*yakṛt*) of something different, or else with the extract of the three fruits (*triphalā*). One of these should be mixed with cow urine, ghee and cuttle fish (*aṇavamala*)⁸¹¹ with long pepper, honey and box myrtle (*kaṭphala*). It is placed in sea salt and stored in a bamboo tube.
- 21cd–22 One should cook the liver of a sheep, the ghee of a goat, with long pepper and Sindh salt, honey and the juice of emblics. Then one should store it properly in a catechu box. Prepared thus, the honey collyrium (*añjana*) is good.
- 23 Alternatively, a collyrium (*añjana*) that is hareṇu (*hareṇu*) mixed with long pepper (*māgadhi*), the bone and the marrow of a goat, cardamom (*elā*) and liver, together with liver extract, is good for eyes afflicted by phlegm.⁸¹²
- 24 Over a fire, one should cook the liver (*yakṛt*) of a monitor lizard (*godhā*) prepared with entrails (*antra*) and stuffed with long pepper (*māgadhi*). As is well known, liver (*yakṛt*) which is used (*niṣevita*) with collyrium (*añjana*) certainly destroys night blindness.
- 25 After preparing both a spleen (*plīhan*) and a liver on a spit, one should eat them both with ghee and oil.⁸¹³

811 At SS 6.12.31, Ḍalhaṇa glossed *aṇavamala* as cuttlefish bone (*samudraphena*). It may be worth considering whether the unusual term *aṇavamala* "ocean-filth" might refer to ambergris.

812 On the identities of *elā* and *hareṇu*, Watt ([WattComm](#): 511 ff) described the former as "true" or "lesser" or "Malabar" cardamom, *Elettaria cardamomum*, Maton & White. In contrast, the "greater" cardamom is *Amomum subulatum* (that Watt discussed on p. 65) that is commonly used as an inferior substitute for *E. cardamomum*. T. B. Singh and Chuneekar ([GVDB](#): 467 f) provided an interesting discussion of *hareṇu*, noting that the term refers to two substances, first the *satīna* pulse (*Pisum sativum*, Linn.), and second an unknown fruit such as perhaps a *Vitex*. They noted, "None of the text commentators have attempted to disclose the nature of its source plant," although Ḍalhaṇa described it as aromatic and identical to *reṇukā* (SS.ci.2.75).

813 We read the locative as if an instrumental; if the locative were intended then it would be the spit that would be coated with oil and ghee.

- 25cd–26ab As is well known, there are six diseases that can be alleviated (*yāpya*); in those cases (*tatra*) one should release the blood by bloodletting. And for the sake of wellbeing one should also purge using aged ghee combined (*upahita*) with purgative aids (*aṅga*).
- 26cd–27 When an eye-disease is caused by wind (*pavanodbhava*) they say that castor oil (*pañcāṅgulataila*) mixed with milk is good.⁸¹⁴ In the case of diseases of blood (*śonita*) and bile (*pitta*), one should drink ghee with the three fruits; it is particularly cleansing.⁸¹⁵ In the case of phlegm, a purgative by means of turpeth (*trivṛt*) is recommended. In the case of all three humours, sandal (*sugandhi*) in oil is prepared with it (turpeth).⁸¹⁶
- 28 In cases of partial blindness (*timira*), aged ghee is recommended. It is good if it is kept in an iron vessel.
- 28cd–29ab One should know that ghee with the three mylobalans is always good, and it is made with what is called periploca of the woods (*meṣaviśāṇa*). A man who is suffering from partial blindness should lick the finely-ground three fruits mixed with ghee off his hand (*sapāṇa*).⁸¹⁷
- 29cd Alternatively, someone afflicted by phlegm should apply them (the three fruits) mixed with oil and steeped (*pragāḍha*) in honey.
- 30 The very best oil, well-cooked with a decoction of cow-dung, is good in cases of partial blindness, taken as an errhine. In cases caused by bile, ghee by itself is good, as is oil when it arises from wind and blood.
- 31 And in the case of wind one should apply turpeth (*trivṛt*) based on strong mallow (*atibalā*), and country mallow (*balā*) in an errhine (*nasya*).⁸¹⁸

814 Ḍalhaṇa said that the unexpressed topic of this recipe is partial blindness (*timira*).

815 Blood-bile (*śonita-pitta*, *rakta-pitta*) is a widely-recognized disease in ayurveda, but the compound here is definitely dual, which rules out that interpretation. One would expect blood-bile because the previous verse

816 The expression “the fragrant one in oil (*tailasugandhi*)” is puzzling. The word *sugandhi* has different referents in the *Nighaṇṭu* literature but is not common as a noun in the extant literature. “Sandal” is just one of its possible meanings.

817 “Off his hand” translates the adverbial *sapāṇam*, an unusual word. Ḍalhaṇa reproduced a reading close to the Nepalese recension but says that Jejjāta rejects it and so he also does (Su 1938: 627).

818 “Based on” translates *-āśrita* “depending on” which does not construe easily here. The vulgate has *śṛta* “cooked” which makes easier sense but is not supported by the Nepalese MSS.

Ghee which has been extracted from milk cooked with the meat of aquatic creatures and those from marshlands should be prescribed.

- 32 †An enclosed roasting (*puṭākhyā*) with Sindh salt and the product of the meat of a carnivore (*kravyabhuj*) and a deer (*eṇa*), is combined with honey and ghee.⁸¹⁹

Fat (*vasā*) from a horse, a vulture, a snake, and a cock (*tāmracūḍa*), combined with *mahua* is always good in a collyrium (*añjana*).†⁸²⁰

- 33 Having prepared (*niṣevita*) a collyrium (*añjana*) made of kohl (*srotas*), gradually combine it with juices (*rasa*), milk and ghee.⁸²¹

For thirty days, this collyrium (*añjana*) is put in the mouth of a black snake that is covered with kuśa grass (*kuśa*).

- 34 Next, a collyrium (*añjana*) that is milk containing long pepper (*māgadhī*), lye (*kṣāraka*) and ?? that has been repeatedly prepared with the mouth of a black snake, is good in the case of bloodshot blindness (*rāgin timira*).⁸²²

- 35 They say that ghee may be produced from that and combined with sweet herbs is good as an errhine for eye-diseases caused by bile.

And here, an eyewash (*tarpaṇa*) is good that is a combination that is the flesh of wild animals taken hot (*puṭāhvaya*).⁸²³

- 36 And realgar (*maṇḥṣilā*) mixed with elixir salve (*rasañjana*) and honey

819 Ḍalhaṇa noted (Su 1938: 628a) that *puṭāhvaya* (see verse 35 below) is a synonym for *puṭapāka*, and that the process is described in the *Kriyākālpa* chapter, i.e., SS.6.18.33–38 (Su 1938: 635). On the *puṭa* process in the *Suśrutasamhitā*, which is earlier and different than that of *rasaśāstra* literature, see the discussion by Wujastyk (2019: 83):

The term ‘enclosed roasting’ (*puṭapāka*) does occur in the *Suśrutasamhitā* in the context of eye treatments, but designates a method of obtaining juice from substances by wrapping them in leaves pasted with earth and cooking the bolus on charcoal to finally extract a juice.

820 This verse contain irresolvable difficulties. There are no significant variants in the Nepalese MS transmission, but the text is ungrammatical. The vulgate reads substantially differently but we have nevertheless made some emendations in line with it and read the verse as two sentences.

821 On स्तोतस् “kohl” see footnote 809. Ḍalhaṇa on 6.17.36ab (Su 1938: 628) explicitly specified that the juices are meat soups of various animals that are “pleasing to the eye” (चक्षुष्यमृगपक्षिमांसरसः).

822 Ḍalhaṇa described this blindness as a type of *kāca* disease caused by wind (Su 1938: 628). The expression “bloodshot blindness” is an attempt to capture the idea of a blind eye that is dyed or coloured (not colour-blindness). This verse is quite different from the vulgate and also syntactically challenging.

823 The expression taken hot (*puṭāhvaya*) is a guess.

is a liquid collyrium (*dravāñjana*) which is, in this case, combined with *mahua*.⁸²⁴

Alternatively, experts on this say that finely ground blue vitriol (*tuttha*) extracted from a gold mine is the “same collyrium (*samāñjana*)”.⁸²⁵

- 37 Conch mixed with equal parts of sheep’s horn and stibnite (*añjana*) removes the impurity of the glassy opacity (*kāca*) because of the application of collyrium (*añjana*).⁸²⁶

The extracts (*rasa*) produced from aflame of the forest (*palāśa*), Rohīta tree (*rohīta*),⁸²⁷ *mahua*, ground with the supernatant layer (*agra*) of the spirits (*madira*) is applied.

- 38 Alternatively, one should cook an errhine with cuscus grass (*uśīra*), lodh tree (*lodhra*), the three fruits (*triphalā*), beauty berry (*priyaṅgu*) to pacify eye diseases caused by phlegm.⁸²⁸

One should apply smoke of the bark of embelia (*vidaṅga*), velvet leaf (*pāthā*), white siris (*kinihī*), and desert date (*iṅgudī*); and cuscus grass (*uśīra*) alone.

- 39 A ghee that is cooked (*bhāvita*) from a decoction of a non-flowering tree (*vanaspati*)⁸²⁹ as well as turmeric (*haridrā*) and spikenard (*nalada*) is good in a eyewash (*tarpaṇa*).

Alternatively, one may have an enclosed roasting (*puṭapāka*) done with arid-land animals (*jāṅgala*)⁸³⁰ and a plentiful amount of long pepper (*māgadha*), Sindh salt and honey.

- 40 A treatment (*kriyā*) with realgar (*manaḥśilā*), the three spices, conch,

824 The expression liquid collyrium (*dravāñjana*) is only known from Ḍalhaṇa’s comments on 6.17.11ab (Su 1938: 626). The recipe in the present collyrium is different from that discussed by Ḍalhaṇa.

825 On *tuttha*, which may also be identified with zinc oxide or as crushed sea-urchin shells, see Falk (1991: 112 ff.); zinc oxide is a component of skin-balms but is not recommended for application in the eyes themselves. The expression “same collyrium (*samāñjana*)” is a hapax legomenon glossed inexplicably by Ḍalhaṇa as “a collyrium with an equal amount of fermented barley” (*tulyasauvīrāñjana*) (Su 1938: 628).

826 The ablative “from collyrium” is hard to construe, but Ḍalhaṇa used this term and phrase in his commentary on 6.17.41ab (Su 1938: 629).

827 Probably *Soyimida febrifuga* A. Juss.

828 Ḍalhaṇa invoked a general rule (*paribhāṣā*) to indicate that this mixture should be cooked with sesame oil.

829 These are fig trees. The *Sauśrutaniḡhaṇṭu* (252) specifies the Uḍumbara. Cf. the classification in CS.1.1.71–72, 1.8, *et passim*.

830 On this term, see SS.1.35.42 (Su 1938: 157) and the discussion by Zimmermann (1999: 25–31).

honey, along with Sindh salt, green vitriol (*kāsīsa*) and elixir salve (*rasāñjana*).⁸³¹

They say that an elixir salve (*rasāñjana*) combined with myrobalans, treacle and dried ginger is good.⁸³²

- 41 Alternatively, a collyrium (*añjana*) that has been prepared many times in the eight types of urine⁸³³ is put into water with the three fruits. Having stored it in the mouth of a nocturnal creature (*niśācara*)⁸³⁴ one should place it in a conch (*salilotthita*) for two months.⁸³⁵

- 42 One should apply that collyrium (*añjana*) together with the flowers of *mahua* and horseradish tree (*śigru*) when [the disease] is caused by all [the humours].

But alternatively, all treatments apply when blood is the cause. The procedure that removes bile is good when there is blue dot cataract (*mlāyin*).⁸³⁶

- 43 For one who has a humour, the physician should consider the rule in all humoral cases and then smear the ointment on the face.⁸³⁷

The treatment that is good for removing watery eye (*syanda*) should be properly applied in all these humoral cases, according to the individual.⁸³⁸

- 44 The physician should not employ substances in errhines etc., when the humours intensify, and also when disease spreads. And further, in the *Kalpa*, there is a good deal more said about collyriums, and that should be considered and then applied.⁸³⁹

- 45 Someone who uses matured ghee, the three fruits, *wild asparagus*, as

831 Ḍalhaṇa glossed treatment (*kriyā*) specifically as inspissation (*rasakriyā*) (Su 1938: 629).

832 We emend हिते to हितम् against the MSS.

833 See *Suśrutasamhitā* mūtravarga

834 Ḍalhaṇa glossed nocturnal creature (*niśācara*) as “vulture,” although elsewhere in the *Suśrutasamhitā* it is more commonly interpreted as a spirit or demon. In the present context, following verses 33 and 34, it is probably a snake.

835 We interpret “water-born (*salilotthita*)” as “conch” in line with *jalodbhava*, but the term is uncertain.

836 The vulgate follows Ḍalhaṇa in glossing *mlāyin* as *parimlāya*. The description of this condition at SS.6.7.27–28 appears to refer to “blue dot” or “cerulean” cataract. √*mlai* derivatives can mean “dark” or “black.”), which is normally a different ailment.

837 The vulgate edition omits part of this verse (ab) combining earlier and later passages.

838 The term watery eye (*syanda*) refers to the specific disease *abhiṣyanda*. See SS.6.6.5, 1.46.51, etc.

839 Ḍalhaṇa noted that *Kalpa* means the Uttaratantra adhyāya 18 (Su 1938: 633 ff).

find ref.

Check out these refs.

meaning of kalpa

- well as **mung beans**, emblic and barley has nothing to fear from cases of severe blindness (*timira*).
- 46 Blindness is dispelled by milk prepared with wild asparagus or in emblics, or again cooked barley (*yavaudana*) followed by the water of three fruits with plenty of ghee.
- 47 When there is bloodshot blindness (*rāgiṇi timire*), the wise physician should not cut a vein. A humour injured (*utpīḍita*) by the instrument rapidly destroys vision.
- 48 Non-bloodshot blindness (*araga timira*) in the first layer (*paṭala*) is treatable. And bloodshot blindness (*rāgiṇi timire*) in the second layer, with difficulty. And in the third layer it can be mitigated (*yāpya*).⁸⁴⁰
- 49 I shall explain the therapy for success when there is a cataract (*liṅganāśa*) caused by phlegm. It may be white, like a full moon, an umbrella, a pearl (*muktā*) or a spiral (*āvarta*).
- 50 Or it may be uneven, thin in the middle, streaked or have excessive shine (*prabha*). A humour (*doṣa*) in the pupil may be characterized as being painful or having blood.⁸⁴¹
- 51–52 At a time that is neither too hot or too cold, the patient who has been oiled and sweated is restrained and seated, looking symmetrically at his own nose.
- The wise physician should separate (*muktvā*) two white sections from the black part (*kṛṣṇa*) and from the outer corner of the eye (*apāṅga*). Then he should press (*pīḍ-*) properly into the eye,⁸⁴² at the naturally-occurring (*daivakṛte*) opening (*chidra*) with a probe (*śalākā*) made of copper or iron, with a tip like a barley-corn, held by a steady hand with the middle finger, forefinger and thumb, the left one with the right hand and the other one contrariwise.
- When the piercing is done properly, there is the issue of a drop of liquid and a sound.⁸⁴³

840 Although the text says with difficulty (*kṛcchra*), the implication is that it is untreatable (*asādhya*) (cf. 6.17.2 (Su 1938: 625) above). The three categories, treatable, untreatable and possibly mitigated are standard categories of triage.

841 In the vulgate, and in parallel passages in the AS, the reading “it may be (*bhavet*)” is replaced with the negative “if, then not (*na ced*)” (cf. utt.17.1–3a (As 1980: 712)). These characteristics are then read as conditions that preclude surgery; for the Nepalese recension, they are simply descriptions of the appearance of a cataract.

842 We understand the locative *nayane* as the place of pressing; other interpreters take it as an accusative dual. The idea is that the eye is held steady by the surgeon.

843 Ḍalhaṇa remarked on 6.17.61ab (Su 1938: 630) that when the piercing is not correctly

- 55 The expert should moisten the exact place of piercing with a woman's breast-milk. Then he should scratch the circuit of the pupil (*dr̥ṣṭimaṇḍala*) with the tip of the probe (*śalākā*).⁸⁴⁴
- 56 Without injuring, gently pushing the phlegm in the circuit of the pupil against the nose, he should remove it by means of sniffing (*ucchiṅgana*).⁸⁴⁵
- 57 Whether the humour is solid (*styāna*) or liquid (*cala*), one should apply sweating to the eye externally, with leaves (*bhaṅga*) that remove wind, after fixing the needle (*sūcī*) properly.⁸⁴⁶
- 58 But if the humour cannot be destroyed or if it comes back, one should apply the piercing (*vyadha*) once again, with appropriate oils and so on.
- 59 Now the pupil (*dr̥ṣṭi*) shines like the sun (*hari*) in a cloudless sky; then, when objects become visible, one may slowly remove the probe (*śalākā*).⁸⁴⁷
- 60 Having smeared ghee on the eye, one should cover it with a bandage. Then, he must lie down supine in a house free from disturbances.⁸⁴⁸
- 61 At that time, he should not belch, cough, sneeze, spit or shiver. Afterwards there should be restrictions (*yantraṇā*) as in the case of someone who has drunk oil.⁸⁴⁹
- 62 Every three days one should wash it with decoctions (*kaṣāya*) that remove wind. After three days, one should sweat the eye externally be-

done, blood issues and there is no sound.

844 The anatomy of the eye is described in 6.1.14–16 (Su 1938: 596). The disks or *maṇḍalas* are the circuits or disks of the eye.

845 Ḍalhaṇa described sniffing (*ucchiṅgana*) at 6.19.8 (Su 1938: 641), clearly intending inward sniffing.

846 We interpret *bhaṅga* as leaves, following the usage elsewhere in this sthāna 4.32.9, 6.11.5 (Su 1938: 513, 614) where *bhaṅga* means shoots (*pallava*). A similar procedure is described at 6.17.25a (As 1980: 716a), where sweating of the eye is done by means of the leaves of a castor-oil plant.

847 There are many problems with the MS readings and interpretation of this half-verse. We have inferred “sky” and emended from “free from the point (*agramukta*)” to “free from clouds (*abhramukta*)”. The latter meaning is supported (in different words) by the vulgate and occurs elsewhere in Sanskrit literature.

848 Ḍalhaṇa explained disturbances specifically as dust, smoke, drafts and sunlight 6.17.67 (Su 1938: 631a).

849 Ḍalhaṇa glossed “restrictions (*yantraṇā*)” as having a controlled diet and the other restrictions appropriate to someone who is taking oil as a preparation before further therapy (6.17.68 (Su 1938: 631)). These restrictions are also described at 6.18.28 (Su 1938: 635) and 1.16.25cd (Ah 1939: 249).

cause of the danger of wind.

- 63 Having restrained himself in this way for ten days he should thereafter take a beneficial regimen (*karma*) that clears the pupil (*dr̥ṣṭi*) and also he should take light food in measure.

[Complications]

- 64 When there is a misshapen eyeball (*vilocana*), the eye may fill because of the release of blood from a vein.⁸⁵⁰
A hard probe leads to shooting pain (*śūla*), a thin to unsteadiness of the humours (*doṣapariplava*),⁸⁵¹
65 a thick-tipped probe leads to a large wound, and a sharp one may cause harm in many ways; a very irregular one may cause a discharge of water, a rigid (*sthira*) one brings about a loss of function (*kriyāsaṅga*).⁸⁵²
66 Therefore, one should make a good probe that is free from these defects.

[Characteristics of the probe]

The probe should be eight finger-breadths long and in the middle it is wrapped with thread and is as thick as a thumb joint. It is shaped like a bud at both ends (*vaktra*).

- 67 A commendable probe should be made of silver, iron or gold (*śātakumbhī*).⁸⁵³

850 The condition of “misshapen eye” is referred to briefly in 6.61.9 (Su 1938: 800), where Ḍalhaṇa glossed it as “bent brow and eye (*vakrabhrūnetra*).” The vulgate’s reading of “with blood (*śonitena*)” is easier to construe.

851 There is a medically significant difference here from the vulgate, which reads “a rough (*khara*) probe” not a “thin” probe.

852 This translation of loss of function (*kriyāsaṅga*) is given on the basis of Ḍalhaṇa’s gloss of *kriyāsaṅgakarī* at 3.8.19 (Su 1938: 382) as “causing the destruction of actions such as moving (*gamanādikriyāvīnāśakarī*).”

853 The vulgate reads “copper (*tāmra*)” in place of “silver.”

[Complications]

- Redness, swelling, lumps, driness (*coṣa*), bubbling (*budbuda*),⁸⁵⁴ pigs' eye (*sūkarākṣitā*),⁸⁵⁵ irritation (*adhimantha*), etc. and other diseases arise from faults in the piercing,
- 69–70 or even from bad behaviour. One should treat them each accordingly. Listen to me once again about compounds for painful red eyes. Red chalk (*gairikāḥ*), Indian sarsaparilla (*śārivā*), panic grass (*dūrvā*), and ghee ground with barley.
- 71 This face ointment is to be used for quelling pain and redness. Or else it may be taken combined with the juice of citron (*mātuluṅga*) with sesame gently fried, mixed with white mustard (*siddhārthaka*).⁸⁵⁶ This is immediately beneficial when someone is looking for relief.
- 72 A paste with Holostemma (*payasyā*),⁸⁵⁷ Indian sarsaparilla (*śārivā*), cassia cinnamon (*patra*), Indian madder (*mañjiṣṭhā*), and liquorice (*madhukair*) stirred with goat's milk, pleasantly warmed, is said to be healthy.⁸⁵⁸
- 73 Alternatively, it can be made in this way with Himalayan cedar, Himalayan cherry (*padmaka*) and dried ginger. Or, in the same way, with grapes, liquorice and the Lodh tree mixed with Sindh salt.
- 74 Alternatively, goats' milk with the Lodh tree, Sindh salt, red grapes and liquorice, cooked, should be used in irrigation because it removes pain and redness.
- 75 Having cooked it with liquorice, water-lily, and costus, mixed with grapes (*drākṣā*), lac (*lākṣā*), white sugar (*sitā*), with wild asparagus, Hare Foot Uraria (*pr̥thakparṇī*),⁸⁵⁹ nutgrass (*mustā*), liquorice, Hi-

854 Ḍalhaṇa glossed "bubbling (*budbuda*)" as "prolapse (*māṃsanīrgama*) that looks like bubbles."

855 The expression "pigs' eye" appears to be a *hapax*. It was glossed as "downward vision (*adhodṛṣṭitva*)" by Ḍalhaṇa.

856 On the adverbial use of gently (*mṛdu*), see Gombrich 1979.

857 The identity of *payasyā* is debated (GVDB: 538), and was already in doubt at the time of Ḍalhaṇa but likely candidates may be those suggested by Ḍalhaṇa, who suggests either *arkapuṣpī* or *kṣīrakākolī*, that may be *Holostemma adakodien* Schult. and *Leptadenia reticulata* (Retz.) Wight & Arn. (ADPS: 195–196). The *Sauśrutaniḥaṇṭu* glosses it as *kṣīrikā* or *arkapuṣpikā* (Suvedī and Tivārī 2000: v. 307).

858 The expression "stirred with goat's milk (*ajākṣīrārdita*)" is difficult. It may be connected with the rare root *ard* documented by Whitney (1885: 15). Cf. *√ard gatau* (*Dhātupāṭha* 1.56).

859 Suvedī and Tivārī 2000: 18.

- malayan cherry (*padmaka*), and Sindh salts, one should apply it [irrigation] gently warm.
- 76cd–77ab Ghee that has been cooked in four times the amount of milk that has itself been cooked with drugs that destroy wind.⁸⁶⁰ This has an admixture of cottony jujube (*kākolī*) etc., should be prescribed in all treatments.⁸⁶¹
- 77cd–78ab If pain does not end in this way, one should administer blood-letting to the vein of someone who has previously been oiled and sweated. Then the wise physician should apply cauterization in the advised manner.⁸⁶²
- 78cd–80ab Now listen to two excellent collyriums for making the pupils clear. After grinding the flowers of perploca of the woods (*meṣaśṛṅga*), siris (*śirīṣa*), axelwood (*dhava*) royal jasmine (*jātī*), pearl and beryl (*vaiḍūrya*) with goat's milk, one should put it in a copper pot for seven days.
- 80cd–81 Having made it into wicks (*vartti*), the physician should apply it as a collyrium (*añjana*). Alternatively, one should make kohl (*srotoja*), coral (*vidruma*), cuttlefish bone (*phena*), and realgar (*manaḥśilā*) and peppers into wicks as before. One should apply these wicks, which are good in a collyrium, to steady the pupil.
- 82 I shall again discuss the foremost collyriums at length in the *Kriyākālpa* section. Those various methods may be applied here too.

or a dual?

860 Ḍalhaṇa mentioned that these drugs include Deodar (*bhadradāru*) and other wind-destroying drugs. The *vātasamśamana* group is listed in *Suśrutasamhitā sūtrasthāna* 1.39.7.

861 Ḍalhaṇa noted that this would include errhines, ointments, etc.

862 The vulgate reads *vāpi* for *cāpi*, so Ḍalhaṇa saw blood-letting and cautery as alternatives, not a sequence of treatments. Ḍalhaṇa listed the places that cauterization may be applied, such as the brow, forehead, etc.

Uttaratantra 38: Diseases of the Female Reproductive System

Introduction

The chapter talks about various diseases of the female reproductive system and, in doing so, combines both aspects that go into a representation of diseases in āyurvedic literature: signs, symptoms and pathogenesis (*nīdāna*), on the one hand, and medical treatment (*cikitsā*), on the other. In chapters of the *Uttaratantra*, these two aspects are sometime dealt with in two different chapters *X-vijñānīya* and *X-pratiṣedha*. There are, however, many examples where this distinction is not made.

Literature

The chapter is summarized, with notes on vocabulary and references to further research literature, in [HIML: IA, 313](#). ([Tivārī 1990](#)) dedicated a monograph to this topic, and [Selby \(2005a,b\)](#) has explored gynecological narratives in ayurveda.

Placement of the Chapter

In the vulgate text ([Su 1938](#)) the current chapter, 6.38, is found after the *Uttaratantra*'s subsection on paediatrics, the *Kumāratantra*, see Table 4.⁸⁶³ But in the Nepalese version, this is chapter 6.58 of the *Uttaratantra*. And it is also counted as chapter 23 of the subsection *Kāyācikitsā*.

⁸⁶³ Or *Kumārabhṛtya* as this section is named in MS Kathmandu KL 699.

Table 4: Subdivisions of the Uttaratantra, in the vulgate.

Section	Chapters	Internal count
Śālakyatantra	1–26	1–26
Kumāratantra	27–38	1–12
Kāyacikitsātantra	39–59	1–21
Bhūtavidyātantra	60–62	1–3
Tantrabhūṣaṇādhyāya	63–66	1–4

Several things are noteworthy in this regard:

- In the placement of the vulgate, this chapter follows upon 6.37 *Grahotpatti* (6.35 in the Nepalese version), a chapter that talks about the origination of nine demons (*graha*) that are responsible for all children's diseases described in previous chapters of the *Kumāratantra*. In this way, the current chapter retains the general focus on the child bearing (*kaumārabhṛtya*), but, at the same time, marks a change to a distinct, less mystical approach to the topic at hand (that could originate in a cultural milieu different from that of the preceding eleven chapters). Ḍalhana explained how the chapter fits its context in the following way:

It is appropriate that, for the sake of treating the disorders of the female reproductive system, the chapter called "Countermeasures Against Disorders of the Female Reproductive System" is taught immediately after the chapter called "The Origination of Demons (*graha*)."⁸⁶⁴ It is because (1) there is an explicit mention of the word "*yonī*" in the statement "born in the womb (*yonī*) of animal and human" [in 6.37.13bc (Su 1938: 667)] and because (2) the disorders of the female reproductive system are the causes for the inborn disorders of children.⁸⁶⁴

- In the placement of the Nepalese version,
 - 6.*Yonivyāpatpratiṣedha* is preceded by

⁸⁶⁴ Ḍalhana on 6.38.1 (Su 1938: 668): ग्रहोत्पत्त्यध्यायानन्तरं 'तिर्यग्योनिं मानुषं च' इति वचनेन योने-
र्नामसंकीर्तनात् कुमारजन्मविकारकारणत्वाच्च योनेर्व्यापञ्चिकित्सितार्थं योनिव्यापत्प्रतिषेधाध्यायारम्भो यु-
ज्यत [...]

- 6.56 *Mūtrāghātapraṭiṣedha* (6.58 in [Su 1938](#)) and
- 6.57 *Mūtrakṛcchrapraṭiṣedha* (6.59 in [Su 1938](#)), two chapters dealing with the diseases of the urinary tract.

The current chapter carries on with the topic of diseases that affect genitalia. In its Nepalese version, the chapter opens with two verses that explain the reasons for treating the particular set of diseases. These lack any reference to the inborn disorders of children, mentioned by Ḍalhaṇa, and instead highlight the importance of curing female diseases for the satisfaction of male partner.

- SS.1.3 in both [Su 1938](#) and the Nepalese version lists the chapter at the place where it is found in the vulgate.⁸⁶⁵
- Parallel chapters in the *Aṣṭāṅgasamgraha* and the *Aṣṭāṅgahṛdayasamhitā* form a part of the *Śalyatantra* section of each text.

Parallels

The current chapter is parallel in its content to *Aṣṭāṅgasamgraha* 6.38 and 6.39 as well as *Aṣṭāṅgahṛdayasamhitā* 6.33 and 6.34 (*Guhyarogavijñāna* and *Guhyarogapraṭiṣedha* respectively).

A close literary parallel to the first part of the chapter is found in *Mādhavanidāna* ([MN₃](#)) 62, or at least its version printed in Y. T. Ācārya ([MN₃](#): 361). The readings of the [MN₃](#) as it stands now usually side with the vulgate version rather than with the Nepalese. In addition to the basic text, there are several valuable pointers made in the *Madhukośa*, an early commentary on the [MN₃](#). This part of the text is authored by Śrīkaṇṭhadatta, who was most like a direct student of Vijarakṣita. The latter wrote the first part of the *Madhukośa*, up to chapter 32, and, what is more, can be dated to the late eleventh or early twelfth centuries.⁸⁶⁶

Another most interesting parallel is found in *Carakasamhitā* 6(Ci).30.

⁸⁶⁵ See 1.3.37ab ([Su 1938](#): 15): नैगमेषचिकित्सा च ग्रहोत्पत्तिः सयोनिजा ॥.

⁸⁶⁶ Meulenbeld [1974b](#): 22–26.

Philological notes

Metrical alterations

The first two verses in the Nepalese version, 6.38.2.1 and 6.38.4.1, are written in a classical variety of the *upajāti* metre: $\underline{\text{U}} \text{ } \underline{\text{U}} \text{ } \underline{\text{U}} \text{ } \underline{\text{U}} \text{ } \underline{\text{U}} \text{ } \underline{\text{U}} \text{ } \underline{\text{U}} \text{ } \underline{\text{U}}$. In content, they are only approximately parallel to three hemistichs in *anuṣṭubh* metre found in the vulgate.⁸⁶⁷ The latter verses lack the apologetic explanation concerning the reasons for this chapter being taught.

The original opening verses

From verse *Suśrutasamhitā* 6.38.5.1 onwards, the Nepalese version of the text continues with three hemistichs in the same classical *upajāti* metre (the syllabic pattern above).⁸⁶⁸ By contrast, the vulgate contains two complete verses (four hemistichs) in the *anuṣṭubh* metre, again with only loosely-related content.⁸⁶⁹ The three final hemistichs of this group are borrowed verbatim from the *Carakasamhitā*.⁸⁷⁰ We can be sure of the direction of borrowing because one of these shared verses says that the twenty kinds of diseases of the female reproductive system “have already been indicated in the *Compendium of Diseases* (rogasamgraha)”.⁸⁷¹ This statement does not make any sense in the context of the *Suśrutasamhitā*, where no such Compendium exists.⁸⁷² By contrast, in the *Carakasamhitā* this reference points back to chapter 1.19 (*Ca* 1941: 109–112), which calls itself “The Compendium of Diseases”.⁸⁷³ This Compendium lists all the diseases dealt with in later sections of the text, and specifically mentions the twenty diseases of female reproductive system.⁸⁷⁴ Even the vocabulary and wording of this

⁸⁶⁷ *Suśrutasamhitā* 6.38.3–4ab (*Su* 1938: 668).

⁸⁶⁸ The metre of these verses is not perfect.

⁸⁶⁹ *Suśrutasamhitā* 6.38.4cd–6ab (*Su* 1938: 668).

⁸⁷⁰ *Carakasamhitā* 6.30.7cd–8 (*Ca* 1941: 634).

⁸⁷¹ *Suśrutasamhitā* 6.38.5ab (*Su* 1938: 668): विंशतिर्व्यापदो योनेर्निर्दिष्टा रोगसंग्रहे ॥ ← *Carakasamhitā* 6.30.7cd (*Ca* 1941: 634).

⁸⁷² The remark was not commented on by Ḍalhana.

⁸⁷³ *Carakasamhitā* 1.19.9cd (*Ca* 1941: 112): रोगाध्याये प्रकाशिताः.

⁸⁷⁴ *Carakasamhitā* 1.19.3 (*Ca* 1941: 110): विंशतिर्योनिव्यापदः ।

passage is identical to the later verses. It is beyond doubt that this passage originated in the *Carakasamhitā* and was borrowed by the editors of the vulgate text of the *Suśrutasamhitā*.⁸⁷⁵

⁸⁷⁵ The above three hemistichs in *anuṣṭubh* are also repeated in the *MN*₃ 62.1–2ab. Given that the subsequent verses in the *MN*₃ stem from the *Suśrutasamhitā*, it is likely that *MN*₃ 62.1–2ab too was borrowed from the *Suśrutasamhitā* and not from its original location in the *Carakasamhitā*).

Translation

- 1 And now I shall explain the countermeasures against disorders of the female reproductive system (*yonivyāpat*).⁸⁷⁶
- *3 For good men, a woman is the most pleasurable thing. Therefore a physician should diligently attend to the diseases located in the female reproductive system (*yoni*), because he is entirely devoted to it (that is, to curing these diseases) for the sake of (people's) happiness.⁸⁷⁷
- *4 A corrupted female reproductive system (*yoni*) cannot consume semen (*bīja*), and therefore, the woman cannot take a fetus (that is, become pregnant). She gets severe prolapses (*arśas*), abdominal lump (*gulma*) and similarly many other diseases (*roga*).
- *5 Humours (*doṣa*), wind (*vāta*), etc., corrupted due to faulty medical treatment (*mithyopacāra*),⁸⁷⁸ sexual activity, fate, and also defects (*doṣa*) of menstrual blood (*ārtava*) and semen (*bīja*), produce various diseases in the female reproductive organ (*yoni*). These 20 diseases are taught here distinctly and one by one along with their treatment

876 On this broad understanding of the term *yoni* as “female reproductive system” see Das 2003: pp. 572–5.

877 As our translation indicates, the sentence construction does not allow an unambiguous identification of who or what is the referent of the pronoun *tad* in the compound form *tadadhīna* ‘devoted to it.’ Our current understanding is that *tad* refers to the ‘most pleasurable thing’ mentioned in pāda a. It could, however, also refer to ‘them,’ that is, the ‘good men.’

878 In our translation of the compound मिथ्योपचार, we decided for the technical meaning of the term उपचार, that is, “medical application” or “treatment.” The combination मिथ्या+उप-√चर् is attested several times in medical literature. At least once, at *Carakasamhitā* 3.3.38 (Ca 1941: 245), it is given an explicit gloss by Cakrapāṇidatta: मिथ्योपचरितानिति असम्यक् चिकित्सितान् “... given improper therapy”. In the *Suśrutasaṃhitā* (Su 1938), it is used once in a passage (6.18.30 (Su 1938: 635)) where it refers specifically to the wrong application of irrigation (*tarpaṇa*) and roasting (*puṭapāka*), both of which are mentioned in the previous verse. Another use of the compound in a similar meaning is found in a citation from Bhoja’s work (see p. 21) quoted by Gayadāsa at *Suśrutasaṃhitā* 2.5.17 (Su 1938: 287): श्वित्रं तु द्विविधं प्रोक्तं दोषजं व्रणजं तथा । तत्र मिथ्योपचाराद्धि व्रणस्य व्रणजं स्मृतम् ॥ “... arises from wrong treatment of the wound.” In contrast to this, the parallel verse in *Suśrutasaṃhitā* 6.38.5ab (Su 1938: 668) = *Carakasamhitā* 6.30.8 (Ca 1941: 634) = MN₃ 62.1 reads मिथ्याचार “wrong conduct.” All commentators (Cakrapāṇidatta on the *Carakasamhitā*, Śrīkaṇṭhadatta on the MN₃, and Ḍalhaṇa on the *Suśrutasaṃhitā*) explain that the wrong conduct stands here specifically for unwholesome diet. The parallel in *Aṣṭāṅgahṛdayasaṃhitā* 6.33.27 (Ah 1939: 895) = *Aṣṭāṅgasaṃgraha* 6.38.34a (As 1980: 829) plainly reads दुष्टभोजन “corrupted food” instead.

(*bheṣaja*), causes (*hetu*) and signs (*cihna*).

*6.1 Because of wind (*vāta*), female reproductive organ (*yonī*) becomes:

1. udāvartā (*udāvartā*),
2. called Infertile (*vandhyā*), and
3. Sprung (*plutā*),
4. Flooded (*pariplutā*), and
5. Windy (*vātalā*).

*6.2 And because of choler (*pitta*), occur:

1. With bloodloss (*raktakṣayā*),
2. Vomiting (*vāminī*), and
3. Causing a Fall (*sraṃsanī*),
4. Child-murderess (*putraghnī*), and also
5. Bilious / Choleric (*pittalā*).

*7.1 And because of phlegm (*kapha*) occur:

1. Extremely Excited (*atyānandā*),
2. Protuberant (*karṇinī*), and
3. & 4. two Caraṇī (*caraṇī*), and
5. other Phlegmatic (*śleṣmalā*).

*7.2 And similarly there are other (kinds of morbid female reproductive system) involving all *doṣas*:

1. Impotent (*śaṇḍhī*),
2. With testicles (*aṇḍīnī*),
3. two Huge (*mahatī*),
4. With a needle-like opening (*sūcīvaktrā*),
5. Sarvātmikā (*sarvātmikā*).

Uttaratantra 65: Rules of Interpretation

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.⁸⁷⁹ Other explorations of this topic have included TY; Dasgupta 1952; Oberhammer 1968; TYV; Lele 1981; Scharfe 1993; Comba 1994; Mejer 2000; A. Singh 2003.

Scherrer-Schaub (1981) discussed the term *yukti* in Buddhist literature; see also Biardeau 1964: 444–446 Prets and Prandstetter 1991–2006: 343–345, while Frauwallner 1958 discussed the influence of the *tantrayuktis* in the Sāṅkhya tradition. Preisendanz (2013: 105–106, fn. 109) provided further references to the discussion of *yukti* in Buddhist literatures. Manevskaia (2008) gave examples of the use of *tantrayuktis* in Buddhist commentarial literature. Chevillard (2009) discusses the translation of the *tantrayuktis* in Tamil literary tradition, with a specific focus on *Tolkāppiyam* and its commentaries.

Early Sources

An ancient tradition of enumerating the *tantrayuktis* served as a foundational source not only for medical texts but also for works in various other disciplines, including Arthaśāstra, philosophy, and even grammar. The *Suśrutasamhitā* stands as the earliest Āyurvedic text that presents a compilation of a list of *tantrayuktis* followed by their definitions and usage. Mentions to *Tantrayuktis* are also found in the *Carakasamhitā* 8.12 (Ca 1941)

⁸⁷⁹ HIML: IA, 331.

which introduce four additional *tantrayuktis*. However, the *tantrayuktis* remain undefined in the *Carakasamhitā*.

The *Arthaśāstra*

The enumeration and definitions of the *tantrayuktis* in the *Suśrutasamhitā* closely parallel their treatment in the *Arthaśāstra*. *Tantrayuktis* are discussed in the fifteenth and final chapter of the *Arthaśāstra*, called the *Tantrayukti*.⁸⁸⁰ For a side-by-side comparison of the *tantrayuktis* in the *Suśrutasamhitā* and the *Arthaśāstra*, please refer to Table 5.

The *Yuktidīpikā*

Yuktidīpikā (circa late sixth to early eighth century), an anonymous commentary on Īśvarakṛṣṇa's *Sāṅkhyakārikā*, initiates its discourse with a detailed discussion of the characteristics of a scientific treatise, some of which align with the *tantrayuktis*.⁸⁸¹ In the *Yuktidīpikā*, these terms are referred to as *tantraguṇa* or *tantrasampat*. They are: (1) *sūtropapatti* (2) *pramāṇopapatti* (3) *avayavopapatti* (4) *anyūnatā* (5) *saṁśayokti* (6) *nirṇayokti* (7) *uddeśa* (8) *nirdeśa* (9) *anukrama* (10) *saṁjñā* and (11) *upadeśa*.⁸⁸² Apart from these, the *Yuktidīpikā* also exemplifies (12) *utsarga* (general rule), (13) *apavāda* (exception), and (14) *atideśa* (extended application). However, *utsarga* and *apavāda* are not considered *tantrayuktis* in other comprehensive lists. The *Yuktidīpikā* further states that while other *tantrayuktis* can be demonstrated in a similar manner, since they are peripheral topics, the text does not delve into their discussion.⁸⁸³

880 *Arthaśāstra*: 280–283

881 See Oberhammer 1968: 605–614 for a detailed discussion of the use of the *tantrayuktis* in the *Yuktidīpikā*.

882 सूत्रप्रमाणावयवोपपत्तिरन्यूनता संशयनिर्णयोक्तिः ।
उद्देशनिर्देशमनुक्रमश्च संज्ञोपदेशाविह तन्त्रसम्पत् ॥

Yuktidīpikā: 3

883 एवमारा अन्येऽपि द्रष्टव्याह । तद्यथोत्सर्गोऽपवादोऽतिदेश इत्यादि ।...इत्येवमन्या अपि तन्त्रयुक्तयः शक्या इह प्रदर्शयितुम् । अतिप्रसङ्गस्तु प्रकृतं तिरोदधातीति निवर्त्यते । सिद्धं तन्त्रयुक्तीनां सम्बन्धोपपत्तेस्तन्त्रम् इदम् इति । *Yuktidīpikā*: 8

Tamil literature

Discussions on the *tantrayuktis* are also found in Tamil technical literature, the earliest of which is the *Tolkāppiyam*.⁸⁸⁴ A list of 32 *tantrayuktis*, called *utti* or *tantiravutti* in Tamil, are given in the 27th (the final) chapter titled *Marapiyal* “Chapter on conventions” of the last book called *Poruḷ* “Matters” of the *Tolkāppiyam*. There is no consensus regarding the dating of the *Tolkāppiyam*. However, if we endorse Zvelebil’s view, which posits that the final redaction of the *Tolkāppiyam* occurred around the fifth century AD, it follows that this section of the *Tolkāppiyam* cannot postdate the fifth century. If we follow the dating of Zvelebil, we can safely argue that by that time, Sanskrit *tantrayuktis* had already been translated into Tamil. Nevertheless, determining the correspondence between specific *tantrayuktis* and Tamil *uttis* poses a challenge. A major factor contributing to this challenge is the disagreement between two commentators of the *Tolkāppiyam*, namely Ḹampūraṇar (11th or 12th century) and Pērācīriyar (possibly 13th century), regarding the interpretation of the list of *uttis*. It is still not clear which list of 32 *tantrayuktis* was before the author of the *Tolkāppiyam*.

After the *Tolkāppiyam*, several other Tamil texts refer to the *tantrayuktis*. Among them the *Yāpparuṅkalam* (possibly 10th century), the *Vīracolīyam* (11th century), *Nannūḷ* (late 12th or early 13th century), and their commentaries hold significant importance in this context.

The Viṣṇudharmottarapurāṇa

The third book of the *Viṣṇudharmattarapurāṇa*, believed to have been composed between the fifth and seventh centuries, includes a chapter dedicated to the *tantrayuktis*.⁸⁸⁵ Unlike the *Arthaśāstra* and the *Suśrutasaṃhitā*, this chapter lacks illustrative examples of the *tantrayuktis*. The chapter lists 32 *tantrayuktis* followed by definitions. Notably, the list and definitions given here – we are using the critical edition by Priyabala Shah – in most cases bear a striking resemblance to those found in the *Suśrutasaṃhitā*. Given the striking alignment between the list and definitions of *tantrayuktis*, one could suggest that the *Viṣṇudharmottarapurāṇa*’s chapter on *tantrayuktis* likely draws directly or indirectly from the *Suśrutasaṃhitā* or

884 For a detailed discussion of the treatment of the *tantrayuktis* in the *Tolkāppiyam* see Chevillard 2009.

885 Adhyāya 6, *Viṣṇudh* 3: 13–14.

from a common source. The designations and the order of the *tantrayuktis* in the *Viṣṇudharmottarapurāṇa* are almost identical. The only differences in the order are as follows:

1. *Viparyaya* is placed after *vidhāna* whereas in the *Suśrutasamhitā* it follows *arthāpatti*.
2. *Anumata* is placed after *vyākhyāna* whereas in the *Suśrutasamhitā* it follows *nirṇaya*.
3. *Anāgatāvekṣaṇa* (*anāgatāpekṣaṇa* in the Nepalese version) occurs after *atīkrāntāvekṣaṇa* (*atīkrāntāpekṣaṇa* in the Nepalese version) whereas the order is reverse in the *Suśrutasamhitā*.

For a side-by-side comparison of the *tantrayuktis* in the *Suśrutasamhitā* and the *Viṣṇudharmottarapurāṇa*, please refer to Table 5.

The *Saddanīti*

A list of the 32 *tantrayuktis* accompanied by definitions also appear in the final chapter (*Pariccheda* 28) of the final book (book 3: *Suttamālā*) of the renowned Pali grammar *Saddanīti* composed by Aggavaṃsa in Arimaddanapura (modern Bagan, Burma) in the twelfth-century.⁸⁸⁶ Just as the *Viṣṇudharmottarapurāṇa*, this list also does not provide examples of the *tantrayuktis*. Although written in Pali, the order and the definition of the *tantrayuktis* (*tantiyutti* in Pali) closely resemble those of the *Suśrutasamhitā*. There are, however, a few differences:

1. The *tantrayukti pradeśa* is referred to as *paṭidesa* (Sanskrit *pratideśa*) and is positioned after *atidesa* (Sanskrit *atideśa*) whereas in the *Suśrutasamhitā* it follows *apadeśa*.
2. *Atīkrāntāpekṣaṇa* is designated as *atītāpekṣhana* (Sanskrit *atītāpekṣaṇa*).
3. *Svasaṃjñā* is designated as *anaññā sakasaṃjñā* (Sanskrit *ananyā svasaṃjñā*) and is defined with subtle variations.
4. *Ūhya* is designated as *upānīya*.

⁸⁸⁶ *Saddanīti* 3: 920–921.

For a side-by-side comparison of the *tantrayuktis* in the *Suśruta Saṃhitā* and the *Saddanīti*, please refer to Table 5.⁸⁸⁷

Table 5: *Tantrayuktis* in *Suśrutasaṃhitā* (S), *Viṣṇu-dharmottarapurāṇa* (V), *Arthaśāstra* (A), and *Saddanīti* (N)

Sequence	Terms	Definitions
(S) 1.	<i>adhikaraṇa</i>	तत्र यमर्थमधिकृत्योच्यते तदधिकरणम् ।
(V) 1.	<i>adhikaraṇa</i>	तत्र यमर्थमधिकृत्योच्यते तदधिकरणम् ।
(A) 1.	<i>adhikaraṇa</i>	यमर्थमधिकृत्योच्यते तदधिकरणम् ।
(N) 1.	<i>adhikaraṇa</i>	तत्थ यं अधिकिञ्च वुञ्चति, तं अधिकरणम् ।
(S) 2.	<i>yoga</i>	येन वाक्यं युज्यते स योगः । यथा व्यत्यासेनोक्तानां सन्निकृष्टविप्रकृष्टानां पदार्थानाम् एकीकरणम् ।
(V) 2.	<i>yoga</i>	येन वाक्यार्थो युज्यते स योगः ।
(A) 3.	<i>yoga</i>	वाक्ययोजना योगः ।
(N) 2.	<i>yoga</i>	पुब्बापरवसेन वुत्तानं सन्निहितासन्निहितानं पदानं एकीकरणं योगोः ।
(S) 3.	<i>padārtha</i>	योऽर्थोऽभिहितः सूत्रे पदे वा स पदार्थः । पदस्य पदयोः पदानां वा योऽर्थः स पदार्थः । अपरिमिताश्च पदार्थाः ।
(V) 3.	<i>padārtha</i>	योऽर्थो विधिकृतः सूत्रपदे स पदार्थः ।
(A) 4.	<i>padārtha</i>	पदावधिकः पदार्थः ।
(N) 3.	<i>padattha</i>	सुत्तपदेसु पुब्बापरयोगतो यो अत्यो विहितो, सो पदत्यो ।
(S) 4.	<i>hetvartha</i>	यदुक्तं साधनं भवति स हेत्वर्थः ।
(V) 4.	<i>hetvartha</i>	यदन्यद्युक्तिमदर्थस्य साधनं स हेत्वर्थः ।
(A) 5.	<i>hetvartha</i>	हेतुरर्थसाधको हेत्वर्थः ।
(N) 4.	<i>hetuattha</i>	यं वुत्तत्यसाधकं, सो हेतुअत्यो । ⁸⁸⁸

⁸⁸⁷ For the reading of *Saddanīti*, we used the edition by H. Smith who also provided an apparatus with variants. However, the edition by Thera sometimes consists of variants which do not appear in the apparatus of Helmer Smith's edition. In those cases, we noted the variants in footnotes.

⁸⁸⁸ yaṃ vuttaatthasādhanaṃ ? so hetuttho. Thera 1909: 807.

Sequence	Terms	Definitions
(S) 5.	<i>uddeśa / samuddeśa</i>	समासवचनं समुद्देशः ।
(V) 5.	<i>uddeśa</i>	समासवचनमुद्देशः ।
(A) 6.	<i>uddeśa</i>	समासवाक्यमुद्देशः ।
(N) 5.	<i>uddesa</i>	समासवचनं उद्देशो ।
(S) 6.	<i>nirdeśa</i>	विस्तरवचनं निर्देशः ।
(V) 6.	<i>nirdeśa</i>	विस्तरवचनं निर्देशः ।
(A) 7.	<i>nirdeśa</i>	व्यासवाक्यं निर्देशः ।
(N) 6.	<i>niddesa</i>	वित्थारवचनं निद्देशो ।
(S) 7.	<i>upadeśa</i>	एवमित्युपदेशः ।
(V) 7.	<i>upadeśa</i>	एवमेवेत्युपदेशः ।
(A) 8.	<i>upadeśa</i>	एवं वर्तितव्यमित्युपदेशः ।
(N) 7.	<i>upadesa</i>	एवन् ति उपदेशो ।
(S) 8.	<i>apadeśa</i>	अनेन कारणेनेत्यपदेशः ।
(V) 8.	<i>apadeśa</i>	अनेन कारणेनेत्यपदेशः ।
(A) 9.	<i>apadeśa</i>	एवमसावाहेत्यपदेशः ।
(N) 8.	<i>apadesa</i>	अनेन कारणेना ति अपदेशो ।
(S) 9.	<i>pradeśa</i>	प्रकृतस्यातिक्रान्तेन साधनं प्रदेशः ।
(V) 9.	<i>pradeśa</i>	प्रकृतस्यानागतेन साधनं प्रदेशः ।
(A) 11.	<i>predeśa</i>	वक्तव्येन साधनं प्रदेशः ।
(N) 10.	<i>paṭidesa</i>	पकतस्स अनागतेन अत्यसाधनं पटिदेशो ।
(S) 10.	<i>atideśa</i>	प्रकृतस्यानागतेन साधनम् अतिदेशः ।
(V) 10.	<i>atideśa</i>	अतिक्रमणेन अतिदेशः ।
(A) 10.	<i>atideśa</i>	उक्तेन साधनमतिदेशः ।
(N) 9.	<i>atidesa</i>	पकतस्स अतिक्रान्तेन साधनं अतिदेशो ।
(S) 11.	<i>apavarga</i>	अभिप्रमृज्यापकर्षणमपवर्गः ।
(V) 11.	<i>apavarga</i>	अभिप्रायानुकर्षणमपवर्गः ।
(A) 22.	<i>apavarga</i>	अभिप्लुतव्यपकर्षणमपवर्गः ।
(N) 11.	<i>apavagga</i>	अतिव्यापेत्वा अपनयनं अपवर्गो ।
(S) 12.	<i>vākyaśeṣa</i>	येन पदेनानुक्तेन वाक्यं समाप्यते स वाक्य- शेषः ।
(V) 12.	<i>vākyaśeṣa</i>	येनार्थः परिसमाप्यते पदेनाहार्येण स वाक्य- शेषः ।

Sequence	Terms	Definitions
(A) 17. (N) 12.	<i>vākyāśeṣa</i> <i>vākyadosa</i>	येन वाक्यं समाप्यते स वाक्यशेषः । येन पदेन अवुत्तेन वाक्यपरिसमापनं भवति, सो वाक्यदोषो ।
(S) (V)		
(A) 12. (N)	<i>upamāna</i>	दृष्टेनादृष्टस्य साधनमुपमानम् ।
(S) 13. (V) 13. (A) 13. (N) 13.	<i>arthāpatti</i> <i>arthāpatti</i> <i>arthāpatti</i> <i>atthāpatti</i>	यदकीर्तितमर्थादापद्यते सार्थापत्तिः । यदकीर्तितमर्थादापद्यते सार्थापत्तिः । यदनुक्तमर्थादापद्यते सार्थापत्तिः । यद् अकिञ्चित्तं अत्यतो आपज्जति, सा अत्था- पत्तिः ।
(S) 14. (V) 20. (A) 16. (N) 14.	<i>viparyaya</i> <i>viparyaya</i> <i>viparyaya</i> <i>vipariyaya</i>	यद्यस्य प्रातिलोम्यं तद्विपर्ययः । तस्य प्रातिलोम्यं विपर्ययः । प्रतिलोमेन साधनं विपर्ययः । यं यत्थ विहितं, तत्र यं तस्स पटिलोमं, सो वि- परिययो ।
(S) 15. (V) 14.	<i>prasaṅga</i> <i>prasaṅga</i>	प्रकरणान्तरेण समानः प्रसङ्गः । प्रकरणाभिहितोऽर्थः केनचिदुपोद्धातेन पुनरु- च्यमानः प्रसङ्गः ।
(A) 15. (N) 15.	<i>prasaṅga</i> <i>pasaṅga</i>	प्रकरणान्तरेण समानोऽर्थः प्रसङ्गः । पकरणन्तरेण समानो अत्यो पसङ्गो ।
(S) 16. (V) 15. (A) 26. (N) 16.	<i>ekānta</i> <i>ekānta</i> <i>ekānta</i> <i>ekānta</i>	यदवधारणेनोच्यते स एकान्तः । यथा तथा स एकान्तः । सर्वत्रायत्तमेकान्तः । सब्बथा यं तथा, सो एकान्तो ।
(S) 17. (V) 16. (A)	<i>anekānta</i> <i>anekānta</i> <i>anekānta</i>	क्वचित्तथा क्वचिदन्यथा सोऽनेकान्तः । क्वचित्तथा क्वचिदन्यथाऽसावनेकान्तः ।
(N) 17. (S) 18.	<i>anekānta</i> <i>pūrvapakṣa</i>	यो पन कत्थचि अञ्जुथा सो अनेकान्तो । यस्तु निःसंशयमभिधीयते स पूर्वपक्षः । ⁸⁸⁹

889 This definition of *pūrvapakṣa* in the Nepalese version is problematic.

Sequence	Terms	Definitions
(V) 17.	<i>pūrvapakṣa</i>	प्रतिषेधवचनं पूर्वपक्षः ।
(A) 24.	<i>pūrvapakṣa</i>	प्रतिषेद्धव्यं वाक्यं पूर्वपक्षः ।
(N) 18.	<i>pubbapakṣa</i>	[यो] तु निस्सन्देहम् अभिधीयते, सो पुब्बप- क्खो ।
(S) 19.	<i>nirṇaya</i>	तस्योत्तरं निर्णयः ।
(V) 18.	<i>nirṇaya</i>	उत्तरवचनं निर्णयः ।
(A) 25.	<i>uttarapakṣa</i>	निर्णयवाक्यमुत्तरपक्षः ।
(N) 19.	<i>niṇṇaya</i>	तस्स यं उत्तरं, सो निण्णयो ।
(S) 20.	<i>anumata</i>	परमतमप्रतिषिद्धमनुमतम् ।
(V) 25.	<i>anumata</i>	परमतमप्रतिषिद्धमनुमतम् ।
(A) 18.	<i>anumata</i>	परवाक्यमप्रतिषिद्धमनुमतम् ।
(N) 20.	<i>anumata</i>	परमतम् अप्पटिसिद्धं अनुमतं ।
(S) 21.	<i>vidhāna</i>	प्रकरणानुपूर्व्यादभिहितं विधानम् ।
(V) 19.	<i>vidhāna</i>	प्रकरणानुपूर्वं विधानम् ।
(A) 2.	<i>vidhāna</i>	शास्त्रस्य प्रकरणानुपूर्वी विधानम् ।
(N) 21.	<i>vidhāna</i>	प्रकरणानुपुब्बं विधानं ।
(S) 22.	<i>anāgatāpekṣaṇa</i>	एवं वक्ष्यतीत्यनागतापेक्षणम् ।
(V) 22.	<i>anāgatāpekṣaṇa</i>	परत्र वक्षामीत्यनागतावेक्षणम् ।
(A) 27.	<i>anāgatāvekṣaṇa</i>	पश्चादेवं विहितमित्यनागतावेक्षणम् ।
(N) 22.	<i>anāgatāpekkhana</i>	एवं वक्खामि ति अनागतापेक्खनं ।
(S) 23.	<i>atīkrāntāpekṣaṇa</i>	इत्युक्तमित्यतिक्रान्तापेक्षणम् ।
(V) 21.	<i>atīkrāntāpekṣaṇa</i>	इत्युक्तमतिक्रान्तावेक्षणम् ।
(A) 28.	<i>atīkrāntāvekṣaṇa</i>	पुरस्तादेवं विहितमित्यतिक्रान्तावेक्षणम् ।
(N) 23.	<i>atītāpekkhana</i>	इति वुत्तन् ति अतीतापेक्खनं ।
(S) 24.	<i>saṃśaya</i>	उभयहेतुनिर्दर्शनं संशयः ।
(V) 23.	<i>saṃśaya</i>	उभयतो हेतुदर्शनं संशयः ।
(A) 14.	<i>saṃśaya</i>	उभयतो हेतुमानर्थः संशयः ।
(N) 24.	<i>saṃsaya</i>	उभयहेतुदस्सनं संसयो ।
(S) 25.	<i>vyākhyāna</i>	तत्रातिशयोपवर्णनं व्याख्यानम् ।
(V) 24.	<i>vyākhyāna</i>	तत्रातिशयवर्णनातिव्याख्यानम् ।
(A) 19.	<i>vyākhyāna</i>	अतिशयवर्णना व्याख्यानम् ।
(N) 25.	<i>vyākhyāna</i>	संवण्णना व्याख्यानम् ।

Sequence	Terms	Definitions
(S) 26.	<i>svasamjñā</i>	अन्यशास्त्रासामान्या स्वसंज्ञा ।
(V) 26.	<i>svasamjñā</i>	परैरसम्मतः शब्दः स्वसंज्ञा ।
(A) 23.	<i>svasamjñā</i>	परैरसमितः शब्दः स्वसंज्ञा ।
(N) 26.	<i>anaññā sakasaññā</i>	भूतानं पवत्ता आरम्भचिन्ता अनञ्ज्ञा, सस्स सा- धारणा सकसञ्ज्ञा ।
(S) 27.	<i>nirvacana</i>	लोकप्रथितमुदाहरणं निर्वचनम् ।
(V) 27.	<i>nirvacana</i>	लोके प्रतीतमुदाहरणं निर्वचनम् ।
(A) 20.	<i>nirvacana</i>	गुणतः शब्दनिष्पत्तिर्निर्वचनम् ।
(N) 27.	<i>nibbacana</i>	लोकप्रतीतम् उदाहरणं निर्वचनम् ।
(S) 28.	<i>nidarśana</i>	दृष्टान्तव्यक्तिर्निदर्शनम् ।
(V) 28.	<i>nidarśana</i>	तद्युक्तिनिदर्शनं दृष्टान्तः ।
(A) 21.	<i>nidarśana</i>	दृष्टान्तो दृष्टान्तयुक्तो निदर्शनम् ।
(N) 28.	<i>nidassana</i>	दिट्ठन्तसंयोगो निदस्सनं ।
(S) 29.	<i>niyoga</i>	इदमेवेति नियोगः ।
(V) 29.	<i>niyoga</i>	एवेति नियोगः ।
(A) 29.	<i>niyoga</i>	एवं नान्यथेति नियोगः ।
(N) 29.	<i>niyoga</i>	इदम् एवा ति नियोगो ।
(S) 30.	<i>vikalpa</i>	।
(V) 30.	<i>vikalpa</i>	इदं वेदं वेति विकल्पः ।
(A) 30.	<i>vikalpa</i>	अनेन वानेन वेति विकल्पः ।
(N) 30.	<i>vikappa</i>	इदं वा ति विकल्पो ।
(S) 31.	<i>samuccaya</i>	।
(V) 31.	<i>samuccaya</i>	इदं चेदं चेति समुच्चयः ।
(A) 31.	<i>samuccaya</i>	अनेन चानेन चेति समुच्चयः ।
(N) 31.	<i>samuccaya</i>	संखेपवचनं समुच्चयो ।
(S) 32.	<i>ūhya</i>	यदनिर्दिष्टं बुद्धिगम्यं तदूह्यम् ।
(V) 32.	<i>ūhya</i>	अत्र यदनिर्दिष्टं युक्तिगम्यं तदूह्यम् ।
(A)	<i>ūhya</i>	अनुक्तकरणमूह्यम् ।
(N) 32.	<i>upānīya</i>	यद् अनिर्दिष्टं बुद्धिया अवगमनीयं, तद् उपानी- यन् ति ।

Āyurvedic literature

Primary texts

While references to *tantrayuktis* can be found across various disciplines, Āyurveda places a particular emphasis on their discussion, especially evident in key texts of Āyurveda, such as the *Caraka-* and the *Suśruta-* *saṃhitās*, as well as the *Aṣṭāṅgasaṅgraha*. The *Carakasamhitā* and *Aṣṭāṅgasaṅgraha* present an identical list of *tantrayuktis* contained in a stanza of four *anuṣṭubh* verses.⁸⁹⁰ However, unlike the *Suśrutasamhitā* they lack explicit definitions and examples. This list of the *tantrayuktis* appear in the final chapter of the last book in both *Carakasamhitā* (41b–45a, chapter 12, *Siddhisthāna*) and *Aṣṭāṅgasaṅgraha* (150–153, chapter 50, *Uttarasthāna*). The same has been quoted by Aruṇadatta in his commentary *Sarvāṅgasundarī* on the *Aṣṭāṅgahrdaya* while elucidating the concept of *tantraguṇa* (qualities of the system)⁸⁹¹ and by Śrīdāsa Paṇḍita in the prefatory section of his commentary *Hṛdayabodhikā* on the *Aṣṭāṅgahrdayasamhitā*.⁸⁹² Notably, this list consists of 36 *tantrayuktis* instead of 32 found in the *Suśrutasamhitā* and other texts. The additional four are: *prayojana* (objective), *pratyutsāra* (rebuttal), *uddhāra*, and *sambhava* (origin).

The presence of identical verses enumerating the *tantrayuktis* in the *Aṣṭāṅgahrdayasamhitā*, *Carakasamhitā*, *Sarvāṅgasundarī* and *Hṛdayabodhikā* strongly suggests a shared origin. However, a critical issue arises due to the absence of a comprehensive critical edition of the chapter 12 of the *Siddhisthāna* of the *Carakasamhitā*, leaving uncertainty about the total number of *tantrayuktis* recognized by Dṛḍhabala in this section.⁸⁹³ The

890 तत्राधिकरणं योगो हेत्वर्थोऽर्थः पदस्य च ।

प्रदेशोद्देशनिर्देशवाक्यशेषाः प्रयोजनम् ॥

उपदेशापदेशातिदेशार्थापत्तिनिर्णयाः ।

प्रसङ्गैकान्तनैकान्ताः सापवर्गो विपर्ययः ॥

पूर्वपक्षविधानानुमतव्याख्यानसंशयाः ।

अतीतानागतापेक्षास्वसंज्ञोह्यसमुच्चयाः ॥

निदर्शनं निर्वचनं नियोगोऽथ विकल्पनम् ।

प्रत्युत्सारस्तथोद्धारः सम्भवस्तन्त्रयुक्तयः ॥

Aṣṭāṅgasaṅgraha 6.50.150–153a (*As* 1980: 959). *Carakasamhitā* 8.12.41b–45a

(*Ca* 1941: 736) reads almost the same. The only two variants are (1) अतीतानागतावेक्षा... and (2) निर्वचनं संनियोगो विकल्पनम्.

891 Aruṇadatta on the *Aṣṭāṅgahrdayasamhitā* 6.40.78 (*Ah* 1939: 946).

892 *AHS* 1940: 1–2.

893 We know from internal textual evidence that the *Siddhisthāna* of the *Carakasamhitā* in

problem arises from different readings of the half-verse that occurs right before the list of 36 *tantrayuktis*. In MS Kathmandu NAK 1/1648 (dated 1183 AD, the oldest dated manuscript of the *Carakasamhitā* known to us), the reading of this verse is: षट्त्रिंशद्विचित्राभिर्भूषितं तन्त्रयुक्तिभिः ॥ This number of 36 *tantrayuktis* perfectly agrees with the following list of the 36 *tantrayuktis*. A similar reading is found in Trikamji's 1933 *Carakasamhitā* edition which contains only the *mūla*-text.⁸⁹⁴ However, although most of the other editions consist of the same reading, a number of editions show quite a lot of discrepancies with the number. For example, Trikamji's 1941 edition of the *Carakasamhitā* reads the same half-verse as षट्त्रिंशता विचित्राभिर्भूषितं तन्त्रयुक्तिभिः। 8.12.41a (Ca 1941: 735). In the same edition, the reading of Cakrapāṇi's *Āyurvedadīpikā* supports the reading: षट्त्रिंशत्तन्त्रयुक्तिभिर्भूषितमपूरयदृढबल इति योजना. However, after this verse, the same edition consists of the versified list of the 36 *tantrayuktis* and commenting on these verses, the *Āyurvedadīpikā* confirms the total number of the *tantrayuktis* as 36: इत्येताः षट्त्रिंशत्तन्त्रयुक्तयो व्याहृताः।⁸⁹⁵ Moreover, the edition of Rāmaprasāda Vaidyopādhyāya reads the half-verse as— पञ्च-त्रिंशद्विचित्राभिर्भूषितं तन्त्रयुक्तिभिः.⁸⁹⁶ Rāmaprasāda Vaidyopādhyāya excludes *ūhya*.⁸⁹⁷ The same reading is found in Satīśacandra Śarmā's third edition of the *Carakasamhitā*.⁸⁹⁸ However, adding more troubles to it, Satīśacandra Śarmā, in his Bengali translation, says that there are 34 *tantrayuktis* (even though the main Sanskrit text of his edition counts 35). Then he in fact illustrates 36 *tantrayuktis* making a remark that states—

“in Gaṅgadhara's reading, there are 36 *tantrayuktis* because he counts *saṃśaya* twice in his commentary. But 35 was reckoned

which the list of the *tantrayuktis* appear was originally authored by Ḍṛḍhabala, who lived in a town called Pañcanada sometime between 300 and 500 AD.

Cf. अखण्डार्थं दृढबलो जातः पञ्चनदे पुरे ।

कृत्वा बहुभ्यस्तन्त्रेभ्यो विशेषोच्छशिलोच्चयम् ॥

सप्तदशौषधाध्यायसिद्धिकल्पैरपूरयत् ।

8.12.39–40a (Ca 1941: 735)

894 षट्त्रिंशता विचित्राभिर्भूषितं तन्त्रयुक्तिभिः ॥ 8.12.70a (Ca 1933: 972).

895 Ca 1941: 737.

896 Ca 1911: 1913.

897 Understanding the *tantrayukti samuccaya* as *asamuccaya*, he reads the verse where *ūhya* appears as— अतीतानागतापेक्षा स्वसंज्ञा ह्यसमुच्चयाः. Surely, this reading is erroneous as the plural ending after *samuccaya* does not make sense.

898 Ca 1923: 1020. His first edition, however, reads the half-verse the same as the reading in Ca 1933. (Ca 1904: 884)

in his *mūla*-text. Another manuscript reckons 34 *tantrayuktis* excluding *apadeśa*. This edition reads thirty-five instead of thirty-four or thirty-six.”⁸⁹⁹

In the edition of Narendranātha Senagupta and Balāicandra Senagupta that includes Cakrapāṇi’s *Āyurvedadīpikā* and Gaṅgādhara’s *Jalpakalpataru*, the Sanskrit *mūla* and the *Jalpakalpataru* enumerate 36 *tantrayuktis*. However, in the same edition, the *Āyurvedadīpikā* reads, पञ्च-त्रिंशत्तन्त्रयुक्तिभिर्भूषितमपूरयद्दृढबल इति योजना.⁹⁰⁰ Again, after the illustrations of the 36 *tantrayuktis* it reads, इत्येताः षट्त्रिंशत्तन्त्रयुक्तयो व्याहृताः.⁹⁰¹ In his edition of the *Tantrayuktivicāra*, Muthuswami also mentions that 35 *tantrayuktis* are reckoned in the *Carakasamhitā*.⁹⁰² Jivānanda Vidyāsagara’s edition gives no number at all— तथा च ता विचित्राभिर्भूषितं तन्त्रयुक्तिभिः.⁹⁰³

Commentaries on the *Carakasamhitā* prior to Cakrapāṇi’s *Āyurvedadīpikā*, such as the *Carakanyāsa* of Bhaṭṭāra Hariścandra (c. mid-sixth century) or *Nirantarapadavyākhyā* of Jejjaṭa (c. 7th or 8th century AD) do not help much because the extant portions of these commentaries do not include the concerned section of the 12th chapter of the *Siddhisthāna*. However, Hariścandra was possibly not aware of the total number and the list of the *tantrayuktis* in the final chapter of the *Siddhisthāna* because he discussed the *tantrayuktis* right at the beginning of his commentary and showed no indication to the awareness about the discussion on the *tantrayuktis* at the end of the text. Moreover, he discusses 40 *tantrayuktis* instead of 36. It is not yet settled whether or not Hariścandra was aware of Dṛḍhabala’s redaction of the *Carakasamhitā*. However, Hariścandra’s treatment of the *tantrayuktis* supports the latter.⁹⁰⁴ It is clear from Cakrapāṇi’s commentary on the *Carakasamhitā* that in the version of the text he commented upon contained the four verses that list the 36 *tantrayuktis*. It is, however, not improbable that the four verses that list the 36 *tantrayuktis* were later added to the *Carakasamhitā* sometime between the sixth (the date of Hariścandra) and the eleventh century (the date of

899 “गङ्गाधर पाठ— तन्त्रयुक्ति छत्रिंश प्रकार । तनि टीकाते संशयके दुई बार उल्लेख करिया छत्रिंश प्रकार गणना करियाछैन, किन्तु ताँहार मूले पँयत्रिंश प्रकार आछे; ग्रन्थान्तरे ३४ प्रकार आछे; ताहाते ‘अपदेश’ धर्तव्य হয় नাই । এই अनुवादের মূলে চতুস্ত্রিংশ বা ষট্‌ত্রিংশ স্থলে পঞ্চত্রিংশ লিখিত হইল ।” Ca 1923: 1022.

900 Ca 1928-33: III, 3814.

901 Ca 1928-33: III, 3822.

902 ‘पञ्चत्रिंशद्विचित्राभिर्भूषितं तन्त्रयुक्तिभिः ।’ इति चरके । द्वात्रिंशदिति सुश्रुतः । (TYV: 2, fn. 2).

903 Ca 1877: 961.

904 HIML: IA, 189.

Cakrapāṇi) and the discrepancy appeared when the previous verse that gives the total number of the *tantrayuktis* was not properly emended by the scribes complying with the following list of 36 *tantrayuktis*. There is a need of a critical edition of the twelfth chapter of the *Siddhisthāna* of the *Carakasamhitā* to address these issues definitely.

Commentaries

The commentators who extensively delved into the discussion of the *tantrayuktis* are Hariścandra, the author of *Carakanyāsa*, and Aruṇadatta (12th century),⁹⁰⁵ who authored his commentary *Sarvāṅgasundarī* on the *Aṣṭāṅgaḥṛdaya* of Vāgbhaṭa. Hariścandra meticulously defined and analyzed 40 *tantrayuktis* at the beginning of his work. The four additional *tantrayuktis* are: *paripraśna* (question), *vyākaraṇa* (grammatical clarification), *vyutkrāntābhīdhāna* (overpassing statement) and *hetu* (means of knowledge).⁹⁰⁶

Aruṇadatta, while discussing the concept of *tantraguṇa* at the end of the *Aṣṭāṅgaḥṛdaya*, provided an elaborate description of *tantrayuktis*, considering them as part of a system of ninety-five *tantraguṇas*. Śrīdāsa Paṇḍita (14th century), a commentator on the *Aṣṭāṅgaḥṛdaya*, echoed Aruṇadatta's exploration of *tantrayuktis* in the beginning of his commentary, *Hṛdayabodhikā*.⁹⁰⁷ Thus, both Hariścandra and Śrīdāsa Paṇḍita engage with this topic right at the beginning, underscoring the significance they attribute to the subject. Other noteworthy commentators who discussed the topic of *tantrayukti* are Cakrapāṇi (11th century) and Indu (sometime between 8th

⁹⁰⁵ [HIML](#): IA, 663–664.

⁹⁰⁶ This text has only been published once (only until the third chapter of *Sūtrasthāna*) by Masta Ram Shastri from Lahore in 1932/33. ([HIML](#): IB, 290) Unfortunately, it is currently inaccessible to us. Although some fragmented manuscripts of the *Carakanyāsa* exist, for this section (Chapter 1, *Sūtrasthāna*), we were able to consult only MS MS Jamnagar GAU 114. This is a recent apograph with several lacunae and corruptions. The list of the *tantrayuktis* provided in the *Carakanyāsa* is as follows (with some emendations made in the reading): तन्त्रस्य युक्तयोऽधिकरणाद्याश्चत्वारिंशत् ।... युक्तयस्तावदधिकरणं योगो हेत्वर्थ उद्देशो [निर्देश] उपदेशोऽपदेशोऽतिदेशः प्रदेशो निर्णयोऽर्थापत्तिर्वाक्यशेषः प्रयोजनं प्रसङ्ग एकान्तोऽनेकान्तो विपर्ययोऽपवर्गः पूर्वपक्षो विधानमनुमतं व्याख्यानं परिप्रश्नो व्याकरणमतीतापेक्षणमनागतापेक्षणं संशयः स्वसंज्ञोद्भवः समुच्चयो निदर्शनं निर्वचनं नियोगो विकल्पः प्रत्युत्सार उद्धारः सम्भवो व्युत्क्रान्ताभिधानं हेतुरिति ।

⁹⁰⁷ [HIML](#): IA, 680.

and 12th century). Cakrapāṇi and Indu defined and illustrated the *tantrayuktis* mentioned in the *Carakasamhitā* and the *Aṣṭāṅgasaṅgraha*, respectively. They affirm the inclusion of the four additional *tantrayuktis* in Harīścandra's list. Cakrapāṇi, aligning them with existing concepts, incorporates *paripraśna*, *vyākaraṇa*, and *vyutkrāntābhidhāna* under the *tantrayuktis uddeśa*, *vyākhyāna*, and *nirdeśa*, respectively. According to him, *hetu* serves as an overarching term encompassing all *pramāṇas* (means of knowledge) such as *pratyakṣa* (perception) and others. Indu, however, outlines three possible reasons for not incorporating these *tantrayuktis* into the list: (1) they lack direct mention in the main text, (2) they could be considered as falling within the scopes of already enumerated *tantrayuktis*, or (3) they are not recognized as *tantrayuktis*.

Detailed discussions on the *tantrayuktis* also appear in the *Jalpakaḥpataṛu*, a nineteenth-century commentary on the *Carakasamhitā* by Gaṅgādhara Kavirāja from Bengal. Gaṅgādhara included the commentary with his *editio princeps* of the *Carakasamhitā*. He defines the *tantrayuktis* most often as defined in the *Suśrutasamhitā* making explicit quotations from the *Suśrutasamhitā* itself. Hence, this commentary serves as a testimonium for most part of the *tantrayukti* section of the *Suśrutasamhitā*.

Monographs

two texts authored by Āyurvedic scholars exclusively delve into the topic of *tantrayukti*. The first is the *Tantrayuktivivāra* by a physician named Nīlamegha (also known as Vaidyanātha), while the second is called the *Tantrayukti*, which is a sort of recast of the former by an anonymous author. The anonymous author describes himself as being from the same lineage as Nīlamegha and asserts that Nīlamegha belongs to the same lineage of Bhiṣagārya (also known as Nārāyaṇa Bhiṣaj). Both Nīlamegha and the author of *Tantrayukti* are likely from Kerala or coastal Karnataka.⁹⁰⁸ According to Kolatteri Śaṅkaramenon and Meulenbeld,

⁹⁰⁸ Kolatteri Śaṅkaramenon, the first editor of the *Tantrayuktivivāra*, believes that Nīlamegha hails from Kerala. This conclusion is drawn from Nīlamegha's reference to his guru as Sundara, whom Śaṅkaramenon identifies as the same individual credited with composing the *Lakṣaṇāmṛta*, a treatise on toxicology. This assertion is plausible because the only known manuscript of *Tantrayuktivivāra* belongs to a member of one of the Aṣṭavaidya families of Kerala, aligning with the Vāgbhaṭa school, to which Nīlamegha also belongs. (HIML: IIA, 143) On the other hand, the anonymous au-

Nīlamegha flourished in the first half of ninth century.⁹⁰⁹ The *Tantrayukti* was very likely composed after the sixteenth century.⁹¹⁰

Nīlamegha's *Tantrayuktivīcāra* is a versified text accompanied by an autocommentary. The text comprises eighteen verses plus a hemistich, resulting in a total of 37 hemistichs. Each hemistich serves as a definition for a *tantrayukti*. Nīlamegha enumerates a total of 36 *tantrayuktis*, as mentioned in the *Aṣṭāṅgasaṅgraha* and *Carakasamhitā*. The additional hemistich defines *aviparyaya*, which, according to Nīlamegha, is sometimes considered instead of *viparyaya*. This substitution occurs when one understands that the negative prefix *a-* is deleted due to a *pūrvarūpa sandhi*— *sāpavargah + aviparyayah → sāpavargo viparyayah* (See footnote 890.).

The text of the *Tantrayukti* includes some verses at the beginning and end, where the author discusses the lineage of Nīlamegha. The author explicitly states that his text is a revised version of Nīlamegha's *Tantrayuktivīcāra* because the available manuscripts were mostly corrupt.⁹¹¹ It is evident that there are substantial reproductions of parts of the *Tantrayuktivīcāra* and its autocommentary. The total number of *tantrayuktis* and their enumeration remains identical to that of the *Tantrayuktivīcāra*. What distinguishes it from the *Tantrayuktivīcāra* is the incorporation of a list of other *tantraguṇas* and 14 *tantradoṣas*. This list of *tantraguṇas* includes 15 types of

thor of the *Tantrayukti* associates Nīlamegha with the lineage of Bhiṣagārya, who hails from Uṇṭuru, a village located 3 kilometers from Gokaṇṇa which is in coastal Karnataka. (TY: 30).

909 Nīlamegha mentions Vāhaṭa (Vāgbhaṭa), Indu, and Jejjaṭa in his work. This places him definitively after the seventh century. The Buddhist influence in the *Tantrayukti* indicates a date not much later than 800 AD. (TYV: अवतारिका ५-६, HIML: IIA, 143.)

910 From the explicit mention of Nīlamegha and Bhiṣagārya in the work *Tantrayukti*, we can say that the author flourished after them. Determining the date of Bhiṣagārya is problematic. However, since the Kairālī commentary on the *Aṣṭāṅgahṛdayasamhitā* frequently quotes from Bhiṣagārya's *Abhidhānamāñjarī*, it indicates that Bhiṣagārya predates the composition of this commentary. Meulenbeld suggests the end of the seventeenth century as the terminus post quem for the Kairālī (HIML: IA, 675). Moreover, he views *Abhidhānamāñjarī* as a work composed after the sixteenth century, citing details within it that affirm its posteriority to the *Rājanighaṇṭu* and *Bhāvaprakāśa* (HIML: IIA, 442).

911 वैद्यनाथोपसृष्टानां लक्ष्यलक्षणवासुषाम् ॥
तासां प्रायः प्रकाशानां दुर्लैखापङ्कदूषणात् ।
क्रियते साम्प्रतं कृच्छ्रादुद्धृत्य परिमार्जनम् ॥
TY: 1

vyākhyā, 7 types of *kalpanā*, 20 types of *āśraya*, and 17 types of metaphoric and metonymic devices, such as *tācchīlyā* and so on.

Tantrayukti-inventories

It is evident from the discussion on the early sources that all these listings of the *tantrayuktis* in the early sources can be grouped into two categories. For the ease of our following discussion, we name these two inventories as (1) earlier listing and (2) later listing.

Earlier Listing

The four inventories of *tantrayuktis* from the *Arthaśāstra*, *Suśrutasamhitā*, *Viṣṇudharmottarapurāṇa*, and *Saddanīti* belong to what we call the “earlier Listing.” The reason to call this listing as “earlier listing” is: two early Sanskrit texts, viz., the *Arthaśāstra* and the *Suśrutasamhitā* consists of this listing. The Tamil list of the *tantrayuktis* as found in the *Tolkāppiyam* also belongs to this group, even though not all of the *uttis* in this list might correspond accurately to the Sanskrit and Pali lists. A defining characteristic of this listing is that each inventory explicitly states the total number of *tantrayuktis* as thirty-two.⁹¹² Even though there are sometimes different *tantrayuktis* enumerated in different lists, the total count always remains consistent at 32. As demonstrated in Table 5, the Sanskrit and Pali lists are similarly ordered and are always accompanied by similar or identical definitions. This list appears across diverse disciplines.

Later Listing

The “later listing” is the one we find in the *Aṣṭāṅgasaṅgraha*, *Carakasamhitā*, the commentaries on the *Carakasamhitā*, *Aṣṭāṅgasaṅgraha* and *Aṣṭāṅgahṛdayasamhitā* and the two monographs, the *Tantrayuktivicāra*

912 तद् द्वात्रिंशद् युक्तियुक्तम् । (5.1.3 Kangle 1965: 1, 280) “that (*Arthaśāstra*) is furnished with thirty-two logical methods of the system”, तत्र द्वात्रिंशत् तन्त्रयुक्तयो भवन्ति । (*Suśrutasamhitā* 6.64.2) “there are thirty-two logical methods of the system”, battimsa tantiyuttiyo bhavanti/ (*Suttamālā*, 28 *Saddanīti* 3: 920) “there are thirty-two logical methods of the system”, எண்ணான்கு உத்தியின்... “It employs thirtytwo rules of criticism regarding writing.” (*Nannūl*: 9–10)

and *Tantrayukti*. This list has sprung from a single source— a versified list of thirty-six *tantrayuktis* comprising four verses that appear in the *Aṣṭāṅgasaṅgraha*, *Carakasamhitā* and Aruṇadatta's commentary on the *Aṣṭāṅgahrdayasamhitā*. It remains unclear whether these verses initially appeared in the Dr̥ḍhabala's redaction of the *Carakasamhitā* or Vāgbhaṭa's *Aṣṭāṅgasaṅgraha*. Unlike the "earlier Listing," this list lacks definitions of the *tantrayuktis*. Definitions and illustrations are given by the authors of the commentaries and monographs as discussed in the previous section. Although Hariścandra's list includes 40 *tantrayuktis* instead of 36, his enumeration aligns more closely with "later listing" than the earlier one. Despite the earlier listing's cross-disciplinary appearance, the later listing notably influences the field of Āyurveda, likely due to the popularity of Vāgbhaṭa's works. The *Suśrutasamhitā*, incorporating the "earlier listing" distinguishes itself among Āyurvedic texts that list the *tantrayuktis*.

Terminology

The terms have been translated into English in numerous books and articles. English renditions of the terms can be found in English translations of the *Suśrutasamhitā* such as in Singhal and J. Mitra 1980: 171–172, and P. V. Sharma 1999–2001: 3, 631–639; in translations of the *Carakasamhitā* such as in R. K. Sharma and B. Dash 2006: 436–444 and in Shree Gulabkunverba Ayurvedic Society 1949: 1050, in the translation of the *Arthaśāstra* such as in Shamasastri 1951: 459, Kangle 1965: 593, Unni 2006: 1103 and Olivelle 2013, and by K. Srikanta Moorthy in TYV: Appendix xi–xxxiv. They are also found in various books and articles dedicated to discussing the *tantrayuktis* such as in Oberhammer 1968: 601–602, Solomon 1976–78: 1, 72, Lele 1981: 34–155, 2006: 36–150 and so on. German translations of the terms can be found in Meyer 1926: 663–664 (German translation of the *Arthaśāstra*) and in Prets and Prandstetter 1991–2006.

The definitions of *tantrayuktis* exhibit numerous variations across different texts. Here we will discuss each of the *tantrayuktis* that occur in the *Suśruta Samhitā* in comparison with their definitions in other texts. As indicated in Table 5, the definitions of *tantrayuktis* in the *Suśrutasamhitā* are frequently either identical or nearly identical to those found in the *Arthaśāstra*, *Viṣṇudharmottarapurāṇa* and *Saddanīti*. Therefore, unless the

definitions in these two texts notably deviate from those in the *Suśrutasamhitā*, we will not make explicit references to them in the subsequent elucidation of the terms.

1. *adhikaraṇa*

Adhikaraṇa appears as the first *tantrayukti* in all traditional enumerations. It is among those *tantrayuktis* for which there is little disagreement concerning its definition. This *tantrayukti* functions as a structural and interpretative device. With a tautological expression, the *Suśrutasamhitā* defines *adhikaraṇa* as something, with reference to which statements are made. While defining *adhikaraṇa*, the text employs the same verb, *adhi- kṛ-* (to refer), whence the noun *adhikaraṇa* has been derived. The text supplies examples of *rasa* (taste) and *doṣa* (humour), for which two chapters of the *Uttaratantra*, namely chapter 62 (*Kāyacikitsā* 27) and chapter 65 (*Kāyacikitsā* 30) are dedicated.⁹¹³ Clearly, *adhikaraṇa* is the topic or theme.

Cakrapāṇi and Gaṅgādhara define *adhikaraṇa* in almost the same way as does the *Suśrutasamhitā*.⁹¹⁴ Aruṇadatta's definition is similar but he specifies that *adhikaraṇa* can be of an entire discipline (*śāstra*), or a book (*sthāna*) of it, or a chapter (*adhyāya*), or a section (*prakaraṇa*), or even of a sentence (*vākya*).⁹¹⁵ Śrīdāsa Paṇḍita follows Aruṇadatta.⁹¹⁶ However, in the commentaries of Hariścandra and Indu, we explore two more aspects of the concept of *adhikaraṇa*. According to Hariścandra, *adhikaraṇa* is the reason or ground referring to which the authors direct their discourse. For example, diseases create misery and the authors of *Āyurveda* began their discussion addressing them.⁹¹⁷ Thus disease is the *adhikaraṇa* or theme of their discussion. Indu identifies *adhikaraṇa* as a binding force that links

913 They are chapters 63 and 66 in A (Su 1938: B).

914 यमर्थमधिकृत्य प्रवर्तते कर्ता । यथा “विघ्नभूता यदा रोगा” इत्यादि । अत्र रोगादिकमधिकृत्यायुर्वेदो महर्षिभिः कृत इति ‘रोगाः’ इत्यधिकरणम् । *Āyurvedadīpikā* (Ca 1941: 736). तद् यमर्थमधिकृत्योच्यते; *Jalpakaḥpataru* (Ca 1928-33: III, 3815).

915 तत्र अधिकरणं नाम, यदधिकृत्य प्रवर्तते शास्त्रं स्थानमध्यायं प्रकरणं वाक्यं वा ।... (Ah 1939: 947).

916 AHS 1940: 2.

917 तत्राधिकरणं नाम यन्निमित्तमधिकृत्य प्रवर्तते कर्ता ।... उत वा विघ्नभूता यदा रोगाः प्रादुर्भूताः तदिदं निमित्तमधिकृत्य जगदनुकम्पया महर्षिभिरयमायुर्वेद आगमः । एवमधिकरणव्याख्या वर्णयितव्या । MS MS Jamnagar GAU 114, p.4–5.

ideas. According to him, *adhikaraṇa* as an introductory reference and it exposes a general statement to a specific context.⁹¹⁸

Nīlamegha defines *adhikaraṇa* using the Paninian terminology. According to him, *adhikāraṇa* is the locus in which the *tātparya*, “reference” lies.⁹¹⁹ *Adhikaraṇa* is one of the six *kāraka*-s (a sort of semantic roles recognized by Sanskrit grammarians). Pāṇini calls it a locus (*ādhāra*).⁹²⁰ Through metaphorical extensions, the idea of a locus can apply to abstract domains and not merely to physical locus. In traditional Sanskrit grammar, a metonymic or metaphorical domain is called *vaiśayika adhikaraṇa*. Patañjali considers *vaiśayika* as one of the three types of *adhikaraṇa*.⁹²¹ Nīlamegha applies this idea to his definition of the *tantrayukti adhikaraṇa*. He quotes *Aṣṭāṅgahṛdaya-saṃhitā Sūtrasthāna* 1.5b-6a and explains how the eight limbs of Āyurveda serve as the *adhikaraṇas* of *cikitsā* “treatment”. In Nīlamegha’s understanding, *adhikaraṇa* “theme” is the domain of a reference. The *Tantrayukti* repeats Nīlamegha’s idea but it also adds different types of *adhikaraṇa* as suggested by Aruṇadatta.

In the *Tolkāppiyam*, however, the equivalent expression for this *tantrayukti* remains unclear, as commentators, namely Iḷampūraṇar and Pērācīriyar, list the item differently. In Sastri’s translation of the *Tolkāppiyam*, *adhikaraṇa* was identified with *atikāra murai*, the second element in Iḷampūraṇar’s list. Sastri translates this expression as “deciding the extent where one serves as *adhikāra sūtra* or a word or words in a *sūtra* taken along with the *sūtra*-s that follow.”⁹²² However, Dikshitar, in his brief article on the *tantrayuktis*, equates *adhikaraṇa* with *nutaliyatu arital*, the first element in Pērācīriyar’s list, and translates it as “that division of a book which centers around a chief topic and deals wholly with that topic.”⁹²³ Clearly, Dikshitar’s interpretation stands close to our definition of *adhikaraṇa*. Sastri’s interpretation, on the other hand, corresponds to the concept of *adhikāra* “heading” and *anuvṛtti* “recurrence” in the *sūtra* literature, especially in Pāṇini’s *Aṣṭādhyāyī*.⁹²⁴

The translators usually translated this *tantrayukti* as “topic” or “subject

918 अधिकरणं प्रस्तावः सामान्येनोक्तमप्यर्थजातं यद्वलाद्विशेषेऽवस्थाप्यते तदधिकरणम् । (As 1980: 959).

919 तत्राधरोऽधिकरणं तात्पर्यं तत्र तिष्ठति । 1 TYV: 2.

920 आधरोऽधिकरणम् । *Aṣṭādhyāyī* 1.4.45.

921 On *Aṣṭādhyāyī* 6.1.72 *Mahābhāṣya*: 3, 51.

922 Sastri 2002: 233.

923 Dikshitar 1930: 85

924 See Chevillard 2009: 111.

matter”.

2. *yoga*

This *tantrayukti* typically occupies the second position in most lists, except in the *Arthaśāstra* where it appears third following *vidhāna*. Functioning as a syntactic and semantic tool, *yoga*, as defined in the *Suśrutasamhitā*, represents the faculty responsible for the cohesion of a sentence. If we consider the main purpose of the *tantrayuktis* as narrated in the *Suśrutasamhitā*, namely, cohesion of a sentence (*vākyayojana*) and cohesion of meaning (*arthayojana*), it becomes evident that this *tantrayukti* is one of the fundamental *tantrayuktis* functioning as the device for *vākyayojana*. The *Suśrutasamhitā* further describes *yoga* as a syntactic connection between words, facilitating the linking of words even when they are in reverse order or placed apart. However, this paraphrased statement is absent in the vulgate; instead, it appears in the commentary of Ḍalhana with a minor variation.⁹²⁵ The definitions of *yoga* in the *Viṣṇudharmottarapurāṇa* and *Arthaśāstra* closely mirror that of the *Suśrutasamhitā*. However, the *Viṣṇudharmottarapurāṇa*’s definition introduces a slight variation by including the term *artha* “meaning”. According to this definition, *yoga* is that by which the meaning of a sentence coheres. The *Arthaśāstra* employs a nominalized verb in a compound noun instead of a relative clause— *vākyayojanā* “connecting a sentence”. The definition we find in the *Saddanīti* is close to the paraphrased part of the definition of the *Suśrutasamhitā*.⁹²⁶

For illustration, a verse from chapter 18 of the *Cikitsāsthāna* is quoted in the *Suśrutasamhitā*—

तैलं पिबेच्चामृतवल्लिनिम्बहंसाह्वयावृक्षकपिप्पलीभिः ।
सिद्धं बलाभ्याञ्च सदेवदारु हिताय नित्यं गलगण्डरोगे ॥⁹²⁷

In this verse, the noun sesame oil (*tailam*) appears at the beginning of the first hemistich, while its adjective cooked (*siddham*) is placed at the beginning of the final hemistich. Despite not being colocated, the *tantrayukti*

⁹²⁵ See 6.65.9 (*Su* 1938: 815).

⁹²⁶ See Table 5.

⁹²⁷ 4.18.47 (*Su* 1938: 474).

yoga effectively connects them, facilitating our comprehension of the intended meaning. Evidently, this exemplifies a device for linking words within a sentence.

In the commentaries of Hariścandra, Indu, Cakrapāṇi and Aruṇa, however, the *tantrayukti yoga* is used in a broader sense. In these interpretations, *yoga* serves not only as a device for cohesion within a sentence but also fosters coherence among sentences in a discourse. Hariścandra identifies three alternative interpretations of *yoga*.⁹²⁸ Aruṇadatta also interprets *yoga* in a similar fashion but instead of three alternatives he talks about the first two alternatives of Hariścandra. In the first alternative, *yoga* is coherence between the main statement (*sūtra*) and its gloss (*bhāṣya*). Aruṇadatta expands its scope to coherence between mention (*uddeśa*) and description (*nirdeśa*) as well.⁹²⁹ In the second alternative, *yoga* is reasoning (*yukti*) having five types: (1) *pratijñā* “proposition”, (2) *hetu* “reason”, (3) *udāharaṇa* “exemplification” (4) *upanaya* “application”, and (5) *nigamana* “conclusion”, resembling the five-membered syllogism of inference (*anumāna*) in the Nyāya-Vaiśeṣika school.⁹³⁰ Śrīdāsa Paṇḍita’s comment is similar to that of Aruṇadatta.⁹³¹ Hariścandra also notes a different understanding of this *tantrayukti* by some others. In this sense, *yoga* is connectedness. This alternative definition is close to that of the *Suśrutasamhitā*. In Indu’s interpretation, *yoga* is lexical cohesion, as he understands *yoga* as a relation between a word and its meaning or a sentence and its meaning.⁹³² Cakrapāṇi, while defining *yoga* in a fashion similar to the *Suśrutasamhitā*, exemplifies it as a connection between five logical elements, namely *pratijñā*, *hetu*, *udāharaṇa*, *upanaya* and *nigamana*, conflating the definition of *yoga* with Hariścandra’s second alternative i.e. *yoga* is reasoning (*yukti*).⁹³³ Nīlamegha defines *yoga* as connecting words one by one coherently.⁹³⁴ As he further explains in the autocommentary with examples from the *Aṣṭāṅgahṛdayasamhitā*, it is evident that he understands *yoga* as coherence between a part of a sentence

928 योगो नाम योजना ग्रन्थानां यथार्थसूत्रभाष्यसूत्रयोः... पञ्चलक्षणो वा योगः। प्रतिज्ञाहेतूदाहरणनिगमनानि... यद् इह युज्यते स योग इत्येके। (MS Jamnagar GAU 114, p.5.)

929 योगो नाम योजना, उद्देशनिर्देशयोः सूत्रभाष्ययोर्वा। *Sarvāṅgasundarī* on 6.40.80 (Ah 1939: 947).

930 युक्तिर्वा योगः, प्रतिज्ञा हेतुर्दृष्टान्त उपनयो निगमनमिति पञ्चविधः। 6.40.80 (Ah 1939: 947).

931 AHS 1940: 2.

932 योगो नाम योगः सम्बन्धः स च पदार्थयोर्वाक्यार्थयोर्वा। *Śaśilekhā* on 6.50.150aa (As 1980: 959).

933 योगो नाम योजना व्यस्तानां पदानामेकीकरणम्। उदाहरणं तावद्यथा प्रतिज्ञाहेतूदाहरणोपनयनिगमनानि। 8.12.41 (Ca 1941: 736).

934 योगः पदानामेकैकमर्थोचित्येन योजना। 2 TYV: 3.

and the discourse.⁹³⁵ Neither V. R. Ramachandra Dikshitar nor P. S. Subrahmanya Sastri identified the *tantrayukti yoga* with any *utti* mentioned in the *Tolkāppiyam*.⁹³⁶

The word *yoga* derives from the Sanskrit root $\sqrt{\text{yuj}}$ “to connect” with the primary suffix *GHaÑ*, which is often used for creating action nouns. In Sanskrit technical literature, the term *yoga* is used in a broad sense to mean any kind of linguistic connection or connectedness. In the *Aṣṭādhyāyī* of Pāṇini, it often refers to the connection with a word or a word-element.⁹³⁷ Hence, it refers to a morphosemantic or syntaco-semantic connection. Patañjali uses this term several times in his *Mahābhāṣya*. In the *Suśrutasamhitā* the word *yoga* is primarily used to mean the connection between words in a sentence. According to this definition and illustration, it is primarily intra-sentential cohesion. Unlike the later commentators on the works of Caraka and Vāgbhaṭa, it does not extend the scope of this term to inter-sentential cohesion and coherence. Keeping in mind such definition given in the *Suśrutasamhitā*, we translate the term as cohesion even though no other translators of the *tantrayuktis* used this translation. In some other contexts, however, *yoga* can be extended to coherence. Both coherence and cohesion are derived from the Latin verb *cohaere*- (< *con*- “with” *haereō* “cling”) “to cling together.” In other translations of the *tantrayuktis* (see p. 277), *yoga* is variously translated as employment, arrangement, conjoiner, connecting, concomitance, uniting, union, rational linking, joining and so on. We preferred the term cohesion because the other options are either too narrow or too vague. ‘Employment’ is rather *prayoga*, not *yoga*. ‘Rational linking’ disregards the grammatical aspect of *yoga*. ‘Conjoiner’, ‘connecting’, ‘union’, ‘uniting’ or ‘arrangement’ are vague and they do not reflect the technical import of the term *yoga*.

3. *padārtha*

In the earlier listing, *padārtha* follows *yoga*, while in the later listing, this *tantrayukti* is enumerated after *hetvartha*, possibly due to metrical requirements. The *Suśrutasamhitā* dedicates more words to describing this *tantrayukti* than any other early texts.

935 TYV: 3.

936 Chevillard 2009: 84.

937 Joshi and Roodbergen 1991: 64.

The description in the *Suśrutasaṃhitā* commences with the definition of *padārtha*, which is articulated as the meaning conveyed in an aphorism or a word. It then delves into the literal interpretation of the term *padārtha*. The straightforward meaning of the compound *padārtha*, obtained by dissecting its components—*pada* “word,” and *artha* “meaning”—is “the meaning of one or more words.” After presenting the literal interpretation of *padārtha*, the *Suśrutasaṃhitā* provides the rationale why mere word meanings cannot suffice as the *tantrayukti padārtha*—since a word or words may have multiple meanings. Therefore, as a *tantrayukti*, the term *padārtha* denotes the meaning of a word or words within a specific context.⁹³⁸ Ḍalhaṇa also supports this perspective, indicating that the term *padārtha* refers to a specific meaning of a word or words.⁹³⁹

In (Su 1938), a variant reading of the definition of *padārtha* is noted: सूत्रपदे in the place of सूत्रे पदे वा. It remains unclear which reading was available to Ḍalhaṇa. He proposed an etymological meaning of the word *pada*, defining it as that by which a meaning is understood, and includes *sūtra* under the semantic scope of *pada*. Essentially, he viewed *sūtra* as a type of *pada* because, by conveying a meaning, a *sūtra* falls under the category of *pada*, which by definition signifies a meaning-conveying unit. This interpretation does not separate *sūtra* and *pada* as mutually exclusive entities. Thus, if Ḍalhaṇa’s reading of the text is सूत्रे पदे वा, he perceived *pada* as a synonym or an alternative term for *sūtra*. On the other hand, if the reading was सूत्रपदे, he understood the meaning of the word सूत्रपदे as *pada* (a meaning-conveying unit) in the form of a *sūtra*. The editor of (Su 1938) offered a more straightforward explanation of the variant reading सूत्रपदे—a word (*pada*) in a *sūtra* is a *sūtrapada*.⁹⁴⁰ The *Viṣṇudharmottarapurāṇa* adopts a definition of *padārtha* close to this variant reading.⁹⁴¹

The *tantrayukti padārtha* is illustrated with two examples in the *Suśrutasaṃhitā*. In the first example, three polysemous words—*sneha*, *sveda* and *abhyañjana*—are provided. Ḍalhaṇa gave various meanings of these words—*sneha* can mean lubricity or grease or affection; *sveda* can mean sauna either with fire (*sāgni*) or without fire (*niragni*); *abhyañjana* may mean the black

⁹³⁸ See fn. 992.

⁹³⁹ अधुना बहुषु पदार्थेषु निर्धार्य विशिष्टपदार्थग्रहणाय पदार्थबहुत्वं प्रतिपादयति— अपरिमिता इत्यादि । Ḍalhaṇa on 6.65.10 (Su 1938: 816).

⁹⁴⁰ अन्ये तु सूत्रपदे इति पठित्वा व्याख्यानयन्ति--- सूत्रस्य पदं सूत्रपदं तस्मिन् योऽर्थः स पदार्थः । fn.2 (Su 1938: 813).

⁹⁴¹ See table 5.

eye make-up or oil rub (*abhyāṅga*).⁹⁴² In the case of such polysemy, *padārtha* or relevant meaning will be the meaning which coheres with the prior and subsequent elements (*pūrvāparayogasiddha*). The definition of this *tantra-yukti* in *Saddanīti* corresponds to this explanation.⁹⁴³ Thus, *padārtha* is that meaning which fits the context.

The second example is taken from the very beginning of the first chapter of the *Sūtrasthāna* that says वेदोत्पत्तिमध्यायं व्याख्यास्यामः, “I shall narrate the chapter on the origin of knowledge (*veda*).” The problem is, what does this word “*veda*” refer to? Is it the *Veda*, as in *Sāmaveda*? Or something derived from the roots $\sqrt{vi(n)d}$ or \sqrt{vid} ? Context (“prior and subsequent elements”) can help us to know that “*veda*” means only *āyurveda* and that the *Suśrutasaṃhitā* is talking about the origin of *āyurveda*, specifically. The same issue is also addressed by Ḍalhaṇa at 1.1.1 (*Su* 1938: 1).

Among the texts of the early listing, the *Arthaśāstra* presents a notably distinct definition of *padārtha*. Here, it is defined as that which has its limit within the word.⁹⁴⁴ Though somewhat ambiguous, this definition implies that *padārtha* is the referent indicated by a word or in other words, *padārtha* is the scope of meaning that corresponds to a word. Hence, this definition of *padārtha* does not necessarily refer to a contextual meaning. It indirectly suggests that *padārtha* is basically the meaning of a word.

Similar to *Arthaśāstra*’s understanding, the commentators Hariścandra, Indu, Cakrapāṇi, Aruṇadatta and Śrīdāsapaṇḍita interpret *padārtha* as the referents indicated by a word. However, by this time, the term *padārtha* became an important point of discussion among certain philosophical schools, particularly Vaiśeṣika and Nyāya.⁹⁴⁵ In the Vaiśeṣika ontology, *padārtha* is the term used for denoting the fundamental ontological categories. Such a wider use of the term among philosophical schools also influenced the *Bṛhatṭrayī* commentators, most prominently Hariścandra, whose interpretation of *padārtha* aligns with the framework of Vaiśeṣika philosophy. Following the Vaiśeṣika doctrine, he lists six types of *padārthas*, namely, substance (*dravya*), attribute (*guṇa*), movement

942 तत्र स्नेहशब्दे निर्दिष्टे हि गुणप्रेमसर्पिषां त्रयाणामर्थानामुपपत्तिर्दृश्यते, स्वेदशब्देनापि साग्निरग्निप्रयोरुष्मणोः प्राप्तिः, अञ्जनशब्देनापि नयनाञ्जनाभ्यङ्गयोः प्राप्तिः। Ḍalhaṇa on 6.65.10 (*Su* 1938: 816).

943 See table 5.

944 पदावधिकः पदार्थः। (15.1.10 Kangle 1965: 1, 280).

945 The concept *padārtha* is also discussed by grammarians such as Patañjali and others. For the treatment of the term *padārtha* in different Indian philosophical schools, see Prets and Prandstetter 1991–2006: 2, 153–154.

(*karman*), universality (*sāmānya*), individuality (*viśeṣa*), and inherence (*samavāya*).⁹⁴⁶ In his understanding, a word (*pada*) is a universal category that may have several referents called *padārtha*. While other commentators such as Indu, Aruṇadatta, Śrīdāsa Paṇḍita follow Hariścandra while defining this *tantrayukti* and cite Vaiśeṣika *padārthas* such as *dravya* or *guṇa* as instances of *padārtha*, it is not clear whether they endorse the Vaiśeṣika interpretation.⁹⁴⁷ Cakrapāṇi adopts the literal definition of *padārtha* as mentioned in the *Suśrutasaṃhitā*. With examples, he emphasizes that word-meaning (*padārtha*) can stem from one word, two words or more.⁹⁴⁸ Gaṅgādhara, however, defined *padārtha* in the line of the *Suśrutasaṃhitā* considering *padārtha* as relevant word sense.⁹⁴⁹

Nīlamegha presents a distinct perspective, defining *padārtha* as polysemy within a given context.⁹⁵⁰ In his autocommentary, he also acknowledges another viewpoint that perceives *padārtha* as synonymy within a context.⁹⁵¹ The author of the *Tantrayukti* merely quoted Nīlamegha's statements on this matter while incorporating the additional definition of *padārtha* found in commentaries such as those of Aruṇadatta, Indu, or Śrīdāsa Paṇḍita.⁹⁵² Neither V. R. Ramachandra Dikshitar nor P. S. Subrahmanya Sastri identified the *tantrayukti padārtha* with any *utti* mentioned in the *Tolkāppiyam*.⁹⁵³

From the discussion above, it is clear that *Suśrutasaṃhitā*'s understanding of the *tantrayukti padārtha* is distinct from its definition offered

946 पदार्थो नाम य एकेन पदेनानेकार्थो गम्यते । यथा द्रव्यं गुणः कर्म सामान्यं विशेषः समवायः । MS Jamnagar GAU 114, p.6.

947 पदार्थो नाम येनार्थो गम्यते । यथा गुर्वादयो गुणशब्दादवगम्यते । *Śaśilekhā* on 6.50.150aa (*As* 1980: 959). पदार्थो नाम, पदेनार्थो गम्यते । यथा द्रव्यमिति पदं, तस्यार्थो भूजलादिः । गुण इति पदं तस्यार्थो गुर्वादिः । *Sarvāṅgasundarī* on 6.40.80 (*Ah* 1939: 947). The same reading appears in *Hṛdayabodhikā* (*AHS* 1940: 2).

948 पदस्य पदयोः पदानां वाऽर्थः पदार्थः । तत्र द्रव्यमिति पदेन खादयश्चेतनाषष्ठा उच्यन्ते; पदयोरर्थो नाम यथा—'आयुषो वेद' इति पदयोरायुर्बोधकं तन्त्रमित्यर्थः, एवं पदानामप्यर्थ उदाहार्यः । *Āyurvedadīpikā* on 8.12.41 (*Ca* 1941: 736).

949 अर्थः पदस्य चेति पदार्थो नाम तन्त्रयुक्तिः सा योऽर्थोऽभिहितः सूत्रे पदे वा । पदार्थस्त्वनेकस्तत्र योऽर्थः पूर्वापरयोगसिद्धो भवति सोऽर्थो ग्राह्यः । *Jalpakaḥpataru* on (*Ca* 1928-33: 3, 3816).

950 पदार्थस्तु पदैक्येऽपि भिन्नमर्थं प्रकाशयेत् । 4 *TYV*: 4.

951 केचित्तु "पदार्थः पदभेदेऽपि न भेदः पुनरर्थतः ।" *TYV*: 5.

952 पदार्थस्तु य ऐक्येऽपि भिन्नमर्थं प्रकाशयेत्
...पदार्थोऽपि च भेदेऽपि न भेदः पुनरर्थतः ।
पदेन योऽर्थो ज्ञायते यथा गुर्वादयो गुणे ॥

TY: 8-10.

953 Chevillard 2009: 84.

by the later commentators of the works of Dṛḍhabala and Vāgbhaṭa. The *Arthaśāstra*, which most often defines the *tantrayuktis* similarly to the *Suśrutasamhitā*, provides a definition of *padārtha* that is closer to the understanding of the commentators such as Hariścandra and so on. In the *Suśrutasamhitā*, *padārtha* is not merely the meaning of a word or words but the meaning arising within a particular context or co-text. It is the result of word sense disambiguation. Singhal and Mitra translates *padārtha* as “context.” However, *padārtha* denotes not the context but rather the meaning intended in a context or co-text. Most other translators render this term as “import of words,” which fits better in this case. The translation chosen here is “relevant meaning” because in the *Suśrutasamhitā*, *padārtha* refers to the meaning that is relevant within a context or co-text.

3. *hetvartha*

Hetvartha appears after *padārtha* in the earlier listing and before *padārtha* in the later listing. The word *hetvartha* is a compound of two words—reason (*hetu*) and purpose (*artha*). Although the term *hetvartha* is present in all lists of the *tantrayuktis*, it has not been lexicalized as a compound word. Thus, we need to understand the term through its components—*hetu* and *artha*. Depending on the meaning of the word *artha*, the word *hetvartha* can have different meanings. For example, Bhaṭṭoji Dikṣita uses the term *hetvartha* to mean simply the sense of a cause.⁹⁵⁴ As a *tantrayukti*, *hetvartha* is a logical device that serves as the purpose (*artha*) of a reason (*hetu*).

The *Suśrutasamhitā* provides an analytical definition of *hetvartha*, where it is described as a statement functioning as a premise (*sādhana*). The text supplies an example about moistening of wounds by milk etc. on the basis of the known fact that water moistens a lump of earth. Notably, the word *ukta* in the definition likely does not imply an explicit statement in the text. As appears in the example, it can be a known fact from the outside world that aids in predicting a similar case related to our body.⁹⁵⁵ The *Suśrutasamhitā* does not mention that water moistens a lump of earth; this is understood from general empirical knowledge. The *Suśrutasamhitā* prescribes moistening of a wound in certain cases but does not explicitly state how

⁹⁵⁴ हेत्वर्थे तृतीया स्यात् | SiddhKau: 137.

⁹⁵⁵ Cf. अत्र बाह्येन मृत्पिण्डदृष्टान्तेन माषदुग्धयोगादिभिराभ्यन्तरो व्रणप्रक्लेदः साध्यते । Dalhana on 6.65.11 (Su 1938: 813).

to do so. The knowledge that milk and similar substances can be used to moisten a wound derives from the empirical knowledge of moistening a lump of earth with water. The causal relationship between water and moistening a lump of earth serves a purpose elsewhere as a premise for understanding the causal relationship between milk or other similar substances and moistening of a wound.⁹⁵⁶ The definition is clearer in 6.65.11 (Su 1938: 813) because it includes the word other (*anya*), emphasizing that an idea stated in one context serves a purpose in another.⁹⁵⁷ The author of the *Viṣṇudharmottarapurāṇa* as well as commentators such as Hariścandra, Cakrapāṇi, Indu, Aruṇadatta, and Śrīdāsa Paṇḍita define this *tantrayukti* similarly.⁹⁵⁸ However, in their interpretation, the term stated (*ukta*) means an explicit statement in the text.

A different definition appears in Nīlamegha's *Tantrayuktivicāra*, where he defines *hetvartha* as a situation where an entity is represented by its cause. For example, in the statement, रोगस् तु दोषवैषम्यम्, "disease, however, is the disproportion of the humours," the cause "disproportion of the humours" represents its effect, "disease." It can also be the reverse, where disease is the cause of disproportion of the humours. When a cause and its effect are considered equivalent and one represents the other, it is called *hetvartha*.⁹⁵⁹ This definition by Nīlamegha is not found elsewhere. This may explain why the author of the *Tantrayukti* does not refer to this

956 The definition is similar in *Saddanīti*. In the *Arthaśāstra*, *hetvartha* is defined as a cause that serves a purpose. Although phrased differently, this definition refers to the same concept. See table 5.

957 यदन्यदुक्तमन्यार्थसाधकं भवति स हेत्वर्थः। 6.65.11 (Su 1938: 813). The testimonium in Gaṅgādhara's *Jalpakaḥpataṛu* supports the reading of (Su 1938). In his own definition, Gaṅgādhara merely reproduces the definition of the *Suśrutasamhitā*. Ca 1928-33: 3, 3815.

958 The definition of *hetvartha* is quite consistent across all the commentaries. Cakrapāṇi's definition: हेत्वर्थो नाम यदन्यत्राभिहितमन्यत्रोपपद्यते। *Āyurvedadīpikā* on 8.12.41 (Ca 1941: 736). Indu's definition: हेत्वर्थो नाम यदेकत्रोच्यमानमन्यत्रापि तथैवोपयुज्यते। *Śaśilekhā* on 6.50.150aa (As 1980: 959). Hariścandra's definition is also quite similar: हेत्वर्थो नाम यदन्यप्रस्तावाभिहितमर्थजातमन्यत्रापि तथैवापाद्यते। MS Jamnagar GAU 114 p. 5. Aruṇadatta's definition: हेत्वर्थो नाम यदन्यप्रस्तावोक्तमन्यत्रापि तथैवापाद्यते। *Sarvāṅgasundarī* on 6.40.80 (Ah 1939: 947). Śrīdāsa Paṇḍita's definition: हेत्वर्थो नामान्यप्रस्तावोक्तमन्यत्रापि तथैवापाद्यते। *Hṛdayabodhikā* (AHS 1940: 2).

959 हेत्वर्थो हेतुनैव स्यात् तत्तदर्थप्रकाशनम् ॥३॥ यथा—'रोगस्तु दोषवैषम्यम्' (अ.ह.सू. १.२९) इत्यादौ रोगो नाम दोषवैषम्यहेतुः। न तु दोषवैषम्यम्। तत्तु वृद्धिः क्षयो वा। अतो हेतोर् एव रोगः। अत्र तुशब्देन रोगोऽपि दोषवैषम्यस्य हेतुरिति द्योतयति। TYV: 4.

definition at all, even though he frequently quotes Nīlamegha. Instead, the author of *Tantrayukti* uses Aruaṇadatta's definition without attribution. He concludes with another definition, describing *hetvartha* as a statement where a reason is expressed.⁹⁶⁰ Neither V. R. Ramachandra Dikshitar nor P. S. Subrahmanya Sastri identified *hetvartha* with any *utti* mentioned in the *Tolkāppiyam*.⁹⁶¹

The term *hetvartha* has been translated in various ways, including “extension of argument,” “implication,” “goal of a reason,” and merely “reason.” We chose to translate *hetvartha* as “purpose of a reason” based on the components of the compound, which closely aligns with Olivelle's translation, “goal of a reason.”⁹⁶² While other translations may capture the application of *hetvartha*, they do not convey the lexical meaning of the term.

5–6. *uddeśa* and *nirdeśa*

It is necessary to consider the *tantrayuktis uddeśa* and *nirdeśa* in relation to each other as they form a pair of relational antonyms. They consistently appear together in all listings—following *hetvartha* in the earlier listing and *pradeśa* in the later listing. The *Suśrutasaṃhitā* defines *samuddeśa* as a brief statement and *nirdeśa* as a detailed statement. An example of *uddeśa* is given as the simple mention of the word “spike (*śalya*).” In contrast, the example of *nirdeśa* is the phrase “in the body or exogenous,” where spike is described in more detail as being of two kinds. These two *tantrayuktis* are stylistic structural devices used in scientific compositions for precision and clarity.

The texts of the earlier listing provide identical or near-identical definitions of *uddeśa* and *nirdeśa*.⁹⁶³ They are also similarly defined and exemplified in the *Yuktidīpikā*.⁹⁶⁴ Commentators on the works of Dṛḍhabala and Vāgbhaṭa also defined *uddeśa* and *nirdeśa* similarly.⁹⁶⁵ However, Indu's

960 हेतुना सह यत्रोक्तिः स हेत्वर्थः प्रकीर्तितः ॥ TY: 8.

961 Chevillard 2009: 84.

962 Olivelle 2013: 436.

963 See table 5.

964 *Yuktidīpikā*: 7.

965 उद्देशो नाम सङ्क्षेपाभिधानम्...निर्देशो नाम विस्ता... MS Jamnagar GAU 114 p. 6. उद्देशो नाम सङ्क्षेपाभिधानम्...निर्देशो नाम संख्येयोक्तस्य (सङ्क्षेपोक्तस्य ?) विवरणम् । *Āyurvedadīpikā* on 8.12.42 (Ca 1941: 736). उद्देशो नाम सङ्क्षेपाभिधानम्...निर्देशो नाम तस्यैव विस्तारोक्तिः । *Sarvāṅgasundarī*

definitions of these two *tantrayuktis* are more informative. According to him, *uddeśa* refers to objects mentioned merely by single words, while *nirdeśa* involves restating those objects to show their specific features.⁹⁶⁶

There is a difference between the examples of *uddeśa* and *nirdeśa* in the *Suśrutasamhitā* and other texts. In the *Suśrutasamhitā*, the example of *uddeśa* is a single word, not a complete sentence, while in other texts, including the *Arthaśāstra*, it is a complete sentence, usually a simple equative sentence. For instance, Aruṇadatta and Śrīdāsa Paṇḍita quote 1.1.6b (Ah 1939: 6) as an example of *uddeśa*: वायुः पित्तं कफश्चेति त्रयो दोषाः समासतः।, “the three humours are wind, bile, and phlegm.” As an example of *nirdeśa*, they quote 1.1.11 (Ah 1939: 9), which describes the characteristics of wind: तत्र रुक्षो लघुः शीतः खरः सूक्ष्मश्चलोऽनिलः।, “wind is rough, light, cold, harsh, subtle, and mobile.” Even in these cases, where *uddeśa* is given with a complete sentence, *uddeśa* is exemplified by the individual items in those sentences. Thus, there are three *uddeśas* in that sentence, and the description of each functions as *nirdeśa*. What constitutes *uddeśa* and *nirdeśa* is contextually determined. In the example of the *Suśrutasamhitā*, spike (*śalya*) is the *uddeśa*, and its *nirdeśa* is the expression that provides its two varieties: (1) in the body and (2) extraneous. When each variety is further described, each variety of the spike functions as *uddeśa*. The author of the *Tantrayukti* indicates this mutual relatedness of *uddeśa* and *nirdeśa* in a verse.⁹⁶⁷ He also provides a versified definition of these two *tantrayuktis*, in addition to repeating Nīlamegha’s statements.⁹⁶⁸ Nīlamegha also defined these *tantrayuktis* in a similar fashion.⁹⁶⁹ Similar *uttis* also appear in the *Tolkappiyam*. However, Sastri and Dikshitar differently identified these *tantrayuktis* with

on 6.40.80 (Ah 1939: 947) and *Hṛdayabodhikā* (AHS 1940: 2). उद्देशो नाम तन्त्रयुक्तिः सा, यत् समासकथनम्।...निर्देशो नाम तन्त्रयुक्तिः सा, यद् विस्तरेणोच्यते। *Jalpakalpataru*, Ca 1928-33: 3, 3816.

966 उद्देशो नाम यत्रार्थानां शब्दमात्रेणैव कीर्तनमुद्देशः।...निर्देशो नाम यच्छब्दमात्रेण निर्दिष्टानां स्वरूपविशेषप्रदर्शनाय पुनः कीर्तनं निर्देशः। *Śaśilekhā* on 6.50.150ba (As 1980: 960).

967 उद्देशनिर्देशकयोरन्योन्यापेक्षिता भवेत्।

यत्तदोरिव नित्यैव शास्त्रे सर्वत्र सर्वदा ॥

TY: 12.

968 प्राक् सङ्क्षेपेण कथनमुद्देश इति कीर्तितम्।

निर्देशो नाम तस्यैव विस्तरोक्तिरुदाहृतः ॥

TY: 12.

969 उद्देशः समवायोक्तिरिति प्राहुर्मनीषिणः।

निर्देशः स्याद् विवरणं पूर्वोक्तानामनुक्रमात् ॥

TYV: 6.

the *uttis* of *Tolkāppiyam*.⁹⁷⁰

Uddeśa is a common technical term in Sanskrit literature.⁹⁷¹ Sometimes it appears paired with *lakṣaṇa*, where *uddeśa* means mentioning an item by name, and *lakṣaṇa* is its definition. In this sense, *lakṣaṇa* and *nirdeśa* are similar. However, *nirdeśa* means any elaboration of the mentioned item, whereas *lakṣaṇa* refers to precise features. In Pakṣilasvāmin's *Nyāyabhāṣya*, the term *uddeśa* appears with *lakṣaṇa* and investigation (*parīkṣā*), and the triad of these three is called the course of the discipline.⁹⁷²

We mentioned before that Hariścandra added four more *tantrayuktis* to the later listing. Indu and Cakrapāṇi suggested that the scope of these *tantrayuktis* could be included in those already enumerated. According to Cakrapāṇi *paripraśna* could be included in *uddeśa* and *vyutkrāntābhidhāna* is a variety of *nirdeśa*.⁹⁷³ The only manuscript of Hariścandra's *Carakanyāsa* available to us (MS MS Jamnagar GAU 114) is full of lacunae, making it challenging to determine its reading. It seems that asking a question about a topic is *paripraśna*, and stating something without mentioning the order of its items or objects is *vyutkrāntābhidhāna*. Including *paripraśna* and *vyutkrāntābhidhāna* under *uddeśa* and *nirdeśa* respectively may be an oversimplification.

The *tantrayukti uddeśa* has been variously translated as enunciation, concise statement, allusion, mention, etc. We chose the translation “mention.” The expressions enunciation, allusion, and concise statement are vaguer than “mention.” The *tantrayukti nirdeśa* is translated as elaboration, detailed statement, explanation, amplification, exposition, etc. All these translations are accurate. We translated *nirdeśa* as “exposition.”

⁹⁷⁰ Chevillard 2009: 85.

⁹⁷¹ For more references to the term *uddeśa* check Prets and Prandstetter 1991–2006: 2, 28–30.

⁹⁷² त्रिविधा चास्य शास्त्रस्य प्रवृत्तिः, उद्देशो लक्षणं परीक्षा चेति । तत्र नामधेयेन पदार्थमात्रस्याभिधानमुद्देशः । तत्रोद्दिष्टस्यातत्त्वव्यवच्छेदको धर्मो लक्षणम् । लक्षितस्य यथालक्षणमुपपद्यते न वेति प्रमाणैरवधारणं परीक्षा । Jośī 1922: 14.

⁹⁷³ तत्र परिप्रश्न उद्देशेऽन्तर्भवति, ... व्युत्क्रान्ताभिधानं निर्देशप्रभेदः *Āyurvedadīpikā* on 8.12.41b–45a (Ca 1941: 737).

Notes on Significant Variants

...द्वितीये पादे...

The Nepalese version reads द्वितीये पादे which would properly mean the second quarter of the first line; the vulgate reads तृतीये पादे “third quarter” which seems more correct.

यत्र तु स्नेहस्वेदाभ्यञ्जनेषु...पूर्वापरयोगसिद्धो भवति ।

There is a dangling relative clause, योऽर्थः, in the Nepalese version that is avoided in the vulgate recension by the addition of स ग्रहीतव्यः. There are two possible explanations for this discrepancy: firstly, the missing main clause may have been present in the archetype but inadvertently omitted in the Nepalese version due to a scribal error. Alternatively, the main clause could have been elliptical in the archetype. The scribes of the Nepalese manuscripts accurately transmitted the text. However, at some stage during the transmission process, the main clause was supplied as an attempt to rectify the ungrammatical sentence. The interpolation may also stem from Ḍalhaṇa’s commentary in which the exact clause was used.⁹⁷⁴ Considering the principle *lectio difficilior potior*, we may posit that the second scenario is more plausible. This is because the subject of the main clause can be inferred from the subject of the previous sentence, and within the context, the meaning of the sentence remains totally intelligible even without the explicit main clause.

सामवेदादयश्च वेदाः

Both , Su 1938 and the excerpts from the *Suśrutasaṃhitā* cited in the *Jalpakaḷpataru* read ऋग्वेदादयस्तु वेदाः, ê “*R̥gveda* and so on are the Vedas.” Traditionally, the *R̥gveda*, being the earliest composed *Veda*, is often considered the prototype. However, the selection of *Sāmaveda* as the prototype in the Nepalese Version of the *Suśrutasaṃhitā* is intriguing. This choice brings to mind a verse from the *Bhagavadgīta* where Kṛṣṇa

⁹⁷⁴ तत्र योऽर्थ इत्यादि । पूर्वोक्तपरोक्तवाक्यसम्बन्धेनोपपन्नो योऽर्थो भवति स ग्रहीतव्य इत्यर्थः Ḍalhaṇa on 6.65.10 (Su 1938: 816).

declares, वेदानां सामवेदोऽस्मि⁹⁷⁵, "I am the *Sāmaveda* among the Vedas." With its incorporation of musical elements, the *Sāmaveda* holds a unique charm compared to the *Rgveda*. Thus, the decision to prioritize the *Sāmaveda* as the prototype may stem from its intrinsic appeal or enchantment rather than chronological precedence.⁹⁷⁶ However, this reading not just appear in the Nepalese version. Another early *Suśrutasaṃhitā* manuscript from 1595 also keeps the same reading.⁹⁷⁷

...विद विन्द इत्येतयोश्च धात्वोः...

Three issues need to be addressed here: (1) nomenclature of the verb roots in Sanskrit, (2) the homonymy of *vid*, and (3) variant readings in , [Su 1938](#) and *Jalpakaḥpataru*.

(1) The text suggests the etymology of the word *veda* by mentioning two verb roots, namely *vinda* and *vida*. It is worth noting that there are multiple ways of representing Sanskrit verb roots, even within traditional Sanskrit grammar like that of Pāṇini. Verb roots are presented in various forms, including mere lexical root forms,⁹⁷⁸ forms ending in *-a*,⁹⁷⁹ ending in *-i*,⁹⁸⁰ or with the ending *-ti* in the present stem,⁹⁸¹ or sometimes with indicatory sounds (*anubandha*) as found in the *Dhātupāṭha*.⁹⁸² In the reading of the Nepalese version of the *Suśrutasaṃhitā*, the second option, representing the verbs with a final *-a*, is adopted.

(2) The second issue pertains to the homonymy of *vid* in Sanskrit *Dhātupāṭhas*, where at least four homonymous verbs are mentioned. They all belong to different classes and signify different meanings: \sqrt{vid} "to know" belongs to the second class (*adādi* or the root class), \sqrt{vid} "to find,

975 10.22 [BhaGī](#): 456.

976 Cf. Madhusūdana Sarasvatī's comment on the same verse: चतुर्णां वेदानां मध्ये गानमाधुर्येणातिरमणीयः सामवेदोऽहमस्मि (10.22 [BhaGī](#): 456), "amongst the four Vedas I am the *Sāmaveda*, which is extremely delightful due to its musical charm."

977 MS Jodhpur RORI 20060 f.265r5.

978 E.g. as \sqrt{gup} , \sqrt{tij} , and \sqrt{kit} are mentioned in गुप्तिज्जिह्वयः सन् ([Aṣṭādhyāyī](#): 3.1.5).

979 E.g. as \sqrt{gam} , \sqrt{han} , \sqrt{vid} , and $\sqrt{viś}$ are mentioned in विभाषा गमहनविदविशाम् ([Aṣṭādhyāyī](#): 7.2.68).

980 E.g. as \sqrt{mrj} is mentioned in मृजेर्विभाषा ([Aṣṭādhyāyī](#): 3.1.113).

981 E.g. as \sqrt{as} , \sqrt{vac} , and $\sqrt{khyā}$ are mentioned in अस्यतिवक्तिख्यातिभ्योऽङ् ([Aṣṭādhyāyī](#): 3.1.52).

982 E.g. as $\sqrt{iṣ}$ is mentioned in इषुगमियमां छः ([Aṣṭādhyāyī](#): 6, 7.3.77). Cf. इषुमं इच्छायाम् (*Dhātupāṭha* 6.78).

to attain” to the sixth class (*tudādi* or the suffixally accented thematic class), \sqrt{vid} “to consider” to the 7th class (*rudhādi* or the athematic nasal infix class) and \sqrt{vid} “to exist” to the fourth class (*divādi* or the thematic *ya*-suffix class).⁹⁸³ A 10th-class verb \sqrt{vid} is also mentioned in the *Dhātupāṭha* but this appears to be derived from the other *vid* verbs with a pleonastic causative suffix. The 4th-class *vid* is also originally a derivative of the other *vid* verbs formed with the passive suffix. The sixth-class verb *vid* belongs to a subclass called *mucādi*, characterized by a nasal infix. Thus, it is clear that *vinda*, the first of the two verbs mentioned in the *Suśrutasaṃhitā*, is the *vid* of the 6th class. The form *vinda* is, therefore, the present stem of the sixth-class verb *vid*.⁹⁸⁴ The other one may be the 2nd- or the 7th-class *vid*. The nominalized form of all of these verbs, using the suffix *GHañ*, is *veda*. This is where the ambiguity appears.

(3) In , [Su 1938](#), the verbs are represented as they appear in the Paninian *Dhātupāṭha*, with indicatory letters (*anubandha*) and meanings attached to the roots: विद विचारणे, विद् लाभे.⁹⁸⁵ However, the citation from the *Jalpakaḥṣṭakāṭaka* presents another variant— विद् विचारणे विद् विन्दति⁹⁸⁶. In both of these variants, the meanings of the verb roots appear. The verbs mentioned here are the 7th- and the 6th-class \sqrt{vid} respectively. The absence of meanings attached to the verb roots in the Nepalese version suggests the preservation of an older form of the text.⁹⁸⁷

...धात्वोरेकार्थः । पश्चात् पदं भवति...

The Nepalese version of this passage significantly diverges from other witnesses. For a comparison the readings of four witnesses are provided:

1. पूर्वापरम् उपलक्ष्य विन्द विद इत्येतयोश्च धात्वोरेकार्थः । पश्चात् पदम् भवति आयुर्वेदोत्पत्तिमयं विवक्षुरिति (Nepalese version)

983 Cf. सत्तायां विद्यते ज्ञाने वेत्ति विन्दे विचारणे । विन्दते विन्दति प्राप्तौ श्यन्लुक्श्रमोष्विदं क्रमात् ॥ ([SiddhKau](#): 402).

984 Mentioning verbs in their present stem forms is not uncommon. The same 6th class verb \sqrt{vid} is mentioned as *vinda* in this rule: अनुपसर्गाह्मिन्विन्दधारिपारिवेद्युदेजितिसात्ति-साहिभ्यश्च ([Aṣṭādhyāyī](#): 3.1.138).

985 6.65.10 ([Su 1938](#): 813).

986 [Ca 1928-33](#): 3, 3816.

987 Scholars believe that meanings were not initially attached to verb roots in the original Paninian *Dhātupāṭha* and were later additions, possibly by Bhīmasena. See Cardona [1976](#): 161–163.

2. तत्र पूर्वापरयोगमुपलभ्य विन्दतीत्येतयोश्च धात्वोरेकार्थयोः पश्चात् पदं भवति आयुर्वेदो-
त्पत्तिमयं विवक्षुरिति (Śuśrutapāṭhaśuddhi MS London BL IOLR 1842)
3. तत्र पूर्वापरयोगमुपलभ्य विद् विचारणे विद् विन्दतीत्येतयोश्च धात्वोरनेकार्थयोः प्रयोगः
पश्चात् प्रतिपत्तिर्भवति आयुर्वेदोत्पत्तिमयं विवक्षुरिति (Jalpakalpataru)
4. विद विचारणे, विद् लाभे, इत्येतयोश्च धात्वोरनेकार्थयोः प्रयोगात्, तत्र पूर्वापरयोगमु-
पलभ्य प्रतिपत्तिर्भवति आयुर्वेदोत्पत्तिमयं विवक्षुरिति (Su 1938)

Evidently, the readings gradually change across these manuscripts, with the Nepalese version representing the earliest and the last drawing from more recent manuscripts. Two key issues emerge: firstly, the contradictory readings of एकार्थः or एकार्थयोः versus अनेकार्थयोः, and secondly, the syntactic structure of the sentence.

(1) The Nepalese version and MS London BL IOLR 1842 uphold the former of the contradictory readings, while the *Jalpakalpataru* and (Su 1938) adhere to the latter. Dalhaṇa's commentary provides no definitive insight about his preferred reading. Nevertheless, the earlier reading appears more coherent. Although the two homonymous verbs bear distinct meanings, the context fails to privilege one over the other. In essence, we are not able to grasp the relevant meaning (*padārtha*) of the word *veda* by choosing one or the other meanings of the homonymous verb *vid*—be it *Sāmaveda* or *Āyurveda*, the meaning of the root *vid* does not change. The comprehension of *veda* as *Āyurveda* only occurs upon encountering the word “*āyurveda*” itself appearing after two sentences.⁹⁸⁸ Hence, the reading अनेकार्थयोः appears less tenable. But if we take the meaning of the word *artha* as “meaning,” the phrase विन्द विद इत्येतयोश्च धात्वोरेकार्थः does not make sense either because these two homonymous verbs indeed have two different meanings. However, interpreting the word *artha* as “purpose” offers a more plausible explanation—both verbs, regardless of their individual meanings, serve the same purpose when nominalized with the suffix *GHañ*, yielding the same form *veda*.

(2) The other issue pertains to the sentence's syntax. In the Nepalese version, there are two separate sentences: “पूर्वापरमुपलक्ष्य विन्द विद इत्येतयोश्च धात्वोरेकार्थः” and “पश्चात् पदम् भवति...”, whereas all other witnesses present a unified sentence. The fact of having two different sentences in the Nepalese

988 Cf. ‘आयुर्वेदमिच्छाम इहोपदिश्यमानम्’ इत्यस्मिन्नायुर्वेदशब्दः श्रूयते, अतोऽत्र वेद आयुर्वेद इत्यभिप्रायः ॥ (Dalhaṇa on 6.65.10 (Su 1938: 816)).

version is determined by the use of the nominative case in the word एकार्थः, while the nominative of the second sentence is पदम्. In other readings, the genitive case is employed (एकार्थयोः) and thus the entire chunk in question constitutes a single sentence. Under this interpretation, the sentence conveys the meaning as: “when the prior and the subsequent elements are considered, after the fact that the roots *vind* and *vid* have the same meaning, the clue appears that he wants to talk about the origin of Āyurveda.” Here, the word पदम् likely denotes a sign or a clue, rather than its conventional meaning “word”, which would be incongruous in this context.

यदुक्तं साधनं भवति स हेत्वर्थः

The reading in 6.65.11 (Su 1938: 813) is यदन्यदुक्तमन्यार्थसाधकं भवति स हेत्वर्थः. The same reading appears in MS London BL IOLR 1842 and the testimony in the *Jalpakaḥpataru*. MS Jodhpur RORI 20060 reads यदुक्तमुभयार्थसाधनं भवति स हेत्वर्थः. Clearly, the reading in the Nepalese version represents an older stage of the textual transmission, while the vulgate version indicates an attempt to clarify the definition. A comparison with the readings found in the texts of earlier listing may also suggest that the reading in the Nepalese version is older.

...तथा माषदुग्धप्रभृतिभिर्ब्रणः क्लिद्यते

The reading माषदुग्ध...presents some challenges. The Nepalese manuscripts, (Su 1938), Ḍalhaṇa's reading in (Su 1938), and MS London BL IOLR 1842—all have *māṣadugdha*-. However, this reading does not make much sense. Should we interpret it as a *dvandva* (beans and milk) or a *tatpuruṣa* (milk mixed with beans or bean milk)? The first option (*dvandva*) is untenable because a wound cannot be moistened with a solid substance like beans. The second option is also unlikely for two reasons:

1. In the *Suśrutasamhitā*, the word *-prabhṛti-* typically follows more than one item in a *dvandva* compound. Therefore, the reading माषदुग्धप्रभृतिभिः, where *māṣadugdha* signifies one item, is statistically improbable.
2. Does *māṣadugdha* mean bean milk? This expression is not found elsewhere. Does it mean milk mixed with beans? If so, it should be used for a specific remedial recipe and mentioned in the *Suśrutasamhitā*.

However, there is no such reference to *māṣadugdha* in the text. If *māṣadugdha* is not mentioned elsewhere, it is unlikely the author intended such a complex example.

We conjecture that the original term was not *māṣadugdha*- but *cājyadugdha*- or *ājyadugdha*-. MS Jodhpur RORI 20060 supports this reading. In this manuscript, The character before *jya* is unclear, but it is clear that there is a medial vowel *ā* before *jya*. The expression *ājyadugdha*- appears in other Sanskrit texts. If we read *ājya*- or *cājya*- instead of *māṣa*, it would mean “a wound gets moistened with ghee, milk, etc.,” which makes much more sense. If *ājya*- or *cājya*- was the original reading, the scribal error likely occurred quite early when the ligature *jya* looked similar to *ṣa*.

समासवचनं समुद्देशः |

The reading समुद्देशः appears in the Nepalese manuscripts and MS Jodhpur RORI 20060. Everywhere else, the reading is उद्देश, which matches the list of *tantrayuktis* provided at the beginning of the chapter. The version of the *Jalpakaḥpataru* includes another variant, समासकथनम्, which is not supported by any other witnesses.

Characteristics of the Manuscript Transmission

Translation

- 1 Now we shall explain the chapter called, “the enunciation of the logical methods of the system (*tantrayukti*).”
- 3 There are thirty-two logical methods of the system. They are as follows:

1. topic (<i>adhikaraṇa</i>)	18. objection (<i>pūrvapakṣa</i>)
2. cohesion (<i>yoga</i>)	19. determination (<i>nirṇaya</i>)
3. relevant meaning (<i>padārtha</i>)	20. consent (<i>anumata</i>)
4. purpose of a reason (<i>hetvārtha</i>)	21. itemization (<i>vidhāna</i>)
5. mention (<i>samuddeśa</i>)	22. future reference (<i>anāgatāpekṣaṇa</i>)
6. exposition (<i>nirdeśa</i>)	23. past reference (<i>atīkrāntāpekṣaṇa</i>)
7. prescription (<i>upadeśa</i>)	24. doubt (<i>saṁśaya</i>)
8. statement of reason (<i>apadeśa</i>)	25. explication (<i>vyākhyāna</i>)
9. indication (<i>pradeśa</i>)	26. field-specific term (<i>svasaṁjñā</i>)
10. prediction (<i>atideśa</i>)	27. interpretation (<i>nirvacana</i>)
11. exception (<i>apavarga</i>)	28. illustration (<i>nidarśana</i>)
12. ellipsis (<i>vākyaśeṣa</i>)	29. compulsion (<i>niyoga</i>)
13. implication (<i>arthāpatti</i>)	30. option (<i>vikalpa</i>)
14. contraposition (<i>viparyaya</i>)	31. aggregation (<i>samuccaya</i>)
15. recontextualization (<i>prasaṅga</i>)	32. deducible (<i>ūhya</i>)
16. invariable statement (<i>ekānta</i>)	
17. variable statement (<i>anekānta</i>)	
- 4 It is said about this, “what is the purpose of these methods?” The answer is, “cohesion of a sentence and cohesion of meaning”.⁹⁸⁹
- 5-6 There are **two** verses about this:

The logical methods of the system prohibit statements employed by people who do not speak the truth. They also bring about the validity of one's own statements. And they also clarify meanings that are stated back to front, that are implicit, unclear and any that are partially stated.

⁹⁸⁹ Ḍalhaṇa on 6.65.4 (Su 1938: 815) explained “cohesion of a sentence” as “connecting up a sentence that is not connected,” and “cohesion of meaning” as “clarifying or making appropriate a meaning that is implied or inappropriate.”

- 8 Among them, “topic (*adhikaraṇa*)” refers to the object, with reference to which statements are made, such as flavour (*rasa*) or humour (*doṣa*).⁹⁹⁰
- 9 “Cohesion (*yoga*)” is that by which a sentence coheres, as when words that are in a reversed order, whether placed close or apart, have their meanings unified.

Sesame oil he should drink, with heart-leaved moonseed creeper, neem tree, maidenhair fern, Indrajao, and long pepper

that is cooked with heart-leaf sida and country mallow, and deodar, always for a benefit in the case of the disease goitre.

In this verse, one ought to say, first, “one should drink cooked....” However, the word “cooked” is used in the second line.⁹⁹¹ Unifying the meanings of words in this way, even though they are far apart, is cohesion.

- 10 The meaning that is conveyed in an aphorism (*sūtra*) or a word is called relevant meaning (*padārtha*). The meaning that is attached to one or more words is the meaning of one or more words (*padārtha*). There are innumerable meanings of a word or words.⁹⁹²

Where two or three meanings of words such as *sneha*, *sveda* or *añjana* appear to be possible, the relevant meaning is the one that coheres with prior and subsequent elements. For example, when it is said that, “We

990 The idea here is that “*rasa*” may be the topic of a chapter, and statements in that chapter are all understood to be about that topic

991 See note on 290.

992 Contrary to the translations by previous translators Singhal and J. Mitra and P. V. Sharma, we believe that there is a distinction in how the term *padārtha* is employed in the first sentence, which serves as the definition of this *tantrayukti*, and in the two subsequent sentences, which pertain to the non-technical understanding of the word *padārtha*. We have translated the initial use of the word *padārtha* as “relevant meaning” and the subsequent use as mere “meaning of one or more words.” Without presupposing the distinct usage of the word *padārtha* in this passage, the statement, अपरिमिताश्च पदार्थाः, might seem out of context, as it would not make sense to assert that there are innumerable *padārthas* once the text has already specified that *padārtha* refers to the particular meaning conveyed in a *sūtra* or a word. Furthermore, the subsequent illustration featuring three polysemic words—*sneha*, *sveda*, and *añjana*—also supports our argument. Through these examples, the text advocates for the perspective that in cases where a word has multiple meanings, only the interpretation that aligns with the preceding and subsequent elements should be regarded as *padārtha*.

are going to explain the chapter on the *veda*-origin" the mind may be confused about which "*veda*" will be spoken about. *Sāmaveda* and so on are the Vedas. Taking note of the prior and subsequent elements, the two roots *vind* "find" and *vid* "know" have a single meaning.⁹⁹³ Subsequently, the understanding takes place that there is a wish to talk about the origin of *āyurveda*. So that is the meaning of the word.

- 11 The purpose of a reason (*hetvārtha*) is a statement that becomes a premise (*sādhana*). e For example, just as a lump of earth is moistened by water, so a wound is moistened by substances like milk with green gram.
- 12 A mention (*samuddēśa*) is a brief statement such as "spike (*śalya*)".⁹⁹⁴
- 13 A exposition (*nirdeśa*) is a detailed statement. For example, "in the body or exogenous".⁹⁹⁵
- 14 "Prescription" (*upadeśa*) refers to statements like "it should be this way." For example, one should not stay awake at night; one should not sleep during the day.
- 15 "Statement of reason" (*apadeśa*) refers to statements like "this happens because of this." For example, in the sentence "Sweet substances increase phlegm," the reason is stated.⁹⁹⁶
- 16 Substantiation of the subject matter through past evidence is "indication (*pradeśa*).". For example, he pulled out Devadatta's splinter (*śalya*), therefore he will pull out Yajñadatta's.
- 17 Substantiation of the subject matter through a future event is "prediction (*atideśa*).". For example, if his wind moves upwards, that will cause him to have colic."⁹⁹⁷

993 The Nepalese text here is hard to follow, and the vulgate has a significantly different reading. But the problem situation seems to be as follows. The *Suśrutasaṃhitā* opens with a statement saying that it will describe the "origin of the *veda*" (*vedotpatti*). The problem is, what does this word "*veda*" refer to? Is it the Veda, as in *Sāmaveda*? Or something derived from the roots $\sqrt{\text{vind}}$ or $\sqrt{\text{vid}}$? Context ("prior and subsequent elements") can help us to know that "*veda*" means only "*āyurveda*" and that the *Suśrutasaṃhitā* is talking about the origin of *ayurveda*, specifically. This same issue is also addressed by Ḍalhaṇa at 1.1.1 (*Su* 1938: 1).

994 Generally, शल्य refers to any painful foreign body embedded in the flesh that requires surgical removal.

995 This is a reference to 1.26.4 (*Su* 1938: 121) where शल्य is described in more detail as being of two kinds.

996 A technical term also in Nyāyaśāstra (Jhalakīkar 1978: 54).

997 A technical term also in Nyāyaśāstra (Jhalakīkar 1978: 6–7).

- 18 A deviation after generalization is exception (*apavarga*). For example, those afflicted by poison should not go through sudorific treatment other than the cases of poisoning by urinary worms.
- 19 Ellipsis (*vākyasēṣa*) refers to an unstated word that completes a sentence. For example, despite not mentioning the word 'person', when mentioning someone as 'the one having a head, hands, feet, flanks, and abdomen,' it's apparent that the reference is to a person.
- 20 Implication refers to an unstated idea that becomes evident through context. For example, when one said, "We will eat rice" it becomes evident from the context that he did not wish to drink gruel.
- 21 When there is the reversal of it, it is contraposition (*viparyaya*). For example, when it is said, "Weak, dyspneic, and fearful people are difficult to treat," the converse holds true: "Those who are strong and so on are easily treatable."
- 22 Recontextualization (*prasaṅga*) refers to a concept common to another section. For example, a concept belonging to another section is brought up by mentioning it repeatedly throughout.
- 23 Invariable statement (*ekānta*) is one that is stated with certainty. For example, **turpeth** causes purgation; **emetic nut** induces vomiting.
- 24 Variable statement (*anekānta*) is one that is true in one way in some cases and in another way elsewhere. For example, some teachers identify the main element as substance, others as fluid, some as semen, and some as digestion.
- 25 A first point of view (*pūrvapakṣa*) is something stated with certainty. For example, how are the four types of diabetes caused by wind incurable?⁹⁹⁸
- 26 Its answer is determination. For example, afflicting the body and trickling downwards, it creates urine mixed with fat, fatty tissues, and marrow. Thus, those caused by wind are incurable.
- 28 Consent (*anumata*) refers to others' opinion that is not rejected. For example, when the assertor says that there are six flavours and that somehow gets accepted with affirmation, it is termed consent.
- 29 Itemization (*vidhāna*) refers to sequentially ordered statements within a chapter. For example, the eleven lethal points of thigh are mentioned

See chapter
40 of Sūtra-
sthāna.

vasā / me-
das / maj-
jan

⁹⁹⁸ The adverb निःसंशयम् is problematic: the example expresses a query or doubt, the opposite of certainty, which is answered in the next passage. It would seem to make more sense to read something like यस् तु संशयम् अभिधीयते स पूर्वपक्षः, but our manuscripts are unanimous in their reading.

- sequentially in a chapter.
- 30 A statement like “Thus will be stated” is future reference (*anāg-atāpekṣaṇa*) such as when he says in the *Sūtrasthāna*, “I will mention it in the *Cikitsāsthāna*.”
- 31 A statement like “Thus has been stated” is past reference (*atīkrāntāpekṣaṇa*) such as when one says in the *Cikitsāsthāna*, “As mentioned in the *Sūtrasthāna*....”
- 32 An indication pointing to causes on both sides is doubt (*saṁśaya*). For example, a blow to the sole-heart (*talahr̥daya*)⁹⁹⁹ is fatal, whereas cutting hands and feet is not fatal.
- 33 An elaborate description is explication (*vyākhyāna*). For example, the twenty-fifth entity, person (*puruṣa*), is being explicated here. Thus, no other Āyurvedic texts discuss entities beginning with matters.
- 34 A field-specific term (*svasaṁjñā*) is uncommon in other fields of studies. The term used in one’s own systems is called field-specific term, such as in this system, pair (*mithuna*) denotes honey and ghee, and triad (*mithuna*) denotes ghee, sesame oil and fat.
- 35 A customary portrayal is interpretation (*nirvacana*). For example, one goes along the shade fearing heat.
- 36 Providing examples is illustration (*nidarśana*). For example, just as fire spreads rapidly in a dry forest when accompanied by wind, a wound intensifies affected by wind, bile, and phlegm.
- 37 A statement like “This is the only way...” ... compulsion (*niyoga*). For example, one should consume only a healthy diet.
- 39 A statement like “This and this...” is option (*vikalpa*). For example, in the section on meat, the major ones are blackbuck, deer, quail and part-ridge.¹⁰⁰⁰
- 38 A summarized statement is aggregation (*samuccaya*).¹⁰⁰¹ For example, let there be rice with meat broth, rice with milk, or burley with ghee.

Does
bhūtādi a
compound
or it means
ahankāra or
ego?

triad? –DW

A meaningful reading of these two rules would be

999 तलहृदय is one of the muscle-group of lethal points mentioned in 3.6.7 (*Su* 1938: 370).

1000 The example here matches समुच्चय (next text), not विकल्प. There seems to have been a metathesis of terms. Y. T. Ācārya and N. R. Ācārya (*Su* 1945: 1005, footnote 6) notes that this text and the next have been swapped in the Calcutta edition that includes Hārānacandra’s commentary Bhaṭṭācārya 1908–11: 2, in the same way as in the Nepalese version.

1001 As stated in the previous footnote, the example here is of विकल्प, not समुच्चय.

39 idaṃ vedaṃ veti vikalpaḥ / yathā rasodanaḥ kṣīrodanaḥ
saghṛtā vā yavāgūr bhavatv iti //

38 saṃkṣepavacanāṃ samuccayaḥ / yathā māṃsavarge eṇa-
hariṇalāvatittirāḥ pradhānā iti

- 40 What is not explicitly stated but can be understood through discernment is deducible (*ūhya*). For example, in the section on rules of foods and drinks, four types of foods and drinks are mentioned— masticable (*bhakṣya*), edible (*bhojya*), suckable (*lehya*), and drinkable (*peya*). Thus, while four types are needed to be stated, two types are actually mentioned. Here it is deducible that in the section on foods and drinks, by specifically mentioning two types, the four types are also mentioned. Furthermore, a masticable item is not excluded from the category of food because it shares the same characteristic of solidity. A suckable item is not excluded from being classified as a drink because it shares the same characteristic of liquidity. Four types of aliments are rare. They are usually just twofold. Therefore, lord Dhanvantari says “Two-fold is popular”.

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Index of Manuscripts

Numbers after the final colon refer to pages in this book.

Bikaner RORI 5157: 145

Cambridge CUL Add.1693: 141

Hyderabad Osmania 137-3(b): 59

Jamnagar GAU 114: 285, 287f

Jodhpur RORI 20060: 292, 295f

Kathmandu KL 699: 14, 17, 54, 60, 144, 253

Kathmandu NAK 1-1079: 14, 23, 37, 55, 60

Kathmandu NAK 1-1146: 38

Kathmandu NAK 1/1648: 271

Kathmandu NAK 5-333: 14, 23, 55, 60, 141, 146, 166, 170

London BL IOLR 1842: 294f

MS Jamnagar GAU 114: 273, 278, 290

NAK 5-333: 158

NAK Kathmandu 5-333: 105

Paris BNF Greek suppl. 247: 135

Thanjavur TMSSML 10773: 304

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Materia Medica

Abbreviations

ADPS	Sivarajan, V. V., and Balachandran, Indira (1994), <i>Ayurvedic Drugs and Their Plant Sources</i> (New Delhi, Bombay, Calcutta: Oxford & IBH Publishing).
AVS	Warrier, P. K., Nambiar, V. P. K., and Ramankutty, C. (1994–96) (eds.), <i>Indian Medicinal Plants: A Compendium of 500 Species</i> . Vaidyaratnam P. S. Varier's Arya Vaidya Sala, Kottakal (Madras: Orient Longman).
BIA	Prater, S. H. (1993), <i>The Book of Indian Animals</i> (3rd edn., Bombay, Delhi, etc.: Oxford University Press), ARK: https://n2t.net/ark:/13960/t6356w32f ; 4th impression of 3rd corrected 1980 edition.
Chevillard	Chevallier, Andrew (2000), <i>The Encyclopedia of Herbal Medicine</i> , ed. Penny Warren et al. (1st edn., New York: Dorling Kindersley), ISBN: 9780751303148, ARK: https://n2t.net/ark:/13960/s2bh76qc88s .
Chopra	Chopra, R. N., Nayar, S. L., and Chopra, I. C. (1956), <i>Glossary of Indian Medicinal Plants</i> (3rd reprint, 1992, New Delhi: Council of Scientific and Industrial Research); vol. 2: chop-1969 .
Chopra IDG	Chopra, R. N., Chopra, I. C., et al. (1958), <i>Chopra's Indigenous Drugs of India</i> (2nd edn., Calcutta: Dhur & Sons), ARK: https://n2t.net/ark:/13960/t9673t140 .
CIPP	Pillay, V. V. (2010), "Common Indian Poisonous Plants," in D. A. Warrell, T. M. Cox, and J. D. Firth (eds.), <i>Oxford Textbook of Medicine</i> (5th edn., Oxford University Press), 1371–5. DOI: https://doi.org/10.1093/med/9780199204854.003.090302 .

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- Dymock Dymock, William, Warden, C. J. H., and Hooper, David (1890), *Pharmacographia Indica: A History of the Principal Drugs of Vegetable Origin Met with in British India* (London, Bombay, Calcutta: Kegan Paul), URL: <https://tinyurl.com/dymock1890>, accessed 16/03/2023.
- GJM1 Meulenbeld, Gerrit Jan (1974a), "Sanskrit Names of Plants and their Botanical Equivalents," in id., *The Mādhavanidāna and Its Chief Commentary: Chapters 1–10. Introduction, Translation, and Notes* (Leiden: Brill), chap. Appendix Four, 520–611, ARK: <https://n2t.net/ark:/13960/t25b8q97g>.
- GJM2 Meulenbeld, Gerrit Jan (1988), "G. J. Meulenbeld's Additions to his "Sanskrit Names of Plants and their Botanical Equivalents"," in Rahul Peter Das, *Das Wissen von der Lebensspanne der Bäume: Surapālas Vṛkṣāyurveda* (Stuttgart: Franz Steiner Verlag), chap. Appendix 1, 425–65, ISBN: 9783515046633; Supplement to GJM1.
- GVDB Singh, Thakur Balwant, and Chuneekar, K. C. (1972), *Glossary of Vegetable Drugs in Brhatṭrayī* (Varanasi: Chowkhamba Sanskrit Series Office), ARK: <https://n2t.net/ark:/13960/s2cvp72x58j>.
- HK Hilgenberg, Luise, and Kirfel, Willibald (1941), *Vāgbhaṭa's Aṣṭāṅgahṛdayasaṃhitā, ein altindisches Lehrbuch der Heilkunde, aus dem Sanskrit ins Deutsche übertragen mit Einleitung, Anmerkungen und Indices* (Leiden: Brill), ARK: <https://n2t.net/ark:/13960/t52h05616>.
- IGP Griffiths, Mark (1994), *The New Royal Horticultural Society Index of Garden Plants* (London: Macmillan), ARK: <https://n2t.net/ark:/13960/t2q61gn9z>.

- IHR Khare, C. P. (2004), *Indian Herbal Remedies: Rational Western Therapy, Ayurvedic and Other Traditional Usage, Botany* (Berlin and Heidelberg: Springer), ISBN: 978-3-642-62229-8. DOI: <https://doi.org/10.1007/978-3-642-18659-2>, ARK: <https://n2t.net/ark:/13960/t2p67054f>.
- Issar Issar, T. P. (1994), *Blossoms of Bangalore* (Bangalore: T. P. Issar).
- IW Israel, Samuel, et al. (1988), *Indian Wildlife: Sri Lanka Nepal* (Insight Guides; Singapore etc.: APA Publications), ISBN: 9780245545238, ARK: <https://n2t.net/ark:/13960/s2p9d5pqqd1w>.
- K & B Kirtikar, K. R., Basu, B. D., and an I.C.S (1987), *Indian Medicinal Plants*, ed. E. Blatter, J. F. Caius, and K. S. Mhaskar, 8 vols. (2nd edn., Dehradun: International Book Distributors); First published in Allahabad, 1918.
- MBG Missouri Botanical Garden (2024), "Missouri Botanical Garden: Plant Finder," Missouri Botanical Garden, URL: <https://bit.ly/MissouriPlantfinder>.
- NEH Bown, Deni (2001), *New Encyclopedia of Herbs and Their Uses* (2nd edn., London, New York etc.: Dorling Kindersly).
- NK Nadkarni, K. M. (1982), *Dr. K. M. Nadkarni's Indian Materia Medica, with Ayurvedic, Unani-tibbi, Siddha, Allopathic, Homeopathic, Naturopathic & Home Remedies, Appendices & Indexes ... in Two Volumes*, ed. A. K. Nadkarni, 2 vols. (3 ed., revised and enlarged by A. K. Nadkarni, Bombay: Popular Prakashan), ISBN: 8171541429, URL: <https://tinyurl.com/Nadkarni1982>; First published in 1954.
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- Potter_{rev} Wren, R. C., Williamson, Elizabeth M., and Evans, Fred J. (1994), *Potter's New Cyclopaedia of Botanical Drugs and Preparations* (Saffron Walden: C. W. Daniel Company Ltd.); Reprint of revised 1988 edition.
- POWO Kew Gardens (2024), "Plants of the World," Royal Botanic Gardens, URL: <https://powo.science.kew.org>.
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- Watt_{Comm} Watt, George (1908), *The Commercial Products of India, Being an Abridgement of "the Dictionary of the Economic Products of India"* (London: John Murray), ARK: <https://n2t.net/ark:/13960/t8cg7dm79>.
- Watt_{Dict} Watt, George (1889–96), *A Dictionary of the Economic Products of India* (Calcutta: Dept. Revenue and Agriculture, Government of India), URL: <https://tinyurl.com/watt1889>, accessed 28/04/2021.

Flora

- aconite leaf (?) (*viṣapatrikā*) Unknown. Cf. perhaps, *Indian aconite* (*viṣā*) (but that is feminine). Cf. *GVDB*: 373, "unidentified": 155
- agarwood (*aguru*) *Aquilaria malaccensis* Lam., *GVDB*: 3: 112, 113, 215
- 'alas, alas' (?) (*hālāhala*) unknown. See Cf. *Soḍhalanighantu* p.43 (sub *bola*) = *stomaka* = *Indian aconite* (*vatsanābha*): 156, 158
- Alexandrian laurel (*punnāga*) *Calophyllum inophyllum*, L. See *AVS*: 1, 338, *NK*: 1, #425: 197, 216
- amaranth (*taṇḍulīya*) see *amaranth* (*taṇḍulīyaka*): 198
- amaranth (*taṇḍulīyaka*) *Amaranthus spinosus* L. See *GVDB*: 174, *Dutt*: 321, *NK*: 1, #144, *Potter_{rev}*: 15. Cf. *AVS*: 1, 121. Amaranth (etym. *amṛta*!) is a large family, many originally endemic to S. America. *A. hypochondriacus* L. is sometimes identified with *taṇḍulīyaka*, but *A. spinosus* L. is better known and attested in S. Asia in the first millennium BCE (*Saraswat* 1991): 147, 205, 209, 214, 309
- Arabian jasmine (*trṇasūnya*) see *Arabian jasmine* (*mallikā*), *GVDB*: 190 *MW*: 453 says *Jasminium sambac*. *GVDB*: 190 also suggest *screwpine* (*ketaka*): 309

- Arabian jasmine (*mallikā*) *Jasminum sambac* (L.) Aiton, [GVDB](#): 300 : 309
- Arabian jasmine (*tṛṇaśūlya*) probably an alternative pronunciation for [Arabian jasmine](#) (*tṛṇaśūnya*), [GVDB](#): 190 : 216
- arjun (*arjuna*) *Terminalia arjuna*, Bedd. See [HK](#): 738 : 50, 86, 213
- Asoka tree (*aśoka*) *Saraca indica* Linn., [GVDB](#): 26 : 113, 115, 198, 216, 240, 324
- atis root (*śṛṅgīviṣa*) *Aconitum heterophyllum*, Wall. ex Royle. See [AVS](#): 1, 42, [NK](#): 1, #39 : 156, 158
- axlewood (*dhava*) *Anogeissus latifolia* (Roxb. ex DC.) Wall. ex Guill & Perr. See [AVS](#): 1, 163 f, [Chopra](#): 20 : 50, 85, 168, 213, 216
- bamboo leaves (*veṇupatrikā*) *Bambusa bambos*, Druce. See [NK](#): 1, #307 : 147
- banyan (*nyagrodha*) *Ficus benghalensis*, L., [GVDB](#): 356, [HK](#): 748 : 309
- banyan (*vaṭa*) see [banyan](#) (*nyagrodha*) : 86, 89
- barley (*yava*) *Hordeum vulgare*, L. See [HK](#): 752 : 123
- barley ash (*yavakṣāra*) The preparation method is described at [GVDB](#): 327 : 126, 309
- barley ash (*yavanāla*) see [barley ash](#) (*yavakṣāra*), [GVDB](#): 327 : 206
- bayberry (*kaṭphala*) *M. esculenta* Buch.-Ham. ex D.Don, which is native to the Himalaya, from Kashmir to Assam, as well as S. China and SE Asia. *Nageia nagi* (Thunb.) Kuntze (syn of *Myrica nagi* Thunb.), as suggested by T. B. Singh and Chuneekar ([GVDB](#): 66), is native to East Asia, not India : 198
- bearded premna (*vasuka*) *Premna barbata* Wall. (← *vasuhaṭṭa*), according to Cakrapānidatta. See the discussion by T. B. Singh and Chuneekar ([GVDB](#): 362–363), where other candidate species such as *Osmanthus*, *Calotropis*, and *Trianthema* are discussed. T. B. Singh and Chuneekar ([GVDB](#): 363) note that when *vasuka* is mentioned with *vasira*, two varieties of salt are often meant (see *vasukavasirā*). See also [NK](#): #1299 who identifies it with *Indigofera enneaphylla*, Linn. (Birdsville Indigo), apparently without controversy : 85
- beautyberry (*śyāmā*) *Callicarpa macrophylla*, Vahl. See [AVS](#): 1, 334, [NK](#): 1, #420 : 118, 145, 147, 199
- beggarweed (*aṃśumatī*) see [beggarweed](#) (*śālaparṇī*), [GVDB](#): 1, mentioning that the pair of these refers to [beggarweed](#) and ?? : 163, 208
- beggarweed (*sthīrā*) see [beggarweed](#) (*śālaparṇī*), [GVDB](#): 458 : 208
- beggarweed (*vidārigandhā*) see [beggarweed](#) (*śālaparṇī*) : 59, 123, 231, 319
- beggarweed (*śālaparṇī*) *Desmodium gangeticum* (L.) DC. See [Dymock](#): 1, 428, [GJM1](#): 602, [NK](#): 1, #1192; [ADPS](#): 382, 414 and [AVS](#): 2, 319, 4.366 are confusing : 310
- beleric myrobalan (*bibhītaka*) *Terminalia bellirica* Roxb. One of the components of the three myrobalans (*triphalā*) [GVDB](#): 274, 196 : 326
- Bengal quince (*bilva*) *Aegle marmelos* (L.) Corr. See [AVS](#): 1, 62, [Chevallard](#): 161, [NK](#): 1, #62, i([MW](#): 732a) : 85, 113, 115, 120, 199, 310, 314, 325
- big poison (?) (*mahāviṣa*) unknown. : 156, 158
- big thorn apple (?) (*mahākarambha*) Perhaps *Datura metel*, L.?. See [thorn apple](#) (*karambha*) : 155
- bitter gourd (*paṭolī*) see [pointed gourd](#) (*paṭola*), cite[233]gvd : 198
- bitumen (*adrija*) → *śilājī*. A tar-like, black, resinous rock exudate. See [Mahākośa](#): 1, 21 : 179
- black Bengal quince (*kṛṣṇaśrīphalikā*) [GVDB](#): 412, on *śrīphala*, synonym of

- Bengal quince (*bilva*) fruit : 315
- black creeper (*kālānusārī*) *Ichnocarpus frutescens* R. Br. or *Cryptolepis buchanani* Roemer & Schultes. Probably a synonym for *kṛṣṇasārivā* (GVDB: 94–95). *I. frutescens* has dark, rust-colored stems, so has been preferred here. However, *Cryptolepis grandiflora*, Wight, also has black stems. Synonym of *kālānusārīṇī*, *kālānusārivā*. *kālānusārya* may be a synonym of *tagara*, itself hard to identify : 197, 310
- black creeper (*pālindī*) *Ichnocarpus frutescens*, (L.) R.Br. or *Cryptolepis buchanani*, Roemer & Schultes. See AVS: 3, 141, 145, 203, NK: 1, #1283, 1210, ADPS: 434. Ḍalhaṇa on SS 5.1.82 identified *pālindī* with *trivṛt* (*turpeth*) and T. B. Singh and Chuneekar (GVDB: 246) supported this as a usual identification : 147, 150, 163, 198
- black nightshade (*kākamācī*) *Solanum nigrum*, Linn., GVDB: 86–87. May also be the less poisonous *S. dulcamara*, “bittersweet nightshade,” K & B: 1, 889–892 : 208, 215, 313
- black pepper (*marica*) *Piper nigrum*, L. See ADPS: 294, NK: 1, #1929. Known to ancient Greek authors (Ball 1888: 341) : 124, 214, 240, 314, 327
- black sarsaparilla (*kālānusārivā*) see Indian sarsaparilla (*sārivā*); see also black creeper (*kālānusārī*). Problems about identifying this plant are discussed at GVDB: 94–95 and GVDB: 429–431 : 216
- blackboard tree (*saptachada*) *Alstonia scholaris* R. Br. GVDB: 420 : 146, 310
- blackboard tree (*saptaparna*) see blackboard tree (*saptachada*) : 214
- blackbuck (*hariṇa*) *Antelope cervicapra*, L. See BIA: 270 IW: 95, 165, *et passim* : 150
- blue water-lily (*utpala*) *Nymphaea stellata*, Willd. See GJM1: 528, IGP 790; Dutt: 110, NK: 1, #1726 : 41, 145, 163, 216, 240, 241, 314
- bluebell barleria (*kuravaka*) see bluebell barleria (*kuruvaka*) : 199
- bluebell barleria (*kuruvaka*) Or *kurubaka*. T. B. Singh and Chuneekar (GVDB: 108) notes that this is sometimes listed as a type of rice, as at *Suśrutasaṃhitā* 1.46.8 (Su 1938: 215). Further discussion at GVDB: 447–448, sub bluebell barleria (*saireyaka*), where *kurubaka* is said to be identifiable with *baka* and *būka*. T. B. Singh and Chuneekar (GVDB) finally propose a red-flowering *Rhododendron*, admitting that this is a novel suggestion : 155, 311
- bluebell barleria (*sahā*) see bluebell barleria (*sahācara*), GVDB: 428 : 122, 207
- bluebell barleria (*sahācara*) see bluebell barleria (*saireyaka*), GVDB: 427 : 311
- bluebell barleria (*saireyaka*) A *Barleria*, perhaps *B. cristata* L. that is particularly well-known in South India. Four kinds are distinguished in ayurveda, based on the colour of their flowers. See substantive discussion at GVDB: 444–449 : 311
- bread flower (*āsphota*) GVDB: 41 argue for *Vallisneria spiralis* (Roth ex Roem. & Schult.) Kuntze. This has the right distribution in S. Asia POWO: s.v. : 209
- bull’s head (*gokṣura*) *Tribulus terrestris* L. GVDB: 144–145, 193. A component of lesser five roots : 311
- bull’s head (*trikaṇṭaka*) → bull’s head (*gokṣura*) GVDB: 193. A component of lesser five roots : 319
- bulrush (*kaṣeru*) “Two species, *Scirpus kysoor* Roxb., and *S. grossus* Linn. f., are used” GVDB: 85. Also *kaṣeruka* and *kaseru* : 118, 119, 122
- calabash gourd (*kūṣmāṇḍa*) → *pūṣpaphala*. *Beninkasa hispida*, (Thunb.) Cogn. See AVS: 2, 1127; cf. AVS: 1, 261 : 314
- camphor (*karpūra*) → *śītaśiva*. *Cinnamomum camphora*, (L.) Sieb. See

- IGP 253 : 311
 camphor (*śītaśīva*) rarely mentioned.
 Taken as rock salt (*saindhava*) or shami tree (*śamī*), etc., by some authors, GVDB: 402. Ḍalhaṇa on 5.6.18 (Su 1938: 581) glossed it as camphor (*karpūra*), but noticed other interpretations : 216
 cardamom (*elā*) Elettaria cardamomum, Maton. See AVS: 2, 360, NK: 1, #924, Potter_{rev}: 66 : 112, 113, 163, 169, 197, 198, 206, 216, 311, 326
 cardamom (*kṣudrailā*) see cardamom (*elā*), GVDB: 128. This expression, “small cardamom” is only used at *Suśrutasaṃhitā* Kalpasthāna 6.17 : 216
 carray cheddie (*viśvadevā*) → *gāṅgerukī* *Canthium parviflorum*, Lam. See AVS: 1, 366 f. Or *Sida rhombifolia* Linn. (GVDB: 372, 444 ff. et passim) : 89
 castor oil tree (*gandharvahaṣṭa*) see castor-oil (*eraṇḍa*). GVDB: 135, K & B: 3, 2277 : 55, 115
 castor-oil (*eraṇḍa*) *Ricinus communis*, L. See NK: 1, #2145, Chopra: 214 : 60, 311
 castor-oil tree (*vardhamāna*) see castor-oil (*eraṇḍa*), GVDB: 361 : 214
 catechu (*khadira*) *Senegalia catechu* (L.f.) P. J. Hurter & Mabb = *Acacia catechu* Willd. GVDB: 129–130 : 86
 certain minerals (*tārāvitāra*) Unknown. It is not even certain that these are minerals. The variant reading in the vulgate, *tāraḥ sutāraḥ* was glossed by Ḍalhaṇa on 5.3.14 (Su 1938: 568) as follows *tāro rūpyam, sutāraḥ pāradah*, “tāra means silver; sutāra means mercury.” : 168
 chaff (*kāṇḍana*) The word *kāṇḍana* is not found in dictionaries; *kaṇḍana* is threshing, separating the chaff from the grain in a mortar. Cf. Hemādri’s *Caturvargacintāmaṇi* (PWK: 2, 8) (Śiromaṇi 1873: 1, 138: 21, citing the *Vāyupurāṇa*) : 43, 324
 champak (*campaka*) *Magnolia champaca* (L.) Baill. ex Pierre, GVDB: 154 : 216
 chebulic myrobalan (*harītakī*) *Terminalia chebula* Retz. GVDB: 466 : 121, 146, 216, 326
 cherry (*elavālu*) *Prunus cerasus*, L. See GVDB: 58 for a thoughtful discussion NK: 1, #2037 : 163, 216, 312
 cherry (*elavāluka*) see cherry (*elavālu*) : 214
 chir pine (*sarala*) *Pinus roxburghii*, Sarg. GVDB: 423 : 85, 122, 214, 215
 cinnamon (*tvac*) *Cinnamomum cassia*, Blume. See NK: 1, #579 : 208, 216, 312, 326
 cinnamon (*tvak*) see cinnamon (*tvac*) : 198
 cinnamon (*varāṅga*) see cinnamon (*tvac*), GVDB: 360 : 214
 citron (*mātuluṅga*) *Citrus medica*, Linn. GVDB: 276, 306. Also spelled *mātuliṅga*, *mātulaṅga*, *mātulāṅga* : 85, 120, 125, 126, 198, 232
 cluster fig (*udumbara*) *Ficus racemosa*, L. See ADPS: 487 : 213
 cobra’s saffron (*nāgapuṣpa*) → *nāgakeśara*. *Mesua ferrea*, L. See NK: 1, #1595, GVDB: 220 : 163
 colocynth (*indravāruṇī*) *Citrullus colocynthis* (L.) Schrad., GVDB: 46. The two varieties of this plant are discussed by (ADPS: 180–183); the first is agreed to be colocynth, the second is debated but is likely to be a *Curcubitaceae* : 214, 216, 312
 colocynth (*mṛgādanī*) see colocynth (*indravāruṇī*) GVDB: 46, 318 : 198
 common smilax (*śvadamśtra*) *Smilax aspera* L., GVDB: 414 : 85
 convolvulus (*lakṣmaṇā*) Sivarajan and Balachandran (ADPS: 273–275) suggest *Ipomoea marginata* (Desr.) Verdc. or *I. obscura* (Linn.) AVS: 3, 237–238 suggests *Ipomoea sepiaria* Roxb. (looks like a little boy (*putraka*), and generates a boy (*putrajananī*), according to the *Bhāvaprakāśa*). Sivarajan and

- Balachandran ([ADPS](#): 273–275) firmly reject *Mandragora officinalis* which is European; but possible consideration could be given to *Mandragora caulescens* C.B. Clarke, a variant that is known in South Asia. Cf. [GVDB](#): 346–347. [NK](#): #1546, #2323 suggests *Mandragora officinalum*, Linn., known as *putrada* : 89
- coriander (*dhānyaka*) *Coriandrum sativum* L., [GVDB](#): 213 : 312
- coriander (*kustumburya*) see [coriander](#) (*dhānyaka*), [GVDB](#): 113 : 216
- corky coral tree (*pāribhadra*) *Erythrina suberosa* Roxb. See [GVDB](#): 245 : 168, 312
- corky coral tree (*pāribhadra*) see [corky coral tree](#) (*pāribhadra*) : 115, 213
- costus (*kuṣṭha*) *Dolomiaea costus* (Falc.) Kasana & A. K. Pandey. See [GVDB](#): 112, [NK](#): 1, #2239. Known to ancient Greek authors (Ball 1888: 345) : 112, 113, 120, 147, 163, 169, 197, 198, 206, 214, 215
- cottony jujube (*kākolī*) *Ziziphus mauritana*, Lam. See [IGP](#): 1233, [NK](#): 1, #2663; [IGP](#) 1233. Cf. [NK](#): 1, #1170 : 111, 119, 120, 194
- country mallow (*atibalā*) *Abutilon indicum*, (L.) Sweet, but may be other kinds of mallow, e.g., *Sida rhombifolia*, L.. See [NK](#): 1, #11, [IGP](#): 1080, [NK](#): 1, #2300, [ADPS](#): 71, 77 : 59, 119, 122, 298
- country mallow (*sahadevā*) → *balā* ([GVDB](#): 428). Contains ephedrine : 89, 122
- country sarsaparilla (*anantā*) *Hemidesmus indicus*, (L.) R. Br. See [ADPS](#): 434, [AVS](#): 3, 141–145, [NK](#): 1, #1210. But see [GVDB](#): 13 for complications that may suggest that it is to be equated with *sārivā*, which may sometimes be *Cryptolepis* or *Ichnocarpus frutescens* R. Rr. ([GVDB](#): 429–431) : 59, 155, 163, 168
- crape jasmine (*tagara*) *Tabernaemontana divaricata* (L.) R.Br. ex Roem. & Schultes. See [GJM1](#): 557, [AVS](#): 5, 232. Synonym of *nata*. But some say *Valeriana jatamansi*, Jones. See [GVDB](#): 173–174 for discussion (and charming comments on brain-liquid testing). Some say *tagara* is Indian rose-bay or Indian valerian or a *Nymphoides* (see [water snowflake](#) (?) (*kumudavatī*)), but there remain many historical questions about the ancient and regional identities of this plant See, e.g., [AVS](#): 5, 334, 345. See also [IGP](#): 1147, [K & B](#): 1, 796, #758 : 112, 113, 120, 147, 163, 197, 215, 316, 328
- crimson trumpet-flower tree (*pāṭalā*) *Stereospermum chelonides*, (L. f.) A. DC. See [GJM1](#): 573, [AVS](#): 5, 192 ff, [ADPS](#): 362 f, [AVS](#): 3, 1848 f, [IGP](#) 1120, [Dymock](#): 3, 20 ff : 315, 328
- croton tree (*nāgadantī*) *Croton persimilis* Müll.Arg., [GVDB](#): 222 : 214, 313, 323
- croton tree (*nāgavinnā*) *Croton persimilis* Müll.Arg. [GVDB](#): 222 I have taken this as [croton tree](#) (*nāgadantī*) because of context in *Suśrutasaṃhitā* Kalpasthāna 5 : 199
- crow (?) (*kāka*2) an unidentified poisonous plant apparently called “crow.” T. B. Singh and Chuneekar ([GVDB](#): 86) note that several drugs named after the crow are unidentifiable. [Black nightshade](#), (*kākamācī*) is toxic, but this is a stretch : 155
- datura* (*dhattūra*) *Datura metel*, L. See [AVS](#): 2, 305 (cf. *Abhidhānamāñjarī*), [NK](#): 1, #796 ff. [Potter](#)_{rev}: 292 f, [ADPS](#): 132 : 56, 313
- datura* (*dhuttūrakā*) see *datura* (*dhattūra*) : 210
- deodar (*bhadradāru*) *Cedrus deodara*, (Roxb.ex D.Don) G. Don. See [AVS](#) 41, [NK](#): 1, #516 : 50, 119, 123, 163, 214
- deodar (*devadāru*) *Cedrus deodara* (Roxb.) Loud. [GVDB](#): 206–207 : 85, 120, 215, 298, 313

- deodar (*suradāru*) see **deodar** (*devadāru*) : 197
- devil's dung (*hiṅgu*) *Ferula foetida* Regel., **GVDB**: 471–472 : 86, 87, 197
- dried ginger (*nāgara*) → **dried ginger** (*śuṇṭhī*) **GVDB**: 221–222 : 87, 197
- dried ginger (*śuṇṭhī*) *Zingiber officinale*, Roscoe. See **ADPS**: 50, **NK**: 1, #2658, **AVS**: 5, 435, **IGP**: 1232 : 118, 313, 326
- dried meat (*vallūra*) **MW**: 929, *Mahākośa*: 1, 730. The term is used, rarely, in both the CS (1.5.10) and SS (1.13. 16, 6.42.75–76). It is a Dravidian loanword and occurs in the *Arthaśāstra* etc. (**KEWA**: 3, 167) : 41
- drum-giver (?) (*lambaraḍā*) Unknown; cf. **GVDB**: 348 : 155
- elixir salve (*rasāñjana*) cf. **Indian barberry** (*añjana*) : 50, 60, 317
- embelia (*viḍaṅga*) *Embelia ribes*, Burm. f. See **ADPS**: 507, **AVS**: 2, 368, **NK**: 1, #929, *Potter_{rev}*: 113 : 50, 85, 113, 163, 197, 198, 214
- emblic myrobalan (*āmalaka*) *Phyllanthus emblica*, L. See **AVS**: 4, 256 : 85, 121, 122, 240, 326
- emetic nut (*karaghāṭa*) Probably a synonym for *karahāṭa* (**emetic nut**), q.v., **GVDB**: 74 : 313
- emetic nut (*karaghāṭaka*) see **emetic nut** (*karaghāṭa*) : 156, 213
- emetic nut (*karahāṭa*) *Randia dumetorum*, Lamk. See **GVDB**: 291–292 and **NK**: 1, #2091. T. B. Singh and Chuneekar (**GVDB**: 74, 77–78) noted that it may be a synonym for *karaghāṭa*, **emetic nut**, and pointed rather to *Gardenia turgida* Roxb. on the basis of local knowledge in U. P. : 313
- emetic nut (?) (*karaṭā*) Not in **GVDB**. Cf. perhaps *karahāṭa* (**emetic nut**) : 154
- emetic nut (*madana*) *Randia dumetorum*, Lamk. See **NK**: 1, #2091 : 145, 300
- false daisy (*bhṛṅga*) *Eclipta prostrata* (L.) L. See **GVDB**: 288 : 85
- false daisy (*subhaṅgurā*) (*su*)bhaṅgura = *bhṛṅga*? *Eclipta prostrata* (L.) L. See **GVDB**: 288 : 154
- fermented rice-water (*dhānyāmla*) → *kāñjī*, *kāñjikā*, *sauvīra*. **GVDB**: 458, **NK**: 2, appendix VI, #18 : 57, 58
- fern (*ajaruhā*) *Nephrodium* species **GVDB**: 7, uncertain. Perhaps *Christella dentata* (Forssk.) Brownsey & Jermy, which is reported to have folk applications against skin diseases in India : 149
- fire-flame bush (*dhātakī*) *Woodfordia fruticosa* (L.) Kurz. See **AVS**: 5, 412, **NK**: 1, #2626. Known to ancient Greek authors (Ball 1888: 344) : 86, 146
- five roots (*pañcamūla*) Described at *Suśrutasaṃhitā* 1.38.66–69 (*Su* 1938: 169). There are two *pañcamūlas*, the *laghupañcamūla* (the **lesser five roots**) and *bṛhatpañcamūla* (**greater five roots**), with differing properties. Combined they are called *daśamūla* (**ten roots**). See also *Mahākośa*: 1, 468 : 85
- flame-of-the-forest (*kiṃśuka*) see **flame-of-the-forest** (*palāśa*), **GVDB**: 97–98 : 206
- flame-of-the-forest (*palāśa*) *Butea monosperma* (Lam.) Taub. **GVDB**: 241. *pālāśa* in some sources : 86, 115, 314
- flax (*atasī*) *Linum usitatissimum*, L. See **NK**#1495 : 119
- foxtail millet (*priyaṅgu*) also *śyāmā*. *Setaria italica* (L.) P. Beauvois **GVDB**: 263–264, **GJM1**: 576. The most widely-grown species of millet in Asia. Some say *Callicarpa macrophylla*, Vahl. See **AVS**: 1, 334, **NK**: 1, #420. The fruits of *S. italica* and *C. macrophylla* are similar. See also **GVDB**: 413, where the authors suggest that *priyaṅgu* is meant by *gondī* or *gondanī* and may have originally been called *gundrabīja* : 50, 163, 169, 197, 198, 240, 314

- foxtail millet (*priyaṅgū*) see **foxtail millet** (*priyaṅgu*) : 216
- fragrant lotus (*saugandhika*) A type of **white water-lily** (*kumuda*) or **blue water-lily** (*utpala*), **GVDB**: 457 : 41
- fruit of the marking-nut (*āruṣkara*) see **marking-nut tree** (*aruṣkara*). “āruṣkara = aruṣkara phala” **ADPS**: 23; see also **MW**: 151 : 198
- gajpipul (*gajapippalī*) **GVDB**: 469, 132, syn. *hastipippalī*. A controversial plant, but the conjecture of T. B. Singh and Chuneekar that *Scindapsus officinalis* (Roxb.) Schott is the more ancient identity is accepted here : 314, 332
- gajpipul (*hastipippalī*) see **gajpipul** (*gajapippalī*), **GVDB**: 469, 132 : 214
- galangal (*galaṅgala*) *Alpinia galanga* (L.) Sw. Identified with **grey orchid** in Kerala (**ADPS**: 398). The name is borrowed from Chinese, perhaps via Persian or Arabic (**Peter**: 2, 304), and the name does not occur in early āyurvedic literature (**GVDB**) : 315
- galls (?) (*karkaṭa*) almost impossible to identify with certainty, **GVDB**: 78–80. Perhaps *Rhus succedanea*, L. See **NK**: 1, #2136 : 156
- garjan oil tree (*aśvakarṇa*) *Dipterocarpus turbinatus* Gaertn. f. See **GVDB**: 28, **Chopra**: 100 : 168, 213, 216
- giant potato (*kṣīravidārī*) possibly → *kṣīraśukla*. *Ipomoea mauritiana*, Jacq. See **ADPS**: 510, **AVS**: 3, 222, **AVS**: 3, 1717 ff : 119, 318, 321, 322, 324
- ginger (*mahaṣadha*) *Zingiber officinale*, Roscoe. See **ADPS**: 50, **NK**: 1, #2658, **IGP**: 1232 : 150
- gold (*hema*) gold : 163
- gold and sarsaparilla (*surendragopa*) Unknown. Ḍalhaṇa on 5.3.15 (**Su** 1938: 568) glossed *surendra* as “gold” and *gopā* as “**Indian sarsaparilla**.” He also noted other opinions that *surendra* was “**Tellicherry bark**” : 169
- golden shower tree (*rājadruma*) see **golden shower tree** (*āragvadha*) : 168
- golden shower tree (*rājavarṣa*) see **golden shower tree** (*āragvadha*) : 85
- golden shower tree (*āragvadha*) *Cassia fistula* L. **GVDB**: 37–38, **ADPS**: 48, **AVS**: 2, 11 ff, **AVS**: 2, 854, **IGP**: 215. Known to ancient Greek authors (Ball 1888: 343). The plant has many synonyms : 121, 196, 206, 208, 314
- gourd (*alābu*) *Lagenaria siceraria* Standl. **GVDB**: 25. Some say *Lagenaria vulgaris*, Seringe (**NK**: 1, #1419) but this is not appropriate for blood-letting : 37, 38, 146, 194
- gourd (*vallīja*) see **gourd** (*vallīja*) : 156
- gourd (*vallīja*) This is a guess. According to some lexical sources, syn. for **black pepper** (*marica*) (**MW**: 929). See **NK**: 1, #1929. T. B. Singh and Chuneekar (**GVDB**: 362) note that *vallīphala* may be **calabash gourd** (*kūṣmāṇḍa*), which I follow. The related **spiny bitter gourd** has poisonous seeds, but not flowers. Commenting on *Bṛhatsaṃhitā* 8.13ab and 16.24ab, Bhaṭṭotpala glossed it as *mudgādi*, “mung beans etc.” : 314
- grapes (*drākṣā*) *Vitis vinifera* L. **GVDB**: 208–209 : 198
- greater five roots (*brhatpañcamūla*) Described at *Suśrutasaṃhitā* 1.38.68–69 (**Su** 1938: 169). Consists of **Bengal quince**, **migraine tree**, **Indian trumpet tree**, **crimson trumpet-flower tree**, and **white teak** : 313, 318, 319, 326
- green gram (*māṣa*) *Vigna radiata* (L.) R. Wilcz. See **ADPS**: 296, **IGP** 1204 : 50, 119, 299
- grey orchid (*rāsnā*) *Vanda tessellata* (Roxb.) Hook. ex G. Don, usually. But *Pluchea lanceolata*, Oliver & Hiern, is a more common identification in Punjab and Gujarat (**GVDB**: 337–338); *Alpinia galanga* (L.) Sw. is more common in

- Kerala (ADPS: 398; Peter: 2, 303–318), though this is usually identified with *galangal*. As all authorities note, the identification of this plant is debated. Sivarajan and Balachandran (ADPS: 398–401) note that sources describe it as having leaves like cardamom and sweet-smelling roots and that “there is great confusion with regard to the identity of the drug.” : 85, 118, 120, 197, 314
- gummy gardenia (*pr̥thvīkā*) ← *hīṅupatrikā*, *Gardenia gummifera* L.f., GVDB: 257, q.v. for discussion : 198, 216
- hairy bergenia (*pāṣāṇabheda*) *Bergenia ligulata* (Wall.) Engl. GVDB: 246–247 : 85
- hairy-fruited eggplant (*br̥hatī*) *Solanum lasiocarpum* Dunal. (syn. *S. ferox*, L. & *S. indicum* L.), GVDB: 277–278, who discuss the two kinds of *br̥hatī*, which may be large and small eggplants (*Solanum melongena* L.). See also ADPS: 100, NK: 1, #2329, AVS: 5, 151, IHR: 429–430 : 115, 121, 162, 163, 206, 208, 319
- halfa grass (*darbha*) *Demostachya bipinnata* Stapf. GVDB: 201. Synonym of *kuśa* : 88, 119
- halfa grass (*kuśa*) *Desmostachya bipinnata*, (L.) Stapf. GVDB: 111, AVS: 2, 326 : 119, 191, 214
- hare foot uraria (*kroṣṭakamekhalā*) see *hare foot uraria* (*pr̥śniparṇī*) *Mahākośa*: 1, 246. *kroṣṭaka* can mean “jackal” *śṛgāla*, as in *śṛgālavinna*, “a kind of *pr̥śniparṇī*” *Mahākośa*: 1, 839 : 198
- hare foot uraria (*pr̥thakparṇī*) → *hare foot uraria* (*pr̥śniparṇī*) and *rajmahal hemp* (*mūrvā*) GVDB: 257. A component of *lesser five roots* : 121, 319
- hare foot uraria (*pr̥śniparṇī*) → *sahā*? *Urarialagopoides*, DC. and *U. picta* Desv. See GVDB: 257–258, GJM1: 577, Dymock: 1, 426, AVS: 1, 750 ff, NK: 1, #2542; ADPS: 382, AVS: 2, 319 and AVS: 4, 366 are confusing. Also called *pr̥thakparṇī*. A component of *lesser five roots* : 118, 119, 315
- heart-leaf sida (*balā*) *Sida cordifolia*, Linn. See ADPS: 71, NK: 1, #2297 : 59, 119, 122, 124, 163, 298
- heart-leaved moonseed (*amṛtā*) *Tinospora cordifolia* (Thunb.) Miers., synonym of *guḍūcī*. See ADPS: 38, NK: 1, #2472, 624, Dastur #229, GVDB: 17–18. Also *amṛta*, m. : 147, 162, 208
- heart-leaved moonseed (*guḍūcī*) *Tinospora cordifolia*, (Thunb.) Miers. ADPS: 38, NK: 1, #2472 & #624, Dastur #229, GVDB: 141–142. Also identified as *Cocculus cordifolius* DC. by Nadkarni (NK) and others (see also the *Tropicos botanical database*). Also commonly called *amṛtā* : 85, 120
- heart-leaved moonseed (*somavallī*) *Tinospora cordifolia* (Thunb.) Miers. GVDB: 456. Likely, but uncertain : 147
- heart-leaved moonseed creeper (*amṛtavallī*) See *amṛtā* : 298
- hedge caper (*hīṃsrā*) *Capparis sepriaria* L., GVDB: 471, IHR: 124, K & B: 1, 109 : 315
- hedge caper (*kākādanī*) synonym of *hedge caper* (*hīṃsrā*), GVDB: 88, 471, IHR: 124, K & B: 1, 109. This name is not used in the *Carakasamhitā*. At 5.7.31 (*Su* 1938: 583), Ḍalhaṇa glossed *kākādanī* as *black Bengal quince* (*kṛṣṇaśrīphalikā*). GVDB: vi, 471 note that they have identified *kākādanī* as *Cardiospermum halicacabum* L. “balloonvine” : 208
- henna (*madayantikā*) *Lawsonia inermis*, L. See AVS: 3, 303, NK: 1, #1448, Potter_{rev}: 151 : 148
- hibiscus (?) (*ambasṭhā*) possibly *Hibiscus rosa-sinensis* L.? T. B. Singh and Chuneekar (GVDB: 18–19) discuss the confusions surrounding the identity of this plant, and especially between this

- plant and **velvet-leaf** (*pāṭhā*); they must be different items. T. B. Singh and Chuneekar propose that *ambaṣṭhā* is either the fruit of Hibiscus or the galls of a Quercus or Tamarix species. According to Meulenbeld 1974b: 599, *vanakārpāsī* is more likely a name for a hibiscus : 199
- Himalayan birch (*bhūja*) see **Himalayan birch** (*bhūrja*) : 214
- Himalayan birch (*bhūrja*) *Betula utilis* D. Don, **GVDB**: 287 : 316
- Himalayan mayapple (*vakra*)
Podophyllum hexandrum, Royle (NK: #1971), **K & B**: 1, 68. But perhaps a synonym of **crape jasmine** (*tagara, nata* q.v. (**GVDB**: 354)) : 169, 197, 198, 208
- Himalayan yew (*sthañeyya*) see **Himalayan yew** (*sthañeyaka*) : 216
- Himalayan yew (*sthañeyaka*) T. B. Singh and Chuneekar (**GVDB**: 458–459) suggested *Taxus baccata* L., but that tree is endemic to the Mediterranean and not South Asia. Poudel et al. 2013 show that *T. contorta* Griff., T mairei (Lemée & Lév.) and *T. wallichiana* Zucc. are distributed in the Hindu Kush - Himalaya region. The Nepalese name *Thuñeraka* is etymologically cognate with the Sanskrit name. *T. contorta* is of medicinal importance, so its common name is used here : 197, 316
- hogweed (*punarnavā*) *Boerhaavia diffusa*, L. See **ADPS**: 387, **AVS**: 1, 281, **NK**: 1, #363 : 121, 148, 162, 199, 316
- hogweed (*punarnavā*) see **hogweed** (*punarnavā*) : 207
- hogweed (*punarnavā*) see **hogweed** (*punarnavā*) : 210
- hogweed (*varṣābhū*) see **hogweed** (*varṣābhū*) : 207
- hogweed (*varṣābhū*) see **hogweed** (*punarnavā*). According to **GVDB**: 361, it is *Trianthema portulacastrum* L., but this is mainly known from Africa and the new world. The name is often considered a synonym for **hogweed** (*punarnavā*) : 316
- Holostemma creeper (*jīvantī*) → *sūryavallī*? *Holostemma ada-kodien*, Schultes. See **ADPS**: 195, **AVS**: 3, 167, 169, **NK**: 1, #1242 : 122, 322
- holy basil (*surasa*) *Ocimum tenuiflorum*, Linn. **GVDB**: 438–439. Not always distinguished from *O. basilicum* L., **WattDict**: 5, 443 : 199, 232
- honey (*kṣaudra*) Eight varieties of honey are described in the *Suśrutasaṃhitā* (**NK**: 2, Appendix 192). *Kṣaudra* is the product of a small bee of tawny colour, called *kṣudra* : 127, 150, 240, 241
- horned pondweed (*śaivāla*) also *śaivāla, śevāra*. *Zannichellia palustris* L. The uncertainties of this identification are discussed by T. B. Singh and Chuneekar (**GVDB**: 409). Sometimes identified with **scutch grass** (*dūrvā*) (**GVDB**: 409). Identified as *Ceratophyllum demersum* Linn. (“hornwort”) by **AVS**: 2, 56–57x : 120, 316, 323
- hornwort (*jalaśūka*) → *jalanīlikā*. *Ceratophyllum demersum*, L. See **AVS**: 2, 56, **IGP**: 232. T. B. Singh and Chuneekar (**GVDB**: 166) suggest **horned pondweed**. Ḍalhaṇa noted on 1.16.19 (**Su** 1938: 79) that some people interpret it as a poisonous, hairy, air-breathing, underwater creature : 59
- horse gram (*kaulattha*) See **horse gram** (*kulattha*) : 192
- horse gram (*kulattha*) *Macrotyloma uniflorum* (Lam.) Verdcourt, syn. *Dolichos biflorus*, L., *D. uniflorus*, Lam., **GVDB**: 109, **POWO**: sub *Macrotyloma uniflorum* : 123, 124, 196, 217, 316
- horseradish tree (*madhukaśigru*) *Moringa oleifera* Lam., **GVDB**: 398–399. See **horseradish tree** (*śigru*) : 213
- horseradish tree (*murungī*) see **horseradish**

- tree (*śigru*) (GVDB: 311) : 198
 horseradish tree (*śigru*) *Moringa oleifera* Lam. See IGP: 759, GJM1: 603, Dymock: 1, 396, GVDB: 398–399 : 120, 121, 316
 hyacinth beans (*niṣpāva*) *Lablab purpureus* (L.) Sweet (1826) GVDB: 228 : 109
 Indian aconite (*ativiṣā*) *Aconitum ferox*, Wall. ex Ser., or perhaps *A. heterophyllum* Wall. ex Royle, GVDB: 12, NK: 1, #39. Also called “atis roots” or just *viṣā*. *A. ferox* is also called aconite, monkshood, wolfsbane, etc. *A. ferox* is extremely poisonous. See also Indian aconite (*vatsanābha*). It grows especially in mountainous Sikkim : 110, 148, 150, 169, 214, 216, 317
 Indian aconite (*vatsanābha*) *Aconitum ferox*, Wall. ex Ser. Cf. AVS: 1, 47 (*A. Napellus*, L., which is European and now taxonomically separated from *A. ferox*), NK: 1, #42, Potter_{rev}: 4 f. *A. chasmanthum* Stapf ex Holmes according to GVDB: 357, but that is distributed in Pakistan, Afghanistan and Tibet, Mongolia and Siberia. “*vatsanābha*” occurs in only once in the *Carakasamhitā* and thrice in the *Suśrutasaṃhitā* (Ca4.23.11571, Su5.2. 5, 6, 12564) : 156, 157, 309, 317
 Indian aconite (*viṣā*) see Indian aconite (*ativiṣā*), GVDB: 12, 373 : 309, 323
 Indian barberry (*añjana*) see Indian barberry (*dāruharidrā*) Cf. *elixir salve* (*rasāñjana*) : 60, 149, 313
 Indian barberry (*dāruharidrā*) *Berberis holstii* Engl., Dymock: 1, 65, NK: 1, #335, #685, GJM1: 562, IGP: 141, GVDB: 203 : 162, 163, 232, 317, 327
 Indian barberry (*dārvi*) see Indian barberry (*dāruharidrā*) : 241
 Indian barberry (*kālīyaka*) see Indian barberry (*dāruharidrā*) : 147
 Indian bat tree (*śuṅgā*) → *parkaṭīvrkṣa* according to *Śabdasindhu*: 1058; idem also suggests *vaṭavrkṣa*, i.e., *Ficus benghalensis* Linn. and *āmṛātaka*, *Spondias pinnata* (L.f.) Kurz. (native to S.E Asia but naturalized in S. Asia). Contrasted with *vaṭa* at *Suśrutasaṃhitā* 3.2.32. Cf. MW: 1081. : 89
 Indian bdellium-tree (*guggula*) See Indian bdellium-tree (*guggulu*) : 197
 Indian bdellium-tree (*guggulu*) *Commiphora wightii* (Arn.) Bhandari (GVDB: 140). This is a flowering shrub or small tree that produces a fragrant resin commonly called *guggulu*. The name sometimes refers to the plant and sometimes to the resin. Known to ancient Greek authors (Ball 1888: 340) : 127, 317
 Indian beech (*naktamāla*) *Pongamia pinnata*, (L.) Pierre. See AVS: 4, 339, NK: 1, #2003 : 50, 115
 Indian cherry (*śelu*) *Cordia myxa*, L. non Forssk. See GJM1: 529 (2), IGP: 291b, cf. AVS: 3, 1677 f; cf. AVS: 2, 180 (*C. dichotoma*, Forst.f.), NK: 1, #672 (*C. latifolia*, Roxb.). See Indian cherry (*śleṣmātakī*) : 121, 162
 Indian cherry (*śelū*) see Indian cherry (*śleṣmātakī*), GVDB: 408 : 216
 Indian cherry (*śleṣmātakā*) see Indian cherry (*śleṣmātakī*) : 213
 Indian cherry (*śleṣmātakī*) *Cordia dichotoma* G. Forst., AVS: 2, 180–183. See POWO: *C. dichotoma*; *Cordia myxa* L., according to T. B. Singh and Chuneekar (GVDB: 413–414), although they also suggest *C. dichotoma* (synonym of *C. wallichii* G. Don.) and *C. rothii* (synonym of *Cordia sinensis* Lam.) : 198, 317
 Indian dill (*śatapuspā*) *Anethum graveolens* L. May also be *Foeniculum vulgare* Mill. See GVDB: 388 for discussion : 122, 216
 Indian elm (*cirabilva*) *Holoptelea integrifolia* (Roxb.) Planch. GVDB: 158,

- who also say that *pūtika* is a synonym; but that must be different than *pūtikā* : 317
- Indian elm (*ciribilva*) see [Indian elm](#) (*cirabilva*) : 213
- Indian frankincense (*agavṛttikā*) see [Indian frankincense](#) (*śallakī*), according to Ḍalhaṇa's comment on *Suśrutasaṃhitā* 5.7.29. A variant form of [Indian frankincense](#) (*agavṛttikā*) : 208
- Indian frankincense (*agavṛttikā*) see [Indian frankincense](#) (*nagavṛttikā*), [GVDB](#): 3, 392 : 317, 318
- Indian frankincense (*gajavṛttikā*) *Boswellia serrata* Roxb.; equated with [Indian frankincense](#) (*śallakī*) by some, [GVDB](#): 392. See also [Indian frankincense](#) (*nagavṛttikā*) : 198
- Indian frankincense (*nagavṛttikā*) see [Indian frankincense](#) (*agavṛttikā*) : 317, 318
- Indian frankincense (*śallakī*) *Boswellia serrata* Roxb., [GVDB](#): 392 : 208, 317
- Indian fumitory (*parpaṭa*) the ancient plant is probably impossible to identify, and many alternatives are used today, including especially *Fumaria* species ([GVDB](#): 239–240). I have chosen *Fumaria indica* (Hauskn.) Pugsley, which can be poisonous : 318
- Indian fumitory (*reṇu*) see [Indian fumitory](#) (*parpaṭa*), [GVDB](#): 339. To be distinguished from pollen (?) (*reṇukā*) : 155
- Indian ipecac (*payasyā*) Uncertain. Possibly *Tylophora indica* (Burm.f.) Merr. Perhaps a synonym of [panacea twiner](#), [giant potato](#), [purple roscoe](#), and [plants like asthma plant and Gulf sandmat](#) ([GVDB](#): 237–238). Also “curds” when not a plant : 59, 120, 322
- Indian jujube (*sauvīraka*) *Zizphus jujuba* Mill., [GVDB](#): 458, [MBG](#): sub *jujuba* : 119, 192
- Indian kudzu (*vidārī*) → *payasyā*. *Pueraria tuberosa* (Willd.) DC. See [ADPS](#): 510, [AVS](#): 1, 792 f, [AVS](#): 4, 391; not [Dymock](#): 1, 424 f. See [GJM2](#): 444, 451, [AVS](#): 1, 187, but [AVS](#): 3, 1719 = *Ipomoea mauritiana*, Jacq : 59, 85
- Indian laurel (*plakṣa*) *Ficus microcarpa*, L. f. See [ADPS](#): 377 : 214
- Indian madder (*mañjiṣṭhā*) *Rubia cordifolia*, L. See [IGP](#), [Chopra](#): 215, [GVDB](#): 289 : 55, 163, 197, 198, 207, 214
- Indian mottled eel (*varmimatsya*) Almost certainly the mottled eel. [MW](#): 962c noted that the *varmi* fish “is commonly called *vāmi*.” The “vam fish,” or “বান মাছ (*bān māch*)” in Bengal, is a marine and freshwater eel, *Anguilla bengalensis*. It is the most common eel in Indian inland waters and a prized food fish (Froese and Pauly 2022). However, some NIA languages identify the “vam” fish with the Indian Pike Conger, *Congresox talabonides* (Bleeker) (Talwar and Kacker 1984: 235, 236) : 39
- Indian mustard (*sarṣapa*) *Brassica juncea*, Czern. & Coss. See [AVS](#): 1, 301, [NK](#): 1, #378, [GVDB](#): 426–427 : 42, 156, 214, 321
- Indian pennywort (*maṇḍūkapaṇṇī*) *Centella asiatica* (L.) Urban. See [GVDB](#): 290, [ADPS](#): 289–291 : 199
- Indian sarsaparilla (*sugandhikā*) see [Indian sarsaparilla](#) (*śvetasārīvā*) [GVDB](#): 430, 436 : 198, 216
- Indian sarsaparilla (*sārīvā*) → *anantā*. The *śveta* variety is *Hemidesmus indicus*, (L.) R. Br. [ADPS](#): 434, [AVS](#): 3, 141–145, [NK](#): 1, #1210, [GVDB](#): 430; and the black form, black creeper, *pāṇḍī*. *Ichnocarpus frutescens*, (L.) R.Br. or *Cryptolepis buehneri*, Roemer & Schultes [AVS](#): 3, 141, 145, 203, [NK](#): 1, #1283, 1210, [ADPS](#): 429–430 : 163, 310, 314, 318
- Indian sarsaparilla (*śvetasārīvā*) *Hemidesmus indicus*, (L.) R. Br. See [Indian sarsaparilla](#) (*sārīvā*). [ADPS](#): 434,

- AVS: 3, 141–145, NK: 1, #1210, GVDB: 430 : 318
- Indian snakeroot (*sarpagandhā*) *Rauvolfia serpentina*, (L.) Benth. ex Kurz. See NK: 1, #2099, ADPS: 439, GVDB: 425; cf. SS 5.5.76–78 : 199, 318
- Indian snakeroot (*sarvagandhā*) common spelling in Nepalese MSS for **Indian snakeroot** (*sarpagandhā*), q.v. : 208
- Indian symphorema (*ananta*) Not in GVDB but MW: 25 says “*sinduvāra*” on no authority (see **Indian symphorema** : 214
- Indian symphorema (*sinduvāra*)
T. B. Singh and Chuneekar (GVDB: 435) settles on *Symphorema polyandrum* Wight as the identity of this plant. Other authors choose *Vitex negundo* Linn. See further NK: 1, #2603 (cf. use of leaves), IGP: 1210a, MW: 1088b. Discussion by GVDB: 433–435 : 197, 199, 207, 216, 318
- Indian trumpet tree (*śyonāka*) *Oroxylum indicum* (L.) Benth. ex Kurz. GVDB: 172–173. A component of **greater five roots** : 319
- Indian trumpet tree (*ṭiṇṭuka*) → **Indian trumpet tree** (*śyonāka*). *Oroxylum indicum* (L.) Benth. ex Kurz. GVDB: 172–173. A component of **greater five roots** : 315
- Indian trumpet tree (*ṭuṇṭuka*) see **Indian trumpet tree** (*śyonāka*), GVDB: 172–173 : 214
- indigo (*nīlinī*) *Indigofera tinctoria*, L. See NK: 1, #1309. GVDB: 229–230 propose that this may differ from **indigo** (*nīlī*), and be rather the *Ipomoea hederacea* Jacq., “ivy-leaved morning glory.” But that plant is native to the Americas, as are most *Ipomoea* species. *I. tinctoria* was known to ancient Greek authors (Ball 1888: 343) : 208, 319
- indigo (*nīlā*) see **indigo** (*nīlinī*). Although T. B. Singh and Chuneekar (GVDB: 229) refer to an unidentified creeper mentioned in *Carakasamhitā* Ci.1-4.7, the use in the Nepalese *Suśrutasaṃhitā* 5.6.24 is likely to refer to **indigo** (*nīlī*) : 207
- indigo (*nīlī*) see **indigo** (*nīlinī*) : 216, 319
- Indrajao (*indrayava*) see *vr̥kṣaka* (**Indrajao**) *Holarrhena pubescens* Wall. ex G. Don 1837 GVDB: 376, 45 and 84 : 110
- Indrajao (*vr̥kṣaka*) → *indrayava*, *indrabhīja*, *kaliṅga*, and *kuṭaja*. *Holarrhena pubescens* Wall. ex G. Don 1837 GVDB: 376, 45 and 84 : 87, 298, 319
- ironwood tree (*nāgakeśara*) *Mesua ferrea* L. GVDB: 220 : 326
- itchytrees (*nicula*) *Barringtonia acutangula* (L.) Gaertn., GVDB: 224 : 214
- jambul (*jambū*) *Syzygium cumini*, (L.) Skeels. See ADPS: 188, NK: 1, #967, Potter_{rev}: 168, Wujastyk 2003a : 146, 240
- jequirity (*guñjā*) *Abrus precatorius*, L. See AVS: 1, 10, NK: 1, #6, Potter_{rev}: 168. See further **jequirity** (*kālakūṭa*) : 154, 155
- jequirity (*kālakūṭa*) see **jequirity** (*kālakūṭa*) : 157, 319
- jequirity (*kālakūṭā*) possibly *Abrus precatorius*, L. Cf. RRS 21.14. See AVS: 1, 10, NK: 1, #6, Potter_{rev}: 168. The Nepalese witnesses agree on the feminine form, *kālakūṭā*, while the more normal gender is masculine. The etymology of the name *kāla-kūṭa*, “black-top,” fits with the striking appearance of jequirity seeds. GVDB: 93 does not attempt to identify the plant. The *Rasaratnasamuccaya* of pseudo-Vāgbhaṭa (21.14) says that the *kālakūṭa* poison is similar to “crow’s beak” (*kākacañcu*), which is a more certain name for jequirity. Another hypothesis for the name, which could be translated “time/death-peak” might connect it with Sandakphu mountain, whose name is Lepcha for “the height of the poisonous plant” because of the

- abundance of *Aconitum ferox* on the mountain : 156, 319
- koda millet (*kodrava*) *Paspalum scrobiculatum* L., GVDB: 119 : 127
- kutki (*kaṭukā*) *Picrorhiza kurroa* Royle ex Benth. (GVDB: 64–65) : 110, 127, 319, 321
- kutki (*kaṭurohaṇī*) → kutki (*kaṭukā*), GVDB: 66, 64–65 : 197
- kutki (*kaṭurohiṇī*) see kutki (*kaṭukā*), GVDB: 66, 64–65 : 216
- leadwort (*agnīśikhā*) *Plumbago zeylanica* (or *rosea*?), L. See NK: 1, #1966, 1967 : 319
- leadwort (*citraka*) *Plumbago zeylanica* (or *indica*?), L. See RĀ. 6.124, ADPS: 119, NK: 1, #1966, 1967 : 50, 86, 110, 115, 126, 197
- leadwort (*pālaka*) → *citraka*. *Plumbago zeylanica* (*indica*? *rosea*?), L. See Rā. 6.124, ADPS: 1, 119, NK: 1, #1966, 1967 : 156, 157
- leadwort (*vidyutśikhā*) see leadwort (*agnīśikhā*) : 154
- lemon grass (*uśīrabheda*) → *lāmajja*. *Cymbopogon jwarancusa* (Jones ex Roxb.) Schult.. See NK: 1, #176 : 328
- lesser five roots (*laghupañcamūla*) Described at *Suśrutasaṃhitā* 1.38.66–67 (Su 1938: 169). Consists of bull's head, hairy-fruited eggplant, yellow-berried nightshade, hare foot uraria, and beggarweed : 311, 313, 315, 326, 330
- liquorice (?) (*klītaka*) *Glycyrrhiza glabra*, L.? GVDB: 123–124 discuss the many difficulties in identifying this plant : 154
- liquorice (*madhuka*) also *yaṣṭi* (*ka/kā*), *yaṣṭīmadhuka*, *Glycyrrhiza glabra*, L. AVS: 3, 84, NK: 1, #1136, GVDB: 329 f. : 59, 85, 118–123, 125, 150, 161, 163, 197, 213, 216, 241, 320
- liquorice (*yaṣṭī*) see liquorice (*madhuka*) : 198
- liquorice (*yaṣṭīmadhuka*) see liquorice (*madhuka*) : 60
- lodh tree (*lodhra*) *Symplocos racemosa*, Roxb. See GJM1: 597, ADPS: 279 f, NK: 1, #2420. T. B. Singh and Chuneekar (GVDB: 351–352) notes that there are two varieties, *S. racemosa*, qualified as *śāvāra*, and *S. crataegoides* Buch.-Ham. for *paṭṭikā lodhra* : 50, 163, 197, 241
- long pepper (*kṛṣṇā*) see long pepper (*pippalī*) : 240
- long pepper (*māgadha*) see long pepper (*pippalī*) : 149
- long pepper (*pippalī*) see long pepper (*pippalī*) : 197
- long pepper (*pippalī*) *Piper longum*, L. See ADPS: 374, NK: 1, #1928, GVDB: 249–250, but cf. AVS: 3, 245 : 85, 115, 121, 122, 126, 127, 150, 163, 214, 217, 240, 298, 320, 327
- long pepper root (*pippalīmūla*) see long pepper (*pippalī*) : 214
- long-stamen *Wendlandia* (?) (*prapaunḍarika*) See the substantial discussion by T. B. Singh and Chuneekar (GVDB: 261). They note that it is used mainly in eye troubles and frequently with liquorice, than which it is has been said to be thicker, and sweet in taste. A candidate they suggest is *Wendlandia heynei* (Schult.) Santapau & Merchant (formerly *W. exserta*), native to India; I have accepted that provisionally : 156, 197, 215, 320
- long-stamen *Wendlandia* (?) (*tilaka*) see long-stamen *Wendlandia* (?) (*prapaunḍarika*), GVDB: 183–184. Sometimes thought to be a synonym of *viburnum* (*tilvaka*), q.v., but this is probably erroneous : 216, 328
- lotus (*nalina*) see sacred lotus (*kamala*), GVDB: 218 : 240, 241
- lotus stalk (*mṛṇāla*) “Leaf stalk of sacred lotus” GVDB: 318 : 120
- luffa (*jālīnī*) see luffa (*koṣātakī*), GVDB: 168 : 156, 206
- luffa (*koṣavatī*) see luffa (*koṣātakī*) : 162

- luffa (*koṣātakī*) *Luffa cylindrica*, (L.) M. J. Roem. or *L. acutangula*, (L.) Roxb. [ADPS](#): 252–253, [NK](#): 1, #1514 etc. “Koṣātakī appears to be used in a general way for all the fruit drugs of the family Cucurbitaceae which have a net-like structure of fibres in the pulp. It thus includes nearly all *Luffa* species...” [GVDB](#): 121 : 320
- mahua (*madhūka*) *Madhuca longifolia*, (J. Koenig) J. F. Macbride. See [AVS](#): 3, 362 f. Known to ancient Greek authors (Ball 1888: 339–340) : [85](#), [244–246](#)
- maidenhair fern (*haṃsāhvayā*) *Adiantum lunulatum* Burm f. [GVDB](#): 463 : 298
- malabathrum (*patra*) *Cinnamomum tamala*, (Buch.-Ham.) Nees. See [AVS](#): 2, 84, [NK](#): 1, #589. Other common names include Indian bay leaf etc., but the plant has an ancient history in the classical world as “malabathrum.” See Ball 1888: 341, who also suggests that the chief source of the plant in India is Assam. See also [Wikipedia](#). Kokoszko and Rzeźnicka (2018: 581) discuss the abbreviations “leaf” (φύλλα, *folium*) in the Mediterranean world that parallels the Sanskrit usage. Kokoszko and Rzeźnicka 2018: 584 note that Dioscorides (fl. 1st cent. CE) stated that malabathrum came from India, although Dioscorides’ description of malabathrum is of a plant like a *Nymphoides indica* (L.) Kuntze, not a tree (Osbaldeston and Wood 2000: 17) : [112](#), [113](#), [120](#), [147](#), [163](#), [205](#), [206](#), [216](#), [326](#)
- Malay beechwood (*śrīparṇī*) → *kāśmarī*. *Gmelina arborea* Linn., [GVDB](#): 412, 96–97 : 85
- maloo creeper (*aśmantaka*) T. B. Singh and Chunekar ([GVDB](#): 27) note that this is the name of two different drugs, *Piliostigma malabaricum* (Roxb.) Benth. or *Phanera vahlii*. (Wight & Arn., 1834) Benth. (non-lactiferous), and *Ficus cordifolia* Roxb. (lactiferous). I have selected *P. vahlii* in this context because of its abundance in S. Asia and its Himalayan and Nepalese distribution : [199](#), [213](#)
- mango (*āmra*) *Mangifera indica* Linn. [GVDB](#): 37 : [146](#), [199](#), [214](#), [240](#)
- mangosteen (*amla*) *Garcinia pedunculata* Roxb. ex Buch.-Ham. See [GVDB](#): 20–21 : [196](#), [232](#)
- marking nut tree (?) (*sārṣapa*) this would normally mean “connected with mustard,” ([Indian mustard](#) (*sarṣapa*)) and excessive consumption of mustard oil can be harmful. However, the *Sauśrutaniḥṣaṇṭu* (156) gives *rakṣoghnā* as a synonym for *sarṣapā*. This can be *Semecarpus anacardium*, L.f., which has some poisonous parts (“the black fruit is toxic and produces a severe allergic reaction if it is consumed or its resin comes in contact with the skin” Semalty et al. 2010) : [157](#)
- marking-nut tree (*aruṣkara*) see [marking-nut tree](#) (*bhallātaka*) : [155](#), [314](#)
- marking-nut tree (*bhallātaka*) *Semecarpus anacardium*, L. See [NK](#): 1, #2269, [AVS](#): 5, 98, [ADPS](#): 85–86, [GVDB](#): 23, 283 : [115](#), [149](#), [321](#)
- marsh barbel (*ikṣuraka*) *Hygrophila auriculata* (Schumacher.) Heine (syn. *Asteracantha longifolia* (L.) Nees.), [GVDB](#): 42–43 : [214](#)
- medhshingi (*vijayā-2*) *Dolichandrone falcata* (Wall. ex DC.) Seem. The *Sauśrutaniḥṣaṇṭu* gives a number of synonyms for *vijayā* (Suvedī and Tivāri 2000: 5.77, 10.143). But one of them, *viṣāṇī* (also *meṣaśṛṅgi*), is sometimes equated with *Dolichandrone falcata* (DC.) Seemann ([GVDB](#): 373 f; [ADPS](#): 518, a plant used as an abortifacient and fish poison ([NK](#): #862) : [155](#)
- migraine tree (*agnimantha*) *Premna*

- corymbosa, Rottl. See [AVS 1927](#), [ADPS: 21](#), [NK: 1](#), #2025, [AVS: 4](#), 348; [GJM1: 523](#): = *P. integrifolia/serratifolia*, [L: 162](#), 315
- milk-white (*kṣīraśuklā*) An unidentified plant. [GVDB: 126](#): see [purple roscoe](#) and [giant potato: 59](#), 324
- monkey (?) (*markaṭa*) T. B. Singh and Chuneekar ([GVDB: 299](#)) said of *markaṭa*, “an unidentified vegetable poison.” Cf. Suvedī and Tivārī [2000: v.36](#) for synonyms that lead to the non-toxic jujube tree: [158](#)
- muddy (?) (*kardama*) unknown.: [156](#), [158](#)
- mulberry (*kramuka*) probably the [mulberry \(tūda\)](#); see discussion by T. B. Singh and Chuneekar ([GVDB: 122](#)): [198](#)
- mulberry (*tūda*) *Morus indica* L., [GVDB: 189](#): [321](#)
- mung beans (*mudga*) *Phaseolus radiatus* L. [GVDB: 310–311](#): [119](#), [122](#), [246](#)
- mung beans (*māṣaka*) *Phaseolus mungo* Linn. [GVDB: 308](#): [147](#)
- munj grass (*nārācaka*) *Saccharum bengalense*, Retz.?. See [NK: 1](#), #2184: [156](#)
- musk mallow (*latākastūrikā*) *Abelmoschus moschatus* Medik., [GVDB: 348](#): [321](#)
- musk mallow (*ullaka*) *kutki* (*kaṭukā*) or [musk mallow \(latākastūrikā\)](#), according to [GVDB: 54](#); I have chosen the latter identity since *A. moschatus* can cause phototoxic dermatitis (Diedrich et al. [2024: 621](#)): [321](#)
- musk mallow (*ullika*) see [musk mallow \(ullaka\)](#): [155](#)
- myrobalan (*abhayā*) *Terminalia chebula*, Retz. See [ADPS: 172](#), [NK: 1](#), #2451, [Potter_{rev}: 214](#): [110](#), [162](#), [169](#)
- myrobalans (*pathyā*) *Terminalia chebula* Retz. See [NK: 1](#), #2451: [240](#)
- natron (*suvarcikā*) Sodium carbonate. [NK: 2](#), #45. Ḍalhaṇa identifies *suvarcikā* with *svarjikṣāra* 4.8.50 ([Su 1938: 441](#)): [126](#), [163](#), [197](#)
- neem (*picumarda*) see [neem tree \(nimba\)](#), [GVDB: 247–248](#): [213](#)
- neem tree (*nimba*) *Azadirachta indica* A. Juss., [GVDB: 226](#): [55](#), [298](#), [321](#)
- nutgrass (*kuruvinḍa*) Unknown. Ḍalhaṇa on 5.3.15 ([Su 1938: 568](#)) glossed the term as [nutgrass](#), but noted other opinions that it was a whetstone or a very special metallic gem. T. B. Singh and Chuneekar ([GVDB: 108](#)) added that it could be a variety of rice, *ṣaṣṭika dhānya*: [169](#)
- nutgrass (*mustaka*) *Cyperus rotundus*, L. See [ADPS: 316](#), [AVS: 2](#), 296, [NK: 1](#), #782: [156](#), [158](#)
- nutgrass (*mustā*) *Cyperus rotundus*, L. See [ADPS: 316](#), [AVS: 2](#), 296, [NK: 1](#), #782: [321](#)
- odal oil plant (*iṅgudi*) see [odal oil plant: 205](#)
- odal oil plant (*iṅgudī*) Kirtikar et al. ([K & B: 5](#), 79) also firmly identify *iṅgudī* as *Sarcostigma kleinii* Wight & Arn., a liana well known in the Western Ghats and widely used in āyurveda, including for skin diseases. Balanites agyptiaca (L.) Delile, [GVDB: 43](#) is an African plant and unlikely to be the original āyurvedic *iṅgudi*.: [322](#)
- oleander spurge (*mahāvṛkṣa*) see [oleander spurge \(snuhī\)](#), [GVDB: 302–303](#): [213](#)
- oleander spurge (*nandā*) see [oleander spurge \(snuhī\)](#), [GVDB: 215](#): [326](#)
- oleander spurge (*snuhā*) see [oleander spurge \(snuhī\)](#): [115](#), [156](#), [207](#)
- oleander spurge (*snuhī*) *Euphorbia neriifolia*, L., or *E. antiquorum*, L. See [ADPS: 448](#), [AVS: 2](#), 388, [AVS: 3](#), 1, [NK: 1](#), #988, [IGP: 457b](#). T. B. Singh and Chuneekar ([GVDB: 459](#)) discuss the two varieties distinguished by Caraka on the basis of their spines. *Euphorbia* all share the feature of having a poisonous, latex-like sap: [322](#), [326](#)
- orchid tree (*kovidāra*) *Bauhinia purpurea*

- Linn. or *B. variegata* Linn. (probably the former), [GVDB: 120](#),
[AVS: 1, 256–260](#). The fruit of *kovidāra* is contrasted with the mango in Patañjali's *Mahābhāṣya* (on P1.2.45, varttika 8) : [192](#)
- paddy rice (*śālī*) *Oriza sativa*, Linn.
[GVDB: 395–396](#) mentioning 33 Sanskrit sub-variety names; [AVS: 4, 193: 43, 324](#)
- painted uraria (*pr̥ṣṇaparṇī*) *Uria picta* (Jacq.) Desv. ex DC. and *U. lagopoides* DC are both to be used for this plant according to [GVDB: 257–258](#). See also [IHR: 188–190: 208](#)
- pale Java tea (*arjaka*) *Orthosiphon pallidus* Royle ex Benth., [GVDB: 24](#), based on Ḍalhaṇa's descriptions, and by P. V. Sharma [1982: 127, #60](#). But *Ocimum basilicum* L., according to [AVS: 4, 160: 216](#)
- panacea twiner (*arkapuṣpī*) → *arkaparṇī*, *Tylophora indica* (Burm. f.) Merr.
[GVDB: 23–24](#). Maybe identical to [Indian ipecac](#), [giant potato](#) and similar sweet, milky plants. See [GVDB: 24, 127, 238, 441, 443](#) for discussion. For discussion in the context of [Holostemma creeper](#), see [ADPS: 195](#) and [AVS: 3, 171](#). The etymology of the name suggests *Helianthus annuus* Linn., but this plant is native to the Americas : [162, 318](#)
- peas (*hareṇu*) *Pisum sativum*, L.
 T. B. Singh and Chunekar ([GVDB: 419–420, 467–468](#)) note that two plants are usually meant under this name, but there is no agreement on the identity of the second. Synonym of [peas \(satīna\)](#). [GVDB: 468](#) make an argument for *Symphorema polyandrum* Wight : [120, 162, 163, 169, 198, 240, 322, 323](#)
- peas (*hareṇukā*) see [peas \(hareṇu\)](#) : [216](#)
- peas (*satīna*) see [peas \(hareṇu\)](#),
[GVDB: 419–420: 322](#)
- peepul tree (*aśvattha*) *Ficus religiosa*, L.
 See [ADPS: 63](#). Known to ancient Greek authors (Ball [1888: 338–339](#)) : [171](#)
- periploca of the woods (*meṣaśṛṅga*)
Gymnema sylvestre (Retz.) R. Br. See [AVS: 3, 107, NK: 1, #1173: 149](#)
- phalsa (*parūṣaka*) *Grewia asiatica* Linn.,
[GVDB: 238: 86](#)
- plants like asthma plant and Gulf sandmat (*dugdhikā*) synonym of [plants like asthma plant and Gulf sandmat \(kṣīriṇī\)](#), [GVDB: 204–205, 127: 322](#)
- plants like asthma plant and Gulf sandmat (*kṣīriṇī*) various milky plants, perhaps including *Euphorbia hirta* Linn. (asthma plant) and *E. microphylla* Heyne (Gulf sandmat) ([GVDB: 127](#)) : [318, 322, 323](#)
- plants like asthma plant and Gulf sandmat (*yavaphalā*) synonym of [plants like asthma plant and Gulf sandmat \(dugdhikā\)](#), and [plants like asthma plant and Gulf sandmat \(kṣīriṇī\)](#), q.v., [GVDB: 327, 127: 215](#)
- plumed cockscomb (*indīvara*) Uncertain; possibly *Celosia argentea* Linn. But see the useful discussion in [GVDB: 44–45](#). Possibly another name for [thorn apple \(karambha\)](#), q.v. : [327](#)
- pointed gourd (*paṭola*) *Trichosanthes dioica*, Roxb., [GVDB: 232–233: 120, 162, 310](#)
- poison-altar (?) (*viṣavedikā*) Unknown. Possibly, at a guess, [strychnine tree \(viṣamuṣṭika\)](#)? [GVDB: 373](#) Or [Indian aconite \(viṣā\)](#) : [155](#)
- pollen (?) (*reṇukā*) An unidentifiable plant. Perhaps a misreading for [peas \(hareṇu\)](#), although this is a long shot. T. B. Singh and Chunekar ([GVDB: 339](#)) suggest, on no authority, the synonyms *vṛkṣaruhā*, *māṃsarohiṇī*, or *durvā*, none of which help : [155, 318](#)
- pomegranate (*dāḍima*) *Punica granatum* Linn. [GVDB: 201–202: 85, 86, 125, 126, 199, 208](#)

- pondweed (*paripelavā*) Normally a neuter noun. T. B. Singh and Chuneekar (GVDB: 238, 264–265, 409) argued that *plava* and *śaivāla* are the same thing, and may be either *Zannichellia palustris*, L., or *Potamogeton pectinatus*, L.: 163
- pondweed (*śevāla*) *Zannichellia palustris* L. See [horned pondweed](#): 41
- pongame oiltree (*karañja*) see [pongame oiltree](#) (*karañjikā*): 127, 208
- pongame oiltree (*karañjikā*) T. B. Singh and Chuneekar (GVDB: 74–76) discuss complications, but probably *Pongamia pinnata* (L.) Pierre in *Suśrutasaṃhitā* 5.6.3: 214, 323
- powdered ruffle lichen (*śaileya*) *Parmotrema perlatum* (Huds.) M.Choisy (1952), although there are some inconsistencies in groups and synonyms. See GVDB: 408–409, AVS: 4, 222–225. The plant has a notably complex taxonomic history: 216, 323
- powdered ruffle lichen (*śaileyaka*) see [powdered ruffle lichen](#) (*śaileya*): 197
- prickly chaff-flower (*apāmārga*) *Achyranthes aspera*, L. See GVDB: 14, GJM1: 524 f, AVS: 1, 39, ADPS: 44 f, AVS: 3, 2066 f, Dymock: 3, 135: 55, 59, 119, 215, 323
- prickly chaff-flower (*vasira*) also *vaśīra*. Perhaps *Achyranthes aspera*, L. GVDB: 362 describes several possible identities, including *sūryāvarta*, [prickly chaff-flower](#) and *markaṭatrṇa*. See also *vasukavasira* (GVDB: 363): 85
- prickly-leaved elephant's foot (*gojihvā*) syn. *gojī*. *Elephantopus scaber*, L. See AVS: 2, 357. T. B. Singh and Chuneekar (GVDB: 145–146) argue that *gojihvā śāka* is *Launaea asplenifolia* (Willd) Hook. f. (creeping *Launaea*), a plant with Himalayan to SE Asian distribution: 323
- prickly-leaved elephant's foot (*gojī*) T. B. Singh and Chuneekar (GVDB: 145–146) observe that this plant name is unique to the *Suśrutasaṃhitā*. Since the usage is similar to that of [prickly-leaved elephant's foot](#) (*gojihvā*), q.v, it is almost certain to be the same plant.: 214
- products of the wood-apple (*kāpitta*) a reading in the Nepalese MSS for [products of the wood-apple](#) (*kāpittha*), q.v.: 209
- products of the wood-apple (*kāpittha*) relating to or derived from the [wood-apple](#) (*kapittha*): 323
- purging nut (*dravantī*) *Jatropha curcas*, L. See AVS: 3, 261, NK: 1, #1374. A.k.a. *mūṣikaparṇī*: 323
- purging nut (*mūṣikā*) *Jatropha curcas*, L. See AVS: 3, 261, NK: 1, #1374: 149
- purging nut (*putraśreṇī*) Commonly identified as [croton tree](#) (*nāgadantī*), GVDB: 253 “a variety of [red physic nut](#) (*dantī*).” But it appears in a list with *nāgadantī* at *Suśrutasaṃhitā* 5.6.3, and Ḍalhaṇa identified it there as [purging nut](#) (*dravantī*): 214
- purging nut tree (*mūṣikakarṇī*) *Jatropha curcas*, L. AVS: 3, 261, NK: 1, #1374, GVDB: 317. GVDB: 317; ADPS: 23–25 discuss this issue well: 147, 148
- purple calotropis (*arka*) *Calotropis gigantea*, (L.) R. Br. See ADPS: 52, AVS: 1, 341, NK: 1, #427, *Potter*_{rev}: 57, Chopra IDG: 305–308: 50, 59, 115, 192, 210, 213
- purple fleabane (*somarājī*) see [scurfy pea](#) (*bākucī*), but GVDB: 455–456 note that two areas of therapy (antitoxin, antileucoderma) may point to two plants being used under this name or a different plant with two active ingredients. A particular candidate is *Baccharoides anthelmintica* (L.) Moench.: 216
- purple roscoea (*kṣīrakākoli*) GVDB: 89

- notes that many physicians use *Roscoea procera* Wall. in this context. But the identification is uncertain. Possibly connected to [milk-white](#) or [giant potato](#) : 119, 318, 321
- pussy willow (*vetasa*) *Salix caprea* L., GVDB: 380–381, q.v. for the argument that this is not the same as [rattan](#) (*vetra*) : 324
- pussywillow (*vañjula*) see [pussy willow](#) (*vetasa*); T. B. Singh and Chuneekar (GVDB: 356) note that this is a tree in the *nyagrodha* group and has sometimes been equated with [Asoka tree](#) (*aśoka*) and sometimes with [sandan](#) (*tiniśa*) : 120, 214
- radish (*mūlaka*) *Raphanus sativus*, L. See NK: 1, #2098 : 124, 156, 158
- rajmahal hemp (*moraṭa*) → *mūrvī*, *Marsdenia tenacissima* (Roxb.) Wight et Arn. Good discussion at GVDB: 314–316, 324 : 162
- rajmahal hemp (*mūrvā*) *Gongronemopsis tenacissima* (Roxb.) S.Reuss, Liede & Meve (= *Marsdenia tenacissima* (Roxb.) Moon), GVDB: 314–316. One of the twenty-two drugs in the group *madanādi*. T. B. Singh and Chuneekar and ADPS: 310–313 discuss the long controversy about the identity of this plant. *Sansevieria roxburghiana* Schult. & Schult.f. (“Indian bowstring hemp”) was preferred by Meulenbeld (GJM1: 590) and the sources he cited, including NK: 1, #2216, K & B: 4, 2457; ADPS: 310 mention this identity as being local to Bengal, but note that the plant is not a creeper : 122, 315
- rattan (*vetra*) *Calamus rotang*, L. See AVS: 1, 330, NK: 1, #413. T. B. Singh and Chuneekar (GVDB: 381) prefer *C. tenuis*, Roxb., which is also native to S. and S.E. Asia : 324
- realgar (*manahṣilā*) *Arsenii disulphidium* NK: 2, #11 : 240
- red gourd (*bimbī*) *Coccinia indica*, W. & A. See PVS 1994.4.715; NK: 1, #534 : 146
- red ochre (*gairika*) Hellwig 2009: 140–141. NK: 2, #40; the same source, at #6, gives kaoolinum or china clay : 163, 197, 199, 216, 240, 241
- red physic nut (*dantī*) *Baliospermum solanifolium* (Burm.) Suresh, GVDB: 200 : 113, 156, 208, 214, 323
- resin of white dammer tree (*sarjarasa*) GVDB: 424–425. See [white dammer tree](#) (*sarja*) : 122, 216
- rice grains (*taṇḍula*) *Oriza sativa*, Linn. Same as [paddy rice](#) (*śāli*) GVDB: 174; or just “grains” : 43
- rice-grain chaff (*śālitaṇḍulakāṇḍana*) See [chaff](#) : 42
- rock salt (*saindhava*) See NK: 2, M#48, Watt_{Comm}: 963–971 : 42, 85, 126, 197, 232, 240, 311
- rosha grass (*dhyāmaka*) *Cymbopogon martinii* (Roxb.) Wats. See AVS: 2, 285, NK: 1, #177 : 163, 197, 216
- royal jasmine (*mālatī*) *Jasminium grandiflorum*, L. See NK: 1, #1364, ADPS: 285–288 : 147, 324
- royal jasmine (*sumanā*) see [royal jasmine](#) (*mālatī*), GVDB: 437 : 216
- sacred lotus (*kamala*) *Nelumbo nucifera*, Gaertn., GVDB: 73–74, Dutt: 110, NK: 1, #1698 : 320, 324
- sacred lotus (*padma*) see [sacred lotus](#) (*kamala*), GVDB: 235–236 : 41, 120, 147, 216, 329
- safflower (*kusumbha*) *Carthamus tinctorius* L. GVDB: 113 : 232
- saffron (*bāhlīka*) syn. of [saffron](#) (*kuṅkuma*), q.v., GVDB: 273–274 : 214
- saffron (*kuṅkuma*) *Crocus sativus* Linn., GVDB: 100. On the history of confusions between saffron and turmeric, see Cox 2011 : 208, 324
- sage-leaved alangium (*aṅkolla*) *Alangium salvifolium* (Linn. f.) Wang., GVDB: 5–6. See also AVS: 1, 77; cf.

- NK: 1, #88: 146, 199, 206, 208, 325
 sage-leaved alangium (*añkoṭha*) see
 sage-leaved alangium (*añkolla*): 213
 sal group of trees (*śālasārādi*) *śālasārādi* is a
 group (*gaṇa*) of twenty-three trees
 listed at 1.38.8–9 (Su 1938: 165),
Mahākośa: 1, 898: 86
 sal tree (*śālā*) *Shorea robusta*, Gaertn.f. See
 AVS: 5, 124: 240
 sandalwood (*candana*) *Santalum album*, L.
 See ADPS: 111, NK: 1, #2217. See
 GVDB: 152–153 for discussion of types,
 including white and red (*Pterocarpus*
santalinus (L.f.)): 87, 120, 122, 163, 192,
 198, 215, 329
 sandan (*tiniśa*) *Ougeinia oojeinensis*
 (Roxb.) Hochr. GVDB: 181, q.v. for
 discussion about whether *tiniśa* and
syandana are to be separated. If other
 trees are in the frame for either name,
 T. B. Singh and Chunekar (GVDB)
 suggest *Lagerstroemia parviflora*
 Roxb. (*sidhraka/siddhaka*) and L.
flos-reginae Retz. (*jārula* by some). See
 GVDB: 432: 213, 216, 324
 sappanwood (*pattāṅga*) Also *pattāṅga*.
Caesalpinia sappan, L. AVS: 1, 323, K &
 B: 2, 847 f, GVDB: 234: 50, 60
 scarlet mallow (*bandhujīva*) *Pentapetes*
phoenicea, L. NK: #1836, GVDB: 268:
 148
 scented pavonia (*bālaka*) *Pavonia odorata*,
 Willd. See ADPS: 498, NK: 1, #1822: 163
 scented pavonia (*toya*) → *bālaka*? *Pavonia*
odorata, Willd. ADPS: 498, NK: 1,
 #1822: 216
 scrambleberry (*tālīsapatra*) see scrambleberry
 (*tālīśa*): 216
 scrambleberry (*tālīśa*) T. B. Singh and
 Chunekar (GVDB: 179, 458–459)
 discusses the several identifications
 and regional differences in identifying
 this plant. *Taxus baccata* Linn. is a
 common candidate, as is *Flacourtia*
jangomas (Lour.) Raeusch.
 (scramberry): 120, 241, 325
 screwpine (*ketaka*) *Pandanus tectorius*
 Parkinson ex Du Roi, GVDB: 116: 309
 scurfy pea (*bākuṭī*) Identified as Cullen
corylifolia (L.) Medik. ADPS: 69–70,
 GVDB: 272: 324
 scutch grass (*dūrvā*) *Cynodon dactylon*
 (Linn.) Pers., GVDB: 205: 316, 325
 scutch grass (*granthilā*) see scutch grass
 (*dūrvā*), *Mahākośa*: 1, 303, citing the
Rājanighaṇṭu. It should be an aromatic
 in this context. Monier-Williams
 et al.: 371 said “two kinds of *Dūrvā*
 grass and of a kind of *Cyperus*” on
 lexical authority, perhaps also the
Rājanighaṇṭu where it is listed amongst
 sweet-smelling plants. Other sources
 identify it as *Cissus quadrangularis*, L.,
 i.e., Veltd grape (Ś. Gupta 1887: 272), or
 Bengal quince (*bilva*): 216
 sedge (*kuṭannaṭa*) → *plava*, *tagara*, or
śyonāka, according to commentators
 (GVDB: 102–103). T. B. Singh and
 Chunekar leans towards the *plava*, but
 that plant too is difficult to identify.
 Various sources identify *kuṭannaṭa* as
Cyperus rotundus L., C, *scariosus* R.
 Br., *Oroxylum indicum* (L.) Benth. ex
 Kurz (= *Bignonia Indica* L.) or even
Cinnamomum verum J. Presl. The
Cyperus genus comprises about 700
 species of sedges, and I have chosen
 “sedge” as a generic indication of the
 likely identity of this plant: 197, 325
 sedge (*kuṭannaṭā*) see sedge (*kuṭannaṭa*):
 216
 sesame (*tila*) *Sesamum indicum* L.
 GVDB: 183. Known to ancient Greek
 authors (Ball 1888: 344): 216, 217
 sesame oil (*taila*) *Sesamum indicum* L.
 GVDB: 183: 59, 192
 shami tree (*śamī*) *Prosopis cineraria* (L.)
 Druce GVDB: 390: 213, 311
 sickle senna (*cakramarda*) *Senna tora* (L.)
 Roxb. GVDB: 150: 232

- silk-cotton tree (*śālmālī*) Bombax malabarica. See [Issar](#): 152 : 216
- siris (*śirīṣa*) Albizia lebbeck, Benth. See [AVS](#): 1, 81, [NK](#): 1, #91, [GVDB](#): 399–400. Cf. white siris : 162, 192, 205–208, 215, 216, 232, 240, 329
- siris seeds (*śirīṣamāṣaka*) Albizia lebbeck, Benth. See [AVS](#): 1, 81, [NK](#): 1, #91 : 146, 207
- small-flowered crape myrtle (*sidhraka*) Lagerstroemia parviflora Roxb., [GVDB](#): 432 : 168
- smooth angelica (*coraka*) Angelica glauca Edgw. [GVDB](#): 161. Distribution: Afghanistan, Himalaya, western Tibet ([POWO](#)). Edgeworth even recorded the indigenous name “chura” (Edgeworth 1851: 53) : 199, 214, 326
- smooth angelica (*taskara*) see [smooth angelica](#) (*coraka*), [GVDB](#): 176 : 216
- snakeroot (*sugandhā*) → *sarpagandhā* Rauvolfia serpentina Benth. ex. Kurz. See *sarpagandhā*. But may be Aristolochia indica Linn. Has been identified with *nākulī*, or *gandhanākulī*. See ([GVDB](#): 219, 436) : 154
- spikenard (*jaṭā*) see [spikenard](#) (*jaṭāmāṁsī*) : 207, 216
- spikenard (*jaṭāmāṁsī*) Nardostachys jatamansi (D.Don) DC, [GVDB](#): 163. See also [NK](#): 1, #1691. Known to ancient Greek authors (Ball 1888: 343–344) : 326
- spikenard (*māṁsī*) see [spikenard](#) (*jaṭāmāṁsī*) : 163, 198, 216
- spikenard (*nalada*) see [spikenard](#) (*jaṭāmāṁsī*) : 144, 198, 215
- spiny bitter gourd (*karkāruka*) Momordica cochinchinensis (Lour.) Spreng., (Thunb.) Cogn. See [AVS](#): 2, 1135, [IGP](#) 754 (or Beninkasa hispida? [AVS](#): 2, 1127; cf. [AVS](#): 1, 261). M cochinchinensis has poisonous seeds ([NEH](#): 279) : 314
- spurge (?) (*nandanā*) an unknown poisonous plant, a.k.a. (equally obscurely) *udīmānaka*, [GVDB](#): 215 (where it is m.). Perhaps a synonym of [oleander spurge](#) (*snuhī*), like [oleander spurge](#) (*nandā*) : 155
- spurge (*saptalā*) T. B. Singh and Chuneekar ([GVDB](#): 421–422) discuss the four candidates for this plant, three of which are Euphorbias : 124, 199
- strychnine tree (*viṣamuṣṭika*) Strychnos nux vomica Linn., [GVDB](#): 373 : 323
- sugar (*sītā*) Ḍalhaṇa makes this equation at 1.37.25 ([Su 1938](#): 162) : 163, 198
- sugar (*śarkara*) Saccharum officinarum, Linn. [NK](#): #2182 : 150
- sugar cane (*ikṣu*) Saccharum officinarum, Linn. [NK](#): #2182 : 150
- sunflower (*sūryavallī*) → *ādityavallī*, *sūryamukhī*, Helianthus annuus Linn. [GVDB](#): 35, 443 : 162
- sweet flag (*vacā*) Acorus calamus Linn. See [GVDB](#): 352–355 : 119, 126, 214
- sweet plants (*madhuravarga*) The sweet plants are enumerated at *Suśrutasaṁhitā* 1.42.11. See also [GVDB](#): 127 : 59
- sweet-scented oleander (*aśvamāraka*) Nerium oleander, L. See [ADPS](#): 223, [NK](#): 1, #1709, [GVDB](#): 77, which discusses the white and red forms : 154
- teak (*śāka*) Tectona grandis, L.f. See [AVS](#): 5, 245, ([MW](#): 1061) : 213
- Tellicherry bark (*kuṭāja*) Holarrhena pubescens Wall. ex G.Don, with Wrightia tinctoria and W. arborea considered [GVDB](#): 101–102, [ADPS](#): 267–270 : 115, 213, 314
- ten roots (*daśamūla*) Described at *Suśrutasaṁhitā* 1.38.70–71 ([Su 1938](#): 169) as a combination of the [lesser five roots](#) and the [greater five roots](#) : 313
- the four *jāta* drugs (*caturjāta*) a group of four drugs, [cinnamon](#) (*tvac*), [malabathrum](#) (*patra*), [cardamom](#) (*elā*), and [ironwood tree](#) (*nāgakeśara*)

- GVDB: 152 : 326
- the four *jāta* drugs (*caturjātaka*) see the four *jāta* drugs (*caturjāta*) : 232
- the three myrobalans (*triphalā*) chebulic myrobalan beleric myrobalan and emblic myrobalan (*haritakī bibhītaka* and *āmalaka*) One of the most-often mentioned drugs in the Bṛhatrayī GVDB: 194–196 : 113, 197, 198, 207, 208, 310
- the three pungent drugs (*kaṭutrika*) see the three pungent drugs (*trikaṭu*) : 208, 216
- the three pungent drugs (*trikaṭu*) dried ginger, long pepper, and black pepper (*śuṇṭhī*, *pippalī*, and *marica*) GVDB: 193 : 197, 326, 327
- the three pungent drugs (*vyoṣa*) see the three pungent drugs (*trikaṭu*), GVDB: 382–383 : 208, 232
- the two types of clitoria (*śvete*) see white clitoria (*śvetā*) : 216
- the two types of turmeric (*haridre*) see turmeric (*haridrā*) and Indian barberry (*dāruharidrā*), GVDB: 465–466 : 216
- thorn apple (*karambha*) *Datura metel*, L. See GVDB: 76 for useful discussion. Also, AVS: 2, 305 (cf. Abhidhānamañjarī), NK: 1, #796 ff. Potter_{rev}: 292 f, ADPS: 132. Possibly the same plant as plumed cockscomb (*indīvara*) (GVDB: 76, 44–45) : 155, 156, 310, 323
- three heating spices (*tryūṣaṇa*) *śuṇṭhī* (Dried ginger) *Zingiber officinale*, Roscoe. ADPS: 50, NK: 1, #2658, AVS: 5, 435, IGP 1232, *pippalī* (long pepper) *Piper longum*, L. ADPS: 374, NK: 1, #1928, and *marica* (black pepper) *Piper nigrum*, L. ADPS: 294, NK: 1, #1929 : 87, 162
- three-leaved caper (*varuṇa*) *Crataeva magna* (Lour.) DC. See AVS: 2, 202; cf. NK: 1, #696 : 149, 199, 214, 327
- three-leaved caper (*varuṇaka*) see three-leaved caper (*varuṇa*) : 216
- toothed-leaf limonia (*surasī*) *Naringi crenulata* (Roxb.) Nicolson (formerly *Limonia crenulata* Roxb.), GVDB: 439 : 198, 216
- top layer of fermented liquor (*surāmaṇḍa*) K & B: 2, 502, NK: 2, appendix VI, #49, McHugh 2021: 39 : 57, 58
- tree cotton (*kārpāsa*) *Gossypium arboreum* L. ADPS: 231, *pace* the identifications of T. B. Singh and Chuneekar (GVDB: 92, 247), since *G. barbadense* L. is native to South America and *G. herbaceum* L. is native to Africa : 56, 327
- tree cotton (*picu*) See tree cotton (*kārpāsa*) : 58, 60
- tree of heaven (*arala*) probably *Alianthus excelsa* Roxb., GVDB: 21–22 : 213
- turmeric (*gaurī*) *Curcuma longa*, L. See ADPS: 169, AVS: 2, 259, NK: 1, #750 : 120
- turmeric (*haridrā*) *Curcuma longa* Linn. GVDB: 465. On the history of confusions between saffron and turmeric, see Cox 2011 : 121, 162, 169, 197, 327
- turmeric (*niśā*) see turmeric (*haridrā*). Note that when mentioned in dual or with another synonym of turmeric (*haridrā*), then turmeric (*niśā*) will be interpreted as Indian barberry (*dāruharidrā*), GVDB: 227 : 327
- turmeric (*rajanī*) *Curcuma longa*, L. ADPS: 169, AVS: 2, 259, NK: 1, #750 : 42, 163, 198, 208, 232
- turpeth (*trivṛt*) → *trvṛtā*. *Operculina turpethum* (Linn.) Silva Manso = *Ipomoea turpethum* R. Br. GVDB: 197 : 113, 150, 197, 300, 310
- turpeth (*trvṛt*) The common spelling in Nepalese MSS of *trivṛt* : 208
- two kinds of salt (*vasukavasira*) See the discussion by T. B. Singh and Chuneekar (GVDB: 362–363), who note that when *vasuka* is mentioned together with *vasira*, two varieties of salt are often

- meant (see *vasukavasirā*) : 85
- unknown fruit poison (*veṇuka*) see [unknown fruit poison](#) (*veṇukā*) : 155
- unknown fruit poison (*veṇukā*) Bambusa bambos, Druce?. See [NK](#): 1, #307, [GVDB](#): 380. The Nepalese transmission has the m. *veṇuka*, not the f. *veṇukā* T. B. Singh and Chuneekar ([GVDB](#): 380) note that this is an unknown fruit-poison : 327
- velvet bean (*svayaṃguptā*) Mucuna pruriens (L.) DC., [GVDB](#): 461, who say that the plant is known in the *Carakasamhitā* but not the *Suśrutasamhitā*. Watt ([WattDict](#): 5, 286) noted that the English names Cowhage or Cowitch are derived from the Hindi name of M. pruriens, *Kiwach*, Skt. *kapikacchu*, supported by Yule and Burnell (1903: 268) : 240, 327
- velvet bean (*ārṣabhī*) see [velvet bean](#) (*rṣabhī*) and [velvet bean](#) (*svayaṃguptā*). [Mahākośa](#): 1, 94, citing the *Rājanighaṇṭu* 3.50, 201 : 206
- velvet bean (*rṣabhī*) see [velvet bean](#) (*svayaṃguptā*), [MW](#): 226, [GVDB](#): 56 : 327
- velvet-leaf (*pāṭhā*) Cissampelos pariera, L. See [ADPS](#): 366, [NK](#): 1, #592, [GJM1](#): 573, [AVS](#): 1, 95; cf. [AVS](#): 2, 277 : 50, 87, 110, 126, 162, 197, 198, 315
- velvet-mite (*indragopa*) Kerria lacca (Kerr.). Lienhard 1978 : 145
- verbena (*bhārgī*) see [verbena](#) (*bhārgī*) : 198, 215
- verbena (*bhārgī*) → phaṇḍī.
Clerodendrum serratum (L.) Moon or C. serratum; see [AVS](#): 2, 121, [ADPS](#): 87 : 328
- verbena (*phaṇḍī*) Clerodendrum serratum, L. See [AVS](#): 2, 121, [ADPS](#): 87 : 148
- vetiver (*uśīra*) Chrysopogon zizanioides (L.) Roberty, also called “khus.” [NK](#): 1, #180, [GVDB](#): 54 identify it as vetiver : 86, 147, 192, 328
- vetiver and lemon grass (?) (*uśīre*) “the two uśīras,” perhaps [vetiver](#) (*uśīra*) and [lemon grass](#) (*uśīrabheda*) : 216
- viburnum (*tilva*) see [viburnum](#) (*tilvaka*) : 208
- viburnum (*tilvaka*) Viburnum nervosum D.Don. In their thoughtful article, T. B. Singh and Chuneekar ([GVDB](#): 185–186) separate *tilvaka* from *lodhra*, a conflation they attribute to Ḍṛḍhabala. They identify V. nervosum because of its use under a similar local name in Garhwal and Gangotri and the match with its purging properties mentioned in ayurvedic literature. [AVS](#): 5, 219 makes the same separation, noting that in Kerala the plant *Jatropha curcas* L. is used. But that is a native of the new world. Cf. many Viburnum varieties listed by Griffiths ([IGP](#): 1200 ff.). [POWO](#) confirms that V. nervosum has an appropriate Himalayan distribution. *Tilvaka* is also sometimes wrongly considered to be a synonym of [long-stamen Wendlandia](#) (?) (*tilaka*), [GVDB](#): 185–186 : 113, 214, 320, 328
- viburnum extract (*tailvaka*) see [viburnum](#) (*tilvaka*), [GVDB](#): 185, also a ghee compound of [viburnum](#) (*tilvaka*) : 240
- ‘Virāṭa’s plant’ (*vairāṭaka*) unknown. See ? : 156, 158
- water snowflake (?) (*kumudavati*) see [water snowflake](#) (?) (*kumudavatī*) : 156
- water snowflake (?) (*kumudavati*) This is an unidentifiable plant whose name means, etymologically, “with lilies.” [MW](#): 292 gives *Nymphoides indica* (L.) Kuntze (formerly *Villarsia indica*) on no authority; I have used the common name of N. indica as a possibility, but this is not known to be poisonous; on the contrary, it is used medicinally (Khan et al. 2018). N. indica is illustrated on p. 6 of the Voynich

- manuscript. Khan et al. (2018) assert that this is the same plant as *tagara*, although this is not a widely-held view (see *crape jasmine* (*tagara*)) : 155, 312, 328
- watered buttermilk (*udaśvīt*) MW: 183 : 146
- weaver's beam tree (*mokṣaka*) see *weaver's beam tree* (*muṣkaka*) : 328
- weaver's beam tree (*muṣkaka*) Schrebera swietenoides, Roxb. See AVS: 5, 88, Lord, NK: 1, #2246, GVDB: 242–243 : 115, 168, 328
- weaver's beam tree (*pāṭalī*) usually a synonym for *crimson trumpet-flower tree* (*pāṭalā*), but T. B. Singh and Chuneekar (GVDB: 242–243) argue that it is *weaver's beam tree* (*mokṣaka*) because some authors distinguish two colours (unlike *pāṭalā*) : 115, 213, 216
- weaver's beam tree (*viśalyā*) Schrebera swietenoides Roxb. ← *kuberākṣī*. T. B. Singh and Chuneekar (GVDB: 371) notes that this name is a synonym for many other plants, including *lāṅgālī*, *indravāruṇī*, *guḍūcī* etc. Ḍalhaṇa identified it with *pāṭalā*, *kāṣṭhapaṭalā*, and *agnīśikhā* tree, all of which may be called *śvetamokṣaka* or *kuberākṣī* : 197
- weevil wort (*tālamūlikā*) GVDB: 178–179 : 328
- weevil wort (*tālapatrī*) → *tālamūlikā*, *weevil wort*, q.v. GVDB: 178 : 199
- white calotropis (*alarka*) Calotropis procera, (Ait.) R. Br. See NK: 1, #428, Chopra: 46b, Chopra IDG: 305–308 : 59
- white clitoria (*śvetā*) Clitoria ternatea, L. See AVS: 2, 129, NK: 1, #621. GVDB: 416–417 notes that there are two types, *kṣudrā* (white, according to Ḍalhaṇa) and *mahā* (blue, according to Ḍalhaṇa). Sometimes given as a synonym for *winged-stem canscora*, but sometimes as a contrasting plant : 147, 198, 207, 210, 215, 327
- white cutch tree (*somavalka*) Acacia polyacantha, Willd. See AVS: 1, 30, IGP 7, GJM1: 602, AVS: 2, 935; *pace* NK: 1, #1038 : 148, 168
- white dammer tree (*sarja*) Vateria indica, L. See NK: 1, #2571, AVS: 5, 349 f, AVS: 1, 292 f, Chopra: 253a. T. B. Singh and Chuneekar (GVDB: 424) discussed whether this term might be broadened to any resinous tree and decided against : 50, 85, 324, 329
- white dammer tree (*sarjja*) see *white dammer tree* (*sarja*) : 213
- white lotus (*punḍarīka*) see *sacred lotus* (*padma*), GVDB: 252 : 158
- white sandalwood (*bhadraśrīya*) Santalum album Linn. See *white sandalwood* (*bhadraśrī*) : 120, 215
- white sandalwood (*bhadraśrī*) Santalum album Linn. see *sandalwood* (*candana*) GVDB: 152, 282 and *Carakasamhitā* ci.4.102 (Ca 1941: 434) where it is contrasted with *lohita-candana* : 87, 329
- white siris (?) (*kapītana*) T. B. Singh and Chuneekar (GVDB: 72–73) note that this stands for at least two plants, milky and non-milky. For the latter type, they propose *Albizia procera* (Roxb.) Benth., *Thespesia* (hibiscus-like, but not endemic to S. Asia) or *Spondias* (cashew). Six different identifications are made by Monier-Williams et al. (MW: 251), without authority : 213
- white siris (*kaṭabhī*) *Albizia procera* (Roxb.) Benth. or *A. lebbeck* (Linn.) Benth. GVDB: 63–64, AVS: 1, 81–84. Cf. *siris* : 192, 325
- white siris (*kiṇihī*) *Albizia procera* (Roxb.) Benth., GVDB: 98, which also discusses past confusions; NK: 1, #93 : 162, 198
- white teak (*kāśmarī*) see *white teak* (*kāśmarī*) : 241
- white teak (*kāśmarya*) see *white teak* (*kāśmarī*) : 216
- white teak (*kāśmaryā*) see *white teak* (*kāśmarī*) : 85

- white teak (*kāśmarī*) also *kāśmarya*, *kārśmarī*, *madhuparṇī*. Gmelina arborea, Roxb. See [GJM1](#): 543, [Trees](#): 51, [ADPS](#): 240, [GVDB](#): 96–97 : 120, 122, 315, 329
- white teak (*madhuparṇī*) see [white teak](#) (*kāśmarī*) : 85
- white water-lily (*kumuda*) *Nymphaea alba*, Linn., [GVDB](#): 105 : 41, 216, 314
- white-bark acacia (*arimeda*) *Vachellia leucophloea* (Roxb.) Maslin, Seigler & Ebinger. See [AVS](#): 1, 23, T. B. Singh and Chuneekar ([GVDB](#): 22, 33) : 50, 214
- wild asparagus (*bahuputrā*) *Asparagus racemosus*, Willd. See further [wild asparagus](#) (*śatāvārī*) Possibly a syn. for *nandana*. The bark of wild asparagus is toxic : 148
- wild asparagus (*śatāvārī*) *Asparagus racemosus*, Willd. See [ADPS](#): 441, [AVS](#): 1, 218, [NK](#): 1, #264, [IGP](#): 103, [AVS](#): 4, 249 ff, [Dymock](#): 3, 482 ff : 118–120, 122, 246, 329
- wild celery (*agnika*) → may be *bhallātaka*, *lāṅgalī*, *ajamodā*, *moraṭa*, or *agnimantha*, [GVDB](#): 4. Uncertain A plant often cited in *Suśrutasaṃhitā*, but rarely in *Carakasamhitā* ([GVDB](#): 4). Ḍalhaṇa glossed it at 5.2.45 ([Su 1938](#): 566) as *ajamodā* but noted that others consider it to be *moraṭa*. There is considerable complexity surrounding the identification of *moraṭa*/*mūrvā* itself and related synonyms ([GVDB](#): 314–316) : 162, 329
- wild celery (*ajamodā*) *Apium graveolens*, L. Sometimes identified with *agnika* ([wild celery](#)), q.v. : 162, 197
- wild Himalayan cherry (*padmaka*) *Prunus cerasoides* D. Don, [GVDB](#): 236, [AVS](#): 4, 353–355. [MW](#): 585 is wide of the mark : 120–122, 197, 198, 216
- wild spider flower (*ajagandhā*) possibly *Cleome gynandra* L. (syn. *Gynandropsis gynandra* L.); possibly also Basil (*Ocimum basilicum* Linn. or Crested Late Summer Mint (*Elsholtzia ciliata* Willd.) ([GVDB](#): 6). But *E. ciliata* is not native to South Asia : 126
- wild spider flower (*tailaparṇika*) see [wild spider flower](#) : 215
- wild spider flower (*tilaparṇī*) *Cleome gynandra* L., [GVDB](#): 184–185, but see the discussion of the other drug plants sometimes intended by this name : 330
- wild sugar cane (*kāṇḍekṣu*) *Saccharum spontaneum* L., [GVDB](#): 90 : 85
- winged-stem canscora (*giriḥvā*) see [winged-stem canscora](#) (*girikarṇikā*) : 198
- winged-stem canscora (*girikarṇikā*) sometimes → *śvetā*, in which case possibly *Clitoria ternatea*, L., see [AVS](#): 2, 129, [NK](#): 1, #621. Since *śvetā* and *giriḥvā* are cited as separate constituents of one formula (e.g., *Suśrutasaṃhitā* 5.5.75 ([Su 1938](#): 579) they cannot be the same plant. [GVDB](#): 138–139 argued for *Symphorema polyandrum* Wight, which they also assigned to *sinduvāra*. When discussing *śaṅkhapuṣpī*, another possible synonym, Sivarajan and Balachandran ([ADPS](#): 425–427) also suggest *Canscora alata* (Roth) Wall. (syn of *Canscora decussata* Schultes & Schultes f.) and *Convolvulus pluricaulis* Choisy. The former has a more appropriate distribution and is chosen here : 330
- winged-stem canscora (*giryāhvā*) see [winged-stem canscora](#) (*girikarṇikā*) : 329
- Withania (*aśvagandhā*) *Withania somnifera* (L.) Dunal. See [AVS](#): 5, 409 f, [Dymock](#): 2, 566 f, 150, [GVDB](#): 29, [Chevallard](#): 152 : 59, 114, 121, 198
- wood-apple (*kapittha*) *Limonia acidissima*, L. See [AVS](#): 3, 327, [NK](#): 1, #1021 : 121, 147, 149, 199, 208, 209, 213, 240, 323

woody turmeric (*kāleyaka*) *Coscinium fenestratum* (Goetgh.) Colebr.,
 GVDB: 95. See V. K. Gupta et al.
 2015: 173–175: 216
 woody-fruited jujube (*gopaghonṭā*)
Ziziphus xylopyra (Retz.) Willd.
 GVDB: 147 → *ghonṭā*: 214
 yellow-berried nightshade (*kaṇṭakārī*)
Solanum virginianum L. (syn. *Solanum*

surattense Burm. f. and *Solanthum xanthocarpum*, Schrad. & Wendl.)
 GVDB: 68–69. See also IHR: 430. A
 component of lesser five roots: 319, 330
 yellow-berried nightshade (*kṣudrā*) see
 yellow-berried nightshade (*kaṇṭakārī*),
 ADPS: 100, NK: 1, #2329, AVS: 5, 164:
 162, 163

Fauna

all-support (*vaiśvambhara*) A variant of
 all-support (*viśvambhara*), q.v.: 223
 all-support (*viśvambhara*) unknown.
 "All-support" is merely the etymology
 of the term, whose lexical referent is
 "Earth." Possibly similar to a scorpion,
 although it is listed alongside scorpion
 (*vr̥ścika*) in some lists, as if it were
 something different: 167, 227, 330
 ant (*pipīlika*) MW: 627: 228
 arala rat (*arala-animal*) a hapax legomenon
 in Sanskrit, probably a Dravidian loan
 word or cognate from forms like Pengo,
 Maṇḍa, Kuwi etc., *orli*, *urli*, etc.,
 DED₂: #994: 204, 206
 arrow-coloured (*śaravarṇa*) unknown frog,
 name from etymology: 226
 aṭakī (*aṭakī*) unknown: 223
 bad-marked rat (*kuliṅga*) etymologically,
 "having bad-marks" MW: 286, but
 unidentifiable: 204, 207
 beaked (*tunḍikerī*) neologism insect-name
 based on the etymology of *tunḍa*.
 Probably *tunḍikera* and *tunḍicela* are
 variants of the same lexeme. *tunḍa* is
 "Nicht überzeugend erklärt" according
 to Mayrhofer (EWA: 1, 653), who refers
 to a possible non-Indo-European origin
 (ibid. v. 3, 249 on *tundikā*, *tundikerī*
 refers to plants only). But Burrow
 1971: 544 derived the term plausibly
 from √*tud* "peck": 222

bee (*bhramara*) bee or bumble-bee,
 MW: 769, etc.: 223
 bee (*makṣikā*) MW: 771. May sometimes
 refer to a fly: 228
 bhaṭābha (*bhaṭābha*) unknown: 223
 black (*kṛṣṇa-maśaka*) unknown; name
 based on etymology: 228
 black drongo (*dhūmyāṭa*) *Dicrurus*
adsimilis, Bechstein, Dave 1985: 63, 65,
 199: 144
 black monitor lizard (*kṛṣṇagodhā*)
 unknown, name from etymology: 223
 black rat (*kṛṣṇa*) perhaps the widespread
 Black Rat or Common House Rat,
Rattus Rattus L., BIA: 210: 204, 206
 black scorpion (*kṛṣṇa-vr̥ścika*) unknown;
 name from etymology. Possibly a
Heterometrus, since they are large,
 black and have low toxicity: 230
 black-beak (*kṛṣṇatunḍa*) unknown insect,
 name based on etymology; MW: 307.
 But possibly "black-belly" based on the
 lexeme *tunda*, CDIAL: 1, #5858: 223
 black-coloured (*kṛṣṇavarṇa*) unknown
 frog, name from etymology: 226
 brahman woman ant (*brāhmaṇī*) unknown;
 meaning from etymology: 228
 brown (*kapilā*) unknown; meaning from
 etymology: 228
 brown rat (*kapila-animal*) name from
 etymology; unidentified; see tawny rat
 (*aruṇa*): 204, 207, 335

- brown scorpion (*śyāva-vṛścika*) unknown; name from etymology : 230
- bull (*vṛṣabha*) MW: 1012, etc. *Bos taurus*, Linn. : 144
- cavity (*kuhara*) unknown frog, name from etymology : 226
- celestial (*svarga-insect*) unknown insect, name based on etymology : 223
- centipede (*śatapāda*) see centipede (*śatapādaka*) : 226
- centipede (*śatapādaka*) the name's meaning is, "hundred-foot" MW: 1049, CDIAL: 1, #12281 : 223, 331
- chital deer (*pṛṣata*) *Axis axis*, Erxleben. BIA: 295–296. In *Suśrutasaṃhitā* 5.5.71 (Su 1938: 579) it seems to be specifically the musk that is meant. so the reference may be to the Musk Deer (*Moschus moschiferus* L.). But all species produce musk, so *pṛṣata* may also be simply Chital or Spotted Deer. See also IW: 93: 144, 150, 198
- chukar partridge (*cakora*) *Alectoris chukar*, J. E. Gray, Woodcock 1980: 45, distributed from NW India to Nepal and Assam : 144
- civet (*mārjāra*) BIA: ch. 4 *et passim*, McHugh 2012 : 198
- colourless (*vivarṇā*) unknown; meaning from etymology : 228
- common crane (*kroñca*) *Grus grus*, Linn., Woodcock 1980: 47, Dave 1985: ch. 62 : 144
- cone snail (*śambūka*) a bivalve or snail (MW: 1055), but presumably a poisonous one such as the cone-snail : 166
- cook-fish insect (*pākamatsya*) unknown insect, name based on etymology. A kind of fiery insect according to Ḍalhaṇa on 5.3.5 (Su 1938: 567) : 166, 223
- cricket (*uccīṭiṅga*) The suggestion "cricket" is from Assamese *usaṅgā* and Bengali *cuiṅgā*, *ucuṅgā*, CDIAL: 1, #1645, although they are not venomous. Unlikely: a crab, MW: 173. The cricket may appear to have a sting, although it does not Maxwell-Lefroy 1909: 102 : 167, 222
- dark blue scorpion (*mecaka*) unknown; name from etymology : 230
- devout (*brahmaṇikā*) unknown insect, name based on etymology : 223
- district (*maṇḍala*) unknown; name based on etymology : 228
- droplet (*bindula*) unknown insect, name based on etymology. Ḍalhaṇa on 5.8.9 (Su 1938: 586) noted that some people read *viluṭa* instead of *bindula* : 223
- drummer (*duṇḍubhaka*) unknown insect, name based on etymology. But may be connected with a variant of *tunda/tund* "belly" CDIAL: 1, #5858. **tunda-bhaka* might then mean "belly-croaker/puffer" : 223
- elephant (*hastin*) unknown; name based on etymology : 228
- enemy-liquor (*arimedaka*) unknown insect, name based on etymology. Perhaps a variant of *ali*- "bee", CDIAL: 1, #716 or *āla* "poison" CDIAL: 1, #1352 : 223
- fidgety rat (*capala*) from the etymology of the word. Unidentifiable mouse or rat. It is probably too much of a stretch to connect it with Dravidian forms like Kui *superi* "shrew-mouse", DED₂: #2675 : 204, 207
- fierce-purple scorpion (*ugradhūmra*) unknown; name from etymology : 230
- fiery insect (*agnikīṭa*) see ?? (*agni-insect*) : 223, 332
- finger-ant (*aṅgulikā*) unknown; meaning from etymology : 228
- fire centipede (*agni-centipede*) unknown insect, name based on etymology. Cf. Marāṭhī *āghī* "a kind of stinging fly" CDIAL: 1, #57 : 332
- fire-centipede (*agniprabhā*) uncertain; same as the fire centipede (*agni-centipede*)

- and cf. *fiery insect* (*agnikīṭa*) : 229
- five-black (*pañcakṛṣṇa*) unknown, etymologically “five-black” : 223
- five-venom (*pañcālaka*) unknown insect, name based on etymology : 223
- five-white (*pañcaśukla*) unknown, etymologically “five-white” : 223
- fondling rat (*lālana*) based on etymology. An unknown rat or mouse : 204, 205
- frog (*dardura*) frog. CDIAL: 6198 also gives “lizard, chameleon” for Khotanese *dodór*, though this may be < *dardru-* : 226
- frown (*bhṛkuṭī*) unknown frog, name from etymology : 226, 229
- gajpipul rat (*vasira-animal*) unknown type of rat or mouse. “*Vasira*,” equated with *gajapippalī* is usually the name of the liana *Scindapsus officinalis* (Roxb.) Schott (GVDB: 132, 362) (see *gajpipul* (*gajapippalī*)). Lianas are known for providing a habitat for many arboreal animals, including rodents. The vulgate *Suśrutasaṃhitā* reads *haṃsira* as the name of this rat : 204, 206
- greenish (*harita-frog*) unknown frog, name from etymology : 226
- grey peacock-pheasant (*jīvajīvaka*) *Polyplectron bicalcaratum*, Linn., Dave 1985: 270, 273, 274, 281 : 144
- hairy scorpion (*romaśa*) unknown; name from etymology : 230
- hairy-head scorpion (*romaśīrṣa*) unknown; name from etymology : 230
- hill myna (*sārikā*) *Acridotheres tristis* tristis, L., etc. See Ali and Ripley 1983: #1006, Dave (1985: 28 ff.), Woodcock (1980: 119) : 144
- horned (*śṛṅgī*) unknown, based on etymology : 222
- house gecko (*gr̥hagolikā*) see *house gecko* (*gr̥hagoḍikā*) : 226
- house gecko (*gr̥hagoḍikā*) MW: 362, CDIAL: 1, #4324. Hemacandra’s *Abhidhānacintāmaṇi* (4.364) mentions that *gr̥hagodhikā* and *gr̥hagolikā* are synonyms (Rādhākānta Deva 1876: 691a, *sub māṇikyā*) : 166, 332
- house shrew (*chuchundara*) *Suncus murinus* (Linnaeus, 1766), Wikipedia, BIA: 168–169 and plate 38. Probably a Dravidian loan word related to Tamil *cunṭaṇ*, “grey musk shrew,” see DED₂: #2661 and CDIAL: 1, #5053 : 204, 206
- hundred-creeper (*śatakurda*) unknown insect, name based on etymology. Cf. *śarāvākurda* “creeping among dishes” (MW: 1057), apparently also the name of a snake : 222
- hundred-kulimbhaka (*śatakulimbhaka*) unknown insect class. Perhaps centipedes : 222
- iguana (*godheraka*) The गौधेरक is described in the *Carakasamhitā* as a four-legged snake born of a *Indian monitor lizard* that is similar to a black snake and has several species (6.23.134 (Ca 1941: 577)). CDIAL: 1, #4286 identifies this as an iguana : 225, 229, 333
- Indian monitor lizard (*godhā*) *Varanus bengalensis* (Daudin, 1802), Reptiles: 58–60, ill. : 59, 103, 150, 333
- Indian peafowl (*mayūra*) *Pavo cristatus*, Linn., Woodcock 1980: 39 : 144
- invincible rat (*ajita*) etymological meaning; unidentifiable : 204, 207
- kiṭibha (*kiṭibha*) unknown : 223
- koel (*kokila*) *Eudynamys scolopaceus*, Linn., Wikipedia, Woodcock 1980: 66 : 144
- kokila-insect (*kokila-insect*) unknown : 223
- koṇṭāgīrī (*koṇṭāgīrī*) unknown : 223
- kr̥mikara (*kr̥mikara*) unknown : 223
- kuṣṭa-insect (*kuṣṭa-insect*) unknown : 223
- lac (*lākṣā*) *Kerria lacca* (Kerr.). See GJM1: 445, NK: 2, #32, Varshney 2000. Watt (Watt_{Comm}: 1053–1066) is characteristically informative, and is

- definite about the antiquity of lac in India. See also Bellini 2025: 135–138: 169, 198, 216
- large Brown rat (*mahākapila*) from the etymology of the name, “large brown,” perhaps a bandicoot: 207
- large gecko (*galagoḍikā*) A poisonous insect, amphibian or reptile described in *Suśrutasamhitā* 5.8.29 (Su 1938: 588) as a biting creature that may be white, black, with red stripes or rings or spotted. It is described just after the *iguanas* (*godheraka*) and before centipedes. The name is unstable, e.g., गलगोलिका, गलदोडी, गलगोली. Cf. the remarks on geckos in note 548, p. 166. The similarity of names suggests that a गलगोडिका may be a non-domestic creature that looks similar to a domestic gecko. Cf. other IA parallels at CDIAL: 1, #4324, 4431, which point to a Dravidian origin for the lexeme (DED₂: #1125) and suggests “iguana.” The tokay gecko (*Gekko gecko* (Linnaeus, 1758)) is a large gecko endemic to South Asia having a blue-gray skin with red or orange spots and speckles that may change according to its environment like a chameleon. Tokay geckos, especially males, are aggressive and territorial and can inflict a strong bite. However, many agamids and skinks are also endemic to South Asia, and have markings that could match the description of the *Suśrutasamhitā*. See further IW: 40, 135–136; Deuti 2020: 90
- legume-insect (*vaidala*) unknown insect, name based on etymology: 222
- lentil insect (*masūrika-insect*) usually the name of a lentil or the “lentil disease,” namely smallpox. But here, an insect: 222
- little point (*koṭika*) unknown frog, name from etymology: 226, 229
- little rat (*cikkira*) likely related to the Tulu “cikkeli, a small variety of mouse,” and other Dravidian works related to Tamil *cikka* “small,” DED₂: #2495. See also CDIAL: 1, #4779 on *cikka* “mouse or muskrat,” from lexical sources, and #4781 *cikkā* “small” from Drav., Burrow 1948: #141: 204, 206
- little-voice (*alpavāca*) unidentified insect; possibly a wrong reading: 222
- lotus-insect (*padmakīṭa*) unknown insect, name based on etymology: 223
- maggot (*kīra-insect*) unknown insect. See Lahndā, Panjābī, Bengali, Oriya *kīṛā*, etc., CDIAL: 1, #3193 and similar forms in Bihārī, Maithilī Bhojpurī, etc. Obviously a variant of *kīṭa*: 223
- maṇḍalapuṣpaka (*maṇḍalapuṣpaka*) unknown: 223
- massage-ant (*saṃvāhikā*) unknown; translation based on etymology: 228
- matt (*aprabha*) unknown frog, name from etymology: 226
- mole-rat (*kokila-animal*) Bandicota bengalensis (Gray & Hardwicke). Etymologically, “brown as a Kokila.” CDIAL: 1, #4324 relates *kokila* to *golaka* but it may more likely be a Dravidian loanword from *koko*, *kogi*, *koki*, meaning “small, little, young” DED₂: 2030. This is possibly supported by Kannada *kok* and Telugu *golatta*, *koku* for the mole-rat, reported by Prater (BIA: 205): 204, 207
- mongoose (*nakula*) *Urva edwardsii* or the often sympatric *U. auropunctatus* (small Indian mongoose, usually an eater of smaller creatures than snakes) (BIA: ch. 5), On mongooses and snakes, see IW: 112; BIA: 98–99: 150, 198
- mosquito (*maśaka*) a mosquito, gnat, gadfly or any stinging fly, MW: 793, CDIAL: 1, #9917: 223, 228
- mountainous (*pārvata*) unknown; name based on etymology: 228

- myna-face (*śārikāmukha*) unknown insect, name based on etymology : 222
- nāhana (*nāhana*) unknown : 223
- needle-mouth (*sucīmukha*) unknown, etymologically “needle-mouth” : 223
- noseless (*vināsikā*) unknown insect, name based on etymology : 223
- oceanic (*sāmudra*) unknown; name based on etymology : 228
- outsider (*bāhyaka*) unknown insect, name based on etymology : 223
- parakeet (*śuka*) *Psittacula krameri*, Scopoli (or *P. eupatria* or *cianocephala*), See Woodcock 1980: 64 : 144, 208
- picciṭā (*picciṭā*) unknown insect; etymologically perhaps similar to *piccaṭa* “squashed flat” (MW: 624) : 223
- pigeon rat (*kapota-animal*) a rat “like a pigeon;” presumably of grey colour : 204, 207
- pitcher-like (*kaunḍinya-insect*) unknown insect, name based on etymology : 223
- pot-nose wasp (?) (*kumbhīnāsa*) unknown insect, name based on etymology. Cf. the forms related to *kumbhakārī* “potters’ wife” at CDIAL: 1, #3312, including Assamese *kumārni* “mason-wasp,” Hindī “wasp-like insect which makes a clay nest” : 335
- pot-turd (*kumbhīvarcas*) unknown insect, name based on etymology (on *-varcas*, see *Mahākośa*: 1, 725 : 223
- pravalāka (*pravalāka*) unknown : 223
- racket-tailed drongo (*bhrīgarāja*) *Dicrurus paradiseus*, Linn., Woodcock 1980: 123 : 144
- rat (*unduru*) Also *undura* or *indūra* in some sources, including the vulgate. A common name for a rat or mouse in many S. Asian languages from Prakrit to contemporary, CDIAL: 1, #2095, Menon 2014, where it is called “house mouse” : 204, 207
- red scorpion (*rakta-vṛścika*) unknown; name from etymology : 230
- red-dweller (*kaṣāyavāsika*) unknown, name from etymology : 223
- red-toothed shrew (*kaṣāyadanta*) see red-toothed shrew (*kaṣāyadaśana*) : 207
- red-toothed shrew (*kaṣāyadaśana*) from the etymology of the word. Shrews in the genus *Sorex* (as well as others in the subfamily *Soricinae*) have red-pigmented teeth. Species in South Asia include Hodgson’s brown-toothed shrew (*Episoriculus caudatus*), the Himalayan water shrew (*Chimarrogale himalayica*), the Assam mole shrew (*Anourosoricini assamensis*) and the Giant mole shrew (*A. schmidi*) : 204, 334
- revolver (*āvartaka*) unidentified insect : 222
- river dolphin (*śiśumāra*) *Platanista gangetica* (Lebeck), BIA: 313–314, plate on p. 289, MW: 1076 : 217
- round-bristle (*vṛttaśūka*) unknown; name based on etymology : 227
- śairyaka-insect (*śairyaka-insect*) unknown : 223
- śambuka (*śambuka*) unknown : 223
- sarṣapaka (*sarṣapaka*) unknown : 223
- scorpion (*vṛścika*) MW: 1011, etc. : 167, 229, 330
- scorpion the colour of cow’s urine (*gomūtrābha*) unknown; name from etymology : 230
- she-ass insect (*gardabhī-insect*) unknown insect, name based on etymology : 223
- sheep-insect (*urabhra-insect*) unidentified insect : 222
- shining-like-grain (*kaṇabha*) unknown insect, name based on etymology : 223
- slimy (*śleṣmaka-insect*) unknown insect, name based on etymology : 223
- snake-sore (*ahikuttha*) unknown; name based on etymology : 227
- sonny rat (*putraka*) unidentified mouse or rat. Perhaps related to Dravidian forms like Pengo *puṭki*, DED₂: #4257 (itself

- perhaps just a form related to Tamil *poṭi* “little”) : 204, 205
- sore-maker (*kutthuka*) unknown; name based on etymology : 227
- speckle-head (*citraśīrṣaka*) unknown insect, name based on etymology : 222
- spotaka (*spotaka*) unknown : 223
- spotted (*paruṣa*) unknown insect, name based on etymology, which could be anything from dirty-coloured, stiff, or rough to shaggy : 222
- spotted scorpion (*paruṣa-vṛścika*) unknown; name from etymology : 230
- stench (*sthālakā*) unknown; translation based on *sthālika*, MW: 1262 : 229
- stripy (*abhirājī*) unknown insect, name based on etymology : 222
- swan (*haṃsa*) *Cygnus olor*, Gmelin, Dave 1985: ch. 84. As Dave says, “a generic term for a large part of the Anatidae family” including Swans, Geese, Ducks and Teals. The term needs to be translated variously according to the geographical context of the usage. In the Himalayan region, “swan” is appropriate, but in more southerly peninsular India, “goose” is more likely. The dogmatism of J. Vogel 1962 is based on mainly southern observations and temple carvings. The discussion by Dave 1985 is nuanced and accurate : 144
- sweet hoof (*nakha*) *Unguis odoratus* or *Onycha*, McHugh 2013, from which I adopt the name “sweet hoof.” See especially McHugh’s very interesting discussion about translating this term, pp. 56 ff. See also MW: 524 (on no authority) : 216
- tawny rat (*aruṇa*) from the etymology of the word, perhaps *Rattus norvegicus* (Berkenhout, 1769), which is large, brown and common (it originated in central Asia and (likely) China, not Norway), and perhaps distinguishing it from the “large” brown rat : 204, 207, 208, 331
- thick-head (*sthūlaśīrṣā*) unknown; meaning from etymology : 228
- tick-navel (*uṇḍunābha*) unknown insect; name based on etymology. Etymologically, an insect with an *uṇḍu* for a navel. Conjecturally, perhaps *uṇḍu* is a loan from Tamil *antu* “small grey-winged insect found in stored paddy” (DED₂: #150). Possibly remotely related to Dravidian lexemes for “tick,” *uḷuṅgu*, *uḍum*, *urūm*, *uṇṇi*, etc. DED₂: #591, #604. The vulgate of the *Suśrutasaṃhitā* reads *pot-nose wasp* (?) (*kumbhīnāsa*) “pot-nose” in place of this lexeme, q.v. : 222
- tolaka (*tolaka*) unknown : 223
- tortoise (*kūrma*) Perhaps *Geochelone elegans* (Schoepff), *Reptiles*: 30 and plate, MW: 1076 : 217
- tuṇḍavakra (*tuṇḍavakra*) unknown : 223
- tuṇḡnāsa (*tuṇḡnāsa*) unknown : 223
- valabhika (*valabhika*) unknown insect : 223
- variegated scorpion (*karbura*) unknown; name from etymology. Possibly *Isometrus maculatus* (De Geer, 1778), which is brown and spotty : 230
- vicitiṅga (*vicitiṅga*) unidentified insect (not in MW) : 222
- warding off (*vāraṇī*) unknown insect, name based on etymology. Cf. *Oṛiyā bāraṇī* “charm against wild animals or noxious insects” CDIAL: 1, #11553 : 223
- wasp (*varaki*) *varaṭī* is a wasp; *वरकि* in the Nepalese MSS may possibly be an alternant of this word. Dalhaṇa on 5.3.5 (Su 1938: 568) remarked that some interpreted *वरकिमत्स्य* as two items, “wasp and fish,” others as a single one, “wasp-fish.” : 167
- white frog (*śveta-dardura*) uncertain; name based on etymology : 226
- white gecko (*śvetā-grhagolikā*) unknown; name based on etymology : 229

white rat (*śveta-animal*) from the etymology, perhaps the *Mus musculus*, L., although strictly, they are agouti not white. The whitetailed wood rat (*Madromys blanfordi*, Thomas) is brown but has a distinctive white end to its tail : 204, 207
white scorpion (*śveta-vṛścika*) unknown;

name from etymology : 230
wing-scorpion (*patravṛścika*) unknown insect, name based on etymology : 167, 223
worm-dish (*krimisarāvī*) unknown insect, name based on etymology. *śarāva* “dish, plate, etc.” (MW: 1057) : 223

Minerals

ashes (*bhasma*) ashes, corrosive when wet : 156
cuttle-fish bone (?) (*phenāśma*) Hapax legomenon. Etymologically “foam-stone”. Perhaps cuttlefish bone, or pumice (see Byrski 1981)? Dutt (Dutt: 38–42) conjectured that ‘foam-stone’ may be impure white

arsenic obtained by roasting orpiment. : 156
orpiment (*haritāla*) Arsenii trisulphidum. See NK v. 2, p. 20 ff : 156
vermillion (*rakta*) speculative, based on *Mahākośa*: 1, 667, under *raktadhātu*, citing the *Dhanvantarīyanighaṇṭu* : 156

Glossary

'angry beetles' - *toṭaka*: 166
 'bellied' - *kukṣita*: 167
 'darts' - *śārikā*: 167
 'flat insects' - *picciṭā*: 166
 'lids' - *śārava*: 167
 'liquors' - *medaka*: 167
 'orange-dwellers' - *kaṣāyavāsika*: 166
 'pepper snakes' - *saṣapaka*: 166
 'poisonous snakes' - *pracaḷāka*: 166
 'pot insects' - *kaunḍinya*: 166
 'speckle-heads' - *citraśīrṣa*: 167
 'wood-enemies' - *dārūkāri*: 167
 √*pīḍ* - pain: 187
 √*rakṣ* - protect: 88
 √*śodh* - purge: 193
 √*ūh* - propelled: 186
 a man with no semen - *śaṇḍa*: 102
 - *śaṇḍha*: 93
 abdomen - *pakvāśa*: 110
 abdominal gripes - *śūla*: 215
 abdominal lump - *gulma*: 258
 abdominal swelling - *gulma*: 72
abhayā - chebulic myrobalan: 242
abhiprāya - intentionality: 102
abhivyakta - manifest: 101
abhramukta - free from clouds: 248
abhyaṅga - massage oil: 143, 149 - oil
 massage: 147 - oil rub: 110, 284
abhyañjana - oil rubs: 197
abīja - seedless: 84
ācamana - lavages: 87
ācāra - regimen: 25
ācārika - medical advice: 58
 accents - *svara*: 192
 accumulation - *samudāya*: 55 - *sañcaya*: 26
 acidic - *amla*: 86
ādarśamaṇḍala - the mirror ring: 181
adhikaraṇa - topic: 297f
adhimantha - irritation: 250
adhiṣṭhāna - base, foundation: 165
 - carriers: 165 - located: 25
ādhmāna - distension: 157 - tympanites:
 80

ādhmāta - swollen: 184
adhodṛṣṭitva - downward vision: 250
adhva - roads: 75
adhyāya - sections: 28
 afflicted - *upasṛṣṭa*: 84
 affliction - *upasarga*: 149
 afterbirth - *aparā*: 129
agada - anti-toxin: 233 - antidote: 161,
 192f, 197, 210 - antitoxic: 192
 - antitoxin: 233
āgantva - external factors: 27
āgāradhūma - soot from the chimney: 50,
 111
 aggregation - *samuccaya*: 297, 301
āgneya - of the nature of agni: 98
agni - digestive fire: 71 - heat: 70
agnika - the flame: 181
agnikarma - cauterization: 110
agnisaṅga - diminished digestive fire: 72
agnivarnā - fire coloured: 226
agra - supernatant layer: 245
agramukta - free from the point: 248
āhāra - diet: 25
āhārya - take away: 56
ahipatāka - the snake flag: 182
ahorātra - day and night: 26
 aids - *aṅga*: 243
 air - *samīraṇa*: 186
ajagara - constrictor: 184 - the goat
 swallower: 182
ajākṣīrārdita - stirred with goat's milk:
 250
ajeya - invincible: 150 - invincible: 163
akhiladehavyāptirūpam - takes the form of
 pervading the whole body: 159
akriya - inactive: 79
ākṣepaka - convulsion: 77, 80 - the
 convulsor: 77
ākṣip - convulse: 77
ākṣipana - convulsing: 77
ākula - overflowing: 224
 al layers - *kalā*: 186
alagardā - sting-gush: 39

- alagarda* - the hungry sting: 181
alañkṛtvā - made accessible: 23
ālepa - liniment: 240
ālepana - liniments: 39, 149 - ointments: 110
all-white - *sarvaśvetā*: 226
alleviated - *yāpya*: 243
alleviation - *pratīkāra*: 26
along these lines - *evam*: 27
āmāśaya - stomach: 160f
amla - acidic: 86
amṛta - immortal: 150
anāgatāpekṣaṇa - future reference: 297, 301
ānāha - constipation: 157, 160, 163
anāyūṣya - not conducive to long life: 99
aṇḍaja - born from eggs: 26
aṇḍīnī - with testicles: 259
anekānta - variable statement: 297, 300
aṅga - aids: 243 - component: 24 - parts: 27
aṅgamarda - bruising of the limbs: 160
anger - *krodha*: 25
anguish - *santāpa*: 76
aṅgulirāji - the finger stripe: 181
animals - *paśu*: 26
añjana - application of collyrium: 240, 245 - collyrium: 193f, 197f, 239-242, 244ff, 251 - eye make-up: 143, 149 - eye ointment: 149 - eye salve: 161 - stibnite: 245
annamada - intoxication from food: 160
antarāyāma - emprosthotonos: 77
anti-toxin - *agada*: 233
antidote - *agada*: 161, 192f, 197, 210
antitoxic - *agada*: 192
antitoxin - *agada*: 233
antra - entrails: 242 - gut: 161
ants - *pipīlika*: 26
aṇu - minute: 98
anubandha - indicatory sounds: 292
anulepana - massage ointment: 143, 147 - ointment: 147
ānulomya - rightness: 70
anumata - consent: 297, 300
anuvāsana - oily enema: 85
anya - other: 287
apadeśa - statement of reason: 297, 299
apakṣāghāta - paralysis: 78
apāna - apāna: 71
apāna - *apāna*: 71
apāṅga - outer corner of the eye: 247
aparā - afterbirth: 129
aparājita - undefeated: 225
apatānaka - seizure: 77
āpatantraka - spasmodic contradiction: 78
apavarga - exception: 297, 300
apertures of the head - *kha*: 148
aphorism - *sūtra*: 298
apparent - *pravyakta*: 101
application of collyrium - *añjana*: 240, 245
application of oil to the head - *śirobasti*: 112
apuṣpa - the grass flower: 180
araga timira - non-bloodshot blindness: 247
ardhakapāṭasandhika - half door-hinge: 56
ardita - paralysis of the jaw-bones: 78, 80 - spasm of the jaw-bones: 79
arid-land animals - *jāṅgala*: 245
ariṣṭā - bandage: 190f, 195f
ariṣṭa - omens: 63
aṇṇavamala - cuttle fish: 242
arocaka - loss of appetite: 160
arśas - prolapses: 258
ārtava - menses: 100 - menstrual blood: 98, 258 - seasonal blood: 84
ārtava - menstrual blood: 86f
artha - purpose: 286
arthāpatti - implication: 297, 300
aruci - disinterest in food: 195
asādhya - incurable: 84, 239 - untreatable: 247
āsaṅgima - fastening: 56
asātmya - uncongenial: 75
āsekya - having diminished seed: 91
aśmarī - urinary stones: 215
āśoka - grief: 25

- āśraya* - substrata: 153
āśrayin - substrate: 25
aśrupāta - weeping tears: 88
āsthāpana - enema: 85
asthi - bones: 27
aṣṭhīlā - pebble: 145
asthma - *śvāsa*: 215
asūyā - jealousy: 25
atibalā - strong mallow: 243
atideśa - prediction: 297, 299
atikrāntāpekṣaṇa - past reference: 297, 301
ātmaka - nature: 24
āṭopa - flatulence: 146
attribute - *guṇa*: 284
atyānandā - extremely excited: 259
avabāhuka - avabāhuka: 80
avabāhuka - *avabāhuka*: 80
avadāraṇa - fissuring: 149
avakāśa - place: 42
avalekhana - combs: 143
avapīḍa - sternutatory: 194
āvarta - spiral: 247
avaśardhita - fart: 166
aversion to food - *bhaktadveṣa*: 215
axelwood - *dhava*: 251
ayana - half-year: 26
āyatta - depends on: 25
āyu - life: 38
āyur - life, longevity: 21
āyurveda - the science of life: 22

babhru - the brown: 181
babhrūkuṭīmukha - the brown hut mouth: 180
baddham - bound, connected: 60
bahuvārṇa - multicolour: 225
balā - country mallow: 243
bala - strength: 25
balāsa - phlegm: 111
bali - morsel: 144 - ritual offering: 103
 - sacrificial offerings: 191
bandage - *ariṣṭā*: 190f, 195f - *bandha*: 190
bandha - bandage: 190
base, foundation - *adhiṣṭhāna*: 165
bāṣpa - vapour: 144f, 148
basti - enema: 112

basti - instillation: 85
be exhausted - *sāda*: 161
bearers - *voḍhāra*: 143
beauty berry - *priyaṅgu*: 245
belly - *kukṣi*: 91
bellyache - *jaṭhara*: 163
bent brow and eye - *vakrabhrūnetra*: 249
benumbed - *jāḍya*: 186
beryl - *vaiḍūrya*: 251
between the shoulder-blades - *trika*: 112
bewilderment - *moha*: 74
bhāgadheya - tribute: 103
bhadradāru - deodar: 251
bhakṣya - masticable: 302
bhaktadveṣa - aversion to food: 215
bhaṅga - leaves: 248
bhavet - it may be: 247
bhāvita - cooked: 245 - infused: 241
bherī - drum: 198
bheṣaja - treatment: 259
bhojya - edible: 302
bhrama - dizziness: 74
bhramaraka - drongo: 144
bhūmī - black earth: 199
bhūta - element: 98
bhūtātman - elemental self: 99
bighead - *mahāśīras*: 225
bīja - seed: 91 - semen: 258
bile-fever - *pittajvara*: 196
bile - *pitta*: 243
bilious / choleric - *pittalā*: 259
bindurāji - the drop stripe: 181
black earth - *bhūmī*: 199
black part - *kṛṣṇa*: 247
black soot - *maṣī*: 240
black-pattern - *kṛṣṇacitra*: 226
black-striped - *kṛṣṇarājī*: 226
black - *kṛṣṇā*: 39, 226
blanket sweating - *prastara*: 110
blindness - *timira*: 247
blink of the eye - *nimeṣa*: 26
blisters - *piṭaka*: 205, 208
blockage of the vision - *drṣṭyavarodha*: 185
blood-bile - *raktapitta*: 239

- blood-bile - *śonita-pitta, rakta-pitta*: 243
 blood-letting - *sirāvedha*: 240
 blood - *rakta*: 84 - *rudhira*: 26 - *śonita*: 243
 - *śonita*: 83f
 bloodshot blindness - *rāgin timira*: 244
 - *rāgiṇi timire*: 247
 blossom - *prasūna*: 198
 blue dot cataract - *mlāyin*: 246
 blue vitriol - *tuttha*: 245
 bodily constituents - *dhātu*: 159
 bodily element - *dhātu*: 73
 bodily tissues - *dhātu*: 70 - *dhātu*: 186
 body language - *iṅgita*: 143
 body tissue - *dhātu*: 160, 233
 bones - *asthi*: 27
 born from eggs - *aṇḍaja*: 26
 born in in a caul - *jarāyuja*: 26
 born of sweat - *svedaja*: 26
 bound, connected - *baddham*: 60
 bow paralysis - *dhanuḥstambha*: 77
 box myrtle - *kaṭphala*: 242
brahma - holiness: 191
brahmacāriṇī - chaste woman: 88
brahmarṣi - holy sages: 191
 breath - *prāṇa*: 71
 brilliance - *tejas*: 90
 bristles - *śūka*: 166
br̥ṇhana - nourishment: 25
 brown - *kapilā*: 226
 bruising of the limbs - *aṅgamarda*: 160
 bubbling - *budbuda*: 250
budbuda - bubbling: 250
 bulbs - *kanda*: 26
 bulges - *piṭaka*: 101
 burning sensation in feet - *pādadaḥa*: 79
 burning sensation - *dāha*: 75
 bursts out - *sphuṭita*: 76

cakradhārā - rim of a wheel: 57
cakra - the ringed: 182
cala - liquid: 248
 can be mitigated - *yāpya*: 76, 247
caraṇī - *caraṇī*: 259
caraṇī - *caraṇī*: 259
 cardamom - *elā*: 242
carman - pelt: 26

carmānta - leather: 190
 carnivore - *kravyabhuj*: 244
 carriers - *adhiṣṭhāna*: 165
 cassia cinnamon - *patra*: 250
 castor oil - *pañcāṅgulataila*: 243
 cataract - *liṅganāśa*: 247
caturvarga - fourfold grouping: 27
catuṣṭaya - four factors: 27
 caused by wind - *pavanodbhava*: 243
 causes - *hetu*: 259
 causing a fall - *sraṃsanī*: 259
 causing the destruction of actions such
 as moving - *gamanādikriyāvināśakarī*:
 249
 caustic - *kṣāra*: 85, 87, 213
 cauterization - *agnikarma*: 110
 cauterized - *paridāhita*: 210
cetanādhātu - element of consciousness:
 101
 character - *prakṛti*: 222
 chaste woman - *brahmacāriṇī*: 88
 chebulic myrobalan - *abhayā*: 242
chedya - excision: 27
 cheek-ear - *gaṇḍakarṇa*: 56
 chest - *hṛd*: 161
chidra - opening: 247
 child bearing - *kaumārabhṛtya*: 254
 child-murderess - *putraghnī*: 259
chinna - segmented: 39
 choler - *pitta*: 259
 chyle - *rasa*: 104, 160
 chyle - *rasa*: 46
 chyle - *rasa*: 72
cihna - signs: 259
 circuit of the pupil - *dṛṣṭimaṇḍala*: 248
citraka - the mark: 181
citraśīrṣa - 'speckle-heads': 167
 citron - *mātuluṅga*: 250
 clean - *pra*✓ *sādh*: 149
 cloth - *plota*: 190
 clumps - *granthi*: 83, 87
 clusters - *samplava*: 26
 cock - *tāmracūḍa*: 244
 cohesion - *yoga*: 297
 cohesion - *yoga*: 298

collection - *varga*: 27
 colligation - *sannipāta*: 98
 collyrium - *añjana*: 193f, 197f, 239–242, 244ff, 251
 combined - *upahita*: 243
 combs - *avalekhana*: 143
 comfort - *sukha*: 27
 compendium of diseases - *rogasamgraha*: 256
 complexion - *varṇa*: 25, 63, 90
 component - *aṅga*: 24
 compounds - *yoga*: 240
 compressed - *saṃkṣipta*: 56
 compressed - *saṃkṣipta*: 57
 compulsion - *niyoga*: 297, 301
 conch - *salilotthita*: 246
 congenital blindness - *jātyandha*: 90
 congested humours - *sannipāta*: 27
 consent - *anumata*: 297, 300
 constipation - *ānāha*: 157, 160, 163
 constitution - *prakṛti*: 195
 constrictor - *ajagara*: 184
 contamination dropsy - *duṣyodara*: 160
 contraposition - *viparyaya*: 297, 300
 convulse - *ākṣip*: 77
 convulsing - *ākṣipaṇa*: 77
 convulsion - *ākṣepaka*: 77, 80
 cooked barley - *yavaudana*: 247
 cooked - *bhāvita*: 245 - *siddham*: 280
 copper - *tāmra*: 249
 coral - *vidruma*: 251
 coṣa - driness: 250
 cottony jujube - *kākolī*: 251
 counter-sun - *pratisūrya*: 225
 counteraction - *pratiśedha*: 239
 country mallow - *balā*: 243
 cow snout - *gonasa*: 182
 cow-dung - *gośakṛt*: 241
 cow-praising - *govandanā*: 39
 cow's flesh - *gomāṃsa*: 240
 cow's urine - *gomūtra*: 242
 creeper-ear - *vallīkarna*: 56
 creepy-crawlies - *sarīśrpa*: 23, 26
 crimson and crimson-ringed - *raktā*: 226
 crimson - *raktā*: 226

crow's foot - *kākapada*: 162
 crow's lip - *kākauṣṭha*: 56
 cumucumāyana - itching: 73
 cuñcumālaka - little ring of spots: 178
 curable - *sādhya*: 84, 239f
 curds - *dadhi*: 146, 150
 cure - *siddhi*: 162
 cured - *sādhya*: 163
 cuscus grass - *uśīra*: 245
 cut - *pra√chā*: 209
 cutting with a blade - *śastrakṣata*: 240
 cuttle fish - *aṇṇavamala*: 242
 cuttlefish bone - *phena*: 251
 - *samudraphena*: 242

dadhi - curds: 146, 150
dadhimukha - the curd mouth: 180
dadru - ringworm: 224, 232
dāha - burning sensation: 75 - feeling of heat: 207 - overheating: 239
dainya - misery: 25
dais - *pīṭha*: 56
daivakṛte - naturally-occurring: 247
daṇḍāpatānaka - stick seizure: 77
dantamāṃsa - gum: 146
dantaveṣṭa - tooth socket: 146
darbhapuṣpa - the grass flower: 182
dardru - ringworm: 224
darita - torn: 178
 dark brown - *śyāma*: 90
 dark colour - *dhyāma*: 158
 dark, rough patches of skin - *kiṭibha*: 205, 224
 dark - *kṛṣṇa*: 90
 dart-mouth - *śaṅkumukhī*: 40
dārukāri - 'wood-enemies': 167
daṣṭa - stung: 225f
datta - given: 144
dauhr̥da - pregnant craving: 103
 - pregnant longing: 102 - sharing her heart with the fetus: 102
dauhr̥dā - sharing her heart with the fetus: 102
 day and night - *ahorātra*: 26
 deadly substance - *kālakalpa*: 186

- decoction - *kaṣāya*: 85 - *kvātha*: 87, 161, 206ff - *niḥkvātha*: 87
 decoctions - *kaṣāya*: 143, 248
 decomposition - *kuṇapa*: 83f
 deducible - *ūhya*: 297, 302
 deer - *eṇa*: 244
 defect - *doṣa*: 86
 defects - *doṣa*: 258
 deity - *devatā*: 191
 delirium - *moha*: 157
 demons - *graha*: 254
 demons - *graha*: 254
 deodar - *bhadrādāru*: 251
 depends on - *āyatta*: 25
 depression - *viśāda*: 25
 desert date - *iṅgudī*: 245
 desire - *icchā*: 25
 determination - *nirṇaya*: 297
 devadinnā - the gift of god: 181
 devatā - deity: 191
 dhamanī - duct: 104 - ducts: 77 - pipes: 100
 dhanuḥstambha - bow paralysis: 77
 dharma - virtue: 91
 dhātrī - emblic: 242
 dhātu - bodily constituents: 159 - bodily element: 73 - bodily tissues: 70 - body tissue: 160, 233 - element: 154, 157 - mineral: 156 - tissues: 217
 dhātu - bodily tissues: 186
 dhava - axelwood: 251
 dhūma - inhaled smoke: 143
 dhūmadarśin - seeing smoke: 240
 dhūpa - fumigation: 232
 dhyāma - dark colour: 158 - grimy: 143
 diet - *āhāra*: 25
 differentiated - *pravyakta*: 103
 digdha - poisoned: 196f
 digestive fire - *agni*: 71
 dilator - *pravardhanaka*: 55
 diminished digestive fire - *agnisaṅga*: 72
 dīpyaka - the stimulator: 182
 discharge - *praseka*: 158 - *sṛāva*: 147, 149
 discolouration - *vaiṭvarṇya*: 72
 disease - *vyadhi*: 27
 diseases - *roga*: 258
 disinterest in food - *aruci*: 195
 disjunction - *viśleṣa*: 160
 disorders of the female reproductive system - *yonivyāpat*: 258
 disorientation - *moha*: 72
 distension - *ādhmāna*: 157
 dizziness - *bhrama*: 74
 door-hinge - *kapāṭasandhika*: 56
 doṣa - defects: 258 - humour: 159, 247, 298 - humours: 258 - humours: 26, 70
 doṣa - defect: 86 - pathology: 85
 doṣapariplava - unsteadiness of the humours: 249
 double - *yamalā*: 146
 doubt - *saṁśaya*: 297, 301
 downward vision - *adhodṛṣṭitva*: 250
 drākṣā - grapes: 250
 dravāñjana - liquid collyrium: 245
 dravya - liquid: 197 - substance: 63, 284
 dried flesh - *vallūraka*: 56
 dried ginger - *nāgara*: 241
 driness - *coṣa*: 250
 drinkable - *peya*: 302
 drongo - *bhramaraka*: 144
 drowsiness - *supti*: 111
 dṛṣṭi - eye: 90 - pupil: 239, 248f
 dṛṣṭimāṇḍala - circuit of the pupil: 248
 dṛṣṭivibhrama - faulty vision: 149
 dṛṣṭyavarodha - blockage of the vision: 185
 drum - *bherī*: 198
 dry rub - *utsādana*: 147
 dry rubs - *utsādana*: 143
 dry - *rūkṣa*: 159
 duct - *dhamanī*: 104 - *sirā*: 192
 ducts - *dhamanī*: 77 - *sirā*: 27, 110 - *srotas*: 93, 183
 duḥkha - suffering: 25
 dumb - *mūka*: 79
 dundubhi - kettle drum: 213
 dung beetles - *varcaḥkīṭa*: 166
 dūrvā - panic grass: 250
 dūṣī-viṣa - slow-acting poison: 160

- dūṣṭviṣa* - slow poisoning: 193
 - slow-acting poison: 163, 209
dūṣṭviṣāri - enemy of slow-acting poison:
 163 - slow-acting poison antidote:
 146
 dust - *rajas*: 70
duṣṭa - injured: 233
duṣyodara - contamination dropsy: 160
dveṣa - hatred: 25
dvyāhika - the two-day: 182
dvyāṅgulinirāji - the two finger stripe: 181
 dwindling away - *kṣaya*: 160
 dysfunctional eyes - *vikṛtākṣa*: 90, 102

 ear-ache - *karnaśūla*: 80
 earth products - *pārthiva*: 26
 earth - *pāmśu*: 190
 earthen products - *pārthiva*: 27
 edible - *bhojya*: 302
ekāṅgaroga - monoplegia: 78
ekānta - invariable statement: 297
 - invariable statement: 300
ekarasa - one essence: 199
elā - cardamom: 242
 element of consciousness - *cetanādhātu*:
 101
 element - *bhūta*: 98 - *dhātu*: 154, 157
 elemental self - *bhūtātman*: 99
 elephant/snake - *nāga*: 168
 elixir salve - *rasāñjana*: 241, 244, 246
 elixir-salve - *rasāñjana*: 241
 elixir-salve - *śīta*: 241
 ellipsis - *vākyaśeṣa*: 297
 ellipsis - *vākyaśeṣa*: 300
 embelia - *vidaṅga*: 245
 emblic - *dhātrī*: 242
 emprosthotonos - *antarāyāma*: 77
eṇa - deer: 244
 enclosed roasting - *puṭākhyā*: 244
 - *puṭapāka*: 245
 ends - *vaktra*: 249
 enema - *āsthāpana*: 85 - *basti*: 112
 enemy of slow-acting poison - *dūṣṭviṣāri*:
 163
 energy - *ojas*: 63
eṇipada - the deer foot: 181

 entrails - *antra*: 242
 envy - *īrṣyā*: 25
 errhine - *nasya*: 243
 errhines - *nasya*: 149
 essence - *rasa*: 104 - *sāra*: 26
 evacuation - *saṁśodhana*: 211
evam - along these lines: 27
 even more apparent - *pravvyaktatara*: 101
 exception - *apavarga*: 297, 300
 excision - *chedya*: 27
 expansive - *vikāsin*: 159
 expert - *vicakṣaṇa*: 89
 explication - *vyākhyāna*: 297, 301
 exposition - *nirdeśa*: 297, 299
 expressed juice - *svarasa*: 240
 extensive meaning of the collection of
 statements - *vāksamūhārthavistāra*: 183
 external factors - *āgantū*: 27
 extract of rohu carp - *rauḥita*: 241
 extract - *niryāsa*: 149
 extracted juice - *surasa*: 87
 extracted juice - *svarasa*: 148
 extracts - *rasa*: 245
 extremely excited - *atyānandā*: 259
 eye make-up - *añjana*: 143, 149
 eye ointment - *añjana*: 149
 eye salve - *añjana*: 161
 eye - *drṣṭi*: 90
 eyewash - *tarpaṇa*: 149, 240, 244f

 fainting - *mūrcchā*: 196 - *mūrchā*: 74
 fart - *avaśardhita*: 166
 fastening - *āsaṅgima*: 56
 fat - *vasā*: 244
 faulty medical treatment - *mithyopacāra*:
 258
 faulty vision - *drṣṭivibhrama*: 149
 feeling of heat all over - *paridāha*: 185
 feeling of heat - *dāha*: 207
 female reproductive organ - *yoni*: 258f
 female reproductive system - *yoni*: 258
 fetal conduit - *garbhanāḍī*: 103
 fever - *jvara*: 69
 field-specific term - *svasaṁjñā*: 297, 301
 filaments - *kiñjalka*: 241
 fire coloured - *agnivarṇā*: 226

- first point of view - *pūrvapakṣa*: 300
 fissuring - *avadāraṇa*: 149
 flag - *patāka*: 198
 flame of the forest - *pālāśa*: 245
 flatulence - *āṭopa*: 146
 flavour - *rasa*: 298
 flavours - *rasa*: 25, 63
 flesh - *māṃsa*: 27
 flooded - *pariplutā*: 259
 flowering trees - *vrkṣa*: 25
 flowers - *puṣpa*: 26
 follicles - *kha*: 147
 force - *vega*: 112
 formal procedure - *kalpa*: 165, 190
 formulation - *yoga*: 109
 fortnight - *pakṣa*: 26
 foul-smelling pus - *pūtipūya*: 84
 four factors - *catuṣṭaya*: 27
 fourfold grouping - *caturvarga*: 27
 free from clouds - *abhramukta*: 248
 free from the point - *agramukta*: 248
 frogs - *maṇḍūkā*: 26
 fruit trees - *vanaspati*: 25
 fruits - *phala*: 26
 fumigation - *dhūpa*: 232
 future reference - *anāgatāpekṣaṇa*: 297, 301

gada - toxin: 233
gadgad - stammers: 80
gāḍha - pinched: 58
gairikaḥ - red chalk: 250
gamana - intercourse: 86
gamanādikriyāvīnāśakārī - causing the destruction of actions such as moving: 249
gaṇḍakarṇa - cheek-ear: 56
gara - toxic potion: 215
garbha - offspring: 93f
garbhanāḍī - fetal conduit: 103
garbhāśaya - uterus: 99
garlands - *sraja*: 143
garuḍa - *tārṣya*: 198
gasping - *viṣṇubhikā*: 206
gauze - *plota*: 58
gavedhuka - the gavedhuka: 180

 general rule - *paribhāṣā*: 245
 gently - *mṛdu*: 250
 ghee - *sarpiṣ*: 150 - *sarpis*: 240
girisarpa - the mountain snake: 181
 given - *datta*: 144
 giving of fumes - *paridhūpāyana*: 184
 giving off fumes - *paridhūpana*: 184
 glassy opacity - *kāca*: 245
godhā - monitor lizard: 242
 gold - *śātakumbhī*: 249
gomāṃsa - cow's flesh: 240
gomūtra - cow's urine: 242
gonasa - cow snout: 182
gośakṛt - cow-dung: 241 - juice of cow-dung: 241
 gout - *vātarakta*: 80
govandanā - cow-praising: 39
graha - demons: 254 - demons: 254
grahaṇī - seat of fire in the gut: 185
grahaṇī - seat of fire in the gut: 185
grahaṇīdoṣa - humours of the abdomen: 215
granthi - clumps: 83, 87 - knots: 158
 - lumps: 147, 157, 205, 207
granthi - knot: 101
 grapes - *drākṣā*: 250
gr̥dhrasī - sciatica: 79f
 great antidote - *mahāgada*: 39
 great fragrance - *mahāsugandha*: 149
 greed - *lobha*: 25
 green vitriol - *kāsīsa*: 246
gr̥hadhūma - soot: 171, 214
 grief - *āśoka*: 25
 grimy - *dhyāma*: 143
 gripes - *śūla*: 72
 grooming - *vilekhana*: 88
 gruel - *yavāgū*: 162, 193
guḍikā - pill: 241
gulma - abdominal lump: 258
 - abdominal swelling: 72
 gum - *dantamāṃsa*: 146
guṇa - attribute: 284 - qualities: 158
 gut - *antra*: 161

 haemorrhaging - *śonitāgamana*: 184
 half door-hinge - *ardhakapāṭasandhika*: 56

- half litre - *prastha*: 208
 half-year - *ayana*: 26
 hare foot uraria - *pr̥thakparṇī*: 250
hareṇu - *hareṇu*: 241f
hareṇu - *hareṇu*: 241f
hari - sun: 248
haridrā - turmeric: 245
harṣa - horripilation: 160
 - overexcitement: 25
 harsh - *paruṣā*: 226
hastābharaṇaka - the hand decoration: 181
hastikakṣya - lion: 225
 hatred - *dveṣa*: 25
 having diminished seed - *āsekyā*: 91
 having made small cuts - *pracchita*: 208
 heart-seizure - *hṛdgraha*: 72, 207
 heat - *agni*: 70 - *tejas*: 90, 98
 herbs - *oṣadhi*: 25
hetu - causes: 259 - reason: 286
hetvartha - purpose of a reason: 297, 299
 himalayan cherry - *padmaka*: 250f
hīnakarṇa - reduced-ear: 56
 hives - *koṭha*: 207, 227, 233
 hoarseness - *pāruṣya*: 157
 holiness - *brahma*: 191
 holostemma - *payasyā*: 250
 holy sages - *brahmarṣi*: 191
 honey collyrium - *kṣaudrāñjana*: 242
 honey - *madhu*: 240 - *madhus*: 144
 hopper - *kunī*: 225
 hornets - *kaṇabha*: 224
 horripilation - *harṣa*: 160
 horseradish tree - *śigru*: 246
 hot all over - *samantatastāpaḥ*: 184
 hot over the whole body
 - *sarvāṅgasantāpaḥ*: 184
hṛd - chest: 161
hṛdgraha - heart-seizure: 72, 207
 huge - *mahatī*: 259
 human being - *puruṣa*: 24f, 27
 humoral colligation - *sannipāta*: 84
 humour - *doṣa*: 159, 247, 298
 humours of the abdomen - *grahaṇīdoṣa*:
 215
 humours - *doṣa*: 258
 humours - *doṣa*: 26, 70
 hydrophobia - *jalatrāsa*: 210
icchā - desire: 25
 if, then not - *na ced*: 247
ilikinī - the ilikinī: 182
 illness - *ruj*: 242
 illustration - *nidarśana*: 297, 301
 immortal - *amṛta*: 150
 implication - *arthāpatti*: 297, 300
 impotent - *śaṇḍhī*: 259
 in those cases - *tatra*: 243
 in yama's direction - *yāmya*: 172
 inactive - *akriyā*: 79
 incised - *pracchāna*: 196 - *pracchita*: 196
 incising - *pracchāna*: 192
 incurable - *asādhya*: 84, 239
 indian madder - *mañjiṣṭhā*: 250
 indian sarsaparilla - *kālānusāriva*: 241
 - *sāriva*: 242 - *śārivā*: 250
 indication - *pradeśa*: 297, 299
 indicatory sounds - *anubandha*: 292
 indigo - *nīlī*: 146
 individuality - *viśeṣa*: 285
indragopa - red velvet mites: 26
indrāyudhā - rainbow: 39
 infertile - *vandhyā*: 259
 inflamed - *saṃrambha*: 59 - *vidagdha*: 240
 infused - *bhāvita*: 241
 infusion - *upasneha*: 104
īṅgita - body language: 143
īṅgudī - desert date: 245
 inhaled smoke - *dhūma*: 143
 inherence - *samavāya*: 285
 inherent factors - *svabhāva*: 27
 inherent - *svābhāvika*: 25
 injured - *duṣṭa*: 233 - *utpīḍita*: 247
 insect - *kīṭa*: 222, 233
 insects - *kīṭa*: 226, 229
 inspissation - *rasakriyā*: 246
 instillation - *basti*: 85
 intended - *vyākhyāta*: 27
 intentionality - *abhiprāya*: 102
 intercourse - *gamana*: 86
 interpretation - *nirvacana*: 297, 301

intestines - *pakvādhāna*: 161 - *pakvāśaya*: 146, 160
 intoxication from food - *annamada*: 160
 invariable statement - *ekānta*: 297
 invariable statement - *ekānta*: 300
 investigation - *parīkṣā*: 290
 invincible - *ajeya*: 150
 invincible - *ajeya*: 163
 irregularities - *vaiṣamya*: 25
 irrigated - *pratipūraṇa*: 148
 irrigation - *seka*: 240 - *tarpaṇa*: 258
 irritation - *adhimantha*: 250 - *prakopa*: 26
īrṣyā - envy: 25
 it may be - *bhavet*: 247
 itching - *cumucumāyana*: 73
 itemization - *vidhāna*: 297, 300
 items created by time - *kālakṛta*: 26
 - *kālakṛta*: 27

jāḍya - benumbed: 186
jāḍyatā - rigidity: 195
jala - water: 38
jalatrāsa - hydrophobia: 210
jalaukas - water-dwellers: 38
jāṅgala - arid-land animals: 245
jaṅgama - mobile: 154 - moving: 25
jaṅgama - moving: 27
japa - mantra repetition: 191
jarāyujā - born in in a caul: 26
jaṭhara - bellyache: 163
jātī - royal jasmine: 251
jatru - neck: 71
jātyandha - congenital blindness: 90
 jealousy - *asūyā*: 25
jihvā - tongue: 231
jīva - life: 91
 joints - *sandhi*: 27
 juice extract - *svarasa*: 26
 juice of cow-dung - *gośakṛt*: 241
 juice - *rasa*: 111
 juices - *rasa*: 244
jvara - fever: 69
jyotīratha - the chariot of light: 182

kāca - glassy opacity: 245
kākapada - crow's foot: 162

kākauṣṭha - crow's lip: 56
kākolī - cottony jujube: 251
kalā - layer: 175 - minutes: 26
kalā - al layers: 186 - layers of skin: 186
kālakalpa - deadly substance: 186
kālakṛta - items created by time: 26
kālakṛta - items created by time: 27
kālānusāriṇa - indian sarsaparilla: 241
kalāyakhāṇja - lathyrism: 79f
kalka - mash: 163 - paste: 85, 87
kalpa - formal procedure: 165, 190
 - procedure: 142, 176, 204, 213, 222
kalyāṇaka - the salutary: 215
kāma - lust: 25
kaṇabha - hornets: 224 - wasps: 167
kanda - bulbs: 26
kaṇṭaka - spots: 148
kapālacūrṇa - powdered earthenware
 crockery: 57
kapāṭasandhika - door-hinge: 56
kapha - mucus: 148 - phlegm: 157, 159,
 161, 185, 259
kapilā - brown: 226 - tawny: 40
kapittha - wood apple: 240
karburā - mottled: 39
kardama - the mud: 181
karma - regimen: 249
karman - movement: 285 - therapies: 27
karṇaśūla - ear-ache: 80
karṇavyadha - piercing the ear: 53
karṇika - small ear-like growths: 205,
 208f
karṇikā - small ear-like growths: 224
karṇinī - protuberant: 259
karṣū - trench sweating: 110
kaṣāya - decoction: 85 - decoctions: 143,
 248 - the ochre: 181
kaṣāyavāsika - 'orange-dwellers': 166
kāśīpati - lord of kāśī: 142
kāśisa - green vitriol: 246
kāṣṭhā - trice: 26
kaṭphala - box myrtle: 242
kaumārabhṛtya - child bearing: 254
kaumārī - young girl: 93
kaunḍinya - 'pot insects': 166

- kavala* - mouthwash: 147
kettle drum - *dundubhi*: 213
kevala - simply: 194
kha - apertures of the head: 148
 - follicles: 147
khaluṣa - the khaluṣa: 181
khaṇḍaphaṇa - the break hood: 180
khañja - limpness: 79
khara - rough: 249
kikkisāda - the worm eater: 182
kinihī - white siris: 245
kiñjalka - filaments: 241
kīṭa - insect: 222, 233 - insects: 226, 229
kitchen - *mahānasa*: 143
kiṭibha - dark, rough patches of skin: 205, 224
kiṭīpa - lice: 166
knot - *granthi*: 101
knots - *granthi*: 158
knowledge - *veda*: 21, 284
kohl - *srotas*: 244 - *srotoja*: 241, 251
koṣṭha - trunk of the body: 185
koṭha - hives: 207, 227, 233 - skin disease: 160
kravyabhuj - carnivore: 244
kṛcchra - with difficulty: 247
kriyā - procedures: 24, 27 - treatment: 245f
kriyā - treatment: 27, 85
kriyākāla - the time for therapies: 27
kriyāsaṅga - loss of function: 249
kṛmi - worms: 26
krodha - anger: 25
kroṣṭukaśīrṣa - synovitis of knee joint: 79f
kṛṣṇa - black part: 247
kṛṣṇā - black: 39, 226
kṛṣṇa - dark: 90
kṛṣṇacitra - black-pattern: 226
kṛṣṇarājī - black-striped: 226
kṛṣṇasarpa - the black snake: 180
kṛṣṇodara - the black belly: 180
kṣaṇadāndhya - night blindness: 241
kṣāra - caustic: 85, 87, 213
kṣārāgada - the caustic antidote: 214
kṣāraka - lye: 244
kṣaudrāñjana - honey collyrium: 242
kṣaya - dwindling away: 160
kṣīṇa - low volume: 83 - wasted: 58
kṣīra - milky sap: 154, 156f - sap: 26
kṣīrikāpuṣpa - the milk flower: 182
kukṣi - belly: 91
kukṣita - 'bellied': 167
kūkuṭa - the kūkuṭa: 180
kunakha - ugly nails: 88
kuṇapa - decomposition: 83f - smell of decomposition: 84
kunī - hopper: 225
kūni - shrivelled hand: 94
kunta - small insects: 26
kupyaka - metal: 240
kuśa grass - *kuśa*: 244
kuśa - kuśa grass: 244
kuṣṭha - pallid skin disease: 88, 160
kuṭī - sauna: 110
kvātha - decoction: 87, 161, 206ff

lac - *lākṣā*: 250
lākṣā - lac: 250
lame - *paṅgu*: 79
lathyrism - *kalāyakhāñja*: 79f
lavages - *ācamana*: 87
layer - *kalā*: 175 - *paṭala*: 247
layers of skin - *kalā*: 186
leather - *carmānta*: 190
leaves - *bhaṅga*: 248 - *patra*: 26
lehya - suckable: 302
lekhana - scarification: 25
lice - *kiṭīpa*: 166
life, longevity - *āyur*: 21
life - *āyu* - 38 - *jīva*: 91
limpid - *viśada*: 159
limpness - *khañja*: 79
liṅga - symptom: 148 - symptoms: 160
liṅganāśa - cataract: 247
liniment - *ālepa*: 240
liniments - *ālepana*: 39, 149
lion - *hastikakṣya*: 225
liquid collyrium - *dravāñjana*: 245
liquid - *cala*: 248 - *dravya*: 197
liquorice - *madhukair*: 250
little ring of spots - *cuñcumālaka*: 178

- liver extract - *yakṛdrasa*: 241
 liver - *yakṛt*: 242
lobha - greed: 25
 located on the limb - *śākhāśrayā*: 192
 located - *adhiṣṭhāna*: 25
 lodh tree - *lodhra*: 245
lodhra - lodh tree: 245
 logical methods of the system
 - *tantrayukti*: 297
lohitākṣa - the red eye: 180, 182
 long pepper - *māgadha*: 245 - *māgadhi*:
 242 - *māgadhi*: 242, 244
 loose stool - *viḍbheda*: 157, 168
 lord of *kāśī* - *kāśipati*: 142
 loss of appetite - *arocaka*: 160
 loss of function - *kriyāsaṅga*: 249
 lotus-mouth - *puṇḍarikamukhī*: 40
 lotus-splittable - *utpalabhedyaka*: 56
 lotus-spots - *padminikaṇṭaka*: 148
 low volume - *kṣīṇa*: 83
 lumps - *granthi*: 147, 157, 205, 207
 lust - *kāma*: 25
lūtā - spiders: 23
lye - *kṣāraka*: 244

madanaka - the intoxicator: 181
 made accessible - *alanīkṛtvā*: 23
madhu - honey: 240 - mead: 191
madhukair - liquorice: 250
madhus - honey: 144
madirā - spirits: 242
madira - spirits: 245
 madness - *unmāda*: 215
māgadha - long pepper: 245
māgadhi - long pepper: 242
māgadhi - long pepper: 242, 244
mahāgada - great antidote: 39 - the great
 antidote: 207
mahāgada - *The Great Antidote*: 197
mahākapota - the big pigeon: 180
mahākṣṇa - the big black: 180
mahānasa - kitchen: 143
mahāpadma - the great lotus: 180
mahāpanasaka - the big jackfruit: 181
mahāsarpa - the great snake: 180
mahāśīras - bighead: 225

mahāśīrṣa - the big head: 181
mahāsugandha - great fragrance: 149
mahatī - huge: 259
mākuli - mākuli: 182
mākuli - mākuli: 182
 malice - *mātsarya*: 25
māmśa - flesh: 27
māmśanirgama - prolapse: 250
māmśarasa - meat broth: 111
manaḥśilā - realgar: 241, 244f, 251 - red
 arsenic: 242
mānasa - mental: 25
maṇḍala - round blotches: 160
maṇḍūka - frogs: 26
 manifest - *abhivyakta*: 101
mañjiṣṭhā - indian madder: 250
 mantra repetition - *japa*: 191
 manual agitation - *pāṇimantha*: 110
manyāstambha - stiffness of the neck: 186
manyāsthambha - rigidity of neck: 78
mardana - rubbing: 110
 marks with a knife - *śastrapada*: 42
māruta - wind: 84
māsa - month: 26
 mash - *kalka*: 163
maṣī - black soot: 240
 massage oil - *abhyāṅga*: 143, 149
 massage ointment - *anulepana*: 143, 147
 masticable - *bhakṣya*: 302
mātrā - measures: 112
mātsarya - malice: 25
mātuluṅga - citron: 250
 matured - *vipakva*: 241
 mead - *madhu*: 191
 meaning of one or more words
 - *padārtha*: 298
 measures - *mātrā*: 112
 meat broth - *māmśarasa*: 111
medaka - 'liquors': 167
 medical advice - *ācārika*: 58
 medicines cooked in a crucible
 - *puṭapāka*: 240
 men - *nara*: 166
 menses - *ārtava*: 100

menstrual blood - *ārtava*: 98, 258 - *ārtava*: 86f
 mental - *mānasa*: 25
 mention - *samuddeśa*: 297, 299
meṣaśṛṅga - periploca of the woods: 251
meṣaviṣāṇa - periploca of the woods: 243
 metal - *kupyaka*: 240
 metamorphopsia - *viparītadarśana*: 184
 milk - *payas*: 150
 milky sap - *kṣīra*: 154, 156f
mimmira - mumbles: 79
 mineral - *dhātu*: 156
 minor body parts - *pratyaṅga*: 101
 minute - *aṇu*: 98
 minutes - *kalā*: 26
 misery - *daīnya*: 25
mīśrakacikitsa - various treatments: 60
 misshapen eyeball - *vilocana*: 249
mithuna - pair: 301 - triad: 301
mithyopacāra - faulty medical treatment: 258
 mitigatable - *yāpya*: 239
mlāyīn - blue dot cataract: 246
 mobile - *jaṅgama*: 154
moha - bewilderment: 74 - delirium: 157
 - disorientation: 72
 monitor lizard - *godhā*: 242
 monkey - *vānara*: 166
 monoplegia - *ekāṅgaroga*: 78
 month - *māsa*: 26
 morsel - *bali*: 144
 mottled - *karburā*: 39
 mouse - *mūṣikā* : 40
 mouth ulcer - *sarvasara*: 215
 mouthwash - *kavala*: 147
 movement - *karman*: 285
 moving - *jaṅgama*: 25 - *jaṅgama*: 27
mṛdu - gently: 250
 mucous - *śleṣman*: 185
 mucus - *kapha*: 148
muhūrta - three-quarters of an hour: 26
mūka - dumb: 79
mukhasaṃdamśā - nipping with the mouth: 166
muktā - pearl: 247

muktvā - separate: 247
mūla - root: 25 - roots: 26
 multi-joins - *vyāyojima*: 56
 multicolour - *bahuvārṇa*: 225
 mumbles - *mimmira*: 79
mūrcchā - fainting: 196 - stupor: 145
mūrchā - fainting: 74
mūṣikā - mouse: 40
mūṣikā - rats: 204
mūṣika - rodents: 23
mustā - nutgrass: 250
 mustard - *sarṣapikā*: 226

na ced - if, then not: 247
nāḍī - tube: 110
nadīja - salt: 241
nāga - elephant/snake: 168
nāgara - dried ginger: 241
nalada - spikenard: 245
napuṃsaka - neither male nor female: 99
nara - men: 166
 nasal medicine - *nasya*: 161
 nasal medicines - *nasya*: 240
nasya - errhine: 243 - errhines: 149 - nasal medicine: 161 - nasal medicines: 240
 - snuff: 143, 148
 naturally-occurring - *daivakṛte*: 247
 nature - *ātmaka*: 24
 nausea - *praseka*: 100
 neck - *jatru*: 71
 needle - *sūcī*: 248
 neither male nor female - *napuṃsaka*: 99
nemīsandhānaka - rim-join: 56 - rim-join: 57
 newborn - *prasava*: 90
nidarśana - illustration: 297, 301
 night blindness - *kṣaṇadāndhya*: 241
niḥkvātha - decoction: 87 - stewed juice: 162
nīlī - indigo: 146
nimeṣa - blink of the eye: 26
nimitta - purposes: 102
 nipping with the mouth
 - *mukhasaṃdamśā*: 166
nirdeśa - exposition: 297, 299
nirṇaya - determination: 297

- nirupama* - peerless: 225
nirvacana - interpretation: 297, 301
nirvedhima - ready-split: 56
nirviṣa - without venom: 178
niryāsa - extract: 149 - resin: 26, 154, 156f
niśācara - nocturnal creature: 246
niṣevita - prepared: 244 - used: 242
nivāta - no wind: 26
niyoga - compulsion: 297, 301
no wind - *nivāta*: 26
nocturnal creature - *niśācara*: 246
non-bloodshot blindness - *araga timira*: 247
non-flowering tree - *vanaspati*: 245
not conducive to long life - *anāyusya*: 99
nourishment - *br̥ṇhaṇa*: 25
numb - *stabdha*: 111
numbness - *supti*: 73 - *svāpa*: 73, 149
nutgrass - *mustā*: 250
objection - *pūrvapakṣa*: 297
oblations - *upahāra*: 191
obligation - *ṛṇa*: 89
oceanic - *sāmudrikā*: 39
of the nature of agni - *āgneya*: 98
of the nature of soma - *saumya*: 98
off his hand - *sapāṇa*: 243
offspring - *garbha*: 93f
oil massage - *abhyaṅga*: 147
oil rub - *abhyaṅga*: 110, 284
oil rubs - *abhyāñjana*: 197
oil stripe - *snigdharāji*: 182
oil - *sneha*: 26
oily enema - *anuvāsana*: 85
oily stripe - *snigdharāji*: 182
ointment - *anulepana*: 147 - *pralepa*: 145, 148
ointments - *ālepana*: 110
ojas - energy: 63 - vital energy: 25, 103
oleation - *sneha*: 110
omens - *ariṣṭa*: 63
one essence - *ekarasa*: 199
opening - *chidra*: 247
ophidian - *sarpita*: 178
option - *vikalpa*: 297, 301
or not distorted - *vāvikṛtā*: 146
oṣadhī - remedies: 25
oṣadhi - herbs: 25 - remedies: 27
other - *anya*: 287
outer corner of the eye - *apāṅga*: 247
overexcitement - *harṣa*: 25
overflowing - *ākula*: 224
overheating - *dāha*: 239
pacification - *saṃśamana*: 25 - *upaśama*: 26
pada - word: 283, 285
pādadaḥa - burning sensation in feet: 79
padārtha - meaning of one or more words: 298 - relevant meaning: 294, 297f - word-meaning: 285
padma - the lotus: 180
padmaka - himalayan cherry: 250f
padminikaṇṭaka - lotus-spots: 148
pain and injury - *vedanābhighāta*: 22
pain - $\sqrt{pīḍ}$: 187 - *śūla*: 161
pair - *mithuna*: 301
pāka - sepsis: 149
pakṣa - fortnight: 26
pakṣāghāta - paralysis of one side: 80
- paralysis: 78
pakvādhāna - intestines: 161
pakvāśa - abdomen: 110
pakvāśaya - intestines: 146, 160
palāśa - flame of the forest: 245
pālindaka - the morning glory: 181
pallava - shoots: 248
pallid skin disease - *kuṣṭha*: 88, 160
pāṃśu - earth: 190
panasaka - the jackfruit: 181
pañcāṅgulataila - castor oil: 243
pañgu - lame: 79
panic grass - *dūrvā*: 250
pāṇimantha - manual agitation: 110
paralysis of arms and back - *viśvañci*: 79f
paralysis of one side - *pakṣāghāta*: 80
paralysis of the jaw-bones - *ardita*: 78, 80
paralysis - *apakṣāghāta*: 78 - *pakṣāghāta*: 78
pārāvata - the pigeon: 181
paribhāṣā - general rule: 245
paridāha - feeling of heat all over: 185
paridāhita - cauterized: 210

- paridhūpana* - giving off fumes: 184
paridhūpāyana - giving of fumes: 184
parīkṣā - investigation: 290
pariplutā - flooded: 259
parisarpa - the snake around: 180
parīṣeka - shower: 147
parśvabheda - ribs crack: 161
pārthiva - earth products: 26
pārthiva - earthen products: 27
 partial blindness - *timira*: 243
 particulars - *vikalpa*: 27
 parts - *aṅga*: 27
paruṣā - harsh: 226
pāruṣya - hoarseness: 157
paryuṣita - stale: 86
 past reference - *atīkrāntāpekṣaṇa*: 297, 301
 paste - *kalka*: 85, 87
paśu - animals: 26
paṭaha - tabors: 198
patāka - flag: 198
paṭala - layer: 247
pāthā - velvet leaf: 245
 pathology - *doṣa*: 85
patra - cassia cinnamon: 250 - leaves: 26
paṭṭa - strip of cloth: 111
pavanodbhava - caused by wind: 243
payas - milk: 150
payasyā - holostemma: 250
 pearl - *muktā*: 247
 pebble - *aṣṭhīlā*: 145
 peerless - *nirupama*: 225
 pelt - *carman*: 26
 periploca of the woods - *meṣaviṣāṇa*: 243
 perploca of the woods - *meṣaśṛṅga*: 251
 person - *puruṣa*: 301
 pervasive - *vyāvāyin*: 159
peya - drinkable: 302
phala - fruits: 26
phena - cuttlefish bone: 251
 phlegm - *balāsa*: 111 - *kapha*: 157, 159, 161, 185, 259
 phlegmatic - *śleṣmalā*: 259
 physical - *śārīravād*: 27
picciṭā - 'flat insects': 166
pīḍa - press: 247
 piercing the ear - *kaṛṇavyadha*: 53
 piercing - *vyadha*: 248
 pigs' eye - *sūkarākṣitā*: 250
pilindaka - the pilindaka: 181
 pill - *guḍikā*: 241
 pinched - *gāḍha*: 58
piṅgabhāsa - yellow-shine: 225
piṅgalā - ruddy: 40
 pipes - *dhamanī*: 100
pipīlika - ants: 26
piṭaka - blisters: 205, 208 - bulges: 101
 pith - *sāra*: 154, 156f
pīṭha - dais: 56
pītikā - yellow: 226
 pitta - bile: 243 - choler: 259
pittajvara - bile-fever: 196
pittalā - bilious / choleric: 259
pittaviṣa - poison in the bile: 191
 place - *avakāśa*: 42
plīhan - spleen: 242
plota - cloth: 190 - gauze: 58
plutā - sprung: 259
 poison in the bile - *pittaviṣa*: 191
 poison-stink - *viṣapūti*: 196
 poisoned - *digdha*: 196f
poṭa throat - *poṭagala*: 182
poṭagala - poṭa throat: 182
 potency - *vīrya*: 197, 207
 poultice - *upanāha*: 110
 powdered earthenware crockery
 - *kapālacūrṇa*: 57
pra√sādh - clean: 149
pra√chā - cut: 209
pra√kuth - rot: 146
prabha - shine: 247
pracalāka - 'poisonous snakes': 166
pracchāna - incised: 196 - incising: 192
pracchita - having made small cuts: 208
 - incised: 196
 practical purposes - *prayojanavat*: 26
pradeśa - indication: 297, 299
pragāḍha - steeped: 243
prakopa - irritation: 26
prakṛti - character: 222 - constitution: 195
 - temperament: 25

- pralāpa* - ranting: 157
pralepa - ointment: 145, 148
prameha - urinary diseases: 72
prāṇa - breath: 71 - *prāṇa*: 71 - vital wind: 71
prāṇa - *prāṇa*: 71
prasaṅga - recontextualization: 297
 - recontextualization: 300
prasava - newborn: 90
praseka - discharge: 158 - nausea: 100
prastara - blanket sweating: 110
prastha - half litre: 208
prasūna - blossom: 198
pratīkāra - alleviation: 26 - remedy: 240
pratipūraṇa - irrigated: 148
pratisāraṇa - rub: 146 - rubbing: 146
pratiśedha - counteraction: 239
pratisūrya - counter-sun: 225
pratitūnī - *pratitūnī*: 80
pratitūnī - *pratitūnī*: 80
pratyādhmāna - *pratyādhmāna*: 80
pratyādhmāna - *pratyādhmāna*: 80
pratyāṅga - minor body parts: 101
pratyasṭhīla - *pratyasṭhīla*: 80
pratyasṭhīla - *pratyasṭhīla*: 80
pravardhanaka - dilator: 55
pravyakta - apparent: 101
pravyakta - *differentiated*: 103
pravyaktatara - even more apparent: 101
prayojanavat - practical purposes: 26
prediction - *atideśa*: 297, 299
pregnant craving - *dauhrda*: 103
pregnant longing - *dauhrda*: 102
premise - *sādhana*: 286, 299
prepared with turpeth - *traivṛta*: 240
prepared - *niṣevita*: 244
prescription - *upadeśa*: 297, 299
press - *pīḍ-*: 247
priest - *upādhyāya*: 89
priyaṅgu - beauty berry: 245
probe - *śalākā*: 247f
procedure - *kalpa*: 142, 176, 204, 213, 222
procedures - *kriyā*: 24, 27
prolapse - *māṃsanīrgama*: 250
prolapses - *arśas*: 258
propelled - *√ūh*: 186
protect - *√rakṣ*: 88
protuberant - *karṇinī*: 259
prṣata - the speckled: 181
prṭhakparṇī - hare foot uraria: 250
pulse interval - *vegāntara*: 186
pulse - *vega*: 175, 231
pulses - *vega*: 153
punḍarīka - the lotus: 181
punḍarīkamukha - the lotus mouth: 180
punḍarīkamukhī - lotus-mouth: 40
pupil - *drṣṭi*: 239, 248f
purge - *√śodh*: 193
purification - *saṃśodhana*: 25
purpose of a reason - *hetvārtha*: 297, 299
purpose - *artha*: 286
purposes - *nimitta*: 102
puruṣa - human being: 24f, 27 - person: 301
pūrvapakṣa - first point of view: 300
 - objection: 297
puṣpa - flowers: 26
puṣpābhikīrṇnābha - the flower sprinkle beauty: 181
puṣpapāṇḍu - the pale as a flower: 181
puṣpasakalī - the flower all: 182
putāhvaya - taken hot: 244
putākhyā - enclosed roasting: 244
putapāka - enclosed roasting: 245
 - medicines cooked in a crucible: 240
 - roasting: 258
pūtipūya - foul-smelling pus: 84
 - stinking pus: 83
putraghnī - child-murderess: 259
putrid - *śīrṇa*: 196

qualities - *guṇa*: 158

rāga - red colour: 228
rāgin timira - bloodshot blindness: 244
rāgiṇi timire - bloodshot blindness: 247
rainbow - *indrāyudhā*: 39
rainy seasons - *varṣā*: 26
rajana - turmeric: 241
rajas - dust: 70
rājicitra - the stripe speckle: 181

- rājimat* - striped snake: 162
rakta - blood: 84
raktā - crimson and crimson-ringed: 226
 - crimson: 226
raktakṣayā - with bloodloss: 259
raktamaṇḍala - the red ring: 181
raktapitta - blood-bile: 239
ranting - *pralāpa*: 157
rarefied - *sūkṣma*: 159
rasa - chyle: 104, 160 - chyle: 46 - chyle:
 72 - essence: 104 - extracts: 245
 - flavour: 298 - flavours: 25, 63 - juice:
 111 - juices: 244 - taste: 104 - the
 blood of birds and animals: 241
rasakriyā - inspissation: 246
rasana - sense of taste: 231
rasāñjana - elixir salve: 241, 244, 246
 - elixir-salve: 241
rats - *mūṣikā*: 204
rauhita - extract of rohu carp: 241
ready-split - *nirvedhima*: 56
realgar - *manaḥśilā*: 241, 244f, 251
reason - *hetu*: 286
recontextualization - *prasaṅga*: 297
recontextualization - *prasaṅga*: 300
red arsenic - *manaḥśilā*: 242
red chalk - *gairikaḥ*: 250
red colour - *rāga*: 228
red velvet mites - *indragopa*: 26
reduced-ear - *hīnakarṇa*: 56
regimen - *ācāra*: 25 - *karma*: 249
regular - *sama*: 217
relevant meaning - *padārtha*: 294, 297f
religious power - *tapas*: 191
remedies - *oṣadhī*:- 25 - *oṣadhi*: 27
remedy - *pratīkāra*: 240
required knowledge - *viññānīya*: 154, 176
resin - *niryāsa*: 26, 154, 156f
restrictions - *yantranā*: 248
resuscitator - *sañjīvana*: 198
retas - semen: 83
retas - semen: 91
rheum - *upadeha*: 149
ribs crack - *parśvabheda*: 161
rightness - *ānulomya*: 70
rigid - *sthirā*: 249
rigidity of neck - *manyāsthambha*: 78
rigidity - *jāḍyatā*: 195
rim of a wheel - *cakradhārā*: 57
rim-join - *nemīsandhānaka*: 56
rim-join - *nemīsandhānaka*: 57
ringworm - *dadru*: 224, 232 - *dardru*: 224
ritual offering - *bali*: 103
ṛjusarpa - the straight snake: 181
ṛṇa - obligation: 89
roads - *adhva*: 75
roasting - *puṭapāka*: 258
rodents - *mūṣika*: 23
roga - diseases: 258
rogasaṃgraha - compendium of diseases:
 256
rohita tree - *rohita*: 245
rohita - *rohita tree*: 245
root - *mūla*: 25
roots - *mūla*: 26
rot - *pra√kuth*: 146
rough - *khara*: 249
round blotches - *maṇḍala*: 160
royal jasmine - *jātī*: 251
ṛtu - season: 26, 88, 99
rub - *pratisāraṇa*: 146
rubbing - *mardana*: 110 - *pratisāraṇa*: 146
 - *unmardana*: 110
ruddy - *piṅgalā* : 40
rudhira - blood: 26
ruj - illness: 242
rūkṣa - dry: 159
rūkṣa - sere: 86
sacrificial offerings - *bali*: 191
sacrum - *trika*: 72
sāda - be exhausted: 161
sadana - tiredness: 100
ṣaḍaṅga - the six part: 181
ṣaḍdharāṇa - six-units: 109
sādhana - premise: 286, 299
sādhya - curable: 84, 239f - cured: 163
saindhava - salt: 161
śākhāśrayā - located on the limb: 192
śalākā - probe: 247f
salilotthita - conch: 246 - water-born: 246

- saliva - *śleṣman*: 145
 salt - *nadīja*: 241 - *saindhava*: 161
 śālya - spike: 288f, 299 - splinter: 299
 sama - regular: 217
 samāna - samāna: 71
 samāna - samāna: 71
 samāñjana - same collyrium: 245
 samantatastāpaḥ - hot all over: 184
 sāmānya - universality: 285
 samavāya - inherence: 285
 same collyrium - samāñjana: 245
 samīraṇa - air: 186
 śaṃkhaṇḍa - the conch keeper: 180
 saṃkṣipta - compressed: 56 - compressed:
 57
 samplava - clusters: 26
 saṃrambha - inflamed: 59
 saṃśamana - pacification: 25
 saṃśaya - doubt: 297, 301
 saṃśodhana - evacuation: 211
 - purification: 25
 samuccaya - aggregation: 297, 301
 samudāya - accumulation: 55
 samuddeśa - mention: 297, 299
 samudraphena - cuttlefish bone: 242
 sāmudrikā - oceanic: 39
 saṃvatsara - year: 26
 sanakha - thorny: 216
 sañcaya - accumulation: 26
 ṣaṇḍa - a man with no semen: 102
 sandal - *sugandhi*: 243
 ṣaṇḍha - a man with no semen: 93
 śaṇḍhī - impotent: 259
 sandhi - joints: 27
 sañjīvana - resuscitator: 198
 śaṅkumukhī - dart-mouth: 40
 sannipāta - colligation: 98 - congested
 humours: 27 - humoral colligation:
 84
 santāpa - anguish: 76
 sap - *kṣīra*: 26
 sapāṇa - off his hand: 243
 sāra - essence: 26 - pith: 154, 156f
 śārava - 'lids': 167
 śārikā - 'darts': 167
 śārīravad - physical: 27
 sarīrpa - creepy-crawlies: 23, 26
 sāriva - indian sarsaparilla: 242
 śārīvā - indian sarsaparilla: 250
 śarkarā - small urinary stones: 215
 sarpāṅkuśa - snakes' controlling hook:
 215
 sarpiṣ - ghee: 150
 sarpiś - ghee: 240
 sarpiṭa - ophidian: 178 - serpented: 178
 sarṣapaka - 'pepper snakes': 166
 sarṣapikā - mustard: 226
 sarvākṣṇa - the all black: 180
 sarvāṅgasantāpaḥ - hot over the whole
 body: 184
 sarvasara - mouth ulcer: 215
 sarvaśvetā - all-white: 226
 sarvātmikā - sarvātmikā: 259
 sarvātmikā - sarvātmikā: 259
 śastrakṣata - cutting with a blade: 240
 śastrapada - marks with a knife: 42
 śātakumbhī - gold: 249
 sātmya - suitability: 195
 saumya - of the nature of soma: 98
 - watery: 223
 sauna - *kuṭī*: 110
 sauvīraka - stibnite: 241
 sāvarikā - sāvarikā: 40
 sāvarikā - sāvarikā: 40
 scarification - *lekhaṇa*: 25
 sciatica - *gṛdhrasī*: 79f
 scrambling - *tālīśapatra*: 241
 season - *ṛtu*: 26, 88, 99
 seasonal blood - *ārtava*: 84
 seat of fire in the gut - *grahaṇī*: 185
 - *grahaṇī*: 185
 secondary ailments - *upadrava*: 195
 sections - *adhyāya*: 28
 seed - *bīja*: 91
 seedless - *abīja*: 84
 seeing smoke - *dhūmadarśin*: 240
 segmented - *chinna*: 39
 seizure - *apatānaka*: 77
 seka - irrigation: 240
 semen - *bīja*: 258

semen - *retas*: 83
 semen - *retas*: 91 - *śukra*: 91
 sense of taste - *rasana*: 231
 separate - *muktvā*: 247
 sepsis - *pāka*: 149
 sere - *rūkṣa*: 86
 serpented - *sarpita*: 178
 sesame oil - *taila*: 196 - *tailam*: 280
 sharing her heart with the fetus
 - *dauhṛda*: 102 - *dauhṛdā*: 102
 sharp - *tikṣṇa*: 193
 shine - *prabha*: 247
 shooting pain - *śūla*: 249
 shoots - *pallava*: 248 - *udbhid*: 26
 shower - *parīṣeka*: 147
 shrivelled hand - *kūni*: 94
 shrubs - *vīrudh*: 25
siddham - cooked: 280
siddhārthaka - white mustard: 250
siddhi - cure: 162
 side-effects - *upadrava*: 149, 163
 signs - *cihna*: 259
śigru - horseradish tree: 246
 simply - *kevala*: 194
 sinews - *snāyu*: 27
sirā - duct: 192 - ducts: 27, 110 - veins: 208
sirāvedha - blood-letting: 240
 siris - *śirīṣa*: 251
śirīṣa - siris: 251
śīrṇa - putrid: 196
śīrobasti - application of oil to the head:
 112
śīśuka - the kid: 181
śīta - elixir-salve: 241
sitā - white sugar: 250
 six-units - *ṣaḍdharāṇa*: 109
 skin disease - *koṭha*: 160
 skin - *tvac*: 175 - *tvak*: 26f
 sleep - *svāpa*: 157
śleṣmalā - phlegmatic: 259
śleṣman - mucous: 185 - saliva: 145
 slice of flesh - *vadhra*: 60f
 slow poisoning - *dūṣṭviṣa*: 193
 slow-acting poison antidote - *dūṣṭviṣāri*:
 146

slow-acting poison - *dūṣṭ-viṣa*: 160
 - *dūṣṭviṣa*: 163, 209
 small ear-like growths - *karṇika*: 205,
 208f - *karṇikā*: 224
 small insects - *kunta*: 26
 small urinary stones - *śarkarā*: 215
 smell of decomposition - *kuṇāpa*: 84
 snakes' controlling hook - *sarpāṅkuśa*:
 215
snāyu - sinews: 27
sneha - oil: 26 - oleation: 110
 sniffing - *ucchiṅgana*: 248
snigdharāji - oil stripe: 182 - oily stripe:
 182
 snuff - *nasya*: 143, 148
 sole-heart - *talahrdaya*: 301
 solid - *styāna*: 248
 soma creeper - *somalatā*: 145
somalatā - soma creeper: 145
śonita-pitta, *rakta-pitta* - blood-bile: 243
śonita - blood: 243
śoṇita - blood: 83f
śonitāgamana - haemorrhaging: 184
śonitena - with blood: 249
 soot from the chimney - *āgāradhūma*: 50,
 111
 soot - *gr̥hadhūma*: 171, 214
 sour - *śukta*: 86
 spasm of the jaw-bones - *ardita*: 79
 spasmodic contradiction - *āpatantraka*:
 78
 special property - *viśeṣa*: 98
 sperm - *śukra*: 83
sphoṭa - spots: 148f
sphuṭita - bursts out: 76
 spiders - *lūtā*: 23
 spike - *śalya*: 288f, 299
 spikenard - *nalada*: 245
 spiral - *āvarta*: 247
 spirits - *madirā*: 242 - *madira*: 245
 spleen - *plīhan*: 242
 splinter - *śalya*: 299
 spots - *kaṇṭaka*: 148 - *sphoṭa*: 148f
 spreading rashes - *visarpa*: 205, 224
 sprung - *plutā*: 259

- sraja* - garlands: 143
sraṃsanī - causing a fall: 259
srāva - discharge: 147, 149
śreyas - welfare: 22
srotas - ducts: 93, 183 - kohl: 244 - tubes: 185
srotoja - kohl: 241, 251
stabdha - numb: 111
stale - *paryuṣita*: 86
stalk - *vr̥nta*: 240
stammers - *gadgad*: 80
stated - *ukta*: 287
statement of reason - *apadeśa*: 297, 299
stationary - *sthāvara*: 25, 154 - *sthāvara*: 27
steeped - *pragāḍha*: 243
sternutatory - *avapīḍa*: 194
stewed juice - *niḥkvaṭha*: 162
sthāvara - stationary: 25, 154
sthāvara - stationary: 27
sthirā - rigid: 249
stibnite - *añjana*: 245 - *sauvīraka*: 241
stick seizure - *daṇḍāpatānaka*: 77
stick-ear - *yaṣṭikarṇa*: 56
stiffening - *uddaṇḍaka*: 75
stiffness of the neck - *manyāstambha*: 186
sting-gush - *alagardā*: 39
stings - *śūla*: 167
stinking pus - *pūtipūya*: 83
stirred with goat's milk - *ajākṣīrārdita*: 250
stomach - *āmāśaya*: 160f
strength - *bala*: 25 - *vīrya*: 104
strip of cloth - *paṭṭa*: 111
striped snake - *rājimat*: 162
strong mallow - *atibalā*: 243
stung - *daṣṭa*: 225f
stupor - *mūrcchā*: 145
styāna - solid: 248
substance - *dravya*: 63, 284
substrata - *āśraya*: 153
substrate - *āśrayin*: 25
sūcī - needle: 248
sūcīvaktrā - with a needle-like opening: 259
suckable - *lehya*: 302
suffering - *duḥkha*: 25
sugandhi - sandal: 243
suitability - *sātmya*: 195
śūka - bristles: 166
śukapatra - the white leaf: 182
sūkarākṣitā - pigs' eye: 250
sukha - comfort: 27
śukla - white: 91
śukra - sperm: 83
śukra - semen: 91
sūkṣma - rarefied: 159
śukta - sour: 86
śūla - abdominal gripes: 215 - gripes: 72
 - pain: 161 - shooting pain: 249
 - stings: 167
sun - *hari*: 248
supernatant layer - *agra*: 245
suppressing - *vegāghāta*: 86
supti - drowsiness: 111 - numbness: 73
surā - wine: 217
surasa - extracted juice: 87
sūtra - aphorism: 298
svabhāva - inherent factors: 27
svābhāvika - inherent: 25
svāpa - numbness: 73, 149 - sleep: 157
svara - accents: 192
svarasa - expressed juice: 240 - extracted juice: 148 - juice extract: 26
śvāsa - asthma: 215 - wheezing: 71, 157
svasaṃjñā - field-specific term: 297, 301
svedaja - born of sweat: 26
śvetā - white: 226
śvetadara - the white rip: 181
svetahanu - the white jaw: 181
śvetakapota - the white pigeon: 180
śvetamaṇḍala - the white ring: 181
śvetavarṇā - white: 226
swollen belly - *udara*: 215
swollen - *ādhmāta*: 184
śyāma - dark brown: 90
syanda - watery eye: 246
symptom - *liṅga*: 148
symptoms - *liṅga*: 160
synovitis of knee join - *kroṣṭukaśīrṣa*: 79f
tabors - *paṭaha*: 198

- taila* - sesame oil: 196
tailam - sesame oil: 280
tailasugandhi - the fragrant one in oil: 243
take away - *āhārya*: 56
taken hot - *puṭāhvaya*: 244
takes the form of pervading the whole body - *akhiladehavyāptirūpam*: 159
takṣaka - the snake prince takṣaka: 198
talahr̥daya - sole-heart: 301
tālīśapatra - scrambleberry: 241
tāmra - copper: 249
tāmracūḍa - cock: 244
tantrayukti - logical methods of the system: 297
tantuka - the stretch: 181
tapas - religious power: 191
tārksya - garuḍa: 198
tarpaṇa - eyewash: 149, 240, 244f
- irrigation: 258
taste - *rasa*: 104
tatra - in those cases: 243 - the tatra: 181
tawny - *kapilā*: 40
tejas - brilliance: 90 - heat: 90, 98
temperament - *prakṛti*: 25
the all black - *sarvakṛṣṇa*: 180
the bamboo leaf - *veṇupatraka*: 181
the big black - *mahākṛṣṇa*: 180
the big cow snout - *vr̥ddhagonasa*: 181
the big head - *mahāśīrṣa*: 181
the big jackfruit - *mahāpanasaka*: 181
the big pigeon - *mahākapota*: 180
the black belly - *kṛṣṇodara*: 180
the black snake - *kṛṣṇasarpa*: 180
the blood of birds and animals - *rasa*: 241
the break hood - *khaṇḍaphaṇa*: 180
the brown hut mouth - *babhrūkuṭīmukha*: 180
the brown - *babhru*: 181
the caustic antidote - *kṣārāgada*: 214
the chariot of light - *jyotīratha*: 182
the conch keeper - *śaṁkhapāla*: 180
the convulsor - *ākṣepaka*: 77
the curd mouth - *dadhimukha*: 180
the deer foot - *eṇīpada*: 181
the drop stripe - *bindurāji*: 181
the finger stripe - *aṅgulirāji*: 181
the flame - *agnika*: 181
the flower all - *puṣpasakalī*: 182
the flower sprinkle beauty
- *puṣpābhikīrṇnābha*: 181
the fragrant one in oil - *tailasugandhi*: 243
the gavedhuka - *gavedhuka*: 180
the gift of god - *devadinna*: 181
the goat swallower - *ajāgara*: 182
the grass drier - *tṛṇaśoṣaka*: 181
the grass flower - *apuṣpa*: 180
- *darbhapuṣpa*: 182
The Great Antidote - *mahāgada*: 197
the great antidote - *mahāgada*: 207
the great lotus - *mahāpadma*: 180
the great snake - *mahāsarpa*: 180
the hand decoration - *hastābharaṇaka*: 181
the hungry sting - *alagarda*: 181
the ilikinī - *ilikinī*: 182
the intoxicator - *madanaka*: 181
the jackfruit - *panasaka*: 181
the khaluṣa - *khaluṣa*: 181
the kid - *śīsuka*: 181
the kūkuṭa - *kūkuṭa*: 180
the little tree - *vṛkṣaka*: 182
the lotus mouth - *puṇḍarikamukha*: 180
the lotus - *padma*: 180 - *puṇḍarika*: 181
the mark - *citraka*: 181
the milk flower - *kṣīrikāpuṣpa*: 182
the mirror ring - *ādarśamaṇḍala*: 181
the morning glory - *pāṇḍaka*: 181
the mountain snake - *girisarpa*: 181
the mud - *kardama*: 181
the ochre - *kaśāya*: 181
the pale as a flower - *puṣpapāṇḍu*: 181
the pigeon - *pārāvata*: 181
the pilindaka - *pilindaka*: 181
the rain cloud - *valāhako*: 180, 182
the red eye - *lohitākṣa*: 180, 182
the red ring - *raktamaṇḍala*: 181
the ringed - *cakra*: 182
the salutary - *kalyāṇaka*: 215
the science of life - *āyurveda*: 22
the six part - *ṣaḍaṅga*: 181
the snake around - *parisarpa*: 180

- the snake prince takṣaka - *takṣaka*: 198
 the speckled - *prṣata*: 181
 the stimulator - *dīpyaka*: 182
 the straight snake - *ṛjusarpa*: 181
 the stretch - *tantuka*: 181
 the stripe speckle - *rājicitra*: 181
 the tatra - *tatra*: 181
 the three fruits - *triphalā*: 245
 the three spices - *vyoṣa*: 242
 the time for therapies - *kriyākāla*: 27
 the two finger stripe - *dvyāṅgulirāji*: 181
 the two-day - *dvyāhika*: 182
 the variegated - *vicitra*: 181
 the white jaw - *svetahanu*: 181
 the white leaf - *śukapatra*: 182
 the white pigeon - *śvetakapota*: 180
 the white ring - *śvetamaṇḍala*: 181
 the white rip - *śvetadara*: 181
 the worm eater - *kikkisāda*: 182
 the year-snake - *varṣāhika*: 182
 thei snake flag - *ahipatāka*: 182
 therapies - *karman*: 27
 thorny - *sanakha*: 216
 three fruits - *triphalā*: 240, 242
 three-quarters of an hour - *muḥūrta*: 26
tīkṣṇa - sharp: 193
timira - blindness: 247 - partial
 blindness: 243
 tiredness - *sadana*: 100
 tissues - *dhātu*: 217
 tongue - *jihvā*: 231
 tooth socket - *dantaveṣṭa*: 146
 topic - *adhikaraṇa*: 297f
 torn - *darita*: 178
toṭaka - 'angry beetles': 166
 toxic potion - *gara*: 215
 toxic pulse - *vega*: 204
 toxic reaction - *vega*: 176, 193, 197 - *vega*:
 186f - *viṣavega*: 184
 toxic shock - *vega*: 152, 224
 toxin - *gada*: 233
traivṛta - prepared with turpeth: 240
 treatable - *yāpya*: 163
 treatment - *bheṣaja*: 259 - *kriyā*: 245f
 - *kriyā*: 27, 85
 trench sweating - *karṣū*: 110
 triad - *mithuna*: 301
 tribute - *bhāgadheya*: 103
 trice - *kāṣṭhā*: 26
trika - between the shoulder-blades: 112
 - sacrum: 72
trikaṇṭaka - triple-sting: 225
triphalā - the three fruits: 245 - three
 fruits: 240, 242
 triple-sting - *trikaṇṭaka*: 225
trivṛt - turpeth: 243
trṇaśoṣaka - the grass drier: 181
 trunk of the body - *koṣṭha*: 185
 tube - *nāḍī*: 110
 tubes - *srotas*: 185
tūnī - *tūnī*: 80
tūnī - *tūnī*: 80
 turmeric - *haridrā*: 245
 turmeric - *rajana*: 241
 turpeth - *trivṛt*: 243
tuttha - blue vitriol: 245
tvac - skin: 175
tvak - skin: 26f
 twins - *yama*: 91
 tympanites - *ādhmāna*: 80

ucchīṅgana - sniffing: 248
udāna - *udāna*: 71
udāna - *udāna*: 71
udara - swollen belly: 215
udāvartā - *udāvartā*: 259
udāvartā - *udāvartā*: 259
udbhid - shoots: 26
uddaṇḍaka - stiffening: 75
udveṣṭana - writhing: 157
 ugly nails - *kunakha*: 88
ūhya - deducible: 297, 302
ukta - stated: 287
 uncongenial - *asātmya*: 75
 undefeated - *aparājita*: 225
 universality - *sāmānya*: 285
unmāda - madness: 215
unmardana - rubbing: 110
 unsteadiness of the humours
 - *doṣapariplava*: 249
 untreatable - *asādhya*: 247

upadeha - rheum: 149
upadeśa - prescription: 297, 299
upādhyāya - priest: 89
upadrava - secondary ailments: 195
 - side-effects: 149, 163
upahāra - oblations: 191
upahita - combined: 243
upanāha - poultice: 110
upaśama - pacification: 26
upasarga - affliction: 149
upasneha - infusion: 104
upasrṣṭa - afflicted: 84
urethral instillation - *uttarabasti*: 85, 87
 - *uttarabasti*: 85 - *uttaravasti*: 86
urinary diseases - *prameha*: 72
urinary stones - *aśmarī*: 215
ūrṇa - wool: 111
used - *niṣevita*: 242
uśīra - cuscus grass: 245
uterus - *garbhāśaya*: 99
utpalabhedyaka - lotus-splittable: 56
utpīḍita - injured: 247
utsādana - dry rub: 147 - dry rubs: 143
uttarabasti - urethral instillation: 85, 87
uttarabasti - urethral instillation: 85
uttaravasti - urethral instillation: 86

vadhra - slice of flesh: 60f
vaiḍūrya - beryl: 251
vaiṣamya - irregularities: 25
vaiṣarṇya - discolouration: 72
vakrabhrūnetra - bent brow and eye: 249
vāksamūhārthavistāra - extensive meaning
 of the collection of statements: 183
vaktra - ends: 249
vākyaśeṣa - ellipsis: 297 - ellipsis: 300
valāhako - the rain cloud: 180, 182
vallikarṇa - creeper-ear: 56
vallūraka - dried flesh: 56
vāminī - vomiting: 259
vānara - monkey: 166
vanaspati - fruit trees: 25 - non-flowering
 tree: 245
vandhyā - infertile: 259
vapour - *bāṣpa*: 144f, 148
varcaḥkīṭa - dung beetles: 166

varga - collection: 27
variable statement - *anekānta*: 297, 300
various treatments - *miśrakacikitsa*: 60
varṇa - complexion: 25, 63, 90
varṣā - rainy seasons: 26
varṣāhika - the year-snake: 182
vartti - wick: 55 - wicks: 251
vasā - fat: 244
vāta - wind: 69, 258f
vātagulma - wind-swelling: 215
vātakaṇṭaka - *vātakaṇṭaka*: 80
vātakaṇṭaka - *vātakaṇṭaka*: 80
vātalā - windy: 259
vātarakta - gout: 80 - wind-blood: 75f
 - wind-blood: 76
vātāṣṭhīlā - *vātāṣṭhīlā*: 80
vātāṣṭhīlā - *vātāṣṭhīlā*: 80
vāvīkṛtā - or not distorted: 146
veda - knowledge: 21, 284
vedanābhīghāta - pain and injury: 22
vega - force: 112 - pulse: 175, 231 - pulses:
 153 - toxic pulse: 204 - toxic reaction:
 176, 193, 197 - toxic shock: 152, 224
vega - toxic reaction: 186f
vegāghāta - suppressing: 86
vegāntara - pulse interval: 186
veins - *sirā*: 208
velvet leaf - *pāthā*: 245
veṇupatraka - the bamboo leaf: 181
vicakṣaṇa - expert: 89
vicitra - the variegated: 181
vidagḍha - inflamed: 240
vidanṅga - embelia: 245
viḍbheda - loose stool: 157, 168
vidhāna - itemization: 297, 300
vidruma - coral: 251
viññānīya - required knowledge: 154, 176
viññānīya - gasping: 206
vikalpa - option: 297, 301 - particulars: 27
vikāśin - expansive: 159
vikṛtākṣa - dysfunctional eyes: 90, 102
vilekhana - grooming: 88
vilocana - misshapen eyeball: 249
vipakva - matured: 241
viparītadarśana - metamorphopsia: 184

- viparyaya* - contraposition: 297, 300
 virtue - *dharmā*: 91
vīrudh - shrubs: 25
vīrya - potency: 197, 207 - strength: 104
viśāda - depression: 25
viśāda - limpid: 159
viśapūti - poison-stink: 196
visarpa - spreading rashes: 205, 224
viśavega - toxic reaction: 184
viśeṣa - individuality: 285 - special property: 98
viśleṣa - disjunction: 160
viśvañci - paralysis of arms and back: 79f
 vital energy - *ojas*: 25, 103
 vital wind - *prāṇa*: 71
voḍhāra - bearers: 143
 vomiting - *vāminī*: 259
vr̥ddhagonasa - the big cow snout: 181
vr̥kṣa - flowering trees: 25
vr̥kṣaka - the little tree: 182
vr̥nta - stalk: 240
vyadha - piercing: 248
vyadhi - disease: 27
vyākhyāna - explication: 297, 301
vyākhyāta - intended: 27
vyāla - wild animals: 26
vyāna breath - *vyāna*: 185
vyāna - vyāna breath: 185 - vyāna: 71
vyāna - *vyāna*: 71
vyavāyin - pervasive: 159
vyāyojima - multi-joins: 56
vyoṣa - the three spices: 242

 wasps - *kaṇabha*: 167
 wasted - *kṣīṇa*: 58
 water-born - *salilotthita*: 246
 water-dwellers - *jalaukas*: 38
 water - *jala*: 38
 watery eye - *syanda*: 246
 watery - *saumya*: 223
 weeping tears - *āsrupāta*: 88
 welfare - *śreyas*: 22
 wheezing - *śvāsa*: 71, 157
 white mustard - *siddhārthaka*: 250
 white siris - *kinihī*: 245
 white sugar - *sitā*: 250

 white - *śukla*: 91
 white - *śvetā*: 226 - *śvetavarṇā*: 226
 wick - *vartti*: 55
 wicks - *vartti*: 251
 wild animals - *vyāla*: 26
 wind-blood - *vātarakta*: 75f
 wind-blood - *vātarakta*: 76
 wind-swelling - *vātagulma*: 215
 wind - *māruta*: 84 - *vāta*: 69, 258f
 windy - *vātalā*: 259
 wine - *surā*: 217
 with a needle-like opening - *sūcīvaktrā*: 259
 with blood - *śonitena*: 249
 with bloodloss - *raktakṣayā*: 259
 with difficulty - *kṛcchra*: 247
 with testicles - *aṇḍinī*: 259
 without venom - *nirviṣa*: 178
 womb - *yoni*: 254
 wood apple - *kapittha*: 240
 wool - *ūrṇa*: 111
 word-meaning - *padārtha*: 285
 word - *pada*: 283, 285
 worms - *kṛmi*: 26
 writhing - *udveṣṭana*: 157

yakṛdrasa - liver extract: 241
yakṛt - liver: 242
yama - twins: 91
yamalā - double: 146
yāmya - in yama's direction: 172
yantraṇā - restrictions: 248
yāpya - alleviated: 243 - can be mitigated: 76, 247 - mitigatable: 239 - treatable: 163
yaṣṭikarṇa - stick-ear: 56
yavāgū - gruel: 162, 193
yavaudana - cooked barley: 247
 year - *saṃvatsara*: 26
 yellow-shine - *piṅgabhāsa*: 225
 yellow - *pītikā*: 226
 yoga - cohesion: 297 - cohesion: 298 - compounds: 240 - formulation: 109
yoni - female reproductive organ: 258f - female reproductive system: 258 - womb: 254


yonivyāpat - disorders of the female
reproductive system: 258
young girl - *kaumāṛī*: 93

yuga - *yuga*: 26
yuga - *yuga*: 26

Todo list

■ Cite Paul Courtright, Ganesha book.	23
■ Can't be "sedation"	51
■ complete this thought	69
■ add footnote here	70
■ add refs to Divodāsa as king.	70
■ find out about uttarabasti	85
■ to what?	86
■ 29, 30 missing?	89
■ Problematic passage in the edition.	89
■ unsolved problem	94
■ Perhaps <i>kalka</i> here could also mean the <i>Terminalia Bellerica</i> (विभीतक).	112
■ Perhaps <i>kalka</i> here could also mean the <i>Terminalia Bellerica</i> (विभीतक).	112
■ Euphorbia Antiquorum (Antique spurge)	115
■ The webpage https://hindi.shabd.in/vairagya-shatakam-bhag-acharya-arjun-tiwari/post/117629 says that this verse belongs to the <i>Nītiratna</i> . I could not find this text.	119
■ The provisional edition should be modified accordingly.	121
■ There, Ḍalhaṇa commented that deliberation on <i>avapīḍa</i> had been done earlier when it was mentioned. Find that description to know more details.	123
■ Search for the section where the treatment of <i>ākṣepaka</i> is described.	124
■ Make the first letter of sentence capital.	124
■ ?	130
■ ?	130
■ ?	130
■ (?)	130
■ Is Dh. the teacher of Su. elsewhere?	142
■ Cf. Arthaśāstra 1.21.8.	143

■ I'm still unhappy about this verse.	146
■ Mention this in the introduction as an example of the scribe know- ing the vulgate.	146
■ fn about sadyas+	146
■ Bear's bile instead of deer's bile.	147
■ punarṇṇavā in the N & K MSS	148
■ śrita for śṛta	148
■ explain more	148
■ Medical difference from Sharma.	149
■ example where the vulgate clarifies that these should be used sep- arately; appears to be a gloss inserted into the vulgate text. . . .	149
■ The two uses of prāpta are hard to translate. prāptāḥ → kṣipram is an example of the vulgate banalizing the Sanskrit text to make sense of a difficult passage.	149
■ √ vyadh not √ vedh (also elsewhere and for the ears), causative optative.	149
■ Look up the ca. reference.	158
■ Come back to the issue of "kalpa". Look up passages in the Kośa. .	165
■ got to here - 2023-01 continue with table for #5	167
■ write footnote: don't repeat ativiṣā; vulgate similar to H.	169
■ Include info on Hidas 2019	175
■ Or "There are 20 phaṇins and 6 maṇḍalins. The same number are known. There are 13 Rājīmats." Or even, "there are 20 Phaṇins and six of them are Maṇḍalins." Are phaṇins really the same as darvīkaras?	177
■ grammar	178
■ ri- ṛ-?	180
■ varṇa means "colour" elsewhere?	182
■ write note on pariṣekān pradehāmś	194
■ where is cutting with a knife related to removing bile or phlegm. .	240
■ maṣī burned charcoal. Find refs.	240
■ find ref.	246
■ Check out these refs.	246
■ meaning of kalpa	246
■ or a dual?	251
■ See chapter 40 of Sūtrasthāna.	300
■ vasā / medas / majjan	300
■ Does bhūtādi a compound or it means ahaṅkāra or ego?	301

 triad? –DW	301
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