

# Cinnamon Stick



# CEVI ON CINNAMON OUILLE

NO ARTIFICIAL COLORS AND ZERO ADDITIVES

PRODUCT OF SRI LANKA

NET WEIGHT

CEYLON CINNAMON QUILLS





#### Cinnamon

## **Nutrition Facts**

Serving Size 8 g

Serving Per Container 1 Amount Per Serving

Protein Oa

Manganese 70%

| Calories O            |                 |
|-----------------------|-----------------|
|                       | % Dally Values* |
| Total Fat Og          | 0%              |
| Saturated Fat Og      | 0%              |
| Trans Fat Og          |                 |
| Cholesterol Omg       | 0%              |
| Potassium 34mg        | 1%              |
| Sodium 1mg            | 0%              |
| Total Carbohydrate 6g | 2%              |
| Dietary Fiber 4g      | 16%             |
| Sugars Og             |                 |

| Vitamin A 0% | Vitamin C 1%  |
|--------------|---------------|
| Calcium 8%   | Iron 4%       |
| Vitamin E 1% | Vitamin K 3%  |
| Niacin 1%    | Phosphorus 1% |
| Magnesium 1% | Zinc 1%       |
|              |               |

<sup>\*</sup> Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

|                    | Calories  | 2,000  | 2500  |
|--------------------|-----------|--------|-------|
| Total Fat          | Less than | 65g    | 80g   |
| Sat Fat            | Less than | 20g    | 25g   |
| Cholesterol        | Less than | 300mg  | 300mg |
| Sodium             | Less than | 2400mg | 2400m |
| Total Carbohydrate | Less than | 300g   | 375g  |
| Dietary Fiber      |           | 25g    | 30g   |
|                    |           |        |       |

# Cinnamon Stick

## Use -

## Drinks, Desserts and preserves.

Adds a sweet and spicy flavor to teas, hot chocolate, and many baked desserts. Sprinkle some shavings into your banana bread, ice cream, or even hot chocolate for a flavorful burst with a pleasant aroma.

# Ingredients – 100% Pure Ceylon Cinnamon



# MADE IN SRI LANKA MANUFACTURED AND DISTRIBUTED BY YATIYANA CINNAMON EXPORTS (PVT) LTD

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| Unit Price      |  |
|-----------------|--|
| Best before Use |  |
| <b>A</b>        |  |