



Injury Tracking Tutorial

Hold your cursor over the Athlete management tab. From the “MASTER LIST Tab” select the appropriate School, enter the student’s name, and click on the Show button.

Master List | Rank One Sport ISD
2018 / 2019

Add New Athlete
Import Athletes
Edit Forms
Roster Builder
Forms Entry Mode
Injury Entry Mode

School(s):
School 1 High School
School 2 High School
School 3 High School
School 1 Middle School

Sport(s):
Athletics(M)
Baseball(M)
Basketball(M)
Cross Country(M)

Level(s):
Varsity
First Team
Junior Varsity
Sophomore

Grade:
12
11
10
9

☐ Eligible
☐ Non-Eligible
☐ Injured
☐ Male
☐ Female
☐ Show Alt Forms
☐ Show Forms

Name Search: student
ID Search:

Status: Active
Show
Reset

Once the list populates, click on the appropriate student’s name.

Athlete Name	Student ID	Gender	Grade	School	Sports	Injured	Eligible	PHY
Example Student	222222	M	12	School 2 High School	Baseball	YES	NO	Y
Sample Student	98765	M	10	School 2 High School	Volleyball	YES	NO	Y

Total Results: 2

ALL / A / B / C / D / E / F / G / H / I / J / K / L / M / N / O / P / Q / R / S / T / U / V / W / X / Y / Z /

Export to PDF Export to Excel Back to top

Click on the “Injuries” Tab

Athlete Profile

Athlete: Sample, Student
School: School 2 High School
NOT ELIGIBLE TO PARTICIPATE
Edit
Close

Profile
Forms
Injuries
Files
Equipment
SOAP Notes
Awards Tracker
Performance Tracker

To add a new Injury –Click on the “Add New Injury” box

To edit an injury click on the “Injury”, the Injury will open and can be edited

Athlete Profile

Athlete: Sample, StudentSchool: School 2 High SchoolNOT ELIGIBLE TO PARTICIPATE

SaveClose

ProfileForms**Injuries**FilesEquipmentSOAP NotesAwards TrackerPerformance Tracker

Injury History

+ Add New Injury

Injury Date	Injury	Able to Participate	Last Update	Injury Closed	Export	Action
10/3/2017	Ankle	Yes	10/17/2017	No	<input type="checkbox"/> PDF / <input type="checkbox"/> Excel	Edit Delete
10/17/2017	Clavicle	Yes	10/17/2017	No	<input type="checkbox"/> PDF / <input type="checkbox"/> Excel	Edit Delete

Export to ExcelExport to PDF

SaveCloseMaster List

Adding a “New Injury” The following page is used to document a New Injury. Once the Injury has been entered all treatments associated with the injury can be attached. (See entering Treatment Tutorial)

Injury Information

Sample, Student - School 2 High School

SaveBack

Injury

Date of Injury *
08/05/2018

Time of Injury *
09 04 AM
☐ Unknown

Sport *
Please make a selection...

Type of Surface *
Please make a selection...

Injury Nature *
Please make a selection...

Where Injury Occured *
Please make a selection...

Chief Complaint *
Select Complaint

Injury Cause / Mechanism *

Observation
☐ Normal
☐ Bleeding
☐ Deformity
☐ Discoloration
☐ Ecchymosis
☐ Swelling
☐ Symmetry

Palpation
☐ Normal
☐ Abnormal Skin Temperature
☐ Crepitus
☐ Distal Pain
☐ Pain on Bone
☐ Pain on Ligament
☐ Pain on Muscle
☐ Pain on Tendon
☐ Point Tenderness
☐ Proximal Pain

Movement

Special Tests

Injury Open *
8/5/2018

Injury Closed *
MM/DD/YYYY

Initial Treatment
Select Treatment

Referred to
Select Physician

Referred Location
Please make a selection...

Estimated Return to Play Date (Optional)

Did the Injury Require Surgery
☐ Yes ☒ No

Injury Notes / Summary

Note to Coach

Player is able to participate
Yes ☒

Follow up plan (Optional)
Please make a selection...

Injury

Date of Injury * Time of Injury * ☐ Unknown

Sport *

Type of Surface *

Injury Nature *

Where Injury Occured *

Chief Complaint *

Injury Cause / Mechanism *

Observation

☐ Normal ☐ Ecchymosis

☐ Bleeding ☐ Swelling

☐ Deformity ☐ Symmetry

☐ Discoloration

Palpation

☐ Normal ☐ Pain on Ligament

☐ Abnormal Skin Temperature ☐ Pain on Muscle

☐ Crepitus ☐ Pain on Tendon

☐ Distal Pain ☐ Point Tenderness

☐ Pain on Bone ☐ Proximal Pain

Movement

Flexion Extension

Special Tests

☐ Apley's Grind test ☐ Lateral compression test

☐ Figure 4 palpation ☐ McMurray's tes

☐ Gravity sign ☐ medial compression

☐ Hyperextension external rotation recurvatum ☐ Posterolateral Drawer test

☐ Jerk Test of Hughston

There are **7 required** fields marked with an (*), the rest are optional

-Date & Time will adjust to the current date/time. If you are unsure of the injury date/time, place a check in the "Unknown" box. *

-Select the Sport from the drop down menu*

-Select Type of Surface from the drop down menu*

-Select Injury Nature from the drop down menu*

-Select Where Injury Occurred from the drop down menu*

-Start typing the body part in the Chief Complaint box and select the appropriate choice from the drop down menu*

-Type the Injury Cause/Mechanism in the box*

-Place a check in the appropriate box for Observation & Palpation fields

-Type the appropriate data in the Movement fields

-The Special Tests will populate according to the body part that was entered as the chief complaint

If there are selections missing from any of the drop down menu lists, please email support@rankonesport.com with your suggestions and we will add them to the list for you!

☒ Injury Open 8/5/2018
 ☐ Injury Closed MM/DD/YYYY

Initial Treatment
 Select Treatment

Referred to
 Select Physician

Referred Location
 Please make a selection...

Estimated Return to Play Date (Optional)

Did the Injury Require Surgery
☐ Yes ☒ No

Injury Notes / Summary

Note to Coach

Player is able to participate Yes

Follow up plan (Optional)
 Please make a selection...

-Choose whether you would like to keep the Injury Open or Closed

-Start typing the Initial Treatment and choose the appropriate selection from the drop down menu

-You may add your own Physician by clicking Add next to "Referred Physician"

-You may add your own Location by clicking Add next to "Referred Location"

-The date entered in the "Estimated Return to Play Date" will allow the system to email you on the date entered reminding you that the student's Estimated Return to Play Date is today so that you may close the injury or leave it open.

-Select Yes or No to "Did the Injury Require Surgery"

-Type your Medical Notes in the Injury Notes/Summary box

-Type anything you want emailed to the coach in the Note to Coach box (Coaches will only receive an email if the student is on their roster*)

-Mark whether Player is able to Participate Yes/No (if marked No, the system will start calculating the number of days missed until the player is able to participate. A NO will also turn the student RED and show as ineligible to participate)

-Select a Follow Up Plan from the drop down menu.

After all information is recorded, click Save in the top right hand corner of the Injury page.

If there are selections missing from any of the drop down menu lists, please email support@rankonesport.com with your suggestions and we will add them to the list for you!