

Contact

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(Personal)

Top Skills

Management Consulting
Strategy
Consulting

Sonal Singh

Director, Fitr
New Delhi

Summary

I left a career as a Strategy & Operations management consultant to pursue my passion of wellness.

Experience

FITTR

Director

October 2016 - Present (3 years 11 months)

New Delhi Area, India

As someone with several years of experience in management consulting, I understand the challenges of a demanding workload and the need for maintaining work-life balance. My personal mission is to help individuals & orgs find that balance & realise their true potential to be healthy, happy and mentally & physically fit.

Deloitte

Consultant, Strategy & Operations

August 2010 - August 2014 (4 years 1 month)

London, United Kingdom

Management Consultant, Strategy & Ops

LSE Public Policy Group & UK Gov't Dept

Consultant

October 2009 - January 2010 (4 months)

National Audit Office

Intern

July 2009 - October 2009 (4 months)

Int'l Policy Centre for Inclusive Growth (UNDP)- Brazil

Intern

July 2008 - September 2008 (3 months)

Aga Khan Health Services, Canadian Int'l Development Agency &
Indo-Shastri - India
Project Assistant
August 2006 - April 2007 (9 months)

Education

The London School of Economics and Political Science (LSE)
MPA, Public and Economic Policy · (2007 - 2009)

The University of British Columbia
BA, International Relations (World Economy & Development) · (2002 - 2006)