Type (Return Type)	Helper Method	Description
ViewResult	View()	To return the view from action
PartialViewResult	PartialView()	It is useful to return partial view.
ContentResult	Content()	To return simple text
RedirectResult	Redirect()	To redirect the user to a url
RedirectToRouteResult	RedirectToAction()	To redirect an action instead of url
JsonResult	Json()	To return serialize json object
FileResult	File()	To return file
HttpNotFoundResult	HttpNotFound()	To return not found or 404 error
EmptyResult	NotFound()	It is used when an action doesn't need to return any values like void.
StatusCodeResult	StatusCode()	is used to return any type of status codes like BadRequest, Unauthorized, NotFound, etc.