

# Happy Habit Tracker

## Physical

Running

Yoga

Weight Lifting

Other

## Mental

Meditation

Journaling

Rest

Other

## Dietary

Water

Fruit & Veg

Protein

Other

# Happy Habit Tracker

## Physical

Running	Last: 2/14/22, 30 min, 2 mi	+
Yoga	Last: 2/12/22, 40 min	+
Weight Lifting	Last: 2/12/22, 45 min	+
Other		+

# Happy Habit Tracker

## Physical - Running

Last                      Last: 2/14/22, 30 min, 2 mi

Last 7 days:        7 runs, 95 min, 7 mi

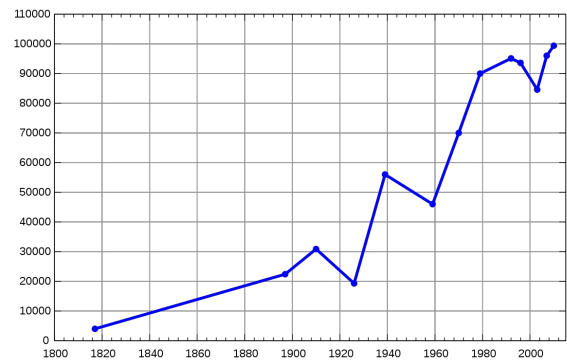
Last month:        22 runs, 250 min, 27 mi

This year:

# Happy Habit Tracker

Running

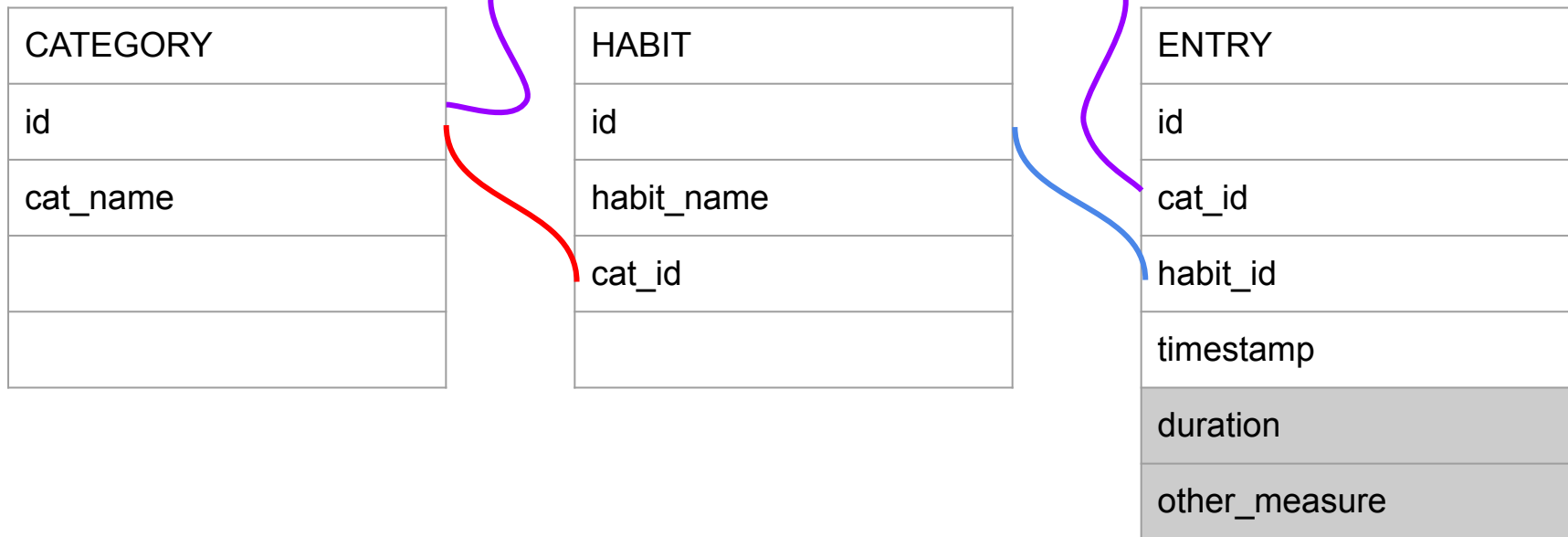
+ entry



Last

Last: 2/14/22, 30 min, 2 mi





**v1**

CATEGORY
id
category_name

HABIT
id
habit_name
category_id

ENTRY
id
timestamp
category_id (???)
user_id
habit_id
duration
other_measure

USER
id
username
email
password

**v2**



Category	category_id	Habit	habit_id
Physical	1	Running	1
Physical	1	Yoga	2
Physical	1	Weight Lifting	3
Physical	1	Other - Physical	4
Mental	2	Meditation	5
Mental	2	Journaling	6
Mental	2	Rest	7
Mental	2	Other - Mental	8
Dietary	3	Water	9
Dietary	3	Fruit & Veg	10
Dietary	3	Protein	11
Dietary	3	Other - Dietary	12